

# Walsh takes command of NSA Bahrain



By MCI(SW) Sonja M. Chambers  
Staff Writer

**NAVAL SUPPORT ACTIVITY, Bahrain** — Naval Support Activity (NSA) Bahrain held a change of command ceremony in the Freedom Souq Courtyard, Nov. 15.

Capt. Colin S. Walsh relieved Capt. Enrique L. Sadsad as NSA Bahrain commanding officer.

Sadsad assumed command of NSA Bahrain in Nov. 2009. During his tenure, he oversaw the operation and sustainment of facilities and services for NSA's 89 tenant commands.

Guest speaker, Commander, Navy Region Europe, Africa, Southwest Asia, Commander, Maritime Air Naples, Rear Adm. Anthony E. Gaiani, presented Sadsad with a Legion Merit for his service at NSA Bahrain.

Sadsad thanked those who supported him during his time in Bahrain. He also shared some of his memories of his interaction with the Navy as a young boy growing up in the Philippines. He used to visit Naval Station Subic Bay every year during the open house.

"Those are my memories of the U.S. Navy and the American people," he said. "That legacy has been indelibly etched in my consciousness that I have always reached into whenever the need to engage and accommodate those who wanted to help us and those who needed our help arise. That is simply who we are, the U.S. Navy."

Sadsad will retire after 34 years of naval service. Walsh saluted Sadsad's naval career with a quote from President Theodore Roosevelt and wish of fair winds and following seas for his shipmate.

"It is obvious to all present that Rick Sadsad has very rarely, if ever, experienced failure," Walsh said. "However, he has spent his life in the arena of service to his country."

WALSH Page 4

Photo by MC2(AW) Jason T. Poplin

Outgoing Naval Support Activity (NSA) Bahrain Commanding Officer, Capt. Enrique L. Sadsad, salutes while going through the sideboys at the NSA Bahrain Change of Command ceremony, Nov. 15. Capt. Colin S. Walsh relieved Sadsad during the ceremony.

# Spreading cheer with cookies and a smile

By MC2(AW) Jason T. Poplin  
Staff Writer

**NAVAL SUPPORT ACTIVITY, Bahrain** — Girls and volunteers from USA Girl Scouts Overseas (USAGSO) Bahrain handed out thousands of cookies to service members at Naval Support Activity (NSA) Bahrain, Nov. 4-5.

More than 78,000 boxes of free cookies were donated from Girl Scouts, San Diego-Imperial Council's Operation Thin Mint. More than 1.6 million boxes of cookies have been sent to deployed service members since 2002.

USAGSO Bahrain Overseas Committee Chair Becky Goodridge said handing out cookies helped the girls see that they are part of the larger community of Girl Scouts who are doing their part in serving their country.

"Participation in this event is an education in generosity for our Girl Scouts," she said. "It also helps the American girls here in Bahrain fulfill part of their 'Girl Scout Promise,' which is to serve their country. With each smile and box of cookies, they were helping contribute to good morale at NSA Bahrain."

Bob Pielow, a fire protection engineer working at NSA through his Omaha-based company, said earlier this year his family purchased cookies to be distributed to troops overseas.

SPREADING CHEER Page 4



Photo by MC2(AW) Jason T. Poplin

Lance Cpl. Charles Gast, assigned to Fleet Antiterrorism Security Team Central Command Bahrain, selects cookies from members of USA Girl Scouts Overseas Bahrain, Nov. 4.

INSIDE

3 - CHAPLAIN'S CORNER  
6 - MWR EVENTS & INFO



DEFY STUDENTS LEARN FIRE SAFETY, P. 3



HEALTH FAIR PROMOTES PREVENTION AND HEALTHY LIFESTYLES, P. 3



COMEDIANS SHARE A LAUGH AT NSA, P. 4

THESE STORIES AND MORE...

# Family Life at NSA Bahrain

## DEFY students learn fire safety

By MC2(AW) Jason T. Poplin  
Staff Writer

**JUFFAIR, Bahrain** — Members of Bahrain School's Drug Education For Youth (DEFY) program were visited by "Sparky" the Fire Dog and members of Naval Support Activity (NSA) Bahrain Fire Department at Bahrain School, Nov. 10.

The visit was part of the program's phase two monthly continuation training that pairs students with DEFY mentors to teach them topics such as teambuilding, role-models, relationships, study habits and drug education. The students completed phase one of the program earlier this year.

DEFY Lead Program Coordinator, Electronics Technician 1st Class (SW/

AW) James Warren, said the visit coincided with this month's topic of personal and general safety.

"This presentation is tied into home safety, which teaches the kids how to answer the phone without revealing that they're home alone and how to maintain contact information to contact emergency services," Warren said. "The truck helps familiarize the children with what will show up at their homes in the event of an emergency."

To assist in their familiarization, the children had the opportunity to pitch questions to fire department personnel, examine various fire fighting equipment, sound the truck's sirens and try on fire protective gear.

Aviation Support Equipment Technician 2nd Class Jameel Rasool, assigned to NSA Fire Department, said that he was very



Photo by MC2(AW) Jason T. Poplin

Aviation Support Equipment Technician 2nd Class Jameel Rasool, assigned to NSA Bahrain Fire Department, helps Kayla Kiepl don fire protective clothing during a fire safety exhibition hosted by Drug Education For Youth (DEFY) at Bahrain School, Nov. 10.



Photo by MC2(AW) Jason T. Poplin

Aviation Support Equipment Technician 2nd Class Jameel Rasool explains fire truck capabilities to DEFY students.

impressed with the group's eagerness to ask questions and responsiveness.

"They astounded me with some of their questions," he said. "They were very proac-

tive throughout the demonstration. I was very impressed."

For more information about the DEFY program, contact Warren at 439-3939.

**the Bahrain DESERT TIMES**

[www.cnic.navy.mil/bahrain](http://www.cnic.navy.mil/bahrain)

**Commanding Officer**  
Naval Support Activity Bahrain  
Capt. Colin S. Walsh

**NSA Bahrain Executive Officer**  
Cmdr. Kevin Boykin

**Public Affairs Officer**  
Jennifer L. Stride

**Leading Petty Officer**  
MC1(SW) Sonja M. Chambers

**Staff Photojournalist**  
MC2(AW) Jason T. Poplin

*The Desert Times* is an authorized publication primarily for members of the Navy and Marine Corps military services in Commander Navy Region Southwest Asia.

Its contents do not necessarily reflect the official views of the U.S. Government, the Department of Defense, the U.S. Navy or Marine Corps and do not imply endorsement thereof.

All editorial content is prepared, edited, provided and approved by the staff of the NSA/CNRSWA, Bahrain, Public Affairs Officer.

The appearance of advertising in this newspaper, including inserts or supplements, does not constitute endorsement by the DoD, the U.S. Navy or Marine Corps, Commanding Officer Naval Support Activity Bahrain or Commander, Naval Region Southwest Asia of the products and services advertised.

Everything advertised in this newspaper shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. If a violation or rejection of this policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected.

A confirmed violation of this policy of equal opportunity by an advertiser will result in the refusal to print advertising from that source.

*The Desert Times* is published bi-weekly by Red House Marketing, P.O. Box 20461, Manama, Kingdom of Bahrain, a private firm in no way connected with DoD, the U.S. Navy or Marine Corps.

**Red House Marketing**, is responsible for commercial advertising, which may be purchased by calling (973) 1781 3777 or send in a Fax to (973) 1781 3700.

MWR OASIS RESTAURANT  
Specials

**MONGOLIAN BBQ**  
*is back!*  
STARTING NOVEMBER

**EVERY THURSDAY**  
*at the OASIS Hall*  
1100-1300

## Chaplain's Corner On Thanksgiving Day



By Cmdr. Chin Van Dang  
Supervisory Chaplain

A teacher assigned her class to write a composition entitled, "What I'm thankful for on Thanksgiving." Little Willie wrote, "I'm thankful that I'm not a turkey!"

On Thanksgiving Day, we celebrate the first Thanksgiving on which our forebears stopped their activities to give thanks to God for all they had been given, especially the land and the produce from the land. We are called to join them to thank God for the bountiful gifts which we have received, for the blessings of freedom and support of friends and families that we often take for granted. Just like a hungry little boy who was beginning to eat his dinner when his father reminded him that they hadn't prayed.

"We don't have to," said the little boy. "Mommy is a good cook!"

Of all the virtues, gratitude is the easiest to practice. That is, it takes the least amount of energy from us to express it. It is human pride that impedes a cheerful, spontaneous and genuine gratitude that is the expected response of love to favors

bestowed. Gratitude disposes almighty God to bestow more favors on those who are quick to express their appreciation for what they have received.

*I met an elderly lady who must be the most thankful soul on earth. She said she is very grateful that she has only two teeth left but luckily they meet!"*

Since last Thanksgiving Day, how often have we thanked God? How often have the thoughts of thanks been in our hearts? Our forefathers put aside one day in which we should express our thanks to God's blessings. We should make every-day a day of thanks. We express our thanks by our appreciation of God's gifts, spiritual and material, by our proper use of these to serve God's people. God needs our arms and hands to show His compassion and love for the lonely, the depressed, the isolated, the marginalized, the needy and the poor.

*It is a delightful custom in this family of father, mother and five children to pause before their Thanksgiving meal to take turns thanking God for various blessings. As they went around the table, the usual blessings were mentioned: "food," "Mommy," "Daddy," "a nice house," and the like... Finally came six-year-old Billy's turn. With a loud voice, he announced, "Thank God for making Daddy strong enough to bring home this big turkey!"*

If we are truly grateful for God's mercy and his gifts to us, we show it by the way we live. We share with others. We seek reconciliation with all. We strive to be peacemakers. In everything, we seek to show our appreciation for God's love.

HAPPY THANKSGIVING



Photo by MC2(AW) Jason T. Poplin

Naval Branch Health Clinic (NBHC) Bahrain's Cmdr. Deborah Williams explains diabetes and nutrition at a health fair sponsored by NBHC at NSA Bahrain, Nov. 3.

## Health Fair promotes prevention and healthy lifestyles

By MC2(AW) Jason T. Poplin  
Staff Writer

**NAVAL SUPPORT ACTIVITY, Bahrain** — Naval Branch Health Clinic (NBHC) Bahrain, in collaboration with Morale, Welfare and Recreation and the Fleet and Family Support Center, hosted its semi-annual Health and Wellness Fair, Nov. 3.

Organized and arranged into multiple information stations, attendees interacted with numerous health care providers who passed out free literature as well as screenings for various services. MWR also hosted a 6 a.m. Aerobicathon as part of the fair's fitness promotion segment.

The event, designed to promote health awareness, afforded NBHC the opportunity to invite multiple health care providers from the local community to NSA to showcase services available to service members, Department of Defense civilians and their families.

NBHC Health Promotions Coordinator, Lt.j.g. Chelsea Snellen, said that hosting the providers was essential to developing a strong rapport between NBHC's beneficiaries and the facilities it uses for referrals.

"The Health and Wellness Fair helps to build relationships within the health care community because it is a good opportunity for information sharing," Snellen said. "Additionally, because we send our

patients out into the local community for healthcare services, it's nice to host a venue in which we can invite the local providers on base and extend our appreciation for hosting our service and family members out in town."

Snellen added that the collaboration between the NSA health care providers and the local community to host an informative venue such as the Health and Wellness Fair was extremely important because it generated an opportunity to highlight services to personnel who otherwise might not know of their availability.

Primary Care and Dental Leading Chief Petty Officer, Chief Hospital Corpsman Monique Boyd, said another aspect of the fair was the approachability of NBHC staff to field health and wellness questions by the NSA community.

"This is truly beneficial because it creates an environment where people are comfortable enough to come by and ask routine questions about how to better take care of themselves," Boyd said.

The event was part of a larger Department of the Navy initiative to promote health and wellness programs that screen, educate and manage health concerns for the purposes of improving individual military readiness by encouraging healthy lifestyles, overall wellness, maximizing individual fitness and improving quality of life.



# Biggest Sale of the year!

## 3-day After-Thanksgiving Day Sale

Friday, Saturday & Sunday  
Nov. 25, 26 & 27

See in-store flyer for details

CNE-CNA-C6F/CNREURAFSWA  
IG HOTLINE

Report fraud, waste, abuse, and mismanagement in Navy activities to:  
Office of the Inspector General, Naples, Italy Leave a recorded message  
24/7: DSN 626-2983, COMM 081-568-2983 Speak to the IG Investigator:  
DSN 626-2964, COMM 081-568-2964  
E-Mail: [ighotline@eu.navy.mil](mailto:ighotline@eu.navy.mil)  
Web Site: [www.cnic.navy.mil/europe/index.htm](http://www.cnic.navy.mil/europe/index.htm)  
You can choose to remain anonymous or confidential.

WALSH from Page 1

Walsh said he is grateful and humbled to have been selected to command NSA Bahrain. He has a history with Bahrain, having deployed here twice before as the officer in charge of the MH-53E Det.

"This beautiful country has radically doubled since then, but it is the graciousness and earnestness of the people here that continue to awe me, he said. "I look forward to broadening the relationship between

our two countries."

NSA Bahrain provides operational support to U.S. and Coalition Forces operating throughout the CENTCOM area of responsibility. NSA Bahrain operates and sustains superior facilities and services for its tenant commands, their deployed assets and military members, DoD civilian personnel and dependents living in Bahrain, and provides security to ships, aircraft, detachments, and remote sites throughout the region.

SPREADING CHEER from Page 1

"My wife and I purchased about 10 boxes and asked the girls to write notes on them. We thought it was a neat thing they did, that the Girl Scouts made it possible to send those cookies overseas," he said. "I'm not sure if those were the Omaha cookies being passed out, but it was great to see how excited the folks were to get them."

Goodridge said community support for the Bahrain Girl Scouts has been outstanding. "I was pleased we were offered the opportunity again this year to participate in the distribution of Operation Thin Mint cookies," she said. "It was an honor and a privilege."



Photo by MC2(AW) Jason T. Poplin

Members of USA Girl Scouts Overseas Bahrain pass out cookies to service members at NSA Bahrain, Nov. 4.

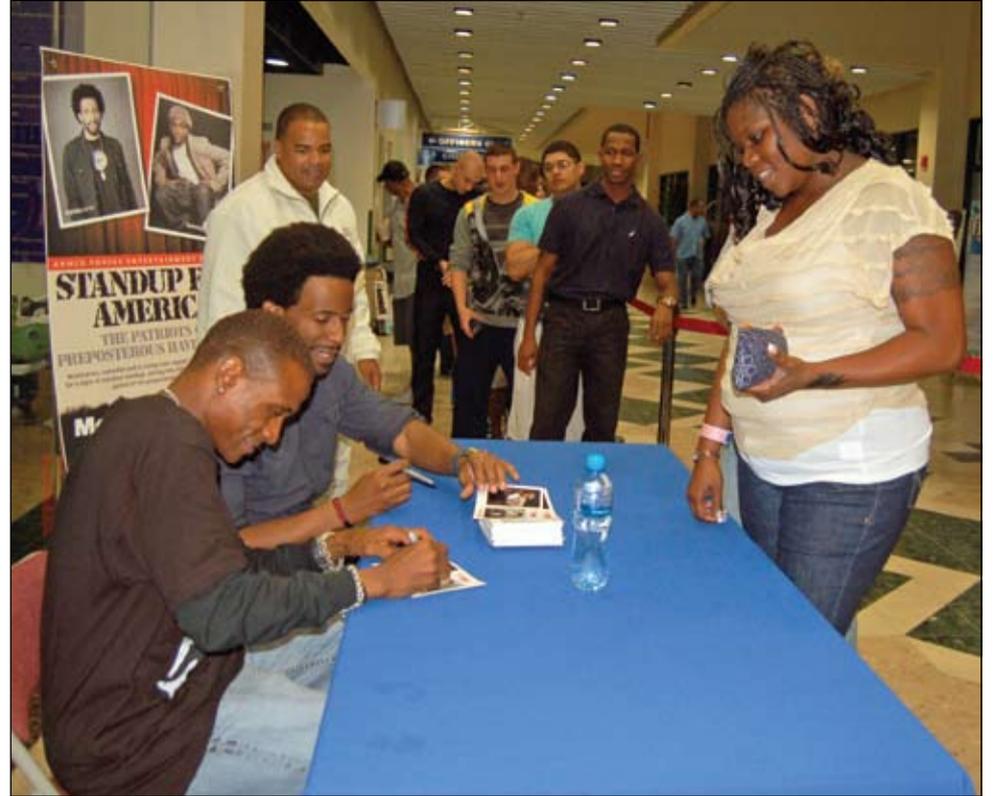


Photo by MC1(SW) Sonja M. Chambers

Comedians Tommy Davidson, left and Dante Carter, center, sign an autograph for Lori Tupper after their performance at Naval Support Activity Bahrain, Nov. 14. Davidson and Carter came to Bahrain as part of the Armed Forces Entertainment "The Patriots of Preposterous Have Landed" tour.

# Comedians share a laugh at NSA

By MC1(SW) Sonja M. Chambers  
Staff Writer

the "Standup for America" comedy tour, Nov. 14.

NAVAL SUPPORT ACTIVITY, Bahrain — Naval Support Activity (NSA) Bahrain and Morale, Welfare and Recreation hosted

Comedians Tommy Davidson and Dante Carter came to Bahrain as part of the Armed Forces Entertainment "The Patriots of Preposterous Have Landed" tour.

COMEDIANS Page 5

**SERVE TO HONOR YOUR COUNTRY.  
GIVE BECAUSE YOU CARE.**



Give through the Combined Federal Campaign-Overseas and help those in need in overseas military communities, across the nation and around the world. Your contribution is a vital source of support to more than 2,400 charitable organizations.

Give today at [www.cfcoverseas.org](http://www.cfcoverseas.org)

**MAKE A WORLD OF DIFFERENCE**  
CAMPAIGN DATES: 3 OCTOBER TO 2 DECEMBER



U.S. Army Captain Courtney Sanders shakes hands with a Djiboutian merchant, after his purchase of seven cisterns, all of which will be used as local hospitals and outlying medical clinics.

## Thanksgiving

### FREE LUNCH & DINNER

\*Active Duty Military Personnel, DOD Civilians & Family members

\*PLEASE SHOW VALID ID

## MENU

- Caesar Salad
- 
- Selection of Dinner Rolls
- Roast Beef
- Roast Turkey with Giblet Gravy
- Honey Baked Ham with Raisin Sauce
- Cornbread Stuffing
- Mashed Potatoes
- Green Beans
- Corn
- Sweet Potatoes with Marshmallows
- 
- Pumpkin Pie
- Pecan Pie
- 
- Soda and Iced Tea

24 NOV

1100-1500 • 1700-2000

Civilian Guests  
and Contractors: \$ 10.00

COMEDIANS from Page 4

Preposterous Have Landed" tour.

Davidson, a regular on "In Living Color," said he likes to go around the world, see how the service members are doing, dispense laughs and keep everybody happy.

"The good thing about performing for the military is everybody is there at once," he said. "You've got everybody from everywhere, and that's my favorite audience."

Carter said he came to Bahrain for the troops.

"They really appreciate it, and that really gets me hyped," he said. "Everyone who knew I was coming over here sends

love to you guys and girls. You're not forgotten. Everybody really appreciates what you do."

Family member Lori Tupper met with the comedians and said she loved the show.

"It was great, and I don't think I've laughed so hard since being here!" she said.

Tupper said Davidson and Carter were very personable and really interacted well with the crowd both during the show and autograph session.

"We already miss so much by being overseas, so it's nice when performers come out, bringing a touch of home here to us," she said. "It helps with morale and lets us enjoy ourselves for a while."



Photo by Charlotte Calixto

Comedian Tommy Davidson performs for service members and their families.

## NSA BAHRAIN LOST AND FOUND:

The NSA Bahrain Lost and Found Custodian has collected the following property over the past few months:

- Wide variety of sunglasses
- iPod's and various headphones/ear buds
- Wide variety of cell phones
- Jewelry/rings
- Keys/key rings/Key FOB's
- Uniform items
- Wallets/handbags
- Identification cards/drivers licenses
- Various bank cards/credit cards
- Watches
- Snow Globes
- Camel Backs
- Grill cover

If you have recently lost similar property, please stop by the CID office located in building 16-1 in the across from building 1 to claim your property. Be prepared to describe your property and the approximate date it was lost. For more information, contact the Lost and Found Custodian at 439-3913.



## Undersecretary thanks Sadsad



Courtesy Photo

Former Naval Support Activity Bahrain Commanding Officer, Capt. Rick Sadsad, receives a plaque of appreciation from Interior Ministry Undersecretary for Nationality, Passports and Residence Affairs, Shaikh Rashid bin Khalifa Al Khalifa, Nov. 3. Rashid thanked Sadsad for the efforts he exerted to enhance constructive cooperation between Bahrain and NSA at all levels.

## EOD salutes fallen heroes



Photo by MC2(EXW/SCW) John Hulle

Senior Chief Explosive Ordnance Disposal Technician Aaron Ryan, assigned to Commander, Task Group (CTG) 56.1, runs a Veterans Day Memorial 5K along with other members of CTG 56.1, Nov. 9. Ryan ran in a bomb suit in memory of fallen EOD technicians. CTG 56.1 conducts maritime security operations and theater security cooperation efforts in the U.S. 5th Fleet area of responsibility.

**HR Classified Ads**

**CONUS:**

**Announcement: SE1-0201-13-563252N6178313**  
 Position: HUMAN RESOURCES OFFICER, GS-0201-13  
 Department: Commander, Navy Installations  
 Opening Date: 11/10/11 - Closing Date: 11/25/11

**Announcement: SE10873-13-560881N5176134**  
 Position: Supervisory Marine Surveyor, GS-0873-13  
 Department: Norfolk Ship Support Activity (NSSA)  
 Opening Date: 11/14/11 - Closing Date: 11/18/11

**SONATTA**

**1830-2300**  
**Sunday - Friday**  
**@ the Beach Club**

MWR  
 Bahrain  
 Arabian Gulf

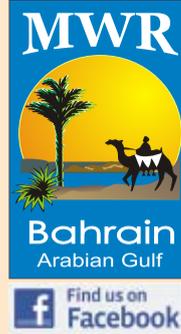
**THE HEAT 106.3**

SUN	MON	TUES	WED	THUR
0600-0900	0600-0900	0600-0900	0600-0900	0600-0900
"Morning Mix"	"Morning Mix"	"Morning Mix"	"Morning Mix"	"Morning Mix"
11-1	11-1	11-1	11-1	11-1
"Smooth Groove"	"The Old Show"	"Urban Nation"	"Classic Rock With"	"Country Hits"
Smooth Jazz and R&B With	Best of the 80's and 90's	Best of Hip-hop and R&B With		Best of Country With
Dj Audity	Big Joe	Guest Dj	Barnacle Biller	Felix The Cat

Feat: Guest Dj's

You can also tune in to channel 12 AFN For Song Request! Call Us At 439-4036

f



**ITT**

**Cooking Demonstration Of Arabic Food & Dinner**  
 Thursday, November 17  
 • Time: 1645  
 • Min 5 people; ITT Price: \$23.00

**Scuba Dive**  
 Friday, November 18  
 • Time: 0800  
 • Min 4 people; ITT Price: \$82.00

**Guided Cultural Tour Of Bahrain**  
 Sunday, November 20  
 • Time: 0900 – 1600  
 • Min 14 people; ITT Price: \$35.00

**Belly Dancing Dinner Show**  
 Thursday, November 24  
 • Time: 2030  
 • Min 5 people; ITT Price: \$30.00

**Arabian Experience (Horse Race at Sakhir & Dinner at Veranda Restaurant)**  
 Friday, November 25  
 • Time: 1400 – 1900  
 • Min 5 people; ITT Price: \$18.00

**Al Dar Island Day Trip**  
 Thursday, November 26  
 • Time: 0930 – 1400  
 • Min 5 people; ITT Price: \$15.00

**\*\*Please arrive 15 minutes prior\*\***

**All dates and times are subject to change**

**Movie Schedule**

**Friday, November 18**

**Theater A**  
 10 a.m. - Judy Moody: And The Not Bummer Summer (PG)  
 12 p.m. - Cars 2 (G)  
 2 p.m. - The Green Hornet (PG-13)  
 4 p.m. - Super 8 (PG-13)  
 7 p.m. - Friends With Benefits (R)  
 9 p.m. - The Lincoln Lawyer (R)

**Theater B**  
 11 a.m. - Kung Fu Panda 2 (PG)  
 1 p.m. - Mr. Popper's Penguins (PG)  
 3 p.m. - Crazy, Stupid, Love (PG-13)  
 5 p.m. - The Hangover 2 (R)  
 7 p.m. - Green Lantern (PG-13)  
 9 p.m. - Patriot Games (R)

**Saturday, November 19**

**Theater A**  
 10 a.m. - Rango (PG)  
 12 p.m. - Zookeeper (PG)  
 3 p.m. - Rise Of The Planet Of The Apes (PG-13)  
 5 p.m. - Priest (PG-13)  
 7 p.m. - Win Win (R)  
 9 p.m. - Navy Seals (R)

**Theater B**  
 11 a.m. - Cars 2 (G)  
 1 p.m. - Kung Fu Panda 2 (PG)  
 3 p.m. - Art Of Getting By (PG-13)  
 5 p.m. - Cowboys And Aliens (PG-13)  
 7 p.m. - Hanna (PG13)  
 9 p.m. - Transformers: Dark Of The Moon (PG-13)

**Comments & Suggestions**

All are welcome to send comments or suggestions to MWR Bahrain. Please e-mail them to: MWRsuggestionBox@me.navy.mil

If you would like to receive MWR Bahrain's e-mail announcements, just send your official e-mail to the above address.



**Thursday, November 17**  
**Big Time Madden 2k12 Tournament**  
 • Time: 1730

**Friday, November 18**  
**\$3 Mall Shuttle**  
 • Time: 1200 - 1600; Seef Mall

**Saturday, November 19**  
**Lost Paradise Water Park**  
 • Time: 1000-1530  
 • E4 & below: \$28; Others: \$32

**Sunday, November 20**  
**Sunday Sundaes**  
 • Make your own ice cream sundaes! Free

**Monday, November 21**  
**Speed Pool**  
 • Time: 1200  
 • Free pizza for players

**Tuesday, November 22**  
**Turkey Bowling**  
 • Time: 1100

**Wednesday, November 23**  
**Turkey Leg Eating Contest**  
 • Time: 1130

**Thursday, November 24**  
**Happy Thanksgiving Celebration**

**Friday, November 25**  
**\$3 Mall Shuttle**  
 • Time: 1200-1600; City Centre

**Saturday, November 26**  
**Magic Planet Arcade and Amusement Centre**  
 • Time: 1400; Transportation only!

**Sunday, November 27**  
**Sunday Sundaes**  
 • Make your own ice cream sundaes! Free

For more information, call the Liberty Center at 439-3192