

# JOINT REGION EDGE

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## Guam Armed Forces Committee tours EODMU5

By Mass Communication  
Seaman Apprentice  
Chris Salisbury  
U.S. Naval Base Guam  
Public Affairs Office

Members of the Guam Chamber of Commerce Armed Forces Committee (AFC) recently toured Explosive Ordnance Disposal Mobile Unit (EODMU) 5 on U.S. Naval Base Guam (NBG) Nov. 4.

"The purpose of the tour was to give EOD Mobile Unit 5 and Naval Base Guam an opportunity to show some key personnel what we as an EOD community and Navy do to help support the greater community here on Guam, and to really thank them for supporting our Sailors," said Lt. Cmdr. Evan Colbert, executive officer.

See EOD Tour, Page 9



Talon Robot: Chief Explosive Ordnance Disposal (EOD) (EWS/ESWS) Brian Cantrell and EOD 2nd Class Taylor Shoaf demonstrate the EOD Nine bomb suit and the Talon robot to members of Guam Armed Forces Committee (AFC) of the Guam Chamber of Commerce, Nov. 4. The AFC recently toured the Explosive Ordnance Disposal Mobile Unit 5 compound on U.S. Naval Base Guam. (U.S. Navy photo by Mass Communication Specialist Seaman Apprentice Chris Salisbury/Released)

## GUANG 254th SFS members begin redeployment

Back Home: Master Sgt. John Guerrero, left, and Capt. Joseph Pangelinan emerge from the Guam International Airport customs area after they arrive on island, Nov. 5, following their deployment to Iraq earlier this year. (U.S. Army photo by Senior Airman Audrey Taitano/Released)



By Senior Airman  
Audrey Taitano  
Guam National Guard  
Public Affairs

Guam National Air Guard Capt. Joseph Pangelinan and Master Sgt. John Guerrero, members of the 254th Security Forces Squadron, arrived on island, Nov. 5, after a six-month deployment in Iraq.

With the Iraq drawdown period currently underway, remaining members of the 18-man team are expected to gradually redeploy upon completion of their primary mission, which has been to provide force protection and base security.

"The timing of all this is cru-

cial because we're nearing the December deadline and a lot of work still needs to be accomplished," Pangelinan said. "Our job is not only to redeploy our military personnel and DOD (Department of Defense) assets, but to make sure that we conduct a lucrative transition with the Department of State and the government of Iraq so that they are successful in maintaining a stable government that will continue to help the Iraqi people."

The team conducted air base ground defense missions which included perimeter patrols and security for base entry points.

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Air Force civilian restructure

Change to increase efficiency

SEE PAGE 2



America Recycles Day

Do your part to reduce trash

SEE PAGE 10



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# Air Force announces civilian workforce restructuring

By Lt. Col. Cynthia Anderson  
Secretary of the Air Force  
Public Affairs

Air Force officials announced several adjustments to the civilian workforce. In response to direction from the Secretary of Defense for Department of Defense to stop civilian growth above fiscal year 2010 levels and the need to add 5,900 positions against the Air Force's top priorities, the Air Force eliminated approximately 9,000 positions. These adjustments reflect several initiatives designed to align limited resources based on Air Forces priorities. This process is an ongoing effort to increase efficiencies, reduce overhead and eliminate redundancy.

"We can't be successful without our talented and experienced civilian workforce," said Michael B. Donley, secretary of the Air Force. "We are making difficult choices about how to deliberately restructure and posture the force and will continue to look for new ways of accomplishing the mission," Donley said. "We can't afford business as usual."

Upon receiving the Secretary of Defense's 2010 memo directing that

civilian manpower costs stay within fiscal year 2010 levels, the Air Force began a comprehensive strategic review of the entire Air Force civilian workforce to determine whether or not civilian authorizations were in the right places to meet mission priorities.

The strategic review revealed several imbalances. Some high priority areas needed to grow, while some management and overhead functions needed streamlining. These imbalances led to a variety of initiatives focused on realigning scarce manpower resources with the most critical missions.

In particular, the Air Force will grow by approximately 5,900 positions in acquisition, the nuclear enterprise, and intelligence, surveillance and reconnaissance and other key areas while reducing approximately 9,000 positions in management, staff, and support areas.

"We clearly understand the turbulence these and future reductions will cause in the workforce," Gen. Norton Schwartz, chief of staff of the Air Force said. "We are making every effort to use voluntary measures to achieve reductions whenever possible."

Beginning in May 2011, the Air Force implemented a series of hir-

ing controls and voluntary separation programs designed to reduce overall manpower costs, but these hiring controls did not provide the results required to operate within our fiscal constraints.

"The initiatives announced Nov. 2 represent the next step toward that goal, but there is more work to be done," said Brig. Gen. Gina Grosso, director of Manpower, Organization, and Resources. "The Air Force remains over fiscal year 2010 manpower levels and will continue to develop enterprise-wide solutions to achieve our goals with minimal impact to mission. The Air Force must still define an additional 4,500 civilian positions for reduction."

As details become final, Air Force officials will release information on the next set of initiatives.

Air Force-wide, local leaders will be sharing the results of the civilian manpower adjustments with their workforces over the next several days.

"Civilian manpower adjustments will occur at all levels of the Air Force," Grosso said. "We are focused on shaping the force within our fiscal constraints and are committed to maintaining our long history of excellence as we build the Air Force of the future."

"At this time, we are not sure whether a reduction in force will be necessary," she said. "We are pursuing all available voluntary force management measures to include civilian hiring controls with the goal of avoiding non-voluntary measures. Every vacancy we don't fill brings us one position closer to fiscal year 2010 levels, and reduces the possibility for a RIF (reduction in force)."

Given the constrained fiscal environment, Air Force members should expect continued workforce shaping measures affecting military, civilian, and contractors, Grosso said.

"We understand the stress caused by uncertainty and will do our best to share information across the workforce as soon as it becomes available," Grosso said.

There are positions that will be affected by this restructuring at Andersen Air Force Base. Some of these are civilian positions and some are military positions. The military positions were previously identified reductions and will be implemented with this program. Of the civilian positions identified in this restructuring, some are vacant positions and some are positions that are currently filled. It is important to

note, these filled positions do not directly translate into one of our valuable Air Force civilians losing employment. Employees affected by this restructuring may have the potential to fill jobs that are currently vacant and not affected by the restructure.

"This restructuring is being done not because of the value or skill of any of these individuals but because the Air Force is attempting to reduce our costs in this fiscal environment to ensure we can perform our mission to protect and defend the nation," said 36th Wing Vice Commander, Col. Donald Drechsler.

"Wherever we can we are attempting to consolidate base support activities in a way that makes sense."

"Every single Airman, and that means military and civilian, is a valued part of the team and everything will be done to support them as we move forward with this restructuring," Drechsler said.

Future manpower restructuring within the Air Force may occur as a continued analysis is done to determine how the Air Force can best move forward and meet all of its mission priorities, while working within its mandated budget.

# NBG hosts Guam community for All Souls' Day Mass

By Mass Communication  
Specialist Seaman Apprentice  
Chris Salisbury

U.S. Naval Base Guam Public Affairs

Families, friends and former residents of Sumay village visited U.S. Naval Base Guam (NBG), Nov. 2 to celebrate All Souls Day.

In coordination with the Santa Rita Mayor's Office, former residents, family members and friends of those buried at Sumay cemetery paid tribute to loved ones at the annual mass.

Isabel Alvarez, a descendant of former Sumay residents, visits the cemetery every year to pay respect to her parents buried at the historic site.

"When it's time for All Souls Day I can hardly wait because I want to see them and pray for them," she said.

Santa Rita Mayor Dale Alvarez worked with NBG to hold a Catholic mass, an event he said he is excited to be a part of as it allows the local community to remember

and pray for the souls of their family members and friends.

"It's all about honoring and showing respect to our loved ones that have passed on," he said. "It feels good because we're allowed to come on base. I'd like to thank the base commander for allowing us to come in and pay respect to our loved ones."

Capt. Richard Wood, NBG commanding officer, attended the day's service and was thankful to host former residents and their families on base.

"It's wonderful for me because I've attended every single one of those masses and I've enjoyed meeting people after the mass — people who have relatives who were buried in the cemetery, people who were small children when the Japanese invaded the island and lived here under the occupation, people whose parents or father, who was maybe an American Sailor, became a POW in Japan or whose mother died during the occupation," Wood said. "Sharing the stories and learning the stories of these people is very meaningful to me."



Communion: Cmdr. Thomas Ianucci, left, U.S. Naval Base Guam (NBG) chaplain, offers the bread of Christ to Alejo Guzman, resident of Santa Rita, Guam, during an All Souls' Day Catholic mass at the historic Sumay Cemetery on NBG, Nov. 2. The base invited former residents of Sumay and their descendants to pray for loved ones buried at the cemetery. (U.S. Navy Photo by Coleen R. San Nicolas-Perez/Released)

## News Notes

### Job Announcements

Interested individuals can view the vacancy listings at <https://www.cnic.navy.mil/Marianas/index.htm> or at <https://chart.donhr.navy.mil>. For more information, call 349-6119/2224.

### USO Thanksgiving

The Guam USO invites all military personnel and their families who may be far away from home for the holidays to enjoy its popular candlelight holiday feast Nov. 24 from noon-5 p.m. on the ground floor of the Royal Orchid Hotel in Tumon. The event features turkey and ham with all the fixings, festive drinks and desserts.

The celebration also features performances from local entertainers, raffles, and much more. Guests can enjoy the regular free services of the Guam USO including internet, long distance calls to the states, Skype phones and Skype video calls, small theater, Wii, PS3 and X-box 360 gaming on flat screens, billiards and much more.

Contact the Guam USO at 647-4876 before Nov. 22 to reserve your place for "Thanksgiving at the USO!"

Please arrive at the USO by noon on Thanksgiving Day. Food will be served on a first come, first served basis.

### Christmas Mailing Dates

The United States Postal Service wants to be sure your loved ones receive mail from you on time. Please see the following postal dates to mail out packages for the holiday season: From Guam to the U.S. Mainland—First class/priority mail, Dec. 16, express mail, Dec. 20, parcel post, Nov. 12; Hawaii—First class/priority mail, Dec. 19, express mail, Dec. 21, parcel post, Nov. 12; Saipan—First class/priority mail, Dec. 17, express mail, Dec. 21, parcel post, Nov. 26; Federated States of Micronesia, Republic of the Marshall Islands, and Palau—First class/priority mail, Dec. 12, express mail, Dec. 19, parcel post, Nov. 26; APOs and FPOs—First class/priority mail, Dec. 10, express mail, Dec. 15, parcel post, Nov. 17; International—First class/priority mail, Dec. 10, and express mail, Dec. 15. Visit [www.usps.com](http://www.usps.com) for more information.

# Andersen's Best: Airman 1st Class Kendall Thompson



Great Job: Airman 1st Class Kendall Thompson, 36th Medical Group emergency medical services technician, receives Andersen's Best award from Col. Donald Drechsler, 36th Wing vice commander, at Andersen Air Force Base, Oct. 27. (U.S. Air Force photo by Senior Airman Benjamin Wiseman/Released)

By Senior Benjamin Wiseman  
36th Wing Public Affairs

Airman 1st Class Kendall Thompson, 36th Medical Group medical technician, was awarded Andersen's Best at Andersen Air

Force Base, Oct. 28. Thompson performed trauma assessment and neuro-checks during a real-world incident in Tumon, Guam, where she witnessed an injured young woman struck by a car. She aided the victim until fire emer-

gency and ambulatory assistance arrived on the scene. Using the professional skills she developed while serving in the Air Force, Thompson also assisted the fire department in applying a c-collar, loading the victim onto a back-

board and placing her in the ambulance. Andersen's Best is a recognition program which highlights a top performer from the 36th Wing. Each week, supervisors nominate a member of their team for outstanding

performance and the wing commander presents the selected Airman/Civilian with an award. To nominate your Airman for Andersen's Best, contact your unit chief or superintendent explaining their accomplishments.

## Morale, Welfare and Recreation moves to maximize resources

From Morale, Welfare and Recreation

In order to maximize resources, MWR has made the following adjustments effective December 1:

The Game Time Sports Grill at the Admiral Nimitz Golf Course will now be open Friday through Sundays and Holidays from 6 a.m.-6 p.m. Grab and go sandwiches and beverages will be available for purchase daily in the pro-shop. The Orote Point Lanes will now

be open from 4 p.m.-10 p.m., Monday - Thursday, 10:30 a.m.-12 a.m. Friday - Saturday, and 10:30 a.m.-10 p.m. on Sunday. Hot Stuff Foods and Mean Gene's Burgers will be under renovations and will relocate temporarily to Clipper Landing for take out and delivery only. Our full menu of delicious burgers, pizza, and wings will be available for delivery to the bowling center, home or your office. Clipper Landing will no longer offer service; it will temporarily open as Mean Gene's Burgers and

hot Stuff Pizza "for delivery only" while the grill at Orote Point Lanes is under renovation. Naps Alabama BBQ, Molly McGee's Irish Pub and Restaurant, and C-Street Café will remain available to fulfill your dining needs. C-Street Café located at the Joint Region Marianas Headquarters will no longer offer service. C-Street's main location on U.S. Naval Base Guam will continue to offer your favorites from their assorted menu. The Auto Hobby Shop will no longer offer service. The Navy Ex-

change Auto Port on NBG and the Auto Hobby Shop on Andersen Air Force Base will be available to meet your automotive maintenance and repair needs. NBG Telecommunications Site (old NCTS) fitness center will be closed. The newly remodeled Charles King Fitness Center on NBG, The Body Works Fitness Center on U.S. Naval Hospital Guam, and the Coral Reef Fitness Center on Andersen Air Force Base are available to support your fitness

needs. Please visit [www.mwrguam.com](http://www.mwrguam.com) or [www.36thfss.com](http://www.36thfss.com) for hours of operation. Molly McGee's will begin offering weekend breakfast skillet specials from 11 a.m.-1 p.m. Sit down and relax while feasting on a blend of potatoes, cheese, eggs, and breakfast meats on a sizzling skillet. For any questions or concerns, contact Eric Nikkel, MWR Director at 333-2349 or e-mail [eric.nikkel@fe.navy.mil](mailto:eric.nikkel@fe.navy.mil)

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# Toys for Tots to give back to community

From Marine Forces Pacific (Fwd) Guam and Commonwealth of the Northern Mariana Islands Public Affairs

The few and proud Marines assigned to Marine Forces Pacific (Fwd) Guam and Commonwealth of the Northern Mariana Islands (MarForPac) and the Guam Chamber of Commerce kicked off the 2011 Guam Toys for Tots campaign at the Chamber's general membership meeting Oct. 26. New and unwrapped toys for children up to the age of 18 will be collected through Dec. 19.

Marines and volunteers have already hit the ground running in order to meet this year's challenge. It's an enormous mission – but thankfully we don't have to do it alone. The ultimate success of the campaign depends on the support of the local community and the generosity of the people who donate toys. The following businesses have already joined our campaign and have positioned collection boxes at the entrances to their facilities or have committed to internal employee drives:

- ▲ BankPacific - Open to the public
- ▲ Great National Insurance Underwriters, Inc. - Open to the public
- ▲ Triple J Enterprises - Open to the public



Kick-Off Event: Marine Forces Pacific (Fwd) Guam and the Commonwealth of the Northern Mariana Islands (MarForPac), and Air Force service members along with the Salvation Army, kicked off the annual Toys for Tots campaign during a Guam Chamber of Commerce quarterly meeting, Oct. 26. (Photo courtesy of MarForPac)

- ▲ Inter-Island Communications - Open to the public
- ▲ Burger King - Open to the public
- ▲ ASC Trust Corporation - Open to company employees only
- ▲ K-Mart - Open to the public
- ▲ DZSP 21 - Open to company employees only
- ▲ Andersen Air Force Base Exchange

- ▲ U.S. Naval Guam Base Navy Exchange
- ▲ Naval Computer and Telecommunications Station (NCTS) Guam Navy Exchange
- ▲ Lotus Surf Shop - Open to the public

Here's how it works. Members of the community drop new, unwrapped toys in collection boxes positioned in local businesses. Marines pick up these

toys and store them in a central warehouse at the Salvation Army where the toys are sorted by age and gender. At Christmas, the Marines, with the assistance of local social welfare agencies, church groups, and other local community agencies, distribute the toys to the less fortunate children of the community. MarForPac (Fwd) has established close working relationships with Catholic Social Services,

Alee Shelter, the Sugar Plum Tree, the Salvation Army and the Air Force's Operation Christmas Drop, which are well qualified to identify the needy children in the community and play important roles in the distribution of the toys.

Since 1947, Toys for Tots has been making a difference in the lives of the less fortunate children in approximately 500 communities covering all 50 states, the District of Columbia and Puerto Rico. This is the second year Guam has been accepted as an official Toys for Tots coordination location. A total of 1,359 toys worth almost \$13,000 were collected last year and distributed to 72 local families.

The Marine Corps Reserve believes that "Every Child deserves a Little Christmas," and we are asking you to help us send the needy children of our community a message of hope this Christmas through the gift of a new toy.

Monetary donations can also be made online at the following Web site: <http://www.toysfortots.org/donate/default.asp>

For additional information please contact:

Staff Sgt. Jonathan Brown  
Toys for Tots Coordinator  
Jonathan.Brown@fe.navy.mil  
(671) 355-5378/2335  
WWW.TOYSFORTOTS.ORG

## What are your plans for Thanksgiving?



"I'm going back to the states to see my family. I can't wait!"

Marine Science Technician  
3rd Class Robin Branch  
U.S. Coast Guard Sector  
Guam



"I'll be having a big dinner with my Navy family here on island."

Master-At-Arms 2nd Class  
Jessica Thurber  
Maritime Expeditionary  
Security Squadron 7



"I'm going to enjoy a nice dinner at home with my girlfriend."

Electronics Technician 2nd  
Class (SS) Mike Cooper  
USS Houston (SSN 713)



"I'll be spending time with my family. Thanksgiving is also the same day as my brother's birthday so we'll probably have a big turkey for him."

Senior Airman Daivar  
Apuron, 44th Ariel Port  
Squadron



"I'm going to Dallas, Texas, where all my family is and going to a Cowboy's football game on Thanksgiving Day."

Danyel Perman,  
University of Maryland  
University College registration  
enrollment manager



"I'll be returning from a TDY to Wright-Patterson AFB, Ohio. I'll probably have dinner with the family after I touchdown."

Jeffery Meyer, 36th Wing  
historian

# Sign, sign, everywhere a sign

By Chief Master Sgt. James Slisik

36th Operations Group Superintendent

Although signs may have crushed the creativeness of the Five Man Electrical Band back in 1971, we all know signs are an important communication tool. Effective signs are short and convey a concise message. Stop, caution, and slow are all examples of effective signs. Every member of Team Andersen knows what is required when they see a

stop sign.

One sign, the "I can save my own life/ ARI" located across from the Wing Headquarters building and on Arc Light Boulevard exiting the base, is not so clear. While "I can save my own life" is a great message, the ARI (alcohol-related incident) portion is confusing. Depending on whom you ask, an ARI means something different to each person and the number was seen simply as a countdown to our next day off.

A new "Airmen Saves" sign replaced the old one. Now, when driving by you will see more numbers; however, it identifies something measurable and readily understandable. These metrics should prompt you to ask yourself—what is acceptable?

At the top of the sign, the number of "Airmen Saves" is highlighted, a sterling example of Airmen taking care of fellow Airmen. This number will initially come from Airmen Against Drunk Driving

(AADD) statistics but will expand in the future to include other sources as we put mechanisms in place.

The bottom of the sign communicates the number of days since the last DUI and the offender's unit. This information is provided to educate all our Team Andersen personnel, not embarrass them or their unit.

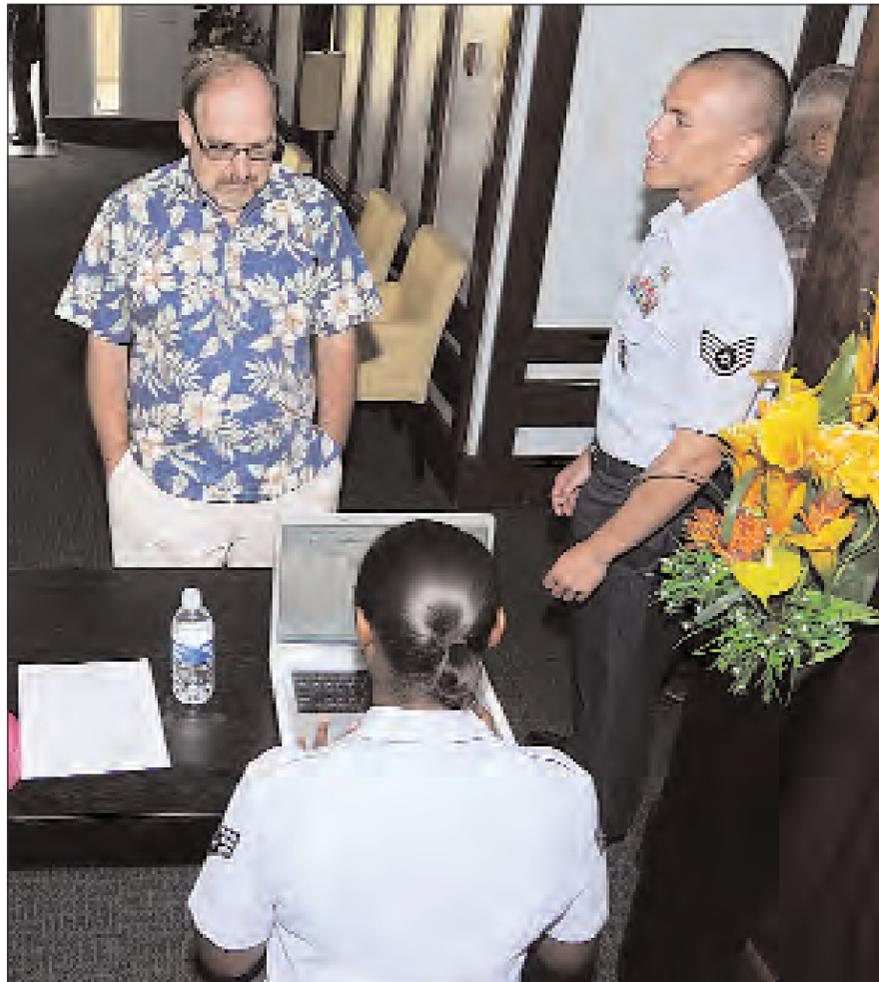
Each time you pass these signs, I ask you to reflect on the numbers. How many saves are acceptable, even though on average, Team An-

dersen only makes it a few days between incidents? Why did so many need to be saved? How many days between DUIs are acceptable? Why do we even have one DUI?

In the past if the 36th Wing made it 36 days without an incident we received a down day. With the new sign, this is no longer the case. The incentive is your life and your career.

Ask yourself, what's acceptable? "Sign, sign, everywhere a sign" please read the sign.

## Andersen AFB hosts Retiree Appreciation Day



Above: A retiree speaks with the U.S. Air Force veteran's office, Nov. 5, during the Retiree Appreciation Day at the Sunrise Conference Center on Andersen Air Force Base. The event included multiple booths ranging from medical to finance. (U.S. Air Force photo by Senior Airman Carlin Leslie/Released)

Left: A retiree signs in at the Andersen Air Force Base Retiree Appreciation Day at the Sunrise Conference Center, Nov. 5. The event included booths from different providers on base with medical and insurance information and PowerPoint briefings from others. (U.S. Air Force photo by Senior Airman Carlin Leslie/Released)

# Enhancing family health at Andersen Clinic

By Capt. Damian Pardue

36th Medical Group,  
group practice manager

Over the last three years, the Patient Centered Medical Home (PCMH) has been gradually implemented at bases and civilian institutions across the globe and 2011 signals the launch of the program at Andersen Air Force Base (AFB). The Family Health Initiative (FHI) will offer a few positive changes for active duty members, dependents and medical staff as we continue into the year.

Understanding these changes and what the FHI means to you as a pa-

tient is an important part of ensuring the best medical care.

This improvement in the way health care is delivered has received rave reviews everywhere it has been implemented. Not only will you have a health care team dedicated to your health, but the goal is to have your entire family assigned to the same team. Each of the teams in the Family Health Clinics will be provider-led and designed so each team can manage the primary health care of the entire family. Every effort will be made to have all members of the same family seen by the same Family Health Team. This will improve evidence-based care, focus on prevention, increase access to

medical appointments, decrease wait times and improve specialty care access.

PCMH will give you the opportunity to know the members of your health care team and allow your team to know the health care history and needs of you and your family. With a few exceptions, you will be seen by your team each time you need an appointment for care. This will also give you the ability to work with your team to manage the health care for yourself and family. Team-based care makes you an actual part of the team and a partner in your health care plan. Your opinions and unique health care needs are important to everyone involved. Your par-

ticipation in meeting those needs will be essential to ensuring you and your family receives exceptional care.

Health care staff associated with the Andersen Clinic will form two dedicated Family Health Care teams for dependents. Families will be assigned as a family unit to one of these two teams. Information about reassignment possibilities will be provided at the TRICARE office.

As Andersen Family Health Services moves towards adopting team-based care this fall, we know your satisfaction will be the key to the success of the program. Medical care should not be difficult or confusing. Team-based care will make

it easier for you and your family to stay healthy.

Benefits of team-based care:

▲ Improved partnership and increase in scheduling appointments with your dedicated health care team

▲ Continuity of care for you and your family

▲ Better access to specialty care

How do I schedule an appointment? Call 366-9355 (WELL) and follow the prompts to speak with an individual about making your appointment. Remember, you are your own best health care advocate. Proactive efforts to take care of yourself are the best method for maximizing your health and quality of life.

# Air Force network migrations on the way to Andersen

By Tech. Sgt. Juan Valenzuela  
36th Wing Public Affairs

Andersen Air Force Base (AFB) will soon become the second Pacific Air Forces base to migrate its computer users into a central Air Force Network (AFNet). On Nov. 14, technicians will begin migrating Andersen workstations, network users and email into the AFNet.

The goal of this project is to collapse all individual or stand-alone Air Force, Air Force Reserve and Air National Guard networks into the AFNet. To the majority of Andersen computer users, most of the changes will be transparent and

should not cause any interruption to network access or normal day-to-day operations, but for the Air Force this represents a major change to how computer networks are managed. Until now, Air Force major commands and other Air Force organizations have been operating their own independent networks driving unique and unit specific requirements. Over the years, this approach led to standardization and security problems, high operation and maintenance costs, and a lack of enterprise situational awareness. In short, there was no single organization or commander responsible for the entire network. The AFNet migration project addresses these is-

ssues and places Air Force cyber operations under the operational control of a single commander. This approach will yield a significant improvement in the Air Force's ability to fight daily virus activity and malicious intrusion attempts. Additionally, AFNet migrations will centralize services like email and data storage, significantly improving network security and standardization. Finally, operational and training costs will be reduced through the elimination of redundant systems and services.

So how will this affect you? The most visible change will be in the format of your e-mail address. The migration replaces the old

first.last@andersen.af.mil e-mail address with a standard first.last@us.af.mil address. The new addresses will remain with users for the duration of their career, employment, or affiliation with the Air Force regardless of the base or organization assigned. As more bases join the AFNet, Airmen will be able to login to their accounts from any AFNet base without requesting and creating an additional account. This will allow easy access to the network during deployments, and throughout temporary duty and permanent change of station moves. Sites such as the Air Force Portal, Air Force Personnel Center, Defense Finance Accounting Service, will

also remain easily accessible regardless of your duty location.

As Andersen approaches its projected start date, teams from the Air Force Network Integration Center, 690th Network Support Group and 36th Communications Squadron (CS) are busy preparing equipment and resources to facilitate the migration. To ensure a smooth transition to the AFNet, look for future 36th CS generated e-advisories for additional migration related information.

For any questions or additional information, please contact the 36th CS Comm Focal Point at 366-2666, or by email at [commservice@andersen.af.mil](mailto:commservice@andersen.af.mil).



'You Have the Right to Remain Silent': Sailors assigned to the submarine tender USS Frank Cable (AS 40) take Chief Machinist's Mate Jonathan Sarmiento into custody during a Security Reaction Force (SRF) training evolution on U.S. Naval Base Guam Nov. 3. Frank Cable conducts maintenance and support to submarines and surface vessels deployed in the 7th Fleet area of responsibility. (U.S. Navy photo by Mass Communication Specialist 3rd Class Corey Hensley/Released)

Air Force Entertainment Presents  
World Tour 2011  
**Tops in Blue**  
Rhythm Nation  
Tuesday, November 29  
UOG Field House in Mangilao at 6:30pm  
This show is open to the public.  
Doors open at 5:45pm. For more information call 366-2339.  
Shuttle bus service available at 5pm from Hot Spot (AAFB) parking lot.  
No Federal Endorsement of Sponsor(s) Intended  
[www.topsinblue.com](http://www.topsinblue.com)

# Officials continue enlisted DOS Rollback program

## From Air Force Personnel, Service and Manpower Public Affairs

Air Force officials announced Oct. 28 plans to continue an enlisted date of separation rollback as part of its ongoing measures to manage the force and maintain a quality enlisted corps.

The date of separation (DOS) Rollback will accelerate the DOS for selected Airmen in the grades of senior master sergeant and below with fewer than 14 or more than 20 years of service as of March 31, 2012.

Under the DOS rollback, identified Airmen must separate no later than March 31, 2012 or retire no later than April 1, 2012, if they possess specific reporting identi-



fiers, reenlistment eligibility, assignment availability and grade status reason codes. Commanders

will notify Airmen meeting eligibility and in most instances determine which Airman will remain

eligible or ineligible for this DOS rollback.

Airmen identified for the rollback and eligible for retirement must submit their retirement request via the Virtual Military Personnel Flight by Dec. 1, 2011.

Airmen with at least 180 days of active-duty service who are separated under the DOS Rollback are authorized transition assistance benefits. Those include 180 days of extended medical care for themselves and their families and an ID card allowing base commissary and exchange privileges for two years.

Those separated with more than six years, but less than 20 years total active service are eligible for one-half separation pay, but must sign an Individual Ready Reserve (IRR) agreement to serve for a

minimum three years following their military service obligation. Those declining to serve in the IRR will be ineligible for separation pay.

The Air Force will not recoup unearned portions of education assistance funds, special pay, unearned portions of bonuses or other monetary incentives under the DOS Rollback Program, officials said. Additionally, most Post 9/11 GI Bill benefits will not be impacted; however, the transferability of benefits to dependents may be affected. Airmen should consult their local education centers or the VA concerning transferability.

For information about this, and other personnel issues, visit the Air Force Personnel Services Web site at <https://gum-crm.csd.disa.mil>.

## Maj. Gen. Byers visits Andersen AFB, Airmen



Left: Maj. Gen. Timothy Byers, right center, Air Force Civil Engineer, Headquarters U.S. Air Force, receives a briefing at 36th Wing headquarters, Andersen Air Force Base, Guam, Oct. 28. Byers came to visit Team Andersen's civil engineers and receive updates on installation and infrastructure projects. (U.S. Air Force photo/Senior Airman Carlin Leslie/Released)

Below: Maj. Gen. Timothy Byers (right), Air Force Civil Engineer Headquarters, U.S. Air Force, receives a briefing from Lt. Col Shawn Larcher (left), 554th RED HORSE Squadron, commander, on progress at Northwest Field, Andersen Air Force Base, Guam, Oct. 29. (U.S. Air Force photo by Senior Airman Carlin Leslie/Released)



Medical Prep: Maj. Gen. Timothy Byers, right center, Air Force Civil Engineer, Headquarters U.S. Air Force, is briefed by Airman 1st Class Kendall Thompson and Staff Sgt. Shamta Bullard, 36th Medical Operations Squadron medical technicians, on ambulance services at Andersen Air Force Base, Guam, Oct. 29. Byers visited with members of the 36th Civil Engineer Squadron for briefings on water rescue, wildland fires and cliff rescues. (U.S. Air Force photo/Senior Airman Carlin Leslie/Released)



# Communication is a terrible thing to waste

By Col. Randy Kaufman

Commander, 36th Operations Group

Throughout my almost 23 years of military service, the single most common trait I've seen all great commanders possess and the most valuable tool in their toolkit is the gift of effective communication. According to Webster's Dictionary, communication is "a process by which information is exchanged between individuals through a common system of symbols, signs, or behavior".

In my opinion, the most important word in Webster's definition is "common." The United States Air Force is an incredibly diverse organization, with various ethnicities, religions, beliefs, customs and languages. As effective leaders this means that we have to transfer our objectives and orders in a manner that all our Airmen can understand.

At its core, communication is a two-way street, consisting of a sender and a receiver, and as with many skills this requires practice. To be effective, the sender must precisely convey their intent and meaning in a manner that the receiver un-



derstands.

Many times in my career I've heard, "but that's not what I said," or "that's not what I asked for," when the receiver did not do exactly what they were asked to do.

Early in my career, I was assigned to the 64th Flying Training Wing, Reese Air Force Base, Texas as a T-38 Undergraduate Flying Training Instructor and I learned the value of "be careful what you ask for" because you might get exactly what you asked, even if it in no way, shape or form, was what you thought you'd asked. On an initial contact, basic aircraft handling sor-

tie, my student was required to take-off and fly a heavy weight single engine practice approach and landing. We spent the pre-brief talking about the takeoff, the single engine approach and local area basic flying maneuvers and I'd thought I'd done a great job talking about what he should do and the standards I expected during the flight. The student did a perfect takeoff and departure, but when he flew his heavy weight single engine approach he failed to use the rudder to coordinate the aircraft on final approach.

After this first attempt I asked the tower if we could delay our departure to the local area in order to conduct another single engine approach. During our transit around the visual pattern I told him that while his first approach was "okay" he needed to use more rudder to ensure that he flew a coordinate approach to minimize the drag on the aircraft. I believe the words I used were "you need to step on the good engine".

He said he understood and I allowed him to configure the aircraft, putting the gear and flaps down, before I "pulled" his engine to idle. Now before I proceed with the story, let me tell you that with the gear

and flaps down the T-38 can roll very quickly. So when my student did exactly what I'd asked and "stepped on the good engine" we very quickly found ourselves upside down at 1200 feet above the ground. Not a good place to be in any aircraft. I took control of the aircraft and continued the roll to the wing's level position and then gave him back control of the aircraft, and after the initial miscommunication he did a perfect approach to a touch and go and flew the rest of the sortie without error.

During the de-brief I learned the value of clear, concise, correct communication, one of the four standard pre-brief items that almost every aircraft commander, instructor or evaluator stresses during their mission briefs and one that should be common in any discipline of our Air Force.

In this instance, I thought I identified my expectations and thought I communicated them effectively, but there was obviously a disconnect with what I, the sender, thought I said and what my student, the receiver, heard.

As I've progressed in my Air Force career, I've tried to retain this

lesson and remember that when I don't get the results I think I've asked for, I remind myself, that it's not my Airmen who failed to meet my expectations but my failure for not communicating effectively. Every single Airman in our service wakes up every morning dedicated to performing their duties to the best of their abilities. In most cases, any lapse in performance or failure to meet expectations is normally a result of our inability, as leaders, to effectively communicate our intent. So before you chastise or reprimand one of your most valuable assets, your Airmen, ask yourself, "did I communicate effectively?" If the answer is "no" or "maybe not", then take the responsibility on yourself and strive to better communicate your expectations and desires the next time.

Our Airmen are the best the United States Department of Defense has ever had and any deficiency on their part is normally a failure on our part, as leaders and mentors, to effectively communicate. Lastly as you communicate be careful what you ask for, because sometimes you might get exactly what you asked, even if it isn't what you thought.

## COMPACAF sends Veteran's Day message

By Gen. Gary North

Commander, U.S. Pacific Air Forces

Each year we take a moment to remember the sacrifices of those who have worn the uniform in defense of our great nation. This year, Veterans Day falls just weeks before we commemorate the 70th anniversary of the attack on Oahu—that fateful day which led our country into World War II in the Pacific. The battle scars that

still mark our Pacific Air Force (PACAF) Headquarters building remind us of the sacrifices and the courage with which our service members responded to this unprecedented bombing of our homeland. Our nation pulled together in a united effort and our youth rushed to enter into the service of their country. They left the safety and comfort of their homes and families to protect America and our values.

This same intrepid spirit burns

within our service members today. Our Airmen, and their families, alongside Soldiers, Sailors, Marines and their family members, know what it means to experience hardship, to be separated from their loved ones, and to continue to answer the higher call. They have volunteered to stand in harm's way so those left behind may continue to live safe and free.

I recently attended the Air Force Association conference where we

recognized several Air Force members who epitomized this spirit of selfless service in the performance of their duties. Among them were four of our own PACAF Airmen. Some of them were recognized for their combat action in Iraq and Afghanistan and others for their tireless efforts assisting with humanitarian relief efforts in Japan and Pakistan.

It is a privilege and honor to

serve alongside our Airmen and their families here in PACAF, and throughout our Air Force, who continue the legacy of our honored veterans and the long tradition of service to our nation. All veterans understand that the freedoms we cherish are never free. Please join me this Veterans Day in honoring our fellow veterans, past and present, as we Aim High to the future.

## CFC still accepting contributions, ends Nov. 18

From U.S. Pacific Command Public Affairs Office

Don't miss your chance to contribute to your favorite charity during the

2011 Combined Federal Campaign (CFC), ending on Nov. 18. Join thousands of military personnel and federal employees in the Marianas who have already contributed to thousands of deserving

charities in celebration of "50 Years of Giving."

Combined Federal Campaign (CFC) is the world's largest and most successful workplace fundraising campaign, with more than four million federal employees and military personnel participating. President John F. Kennedy established CFC by Presidential Executive Order in 1961.

Last year the Hawaii-Pacific

Area, which includes all of Hawaii, Guam, Samoa, and the Northern Marianas, raised a little more than six million dollars. This year's goal is 6.5 million dollars.

In total, CFC supports more than 2,200 local, national and international charities helping men, women, children and animals. These non-profits provide services and assistance to people in nearly every walk of life. It is only

through charitable donations that these organizations can sustain their efforts.

CFC and individual service relief campaigns are the only fundraising drives authorized for federal and military workplaces. CFC allows federal employees and military personnel an opportunity to support philanthropy through a program that is employee focused, cost efficient and effective in pro-

viding all federal employees a chance to contribute to a wide range of charities, both local and nationally.

Lt. Avery Haines is serving as this year's Project [roject Agency agency Officer officer for Joint Region Marianas. For more information, contact him at [avery.haines@fe.navy.mil](mailto:avery.haines@fe.navy.mil) or contact your organization's project officer and donate today!

## Let's get ready for the Great American Smokeout

By Luis Martinez

U.S. Naval Hospital Guam

We can generally live for about 30 days without food, about three days without water, but only about three minutes without air. It should be no surprise the leading cause of premature death and unnecessary illness in the world involves a behavior that continuously harms the part of our body which processes oxygen. In other words, acknowledging the importance of being able to breathe continuously and properly,

millions of people unfortunately put their health and lives at risk every day by putting smoke and tar into their lungs which processes the oxygen we receive when we breathe.

It is for this reason Nov. 17 is the Great American Smokeout, the day smokers are asked to give up smoking for just a day. By doing so, then maybe smoking can be given up for another day and then maybe another, and then maybe... It's a day to start adding years to lives, reducing illness, and saving money.

U.S. Naval Hospital Guam wants

to help tobacco users get ready for the event, and to help them quit whenever they are ready to do so. We offer help over the telephone, through individual counseling sessions, and with tobacco cessation classes. All of our tobacco cessation services are designed to help tobacco users develop strategies for dealing with the three reasons for tobacco use: physical addiction to nicotine, habits, and the emotional reasons for tobacco use, for example dealing with stress, boredom, or to socialize.

So consider the Great American Smokeout challenge as a way to increase lung functioning up to 30 percent within three months or less; have less fatigue within one to nine months; decrease excess risk of coronary heart disease by half within a year; reduce stroke risk to that of a non-smoker within five to 15 years; reduce one's lung cancer death rate by half 10 years after quitting; and cut in half the risk of coronary heart disease to that of a non-smoker's in 15 years.

The air we breathe is free. We're

free to work on ensuring the part of our body which processes this important valuable resource stays in good shape to do so. We're free to give ourselves a longer life and fewer sick days while living. We're free to give our loved ones the added joy of our longer lifespan and better quality of life.

Take advantage of the Great American Smokeout to exercise your freedoms. For more information about the Great American Smokeout or about our counseling sessions, call 344-9124.

# EOD Tour: Members appreciative for opportunity

Continued from Page 1

Cmdr. Scott Kraft, EODMU 5 commanding officer, began the tour with a small introduction explaining the command's mission. EODMU 5 is responsible for locating, identifying, and rendering safe all conventional, chemical, biological, nuclear, radiological, and improvised explosive hazards in the Western Pacific area of operations and elsewhere when directed.

AFC members saw several demonstrations of EOD equipment and survival gear along with a Humvee, the technologically-advanced Talon robot, and the EOD Nine bomb disposal suit.

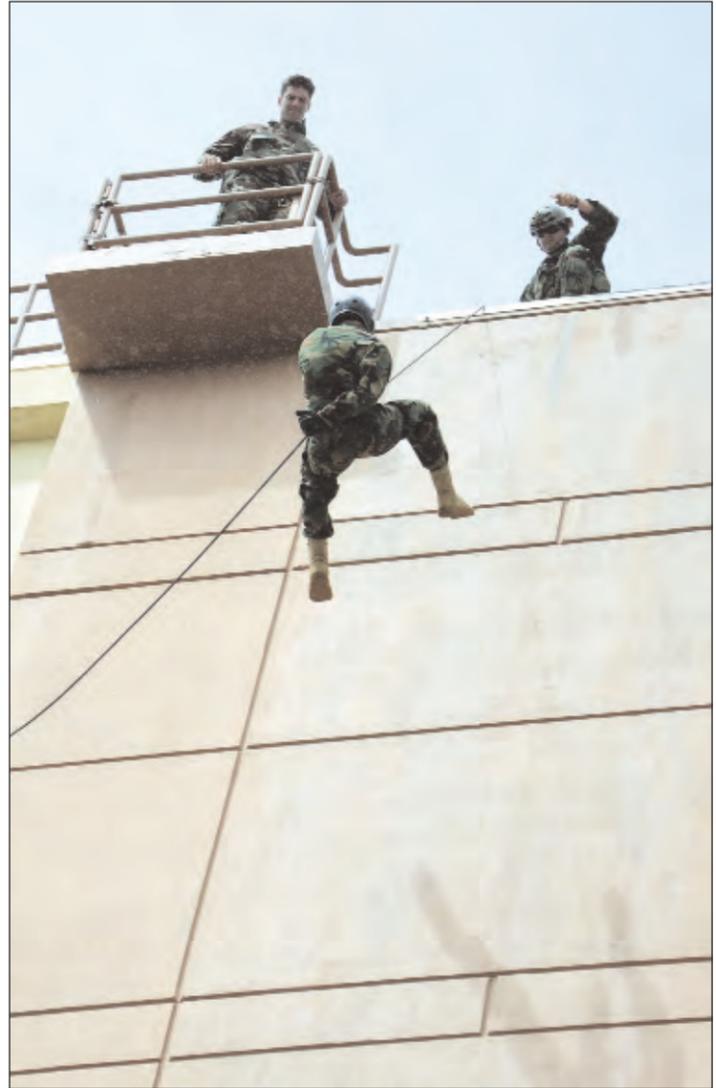
"We appreciate all you do, all the military does," said David Leddy, president of the Guam Chamber of Commerce.

"This is such a great treat to come out and see firsthand some of the operations that take place on the base and some of the great things our military neighbors do."

NBG Commanding Officer Capt. Richard Wood attended the tour and welcomed committee members to the base.

"This was just our way of saying thank you by changing up our normal quarterly meeting," Wood said. "Instead of us going out to meet with them, [we invited] them to come visit the base, see EOD Mobile Unit 5 and enjoy a lunch together so they can see a little bit of what we do here at Naval Base Guam."

Right: Explosive Ordnance Disposal 3rd Class (FPJ) Jairo Ayala demonstrates rappelling to members of the Armed Forces Committee (AFC) of the Guam Chamber of Commerce, Nov. 4. The AFC recently toured the Explosive Ordnance Disposal Mobile Unit 5 compound on U.S. Naval Base Guam. (U.S. Navy photo by Mass Communication Specialist Seaman Apprentice Chris Salisbury/Released)



Left: Chief Explosive Ordnance Disposal (EWS/ESWS/FPJ) Roy Vanek talks to members of the Armed Forces Committee (AFC) of the Guam Chamber of Commerce about the equipment used by EOD personnel to keep them safe during special operations, Nov. 4. The AFC recently toured the Explosive Ordnance Disposal Mobile Unit 5 compound on U.S. Naval Base Guam. (U.S. Navy photo by Mass Communication Specialist Seaman Apprentice Chris Salisbury/Released)

## Guard: SFS supports many missions

Continued from Page 1

The 254th Security Forces Squadron was officially recognized as a unit in 2005. All of the more than 90 members of the unit have been deployed to various locations throughout U.S. Pacific Air Forces area of operations. They have also supported such missions as Operation Jump Start in the southwestern United States and been deployed to Louisiana in support of Hurricane Katrina recovery operations.

The squadron's first Air Expeditionary Force rotation was to Eskan Village, Saudi Arabia in 2007.

# Reduce trash during America Recycles Day

By Troy Imamura  
Joint Region Marianas  
Recycling Program Manager

Since 1997, communities across the country have come together annually to celebrate America Recycles Day. The event, scheduled for Nov. 15, is the only nationally recognized day dedicated to the promotion of recycling in the United States. Here are some ways you can help promote recycling on our base:

Donate unwanted usable items to charity organizations such as the Salvation Army for reuse

Buy products with little or no packaging and buy the largest size you can use. (This not only saves the amount of materials being thrown into trash or recycling cans, but also saves money.)

Buy reusable quality products such as non-disposable cameras, reusable or electric razors, reusable dishes, mugs and utensils, and have your child carry lunch in a reusable lunch box.

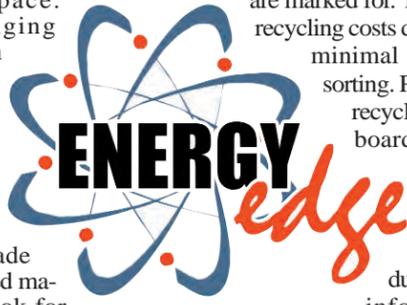
Bring your own mug to get coffee. Paper cups waste money and

landfill space. Plus, bringing your own coffee cup to local coffee houses can save you money.

Buy products that are made with recycled materials. (Look for paper products that contain post-consumer content.)

Take only what you need (i.e. refuse unneeded giveaways, bags, or fliers).

Recycling collection points for aluminum cans, plastic and glass bottles, and corrugated cardboard are established at the U.S. Naval Base Guam Commissary, Navy Exchange main store and mini-marts. Drop any unwanted paper to your local pet store. To help keep contamination from entering the recyclable waste stream, only place items that the recycling containers



are marked for. This will help keep recycling costs down and allow for minimal amount of waste sorting. Please, do not place recyclables such as cardboard, wood or green waste into "municipal solid waste" or "trash" receptacles or dumpsters. For more information, please contact me, Troy Imamura, Recycling Program Manager at 349-3116.

Properly Recycling Jennifer Nichols, of Morale, Welfare and Recreation, recycles her plastic bottle in the proper recycle bin, Nov. 8. America Recycles Day is Nov. 15 and all are encouraged to take part in the national event and remember that recycling is important to reduce waste and keep our planet clean. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)



# 36th CES Haunted House - A frightening success

By Airman 1st Class Mariko Frazee  
36th Wing Public Affairs

It was a dark and eerie night, and the 36th Civil Engineer Squadron (CES) made sure it was a frightful Halloween weekend for the Andersen Air Force Base community. At the 36th CES Haunted House, located at the edge of base housing at 1960 Pacific Lane, the sounds of screaming, banging and revving chainsaws filled the air, Oct. 31.

The aim was to get a good scare out of their customers, and according to the shrieking heard throughout the house, it sure sounded like the engineers met their goal.

Airmen from the 36th CES and their families worked as volunteers, and ticket prices were on a donation-only basis. The house was open for five nights, and was more of a success than last year's great house.

"We still have one more day left with the house this year, and we have already surpassed last year's numbers," said Master Sgt. Kevin Avila, 36th CES Water and Fuel

System Maintenance non-commissioned officer in charge. "Last year we made more than \$1,900, and this year with one day remaining we raised about \$1,700. Thanks to all the advertising we did and succeeding at getting the word out, we expect about 75 more customers [than] last year."

The unit had no problem soliciting for volunteers because Airmen had planned to work the haunted house long before Halloween was here.

"Considering we have about 120 people in the squadron, the fact that we had more than 60 volunteers is just outstanding," Avila said. "Most of the volunteers worked at the house every day that it was open. Over the weekend, I noticed we had the same people working as one consistent team."

Each shop within the squadron was designated their own room to decorate and scare as they pleased. The first room upon entering was assigned to the "Dirt Boyz" with Airmen from the horizontal repair shop.

Senior Airman Joshua Smith,

36th CES Pavement and Equipment operator, was one of the masked individuals in that room.

"I was definitely one of the first people to jump out at you the second you walked in," he said. "I had on a mask and was screaming while holding a knife. We had other Airmen from my shop jumping out from behind curtains and blowing people with an air compressor. I think the blast of cold air added a good element of surprise."

Smith and others from his shop showed up to volunteer every night and continued to scare patrons past the midnight hour.

"I liked being the first room because people didn't know what to expect," he said. "And when we were outside taking a break, I heard people coming out saying how good the haunted house was. We worked really hard preparing for it, so I'm happy to hear they enjoyed it."

The volunteers from the 36th CES say they look forward to next Halloween, and ensure it will be even more frightening than this year's.



Enter if You Dare: Senior Airman Matthew Moore and Airman 1st Class Joshua Smith, 36th Civil Engineer Squadron (CES) 'Dirt Boyz' and house volunteers scare guests as they travel through a haunted house on Andersen Air Force Base, Oct. 31. The haunted house is a yearly event put on by 36th CES volunteers and was open to all ages for enjoyment. (U.S. Air Force photo by Airman 1st Class Mariko Frazee/Released)

## Frank Cable Sailors hand out Halloween treats



All Treats, No Tricks: Electrician's Mate Fireman Stephanie Edinger, assigned to the submarine tender USS Frank Cable (AS 40), gives out candy during the culmination of the Red Ribbon Month Campaign Say "Boo" to Drugs at the Agana Shopping Center, Oct. 31. Frank Cable conducts maintenance and support to submarines and surface vessels deployed in the 7th Fleet area of responsibility. (U.S. Navy photo by Electrician's Mate 3rd Class Claire Farin/Released)



Sweets for the Sweet Tooth: Logistics Specialist 3rd Class Eric Valadez, left, and Interior Communications Electrician 2nd Class (SW) Elizabeth Kornexl, right, both assigned to the submarine tender USS Frank Cable (AS 40), give out candy during the culmination of the Red Ribbon Month Campaign Say "Boo" to Drugs at the Agana Shopping Center, Oct. 31. Frank Cable conducts maintenance and support to submarines and surface vessels deployed in the 7th Fleet area of responsibility. (U.S. Navy photo by Electrician's Mate 3rd Class Claire Farin/Released)



School bulletin aims to promote educational activities in the Navy and Air Force communities. If you know of an education-related event that you would like to include, send it to [jointregionedge@fe.navy.mil](mailto:jointregionedge@fe.navy.mil) or call 349-2115.

**DoDEA Parent Teacher Conferences**

Parents, take an opportunity to meet with your child's teachers and review their progress during parent-teacher conferences. Department of Defense Education Activity (DoDEA) elementary and middle schools will hold conferences from Nov. 16-18. Note all pre-K students will not have classes on these days. Guam High School will hold conferences Nov. 18 and classes will not be held. Below are the following dates and times for each school:

**Andersen Elementary School (Nov. 16-18):**  
Pre-K: 7:45 a.m.-2:40 p.m.  
Kindergarten-5th Grade: 11:30 a.m.-2:45 p.m. (Note: Students will be dismissed at 10:45 a.m. all three days)

**Andersen Middle School (Nov. 16-18):**  
6th-8th Grade: 11:30 a.m.-2:45 p.m. (Note: Students will be dismissed at 10:45 a.m. all three days)

**Cmdr. William C. McCool Elementary/Middle School (Nov. 16-18):**  
Pre-K: 8:15-10:45 a.m. and 12:2-3 p.m.  
Kindergarten-5th Grade: 12:20-3 p.m. (Note: Students will be dismissed at 11:20 a.m. all three days)

**Guam High School (Nov. 18):**  
9th-12th Grade: 9 a.m.-5 p.m.

Parents should receive a letter from their child's school with a date and time for their scheduled conference. If you have not received a letter or have questions, please contact your child's school.

**DoDEA Pacific Far East Jazz Festival**  
Join some of the island's finest performers from Department of Defense Education Activity -Guam District as they showcase their talent, Nov. 17 at 7 p.m. at the Guam High School campus. Admission is free and all are invited to attend.

**Phone Numbers**  
Andersen Elementary School: 366-1511  
Andersen Middle School: 366-3880/5793  
Commander William C. McCool Elementary/Middle School: 339-8676  
Guam High School: 344-7410

# Halloween story time on NBG

By Shaina Santos  
Warfighter and Family Readiness

Pirates, ghouls, an assortment of wild animals, and an array of superheroes were some of the dignitaries in attendance during a Special Halloween Story Time at the Morale, Welfare, and Recreation Library on U.S. Naval Base Guam, Oct. 26.

Joe Jordan, host, emcee, and new program manager captured the costumed children's attention quickly and easily, preparing them for the festivities.

U.S. Naval Base Guam Commanding Officer, Capt. Richard Wood then captivated the children with the first of the day's Halloween Tales, "The Very Best Pumpkin," by Mark Kimball Moulton.

Following the story the children were separated into two groups, seemingly under a spell, cast by University of Guam (UOG) education students, disguised as Disney princesses: Sleeping Beauty, Jasmine, and Cinderella under the guidance of Dr. Marilyn Jackson. Jackson, a professor at UOG and her students led the children into song, beginning their Halloween presentation.

The UOG students then engaged



Great Stories: Children and parents attend a special Halloween Story Time at the Morale, Welfare and Recreation Library on U.S. Naval Base Guam (NBG), Oct. 26. Capt. Richard Wood, NBG commanding officer, read stories as part of several events leading up to Halloween. (U.S. Navy photo by Shaina Santos/Released)

eager children with felt board stories, illustrating the story further for the young listeners.

After story time, attendees enjoyed arts and crafts projects that included cupcake decorating. One

satisfied superhero could only comment, "Yummy," on the day's events.

## GHS NJROTC cadets carry on military tradition and etiquette



Honorable Tradition: A Guam High School Navy Junior Reserve Officers Training Corps cadet passes a flag to William Bradford, post commander, Veterans of Foreign Wars Post 2917, during a flag retirement ceremony at the high school on board U.S. Naval Hospital Guam, in Agana Heights, Nov. 3. A total of 15 flags, including the national ensign and Guam flag, were retired. (U.S. Navy photo by Mass Communication Specialist 1st Class (SW) Peter Lewis/Released)

By Mass Communication Specialist 1st Class (SW) Peter Lewis

Joint Region Edge Staff

Guam High School (GHS) Navy Junior Reserve Officers Training Corps (NJROTC) cadets hosted a flag retirement ceremony at the Agana Heights school, Nov. 3.

Altogether, the cadets laid 15 un-serviceable flags, including the national ensign and the Guam flag, to rest, during the event. Each flag was hand carried by a different cadet, and transported to an outdoor pyre. The ashes of the flags will be collected and buried.

William Bradford, Veterans of Foreign Wars Post 2917 commander, was on hand to assist the cadets with the honored military tradition.

"In the military, we're all used to seeing the flag go up in the morning and come down in the evening," Bradford said. "Most people - military, civilian, and family members - aren't aware of what happens to the flags when they're too tattered

to be flown anymore. This was a great way to teach our cadets a bit of flag etiquette."

Bradford shared his appreciation for JROTC programs and its structure used to form productive, strong and successful young men and women.

"The NJROTC program here at GHS, and all the other JROTC programs on island, are great programs, and these kids are learning how to be tomorrow's leaders; the kind of leaders we really need."

Capt. Richard Wood, commanding officer, U.S. Naval Base Guam, said that it is always an honor and a privilege to attend GHS's NJROTC events.

"It's a pleasure to watch as these kids thrive," Wood said. "It's nice to see how committed they are to learning about their parents' lifestyles, sacrifices, and the history and traditions of our military. It was especially nice to see such a respectful ceremony take place."

For more news from U.S. Naval Forces Marianas, visit [www.navy.mil/local/guam/](http://www.navy.mil/local/guam/).

## Andersen students rewarded for "Making the Grade"

From Army and Air force Exchange Service Public Affairs

In a recent editorial, Deputy Assistant Secretary of Defense Robert L. Gordon III wrote, "a high-quality education is consistently ranked as one of the top priorities for mili-

tary families with school-aged children."

Understanding the value families at Andersen Air Force Base place on education, the Army & Air Force Exchange Service offers a unique rewards program that continues to receive high marks from students and parents alike.

Now in its 11th consecutive year,

"You Made the Grade" recognizes students who achieve a "B" average or better with a benefits-filled booklet. Exclusive offers include a free Burger King kid's meal, a free Subway 6-inch combo meal, and a free movie admission to name a few.

Students who made the grade can also register for a drawing to win a savings bond worth up to \$5,000 by

filling out and mailing an included entry form.

"It is important to recognize Andersen's superior students," said Andersen AFB Exchange Main Store Manager Terry Veney. "To be able to maintain academic excellence despite adversities such as moving reg-

See Program, Page 13

# Program: Great prizes for students with good grades

Continued from Page 12

ularly or having a parent deployed shows the resolve of these students as well as the quality of their teachers.”

To receive a “You Made the Grade” booklet, students simply pres-

ent a valid military ID card and proof of an overall “B” or better average at the Andersen AFB Exchange. Students may receive one coupon package for every qualifying report card, but may enter the savings bond drawing only once per calendar year.

Andersen families can contact the Exchange at 671-653-6210 for more information about “You Made the Grade.”

The Army & Air Force Exchange Service is a joint command and is directed by a board of directors which

is responsible to the secretaries of the Army and the Air Force through the service chiefs of staff. The Exchange has the dual mission of providing authorized patrons with articles of merchandise and services and generating non-appropriated fund earnings as a

supplemental source of funding for military Morale, Welfare and Recreation (MWR) programs. To find out more about the Exchange history and mission or to view recent press releases please visit our Web site at <http://www.shopmyexchange.com>.

# Island landmark holds rich history

By JoAnna Delfin  
Joint Region Edge Staff

Nestled in the capital city of Hagatna, Skinner Plaza is a significant site filled with rich history of the island's past. Among the daily hustle and bustle of Guam business and development, the plaza is located next to the U.S. Post Office and across the Dulce Nombre de Maria Cathedral Basilica.

Named after Carlton F. Skinner, the first civilian Governor of Guam, the plaza holds several monuments in honor of veterans who made tremendous sacrifices to secure the freedom of our island and country, as well as important people and events significant to the island's history.

The plaza is filled with life as Christmas lights don the lampposts, bushes and pavilion in the middle of the square during the Guam Chamber of Commerce's annual holiday festival. A huge electric Christmas tree is lit throughout the month of December to celebrate the holiday season. This year's event is scheduled Nov. 26, 4-9 p.m.

"I usually bring my son to the Christmas tree lighting since he was born" said local resident Sianna Palomo. "I remember my mom used to bring my brother and I here when we were younger too, so I'd like to continue that with my son and my baby girl."

Though the site is frequently most visited during the holiday season, it is not uncommon to see residents walking along the perimeter in the afternoon to get in their daily exercise. The outdoor atmosphere makes a great place to hold special celebrations such as weddings, birthday and other momentous occasions.

## Guam Chamber of Commerce Tree Lighting Ceremony

When: Sat., Nov. 26,  
6 p.m.

Where: Skinner Plaza,  
Hagatna

See next week's Joint Region Edge to find out how you can join in on all the Christmas Tree Lighting festivities.

The plaza is one of the 17 locations along the Hagatna Heritage Walking Trail and is visited daily by Guam's tourists and visitors. It also serves as the transfer point for busses transporting the island's private school students in the morning and afternoon.

During Pope John Paul II's visit to the island in 1981, the plaza was filled with hundreds of people as they flocked to the island's capital to celebrate mass with the pontiff.

"I remember that day when he came to visit the island," said Father Eric Forbes, local priest. "There was a stage right in the middle of the street where his statue is now and there were people along where Skinner Plaza is today. You could just feel how great it was to have him there and how honored the local people were."

Skinner Plaza is open 24 hours a day to the general public. To reserve the site for special occasions, call the Guam Legislature at 472-3499.



Walking Trail: Skinner Plaza in Hagatna, pictured here Nov. 7, is one of the 17 sites along the Hagatna Heritage Walking Trail. The plaza holds a rich history of the island's past including several monuments dedicated to veterans who fought to protect our island and country. (U.S Navy photo by Reynaldo Rabara/Released)

**FREE**

**Tops in Blue Rhythm Nation**  
Listen to the music of Tops in Blue during a free concert at the University of Guam Field House in Mangilao, Nov. 29. Doors open at 5:45 p.m. and the show starts at 6:30 p.m. For more information, call 366-2339

**Outdoor movie night**

Enjoy a free movie under the stars at Arc Light Park Nov. 12 at 7:30 p.m. The movie "Hoodwinked Too! Hood vs. Evil" is PG-rated so it's fun for the whole family. Movie will be shown weather permitting. Call 366-2339 for more information.

**Armed Forces Appreciation Fridays**

Active duty military members can stop by Gecko Lanes, Fridays from 11 a.m.-1 p.m. and bowl free as an appreciation for your service. Please show your ID at the front desk. For more information, call 366-

5117.

**UNDER \$10**

**Moms and Tots**

Need to keep your kids busy? Enroll in the Mom and Tots program! Stations are set up for parents to help their child climb, build, stack, and play! \$3 per class. Parents can register beginning October 1. Classes start Nov. 4 for children walking to 3 years of age and their parents. For more information, call 564-1844/5 or 727-2575.

**Buck Saturday Matinee**

Every Saturday from noon-6 p.m. enjoy \$1 games, rental shoes, 16 oz. soda, small fries and small nachos at Gecko Lanes. For more information, call 366-5117.

**Kids Day Sundays**

Bring the kids to Gecko Lanes every Sunday from noon-8 p.m. and pay just \$1 per game with a free kid's shoe rental.

For more information, call 366-5117.

**Tuesday Texas Hold'em nights**

Texas Hold'em tournaments are held at 6 p.m. in the Top of the Rock ballroom. Play is free for club members and \$5 for non-members. Open to ages 18 and older. For more information, call 366-6166

**Holler for a Dollar Tuesdays**

Don't miss Gecko Lanes' Tuesday evening special, "Holler for a Dollar". Every Tuesday from 6-10 p.m. enjoy games, shoe rentals, and fountain drinks for \$1 each. For more information, call 366-5117.

**Thirsty Thursdays**

Games, shoe rentals and fountain sodas are on special for \$1 each every Thursday from 6-10 p.m. For more information, call 366-5117.

**Brown Bag Fridays**

How Much Can You Stuff? Every Friday, you can fill a bag

with as much clothing as you can fit for only \$5 at the Navy-Marine Corps Relief Society. 9-11 a.m.: Open to E5 & below (Active Duty/dependents only); 11 a.m.-1 p.m.: Open to all authorized patrons. For more information, call 564-1879.

**\$10 AND UP**

**Holiday meals to go**

Let the wonderful chefs at Top O' the Mar prepare a traditional feast for you. Enjoy a turkey for only \$55, turkey meal for \$105, ham for \$65, or a ham meal for \$115. Dinners include fresh mashed potatoes, corn on the cob, traditional stuffing and gravy, cranberry sauce, candied yams, dinner rolls, a choice of pecan, pumpkin or apple pie. Orders must be placed by Nov. 21. For more information, call 472-4606.

**Thanksgiving luncheon**

Sit down to a great Thanksgiving lunch at Top O' the Mar, Nov. 24 from 11 a.m.-2 p.m. Adults are \$23 and children, ages 5 -11, are only \$11.50. For more information, call 472-4606.



**FRIDAY, NOV. 11**

7 p.m.: Dream House • PG

**SATURDAY, NOV. 12**

2 p.m.: Dream House • PG  
7 p.m.: Drive • R

**SUNDAY, NOV. 13**

7 p.m.: Drive • R

*The movie schedule is subject to change due to circumstances beyond Meehan Theaters on Andersen Air Force Base. The Meehan Theater hotline is 366-1523.*



**SATURDAY, NOV. 12**

1 p.m.: Abduction • PG-13  
3:30 p.m.: I Don't Know How She Does It • PG-13  
7 p.m.: What's Your Number • R

**THURSDAY, NOV. 10**

7 p.m.: Dirty Socks Funtime Band • Live show!

**FRIDAY, NOV. 11**

1 p.m.: Abduction • PG-13  
3:30 p.m.: Money Ball • PG-13  
7 p.m.: Dolphin Tale • PG  
9:30 p.m.: Killer Elite • R

**SUNDAY, NOV. 13**

1 p.m.: Money Ball • PG-13  
3:30 p.m.: Dolphin Tale • PG  
7 p.m.: The Debt • R

*The schedule is subject to change due to circumstances beyond the theater's control. The Big Screen Theatre hotline is 564-1831 or visit mwr Guam.com.*

*(Source: Navy Morale, Welfare and Recreation Office)*

## Chapel Schedule

### Naval Base Guam

Office Hours: Monday-Friday, 8 a.m.-4 p.m.

#### Roman Catholic Mass

Saturday Vigil Mass: 5:30 p.m.  
 Sunday Mass: 9:30 a.m.  
 Sacrament of Reconciliation: Saturday, 5 p.m. and Sunday, 9 a.m.

#### Protestant Worship Service

Sunday Service: Traditional Service: 8 a.m.  
 Contemporary Service: 11 a.m.  
 Women's Bible Study: Monday, 9 a.m.  
 Men's Bible Study: Wednesday, 6 p.m.  
 Prayer Time: Thursday, 11:30 a.m.  
 Choir Practice: Traditional: Wednesday, 6 p.m.  
 Choir Practice: Contemporary: Tuesday, 6 p.m.

#### Jewish Shabbat

Friday, 6:30 p.m.

### Naval Hospital Guam

#### Roman Catholic Mass

Monday-Friday, 11:30 a.m.

Chapel of Hope: Sunday, 9 a.m.

#### Protestant Services

Chapel of Hope: Sunday, 6:30 p.m.  
 Men's Bible Study: Every first and third Tuesday of the month at 7 p.m. at the Interfaith Chapel, second floor, room H205  
 Women's Bible Study: Every second and fourth Saturday of the month at 8:30 a.m. at the Fellowship Hall, Building 61

### Andersen Air Force Base

#### Roman Catholic Mass (Chapel 1)

Weekday Mass: Tuesday, Wednesday, Friday, 11:30 a.m.

Saturday Vigil Mass: 5 p.m.

Sunday Mass: 9:30 a.m.

Sacrament of Reconciliation: Saturday, 4:30-4:50 p.m.

Catholic Women of the Chapel: First and third Wednesday of the month, Chapel 1 Annex, 6:30 p.m.

Catholic Youth of the Chapel: Second and fourth Wednesday of the month, Chapel 1 Annex, 6:30 p.m.

Choir Rehearsal: Saturday 4-5 p.m. and Sunday, 8-9 a.m.

#### Protestant Worship Service

Praise Service: Sunday, Chapel 2, 9 a.m.

Gospel Service: Sunday, Chapel 2, 11:30 a.m.

Emerging Worship Service: Sunday, Lighthouse, 6 p.m.

Protestant Women of the Chapel: Second Monday of each month, Chapel 2 Annex, 6:30 p.m.

Protestant Men of the Chapel: Wednesday, Lighthouse, 7 p.m.

Protestant Youth of the Chapel: Thursday, Chapel 2 Annex, 7 p.m.

Protestant Young Adults: Thursday and Saturday, Lighthouse, 6 p.m.

Protestant Sunday School: (September-May) Sunday, Chapel Activity Center, 10:15 a.m.

*Schedules subject to change. To confirm times or for information about other programs, call the chapels at:*

Andersen Air Force Base:

366-6139

U.S. Naval Base Guam

339-2126

U.S. Naval Hospital Guam:

344-9127

# Marriage: Self-disclosure and self-surrender

By Capt. Mario T. Catungal

36th Wing Andersen Air force Base, Guam Chaplain

Having a healthy marriage is one of life's greatest blessings. In a thriving marriage, wife and husband are energized and can withstand just about any circumstances they face. As they move through life, each is blessed with a special companion, best friend, a lover, a confidant – someone who calls forth from them all that is best in who they are.

However, other couples feel imprisoned in unhappy marriages. De-

spair, anger, fear, anxiety, and hatred fester. When a couple is living in an unhappy marriage their growth is stifled, both collectively and individually. Their energies are drained away in bitter recriminations, and they have difficulty facing the challenges of life. Instead of the marriage making life easier and more rewarding, the relationship is destructive and makes life more difficult.

For most of us, our marriages go

along smoothly enough between these two extremes. We deal with the challenges of marriage the best



way we know how, realizing that we could do better and that we could do much worse. Getting married, staying married, and becoming happily married is a journey that may have detours, road-

blocks, and breakdowns, so most of us stay aware that we can learn other ways to enrich our relationship.

We have a better marriage when we practice the following elements in our relationships: meeting, accepting, understanding, feeling, loving, prioritizing, touching, balancing, helping, resolving, forgiving and sharing. These 12 elements are ways to improve one's marriage as we grow and mature. Furthermore, marriage is a self-disclosure and self-surrender. God knows that marriage is not made in heaven. He knows also that marriage is not always easy. It is always a learning process to be lived out the rest of our years.



Dean: Rear Adm. Paul J. Bushong, left, commander, Joint Region Marianas (JRM), presents Senior Chief Yeoman (EXW/SW/AW) Bobby Dean with the Joint Service Commendation Medal, during an awards ceremony at the JRM headquarters in Asan, Oct. 28. Dean earned the award as Program Manager for Apprenticeship and Community Relations, Detachment Civic Action Team Guam from June 2009 to August 2011. (U.S. Navy photo by Mass Communication Specialist 1st Class (SW) Peter Lewis/Released)

## JRM employee awards



Golden: Rear Adm. Paul J. Bushong, left, commander, Joint Region Marianas (JRM), presents a Flag Letter of Commendation to Operations Specialist 1st Class (AW) Bruce Golden, during an awards ceremony at the JRM headquarters in Asan, Oct. 28. Golden received the award for his selection as the command's Junior Sailor of the Quarter for 4th Quarter, FY11. (U.S. Navy photo by Mass Communication Specialist 1st Class (SW) Peter Lewis/Released)

Horvath: Rear Adm. Paul J. Bushong, right, commander, Joint Region Marianas (JRM), presents a Special Act Award to Daniel Horvath, during an awards ceremony at the JRM headquarters in Asan, Oct. 28. Horvath earned the award while serving as a Supervisory Region Emergency Management Director. (U.S. Navy photo by Mass Communication Specialist 1st Class (SW) Peter Lewis/Released)



Vegafria: Rear Adm. Paul J. Bushong, left, commander, Joint Region Marianas (JRM), presents a Flag Letter of Commendation to Toni Vegafria, during an awards ceremony at the JRM headquarters, Oct. 28. Vegafria earned the award while serving as a volunteer income tax assistant for JRM from January to April 2011. (U.S. Navy photo by Mass Communication Specialist 1st Class (SW) Peter Lewis/Released)



O'Neal: Rear Adm. Paul J. Bushong, left, commander, Joint Region Marianas (JRM), presents a Flag Letter of Commendation to Yeoman Seaman Christopher O'Neal, during an awards ceremony at the JRM headquarters in Asan, Oct. 28. O'Neal received the award for his selection as the command's Bluejacket of the Quarter for 4th Quarter, FY11. (U.S. Navy photo by Mass Communication Specialist 1st Class (SW) Peter Lewis/Released)



# Sports for Tots kicks-off the season

By Senior Airman  
Veronica McMahon  
36th Wing Public Affairs

Sports season is starting up again, and while teenagers are grabbing their soccer balls and footballs, so are toddlers and young children this year.

Team Andersen recently kicked-off the 'Sports for Tots' soccer season and children ages 3-5 are encouraged to come join the fun Tuesdays at 5 p.m. and Sundays at 4 p.m., at the field beside the Andersen Base

Exchange.

"Practices are Tuesdays and games are on Sunday," said Amber Rhine, military spouse. "It is free and open to everyone with base access. Plus it's great for learning, hand and eye [coordination], communication and the team concept at such a young age."

The season began Nov. 8, but each sport will go in six-week sessions so it is not too late for parents to sign their children up, Rhine said. After the soccer session ends, they will go into baseball and then foot-

ball or cheerleading. There will be roughly a two-week break between each season.

Each practice or game will be 45-minutes long with a 15-minute snack period at the end.

"The Sports for Tots program is a great program for Andersen Air Force Base," said Senior Master Sgt. Steven Zellers, 36th Contracting Squadron superintendent. "It will give our 3-4 year olds and 5 year olds that just miss the cut off the opportunity to learn the basic fundamentals of sports. We won't be go-

ing out and turning double plays or pulling off hat tricks at this level, but we will be teaching them to play together and to work as a team; something that will provide huge dividends for when they make it to that next level."

According to Rhine, parents are required to stay with children at all times during the games and practices. Children are encouraged to bring their own soccer balls and colored shirts to designate the team they play for.

"These kids will get the chance to

burn off some of that energy that they all have plenty of," Zellers said. "Additionally, who can forget about snacks at the end of practice, which for the kids is most likely the most important part."

Sports for Tots is still looking for more coaches and participants to step up, and invites children to come and learn the basics of sports.

For more information, e-mail Rhine at sportsfortotsaaf@yahoo.com or visit the Sports for Tots Facebook page using the same e-mail address.

## Captain's Cup: Racquetball championship



Crowned Champion: A Sailor from Naval Special Warfare Unit 1, left, presents a racquetball trophy to Chief Machinist's Mate Marshall Preston of U.S. Coast Guard Cutter Washington following the Captain's Cup Racquetball championships at Charles King Fitness Center on U.S. Naval Base Guam Nov. 5. Preston won the finals, two sets to one, despite Kaplan's commanding comeback in the second set after falling behind by 10 points. Both players displayed a lot of sweat, camaraderie and good sportsmanship. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert/Released)

## Sports Shorts

The following is a list of sports and health-related activities held on U.S. Naval Base Guam. To submit your sports note, e-mail [jointregionedge@fe.navy.mil](mailto:jointregionedge@fe.navy.mil).

### Captain's Cup Ultimate Frisbee

Register for the Captain's Cup Ultimate Frisbee Tournament at the Charles King Fitness Center by Dec. 7. Tournament will be on Dec. 16-17. For more information, call 685-5243.

### Harlem Globetrotters

Come and see the original Harlem Globetrotters at the Charles King Fitness Center, 6 p.m., Dec. 9. For more information, e-mail [mwr-](mailto:mwr-)

[gumevents@gmail.com](mailto:gumevents@gmail.com)

### Fall Youth Soccer League

The Fall Youth Soccer League, open to youth ages 4-12, has started and will run through Nov. 15. Registration is currently open. Practices will be held from 5:30-6:30 p.m. on Tuesdays and Thursdays. Player cards cost \$25 and can be purchased at the Guam Football Association office in Harmon. There is also a registration fee of \$20, which includes a jersey. For more information and practice locations, call 637-4321.

Morale, Welfare and Recreation Swim Program Register now for the Morale, Welfare and Recreation Swim Program. There are classes for

all ages and skill levels. Learn to swim or just improve your stroke. Classes are in full swing and available at Charles King Fitness Center pool. For more information, call 333-2049.

The following is a list of sports and health-related activities held on Andersen Air Force Base. To submit your sports short, call 366-2228.

### Turkey Shootout

Show your best free throw at the Turkey Shootout at the Coral Reef Fitness Center, Nov. 18-23. Showtime is 6 p.m. and go time is at 6:30 p.m. Register at the fitness center, or call 366-6100 for more information. Deadline to register is Nov. 14.

### Harlem Globetrotters

Come and see the original Harlem Globetrotters at the Coral Reef Fitness Center, 6:30 p.m., Dec. 8. For more information, call 366-6167.

### Pre/Postnatal Exercise Class

(dates, times?) The Coral Reef Fitness Center offers a low-intensity class designed for pregnant women and new mothers. A doctor's clearance form is required to participate. Forms can be picked up at the Fitness Center. For more information, call 366-6100.

### Zumba

(dates, times?) Free Zumba classes are held at the Coral Reef Fitness Center. Zumba is a Latin fitness dance class that

also incorporates aerobics movements. Zumba fuses hypnotic Latin rhythms and easy-to-follow moves to create a dynamic workout system that will blow you away. The routine features interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. For more information, call 366-6100.

### Monday Driving Range Special

Save money when you take advantage of the Palm Tree Golf Course's Driving Range Special every Monday from 4-8 p.m. During this time, you can hit as many balls as you want for just \$5. For more information, call 366-4653.