



The Newport

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Navallog

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.



New skipper at OTCN

Scott A. Thornbloom/U.S. Navy photo
Capt. Vernon P. Kemper, right, incoming commanding officer of Officer Training Command Newport (OTCN), speaks at a change of command ceremony in Kay Hall at Naval Station Newport on Feb. 24. Kemper relieved Capt. Kenneth L. Gray, seated near left. OTCN is in charge of the Officer Candidate School program, the Seaman-to-Admiral (STA-21) program, the Limited Duty Officer/Chief Warrant Officer (LDO/CWO) program, Officer Development School (ODS) and the Direct Commission Officer Indoctrination Course (DCOIC). Story, Page 2.



Navy focuses on road safety

Navy emphasizes five risk factors that contribute to auto accidents among our active duty military.

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Menu popular at NHCNE café

The new Bridge View Café at Naval Health Clinic New England offers a popular menu, and draws crowds for breakfast and lunch.

—Page 3



Gym 109 hosts two days of fun

MWR's Blizzard of Fun Winter Carnival draws more than 1,000 parents with children for indoor activities at Gym 109.

—Page 8

Capt. Kemper takes OTNC helm

By S. A. THORNBLOOM
NSTC Public Affairs Office

Capt. Vernon P. Kemper took command of Officer Training Command Newport (OTCN) from Capt. Kenneth L. Gray on Feb. 24 in a traditional naval ceremony held in Kay Hall at Naval Station (NAVSTA) Newport.

Capt. Caroline M. Olinger, Chief of Staff of Naval Service Training Command (NSTC), was the keynote speaker.

OTCN is overseen by Naval Service Training Command (NSTC), headquartered at Naval Station Great Lakes, Ill. NSTC manages all initial Navy officer and enlisted accessions training except for the U.S. Naval Academy (USNA).

OTCN oversees five officer training schools at NAVSTA: Officer Candidate School (OCS); the Officer Development School (ODS); Direct Commission Officer Indoctrination School (DCOIC); Limited Duty Officer and Chief Warrant Officer (LDO/CWO) Academy and the Seaman-to-Admiral (STA-21) school.

The change of command ceremony also marked the retirement of Gray after 28 years of Navy service.

Speaking on behalf of Rear Adm. David F. Steindl,



Capt. Kenneth L. Gray, right, receives a folded flag from Candidate Officer Jeremiah Perron, regimental captain for Officer Candidate School (OCS) class 07-12, marking the career of the outgoing commanding officer of Officer Training Command Newport (OTCN).

NSTC commander, Olinger reminded everyone that OTCN provides officer accession training to approximately two-thirds of the Navy's new officers each year.

Olinger then counted off the numerous achievements completed by Gray and his staff since the Butler, Pa., native assumed command of OTCN two years ago.

"To list all the accomplishments that the staff made under Captain Gray's guidance would take an hour—not something I want to subject all of you to, but it is important that I

highlight some of the most positive and lasting impacts he made on the command, and on the Navy," Olinger said.

Olinger said OTC has been left in the capable hands of Kemper.

"In Captain Kemper you are very fortunate to have an OCS graduate as your new CO. Captain Kemper graduated just 25 short years ago from this fine command, and his career has been highlighted by sustained superior performance," Olinger said.

Kemper, a native of Festus, Mo., was graduated from the Missouri Universi-

ty of Science and Technology in 1986 with a bachelor's in chemical engineering. He was commissioned here in November 1986 following completion of Naval Officer Candidate School.

His sea-going assignments have included duty aboard both attack and ballistic missile submarines in the Atlantic and Pacific Fleet.

Before arriving to OTC, Kemper served as the Commander Submarine Force, U.S. Pacific Fleet Representative at Puget Sound Naval Shipyard.

"I am grateful and honored to be standing here before you and I remain in awe of the opportunities the Navy has afforded me," Kemper said.

Kemper said he was inspired to do his utmost to serve, to lead and continue the mission of OTC to the future leadership of the Navy.

Following the awarding of the Legion of Merit Medal to Gray and receiving several letters of commendation and appreciation to Gray and his wife, Angela, and two daughters, a passing of the flag ceremony was conducted marking an end to Gray's Navy career as OTC's Command Master Chief (SW/AW) Matt Anuci, recited "The Watch."

Security exercise to impact traffic and daily routine

Exercise Solid Curtain-Citadel Shield 2012 will be conducted on naval bases and installations throughout the continental United States, from March 19 to 24.

This annual exercise is designed to enhance the training and readiness of Navy security forces to respond to threats to installations and units. Exercise Solid Curtain-Citadel Shield 2012 is not in response to any specific threat, but is a regularly-scheduled exercise.

This year's exercise at Naval Station Newport will result in major disruptions to normal base operations by increasing force protection conditions to a degree that results in closing down non-essential operations such as all retail (Commissary and all Navy Exchange facilities, with the exception of Green Lane Mini-mart) and all recreational facilities (including Gym 109, the combat training pool, and Officers' and Enlisted Clubs) from noon on March 22 through noon on March 24.

There will be times throughout the week when the exercise causes increased traffic around NAVSTA, but efforts are being made to minimize these disruptions. Area residents may also see increased security activity associated with the exercise.

Onboard NAVSTA, personnel can anticipate disruptions to entering and exiting the installation the morning of March 20 and again around noon Thursday, March 22, through noon on Saturday, March 24.

There will be training this year on March 20 at the Naval Health Clinic New England which will include exercising mutual aid agreements with Newport, Middletown and Portsmouth Fire Departments, as well as testing response plans with Newport Hospital.

More detailed information on the impacts of this exercise will appear in next week's edition of "The Navalog."

Women's History Month

Speaker to link education, empowerment

By BOB KREKORIAN
NAVSTA Public Affairs Staff

Retired Cmdr. Helen Manno, Supply Corps, will be the guest speaker at Naval Station Newport's observance of Women's History Month on March 7 at noon at the Navy Supply Corps School.

She will speak on "Women in the Navy: Past and Present." The theme for

the 2012 observance is Women's Education—Women's Empowerment.

Manno is a program manager and uniform specialist at the Navy Exchange Service Command (NEXCOM), Virginia Beach, Va. She is responsible for the oversight and operation of NEXCOM's \$11M worldwide Tailoring and Embroidery program.

She was graduated from

the University of Wisconsin-Madison in 1972 with a bachelor's in journalism and a master's in marketing in 1974.

She was commissioned at OCS in 1975 and served on active duty from 1975 through 1985.

Her ashore assignments included uniform program officer at the Navy Resale and Services Support Office, Brooklyn, N.Y.;

director, Receipt Control and Material Turned into Store Naval Support Center, Charleston; and comptroller, Naval Air Station, Willow Grove, Pa.

She served as stock control officer aboard the USS Canopus (AS 34). She is one of the first female supply officers to serve aboard a Navy ship after Congress

WOMEN, Page 14

Navalog

Capt. Douglas Mikatarian

Commanding Officer, Naval Station Newport

Lisa Rama

NAVSTA Public Affairs Officer

Bob Krekorian

NAVSTA Public Affairs Staff

Greg Kohlweiss

NAVSTA Public Affairs Staff

Richard Alexander

NAVALOG Editor

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The Newport Navalog is printed on recycled paper.

Bridge View Café has recipe for success

Naval Health Clinic New England (NHCNE) staff and patients have given rave reviews to the new Bridge View Café which opened last week in Building 43. Capt. Kim Lyons, Commanding Officer, officiated at ribbon-cutting ceremonies.

The dining facility, connected to the main Building 23 by a walkway, formerly was operated by Morale, Welfare and Recreation and has been closed for several months.

Contracted to Michael Botelho and his father, Barry Botelho, the 50-seat café offers a full breakfast menu of burritos, wraps, bagels,

breakfast sandwiches, along with tea and coffee varieties. The lunch menu features panini sandwiches, wraps, salads, soups and the very popular fruit



Botelho

smoothies.

Hospitalman Victor Hernandez, from the NHCNE lab, is a lunchtime regular at Bridge View.

"I try everything," he said when asked if he had a favorite sandwich yet. Last Monday he tried The Lighthouse sandwich/wrap for the first time. The thinly sliced turkey breast, bacon and smoked cheddar cheese of The Lighthouse is 540 calories which the Café menu lists next to each food item.

Registered nurse Linda Hanos from Family Medicine



Naval Health Clinic New England civilian and military personnel place their orders at the new Bridge View Café in Building 23. Serving are Andre Paquette and Merri Benvenuti, right. At far left, rear, is Shawn Flores.

Kathy MacKnight/U.S. Navy photos

selected one of the fresh garden salads, and said she particularly liked choosing chicken chunks for her salad. Other options for an extra charge are ham, cheese, tuna, and more.

Hanos said the salads are very fresh, as the café staff make them up each day.

The café staff also accepts debit and credit cards.

The Botelhos also run Blimpies sub shop at the Navy Exchange and The Light House at the Surface Warfare Officers School. In Newport, they operate the snack bar at Easton's Beach Rotunda which features the popular twin lobster rolls. The item is now on the café menu each Thursday.

The cafe is open from 7 a.m. to 3 p.m.. Besides the Botelhos, cooks and wait staff include Merri Benvenuti, Shawn Flores and Andre Paquette.



Café staff member Shawn Flores makes a popular fruit smoothie at the Bridge View Café.

Navy refocuses on safe driving

By APRIL PHILLIPS

Naval Safety Center Public Affairs

NORFOLK, Va. — The Naval Safety Center (NAVSAFECEN) offers resources to help manage driving risks.

Fiscal year 2011 was the safest on record in terms of four-wheel motor vehicle fatalities. Car and truck

operators did

a great job of managing the risks of driving.

However, mid-way through the second quarter of FY2012,

fatalities are in danger of creeping

back up.

As of Feb.

1, four Sailors

have lost their lives in four-

wheel personal motor vehicle (PMV) fatalities, com-

pared to one at the same

time in 2011. Motorcycle

fatality rates are static, with

three so far this fiscal year -

the same as last year at this

time.

NAVSAFECEN's Com-

mand Master Chief

Dominick Torchia recently

released a "Safety Broad-

cast," a one-page fact sheet

outlining timely informa-

tion about various trending

topics. His most recent cov-

ers PMV statistics, risk fac-

—and do everything you

can to manage those risks."

Those risk factors —

speed, alcohol, fatigue and

ejections (lack of seat belts)

and distractions (SAFE-D)

— account for the vast

majority of motor vehicle

mishaps in the Navy and

nationwide.

Motorcycle fatalities are

also a continuing concern,

with their own set of risk

factors. "Every sport bike

rider is required to take the

Military Sport Bike Rider

Course (MSRC)," Torchia

tors and resources for improvement.

"While we made big strides in reducing the number of four-wheel motor vehicle fatalities last

year, this is no time to declare victory," said Torchia. "Be aware of the biggest risk factors —

speed, alcohol, fatigue, ejection and distractions



Greg Kohlweis/U.S. Navy photo

Two motorists pass on Peary Street, Naval Station Newport, near a crosswalk.

—and do everything you can to manage those risks."

Those risk factors — speed, alcohol, fatigue and ejections (lack of seat belts) and distractions (SAFE-D)

— account for the vast majority of motor vehicle mishaps in the Navy and nationwide.

Motorcycle fatalities are also a continuing concern, with their own set of risk factors. "Every sport bike rider is required to take the Military Sport Bike Rider Course (MSRC)," Torchia

said.

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Bravo zulu

Leaning chimney bites the dust

By NAVFAC Public Works

Work crews with NAVFAC Newport Public Works last Saturday removed a chimney leaning dangerously away from the side of Naval Station (NAVSTA) Newport's Post Office, Building 1900, on Peary Street. During a recent inspection of the building, it was noted that the gaps between the chimney and the exterior wall exceeded 4 inches.

After safety concerns were addressed, pallets were placed

over the concrete slab that covers an underground fuel tank. Then a one-inch steel plate was placed over the pallets. The crew confirmed the chimney was completely detached from the outside wall.

The crew then cleared the area entirely and attached a heavy duty chain to the top of the chimney. A backhoe then pulled down the chimney.

The brick was hauled away and turned over to Scott Mello,

NAVSTA recycling coordinator. "This is a terrific example of how our crew is very capable of working on unusual projects and doing it safely/precisely," said Gary Ferreira, Public Works Manager, Newport. The area where the chimney used to stand has been covered up with plywood and is now ready to be vinyl-sided this spring.

NAVSTA Fire Dept. has asked to use some of the old bricks to make a memorial walkway, Ferreira said.



Gary Ferreira/NAVFAC Public Works
Cliff Johnson, left, Transportation supervisor, and Jamie Mickle, Transportation work leader, discuss the removal of a chimney leaning away from Naval Station Newport's Post Office Building 1900 and creating a safety hazard.

Engineer recognized

MIDDLETOWN — David Rhodes of East Providence, R.I., a software engineer in the Sensors and Sonar Systems Department at the Naval Undersea Warfare Center (NUWC) Division Newport,



Rhodes

was recently named a winner of the Modern Day Technology Leader Award. He received his award on Feb. 24 at the Modern Day Technology Leaders luncheon during the Black Engineer of the Year Science, Technology, Engineering and Mathematics (STEM) Global Competitiveness Conference in Philadelphia.

This award, sponsored by *U.S. Black Engineer & Informatics*, was presented to Rhodes. **RHODES, Page 14**



From left, Cliff Johnson, Transportation supervisor; Raymond Pinksaw, equipment operator; and Jamie Mickle, Transportation work leader, discuss the success of the job and how they'll clean up the bricks left behind.

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Photo by Billy Black / www.billyblack.com



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**Sunday Services - 7:45 AM & 10:30 Protestant Service
 9:00 AM Roman Catholic Mass**
Note: Services will be held in Kay Hall

Bravo zulu



Greg Kohlweiss/U.S. Navy Photo

Capt. Douglas Mikatarian, Commanding Officer, Naval Station Newport congratulates Chief Culinary Specialist (SW/AW) Joseph I. Arce after awarding him the Navy and Marine Corps Commendation Medal for serving as Food Service leading chief culinary specialist and Combined Bachelor Quarters leading chief petty officer from September 2009 to March 2012 during his end of tour awards ceremony in Ney Hall galley recently. His next assignment is the frigate USS Halyburton (FFG 40) in Mayport, Fla.



Greg Kohlweiss/U.S. Navy photo

From left, retired Navy Chief Petty Officer George Wardwell, past Portsmouth American Legion Post commander; artist Paula Visnoski; Dan Nagelhout, rear, of the Rhode Island Patriot Guard Riders motorcycle club; and Steve Frye, chief operating officer of USA Battle Buddies with his service dog Charlie Zino, pose along with the painting donated by Visnoski at Arnold's Art store & gallery in Newport last week. The painting was donated to USA Battle Buddies to raise funds for a raffle taking place May 19, Armed Forces Day, to purchase and provide a service dog to a combat wounded veteran.

Senior NUWC engineer recognized

Jeffrey Boisvert of Lincoln, a senior research scientist and mechanical engineer at the Naval Undersea Warfare Center (NUWC) Division, Newport, was recently named the winner of the American Society of Naval Engineers (ASNE) Solberg Award. Boisvert received the award Feb. 8 at the ASNE annual meeting in Arlington, Va.

The Solberg Award is pre-



Boisvert

research during the previous three years. Boisvert is

sent annually to an individual who has made a considerable contribution to naval engineering through personal

research during the previous three years. Boisvert is

one of four researchers from NUWC Newport to win this award within the past 10 years.

A NUWC Newport employee for more than 30 years, Boisvert works in the Sensors and Sonar Systems Department. He leads an array of analytical investigations, mathematical modeling, and computer simulations for the behavior of existing and concep-

tual sonar transducer arrays. His research has pioneered the application of mathematical modeling to a variety of acoustical applications in the Navy.

Boisvert holds a bachelor of science degree in mechanical engineering and applied mechanics from the University of Rhode Island and a masters in mechanical engineering from Brown University.

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Kids stay loose for CFC drive

Children from the NAVSTA Newport Child Development Center (CDC) Pre-School Class 117 accept a plaque, Feb. 23, for winning the 2011 Combined Federal Campaign (CFC) Loose Change Contest. The CDC collected \$69 (in the water jug, right) that will be donated to a CFC safe drinking water quality charity. The children were also given a pizza party. Capt. Douglas Mikatarian, Commanding Officer, NAVSTA Newport, center, made the presentation to CDC assistants Jessica Butler, left, and Tracy Beaulieu, right.

Bob Krekorian/U.S. Navy photos



CFC announces 4 raffle winners

The Combined Federal Campaign (CFC) for Rhode Island and southeastern Massachusetts, which began last September at McCoy Stadium, has concluded with donations totaling \$1.169 million, a CFC officer reports.

"It is really fantastic that even with today's economy, so many individuals were able to give so generously," said Denise Matherne, CFC Naval Station Newport coordinator. "The CFC staff and I are so thankful for your efforts and generosity."

The raffle winners have been notified and they are listed below:

Platinum Award: iPad with wifi, went to William R. Spain, Naval War College.

Gold Award: Vehicle remote start system, went to Paula Lemieux, Naval Undersea Warfare Center.

Silver Award: An Amazon Kindle with wifi, went to Keith P. Long, Transportation Security Administration, Warwick

Bronze Award: iPod Touch MP3 Player, went to Michael K. Rinn, U.S. Postal Service in Warwick.

The CFC Appreciation Luncheon will be March 14 at the Officers' Club.

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Announcements

Chapel relocates services

The Chapel of Hope will relocate services to Capt. Howard Kay Hall beginning this Sunday, March 4, through April 1 to enable on-going renovations underway in the chapel's sanctuary.

Normal chapel services will return to the sanctuary on Palm Sunday, April 1. Call 841-2234 for information.

Upcoming road outage

Elliot Avenue adjacent to Perry Hall, between Whipple Street and Perry Court, will be closed to traffic March 5 to 7 for material handling by a contractor's crane.

Appropriate detour signage will be erected.

Call Public Works at 841-1183 for information.

We have jobs at NAVSTA

Job seekers are reminded to check www.usajobs.gov regularly for opportunities available within the federal government. NAVFAC Newport is currently seeking an air conditioning equipment mechanic.

This position will be open through midnight March 5.

The job specifics are at www.usajobs.gov/GetJob/ViewDetails/310026000

Military OneSource office

The Rhode Island representative from Military OneSource is available every Monday from 10 a.m.-4:30 p.m. in the former Navy College Office in Building 690.

Call Navy Counselor 1st Class Zeporah Dasher at 841-6198 for information.

Loud speaker testing

A test of the Mass Notification System, or "Giant Voice," will continue each Wednesday at noon for the next several weeks, leading up to Solid Curtain/Citadel Shield (March 20-24).

Blood drive at NAPS

The Rhode Island Blood Center bloodmobile will hold a blood drive at the Naval Academy Prep School on March 8 from 2:30 to 8 p.m. Anyone with routine base access is encouraged to stop by and donate.

Crews into Shape

March is National Nutrition Month and DoD will be holding another "Crews into Shape" program all month long. See http://www.nmcphc.med.navy.mil/healthy_living. Look under "C" for "Crews into Shape" and sign up to participate before March 4.

The program encourages eating fruits and vegetables daily as well as exercising regularly. Newport's Public Health Educator has set a base goal to get at least 26 crews from Newport. Sign up your team now! Call 841-6774 if you have any questions.

The program encourages eating fruits and vegetables daily as well as exercising regularly. Newport's Public Health Educator has set a base goal to get at least 26 crews from Newport. Sign up your team now! Call 841-6774 if you have any questions.

Choristers concert slated

PORTSMOUTH — The Newport Navy Choristers, under the direction of JoAnn Loewenthal, will present "Music for a Sunday Afternoon" concert on Sunday, March 11, at St. Barnabas Church on 1697 East Main Road at 4 p.m. Proceeds from this concert will benefit the Navy-Marine Corps Relief Society and the Newport Navy Choristers.

Tickets may be purchased in advance by contacting any Chorister member or by purchasing them at the door. Tickets are \$7 for adults, \$5 for senior citizens and children under age 12 and \$18 for families.

For more information call Pat McGue, Chairman, at 849-1135, or Loewenthal, director, at 849-4823.

NMCRS drive now underway

The 2012 Navy Marine Corps Relief Society's active duty fund drive is underway through March 31 onboard all Navy and Marine Corps installations. Call the NMCRS Fund Drive coordinator at 841-2099 for information.

Next Eight Bells Lecture March 8

The next Eight Bells Lecture will be held March 8 at noon at the Naval War College Museum.

These events are open to anyone with routine base access. See story, Page 16.



Let's learn to focus to manage problems

EDITOR'S NOTE: Some of the Fleet and Family Support Center workshops and meetings require registration. Call 841-2283.

The Fleet and Family Support Center will offer a workshop, Focus on the Solution, on Wednesday, March 7, from 8 a.m. to noon.

This program describes the solution-focused approach to managing problems and concerns and introduces the participants to specific techniques which help clear-away the clutter that can get in the way of our problem-solving efforts.

Here's a look ahead to upcoming workshops:

Starting Your Business — Wednesday, March 8, 11:30 a.m. to 1 p.m.

Smooth Move — Tuesday, March 13, 1-4 p.m.

Portable Careers for Military Families on the Move — Thursday, March 15, 11:30 a.m.-1 p.m.

Paying for College — Monday, March 19, 1-3 p.m.

Communication: We can work it out — Tuesday, March 20, 1-3 p.m.

Jamestown Accountant and Mother of two loses 25 Pounds!



BEFORE

I lost 25 pounds and 5% body fat in 6 months! I was horrified when I saw myself in the pictures from our family trip to the Grand Canyon last April. Surely, it must be the camera - there was no way that I was that big! My clothes didn't fit anymore either but I told myself that they must have shrunk the last time I washed them. I couldn't be gaining weight, right? WRONG!!

I saw an ad for Get In Shape For Women and decided to give them a call. We set up an appointment for a free trial the next day. When I went in to the studio, I was given a tour and then we quickly got down to business. I could barely lift a 10 pound weight and I thought I was going to die on the treadmill. The worst part, though, was when I saw the number on the scale during the initial weigh-in. Surely that number was wrong!! Knowing deep down that scales don't lie, I decided right then and there that I was going to join Get In Shape For Women. That was, by far, the best decision I have ever made. I lost 12 pounds in the first month and quickly learned that my old exercise routine was not effective at all and my eating habits needed some big changes.

I love Get In Shape For Women! The staff is very knowledgeable about nutrition. The trainers are excellent - very supportive and encouraging. I love the fact that the workouts are appointments which can fit into any busy schedule. I'm in and out in one hour. I have lost a total of 25 pounds and 5% body fat in just six months and I feel terrific!

I strongly urge anyone who thinks that their clothes are shrinking or that the camera and scale are lying to give Get In Shape For Women a call and set up a free trial appointment. It will be the best thing you've ever done for yourself. I know it was for me. Thank you Get In Shape For Women!!

Beth Desvauz, 48, Accountant



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ASK ABOUT OUR MILITARY AND GOVERNMENT RATES

Blizzard of Fun comes indoors

We have liftoff!

Five boys get airborne on one of the larger inflatable bouncies at the Blizzard of Fun Winter carnival at Gym 109. The two day event, Feb. 22-23, offered indoor bouncies, live entertainment, arts and crafts and concessions during school vacation week.



More than 1,000 military children and parents got out of the house during school vacation week last week and entered the Blizzard of Fun Winter Carnival at Gym 109, Wednesday and Thursday.

The annual event, sponsored by the Morale, Welfare and Recreation Department, featured live entertainment. On Wednesday, Super Cool Beans Band, provided music, and rained bubbles down on the dancing kids.

On Thursday the Officers' Club manager Paul Kemmet showed how to make muddy snowball cookies, and gave a fun fruit carving demonstration.

There were several inflated "bouncies," such as slides and velcro wall; plus arts and crafts tables; and concession stands for refreshments and light meals.

The event was open to active duty personnel, retirees, reservists, family members, DoD employees and contractors who work full time on the base.



The Super Cool Beans Band entertains dancing youngsters in a rain of bubbles at Gym 109.



Mrs. Lynda Hammoudi, whose husband is an Algerian Navy Captain and international student at the Naval War College, helps her son, Abderrahim, make a sun catcher at the crafts tables.



Children line up at the shooting inflatable to toss footballs and basketballs through holes at the rear.



ABOVE: Alize Noack goes airborne to stick to the Velcro Box wall at the Blizzard of Fun while Kevin Therberge, Gym 109 staff, stands by to peel her off.

RIGHT: Jordan Cochran, left, helps Alize Noack get into her Velcro suit. Looking on is Jordan's mom, Mrs. Jennifer Cochran, whose husband Spc. Dale Cochran is deployed with the HHC, 182nd Infantry, Army National Guard, in Afghanistan.

Greg Kohlweiss/U.S. Navy photos



Two youngsters race each other to stick their Velcro pads in the Bungee Run track.

Information, Tickets & Travel

Timeshare resorts at military discount



All active duty and retired military personnel, reservists and Department of Defense personnel are eligible to participate in the Armed Forces Vacation Club.

The club provides one-week vacations on a space available basis starting at \$349 at locations throughout the world.

For complete information, visit the Armed Forces Vacation Club website at www.afvclub.com (when booking a reservation use installation No. 163) or stop by the Information, Tickets and Travel Office in Building 1255.

Enjoy two dinners for price of one

More than 75 Newport County restaurants belong to Dine Out Dinner Club. A book of coupons costs just \$18.50 each, and entitles the user to two dinner entrees from the price of one. Some restrictions are imposed.

For more information, call 841-3116.

See the P-Bruins play in Providence

Catch all the action of the Providence Bruins at the Dunkin Donuts Center. Vouchers are \$14.50 each and can be redeemed for the best available seats at the box office. Regular admission is \$28.

Passport photos available at ITT

Are you in a hurry and need a passport photo fast? Then visit the Information, Tickets and Travel (ITT) office in Building 1255. No appointment is necessary. Photos cost \$8 and can be done Wednesday through Friday, 10 a.m. to 6 p.m.

For more information, call ITT at 841-3116.

See current flicks at discounted price

Are you planning on seeing a movie this weekend? Stop by the Information, Tickets and Travel (ITT) office, Building 1255, and pick up some discount movie tickets first.

Tickets cost just \$7.25 each (\$1.75 savings) and may be used at the Island Cinemas in Middletown. Tickets to the Jane Pickens Theater in Newport are \$6.75 (\$1.25 savings).

Tickets are \$8.50 each (\$1.75 savings) for Showcase Cinemas, Warwick, for retirees and Department of Defense employees. Active duty must show their ID at the theaters and receive a ticket for \$7.



Photo courtesy of USCGC WILLOW

Coast Guard Seaman Grainne Maunsel, center, receives the 'Order of the Black Hull' certificate by the cutter Willow's commanding officer, Lt. Cmdr. Brian J. Donahue, right. The presentation took place onboard Willow alongside Pier 2. Maunsell was also presented with a ship's plaque by Chief Boatswain's Mate Ben Hicks, Willow's command chief. Maunsell reported to the ship in December 2010 and will depart to attend Boatswain's Mate 'A' School in Yorktown, Va.

Special events

Naval Station to note Women's History Month

The Women's History Month observance will be held in the Vice Adm. Kenneth R. Wheeler Center, Navy Supply Corps School, on March 7 at noon.

Retired Navy Cmdr. Helen Manno, Supply Corps, will be the guest speaker. Her topic will be "Women in the Navy: Past and Present."

This event is open to anyone with routine base access. Call 841-2201 for information.

College representatives to staff information tables

The next monthly College Information Session in the Building 690 atrium will be Wednesday, March 7, from 10 a.m. to 2 p.m. Enrollment representatives from several colleges will staff tables.

For information call Navy Counselor 1st Class Zeporah Dasher at 841-6198.

NOSC Welcome Coffee

There will be a Newport Officers' Spouses' Club (NOSC) Welcome Coffee for new and prospective members at Quarters AA, Wednesday, March 7, 10 a.m.

More information and online registration, visit NOSC March Welcome Coffee <http://www.newportosc.org>, or call (703) 258-2421.

Navy All Hands call

Secretary of the Navy Ray Mabus will host and All Hands Call on March 5. This event will be televised and web-streamed live at 3 p.m. EST. Go to www.pentagon-channel.mil or www.navymil to tune in.

E-5 Exam scheduled

The Naval Station Newport E-5 Examination will be held at the Officers' Club, Thursday, March 8, 7 to 11 a.m. All candidates are required to be in their assigned seats by 7 a.m. and the exam will begin promptly at 7:30 a.m.

Questions can be directed to Jim Telford at 841-7791.

Women's retreat slated

EXETER — A women's retreat, hosted by the Chaplains Religious Enrichment Development Operation (CREDO), Northeast, and the Protestant Women of the Chapel (PWOC), will take place March 23-25 at Camp Canonicus. Call 860-694-1144 for information.

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Naval Station Newport Dining

Officers' Club, Building 95, 841-1442
 Monday through Thursday, 11 a.m. to 9 p.m.
 Friday, 11 a.m. to 10 p.m.
 Saturday, 4 to 10 p.m.
 Sunday and holidays, closed

Enlisted Club, Building 656, 841-2575
 Monday through Thursday, 11 a.m. to 9 p.m.
 Friday, 11 a.m. to 10 p.m.
 Saturday, 4 to 11 p.m.
 Sunday, 1 to 8 p.m.
 and holidays, noon to 6 p.m.

**Seaview Lanes Bowling Center
 Building 656, 841-4293**
 Monday through Thursday, 11 a.m. to 8 p.m.
 Friday, 11 a.m. to 10 p.m.
 Saturday, 1 to 11 p.m.
 Sunday, 1 to 8 p.m.
 and holidays, noon to 6 p.m.

**America's Cup Café,
 Building 684, 841-3420**
 Monday through Friday, 6:30 a.m. to 2 p.m.
 Closed, weekends and holidays

Leisure Bay, Building 1255, 841-2088
 Monday through Friday, 9 a.m. to 8 p.m.
 (drive thru window is open 6:30 a.m. to 8 p.m.)
 Weekends and holidays, 8 a.m. to 6 p.m.

**Hewitt Hall Café, 841-4655
 (NWC personnel only)**
 Monday through Thursday, 6:30 a.m. to 3 p.m.
 Friday 6:30 a.m. to 2 p.m.

COMEDY SERIES

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 Sunday, Mar. 4th
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Leisure

Officers' Club (Building 95, 841-1442)

Join the Officers' Club for lunch or dinner nine times and get a Supper Club Card validated each time and your tenth dinner is on us! The free meal is for dinner only, and steak and lobster night is not included. Gratuity and alcoholic beverages are also not included.

For more information, call the club at 841-1442.

Tuesday is Kids' Eat For Free night from 5 to 8 p.m. with the purchase of one adult meal for children 12 and under.

One kid's meal selected from the Kid's Menu will be free with one adult meal purchase. Adult meal consists of purchase of an entrée salad, sandwich, burger or entrée from the Topside menu. (For dine in only.)

WEDNESDAY is \$10 Steak Night. Order an 8 oz. grilled angus New York strip steak, starting at 5 p.m.

THURSDAY: Enjoy a steamed lobster or lobster dinner below market price, served in Topside Restaurant starting at 5 p.m.

FRIDAY is Wing Night from 4 to 6 p.m. Thirty-cent chicken wings will be sold in increments of 10. Diners may order Navy bean soup, Buffalo, BBQ, garlic Parmesan, teriyaki or Chef Haydee's country fried wings (for dine-in only).

SATURDAY is Kid's Night Out. Beginning at 4 p.m., children are invited to

come and enjoy kid's activities, a buffet, dessert and a free movie at the Officers' Club on Saturday, March 10. The movie, *Wall-E* (G), will begin at 5 p.m.

The kid's buffet is \$6 and includes a drink and dessert. Children must be accompanied by an adult at all times. The Topside menu will be available from which parents may order. Movies are broadcasted through the Navy Motion Picture Service.

Recreation Center

(Building 656, 841-4293.)

Enter through Seaview Lanes)

See a movie: Free movies are broadcasted as part of the Navy Motion Picture Service. Outside food and beverages are not permitted in the Recreation Center.

The kid's movie on Saturday, March 3, is *Happy Feet 2* (PG).

Grown up movies are Thursdays at 6 p.m. On Thursday, March 15, the movie is, *Tower Heist* (PG-13).

Popcorn and candy are available for \$1 each. Children's meals will be available an hour before and after the movie for \$3 to \$4.25 each. The regular menu is also available.

Special fitness activities

(Gym 109, 841-3154)

• **PRT Fit Camp from March 12 to April 6.** This

program is designed to help you improve your PRT scores! It's held two sessions per week, Tuesdays and Thursdays, at 11:30 a.m. Register by March 9 to ensure a spot.

For more information call Ruthie Giardino at 841-7355 or ruth.giardino@navy.mil

• **Mission Nutrition Course on March 13 and 14 from 9 a.m. to 1 p.m.** Learn the basic principles of good nutrition. Topics covered: reading food labels, eating strategies on travel and on ship, the facts on carbohydrates, fats and proteins in simple terms and how to properly fuel the body.

Limited spots, so register before March 9. For more information call Pat Mahoney at 841-7355 or patrick.mahoney1@navy.mil.

• **Fitness Challenge Push-up Contest on March 21 from 6 a.m. to 7 p.m.** Test your upper body strength and show what you can do in this competition. A fitness specialist at Gym 109 must count all correct form push-ups during a two-minute time period. Start practicing now, winners will win a prize! For more information, register at Gym 109 or call 841-3154.

• **March Madness Fun Run/Walk on March 28 at noon.**

Start spring with the MWR 3-mile run or 1.5-mile walk beginning at Gym

109. There will be door prizes and a prize for the top male and female. Sign up in Gym 109.

Liberty Center (Recreation Center Building 656, 841-3054)

Hours of operation are Monday to Thursday, 4 to 8 p.m.; Friday, 4 to 10 p.m.;

Saturday, noon to 10 p.m.; Sunday, noon to 8 p.m.; and holidays, noon to 6 p.m.

March events

Tonight – Billiards Tournament, with prizes, 6 p.m.

March 3 – Free Brownie Day, while supplies last.

March 4 – Texas Hold'em Tournament, with prizes, 6 p.m.

March 5 – Ping-Pong Tournament with prizes, 6 p.m.

March 6 – Wii Sports Tournament, with prizes, 6 p.m.

March 7 – MLB The Show Tournament, with prizes, 6 p.m.

March 8 – Guitar Hero, with prizes, 6 p.m.

Do You KNOW An OUTSTANDING VOLUNTEER?



The Newport Daily News is looking for nominations for its annual
**COMMUNITY SERVICE
AWARD**

Here's your chance to nominate a special person who has gone above and beyond the call of routine community service, an individual who has given to the community without seeking anything in return. Tell us about a person who has really helped to make positive changes to the community.

There are very few rules about who can be nominated for the award. The work must be voluntary, not paid, and the award will not go to someone for service in political office. The awards typically honor individuals and will be presented this year at a banquet in April.

The nomination process is relatively simple:

Send a written nomination letter, along with any supporting documents, to:

**Community Service Awards, The Newport Daily News
P.O. Box 420, Newport, RI 02840**

By fax to 849-3306 or by e-mail to Editor@NewportRI.com.

Be sure to include contact information for the primary person making the nomination.

Questions can be sent to Editor@NewportRI.com, or call 380-2351.

The deadline is Wednesday, Feb. 29, at 4 p.m.



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Sports

NAPS women stop Worcester cagers

The Naval Academy Prep School women's basketball team got a bit of revenge last week against its familiar foe, Worcester Academy of Massachusetts.

The Rams lost by 20 points to the Hilltoppers only two weeks earlier, 59-39, in Worcester. Things were different the second time around in Gym 302, Naval Station Newport, where the Rams won, 51-45.

NAPS worked on its 3-2 zone defense with non-traditional responsibilities and coverage in practice in

preparation for their opponent's potent scoring offense.

"We just wanted to throw something different at the Hilltoppers to get them out of their offensive rhythm, said head coach Karen Byrne. "The first time we played them they had several players in double digits and we didn't have any answers. This time around our defensive strategy proved to be successful as we were able to hold them way below their scoring average with only 45 total points."

NAPS got off to a quick start by beating Worcester Academy's full court zone press. Leading the way once again was point guard April Bernal.

Her efforts help score 11 points in the first half. She also had some beautiful assist passes inside to counterpart center, Geanna Verde-Burke. Verde-Burke added 9 points from the blocks before the break.

NAPS was up at halftime, 24-18.

Worcester Academy came out in the second half having made some adjust-

ments in their offensive sets which enabled them to cut the deficit and take the lead.

The lead changed hands several times until NAPS went ahead for good with a free throw by guard Whitney Heer. Bernal had 14 of her team high and game high 25 points and Geanna Verde-Burke contributed 10 points in the second half. A tough and tenacious defensive effort by NAPS players, forward, Victoria Spies, and guards, Resfa Latigo and Heer helped gain the victory.

NAPS wrestlers second in 2012 championships

DURHAM, N.H. – The Naval Academy Prep School wrestling team placed second behind the University of New Hampshire in the 2012 Northeast Conference Championships on Feb. 25.

UNH scored 170.5 points; NAPS, 152.2; and MIT scored 109.5, for third place in Division I.

Individual accomplishments are as follows:

133 pounds: Dakota Beach, first

149 pounds: Jonathan Clemente, first

157 pounds: Cameron Wade, second

157 pounds: Blake Peek, fourth

165 pounds: Matt Cusack, first

165 pounds: Cody Solari, fifth

174 pounds: Stout Wat-

son, first

174 pounds: Connor Coyle, second

184 pounds: Matthew Miller, first place, and named Most Outstanding Wrestler

184 pounds: Temple Sloan, fifth place

On Feb. 18, NAPS lost a close match with U.S. Military Academy Prep School, 33-23, at West Point, N.Y. Forfeits in four weight classes cost Navy significantly.

In the 141 pound class, the Rams' Dakota Beach

pinned Army's Thomas

Hass; at 149 pounds, Navy's Jonathan Clemente pinned

Army's Mike Eman; at 165

pounds, NAPS' Matt Cusack pinned Lynn

McCrum in 41 seconds; and at 174 pounds, Navy's Stout

Watson won on a decision.

	SUN	MON	TUE	WED	THU	FRI	SAT
GYM 109	9 a.m.-4 p.m.	5 a.m.-9 p.m. HOLIDAYS 9-5	5 a.m.-9 p.m.	5 a.m.-9 p.m.	5 a.m.-9 p.m.	5 a.m.-7 p.m.	7 a.m.-5 p.m.
POOL 307	CLOSED	6-8 a.m., 10:30 a.m.- 1:30 p.m., 3-6 p.m., HOLIDAYS CLOSED	6-8 a.m., 10:30 a.m., -1:30 p.m., 3-6 p.m.	6-8 a.m., 10:30 a.m., -1:30 p.m., 3-6 p.m.	6-8 a.m., 10:30 a.m., -1:30 p.m., 3-6 p.m.	10:30 a.m., -1:30 p.m., 3-6 p.m.	8 a.m.-1 p.m.
BOWLING CENTER	1-8 p.m.	11 a.m.-8 p.m. HOLIDAYS 12-6	11 a.m.-8 p.m.	11 a.m.-8 p.m.	11 a.m.-8 p.m.	11 a.m.-10 p.m.	1-11 p.m.
LIBERTY CENTER	12-8 p.m.	4-8 p.m. HOLIDAYS 12-6	4-8 p.m.	4-8 p.m.	4-8 p.m.	4-10 p.m.	12-10 p.m.

NEX to offer TV, PC deals

From March 7 – 20, Navy Exchange customers will have no down payment, no interest and no payments for 360 days when using their Military Star® Card to purchase any computer, TV or home theater system or camera bundles valued at \$699 or more.

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The Aft Lookout



NWC Museum Archives photo

March is Women's History Month. The first really large-scale employment of women as naval personnel took place to meet the severe clerical shortages of the World War I era. The Naval Reserve Act of 1916 had conspicuously omitted mention of gender as a condition for service, leading to formal permission to begin enlisting women in mid-March 1917, shortly before the United States entered the 'Great War.' Nearly 600 female yeomen were on duty by the end of April 1917, a number that had grown to over 11,000 by December 1918, shortly after the Armistice. This is the Class of 1918.

Women prove asset to U.S. Navy mission

WASHINGTON (NNS) — The Navy joins the nation in celebrating Women's History Month throughout the month of March as announced in *NAVADMIN 051/12*, Feb. 9.

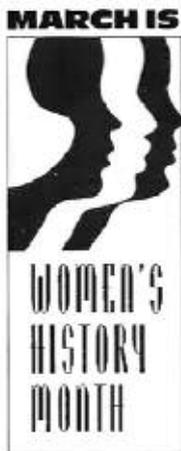
Navy commands are encouraged to reflect on the national 2012 theme, "Women's Education — Women's Empowerment" to increase their knowledge and awareness of the contributions women have made both to U.S. history and to the Navy.

Women have served with great honor and valor in defense of our nation since the Revolutionary War. However, women did not become an official part of the service until 1908, when Congress established the Navy Nurse Corps. The first 20 nurses, called the "Sacred Twenty" broke the barriers that eventually paved the way for all women to officially enter naval service.

Nurses remained the only women serving in the Navy until World War I, when the Navy's first enlisted women, known as Yeomanettes, provided clerical support. In 1942, the Navy launched the Women Accepted for Volunteer Emergency Service (WAVES) program, allowing women to serve outside the secretarial realm in an official uniform capacity.

During World War II, more than 85,000 women served as WAVES air traffic controllers, artists, bakers, couriers, cryptologists, draftsmen, hospital corpsmen, lawyers, meteorologists, and translators at naval shore commands across the nation and overseas. Eighty-one nurses were taken prisoner by the Japanese in Guam and the Republic of the Philippines during World War II.

Six years later, congressional leaders recognized the need for women in peacetime armed forces with the passage of the Women's Armed Services Integration Act of 1948. Opportunities for women in the Navy expanded during the Cold War era *Public Law 90-130* in 1967 allowed women the opportunity for promotion to admiral or general.



Women

Continued from Page 2

changed the law in 1978 allowing women to serve on ships.

As a reservist, she served in several supply corps officer positions including Deputy Supply Logistics Program Manager, Headquarters, Military Sealift Command; and Internal Auditor, Headquarters, Navy Audit Service.

Rhodes

Continued from Page 4

mation Technology magazine, pays tribute to men and women who are shaping the future of engineering, science, and technology.

Rhodes has worked at NUWC since 2002 and is recognized as a technical expert in the area of submarine combat systems. He serves as a member of the system integration team for the Acoustic Rapid Commercial-off-the-shelf Insertion (ARCI) Program in support of all submarine platforms.

Rhodes earned his bachelor of science in computer science from North Carolina Agricultural and Technical State University and received his master's in engineering systems from the Naval Postgraduate School.

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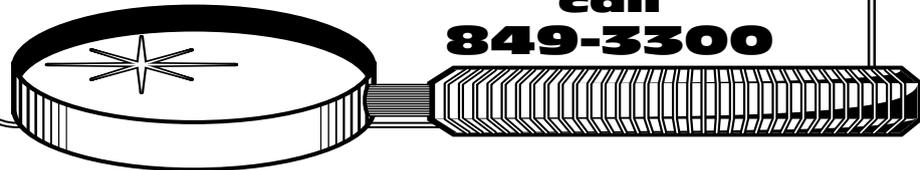
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LACROSSE COACHES — St. Michael's Country Day in Newport needs boys and girls JV & V for the Spring. Mon, Tues, Thurs & Fri, 3-4:30pm; some travel. Coach Emo, 401-849-5970 ext. 314 or edrayton@smcds.org.

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LIBRARY DATABASE MODERNIZED — Alice Juda, right, a reference librarian at the Naval War College (NWC), gives an orientation briefing to a class of students on how to use the NWC library's electronic database. The students are enrolled in the 2013 College of Naval Warfare class.

MC2 Eric Dietrich/U.S. Navy photo

Diplomacy seen shaping history

By **JOHN KENNEDY**
NWC Museum Director of Outreach

Words that have shaped the course of history were the topic of the Eight Bells Lecture given by Fredrik Stanton on Feb. 23 at the Naval War College Museum. His latest book is entitled, *Great Negotiations: Agreements that Changed the Modern World*, and it looks at eight examples of conflict and diplomacy, both triumphs and failures, and presents them in a very understandable and readable way.



Stanton

Most remember that the French joined the Ameri-

can colonists in their fight for independence. The French sent supplies, money, personnel and a fleet. That fleet arrived in Narragansett Bay in August 1778. The opening chapter of *Great Negotiations* speaks to the negotiations that made that support possible as Benjamin Franklin worked his magic on the French Foreign Minister Charles Gravier, the Comte de Vergennes.

Vergennes initially had no desire to provoke a war with England, nor did he want to support colonists in a rebellion against a monarchy stating that "the spirit of revolt wherever it appears, is always a dangerous example."

Unfortunately for the French monarchy, truer words were never spoken. The French Revolution,

which began in 1789, ended the monarchy and led to the establishment of a republic in 1792.

Other examples from the book look behind the scenes at the Congress of Vienna that followed the French defeat in 1814, the Portsmouth Treaty that ended the Russo-Japanese War in 1905, the Cuban Missile Crisis of 1962, and the Reykjavik Summit of 1986 between President Reagan and Secretary-General Mikhail Gorbachev. Each example given in the book is followed by extensive notes and a detailed bibliography for those wanting to read more on the topics.

The next Eight Bells Lecture will be March 8. Author Elliot Carlson will discuss his new book, *Joe Rochefort's War: the Odyssey of the Codebreaker* who

Outwitted Yamamoto at Midway.

Capt. Joe Rochefort was the officer who headed the U.S. Navy's decrypt unit at Pearl Harbor and broke the Japanese navy's code before the Battle of Midway.

All lectures begin at noon.

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