

# Rocketeer II

Vol. 5, Issue 1

The official newspaper of the Naval Air Weapons Station China Lake community

Thursday, January 13, 2011



## Benefits program help still available

As a result of many changes in the 2011 Federal Employees Health Benefits (FEHB) program, the Benefits Line call volume remained high during most of the open season period. If you have any concerns regarding your health insurance for 2011, you are encouraged to continue to call the Benefits Line at 888-320-2917 and select menu option 4 to speak to a Customer Service Representative (CSR). All customers will be assisted with their health insurance open season needs.

CSRs are available from 7:30 a.m. until 7:30 p.m., Eastern Time, Monday through Friday, except on federal holidays. The TTY number for the deaf and hard of hearing is 866-328-9889.

## NEX closing early for inventory

The Navy Exchange Gas Station will close at 3 p.m. Jan. 28 and Jan. 29. The Navy Exchange Main Store and Mini-Mart will close at 3 p.m. on Jan 29 for annual inventory.

## Weapons and Armament ribbon cutting is Jan. 28

A ribbon cutting for the BRAC 2005 Weapons and Armaments Technology Laboratory will be held at 11 a.m. Friday, Jan. 28.

## New year snow day



Photo by Bill Willard

A rare snowfall closed portions of the base Jan. 3, with some areas reporting as much as five inches of snow accumulation. Some personnel reported to work as usual, while many employees were told to report two hours later than usual and liberal leave was authorized. All Fleet and Family Readiness facilities, except the gym were closed for the day and locations such as Echo Range and CLPL reported treacherous road conditions.

## Civilian pay freeze information available

By Total Force Strategy & Management

On Dec. 22, President Barack Obama signed an executive order (EO) freezing the pay of federal government civilian employees for 2011 and 2012. This action is one of many national initiatives aimed at reducing federal spending during a time of significant national federal debt.

The executive order affects all civilian employees regardless of the pay system under which they perform (i.e., General Schedule, Wage Grade, National Security Personnel System, etc.). It does not impact military pay.

Under this EO, there will be no general pay increase (GPI), no annual adjustments, and no locality pay adjustments, also known as local market supplements under NSPS. Therefore, federal government civilian employees

Freeze, page 11

## NAWCWD employees honored

By Stacy Deem  
NAWCWD Technical  
Communication Office

Employees from the Weapons and Energetics Department (4.7), the Design Interface/Maintenance Planning Department (6.7), and the Aviation Readiness and Resources Analysis Department (6.8) were recognized Nov. 18 for their support of the warfighter.

Andy Corzine, technical deputy of the Research and Engineering Group, presented a Naval Air Warfare Center Weapons Division Team award to the Anti-Radiation Missile Unique Planning

NAWCWD, page 9

## Data minding: Protecting your privacy and OPSEC go hand in hand on the Web

*This is the first in a series of articles on savvy social networking habits and practices.*

By Jessica Armstrong  
NAWS Deputy Public Affairs

From Facebook, the reigning king of social networks, to much smaller, individual organization networks, there are many ways in which personal information can make its way onto the World Wide Web. A majority of online services these days have a social element to them, including music discovery and listening websites, product and services ratings sites, and photo and video hosting and viewing sites, to name a few. Most ask for personal information such as place of residence and date of birth, often requested for

*By default, this information is often publicly visible until you change your settings to make it private.*

targeting advertising to members of the site. By default, this information is often publicly visible until you change your settings to make it private.

Beyond advertising, there are a number of people that wish to use your information for more sinister means. Criminals, foreign governments and terrorists are just a few types of people on the Web looking to glean information from you. Often, they use this information to profile individuals and organizations with the purpose

of stealing identities, committing fraud, identifying and exploiting vulnerabilities, or perpetrating other crimes, such as extracting data or personal information from your personal or work computer or network. It's the very values at the core of networking sites—openness, connecting and sharing with others—that enable them to do so.

If you are a user of social networking sites, you should consider carefully the information that you

Social, page 10

## Commentary

# Risk management key to mitigating mishaps in 2011

NORFOLK (NNS) -- Following the holiday season, Sailors and Marines across the fleet are returning from leave and getting back to the regular routine at their duty stations in January 2011.

Whenever large numbers of people are returning from extended time away from the job, there's a potential for mishaps to occur due to complacency or skills that have become rusty.

January is also a time when many Sailors and Marines enjoy winter sporting activities such as skiing and snowboarding. There's a greater likelihood for inclement weather, deteriorated driving conditions and slips, trips and falls.

All these factors combine to make this a good time to remember the basics of risk management, said Derek Nelson, head of the Media Division at the Naval Safety Center (NAVSAFECEN). Nelson writes the popular weekly "Summary of Mishaps," which is better known as the "Friday Funnies." In this capacity, he pores through the mishap reports received by NAVSAFECEN, and he has noticed some trends.

"Snowboarding mishaps have really been on the rise in the last few years," said Nelson. "People seem

to have a hard time recognizing their limitations."

Nelson said a lack of training contributes to many snowboarding mishaps. Others attempt to outdo their experience level, including a second class petty officer who had been on five separate snowboarding trips before he hit the slopes with some shipmates who had far more training than he had.

"He wasn't completely inexperienced, but he went with people who knew a lot more, and he wanted to keep up with them. He ended up with a concussion and a lot of days on limited duty," Nelson said.

Other mishap reports he has examined show a general complacency trend. He said one of the major problems is people who are in a hurry and cut corners.

"Whether you're driving or performing a task around the house or on the job, being in a hurry to get things done is a needless risk that too often ends in a trip to the emergency room," said Nelson. "Usually, the person doesn't take time to make a risk assessment beforehand, and therefore, there's no risk management that takes place."

Nelson cited one particularly memorable example; a Sailor was

using a gas-powered snow blower to clear his driveway after a winter storm. The blower became clogged, and rather than turning it off to clear it, the Sailor just reached his hand inside the still spinning blades.

"It chopped off one of his fingers," Nelson said.

He also said he hoped Sailors and Marines would take time to reflect on risk management. It doesn't have to be a formal military training session to be effective.

"When people simply talk about their experiences, it can be very helpful. Everyone's got a story and sharing that story could help others. Talk about what could have been done to avoid the mishap or near miss," he said.

Those who need resources to start a risk management discussion can find them on the NAVSAFECEN website. Nelson recommends a product called "Deckplate Dialogue," which provides information and discussion ideas about numerous safety-related topics. This tool is available for download at [http://www.public.navy.mil/navsafecen/Pages/media/deckplate\\_dialogue.aspx](http://www.public.navy.mil/navsafecen/Pages/media/deckplate_dialogue.aspx). For more news from Naval Safety Center, visit [www.navy.mil/local/nsc/](http://www.navy.mil/local/nsc/).

## Rocketeer II



NAWS China Lake

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Publisher ..... Paul Kinison  
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Advertising ..... (877) 247-9288

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Sunday: 9 a.m.

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First Communion Class:

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of each month in the East Wing

Altar Society: 9:30 a.m. Tuesdays

(prayer, work and Coffee and

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each month, East Wing

Children's Choir rehearsal 5 p.m.

Tuesdays, East Wing

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A YouTube channel is  
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### Rocketeer II online:

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**Military**

# NPC search engine give Sailors resources

MILLINGTON Tenn. (NNS) -- In 2011, Navy Personnel Command (NPC) recommends that Sailors take advantage of the search engine available at [www.npc.navy.mil](http://www.npc.navy.mil).

This search engine, called "Knowledge Base," is available to answer Sailors' personnel questions.

"The Knowledge Base is really easy to use and it was created to supplement our customer service efforts," said Vincent Vuketich, of the NPC Customer Service Center (CSC). "A Sailor can call the CSC or email us for information, but they don't have to. The Sailor can go to [www.npc.navy.mil](http://www.npc.navy.mil) research and answer his or her own questions online 24/7."

NPC has a Knowledge Base team that works daily to keep the

database current with continuous updates of Navy regulations and instructions.

"KB (Knowledge Base) is an online tool, public facing, and can be accessed from anywhere in the world," said Vuketich. "Sailors, retirees and their families can ask essentially any question they want about the Navy. The system uses keywords to generate a solution to their question."

Sailors can access the Knowledge Base by visiting the NPC website and by clicking on the 'Ask NPC a Question' icon in the upper right corner of the page. In fiscal year

NPC, page 9

# Navy Medicine goes smoke free

WASHINGTON (NNS) -- The Navy Bureau of Medicine and Surgery (BUMED) became a tobacco-free compound, Jan. 1, in time for the start of the new year.

The use of tobacco products, including all forms of smokeless tobacco are now strictly prohibited on the Potomac Annex property, including electronic nicotine delivery devices (e-cigarettes).

"E-cigarettes, which are not approved by the Federal Drug Administration (FDA), are not an acceptable substitute for tobacco cessation," said Navy Surgeon General Vice Adm. Adam M. Robinson, Jr.

Robinson outlined guidance to all Navy medical personnel

regarding the safety of e-cigarettes in policy memo 6200 dated Oct. 1, 2010.

"Those wishing to quit their tobacco use and wish to use medications should use FDA-approved nicotine replacement products such as nicotine gum, skin patches, lozenges, oral inhaled products, or nasal sprays," said Robinson. "These products are available to aid in a successful tobacco cessation program."

Leading up to the campus-wide smoking cessation, BUMED employees attended town hall meetings on the topic, which provided a variety of options and information to aid in quitting tobacco use.

During the past several months, several Navy Medicine

facilities have gone smoke free, an action applauded by Robinson in alignment with establishing a fit and healthy force.

"As Navy health care providers, we can evoke positive and meaningful change through our own actions," said Robinson. "Implementation of tobacco-free environments sends a powerful and effective message encouraging our Sailors, Marines, retirees, family members, staff, and community to be healthy."

For more information on smoking cessation, go to the Naval Medical Public Health Center site at <http://www.nehc.med.navy.mil> or contact a smoking cessation program available at many Navy Medicine medical treatment facilities (MTFs).

# Military Star Card offers Super Bowl special event

The NEX and Military Star Card is offering a special event just in time for the Super Bowl. From Jan. 26 through Feb. 6, customers will

have no down payment, no interest and no payments for 180 days when using their Military Star Card to purchase any TV or home theater

system valued at \$699 or more.

The Military Star Card offers many benefits including 10 percent off the first day's purchases (up

to the customer's credit limit), no annual fee, low interest rate and 24-hour customer service including online access.

Military Star Card applications are available at any NEX. The application can be processed the same day at the NEX customer service desk.

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**Military**

# LDO, CWO communities under review

MILLINGTON, Tenn. (NNS) -- In an effort to ensure the right specialists are in the right place, the Bureau of Naval Personnel (BUPERS) announced Dec. 29 that it has been conducting a review of its technical leadership since August 2010 and will brief Navy leadership in late February 2011.

The Navy's limited duty officer (LDO) and chief warrant officer (CWO) communities are being evaluated so that the right technical specialists are doing technical leadership jobs, said Capt. John Jones, LDO/CWO community manager at BUPERS.

"We want to make sure that we have the right balance within our pay-grade structure to allow the opportunity for upward mobility without bottlenecks or even a lack of opportunity at a particular pay grade," said Jones. "Correcting our structure will ensure better opportunities for advancement, manage expectations and improve opportunity for many designators -- particularly CWOs."

The chief of naval personnel ordered the review of both LDO and CWO designators and billets.

"The assumption is that all of the billets reviewed are valid work,

so what we have done is identify very small designators where the work is done by both LDOs and CWOs," said Jones. "Billets that look like division officer work were transferred from LDO to CWO. Billets that had significant senior positions were transferred from CWO to LDO."

Additionally, Jones explained that current senior LDOs and CWOs in positions that may transfer will be continued on active duty.

"This 'aging of the workforce' will ensure the Navy gets the technical experts it needs in the future," said Jones.

LDOs and CWOs are technical leaders who are selected from the enlisted ranks based on merit, technical knowledge and sound leadership. LDOs are selected from E-6 to E-9 with eight to 16 years of service. Because they are more technically centered than LDOs, CWOs are only selected from E-7s and above with 12 to 22 years of service. Selection boards for both LDO and CWOs are held in January.

"I think most people, when first hearing of this review, thought that it was all doom and gloom," said Jones. "But the reality is that it's a

necessary evolution that will leave us stronger."

"A big problem we had in the past is that we select the numbers we need by designator to keep a balanced entry into each technical field," said Jones. "Later on, we promote with everyone in one large pot and some designators with less sea duty are disadvantaged. We are evaluating a move toward promotion by designator to ensure we get the right balance at the senior level as well -- this fits in well with the initiative to keep the communities viable and sustainable."

"The future is bright for the LDO/CWO community," said Jones. "This very necessary review, the largest since our collective inception in 1948, is long overdue. Most encouraging is the consistent overwhelming support from senior Navy leadership who highly value this community of seasoned technical leadership."

For more information visit the Navy Personnel Command LDO/CWO Community page at <http://www.npc.navy.mil/Officer/CommunityManagers/LDOCWOOCM/>.

# Navy program puts 'FOCUS' on military families

WASHINGTON (NNS) -- A Navy program is equipping service members and their families with the skills they need to weather the psychological and physical challenges bred by a decade of war.

Project FOCUS, or Families OverComing Under Stress, bolsters communication and coping skills among families impacted by multiple deployments and the visible and invisible wounds of war.

"Families make such sacrifices to support service members and their country," said Kirsten Woodward, family programs division director for the Navy Bureau of Medicine and Surgery. "It's important for us to support families in the same manner in which they are sacrificing."

Navy officials created the program in March 2008 after observing the growing effects of wartime stress on family members' psychological health. Little research had been conducted on the impact of war on families up to that point, but what they could find indicated a growing need, said Woodward.

"Back in 2007, we started noticing the effects, and knew it was important to take a look at preventing families from going into

health crisis," she said. "We wanted to develop something that would be meaningful and build resilience and health."

Officials designed the program to address the family as a whole, taking into account the community they live in and the military support systems at their fingertips. As a result, the program comprises three parts: an outer and inner tier and a bull's-eye.

The outer tier focuses on providing information and awareness to the communities in which military families live and work, said Woodward. The program educates community members -- including social services, family service providers, medical services and schools -- on the stressors military families confront and how the community can best support them.

The inner tier is centered on educating and building coping skills among service members and their families, Woodward said. The program provides information on potential stress factors and the skills that can mitigate the impact of multiple deployments.

The program's center, or bull's-eye, is the intervention piece, she

FOCUS, page 9

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# Jane's 101 — How to use Jane's Defense Electronic Library

Jane's 101 is a class designed to change the way you work for the rest of the year. This hour of training will demonstrate the kind of information available in Jane's Electronic Library and then show you how to set up alerts that will send filtered, relevant information directly to your inbox. The electronic library includes all of the information and analysis you would find in the Jane's reference books and journals on international

defense, security and terrorism. It is available to all NAWCWD employees from their NMCI desktop computers and is provided by the NAWCWD Scientific and Technical Library.

Representatives from Jane's will be at China Lake 25-27 January, 2011. The first training session will be held at the NAWCWD Technical Library 25 January at 1400 PST. Another session will be held on 26 January at 0900 PST in

rooms 1116 and 1117 at the McLean Building. Three addition sessions will be held on 26-27 January at to-be-determined locations on center. If you are interested in hosting a session in your work area please contact Ann Moorehead at 939-3649.

Jane's Defense Equipment and Technology Intelligence Centers compile references, analysis, images and news about defense, security, transportation, public

safety, and law enforcement into complementary online data banks. These Centers are fast, reliable, comprehensive, and easy to use and are indispensable sources of information for NAWCWD employees.

For more information, call the Reference Desk at 939-3389 or visit the library websites:

[https://mynavair.navair.navy.mil/portal/server.pt/community/nawcwd\\_technical\\_library/](https://mynavair.navair.navy.mil/portal/server.pt/community/nawcwd_technical_library/)

## New Civilian Expeditionary Workforce website launched

The re-designed Civilian Expeditionary Workforce (CEW) website is a resource for civilians who are interested in temporarily deploying outside of the United States in order to support our troops.

The website hosts a frequently updated list of vacant positions, an online application form, and policy, benefits and FAQs in order to help applicants learn more about the CEW.

Visit the new CEW website at <http://www.cpms.osd.mil/expeditionary/>

## Reminder issued for disposal of fluorescent tubes

An incident involving the improper management of hazardous waste recently occurred when fluorescent light tubes were disposed in the trash dumpster.

Fluorescent tubes contain mercury and other heavy metals and are defined as hazardous waste by the state and federal EPAs. Placing fluorescent tubes in a trash dumpster is a violation of the hazardous waste management regulations and is punishable by civil and criminal actions, including penalties of up

*Fluorescent tubes contain mercury and other heavy metals and are defined as hazardous waste by the state and federal EPAs.*

to \$32,500 per tube.

Employees are NOT authorized to replace fluorescent tubes in their workplace. If you need to have a fluorescent tube replaced, please contact your facility manager who

will call the Public Works chit desk at 939-2268. Public Works personnel are trained in the proper management of the tubes and equipped with the appropriate facilities to collect and manage them.

Questions regarding management of hazardous waste can be addressed to Environmental Management Division at 939-3239 or 939-3219.

## DOD hiring reform website

Hiring managers, HR professionals, and all hiring stakeholders are encouraged to begin actively using the Hiring Reform resources, tools, and artifacts housed here at the DOD hiring reform website.

Sign up for an e-mail subscription and check back frequently for updates.

Visit: [http://www.cpms.osd.mil/HiringReform/hiring\\_index.aspx](http://www.cpms.osd.mil/HiringReform/hiring_index.aspx)

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## News

# Water watch: Water group committee provides technical support

By Glenn Harris

Bureau of Land Management

This is the second in a series of articles intended to inform readers about our local water

resources. The Bureau of Land Management is a member of the Indian Wells Valley

Cooperative Ground Water Management Group. Glenn Harris is the current chairperson of the technical advisory committee (TAC).

Groundwater has many aspects which are of concern for the Indian Wells Valley

Cooperative Ground Water Management Group (IWVCGWMG). Many of these aspects are of a technical nature.

When the issues are complex or require research, data collection or other such actions, they are assigned to the Technical Advisory Committee (TAC). The TAC is a standing committee that is governed by the group's bylaws. Membership is limited to technical experts representing the signatory members of the IWVCGWMG. Currently the committee consists of representatives from the U. S. Navy, the Indian Wells Valley

Water District, the Kern County Water Agency, Searles Valley Minerals and the Bureau of Land Management. Additional individuals can be invited to the TAC meetings to provide special information or skills.

The TAC generally meets once a month. The meetings are working sessions and are not open to the public. If the public has issues they want to present to the TAC or have specific questions, they should attend the public IWVCGWMG meeting. The TAC reports are a regular agenda item at the IWVCGWMG meeting. The IWVCGWMG meetings are held every third Thursday at 1 p.m. at the IWV Water District Office.

Some of the tasks carried out by the TAC are long term continuous projects. These

include the collection of water conditions such as surface (streams) water quality and flow, groundwater quality, groundwater level depth and water usage. In addition to the collection of water monitoring data, the group collects information on individual wells. This data includes exact location and well completion data such as when the well was drilled, total

depth, placement of well screens and such. Private well data is considered confidential (Section 13752, CA State Water Code) and is not available to the general public.

Another long term project is the monitoring of climate conditions. A knowledge of

climatic conditions such as precipitation, temperature variation, humidity and wind direction and velocity are important to estimate water yields from the watersheds surrounding the Indian Wells Valley (Valley). An initial donation of funding from the signatory agencies was used by the TAC to set up five Remote Automated Weather Stations (RAWS) in the valley watersheds. The TAC utilized a data weather radar to map the movement of storms through the valley. The TAC also maintains two stream gauging stations that record water flows out of two of the canyons at the west edge of the Indian Wells Valley. The data collected has been used to estimate groundwater recharge to the valley in several reports.

The various IWVCGWMG signatory agencies have all provided time, equipment,

supplies and personnel to IWVCGWMG projects as in-kind donations. In addition to signatory member support, the TAC has successfully pursued two California Department of Water Resources AB303 grants for groundwater basin studies. The TAC has applied for two additional grants that are pending.

The management of information has been a great concern for the TAC. One of the

founding purposes of the IWVCGWMG is the exchange of information. The development of standard data repositories is an ongoing task that is a necessary part of that exchange. In addition to storing data, the TAC is tasked with making the information available. The TAC has sponsored public presentations of findings from studies, presents monthly project status reports to the IWVCGWMG and provides information for posting on the internet. All of the articles in this series will be posted to the internet. The webpage is located at [www.iwvgroundwater.org](http://www.iwvgroundwater.org).

Future articles will focus on more details about activities of the IWVCGWMG and the TAC.

## Support group for families and loved ones of veterans

NAMI Kern County's

Front Line is a project of the National Alliance on Mental Illness of Kern County.

Their website can be viewed at [www.frontlinenami.org](http://www.frontlinenami.org).

Front Line is a support group for families and loved ones of veterans. Information on post-traumatic stress disorder and/or symptoms such as depression, sleep disorders, anxiety, and substance abuse is available.

Front Line holds a monthly community collaborative of resources in Kern County committed to assisting Veterans and their families.

For more information on NAMI Kern County's Front Line or to schedule a speaker, media interview or consultation on establishing a local collaborative, contact Russ Sempell at 661-303-1416 or [RUSSMFT@aol.com](mailto:RUSSMFT@aol.com).

## Music society to host Felici Piano Trio

Ridgecrest Chamber

Music Society continues the 2010-2011 winter season with chamber music performed by the Felici Piano Trio from Mammoth Lakes, California. The concert, entitled "Dream Works", will feature Franz Joseph Haydn, "Gypsy" with exuberant final, Franz Schubert's "Nocturne" and Antonin Dvorak's Trio in F Minor. This concert will be presented on Sunday, Jan. 23 at 4 p.m. at Ridgecrest Presbyterian Church, 633 W. Las Flores Blvd. Tickets (donation), at \$25/adult, \$20/senior, Military and student, are available at Red Rock Bookstore and Maturango Museum as well as at the door. For information call Gordon Wilcher at 446-2060.

The Felici Trio, in residence in the Eastern Sierra since 1998, is the musical home of pianist Steven Vanhauwaert, violinist Rebecca Hang and cellist Brian Schuldt. Felici members are prize winners of the Los Angeles Liszt, Yellow Springs, and Osaka music competitions.

# Join the American Cancer Society's Movement for More Birthdays starting with five New Year's resolutions that can change your life

Keeping your New Year's resolutions throughout the year is easier when you get support. The American Cancer Society – which provides free services and is creating a world with less cancer and more birthdays – offers many free resources to help Californians attain their New Year's goals and change their life.

- Quit Smoking – People who quit smoking, regardless of their age, live longer than people who continue to smoke. By quitting, a person decreases their chances of heart disease, chronic bronchitis, emphysema and cancers of the mouth, pharynx, larynx, esophagus, pancreas, uterine cervix, kidney, bladder and lung. Call the California Smokers' Helpline at (800) NO-BUTTS for support, including motivational self-help materials, telephone counseling and referrals to local tobacco cessation resources.

- Eat Healthy, Get Exercise, Lose Weight – For the majority of

Americans who do not use tobacco, eating well – along with being physically active and maintaining a healthy weight – is the best defense against diseases such as cancer, heart disease and diabetes. The American Cancer Society, American Heart Association and American Diabetes Association have joined together in a campaign to help Americans make smart choices every day regarding their health. Visit [everydaychoices.org](http://everydaychoices.org) for tips, tools and more information.

- Volunteer – Regardless of sex, ethnicity or other demographics, people who give time to help others have proven longer life expectancies. More than 160,000 California volunteers provide support to cancer patients, their

caregivers and loved ones through American Cancer Society activities that range from fundraising events and advocacy to one-on-one support and providing transportation to treatment. Call 800.227.2345 to get involved in your community.

- Schedule necessary screenings and doctor appointments – As adults age, their chances of being diagnosed with cancer and other medical conditions increase. Schedule necessary check-ups and screenings to catch cancers at their earliest stage, and, in the case of colon cancer, even prevent it. Visit [cancer.org](http://cancer.org) to learn about cancer screening guidelines and sign up yourself or a loved one for a reminder to get an annual mammogram.

- Join the movement for more

birthdays - For nearly 100 years, the American Cancer Society has been working to create a world with less cancer and more birthdays. The movement for more birthdays is about everyday people, just like you, coming together to make a difference. This year more than 11 million cancer survivors will celebrate another birthday, thanks in part to the progress we've already made. But we can't stop there. With every person who joins the movement, we can get closer to the day when cancer never steals another year from someone's life. It all starts by helping people stay well and get well, and by finding cures and fighting back. Visit [morebirthdays.com](http://morebirthdays.com) to join the movement.

*Visit [morebirthdays.com](http://morebirthdays.com) to join the movement*

FOCUS, from Page 4

said. In this segment, families needing extra care undergo eight to 10 individual training sessions aimed at helping them work through issues. The process starts when a family comes in seeking help.

"It can be a kid acting out or a mom or dad acting disengaged," Woodward said. "We get everyone on a shared language and shared understanding."

Experts take the family through the deployment timeline to identify when issues arose, and to "get everyone on the same page," she explained. They look at family history, the source of family distress and areas of potential change.

Families are taught emotional regulation so they can better understand their emotions and how to communicate them, active listening, problem-solving, goal-setting and how to manage deployment and combat stress reminders.

The color-coded stress continuum is a popular program tool used to aid communication, Woodward said. Family members learn to describe how they're feeling in terms such as green, orange and red.

"A child may not be sure how to say, 'I'm scared,' or 'I'm missing

dad or mom,' but may be more comfortable saying, 'I'm in the red,'" Woodward explained. "It's a language they can plug into."

Or, a mom who is having a bad day at work can say she's feeling orange when she comes home, Woodward said. By doing so, the children will know that mom isn't mad at them, but simply needs some decompression time. "It's a great skill-set to quickly and readily use," she said.

The program takes all facets of health into account, Woodward said. Experts may ask chaplains to step in to help a family in spiritual distress. Or, they can refer family members to services that address physical or psychological fitness.

The goal is to provide families with the tools needed to address issues long after they leave the program, Woodward said.

To reach the broadest base of families possible, officials offer onsite and online program options.

The program was instituted two years ago with seven sites and has grown exponentially since, Woodward said. It expanded to 14 sites within the first year and has now reached 23 sites militarywide. Each site includes about three to five experts - including psychologists, social workers and therapists -

as well as a site director, and are collocated on bases and in family friendly environments, such as family service centers or chaplains' offices.

For the online option, military families can visit the project's website at <http://www.focusproject.org>, Woodward said. In a Web-based training application called "Focus World," people can create an avatar family and go through the program's components virtually. This virtual application is particularly useful for reserve or geographically separated military families, she added.

The program is open to Navy and Marine Corps families, as well as families of the Army and Air Force, both active and reserve.

The feedback from participants so far has been positive, Woodward said, with parents reporting a greater understanding of their children's needs, increased resilience and a greater sense of support.

"Families are what we come home to at the end of the day," she said. "It's important for us to look at our families, our children, and make sure they're being supported in every way we can."

# Gates: North Korea Becoming Direct Threat to U.S.

By Jim Garamone

American Forces Press Service

BEIJING, Jan. 11 - If it continues on its current path, North Korea could be a "direct threat" to the United States in five years or less, Defense Secretary Robert M. Gates said here today.

Gates has shared with Chinese officials America's concern about North Korea, and the need for stability on the peninsula. The

secretary spoke to reporters at a roundtable following meetings with Chinese President Hu Jintao.

Gates told reporters that North Korea is not an immediate threat to the United States.

"But on the other hand, I don't think it is a five-year threat," the secretary said. "Let me be precise: I think that North Korea will have developed an intercontinental

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NPC, from Page 3

2010 the self-help page received more than 14,000 visits.

"This system has been up and running for approximately eight years now," said Vuketich. "We currently have nearly 1,000 solutions, but we are always interested in hearing from the fleet about additional solutions that are needed."

Solution categories range from advancement and promotions to

education or career information. Sailors can also search for Navy programs, pay and benefits or NAVADMINS.

"Our goal is to meet Sailors' needs by providing them instant access to relevant Navy information any time they need it from anywhere in the world," Vuketich said.

For more information, contact the CSC at 1-866-U-ASK-NPC, via email at [CSCMailbox@navy.mil](mailto:CSCMailbox@navy.mil) or online at the NPC website.

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## Historical accuracy



Contributed photo

Retired Navy Cmdr. Bill Manofsky was surprised to see some of his handiwork on display during a recent visit the China Lake Museum of Armament and Technology. "When I went by the display of the Tomahawk cruise missile, I was astonished to see that the pedestal included a small scale copy of a drawing of a special version of the BGM 109D that I completed back in 1986 when I was employed as an engineer at General Dynamics Convair in San Diego," he said. The original drawing was a full scale rendering of the missile. "It was a sepia print of the original land attack Tomahawk that I had to modify to include the fuel tanks. This was before CAD when we drew everything by hand. I remember the drawing took up my entire drawing board. I had to roll up the ends of the drawing so they would not fall off my board and on to the floor." Manofsky also realized a revision block that he had put on the drawing originally. A stickler for detail, he took the opportunity to add an abbreviated version of the revision block and his signature.



Photo by John Perrige

Technical deputy of the Research and Engineering Group Andy Corzine, right, recognizes NAWCWD employees with a team award for their support of the warfighter. In the front row from left are Scott Barsaloux, David Cordes, Ken Claunch, Dennis Ikenoyama, Kirsten Dauplaise, Aleta Wright, Connie Ferguson, Timothy Veazey and Corzine. In the back row from left are John Ichihashi, Lisa Sutton, Douglas Dahms and Gregory Wolski.

NAWCWD, from Page 1

Component Mission Planning Team for their contributions in achieving a Capability Maturity Model Integration (CMMI) Maturity Level (ML) III.

"I am pleased to present this award," Corzine said. "This award represents the best of the organization."

As a direct result of the team's unparalleled teamwork, dedication, and expertise, as well as its ability to overcome significant technical and programmatic challenges, the

team reached the unprecedented milestone in only 11 months from the date of obtaining the ML II rating.

This noteworthy accomplishment will provide a tremendous return on investment in terms of efficiency, as well as in the capability to make accurate predictions. The fruits of this effort will improve the quality of products for the warfighter.

Members of Anti-Radiation Missile Unique Planning component Mission Planning Team who received the NAWCWD

Team Award were Robert (Scott) Barsaloux, Cedric Baynard, Ken Claunch, David Cordes, Douglas Dahms, Kirsten Dauplaise, Connie Ferguson, John Ichihashi, Dennis Ikenoyama, Lisa Sutton, Timothy Veazey, Ryan White, Gregory Wolski and Aleta Wright.

"I commend these folks for your hard work and unwavering commitment to the execution of this remarkable achievement," Corzine said. "Thank you for a job well done."

## Navy efficiencies announced

WASHINGTON (NNS) — The Secretary of Defense announced Jan. 6 a series of efficiencies decisions designed to save the Department of Defense more than \$150 billion during the next five years.

According to Secretary Robert M. Gates, the savings would be achieved primarily by reducing overhead costs, improving business practices and culling excess or troubled programs.

Most of the resulting savings will be used by the Army, Navy, Marine Corps and Air Force to invest in high-priority programs that strengthen warfighting capabilities. The intent of these proposed changes is to improve support to operational forces, and to reprioritize resources to fund the Navy of today while building the Navy of tomorrow.

*"Secretary Gates' leadership has resulted in reasonable and responsible reforms that will ensure the Navy and Marine Corps remain the most formidable expeditionary fighting force the world has ever known."*

**Secretary of the Navy Ray Mabus**

Navy, page 13

### Social, from Page 1

post online as it may be used against you and your family in harmful ways. But, as a government employee and user of social networking sites, you and your family are potentially much more than targets for identity theft. Given the nature of the work conducted at China Lake, being a social network user requires much more diligence than for the average person.

Most social networking services will have a "settings" or "account" page on which you can adjust your privacy settings. Some only allow two options, public or private. For example, the popular microblogging service, Twitter, allows users to tweet publicly or to protect their tweets. If anyone wants to follow a protected tweet stream, they must be approved by the account holder. Other networks, such as Facebook, allow specific privacy settings down to the individual friend level.

The following are a series of guidelines and recommendations to consider when setting up and using social networking services:

- Thoroughly read the privacy policies and terms of service of each social media site for which you sign up.

- Don't accept the service's default privacy and security settings.

- Don't post your personal contact information, such as your physical address, email address or phone number, in any public space including profile pages, blogs, forums or photo captions.

- Choose what personal

information and how much and who you want to share it with on social networks carefully.

- Keep plans, schedules and location data to yourself.

- Consider your friends', coworkers' and family members' personal information and ask them to be careful with your information as well.

- Only accept friend requests from people that you already know. As added security, contact friends through other channels to verify that it was them who, in fact, added you as a friend.

- Sort friends into groups and networks and set access permissions accordingly. Add "untrusted" people into a group and set with the lowest permissions and accesses.

- With every new redesign or feature added to social networks, recheck your privacy settings to ensure revealing information hasn't become visible or re-categorized as a default setting.

- If given the option, take advantage of not having to reveal your whole real name. LinkedIn allows users to check whether they would like to display their entire name or name and last initial on their profile. While sites like MySpace give the options of displaying your user name or real name on the profile.

The U.S. Navy Emerging Media Integration office has posted excellent step-by-step resources for adjusting your privacy settings on Facebook as well as guidelines for general social networking use. The resources can be found at <http://www.slideshare.com/usnavysocialmedia>.

Freeze, from Page 1

will receive zero pay increase in any of these categories on 2011 and 2012.

Federal government civilian employees will continue to receive within-grade-increases, quality step increases, promotions, performance based awards, and NSPS performance-based payouts, as applicable under their current and future pay system.

We will provide you with additional information on implementation of this EO as further guidance is received from the Office of Personnel Management, the Department of Defense, and the Department of the Navy. Please contact your Total Force Consultant within our 7.3 organizations at all of our sites if you have any questions or need further clarification for unique circumstances.

#### RESOURCES:

An OCHR fact sheet outlining details of the pay freeze can be accessed by clicking on [https://mynavair.navair.navy.mil/portal/server.pt/gateway/PTARGS\\_0\\_0\\_843\\_206\\_1686\\_43/http://c27vmwarpaxr274.nadsusea.nads.navy.mil;11930/collab/docman/download/354460/0/0/0/fact%20sheet%20on%20pay%20freeze.pdf](https://mynavair.navair.navy.mil/portal/server.pt/gateway/PTARGS_0_0_843_206_1686_43/http://c27vmwarpaxr274.nadsusea.nads.navy.mil;11930/collab/docman/download/354460/0/0/0/fact%20sheet%20on%20pay%20freeze.pdf).

To access the executive order, visit <http://www.whitehouse.gov/the-press-office/2010/12/22/executive-order-adjustments-certain-rates-pay>.

For further information, visit: <http://www.public.navy.mil/donhr/compensation/Pages/default.aspx>

#### Where to Find Additional Information

The Office of Personnel Management (OPM) and Department of Defense (DoD) issued revised 2011 salary tables for General Schedule and Prevailing Rate employees:

- 2011 Salary Tables (posted by OPM) – [www.opm.gov/oca/11tables/index.asp](http://www.opm.gov/oca/11tables/index.asp)
- Prevailing Rate/Federal Wage System Pay Tables (posted by DoD) – [www.cpms.osd.mil/wage](http://www.cpms.osd.mil/wage)

Additional information on Department of the Navy civilian compensation – [www.public.navy.mil/donhr/compensation](http://www.public.navy.mil/donhr/compensation)

#### Still Need Assistance?

Employees should contact their human resources servicing office for assistance. For additional questions on the pay freeze, email the Office of Civilian Human Resources (OCHR) at [DONhrfaq@navy.mil](mailto:DONhrfaq@navy.mil).

**An article about the development of the Sidewinder missile by China Laker Dr. William B. McLean is featured in the Fall 2010 issue of the Centennial of Naval Aviation newsletter. The newsletter can be seen in pdf form on the Web at:**

**<http://www.public.navy.mil/airfor/centennial/Documents/vol2iss4.pdf>**

## OCHR FACTSHEET

### Freeze on Pay Adjustments for Federal Civilian Employees

Issued: January 2011

#### PAY FREEZE

This Fact Sheet:

- Explains how federal civilian pay adjustments are affected by the freeze on pay signed into law on December 22, 2010.
- Describes which categories of employees and pay adjustments are covered/excluded under the pay freeze.
- Provides references for finding additional information on pay freeze topics.

#### Background

In December, the President signed Congressional legislation\* that freezes civilian pay for two years. The pay freeze prohibits statutory pay adjustments from January 1, 2011 to December 31, 2012. Certain additional payments and continuing pay increases (e.g., bonuses, promotion increases, WGIs) are excluded from the pay freeze. This fact sheet provides key highlights of the impact of the legislation.

\*The Continuing Appropriations and Surface Transportation Extensions Act of 2011 (H.R. 3082)

#### Employees Covered by the Pay Freeze

Employees covered by the following personnel systems are affected by the pay freeze:

- General Schedule
- Alternative Personnel Systems
- Executive Schedule
- Federal Wage System (Prevailing Rate)
- Senior Executive or Senior-level Employees
- Political Appointees

#### Pay Adjustments Covered by the Pay Freeze

The legislation covers statutory pay adjustments, including:

- GPI – General pay increases (across-the-board adjustments)
- Locality pay adjustments (except for employees covered under the Non-Foreign Area Retirement Equity Assurance Act of 2009)
- Prevailing rate adjustments
- Executive schedule adjustments
- Basic pay increases for Senior Executive or Senior-level employees (unless their position changes due to a substantial increase in responsibility or a promotion)

#### Employees and Pay Adjustments EXCLUDED from the Pay Freeze

All military personnel and reservists are excluded from the pay freeze. The following elements of federal civilian pay are NOT covered by the pay freeze:

- Additional payments in the form of:
  - Performance-based awards (bonuses and salary increases)
  - Recruitment, relocation, and retention incentives
  - Premium payments (e.g., overtime pay)
- Continuing pay increases including:
  - Promotion increases
  - Within-grade step increases (WGIs)
  - Quality step increases (QSIs)



*This date in U.S. Naval history*

#### January 13

1865 - Amphibious attack on Fort Fisher, N.C.

1964 - *USS Manley* evacuates 54 American and 36 allied nationals after Zanzibar government is overthrown

#### January 14

1813 - US Frigate *Chesapeake* captures British brig *Hero*

1863 - Navy General Order 4, Emancipation Proclamation

1943 - In first submarine resupply mission, *USS Gudgeon* lands six men, 2,000 pounds of equipment and supplies on Negros Island.

#### January 15

1815 - *HMS Endymion*, *Tenedos* and *Pomone* capture *USS President*

1865 - In largest amphibious operation of war, Union forces capture Fort Fisher, Wilmington, N.C., by joint amphibious force.

1997 - Navy physician Capt. Jerry Linenger joined the crew of the MIR space station after being launched on Atlantis during space Shuttle Mission STS-81. Prior to the mission, he was trained at the Cosmonaut Training Center in Star City, Russia for over a year.

#### January 16

1930 - *USS Lexington* provides power to Tacoma, Wash., when floods knocked out city power plants

1991 - Operation Desert Storm, liberation of Kuwait from Iraq, begins

#### January 17

1832- *USS Peacock* makes contact with Vietnamese court officials

1900 - US (Cmdr. Taussig in *USS Bennington*) takes formal possession of Wake Island

1955 - *USS Nautilus* (SSN-571), the first nuclear-powered submarine, casts off lines at 1100 and sends message "underway on nuclear power"

#### January 18

1911 - First aircraft landing on board a ship, *USS Pennsylvania* by Eugene Ely.

1962 - After a flash fire in the Persian Gulf on Danish tanker, *Prima Maersk*, burned a crewman, *USS Duxbury Bay* transfers a Navy doctor to help the Danish crewman and *USS Soley* took him to the nearest hospital at Bahrain Island.

1968 - Operation Coronado X begins in Mekong Delta, Vietnam

1977 - The Trident (C-4) missile development flight test program commenced when C4X-1 was launched from a flight pad at Cape Canaveral, Fla.

1991 - *USS Nicholas* attacks and captures Iraqi oil platforms

#### January 19

1840 - Lt Charles Wilkes, USN is first American to discover Antarctic coast

Human Resources/News

Weapons, from Page 9  
ballistic missile within that time frame.”

The secretary thanked Chinese officials for the constructive role they have played in dampening tensions on the peninsula. “They clearly have played a helpful role,” he said.

There are two major events that have changed the status quo on the Korean peninsula, Gates said. The first is North Korean leaders continuing their development of nuclear weapons and intercontinental ballistic missiles.

“North Korea is becoming a direct threat to the United States and we have to take that into account,” the secretary said.

The second event, he said, is “the sea change in the attitude of the South Korean public in their willingness to tolerate the kind of provocations the North Koreans have engaged in for many years.”

In March last year, North Korea torpedoed the South Korean ship Cheonan and killed 46 South Korean sailors. In November, North Korea shelled Yeonpyeong Island, killing two civilians and two South Korean marines.

“Clearly, if there is another

provocation, there will be pressure on the South Korean government to react,” Gates said. “We consider this a situation of real concern and we think there is some urgency to proceeding down the track of negotiations and engagement.”

It’s time, Gates said, for North Korea to engage in meaningful negotiations with its neighbor to the south.

“We don’t want to see the situation that we’ve seen so many times before: which is the North Koreans engage in a provocation and then everybody scrambles to try to put ‘Humpty Dumpty’ back together again,” he said. “I’ve used the phrase, ‘I don’t want to buy the same horse twice.’”

“I think we would like to see some concrete actions by North Korea that shows they are serious about moving to a negotiation and engagement track,” Gates added.

North Korean officials announced that they are ready for negotiations with South Korea. “Rhetoric is not enough at this time,” Gates said. “I think the North Koreans have to demonstrate that they are serious about negotiation and engagement at this point.”

The secretary suggested North Korean moratoriums on missile

testing and nuclear testing for a start. “There are several areas where they can take concrete actions,” he said.

# Leave Transfer Program

The employees listed have been approved as leave recipients under the Leave Transfer Program. These employees have exhausted annual and sick leave because of medical emergencies and anticipate being in a leave-without-pay status for at least 24 hours. Employees who wish to help a leave recipient may donate annual leave to the employee by submitting a completed OPM 630-A Request to Donate Annual Leave (Within Agency) form. Send your completed form to Code 731000D Stop 1316, Attn: Madonna Archibeque, or you can fax to 939-1423. For more information regarding the Leave Transfer Program, please call Madonna Archibeque at 939-8103 or DSN 437-8103. The 2011 leave year ends on 1 January 2012.

NAME	CODE	NAME	CODE
Avery, Elohim “Ellie”	4J3300D	Jones, Donald T.	475100D
Bales, Trisha M	71323AD	Kim, Soo Yang	534100E
Bendot, Kathleen R.	452100E	Mendez, Deanna C	71321AD
Breitengross, Rick A.	NAVFAC	Murray, Patrick	414200E
Cavanaugh, Cynthia D	52620MD	Roberts, Billie Jo	478600D
Clay, Shawna Y	685100E	Rodriguez, Patricia	658300E
Copelin, Richard C	N3AT1AN	Rubio, Gerardo	413100D
Cruz, Christina	452200E	Silberberg, Colleen S	731000D
Feulner, Michael F	NAVFAC	Spencer, Ryan	N3030WN
Flournoy, Novelyn L	783300D	Swaney, Allyson A	K00000E
Franco, Maria E	412000E	Tanner, Sarah	451400D
Gomez, Sonya M	71320AD	Turbett, Jennifer J.	52J400D
Houtkooper, Wendeline M	78A4100D	Wallis, Joanne	414200E
Hunt, Lewis R.	52370ME	Wells, Leah M	71322AD
Jackson, Sonja R	423000D	Wirtz, Anne Marie	4J2400D
Johnson, Kathryn A	784100E		

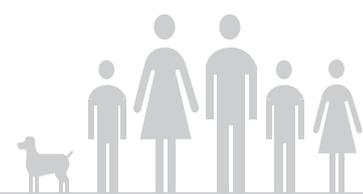
Don’t forget to visit the newly redesigned NAWS China Lake website or connect through Facebook, Twitter and Flickr for more information about local events.



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TELEPHONE: \_\_\_\_\_

OUT-OF-TOWN CONTACT NAME: \_\_\_\_\_  
TELEPHONE: \_\_\_\_\_

NEIGHBORHOOD MEETING PLACE: \_\_\_\_\_  
TELEPHONE: \_\_\_\_\_

OTHER IMPORTANT INFORMATION: \_\_\_\_\_

DIAL 911 FOR EMERGENCIES **Ready** 

**Family Emergency Plan** 

EMERGENCY CONTACT NAME: \_\_\_\_\_  
TELEPHONE: \_\_\_\_\_

OUT-OF-TOWN CONTACT NAME: \_\_\_\_\_  
TELEPHONE: \_\_\_\_\_

NEIGHBORHOOD MEETING PLACE: \_\_\_\_\_  
TELEPHONE: \_\_\_\_\_

OTHER IMPORTANT INFORMATION: \_\_\_\_\_

DIAL 911 FOR EMERGENCIES **Ready** 



Navy, from Page 10

No fleet area was exempt from this review.

“Secretary Gates charged the Navy and Marine Corps to scrub everything, eliminate the unnecessary or underperforming, find savings, and apply those savings to warfighting,” said Secretary of the Navy Ray Mabus. “We have done that. Hard choices were made, but they were necessary to make certain we are the most efficient and effective fighting force we can be.

“Secretary Gates’ leadership has resulted in reasonable and responsible reforms that will ensure the Navy and Marine Corps remain the most formidable expeditionary fighting force the world has ever known,” said Mabus.

“The Navy enthusiastically participated in Department of Defense efficiency efforts,” said Chief of Naval Operations Adm. Gary Roughead. “I am pleased with the rigor undertaken throughout this process, the results of which will contribute to the Navy’s warfighting capabilities.”

A concentrated effort was

taken to identify and eliminate excess overhead costs to protect force structure and invest in modernization. In broad terms, military manpower was enhanced by trading overhead staff and shore billets to buy fleet manning requirements. Specifically, the Department of the Navy is proposing to use efficiencies savings to:

- Accelerate development of a new generation of electronic jammers to improve the Navy’s ability to fight and survive in an anti-access environment.

- Increase the repair and refurbishment of Marine equipment used in Iraq and Afghanistan.

- Develop a new generation of sea-borne unmanned strike and surveillance aircraft.

- Purchase more of the latest model F-18s and extend the service life of 150 of these aircraft as a hedge against more delays in the deployment of the Joint Strike Fighter (JSF).

- Purchase additional ships, including a destroyer, a littoral combat ship, an ocean surveillance vessel and fleet oilers.

In order to achieve efficiencies

savings of more than \$35 billion over five years, the Department of the Navy proposes to:

- Reduce manpower ashore and reassign 6,000 personnel to operational missions at sea.

- Use multi-year procurement to save more than \$1.3 billion on the purchase of new airborne surveillance, jamming, and fighter aircraft.

- Disestablish several staffs (but not the associated platforms) to include submarine-, patrol aircraft-, and destroyer-squadrons plus one carrier strike group staff.

- Disestablish the headquarters of U.S. 2nd Fleet at Norfolk, Va., transferring responsibility for its mission to the Navy’s Fleet Forces Command, also located in Norfolk, Va.

“The initiatives we have undertaken will allow the Navy to address readiness and warfighting capabilities, optimize organizations and operations and ensure that resources are optimized in operations and maintenance initiatives. These savings and changes will enable us to be the Navy the nation needs today and

into the future,” said Roughead.

During the Cold War, U.S. 2nd Fleet had distinct and significant operational responsibilities. Disestablishing this command would affect approximately 160 military positions. No ships will change homeport as a result of the disestablishment of 2nd Fleet. The Hampton Roads area, which includes the cities of Virginia Beach, Norfolk, Chesapeake, Newport News, Hampton, Portsmouth, and Suffolk, is the location of the world’s largest naval station. It is homeport to 77 ships, which includes aircraft carriers, cruisers, destroyers, large amphibious ships, submarines, and a variety of supply and logistics ships, as well as 300 aircraft, 35 aircraft squadrons, 356 tenant commands.

In addition, a number of flag officer billets and Senior Executive Services or equivalent positions will also be eliminated or downgraded. Monetary savings from reductions in senior personnel will be relatively modest and will create fewer, flatter, more agile and effective organizations. Furthermore, U.S. Navy Europe,

like other service components which will eventually be reduced to a three-star command, will take place over a longer period because of that command’s unique role in the NATO transformation effort.

“This Department simply cannot risk continuing down the same path - where our investment priorities, bureaucratic habits, and lax attitudes towards costs are increasingly divorced from the real threats of today, the growing perils of tomorrow, and the nation’s grim financial outlook,” said Gates, at the conclusion of the announcement.

“These times demand that all of our nation’s leaders rise above the politics and parochialism that have too often plagued considerations of our nation’s defense - whether from inside the Pentagon, from industry and interest groups, and from one end of Pennsylvania Avenue to the other,” he said. “I look forward to working through the next phase of the President’s defense reform effort with the Congress in the weeks and months ahead - to do what’s right for our armed forces and what’s right for our country.”

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**Outdoor Recreation - 939-3006**  
Equipment Rental headquarters! Trailers, bikes, camping gear and party equipment!

**Information, Tickets & Tours - 939-8644**  
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Discount vouchers for hotels in the Los Angeles, San Diego and Las Vegas area.

**Aquatics (Indoor Pool) - 939-2334**  
Lap swim Mon-Fri 5-7 am, 11 am-1 pm, 5-7 pm. Sat & Sun 10 am-3 pm.

**Dining Services - 939-8662**  
Paradise Cafe offers all-you-can-eat buffets every day except Fridays!  
Salad Bar, Italian, Salad, Soup, Sandwich, Mexican and Prime Rib Buffets!  
Paradise Bar is open Thursday 6-9 pm and Friday 5-10 pm.  
Barefoot Bar is open Wednesday - Saturday, 3-7 pm and Sunday, Noon - 4 pm.

**Auto Skills Center - 939-2346**  
January Special - Engine Analyzer  
50% off for military, 25% off for all others

**RecStop Single Sailor Liberty Center - 939-4386**  
Daily activities! - Wi-Fi, games, video stations, computers, tournaments, food & fun!

**Fleet & Family Support Center - 939-4545**  
Life Skills Courses, Personal Financial Management, Relocation and  
Counseling Services, TAP Classes, and Base Indocs.

**Hall Memorial Lanes Bowling Center - 939-3471**  
FREE Active Duty Bowling, every Thursday Noon - 5 pm up to 3 games!  
Saturday, Xtreme Bowling 7-10:30 pm and Sunday, Family Bowling all day!

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Sunday, February 20th  
& Sunday, March 27th**



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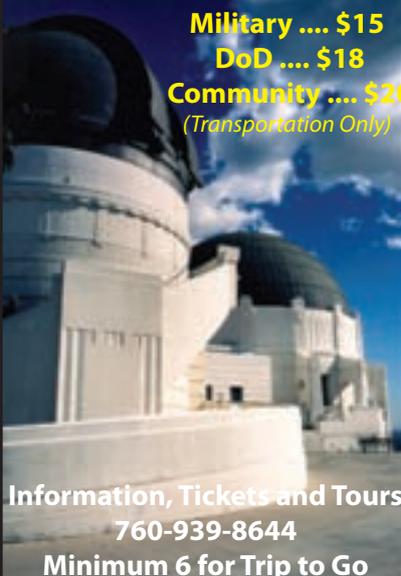


Active Duty and Community Appreciation  
FREE Golf Day!  
Friday, January 21  
ALL DAY!



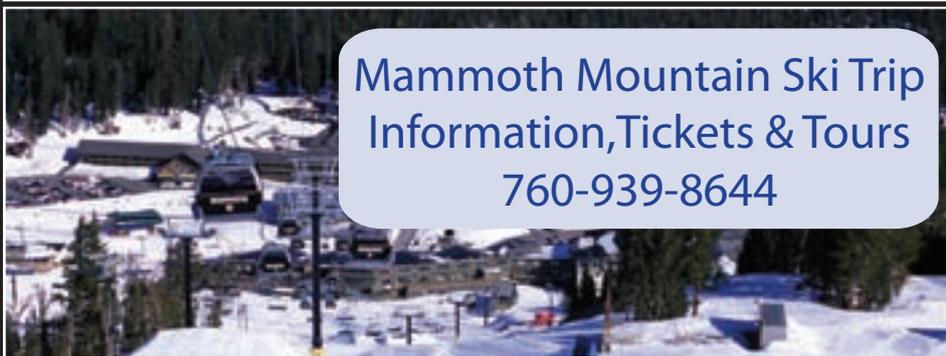
**Military .... \$15**  
**DoD .... \$18**  
**Community .... \$20**  
*(Transportation Only)*

**Griffith Observatory  
and  
Western Heritage Museum  
January 29**  
*(Sign up by 1/15)*



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**Mammoth Mountain Ski Trip  
Information, Tickets & Tours**  
760-939-8644



*Friday, February 18  
4:45 am - 9:30 pm  
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Bring dinner money!  
Sign up by 1/28*

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**January 28, 2011**

**Paradise Bar • 6pm - 12am**  
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- Roommate Wanted
- Lost & Found
- Cars & Trucks (Except RV's)
- Furniture & Appliances
- Misc. For Sale
- Garage & Yard Sales
- Motorcycles
- Misc. Wanted

All other categories are paid.

If you are eligible use the form below:

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One word, phone number, price per space.

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 \_\_\_\_\_  
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20 Words Maximum. Limit 2 Free Ads Per Family, Per Week

Code: \_\_\_\_\_ (For Aerotech Office Use Only)

Name: \_\_\_\_\_ Rank: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Duty Phone: \_\_\_\_\_

Organization: \_\_\_\_\_

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#### BY FAX:

Paid And Free Ads  
 (877) 247-9188

#### BY EMAIL:

Paid And Free Ads  
 rocketeerclass@aerotechnews.com

#### BY PHONE:

Paid Ads Only  
 (877) 247-9288  
 and (661) 945-5634

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| • Houses For Rent        | • Work Wanted           | • Income Property          |
| • Apartments For Rent    | • Condos For Sale       | • Farms & Ranches          |
| • Lots                   | • Townhomes             | • Services                 |
| • Hotels & Motels        | • Industrial Properties | • Employment Opportunities |
| • Commercial Rentals     | • Mobiles For Sale      | • Child care               |
| • Loans                  | • Mobiles For Rent      | • Condos For Rent          |
| • Investments            | • Misc. For Rent        |                            |
| • Business Opportunities |                         |                            |

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- |                               |                       |
|-------------------------------|-----------------------|
| • Pets - Free To Good Home    | • Garage & Yard Sales |
| • Lost & Found                | • Motorcycles         |
| • Cars & Trucks (Except RV's) | • Misc. Wanted        |
| • Furniture & Appliances      | • Roommate Wanted     |
| • Misc. For Sale              | • Rooms For Rent      |

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## PAID CLASSIFIED AD FORM

- |   |   |
|---|---|
| <input type="checkbox"/> HOMES FOR SALE         | <input type="checkbox"/> MOBILES FOR RENT         |
| <input type="checkbox"/> HOUSES FOR RENT        | <input type="checkbox"/> MISC. FOR RENT           |
| <input type="checkbox"/> APTS FOR RENT          | <input type="checkbox"/> ACREAGE                  |
| <input type="checkbox"/> LOTS                   | <input type="checkbox"/> INCOME PROPERTY          |
| <input type="checkbox"/> HOTELS & MOTELS        | <input type="checkbox"/> FARMS & RANCHES          |
| <input type="checkbox"/> COMMERCIAL RENTALS     | <input type="checkbox"/> MISC. FOR SALE           |
| <input type="checkbox"/> LOANS                  | <input type="checkbox"/> SERVICES                 |
| <input type="checkbox"/> INVESTMENTS            | <input type="checkbox"/> EMPLOYMENT OPPORTUNITIES |
| <input type="checkbox"/> BUSINESS OPPORTUNITIES | <input type="checkbox"/> PETS                     |
| <input type="checkbox"/> RECREATION VEHICLES    | <input type="checkbox"/> CARS & TRUCKS            |
| <input type="checkbox"/> MOTORCYCLES            | <input type="checkbox"/> FURNITURE & APPLIANCES   |
| <input type="checkbox"/> WORK WANTED            | <input type="checkbox"/> MISC. WANTED             |
| <input type="checkbox"/> LOST & FOUND           | <input type="checkbox"/> GARAGE & YARD SALES      |
| <input type="checkbox"/> INDUSTRIAL PROPERTY    | <input type="checkbox"/> CHILD CARE               |
| <input type="checkbox"/> MOBILES FOR SALE       | <input type="checkbox"/> CONDOS FOR RENT          |

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CASH \_\_\_\_\_

CHECK # \_\_\_\_\_

AUTHORIZATION \_\_\_\_\_

DATE \_\_\_\_\_

### AD COPY

One word, phone number, price per space.  
 Four lines (\$18.00) minimum. Payment must accompany ad copy

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

To this line - \$18.00 (minimum)

To this line - \$22.00

To this line - \$26.00

Each additional line \$4.00

Code: \_\_\_\_\_ (For Aerotech Office Use Only)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Visa/Mastercard/American Express # \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Daytime Phone: \_\_\_\_\_

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Aerotech News & Review

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2006 Suzuki GX1300R Hayabusa, Pearl White, Limited Edition Beauty, Only 2,200m. Runs and Looks Excellent, \$8,000. Call after 5pm 850-420-9296.

## Announcements

**PLEASE REMEMBER DEADLINE FOR ALL CLASSIFIED ADS IS TUESDAYS AT NOON FOR THAT WEEK'S EDITION!**

## Garage & Yard Sales

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**DON'T LET YOUR CHILD FEEL LIKE A FISH WITHOUT WATER.**

**General Atomics Aeronautical Systems, Inc. (GA-ASI)**, is the prime contractor to the U.S. Air Force to provide Predator and Predator B/MQ-9 Reaper unmanned aircraft systems (UAS) that are in extensive use in the skies over Iraq and Afghanistan. The prop jet Predator B, operational with the U.S. Air Force, Royal Air Force, U.S. Navy, Department of Homeland Security, and NASA, has also been acquired by the Italian Air Force. We are currently fulfilling a multi-million dollar procurement contract to provide Gray Eagle aircraft systems to the U.S. Army and have just introduced the next generation UAS in the Predator series, the pure jet Predator C Avenger. We are in search of qualified candidates to fill our currently available positions:

### Headquarters (San Diego, CA)

- Aerodynamics Engineers
- Buyers
- Contract Administrators
- Drafters
- Electrical Engineers
- Electronics Inspectors
- Electronic Technicians
- Engineer Designers
- Engineers - Propulsion Systems
- Engineers - System Integration
- Financial Analysts (Program Finance)
- Flight Control Engineers
- Imagery Analysts
- Machinists (Mori Seiki)
- Manufacturing Engineers

- Mechanical Engineers
- Price Cost Analysts
- Program Managers
- Project Control Analysts
- Project Engineers
- Quality Engineers
- Radar Technicians
- Reliability/Maintainability Engineers
- Scientists
- Software Engineers
- Subcontract Administrators
- Systems Administrators - Windchill
- Technical Writers

### Gray Butte Flight Operations Facility (Palmdale, CA)

- Aircraft Flight Schedulers
- A&P Specialists

- Avionics/Electronics Technicians
- Business Analysts
- Sensor Operators
- Technical Writers
- UAV Pilots

### Advanced Development Facility (Adelanto, CA)

- A&P Specialists
- Composite Technicians
- Mechanical Engineers
- Project Engineers
- Quality Inspectors

### Predator Maintenance (Creech AFB, NV)

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The most full-time HD channels—over 160!†



PACKAGES START AT \$29<sup>99</sup> mo. Everyday Low Price The FAMILY™ package

Record and watch your favorite shows from any room with a single HD DVR!\*



The undisputed leader in sports

## Act now and get:

**2 FREE UPGRADES**  
HD DVR & HD RECEIVER



**\$298 Value!**

Models may vary. With activation of CHOICE XTRA™ package or higher. With 24 mo. agreement and activation of Whole-Home DVR service.\*

Offer ends 2/9/11 Limited-time offer

**FREE HD**



**OVER 160 HD CHANNELS AVAILABLE†**

With CHOICE XTRA™ package or higher, and Auto Bill Pay.†

Offer ends 2/9/11 Limited-time offer

**FREE FOR 3 MONTHS\***

Get **21** movie channels!



12 Channels 9 Channels

**Over \$70 Value!**

With CHOICE XTRA™ package or higher.

Offer ends 2/9/11 Limited-time offer

**FREE PRO INSTALL**  
IN UP TO 4 ROOMS



**IT'S FAST! IT'S EASY!**

Custom installation extra.

Offer ends 2/9/11. Credit card required (except in MA & PA). New approved customers only (lease required). \$19.95 Handling & Delivery fee may apply. Applicable use tax adjustment may apply on the retail value of the installation.

# Switch today! 1-877-363-8471

**NO EQUIPMENT TO BUY!  
NO START-UP COSTS!**

\*24-MO. LEASE AGREEMENT: Must maintain 24 consecutive months of any DIRECTV base programming package (\$29.99/mo. or above) or qualifying international services bundle. FAILURE TO ACTIVATE IN ACCORDANCE WITH THE EQUIPMENT LEASE ADDENDUM MAY RESULT IN A CHARGE OF \$150 PER RECEIVER. IF SERVICE IS TERMINATED EARLY, A CANCELLATION FEE OF \$20/MONTH REMAINING WILL APPLY. ALL EQUIPMENT IS LEASED AND MUST BE RETURNED TO DIRECTV UPON CANCELLATION, OR UNRETURNED EQUIPMENT FEES APPLY. VISIT directv.com OR CALL 1-800-DIRECTV FOR DETAILS. RECEIVER UPGRADES: Second advanced receiver offer requires activation of an HD DVR as the first free receiver upgrade and subscription to Whole-Home DVR service. Advanced receiver instant rebate requires activation of the CHOICE XTRA package or above; MAS ULTRA or above (or for DVR receiver, OPTIMO MAS Package or above); Jadeworld; or any qualifying international service bundle, which shall include the PREFERRED CHOICE programming package (valued at \$38.99/mo.). Additional advanced receiver upgrades available for a charge. **INSTALLATION:** Standard professional installation only. Custom installation extra.

\*BILL CREDIT/PROGRAMMING OFFER: Free SHOWTIME for 3 months, a value of \$38.97. Free Starz and SHOWTIME for 3 months, a value of \$72. LIMIT ONE PROGRAMMING OFFER PER ACCOUNT. Account must be in "good standing," as determined by DIRECTV in its sole discretion, to remain eligible. **IF BY THE END OF PROMOTIONAL PRICE PERIOD(S) CUSTOMER DOES NOT CONTACT DIRECTV TO CHANGE SERVICE THEN ALL SERVICES WILL AUTOMATICALLY CONTINUE AT THE THEN-PREVAILING RATES INCLUDING THE \$5/MO. LEASE FEE FOR THE 2ND AND EACH ADDITIONAL RECEIVER. PHOTO CREDITS:** The Penguins of Madagascar © 2010 Viacom International, Inc. All Rights Reserved. SHOWTIME and related marks are registered trademarks of SHOWTIME Networks Inc., a CBS Company. All Rights Reserved. In certain markets, programming/pricing may vary.

\*DIRECTV® Whole-Home DVR service: Limit one remote viewing per HD DVR at a time. DIRECTV Whole-Home DVR service requires a DIRECTV Plus HD DVR, a Whole-Home-enabled HD Receiver for each additional TV, HD Access (\$10/mo.), DVR service (\$7/mo) and Whole-Home DVR service (\$3/mo). For more information, visit directv.com/wholehome. †To access DIRECTV HD programming, an HD Access fee (\$10/mo.) and HD television equipment are required. Number of HD channels varies by package selected. Programming, pricing, terms and conditions subject to change at any time. Pricing residential. Taxes not included. Receipt of DIRECTV programming subject to DIRECTV Customer Agreement; copy provided at directv.com/legal and in first bill. **PHOTO CREDITS:** The Penguins of Madagascar ©2010 Viacom International, Inc. All Rights Reserved. SHOWTIME and related marks are registered trademarks of SHOWTIME Networks Inc., a CBS Company. All Rights Reserved. ©2010 DIRECTV, Inc. DIRECTV and the Cyclone Design Logo, FAMILY and CHOICE XTRA are trademarks of DIRECTV, Inc. All other trademarks and service marks are the property of their respective owners.

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**We also have state-of-the-art technologists.**

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LOCAL CHANNELS INCLUDED EVERYWHERE!

FREE Installation in up to 6 Rooms with DVR, FREE Movie Channels, FREE HD DVR Upgrade

(\$6/mo DVR service fee applies)

CALL NOW! **FREE HD FOR LIFE!**

(Offer requires 24-month Agreement and AutoPay with Paperless Billing)

## 1-877-426-6809

### Lowest Price In America!

	DISH Network AT 120	DirecTV Choice
Price AFTER 12 Months:	✓ \$39.99/mo	\$58.99/mo
2 <sup>nd</sup> TV Tuner:	✓ Included	\$5/mo
Multi-Room DVR Fee:	✓ None	\$3/mo
HD Access Fee:	✓ \$0/mo	\$10/mo
Local Channels Included Everywhere:	✓ YES	NO
TOTAL	✓ \$39.99/mo	\$76.99/mo

### SAVE!

\$440/yr over DirecTV

\$400/yr over Digital Cable



- FREE for 3 Months - **HBO® & SHOWTIME®**
- FREE Installation with DVR - Up to 6 Rooms!
- Lowest Price Nationwide!
- FREE HD DVR Upgrade!  
(\$6/mo DVR service fee applies)
- No Equipment to Buy!



### AMERICA'S TOP 120

### Over 120 Digital Channels!

## \$24.99

MONTH

### LOCK IN YOUR SAVINGS FOR 12 MONTHS!

### INCLUDES HD CHANNELS FREE FOR LIFE!

Reg. Price \$39.99/mo

## FREE HD

Most popular channels



### HUNDREDS MORE CHANNELS AVAILABLE

### INCLUDES LOCAL CHANNELS

(where available)

SAP = Free Spanish audio feed. 1= Requires purchase of additional dish antenna. 2 = Available at no additional cost to DISH Network customers with subscription to qualifying programming. requires purchase of additional dish antenna. 3 = available in : Ohio, Michigan, Iowa, Wisconsin, Minnesota, Illinois, and sections of Pennsylvania and Indiana Free HD for Life Offer requires 24-month Agreement and AutoPay with Paperless Billing

## \$500 BONUS!

## CALL NOW! FREE HD FOR LIFE!

(Offer requires 24-month Agreement and AutoPay with Paperless Billing)

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Call 7 Days a week 8am - 11pm EST Promo Code:MB811

CAN'T GET HIGH SPEED INTERNET? CALL TODAY!



Digital Home Advantage plan requires 24-month agreement and credit qualification. If service is terminated before the end of agreement, a cancellation fee of \$17.50/month remaining applies. Programming credits apply during first 12 months. \$10/mo HD add-on fee waived for life of current account; requires Agreement, AutoPay with Paperless Billing. HBO/Showtime offer requires AutoPay with Paperless Billing; credits apply during first 3 months (\$72 value); customer must downgrade or then-current price applies. Requires continuous enrollment in AutoPay and Paperless Billing. Free Standard Professional Installation only. All equipment is leased and must be returned to DISH Network upon cancellation or unreturned equipment fees apply. Limit 6 leased tuners per account; lease upgrade fees apply for select receivers; monthly fees may apply based on type and number of receivers. HD programming requires HD television. All prices, packages and programming subject to change without notice. Local channels may not be available in all areas. Offer is subject to the terms of applicable Promotional and Residential Customer Agreements. Additional restrictions may apply. First-time DISH Network customers only. Offer ends 01/31/11. HBO® and related channels and service marks are the property of Home Box Office, Inc. SHOWTIME and related marks are registered trademarks of Showtime Networks Inc., a CBS Company. All new customers are subject to a one-time Non-Refundable Processing Fee. DirecTV savings based on choice package plus HD programming & DVR service for 2 TV Set UP, current price as of 7/22/10. Digital Cable cost based on CNN Money article "Why cable is going to cost you even more"- 01/09/10 assumes AT120 at \$39.99 compared to average cable price at \$75.00. 99.9% signal reliability applies to transmission of DISH Network signal to customers. Reception may vary for individual customer.