

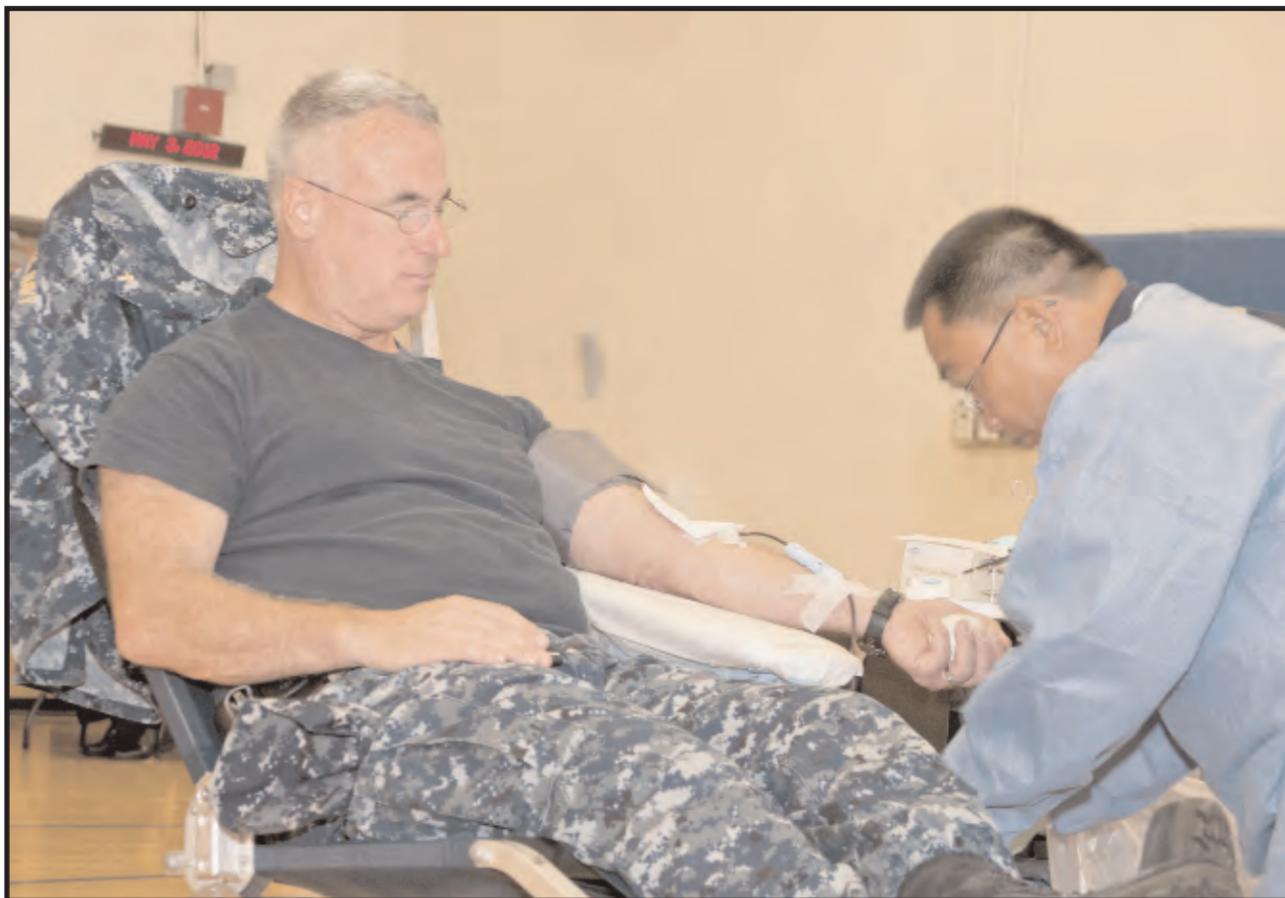


LIBERTY THROUGH UNITY

JOINT REGION EDGE

Volume IV No. 17

Friday, May 11, 2012



Blood Drive: Lt. Cmdr. Thomas Ianucci, U.S. Naval Base Guam (NBG) chaplain, donates blood while Elpidio Patague, from U.S. Naval Hospital Guam's blood donor center, checks his vitals during a blood drive at the Charles King Fitness Center on NBG May 3. The blood drive was part of the Power of Blood program sponsored by the Armed Services. U.S. Navy photo by Mass Communication Specialist 3rd Class (SW) Corey Hensley/Released

U.S. Naval Base Guam hosts blood drive

By Mass Communication Specialist 3rd Class (SW) Corey Hensley
U.S. Naval Base Guam Public Affairs

Sailors assigned to U.S. Naval Base Guam (NBG) and its tenant commands donated blood at the Charles King Fitness Center (CKFC) on NBG May 3.

Lt. John Stephan, assigned to U.S. Naval Hospital Guam and blood bank officer in charge of the hospital's blood donor center, said the blood drive was part of the Armed Services Blood Program (ASBP) Power

of Blood.

"The Power of Blood program, of which U.S. Naval Hospital Guam's blood donor center is a member, is to ensure that we have enough blood for our medical treatment facilities and also for our combat operations that are going on in Afghanistan and Iraq," Stephan said.

The Armed Services Blood Program (ASBP) donations are used only for military members and their families. By supporting the blood requirements for military treatment facilities, ASBP provides blood to support over-

seas units, and supports contingencies within and outside the continental United States.

According to Stephan, it's important for the blood to be stored and readily available for patients at the medical treatment facilities and also for ships forward deployed in the area.

"On Guam we're supporting blood for [various commands], for their operations and also field operations for the Marines in the area," Stephan said.

See Drive, Page 7

FTAC: Aiding in vital transitions

By Airman 1st Class Marianique Santos
36th Wing Public Affairs

The First Term Airman Course (FTAC) is a program provided by the Career Assistance Advisor (CAA) office designed to transition Airmen smoothly from training to a mission-oriented environment.

The FTAC program at Andersen Air Force Base is an opportunity to get acclimated to living in a new location, to

learn about volunteer opportunities and career advancement, to get a chance to communicate up close with base leadership and be handed the tools to have a successful Air Force career.

"FTAC is designed to help the Airmen fully understand their roles and responsibilities," said Master Sgt. Carmelito Sanga, 36th Force Support Squadron (FSS) career assistance advisor. "We try to reach out to them early so they can plan for their careers.

Sometimes a lot of our Airmen come here with the perception that, 'I am done with training and I can just relax.' Here, they are refocused and reminded that this is not just a job, it's a career, and in order to be successful in your career, you have to establish milestones."

In every milestone, however, Sanga acknowledges that taking the

See Course, Page 7

War heroes reunite

PAGE 5



Soldiers, Airmen welcomed home

PAGE 9

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Joint Region Edge

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Team Andersen hosts National Police Week

By Staff Sgt. Dwight Schweiger and
Airman 1st Class Justin Rash
36th Security Forces Squadron

Team Andersen will be paying respect to our fallen heroes who were lost in the line of duty beginning May 13.

National Police Week recognizes the service and sacrifice of law enforcement personnel who have paid the ultimate sacrifice. The week is a collective effort from numerous organizations dedicated to honoring our law enforcement community.

Police week started in 1963 when President John F. Kennedy proclaimed May 15 Peace Officers Memorial day as well as labeling the week as National Police Week. The best way to honor the fallen is to respect the ones who serve and uphold

the law.

Security Forces will be hosting numerous events on Andersen Air Force Base such as a softball tournament, bowling tournament, the 36th Contingency Response Group Warrior day and a 36th Security Forces (SFS) and 736th SFS joint open house.

The winner of the softball tournament will receive the "Battle of the Badges" trophy and the first responder challenge the top three teams will also each be awarded a trophy. The open house will consist of a weapon and vehicle display along with a K-9 demonstration.

Everyone is welcome to come out and show their support during these events. Police week will conclude May 18, with a formal retreat ceremony located at Arc Light Memorial.

NEWS NOTES

Job Announcements

Interested individuals can view available vacancies by visiting the Web site at <https://www.cnic.navy.mil/Marianas/index.htm> or at <https://chart.donhr.navy.mil>. For more information, call 349-6119/2224.

Andersen's First Multicultural Festival

Enjoy a food-tasting event, live music and dance, and a discussion with Dr. Richard Colfax at Andersen's First Multicultural Festival at the Sunrise Conference Center May 18 at 2 p.m. For more information, call 366-5111.

Orote Point Commissary Case Lot Sale

There will be a case lot sale at the Orote Point Commissary annex on U.S. Naval Base Guam May 17-20 from 10 a.m.-6 p.m. The sale is open only to authorized I.D. card holders. Cash, check and credit cards are accepted. Call 339-5177 for details.

USO Golf For Our Heroes

Join the Guam USO and Golf For Our Heroes May 12 at the Onward Talofofo Golf Course. Fees are \$125 per person and \$250 per two-man team which include green fee, cart, refreshments, awards banquet and two raffle tickets. There will be prizes and trophies for the top three low net and first low gross, and closest to the line and pin. Showtime is 11:30 a.m. and go-time is at 12:30 p.m. Space is limited to the first 144 paid golfers and/or first 72 teams. Please register and make payment by May 4 at the Guam USO located on the ground floor of the Royal Orchid Hotel in Tumon. For more information, call 647-4876.

Guam Nurses Association Annual Conference

Join the Guam Nurses Association (GNA) for their annual Nursing Conference May 19 from 7:30 a.m.-5 p.m. at the Hyatt Regency Hotel. The theme for this year is "Nurses: Advocating, Leading, Caring." Pre-registration is \$60 for GNA members and \$75 for non-GNA members on or before May 17. If registering the day of the conference the fee is \$70 for GNA members and \$85 for non-GNA members. For more information, contact Tina Blas at 637-7787 or Glynis Almonte at 787-4148.

SCHOOL BULLETIN

The school bulletin aims to promote educational activities in the Navy and Air Force communities. If you know of an education-related event that you would like to include, send it to jointregionedge@fe.navy.mil or call 349-2115.

Phone Numbers

Andersen Elementary School: 366-1511
Andersen Middle School: 366-3880/5793
Cmdr. William C. McCool Elementary/Middle School: 339-8676
Guam High School: 344-7410

COMMUNITY Corner

movies • movies • movies

The Big Screen Theater

MAY 11 (FRIDAY)
7 PM JOHN CARTER PG-13
9:30 PM SILENT HOUSE R

MAY 12 (SATURDAY)
1 PM DR. SEUSS' THE LORAX PG
3:30 PM THE VOW PG-13
7 PM 21 JUMP STREET R

MAY 13 (SUNDAY)
1 PM A THOUSAND WORDS PG-13
3:30 PM JOHN CARTER PG-13
7 PM ACT OF VALOR R

Movie Hotline 564-1831 US Naval Base Guam

Meehan Theater - TEMPORARILY CLOSED

MWR HAPPENINGS

U.S. Naval Base Guam

Fleet and Family Support Center Classes

May 14: SAPR-Engaging bystanders in sexual violence prevention from 1-2 p.m.
May 15: Smooth Move workshop from 9 a.m.-noon
May 16: IA-Family Social from 11:30 a.m.-12:30 p.m.
May 17: Couples communication from 4-6 p.m.
For more information, call 366-8136

Mother's Day Brunch

Treat mom to a delicious brunch at Top O' the Mar May 13 at 10:30 a.m. Enjoy entertainment from a live band and a professional photographer that will be open to all customers. Adults are \$27.95, children ages five to 11 are \$13.95 and children under four years of age eat free. Reserve your table by May 4 by calling 472-4606/7 or 688-3634.

36th FSS HAPPENINGS

Andersen Air Force Base

Airman and Family Readiness Center Classes

May 11: Saving and investing from 1-2 p.m.
May 14: 10 steps to federal job search from 2-3 p.m.
May 16: Bundles for babies from 8:30-11:30 a.m.
May 16: True colors from 2-3:30 p.m.

May 17: Spouse newcomer's orientation from 8:30 a.m.-1:30 p.m.
For more information, call 366-8136

Mother's Day Brunch

A special Mother's Day brunch will be held at Top of the Rock May 13 from 10:30 a.m.-1:30 p.m. Enjoy favorite breakfast and lunch dishes including omelet, waffle and dessert stations. Brunch is \$23.95 for club members, \$26.95 for non-members and free for children ages five and under. Reservations are required and must be made by May 11. For more information, call 366-6166.

The Black Widow: Jeannette Lee

Meet The Black Widow: Jeannette Lee at Molly McGee's Irish Pub May 16 at 7 p.m. She will give a pool exhibition and play the winner of the recent pool tournament. For more information, call 366-2339.

Free Outdoor Movie Night

Enjoy a family-friendly movie under the stars at Arc Light Park May 12. The movie is the PG-rated film "Mr. Popper's Penguins." Showtime is at 7:30 p.m. For more information, call 366-2339.

SPORTS SHORTS

U.S. Naval Base Guam

Swing Into Summer Golf Tournament

Admiral Nimitz Golf Course will be hosting their Swing Into Summer Golf Tournament June 15. The tournament will be a two-man team and multiple formats. Fees are \$30 for E1-E5, \$35 for E6 and above and retired service members, and \$45 for Department of Defense civilians. Sign up at the Admiral Nimitz Golf Course no later than June 13. For more information, call 344-5838.

Black Drongo 5K

Take part in the fourth annual Black Drongo 5K May 11 at the Charles King Fitness Center (CKFC) parking lot. Showtime is at 5 p.m. and go time is at 5:30 p.m. For more information, call 685-5237 or 333-2049.

Triple Play 3X3 Basketball

Join the Triple Play 3X3 basketball tournament to be held June 1 at the Charles King Fitness Center. Participants must be at least 13 years old and each team must have three players and at least one teen participant. Fee is \$5 per team. For more information, call 564-1844/5.

Andersen Air Force Base

Pre/Postnatal Exercise Classes

The Coral Reef Fitness Center offers a low intensity class designed for pregnant women and new mothers. A doctor's clearance form is required and is available at the Fitness Center. For more information, call 366-6100

Andersen's Best: Tech Sgt. Dewey Riden

Reaching for the Stars: Tech. Sgt. Dewey Riden, 36th Maintenance Squadron Aerospace Ground Equipment noncommissioned officer in charge, was awarded Team Andersen's Best on Andersen Air Force Base April 27. Andersen's Best is a recognition program which highlights a top performer from the 36th Wing. To nominate your Airmen/civilian for Andersen's Best, contact your unit chief or superintendent explaining their accomplishments.

By Airman 1st Class Mariah Haddenham
36th Wing Public Affairs

Tech. Sgt. Dewey Riden, 36th Maintenance Squadron Aerospace Ground Equipment noncommissioned officer in charge, was awarded Andersen's Best on Andersen Air Force Base April 27.

"Sgt. Riden plays an integral part in sustaining constant ground support equipment operations for several organizations around Andersen

and beyond to include the 36th Munitions Squadron, Air Mobility Command, Transient Alert, Global Hawk, contingencies, major exercises and more," said Master Sgt. Brian Cudnik, Riden's supervisor.

Riden's duties include oversight of inspections, maintenance actions and dispatching of 165 pieces of powered and non-powered equipment valued at more than six million dollars. Riden loves to spend time with his family and fly remote control aircrafts. He also enjoys watch-

ing the St. Louis Cardinals, NASCAR and going scuba diving.

Andersen's Best is a recognition program which highlights a top performer from the 36th Wing. Each week, supervisors nominate a member of their team for outstanding performance and the wing commander presents the selected Airman/civilian with an award.

To nominate your Airmen/civilian for Andersen's Best, contact your unit chief or superintendent explaining their accomplishments.



CSS-15 top performer provides legal support

By Mass Communication Specialist 2nd Class (SW/AW)
Jeremy Starr
Joint Region Edge Staff

Legalman 1st Class (SCW/AW) William Doyle is the direct line of legal support for the Judge Advocate General (JAG) at Commander, Submarine Squadron (CSS) 15 as well as the shore patrol, typhoon preparedness and school coordinator for the command.

As the command's legalman, he works alongside the CSS-15 JAG to advise the commanding officers of the boats that fall under CSS-15 in legal matters such as ethics, military justice and legal assistance. He also provides legal support to Sailors and their dependents who are assigned to submarines forward deployed to Guam.

"I enjoy it here, every day is a challenge," Doyle said. "My primary mission is to support the submarines, which are out there performing missions in keeping national security."

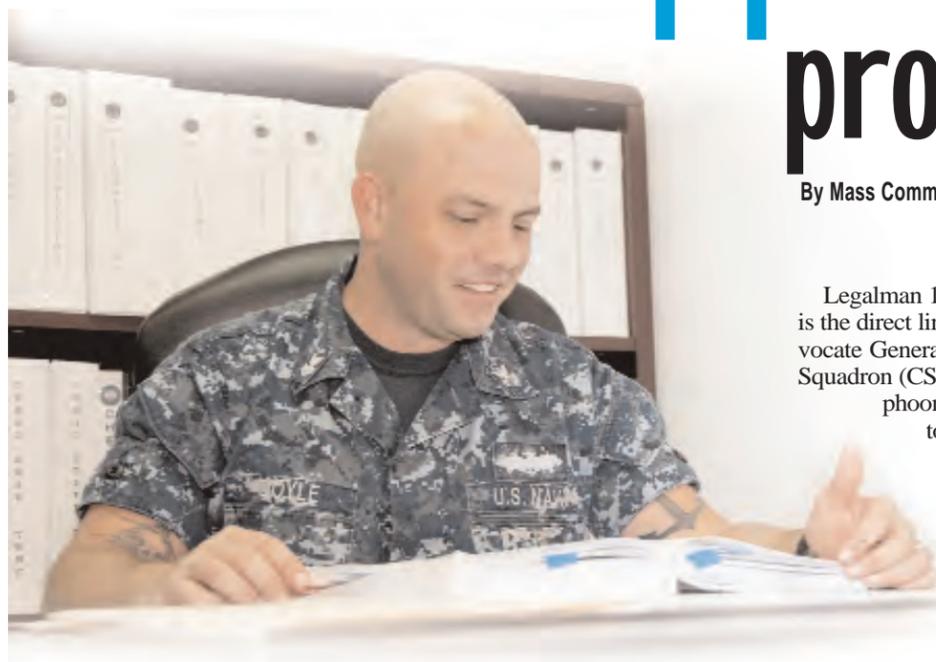
Doyle said it is a big honor to be chosen the

squadron's Sailor of the Year for which he feels was awarded to him during his temporary additional duty as the leading legal advisor to the commanding officer and executive staff onboard USS Emory S. Land (AS 39). He was also named immediate superior in command for all submarines deployed to Guam and the direct representative to Commander, Submarine Force U.S. Pacific.

Looking to further advance his education through the Montgomery G.I. Bill and travel the world, Doyle joined the Navy in 1998. He continued to serve patriotically in the Navy after experiencing the events of 9-11.

"I believe the U.S. is one of the greatest countries of the world and the military is a great organization to be a part of," he said. "It is something that is bigger than yourself with a mission that is greater than anything you can do on your own. That is why I stayed in."

"He gets the job done, especially his work ethic with his high profile collateral as shore patrol watch bill coordinator," said Chief Yeoman (SS) Anthony Williams, of CSS-15. "Doyle is a self-dependent E-6 legalman that never has any issues when supporting the squadron or the submarines; he completes everything in advance and ahead of schedule."



Sailor of All Trades: Legalman 1st Class (SCW/AW) William Doyle, of Commander, Submarine Squadron (CSS) 15, researches his legal book in his office at the CSS-15 headquarters May 3. Doyle is CSS-15 Sailor of the Year in recognition of his legal work as well as his support as the command's shore patrol, typhoon preparedness and school coordinator. U.S. Navy photo by Mass Communication Specialist 2nd Class (SW/AW) Jeremy Starr/Released

A little accountability goes a long way

By Col. Michael Staples
36th Civil Engineer Squadron
Commander

The core values, integrity first, service-before-self and excellence in all we do, provide a great lead into the importance of personal accountability. Without personal accountability, the core values are never internalized and become meaningless to the person staring back at you from the mirror every morning. What does it mean to have personal accountability? Unfortunately, it is often easier to quantify what is expected of other people vice a look inwards.

Gen. George S. Patton asked of his leaders, "Always do everything you ask of those you command."

Leadership starts with personal accountability, it is unrealistic to expect others to follow and put forth personal sacrifice without an example to follow.

Double standards breed cynicism and bad morale, while leading by example builds unity, a sense of purpose and dedication. Setting the example is easy:

proper military bearing, picking up stray trash, not crossing the street to avoid a salute, stopping for retreat instead of executing the building dash or showing up to work on time. However, the key lies in performing these actions consistently and to expect nothing less from those around you, even when you think nobody else is around.

Benjamin Franklin wrote, "He that is good for making excuses is seldom good for anything else."

To operate effectively, military units require an atmosphere where decision making can occur at the lowest levels and subordinates must be empowered to make decisions, even though some decisions might be wrong. More often than not, a bad decision made for the right reasons is better than one deferred or not

made at all. Acknowledging that mistakes will be made, leaders place great trust in their subordinates' ability to make decisions or seek guidance when needed. The level of empowerment depends upon the amount of trust, faith and confidence earned by the individual. Accountability builds trust while excuses detract from authority. Subordinates and leaders alike must resist the urge to cover shortcomings with excuses, accept responsibility, seek ways to improve and move on.

The Japanese have a proverb: "The reputation of a thousand years may be determined by the conduct of one hour."

The military is accountable to every taxpayer in the United States. Our military presence in countries around the globe is often the only glimpse of American society foreigners will see

outside of Hollywood productions. The actions of the few can have large repercussions. On an individual level, it is important to realize that snapshots in time like driving under the influence, physical test failure or safety violation, can overshadow otherwise successful careers. It has never been more important to do the right thing, at all times.

Actor and comedian George Burns put it simply, "No snowflake in an avalanche ever feels responsible."

Resist the temptation of the mob, be a wingman and make the tough choice to speak out. DOD's ability to self-police directly contributes to the military having the highest confidence rating of any other national institution since 1998. Of 1,020 people surveyed in 2011, 78 percent responded they had high



esteem for the U.S. military. By comparison, organized religion was at 48 percent, the U.S. Supreme Court at 37 percent, television news at 27 percent and Congress was at 12 percent.

Children are fond of saying, "It's not my fault," "They made me do it" or "I forgot." As adults, those responses too often turn into, "It's not my job," "I wasn't told," or "It couldn't be helped."

There is a lot to be said for a little personal accountability and doing the right thing. As an organization, we owe it to ourselves and our country to continually question past processes, spur innovation and swim upstream when needed.

Guam USO, GNOSC host International Asian Furniture Bazaar



By JoAnna Delfin
Joint Region Edge Staff

Dozens of vendors and attendees participated in the fourth annual International Asian Furniture Bazaar at Top O' the Mar in Nimitz Hill May 4-7.

The event, hosted by the Guam USO and Guam Naval Officers Spouse Connection (GNOSC), brought together vendors from on and off island and allowed them to showcase different items such as furniture, artwork, books and accessories influenced by East-Asian societies.

According to Leigh Graham, area director USO Hawaii and Guam, this year's bazaar was the first three-day event and garnered much attention from both the military and local communities.

"The opening night was a record night and we've had a wonderful steady flow through-

out the weekend," Graham said. "It's just great to see everyone out here interacting."

GNOSC President Susie Suchyta said the event turnout greatly benefitted both Guam USO and GNOSC in their efforts to support service members currently deployed to the island and other local organizations.

"Something like this gives us an opportunity to interact not only within our own military community but the local community as well," she said. "And what makes it even better is that all of the proceeds from the Guam USO goes back to their organization to support our service members while the GNOSC proceeds are fed directly back to the local community through local non-profit organizations."

Some of the organizations include Kamalen Karidat, Sanctuary Inc., the Guam Symphony, Furever Love, Harvest Foster Families and more.

Trades of the Orient: Patrons peruse through different types of Asian furniture, antiques and accessories during the International Asian Furniture Bazaar at the Top O' the Mar in Nimitz Hill May 7. Hosted by the Guam USO and Guam Naval Officer Spouse Club, the three-day event was from May 4-7 and garnered participation from the local and military communities. U.S. Navy photo by JoAnna Delfin/Released

Vietnam veterans reunite after 43 years

Rebuilding Bonds: Vietnam Veterans Tom Arner, right, and John Sablan, view photos and discuss various topics during a visit to the Naval Facilities Engineering Command (NAVFAC) Marianas headquarters in Nimitz Hill, May 1. Sablan and Arner were reunited after more than 40 years after the Vietnam War where Sablan aided a wounded Arner with first aid and protective fire. "He is my personal hero," Arner said. U.S. Navy photo by JoAnna Delfin/Released



By JoAnna Delfin
Joint Region Edge Staff

After more than 40 years of searching for a man who saved his life in the jungles of Vietnam, Tom Arner was reunited with his war buddy and Guam resident John Sablan during a touching moment at the Naval Facilities Engineering Command (NAVFAC) Marianas headquarters May 1.

Late last year, Arner, a former chief warrant officer 2 was able to contact Sablan through Sablan's son Juan who is currently serving in the Army and deployed to Afghanistan.

"I wrote a letter to Juan and I'd asked him if he knew the man I was talking about and to my surprise he responded and said it was his father," Arner said.

Attached to the letters sent to Sablan's son, Arner included photos and an affidavit he wrote recommending Sablan for the Congressional Medal of Honor in recognition of his heroic efforts when their helicopter came under enemy fire on Vietnam soil March 20, 1969.

"SP4 (Specialist) Sablan stayed with me and laid down protective fire with his M16," Arner wrote in the affidavit. "While the jets were striking so close to us, Sablan covered me with his own body every time one of them came in for a run."

Though Sablan was injured in the attack, he directed his strength and tactics to protect Arner and his fellow service members. Arner was rendered temporarily blind as a result of enemy attack.

"Sablan called in a Marine CH-46 helicopter to evacuate the crew and the five Marines we had on board," the affidavit continued.

According to Sablan he was surprised to receive word from his son that Arner attempted to contact him.

"When my wife told me (our son) Sonny was on phone the first thing that came to my mind was that something bad happened," Sablan said. "Then I come to find out that Tom contacted him looking for me. I was so surprised."

Both Sablan and Arner agreed that the reunion was long overdue but were happy to see each other after all these years.

"He still looks the same as I remember him all those years ago," Arner said. "He is my personal hero."

Arner and his wife Lois Mohr visited with Sablan, his wife Arlene Sablan, NAVFAC Marianas business director 4, and their family for three days on island and took in the sights Guam has to offer.

"It's beautiful here," Arner said. "And now that John and I are connected again I'm sure we'll be coming back."



Battle Buddies: Vietnam Veterans Tom Arner, right, and John Sablan, briefly visited the Naval Facilities Engineering Command (NAVFAC) Marianas headquarters in Nimitz Hill, May 1. U.S. Navy photo by JoAnna Delfin/Released

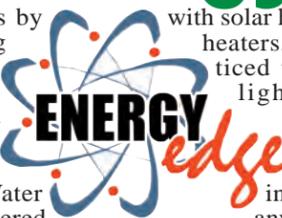
Take part in fighting energy, water waste

By Derek Briggs
U.S. Naval Base Guam Energy Manager

In this column we have asked folks to turn off the lights, check tire air pressure and to close the door to conditioned spaces. What is U.S. Naval Base Guam doing to save energy?

This year we are executing several energy efficiency projects. For example, we'll see some changes in interior

lighting of several buildings by replacing fluorescent lighting with light-emitting diode (LED) lighting in the existing fixtures. This will save energy, reduce heat load and reduce lighting maintenance costs all at the same time. Water conservation will also be covered with several buildings' water fixtures replaced with low-flow models and some hot water heaters will be replaced



with solar heaters or point-of-use flash heaters. You might also have noticed the new solar parking lot lighting at Nimitz Hill the Seabees just installed.

Please check with your facility manager or building energy monitor to see if any of these projects will happen in your buildings. By the way, if you see energy or water waste, please let someone know about it. Your facilities

manager can get it fixed or you can call the regional energy waste hotline at 349-4674. Also, if you have an energy-saving idea or questions about energy call the hotline and I will get back to you.

This is just a small snapshot to let everyone know what energy and water conservation efforts are going on in and around the base. I also wanted to stress that you too can help by being energy conscious and report energy and water waste.

Ambassador Airmen



By Chief Master Sgt. Garry Berry
554th REDHORSE Squadron Chief

Having been stationed overseas for nearly 14 years of my 24-year career, I have had the opportunity to live in several foreign countries: Japan, South Korea and Greenland. I have been fortunate to visit countries in Southeast Asia, Europe and even a tour in Iraq. Throughout all this travel I was careful to note that I was representing not only my unit, but the Air Force and ultimately the United States. Essentially, I was an ambassador both on and off duty.

As America's Airmen, we are all ambassadors. We must always adhere to the highest standards of conduct and ensure we represent our country in a positive fashion. The Air Force is engaged with numerous countries around the world for a multitude of strategic and economic reasons. This involvement will continue to grow as we work harder to develop partnerships in the Pacific Theater and with countless other nations around the globe. In doing so, Airmen will have the opportunity to interact with a number of

cultures in both a military and civic capacity, helping to sustain security and to enhance quality of life for those that are less fortunate. Whether it's volunteering in our local communities around our main operating bases, providing humanitarian assistance after catastrophic disasters like the 9.0 earthquake and devastating tsunami in Japan, to building schools and drilling water wells, in some lesser-known countries, we as professional Airmen represent America. This is a big responsibility and one that doesn't end with the duty day.

These great accomplishments and positive press gained from efforts can be quickly forgotten if we forget that we are still "under the microscope" when off duty. Being a professional Airman is a 24/7 responsibility and as American guests in a host country we should be striving to understand the local culture and be cognizant of things that would be offensive to our hosts.

I'm reminded of a quote from our 26th President, Theodore Roosevelt. "We cannot do great things unless we're willing to do the small things that make up the

sum of greatness".

This is exactly the point, the seemingly small things matter. Unprofessional conduct is obviously not consistent with the high standards we expect from our Airmen. It is incumbent upon us to be good wingmen by bringing new arrivals up-to-speed on the local culture, maintaining acceptable norms regarding conduct, and intervening before a good time turns into a situation that may reflect negatively on our installations, the Air Force and our great country.

Perhaps Aristotle summed it up best when he said "In the sum of human life, the honors and rewards fall to those who show their good qualities in action."

There's no doubt that our Air Force is the greatest the world has ever known. I've heard it said over and over that our military partners are amazed with the technical competency and professionalism of our enlisted force. We should continue to perpetuate those feelings by continuing to pursue excellence and be outstanding ambassadors for the Air Force and the United States of America 24/7.

Air Force strategy legend dies at age 96

From Air Force News Service

A retired Air Force general who was known as the father of "strategy to task," and was instrumental in the development and implementation of new weapon systems during the last half of the 20th century passed away April 25, at the age of 96.

Retired Lt. Gen. Glenn A. Kent spent more than three decades as an Army Air Corps and Air Force officer, becoming influential in the development, analysis and implementation of new weapons systems for the Department of Defense (DOD). He retired from the Air Force in 1974 as the director of the Weapon Systems Evaluation Group, Office of the Director of Defense Research and Engineering, with the Office of the Secretary of Defense.

Kent was considered to be one of the premier analytical thinkers of all time and considered a visionary of defense analyses still in use today. In his memoir "Thinking about America's Defense," Kent provided a summary of national security issues he personally engaged over his career.

In addition to creating the concept of a single integrated operation plan, Kent also led DOD's official assessment of



U.S. Air Force graphic/Corey Parrish

strategic defenses throughout the 1960s and helped bring new weapon systems to life. He also developed and analyzed strategic nuclear arms control agreements that did much to lead to the end of the Cold War.

Kent began his military career in 1941 when he joined the

Army Air Corps as a cadet and completed training in meteorology at the California Institute of Technology in 1942. His first assignment took him to Goose Bay, Labrador, Canada, as a weather officer, and later during World War II was assigned to Greenland in a similar

capacity.

Over a career spanning more than 33 years, Kent had numerous assignments in the weapons field with positions that ranged from research and development to planning, strategy and policy-making at the Headquarters, U.S. Air Force and Department

of Defense levels.

After earning a bachelor's degree from Western State College of Colorado, Gunnison, in 1936, Kent went on to earn degrees from the Naval Post Graduate School in Annapolis, Md., and the University of California at Berkeley.

After his retirement from the Air Force, Kent spent more than 20 years as a defense analyst for the Rand Corp.

Kent's legacy continues today with the Lt. Gen. Glenn A. Kent Leadership Award, which recognizes leadership for the analytic community.

According to a senior Air Force official, while our nation was facing the Cold War and the Vietnam conflict, General Kent contributed critical thought and sound analysis to help convince leaders that a single command with an integrated operations plan should be responsible to organize and employ our strategic forces. His visionary concepts laid the way to the end of the Cold War two decades later.

"General Kent compels us to think logically as well as to study the lessons experienced by those before us—how they prevailed, adapted and modernized. These insights can help us maintain a competitive edge over our foes now and in the future."

COURSE: Airmen enhance professionalism

Continued from Page 1

appropriate initializing steps is vital.

"Our main focus is to in-process, but there are key topics that we try to hit home," Sanga said. "We just conducted a survey. Some of the critical topics are sexual assault, sexual awareness and alcohol. Those are the topics where the FTAC participants are usually the appropriate demographic to inform."

According to Sanga, FTAC also aims to guide Airmen in the right direction to prevent them from making mistakes.

"Usually, if mistakes along these lines are made, they are career threatening for young Airmen," he continued. "In FTAC, we just want to make sure that it doesn't happen. The Air Force has a zero-tolerance policy for most of these violations. An Airman who falls into the trap is an Airman lost."

Staff Sgt. Steven Pruitt, 36th FSS FTAC noncommissioned officer in charge, echoes this by emphasizing the importance of guidance, and therefore strengthening culture of professional Airmen.

"With the current downsizing, it's always about the mission and getting the job done," Pruitt said. "Supervisors sometimes tend to tell their Airmen to do and finish something right away rather than



Preparing Young Airmen: Brig. Gen. John Doucette, 36th Wing commander, speaks to Airmen during at the First Term Airman Center April 8. The first term airmen's course is a program that assists first term airman in in-processing and transitioning from training to a mission-focused environment. U.S. Air Force photo by Airman 1st Class Marianique Santos

sit down and teach their Airmen how to do things correctly."

The instructor's dedication is not only reflected on his active involvement in the FTAC as briefers, but they are also

advocates in keeping it a two-week program. "Our CAA program is under review right now, especially FTAC," Sanga said. "The program is under review for a cut. My argument for trying to keep it a ten-day,

as opposed to a five-day program. We make in-processing a one-stop-shop. Everything gets done here. I can take care of more than 20 people from different units at a time. Here, a ten-day investment is about

two month's time in the workplace."

Pruitt emphasized the need for young Airmen to develop a sense of professionalism which he teaches through the FTAC program.

"As I've told my Airmen on the very first day, my main focus is to professionalize them and let them know that this is the real deal," Pruitt said. "You can only drive on and emphasizes that point so much if you only have a week."

Pruitt and Sanga are always trying to make improvements to the FTAC program.

"We're still looking for ideas to make this more innovative," Sanga said. "We're looking at adding programs that will help the Airmen adjust, and be more accustomed to local culture."

Aside from improving the program, Sanga has worked hard to have an aggressive marketing approach to make sure Airmen are aware and can take advantage of FTAC and other CAA services.

"I try to go out to every unit, communicate with the Andersen top three and the first sergeants to have a good outreach program," Sanga said. "As good as our programs can be or are, if people don't come over, they will not obtain the benefits. My goal is to focus the Airmen so that they can take full advantage of the numerous opportunities the Air Force provides."

DRIVE: Donations to be used for service members, families

Continued from Page 1

This particular blood drive was organized by Legalman 1st Class (AW) Kristina Grant, assigned to the Guam branch of U.S. Region Legal Service Office Japan, and Yeoman 2nd Class Shane Belgrave, assigned to NBG headquarters.

"The hospital asked me if I could be the liaison coordinator for Naval Base Guam," Grant said. "We're trying to get blood donors here on Guam so that [Naval Hospital Guam] doesn't have to send to Okinawa for blood, thus making Guam self-sustaining."

Belgrave said the goal of the drive was to get a least 20 good donations, but he is still hopeful that they will receive more, saying that sooner or later they are going to need blood from these donors.

"It's important because you're not only donating for yourself and your family, but you're also donating for other Sailors, Marines, and Army," Belgrave said.

Stephan said that donating blood is a simple process. The donor registers, fills out a few forms and completes a simple medical screening, which includes checking vitals and a finger prick to test the donor's hemoglobin. The donor is then issued their blood bag and then sent to the donation area. Donors can even use the Internet to begin the process.

"People can register online on the E-donor program, and anybody that can gain access to our DoD (Department of Defense) medical



For a Great Cause: Culinary Specialist 1st Class Christy Gay, assigned to Joint Region Marianas, donates blood while Elpidio Patague, from U.S. Naval Hospital Guam's blood donor center, checks her vitals during a blood drive at the Charles King Fitness Center on U.S. Naval Base Guam May 3. The blood drive was part of the Power of Blood program sponsored by the Armed Services. U.S. Navy photo by Mass Communication Specialist 3rd Class (SW) Corey Hensley/Released

facilities can donate blood to us," he said.

This blood drive is just one part of this ongoing program. Stephan said the center will be sending people to CKFC quarterly and to other commands like Naval Computer and Telecommunications Station Guam, Andersen Air Force Base and any other command that may be interested in hosting a blood drive.

"There are also other facilities on the island that we'll be going to," he said. "We'll be going to military facilities around the island to collect blood products."

ASBP consists of approximately 81 blood banks and blood donor centers worldwide operated by the Army, Navy and Air Force. The ASBP provides quality blood products and services to the armed forces in peace- and war-time.



Process: Hospital Corpsman 2nd Class Reiner Cubelo, assigned to U.S. Naval Hospital Guam, processes a blood donation during a blood drive at the Charles King Fitness Center on U.S. Naval Base Guam May 3. The blood drive was part of the Power of Blood program sponsored by the Armed Services. U.S. Navy photo by Mass Communication Specialist 3rd Class (SW) Corey Hensley/Released

90 at 90: Striving for Results

By Airman 1st Class Mariah Haddenham
36th Wing Public Affairs

Service members on Andersen Air Force Base are motivated to improve their physical fitness test scores to 90 percent and above. Fitness does not come as easily for some as it may for others. Failing a physical training (PT) test can have a negative affect not only moral, but on the workplace as well.

Failing a PT test has always been a serious matter, but now, more than ever before, service members are serious about their

fitness.

"Now it seems members see the seriousness of it," said Tech. Sgt. Jerney Lawley, 36th Wing Staff equal opportunity director, also in charge of wing staff PT testing. "Hopefully this is not only due to career effects, but because of the health effects as well."

Service members making fitness a more prominent aspect of their lifestyle are easily spotted around Andersen.

"It's great seeing people around the base outside running and working hard," Lawley said. "I know it's not easy for most, myself included, but I see people

starting to push through the initial discomfort and doubt, coming out on the other end as healthier, more confident Airmen."

There are some service members who believe they can achieve fitness within two months, just before their PT test.

"Attempting to rapidly prepare rarely works," Lawley said. "With testing every six months for members not scoring above a 90 and the serious repercussions of not passing, we all need to incorporate fitness into our daily lives and routines. Fitness testing is not going away, so we need to accept that fact and push ourselves to be

physically fit 365 days a year."

Effort and dedication to a routine make a difference when trying to diet, build strength or improve testing scores.

"Members need to be pushing themselves daily," Lawley said. "We must go above and beyond just doing pushups, situps, and the mile-and-a-half run. That needs to be the minimum of what we do."

Sometimes the best way to improve your fitness is to push your body out of its comfort zone.

"To improve, you've got to overload, whether its strength or cardiovascular," said Bryon

Hardy, 36th Medical Operations Squadron sports physiologist at Andersen. "You've got to go above and beyond what you are currently doing." Improving fitness isn't easy for everyone, which is why Andersen has plenty of resources for service members looking to improve their personal fitness level.

"For those who struggle, use the resources that are available at the fitness center, health and wellness center and your unit's physical training leaders," Lawley said. "I believe, outside of medical conditions, there are no excuses anymore for not being in shape."

Andersen hosts Health and Fitness Fair

By Airman 1st Class Mariah Haddenham
36th Wing Public Affairs

Health advice was in abundance from multiple vendors at the Health and Fitness Fair on Andersen Air Force Base May 1.

The Health and Fitness Fair, held at the Coral Reef Fitness Center, was organized as a way for service members and dependents to gain advice from local experts on health and wellness.

"The goal was to provide customers with health, fitness, education and other activities to improve their health and wellness," said Tech. Sgt. Lilliana Harris, 36th Force Support Squadron (FSS) aerobics coordinator.

The Health and Fitness Fair hosted vendors from local fitness centers, colleges, family advocacy programs as well as several wellness professionals.

"The fair had a great response," Harris said. "Thanks to the turnout of the vendors, the customers left the facility satisfied with new-found information."

"Having information at the customer's fingertips made the whole experience so convenient for them," said Staff Sgt. Kirsten Roberts, 36th FSS fitness specialist.

Each booth provided brochures, videos, books, water bottles and free samples, giving customers some knowledge and souvenirs.

"We had nothing but good feedback from customers," Harris said. "The on-and-off base agencies that volunteered their time and efforts were great."

The Health and Fitness Fair is held annually to help educate service members about nutrition and a healthy lifestyle.

Information Booth: Airmen and dependents attend the Health and Fitness Fair on Andersen Air Force Base May 1. The Coral Reef Fitness Center provided the fair for active duty members and their dependents at the fitness center. The array of booths set up varied from the family advocacy program, education, healthy eating, immunizations and massage therapy. U.S. Air Force photo by Staff Sgt. Alexandre Montes/Released



Health Tests: Tech. Sgt. Autumn Bradford, 36th Medical Operations Squadron Health and Wellness Center non commissioned officer in charge, shows attendees how to use a body mass index and body fat calculator during the Health and Fitness Fair on Andersen Air Force Base May 1. The Coral Reef Fitness Center provided the fair for active duty members and their dependents at the fitness center. The array of booths set up varied from the family advocacy program, education, healthy eating, immunizations and massage therapy. U.S. Air Force photo by Staff Sgt. Alexandre Montes/Released



Above: Airmen and dependents attend the Health and Fitness Fair on Andersen Air Force Base May 1. The Coral Reef Fitness Center provided the fair for active duty members and their dependents at the fitness center. U.S. Air Force photo by Staff Sgt. Alexandre Montes/Released



Right: Benji Montelya, Coral Reef Fitness Center masseuse, massages a patron during the Health and Fitness Fair on Andersen Air Force Base May 1. The fitness center provided a health and wellness fair for active duty members and their dependents. U.S. Air Force photo by Staff Sgt. Alexandre Montes/Released



644 CBCS executes 'Dragon Thunder'

By Airman 1st Class Marianique Santos
36th Wing Public Affairs

The 644th Combat Communication Squadron (CBCS) successfully conducted field training exercise (FTX) Dragon Thunder from April 16-27.

During the exercise they accomplished communications set-up and force protection training in a simulated bare-base environment.

"Based on what I have observed during my visits and by the reports of the leadership on site, I was very pleased and I think they did a great job out there," said Lt. Col. Gary Hayward, 644th CBCS commander. "We had experienced Airmen and ones that were going through this kind of exercise for the first time. We use these opportunities not just to test our capabilities, but also to train our younger Airmen and get them better qualified to go out on future missions."

Capt. Miguel Gonzalez, 644th CBCS deputy commander and exercise site commander, said that in the past year they had a lot of new Airman join their team. He said this exercise was a learning process where they improved their defensive fighting posture, along with promoting cohesiveness and camaraderie within the squadron.

"I was very impressed with the teamwork that everybody displayed because in a typical work center everybody usually stays in their comfort zone," Gonzalez said. "When we got out there, one of the first things that I have noticed was how well the Airmen integrated. We had four to five



Firefight: The 644th Combat Communication Squadron's (CBCS) day-and-night shifts combine forces during a firefight scenario for Exercise Dragon Thunder on Andersen Air Force Base April 23 at forward operating base Dragon Hill. Dragon Hill is the location for Dragon Thunder, an exercise where the 644th CBCS trained and tested their capabilities in a bare-base environment. U.S. Air Force photo by Airman 1st Class Marianique Santos/Released

sections out there working together to get communications up. It was impressive how easily they got to work, coalesced and put their minds together."

Aside from the team building, one of the main objectives of this exercise was to perform ground-base defense training. This included mission-oriented protective posture and post attack reconnaissance the 644th CBCS are not able practice during support mission exercises.

"This exercise allowed us to work our way to that state of combat readiness," Hayward said. "In a real-world mission, we don't know where we're going to be sent or where we're going to land in a theater; we need to be able to protect ourselves effectively.

We cannot rely on a security forces unit to do that for us."

"The last year or so, we did a lot of exercises with the 36th Contingency Response Group, which revolved around how we can support that capability," he continued. "We have proven ourselves in performing support missions. This time, we needed to refocus on our primary mission, which is to be able to go out to an austere environment by ourselves, be able to defend our base and provide communications simultaneously."

These FTXs provide valuable training to their Airmen, not just the ones on the field, but also the planners and everyone else involved. The importance of having all their Airmen cannot be stressed enough.



Life-Saving Training: Staff Sgt. Benjamin Hay, 644th Combat Communications Squadron power production craftsman, conducts CPR in order to save Capt. Miguel Gonzalez, 644th CBCS exercise site commander, from a simulated heart attack during Exercise Dragon Thunder on Andersen Air Force Base April 23. U.S. Air Force photo by Airman 1st Class Marianique Santos/Released

"A big part of this exercise was being able to get the younger Airmen out on the field," Hayward said. "Seeing that they can handle themselves in such scenarios gives me the confidence to send them out there. I no longer have to rely on certain individuals every single time to go out and meet mission goals. I can look across the board and tag anybody based on their career field and be confident that they will accomplish their mission."

Gonzalez said the junior Airmen did not only perform well during exercise Dragon Thunder, but they stepped up and went above and beyond what was expected of them.

"Leadership extends all the way down to the bottom," he said. "There are some young Airmen out there that did a really great job, not only in following direction, but actually taking initiative to do things properly versus just getting things done. Everyone

worked very hard, and that just shows that we have great Airmen, new and experienced, in the military."

"I have no reservation about how these guys can perform in a mission if we were actually deployed in a real-world situation," he continued. "Everybody is well aware of our mission set and what they need to accomplish when they are sent out to the field."

According to the 644th CBCS, they will be conducting similar exercises to Dragon Thunder in the near future.

"If the call comes in and says the 644th CBCS needs to deploy out into the field, we're ready to go," Hayward said. "They should have utmost confidence in the Airmen in this squadron, professionals in this organization and know that they will go out there and get the job done, because I have the utmost trust and faith that they can accomplish whatever mission that will be entrusted to them."

GUNG honors Soldiers, Airmen returning from deployment



By Senior Airman Audreya J.P. Taitano
Guam National Guard Public Affairs

Several Guam National Guard Soldiers and Airmen were honored for their service in support of Operation New Dawn and Operation Enduring Freedom during two separate ceremonies May 6.

The Guam Air National Guard (GUANG) held their Hometown Heroes Salute in the morning at the Sunrise Conference Center on Andersen Air Force Base, while the Guam Army National Guard (GUARNG) held their Freedom Salute at the Barrigada Readiness Center Parade Field in the afternoon.

"This ceremony allows our family members to see and understand what we were doing while deployed," said Staff Sgt. Matthew Naputi, Charlie fire team leader for the 254th Security Forces Squadron (SFS).

Naputi spent six months overseas taking on a task far different from his Air Force specialty code. Though he had to acquire duties that

he is not normally accustomed to, he said the opportunity to learn new skills was positive.

"We worked in the passenger terminal performing rapid scans and 100 percent searches," he explained. "Part of the mission is being able to adapt, which is what we did."

While deployment has inherent risks, these hometown heroes have not lost sight of the honor and pride that comes with the sacrifice.

Staff Sgt. Mark Enaje, also a member of the 254th SFS, had the opportunity to work with multi-nationals and within a joint forces environment.

"Everyday brought a new experience," he said. "And today's ceremony was not just for us, but also for those who haven't deployed. It helps to ease apprehension and show our members the support we receive from the Guam Air National Guard for our service."

Maj. Gen. Benny M. Paulino, The Adjutant General for the Guam National Guard, spoke at both ceremonies and thanked service members and their families for their

service and sacrifice.

"You did our nation, our island and the Guam National Guard well," he said during his speech at the Freedom Salute. "We are all very proud of you."

The Hometown Heroes Salute honored more than 20 Airmen from the 254th Red Horse, Security Forces and Force Support Squadrons. Awards included framed letters of appreciation from the National Guard Bureau, a Hometown Heroes Salute Coin, encased American flags and special gifts for spouses and loved ones.

The Freedom Salute ceremony recognized about 40 Soldiers from the Saligao Platoon, Embedded Training Team 4, and individual augmenters. The Soldiers received an American flag in a wood display case, a Defender of Freedom certificate, Defender of Freedom Medallion and commemorative coins. Their spouses were presented National Guard Team member lapel pin and the children receive a Future Soldier Kit, which included a board game.

Welcome Home: Members of the Guam Air National Guard proudly display encased American flags during the Hometown Heroes Salute Ceremony at Andersen Air Force Base Guam May 6. Several members were recognized for their deployed service in support of Operation New Dawn and Operation Enduring Freedom. U.S. National Guard photo by Senior Airman Audreya Taitano/Released

MACARONS: A French dessert for Mother's Day

**Editor's note: The following article is based on the writer's firsthand experience while making French macarons.*

By Shaina Marie Santos
Joint Region Edge Staff

Mother's Day is a holiday during which many people choose to celebrate the mothers in their lives through displays of affection, appreciation and gift-giving.

This Mother's Day you can show your appreciation with a gift that you have made with her in mind: macarons.

Macarons are pastries that are much like cookies in size, shape and appearance. However, they are meringue-based, made with egg whites, granulated sugar, confectioner's sugar, ground almond and flavoring or food coloring.

The dessert commonly has a ganache, buttercream or jam filling sandwiched between two cookies. They are also characterized by smooth tops, ruffled edges that are referred to as "feet" and flat bottoms.

Macarons are often confused with macaroons, which are also made with a stiff meringue. Macaroons, however, are made with coconut and dropped onto a baking sheet in little haystacks and are very much different in appearance than macarons, which are made with almond.

Other than the difference between macaroons and macaron cookies,

there are also two ways to make macarons. The difference is in the method you use to whip the meringue, one known as the French method and the other, Italian.

The French method is popular among those who would like a simpler process, while the Italian method is popular among those who desire a more consistent and sturdy meringue to work with. The Italian method involves cooking sugar with water until a syrup forms before adding it to the meringue and the French method does without cooking.

Because the cookie itself is made from meringue, getting the right shape can be quite tricky and those interested in accepting the challenge of making this popular pastry must closely follow instructions.

Chocolate and Hazelnut-filled French macarons:

- Four ounces of whole almonds
- One and one-half cups of confectioner's sugar
- Five teaspoons of unsweetened cocoa powder
- Three large egg whites, at room temperature
- One-eighth teaspoon of salt
- One-half teaspoon of lemon juice
- Two tablespoons of granulated sugar

First, line two baking sheets with silicone baking mats or parchment paper and set aside. Make sure that the lining is level on the baking sheet, so if you are using parch-

ment paper, make sure to trim the paper to fit the sheet.

Next, process the almonds in a food processor until they resemble crumbs. Add confectioner's sugar and cocoa powder and process again until very fine. Set aside. In another bowl, combine egg whites, salt and lemon juice and beat until the mixture has developed bubbles and is foamy. Gradually add the granulated sugar while beating the egg whites until the consistency is similar to shaving cream.

Add processed almond and sugar mixture at once and combine with the egg whites mixture, taking no more than 40 strokes to combine evenly. Taking any more strokes runs the risk of the batter becoming runny, so from this point, you will need to work quickly.

Fill a pastry bag with a one-centimeter round tip and pipe small rounds onto the lined baking sheet. Dip your finger in water to tap down any pointy peaks. Let the piped rounds stand at room temperature until the surfaces are dried to the touch before baking, usually 30 minutes to one hour.

Preheat the oven to 300 degrees Fahrenheit and bake for 16-17 minutes.

When finished baking, transfer the baking sheet to a wire rack and let macarons cool on the tray for 15 minutes before transferring individually to a wire rack.

Once cool, spread or pipe your favorite filling on the flat side of the macaron and place another against it to form a sandwich.

Macarons can be flavored and filled to fit a variety of tastes. From green tea, earl grey to red velvet flavored-macarons, this dessert is a unique way to appreciate the mothers in your life.



Colorful Treat for Mom: A delicious, colorful batch of French macarons are ready to be devoured at an office in Asan May 7. French macarons are a versatile, popular treat that make the perfect gift this Mother's Day. U.S. Navy photo by Shaina Marie Santos/Released



New Age of Art: A local resident admires artwork at the Guam Art Exhibit in Tumon May 3. The exhibit, which showcased work from 47 local artists, encouraged local creativity and culture. U.S. Navy photo by Shaina Marie Santos/Released

Guam Art Exhibit encourages positive progression

By Shaina Marie Santos
Joint Region Edge Staff

It was a night of color, culture and creativity as hundreds of patrons came out in support of local artists during the Guam Art Exhibit (GAX), which opened May 3 in Tumon.

Approximately 47 local artists contributed to the exhibit, which showcased a variety of styles, including traditional painted canvases, photographs, sculptures and graffiti art.

Event Coordinator Karen Ejan said GAX was a project of Jude and Donna Baker who wanted to give young, local artists a venue to exhibit their art and express themselves.

"The artists who are involved with GAX are the kinds of artists who do work outside of the box, who don't do traditional work, who don't do things you normally see or would normally think an artist could do," she said. "But that's what GAX is; it's contemporary, it's very thought-provoking, it's very different."

Ejan added that not only does the exhibit allow artists to express themselves and showcase their talents, but it hopes to move Guam forward.

"There's so many kinds of art out there, we're not restricted to a certain medium or a certain theme or idea," she said. "It's basically a way to get Guam's art,

culture...motivated."

According to Ejan, approximately 800 attendees participated in last year's exhibit in August.

Jude Baker, founder of GAX, echoed Ejan's remarks and said the event is more based around street culture; urban settings, skateboarding and surfing, which is different from art that is primarily showcased on Guam.

"If you look around during the course of this event, there is such an eclectic mix of people that will come through here of all ages," he said. "You'll see young children over here at the coloring table, you'll see parents seeing their children's art for the first time, you'll see extended families doing their own art. It's just a nice time to come together with a positive message and see how people are incorporating the culture of Guam into more modern and contemporary art forms."

Local artist and art instructor Ryan Shook was present opening night with a paintbrush in hand to showcase live art, composing a piece of art at the show for patrons to watch from start to finish.

"[GAX is] alternative, it's progressive and as an event it's a lively scene," he said. "I think that GAX in addition to many other movements that are going on right now... it's got its own influence and encouraging expression and progression that is a little bit different from what is going on around the island."

Mother's Day Events

U.S. Naval Base Guam

Mother's Day at Orote Point Lanes
May 13

10:30 a.m.-10 p.m.

Mothers bowl for free when accompanied by a family member

Mother's Day nine-pin no-tap tournament at Orote Point Lanes
May 13

Bowl four games, top five mothers will move to pro-step Ladder format. Mothers

will get additional pins for the day. Registration fee is \$20. Sign up at the front desk. For more information, call 564-1829

Mother's Day Brunch at Top O' the Mar
May 13

10:30 a.m.-1 p.m.

\$27.95 for adults, \$13.95 for children five-11 years old. Children four years and younger eat free. Enjoy complimentary champagne and special dessert for mom. There will be a live band to entertain you and a professional photographer. For more information, call 472-4606/7 or 688-3634.

Andersen Air Force Base

Mother's Day golf special at Palm Tree Golf Course

May 13

7 a.m.-6 p.m.

Moms play free with a paying family member.

To schedule tee-time, call 366-4653

Mother's Day bowling special at Gecko Lanes Bowling Center

May 13

Noon-7 p.m.

Bring mom to Gecko Lanes and she'll receive three free games of bowling

when accompanied by a family member. For more information, call 366-5117

Mother's Day Champagne Brunch at Top of the Rock Ballroom

May 13

10:30 a.m.-2 p.m.

\$23.95 for club members, \$26.95 for non-members, children five years and younger eat free.

Reservations are required and will be accepted until May 11. For more information or to reserve your seats, call 366-6166.

NJHS Sumay Chapter inducts new members

By Shaina Marie Santos
Joint Region Edge Staff

Sixth, seventh and eighth-graders from Cmdr. William C. McCool Elementary/Middle School (MEMS) were inducted into the National Junior Honor Society (NJHS) Sumay Chapter in the school cafeteria May 3.

Proud family members and MEMS faculty attended the inauguration in honor of 28 new inductees who look forward to making a difference in their school and in the community.

MEMS counselor Jennifer Kukes said the NJHS induction is one of the more formal ceremonies performed by the school.

"Today, we're going to celebrate everybody's hard work," she said. "Everybody really looks forward to this."

According to Kukes, to be inducted into the NJHS, students completed an application process, which

highlighted a student's academic, leadership and citizenship capabilities and traits, which was completed with a ritual of initiation.

"For those that are selected, we have a tradition and it's called the tapping," Kukes said. "A current member will enter the classroom of an inductee, and they will tap them on the shoulder and they will announce that this person has been selected for induction – and it's really nice, the kids really look forward to it and the anticipation."

Kukes said NJHS helps motivate students to strive for a tangible goal, rather than leaving them without drive under compulsory education.

"[NJHS] is a group of students who I like to use as role models and I think they function as role models in the school," she said. "It's not a club that just anybody can be in; [students] have to work hard. They still have to keep that standard, they still have to maintain those grades, they still have to give back to the community."

MEMS gifted resources teacher and academic challenge bowl committee chair Debora Moore said students work hard to be a part of the program and go on to play important roles in the school, becoming mentors for fellow students and ambassadors for visitors.

"They get very excited, they're very happy to be chosen," she said. "They've earned it too, through their behavior and volunteering. When we have new students, [NJHS members] will mentor them, when we have guests, they'll take the guests around and teach them about the school."

MEMS parent Armina Domingo was proud to have her son inducted this year.

"This is a group of students who excel in the class," she said. "It's good for [my son] being in a group; they're helping each other and helping the community also. It's good for his [character] building. As a whole, it's good for the students."



Welcoming New Members: The Cmdr. William C. McCool Elementary and Middle School National Junior Honor Society (NJHS) president addresses fellow members, faculty, staff and family members during an NJHS inauguration at the school on U.S. Naval Base Guam May 3. The NJHS Sumay Chapter inducted 28 new members to its organization U.S. Navy photo by Shaina Marie Santos/ Released



GHS students Rock n' Roll

Reviving the Hits: Guam High School (GHS) students perform "Mashed Potato Time" by Dee Dee Sharp during the school's student body production of Rock n' Roll Revival at the campus in Agana Heights May 3. During the event, students performed hit songs of from the 50s and 60s dressed in appropriate fashion of each decade. Photo courtesy of Department of Defense Education Activity Guam District Office

Chapel Schedule

U.S. Naval Base Guam

Office Hours: Monday-Friday,
8 a.m.-4 p.m.

Roman Catholic Mass

Saturday Vigil Mass: 5:30 p.m.
Sunday Mass: 9 a.m.

Sacrament of Reconciliation:
Saturday, 5 p.m.

Protestant Worship Service

Sunday Service: Traditional and
Contemporary Service:
10:30 a.m.

Jewish Shabbat

Friday, 6:30 p.m.

Naval Hospital Guam

Roman Catholic Mass

Monday-Friday, 11:30 a.m.
Chapel of Hope: Sunday, 9 a.m.

Women's Bible Study: Every
second and fourth Saturday of
the month at 8:30 a.m. at the
Fellowship Hall, Building 61

Andersen Air Force Base

Roman Catholic Mass (Chapel 1)

Weekday Mass: Tuesday,
Wednesday, Friday, 11:30 a.m.

Saturday Vigil Mass: 5 p.m.

Sunday Mass: 9:30 a.m.

Sacrament of Reconciliation:
Saturday, 4:30-4:50 p.m.

Military Council of Catholic

Women: Second and fourth
Tuesday of the month, Chapel 1
Annex, 6:30 p.m.

Catholic Youth of the Chapel:
Second and fourth Wednesday
of the month, Chapel 1 Annex,
6:30 p.m.

Choir Rehearsal: Chapel 1,
Saturday 4-5 p.m. and Sunday,
8-9 a.m.

Protestant Worship Service

Praise Service: Sunday, Chapel
2, 9 a.m.

Gospel Service: Sunday,
Chapel 2, 11:30 a.m.

Emerging Worship Service:
Sunday, Lighthouse, 6 p.m.

**Protestant Women of the
Chapel:** Second Monday of each
month, Chapel 2 Annex, 6:30
p.m.

**Protestant Men of the
Chapel:** Wednesday,
Lighthouse, 7 p.m.

**Protestant Youth of the
Chapel:** Thursday, Chapel 2
Annex, 7 p.m.

Protestant Young Adults:
Thursday and Saturday,
Lighthouse, 6 p.m.

Protestant Sunday School:
(September-May) Sunday,
Chapel Activity Center,
10:15 a.m.

*Schedules subject to change. To
confirm times or for information
about other programs, call the
chapels at:*

Andersen Air Force Base:

366-6139

U.S. Naval Base Guam

339-2126

U.S. Naval Hospital Guam:

344-9127

By Capt. Christian Chae
36th Wing Chaplain

Often, around this time of year, newspapers and Web sites run articles about what a stay-at-home mother's salary would be if they were actually compensated with a paycheck. For the past 12 years, Salary.com has been crunching the numbers, and after reviewing thousands of surveys, they calculate that an average stay-at-home mom juggles a 94.7 hour work-week filled with cleaning, managing, cooking, driving and counseling. In dollars and cents, her annual salary, including overtime, would come to about \$112,962. I say that this is a huge bargain for all that she does, especially if you throw in the intangibles like loving us.

Taking care of a family is not an easy job whether you are a stay-at-home mom, a working mom or a single parent. Especially in our fast-paced, do-more-with-less

world, we all seem to be running around frantically with over-booked schedules and with more needs than resources. I remember thinking a few years ago while sitting on a curb in a parking lot eating pizza with my family in between soccer practice and dance lessons, that this is not what I imagined family life to be. So, my wife and I started asking some questions: Why are we doing all this? Who is this for? Is this the

only way?

Rather than franticness, most faiths advocate a life of peace. In fact, in Christianity, not only are we encouraged to live in peace, but in many of our churches, we actually "share the peace" as a regular part of worship. Yet, many of us rarely feel at peace.

Patrick Lencioni, a best-selling author of "The 3 Big Questions for a Frantic Family," argues that there are three "big questions"

families—of all shapes and sizes should ask if they are to restore some sanity into their lives. These questions are: "What makes our family unique?" "What is our family's top priority right now?" and "How are we going to keep ourselves on track?" By asking these questions, families develop a "context" which helps them make better decisions for their lives. As simple as this sounds, what is amazing is that most families rarely ever sit down to talk about these things. Instead, they run around frantically without context, without direction, without peace.

I believe one of the best things my wife and I did for our family was to stop and ask these questions. Though life is still demanding and at times still frantic we now have a context to make better decisions. So, maybe in between laundry and picking up the kids, you ought to give these questions a try. Oh, and don't forget to wish your mother a Happy Mother's Day.

Frantic family



JRM recognizes Sailors, employees



Bates: Rear Adm. Paul J. Bushong, commander, Joint Region Marianas (JRM), right, awards Capt. Michael Bates, Judge Advocate General's Corps, the Legion of Merit Medal for his exceptionally meritorious conduct in the performance of outstanding services at the JRM headquarters in Nimitz Hill May 1. U.S. Navy photo by Mass Communication Specialist 2nd Class (SW/AW) Jeremy Starr/Released



Magofna: Rear Adm. Paul J. Bushong, commander, Joint Region Marianas (JRM), right, awards JRM Training, Readiness Planning Officer Olympio Magofna the Special Act Award at the JRM headquarters in Nimitz Hill May 1. U.S. Navy photo by Mass Communication Specialist 2nd Class (SW/AW) Jeremy Starr/Released

Seahawks, Eagles face off

Seahawk Spirit: A member of the Cmdr. William C. McCool Elementary/Middle School (MEMS) Seahawks girls volleyball team returns a volley over the net during a match against the Eagles from Harvest Christian Academy at the MEMS gym on U.S. Naval Base Guam May 3. The Eagles beat the Seahawks two sets to one in a three-set match. U.S. Navy Photos by Mass Communication Specialist 2nd Class (SW/AW) Jeremy Starr/Released



Over the Net: A member of the Cmdr. William C. McCool Elementary/Middle School (MEMS) Seahawks girls volleyball team returns a volley during a match against the Eagles from Harvest Christian Academy at the MEMS gym on U.S. Naval Base Guam May 3. The Eagles beat the home team Seahawks two sets to one in a three-set match. U.S. Navy Photos by Mass Communication Specialist 2nd Class (SW/AW) Jeremy Starr/Released