

# CNO, MCPON visit NSA Bahrain

By MC1(SW) Sonja M. Chambers  
Staff Writer

**MANAMA, Bahrain** — The Chief of Naval Operations (CNO) and Master Chief Petty Officer of the Navy (MCPON) visited Sailors and Marines at Naval Support Activity (NSA) Bahrain, Jan. 18.

CNO Adm. Gary Roughead held an all-hands call with MCPON (SS/SW) Rick D. West to answer questions about tuition assistance, computer-based training and the physical fitness assessment (PFA).

“PFA and health and fitness is something you have to take on board yourself,” West said. “You can’t just rely on the program we have embedded in the military. It’s about personal and individual results as well.”

West, who had already been interacting with Sailors in Bahrain for three days, ran with a group of NSA Bahrain Sailors that morning. Yeoman 1st Class Adrienne Burton, NSA Bahrain Sailor of the Year, said she was honored to meet MCPON and that she was

impressed by his use of electronic media to keep in touch with Sailors.

“It’s not just another person answering for him, he actually reaches out to his Sailors and he’s always providing information on his Facebook page,” she said. “No matter where he is, if he’s on assignment or reaching out to other Sailors, you always see his constant presence within the enlisted community.”

During a press conference with local media, Roughead answered questions about counter-piracy, the situation in Iraq and Afghanistan, and the Navy’s relationship with Bahrain.

“We are grateful and we’re very honored to be able to have the relationship that we have with Bahrain and be able to have a country that is supportive of our efforts to bring security and stability to this very important part of the world,” he said.

“I’m very grateful of the way that the regional navies have begun to expand their leadership roles. Bahrain has now taken command of a maritime task force, this is the second time,

CNO, MCPON Page 4



Photo by MC1 Anderson Bomjardim

CNO Adm. Gary Roughead, speaks with Sailors, Marines and soldiers stationed at Naval Support Activity (NSA) Bahrain during an all-hands call, Jan. 18.

## Indy racing experience comes to Bahrain



Photo by MC2(AW) Jason T. Poplin

A specially modified “second seat” Indy car races around the track at the Bahrain International Circuit, Jan. 16.

By MC2(AW) Jason T. Poplin  
Staff Writer

**MANAMA, Bahrain** — Sailors and families assigned to Naval Support Activity Bahrain received the opportunity to experience the rush of Indy car racing at Bahrain’s International Circuit, Jan. 16.

More than 60 rides were given to lucky raffle winners in a specially modified “second seat” Indy car provided by Indy 500’s Indy Racing Experience.

Hosted by Morale Entertainment Foundation in partnership with Armed Forces Entertainment, Morale Entertainment Foundation Public Relations Director Nissen Davis said the event sought to offer attendees a little taste of home.

“Morale Entertainment is a group of American patriots who are concerned about our troops overseas and today’s event, like all the events that we do, is to improve troop morale downrange,” Davis said. “It means a lot to all of us to have this opportunity to thank our

INDY RACING Page 4



Photo by MC2(AW) Jason T. Poplin

Indy Racing Experience Co-Owner Jeff Sinden drives service and family members assigned to Navy Support Activity (NSA) Bahrain around the Bahrain International Circuit as part of Indy 500’s Centennial Tour hosted by Morale Entertainment Foundation.

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THESE STORIES AND MORE...

# Family Life at NSA Bahrain



Photo by MC2 Daron Street

Children from the Naval Support Activity (NSA) Bahrain Child Development Center, sing a song as a part of the Dr. Martin Luther King Celebration, Jan. 14. Participating in outside events is just one of the ways the NSA Bahrain Child and Youth Programs (CYP) provides services for children on the base. The CYP celebrated its one-year anniversary, Jan. 14.

## CYP celebrates anniversary

By MC2 Daron Street  
Staff Writer

MANAMA, Bahrain — The Naval Support Activity (NSA) Bahrain Child and Youth Programs (CYP) celebrated its one-year anniversary, Jan. 14.

The CYP had been previously been closed for five years and re-opened last year upon the return of families to Bahrain.

Navy CYP provides high-quality educational and recreational programs for children and youth. Teams of caring, knowledgeable professionals plan developmentally appropriate programs that are responsive to the unique need, abilities and interests of children.

Bahrain CYP Director Beatrice Broadnax said it meant the world to them for the center to reopen.

"It gave a place for the youth here at NSA Bahrain to have as their own, to have recreational and educational opportunities and to have a place where they can interact with their peers outside of school," she said. "It also gives them a little piece of home."

The CYP is made up of three different

programs, the Child Development Center (CDC), School-Age Care Program and the Teen Center.

Yoko Moreno, Program Lead at the CDC, came to Bahrain from a bigger center in Naples, Italy.

"When I came here, Mrs. Broadnax welcomed me with open arms," she said. "Everybody here is a family and when the children come in, it is like welcoming in our own children."

Broadnax said the situation was very unique due to the facility being closed and then re-opened for returning families.

"It's really historical to be a part of this re-opening," she said. "We set up the CDC, the Youth Program and the program for School-Age children all at the same time. It was a lot of work but we're here for the families."

Broadnax said she feels honored and privileged to serve the Navy, her country and her community.

"I've been working for military child-care programs for almost 22 years," she said. "This has been one of my most challenging work experiences but by far the most rewarding."

## NSA K-9 Unit puts on a show for the Cub Scouts

By MC2(AW) Johansen Laurel  
Staff Writer

MANAMA, Bahrain — Naval Support Activity (NSA) Bahrain's Naval Security Force (NSF) showed local Cub Scouts various non-lethal weapon techniques with their K-9 Unit, Jan. 14.

The on base event was a demonstration of the different capabilities of the K-9 Unit and explained why the U.S. Navy uses police dogs for force protection.

"This is important for the Cub Scouts to know because it shows them one of the unique careers in the Navy and most importantly to let them know that we are out there to protect them," said Master-at-Arms 1st Class Jerry Offutt.

Offutt, who coordinated the event, said it took one weeks to organize the demonstration and three days for his team to train.

"This is the first time we've ever done

this for the Cub Scouts," said Offutt. "I hope they enjoyed it."

Aircrewman 1st Class Justin Reed, who was with the Cub Scouts, said it was a good opportunity for them to watch the demonstration and learn something about the NSF community.

"This is an elective for the scouts and a way for them to have a better knowledge of society," said Reed. "This is also a great way to spend time outdoors and have fun."

The event started with a demonstration of non-lethal weapon techniques and followed with different ways to take down an assailant with the use of police dogs.

"Overall I think the event went well," said Dog Handler, Master-at-Arms 2nd Class Eliot Fiaschi. "This is a good way to let them know that we are not just another entity out here and also educate them on how to approach one of us when they see us out in the street."



Photo by MC2(AW) Johansen Laurel

Master-at-Arms 2nd Class Eliot Fiaschi talks about his dog, Rroland and his different abilities to the Cub Scouts, Jan. 14.



Photo by MC2(AW) Johansen Laurel

Master-at-Arms 2nd Class Alexander Knapp demonstrates how to take down an assailant with non-lethal weapon techniques to the Cub Scouts, Jan. 14.

the Bahrain  
**DESERT TIMES**

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## Chaplain's Corner

On pride



By Cmdr. Chin Van Dang  
Supervisory Chaplain

A pastor, Reverend Smith, arrived at his church early one Sunday morning to see an elderly woman struggling to get up the steep stairs to the church.

"Here, let me help you," said Reverend Smith. And, with a great deal of patience and love, he helped her to the top of the stairs. Reaching the entrance to the church, the elderly lady turned to him and asked,

"Can you tell me who is preaching this morning?" With a smile, the pastor answered,

"Yes, Reverend Smith." Whereupon she said,

"Would you mind helping me back down the steps?"

Pride, Covetousness, Lust, Anger, Gluttony, Envy and Sloth. These are the Seven Capital Sins. They are the seedbeds of our sinning. They are the natural drives of a human nature corrupted by original sin. The first of these is pride, the irrational urge to make of ourselves more than we can be. The virtue opposed to pride is humility, the basis upon which all the other virtues depend. All of us have big doses of pride. We get too big for our boots. We want to be head of the list and looked up to by all.

A visitor entering the social room of a mental institution came upon an odd sight. In the center of the room stood a young man, erect and haughty, with his hand thrust in the buttoned front of his coat. In a nearby corner stood an older man, apart from the rest, staring seriously at the ceiling. The visitor inquired as to the identity of the young man. He replied,

"I'm Napoleon." Amused, the visitor asked,

"Who told you that?" The fellow replied,

"God told me." At this, the older man in the corner retorted,

"I didn't tell you any such thing!"

What is humility? It is the basic truth about ourselves. The humble man is honest. He sees himself exactly as he is. Before God, he is nobody. He did not make himself or bring himself into existence. The Creator had to do that for him. The Creator had to give him his talents, virtues and graces. The only thing he can truly call his own are his sins. So, in the sight of God, he who has sinned is nobody. The man who can say this about himself has found his proper place before God. He has made the prime adjustment of life. But when he looks around and sees other people, his pride begins to swell. He may say to himself, "I am taller than you, better looking. I have more money too. So, I am better than you." If he does not push the comparison beyond that, no real harm done. But when he says, "I am a better human being than anyone in the neighborhood," he is in trouble.

A mother whale once warned her son, "Remember; it's when you go to the top and start blowing that you get harpooned."

We have to work on ourselves to strip ourselves of pride. Self-conquest is not easy. The lowly, humble place has no natural attraction for us. Here is where we test our trust in God. He repeatedly assures us that everyone who exalts himself will be humbled and that he who humbles himself will be exalted.



Photo by MC2(AW) Johansen Laurel

The Kingdom of Bahrain, His Excellency Under Secretary Ministry of Health, Dr. Abdul hai Al-Awadi listens to Naval Branch Health Clinic (NBHC) Officer in Charge, Capt. Rachel Haltner, left and dentist, Capt. Rodney Gunning, regarding his visit to the NBHC on Naval Support Activity Bahrain, Jan. 5.

## Ministry of Health visit Medical Health Branch Clinic

By MC2(AW) Johansen Laurel  
Staff Writer

**MANAMA, Bahrain** — The Kingdom of Bahrain, His Excellency Under Secretary Ministry of Health, Dr. Abdul hai Al-Awadi, visited Naval Support Activity (NSA) Bahrain's Naval Branch Health Clinic, Jan. 5.

The Ministry of Health has always been supportive when asked to have their emergency response community join NSA to conduct any kind of simulated emergency training or exercises on base said N7 Department Base Training and Exercise Assistant Coordinator, Senior Chief Master-at-Arms Michael Oviatt.

"This visit helped him get a better understanding about the need for medical support within our host nation," said Oviatt. "This was a good opportunity for him to tour the base and speak to our medical personnel. By having the [Ministry of Health] participate in the training and exercises here, it helps us train our personnel along with theirs and helps foster a good relationship between our personnel and their host nation counterparts."

Al-Awadi said the medical clinic on base was limited to providing minor medical procedures and said that if there is a patient needing extensive medical care, NSA is welcome to use any of the hospitals

in the kingdom.

"We will make sure we accommodate it," said Al-Awadi. "We have a good relationship."

If there is any kind of crisis or disaster, Al-Awadi said he is confident that Bahrain and NSA can rely on each other to provide assistance to whoever needs it.

"We did a drill not too long ago with our [emergency response group] and it was very successful," said Al-Awadi. "We found the areas of strength and areas of weakness and Inshalla [God willing] we are improving our weaknesses."

Al-Awadi toured the clinic, visiting dental, the pharmacy and laboratory. "I think the facilities here are great," said Al-Awadi. "I am impressed at the health center, it is a semi-hospital."

Oviatt said that the visit was important because the Ministry of Health supports medical projects and exercises on base and NSA can rely on Bahrain's assets when it comes to handling disasters and mass casualties.

"Since I've been here, we've worked hard to engage with them and I think it's going well, not just with the Ministry of Health but the various other ministries and organizations through out the kingdom," he said. "We have a good relationship and I think it's getting better all the time."

## Naval Inspector General visits NSA



Photo by MC2 Daron Street

Naval Inspector General, Vice Adm. Anthony L. Winns speaks to the National Naval Officers Association on Jan 18.

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Effective 1 Feb. 2011, Naval Support Activity Bahrain will no longer be sponsoring contractors and their dependents.

Further information will be posted at  
<http://www.cnic.navy.mil/bahrain/index.htm>

# U.S. 5th Fleet Mine Countermeasures Squadron changes command

From U.S. Naval Forces Central Command Public Affairs

**MANAMA, Bahrain** — Capt. Glenn Allen relieved Capt. Gerard O'Regan as Mine Countermeasures Squadron (MCMRON) 5/Commander, Task Force (CTF) 52 at a change of command ceremony held at Naval Support Activity Bahrain, Jan. 6.

MCMRON 5/CTF 52 plans and executes mine warfare operations in support of the U.S. 5th Fleet operational objectives. The command's efforts are critical to maintaining sea lines of communication, deterring and countering disruptive countries and strengthening regional partner maritime capabilities to promote a secure maritime environment in the U.S. Central Command area of responsibility (AOR).

"Conducting the mine countermeasure mission is absolutely critical to our ability to operate in the region. Maintaining free movement of goods and services around the world is a strategic imperative," said Commander, U.S. Naval Forces Central Command Vice Adm. Mark Fox, who presided over the change of command ceremony. "The expertise, knowledge and leadership Capt. O'Regan brought to the fight was invaluable, and will be missed, but his experience and knowledge will live on in the Sailors he has led, taught and mentored."

O'Regan was commissioned in the Navy in May of 1982, and assumed command of MCMRON 5/CTF 52 in August of 2009. He will retire from the Navy in April after completing 29 years of fithful service.

"I joined the Navy for adventure," he recalled. "I stayed because I felt a part of something special, something bigger than myself."

Fox awarded O'Regan the Legion of Merit for his work as the commander of MCMRON 5/CTF 52 at the ceremony.

Allen, a 1988 graduate of the U.S. Naval Academy, reports from the Naval Expeditionary Combat Command, where he served as the assistant chief of staff for strategy and future technology.

"MCMRON 5/CTF 52 is a critical component of maintaining unfettered access to the Arabian Gulf and ensuring



Photo by MC2 D. Keith Simmons

**Commander, U.S. Naval Forces Central Command Vice Adm. Mark Fox, left, Capt. Gerard O'Regan, center, and Capt. Glenn Allen render honors during the presentation of colors during the Mine Countermeasures Squadron 5/Commander, Task Force 52 at a change of command held at Naval Support Activity Bahrain, Jan. 6. Allen relieved O'Regan, who is retiring after 29 years of service.**

unencumbered use of the maritime domain for military and commercial needs," Allen said. "Our mission contributes directly to the well being of our country and our coalition partners. It is an honor to accept this responsibility."

MCMRON 5/CTF 52 oversees all mine countermea-

sures assets in the U.S. 5th Fleet AOR, which include mine countermeasures ships USS Scout (MCM 8), USS Gladiator (MCM 11), USS Ardent (MCM 12) and USS Dextrous (MCM 13), and Helicopter Mine Countermeasures Squadron 15, Detachment 2.

## CNO, MCPON from Page 1

which I think is huge and is indicative of the commitment Bahrain has and the leadership role they play."

Roughead said he's looking forward to going back to Iraq and Afghanistan to see the progress made in those countries.

"I'm very proud of the work our militaries do in both countries," he said.

"I'm obviously extraordinarily proud of the work that my Navy is doing there, which is somewhat of an unusual role to

have thousands of Sailors on the ground. But I think it speaks volumes about the quality and the character of the young men and women that serve to be able to go into an environment that is very unusual to us and be able to work with the citizens to improve their lives."

Roughead and West left Bahrain and continued on to visit Sailors at forward-deployed units operating in the U.S. Naval Forces Central Command area of responsibility.

## INDY RACING from Page 1

troops and to show them that we remember them back home."

Indy 500 is currently undergoing a year-long celebration in honor of its 100th anniversary. As part of the celebration, Morale Entertainment is bringing the Indy 500 Centennial Tour to American service members stationed in Europe and Southwest Asia.

The tour is expected to reach more than 10,000 service men and women.

Logistics Specialist 2nd Class Scott Lawrence, assigned to Patrol Coastal Squadron Detachment Bahrain, said the crew handed out a range of gifts including shirts and coins, but the thing he enjoyed the most was the sheer speed of the Indy car.

"It was phenomenal! Fastest two and a half minutes of my life," Lawrence said. "I've jumped out of airplanes before but this was much better. The speed was incredible."

## WORD ON THE STREET:

### What did the CNO/MCPON visit mean to you?



MA2 Mark Blaylock  
NSF

"I thought it was really important to have the CNO and MCPON come out here, take a look at the troops and let them know they're supporting them as well as the mission."



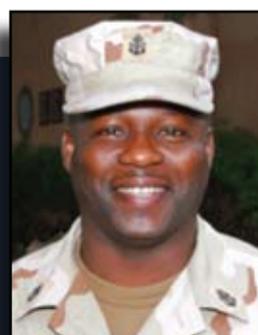
OS1 Craig Blake  
CTF 57

"It meant a lot to me because I'm leaving here to go recruiting and I felt that I received a lot of information I could provide to people who are interested in joining the service."



YN1 Adrienne Burton  
NSA Admin

"It was a great opportunity to see our Navy leadership face to face."



CEC Kendall Thomas  
Public Works

"It was great to see the key players in the top office of the Navy take the time to visit us here in Bahrain. It lets us know that we're on their radar and confirms our status of being the tip of the spear."



MA2 Sean Dixon  
NSF

"It really meant a lot to me and provided me with helpful information; it was great experience to meet them."



MA3 Larry Wiggs  
NSF

"By allowing us to share our thoughts and receiving their perspective on them, it helps us know that they are very close to us and interested in our concerns."

## Sailors deliver donated supplies



Photo by MC1 Eric Brown

Cryptologic Technician – Collection 1st Class Hannah Ryder, right, assists a mother as she puts her baby into a new stroller during a community relations project at the Philippine Overseas Labor Office on Jan. 15. Six Sailors assigned to U.S. Naval Forces Central Command delivered donated food, clothing and toiletries to the women's shelter, which serves 72 women and three babies.

## Photo From The Fleet

Find out what our fellow shipmates are doing around the fleet at [www.navy.mil](http://www.navy.mil)



Photo by Chief Mass Communication Specialist Eric S. Powell

The guided-missile destroyer USS Halsey (DDG 97), the aircraft carrier USS Abraham Lincoln (CVN 72), the French navy aircraft carrier Charles De Gaulle (R 91), the French navy destroyers Forbin (D 620), and Tourville (D 610) and the Military Sealift Command fast combat support ship USNS Rainier (T-AOE 7) are underway in formation in the Arabian Sea. The Abraham Lincoln Carrier Strike Group is deployed to the U.S. 5th Fleet area of responsibility supporting maritime security operations and theater security cooperation efforts in the region.

# Commander, Task Force 53 changes command

By U.S. Naval Forces Central Command Public Affairs

**MUHARRAQ AIRFIELD, Bahrain** — Capt. David A. Geisler relieved Capt. Donald D. Hodge as Commander, Task Force (CTF) 53 at a change of command ceremony held at Commander, Sea Logistics Command Central (COMSEALOGCENT) Aviation Unit, Bahrain, Jan. 9.

CTF 53 is responsible for providing air and sea logistics to the U.S. Navy in the Middle East. It also has tactical control of all combat logistics force ships, strategic sealift, special mission ships and logistics aircraft operating in theater, as well as the supporting shore-based infrastructure.

In his new role as CTF 53/ COMSEALOGCENT's commander, Geisler will also serve as Commander, Logistics Forces, U.S. Naval Forces Central. In this role, he is responsible for coordinating the air and sea delivery of personnel, mail, cargo, fuel, ammunition and provisions to a fleet of 40-plus U.S. and coalition ships operating in the U.S. Central Command area of responsibility.

"I'm very happy and honored to be a member of CTF 53. These are great people who are doing a difficult job and working quite hard. All I want to do is be their advocate & be able to support the overall mission. These people work countless hours to support the missions out at sea and in the air," Geisler said.

Geisler, a 1988 graduate of the University of Rochester, reports from Joint Enabling Capabilities Command where he directed joint planning support to Operation Enduring Freedom and Joint Task Force Haiti.

Under Hodge's leadership, the command oversaw more than 1,200 underway replenishments at sea involving the delivery of 120 million gallons of fuel to ships in theater and 490 million gallons of fuel to Department of Defense fuel distribution depots. The command also supported more than 6,400 air logistics missions and managed a daily average of 50 ships and seven aircraft in theater. In addition, the command's aviation unit coordinated and moved more than



Photo by MC1 Cynthia Z. De Leon

Capt. David Geisler, left, shakes hands with Capt. Donald Hodge after relieving him as Commander, Task Force (CTF) 53 at a ceremony at Sea Logistics Command Central's Aviation Unit in Muharraq, Bahrain, Jan. 9. CTF 53 provides air and sea logistics support to the U.S. Navy in the U.S. Fifth Fleet area of responsibility, and has tactical control of all combat logistics force ships, strategic sealift, special mission ships and logistics aircraft operating in the theater.

19,700 tons of cargo, 8,000 tons of mail and 42,300 passengers during Hodge's tour.

"It's been my great privilege to work with this team," Hodge said. "You met every mission, every time. The fleet depends on us, and you make it happen."

Following his tour at CTF 53/COMSEALOGCENT, Hodge will report to commander, Navy Region Europe, Africa, Southwest Asia, Detachment.

CTF 53/COMSEALOGCENT is comprised of active duty military, reservists, DOD civilians, and local national civilians who support all at-sea logistics and strategic sealift services to U.S. and coalition troops operating throughout the U.S. Central Command theater. In its strategic sealift capacity, the command is responsible for overseeing the delivery of nearly 90 percent of all cargo being used by troops operating in Iraq, Afghanistan and elsewhere in the Middle East.

# MLK remembered in NSA ceremony

By MC2 Daron Street  
Staff Writer

**MANAMA, Bahrain** — The Naval Support Activity (NSA) Bahrain Multicultural Committee held a Dr. Martin Luther King remembrance celebration in the Freedom Souq, Jan. 14.

President Ronald Reagan signed Public Law 98-144 on Nov. 2, 1983, to establish Dr. Martin Luther King, Jr. Day. The first official observance of the holiday was held on Jan. 15, 1986, the date of King's birthday. In 1992, President George H. W. Bush proclaimed that a federal holiday honoring King would be observed on the third Monday of January.

Commander, Task Force 57, Capt. James Wyatt, was the guest speaker for the event. He spoke about his experiences growing up in Atlanta, King's hometown.

"Martin Luther King, Jr. and I, though we are separated by a generation, have figuratively and literally walked the same grounds," he said.

Children and students from the NSA Child and Youth Programs also performed a song and a skit in remembrance of King along with a poem read by Lt. Col. James Blair. The NSA Bahrain Gospel Choir and Chief Information Systems Technician Shaquana Fernandez were also in attendance to provide musical selections.

NSA Multicultural Committee President, Hospital Corpsman 2nd Class Sterling Perkins, spoke on the meaning of the ceremony.

"This ceremony reminds people of who Dr. King was and it teaches the younger generation that we have to go to our elders to learn lessons about the past to see how we got to where we are today," he said.

Lt. Leon Leflore, from Personnel Support Detachment Bahrain, said the celebration was a good reminder for the audience and brought the base closer together.

"The event definitely benefitted the crowd by enhancing the unity that we have here at NSA Bahrain," he said. "It also gives us a chance to remember what Dr. King was able to achieve and his impact on our society today."

To conclude the ceremony, participants marched down the spine to commemorate the civil rights marches of the 1960s.



Photo by MC2 Daron Street

**Members of the Naval Support Activity (NSA) Bahrain Multicultural Committee and attendees of the NSA Bahrain Dr. Martin Luther King Celebration march down the spine of NSA Bahrain to commemorate the Civil Rights marches of the 1960s, Jan. 14.**

## Preparing for the unexpected

By MC2(AW) Jason T. Poplin  
Staff Writer

**MANAMA, Bahrain** — Unexpected events can happen at a moment's notice and the service members on board Naval Support Activity (NSA) Bahrain need to be prepared.

NSA Bahrain's Training and Operational Readiness N7 Department's Matthew Brady says the best way to prepare for any real world scenario is by "training the way we fight and fight the way we train."

N7 works with Naval Forces Central Command's Combined Task Force Shore

Battle Space, multiple NSA assets and the Kingdom of Bahrain's Ministries of Health and Interior to conduct exercises in response to chemical attacks, mass care and the evacuation of casualty and non-combatant personnel.

By working with first responders from each organization during concept and development stages, N7 plans, coordinates, executes and assesses each exercise from cradle to grave.

"Our exercises are conducted to meet CNIC [Commander, Navy Installations Command] Navy mission essential tasks in addition to fulfilling locally developed



Photo by MC2(AW) Johansen Laurel

**Bahrain Ministry of Health staff assist personnel casualties during a mass casualty drill at Naval Support Activity Bahrain, Nov. 23. Mass casualty drills are one of many exercises developed by N7 that utilize and highlight interagency cooperation.**



Photo by MC2(AW) Johansen Laurel

**Emergency Response Team members assist personnel casualties during a mass casualty drill at Naval Support Activity Bahrain, Nov. 23.**

objectives," Brady said. "We try to make every exercise as real as possible with minimal simulations by using real personnel to portray casualties and by utilizing ambulances and helicopters provided by our host nation for evacuation purposes."

CNIC oversees naval shore installations worldwide.

Brady said working in partnership with Kingdom of Bahrain entities was a critical component to mission success.

"Having a strong working relationship with our host country is important because they are an integrated part of what would happen here," Brady said.

NSA Bahrain Commanding Officer,

Capt. Rick Sadsad said the N7 department has been the "face" of engagement and coordination between NSA and the Ministries, and is a crucial part of operational readiness.

"N7 is the key to successfully ensuring individual competencies and expertise reside in and become second nature to those who need to respond, including those who are in supporting roles," Sadsad said. "Host nation relations play a big role in NSA Bahrain's ability to respond to any emergency as we rely on our local counterparts to assist whenever emergencies occur. Keeping a good working relationship with our host nation is critical and N7 helps us do that."

# Cookies bring “A Taste of Home”

By MC1(SW) Sonja M. Chambers  
Staff Writer

**MANAMA, Bahrain** — Girls and volunteers from USA Girl Scouts Overseas (USAGSO) Bahrain handed out thousands of cookies to service members at Naval Support Activity (NSA) Bahrain, Jan. 14-15.

The free cookies were donated from Girl Scouts, San Diego-Imperial Council's Operation Thin Mint. More than 1.6 million boxes of cookies have been sent to deployed service members since 2002. Their slogan “A taste of home and a note to show we care” is printed on hand-written thank you notes from Girl Scouts in San Diego. These notes are distributed with the cookies.

USAGSO Bahrain Overseas Committee Chair Becky Goodridge said handing out the cookies helped the girls see that they are part of the larger community of Girl Scouts who are doing their part in serving their country.

“I believe having Girl Scouts pass out cookies with big smiles on their faces, really helps contribute to good morale at NSA Bahrain,” she said. “We had so many service members comment on how glad they were to see that there are active Girl Scouts here in Bahrain.”

Carson Bunting, a Cadette Girl Scout, said helping with the cookie distribution was important because the service members deserve cookies after all the hard work they've done.

“The best part was seeing the faces of the [service members] light up after we placed a case of their favorite cookies in their arms.”

Lt. Nina Paddock, Naval Branch Health Clinic Environmental Health Officer, said the Girl Scouts really projected a good attitude during the cookies distribution.

“[The girls] were enthusiastic and very energetic,” she said. “We very much appreciated the supply of cookies we could carry.”

The Master Chief Petty Officer of the Navy (MCPON) (SS/SW) Rick D. West stopped by the booth to meet the girls and get a box of cookies during his visit to Bahrain.

“I was appreciative of the time he spent chatting with the youngest members of our Girl Scout neighborhood,” Goodridge said. “His appearance was a welcomed surprise marking the end to a successful weekend of handing out cookies to service members and their families at NSA Bahrain.”

USAGSO Bahrain started back up in Nov. 2010 to meet the needs of returning families. To register or volunteer your time, email [Bahraingirlscouts@gmail.com](mailto:Bahraingirlscouts@gmail.com).



Photo by MC1(SW) Sonja M. Chambers

Master Chief Petty Officer of the Navy (MCPON) (SS/SW) Rick D. West speaks with local Girl Scouts during his visit to Naval Support Activity (NSA) Bahrain, Jan. 15. USA Girl Scouts Overseas Bahrain was handing out cookies to service members as part of Operation Thin Mint.



Photo by MC1(SW) Sonja M. Chambers

Cadette Troop 904 with USA Girl Scouts Overseas Bahrain hands out cookies to service members, Jan. 14.

## E-4 Personnel now eligible for unaccompanied housing

From Commander Navy Region Europe, Africa Southwest Asia Public Affairs

**NAPLES, Italy** — Unaccompanied E-4 personnel stationed aboard Navy installations across Europe, Africa, and Southwest Asia are now eligible to live in unaccompanied housing, according to a new Commander Navy Region Europe, Africa, Southwest Asia (EURAFSWA) policy that went into effect Jan. 1.

Under the previous policy, unaccompanied on-base accommodations were generally reserved for E-3 and below. Newly arriving E-4 service members will be mandatorily assigned to unaccompanied base housing where space is available and where it is determined to have no adverse impact on potential occupancy for unaccompanied E-3 and below.

“This new policy now in place allows us to better ensure our incoming E-4 personnel have the on-base housing support they need,” said Navy Region EURAFSWA Command Master Chief Robert White. “But I want the E-3 and below to know that they will not be impacted. They are still the top priority for unaccompanied housing and will continue to get top consideration for requests.”

According to Sandra Schlosser, the regional housing program director, exceptions will be considered on a cases-by-case basis for incoming un-

accompanied E-4 personnel who received permanent change of station orders prior to implementation of the new policy.

“Some service members already received their orders and shipped household goods and pets,” said Schlosser. “These service members, as well as any for whom assignment to unaccompanied housing would result in undue hardship, will be given case-by-case consideration.”

An estimated 200 vacancies in unaccompanied housing exist at current Navy Region EURAFSWA installations. New vacancies may be created in the future by reactivating other facilities.

Unaccompanied E-4 personnel currently residing in private rentals on the local economy are not required to relocate from their current residence, but they may request reassignment to unaccompanied housing on base on a space-available basis. Members seeking this type of relocation are responsible for any related moving costs.

Assignment to unaccompanied housing for geographic bachelors will be considered on a case-by-case basis.

For specific questions on the policy change for unaccompanied E-4, personnel should contact their respective installation housing offices. For more news and information about the EURAFSWA region, log onto [www.cnrc.navy.mil/europe](http://www.cnrc.navy.mil/europe) or visit [www.facebook.com/cnreurafswa](http://www.facebook.com/cnreurafswa).

## Winter Open Softball

**Starts: February 16 @ Memorial Field**

Sign ups begin January 17  
@ Fitness Center/Gymnasium Front Desk

Captains Meeting: Sunday, February 13  
@ Sports Office upstairs at Noon

Deadline for sign ups February 9

For more information please call Athletic Department @ 8916/8184



**MWR NSA BAHRAIN**

# Art Enrichment Studio



**PRINTMAKING ADVENTURES 2011**  
February 19 to March 14, 2011

**WHAT:** Printmaking Adventures 2011  
**WHO:** All DOD Active Duty, DOD Civilians & Family members (Must be at least 14 years of age)  
**WHERE:** Bahrain School Art Department, Room 171  
**WHEN:** Classes will begin Feb. 19 and end on Mar. 14, 2011  
**TIMES:** Monday - 1730 to 2030  
 Wednesday - 1730 to 2030  
 Saturday - 1000 to 1300  
**COST:** \$25.00

Students will be able to explore studio art projects in printmaking, creating multiple images using this reproduction process. Artists will be able to bring food for dinner or lunch. Snacks will be provided. This will be an exciting time to enjoy the pleasures of art, share good times with friends and make some new ones. James Myers, artist and art educator at the Bahrain School will be the instructor for this course.  
**Register for classes through the ITT office.**

*Questions?*

Call or stop by ITT office (439-4206) located at the Freedom Souq or contact Mr. Myers at 3971-3057 for details.  
**Classes will be limited to 16 students.**  
**We look forward to sharing the joy of art with you!**



# NSA BAHRAIN TAILGATE PARTY

**06.Feb.2011 • Midnight**  
**Freedom Souq Courtyard**

Festivities commence at 2400, Continue until the game ends  
(Game commences around 0230)

**TAILGATE PARTY PROGRAM**

- Two on Two "Nerf" Football Competition with PRIZES
  - Chili Cook-off
  - 7' x 12' BIG SCREEN Television Outside
  - All TVs in the Souq will be on the Game

**TONS OF GIVEAWAYS!**



For more info, call: x4802



Find us on Facebook

## ITT

**Cooking Demonstration Of Arabic Food & Dinner**  
 Thursday, January 20  
 • 1700  
 • Min 5 people; ITT Price: \$23.00

**Beach BBQ At Al Bander Resort**  
 Friday, January 21  
 • 0930  
 • Min 10 people; ITT Price: \$29.00

**Go-Kart Racing**  
 Saturday, January 22  
 • 1600  
 • Min 6 people; ITT Price: \$23.00

**Arabian Experience**  
 Friday, January 28  
 • 1400 – 1900  
 • Min 6 people; ITT Price: \$18.00

**Group Fishing Trip At Al Bander**  
 Saturday, January 29  
 • 0530 – 1300  
 • ITT Group price for maximum of 8 people: \$352.00

**Belly Dancing Dinner Show**  
 Thursday, February 3  
 • 2030  
 • Min 10 people; ITT Price: \$30.00

**\*\*Please arrive 15 minutes prior\*\***

**All dates and times are subject to change**

## Movie Schedule

Friday, January 21

### Theater A

- 10 a.m. - Legend Of The Guardians (PG)
- 12 p.m. - The Switch (PG13)
- 2 p.m. - City of Angels (PG13)
- 4 p.m. - Salt (PG13)
- 7 p.m. - Love and Other Drugs (R)
- 9 p.m. - Conviction (R)

### Theater B

- 11 a.m. - Chronicles of Narnia: 3 (PG)
- 1 p.m. - Nanny Macphee Returns (PG)
- 3 p.m. - The Lottery Ticket (PG13)
- 5 p.m. - Takers (PG13)
- 7 p.m. - Black Swan (R)
- 9 p.m. - Tron: Legacy (PG)

Saturday, January 22

### Theater A

- 10 a.m. - Tron: Legacy (PG)
- 1 p.m. - Salt (PG13)
- 3 p.m. - The Other Guys (PG13)
- 5 p.m. - The Lottery Ticket (PG13)
- 7 p.m. - Going the Distance (R)
- 9 p.m. - Black Swan (R)

### Theater B

- 11 a.m. - Nanny Macphee Returns (PG)
- 1 p.m. - Toy Story: 3 (G)
- 3 p.m. - Flipped (PG)
- 5 p.m. - Takers (PG13)
- 7 p.m. - Easy A (PG13)
- 9 p.m. - Unstoppable (R)

## Comments & Suggestions

All are welcome to send comments or suggestions to MWR Bahrain. Please e-mail them to: [MWRsuggestionBox@me.navy.mil](mailto:MWRsuggestionBox@me.navy.mil)

If you would like to receive MWR Bahrain's e-mail announcements, just send your official e-mail to the above address.





**Tuesday, January 27**  
**Liberty Advisement Meeting**  
 • 1200

**Wednesday, January 26**  
**Mystery Dinner**  
 • 1730, While Supply Last  
 • E6 & Below \$3; E7 & Above \$5

**Thursday, January 27**  
**Root Beer Float Day!**  
 • While supply last  
**Root Beer Pong**  
 • 1730

**Friday, January 28**  
**Sand Volleyball Tournament**  
 • 1100

**Sunday, January 30**  
**Last Buck Party BBQ**  
 • 1200, While supply last  
**Domino Tournament**  
 • 1200

For more information, call the  
 Liberty Center at 439-3192

**Thursday, January 20**  
**Texas Hold'em Tournament**  
 • 1800

**Friday, January 21**  
**Shore Fishing**  
 • 1500  
 • E6 & Below \$5, E7 & Above \$10

**Saturday, January 22**  
**Volunteer at the Animal Shelter**  
 • 0800

**Sunday, January 23**  
**Citi Center Mall**  
 • 1630, Free Transportation

**Monday, January 24**  
**Hard Rock Café**  
 • 1700, Free Transportation