

# JOINT REGION EDGE

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## Navy League tours Buffalo, NBG

By Mass Communication Specialist 3rd Class Gabrielle Blake

USS Frank Cable (AS 40) Public Affairs

Navy League of the United States Guam Council (NLG) members visited U.S. Naval Base Guam (NBG) and the Los Angeles-class attack submarine USS Buffalo (SSN 715) April 20.

NBG Commanding Officer Capt. Richard Wood provided an overview tour of the base to give NLG members an idea of life and operations on NBG in support of the fleet.

"Personally, I think it's a very good experience," said Mark Sablan, NLG president. "This tour is part of educating the local people of the island. I believe it shows that there is a very good relationship between the Navy and the Guam community. The local people love interacting with the Navy. It really fosters a good relationship."

NLG members were also able

to go through the three decks of Buffalo and see many of the Sailors' workspaces and berthings.

"Being able to see such an impressive submarine is definitely a unique privilege and the chance of a lifetime," said Christine Pascus, NLG member. "It is purely Navy at its best."

Fellow NLG member Roger Crouthamel echoed Pascus' sentiments.

"We really appreciated the opportunity to go onboard the submarine," he said. "It gave us all a good feeling of what

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30,000 Navy Leagues Under the Sea: Visitors from the Navy League Guam of the United States Guam Council take turns looking through a periscope in the control room of the Los Angeles-class attack submarine USS Buffalo (SSN 715) during a tour of the sub at Polaris Point April 20. (U.S. Navy photo by Mass Communication Specialist 3rd Class Corey Hensley)



## Space Command official stresses cyber training

By Master Sgt. Amaani Lyle

Secretary of the Air Force Public Affairs

The vice commander of Air Force Space Command has noted the shift in focus from tangible hardware to the expansion of cyberspace.

Lt. Gen. Michael Basla describes cyberspace and the electromagnetic spectrum as the military's growing common link connecting all domains – land, air, sea and space.

"Not long ago when we spoke of the cyberspace domain, the focus was on the terrestrial networks and the backbone hardware," Basla said. "We talked about servers, routers, cable, fiber – things we can see and touch – but today the backbone has increasingly expanded and cyberspace has expanded with it."

Basla urged cultural change on how the Air Force develops cyber force.

"Aircraft and satellites may change but that's incremental change and the platforms continue to obey the physical domain laws," Basla said. "What do cyber operators need for a domain where the platform isn't stable and [is] constantly changing?"

The general explained that, despite its successes, cyberspace qualification training today doesn't necessarily guarantee the force is qualified tomorrow.

"Cyber professionals need to continually train on network ranges and continually re-educate themselves," the general said. "To be ahead in this game is to be at the cutting edge of everyone else – from teenager to terrorist."

Aside from robust training, Basla said, a single Air Force network is a major focus and critical to the service keeping an advantage in



the cyber domain.

"Multiple information domains significantly complicate our processes in defending the network," he said. "A myriad of architectures and configurations complicates the

commander's ability to control the information flow including how to prioritize and deliver the best information to the joint fight."

The military uses operational reports to ensure commanders have global

situational awareness of the network.

"Today I receive [Operational Event/Incident Reports (OPREP)] from around the globe on the health and welfare of our nets," the general said. "We're still working on the rules, on when something gets reported and who submits a report, but I can tell you that this is the best posture we've been in in my 32-year career, yet we're not nearly good enough."

Cyberspace changes constantly so keeping up with the latest technology is not the answer to defense although it is important, Basla said.

"The key to our defensive strategy is stability through processes and skilled people as we operationalize and normalize cyberspace," he said. "The one guarantee in today's cyberspace domain is that it will be different in the future."

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# NCTS Guam holds change of command

By Mass Communication Specialist 2nd Class (SW) Peter Lewis

Joint Region Edge Staff

U.S. Naval Computer and Telecommunications Station (NCTS) Guam held a change of command ceremony at Top o' the Mar in Asan April 21.

Cdr. Vincent A. Augelli relieved Capt. William E. Chase III as NCTS Guam commanding officer.

The ceremony's guest speaker, Capt. Patricia Cole, NCTS Area Master Station, Pacific commanding officer, started things off by explaining the significance of command.

"The privilege of command and the aura that surrounds it is a longstanding tradition in a service characterized by tradition," she said. "One doesn't come by it by accident, influence or luck. It is a deliberate search among a professional cadre of exceptional individuals who have demonstrated an ability to meet high standards and capably shoulder unreasonable demands."

Cole then went on to praise Chase's time at the helm with NCTS Guam citing his role in consolidating information technology planning between U.S. Naval Base Guam and Andersen Air Force Base; migrating all Guam shore-based commands to ONE-NET; and passing several high profile inspections despite a high operating tempo and while achieving a rate of 99.9 percent communications reliability to 29 commands.

"Bill Chase is the perfect example of what is required," Cole said. "We have been fortunate to have exactly the right leader at exactly the right time to lead this strategically important command. To succeed in today's Navy one must do every job well, be persistent, have a bias for action, embrace change and remove roadblocks. Capt. Bill Chase has done this and more."



One Reign Ends, Another Begins: Cmdr. Vincent A. Augelli, right, salutes Capt. William E. Chase III to initiate a turnover of command during a change of command ceremony for U.S. Naval Computer and Telecommunications Station (NCTS) Guam at Top o' the Mar in Asan April 21. During the ceremony, Augelli relieved Chase as NCTS Guam commanding officer. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Peter Lewis)

Cole then presented Chase with the Legion of Merit Award for his exceptionally meritorious conduct in the performance of outstanding services and achievements.

After receiving the medal, Chase credited his award to the excellent staff of NCTS Guam.

"Men and women of NCTS, I am deeply honored to be standing before you today," he said. "The accomplishments in the citation you just heard are yours. They are a testament to the incredible amount

of talent, dedication and teamwork that I have had the pleasure of witnessing over the last three years. You have excelled and you should be justly proud."

After the reading of official orders, Augelli said that he was humbled by the opportunity and challenges ahead.

"To the men and women of NCTS Guam, I am honored and privileged to join your team," he said. "In today's dynamic environment, we will face many challenges

together. With a commitment to excellence, a sense of trust and teamwork, we will continue to provide connectivity to the warfighter and the finest information services to our customers."

Augelli comes to NCTS Guam from Commander, Strike Force Training Pacific where he served as the assistant chief of Staff for Command, Control, Communications, Computers, Combat Systems and Intelligence (C5I).

With C51, he led a team that

trained, mentored and assessed nine carrier and expeditionary strike groups and amphibious readiness groups in preparation for deployment.

NCTS Guam provides dual-oceanic communication support, multiple networks and high frequency support for the fleet and joint military components in and around the region of Guam.

For more news from U.S. Naval Forces Marianas, visit [www.navy.mil/local/guam/](http://www.navy.mil/local/guam/).

## Off Limits Establishments

The Guam Armed Forces Disciplinary Control Board has placed the following establishment off limits to all military personnel:

Gallop USA Indian Art and Jewelry at the Micronesia Mall

*All military personnel are prohibited from entering the establishment. Service personnel, whether in uniform or in civilian clothing, found entering or leaving the establishment may be subject to disciplinary action under the Uniform Code of Military Justice.*

## Report Fraud, Waste and Mismanagement

The Joint Region Marianas Hotline provides an opportunity to report significant cases of fraud, waste and mismanagement. Anyone can file a hotline complaint and you may remain anonymous.

To contact the Joint Region Marianas Inspector General:

E-mail: [M-GU-JRM-IG-HOTLINE-FRAUD-WASTE-ABUSE@fe.navy.mil](mailto:M-GU-JRM-IG-HOTLINE-FRAUD-WASTE-ABUSE@fe.navy.mil)

Phone: 339-0001

Mailing address:  
JRM Inspector General Office  
PSC 455 Box 211  
FPO AP 96540

*Remember, the more detailed information you provide the better we can assist you.*

# New Sailor refreshes morale at chapel

By Mass Communication Specialist  
2nd Class (SW) Corwin Colbert  
Joint Region Edge Staff

Religious Program Seaman Apprentice Specialist Mathieu Portivent just reached one year in the U.S. Navy – however, he has already made his mark in the U.S. Naval Base (NBG) Guam Religious Program department.

“RPSA Portivent has proven himself to be my top performer in the department,” said Chief Religious Program Specialist (FMF) Arlene Delapena, leading chief petty officer of the NBG Chapel. “He completes work early and his quality of work is better than expected. He wears his uniform with pride and professionalism.”



Portivent provides support to Navy chaplains in developing programs to meet the needs of Navy, Marine Corps and Coast Guard personnel and their families. He joined the Navy to work with people and travel.

“It was my opportunity to work with noble people and go to places I never dreamt of being,” he said. “My job is important because I get to help care for Sailors and their families.”

Portivent and fellow RPs support chaplains of all faiths and religious activities of the command; assist in preparation of devotional and religious educational materials; and manage and maintain the administrative and logistical support requirements of religious programs and facilities aboard ships, shore stations, hospitals, Marine Corps units and other sea service commands.

They also provide physical security for chaplains during field exercises and in combat environments.

Portivent’s role models include professional golfer Zack Johnson and Chief of Navy Chaplains Rear Adm. Mark Tidd.

“Adm. Tidd inspires me to enjoy what I do and achieve excellence,” Portivent said.



For His Honor: Religious Program Seaman Apprentice Specialist Mathieu Portivent prepares devotional and religious materials at the base chapel on U.S. Naval Base Guam April 13. As an RP, Portivent provides support to Navy chaplains in developing programs to meet the needs of Navy, Marine Corps and Coast Guard personnel and their families. (U.S. Navy photo by Mass Communication Specialist 2nd Class Corwin Colbert)

“I am a golfer and Zach Johnson is my favorite pro. I plan on being a professional golfer in the future.”

Portivent believes his role models have influenced him by being positive examples of leadership and hard work.

He believes the key to his exceptional

performance is his ability to overcome difficult situations and encourage his peers to work hard and find a way to succeed.

His supervisor agreed wholeheartedly and added that Portivent’s attitude has benefited the command.

“He understands the command religious

program’s goals as well as the big Navy’s mission,” Delapena said. “He employs outstanding teamwork techniques that motivate the staff. He is a leader of physical readiness and always seeks extra responsibility and displays the ability to volunteer and complete hard assignments.”

## Andersen’s Best: Mohrenweiser moves heaven and earth



Superior Planner: Airman 1st Class Matthew Mohrenweiser, 36th Operations Support Squadron Airfield Management shift lead, was awarded Andersen’s Best by Brig. Gen. John Doucette, 36th Wing commander, April 20. “Airman Mohrenweiser has set up eight electronic and physical file plans and has our section ready to go for the upcoming compliance inspection,” said Senior Master Sgt. Todd Lewis, 36th Operations Support Squadron airfield manager. Mohrenweiser also took the lead during the Carrier Air Wing 5 evacuation from Japan and processed more than 250 aircraft support personnel upon arrival enabling F-18 operations to start within three days. An excellent planner, Mohrenweiser also played an essential role in Operation Tomodachi support. He ensured the support of 50 aircraft, 1,000 passengers and 409 short tons of cargo consisting of mission essential gear.

Andersen’s Best is a recognition program which highlights a top performer from the 36th Wing. Each week, supervisors nominate a member of their team for outstanding performance and the wing commander presents the selected Airman with an award. To nominate your Airman for Andersen’s Best, contact your unit chief or superintendent explaining their accomplishments. (U.S. Air Force photo by Senior Airman Carlin Leslie)

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# Gerber receives Magruder Award

By Lt. Col. Aisha Bakkar

Marine Forces Pacific (Forward) Guam and Commonwealth of the Northern Mariana Islands

John Gerber, veteran and Pacific War Museum founder, was posthumously awarded the Marine Corps Heritage Foundation's Col. John H. Magruder Award during the annual United States Marine Corps Heritage Foundation dinner at the National Marine Corps Museum in Quantico, Va. April 16. His wife Mela Gerber received the award on his behalf.

John Gerber's legacy was celebrated alongside national luminaries such as Fred Smith, the founder and president of Federal Express; and

Tom Hanks and Steven Spielberg, producers of HBO's "The Pacific."

Guest of Honor and Commandant of the Marine Corps Gen. James F. Amos prefaced his remarks with a tribute to John Gerber.

"The regret is that I could have talked about John all night but, due to time restraints, I couldn't," he said.

Janet Calvo, John Gerber's sister, was also present at the event. She



Gerber

recalled Amos' words after the ceremony.

"Mel and I approached the commandant to thank him for the kind words he bestowed on John that evening," she said.

During her time in Virginia, Calvo took in the sights and reflected on her brother's legacy at home.

"[The] museum in Quantico is a fabulous display of Marine history along a timeline from 1775 to the present," she said. "If, through some miracle, we can get the attention of those who can make this happen, I hope to build a miniature of what I experienced in Virginia because the real artifacts from the war are not in Quantico but housed in a very

humble museum in Adelup, Guam."

Gerber was a member of the United States Marine Corps from June 4, 1969–June 3, 1975. A veteran of the Vietnam War, he dedicated his life after service to the support and recognition of service members, especially his fellow Marines and veterans.

In 2004, Gerber started on a campaign to rename the island's main thoroughfare in recognition of Marines who liberated the island from Japanese rule during World War II. Gerber "walked the walk" and pulled a karabao (ka-ra-BOW) cart 27 miles from Andersen Air Force Base to U.S. Naval Base Guam as a demonstration of his

determination and passion for his cause after failed attempts to convince island leaders. Two days later, lawmakers renamed Route 1 "Marine Corps Drive."

Gerber is also known for founding the Pacific War Museum. For 20 years, Gerber collected artifacts from the Pacific involvement in World War II and structural components that serve as the framework of the museum today.

The Magruder Award, named for the first director of the Marine Corps Museum, is given to an individual or an organization for excellence in depicting Marine Corps history in exhibits or displays in a museum or similar setting.

## Andersen spouses cut ribbon on Spouse House



Welcome Home: Brig. Gen. John Doucette, right, 36th Wing commander, says a few words to the Spouse House Committee during the Spouse House ribbon cutting ceremony on Andersen Air Force Base April 20. The Spouse House is located at 1958-B Guadalcanal Street in the base housing area. (U.S. Air Force photo by Senior Airman Carlin Leslie)

### News Notes

#### Job Announcements

Interested individuals can view the vacancy listings at <https://www.cnmc.navy.mil/Marianas/index.htm> or at <https://chart.donhr.navy.mil>. For more information, call 349-6119/2224.

#### Naval Support Activity Andersen

Management and Program Analyst, Closes May 2  
Training and Curriculum Specialist, Closes May 2

#### Charles King Fitness Center Grand Opening

The Naval Base Guam Charles King Fitness Center grand opening will be held April 30, 9:30 a.m. Events will be held 10 a.m. - 3 p.m. Service members and families can enjoy sporting events, tournaments, competitions, inflatables, a water slide, paintball, kids games, food and more! Free food and beverages will be provided by Morale, Welfare and Recreation Food and Beverage Facilities. For more information, call 333-2049 or 685-5267.

#### Andersen Air Force Base Chemical Reissue Program

Bring your household cleaning, automotive and self help project supplies to the Arc Light Self Help Center in Building 22027 on May 2 for recycling. Materials including aerosol air fresheners, toilet cleaners, bug sprays, paint thinners and more will be accepted. Items not accepted include gasoline, batteries, used auto oil, used cooking oil, antifreeze and car coolants. You must be an Andersen military housing resident to participate. For more information, call Barbara Torres at 366-2557.

#### National Drug Take Back Initiative

All individuals looking to dispose of unwanted and unused prescription medications may do so at the Navy Exchange on Naval Base Guam from 10 a.m.-2 p.m. April 30 as part of the National Drug Take Back Initiative.

#### Human Resources Hotline

Call the new Joint Region Marianas Human Resources hotline to be connected with human resources specialists and services. Check the latest vacancy announcements, view available training or be put in contact with personnel to answer questions regarding equal employment opportunity and employee labor relations at 1-855-HRO-GUAM (1-855-476-4826).

#### U.S. Naval Base Guam Information Line, Twitter Updates and Facebook Page

Naval Base Guam has a new Information Line that will be updated periodically during emergencies affecting NBG and personnel. For more information on incidents such as these, call 339-4636. NBG also uses Twitter for periodic updates including information on power outages, road closures, base activities and more. Follow NBG on Twitter at [www.twitter.com/nbgum](http://www.twitter.com/nbgum) or become a fan of "US Naval Base Guam" on Facebook.

#### Safety Hotline

Naval Base Guam and Andersen Air Force Base service members, dependents and personnel are encouraged to report any unsafe or unhealthful incidents and situations to their respective installation safety hotlines. The base safety office will promptly investigate all reports. On NBG, call 339-SAFE (7233) or 777-1809 during non-duty hours. On Andersen AFB, call 366-SAFE (7233) or 366-2981 during non-duty hours.

# Navy performance eval instruction updated

## From Naval Personnel Command Public Affairs Office

An update to the Navy Performance Evaluation System instruction BUPERSINST 1610.10C was released April 21 by Navy Personnel Command (NPC).

The update cancels BUPERSINST 1610.10B and incorporates several NAVADMINs affecting performance evaluations and fitness reports.

"The changes cover new E 5 promotion recommendation rules, Physical Fitness Assessment (PFA) documentation requirements, a new billet subcategory for performance reports, details on Reserve component unit reporting responsibilities, elimination of references to the enlisted

field service record and several other items," said James Price, Navy NPC Performance Evaluation Division director.

One update incorporates new distribution rules for E 5 promotion recommendations announced in NAVADMIN 286/10, requiring the number of 'Early Promote' and 'Must Promote' recommendations not to exceed 60 percent of the E 5 group. In addition, the 'Must Promote' recommendation may be increased by one for each 'Early Promote' quota not used. The 'Early Promote' recommendation limit of 20 percent has not changed in the new instruction.

NAVFIT98A Version 29 was rolled out to the fleet incorporating the new rules. Workstations on the

unclassified Navy/Marine Corps Intranet (NMCI) automatically received this new version. For non-NMCI users, the upgrade is available for download from the Navy Personnel Command (NPC) Web site.

Service members should verify they are using Version 29 by checking 'About NAVFIT98A' under the help tab in NAVFIT98A which will display 'Version 2.2.0.29.'

Another update in BUPERSINST 1610.10C details new requirements announced in NAVADMIN 193/10 for documenting PFA results in performance evaluations. For performance reports with an end date of Aug. 1, 2010, or later, commands must now enter a one-letter PFA code in block 20 for each cycle

completed during the reporting period.

Per NAVADMIN 215/10, a new billet subcategory was added. The code 'INDIV AUG' in block 21 of the performance report is now available for Individual Augmentee Manpower Management, Global War on Terrorism Support Assignment and Overseas Contingency Operation Support Assignment participants.

For Reserve Sailors, the fourth chapter of the new instruction enables all authorized mobilization unit commanding officers to write concurrent reports for Cross Assigned In (CAI) personnel while the training unit commanding officer (CAI regular drill unit) retains regular reporting responsibilities.

These are a few of the updates published in BUPERSINST 1610.10C. To see more, review the instruction posted on the Navy Personnel Command Web site at <http://www.npc.navy.mil/CareerInfo/PerformanceEvaluation/>.

NAVFIT98A version 29 and an updated user guide is available at <http://www.npc.navy.mil/CareerInfo/PerformanceEvaluation/SoftwareForms/>.

Those with questions should call the NPC Customer Service Center toll-free at 1-866-827-5672 or e-mail them at [CSCMailbox@navy.mil](mailto:CSCMailbox@navy.mil).

For more news from Navy Personnel Command, visit [www.navy.mil/local/npc/](http://www.navy.mil/local/npc/).

## Houston celebrates re-enlistment of nine Sailors



Navy Secures 46 Years of Service: USS Houston (SSN-713) Commanding Officer Cmdr. David Schappert, far right, and Chief of the Boat Senior Chief Machinist's Mate (SS) Jay Cherland, far left, join Houston re-enlistees after a re-enlistment ceremony on U.S. Naval Base Guam March 29. Pictured from left to right are Cherland; Chief Electronics Technician (SS) Joshua Golchert, re-enlisted for four years and \$100,000; Machinist's Mate 3rd Class (SS) Russell Michaud, re-enlisted for six years and \$19,066.39; Submarine Sonar Technician 2nd Class (SS) Stephen Messina, re-enlisted for five years and \$34,484.02; Electrician's Mate 3rd Class (SS) Ryan Helms, re-enlisted for six years and \$75,000; Machinist's Mate 1st Class (SS) Nicholas Northup, re-enlisted for six years and \$90,000; Machinist's Mate 1st Class (SS) Sean Charlton, re-enlisted for six years and \$75,000; Chief Electronics Technician (SS) Steven Dorsey, re-enlisted for six years and \$29,709.67; and Schappert. Not pictured are Machinist's Mate 2nd Class (SS) Kyle Best, re-enlisted for four years and \$75,000, and Submarine Sonar Technician 3rd Class (SS) Hermie Obillos, re-enlisted for three years and \$18,961.80. In total, the United States Navy secured 46 years of proud naval service at a cost of roughly \$500,000. (Photo courtesy of Commander, Submarine Squadron 15)

# Guam resident wins best warrior title

By Specialist Phil Regina  
305th Mobile Public Affairs Det.

The 9th Mission Support Command (MSC) named a Guam resident Army Reserve-Pacific Non-commissioned Officer of the Year.

Sgt. Gerald Manansala, an interior electrician for the 797th Engineer Company, earned the title by beating out fellow Soldiers in the 9th MSC's annual Best Warrior Competition at Fort Shafter in Hawaii April 20-24.

The road to becoming the best warrior of the entire Army Reserve in the Pacific – which includes Guam, Saipan, American Samoa, Japan, Korea, Alaska, and Hawaii – was no easy task. Ultimately, Manansala rose above his fellow top-notch Army Reservists in various events including an Army Physical Fitness Test, six-mile road march, weapons qualification, Army knowledge, land navigation, reaction to indirect fire and combat lifesaving skills. Although Manansala's win was a great personal victory, he spent the week competing for more than just bragging rights.

"I just didn't want to let my Soldiers

down," Manansala said. "I believe that the way to truly be a good leader is to lead by example. I didn't want to come to this competition and not do my best. I always ask the best of my Soldiers and that's what they can expect from me."

Manansala was accompanied by 1st Sgt. Gerard Damian throughout the competition, serving as his sponsor and helping him prepare for the various tasks throughout the event. According to Damian, Manansala's win is a direct reflection of his dedication.

"I think he wanted to come out here not to win but to show his Soldiers back home that anything is possible," Damian said. "It seems like it's always been important for Manansala to be a role model for the Soldiers he leads."

Knowing he was the oldest Soldier in the competition, Manansala entered with realistic expectations.

"At my age, it's hard to stay motivated," Manansala said. "I didn't come here knowing I was going to win. I came here to just try hard and do my best and that's what I did."

With his win at this competition,

Manansala will accompany Specialist Jessica Storch, 9th MSC's Soldier of the Year, in representing the more than 3,000 Soldiers of the 9th MSC at the Army Reserve-wide Best Warrior Competition this summer at Fort McCoy in Wisconsin.

Command Sgt. Maj. Forrest Wacker, of 9th MSC, remarked on how well the Soldiers of this year's competition performed.

"Every Soldier who competed for Best Warrior really went above and beyond to showcase their talents and skills and represented their units well," Wacker said. "I am immensely proud of what these Soldiers have accomplished."

Army Strong: Sgt. Gerald Manansala, interior electrician for the 797th Engineer Company, marks his target during the weapons qualification portion of the 9th Mission Support Command's annual Best Warrior Competition at Fort Shafter in Hawaii April 20-24. Manansala won the competition and was named Noncommissioned Officer of the Year. (U.S. Army photo by Specialist Phil Regina)



# Guam Army Reservists stand ready to serve

By Specialist Elizabeth Cole  
9th Mission Support Command

The U.S. Army Reserve's 9th Mission Support Command (MSC) hosted its annual consolidated Soldier Readiness Processing (SRP) April 8-10 to ensure its Soldiers are mission-ready.

Services provided through the SRP included medical and dental screenings, legal, personnel, finance, family readiness and security.

Leading the effort was the 9th MSC's Theater Support Group which was tasked with executing the event from start to finish.

"As citizen-warriors we need to be ready to deploy when called upon," said Col. Michael Phipps, Theater Support Group commander. "The SRP allows the Soldier to focus on his or her readiness with a major focus on medical and dental readiness so, when the nation calls, we are there."

Having the SRP consolidated gives units of the 9th MSC a more cost-effective and efficient way to



Hometown Heroes Get Mission Ready: U.S. Army Reservists from the 9th Mission Support Command gather at the U.S. Army Reserve Center in Barrigada to participate in the annual consolidated Soldier Readiness Processing (SRP) April 10. The SRP brings together Soldiers from all over Guam to update records relating to medical and dental, personnel, family readiness, finance, security and legal. (U.S. Army photo by Specialist Jolynn Redmond)

perform the mandatory event. Phipps explained having the event consolidated allows the command to leverage resources from all units in an area for support to complete the SRP. It also allows smaller units the

opportunity to take advantage of services that may not be available otherwise, he said.

"Take for example dental care for our Soldiers," Phipps said. "In some of our remote areas where

dental services are not as readily available, if a unit is small, it might be impractical to send dental treatment teams to provide services like fillings, tooth extractions or root canals."

Nearly 600 Soldiers took part in this year's event helping achieve the 9th MSC's goal of 90 percent participation.

"Every one of my assigned Soldiers attended the event," said Lt. Col. Carl Cruz, 3303rd Mobilization Support Battalion commander. "The SRP went better than expected. They have really ironed out some of the kinks and made it a smooth process for the Soldiers to go through expeditiously."

Sgt. Michael Winn, 368th Military Police Company, described this year's event as very organized and efficient noting the benefit to Soldiers as having a one-stop shop to keep records up to date.

Although he believes the SRP went extremely well, Phipps explained they expect to improve every year.

"Each year we try and implement lessons learned from the previous year," Phipps said. "We will learn better ways to conduct the SRP for next year but, overall, we accomplished our mission to ensure our Soldiers are ready."

# Coral Reef's personal trainers help members get fit

(Editor's note: This article is the third in the "Get Fit" series, outlining ways to reach New Year's resolutions to get in shape.)

By Airman 1st Class Whitney Tucker

36th Wing Public Affairs

As days slip into weeks and weeks become months, 2011 is showing no signs of slowing down. By now those who have managed to stay on the New Year's resolution bandwagon can just about fit into that pair of "skinny" jeans and bid adieu to those elastic

waistbands until Thanksgiving.

On the other hand, for those whose love-hate relationship with the scale is still going strong, it may be time to call one of the Coral Reef Fitness Center's (CRFC) personal trainers for an emergency intervention.

"When working with a personal trainer, one of the best things they offer is the ability to tailor a workout program to fit the personal goals and needs of the individual," said Capt. M. Rock Paprock, Health and Wellness Center director. "A trainer is able to sit down with them and do personal assessment in

which they identify weaknesses and customize a plan for success."

Andrea Fisher, a certified personal trainer, discovered the benefits of working with an expert first hand.

"I hired a personal trainer after having my first child," Fisher said. "I wanted help shedding the baby weight so I went to a local gym and hired a trainer. The experience inspired me to help people accomplish their fitness goals. He told me what I needed to do and, four months later, I was certified."

For those who are new to the wide world of physical fitness, knowing how to set up a balanced

schedule that includes all the activities and lifestyle changes necessary to get fit can be confusing and intimidating.

A trainer can help maximize time spent while ensuring members stay within their individual limits.

"For someone who has never really worked out before walking into a gym can be kind of scary," Fisher said. "You don't know what machines to use, how much weight is good for you, or how many reps to do, or even what will be most effective for your body type. Having someone there who is experienced can make all the difference."

Another benefit of one-on-one sessions with a personal trainer is the ability to correct a program that may not be effective, Paprock said.

"In my opinion, the biggest difference between working out in a group and working out with a personal trainer is the ability to re-evaluate," he said. "A trainer can look at an individual and adjust the workout to maximize results. If you're exercising with a group, you miss out on the personalization. This contributes to reaching goals and that's what keeps you coming back and striving for more."

# Navy prepares for beta fitness test

## From Naval Personnel Command Public Affairs Office

The Navy, working with the University of Memphis Department of Health and Sport Sciences, will conduct tests of several new physical fitness exercises beginning July 11.

In order to effectively develop potential performance standards the test will use volunteers from different age and gender categories as established by the Navy Physical Readiness Program (PRP) instruction (OPNAVINST 6110.1 series). The beta test will last through the end of July.

"This does not mean that we have plans to change the physical readiness test (PRT)," said Bill Moore, Navy PRP director. "We are always looking at process improvement. An open mind is essential to the program whether we are considering new exercise options or focusing on nutrition. Our current program is based on research and we are honored to be working jointly with the University of Memphis."

The test will incorporate several muscular strength tests including the leg/hip dynamometer and standing long jump. Both exercises use the same muscle groups (i.e. the legs, hips and back) that are used when



Feel the Burn: Chief Gas Turbine Systems (Electrical) Warren Zosa, assigned to the submarine tender USS Frank Cable (AS 40), demonstrates the proper form for push-ups to chief petty officer selects during a mock physical readiness test. (U.S. Navy photo by Chief Mass Communication Specialist Jennifer L. Walker)

performing a squat, lifting a box and other such movements that occur daily in Navy life.

There will also be a 15-yard, distanced timed event called the pro-agility test. It measures an individual's speed and agility as they accelerate,

decelerate and change direction. All are common movements practiced both in sports and on the job.

Endurance events being tested include a 300-yard shuttle run, two-kilometer rower and five-kilometer bike test.

"There are multiple components to physical fitness but they can be broken down into two major categories – health-related and skill-related," said Lt. Cmdr. David Peterson, exercise physiologist for the Navy's PRP. "Health-related

components include cardiovascular fitness, body composition, flexibility, muscular strength and muscular endurance. Skill-related components include speed, agility, balance, coordination, reaction time and power. The current PRT incorporates most of the health-related components of fitness but none of the skill-related. Exercises chosen for evaluation in the beta test not only incorporate health-related components but skill-related components as well."

According to Moore, the beta test is being conducted for the sake of research only.

"This is an exciting opportunity to participate in a state-of-the-art research study," Moore said. "However, I need to reemphasize that this is for research purposes only and that there are currently no plans to change the Navy PRT."

Currently, the Navy and the University of Memphis are seeking Sailors in the Millington and Memphis, Tenn., area to participate in the test.

For more information, visit the Navy's physical readiness Web page at <http://www.npc.navy.mil/support/physical>.

For more news from Navy Personnel Command, visit [www.navy.mil/local/npc/](http://www.navy.mil/local/npc/).

## Nurses celebrate 100 years on Guam, birthday



A Sight for Sore Eyes: Governor of Guam Eddie B. Calvo and members of the Navy nursing community pose for a picture after a proclamation signing at the Ricardo J. Bordallo Governor's Complex in Adelup April 25. Bordallo declared May as Guam Nurses Month and proclaimed May 13 as Navy Nurses Day. The Navy nursing community is celebrating 100 years on Guam and the 103rd birthday of the Navy Nurses Corps. (U.S. Navy photo by Reynaldo Rabara)

# Enlisted early transition program extended

By Mass Communication Specialist 1st Class (AW) LaTunya Howard  
Navy Personnel Command Public Affairs Office

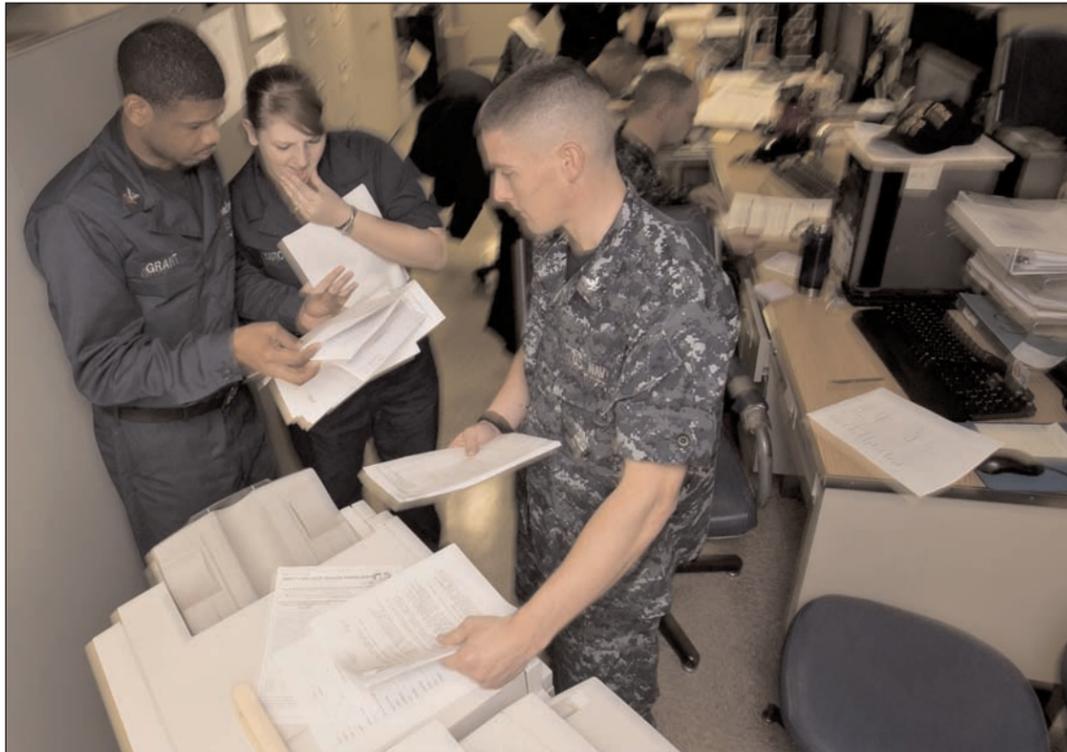
With the release of NAVADMIN 142/11 April 22, the Navy has extended the Enlisted Early Transition Program (EETP) to Sept. 30, 2013.

Due to the Navy's unprecedented retention and successful recruitment, Sailors are being offered a voluntary early separation option.

"Our end strength and our over-manning in certain ratings was a consideration for the extension of this program," said Mike Dawson, head enlisted community manager, Navy Personnel Command. "Our community managers have also received a lot of feedback from Sailors and the Fleet that they would apply for an early-out if they were eligible."

EETP differs from the Early Career Transition Program (ECTP) which allows Sailors to transition into the Selective Reserve (SELRES) prior to their End of Active Obligated Service (EAOS) by submitting a request three to 15 months in advance. EETP allows Sailors to request early separation up to 24 months prior to their scheduled EAOS or extended EAOS.

"The ECTP is a program that, regardless of the time a Sailor has left on his EAOS, he or she can transition to SELRES," Dawson said. "Technically, a Sailor could have just signed a six year contract



Paper Trails: Personnel Specialist 2nd Class Raynard Grant, left, Personnel Specialist Seaman Reanna Bostic, center, and Personnel Specialist 3rd Class Kenneth Kirlin, all assigned to the administration department's X-3 division, process administrative separations in the personnel office aboard the aircraft carrier USS Carl Vinson (CVN 70). Carl Vinson and Carrier Air Wing (CVW) 17 are on a deployment to the U.S. 7th Fleet area of responsibility. (U.S. Navy photo by Mass Communication Specialist 2nd Class James R. Evans)

and decide today that they want to complete the remainder of their commitment in SELRES. EETP, on the other hand, is an early-out."

Qualified Sailors may submit their request for early separation to Commander, Navy Personnel

Command (COMNAVPERSCOM) via their commanding officer (CO). Commanding officers have final disapproval authority under this program and should not forward a request they cannot support.

COMNAVPERSCOM has final

approval authority for requests with positive CO endorsement.

The MILPERSMAN 1910-102 requirement for "separation by reason" does not apply to this program. Sailors are not required to state a reason for making the request since

this is a voluntary program.

Approval for Sailors with critical Navy Enlisted Classifications (NEC) will be based on individual community requirements.

Early separation requests will not be approved for Sailors:

- in nuclear ratings;
- in receipt of permanent change of station orders;
- identified to fill or currently serving on a Global War on Terrorism /Overseas Contingency Operation or Individual Augmentee assignment whose rotation date would be affected;
- in the National Call to Service Program;
- in any sea warfare combat program;
- Sailors serving in a rating and/or holding an NEC listed in any enlistment bonus, Selective Re-enlistment Bonus or similar special and incentive pay program in effect anytime within the fiscal year of request or separation;
- assigned to a Department of Defense area tour and have not completed tour requirement including overseas tour extension incentive program for which a benefit has been received; or
- Who are retirement eligible.

"Sailors who are no longer interested in staying in the Navy are highly encouraged to apply," Dawson said.

For more on the EETP, read NAVADMIN 142/11, call the NPC Customer Service Center at 1-866-U-ASK-NPC, 1-866-827-5672 or e-mail your inquiry to [cscmail-box@navy.mil](mailto:cscmail-box@navy.mil).

For more news from Navy Personnel Command, visit [www.navy.mil/local/npc/](http://www.navy.mil/local/npc/).

## What volunteer activities are you involved with?

Joint Region Edge asked its readers what volunteer activities they are involved with.



"Some of the activities I volunteer for are Airmen Against Drunk Driving, First Four and the Air Force Assistance Fund. I think it's important to volunteer not only because it can help with career advancement but because you meet people and make a difference on base and in the local community."

— Airman 1st Class Anthony Tucker  
36th Comptroller Squadron financial services technician



"Recently we went to a local high school to help paint over some graffiti. It was a great way to help improve the students' learning environment."

— Engineman 3rd Class Brian Noriega  
USS Frank Cable (AS 40)



"I was part of the volunteer effort to build a nature trail at the Guam National Wildlife Refuge. It was a great way to give something to the local community while bonding with my shipmates."

— Hull Maintenance Technician  
Fireman Kelly House  
USS Frank Cable (AS 40)



"I'm new to Guam and Andersen but I have had the opportunity to be involved in a couple of volunteer activities. I attended the Dorm Council meeting and helped pressure wash the areas around my office. Volunteering is a great way to get involved and improve your community but it can also be a very helpful tool in your career."

— Airman 1st Class Justin Czamecki  
36th Comptroller Squadron financial services technician

# NAWMU 1 offers ‘shore duty in paradise’

By Mass Communication Specialist 2nd Class (SW) Peter Lewis

Joint Region Edge Staff

Naval Airborne Weapons Maintenance Unit (NAWMU) 1 is a munitions maintenance activity and combat support unit manned and operated to conduct intermediate and selected depot level maintenance.

The command tests and repairs air and select surface-launched missiles and guided weapons and components in support of the Navy worldwide. NAWMU 1 maintains a mobile capability to deploy air-launched weapons maintenance detachments to forward areas when tasked by higher authority.

“By our unique function and strategic location, NAWMU 1 is able to support the warfighter by keeping needed assets in theater and ensuring they are in proper working order,” said Senior Chief Aviation Ordnanceman (AW/SW) Michael Saville, the command’s senior enlisted advisor. “Being able to deploy to the locations of the assets rather than having the assets shipped elsewhere, NAWMU 1 is able to save millions of dollars annually in transportation costs.”

Located on board Navy Munitions Command East Asia Division (NMC EAD) Unit Guam in Santa Rita, NAWMU 1 is home base to 43 enlisted Sailors and three officers. Ratings represented include aviation ordnanceman, aviation electronics technician, aviation administration maintenanceman, aviation support equipment technician, logistics specialist and yeoman.

Personnel assigned to NAWMU 1 utilize the command’s support equipment site and five missile testing sites to test and fix faulty missile systems. Many Sailors at the command have also deployed in support of the Global War on Terrorism.

“Our brave Sailors have deployed to various locations throughout the



Easy Does It: Aviation Electronics Technician 2nd Class (AW) Matthew Musgrave, of Naval Airborne Weapons Maintenance Unit (NAWMU) 1’s Avionics Department, uses a multimeter to troubleshoot an AN/GSM396A ordnance power supply at the command compound in Santa Rita April 11. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Peter Lewis)

world repairing and testing air-launched weapons,” Saville said. “We are all too happy to do our part and support the fight against terrorism.”

In addition to their mission, the command also has a longstanding relationship with the local community and regularly performs community service projects with local schools and villages.

“NAWMU 1 has had a good relationship with the village of Santa Rita,” Saville said. “We make every effort to support them in all requests for assistance.”

The command regularly visits both J.P. Torres Alternative School and Oceanview Middle School and has participated in the Back to Sumay Day event and Chamorro Heritage Month Hut Building on U.S. Naval Base Guam.

“Without a good relationship with our neighbors we would not be able to be as successful as we are,” Saville said. “Every Sailor knows that lending a helping hand will foster and strengthen the relationship between the United States Navy and the residents of Guam. Each member takes pride in

all the volunteer opportunities that arise.”

For Sailors considering orders to NAWMU 1, Saville encouraged them and said that the duty station will be a chance to enjoy a great island while also growing as a professional.

“We’re in a small command that emphasizes missions, families and Sailors,” he said. “We work hard but we also relax with friends and families during our numerous [Morale, Welfare and Recreation] events. Professional and personal

growth for each assigned member is also an important aspect of what we do on a daily basis.”

Aviation Electronics Technician 2nd Class (AW) Noah Thomas was fully in agreement.

“NAWMU 1 is one of a kind,” he said. “Working here provides an opportunity to gain job experience not offered anywhere else in the Navy. Being in Guam, outdoor activities are plentiful and experiencing the Chamorro culture is fulfilling. This is truly shore duty in paradise.”

# Make the drops to watts connection

By David Motroni

U.S. Marine Corps Energy Program  
Manager

Many Americans know about the importance of saving energy and many know about the importance of saving water but few know the direct connection between saving both.

We turn on the bathroom lights and the shower without realizing how closely related water and electricity are to each other. The truth is vast amounts of energy are used to

pump, treat, deliver and heat our nation's water. Approximately 4 percent of the nation's electricity consumption is used moving or treating water and wastewater.

Considerable amounts of energy also go to heat water for bathing, shaving, cooking and cleaning our homes, dishes and clothes.

In homes with electric water heaters,

one quarter of the household's electricity is used to heat water.

Given how closely related saving water is to saving energy one of the best ways to save energy across the country and in our own homes is to use water more efficiently.

One of the simplest ways to save water and energy

is to install water-efficient plumbing fixtures.

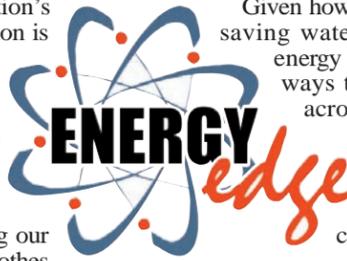
The WaterSense label makes it easy to identify toilets, faucets and accessories that not only save water but reduce your energy bills. Installing WaterSense-labeled faucet aerators in your bathrooms, for example, costs just a few dollars more but could save you enough electricity to dry your hair every day for a year!

There are hundreds of WaterSense-labeled toilets and bathroom sink

faucets and faucet accessories to choose from. You can be sure the products will not only save resources but they will perform to your expectations.

WaterSense-labeled products must achieve independent, third-party testing and certification to prove they meet Environment Protection Agency's rigorous criteria for both efficiency and performance before they can earn the label.

For more information, visit <http://www.epa.gov/watersense/>.



## New reissue program starts May 2

By Russell Grossley

36th Civil Engineer Squadron Chief of  
Pollution Prevention

Beginning May 2, the 36th Civil Engineer Squadron (CES) will implement the Military Family Housing Household Chemical Reissue Program.

The purpose of the initiative is to establish a household supply reissue program designed for members of military family housing who are leaving or coming to Andersen. The program will provide residents with a place to donate unused or partially used household cleaning and general purpose supplies to other base housing residents. Those in need of the supplies will then be able to pick up and use these materials at no cost.

Objectives of the program are to reduce the amount of household cleaning supplies being disposed of in our landfill, divert reusable items to the Collection and Reissue Program for reuse, and to provide a safe location for base housing residents to donate and pick up reusable supplies.

Those who wish to donate can bring their household cleaning and general purpose supplies to the Arc Light Self Help Center at Building 22007. Only approved items will be accepted. Self Help staff will determine the suitability of the items for reissue.

Containers in poor condition, lacking labels, missing lids or are empty or nearly empty will not be accepted for donation and must be disposed of properly by the resident. Base housing residents in need of household supplies will then be free to come to Self Help and "shop" for any of the materials they find useful at no cost.

Residents taking supplies will be asked to sign a "Release of Liability" statement which states that the customer understands that 36 CES makes no guarantee as to the quality, veracity, integrity and genuineness of the products.

For tracking purposes, residents will also be required to annotate the number of items being dropped off and picked up. Because participants must live in military family housing on Andersen, those who stop by to drop off or pick up materials will be required to provide your resident address.

For more information, contact Barbara Torres at 366-3550 or Russell Grossley at 366-2557.

# Navy League: Tours beneficial to members

Continued from Page 1

submariners go through.”

NLG supports the sea services by helping to support enlisted personnel and families and promoting education.

They assist in raising money for the Navy Ball, USO Guam Ball and other Navy events. The organization also recognizes Sailors of the Quarter and Sailors of the Year. NLG currently has approximately 100 active members.

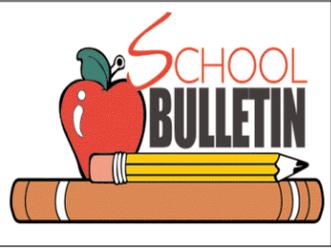
And to Your Right We Have the Gym: U.S. Naval Base Guam (NBG) Commanding Officer Capt. Richard Wood, left, talks to members of the Navy League of the United States Guam Council about the new Charles King Fitness Center on NBG April 20. Members of the Navy League Guam also visited Los Angeles-class attack submarine USS Buffalo (SSN 715) during their tour. (U.S. Navy photo by Mass Communication Specialist 3rd Class Corey Hensley)



## Japan submariners make port visit to Guam



Back to the Land of the Rising Sun: The Japan Maritime Self-Defense Force Oyashio-class submarine JS Uzushio (SS 592) prepares to get underway after a port visit to U.S. Naval Base Guam April 21. Uzushio conducts both in port and at-sea training on undersea tactics, anti-submarine warfare and war time strategies. (U.S. Navy photo by Mass Communication Specialist 1st Class Melvin A. Nobeza)



School Bulletin aims to promote educational activities in the Navy and Air Force communities. If you know of an education-related event that you would like to include, send it to [jointregionedge@fe.navy.mil](mailto:jointregionedge@fe.navy.mil) or call 349-2113.

### Department of Defense Education Activity (DoDEA)

School board meetings are scheduled for the second Thursday of every month at 6 p.m.  
Upcoming meetings:  
May 12 at Guam High School

### Guam High School

May 7 SAT and subject tests at St. John's School in upper Tumon from 7:30 a.m.-12 p.m.  
May 7 Prom 2011: An Evening in Paris at Holiday Resort and Spa Guam in Tumon from 7-11 p.m.  
May 26 Academic Awards Program at the Panther Den from 5:30-7 p.m.  
May 30 No school - Memorial Day

### McCool Elementary/Middle School

May 6 Mother's Day Activity for second-graders at the cafeteria from 1-2:45 p.m.  
May 16-19 Sixth-grade Scholastic Reading Inventory (SRI) Assessment  
May 18 Accelerated withdrawal date for Spring semester  
May 18 Spring Band Concert at the gym from 6:30-8 p.m.  
May 23-27 Sixth-grade SRI Assessment makeup days  
May 30 No school - Memorial Day

Substitute teachers wanted. U.S. citizens with a minimum of 60 college semester hours may apply. For more information, call Mellie Guerrero at 339-5347.

Parent portal for Gradespeed is now available for all parents/sponsors. Through the parent portal, parents/sponsors are able to view their child's academic progress. For more information, contact your child's advisory teacher at 339-8678.

#### Phone Numbers

Andersen Elementary School: 366-1511  
Andersen Middle School: 366-3880/5793  
Commander William C. McCool Elementary/Middle School: 339-8678  
Guam High School: 344-7410

# Students soar in competition

By Anna-Victoria Crisostomo  
Joint Region Edge Staff

Students from Cmdr. William C. McCool Elementary/Middle School (MEMS) have won bragging rights and the chance to represent Guam by taking first place in the sixth-, seventh- and eighth-grade categories for the eCYBERMISSION competition.

Hosted by the U.S. Army's Research, Development and Engineering Command, the competition is a Web-based science fair-type competition for students in grades six through nine. The Army sponsors the competition each year in an effort to promote science, technology, engineering and mathematics (STEM) education.

Student teams work with a team advisor to identify problems within their community. Students then work through the scientific method by researching the problem, forming a hypothesis, conducting experiments to test their hypothesis, drawing conclusions and proposing potential solutions.

MEMS eighth-grade team participants investigated how coral reefs protect coastal areas from tsunamis, a topic developed before a 9.0-magnitude earthquake and subsequent tsunami hit Japan March 11. Eighth-grade team member Mari Spugers reflected on just how significant the research became to her after the events.

"This problem is important to our community because we live near the ocean," Mari said. "So it's a very



The Next Generation is Looking Good: Students representatives from Cmdr. William C. McCool Elementary/Middle School (MEMS) strike a winning pose after finding out they took first place in the sixth-, seventh- and eighth-grade categories for the eCYBERMISSION competition. Hosted by the U.S. Army's Research, Development and Engineering Command, the competition is a Web-based science fair-type competition for students in grades six through nine. (Photo by Debora Moore courtesy of MEMS)

relevant topic to study."

As state finalists, the teams' projects will continue on to the face other schools within the Pacific region. If the teams win there, they have a chance to travel off-island and compete at the national level.

Debora Moore, MEMS teacher, says she has participated in this competition for five years and is

grateful for the support of the community and the Army with all STEM competitions. Moore added that the students' participation in eCYBERMISSION projects will have a profound impact not only on them but on the world.

"Our students need to have the opportunity to investigate real world problems and start using teamwork

and creativity to discover how to make a difference for their communities and their world," she said.

Since the program's inception in 2002, more than 71,000 students from across the nation have participated in eCYBERMISSION. To learn more about the eCYBERMISSION competition, visit [www.ecybermission.com](http://www.ecybermission.com).

## Journeys: GHS students learn from the past

(Editor's Note: The following is a personal account by Guam High School sophomore Sydney Short about her participation in the Guam History Day competition with fellow classmate Patrick Navarrette.)

By Sydney Short  
Guam High School

In our honors history and literature class this year, Patrick Navarrette and I chose Operation New Life as the subject of a documentary project for Guam History Day March 26. After much anticipation, we found out that we had won first place for our documentary and will get the opportunity to share all we've learned about the operation with the National History Day organization in Washington, D.C. June 9-18.

Guam History Day is a day set aside each year in conjunction with Chamorro Month by middle and high schools on Guam to observe the past accomplishments in Guam's rich history. Students compete for an opportunity to show their projects at a national level in Washington, D.C. Joe Quinata, of the Guam Preservation Trust, sets up the competition each year. The Guam Preservation Trust arranges judging of the individual categories to insure each is historically accurate with national-level appeal.

OperationNewLife was a movement



Shedding New Light on Operation New Life: Guam High School students Sydney Short, left, and Patrick Navarrette, right, pose for a picture with Guam Congresswoman Madeleine Z. Bordallo at her office in Hagatna April 18. Sydney and Patrick interviewed Bordallo about her experiences as Guam's First Lady during Operation New Life as part of a documentary project submission for Guam History Day. Sydney and Patrick's documentary will be featured at the National History Day event in Washington, D.C. June 9-18. (Photo courtesy of Guam High School)

that saved more than 100,000 Vietnamese refugees from harsh treatment by the Viet Cong and relocated them to Guam during the close of the Vietnam War.

We spent many long hours going through boxes of old newspaper clippings and learning about Operation New Life. Our research

included a look at life on Guam during those few months which began in April 1975 after the fall of Saigon in Vietnam. We interviewed refugees of the operation. We were so amazed at the perseverance and ingenuity of the Vietnamese people.

We completed our research after an interview with the Guam

Congresswoman Madeleine Z. Bordallo. The congresswoman allowed us to talk to her about her personal experiences during Operation New Life as the wife of the late Governor Ricky Bordallo and relayed story after story of the enormous undertaking.

She talked about the morning when then-Secretary of State Henry Kissinger called her husband asking for help and Ricky Bordallo, a survivor of the Japanese occupation during World War II, immediately agreed to help the people in crisis. According to Bordallo, the population of refugees was more than the local population on Guam at one point during the operation.

Bordallo's accounts of Operation New Life were inspirational and opened our eyes to the huge hearts of the Chamorro people.

During our interview, Bordallo invited us to see a picture hanging on her wall. This picture showed her and Ricky Bordallo waving to a huge ship of refugees that had chosen to go back to Vietnam after arriving on Guam. Bordallo recalled how sad it was watching these wonderful people leave. She told us that they were all put into concentration camps and killed by the Viet Cong on their return to Vietnam.

This was an experience of a lifetime that we will always cherish and the knowledge gained was beyond what words can express.

# FFSC and friends walk for children



For the Kids: Youth, parents and staff from the U.S. Naval Base Guam (NBG) Child Development Center (CDC) School-Age Care group participate in the NBG Fleet and Family Support Center's Walk for Children event at the NBG CDC April 15. The event was held in recognition of Child Abuse Prevention Month. (U.S. Navy photo by Virginia Ballesta)



Very Small But Walking Tall: Youth, parents and staff from the U.S. Naval Base Guam (NBG) Child Development Center (CDC) preschool group participate in the NBG Fleet and Family Support Center's Walk for Children event at the NBG CDC April 15. The event was held in recognition of Child Abuse Prevention Month. (U.S. Navy photo by Virginia Ballesta)

# Inarajan Coconut Festival to kick off May 6

By JoAnna Delfin  
Joint Region Edge Staff

Gef Pa'go (geh PAH-goh) Cultural Village will be hosting the second annual Coconut Festival May 6-8.

The celebration begins with the coronation of the Coconut Festival Queen at 6 p.m and continues on May 7-8 from 9 a.m.–10 p.m. All are welcome and admission is free.

This year's theme is Silibrasion i Niyok (sil-ih-breh-SHOHN ee NEE-dzuk), or Celebration of the Coconut. The festival brings together the Guam community to showcase

the many uses of the coconut from preparing everyday meals to weaving hats and clothing.

The festival will be held in recognition of the Inarajan fiesta, a celebration held annually in honor of the village's patron saint St. Joseph, husband of Mary. Fiestas happen in every village, and usually consist of one whole weekend of celebration including a special mass in honor of the village saint.

The Coconut Festival boasts a weekend filled with traditional foods, cultural dances, games, and arts and crafts. Guests can take part

in the many festivities planned including talāya (ta-LAH-dza), or fishing net, throwing and coconut husking.

Many people throughout the island venture to the southern village to take part in the activities that not only reminds them of their heritage but also how this important tree still serves a purpose today.

"I used to think that I didn't have to use the coconut for anything but I found out when I went to the festival last year that the oils are really good for my skin and hair," said 22-year-old Jenny Cruz from Piti.

From coconut candy to coconut pies, delectable desserts featuring the coconut are sure to be available to festival attendees. Petty Officer 2nd Class (SW) Joshua Mendiola, of Pearl Harbor Navy Shipyard Intermediate Maintenance Facility in Honolulu, Hawaii, attended the festival last year and enjoyed the abundance of food.

"By far my most favorite coconut dessert has to be coconut cream pie just because it tastes so good," he said. "That and coconut candy have to be my favorites!"

Denise Cruz, of the Inarajan Mayor's

Office, encouraged all to attend.

"For people to come to this event, they will have the chance to see the beautiful scenery of Inarajan and Gef Pa'go," she said. "They can see what our culture is about and how important the coconut tree and fruit is to our island."

To get to the fun, head north on Route 1 and turn left onto Route 2 before the main gates of U.S. Naval Base Guam. Enjoy the beauty of the Pacific Ocean while following Route 2 which will eventually become Route 4. Gef Pa'go will be on the right in the heart of the village.

## Comics on Duty World Tour takes Guam stage



Above: Comedian Danny Villalpando entertains the crowd as part of the Comics on Duty World Tour at the Sunrise Conference Center on Andersen Air Force Base April 19. Villalpando and fellow comedian Tom Foss also performed two shows at Molly McGee's on U.S. Naval Base Guam. The Comics on Duty World Tour started in 1992. To date more than 3,000 shows have been held for service members worldwide. The tour was brought to Guam by Navy Entertainment. (U.S. Air Force photo by Ralph Ridgeway)



Right: Comedian Tom Foss entertains the crowd as part of the Comics on Duty World Tour at the Sunrise Conference Center on Andersen Air Force Base April 19. Foss and fellow comedian Danny Villalpando also performed two shows at Molly McGee's on U.S. Naval Base Guam. The Comics on Duty World Tour started in 1992. To date more than 3,000 shows have been held for service members worldwide. The tour was brought to Guam by Navy Entertainment. (U.S. Air Force photo by Ralph Ridgeway)

## FREE

**Karaoke Night**  
Every Friday at the Silver Dolphin on Naval Base Guam (NBG) Ordnance Annex, 7 p.m. Open to all authorized Morale, Welfare and Recreation (MWR) patrons. For more information, call 564-2280.

**Golf Clinic**  
Every Saturday and Sunday from 9-10 a.m. at Admiral Nimitz Golf Course. No need to register! Just stop by to learn the basic fundamentals of the game of golf. For more information, call 344-5838/9.

## Tumbling for Tots

Tumbling for Tots, an interactive play program for kids and parents, is available at the Hotspot Gym on Andersen Air Force Base (AFB) just down the walkway from the bowling center. Hours of operation are Monday through Friday from 9 a.m.-noon. For more information, call the Hotspot at 366-2339.

## Sunrise Yoga

Every Friday morning at 6 a.m. at Tarague Beach. End your week with a relaxing yoga session on the beach. Listen to the sounds of the ocean while your body is rejuvenated with the sun's rays. For more information, call 366-6100



## UNDER \$10

**Xtreme Midday Madness**  
At NBG's Orote Point Lanes every Monday to Friday from 1-5 p.m. Bowl for only \$5 (shoes not included)! For more information, call 564-1828.

**Willie's Beachside Jazz**  
At Bamboo Willie's every Sunday from 5-8 p.m., enjoy a relaxing evening at the beach while you listen to great jazz music. For more information, call 653-9814.

**Tuesday Fajita Night**  
At Andersen AFB's Café Latte every Tuesday from 5:30-7:30 p.m. Base price starts at \$2.95 and you can build your own fajitas! For more information, call 366-6166.

## \$10 AND UP

**Breakfast at Café Latte**  
Café Latte at the Top of the Rock (Andersen AFB) offers breakfast from 6:30-9:30 a.m. Monday through Friday and 7:30 a.m.-12:30 p.m. on Saturday. Enjoy your morning coffee and traditional breakfast favorites, plus a variety of breakfast burritos and sandwiches. For more information, call 366-6166.

**Ladies' Golf**  
Ladies, do you love the game of golf as much as the men do? If so, every Wednesday it's your day at Palm Tree Golf Course. Ladies receive free green fees. Just pay the cart fee, \$12 for 18-holes or \$8 for 9-holes. For more information, call 366-4653.

**FRIDAY, APRIL 29**

7 p.m.: Battle: Los Angeles • PG-13

**SATURDAY, APRIL 30**

2 p.m.: Battle: Los Angeles • PG-13

7 p.m.: Paul • R

**SUNDAY, MAY 1**

7 p.m.: Paul • R

The movie schedule is subject to change due to circumstances beyond Meehan Theaters on Andersen Air Force Base. **The Meehan Theater hotline is 366-1523.**

**FRIDAY, APRIL 29**

7 p.m.: The Lovely Bones (Special Movie) • PG-13

9:30 p.m.: Paul • R

**SATURDAY, APRIL 30**

1 p.m.: Mars Needs Moms • PG

3:30 p.m.: Harry Potter and the Deathly Hallows • PG-13

7 p.m.: Battle: Los Angeles • PG-13

**SUNDAY, MAY 1**

1 p.m.: Rango • PG

3:30 p.m.: Limitless • PG-13

7 p.m.: Red Riding Hood • PG-13

The schedule is subject to change due to circumstances beyond the theater's control. **The Big Screen Theater hotline is 564-1831 or visit [mwr Guam.com](http://mwr Guam.com).**  
*(Source: Navy Morale, Welfare and Recreation Office)*

## Chapel Schedule

### Naval Base Guam

Office Hours: Monday-Friday, 8 a.m.-4 p.m.  
 Roman Catholic Mass  
 Saturday Vigil Mass: 5:30 p.m.  
 Sunday Mass: 9:30 a.m.  
 Sacrament of Reconciliation: Saturday, 5 p.m. and Sunday, 9 a.m.

### Protestant Worship Service

Sunday Service: Traditional Service: 8 a.m.  
 Contemporary Service: 11 a.m.  
 Women's Bible Study: Monday, 9 a.m.  
 Men's Bible Study: Wednesday, 6 p.m.  
 Prayer Time: Thursday, 11:30 a.m.  
 Choir Practice: Traditional: Wednesday, 6 p.m.  
 Choir Practice: Contemporary: Tuesday, 6 p.m.

### Jewish Shabbat

Friday, 6:30 p.m.

### Naval Hospital Guam

Roman Catholic Mass  
 Monday-Friday, 11:30 a.m.  
 Chapel of Hope: Sunday, 9 a.m.  
 Protestant Services  
 Full Gospel Service: Sunday, 6:30 p.m.  
 Men's Bible Study: Every other Tuesday starting April 5  
 Women's Bible Study: Second and fourth Saturday of each month

### Andersen Air Force Base

Roman Catholic Mass (Chapel 1)  
 Weekday Mass: Tuesday, Wednesday, Friday, 11:30 a.m.  
 Saturday Vigil Mass: 5 p.m.  
 Sunday Mass: 9:30 a.m.  
 Sacrament of Reconciliation: Saturday, 4:30-4:50 p.m.  
 Catholic Women of the Chapel: First and third Wednesday of the month, Chapel 1 Annex, 6:30 p.m.  
 Catholic Youth of the Chapel: Second and fourth Wednesday of the month, Chapel 1 Annex, 6:30 p.m.  
 Choir Rehearsal: Saturday 4-5 p.m. and Sunday, 8-9 a.m.

### Protestant Worship Service

Praise Service: Sunday, Chapel 2, 9 a.m.  
 Gospel Service: Sunday, Chapel 2, 11:30 a.m.  
 Emerging Worship Service: Sunday, Lighthouse, 6 p.m.  
 Protestant Women of the Chapel: Second Monday of each month, Chapel 2 Annex, 6:30 p.m.  
 Protestant Men of the Chapel: Wednesday, Lighthouse, 7 p.m.  
 Protestant Youth of the Chapel: Thursday, Chapel 2 Annex, 7 p.m.  
 Protestant Young Adults: Thursday and Saturday, Lighthouse, 6 p.m.  
 Protestant Sunday School: (September-May) Sunday, Chapel Activity Center, 10:15 a.m.

*Schedules subject to change. To confirm times or for information about other programs, call the chapels at:*

Andersen Air Force Base: 366-6139  
 U.S. Naval Base Guam: 339-2126  
 U.S. Naval Hospital Guam: 344-9127

# The danger in comparisons

By Lt. Gale White

U.S. Naval Base Guam Chaplain

Every wise and savvy consumer knows that the key to a successful purchase is doing your homework and comparing products, prices and vendors. In fact some companies use comparison as their selling pitch to draw customers in to view their products.

Drawing a comparison often does not stop at the checkout counter. Many of us find in our jobs that supervisors evaluate our work performance by stacking us up against our co-workers when it comes time to determine awards, promotions and ranking. So it is not unusual that we compare ourselves with others.



There can be some benefits to comparison like healthy competition which pushes us to do our best. Unfortunately, we often use comparison in negative ways.

For example, there is a parable that told of a farmer who hired workers for a set wage for a day's work. As the day went on, the farmer hired more workers for the same set wage to get the job done.

When the paychecks were handed out at the end of the day the workers hired in the morning got angry that they were paid the same and those hired in the last hour. In the morning they were happy because they had a good paying job but when they compared their work to those who

only worked a few hours they were angry and felt cheated.

Has that ever happened to you? One day you are happy and content with what you have and do, and the next you are dissatisfied after comparing yourself to someone else?

We get upset when we perceive that our co-worker doesn't work as hard as we do and so we are tempted to stop giving our best and only do the minimum required. Instead of taking pride in how much we can accomplish, we become afraid of "having" to do more than the next person.

The problem of comparison is that our focus is fixed on the wrong object. When we become the object of focus our view of life and mission become skewed. We will find the greatest satisfaction in life when our focus is on serving our God.

The gifts and talents that we have were not given to us to use for our own gain but to fulfill the mission that He has for us. With that fact in perspective, we have the freedom to give our best to everything that we do and take pleasure in a hard day's work.

If we work to serve our Master it won't matter what the person next to us does.

We will each answer and be awarded for our own service. What kind of service do you want to give to the Lord—mediocre work or your very best?

When you are looking for car insurance be smart and compare rates to save some money. When it comes to your neighbor, be wise and leave comparison at the checkout counter.

Do all things for the Lord and you will be satisfied.





## Sports Shorts

The following is a list of sports and health-related activities held on U.S. Naval Base Guam. To submit your sports note, e-mail [jointregionedge@fe.navy.mil](mailto:jointregionedge@fe.navy.mil).

### Charles King Fitness Center

Charles King Fitness Center hours of operation are Monday-Friday from 5 a.m.-9 p.m., Saturday from 8 a.m.-9 p.m., Sunday and holidays from 9 a.m.-7 p.m. For more information, call 333-2049.

### NCTS Sports Center

The Naval Computer and Telecommunications Station Guam Sports Center has reopened. Hours of operation are Monday, Wednesday and Friday from 9 a.m.-8 p.m., Tuesday and Thursday from 11 a.m.-8 p.m., and Saturday-Sunday from 8 a.m.-12:30 p.m.

### Run Registration

Runners can submit run registrations for Morale, Welfare and Recreation (MWR)-sponsored runs via e-mail. On the Fitness Program page of the MWR website, [www.mwr-guam.com](http://www.mwr-guam.com), click on the "NEW Run Registration Form" PDF under Additional Links and follow the instructions on the form. Pre-registration for fitness events will end at 5 p.m. on Friday the week prior to the event.

### Ultimate Frisbee

Ultimate Frisbee pickup games are played Tuesdays and Thursdays, 5:30-7:30 p.m. at Sampson Softball Field on NBC (next to the old swimming pool). No experience necessary. For more information, show up.

The following is a list of sports and health-related activities held on Andersen Air Force Base. To submit your sports note, call 366-2228.

### Armed Forces Entertainment Heavy Medal Tour

Former U.S. Olympic Ski team members and medalists Sean Colgan, Nelson Carmichael, Caroline Lalive and Kaylin Richardson, along with two-time Olympic coaches, Robi Powers and Michael Lane, will visit various location on Andersen May 2 to meet and greet service members and their families. Stops include various duty stations from 9-10:30 a.m., Andersen Elementary School from 10:45-11:45 a.m., lunch with the troops at the dining facility from 12-1 p.m., and autograph session at the Base Exchange from 1:30-2:30 p.m. For more information, call the Hotspot at 366-2339.

### Aqua Zumba

Jump into the Latin-inspired, easy to follow, calorie-burning, dance fitness party that makes working out a splash. Check out the Aqua Zumba Party at the Andersen Pool May 4 from 6-7 p.m. For more information, call 366-6100.

### Cinco de Mayo Golf Tournament

The Palm Tree Golf Course is scheduled to host a Cinco de Mayo Golf Tournament May 5. There will be a 4 p.m. shotgun start. Green fee, cart fee and entry fee are \$5 each. Entry forms are available at the Pro Shop. For more information, call 366-4653.

## JOHN GERBER'S MARINE CORPS DRIVE MEMORIAL 5K RUN/WALK ♦ APRIL 30, 2011

### RACE DETAILS

SHOWTIME: 5:15AM

GO TIME: 6:00AM

ADELUP (GOVERNOR'S COMPLEX)

AMPLE PARKING AROUND THE PARK AND  
BEHIND MOBIL GAS STATION

### AWARDS

T-SHIRTS! DOOR PRIZES!

AWARDS FOR THE TOP 3 MALE AND FEMALE FINISHERS IN EACH DIVISION

### REGISTRATION

ONLINE [www.freedomrunguam.com](http://www.freedomrunguam.com)

THE PACIFIC WAR MUSEUM in Maina  
HORNET SPORTING GOODS in Tamuning

### ENTRY FEE

EARLY REGISTRATION \$10

REGISTRATION AFTER APRIL 28 \$12

**Proceeds will go to the Pacific War Museum.  
Please make checks payable to  
"The Pacific War Museum Foundation".**



\*ONLINE REGISTRATION PICK UP RACE BIB at THE PACIFIC WAR MUSEUM, Maina

