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Wingspan

Vol. 12, No. 13

Naval Air Station Corpus Christi, Texas

Thursday • June 22, 2006

New Petty Officers are frocked onboard Naval Air Station Corpus Christi



NAS Corpus Christi frocked 18 people in a traditional ceremony held at the Gulf Stream Recreation Center June 7. NASCC Commanding Officer, Capt. Timothy E. Coolidge, presented each frockee with their letters of advancement. The frockee's in alphabetical order are AC3 Christopher Bennett, USN; EN3 Dustin Buckler, USN; AC2 LaToya M. Clark, USN; AC2 Toby T. Davis, USN; AC3 James C. Fisher, USN; AC1 Saddi A. Frazier, USN; AC2 Earle Huskinson, USN; ABH2 Jeremy S. Massey, USN; AO1 James Rominger, USN; MA1 Roel Rosalez, USN; AC3 Whitney Scofield, USN; AC3 Steven Serphos, USN; AC2 Corey Sterling, USN; AC1 Kristen Walker, USN; AE3 Jessica A. White, USNR(TAR); RP2 Gary A. Wood, USN; AC3 Jamie R. Wright, USN; MA1 Michael Therkildsen, USN. (Photo by LI2 Paul Hewitt)

Helicopter Mine Countermeasures Squadron 15 wins the 2006 Frederick L. Feinberg Award

Story and photo by Lt. Mitchell Grant

The American Helicopter Society (AHS) International recently awarded the prestigious Frederick L. Feinberg Award to Helicopter Mine Countermeasures Squadron Fifteen (HM-15) from Naval Air Station Corpus Christi, Texas. The AHS normally bestows this honor to the helicopter pilot(s) who accomplished the most outstanding achievement during the preceding calendar year; however, this year they elected to present the award to an entire squadron for a remarkable year of providing Humanitarian Assistance/Disaster Relief (HA/DR) on a global scale.

Flying the MH-53E Sea Dragon, the world famous "Blackhawks" of HM-15 flew 3,708.3 hours performing real-world missions that significantly supported global Naval operations and provided life saving HA and DR.

From their forward deployed detachment in Bahrain, HM-15's deft and rapid response to the 2004 tsunami in Northern Indonesia significantly contributed to the success of "Operation Unified Assistance". With 72 hours notice, HM-15 embarked four MH-53E's, 300,000 lbs of equipment, and 85 personnel for operations from Jan. 10, 2005 – 26 Feb. 26, 2005. On the first day of tasking, HM-15 delivered more than 85,000 pounds of supplies, flew more than 1,500 miles and transported 177 passengers to remote landing zones. Coupled with daily HA/DR tasking, HM-15 had multiple roles ranging from the transport of a six-ton tow tra-

ctor to the transportation of Marines and United Nations Aid workers. On the 22nd of January, HM-15 once again proved to be a force enabler by transporting more than 50,000 pounds of cargo, 96 Marines, 60,000 pounds of relief supplies, and transporting 100 Indonesian mili-

Prior to Hurricane Katrina making landfall last September, HM-15's pilots and aircrew embarked *USS Bataan* (LHD 5) and were in position to provide immediate relief operations. HM-15 flew 326.9 flight hours to deliver 585,201 pounds of supplies and evacuated

three crews responded. Upon arrival, crews coordinated clearing the only possible Confined Landing Zone (CLZ) and proceeded to extract almost 400 evacuees while hostile gunfire was being discharged in the local area. On 3 September, the crews of two HM-15 aircraft responded to the New Orleans Convention Center for a call to evacuate more than 4,000 displaced personnel. Operating in conjunction with their Navy, Marine Corps, Coast Guard, and Army counterparts, the two aircrews moved more than 870 personnel to Louis Armstrong International Airport for triage. Moreover, the detachment executed AN/AQS-14A sidescan sonar operations in the safety fairways leading into Gulfport, Miss. and Mobile, Ala., while maintaining two aircraft ready to respond to logistics tasking. The detachment surveyed over 940 linear nautical miles in 7 days, ensuring these vital waterways were clear of obstructions and providing a rapid rebound to the regional and national economy.

Following the widespread damage caused by Hurricane Rita, HM-15 was tasked to conduct surveys of assigned maritime channels and waterways to ensure safe navigation throughout the Texas Gulf Coast. HM-15 completed 10 AN/AQS-14A side scan sonar missions, 37.5 flight hours and 29.2 Airborne Mine Countermeasures (AMCM) tow hours. Again, *Feinberg continued on page 7*



With the mighty MH-53E, HM-15 provided Humanitarian Aid/Disaster Relief (HA/DR) to areas devastated by last year's earthquake in the rugged terrain of Pakistan's lower Himalayas.

tary engineers to the hardest hit areas. HM-15's professionalism and hard work resulted in more than 170 flight hours and transporting 1,892 evacuees/passengers and 787,900 pounds of life-sustaining relief supplies.

2,265 injured, sick, and homeless individuals. Flight crews operated in saturated airspace with little to no air traffic control assistance. Hearing the call for an emergency evacuation from Algiers Ferry Landing on Sept. 1, 2005,

From The Skipper

A Father's Day thought

By Capt. T.E. Coolidge

As a father, I hope that everyone here had an enjoyable Father's Day this weekend. It brings back a lot of memories of when I was a young guy looking forward to doing something special with my Dad. And having a couple of sons, well it makes being here and spending time with them very special.

It also makes me think about our deployed service members, spending time in harm's way, or simply being away from their families on an official assignment of some sort. I can empathize with them – for the times that I've not been home or will not be home to share Father's Day with my family. It's a price we in the military pay too often. So I hope that you here at home, with your spouse deployed, know that I realize the sacrifice you're making. Thank you for serv-

ing in our military family.

I know I share with many of you, the hope and prayer that our children grow tall and strong and are a credit to themselves, and our country. I would think that is every father's wish for his family. Sunday was a special day for me, as I thought of what and where my children will be 20 years from now.

A week or so ago, Pittsburgh Steeler's quarterback, Ben Roethlisberger crashed his motorcycle while not wearing a helmet. He's recovering from more than seven hours of surgery to his face repairing his nose, a broken jaw and who knows what else.

I mention him because he wasn't wearing a helmet. It's not required in Pennsylvania. And I hope everyone here knows that it's a requirement on every military installation.

I'm talking about this young quarterback (24-years-old) because he's already wearing a Super Bowl ring, and there's a possibility that he'll play again this year. But I'm also talking about him because his coach lectured him about not riding the motorcycle, the fastest production bike in the world, and especially not riding without a helmet.

And then there's the motorcycle website that asks why would he wear a helmet to play football, and not wear one on a motorcycle? And lastly, the tears in his mother's eyes when she went to visit her son in the hospital – before she heard the news that he might recover fully.

Folks, that's why we require anyone that rides a motorcycle to wear a helmet and other safety factors, including safety garments for our military and civilian members that work aboard this base. And we require a military motorcycle course completion before we'll approve registering the motorcycle on the base.

It's a safety thing that I, as the Commanding Officer, as well as a parent think is important – to ensure everyone's safety.

I'll tell you that I'll think long and hard before I let one of my boys get a motorcycle. And if you decide you have to have one, I hope you were at the Operational Risk Management (ORM) course that was given a couple of Fridays ago by the "extreme sport"

Captain continued on page 7

Chaplain's Column

How do you see yourself?

By Chaplain Jaime Moreno

Do you see yourself successful? Upbeat? Happy? Is faith important to you? Is god important to you? Do you see yourself as "well able" to do what god wants you to do? The grasshopper mentality says "I'll never make it in life. My dreams will never come to pass. My marriage is too far-gone. I'm too far in debt. I'll never get out of the hole I'm in."

You need to learn how to get rid of those negative thoughts and begin to see yourself, as god sees you, a winner. God believes in you and sees you as being "well able." If you want the circumstances to change for the better in your life, you must see them changing through your "eyes of faith," which means that you will have to acknowledge your

need of change and accept god's promises. Then, you will see yourself as happy, fulfilled, successful, and overcoming life.

God did not intend for us to go through life miserable, depressed, lonely, sick, and defeated. Maybe at one time you had a good image of yourself, but now you see yourself simply as a survivor. If you are not careful, before long you will begin thinking that the image that you see of yourself is a true reflection of the way life is supposed to be. But friend, that is not God's intent for you! God is a good god, and he gives good things to his children. No matter who has denigrated, or how much pain you have experienced in life, no matter how many setbacks you have suffered, you cannot allow yourself to accept that as the way that life is supposed to be. No, God has better things in store for you.

My encouragement to you is for you to develop or learn to guard your mind, control your thoughts, to dwell and accept the fact that whatever happens at this time is not the norm therefore, needs to be corrected. You need to have introspection, have a personal touch with self (who you are) and validate yourself. God believes in us and trusts us. Let us take the proper time to search and acknowledge our need and dependence on God.



Moreno

Health Watch

Summer Safety

By Lt. Tricia Slattery

Any activities conducted outside during the very hot and humid months of summer here in South Texas are potentially dangerous to your health and wellbeing. However, with a bit of knowledge about these potential dangers and by taking a few precautions you can manage the heat responsibly and prevent injury to yourself and your family members.

Heat exhaustion is a form of heat-related illness that can develop after dehydration occurs. Symptoms of this condition are cool, pale, moist skin, muscle cramps, heavy perspiring, nausea, vomiting, weakness, dizziness, dry mouth and

headache. Heat exhaustion is a condition that if not treated may become heat stroke, which is a medical emergency. Heat exhaustion can be treated, first and most importantly, by getting out of the sun and into a cool place. Other helpful interventions include, loosening clothing, drinking water and other non-caffeinated, non-alcoholic beverages, taking a cool shower or bath, and lastly, simply resting or reducing your activity level.

Heat stroke, by comparison, is a life-threatening situation. It occurs when the body is no longer able to regulate its temperature. It can occur within 15 minutes of the first symptoms. Symptoms of heat stroke include hot, dry, red skin, loss of perspiration, nausea, dizziness, confusion and/or disorientation, hallucinations and potentially a loss of consciousness and death. Core body temperature may rise in excess of 103 degrees. Because of the severity of this condition it is imperative that it is recognized quickly, and immediate medical assistance is provided. It

is important to get this person cooled as quickly as possible, this could include moving the person to a reclined position in shaded area, or by immersing the person in a tub of cool water or a cool shower, or by moving the person to an air-conditioned building while awaiting medical response. If convulsions occur, be sure the patient is in a position that will prevent further injury.

The risk of heat exhaustion and heat stroke increases with increased humidity and increased outside ambient temperature. Though children and elderly individuals are most at risk, heat related illness could affect anyone who does not take the proper precautions. Simple modifications such as, limiting outside activity during the hours of 11 a.m. to 14 p.m., the hottest hours of the day, dressing in light colored, lightweight, loose-fitting, breathable fabrics, and staying hydrated with non-caffeinated, non-alcoholic beverages can go a long way in preventing heat related illness.

Wingspan

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MWR continued from page 13

Gym on Wednesday, August 2nd at 1630. Send an ALTERNATE to the meeting if the coach cannot make it. Teams that do not send anyone to the meeting will not play in the preseason tournament.

Sports at a Glance

Event Registration August 4th

Event Deadline Aug-Sept

For more information please call the E-Street Gym at 961-2401.

Gonzalez Liberty Center

June Programs

June 23: Girls Night Out at the Barracks: Starting at 1600 until 2200. Ladies the Liberty Center would like to take some time to get your feedback on how we can better meet your needs, dinner will be provided and a lot of pampering. Please sign up at the Gonzalez Liberty Center. Don't miss this opportunity to connect with us.

For more information, please contact Christina Lewis at 961-3768.

July Programs:

July 15 - San Antonio River Walk

Trip - Come take a road trip with us to beautiful San Antonio, Texas. Relax while touring the historic Rive Walk, enjoy shopping at the River Center Mall, or take a ride on the river tour boat. There is so much to see and do, that one day is hardly enough time to take it all in, but we will try. Come by the Gonzalez Liberty Center and sign up today. Deadline to sign up is July 7. Price for the trip is \$10 per person, which includes round trip transportation from NASCC to San Antonio. Must be at least 18 years of age to participate. Minimum number of people needed to participate is 12. Departing GLC at 0700 and will arrive at the Mall at 1000. We will be departing the Mall at 1800 to be arriving back at the GLC at 2100. For more information call 961-3768. **For more information on any Gonzalez Liberty Program event, please call 961-6405 or 961-3768. The Gonzalez Liberty Center is located at Building 1260 E Street. The hours of operation are: Sunday - Saturday 1100 until 2200.**

Station Spotlight



**Yvette Armacido, Recreation Aide
Gonzalez Liberty Center**

A native of Seattle, Wash., Armacido has been onboard NASCC since April of this year.

Some of Armacido's duties as a Recreation Aide at the GLC are running the front counter and planning events.

When asked what she enjoyed most about her job, she says that she liked interacting with different people and getting to know more about military life.

Armacido's goals for the future include going back to school to pursue a nursing career and getting her daughter, Julia, 15, through the next three years of high school.

Her hobbies are studying history (the civil war and Byzantine eras in particular), going to the beach with her family and trying to surf with a boogie board.

An interesting fact about Armacido is that she spent four years in the Philippines working as a counselor in a rehabilitation center for prostitutes.



**AT3 Stormie Coach
Plane Captain, HM-15**

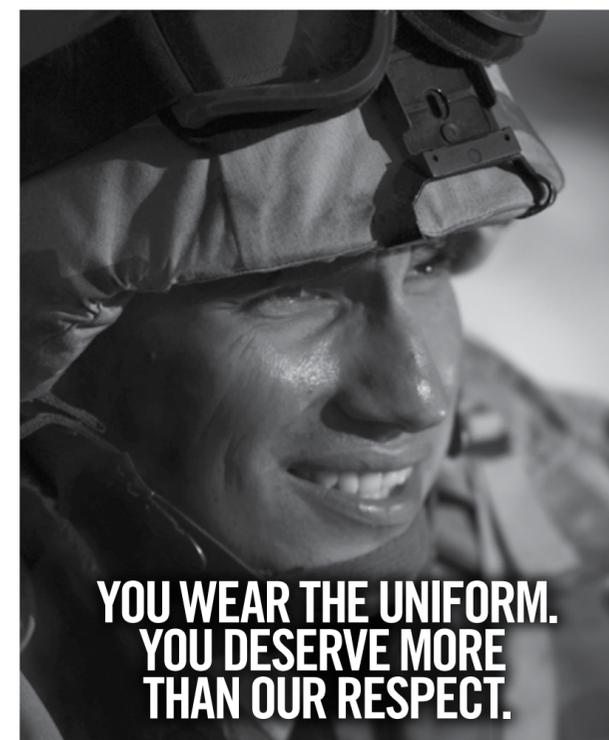
Hailing from Austin, Texas, Coach has been onboard NASCC since January 2005.

Coach was in NJROTC since her sophomore year of high school when the program was first introduced in her school and came into the Navy as an E-3.

Starting off at Hurricane Division when she reported to HM-15, Coach quickly completed her plane captain qualifications and moved onto the Line Shack. As an undesignated Airman, she struck into the Aviation Technician rate and put on her Third Class Petty Officer crow this past November.

She likes the fact that she can work on the helicopters and the excitement related to launch and recovery. Coach enjoys getting her hands dirty performing maintenance on the helos.

Currently Coach is serving in Bahrain for the next six months. She likes to go to the beach, going to clubs, and hanging out with her friends.



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Fire Warden Training

By Rick Herrera

Navy Region South Fire & Emergency Services is pleased to announce that they are once again offering the one-day Fire Warden training course to perspective "Fire Wardens" at Public Safety Bldg. #7, room 210B on July 5 from 8 a.m. - 4 p.m.. Seating is limited to the first 20 personnel per class and offered only on the first and third Wednesdays of each month. Alternate dates and times per request.

Mark Weil, Assistant Chief for Fire Prevention reminds personnel "per NAVCORPCINST Corpus Christi Instruction 11320.8K "CO(s) / Directors and OIC(s) / Supervisors will designate both a Unit Fire Warden and an alternate Unit Fire Warden for each building or group of buildings under their control." The appointed Fire Warden will be the POC for coordinating Fire Warden duties within their section.

Says John Morris, NRS Fire Chief, "I cannot overemphasize how important these designated personnel are an integral component of NRS Fire Rescue's commitment to mission readiness and to providing a safe environment for our Navy Family and tenant units. Often times as these personnel spend the working day in the facility they are the first person to take note of a potential unsafe fire related issue and can quickly take action to prevent a fire that could easily impact the

safety of personnel."

The purpose of the course is for Fire Wardens to develop a greater understanding of fire risks in the workplace and to be able to carry out Navy instructions procedures for fire safety. They will learn about fire, the way in which it spreads and the way to fight fire. An understanding of fire safety risks and how to prevent them will be gained. Candidates will learn how to use fire extinguishers correctly and safely. All course material, handouts and extinguishers are provided.

Benefits:

- With this training the fire wardens will have a greater awareness of the dangers of fire and have increased fire safety awareness.
- The Fire Wardens should then be able to take responsibility for fire safety in their area and the evacuation of other staff and visitors.
- Fire Safety practices will create a safer working environment.
- Training can save life and property.
- Compliance with OPNAV Instruction 11320.23F, NASCORPCINST Corpus Christi Instruction 11320.8K, and Code of Federal Regulations (CFR) 1910.157.

To register, or for more information please contact a fire inspector, by emailing us at NAS_CC_FD_fireprevention@navy.mil.

Sailors warned of Veteran Affairs personal data compromise

From Chief of Naval Personnel Public Affairs

WASHINGTON (NNS) — The Department of Veterans Affairs (VA) announced June 3 that active-duty Sailors may be affected by the theft in May of military personnel data.

According to the VA, a duplicate database with data files was stolen from a VA employee's home May 3. While the VA has received no reports that the stolen data has been used for fraudulent purposes, they are asking all veterans to be extra vigilant and to carefully monitor bank statements, credit card statements and any statements relating to recent financial transactions.

Several resources are available for people to go to for more information. The Department of Veterans Affairs has set up a special Web site (www.firstgov.gov) and a toll-free telephone number (800-FED-INFO or 800-333-4636) that feature up-to-date news and information on the data compromise. The site offers tips on how to check credit reports, how to guard against identity theft and whom to call if an individual believes any fraudulent activity is occurring using his or her personal information.

The Navy and Department of Defense are working closely with the VA to determine how many Sailors and other service members may be affected by the compromise of records. A letter from the VA and the Navy will notify sailors whose information has been compromised so they can take the appropriate steps.

Tips on how to watch for suspicious activity include the following:

Closely monitor your bank and credit card statements for fraudulent transactions. Monitoring accounts online is the best way to detect fraud early.

Place a 90-day fraud alert on your credit report, which tells creditors to contact you

before opening any new accounts or making any changes to your existing accounts. This action may cause some delays if you are trying to obtain new credit.

It is only necessary to contact one of three companies to place an alert. That company is then required to contact the other two.

The three companies are Equifax (800-525-6285, www.equifax.com), Experian (888-397-3742, www.experian.com) and TransUnion (800-680-7289, www.transunion.com).

Once the fraud alert has been posted, you are entitled to free copies of your credit reports. Review these reports for inquiries from companies you haven't contacted or accounts you didn't open. The alert can be renewed after 90 days.

Sailors are advised to take the following steps if they discover fraudulent accounts or transactions:

Contact the financial institution to close the fraudulent account(s) that have been tampered with.

File a report with the local police department.

File a complaint with the Federal Trade Commission by phone at 877-438-4338, online at www.consumer.gov/idtheft or by mail a letter to Identity Theft Clearinghouse, Federal Trade Commission, 600 Pennsylvania Avenue NW, Washington, DC 20580.

Other Web sites with more information on how to guard against identity theft include: www.privacy.ca.gov/sheets/eis3_english.htm www.co.boulder.co.us/da/consumer/idtheft.htm

For more news from around the fleet, visit www.navy.mil.

MWR News and Events

By Laurie Garcia, NAS MWR

Child Development Home Program Career Choice of the Century

The Child Development Home Program is looking for a "few good homes" to add to the already long list of homes offering quality child care to the military and civilians of NASCC and NS Ingleside. The Navy Child Development (CDH) profession offers providers the opportunity to work in their own home and watch their children grow and develop while caring for children of military and civilian families and earning an additional income. CDHs assists parents by providing child care services to support operation readiness, mission accomplishment, and retention. CDHs are an alternative to center-based care and are often preferred by families because of the small group sizes, the homelike atmosphere and the flexible hours of operation that other centers often cannot accommodate. Anyone who lives in military housing and wishes to provide child care on a regular basis for more than ten hours a week must be certified by the Navy as a CDH provider. Any Navy spouse or civilian living off base must be state registered before becoming Navy certified. Off base provider

applicants may start Navy certification while awaiting state registration.

INTERESTED? Navy CDH certification is required to become a Navy CDH provider. The certification is processed through the MWR CDH office and includes health screening, training (CPR, first aid, child abuse prevention, child development, parent/customer relations), home inspections and background checks.

For more information, on becoming a certified Navy Child Development Provider or to set up an appointment, please call the CDH office at 961-1166.

E-Street Gym

July 4th Holiday Hours for E-Street Gym: 1000-1800

Captain's Cup Flag Football League:

Coach's register your team at the E-Street Gym before July 28. Be sure to pick up your team package and fill it out completely. Late entries will not be considered. A mandatory Coach's meeting will be held at E-Street

MWR continued on page 14

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3. **SUMMER** - June 5 - July 29, 2006



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JUNE CALENDAR OF EVENTS

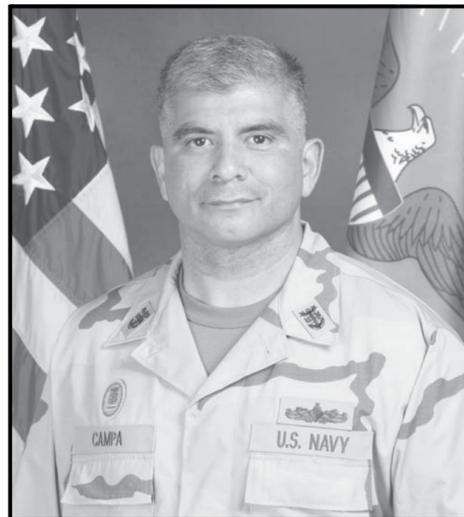
- **Warning:** Nuevo Laredo, Mexico, is designated off-limits to all military personnel in UICs 00216, 31457 and 42094 by the Commanding Officer, NASCC, and Commander, Navy Region South. The ban, in effect since March 4, 2005, is in response to increased violence due to drug trafficking, kidnapping and murders along the U.S.-Mexico border.
- **The Operation Paintbrush Program** is searching for volunteers. This program paints homes for elderly residents or people too seriously ill or injured to maintain their homes. For more information, contact AC2 Ashley Drange at 961-2503.
- **Classified Control** located at Headquarters Building 2, will complete Fd-258 fingerprint cards for security investigations on NAS military and DOD civilian personnel. This service is provided only from 1:30 to 3 p.m. on Tuesdays, Wednesdays and Thursdays. For more information, contact Assistant Security Manager Estella Jimenez at 961-3370.
- **Calling All Talent! Singers, Bands, Comedians, Poets, or Musicians.** For the 1st Annual Base Talent Show 30 June at Wings Auditorium. There are no restrictions on competitors or ages. Children are encouraged to partake in the festivities. It's only \$3.00 a ticket and children 12 and under are free. First Place will receive a trophy and there will be 2nd & 3rd place prizes. Point of Contacts for the event is HMC Carpenter at 1/3450 or NASCC CPOA President - CMC Cisneros at 1/3945. Sponsored by your NASCC Chief Petty Officer Association fundraising for the Del Mar Scholarship Fund. The CPO scholarship provides military dependents financial assistance for continuing their education on the road of scholarship.



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Campa Selected to be Next MCPON

Special release from the Navy Office of Information



Campa

Chief of Naval Operations Adm. Mike Mullen announced June 16 that he has selected Master Chief Petty Officer (SW/FMF) Joe Campa to succeed Master Chief Petty Officer of the Navy (MCPON) (SS/AW) Terry D. Scott.

Campa currently serves as the Command Master Chief for Joint Task Force Guantanamo Bay, Cuba.

"Master Chief Campa follows a legacy of tremendous service by MCPON Terry Scott," said Mullen. "Master Chief Campa has the Fleet and Fleet Marine Force experience to represent our Sailors not only standing watch at sea and ashore, but also serving in non-traditional missions across the globe. I am looking forward to working with him as we continue to address the important issues facing our Sailors and their families."

A native of Lynwood, Calif., Campa enlisted in the Navy June 2, 1980, and completed Recruit Training and Hospital Corps "A" School in San Diego.

His duty assignments include service aboard the San Diego-based USS Ogden (LPD 5); Naval Medical Center, San Diego; 7th Marine Regiment, 1st Marine Division, Camp Pendleton, Calif.; Naval Hospital Long Beach, Calif.; 3rd Force Service Support Group, Fleet Marine Force, Okinawa, Japan; Naval Hospital Bremerton, Wash.; 1st Force Service Support Group during the Persian Gulf War; USS Comstock (LSD 45), based in San Diego; and Naval Training Center Great Lakes, Ill.

Campa was selected to the Command Master Chief (CMC) program in May 1999. His first CMC tour was aboard USS Curtis Wilbur (DDG 54) in Yokosuka, Japan. During his tour, the ship deployed to the North Arabian Sea in support of Operation Enduring Freedom.

He subsequently served as the command master chief of Guam-based USS Frank Cable (AS 40).

Campa is a distinguished honor graduate of the U.S. Navy Senior Enlisted Academy, a graduate of the U.S. Army Sergeants Major Academy and has completed the Army Command Sergeants Major course, and has a Bachelor of Science Degree from Excelsior College.

In March, he graduated from the Naval War College with a Master of Arts degree in National Security and Strategic Studies.

"The greatest thing about the Navy is that it gives everyone who enlists to serve our country a chance," said Campa after learning of his selection. "No matter where we come from before we put on the uniform, our Navy gives us all the same chance for success. I am proud to serve in an organization that gives us all opportunities for world-class, state-of-the-art training, an education, help with a direction in life, and service with honor.

"Because of the chance the Navy gives us all to succeed, we're only limited by our individual willingness to work hard and our own desires," he added. "I am eternally grateful for the opportunity the Navy gave to me when I first raised my right hand, and how the Navy continued to provide opportunities for success and growth, personally and professionally, throughout my career.

"There is no way I would be in this position without the help of my shipmates and my friends, and my family. I am humbled beyond words for the opportunity and responsibility I now have been given to serve in this role as MCPON, and I am determined to make sure our Navy continues to offer such opportunities to the best people our country has to offer," Campa said. "To me, that is the best way I can repay in some small way the help, encouragement and faith all the people who have touched my life have given me."

As the Navy's senior enlisted sailor, the MCPON serves as an advisor to the Chief of Naval Operations and to the Chief of Naval Personnel in matters dealing with enlisted personnel and their families.

The MCPON also is an advisor to the many boards dealing with enlisted personnel issues; is the enlisted representative of the Department of the Navy at special events; may be called upon to testify on enlisted personnel issues before Congress; and maintains a liaison with enlisted spouse organizations.

The change of office ceremony is scheduled for July 10 at the Washington Navy Yard. For more news from around the fleet, visit www.navy.mil.

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Career development boards can affect your Navy career

By NCCS (SW) Terri Green

Career Development Board is one of the tools Command use to help service members to enhance Naval careers. CDB provide all enlisted personnel the opportunity to attain a position of higher and greater responsibility. Vital tool for furthering a member future through continued guidance, direction and assistance in achieving military or civilian goals. Mentoring is also another method of developing junior enlisted into the future of tomorrow's Navy. The Navy is very dynamic and growing in technology and education. The Career Development Board uses a variety of resources for optimizing professional growth, increasing skills and job satisfaction. Ultimately the end result will be retention of highly qualified members. CDB cover several topics to include: Advancement/Qualifications, Educational Opportunities, Career Intentions and Personal Goals. Commands may perform CDB at their discretion, or prior to advancement exam cycle and again after the fleet wide exam. Normally the recommended CDB categories are as follows:

- (1) Newly reported sailors who are first termers within a 4 week time frame.
- (2) Service members who are NOT reaching career growth potential need to appear at CDB.
- (3) E-1/E-2 personnel reaching E-3 within 18 months of active day-for-day service.
- (4) E-3 personnel NOT reaching E-4 within four years of active day-for-day service.
- (5) E-4 personnel NOT reaching E-5 within six years of active day-for-day service.
- (6) E-5 personnel NOT reaching E-6 within twelve years of active day-for-day service.
- (7) E-7/E-8 personnel that were not selected for the next higher pay grade after three selection boards.
- (8) E-7, E-8 and E-9 selection board candidates can have their package reviewed by the CDB upon request.
- (9) E-9 Career Development Board should be conducted by their reporting senior.
- (10) Personnel within 24 months of reaching High Year Tenure (HYT) and personnel HYT waivers per reference OPNAVINST 1160.5C

Career Development Board members will consist of Command Master Chief, LCPO, Division Career Counselor and Command Career Counselor will be present. Prior to conveying the board a screening package will be prepared for members highlighting any pertinent information about the service member appearing before the board. Once the CDB has ended board members will assess all information obtain during the interview. Career Development Board members will make its recommendation based on a service member qualifications and desires. All commands are responsible to their enlisted personnel for providing guidance and advice on all matter whether it pertain to military, or civilian. Reference material, interview sheets and guidelines on how to conduct a Career development Board can be found in the CDB instruction NAVPERSCOMINST 1040.1

If you have any questions about the contact your Divisional Career Counselor, or visit the Command Career Counselors office.

Tenant's Rights

By Lt. Jonathan Flynn

Servicemembers should exercise the utmost care in their apartment search, whether they are moving due to personal choice, weather conditions, or military orders. The first step towards a successful apartment hunt is to check the home and surrounding area. What is the condition of both the inside and outside? Check the stove, refrigerator, garbage disposal, heating, air conditioning, and toilet. Make a written list of necessary repairs. Talk to neighbors. Ask if there have been disputes with the landlord. Ask about noise and crime in the neighborhood. Check for complaints against the landlord with a local landlord/tenant association, consumer protection agency, or better business bureau. If your landlord owns other rental properties, check those also.

Once you have found a suitable dwelling, the next step is the agreement to rent. Oral agreements lead to uncertainty for both the landlord and the tenant. Therefore, an agreement should be in the form of a written lease. It is essential that you read and understand all aspects of the lease, even if the landlord tells you that the lease is a "standard form." In most situations, the lease will control your rights and duties, and the rights and duties of your landlord. If you do not feel comfortable with a particular provision of the lease, propose a change to it. Write the changes in ink on the lease, followed by the initials of all parties, to ensure that all parties have agreed to the changes.

There are certain lease terms that you

should watch out for. First, note the monthly due date of the rent. Second, look at the conditions on return of a security deposit. Some states heavily regulate security deposits, while others do not. Third, scrutinize provisions concerning repairs. Finally, be sure to understand lease termination provisions. Determine what fees you will have to pay if you leave your apartment before the end of the lease.

For military personnel, it is essential to understand the Service members Civil Relief Act (SCRA). This federal law allows service members to break their lease early if they receive PCS orders, deployment orders, or orders to support a military operation. The service member must give written notice and a copy of his orders to the landlord to invoke these rights. After the landlord receives this documentation, the service member is liable for the rent for 30 days after the next due date of the rent. For example, assume a service member has his rent due on the 1st of every month. If that service member gives notice on any date from March 1st to March 31st, then he is liable for rent through the end of April.

Also remember that usually your landlord is not responsible for damaged or lost personal property. Therefore, tenants should maintain renter's insurance for protection.

If you have any questions about a lease, please contact the Navy Legal Service Office at 361-961-3765.



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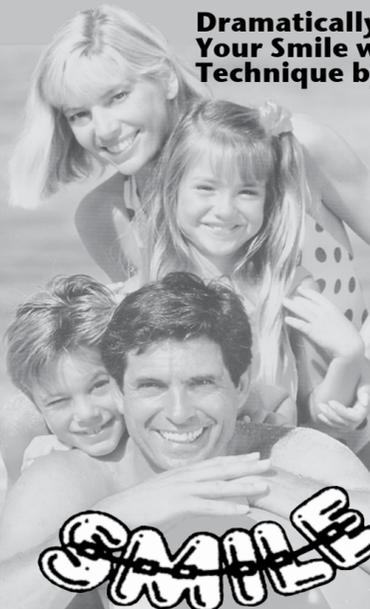
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Saturday Clinics for school physicals

By Bill W. Love, NHCC Public Affairs Office

Naval Hospital Corpus Christi (NHCC) Pediatric Clinic will offer Saturday School Physicals July 22 and August 5 and 12, from 8 a.m. to 4 p.m.

"This benefit is being offered due to the strong demand for school physicals prior to the new school year, and to allow parents the opportunity to complete this without having to miss work during the week," remarked Lt. Jorge E. Martinez, Pediatrics Nurse.

To take advantage of this NHCC Community Service, Prime enrollee parents should request a Saturday School Physical appointment by calling (361) 961-6000 beginning July 1. On the day of the appointment be sure and bring the child's immunization record, the school physical form, and medical record if it is not kept by the NHCC.

"We are asking patients to be 30 minutes early to complete required paperwork, and to get required immunizations," explained Martinez.

Because of the nature of the physicals, only patients over 4-years-old will be seen by appointment only. The School Physical Saturday Clinics will be held in the Pediatric Clinic so that Family Practice can conduct their regularly scheduled Saturday Acute Clinic from 8 a.m. to 4 p.m.

The Family Practice Clinic is currently open 7 days a week: Monday through Friday

from 7:30 a.m. to 8 p.m., and Saturday, Sunday and Holidays from 8 a.m. to 4 p.m. for acute care needs.

If you prefer to have your child examined for school physicals during standard times, the Pediatric Clinic is open Monday - Friday 7:30 a.m. to 4:30 p.m., and closed on weekends and Holidays. Routine appointments are available throughout normal working hours.

Appointment clerks are available 7:30 a.m. to 8:00 p.m. for scheduling. After hours and on weekends Family Practice is available to see your child for acute needs. If needed, please call to schedule.

One of best ways to keep your child healthy is through prevention. Have all of your immunizations up-to-date and schedule periodic physicals.

Your healthcare is a top priority and the NHCC staff will continue providing quality service to you and your family, and will strive to make your visit a pleasant one.

Subscribe to *The Binnacle e-News*, and receive information at home and work about services, clinic hours, and other useful Naval Hospital Corpus Christi information. Type 'SUBSCRIBE' in the subject line of a blank email and send to: PAO-NH-Corpus@nhcorpus.med.navy.mil

Coast Guard assists Bee County Sheriff Department

By Lt. Lane Steffenhagen

The Coast Guard assisted the Bee County Sheriff Department in the search for a 75-year-old woman who had gone missing in the woods near Beeville, Texas, Thursday morning.

The Pettus, Texas, resident, who suffers from alzheimer's, was reported missing at 11 a.m. After several hours of searching, the Bee County Sheriff Department called Coast Guard Air Station Corpus Christi for assistance at 9:17 p.m. The air station launched an HH-65 Dolphin helicopter to search a 200-300 acre area.

At 11:45 p.m., the helicopter crew spotted the missing woman wandering in the woods, one mile from her camp house. The crew directed the sheriff department to her location, where medical assistance was rendered.

The woman was transported to Spohn Memorial Hospital and is listed in stable condition.

Feinberg continued from page 1

HM-15's support of Texas ports ensured the quick recovery of jobs with minimal economic impact.

On Oct. 11, 2005, U.S. Central Command tasked HM-15 Detachment Two to fly two MH-53E Sea Dragon Helicopters to Pakistan to deliver HA/DR to areas affected by the Oct. 8, 2005 earthquake. On the morning of Oct. 14, 2005, flight crews delivered more than 45,000 pounds of supplies, flew more than 240 miles, and transported 127 passengers and 104 casualty evacuees. Operating in the unforgiving terrain of the lower Himalayan Mountains, in total, HM-15 Blackhawks provided 338 tons of life-sustaining cargo and the transport of 352 patients and evacuees.

Throughout these operations HM-15's Bahrain-based detachment (Detachment Two) continued its fine tradition of reliable on-time logistics and AMCM support. Detachment Two remained Ffith Fleet's asset of choice to transport vital equipment and personnel. Detachment Two flew more than 2,000 flight hours while transporting more than 5,100 passengers and delivering more than 2.89 million pounds of critical supplies to operating units throughout the Arabian Gulf.

Exemplified by recent operations, HM-15 continues to demonstrate the importance and value to the Navy, the nation, and the world of maintaining a robust MH-53E AMCM and vertical onboard delivery (VOD) capability. The Blackhawks of HM-15 are proud of their many significant accomplishments and will continue to serve with honor, courage, and commitment.

Captain continued from page 2

guru. If you're going to participate in risk-taking, I hope you think of the consequences.

There are so many ways of getting hurt, that I'd like people to simply think about what they're doing in an effort keep everyone safe. It might be a parent thing, but I'd like to think that we can all get through this summer, through this hurricane season and through the next year, in a safe and happy way.

See you on the beach - on a pedaled version of a two-wheeled bicycle!



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AROUND THE STATION

44th Annual Navy Regatta begins Aug 4. at the CC Yacht Club

Story and Photos by Robert Torres



A sailing vessel competing in the “Titanic Cup” race at Sunfish Beach is well ahead of its competition. And seems to have it’s own “commercial” endorsement, as the crew seems to be relaxing before reaching the finish line.



“Titanic Cup” competition line up at the starting line, the fishing pier behind the Bay Club, prior to the cannon’s blast that begins the race. This crew, comprised of former Commanding Officer Capt. Paula Hinger and two sailors, did some last minute



Petty officers Jessa Shively and Todd Teasdale prepare their “sailing vessel” for competition. The attention-to-detail in painting and time spent rigging the sail, made them a favorite to win the Cup.



Five sailing vessel competitors make their way on Sunfish Bay during a race day competition. Some vessels “caught wind” while others struggled and spent time gathering and re-spreading their fluffing sails.

If you’ve not yet gotten the word, the 44th Annual Navy regatta is going to be held here on Aug. 4, 5, and 6.

For those who have participated before, you know how much laughter and (wet) fun can be had on and around Sunfish Beach.

The event kicks off with a rally Saturday morning at the Corpus Christi Yacht Club, with the race beginning at 11 a.m., when sailors and military “crew” in sailboats of all sizes and classes depart from the Yacht Club and race to the finish line here at Sunfish Bay.

If you’ve never been on a sailboat but want to give it a try, volunteer to be on one of the sailboats that are always looking for a “crew” for the event.

After the sailboats are settled in, the infamous “Titanic Cup” race will begin. The rules are simple. The vessel must sail, be homemade, not constructed of boat material, and cost no more than \$75. In the past these rules have been interpreted to varying degrees. Entries have included everything from barrels to inflatable mattresses supported by wooden pallets. VT-31 currently has the honor of displaying the “Cup.” The race is scheduled for 4 p.m., Saturday, beginning at the pier and racing across a Sunfish Beach finish line.

On Sunday, Aug. 6, the Military Challenge Cup will commence at approximately 11 a.m., at NAS Corpus Christi’s Sunfish Beach and will end at the Corpus Christi Yacht Club downtown. The rules of this race require that a military member be at the helm on each sailboat throughout the race.

For more information, contact Lt. Jason Roberts, at (361) 961-1610, or an MWR representative at, (361) 961- 3497/2267. Or see the website at: <https://cnavra.navaltx.navy.mil/ctw-4/regatta> for online registration and more information.



Wooden slabs, plastic storage crates ropes and a sail were enough for this crew’s entry to the “Titanic Cup” race on Sunfish Beach. If it can float, sail, and carry a crew, it’s enough to be an entry – and then maybe making it to the finish line is the goal!



Although not legal, a pair of sailors decided to “prep” for the race as they were pulled to the starting line for the Titanic Cup competition. If rumor is true, these intrepid sailors were disqualified – before the race began.

AWARDS AND ACHIEVEMENTS

Student pilots advance to aviator status



The following student pilots received their “wings” designating them as aviators, during a “winging” ceremony May 26. It was held at the Corpus Christi Bay Club on board NAS. In alphabetical order they are Lt. j.g. Melissa A Arms, USN; 2nd Lt. William C Bean, USAF; 2nd Lt. Matthew T Boyd, USAF; 2nd Lt. Ethan E Bryant, USAF; Ensign Sandro Chersi, FOREIGN; 2nd Lt. Les A Claxton, USAF; 2nd Lt. Michael A Collins, USAF; Lt. j.g. Nicola D Amico, FOREIGN; Ensign Paolo Dal Pozzo, FOREIGN; Lt. j.g. Justin C Hamilton, USN; 2nd Lt. Aylett F Hughes, USAF; Lt. j.g. David A Hunt, USN; Lt. j.g. Andrew I Johnson, USN; Capt. Andrew S Karas, USAF; 2nd Lt. j.g. Jennifer A Kissel, USAF; Ensign James D Laird, USN; 2nd Lt. Donovan S Laskey, USAF; Ensign Matteo M Lupo, FOREIGN; Lt. j.g. Susan P Mendenhall, USN; 2nd Lt. Marvin E Nettles Jr, USAF; 2nd Lt. Patrick R O Malley, USAF; Ensign Matteo Pedala, FOREIGN; 2nd Lt. Brandon L Roth, USAF; Lt. j.g. David M Sortman, USN; Lt. j.g. Adam P Walski, USN. (Photo by Hugh Lieck)

Blackhawks promote thirty-nine petty officers



HM-15 frocked 39 people within their command in a traditional ceremony held at the Wings Auditorium June 9. HM-15 Commanding Officer, Cdr. Robert Bennett, presented each frockee with their letters of advancement. (Photo by LI1 Janell Alvarez)

Fisher House Foundation Award



Jeanette Ferry-Gomez received the “2006 Defense Commissary Agency – Fisher House Foundation Award for Military Children.” she was selected in a highly competitive and selective basis as a result of her meritorious achievement in academic studies, demonstrated citizenship, outstanding community service and excellent leadership skills. (Photo by LI2 Paul Hewitt)

Tactics Division displays thier knowledge



On May 24, OS2 Julie Ann Daniel, from Helicopter Mine Countermeasures Squadron Fifteen’s (HM-15) Tactics Division, shows Dr. Delbert C. Summey, (Littoral Warfare Systems Product Area Director (Acting), NAVSEA Panama City, Florida) a sonar image of a “mine-like” contact on a Post Mission Analysis Station in HM-15’s Quarterdeck. HM-15 was one of Dr. Summey’s many stops during his visit to Commander, Mine Warfare Command (CMWC). (Photo by Lt. Mitchell P.Grant)

Pilot For A Day



The Pilot For a Day Derrek Torres, Derrek is a relapsed leukemia patient and is from Portland, TX. He had the chance on June 6 to Operate a fire hose, and see how much power it takes to keep it under control. (Photo by LI2 Paul Hewitt)