NAVAL BASE GUAM

April / May / June 2012

States Step Up to Remove Barriers for Military Spouse Employment

Military spouses deserve every opportunity to have meaningful jobs and careers and should not be hindered by the financial or administrative burden of getting a new license in their chosen career field with every PCS move across state lines. We understand these are real concerns and are doing everything we can to ensure that you can pursue your career goals and help provide for your family.

The Department of the Treasury and DoD released a report this month highlighting the employment challenges of military spouses and what is being done to remove barriers for thousands of spouses with occupational licenses. Whether you are a teacher, nurse, or health care worker, we are advocating for states to pass legislation that makes it easier for you to obtain employment.

The report highlights concrete steps states can take to make it easier for military spouses to find work after relocating, such as:

- Facilitating the endorsement of a current license held by a relocating spouse from another state as long as the requirements are equivalent between states
- Providing a temporary or provisional license to allow military spouses to work while fulfilling new requirements, and
- Expediting application procedures

As of February 2012, thirteen states have introduced bills implementing these best practices, and we are encouraging more states to join them. If you are interested in learning more, access the full report, *Supporting our Military Families: Best Practices for Streamlining Occupational Licensing Across State Lines*, or visit Military-HOMEFRONT for a state-by-state breakdown.

We are even addressing special employment areas, such as the law. Unlike other occupations, attorneys do not fall under normal state licensing agencies, and the bar examination process often costs thousands of dollars and takes many months to complete. Because the law licenses are completed through the American Bar Association (ABA) and state supreme courts, MC&FP is working with the Military Spouse JD Network, an organization that helps military spouses with law degrees navigate licensing rules. The Network's mission is to support military spouses by advocating for provisional bar membership, encouraging companies to hire military spouses, and providing a military spouse network for support and information.

And there is more good news: this month, the ABA voted to support changes in state licensing rules for military spouses with law degrees. With this vote, the ABA has acknowledged the challenges facing military spouses and is also encouraging states to do what they can to remove licensing barriers and support employment opportunities for them.

Written on February 24, 2012 at 8:54 am by glenn.selby
Military Community Family Policy (MC&FP)

The Fleet & Family Support Center

NBG FFSC Bldg. 106
333-2056/57
Monday-Friday
0730-1630

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Military One Source

By phone & online
1-800-342-9647

THE MILITARY SPOUSE EMPLOYMENT PROGRAM LAUNCHES A NEW WEBSITE

The Military Spouse Education Partnership (MSEP) recently launched a new **job search portal** for service members and their spouses. The new website ensures an extra level of online security by moving from a *.com* web address to a military hosting facility requiring a *.mil* address.

Military spouses face some of the same challenges that most people do when seeking employment. Finding employment can be a difficult process, especially for first time job seekers or those who are just starting their careers. However, the military lifestyle presents some other obstacles that are unique to the military community. Military families are required to move frequently, service members are often deployed for long periods of time, and service members often work long hours when not deployed. This can keep the military member from being physically available to assist with childcare and parenting. Many military installations are located in remote locations with limited employment opportunities, presenting even more challenges in the job search process.

To help counter the challenges faced by military spouses, the Department of Defense (DoD) has partnered with larger private corporations to launch the MSEP this past summer. Check out the summer launch article, "**Partnership is 'Win-Win' for Spouses, Employers**," as well as Deputy Assistant Secretary of Defense Robert L. Gordon III's blog post, "**What's Behind the Military Spouse Employment Partnership?**"
For more information about **MSEP**, visit the partnership's website for résumé and job search help, or to view job matches.

Source: www.militaryonesource.mil

Federal Employment
May 25, 2012
1000-1300
NBG FFSC Bldg. 106

Learn how to navigate the Federal Job process, find federal announcements; emphasis on veteran's and spouse preferences.

Interview Techniques
June 22, 2012
1100-1300
NBG FFSC Bldg. 106

Topics include positive answers to difficult questions, dressing for success and the importance of body language.

WHAT TO EXPECT WHEN YOUR WIFE IS IN THE MILITARY

Whether you're a former service member or you're new to the military lifestyle, being the male spouse of a service member can take some getting used to. Some of the challenges to prepare for include:

- Others may assume you're the service member. You may find yourself explaining over and over to people that you're a civilian and your wife is the military member. If this bothers you, remind yourself that the assumption is a natural one given that the majority of service members are men.
- You may feel uneasy that your wife spends so much time with other men. Your wife may be one of very few women in her command. If you feel anxious because of this, it's important to talk with her or a professional about your concerns before your feelings affect your marriage. The goal is for the two of you to manage any concerns as a team. That is much better than allowing concerns or suspicions to grow and damage your marriage.
- Your role in the marriage may clash with your identity as a male, particularly if you're unemployed or are the primary caregiver for children. Role reversals can be difficult for any man who cares for children and the home while his wife earns the family income. It can be especially challenging in the military setting, which emphasizes traditional ideas of masculinity.

ADJUSTING TO BEING A MALE CIVILIAN SPOUSE

While there's a growing awareness in the military of the unique needs of husbands of service members, the spouse support system is still geared toward wives. The majority of spouses' club members will be women and the activities may not appeal to you. That means you may have to work harder to find people you connect with and activities that interest you.

- Find people and organizations to connect with. Look for groups to join, such as clubs, civic groups, sports teams, and faith-based groups. This will help to build your support network and get you involved with the community.
- Take advantage of Morale, Welfare and Recreation activities, events, and trips. You'll meet other people with similar interests, whether it's joining a chess club or going rock climbing.
- Reach out to other couples where the male is the civilian. It can help to be with someone who's in the same situation you're in. And you'll have someone to hang out with while your wives are deployed or training.
- Talk openly as a couple. Communication is an essential ingredient of all healthy relationships. Good communication involves making a commitment to talk to each other often, even if it has to be by email, video chat, or phone.

Excerpts from: www.militaryonesource

MOVING WITH A FAMILY MEMBER WITH SPECIAL NEEDS

Frequent moving is an unavoidable fact of military life. Whether you're facing your first ever PCS or you're a veteran mover, it's important to stay organized to ensure that the needs of each family member — especially those with special physical, emotional, or intellectual needs — are being met. Luckily, the Department of Defense (DoD) has created *Plan My Move*, an interactive and completely customizable three-month calendar that removes the guesswork from the PCS process and simplifies the transition for your family member with special needs.

USING PLAN MY MOVE

Search by the installation name

The first page of **Plan My Move** will give you the option of simply selecting your new installation for some quick facts and contacts. This search option is better suited for the veteran mover, so if you feel like you could PCS in your sleep, you might want to start here. To specifically learn more about resources and programs that might benefit your family member with special needs, check out the yellow box on the left-hand side of the Fast Facts page, titled "Get to know the installation." This box has a subheading specifically for families with special needs. Navigate through the available links:

- Exceptional Family Member Program (EFMP) enrollment
- Family Support
- Health Care/Special Needs
- Special Education/Early Intervening Services (EIS)

Each link will direct you to an article with helpful pointers on travel and getting settled at your new installation, and points of contact for each program.

CREATE A CALENDAR

To create your personalized moving calendar, insert the name of your current duty station, your destination, and departure date. You'll then answer three questions, one of which is, "Do you have a family member with special needs?" By selecting "yes" to this question, additional information specific to your families' unique needs will be automatically added to your calendar.

Click "go" to be directed to your three-month calendar. For quick reference as you refer back to this calendar during your PCS planning process, there is a drop down menu with key contact information, including the EFMP contacts for your departing installation and your new duty station and, just below it, icons for travel and arrival checklists, documents to hand-carry en route, and important telephone numbers. Both checklists include extra tasks to help address your family member's special needs and ensure a smooth transition for all.

The calendar itself suggests a timeline of events to guide your family in PCS preparation. Scattered throughout the calendar are links to helpful articles and points of contact, including several that are for families with special needs:

- Disabled Adult Concerns
- Handicapped Accessible Housing
- Special Needs Cross Country Travel

Visit Military OneSource's **Special Needs Moving** or **Special Needs Military Families** pages for more helpful information about your upcoming move and links to the EFMP for each Service branch.

Source: www.militaryonesource.mil

Breaking the Silence:
Reporting Child Abuse and Neglect

- *He's not my child; it's none of my business."*
- *"Let other members of his family handle the situation."*
- *"Surely someone is aware of what is going on and is doing something about it."*

The above are among the things some people may tell themselves when they are witnesses to child abuse but are reluctant to "get involved." There is a powerful cultural belief in our society that intervening in another family's business is an invasion of their privacy. Potential allies of abused children such as other family members, teachers, friends, and neighbors tend to look away from what they perceive as "none of their business." By their silence, they unwittingly play a part in the child's abuse. Their unwillingness to intervene or enlist outside help can have dire consequences for the child involved.

Those who suspect child abuse and fail to report it also may be subjecting themselves to legal repercussions. Each state identifies "mandatory reporters," such as doctors or teachers, who are legally bound to report suspected child abuse cases to Child Protective Services. In some states, all citizens are mandated reporters by state law and must report any suspicion of child abuse or neglect.

According to the U.S. Department of Health and Human Services, more than 1.25 million, or 1 in every 58 children in the United States, were abused in 2006. Tragically, an average of 4 children die every day as a result of child abuse or neglect.

Continued on page 4

Breaking the Silence:
Reporting Child Abuse and Neglect

Continued from page 3

What you can do

There are 4 major types of child maltreatment: neglect, physical abuse, sexual abuse, and emotional abuse. Identification and reporting are the first steps to stopping any of these forms of child abuse. A "reasonable suspicion" that child abuse is taking place is all that is needed to report it. Each State has laws that protect reporters of child abuse from legal liability if a suspicion is unsubstantiated by further investigation. The report simply must be made in "good faith" and without malice.

What to expect

If you suspect that a child is being abused or neglected, you should call your local Child Protective Services (CPS). The numbers for Guam's CPS are 475-2672 / 475-2653. The person responding to your call will ask you for specific information. This may include your name, the suspected perpetrator's name, a description of what you have seen and/or heard, and the names of any other people with knowledge of the abuse. Anonymous calls may also be made, but they are generally less effective in helping child welfare workers gain the necessary information during investigation.

If you have a relationship with the child you suspect is being abused, you can play an important role in helping him cope with the situation. Children, especially those who have been abused, need positive adult role models. You can help improve his damaged self-esteem by helping him see the value in himself through encouragement and active listening. Often, the love of a caring adult can help children re-establish trust in others.

Making the decision to help an abused child is often a difficult one wrought with fear of unintended consequences. Remember that the worst consequence may result from your silence.

By Barbara A. Gabriel
© 2000 Lifescape
Source: Child Abuse Prevention Network

Stress Management
May 09, 2012
1500-1700
NBG FFSC Bldg. 106

Anger Management
June 07, 2012
1300-1500
NBG FFSC Bldg. 106

The Importance of Tax Records

Good records will help you:

- ⇒ **identify sources of income**
- ⇒ **keep track of expenses**
- ⇒ **keep track of the basis of property**

There are many reasons to keep records. In addition to tax purposes, you may need to keep records for insurance purposes or for getting a loan. Good records will help you:

Identify sources of income. You may receive money or property from a variety of sources. Your records can identify the sources of your income. You need this information to separate business from nonbusiness income and taxable from nontaxable income.

Keep track of expenses. You may forget an expense unless you record it when it occurs. You can use your records to identify expenses for which you can claim a deduction. This will help you determine if you can itemize deductions on your tax return.

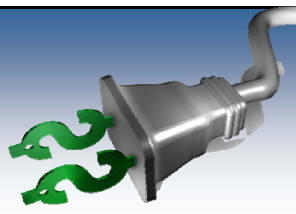
Keep track of the basis of property. You need to keep records that show the basis of your property. This includes the original cost or other basis of the property and any improvements you made.

Prepare tax returns. You need records to prepare your tax return. Good records help you to file quickly and accurately.

Support items reported on tax returns. You must keep records in case the IRS has a question about an item on your return. If the IRS examines your tax return, you may be asked to explain the items reported. Good records will help you explain any item and arrive at the correct tax with a minimum of effort. If you do not have records, you may have to spend time getting statements and receipts from various sources. If you cannot produce the correct documents, you may have to pay additional tax and be subject to penalties.

www.militaryonesource.mil
Source: The U.S. Internal Revenue Service, www.irs.gov/publications/p552/ar02.html#d0e7

Managing Your Credit
April 24, 2012
1000-1130
NBG FFSC Bldg. 106



Developing A Spending Plan
May 01, 2012
1100-1230
NBG FFSC Bldg. 106

DOD SAFE HELPLINE
Sexual Assault Support

Preventing and responding to sexual assault in the military is a challenge, but receiving confidential help should not be. The Department of Defense (DoD) community has been in need of a service that offers live, one-on-one anonymous and confidential sexual assault support free from chain of command involvement and accessible worldwide. DoD Safe Helpline answers this need.

Safe Helpline is a groundbreaking new crisis support service, which is anonymous, secure, and available 24/7 — providing adult victims with the help they need, anytime, anywhere. Safe Helpline assistance is available to adult service members of the DoD community by clicking on www.SafeHelpline.org to receive live, one-on-one confidential help with a trained professional through a secure instant-messaging format, or calling the telephone hotline at (877) 995-5247 to speak with Safe Helpline staff for personalized advice and support. Users can also text their location to 55-247 (inside the United States) or (202) 470-5546 (outside the United States) to receive automated contact information for the DoD Sexual Assault Response Coordinator (SARC) at their installation.

"The creation of Safe Helpline could not have come at a better time," said Dr. Kaye Whitley, Director, DoD Sexual Assault Prevention and Response Office (SAPRO). "Instances of sexual assault are still prevalent in the military and that needs to stop. SARCs and Victim Advocates (VAs) do a wonderful job at providing immediate support to sexual assault adult victims in the military, but there is always more that can be done. Safe Helpline allows the DoD community another outlet to seek live, one-on-one anonymous and confidential sexual assault support from trained staff, which helps to alleviate fear that chain of command or anyone else will be involved without consent."

The underreporting of sexual assault poses a serious challenge to military readiness. SAPRO, the DoD office which owns Safe Helpline, hopes that the services provided will encourage the reporting of sexual assaults but notes that the number one goal of Safe Helpline is providing adult victims of sexual assault the care and support they need and deserve.

SAPRO has entered into a contractual agreement with the Rape, Abuse and Incest National Network (RAINN), the nation's largest anti-sexual violence nonprofit organization, to operate this effort. RAINN staff supporting Safe Helpline has been trained on the unique needs of those living and working in the DoD community.

"It is the responsibility of every man and woman in the DoD community to prevent sexual assault and support programs like Safe Helpline, designed to assist sexual assault victims," said Whitley. "SAPRO will do everything possible to support Safe Helpline and its mission of providing confidential sexual assault support to the DoD community."

Military Community & Family Policy e-magazine: http://apps.mhf.dod.mil

DoD Safe Helpline
Sexual Assault Support for the DoD Community

Live 1-on-1 Help *Confidential* *Worldwide 24/7*

A confidential and anonymous sexual assault hotline for the DoD Community.

Click: www.SafeHelpline.org

Call: 877-995-5247

Text: 55-247 (INSIDE U.S.)

202-470-5546 (OUTSIDE U.S.)

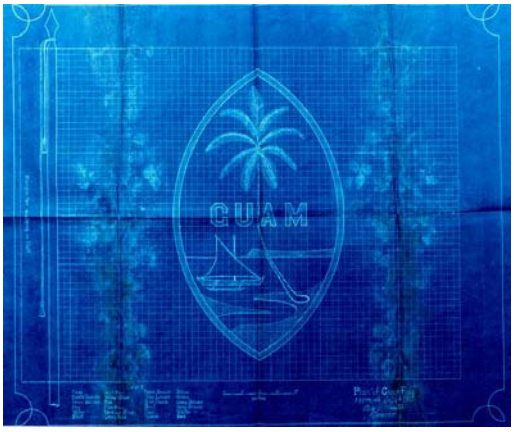
On Guam:

Call 24/7 (Primary Advocate)	**488-0514**
Navy SARC (Backup)	**483-7129**

Other Resources:

Off Base Emergency	*911*
On Base Emergency	*333-4357(HELP)*
NBG Chaplain's Office	*339-2126*
US Naval Hospital	*344-9232*
Guam Memorial Hospital	*647-2489*
Guam Crisis Hot-line	*647-8833*
ALEE Shelter	*648-4673*
Victim Advocates Reaching Out (VARO)	*477-5552*
Healing Hearts Rape Crisis Center	*647-5351*

KNOWING GUAM AND IT'S CULTURE



The blueprint shows a tree and proa (canoe) in front of a silhouette of Two Lover's Point and specifies the flag's colors. There are several possible inspirations of the flag's design, including a photograph from Gov. Robert E. Coontz's collection from 1912, and the works of local artist Francisco Feja and Helen Paul, the wife of a U.S. Navy officer.

On July 4, 1917, Gov. Roy C. Smith approved the plan, and two days later, the flag was unveiled for the first time at a Hagåtña parade. Taken from the center portion of the Guam Flag, Governor Roy C. Smith approved the design as the "Official Coat of Arms" for the territory of Guam on July 4, 1917. April 4, 1930 was the formal adoption date of the official Seal of the Territory of Guam, under the administration of Governor Willis W. Bradley Jr. who changed it from one with an eagle on it.

The Seal was designed in the city of Agana from a scene where the diverted Agana River formerly empties into the Philippine Sea in a spot known as the Navy Yard Reservation (the 'Landing' at the end of the Hagatna Channel). Following a disastrous typhoon which left only a coconut tree standing, this setting inspired the design for the official Seal of Guam. The shape of the Seal represents the shape of the slingstone which the ancient Chamoru warriors employed as an implement for defense. That iconic shape cradles and protects the rest of the features within the seal. At the heart of the seal is the coconut growing in the unfertile sand which depicts determination. Although partly uprooted during the recent typhoon, as if in utter defiance to all adversities, this tree with trunk partly bent, turned its open fronds to receive illumination from the heavens and continue its growth.

According to the Organic Act of Guam 1GCA, Chapter 4, Sections 410 and 411, "The Lieutenant Governor of Guam shall have custody of the Great Seal of the territory of Guam," thus the Lieutenant Governor is the official "keeper" of the Seal.

DESCRIPTION OF THE FLAG'S SYMBOLS: The shape of the seal is that of a Chamorro sling stone used as a weapon for warfare and hunting. The sling stone was quarried from basalt and coral. The Coconut Tree, growing in unfertile sand, symbolizes self-sustanance and determination to grow and survive under any circumstance, with its fronds open to the sky -- defies the elements to bend its will. Its bent trunk attests to a people which have been tested by famine, natural calamities, genocide and foreign wars but have continued to endure as a race. The Flying Proa, a seagoing craft built by the Chamorro people, which was fast and agile in the water required great skill to build and sail. The spanish marveled at the grace and speed of the proa which typifies the courage and freedom of the ancient Chamorros to fearlessly navigate and trade with islands thousands of miles from Guam. The River channel, where fresh water rushes out to interact with the ocean, symbolizes a willingness to share the resources of the land with others. The permanence of the land mass of Urunao (Ulu Enao is the site of the Two Lover's cave) in the background demonstrates the Chamorro's commitment to their homeland and environment, be it sea or land. In the immediate background, "Two Lover's Point" juts majestically into the endless waters of the sea, protraying the people's faithful commitment to passing their proud heritage, culture, and language to the endless sea of future generations. GUAM or GUAHAN means "we have" (see *notes below) is the home ("Tano Y Chamoru") of the Chamoru people. A red stripe surrounding the Guam Seal representing the blood shed by its people during World War II and Spanish occupation. A field of Blue represents Guam's unity with the sea and sky.

"The photograph on left (courtesy of MARC) which supplied the design for the flag of Guam was taken along the shores of Agana Bay in a spot that was part of the Navy Yard Reservation. By 1937 this view no longer existed. The area in the immediate vicinity of the palms were filled in and used as a storage for coal" (The Guam Recorder vol XII No.X Jan 1937).

Navy Yard Reservation (Hagatna Boat Basin) may be behind the tree and houses based on approximities from maps.

CLASS DESCRIPTIONS

Building Healthy Relationships
April 02
1300-1500 FFSC Bldg. 106
Participants will learn how to enhance relationships and successfully nurture intimate relationships.

Stress Management Multi-Session
April 10-13
0900-1100 FFSC Bldg. 106
This multi-session program will provide opportunities for participants to better manage stress, show how to transform negative thinking into positive beliefs.

Transition Assistance Program (TAP)
April 16-20, May 14-18
0745-1600 *NBG
This workshop will prepare service members to analyze their skills and experiences, identify needs and goals, conduct a successful job search, and obtain information on their VA benefits.

Couple's Communication Workshop
April 19, 26 & May 03, 17
1600-1800 FFSC Bldg. 104
This workshop focuses on building a loving and caring relationship using different Communication Styles. **Note:** This is a multi-session program occurring over a four-week period. (Class Size Limited)

Individual Augmentee Pre-Deployment Fair
April 19
1030-1130 FFSC Bldg. 106
For all potential and former IA Sailors. Housing, PSD, Chaplain, & legal representatives will be available for questions.

Managing Your Credit
April 24
1000-1130 FFSC Bldg. 106
This class will help you understand what credit is, how to repair bad credit, how debt accumulates, and how to manage and keep debt under control.

Welcome To Guam Orientation & Island Tour
April 26 & 27, May 24 & 25
June 28 & 29
0800-1630 *NBG
Two days of fun filled information and facts service members and their families should know about Guam. Day two will be a bus tour of the island.

Developing a Spending Plan
May 01
1100-1230 FFSC Bldg. 106
Learn to develop your financial goals using the "SMART" method. Participants will learn the basics of tailoring a financial plan to meet both needs and wants and will ultimately help them achieve their financial goals.

SAPR Training-Engaging Bystanders in Sexual Violence Prevention
May 14
1300-1400 FFSC Bldg. 106
An interactive class which will review the concept of bystander intervention, consider who bystanders are, and circumstances that motivate people to get involved.

Smooth Move Workshop
May 15
0900-1200 FFSC Bldg. 106
PCSing within 6-12 months? Workshop covers entitlements, shipping of personal property, clearing housing (on/off base), emotional cycles of relocation, and FFSC programs and services available to those moving.

Ombudsman Basic Training
May 15-18
0830-1430 *NBG
Required training for those assigned as command ombudsman. Topics covered: confidentiality, professional relationships with command leaders, communicating with families, and deployments. Also open to Chaplains, CO's, XO's, CMC's & their spouses.

Individual Augmentee Family Social
May 16
1130-1230 FFSC Bldg. 106
Family members of deployed service members have the opportunity to meet with others who are going through the same separation. Information on coping strategies and what to expect during homecoming will be provided.

Command Sponsorship Workshop
May 17
0900-1100 FFSC Bldg. 106
This workshop is designed to provide specific guidelines and information to Command Sponsor Coordinators or those designated as sponsors.

SAPR Training-Stalking & Sexual Assault
May 21
1300-1400 FFSC Bldg. 106
This class will focus on stalking laws and prevention, discuss the civilian and military laws for stalking, and what to do if you become a victim of stalking. The video "Real Fear, Real Crime" will depict a true life stalking scenario, for discussion.

Stress Management
May 23
1500-1700 FFSC Bldg. 106
This class provides members and/or their families with resources to better cope with stress. It also informs participants on the sources of stress and how it impacts many areas of a person's life.

Systematic Training for Effective Parenting (STEP)-School Age
May 24
0900-1100 FFSC Bldg. 106
This class is geared to help parents gain an understanding of why kids misbehave, learn to communicate in a way that encourages kids to listen, learn effective discipline techniques and learn to prevent problems before they become unmanageable.

Federal Employment
May 25
1000-1300 FFSC Bldg. 106
Learn how to navigate the Federal Job process, find federal announcements; emphasis on veteran's and spouse preferences.

Disaster Preparedness
May 30
0900-1000 FFSC Bldg. 106
Find out what to do before, during and after a disaster. No matter what your disaster may be……. BE INFORMED, BE PREPARED!

SAPR Refresher Training
June 4,5,6
0830-1530 *NBG
An overview of the SAPR program and sexual assault reporting policies and how they affect the SART First Responders.

Anger Management
June 07
1300-1500 FFSC Bldg. 106
Learn methods to effectively control and manage your anger by learning to recognize the source and impact of your emotions.

Career Options & Navy Skills Evaluation Program (CONSEP) First-Term Sailors
June 12-15
0800-1600 FFSC Bldg. 106
This class is developed specifically for Navy members who have completed two to four years of service, teaching participants in achieving Navy and future civilian career goals.

Interview Techniques
June 22
1100-1300 FFSC Bldg. 106
Topics include positive answers to difficult questions, dressing for success and the importance of body language.

Sexual Assault Prevention and Response (SAPR) Training: FFSC Bldg. 106
June 20
-Point of Contact (POC)
0800-1200
-Data Collection Coordinator (DCC)
1330-1530
June 21
-Liaison
0800-1500
Everything you need to know if you are designated as a command point of contact, command data collection coordinator, or command liaison for the SAPR program.

Location to be Determined

The Fleet & Family Support Center

FOR MORE INFORMATION OR TO REGISTER, PLEASE CALL THE FLEET & FAMILY SUPPORT CENTER 333-2056/57/58/59

MONDAY—FRIDAY 0730-1630

MEETING YOUR NEEDS.
AT HOME. AT SEA.

Fleet and Family Support Center, Guam
PSC 455 Box 157

Phone: 671-333-2056/57/58/59
Fax: 671-333-2023
Email: ffscguam@fe.navy.mil

WE'RE ON FACEBOOK:

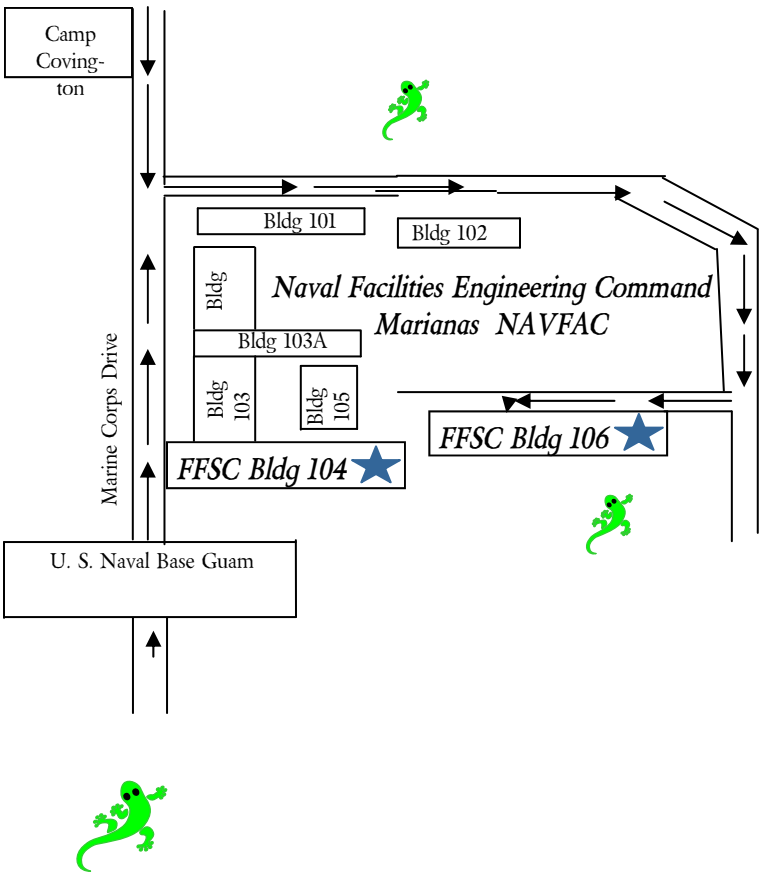
https://www.facebook.com/FFSPGuam

WE'RE ON THE WEB:

http://www.cnic.navy.mil/Guam/WarfighterAndFamilyReadiness/SupportServices

The Fleet & Family Support Center

Fleet and Family Support Center, Guam



DEPARTMENT OF THE NAVY
FLEET AND FAMILY SUPPORT CENTER
PSC 455 BOX 157
FPO AP 96540-1157

April
May
June

2012