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Guam, military remember fallen

By JoAnna Delfin
Joint Region Edge Staff

Service members, veterans and local dignitaries came together to honor the fallen at a Memorial Day ceremony at the Veterans Cemetery in Piti May 30.

Following a flyover by a U.S. Air Force B-52 Bomber, Master of Ceremonies Bill Cundiff, Andersen Air Force Base Retiree Activities Office director, delivered his opening remarks and reflected on the significance of the day's celebration.

"Our heroes sacrificed a lot to ensure our freedom is secure," he said. "We are a free people, a free nation [because of them]. In the battlefields, some were fortunate enough to come out without any injury, some suffer from battle scars, and some unselfishly paid the ultimate price."

Keynote speaker Col. Robert Loynd, Marine Forces Pacific (Forward) Guam and Commonwealth of the Northern Mariana Islands officer in charge, echoed Cundiff's sentiments

during his keynote address. He also recognized the sacrifices of Guam's men and women in the U.S. Armed Forces.

"Guam's fallen are America's fallen," Loynd said. "We memorialize and pay tribute to all our deceased today with heavy but joyful hearts. All our fallen loved ones ask from us is that we remember."

Loynd added that although sadness is expected from losing a comrade or loved one, there should be a sense of joy that their sacrifices were not in vain.

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A Symbol of Remembrance: From left to right, Col. Jeffrey Vandebussche, 36th Operations Group commander, and Chief Master Sgt. Margarita Overton, 36th Wing command master sergeant, place a wreath on a gravesite in honor of fallen Airmen during the Memorial Day ceremony at the Veterans Cemetery in Piti May 30. (U.S. Navy photo by JoAnna Delfin)



Military, Guam prepare for typhoon season

By Anna-Victoria Crisostomo
Joint Region Edge Staff

Leaders from military and the Government of Guam gathered at the Joint Region Marianas (JRM) headquarters in Asan for the Exercise Typhoon Pakyo (PUHK-dzoo) Senior Leadership Seminar May 31.

The inaugural seminar was held in order to provide leadership a forum to review and discuss topics pertinent to typhoon preparation and recovery in recognition of the upcoming typhoon season on Guam. The island's typhoon season runs from June to December.

JRM Commander Rear Adm. Paul Bushong welcomed attendees.

He stressed the importance of readiness and collaboration.

"It's been a long time since the island got hit by a typhoon, but be prepared for it," Bushong said. "We look forward to this seminar. We can talk about how we'd work together to make sure we're ready to respond to a storm."

Joint Region Marianas Training and Readiness Officer Timothy Moon echoed Bushong's sentiments. He added that the seminar was especially important because many of the leaders in the room have never experienced a typhoon either personally or in their current leadership roles.

"We look at the leadership at the

table – the majority of us are new to typhoon season in our current position," Moon said. "This is an opportunity to align, standardize and synchronize topics important to everyone would be beneficial as we get into the typhoon season."

Topics discussed were divided into two categories – typhoon preparation and recovery. Throughout the seminar, leadership tackled issues including discrepancies with the current typhoon condition of readiness (TCCOR) warnings, heavy weather brief expectations, personnel accountability, immediate response authority (IRA), initial damage assessment, collaboration, communication, and mass care.

The seminar was also the initial meeting in preparation for Exercise Pakyo, or Exercise Typhoon, scheduled for June 10-17.

The weeklong exercise will allow Guam's base installations and several government organizations to have real-time experience with preparing for an incoming typhoon and launching recovery efforts after the disaster.

Guam Gov. Eddie Baza Calvo said he was glad at the chance to meet with the military leadership. He added that the dialogue fostered an understanding of the different needs of the on- and off-base communities during a typhoon.

"I think this is good that we lay

[these issues] out here now, because as we move forward in this exercise, we at least have a little advanced knowledge of how everybody's thinking here," Calvo said. "Then, when things do happen at the end of all this, we do some evaluation on what areas that we can correct certain deficiencies."

Moon said that was exactly what the seminar was set up to do.

"A typhoon is one example of our 'one Guam' approach to exercises," he said. "A typhoon doesn't affect just one entity. It doesn't affect just the Navy. It doesn't affect just the Air Force. It doesn't affect solely the Government of Guam. It affects all of us."

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Commands celebrate heritage, diversity

By JoAnna Delfin
Joint Region Edge Staff

Personnel from Joint Region Marianas (JRM) and U.S. Naval Base Guam (NBG) recognized Asian- and Pacific-American Heritage Month with command celebrations May 26-27.

JRM personnel gathered at the Pacific War Museum in Asan May 27. Adjutant General of the Guam National Guard Maj. Gen. Benny Paulino, the event's guest speaker, said Asian- and Pacific-Americans are an important part of America's history. He added that Asian- and Pacific-Americans serving in the U.S. military continue to uphold the nation by making the ultimate sacrifice for the protection of freedom.

"Forty-seven sons and daughters of Guam and Micronesia have died while serving in support of the

different operations in our nation's continuing fight in the War on Terrorism since 9/11," he said. "To [lose one of our own], I'm sure you know, is not a good feeling."

Paulino stressed how important it is for the nation and military to continue to be culturally diverse.

"Our diversity is our strength," he said. "Let us honor our differences as it this that brings new ideas and new ways of thinking to our country just like our four fathers did when they penned the Declaration of Independence and Constitution. Our fusion as a nation of diverse people is founded on the belief that all are equal and all deserve the fruits of freedom."

As the event continues, attendees were entertained by the smooth vocal stylings of the Out of Tunez, an all-male a capella group, and a cultural dance show by the Te'ora Cultural

and Fire Show group. Audience members also had the opportunity to win prizes provided by the Navy Exchange on NBG by correctly answering trivia questions about famous Asian- and Pacific-Americans. The entertainment was followed by the serving of traditional food from Asia and the Pacific.

NBG's celebration was held at the base headquarters May 26. During his opening remarks, Chief Master-at-Arms Timothy Wilson, outgoing NBG command equal opportunity officer and anti-terrorism officer, explained the importance of recognizing Asian- and Pacific-Americans.

"It's not about only what Asian-Pacific Islanders give to our country but also our military," he said.

In his keynote address, Capt. Richard Wood, NBG commanding officer, said Asian- and Pacific-

Americans have made significant contributions to the Navy and the nation in the face of adversity.

"The real thing that we want to honor is the contributions they've made – not only because they're Asian-Pacific Islanders but because they're great Americans," he said. "It's important to remember that their parents and grandparents had to overcome barriers to allow them the opportunity to service in the Navy. Because of that, we are a better Navy."

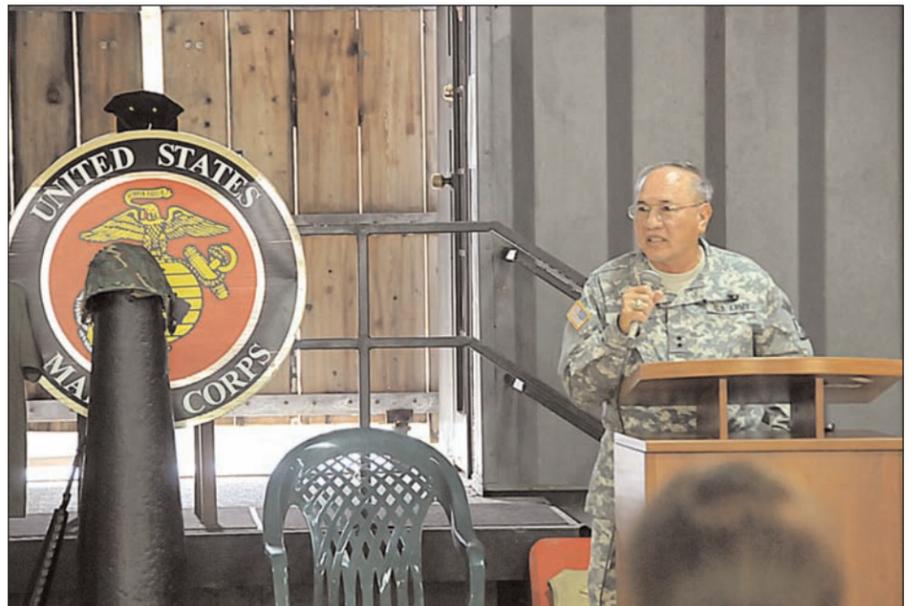
The event featured informational displays, which boasted a wide range of Asian and Pacific cultural items from musical instruments to children's toys.

The event also featured mini ukulele lessons by local musician and ukulele instructor Jeffrey "JB" Borja. After the celebration, guests were treated to a feast that featured

traditional foods from Asia and the Pacific region.

Asian- and Pacific-American Heritage Month was started by former President Jimmy Carter in 1977 when he declared the first 10 days of May as Asian- and Pacific-American Heritage Week. In 1992, the event expanded to include the entire month of May.

The Navy has recognized that it must reflect the diversity of its nation's people in order to be an effective fighting force. Currently, there are more than 35,000 Asian- and Pacific-American active-duty and Reserve service members and more than 29,000 Asian- and Pacific-American civilians in the Navy's total force. These figures include nine admirals, 11 members of the senior executive service, and 187 master chief petty officers in Navy leadership.



Sounds of Hawaii: Local musician and ukulele instructor Jeffrey "JB" Borja, left, teaches Chief Master-at-Arms (SW/AW) Chiniece Lawson, incoming U.S. Naval Base Guam (NBG) command equal opportunity officer, the fundamentals of the ukulele during the NBG celebration of Asian- and Pacific-American Heritage Month at Building 3190 on NBG May 26. (U.S. Navy photo by JoAnna Delfin)

A Son of the Pacific: Adjutant General of the Guam National Guard Maj. Gen. Benny Paulino delivers his speech during the Joint Region Marianas Asian- and Pacific-American Heritage Month celebration at the Pacific War Museum in Asan May 27. Paulino was the event's guest speaker. (U.S. Navy photo by JoAnna Delfin)

Off Limits Establishments

The Guam Armed Forces Disciplinary Control Board has placed the following establishment off limits to all military personnel:

Gallop USA Indian Art and Jewelry at the Micronesia Mall

All military personnel are prohibited from entering the establishment. Service personnel, whether in uniform or in civilian clothing, found entering or leaving the establishment may be subject to disciplinary action under the Uniform Code of Military Justice.

Report Fraud, Waste and Mismanagement

The Joint Region Marianas Hotline provides an opportunity to report significant cases of fraud, waste and mismanagement. Anyone can file a hotline complaint and you may remain anonymous.

To contact the Joint Region Marianas Inspector General:

E-mail: M-GU-JRM-IG-HOTLINE-FRAUD-WASTE-ABUSE@fe.navy.mil

Phone: 339-0001

Mailing address:
JRM Inspector General Office
PSC 455 Box 211
FPO AP 96540

Remember, the more detailed information you provide the better we can assist you.

NLSO legal beagle soars like eagle

By Mass Communication Specialist
1st Class (SW) Peter Lewis
Joint Region Edge Staff

Seven years ago, Legalman 2nd Class (AW) SueAnn Braun joined the Navy. She said she wanted to emulate someone.

"Initially I joined because I wanted to follow in my brother's footsteps," she said. "He enlisted two years before I did and told me he loved being a part of the Navy. So I decided to see what it was all about for myself."



Though she initially enlisted as a master-at-arms (MA), it would be four years before she found her true calling as a legalman (LN).

"I had always wanted to go into law enforcement but, after four years, the MA rating wasn't what I thought it would be," she said. "I wanted to be more involved so, in 2008, I cross rated to LN. There is a lot of job satisfaction in this rate. You really get to have an impact on people's lives."

Today, Braun helps service members, dependents, and other eligible personnel navigate the legal system as a member of Naval Legal Service Office (NLSO) Pacific Det. Guam.

"My job entails walking clients through the military justice process and assisting attorneys with clients; helping them prepare for administrative boards and courts martial," she said. "I work with clients to help them get ready for deployment, assign powers of attorney, and draw up wills. I also prepare tax returns during the tax season and after for those returning from deployment."

Braun, who is also her command's educational services officer and command career



Law-Abiding Citizens: Legalman 2nd Class (AW) SueAnn Braun, of Naval Legal Service Office Pacific Det. Guam, helps a customer with a legal issue at the command headquarters on U.S. Naval Base Guam May 25. Braun said that her rate provides a lot of job satisfaction because "you really get to have an impact on people's lives." (U.S. Navy photo by Mass Communication Specialist 1st Class (SW) Peter Lewis)

counselor, said that being able to help her customers and have a direct, positive impact on their lives gives her an immeasurable amount of pleasure.

"I love being able to help not only the active-duty personnel but the retirees too," she said. "A lot of people don't know where to turn for answers so they will come here. Having them leave our office with answers and knowing that they appreciate what we do for them is very rewarding. Being at the NLSO, you get to see how much simply listening to a Sailor's problem and taking the time to work with them can make all the difference in their lives."

According to Lt. Craig Thedwall, Braun's supervisor, the young LN2 stands apart from her peers because of her outstanding self motivation.

"I am always confident that when I hand a project over to her she will complete the task thoroughly and on time without any further prompting from me," he said.

Thedwall went on to say that Braun is a consummate professional and will be an asset to any command.

"LN2 sincerely cares about the Navy," he said. "As such, she always endeavors to portray the Navy in the best light possible and encourages

those around her to do so as well. Whether it's through her stellar customer service or simply maintaining the standards of our office, she's always trying to improve both herself and those around her. She would be an asset in any office and we are lucky to have her."

Braun, who was selected as her command's Sailor of the Quarter for fourth quarter 2010, said that being part of a team and having good Sailors around her enables her to excel.

"I've been stationed in some amazing places and have worked with a lot of great people," she said. "With good support like I've had the opportunities available to you are endless."

Braun also said that she draws inspiration from her husband, learning from his example and becoming a better Sailor and person in the process.

"My husband, MA2 Michael Braun, is my role model both in my personal life and the military," she said. "He's a shining example of great leadership and I can always go to him for advice. He understands my responsibilities. He knows I can't always take the easy jobs and that my career is extremely important to me, and he supports me and encourages me in anything I do."

LN2 also credited NLSO Guam's former Senior Enlisted Advisor Senior Chief Legalman (SW/SCW/AW) Catherine Sauter with having a profound influence on her work ethic.

"Since my first day at NLSO Guam, senior has been extremely supportive and encouraging," Braun said. "She is extremely knowledgeable and is willing to share it with you. She taught me that the Navy is what you make of it and to never give up on what you want. She's someone to look up to and aspire to be like – a truly great leader."

For those looking to emulate her success and motivation, Braun had a few words of advice.

"Never giving up," she said. "Always going above and beyond to help support the command mission – that's what Sailors do."

Andersen's Best: Gedridge packs the heat



One Explosive Airman: Airman 1st Class Allison Gedridge, 36th Munitions Squadron equipment maintenance crewmember, was awarded Andersen's Best May 19.

Gedridge bolstered Pacific Air Force's War Reserve Material program, ensuring four million dollars worth of munitions-handling equipment items were available. Additionally, she was vital to supporting maintenance on a \$1.3 billion munitions stockpile. As the supply point manager, Gedridge is responsible for maintaining the squadron's largest bench stock of equipment worth more than \$29,000, which was recognized as a strength during the compliance inspection.

Gedridge is also responsible for managing on-the-job training and the training business area program for 11 Airmen. Her efforts have lead to a 100 percent quality assurance pass rate.

Andersen's Best is a recognition program which highlights a top performer from the 36th Wing. Each week, supervisors nominate a member of their team for outstanding performance and the wing commander presents the selected Airman with an award.

To nominate your Airman for Andersen's Best, contact your unit chief or superintendent explaining their accomplishments. (U.S. Air Force photo by Staff Sgt. Jamie Powell)

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Do your part to prevent sexual assaults

By Command Master Chief (AW/SW)
Paul A. Kingsbury
Joint Region Marianas Command Master Chief



Kingsbury

April was Sexual Assault Awareness Month.

Joint Region Marianas Commander Rear Adm. Paul Bushong and I recently attended the Department of the Navy's (DON) Sexual Assault Prevention Summit where we heard insights from many sexual assault prevention experts and DON leadership about the impact of sexual assault on the Navy and Marine Corps teams, and examined solutions for the future.

The summit challenged us to think about sexual assault in new ways and to reflect on how we can eliminate this life-altering incident on Guam.

Consider the following statistics regarding sexual assault:

- Sexual assault is a low risk/high reward crime for perpetrators. Over the last two years, there has been an average of about 900 sexual assaults in the Navy reported per year. That averages out to about THREE PER DAY!

- Most victims are female but males are potential victims as well. In fact, male-on-male assault in the fastest growing reported category of sexual assault.

- About 30 percent of the women in the Navy report that they have been sexually

assaulted or raped. As a female, you have a 20-30 percent chance of being assaulted in your military career.

- Based on national statistics, the reporting rate for sexual assault is anywhere from 1-in-5 cases to 1-in-8 cases.

Last year we had nine reported assaults on Guam. That means there were probably 50-60 assaults involving our Sailors and, of those assaults, we can extrapolate based on national studies that approximately 80 percent, or 44 cases, were situations where one Sailor assaulted another – simply unacceptable.

These statistics are sobering and should make each of us mad! The standard for sexual assault is clear – ZERO TOLERANCE.

We all have the ability to stop this crime once we understand how it happens and methods available to prevent it. I think the solution is found in understanding the role alcohol plays and engaging in bystander intervention.

An important piece in the prevention of sexual assault is understanding how alcohol is used to facilitate it. During alcohol-facilitated sexual assault (AFSA), the victim is too incapacitated to consent due to the effect of alcohol or alcohol mixed with prescription or recreational drugs unknowingly administered by the assailant.

The assailant uses alcohol and drugs as a weapon. Remember that alcohol consumption impairs your judgment and self-evaluation ability and the perpetrators understand this. This impairment can cause you to lose situational awareness and lower your inhibition, all of which can make you a much more vulnerable target for sexual assault.

Know and drink within your limits. Keep awareness of strangers who offer to buy your drink and never leave your drink unattended.

I hope by now you are familiar with the concept of bystander intervention – what it means and how it plays into eliminating sexual assault. I think most of us simply call it looking out for and taking care of each other. Essentially, it's stepping in when you see or feel that something is just not right.

I ask that you consider these points:

- Approximately 95 percent of men do not commit sexual assault. Of the 5 percent who do, many of them are serial offenders. We need to use that 95 percent to engage the other 5 percent.

- There are, on average, approximately 40 bystanders between an offender and victim who can intervene to stop the act before it happens. We all have the power to stop sexual assault and other bad decisions.

- We look at our people as Sailors and peers – keep in mind they are also someone's son, daughter, sister, brother, niece, nephew, mother, or father. I would offer that most of those folks would intervene on behalf of their

family member to stop them from getting into a bad decision. Wouldn't you? By stepping up as bystanders, we are providing some much appreciated backup to those family members.

- We should expect intervention and communicate that failure to intervene is endorsement. If we see the potential for sexual assault and do nothing to prevent it, then we are saying that the act is OK.

- Bystander intervention often involves conflict, difficult conversation or engagement before an event can occur and some may be uncomfortable with it. There is training on techniques that we can use to engage but I'm sure that many leaders are equipped to give our Sailors examples and options they can use. Overcoming the apprehension to engage on the front end is better than feeling that you could have prevented something that happened on the back end.

Adm. Bushong and I need your help to eliminate sexual assault on Guam. If we all engage proactively within our scope of influence, I know we will succeed in eliminating this crime from commands on Guam.

For more information on policy and available resources, contact our Sexual Assault Resource Coordinator Evangeline Cabacar at Evangeline.Cabac.CTR@fe.navy.mil or log onto the Department of Defense Sexual Assault Prevention and Response Office (SAPRO) Web site at www.sapro.mil or the DON SAPRO Web site at www.donsapro.navy.mil.

News Notes

Job Announcements

Interested individuals can view the vacancy listings at <https://www.cnic.navy.mil/Marianas/index.htm> or at <https://chart.donhr.navy.mil>. For more information, call 349-6119/2224.

Andersen Chapel Announces Openings

The Andersen Chapel is in need of a Chapel Tithes and Offering Fund Account Manager. A Statement of Work is available for pick up at Chapel 2, Building 1623 on Andersen Air Force Base. Bids and Resumes must be submitted to Staff Sgt. Jason Smith at Chapel 2, Building 1623 by close of business June 15. For more information, call 366-6139 or e-mail Jason.smith@andersen.af.mil.

U.S. Naval Base Guam Town Hall Meeting

All U.S. Naval Base Guam (NBG) service members and family members are encouraged to attend the NBG Town Hall Meeting at the Big Screen Theatre on NBG June 8 from 6-7:30 p.m. Updated information about base happenings will be provided by NBG Commanding Officer Capt. Richard Wood and subject-matter experts – this is your opportunity to ask questions. There will also be informational displays by the Fleet and Family Support Center, U.S. Naval Hospital Guam, the NBG Safety Office, the Navy-Marine Corps Relief Society and Department of Defense Education Activity Guam. Child care will be provided at a rate of \$3 per hour from 5:30-8:30 p.m. Sign up in advance by calling the NBG Child Development Center at 564-1844/5.

Andersen Town Hall Meeting

All Andersen Air Force Base (AFB) service members and family members are encouraged to attend the Andersen Town Hall Meeting at the Meehan Theater on Andersen AFB June 8 beginning at 6 p.m.

Call for Liberation Day Entertainers

The 67th Guam Liberation Day Committee is seeking interested groups or individuals who are willing to perform at the 2011 Liberation Carnival. Carnival entertainment will be highlighted nightly from 6:30-11 p.m. June 11-July 24. The Committee is looking for cultural and ethnic groups, dance troupes, clowns, school bands, comedians, magicians, variety acts, roving performers, rock/pop/reggae bands, martial art exhibitions and more! Deadline to submit contact information and description of act for consideration is June 6. For more information or to sign up, call Sinajana Vice Mayor Robert Hoffman or Mike Mafnas at 475-1539.

Coalition of Sailors Against Destructive Decision

The Coalition of Sailors Against Destructive Decision (CSADD) Program provides an additional resource and communication tool that facilitates positive Sailor interaction and complements a commander's message directing proper conduct both on and off duty. For more information about this program, contact Joint Region Marianas CSADD Team Leader Chief Logistics Specialist (SW/AW) June Magaling at 349-1238 or June.Magaling@fe.navy.mil.

Andersen Air Force Base Public Health

Going on vacation? Andersen Air Force Base's Public Health office can provide clinic beneficiaries with general health information such as vaccine requirements, prophylactic medications and disease outbreaks for your specific travels. For more information on your next destination, contact Andersen Public Health 366-4147.

Morale, Welfare and Recreation Dining Establishments to Raise Prices

U.S. Naval Base Guam Morale, Welfare and Recreation has adjusted prices at select food and beverage facilities including Nap's Alabama BBQ, Molly McGee's Irish Pub and Game Time Sports Grill. This change comes as a result of increasing fuel and shipping costs. For more information, call 687-2589.

U.S. Naval Base Guam Facilities Changing Hours of Operation

The following U.S. Naval Base Guam Morale, Welfare and Recreation facilities have changed their hours of operation:

Clipper Landing – Open Friday through Sunday and holidays from 11 a.m.-8 p.m.

Nap's Alabama BBQ – Open Monday through Friday from 11 a.m.-1:30 p.m.

Charles King Fitness Center (CKFC) – Monday through Friday from 4:30 a.m.-10 p.m. CKFC weekend hours of operation will remain the same.

Marine Corps Drive Lane Closure Near Polaris Point

Sections of the south and north bound interior lanes of Marine Corps Drive beginning at Polaris Point will be closed to traffic Monday through Saturday from 7:30 a.m.-3:30 p.m. until mid-November due to upgrades of the Navy's wastewater collection system. The project will progress north from the Polaris Point intersection to the Sasa Valley Fuel Farm. Lane closures will be executed in an effort to minimize impact to traffic. Motorists are advised to use caution and observe the posted speed limits around the construction site.

USPS Naval Station New Business Hours

The United States Postal Service location in Barracks 4 on U.S. Naval Base Guam is open Monday through Friday from 8 a.m.-noon and 1-3 p.m. and closed on Saturdays, Sundays and federal holidays.

Human Resources Hotline

Call the new Joint Region Marianas Human Resources hotline to be connected with human resources specialists and services. Check the latest vacancy announcements, view available training or be put in contact with personnel to answer questions regarding equal employment opportunity and employee labor relations at 1-855-HRO-GUAM (1-855-476-4826).

U.S. Naval Base Guam Information Line, Twitter Updates and Facebook Page Naval Base Guam has a new Information Line that will be updated periodically during emergencies affecting NBG and personnel. For more information on incidents such as these, call 339-4636. NBG also uses Twitter for periodic updates including information on power outages, road closures, base activities and more. Follow NBG on Twitter at www.twitter.com/nbg Guam or become a fan of "US Naval Base Guam" on Facebook.

Andersen prepares for Exercise Pakyo

By Airman 1st Class Whitney Tucker

36th Wing Public Affairs

The Pacific Northwest is prone to tropical cyclone activity 365 days a year. Because Guam is located within this tropical belt, the possibility of a storm is ever-present making natural disaster planning a high priority for the island.

To maintain sharp emergency response procedures and prepare residents for adverse conditions, the 36th Wing in conjunction with local government agencies is scheduled to conduct Exercise Pakyo (PUHK-dzoo), or Exercise Typhoon, June 10- 17.

"It has been two years since Andersen has conducted a typhoon exercise and there are many new personnel that need to learn proper typhoon-readiness procedures," said Maj. Bruce Murren, 36th Wing inspector general. "We are conducting this exercise to practice how we would

actually respond during a typhoon. We will go through all the typhoon conditions of readiness and follow the appropriate procedures when a change dictates."

Typhoon conditions of readiness (TCCOR) are broken down into four categories, the mildest being TCCOR 4. Each level requires a specific set of measured actions to ensure maximum preparedness.

"Here on Guam, we are always in TCCOR 4 due to the year-round threat of typhoons," said Master Sgt. Carlos Durden, 36th Civil Engineer Squadron Readiness and Emergency Management superintendent. "Day-to-day operations are conducted but we maintain a heightened sense of awareness."

If conditions worsen, TCCOR 3 is implemented indicating winds of at least 58 miles per hour are expected within 48 hours.

"During TCCOR 3 housing residents must secure outdoor items

that may become projectiles," Durden said. "It is important to remember to secure name plates located outside your home as they can be extremely harmful if dislodged. You should also purchase any supplies you are lacking, ensure you have cash and fill your vehicle with fuel."

The procedures for TCCOR 2 are set in motion when winds of 58 miles per hour or greater are expected within 24 hours.

"This is the time to close and secure your shutters, park your car in a protected area and fill bathtubs, basins, sinks and washing machines with as much water as you can stockpile," Durden said. "This will allow you to bathe, hand-wash clothing and flush the toilet without power. For drinking, pack the freezer with containers of water. You also want to have a radio and plenty of extra batteries for communication and updates."

Finally, TCCOR 1 is implemented

when winds of at least 58 miles per hour are expected within 12 hours. There are three divisions of TCCOR 1 – caution, emergency and recovery. Each calls for a different course of action than the last, Durden explained.

"During TCCOR 1 caution, the gates will close and only mission-essential personnel movement will be permitted," he said. "If you need to get on base, be sure to do so during TCCOR 2. In the next phase of TCCOR 1, emergency, no one is allowed outside. This means the typhoon has hit and going outdoors can be life threatening. TCCOR 1 recovery is enacted when the storm has passed. Obviously everyone wants to come out and look at the aftermath but only damage assessment teams are permitted outside during this stage."

When the all clear is given, TCCOR 4 will be implemented indicating Team Andersen members may leave their homes. Until this time,

the use of generators is not permitted.

"Andersen residents can expect base-wide power outages during a typhoon so they can expect them during the exercise," Durden said. "However, generators are not to be used unless we are in TCCOR 4. It is vital that we conduct ourselves the way we would in the face of a real typhoon. Practice saves lives."

Exercise Pakyo is being conducted in conjunction with many local government agencies in an effort to form a cohesive team and streamline emergency response processes.

"Any typhoon is going to impact the entire island," Murren said. "We need to be able to communicate our capabilities and needs to others. We are partners with all agencies and we value mission and life and strive to restore operations quickly and minimize injury as much as possible."

For questions concerning typhoon readiness, contact the Emergency Management Flight at 366-3113.

New Andersen ADC team provides advocates

By Capt. Michael Boyer
And Tech Sgt. Tara White

36th Wing Judge Advocate Office

You may have seen posters around Andersen Air Force Base (AFB) saying, "Defending those defending freedom," and wondered to yourself what the Area Defense Counsel (ADC) office does and what we can do for you. There is a new defense paralegal on Andersen, Tech. Sgt. Tara White. I'd like to take this opportunity to introduce

our team and let you know what services we can provide.

The ADC office on Andersen is composed of one active-duty attorney and one active-duty paralegal. Together, we represent active-duty Air Force members in actions under the Uniform Code of Military Justice at courts-martial and nonjudicial punishment actions. Additionally, we represent clients in a variety of other actions including administrative discharges, referral performance reports, administrative demotion actions, and letters of reprimand/counseling.

We are unique from counterparts over at the base legal office in that we represent you and not the command. In fact, when established in 1976, the ADC was taken out of the base legal office to ensure independent defense services were made available to Air Force members. As a result, we are free to advocate for you as our client without fear of any negative repercussions from the command.

"It is not the job of the defense counsel to assist or make it easy for the government to establish or present its case," said Maj. Gen. Thomas

Bruton, former Judge Advocate General of the Air Force in 1983. "To the contrary, the independent defense structure pioneered by the Air Force was, in part, established to enable defense counsel to freely make those many difficult and sometimes challenging decisions without fear of command interference or reprisal."

If questioned, remember that, under military law, an Air Force member suspected of committing a criminal offense has the right to remain silent and the right to consult with a military lawyer free of charge prior to

making any statement. If you choose to exercise either of these two rights, we are here to help you. We can also assist you even before any action is taken against you and while the command is still investigating your case.

If you find yourself in need of our services or have any questions at all, please do not hesitate to drop by our office or give us a call. The ADC is located in Mission Support Group Headquarters Building 23028 on Andersen AFB. For more information, call 366-2281.

Retirement ceremony a family affair

By Mass Communication Specialist 2nd Class (SW) Corwin Colbert
Joint Region Edge Staff

Chief Master-at-Arms Vicki Guist, of U.S. Naval Security Forces Marianas, and her husband Chief Master-at-Arms (SW/EXW) Tony Guist, of Maritime Expeditionary Security Squadron (MSRON) 7, retired after 22 years of service during a joint ceremony at the U.S. Naval Base Guam (NBG) Chapel May 27.

The event was family oriented right from the beginning with the National Anthem performed by Vicki Guist's mother Jeanne Williams.

The guest speaker at the event was Capt. John Nicholson, of U.S. Naval Hospital Guam. Nicholson has been the Guist family otolaryngologist both on Guam and at other commands. The family friend said he was honored to speak at the ceremony.

"This is a truly unique ceremony," Nicholson said. "It is not often you will see a dual retirement. Throughout your years of service, the ability to develop strong Navy family values has contributed to your success."

Following his speech, the couple received Fleet Reserve certificates as well as certificates of appreciation from former Commander in Chief George W. Bush, the Chief Petty Officer Mess and various state governors.

Tony Guist received a personal award for meritorious service as

mission commander and platoon chief petty officer at MSRON 7. Vicki Guist received a personal award for meritorious service as U.S. Naval Security Forces Marianas Control Section Harbor Division leading chief petty officer.

The couple each received a shadow box commemorating their years of service. Each box contained their awards, seaman recruit to chief petty officer rank insignia, and duty stations. After the gift and award ceremony, each spoke about their time in the Navy, their family, and thanked everyone who attended.

Afterwards, a dual-flag detail ceremony began. The ceremony represents the career of each retiree. The passing of the flag from person to person signifies the transition of each individual throughout their Navy career.

The ceremony ended with the traditional retirement ceremony poem and the couple being piped ashore. Tony Guist said this retirement was a family affair.

"It was a huge event for us," he said. "Not only have we been in for 22 years but our daughter was born into the service as well. This is the only life she knows. Now she must transition with us as well."

Vicki Guist said the ceremony was the realization of a goal for the couple.

"Retiring together was in our plans," she said. "We thought, hopefully, it would work out and it did."



Star-Crossed Shipmates: Chief Master-at-Arms Vicki Guist, of U.S. Naval Security Forces Marianas, and her husband Chief Master-at-Arms (SW/EXW) Tony Guist, of Maritime Expeditionary Security Squadron 7, are piped ashore following a joint retirement ceremony at the US. Naval Base Guam Chapel May 27. The couple retired together after 22 years of naval service. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)

36th CRG changes hands



From Corallo to Opielowski: Col. Theodore Corallo, left, 36th Contingency Response Group commander, passes the 736th Security Forces Squadron (SFS) guidon to Maj. Tara Opielowski, newly-appointed 736th SFS commander, during a change of command ceremony on Andersen Air Force Base May 26. (U.S. Air Force photo by Senior Airman Carlin Leslie)

Air Force leaders prioritize safety

From Air Force News Service

Secretary of the Air Force Michael Donley, Air Force Chief of Staff Gen. Norton Schwartz and Chief Master Sgt. of the Air Force James Roy send the following Critical Days of Summer safety campaign message to the Airmen of the U.S. Air Force and their families:

Memorial Day weekend through Labor Day marks the season of greatest risks for our Air Force team. To counter those risks, we will kick off the Critical Days of Summer safety campaign for 2011 May 28.

Unfortunately, last summer we lost 16 Airmen. While this was an improvement over the 21 lost the previous year, we must strive to do better. The 2011 Air Force goal is zero preventable mishaps and fatalities.

The leading causes of preventable fatalities during the Critical Days of Summer are off-duty private motor vehicle mishaps and drowning. We therefore emphasize the importance

of fastening seatbelts, driving at reasonable speeds and avoiding situations of driving while distracted, under the influence, fatigued or otherwise impaired.

While participating in aquatic activities, we also strongly urge the use of proper equipment such as personal flotation devices, and avoiding hazardous areas and dangerous water conditions.

We challenge all Airmen to make this year safer than last. Be each other's wingman – use risk management principles, both on and off duty, and exercise sound judgment. We encourage each of you to invest a high level of commitment in taking care of one another.

Our most important objective for this summer's campaign is protecting military and civilian personnel and their families.

Enjoy the summer months ahead, be a good wingman and be safe. Thank you for your service and all that you do for our Air Force and our nation.

Graves chosen as Scoutmaster of the Year

From Boy Scout Troop 23

Cmdr. Yuri Graves, U.S. Coast Guard Sector Guam deputy commander, was selected as the 2010 Boy Scout Scoutmaster of the Year for Guam at the Chamorro District Awards Dinner in April. He also received the Boy Scout Unit Leader Award of Merit for unwavering service and dedication.

As the Scoutmaster for U.S. Naval Base Guam (NBG) Boy Scout Troop 23, Graves dedicated hundreds of hours to the boys within his troop and to the entire scouting community on Guam.

When he became Scoutmaster in January 2010, the troop only had three boys. Through his dedication, leadership, friendliness and positive-parent networking, the troop has grown to 17 boys and now has a full contingent of adult leaders and dedicated parents.

Graves has led Troop 23 during numerous activities and events. They have conquered Umatac's Mt. Lamlam, the tallest peak on Guam;

climbed the "Spanish Steps" on NBG; gone snorkeling at Orote Point; camped, hiked and explored the caves at Tarague Beach on Andersen Air Force Base.

Under Graves' guidance, Troop 23 has set the bar high for service organizations. They organized and carried out a beach cleanup near Adelup collecting nearly 20 bags of garbage.

Graves also worked with his Troop to plan "Operation Shoes," an effort that resulted in the collection of more than 100 pairs of shoes, which were delivered to the people of Yap for Christmas.

Graves also volunteered as Merit Badge Counselor and instructor for Guam's annual weeklong Boy Scout Summer Camp. In addition to managing his scouts, Graves acted as lifeguard and helped more than 25 scouts earn their Geology Merit Badge.

Graves continues to enjoy working with Boys Scouts from Guam and believes that scouting is alive and well in the Pacific.



In Good Hands: Cmdr. Yuri Graves, U.S. Coast Guard (USCG) Sector Guam deputy commander, stands with members of Boy Scout Troop 23 as they wrap up their tour of the command compound in Santa Rita Dec. 28, 2010. Graves was selected as the 2010 Boy Scout Scoutmaster of the Year for Guam in April. (Photo courtesy of the U.S. Coast Guard)

Frank Cable Sailors moving into new NBG housing

By Mass Communication Specialist 1st Class Eric S. Dehm

USS Frank Cable (AS 40) Public Affairs

Sailors from USS Frank Cable (AS 40) will be moving into deluxe new energy-efficient apartments on U.S. Naval Base Guam (NBG).

A ribbon-cutting ceremony was held at NBG to officially open the base's newest Bachelor Enlisted Housing, whose first residents will be Sailors from Frank Cable, May 20.

The new housing features suites

for two with separate bedrooms and shared common areas. A kitchenette, laundry area and full bathroom with brand new appliances will greet each new resident.

"I'm really looking forward to having my own bedroom," said Hull Technician 3rd Class (SW) Mary Irby. "These rooms are awesome. They're new and clean and have energy-efficient appliances. It's great."

With an increased comfort level achieved for Sailors, leaders in Frank Cable's chain of command believe other improvements will follow on both personal and professional levels.

"This building is fantastic and will improve the quality of life for Cable Sailors," said Cmdr. Michael Dufek, Frank Cable repair officer. "I think that improvement in their home lives will have a positive, direct impact on our ability to complete Frank Cable's mission of repairing submarines."

When NBG leadership was deciding who would move into the new facility, many different things were taken into account.

"The engagement of the Frank Cable Chief's Mess was really the deciding factor," said NBG Command Master Chief (SW/AW/SCW) John

T. Lawry. "Command Master Chief [(SS/SW) Peter] Kosloski and the chiefs onboard Cable have an aggressive program for taking care of their Sailors. They make sure their Sailors are doing the right thing. That's part of why Frank Cable Sailors have been doing such an excellent job of taking care of their quarters and I am confident that will continue here."

Master Chief Navy Career Counselor (SW) James R. Chambers, Frank Cable command career counselor, also expressed confidence in the Frank Cable crew's ability to keep their living spaces in good order.

"I have no doubt that our Sailors will set a great example," he said. "The Cable's chiefs will stay involved with them and make sure that any problems they are having are addressed but I fully expect that they will do the right thing by meeting and exceeding the expectations that we and the base have for them."

Irby confirmed Chambers' commitment.

"I'm really looking forward to moving in here," she said. "I just want to let the Naval Base know we are thankful and, as the first residents of this building, we will make sure [the facility] is taken care of."

Airmen help with beach cleanup



Everybody Do Your Share: Volunteers from the 96th Bomb Squadron (BS) participated in a cleanup with Government of Guam entities at the Tanguisson Beach Park in Dededo May 28. The Airmen partnered with personnel from the Department of Parks and Recreation, the Islandwide Beautification Task Force and the Dededo Mayor's Office to clean up the shoreline and surrounding park area. The 96th BS is stationed at Andersen Air Force Base. (Photo courtesy of the U.S. Air Force)

Cable Sailors do damage control



It's Under Control: Damage Controlman 2nd (SW/AW) Class Anthony Kevan, right, and civilian mariners, assigned to the submarine tender USS Frank Cable (AS 40), conduct damage control training while passing through the Philippine islands May 23. Frank Cable conducts maintenance and support of submarines and surface vessels deployed in the U.S. 7th Fleet area of responsibility. (U.S. Navy photo by Mass Communication Specialist Seaman Apprentice Chris Salisbury)

CAC services now available online

Personnel Support Det. (PSD) Guam now offers a Web service to help service members and their dependents make appointments to obtain new Common Access Cards (CAC).

There are two ways to get a new CAC.

Online:

1. Visit <http://www.cnmc.navy.mil/Guam/index.htm>.
2. Scroll over "Installation Guide" tab and click on "Personnel Support Detachment."
3. On the side menu, click on the "ID cards, DEERs, and RAPIDS" link. Once on that page, click on the "Schedule an appointment" link, which will take you to the Appointment Scheduler Web site at <http://appointments.cac.navy.mil/>.
4. On the Appointment Schedule Web site, click on the "Make Appointment" tab. Choose Guam from the "Select a Country" dropdown menu and click "GO." You should see "PSD Guam, Chapel Road, Santa Rita, Guam." Click "Select."

5. Choose an available appointment day from the calendar. This will take you to a new page where you can choose an available time for that day.

6. On the next page, enter your personal information and click "Submit." Once you have completed and submitted the online form an e-mail confirmation will be generated.

On site:

The second way to obtain a new CAC is to visit PSD Guam as a walk-in customer. As a courtesy to others, walk-in customers will be seen after patrons with scheduled appointments.

PSD Guam is located on the first floor of Barracks 5 on U.S. Naval Base Guam and is open Monday through Friday from 7:30 a.m.- 3 p.m.

For more information, contact PSD Guam at 339-8301.

Sailors recognized for hard work

By JoAnna Delfin
Joint Region Edge Staff

The Navy League of the United States Guam Council recognized the outstanding work of Sailors and Coast Guardsmen from January through March during the Sailor of the Quarter (SOQ) Breakfast at Top o' the Mar in Asan May 25.

U.S. Naval Base Guam (NBG) Command Master Chief (SW/AW/SCW) John Lawry welcomed attendees to the event.

"Recognizing our Sailors is something we like to do and this breakfast is a small way we can show them our appreciation," he said. "The Sailors of the Quarter are our guests and who we are here to recognize."

After the welcoming remarks, Navy League Guam Council President Mark J. Sablan thanked the selected service members for going above and beyond the call of duty.

"On behalf of the U.S. Navy League Guam, I want to salute and congratulate our Sailors of the Quarter for their exceptional leadership skills and drive for excellence," he said. "The Sailors and Coast Guardsman

that we are recognizing today and the many that have received this award contributed one way or another to the growth and protection of our island."

Sea Junior SOQ Hull Technician 2nd Class (SW) Michael Gacke, of Explosive Ordnance Disposal Mobile Unit 5, said he was happy about his selection. He encouraged all Sailors to do their best and work hard.

"To my fellow shipmates - don't give up," Gacke said. "Keep your head up. Do the right thing. Take care of your people and they'll take care of you, and you can find yourself in this position as well. It's a very good feeling to be in this type of position."

Gacke's comments hit home with Shore Blue Jacket of the Quarter Personnel Specialist Seaman Alexis A. Gonzales, of Personnel Support Det. Guam. Gonzales busied himself with his duties without looking for recognition.

"This came as a total surprise to me," he said. "It feels good knowing my work is being recognized and to receive an award such as this is just a great feeling."



Cream of the Crop: Guam Sailors of the Quarter for the 2nd Quarter and representatives from the Navy League of the United States Guam Council and USO Guam pose for a photo during the Sailor of the Quarter Breakfast at Top o' the Mar in Asan May 25. From left to right John Dennett, Navy League of the United States Guam Council vice president; Leigh Leilani Graham, USO Guam director; Construction Mechanic 1st Class (SCW/EXW) David Carlton, of Naval Mobile Construction Battalion 133; Master-at-Arms Seaman Corey A. Whitt, of Maritime Expeditionary Security Squadron 7; Personnel Specialist Seaman Alexis A. Gonzales, of Personnel Support Det. Guam; Electronics Technician 1st Class (AW) Jason P. Hecker, of Naval Airborne Weapons Maintenance Unit 1; Logistics Specialist 2nd Class (SW) Bernam H. Tapang Jr., of Navy Munitions Command East Asia Division Unit Guam; Torgun Smith, Navy League of the United States Guam Council secretary; Hull Technician 2nd Class (SW) Michael Gacke, of Explosive Ordnance Disposal Mobile Unit 5; and Mark J. Sablan, Navy League of the United States Guam Council president. Not pictured is Boatswain's Mate 2nd Class Erin J. Doege, of U.S. Coast Guard Sector Guam. (U.S. Navy photo by JoAnna Delfin)

Andersen Exchange combats shoplifting

From Army and Air Force
Exchange Service Public Affairs

An abundance of shoplifting prevention measures such as eagle-eyed Closed Circuit Televisions with digital video recorder (DVR) technology, expanded use of high-tech Electronic Article Surveillance and an aggressive youth awareness campaign produced a 16 percent decrease in theft at the Andersen Air Force Base (AFB) Exchange from 19 incidents in 2009 to 16 in 2010.

Recently released statistics show the sophisticated anti-shoplifting measures are also being cited as a factor in reducing the costs of products involved in detected cases from \$4,793.84 to \$1,686.72 in 2010.

The Army and Air Force Exchange Service (Exchange), which has contributed more than \$2.4 billion to Air Force Services and Army Family and Morale, Welfare and Recreation Command programs in the past 10 years, continues to focus its efforts on reducing theft.

"Shoplifting at the Exchange results in a reduced return on investment to our primary shareholders - the military community," said Edward Murphy, Exchange Guam general manager. "Because the Exchange is a command with a mission to return earnings to quality of life programs, people who steal from the Exchange don't only harm themselves but directly impact Morale, Welfare and Recreation's ability to complete its mission."

If shoplifting is suspected, the Andersen Exchange Loss Prevention

office turns the issue over to local law enforcement.

In addition to possible disciplinary action or criminal prosecution, the Federal Claims Collection Act allows the Exchange to enact a flat, administrative cost of \$200. There may be further fees depending on the condition of the stolen merchandise and shoplifters may possibly face further civil actions to include loss of Exchange privileges.

The Exchange Service is a joint command and is directed by a Board

of Directors which is responsible to the Secretaries of the Army and the Air Force through the Service Chiefs of Staff.

The Exchange has the dual mission of providing authorized patrons with articles of merchandise and services and generating non-appropriated fund earnings as a supplemental source of funding for military Family and Morale, Welfare and Recreation programs. For more information, visit <http://www.shopmyexchange.com>.

Exchange Web resource designed to ease PCS stress

From Army and Air Force
Exchange Service Public Affairs

As school lets out at locations throughout the Pacific region in June, many military service members and their families will be choosing summer as the time to make their permanent change of station (PCS) moves.

With this in mind, the Army and Air Force Exchange Service (Exchange) designed a Web-based resource with the goal of making this transition time a little easier for the military family.

The Exchange's Smooth Move PCS Headquarters Web site connects

military service members to a host of various sites which provide information on money-saving offers, planning a move, financial services, checklists and points of contact for education and employment at their PCS destination among many other PCS tips.

"The Exchange realizes how hard it can be when military service members and their families PCS and that's why we designed our PCS Headquarters to help them experience a truly smooth move," said Sgt. Maj. James Pigford, Exchange Pacific Region senior enlisted advisor. "It was important for us to provide them with a resource that not only makes

their PCS a little more affordable but also gives them an all-encompassing support system, providing them with access to anything they may need during this transitional time."

The PCS Headquarters Web site features an Exchange "Welcome to the Neighborhood" coupon book full of special offers aimed at helping military families save money during a PCS move. Service members can also find a link to the Exchange Credit Program, which provides special promotions revolving around refurbishing a house or apartment, or replenishing household goods.

Along with money-saving offers and promotions, the PCS Headquarters

page links to the Military Moving Center Web site, which provides online support to military families who need to switch their utility services or compare the prices of utility services in locations to which they will move.

If military families are seeking assistance with their finances, childcare or need to talk to someone due to emotional stress, they can also use the PCS Headquarters Web site to link to Military One Source, a Department of Defense resource that provides support 24/7.

To access the Exchange's Smooth Move Web site, visit www.shopmyexchange.com, scroll to the bottom of the page and click on PCS

Headquarters under the Community Info heading.

The Army and Air Force Exchange Service is a joint command and is directed by a Board of Directors, which is responsible to the Secretaries of the Army and the Air Force through the Service Chiefs of Staff. The Exchange has the dual mission of providing authorized patrons with articles of merchandise and services and generating nonappropriated fund earnings as a supplemental source of funding for military Family and Morale, Welfare and Recreation (FMWR) programs.

For more information, visit <http://www.shopmyexchange.com>.

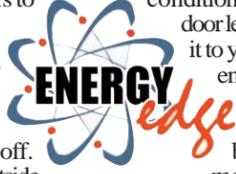
Let's close the door on energy waste

By David Motroni
Marine Corps Energy Program Manager

Doors, of course, let us in and out of a building and through spaces within a building.

Most doors are within a building's air conditioning boundary and can be left open unless they are designated

as fire doors. One way to save on air conditioning is to close doors to spaces that aren't used much, like storage areas. If they have their own source of air conditioning, set the thermostat to the most energy-saving position or off. Obviously, doors to the outside



need to be closed when the air conditioner is on. If you notice a door left open frequently, report it to your supervisor, building energy monitor, or facility manager.

The problem could be as simple as a mechanical door closer in

need of repair or a building pressure adjustment. Typically, the volume of fresh air being brought into the building should be slightly more than the volume of air being exhausted to keep a slightly positive pressure in the building but not enough to keep the doors open. It is especially important that

large loading doors be closed when not actively in use as we can lose considerable conditioned air through these large openings. Report large loading doors that are frequently left open to the appropriate personnel.

Your help in keeping our doors closed improves comfort and assists productivity.

What does Memorial Day mean to you?

In recognition of Memorial Day, Joint Region Edge asked readers what the holiday means to them.



“Everyone should take time on Memorial Day to think about the men and women who have died in order to keep this country strong and great, remember their sacrifices, and be grateful for all that we have.”

— Construction Mechanic 2nd Class (SCW) Demicrick Jacobs
Naval Mobile Construction Battalion 133



“It’s a day to celebrate the veterans and service members. We should pay our respects to those who have fallen and who are still fighting for our rights.”

— Senior Airman Richard Allbee
36th Force Support Squadron



“This is a time for the entire country to remember our vets, what they fought for, and what they sacrificed so that we can enjoy the freedoms we have.”

— Hull Maintenance Technician 3rd Class Eddie Konty
Navy Operational Support Center Portland



“Well what comes to my mind first when I think of Memorial Day are the sacrifices my grandfather and father made during their service in the military. My grandfather was a pilot in the Navy and my father was in the Air Force and was actually stationed here 20 years ago.”

— Staff Sgt. Matthew Matlock
36th Communications Squadron



“It’s a day to honor those who have served and given their lives to defend our liberty.”

— Utilitiesman Constructionman Apprentice Matthew Kicinski
Naval Mobile Construction Battalion 133



“It’s about celebrating the veterans both past and present who have died or are dying for us. It’s a chance for us to remember what they gave for us.”

— Staff Sgt. Philip Harville
36th Force Support Squadron

Memorial Day: A duty to remember sacrifices

Continued from Page 1

“For there is great honor, comfort, and solace knowing our American wardead – our brothers and sisters, mothers and fathers, sons and daughters, loved ones – all laid down their lives for us so we could be free.”

In remembrance of lost service members, seven Soldiers from the Guam Army National Guard (GUANG) solemnly stood in front of seven gravesites and placed dog tags and a helmet atop a bayonet at each post. Each gravesite represented a conflict in which service members unselfishly gave their lives – World War I, World War II, the Korean War, the Vietnam War, the Persian

Gulf War, Operation Enduring Freedom and Operation Iraqi Freedom.

Staff Sgt. Ivan Castro, of the GUANG Civil Support Team, was one of the Soldiers who participated in the graveside tribute. For Castro, the gesture hit close to home.

“I’ve lost family members who died while at war and it’s an honor for me to come out and be blessed just by being here and just supporting the whole Memorial Day,” he said.

As the Soldiers marched away from the gravesites, Army veteran Dan Pocaigue performed a special song in remembrance of fallen service men and women.

Following Pocaigue’s performance, Local female dignitaries including

First Lady Christine Calvo; Guam Congressional Delegate Madeleine Z. Bordallo; Guam 31st Legislature Speaker Judith T. Won Pat; Dona Bushong, wife of Joint Region Marianas Commander Rear Adm. Paul Bushong; and Betsy Wood, wife of U.S. Naval Base Guam (NBG) Commanding Officer Capt. Richard Wood placed a wreath upon the “Tomb of the Unknown Soldier.” The gesture paid homage to those who died in the line of fire but were never properly identified.

Representative from the veteran community and several local organizations then joined service members from the Navy, Air Force, Coast Guard, Marines and GUANG to

place wreaths on the gravesites honoring fallen comrades.

Master-at-Arms 1st Class Stephen Walker, of NBG Security, laid one of the wreaths during the tribute alongside Wood.

“It’s an honor to have been asked to lay this wreath,” he said. “I like to think of it as my small way of thanking those who have gone before us to protect our freedom.”

Walker added that although Memorial Day is set aside to honor fallen service members, everyone should hold their sacrifices in memory on a daily basis.

Members of the U.S. Air Force Blue Knights Honor Guard then presented a 21-gun salute followed

by the playing of Taps.

As the ceremony came to a close, Loynd reflected on the importance of the event.

“We can only hope that Memorial Day celebrations such as this will serve to educate the many uninformed who, while continuing to enjoy the freedoms of liberty, know nothing about it’s tremendous cost that each one of you today knows,” he said.

Capt. Patrick Pooch, a visiting Air Force chaplain currently stationed at Andersen Air Force Base, agreed.

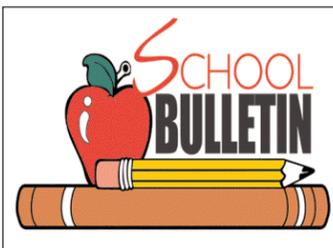
“If we forget what has been sacrificed here – the lives of these men and women – and we forget the reasons why they sacrificed, we lose the importance of the freedoms we have,” he said.



Remembering Those Lost: Guam Army National Guard Soldiers place bayonets behind seven gravesites during the Memorial Day ceremony at the Veterans Cemetery in Piti May 30. Each gravesite represented a conflict in which service members unselfishly gave their lives – World War I, World War II, the Korean War, the Vietnam War, the Persian Gulf War, Operation Enduring Freedom and Operation Iraqi Freedom. (U.S. Navy photo by JoAnna Delfin)



Not Forgotten: Female dignitaries including First Lady Christine Calvo; Dona Bushong, wife of Joint Region Marianas Commander Rear Adm. Paul Bushong; and Betsy Wood, wife of U.S. Naval Base Guam Commanding Officer Capt. Richard Wood, accompany a wreath placed on the “Tomb of the Unknown Soldier” during the Memorial Day ceremony at the Veteran’s Cemetery in Piti May 30. (U.S. Navy photo by JoAnna Delfin)



School Bulletin aims to promote educational activities in the Navy and Air Force communities. If you know of an education-related event that you would like to include, send it to jointregionedge@fe.navy.mil or call 349-2113.

Andersen Elementary School

June 16 Fifth-grade promotion from 9-10:45 a.m.

June 16 Last day of school for students – early release

Andersen Middle School

June 16 Eighth-grade farewell ceremony in the Dragon Theater from 8-8:45 a.m.

June 16 Seventh-grade awards ceremony in the Dragon Theater from 9-9:45 a.m.

June 16 Sixth-grade awards ceremony in the Dragon Theater from 10-10:45 a.m.

Guam High School

June 10 Graduation at the Guam High School gym beginning at 5 p.m.

McCool Elementary/Middle School

June 7 Second-grade promotional ceremony at the cafeteria from 1-2:45 p.m.

June 9 First-grade awards ceremony at the cafeteria from 1:30-2:30 p.m.

June 13 Sixth-grade awards ceremony at the cafeteria from 1:30-2:45 p.m.

June 14 Kindergarten awards ceremony at the cafeteria from 1:30-2:30 p.m.

June 15 Seventh-grade awards ceremony at the cafeteria from 2-2:45 p.m.

June 16 Eighth-grade promotional ceremony at the gym from 9-10 a.m.

June 16 Last day for students
June 17 Teacher workday

Central Texas College

Central Texas College (CTC) offers eight-week terms. You can earn your Community College of the Air Force degree in two years or less or your associate degree in just two years. CTC offers 13 degree plans and distance learning courses. Term Five begins June 6 and ends July 31. Register now through June 5. For more information or to register, contact Lisa Nance at 366-7133 or via e-mail at guam.af.pfec@ctcd.edu.

GHS students visit Guam colleges

By Dawn Jarret

Guam High School Advancement Via Individual Determination

Students with Guam High School's (GHS) Advancement Via Individual Determination (AVID) program visited the Guam Community College (GCC) and University of Guam (UOG), both in Mangilao, April 25 and 27.

For most high school students, college seems far away. For high school educators, however, four years hardly seems like enough time to prepare students for the college years ahead. GHS organized the tours in an effort to prepare students for college through the AVID program.

AVID is a program designed to help students prepare for and succeed in college. AVID offers a rigorous program of instruction in academic "survival skills" and college-level entry skills. The program teaches students how to study, read for content, take notes, and manage their time. Students in the program commit themselves to self improvement and take a serious approach to learning these college preparation skills. According to the program's Web site, AVID students participate in collaborative study groups and tutorials

led by tutors using skillful questioning to bring students to a higher level of understanding.

As part of the AVID curriculum, GHS AVID students dedicated one full school day to touring and learning about GCC and UOG.

The first stop for students was GCC April 25. A guide took the group on a campus-wide tour and pointed out the different buildings and their importance to college campus life.

During the tour, students had the opportunity to visit several of the classrooms throughout the campus. One of the students' favorite stops was a classroom designed to look like an actual medical treatment office at the school's Health Sciences Building. Students were able to get a glimpse of what life would be like as a health care provider.

Another favorite stop was the Automotive Garage. The students were excited to see that GCC offered classes in the automotive industry as several AVID students expressed an interest in the automotive field – even the girls loved it.

The students also visited the GCC's Learning Resource Center. The students were able to see all the technology and resources available at the school.

AVID students also visited UOG April 27.

The students were taken on a tour of the campus, which began at the Student Life Center, an area where UOG students gather to socialize, study, and promote campus programs. The area is also home to the school's Student Life Office, Health Office, the Triton Bookstore, the Student Body Association meeting hall, the UOG cafeteria, and the campus' satellite USPS post office.

One of the tour highlights was a kitchen used by students of UOG's Consumer and Family Sciences program. The kitchen was full of students preparing meals and learning. The atmosphere was exciting and some of the AVID students commented that they would love to study the culinary arts.

Each tour was exciting and educational. AVID students saw a small glimpse of what campus life looked like and were able to get valuable information on financial aid, grants and scholarships, which helped students feel more at ease about being able to afford college tuition.

For more information about GCC, visit www.guamcc.edu or for more information about UOG, visit ww.uog.edu.

For more information about the AVID program, visit www.avid.org.

GHS essay outlines benefits of education

(Editor's Note: The following is an excerpt of an essay written by Guam High School sophomore Sydney Short as an entry for a contest sponsored by the Guam Greek Council in April. Sydney won first place.)

By Sydney Short

Guam High School

In this competitive world it is essential to have completed a quality education. Completing a quality education will benefit not only the students but their families in the years to come.

Students with a quality education possess the confidence to expand their horizons and are prepared to face new challenges. When a student receives a superior education, they find themselves committed to helping others and their community, which in turn envelops their whole family.

Communities influenced by quality education have less crime and drugs because students are

focused on academics with healthy minds and bodies. The result is a community that has substantial income because of the high level of skills acquired through quality education.

Students who have a quality education are very active and involved in their neighborhoods. They learn to put the needs of their community above their own and involvement gives these students a sense of pride, accomplishment and gratification because they know they are a needed and appreciated member of their community.

Quality education creates well-informed and responsible students. For example, such students get their families involved in recycling at home and are more aware of environmental issues. Parents receive rewards through the completion of quality education when their child is independent and able to function successfully in this aggressive work force.

Advanced courses available for those seeking higher academic challenges are also available in this type of school system. Having an environment

where students can ask questions freely allows for the growth of adequate comprehension skills without fear of recourse.

A stable, trustworthy administration with easily accessible teachers is an important aspect of a quality education. These individuals let students and parents know their needs are important and their concerns will be supported. The well-rounded environment in a quality education gives students access to resources that improve their academic skills and exposure to extracurricular involvement like sports and clubs.

Skills learned through a quality education create successful individuals that can give back to their communities. They've learned how to help others and have earned the right to abundant rewards as well as higher salaries because they have received a quality education. After completion of a quality education, the student is a strong leader, well rounded, skilled and involved in making the world they live in a better place.

Seasonal fruit makes delicious treat

By JoAnna Delfin
Joint Region Edge Staff

The mango season has begun and many island residents are doing their best to enjoy as much of the delectable fruit as possible before the season is over. From pickling to pies, the limit of recipes for this popular fruit is endless.

A traditional favorite among the local community is the mango doughnut, or buñelos mangga (boo-NYEH-lus MUNG-gah). Made with simple ingredients like flour, sugar, baking powder and milk, this delightful snack is easy to make.

So how do you choose the right mango for the doughnut? You'll want mangoes that are sweet and ripe. These are usually bright colored – a variety of colors and combinations including bright yellows, rich reds, flaming oranges, and sometimes even deep purples – and are tender to the touch. You'll want to avoid the unripe green mangoes as they are usually tough and sour.

Buñelos Mangga Recipe

Oil for frying
Four cups of ripe mango
Five cups all-purpose flour
Four cups of granulated sugar
Four teaspoons of baking powder
One and one-third cups of milk

Cinnamon (optional)

After washing thoroughly, peel the skin from your mangoes. Slice the meat off of the seed using a knife and dice roughly into large chunks. You may save the seed for planting.

Preheat your oil in a pot or deep pan over medium-high heat while preparing your dough.

With a spatula or spoon, carefully mix your mango, flour, sugar, milk and baking powder until all the ingredients are incorporated well.

Your batter should be thick, not runny. If your batter seems watery, add more flour. Avoid adding too much flour so as not to overpower the other ingredients.

Once mixed, use a teaspoon to carefully drop your batter into the hot oil. If the batter doesn't slide easily off the spoon, carefully use your finger or another spoon to guide it into the oil.

If the oil does not bubble rapidly once the dough is dropped, it needs to be heated longer. Doughnuts cooked in oil that is not hot enough will soak up oil and become overly greasy.

Fry the doughnuts for about five minutes or until golden brown. Remove the cooked doughnuts and place them on a paper towel to soak any excess oil.

For more sweetness, combine sugar and cinnamon in a sandwich bag. Drop your warm doughnuts in and shake until thoroughly covered.



Get Your Mango On: Mango doughnuts, or buñelos mangga (boo-NYEH-lus MUNG-gah) cool down after being cooked May 28. With mango season in full swing, island residents are doing their best to take in as much of the delectable fruit as they can. (U.S. Navy photo by JoAnna Delfin)

FREE

Karaoke Night
Every Friday at the Silver Dolphin on Naval Base Guam (NBG) Ordnance Annex, 7 p.m. Open to all authorized Morale, Welfare and Recreation (MWR) patrons. For more information, call 564-2280.

Golf Clinic
Every Saturday and Sunday from 9-10 a.m. at Admiral Nimitz Golf Course. No need to register! Just stop by to learn the basic fundamentals of the game of golf. For more information, call 344-5838/9.



Tumbling for Tots

Tumbling for Tots, an interactive play program for kids and parents, is available at the Hotspot Gym on Andersen Air Force Base (AFB) just down the walkway from the bowling center. Hours of operation are Monday through Friday from 9 a.m.-noon. For more information, call the Hotspot at 366-2339.

Sunrise Yoga

Every Friday morning at 6 a.m. at Tarague Beach. End your week with a relaxing yoga session on the beach. Listen to the sounds of the ocean while your body is rejuvenated with the sun's rays. For more information, call 366-6100

UNDER \$10

Xtreme Midday Madness
At NBG's Orote Point Lanes every Monday to Friday from 1-5 p.m. Bowl for only \$5 (shoes not included)! For more information, call 564-1828.

Willie's Beachside Jazz
At Bamboo Willie's every Sunday from 5-8 p.m., enjoy a relaxing evening at the beach while you listen to great jazz music. For more information, call 653-9814.

Tuesday Fajita Night
At Andersen AFB's Café Latte every Tuesday from 5:30-7:30 p.m. Base price starts at \$2.95 and you can build your own fajitas! For more information, call 366-6166.

\$10 AND UP

Breakfast at Café Latte
Café Latte at the Top of the Rock (Andersen AFB) offers breakfast from 6:30-9:30 a.m. Monday through Friday and 7:30 a.m.-12:30 p.m. on Saturday. Enjoy your morning coffee and traditional breakfast favorites, plus a variety of breakfast burritos and sandwiches. For more information, call 366-6166.

Ladies' Golf
Ladies, do you love the game of golf as much as the men do? If so, every Wednesday it's your day at Palm Tree Golf Course. Ladies receive free green fees. Just pay the cart fee, \$12 for 18-holes or \$8 for 9-holes. For more information, call 366-4653.



FRIDAY, JUNE 3

7 p.m.: Rio • G

SATURDAY, JUNE 4

2 p.m.: Rio • G
7 p.m.: Soul Surfer • PG

SUNDAY, JUNE 5

7 p.m.: Madea's Big Happy Family • PG-13

The movie schedule is subject to change due to circumstances beyond Meehan Theaters on Andersen Air Force Base. **The Meehan Theater hotline is 366-1523.**



FRIDAY, JUNE 3

7 p.m.: Rio • G
9:30 p.m.: Arthur • PG-13

SATURDAY, JUNE 4

1 p.m.: Soul Surfer • PG
3:30 p.m.: Madea's Big Happy Family • PG-13
7 p.m.: Hanna • PG-13

SUNDAY, JUNE 5

1 p.m.: Hop • PG
3:30 p.m.: Water for Elephants • PG-13
7 p.m.: Scream 4 • R

The schedule is subject to change due to circumstances beyond the theater's control. **The Big Screen Theater hotline is 564-1831 or visit mwrguam.com.**

(Source: Navy Morale, Welfare and Recreation Office)

Chapel Schedule

Naval Base Guam

Office Hours: Monday-Friday, 8 a.m.-4 p.m.

Roman Catholic Mass

Saturday Vigil Mass: 5:30 p.m.
 Sunday Mass: 9:30 a.m.
 Sacrament of Reconciliation: Saturday, 5 p.m. and Sunday, 9 a.m.

Protestant Worship Service

Sunday Service: Traditional Service: 8 a.m.
 Contemporary Service: 11 a.m.
 Women's Bible Study: Monday, 9 a.m.
 Men's Bible Study: Wednesday, 6 p.m.
 Prayer Time: Thursday, 11:30 a.m.
 Choir Practice: Traditional: Wednesday, 6 p.m.
 Choir Practice: Contemporary: Tuesday, 6 p.m.

Jewish Shabbat

Friday, 6:30 p.m.

Naval Hospital Guam

Roman Catholic Mass

Monday-Friday, 11:30 a.m.

Chapel of Hope: Sunday, 9 a.m.

Protestant Services

Full Gospel Service: Sunday, 6:30 p.m.

Men's Bible Study: Every other Tuesday starting April 5

Women's Bible Study: Second and fourth Saturday of each month

Andersen Air Force Base

Roman Catholic Mass (Chapel 1)

Weekday Mass: Tuesday, Wednesday, Friday, 11:30 a.m.

Saturday Vigil Mass: 5 p.m.

Sunday Mass: 9:30 a.m.

Sacrament of Reconciliation: Saturday, 4:30-4:50 p.m.

Catholic Women of the Chapel: First and third Wednesday of the month, Chapel 1 Annex, 6:30 p.m.

Catholic Youth of the Chapel: Second and fourth Wednesday of the month, Chapel 1 Annex, 6:30 p.m.

Choir Rehearsal: Saturday 4-5 p.m. and Sunday, 8-9 a.m.

Protestant Worship Service

Praise Service: Sunday, Chapel 2, 9 a.m.

Gospel Service: Sunday, Chapel 2, 11:30 a.m.

Emerging Worship Service: Sunday, Lighthouse, 6 p.m.

Protestant Women of the Chapel: Second Monday of each month, Chapel 2 Annex, 6:30 p.m.

Protestant Men of the Chapel: Wednesday, Lighthouse, 7 p.m.

Protestant Youth of the Chapel: Thursday, Chapel 2 Annex, 7 p.m.

Protestant Young Adults: Thursday and Saturday, Lighthouse, 6 p.m.

Protestant Sunday School: (September-May) Sunday, Chapel Activity Center, 10:15 a.m.

Schedules subject to change. To confirm times or for information about other programs, call the chapels at:

Andersen Air Force Base: 366-6139
 U.S. Naval Base Guam: 339-2126
 U.S. Naval Hospital Guam: 344-9127

The givers and the takers

Lt. James M. Rutan

U.S. Naval Base Guam Chaplain

Most of the readers of this newspaper have chosen a life of service in one form or another.

I believe that this life is one that requires a particular mindset. Servants must decide to be givers in a world of takers. Takers don't have to think about anyone but themselves. When it comes to priorities, takers are always No. 1. For takers, deciding what to do and where to go is easy – they do whatever they want, whenever they want.

The life of a giver requires far more reflection and perspective than that of a taker. A giver always considers the needs of others first. For example, a giver in the workplace considers how his absence due to leave and illness might affect his team. In a marriage, the giving partner always

considers how his or her mate might be affected by their decisions and actions. The giving lifestyle requires us to focus outward more than on ourselves.

Givers typically have a keen eye for need. They vigilantly search out places where their gifts and talents might make a difference in someone's life. A talented shade tree mechanic might seek out a young single mother with car troubles. A young Sailor with a heart for children might become a big brother or big sister to an at-risk youth.

While being a giver is rewarding, it is not without stress, pain, and disappointment. In the medical profession, they describe the burned-out feeling caregivers often experience as "compassion fatigue." Many of us know this feeling of being "fed up" with a draining relationship or circumstance in our life.

Many a chief felt the sting of disappoint earlier this month when enlisted advancements were

announced and their Sailor was not on the list. Several expressed to me that perhaps they felt worse about the outcome than their Sailor. The consensus among many was a great feeling of "let down" because they had invested so much time and energy into preparing their subordinates for the exam.

No doubt, every giver will at some time or another just feel like giving up on those who have disappointed or hurt them. The Bible has a few words for the giver when these feeling well up inside.

Galatians 6:9-10 admonishes us, "let us not be weary in well doing for, in due season, we shall reap if we faint not. As we have therefore opportunity, let us do good unto all men, especially unto them who are of the household of faith."

It is my prayer for the givers today that they would indeed persevere no matter the circumstances in their love and concern for the people and projects that have been placed in their lives. Keep pressing on!



Still Moments



First Class: U.S. Naval Base Guam (NBG) Commanding Officer Capt. Richard Wood, right, stands with Master-at-Arms 1st Class Eduardo A. Monson, of NBG Security, after a frocking ceremony at Molly McGee's on NBG May 26. Monson is the newest first class petty officer. (U.S. Navy photo by Annette Donner)



Second Class: U.S. Naval Base Guam (NBG) Commanding Officer Capt. Richard Wood, center, stands with the newest second class petty officers after a frocking ceremony at Molly McGee's on NBG May 26. (U.S. Navy photo by Annette Donner)



Third Class: U.S. Naval Base Guam (NBG) Commanding Officer Capt. Richard Wood, center back row, stands with the newest third class petty officers after a frocking ceremony at Molly McGee's on NBG May 26. (U.S. Navy photo by Annette Donner)

CKFC offers sports massage therapy

By Mass Communication Specialist 2nd Class (SW) Corwin Colbert
Joint Region Edge Staff

The Charles King Fitness Center (CKFC) on U.S. Naval Base Guam has added sports massage therapy to their fitness programs to help patrons achieve peak performance, drain away fatigue, relieve swelling, reduce muscle tension, promote flexibility and prevent injuries.

Ashley de Venecia, CKFC sports massage therapist, said the massage therapy you receive at the gym is not a typical recreational massage.

"Compared to a normal massage, sports massage therapy is fast tempo, applies firmer pressure and also uses facilitated form of massage techniques," de Venecia said. "It helps get a better range of motion in the muscles, provides relief for patrons who get cramps, stiffness and limited range in joint motions while working out. One of the main customers I get is those with lower back and shoulder issues."

De Venecia said massage therapy can help improve blood circulation,

which speeds up the removal of waste products that can make you sore and brings in the oxygen and nutrients your muscles need to feel rejuvenated. A deeply relaxing massage also promotes restful sleep, which allows tissues time to repair naturally.

Sports massage also helps your muscles return to their normal function capabilities. It can speed recovery from strenuous physical exertion and reduce the anxiety of athletic competition.

Some techniques de Venecia uses include:

- **Compression:** Massages muscles to create a softening type of muscular effect and is used most commonly as a warmup for deep massage

- **Cross-fiber friction:** Therapy in a controlled manner to break up specifically targeted areas of adhesive scar tissue allowing healthy tissue to regrow.

- **Effleurage:** Promotes relaxation, improves blood circulation, stimulates muscles, alleviates depression, aids in treating injuries, relieves pain, and improves the central nervous system.

With the many benefits sports therapy offers, de Venecia encouraged everyone to come down and try it out. She takes walk-in customers

and appointments. Patrons must come down to the CKFC front desk to fill out some preliminary.

Therapy hours are Monday through Friday from 7 a.m.- 5 p.m. Starting in July, hours will be Monday, Wednesdays and Fridays from 10 a.m.-noon and 3 -7p.m. Saturdays sessions will be available by appointment only.

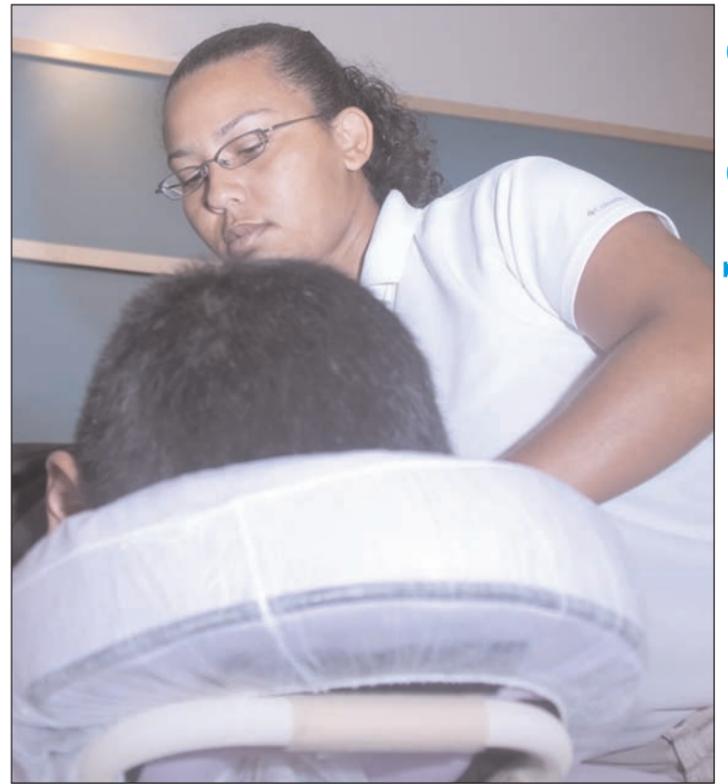
There are three massage packages available to CKFC patrons:

- 10-, 15- and 20-minute sessions for \$1 per minute
- 30-minute session for \$35
- 60-minute session for \$60

Patrons should wear appropriate attire, which is loose or stretchable clothing that is appropriate for workouts.

For more information, visit CKFC or call 333-2049.

A Feeling of Relief: Ashley de Venecia, Charles King Fitness Center (CKFC) sports massage therapist, demonstrates the many techniques of sports massage therapy at CKFC on U.S. Naval Base Guam May 31. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)



Sports Shorts

The following is a list of sports and health-related activities held on U.S. Naval Base Guam. To submit your sports note, e-mail jointregionedge@fe.navy.mil.

Sheila's Farewell Zumba Party

Come say goodbye to a great fitness leader and friend during Sheila's Farewell Zumba Party June 8 from 5:30-7 p.m. The party is open to all eligible patrons. For more information, call 685-5267.

Captain's Cup Ultimate Frisbee

Sign up and turn in a sports package at Charles King Fitness Center (CKFC) by June 8 for the Captain's Cup Ultimate Frisbee League. This event is open to all active-duty service members and Department of Defense civilians and contractors. Ultimate Frisbee League games will take place at Blue Jacket Field located on U.S. Naval Base Guam June 14 beginning at 6 p.m. There is a mandatory coaches meeting at the CKFC Training Room June 10 at 6 p.m. For more information, call 685-5243.

Sunset 5K Fun Run

The Sunset 5K Fun Run will be held June 10 at Sumay Cove Marina on U.S. Naval Base Guam (NBG). Show time is 5 p.m., go time is 5:30 p.m. Pre-registration ends June 9 but registration may also be done at the race beginning at 5 p.m. For more information, call 685-5267.

The following is a list of sports and health-related activities held on Andersen Air Force Base. To submit your sports note, call 366-2228.

Monday Driving Range Special

Save money when you take advantage of the Palm Tree Golf Course's Driving Range Special every Monday from 4-8 p.m. During this time, you can hit as many balls as you want for just \$5. For more information, call 366-4653.

Monthly Green Fee Card

Palm Tree Golf Course can now save avid golfers big bucks! Golfers can now purchase a money-saving monthly green fee card for just \$40-\$60 per month depending on rank. What a deal! For more information or to purchase your green fee card, call the Palm Tree Golf Course at 366-4653.

Lap Swimming

The Andersen pool offers lap swimming outside the recreational swim hours. Lap swimming hours are 6-8 a.m. and 11 a.m.-noon Friday through Wednesday, 6-7 p.m. Monday, Tuesday and Wednesday. No lap swimming will be available Thursdays, weekends, holidays and down days. Also, the pool is looking for certified swimming instructors and lifeguards. For more information, call Outdoor Recreation at 366-5197 or Human Resources at 366-1189.

