

JOINT REGION EDGE

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Guam, military join for campaign

By JoAnna Delfin
Joint Region Edge Staff

Officials from Commander, Joint Region Marianas (JRM), Andersen Air Force Base (AFB), and U.S. Naval Base Guam (NBG) renewed the military's traffic safety partnership with the Government of Guam during a proclamation signing at the Guam Department of Public Works (DPW) Department of Highway Safety office in Tumon May 13.

The proclamation, signed by Lt. Gov. Ray Tenorio, declared the week of May 15-21 Public Works Week and also kicked off the Click It or Ticket Mobilization campaign for the island, which will be observed May 23-June 5.

The event concluded with the signing of the Partnering Charter Agreement with JRM Commander Rear Adm. Paul Bushong, 36th Wing Commander and JRM Deputy Commander Brig. Gen. John Doucette and NBG Executive Officer Cmdr. Kevin Gillam.

During the event, Bushong spoke

about the importance of driving safety and shared his thoughts about the partnership.

"Nationwide in the United States we lose approximately 33,000 per year in traffic accidents," he said. "In the active-duty forces alone we lose around 300 service members per year to personal motor vehicle accidents. It's something we take very, very

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A Commitment to Safety: U.S. Naval Base Guam Executive Officer Cmdr. Kevin Gillam, left, signs the "Partnering Charter Agreement" to renew the military's traffic safety partnership with the Government of Guam as 36th Wing Commander and Joint Region Marianas (JRM) Deputy Commander Brig. Gen. John Doucette, center, and JRM Commander Rear Adm. Paul Bushong await their turn during a proclamation signing at the Guam Department of Public Works Department of Highway Safety office in Tumon May 13. (U.S. Navy photo by JoAnna Delfin)



Air Force engineers embrace role of teacher



By Capt. Brandon Rocker

Provincial Reconstruction Team Kapisa

It has been five months since I arrived at Forward Operating Base Morales-Frazier in Afghanistan.

My second deployment as an engineer and contracting officer representative, it seemed to me that this would be a simple assignment – but I have since come to realize that being an engineer is not my sole responsibility as a member of this provincial reconstruction team (PRT).

The engineer office currently manages a \$55.4 million-construction program comprised of a 178-kilometer road, eight schools and two government facilities. On top of that we are developing eight new projects

that focus on our goal to bolster the capacity and credibility of the Government of the Islamic Republic of Afghanistan (GIROA) and foster socioeconomic improvement. We also perform warranty inspections on all finalized construction projects on a quarterly basis up to a year after completion.

Now you are probably saying to yourself, "Sounds like an engineer, looks like an engineer – must be an engineer." You are partially correct. One of my jobs here is just that – to engineer and manage construction projects. My primary job, however, is to teach.

The United States has spent nine years in Afghanistan building almost everything from roads to hospitals. In the Kapisa province, we have

built enough roads to connect every district center with the provincial capital. We could spend another nine years building more roads, schools, hospitals, courthouses, bridges and government facilities but we will not have accomplished our overall mission without also mentoring.

I recall the quote, "Give a man a fish and he'll eat for a day but teach a man to fish and he'll eat forever." From the perspective of the engineer office, this is our goal. We want to teach the government of Kapisa how to properly manage, plan and construct projects.

How has the engineering office worked towards this goal? The short answer to this question is we mentor.

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Police Week

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USNH Guam hosts Nurse Corps Ball

By Mass Communication Specialist 2nd Class (SW) Corwin Colbert
Joint Region Edge Staff

U.S. Naval Hospital (USNH) Guam hosted the 103rd Navy Nurse Corps Birthday Ball at Fiesta Resort in Tumon, Guam, May 14.

The event celebrated the many achievements of the Nurse Corps and specifically highlighted their special connection with Guam.

“For 110 years, Navy Medicine has shared a special bond with the island and people of Guam dating back to 1899 with the arrival of a medical officer aboard USS Yosemite (AD 19),” said Capt. Kevin Haws, USNH Guam commanding officer. “Today we celebrate the dedication and caring provided by the women and men of the Navy Nurse Corps and civil nurses of Guam who, for more than 100 years, provided care and comfort to the ill, injured service members and their families, our beloved veterans, and the people of Guam.”

Haws then talked about the history between Guam and the Corps. In summary, Navy medical officers began teaching nursing to local women in 1901. The first class of graduates was midwives. Chamorro midwives, known as pateras (pah-TEHR-rah), delivered 325 babies that year.

In 1911, Navy Nurse Corps members were sent overseas to naval hospitals at Canacao, Philippines; Guantanamo Bay, Cuba; Haiti; Honolulu, Hawaii; Samoa; the Virgin Islands; and Guam. Along with their other duties, nurses established training schools in Guam, Samoa and the Virgin Islands to instruct local populations in health and hygiene. The school on Guam was called the “U.S. Naval Hospital School for Native Nurses.”

In June 1945, the nursing school was reopened after World War II, and was renamed the “U.S. Naval Hospital School of Nursing.” Later the school became known as the “Guam



How Sweet It Is: Capt. Cynthia J. Gantt, left, U.S. Naval Hospital Guam senior nurse executive, and Ensign Agustin Giampaoli, the most junior nurse and director of nursing services, cut the cake during the 103rd Navy Nurse Corps Birthday Ball at the Fiesta Resort in Tumon May 14. The event celebrated the achievements of the Nurses Corps and specifically highlighted their special connection with Guam. (U.S. Mass Communication Specialist 2nd Class (SW) Corwin Colbert)

Memorial Hospital School of Nursing.”

The University of Guam’s (UOG) School of Nursing and Health Sciences (SNHS) also has a foundation in Navy Medicine – it traces its roots to three Navy nurses who arrived in 1911.

Today, Navy Nurse Corps officers along with their civilian colleagues

at USNH Guam continue the proud tradition of support for UOG’s SNHS by serving as guest instructors and providing support for senior nursing students. Nurse Corps officers and members also volunteer in the community, working in collaboration with their nursing colleagues to improve the health of the island’s people.

Karen Cruz, UOG professor, was the event’s keynote speaker. Cruz’s research and publications have focused on oral histories linked to nursing in Guam.

“The impact of the Navy Nursing School was a life-changing path for young women who elected to become a nurse that included education, new skills, a career, choices, independence,

status, recognition and satisfaction,” Cruz said. “I believe the event alone doesn’t express the impact that Navy Nursing had in Guam culturally and in terms of people’s health.”

The night ended with a tribute to graduates of the USNH Guam School for Native Nurses and a cake-cutting ceremony.

Off Limits Establishments

The Guam Armed Forces Disciplinary Control Board has placed the following establishment off limits to all military personnel:

Gallop USA Indian Art and Jewelry at the Micronesia Mall

All military personnel are prohibited from entering the establishment. Service personnel, whether in uniform or in civilian clothing, found entering or leaving the establishment may be subject to disciplinary action under the Uniform Code of Military Justice.

Report Fraud, Waste and Mismanagement

The Joint Region Marianas Hotline provides an opportunity to report significant cases of fraud, waste and mismanagement. Anyone can file a hotline complaint and you may remain anonymous.

To contact the Joint Region Marianas Inspector General:

E-mail: M-GU-JRM-IG-HOTLINE-FRAUD-WASTE-ABUSE@fe.navy.mil

Phone: 339-0001

Mailing address:
JRM Inspector General Office
PSC 455 Box 211
FPO AP 96540

Remember, the more detailed information you provide the better we can assist you.

USNH Guam Sailor recognized

By Lt. Emily Dover

U.S. Naval Hospital Guam Public Affairs

Capt. Cynthia J. Gantt, of U.S. Naval Hospital (USNH) Guam, received dual honors in recognition of her work with Navy Medicine on Guam.

Gantt was awarded the American Hospital Association's (AHA) 2010 Federal Health Care Executive Award for Excellence March 24.

Annually, AHA recognizes a senior federal career health care executive who has provided distinguished service through significant leadership or innovative achievements that have contributed substantially to the mission of the federal health care system.

"Today's winners exemplify commitment and excellence with their service to their country and through the improvements they have made to the delivery of care," said Rich Umbdenstock, AHA president and chief executive officer. "Because they would never ask for it themselves, on behalf of the AHA, I thank them for the incredibly inspired work they do every day."

Gantt received the award in recognition of her many accomplishments which include her work in population health. From 2005 to 2008, Gantt served as the director of Population Health and Medical Management, TRICARE Management Activity for USNH Guam. In this joint service leadership role, she led the complex modification and implementation of the USNH Guam groundbreaking project and managed care contracts that resulted in the first-ever uniform approach to disease management for 42,000 high-risk beneficiaries.

Most recently – in response to limited staffing and other barriers



One of Naval Medicine's Finest: Capt. Kevin Haws, left, U.S. Naval Hospital (USNH) Guam commanding officer, presents Capt. Cynthia Gantt, USNH Guam senior nurse executive, with the Meritorious Service Award during an award ceremony at the command compound in Agana Heights May 13. According to the citation, "while serving as senior nurse executive and director of nursing services at the command from Aug. 2008 to May 2011, Capt. Gantt's visionary leadership and mentorship cultivated overwhelming positive results in the provision of high-quality, safe patient care." (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Peter Lewis)

inherent at this remote, high-acuity hospital – she rapidly identified the need for and led the design, implementation, evaluation and dissemination of the Nursing Clinical Competency Model (NCCM). The

model uses a novice-to-expert framework, which can easily be adapted in a variety of clinical settings at any size medical facility.

Gantt also received the Meritorious Service Award during an award

ceremony at the USNH Guam compound in Agana Heights May 13. According to the citation, "while serving as senior nurse executive and director of nursing services at the command from Aug. 2008 to

May 2011, Capt. Gantt's visionary leadership and mentorship cultivated overwhelming positive results in the provision of high-quality, safe patient care."

"Capt. Gantt is richly deserving of this award and we are all very proud of her accomplishments," said Capt. Kevin Haws, USNH Guam commanding officer. "Being awarded the American Hospital Association's 2010 Federal Health Care Executive Award for Excellence is a recognition of her tremendous dedication to the mission of Navy Medicine, a tribute to her efforts to ensure that we are continually approaching care from the patient and family perspective, and acknowledgment of her leadership of nursing clinical practice to foster safe, high-quality care in all patient care settings."

Gantt began her Navy career in 1991 as a primary care manager at USNH Twentynine Palms in California. She went on to serve at USNH Okinawa in Japan; USNH Camp Pendleton in California; U.S. Naval Medical Center San Diego in California; and the TRICARE Management Activity in Falls Church, Va. Currently, she serves as USNH Guam's senior nurse executive and director of nursing services.

"I am truly honored and grateful to have been nominated by Navy Medicine and selected by the American Hospital Association to receive this award," Gantt said. "I know that there are many outstanding health care leaders in Navy Medicine and throughout the entire federal health care system that deserve recognition."

For more information on USNH Guam, visit <http://www.med.navy.mil/sites/usnhguam/Pages/naval-hospitalguam.aspx>.

Andersen's Best: Turner is best all around



Jack of All Trades: Airman First Class Christopher Turner, 36th Security Forces Squadron (SFS) security controller, poses with members of his squadron after being awarded Andersen's Best May 13. Turner received the Andersen's Best award for his dedication to excellence. He scored a 98 percent on his patrol member exam and a 96 percent on the Desk Sergeant Qualification, filling critical 36 SFS positions. Also as a member of Andersen's Honor Guard, Turner performed 12 wing details honoring Airmen and fostering esprit de corps. Turner scored a 92 percent on his most recent fitness assessment and has become a certified physical training (PT) leader. He now leads the flight PT program, improving the overall PT assessment rating by 25 percent.

Andersen's Best is a recognition program which highlights a top performer from the 36th Wing. Each week, supervisors nominate a member of their team for outstanding performance and the wing commander presents the selected Airman with an award.

To nominate your Airman for Andersen's Best, contact your unit chief or superintendent explaining their accomplishments. (U.S. Air Force photo by Senior Airman Carlin Leslie)

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Rear Adm. Paul J. Bushong, USN, Commander, Joint Region Marianas

Brig. Gen. John Doucette, USAF, Deputy Commander, Joint Region Marianas

Joint Region Marianas Public Affairs

Lt. Jodie Cornell, USN, Public Affairs Officer 349-4055 jodie.cornell@fe.navy.mil

Coleen R. San Nicolas-Perez, Deputy Public Affairs Officer 349-3209 coleen.perez@fe.navy.mil

Theresa Merto Cepeda, Public Affairs Director, DZSP 21 LLC 349-6114 theresa.cepeda@fe.navy.mil

Anna-Victoria Crisostomo, Editor 349-2113 anna.crisostomo@fe.navy.mil

Reporters

Mass Communication Specialist 2nd Class (SW) Peter Lewis 349-4476 peterlewis1@fe.navy.mil

Mass Communication Specialist 2nd Class (SW) Corwin Colbert 349-4376 corwin.colbert@fe.navy.mil

JoAnna Delfin 349-2115

Photographers

Reynaldo Rabara 349-5435 reynaldo.rabara@fe.navy.mil

Reporters
Raymond Torres 349-5435 raymond.torres@fe.navy.mil

Write to us at:
Joint Region Marianas
Public Affairs Office
PSC 455 Box 211,
FPO AP 96540

36th Wing Public Affairs

Staff Sgt. Beth Del Vecchio

Chief of Public Affairs

366-2228

Reporters

Tech Sgt. Mike Andriacchio 366-2228

Staff Sgt. Jamie Powell

366-4202

Senior Airman Carlin Leslie

366-2228

Airman 1st Class Jeffrey Schultze

366-2228

Airman Basic Anthony Jennings

366-2228

Airman 1st Class Whitney Tucker

366-2228

Frank Cable visits Hong Kong

By Mass Communication Specialist 2nd Class (AW) Jeremy Starr

USS Frank Cable (AS 40) Public Affairs

Submarine tender USS Frank Cable (AS 40) anchored off the coast of Hong Kong to provide tended support to USS Hampton (SSN 767) during a port visit May 14.

This visit to Hong Kong is one of many port visits that the submarine tender has recently made along with deployed submarines in the Western Pacific region.

"Hong Kong is an exciting port and I look forward to showing our host nation Frank Cable's capabilities and providing our Sailors the opportunity to participate in community relations projects," said Frank Cable Commanding Officer Capt. Tom Stanley.

Cable will host a distinguished visitors luncheon and conduct ship tours.

Cable Sailors will also participate in community service (COMSERV) projects that include facilitating morning exercises with children at the Fanling Nursery School orphanage and painting the Y.C. Cheng Centre, a day care and residential center for the intellectually and physically disabled.

"I am very proud of the entire crew who have worked very hard to improve the material condition of the ship, making it ready and able to execute all tasking," Stanley said.

For many Sailors aboard Cable, this is the first time they have visited Hong Kong.

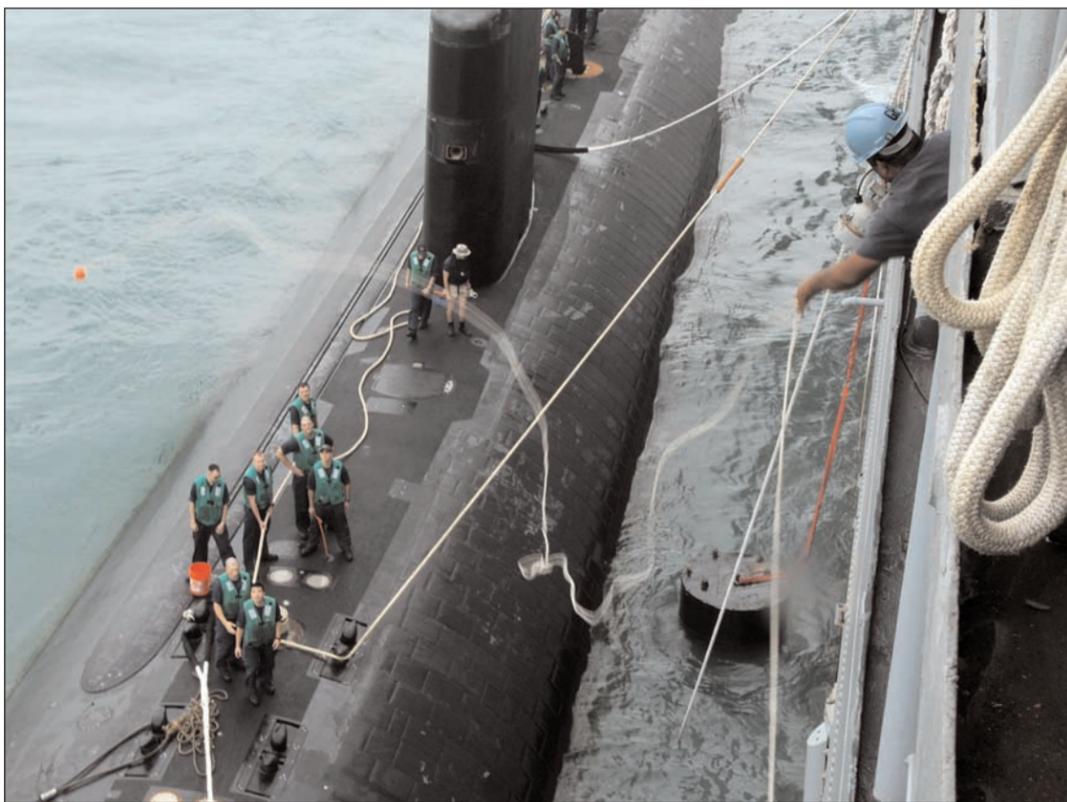
"Listening to the stories my grandfather told me when he visited Hong Kong in the Navy during the Vietnam War makes me excited I am going to experience Hong Kong and take tours to China for the first time," said Machinery Repairman Fireman Recruit Barclay Reynolds.

During their time in port, Sailors will visit and experience the local sites and culture of Hong Kong. In addition, the crew has the opportunity to take a trip to Lantau, the largest outlying island of Hong Kong, and travel to mainland China and visit Macau, Shekou and Guangzhou.

At sea, the ship conducted surface warfare, damage control, ship-handling training and qualifications.

Cable's mission is to conduct maintenance and support of submarines and surface vessels deployed in the U.S. 7th Fleet area of responsibility.

For more news from USS Frank Cable (AS 40), visit www.navy.mil/local/as40/.



Toss Me a Line: A civilian mariner, assigned to the submarine tender USS Frank Cable (AS 40), tosses a heaving line to Sailors assigned to the Los Angeles-class fast attack submarine USS Hampton (SSN 767) as they moor alongside May 15. Frank Cable conducts maintenance and support of submarines and surface vessels deployed in the U.S. 7th Fleet area of responsibility. (U.S. Navy photo by Chief Mass Communication Specialist Jennifer L. Walker)

News Notes

Job Announcements

Interested individuals can view the vacancy listings at <https://www.cnrc.navy.mil/Marianas/index.htm> or at <https://chart.donhr.navy.mil>. For more information, call 349-6119/2224.

Commander, Joint Region Marianas
Financial Technician, Closes May 23

U.S. Naval Hospital Guam
Practical Nurse, Closes May 23

Yale Alley Cats and Wine Tasting Event

The Top of the Rock Collocated Club on Andersen Air Force Base will host a wine tasting event and performance by one of the world's most renowned a cappella groups, "The Yale Alley Cats" May 21 in the ballroom. The wine tasting will begin at 7 p.m. Cost is \$20 for members and \$25 for nonmembers. The Yale Alley Cats performance will start at 8 p.m. and the show is free! The Yale Alley Cats are being brought to Andersen courtesy of Armed Forces Entertainment. For more information, call 366-6166. "The Yale Alley Cats" will also be at Top o' the Mar May 25. Dinner and the show start at 6 p.m. For menu and pricing, call 472-4606.

Andersen Air Force Base Public Health

Going on vacation? Andersen Air Force Base's Public Health office can provide clinic beneficiaries with general health information such as vaccine requirements, prophylactic medications and disease outbreaks for your specific travels. For more information on your next destination, contact Andersen Public Health 366-4147.

Coalition of Sailors Against Destructive Decision

The Coalition of Sailors Against Destructive Decision (CSADD) Program provides an additional resource and communication tool that facilitates positive Sailor interaction and complements a commander's message directing proper conduct both on and off duty. For more information about this program, contact Joint Region Marianas CSADD Team Leader Chief Logistics Specialist (SW/AW) June Magaling at 349-1238 or June.Magaling@fe.navy.mil.

Mini Workshops at the Hotspot

The Airman and Family Readiness Center will hold the following free mini workshops at the Hotspot on Andersen Air Force Base. All mini workshops will be from 10-11 a.m.

May 24 Life in Balance Relaxation and Stress Relief
May 31 Entering the World of Work (Focus on Teens)

To register or for more information, call 366-8136.

Morale, Welfare and Recreation Dining Establishments to Raise Prices

U.S. Naval Base Guam Morale, Welfare and Recreation has adjusted prices at select food and beverage facilities including Nap's Alabama BBQ, Molly McGee's Irish Pub and Game Time Sports Grill. This change comes as a result of increasing fuel and shipping costs. For more information, call 687-2589.

U.S. Naval Base Guam Facilities Changing Hours of Operation

The following U.S. Naval Base Guam Morale, Welfare and Recreation facilities have changed their hours of operation:

Clipper Landing - Open Friday through Sunday and holidays from 11 a.m.-8 p.m.
Nap's Alabama BBQ - Open Monday through Friday from 11 a.m.-1:30 p.m.
Charles King Fitness Center (CKFC) - Monday through Friday from 4:30 a.m.-10 p.m.
CKFC weekend hours of operation will remain the same.

Marine Corps Drive Lane Closure Near Polaris Point

Sections of the south and north bound interior lanes of Marine Corps Drive beginning at Polaris Point will be closed to traffic Monday through Saturday from 7:30 a.m.-3:30 p.m. until mid-November due to upgrades of the Navy's wastewater collection system. The project will progress north from the Polaris Point intersection to the Sasa Valley Fuel Farm. Lane closures will be executed in an effort to minimize impact to traffic. Motorists are advised to use caution and observe the posted speed limits around the construction site.

USPS Naval Station New Business Hours

The United States Postal Service location in Barracks 4 on U.S. Naval Base Guam is open Monday through Friday from 8 a.m.-12 p.m. and 1-3 p.m. and closed on Saturdays, Sundays and federal holidays.

Human Resources Hotline

Call the new Joint Region Marianas Human Resources hotline to be connected with human resources specialists and services. Check the latest vacancy announcements, view available training or be put in contact with personnel to answer questions regarding equal employment opportunity and employee labor relations at 1-855-HRO-GUAM (1-855-476-4826).

Information, Tickets and Travel (ITT) Office Open Saturdays

The Andersen Air Force Base IIT office will also be open Saturdays. Their hours of operation will be Monday through Friday from 10 a.m.-5 p.m., Saturday from 9 a.m.-noon and closed Sundays and holidays. IIT is located inside Outdoor Recreation Building 25018. For inquiries regarding local tours, airline tickets, travel packages and more, visit the office or contact a Leisure Travel Specialist via phone at 366-1476/2586 or via e-mail at andersenitt@teleguam.net or andersenitt2@teleguam.net.

Andersen celebrates Police Week



Above: Maj. Sarah Babbitt, 36th Security Forces Squadron commander, places flowers in remembrance of a fallen officer during a Police Week ceremony at the Hagatna Police Precinct May 16. The ceremony was held to honor all the law enforcement agencies on Guam as well as those protectors who have fallen in the line of duty. Airman Laurie Lucas and Sgt. Stacy Edward Levay, two of Andersen's fallen Airmen, were honored during the ceremony. (U.S. Air Force photo by Senior Airman Carlin Leslie)

Left: Doves are released during a Police Week ceremony at the Hagatna Police Precinct May 16. The ceremony was held to honor all the law enforcement agencies on Guam as well as those protectors who have fallen in the line of duty. A wreath-laying ceremony honoring 18 individual officers and a 21-gun salute were also conducted. (U.S. Air Force photo by Senior Airman Carlin Leslie)



Solemn Tradition: Members of the Andersen Honor Guard fold the American flag during a retreat ceremony held outside the 36th Wing Headquarters building on Andersen Air Force Base May 16. The ceremony was conducted in honor of National Police Week, which honors all law enforcement agencies on Guam as well as those protectors who have fallen in the line of duty. (U.S. Air Force photo by Senior Airman Carlin Leslie)

Navy Nurse Corps celebrates milestones

By Mass Communication Specialist 2nd Class (SW) Peter Lewis

Joint Region Edge Staff

The Navy Nurse Corps celebrated its 103rd anniversary May 13 and members of U.S. Naval Hospital (USNH) Guam gathered on the command quarterdeck to reflect upon the corps history and its dedication to the nation and her citizens.

Formally established by Congress in 1908, the Navy Nurse Corps has continually provided professional nursing care to and promoted the health of uniformed service personnel, their dependents and others as authorized by law. In addition, the corps has provided instruction and supervision of hospital personnel in the theory and practice of providing nursing care to patients for more than a century.

During the celebration, the USNH Guam 2011 Junior Nurse Excellence Award was presented to Lt. j.g. Cheryl Castro, of the USNH Guam's Mother/Baby Unit. Though all six candidates had displayed superior skills and customer service

skills throughout the year, Castro's proven history of excellence placed her above her peers.

"I'm very proud to be part of such a rich legacy," she said. "The Nurse Corps does wonderful things all around the world so it's just wonderful to be part of such a wonderful heritage. I'm very proud to be a Nurse Corps officer."

Capt. Kevin Haws, USNH Guam commanding officer, spoke about the history of the Navy Nurse Corps and the history of Navy nursing on Guam, which spans a century. Haws went on to thank the nurses for all they do.

"For everybody who is a part of the Navy Nurse Corps, for every civilian nurse who is a part of our organization – no matter what you do – I want to thank you for your dedication and caring for people," Haws said.

To end the ceremony, Haws and Ensign Lashana McAllister, the most junior nurse at the command, cut the cake.

For more information on USNH, visit the command Web site at <http://www.med.navy.mil/sites/usnhguam/Pages/navalhospitalguam.aspx>.



A Slice of Life: Nurses of U.S. Naval Hospital (USNH) Guam enjoy some cake during a celebration of the U.S. Navy Nurse Corps' 103rd Birthday at the command compound in Agana Heights May 13. The celebration featured a cake cutting and the selection of the USNH Guam 2011 Junior Nurse Excellence Award winner. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Peter Lewis)



Everybody Loves Birthday Cake: Capt. Kevin Haws, left, U.S. Naval Hospital (USNH) Guam commanding officer, and Ensign Lashana McAllister, the command's most junior nurse, cut the cake during a celebration of the U.S. Navy Nurse Corps' 103rd Birthday at the command compound in Agana Heights May 13. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Peter Lewis)



A Round of Applause: U.S. Naval Hospital (USNH) Guam nurses applaud Lt. j.g. Cheryl Castro for winning the USNH Guam 2011 Junior Nurse Excellence Award at the command compound in Agana Heights May 13. The award ceremony was part of the command's celebration of the 103rd birthday of the U.S. Navy Nurse Corps. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Peter Lewis)

Clinic provides quality health care

By Mass Communication Specialist 2nd Class (SW) Peter Lewis
Joint Region Edge Staff

As part of U.S. Naval Hospital (USNH) Guam, the healthcare providers of the Branch Medical Clinic (BMC) on U.S. Naval Base Guam (NBG) are dedicated to providing the highest-quality medical support to service members, dependents and authorized Department of Defense (DoD) civilians.

The clinic consists of eight corpsmen, four officers, one civilian caregiver, a radiology technician, a laboratory technician, and a pharmacy technician. Together, they provide service to all eligible Army, Coast Guard, Marine, Merchant Marine, Navy and civilian DoD personnel.

"Our unique Navy Medicine mission is to provide patient- and family-centered care," said Lt. Cmdr. Mark Lund, BMC department head. "For each of us, it is an honor and a privilege to care for all those who wear or have worn the cloth of our nation, their family members, our veterans and all those civilians who enter into our system of care."

The BMC has several different departments including optometry, preventive medicine, industrial hygiene, a pharmacy and a laboratory. Personnel use sophisticated equipment such as colposcopes and ultrasound machines to help members in need.

"Our healthcare workers provide full-scope obstetric care, primary care from newborns all the way through geriatric care," Lund said. "All enrolled patients who have access will receive the best care possible."

According to Chief Hospital Corpsman (FMF) Jorge LaFuenta, personnel from BMC have also supported the Navy's mission as individual augmentees (IA) who deploy with Marine and Army ground forces, the Marine Air Wing and with USNS Mercy (T-AH 19) in support of Pacific Partnership.

"Our corpsmen have been tasked with IAs to Afghanistan and Iraq," he said. "Personnel at BMC also provide defensive, preventive, emergency and restorative health care to forces transiting the region. They also provide combat and humanitarian medical care in support of joint operational forces around the world that transit the area in support of [the Global War on Terrorism]."

When they're not busy caring for

patients, many providers at BMC spend their off-duty hours helping out in the local community. LaFuenta said BMC has always had a friendly relationship with the local community.

"It's important that we have a positive impact on the community as the locals are our neighbors and, as neighbors, we may find ourselves in a situation to depend on each other," he said. "The Sailors at BMC are always enthusiastic about volunteering throughout the island for school and community service projects."

According to Hospital Corpsman 1st Class (SW) Wendy Ehrig, BMC is a great command to work at.

"Our command has excellent leadership and provides excellent training opportunities," she said. "If you're looking for a friendly atmosphere, high morale and a rewarding job,

this is the place."

Hospitalman Stephanie Moor agreed with Ehrig. She stated that stationed at BMC has been a very rewarding challenge and any Sailor taking orders there should be prepared for a great tour of duty.

"This is a great environment with excellent training opportunities and [physical training] sessions," she said. "Be prepared to learn and, after your tour, you will be a well-rounded corpsman and ready for the fleet."

BMC is located on NBG in Barracks 6 and is open from 7:30 a.m.-4:30 p.m. Monday through Friday. Walk-in appointments will be taken during the morning hours. Others may call for an appointment.

For more information on BMC, visit the command Web site at <http://www.med.navy.mil/sites/usnhguam/Pages/navalhospitalguam.aspx>.

CSADD promotes positive Sailor behaviors

By Anna-Victoria Crisostomo
Joint Region Edge Staff

Navy leadership on Guam has adopted the Coalition of Sailors Against Destructive Decisions (CSADD) program in an effort to combat the issues of drug and alcohol abuse among Sailors.

"[CSADD's mission is] to provide military members of all branches with the best prevention and intervention tools possible to deal with the issues of drinking, reckless driving and other destructive decisions while maintaining good order and discipline," said Chief Logistics Specialist (SW/AW) June Magaling, Commander, Joint Region Marianas alcohol and drug control officer and CSADD team leader.

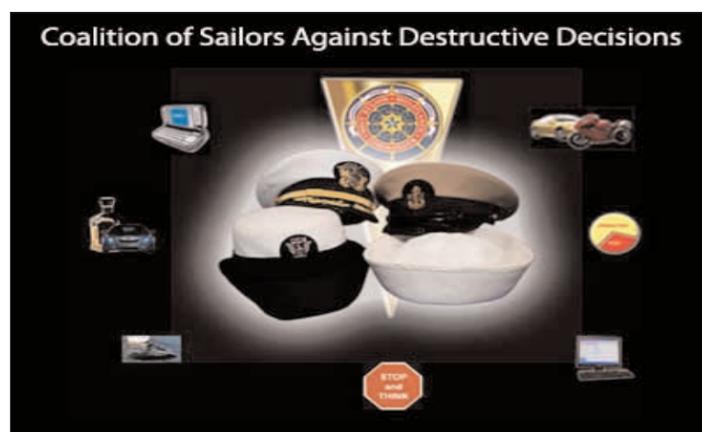
According to Magaling, the program began in 2008 when Navy Region Mid-Atlantic Commander Rear Adm. Mark Boensel and Fleet Master

Chief (AW/SW/SCW) Scott Benning decided to create a program for Sailors similar to Mothers Against Drunk Driving (MADD). The resulting organization was one that utilized positive peer influence and addressed the basic decision-making processes of Sailors in order to prevent bad decision making both on and off duty.

CSADD gained strong support from Chief of Naval Personnel Vice Adm. Mark Ferguson and became an official Navy peer-mentoring program in June 2010. Today, the program is present in Navy commands and installations around the world and is looking to spread its message to all service members.

The CSADD program uses junior personnel to carry out its mission. Magaling said this is a key characteristic of the program.

"It's important [to involve these personnel with CSADD] because



it's all about promoting good decision-making among junior Sailors, and the program is built by junior Sailors E-5 and below," he said. "[CSADD is] counted as one of the junior Sailors' resources and communication tools that facilitates positive Sailor interaction and compliments

a commander's message directing proper conduct both on and off duty."

According to Magaling, Sailors who become involved in the program carry responsibilities including conducting meetings, establishing committees, encouraging peer

interaction, and coordinating with base personnel and services to promote the program.

Recently, CSADD has evolved to include social networking Web sites like Facebook to spread its message. Magaling said that the global reach of these networks was a key factor for their inclusion.

Magaling added that everyone can benefit from the messages and mission of CSADD.

"[The program] promotes good decision-making process that positively influences Sailors behavior through CSADD resources and tools," Magaling said. "That fosters both an attitude and atmosphere conducive to good order and discipline."

For more information on CSADD or to become involved with the program, contact Magaling at 349-1238 or visit <http://cnrma.navy.mil/csadd> or www.csaddnavy.blogspot.com.

Frank Cable Sailors exercise their right to bear arms



Locked and Loaded: Sailors assigned to the submarine tender USS Frank Cable (AS 40) take turns firing a gun at a training target floating in the water during a gun exercise (GUNEX) May 11. Frank Cable conducts maintenance and support of submarines and surface vessels deployed in U.S. 7th Fleet area of responsibility. (U.S. Navy photo by Mass Communication Specialist 3rd Class Corey Hensley)



Listen Up: Chief Gunner's Mate (EXW/SW/FMF) Chad Magwire, right, assigned to the submarine tender USS Frank Cable (AS 40), trains Sailors to properly maintain a gun following a shipboard gun exercise (GUNEX) May 11. (U.S. Navy photo by Mass Communication Specialist 3rd Class Corey Hensley)

Base, villages to host Memorial Day events

By JoAnna Delfin
Joint Region Edge Staff

Memorial Day offerings will be abundant this year.

The celebration kicks off just prior to Memorial Day. Andersen Air Force Base (AFB) will host their annual Memorial Day Beach Bash at Tarague Beach from 3-6 p.m. May 27.

36th Force Support Squadron Community Activities and Hotspot Director Michele Jacobs said festivities include beach volleyball, a sandcastle building contest, and coconut relay to name a few.

Attendees will also have the opportunity to win prizes during raffles throughout the event. Food and drinks will be provided and there is no fee to participate. All Air Force, Navy, Coast Guard, National Guard and Reserves service members, their dependents and personnel with base access are invited to attend.

The Talofofo Mayor's Office will hold a special ceremony at the Vietnam Memorial monument across San Miguel Church in Talofofo beginning at 10 a.m. May 28. Talofofo Mayor Vicente Taitague said the ceremony will be an intimate setting for families and friends to honor fallen soldiers. Lt. Col. Brandon Baker, of Andersen AFB, will serve as the keynote speaker for the event. Taitague invited the Guam community to join the village for the ceremony.

"The families [of the soldiers] are so close that we want to be able to honor and remember our loved ones at least once a year," he said.

The Governor of Guam and the Guam Veterans Affairs Office will host the island's largest Memorial Day celebration at the Guam Veterans Cemetery in Piti beginning at 10:30 a.m. May 30.

Bill Cundiff, Memorial Day planning committee chairman, said the annual event brings service members from all branches of the military together with members of the local community



A Tribute to the Fallen: U.S. Armed Forces personnel place bayonets by the symbolic grave sites of fallen American service members for a grave site tribute during the Memorial Day Ceremony held at Veterans Cemetery in Piti May 31, 2010. More than 100 military personnel joined island residents to honor the nation's war heroes. (Joint Region Edge File Photo)

to honor fallen comrades and remember those who continue to fight today.

"Memorial Day is a time for us to honor those who have gone before us while fighting for our country," Cundiff said. "They gave the ultimate sacrifice to protect our freedom and our country and it is only right that we pay our respects to them."

According to Cundiff, a Joint Color Guard comprised of service members from each branch of the military will open the ceremony followed by a flyover of B-52 Bombers. There will also be a gravesite tribute and wreath-laying ceremony honoring all heroes from the first and second World Wars, the wars in Vietnam and Korea, and the current Operation

Enduring Freedom and War on Terror. Col. Robert Loynd, officer in charge of Marine Forces Pacific (Forward) Guam and Commonwealth of the Northern Mariana Islands.

The Umatac Mayor's Office and Vietnam Veterans of Guam Chapter 668 will also host a ceremony at the Vietnam Veterans Memorial Park in Umatac beginning at 4 p.m. May 30. Umatac

Mayor Dean Sanchez said the event was organized as a way to pay tribute to local heroes.

"The memorial service down here in Umatac looks back at our local heroes and the sacrifice they made," Sanchez said. "Guam has the highest rate of war casualties per capita and we felt it was only necessary to honor our local soldiers."

2011 Memorial Day Festivities

May 27

Andersen Air Force Base Memorial Day Beach Bash at Tarague Beach from 3-6 p.m. For more information, call 366-2339.

May 28

Talofofo Village Heroes Memorial Service at the Vietnam Memorial Monument in Talofofo beginning at 10 a.m. The monument is nestled between San Miguel Church and the Talofofo Mayor's Office along Route 4A. For more information, call 789-1421.

May 30

Memorial Day Ceremony at the Guam Veterans Cemetery in Piti beginning at 10:30 a.m. For more information, call 475-8388/8389.

Umatac Memorial Day Ceremony at the Guam Vietnam Veterans Memorial Park in Umatac beginning at 4 p.m. Head south on Route 2, driving through Agat toward Umatac and continue southbound until you see the park to your left. Signs will be posted for the public. For more information, call 828-2940.

Frank Cable Sailors make it shine



Above: Command Master Chief (SS/SW) Peter Kosloski, center, assigned to the submarine tender USS Frank Cable (AS 40), gets his boots and dress shoes shined by the Junior Enlisted Association (JEA) members while getting a haircut in the barbershop aboard Frank Cable May 11. The JEA shined boots while underway to help raise money for the association and promote Sailor interaction. Frank Cable conducts maintenance and support of submarines and surface vessels deployed in U.S. 7th Fleet area of responsibility. (U.S. Navy photo by Mass Communication Specialist 3rd Class Gabrielle Blake)



Right: Interior Communications Electrician 3rd Class Denise Weidemann, assigned to the submarine tender USS Frank Cable (AS 40), shines Electronics Technician 1st Class (SS/SW) Nelson Velasquez's boots during a Junior Enlisted Association (JEA) shoe-shining fundraiser in the barbershop onboard the ship May 11. Frank Cable conducts maintenance and support of submarines and surface vessels deployed in U.S. 7th Fleet area of responsibility. (U.S. Navy photo by Mass Communication Specialist 3rd Class Gabrielle Blake)



Above: Interior Communications Electrician 3rd Class Jason Osterhaus, assigned to the submarine tender USS Frank Cable (AS 40), polishes boots during a Junior Enlisted Association (JEA) shoe-shining fundraiser in the barbershop onboard the ship May 11. Frank Cable conducts maintenance and support of submarines and surface vessels deployed in U.S. 7th Fleet area of responsibility. (U.S. Navy photo by Mass Communication Specialist 3rd Class Gabrielle Blake)

Left: Hospital Corpsman 3rd Class (SW) Victoria Lord, Junior Enlisted Association (JEA) president, shines boots during a JEA fundraiser in the barbershop onboard the submarine tender USS Frank Cable (AS 40) May 11. Frank Cable conducts maintenance and support of submarines and surface vessels deployed in U.S. 7th Fleet area of responsibility. (U.S. Navy photo by Mass Communication Specialist 3rd Class Gabrielle Blake)

ONE-NET adopts energy-saving policy

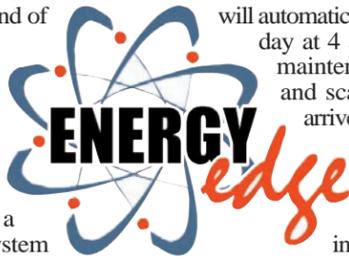
By Derek S. Briggs
 U.S. Naval Base Guam Energy Manager

I just received some great energy news that I would like to share. ONE-NET network users can now shut down their computers at the end of the work day!

There are some caveats but this is great news. All you need to do is use the Windows shutdown command

and turn off your monitor and speakers at the end of the workday.

The caveats are simple. Don't shut down your computer on Wednesday night and, if you come in on Saturday, your computer might be a little slow due to system



maintenance. Your computer will automatically turn on each day at 4 a.m. for system maintenance, patching and scans. When you arrive in the morning, your computer should be ready to go. If you should inadvertently shut

your computer down Wednesday evening, your computer will come on at 4 a.m. Thursday morning and the normal Wednesday night routine will begin. Your computer may be sluggish for part of the day and it may need to reboot, so remember to save your work – a good idea at any time.

According to data provided by Naval Computer and Telecommunications

Station Guam, we expect to save about 400 megawatt hours (MWH) each year thanks to this new policy, which will help us to achieve our required 3 percent annual reduction in energy use.

If you are able to, remember to turn off the lights and any local air conditioning – split systems and window units – on your way home as well.

New ombudsmen complete basic training



Packed With Pride And Certified: U.S. Naval Base Guam (NBG) Executive Officer Cmdr. Kevin Gillam, right, joins NBG's newest graduates of the Fleet and Family Support Center's (FFSC) Ombudsmen training class outside the NBG Chapel May 13. A total of 15 individuals completed the three-day training. Navy Family Ombudsmen are communication links, information and referral resources and advocates for command family members. Command ombudsmen are volunteers and spouses of service members within their commands. (Photo courtesy of FFSC)

AF officials announce hiring controls

From Air Force News Service

Air Force leaders announced that hiring controls were instituted May 12 to reduce projected growth of the civilian workforce.

The Air Force-wide efforts to stem the civilian personnel growth are a result of Secretary of Defense Robert Gates' efficiency initiatives to maintain civilian manning at fiscal 2010 levels.

Hiring controls will allow Air Force officials to take a targeted approach to meet the mandated manning levels.

Effective immediately, one person will be hired for every two new vacancies in areas affected by hiring controls. This doesn't apply to current hiring actions when a job selection

has already been made. However, all other hiring actions may only be filled at a 1-2 ratio as new vacancies occur.

"As our nation and the Air Force face significant budgetary challenges tools such as hiring controls help us manage hiring and posture ourselves for the future," said Paige Hinkle-Bowles, deputy director of Force Management Policy.

Hiring controls will enable a more focused approach to hiring, giving higher priority to strategic mission areas such as the nuclear enterprise, the acquisition workforce, and test and evaluation.

"Civilian hiring controls will be used as a bridging mechanism as the Air Force develops strategic plans for the future to ensure civilian



authorizations are in the right place to meet mission priorities," said Lt. Gen. Darrell Jones, the deputy chief of staff of Air Force Manpower,

Personnel and Services.

Air Force officials will continue to monitor and assess hiring controls throughout the summer and will

provide additional hiring guidance and prioritization details as the overall plan develops.

"The Air Force recognizes the invaluable contributions of our civilian workforce but also recognizes the fiscal constraints under which all the services are operating," Jones said. "We will do our best to balance mission needs while taking care to minimize the effect on the civilian workforce."

For more information about hiring controls, individuals may contact their base civilian personnel office or visit the restricted-access Air Force personnel services Web site at <https://gumcrm.csd.disa.mil/app/home>. For information about personnel issues, call the Total Force Service Center at 1-800-525-0102.

Safe Roads: Click it or Ticket campaign begins

Continued from Page 1

seriously and we are committed to work with you – the members of the community—to reduce that tremendous loss to take care of the ones we love and the ones we hold near."

DPW Program Manager Jane Almandres explained that military

involvement with the campaign benefits service members as well as the local community.

"One thing that is assured is that the entire community of Guam is going to be protected," she said. "We want to emphasize the new laws and we want the military to know that we are working with the security on

both bases, Navy and Andersen, and that we have this joint effort to make our community safe wherever they are on the roadways of Guam."

Master-at-Arms 2nd Class Michael E. Laeder, of NGB Security, said he is ready to do his part to ensure the Click It or Ticket campaign is successful.

"Personally, I'm always looking

out for it – for seatbelts and seatbelt violations, any violation, I'm always looking for," he said. "One of my biggest pet peeves is no seatbelts [because] I have a family member who's died because of no seatbelt. I enforce that a lot."

According to JRM Regional Safety Manager James Lentz, Click It or Ticket

is a campaign of the National Highway Safety Commission, which was conceived in North Carolina in 1993 and is supported by the Department of Defense (DOD) and state governments annually. While DOD has always been a part of the campaign, it was only recently adopted by DPW's Office of Highway Safety in 2007.

Guam Seatbelt Regulations

Off Base

- Children less than 4 feet, 9 inches tall and between 4 and 11 years old shall be secured during transit in a booster seat.
- Drivers and all passengers shall be restrained by a seatbelt.
- Any driver convicted of violating these laws shall be fined a sum no greater than \$100 per violation. Drivers found violating these laws within one year of separate conviction for the same laws shall be fined a sum no greater than \$200 per violation.

Source: Guam Code Annotated Chapter 26 Sections 26102, 26103, 26105, 26106

U.S. Naval Base Guam

- All vehicles are required to be equipped with seatbelt assemblies. Drivers and all passengers shall wear seatbelts whenever the vehicle is in motion.
- Children 4 years of age or younger will be in a child seat restraint system. For children between 4 and 11 years old, and under 4 feet and 9 inches, a booster seat is required.
- The driver of any private motor vehicle on the installation is responsible for informing all passengers of applicable safety belt and child restraint requirements and for ensuring compliance by all passengers.

Source: U.S. Naval Base Guam Instruction 5560.2C

Andersen Air Force Base

- All operators and passengers must wear seatbelts while the vehicle is in motion.
- Front seat belts must have lap belts or combination shoulder/harness/lap belt installed. All seat belt systems and components are to be maintained in serviceable condition.
- Seatbelts will not be altered in any way.
- Violations of the seat belt requirements may result in suspension, the length of which will be determined depending on the conditions of the offense.

Source: AFI31-204_36WGSUP1

Teachers: Team gives foreign contractors skills for success

Continued from Page 1

We have offered classes to our construction contractors on how to properly submit a bid for a project. We show them the types of things we are looking for including everything from how to put together a company informational packet that outlines their capabilities to provide a detailed quality control plan. In other words, we teach them how to properly manage their projects.

Every time we go out to do a site visit we take the time to show our contractors where they have deficiencies and provide constructive feedback specifically addressing how they can fix the issues. If we do

not take the time to teach them how to fix their deficiencies, then we will continuously see the same problems over and over again.

By mentoring them on better construction methods and explaining the reasoning behind our engineering standards, the local community ends up with a quality product and the contractor ultimately learns better building practices that can be implemented throughout future initiatives.

We also teach them how to submit proper drawings and weekly reports. Weekly reports alone have been one of our biggest challenges. It has taken many iterations and multiple meetings to teach our contractors how to create a detailed report and

why it is important.

Since the beginning of this deployment, we've discovered that contractors often like to discuss problems they experienced during projects that were coordinated with previous PRTs. However, without documentation, we're unable to know for certain if the claims are true, if they were previously resolved or whether or not the last PRT agreed to assist the contractor at all.

When we have detailed weekly reports we have a record that both parties can use to document the history of each project. It's extremely beneficial for everyone involved.

We also work closely with the

Ministry of Rural Rehabilitation and Development, Education, Health, Justice and Public Works.

Once a project is constructed there is a lot of work that goes into maintaining it. If it is not properly maintained, the facility will eventually degrade and become unsafe or unusable. This is why we teach the ministries how to perform proper quality assurance and quality control for projects in their province.

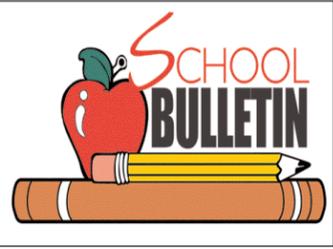
We also incorporate them in every step of the process from creating the project documentation to implementing and constructing the project. By doing this they fully understand what they are getting and how the facility will be constructed.

It also allows them to start creating their own project packages for future construction plans.

As you can see, while I am an engineer for PRT Kapisa I serve as a mentor to Kapisa's government officials.

Managing a construction project is tough but teaching others to manage, execute and plan their own construction initiatives is a greater challenge – but it is rewarding.

We have made great strides in the last five months and are very excited for additional opportunities in the future that will allow us to continue to teach and share our knowledge as well as learn from the people of Afghanistan and GIRA.



School Bulletin aims to promote educational activities in the Navy and Air Force communities. If you know of an education-related event that you would like to include, send it to jointregionedge@fe.navy.mil or call 349-2113.

Andersen Elementary School

June 3 Kindergarten Graduation and "America, We Salute You" event at 10:45 a.m. at the Dolphin Theater

Andersen Middle School

Join the Dragons for a celebration of creative expressions in language through words and are in two- and three-dimensional forms during the 8th-Grade Language Arts Showcase at the Andersen Middle School Dragon Theater and Atrium from 12:25-2:15 p.m. May 26. For more information, call 366-3880.

Guam High School

May 25 Senior Banquet at Top o' the Mar beginning at 6 p.m.

May 26 Academic Awards Program at the Panther Den from 5:30-7 p.m.

May 30 No school - Memorial Day
June 10 Graduation at the Guam High School gym beginning at 5 p.m.

Guam High School's Navy JROTC cadets will be weeding the Panther football field May 21 from 7:30-11:30 a.m. The cadets are looking for interested individuals to provide extra help during the event. Free hot dogs and water will be provided for participating volunteers. For more information or to volunteer, call 344-7410.

Sweet treats and tantalizing theatrics await you at the 2011 "Dessert Delights Drama Festival" May 27 from 6-8 p.m. at Guam High School's Panther Den. Enjoy a selection of comedy, singing, dance, monologues, reader's theater, improvisation and jazz music. Admission is only \$5. Bring your friends for a delicious evening of fun.

McCool Elementary/Middle School

May 23-27 Sixth-grade SRI Assessment makeup days

May 30 No school - Memorial Day

June 7 Second-grade Promotional Ceremony at the cafeteria from 1-2:45 p.m.

June 9 First-grade Awards Ceremony at the cafeteria from 1:30-2:30 p.m.

June 13 Sixth-grade Awards Ceremony at the cafeteria from 1:30-2:45 p.m.

Summer activities keep kids busy

By JoAnna Delfin

Joint Region Edge Staff

In a few short weeks, school will be out for summer and the kids will be at home with nothing to do. Right? Wrong.

Whether your child is into sports, entertainment or crafts, there will be many activities on Guam's bases to keep youth active while on summer vacation. The selection of activities is guaranteed to keep young minds and bodies sharp and in shape during the two-month sabbatical from classes.

Student athletes will have tons of activities to choose from at the Charles King Fitness Center (CKFC) on U.S. Naval Base Guam (NBG) and the Coral Reef Fitness Center on Andersen Air Force Base (AFB). From flag football to martial arts to basketball, there's a sport for everyone.

Morale, Welfare and Recreation (MWR) Fitness

Coordinator Jenna Wienert said these summer activities are great for youth and their families.

"Kids and families need to stay active all year round to create lifelong habits but summer activities should be fun and a time for kids to enjoy," she said. "It also gives an opportunity to release the stress from all their responsibilities of the school year. Kids need leisure time just like adults."

Clinics for more leisurely sporting events like golf and bowling will also be held on Andersen AFB courtesy of Gecko Lanes Bowling and the Palm Tree Golf Course. For those who want to keep active but aren't into sports, CKFC on NBG will be offering jazz and ballet classes as well.

Youth looking to dive into their creative side this summer will also have tons of activities to choose from.

"We provide a wide variety of activities to keep minds stimulated and bodies moving," said

Andersen 36th Force Support Squadron Youth Programs acting director Robert Rogers.

The School Age Care (SAC) and Child Development Center (CDC) and Child and Youth Programs (CYP) on NBG boast a plethora of classes that will teach students cooking, dancing and crafting to name a few. The Andersen AFB Arts and Crafts center will have classes on crochet instruction, scrapbooking, origami, Father's Day cards, basic framing, knitting and doll making.

Other activities include cultural tours of the island, reading time at the library, cultural camps, photography classes and cheerleading camp.

The list of summer offerings goes on and on. It is important for parents to remember that there may be fees and age restrictions associated with summer activities.

For more detailed information on any of the activities listed, parents are encouraged to contact the on-base host organization.

2011 Summer Activities

U.S. Naval Base Guam (NBG)

The following is a list of summer activities on NBG.

Keep kids physically active throughout summer with summer clinics at the Charles King Fitness Center (CKFC). Clinics will focus on the fundamentals of basketball, flag football and volleyball. For kids who don't enjoy sports as much as others, CKFC will also be offering ballet, jazz and tap classes as well as a martial arts class lead by Guam Aikido. For more information on summer events, call 333-2049.

The School Age Care (SAC) and Child Development Center (CDC) and Child and Youth Programs (CYP) will be hosting a wide variety of events from June through August to keep kids busy. Activities include off-base fieldtrips to local water parks, badminton, guests speakers, rugby clinics, cooking activities, dancing competitions, crafts and so much more! For more information, call 564-1445.

Andersen Air Force Base (AFB)

The following is a list of summer activities on Andersen AFB.

The Gecko Lanes Bowling Center will be hosting a summer youth bowling league from May through September. There is a \$6 fee per child per week. An awards ceremony will be held at the end of league. For more information, call 366-5117.

The Coral Reef Fitness Center will be hosting numerous sports and fitness activities and clinics from June through August. Activities include youth fitness equipment orientations, basketball training camps and skill competitions, football clinics and youth running and fitness courses. For more information, call 366-6100.

If deep-sea fishing, windsurfing, and historical tours are your child's idea of fun, sign them up at the Outdoor Recreation Center. Tours and water recreation activities will be held throughout the summer. For more information, call 366-5197.

The Palm Tree Golf Course will be offering a golf clinic from July 18 - 22. Golf 4 Juniors is for young golfers ages 6-13. Enrollment fee is \$50 per child. For more information, call 366-4653.

The Andersen AFB Youth Center has many exciting events for the summer. Kids can join technology camps, archery classes, basketball clinics, soccer camps and more! For more information, call 366-4248.

The Andersen Arts and Crafts Center will be holding summer classes from June through August. Courses include crochet, matting, frame building, card creations, doll making, piñata crafts, knitting and more! For more information, call 366-3490.

The Andersen AFB Library will be hosting the "A Midnight Summer's Read" summer reading program for children ages 5-12 from June 20-July 25. Registration will be held from June 1-15. For more information, call 366-4291.

What are your plans for summer?

Joint Region Edge asked its readers what their plans are for the summer.



“My family is coming to Guam. We are going to do a lot of paddle boarding.”
— Lt. Jason Fahy
U.S. Naval Hospital Guam resident officer in charge of construction



“I have a busy summer planned. First, I’m going to Alaska on a cruise with my son and his family. After that I will visit my brother in Denver, Co. Then I’m going to Las Vegas for my Guam High School reunion. Last, I plan to spend a couple of months in Maui to spend time with my son.”
— Mary Matanane
Air Force spouse



“I am going to Boston in June. I’ve never been there and I’m planning to do some sightseeing.”
— John Taijeron
U.S. Naval Base Guam Fire Department prevention chief



“I went off island recently so, this summer, I’ll be taking my kids to and from school. They’re three and four so they’re going to kindergarten and [pre-kindergarten] now.”
— Ivet Howard
Air Force spouse



“I plan on traveling. I haven’t decided where – maybe my family in the states or friends in Japan.”
— Dan Kosd
Naval Facilities Engineering Command Marianas community planning intern



“This summer I’ll be working at the Bank of Guam. Later, I’m taking a trip with my parents to Hong Kong for a little family vacation.”
— Lauren Rapadas
Bank of Guam Andersen Branch employee

Agat Mango Festival boasts fun for all

By JoAnna Delfin
Joint Region Edge Staff

There's a sweet smell in the air, which means it's time for residents to indulge in the deliciousness of mango season.

From the firm and thread-like consistency of the karabao (ka-ra-BOW) mangoes to the gigantic sweet and tender Hayden mangoes, the 5th Annual Agat Mango Festival, hosted by the Agat Mayor's Office, will be the perfect place to taste the different varieties of the fruit and experience the island culture.

The festival will be held at the Agat Sagan Bisita (SA-gan bih-SEE-tah), or Visitor's Center, located along the Agat Bay next to the Mayors Office and Agat Post Office along Route 2A from 8 a.m.-4 p.m., May 28 and 8 a.m.-6 p.m., May 29. This year's festival boasts opportunities for people of all walks-of-life – health nuts, junk food junkies, music enthusiasts, local experts and island newcomers will all find something to enjoy.

The event kicks off with a 2K and 5K Run/Walk beginning at 5 a.m., May 28. Those who wish to participate may pre-register at the Agat Mayor's Office or at Hornet Sporting Goods in Tamuning. Pre-registration costs are \$7 per person or \$25 for a family of four. Registration will also be taken on race day. Race-day registration costs \$10 per person or \$35 for a family of four.

Fitness enthusiasts will also enjoy the paddle race contest, which will take place shoreline of the Agat Bay



Those Heavenly Haydens: Dave Hernandez, an Agat resident, displays unripened, left, and ripened, right, Hayden mangoes at the 4th Annual Agat Mango Festival June 12, 2010. This year's 5th Annual Agat Mango Festival will take place at the Agat Sagan Bisita (SA-gan bih-SEE-tah), or Visitor's Center, located along the Agat Bay next to the Mayors Office and Agat Post Office along Route 2A May 28-29. (Joint Region Edge File Photo)

behind the Agat Mayors Office throughout the weekend.

Race times will be determined depending on weather conditions. Prizes will be presented to the top finishers for the Run/Walk and paddle race events.

If you're more into the fruit than the fitness events, you won't be disappointed.

Throughout the day, booths

boasting different types of mango, taste-testing events, cooking competitions, games and awards presentations will scatter the festival grounds.

According to Agat Mayor Carol Tayama, cooking contestants will be happy to find a guest judge in the lineup this year.

"We are very excited this year to announce a special judge for our

cooking contest as the Joint Region Marianas Commander [Rear] Adm. Paul Bushong's wife [Dona] will be taking part in the event," she said.

Local restaurants and self-proclaimed chefs will be on site to compete and have visitors taste their mango-flavored desserts. Everything from mango donuts to mango cream pies will be available for tasting.

Entertainment will be in no short

supply at the festival. Local bands and dance groups will be ready to entertain crowds while local artists display and sell their art pieces from paintings to wooden sculptures.

Students from Cmdr. William C. McCool Elementary/Middle School will be participating in the festival as well. Their cultural dance group will perform at 3 p.m. on the main stage May 28.

This year's festival will once again feature the Little Miss Mango coronation, which will take place at 6 p.m. on the main stage May 28. Girls 5-12 years old will dress in colorful gowns to showcase the different colors of mangoes on Guam. The new Little Miss Mango and members of her royal court will participate in a parade around the festival grounds May 29.

If all the excitement of the festival has you wanting to try your hand at becoming a mango connoisseur, a plant nursery will be available to purchase mango plants or just a new ornament for your home.

Tayama said the festival is open to members of the local and military communities and all are encouraged to attend.

"I'd like to personally invite the public and especially the military to come and see what we have to offer," she said. "We've seen an increased presence in military families at the last festival [and] we want to keep them coming."

For more information or to sign up for the Run/Walk or paddling race, call the Agat Mayor's Office Monday through Friday from 8 a.m.-5 p.m. at 565-2524/4335.

FREE

Karaoke Night
Every Friday at the Silver Dolphin on Naval Base Guam (NBG) Ordnance Annex, 7 p.m. Open to all authorized Morale, Welfare and Recreation (MWR) patrons. For more information, call 564-2280.

Golf Clinic
Every Saturday and Sunday from 9-10 a.m. at Admiral Nimitz Golf Course. No need to register! Just stop by to learn the basic fundamentals of the game of golf. For more information, call 344-5838/9.

Tumbling for Tots

Tumbling for Tots, an interactive play program for kids and parents, is available at the Hotspot Gym on Andersen Air Force Base (AFB) just down the walkway from the bowling center. Hours of operation are Monday through Friday from 9 a.m.-noon. For more information, call the Hotspot at 366-2339.

Sunrise Yoga

Every Friday morning at 6 a.m. at Tarague Beach. End your week with a relaxing yoga session on the beach. Listen to the sounds of the ocean while your body is rejuvenated with the sun's rays. For more information, call 366-6100



UNDER \$10

Xtreme Midday Madness
At NBG's Orote Point Lanes every Monday to Friday from 1-5 p.m. Bowl for only \$5 (shoes not included)! For more information, call 564-1828.

Willie's Beachside Jazz

At Bamboo Willie's every Sunday from 5-8 p.m., enjoy a relaxing evening at the beach while you listen to great jazz music. For more information, call 653-9814.

Tuesday Fajita Night

At Andersen AFB's Café Latte every Tuesday from 5:30-7:30 p.m. Base price starts at \$2.95 and you can build your own fajitas! For more information, call 366-6166.

\$10 AND UP

Breakfast at Café Latte
Café Latte at the Top of the Rock (Andersen AFB) offers breakfast from 6:30-9:30 a.m. Monday through Friday and 7:30 a.m.-12:30 p.m. on Saturday. Enjoy your morning coffee and traditional breakfast favorites, plus a variety of breakfast burritos and sandwiches. For more information, call 366-6166.

Ladies' Golf

Ladies, do you love the game of golf as much as the men do? If so, every Wednesday it's your day at Palm Tree Golf Course. Ladies receive free green fees. Just pay the cart fee, \$12 for 18-holes or \$8 for 9-holes. For more information, call 366-4653.



FRIDAY, MAY 20

7 p.m.: Hanna • PG-13

SATURDAY, MAY 21

2 p.m.: Hanna • PG-13

7 p.m.: Arthur • PG-13

SUNDAY, MAY 22

7 p.m.: Your Highness • R

The movie schedule is subject to change due to circumstances beyond Meehan Theaters on Andersen Air Force Base. **The Meehan Theater hotline is 366-1523.**



FRIDAY, MAY 20

7 p.m.: Red Riding Hood • PG-13

9:30 p.m.: Source Code • PG-13

SATURDAY, MAY 21

1 p.m.: Diary of a Wimpy Kid: Rodrick Rules • PG

3:30 p.m.: Hanna • PG-13

7 p.m.: Your Highness • R

SUNDAY, MAY 22

1 p.m.: Hop • PG

3:30 p.m.: Arthur • PG-13

7 p.m.: Paul • R

The schedule is subject to change due to circumstances beyond the theater's control. **The Big Screen Theater hotline is 564-1831 or visit mwr Guam.com.**

(Source: Navy Morale, Welfare and Recreation Office)

Chapel Schedule

Naval Base Guam

Office Hours: Monday-Friday, 8 a.m.-4 p.m.

Roman Catholic Mass

Saturday Vigil Mass: 5:30 p.m.
 Sunday Mass: 9:30 a.m.
 Sacrament of Reconciliation: Saturday, 5 p.m. and Sunday, 9 a.m.

Protestant Worship Service

Sunday Service: Traditional Service: 8 a.m.
 Contemporary Service: 11 a.m.
 Women's Bible Study: Monday, 9 a.m.
 Men's Bible Study: Wednesday, 6 p.m.
 Prayer Time: Thursday, 11:30 a.m.
 Choir Practice: Traditional: Wednesday, 6 p.m.
 Choir Practice: Contemporary: Tuesday, 6 p.m.

Jewish Shabbat

Friday, 6:30 p.m.

Naval Hospital Guam

Roman Catholic Mass Monday-Friday, 11:30 a.m.

Chapel of Hope: Sunday, 9 a.m.

Protestant Services

Full Gospel Service: Sunday, 6:30 p.m.
 Men's Bible Study: Every other Tuesday starting April 5
 Women's Bible Study: Second and fourth Saturday of each month

Andersen Air Force Base

Roman Catholic Mass (Chapel 1)

Weekday Mass: Tuesday, Wednesday, Friday, 11:30 a.m.

Saturday Vigil Mass: 5 p.m.

Sunday Mass: 9:30 a.m.

Sacrament of Reconciliation: Saturday, 4:30-4:50 p.m.

Catholic Women of the Chapel: First and third Wednesday of the month, Chapel 1 Annex, 6:30 p.m.

Catholic Youth of the Chapel: Second and fourth Wednesday of the month, Chapel 1 Annex, 6:30 p.m.

Choir Rehearsal: Saturday 4-5 p.m. and Sunday, 8-9 a.m.

Protestant Worship Service

Praise Service: Sunday, Chapel 2, 9 a.m.

Gospel Service: Sunday, Chapel 2, 11:30 a.m.

Emerging Worship Service: Sunday, Lighthouse, 6 p.m.

Protestant Women of the Chapel: Second Monday of each month, Chapel 2 Annex, 6:30 p.m.

Protestant Men of the Chapel: Wednesday, Lighthouse, 7 p.m.

Protestant Youth of the Chapel: Thursday, Chapel 2 Annex, 7 p.m.

Protestant Young Adults: Thursday and Saturday, Lighthouse, 6 p.m.

Protestant Sunday School: (September-May) Sunday, Chapel Activity Center, 10:15 a.m.

Schedules subject to change. To confirm times or for information about other programs, call the chapels at:

Andersen Air Force Base: 366-6139
 U.S. Naval Base Guam: 339-2126
 U.S. Naval Hospital Guam: 344-9127

Journal today for help later

By Capt. Timothy Overturf

Joint Region Marianas Region Chaplain

What were some of your key thoughts during the last three weeks while you persevered through challenging conditions?

Time remains to capture them in a journal while they're still vivid. Our experiences and the subsequent insights gained will be rich soil for us and for our children's roots in years to come.

For centuries people have practiced this discipline and we continue to "hear" from their entries. Many of the reflections recorded by King David are now in the Bible's book of Psalms.

Without them, we would understand much less about God's support in overwhelming odds, His provision in the time of need, His strength in periods of discouragement, and His forgiveness when sin is acknowledged. Other examples outside

of Scripture authored by admired women and men also prompt us to press on.

The following entry from George Washington's prayer journal offers his candid awareness of a spiritually hollow day.

"O most glorious God, in Jesus Christ my merciful and loving father, I acknowledge and confess my guilt in the weak and imperfect performance of the duties of this day. I have called on thee for pardon and forgiveness of sin but so coldly and carelessly that my prayers are become my sin and stand in need of pardon. I have heard thy holy word but with such deadness of spirit that I have been an unprofitable and forgetful hearer so that, O Lord, though I have done thy work yet it hath been so negligently that I may rather expect a curse than a blessing from thee but, O God, who art rich in mercy and plenteous in redemption, mark not, I beseech thee, what I have done amiss. Remember that I am but dust and remit my transgressions, negligences and ignorances, and cover them all with the absolute obedience of thy dear Son."

Donald Whitney in "Spiritual Disciplines for

the Christian Life" includes a journal entry recorded by Jim Elliot, a missionary in Ecuador the 1950s.

On November 20, 1955, within two months of his death, Elliot wrote, "Also read parts of 'Behind the Ranges' and am resolute to do something about it in my private devotional and prayer life. In studying Spanish, I left off English Bible reading and my devotional reading pattern was broken. I have never restored it. Translation and preparation for daily Bible lessons is not sufficient to empower my soul. Prayer as a single man was difficult, I remember, because my mind always reverted to Betty. Now it's too hard to get out of bed in the morning. I have made resolutions on this score before now but not followed them up. Tomorrow it's to be - dressed by 6 a.m. and study in the Epistles before breakfast. So help me God."

Both of these giants in the faith experienced severe challenges and discouragements. Their journals also reveal the determination to accomplish their goals regardless of the obstacles.

Though our circumstances are unique, our experiences are similar. Your journal will be rich reading for you and for future generations!



Still Moments



Garrido: U.S. Naval Base Guam (NBG) Executive Officer Cmdr. Kevin Gillam, left, presents Michael L.G. Garrido, with a certificate of appreciation for 25 years of service with the government of the United States of America during the NBG All Hands call at the NBG Big Screen Theater May 17. (U.S. Navy photo by Annette Donner)



Nikkel: U.S. Naval Base Guam (NBG) Executive Officer Cmdr. Kevin Gillam, left, presents Eric Nikkel with a certificate of appreciation for 15 years of service with the government of the United States of America during the NBG All Hands call at the NBG Big Screen Theater May 17. (U.S. Navy photo by Annette Donner)



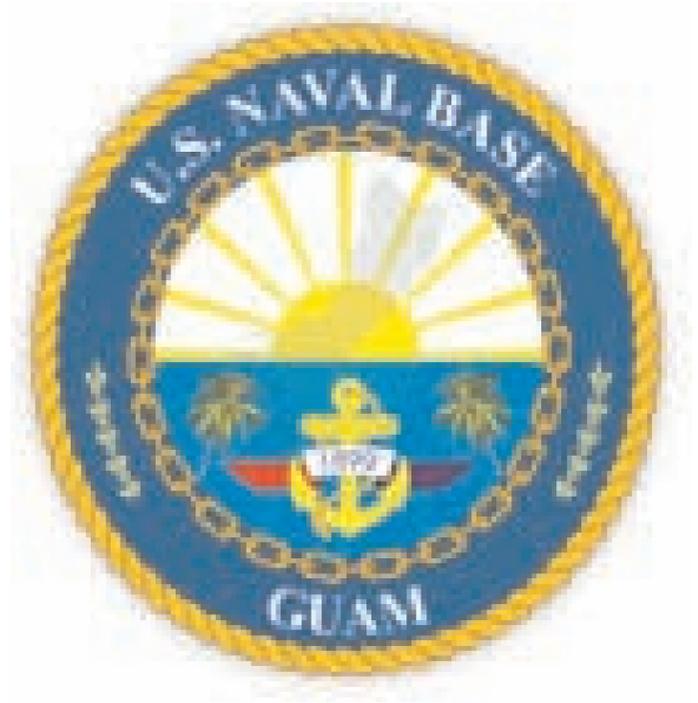
Torres: U.S. Naval Base Guam (NBG) Executive Officer Cmdr. Kevin Gillam, left, presents Clifton Torres with a certificate of appreciation for 10 years of service with the government of the United States of America during the NBG All Hands call at the NBG Big Screen Theater May 17. (U.S. Navy photo by Annette Donner)



Campton: U.S. Naval Base Guam (NBG) Executive Officer Cmdr. Kevin Gillam, left, presents Master-at-Arms 1st Class (SW) Lonnie K. Campton with a Navy Small Craft Insignia Pin for achieving significant experience with harbor police boats during the NBG All Hands call at the NBG Big Screen Theater May 17. (U.S. Navy photo by Annette Donner)



Max: U.S. Naval Base Guam (NBG) Executive Officer Cmdr. Kevin Gillam, left, congratulates Military Working Dog Max for receiving the Navy and Marine Corps Achievement Medal in recognition of his service with explosive detection both on Guam and in support of Operation Iraqi Freedom during the NBG All Hands call at the NBG Big Screen Theater May 17. Max has been staying with Chief Master-at-Arms Timothy Wilson, right, of NBG Naval Security Forces, following his recent retirement. (U.S. Navy photo by Annette Donner)



Zumba grows in numbers at CKFC

By Mass Communication Specialist 2nd Class (SW) Corwin Colbert

Joint Region Edge Staff

Zumba is expanding in a major way at the Charles King Fitness Center (CKFC) on U.S. Naval Base Guam.

"It's crazy how many people show up to Zumba," said Alec Culpepper, CKFC fitness coordinator. "What's even greater is that the popularity has increased so we may need to add another class."

At CKFC, the 60-minute classes are held three times a week—Monday at 5:30 p.m., Tuesday and Thursday at 8:20 a.m. — at basketball court number three. The classes are free and patrons of all ages are welcomed but majority of the participants are adults.

Zumba classes feature exotic rhythms set to high-energy Latin and international beats. The routines feature interval training sessions where fast and slow rhythms and

resistance training are combined to tone and sculpt your body while burning fat.

There are many benefits to Zumba. Similar to many cardiovascular workouts, the benefits of Zumba can include calorie burn, increased aerobic threshold, more stamina, increased bone density, improved balance and muscle tone, less body fat, and lower blood pressure.

Sheila Litty, CKFC fitness director and Zumba instructor, encouraged everyone to come out and try the class at least once. She said Zumba steps are simple and there are a limited number of steps.

"If you are looking to burn some calories and have fun doing it, Zumba is for you," she said. "Classes are popular and a fun great way to stay in shape."

According to Litty, current class sizes can be in excess of 20 people per class so participating in Zumba is also a great social outlet for those looking for new people to workout with.



Moving to the Rhythm: Sheila Litty, Charles King Fitness Center fitness director, leads patrons in a Zumba fitness class at the facility May 10. Zumba classes feature exotic rhythms set to high-energy Latin and international beats. The routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)

Sports Shorts

The following is a list of sports and health-related activities held on U.S. Naval Base Guam. To submit your sports note, e-mail jointregionedge@fe.navy.mil.

Passport to Fitness

Pick up an assignment card at Charles King Fitness Center (CKFC) today to participate in the Passport to Fitness event. Complete five of the 10 different fitness assignments and receive a free fitness giveaway! Cards must be completed and turned in to CKFC by June 14. For more information, call 333-2049.

America's 2011 Armed Forces Kids Run

America's 2011 Armed Forces Kids Run will be held May 27 at 5 p.m. at Ebbett Field on U.S. Naval Base Guam. The event is for children ages five-13. Run lengths will vary depending on age group. Free T-shirts for participants. Pre-register at the Charles King Fitness Center front desk or on race day starting at 4:30 p.m. For more information, call 685-5267.

Summer Stroller Circuit

The Stroller Circuit summer session is in need of an instructor. If no instructor is identified, the summer circuit will be cancelled. For more information, contact the Morale, Welfare and Recreation fitness coordinator at 685-5267 or mwrguamfitness6@gmail.com.

The following is a list of sports and health-related activities held on Andersen Air Force Base. To submit your sports note, call 366-2228.

America's Kids Run

The annual America's Kids Run will be held May 21 at the Andersen Air Force Base track across from Meehan Theater. 8:30 a.m. show time. 9 a.m. start time. This is a family fun run, not a race. Different age groups will run different distances. Runners will not be timed. Free T-shirts available while supplies last. Register at the Youth Center, Teen Center or the Hot Spot by May 20. For more information, call 366-2339.

Red, White and Blue Golf Tournament

The Palm Tree Golf Course will host an Armed Forces Day "Red, White and Blue" Golf Tournament May 21. 9 a.m. shotgun start. Format will be individual stroke play, flighted by age. Golfers will play six holes each from the red, white and blue tee markers. Entry fee is \$10 not including cart or applicable green fees. Entry forms available at the Pro Shop. For more information, call 366-4653.

Monday Driving Range Special

Every Monday from 4-8 p.m. at Palm Tree Golf Course's Driving Range hit as many balls as you want for just \$5. For more information, call 366-4653.

