Welcome Spring. We are very excited to start Spring with various good news and F&ES events. First, I am happy to announce our Deputy Director Gene Rausch has retired, effective end of December 2022. We have been deficient for not honoring Gene’s retirement earlier. Gene enjoyed a long and distinguished career with Navy and USAF F&ES. Congratulations to Gene and his family on his many accomplishments; time to enjoy the retired life and spend time with family and friends. Fair Winds and Following Seas!

From the Director

Commander, Navy Region Japan F&ES Hosts Firefighter Safety Workshop With Tokyo Fire Chiefs

By: Yuuhei Hino
Commander, Navy Region Japan Fire and Emergency Services

Commander, Navy Region Japan Fire and Emergency Services staff provided a workshop for firefighter safety best-practices to a group of 136 Japanese fire chiefs from cities around Tokyo. In the past decade the Japanese fire service has steadily shifted its culture from defensive to offensive fire operations. However, safety considerations have not necessarily developed accordingly.

C

Con’t. on page 4

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From the Director

Con’t. from page 1

NOTE: We are planning a retirement event for Gene, and will share details as we finalize dates, time, and location.

Congratulations to John Smithgall, as he was selected to serve as my new Deputy Director. Also, welcome to Joe Orona (former Navy Region EURAFCENT Regional Fire Chief) who accepted a position on our staff and will be operating from our new Norfolk detachment. Joe will be one of our primary F&ES evaluators and will be assigned special fire programs to manage (when not on the road). Welcome Aboard Joe! I would also like to offer my special thanks to the entire CNIC F&ES Team, as our staff continues to pull double workloads, as we continue to juggle our ever changing demands for service and travel.

Special Note: We are working hard to fill our four remaining vacancies on our F&ES Team. Stay alert for job announcements via email and usajobs.

As mentioned last month, welcome to MC1 Charlotte Oliver to our F&ES team. MC1 is already making a positive impact on various projects, as she will be working on the Newsletter, Job Announcements, F&ES publicity, and various other functions to spread the word on Navy F&ES accomplishments. Please send her your recommendations for articles, pictures, events, etc. for our Newsletter.

Thanks to all our Navy F&ES Team and Shipmates who serve: Protecting Those Who Defend America

Carl

Meet the Editor

Mass Communication Specialist 1st Class Charlotte Oliver joins the CNIC F&ES team, coming from her most recent assignment aboard USS Frank Cable (AS 40) in Guam. She is serving as the public affairs specialist aboard USS Frank Cable and editor in chief of the monthly newsletter What’s Happening.

Enlisting in the Navy in May 2008, she has served the majority of her career overseas, starting her career as an engineer aboard USS Lassen (DDG 82) before changing career paths to public affairs. Her other assignments include Navy Public Affairs Support Element West, San Diego; Defense Media Activity, Ft. Meade, Maryland; American Forces Network, Deagu, South Korea; and Naval Support Facility Diego Garcia.

She brings nearly 15 years of experience to the team and looks forward to showcasing the achievements and skills of all of F&ES around the globe. She can be reached at: charlotte.c.oliver.mil@us.navy.mil
Taking Care of Our Own

From: CNIC Fire & Emergency Services

Taking Care of Our Own invites all Department of Defense Fire & Emergency Services personnel to donate ONE HOUR of their annual leave to DoD F&ES members who are in need. This will help enable our fellow firefighters to focus on their recovery, rather than any financial distress. Below are the current list of contacts.

<table>
<thead>
<tr>
<th>NAME</th>
<th>LOCATION</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Dana Woods</td>
<td>NAS Oceana, VA</td>
<td><a href="mailto:marc.j.smith.civ@us.navy.mil">marc.j.smith.civ@us.navy.mil</a></td>
</tr>
<tr>
<td>Edward Smith</td>
<td>Fort Leavenworth, KS</td>
<td><a href="mailto:kelly.m.smith172.civ@army.mil">kelly.m.smith172.civ@army.mil</a></td>
</tr>
<tr>
<td>Frances “Missy” Thorpe</td>
<td>MCRD/ERR Paris Island, SC</td>
<td><a href="mailto:david.gouldie@usmc.mil">david.gouldie@usmc.mil</a></td>
</tr>
<tr>
<td>Bradley Nicholson</td>
<td>Fort Huachuca, AZ</td>
<td><a href="mailto:keith.a.read.civ@army.mil">keith.a.read.civ@army.mil</a></td>
</tr>
<tr>
<td>Samuel Adam Martinez</td>
<td>MCAS Miramar, CA</td>
<td><a href="mailto:sarah.faas@usmc.mil">sarah.faas@usmc.mil</a></td>
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<tr>
<td>Nathan Fullerton</td>
<td>NS Newport, RI</td>
<td><a href="mailto:marc.j.smith.civ@us.navy.mil">marc.j.smith.civ@us.navy.mil</a></td>
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Navy District Washington Fire and Emergency Services Come Together to Help One of Their Own

From: Navy District Washington Fire and Emergency Services

From raging infernos to motor vehicle accidents, firefighters are the men and women who are often there in a victim’s time of need. These brave men and women often spend many hours away from families and friends. But they have another family. Their firehouse family. They not only work together, they live and share meals together.

When Navy District Washington, Washington Navy Yard Fire, Capt. Randy Hopkins (Engine 42) 9 year old daughter, Bristol, was diagnosed with ulcer colitis several months ago, his firefighter family came together to help.

Ulcer colitis is a chronic disease in which symptoms can become worse over time with no current cure. Over the last several months Bristol has spent many days at Johns Hopkins Children Emergency Room, where doctors have been trying to develop a solution for this disease. Bristol recently began a new treatment via infusions. She spends three hours at a time for each infusion. As one can imagine this has caused Bristol and her family much stress and discomfort.

Navy District Washington’s goal was to show the Hopkins that they are all in this together. District Chief Moises Colon, Joint Base Anacostia Bolling/Naval Support Activity Washington, started collecting donations that were used to purchase “Happy Crates”. These crates are filled with activities, games, and toys that will be distributed to children undergoing infusions and treatments at Johns Hopkins in an attempt to make their hospital stays less stressful and ease some of their discomfort away from the treatment process. Members of the Hopkins family in turn, have also donated a lot of toys and games to be distributed to patients as well. 🎁
At the invitation of the Fire Chief’s Association of Japan, Kanto Branch, the presentation included OSHA/NFPA standards, the 2-in-2-out concept, the rapid intervention team concept, and personal protective equipment considerations. Regional Training Officer Yuuhei Hino was the key note speaker, and led the workshop through recognizing the need for safety standards, developing PPE expectations, and implementing operational solutions. The workshop concluded with the Lavender Ribbon Report to raise awareness to the growing number of cancer cases among firefighters.

Break-out groups were used to provide a hands-on training with various PPE types. Crew Chief Sato and Firefighter Nakayama introduced American standard helmets, bunker gear, and boots as examples of NFPA compliant PPE. District Chief Sakakibara and Drill Master Karagishi showed off the SCBA safety features such as, integrated PASS, microphone, and information displays. Driver Operator Noda and Firefighter Sayama demonstrated RIT, which is still a new idea for the Japanese fire service.

Just as historical injuries and line of duty deaths in the U.S. Fire Service motivated improvement to safety programs, Japan is facing a similar challenge. The end of World War II marks the beginning of Japan’s transition to modern firefighting. Prior to this, defensive strategies were primarily used since buildings were mostly wooden and constructed very close to each other. However, it wasn’t until the 1990s that offensive firefighting strategies gained favor due to building code implementation and the mandating of fire rated building materials. According to a Tokyo Fire Department survey, more than 90% of structures are now fire rated.

In spite of this positive change, the number of exposure fires has not decreased since most cities are mixed with fire resistive and wooden structures. This further drives the need for safer firefighting practices. Attendees were open to new ideas and developing solutions. It was an honor to have a hand in influencing the safety culture for fire departments across the Kanto region. CNRJ F&ES looks forward to more ambassador opportunities between the Japanese and U.S. fire services.
District Chief Yuji Nakayama recently reached 30 years of service with U.S. Forces Japan. A firefighting career that has spanned both U.S. Navy and Air Force installations.

Chief Nakayama has been a part of the USFJ/Master Labor Contract on Okinawa for the entirety of his more than 30 years of fire service. He began his career as a firefighter in 1992 with Kadena Fire & Emergency Services. Through hard work and dedication, Chief Nakayama worked his way through the ranks as a firefighter, driver operator, crew chief, and district chief for Kadena F&ES.

In 2018, Commander, Naval Region Japan grew it’s White Beach F&ES capabilities in support of Commander, Fleet Activities Okinawa and implemented an additional district chief position. Nakayama decided to seize this opportunity to expand his knowledge base and provide his personal expertise to the White Beach F&ES. Then CNRJ White Beach Fire Chief Greg Pena selected Chief Nakayama to be one of two district chiefs for White Beach F&ES.

Nakayama is well respected among his USFJ/MLC firefighting peers. Due to his extensive rescue knowledge, he was previously assigned the Administrator/Primary Instructor for Pacific Air Force’s first-ever Rescue Technician Course. Chief Nakayama serves as the Assistant Commission on Fire Accreditation International Accreditation Manager and holds numerous certifications including Fire Officer III, Fire Instructor II, Hazardous Materials Technician, National Registry Emergency Medical Technician, and many others. He has a long list of accolades, including 7-time firefighter of the quarter, 4-time firefighter of the year, and in 2014 received the high honor of DoD Civilian Fire Officer of the Year.

“I owe my success to several outstanding chief officers who took the time and mentored me over the years,” said Nakayama. “I reflect on what they instilled in me, and return that favor by reinvesting back into our future fire service leaders. I’m very pleased to see many of which have promoted into bigger roles within the DoD enterprise.”

Nakayama and his wife Mika have four children; Yuze (20), Yuel (18), Yurik (15), Erena (9) who live in both the United States and Japan.

“My family have always supported my career and through them we have enjoyed the wonderful memories over the years,” said Nakayama of his family.
Navy Region Hawaii Class of 2022
Firefighters Graduate

By: Roger Pinell, Battalion Chief, Navy Region Hawaii Fire & Emergency Services

On September 23, 2022, the Fire Department, Navy Region Hawaii, held a graduation ceremony for 30 Navy Region Hawaii and four State of Hawaii, Department of Transportation, Airport Division Fire Fighter Recruits.

The Class of 2022 went through a mentally and physically demanding 26-week recruit academy and received DoD professional firefighter certifications as Fire Fighter I and II, Hazardous Materials Awareness and Operations, and Airport Rescue Firefighting.

Graduates also received certification as Emergency Medical Technicians through the National Registry of EMTs. Following graduation, the firefighters were assigned to one of 13 stations across the island to begin their careers as public servants in the community.

One remarkable achievement and milestone worth noting, this recruit class began with 34 members and graduated 100%. During the ceremony, several firefighters were recognized for their accomplishments.

- Maltese Cross Award:
  Firefighter Chris Fujiwara

- Physical Fitness Award:
  Firefighter Joshua Peru

- Star of Life Award:
  Firefighter Carter Lai

- The Leadership Award:
  Firefighter Ziggy Muramoto

- Most Outstanding Award:
  Firefighter Easton Fujioka

Congratulations to all those who were involved in this lengthy process and to the graduates.
Rota Fire & Emergency Services Receive Award for Assistance with Shipboard Fire

By: Mass Communication Specialist 2nd Class Hutch Johnson, American Forces Network Rota

On October 7, 2022 at 9:05 p.m. Naval Station (NAVSTA) Rota Fire and Emergency Services (F&ES) responded to a major shipboard fire onboard the Spanish Frigate Santa Maria (F81). At 9:11 p.m., engine 2 arrives on scene and reports heavy smoke from the exterior and ship’s forces request assistance with resupply operations. At 9:17 p.m., ladder 1 arrives on scene and is directed to cool down the top deck of the ship with the aerial master stream. On scene, Christopher Cruz, assistant chief of operations, receives notification that there are people trapped on the front of the ship including children who were unable to escape from the massive amount of smoke. Seeing the danger, ladder 1 moves to begin rescue operations. Extending the ladder from the pier to the nose of the ship, NAVSTA Rota firefighters were able to rescue 24 people and get them to the medical triage area.

NAVSTA Rota Fire Chief Shane Rayfield described the scene as “smoke everywhere” and “unbelievable.” However, he emphasized that his team was prepared for challenges like this because of their training. “At that point everyone knew their roles due to our extensive training and our main focus was to get everyone off safely then support the ship’s crew and save the ship,” he said. With everyone off safely, ship’s forces then requested assistance fighting the interior fire. Hose lines were advanced from Ladder 1 and Rota F&ES worked with the ship’s crew to attack the fire. Luckily, at the time of the fire the two hangars were not occupied by any helicopters. The firefighting crews quickly extinguished the fire and began overhaul procedures.

At approximately 11:45 p.m., Rota F&ES ended their response. The fire’s damages were contained to three compartments and extinguished, limiting further damage. Considering all the challenges with a joint international response this was a very successful outcome.
Fast forward a few months and the Santa Maria is back in service and ready for deployment. Cmdr. Alfonso Moreno Cividanes, capitan de fragata, thanked Chief Rayfield for his personnel’s fast response and hard work during an award ceremony aboard the Santa Maria, Nov. 4, 2022. During the ceremony, Rayfield and Martin began talks to continue training together. Prior to this fire, there was no history of a joint response for a major shipboard fire on a U.S. or Spanish vessel at NAVSTA Rota. Additionally, no joint shipboard firefighting training has been conducted between the two agencies. “We do training all the time with the Spanish Bomberos on the flight line,” said Rayfield. “Hopefully moving forward we can schedule something with the ships and get our guys some more experience and figure out how we can operate together better.” Though this was a successful outcome, NAVSTA Rota F&ES will continue to reach out and find opportunities to strengthen the relationship with the Spanish Navy and in hopes lead to more joint training, sharing of information, familiarization of Spanish vessels and more effective responses in the future.
On the Sunday evening of October 22, 2022, the entire west side of Cascade Mountains in Washington State lit up in a series of more than 27 fires ranging from the Canadian border down to the Oregon border.

One of these fires started at Jim Creek Naval Radio Station, a strategic submarine communication facility and regional outdoor recreation facility. Located in the foothills of the Cascade Mountains, it is protected by Navy Region Northwest Fire & Emergency Services, Battalion 3. The first arriving units found a 5-acre fire in light fuels spreading quickly in the direction of base buildings and surrounding homes.

Quick action called for multiple mutual aid to fight the blaze. Units from Arlington Heights Fire Department, North Snohomish County Fire District, Oso Fire District, Marysville Fire District, Washington Department of Natural Resources, the City of Everett Fire Department, U.S. Army Garrison Yakima Training Center, and Fairchild Air Force Base.

By the time all the additional resources had arrived the fire had grown to over thirty acres in steep terrain, pushed by high winds, and had crossed the valley, creating secondary fires in a forested area with no additional resources available.
One Team, One Fight (con’t.):

Navy Region Northwest F&ES mobilized brush and tender units and 27 personnel from across the region to support the sustained 5-day effort to control the two fires that covered a combined 240 acres. This team, under the direction of District Chief Sean Merrill, put forth a tireless grueling effort to control both fires with slopes up to 90% grades with limited resources, and no infrastructure loss while containing the fire to DoD property.

This is a great example of always being prepared for the ever changing challenges brought on by mission, personnel and outside factors, such as environmental changes, that we face as firefighters. Great relationship’s and training with our community partners led to a seamless unified command during the first operational period and the robust and continued support till the fire was finally brought under control. 🌡️
Wreaths Across America

On Friday December 9, 2022, personnel assigned to Naval Support Activity Annapolis Fire and Emergency Services participated in laying wreaths at the United States Naval Academy Cemetery in support of Wreaths Across America. 
Photos by: Battalion Chief Charlie Benson

Navy Region Southwest Rockstars

From: Janice Lozoya, Navy Region Southwest Fire & Emergency Services

Commander Navy Region Southwest Deputy Fire Chief Robe Whittemore, Metro San Diego Fire Chief Mary Anderson, CNRSW Emergency Management team Mark Lechner and Jim Murry, CNRSW Integrated Training Director Jerry Blunck were awarded the SECNAV Civilian Service Commendation Medal.

The group was recognized for their collaboration with multiple stakeholders to the aircraft carrier shipboard fire response plan and drill package from May to August 2022. The leadership and tactical expertise led to the successful accomplishment of the highly complex major shipboard assessment held onboard USS Carl Vinson (CVN 70) at Naval Base Coronado Aug. 24, 2022.

Left to Right:
CNRSW Emergency Management team Mark Lechner, Jim Murry, CNRSW Integrated Training Director Jerry Blunck, Region Deputy Fire Chief Robe Whittemore, and Metro San Diego Fire Chief Mary Anderson. (Courtesy photo)
Patuxent River Promotion Ceremony

Four Pax River firefighters were among nine officers promoted to the rank of captain, in a regional ceremony that brought family, friends, and peers together to celebrate this career milestone.

Each newly-promoted captains were “pinned” with their new rank and title “brass” by family and loved ones who have and will continue to support these officers both on and off the job.

Congratulations Captains Bruner, Fairfax, Griffin and Langley: Your PAX roots will move our department forward for several years to come.

-District Fire Chief Montgomery

Patuxent River Participates in Safety Stand Down

Pax Fire participated in the annual NAS Patuxent River Safety Stand Down, Nov. 21, 2022.

Crews provided live demonstrations utilizing the department’s Mobile Aircraft Firefighting Training Device, extinguishing exterior fires, interior fires, as well as victim removal.
Patuxent River Battalion Hosts Assessment Team

Navy District Washington Fire Department Patuxent River Battalion hosted an assessment team tasked with developing a current standard of inspecting and evaluating ARFF readiness throughout CNIC. Leadership from the Patuxent Battalion assisted with the validation of the new NATOPS evaluation process.

Army 10-Miler

On Oct. 9, 2022 Battalion Chief Joseph Ferrara, Firefighter Andrew Medina and Firefighter/Paramedic Nathan Martin, all assigned to Naval Support Activity Bethesda, completed the Army 10-Miler through Washington, D.C.’s historic landmarks starting and ending at the Pentagon.

NAS Whidbey Island Bids District Chief Farewell

Naval Air Station Whidbey Island, Washington bid farewell to District Chief Sean Merrill, who is moving forward with his next chapter at NAS Sigonella, Italy. The ceremony took place Nov. 22, 2022 at Station 71, NAS Whidbey Island. NRNW F&ES will not be the same without the exceptional leadership of Chief Merrill during his 14 years stationed at NASWI. Fair winds and following seas Chief Merrill!
Navy Region Southwest Conducts Auto Extrication Training at NAS Lemoore

Commander Navy Region Southwest Naval Air Station Lemoore, California in conjunction with L.N Curtis, conducted auto extrication training during the week of December 11, 2022.

The focus of the training was to familiarize department personnel with the newly acquired Hurst eDRAULIC extrication equipment. NAS Lemoore’s frontline structural apparatus replaced older auto extrication equipment with the new innovative eDRAULIC technology.

Using portable battery power, the equipment upgrade will allow the first arriving emergency responders the ability to quickly extricate and rescue trapped or entangled victims. This newly acquired equipment will aid in providing rapid lifesaving medical treatment that is required in an auto extrication event, while preserving the golden hour of lifesaving more effectively.

The training consisted of both static and didactic applications. Topics covered included traditional and electric vehicle automotive construction, cutting and spreading of high tensile strength metals, vehicle stabilization, and shoring.

This training is conducted annually and is crucial in keeping personnel proficient at the highest level to serve our stakeholders.
Navy Region Southwest Conducts Training Across the Region

Commander Navy Region Southwest Fire and Emergency Services had a busy month conducting numerous important trainings throughout the region.

Naval Air Facility El Centro was host to a region-wide D/O Aerial class instructed by Alabama Fire College from Nov. 28 to Dec. 2, 2022. This class resulted in certifying 15 personnel as aerial operators across the region, to include personnel from NAF El Centro, San Diego Metro, NWS Seal Beach, NAWS China Lake, NAS Lemoore, and NAS Fallon.

Support from Imperial County was provided for this training and was crucial to the outcome of the course. Meanwhile, NWS Seal Beach participated in joint mutual-aid training with Orange County Fire Authority, which hosted 55 firefighters and 15 emergency apparatus to simulate a two-alarm structure fire at a senior living facility.

Seal Beach Fire personnel participate with OCF A partners for a two-alarm structure fire scenario to a senior living facility. (Photo by Captain Steven O’Brien, NWSSB).

(left) Navy Region Southwest personnel attended D/O Aerial training hosted by Alabama Fire College at NAF El Centro. (Photo by Assistant Chief of Training Stuart Vaughn, NAFELC)

(right) Navy Region Southwest personnel attended D/O Aerial training hosted by Alabama Fire College at NAF El Centro. (Photo by Assistant Chief of Training Stuart Vaughn, NAFELC)
Seal Beach E-32 participated in the event and continue to maintain outstanding mutual-aid partnerships while improving proficiency in fire ground operations.

*(right) Seal Beach Fire personnel participate with OCFA partners for a two-alarm structure fire scenario to a senior living facility. (Photo by Captain Steven O’Brien, NWSSB)*.

Additionally, San Diego F&ES has been hard at work conducting BLS and ALS NREMT refresher training for more than 210 personnel across the San Diego Metro installations, focusing on critical life-saving care and updates in EMS protocols and practices.

*(left and right)*

*San Diego F&ES personnel participate in BLS and ALS EMT refresher training at the NRSW Regional Training Center. (Photos by Captain Russell Shoumake, NBVC)*.
Upcoming Training

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<td>Quality Improvement Workshop</td>
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<td>Quality Improvement Workshop</td>
<td>Center for Public Safety Excellence (CPSE) Rosemont, Illinois</td>
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<td>Nov. 7 - Nov. 9, 2023</td>
<td>Quality Improvement Workshop</td>
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Center for Public Safety Excellence® Launches New Public Information Officer Professional Credential

From: Mike Higgins, Center for Public Safety Excellence

In January 2022, CPSE’s Commission on Professional Credentialing began an effort to develop a new professional designation for Public Information Officers. The prior year, CPC had been approached by the National Information Officers Association with a request to develop the designation. Based on survey results from NIOA members, the CPSE Board of Directors unanimously approved the development of the designation to highlight the importance of the PIO profession. Following eight months of focused development and beta testing, CPC is proud to announce PIO as the sixth professional credential effective November 2022. This credential is available to individuals who are employed as public information officers for governmental or quasi-governmental entities or are volunteers for a federal, state, local or tribal government agency.

Version 1.0 Public Information Officer Designation Candidate Guide and Application is the first version of the Standard Guide and Application for the designation. This version offers the standard application package for those public information officers seeking the PIO designation. This designation program provides recognition of career excellence and achievement and provides for continued personal and professional development.

CPSE’s mission is to “Lead the fire and emergency service to excellence through the continuous quality improvement process of accreditation, credentialing, and education.” CPC assists in the professional development of emergency services personnel by providing guidance for career planning through participation in the professional designation program.

WHO CAN APPLY?
The PIO designation is open to designated/appointed/volunteer PIOs serving in federal, state, local or tribal governmental or quasi-governmental agencies or working for a corporate entity that is supported by government or that serves in emergency support functions.

Candidates are required to provide an organization chart verifying position within an organization. In the absence of a formalized organizational chart, candidates must provide a description of responsibilities along with a letter from their supervisor verifying their role as PIO.
ATTENTION!

CNIC FIRE & EMERGENCY SERVICES

CURRENT JOB OPENINGS

TITLE: FIREFIGHTER (HAZMAT OPERATIONS)
LOCATION: MULTIPLE LOCATIONS
OPEN: NOW
CLOSE: SEPT. 18, 2023
LINK: www.usajobs.gov/678014400
PAYGRADE: GS-6 – 7

TITLE: FIRE PROTECTION INSPECTOR
LOCATION: PEARL HARBOR, HI
OPEN: NOW
CLOSE: APRIL 7, 2023
LINK: www.usajobs.gov/670162100
PAYGRADE: GS-7 – 8

TITLE: FIREFIGHTER
LOCATION: KEY WEST, FL
OPEN: NOW
CLOSE: MARCH 31, 2023
LINK: www.usajobs.gov/696284700
PAYGRADE: GS-3 – 5

OTHER JOB OPENINGS

REGIONS LOOKING FOR MOTIVATED INDIVIDUALS TO FULFILL MULTIPLE POSITIONS:

NAVY REGION MID-ATLANTIC:
REQUIREMENTS: ACCREDITED FF-11, HAZMAT OPS. AND EMT
LOCATIONS: NAVAL STATION NEWPORT, RI
SUBMARINE BASE NEW LONDON GROTON, CT
PORTSMOUTH NAVAL SHIPYARD KITTERY, ME
IF INTERESTED, SEND AN E-MAIL TO: DIRECTHIREFIRE@NAVY.MIL
BE SURE TO INCLUDE INTERESTED LOCATION IN THE SUBJECT LINE FOR BENEFITS INFORMATION AND FEDERAL RESUME ASSISTANCE.

NAVY REGION NORTHWEST
LOCATIONS: NBK BANGOR
NBK BREMERTON
NBK KEYPORT
NAV MAG INDIAN ISLAND
Multi-Agency Fire Departments Execute SAR and Shipboard Firefighting Drills Aboard USS Frank Cable

From: Department of the Army
Military Surface Deployment and Distribution Command 834th Transportation Battalion, Concord, California

Military Ocean Terminal Concord (MOTCO), California Fire and Emergency Services participated in a large-scale multi-agency exercise with area mutual aid agencies and county-wide urban search and rescue teams aboard the Emory S. Land-class submarine tender USS Frank Cable (AS 40), Nov. 17, 2022.

MOTCO Fire Department is providing support and emergency services liaison to Frank Cable during their scheduled dry-dock availability in the San Francisco Mare Island Shipyard.

Mare Island was the first United States naval bases established on the west coast. Christened by President Abraham Lincoln in 1854, and is home to the oldest Pacific dry dock shipyard remaining in the United States. Currently, Frank Cable is utilizing a dry dock space built in 1910 for their availability period.

Four MOTCO Fire Department Concord firefighters joined nearly 60 firefighters from eight different area agencies, all converging on Frank Cable to perform three separate training evolutions, involving confined space rescue, rope rescues, patient packaging and shipboard firefighting crew integration. The combined efforts of the training provided a unique look at interagency and intergovernmental cooperation between the Navy, the U.S. Army, and the City of Vallejo.
Back in the Day: Seagrave MC Model Pumpers

Story By and Photos From the Collection of: Tom Shand

In the decades prior to the 1970s, many U.S. Navy and Marine Corps fire departments were operating with a two-door conventional, engine ahead or tilt cab commercial chassis fire apparatus.

These rigs were typically equipped with a 750 gpm pump and 300-gallon water tank and built on both Chevy and GMC model short wheelbase chassis. Back in the day, the crews were relegated to riding on the rear tailboard with little or no protection against the elements. Rigs that were initially delivered with hard suction hose carried on the left side of the body were modified to accommodate SCBA brackets, standpipe packs and other equipment to free up compartment space.

Some of the first custom chassis pumpers that were acquired during 1975 used Duplex Model D-260 canopy cab chassis. Depending on where your department was located, the seats located on either side of the engine enclosure were referred to as the jump seats or buckets and were a welcome addition to the Navy and Marine Corps apparatus fleet.

Seagrave Fire Apparatus which was now affiliated with the FWD Corporation had not provided fire apparatus for the military in any large quantity since World War II and found that their current chassis models were not competitive to the other manufacturers. The result was the MB series of cab forward apparatus which provided seating for four personnel using a boxy sheet metal design for the cab, looking quite different from the Seagrave custom cabs of that era.
Back in the Day (con’t.):

Between 1977 and 1979 Seagrave provided 46 model MB-23098 pumpers to the Navy and 21 identical units to the Marine Corps. These pumpers were built on a 178-inch wheelbase and due to the front steering gear arrangement were known for taking a lot of real estate to turn them around in tight locations. By today’s standards these units were modestly powered by a Cummins model VT-225 diesel engine with an Allison MT-643 four speed automatic transmission.

The units equipped with a Waterous fire pump rated at 1000 gpm together with a 500-gallon water tank and a Feecon around the pump foam system with a 60-gallon foam tank. While the engines were not equipped from the factory with master stream appliances many departments outfitted the units with a portable deck gun mounted over the fire pump, including Stang guns. The walkway between the rear of the engine and pump house provided a convenient place to mount hand tools and safe access to reload the crosslay hose beds.

All of the U.S. Navy pumpers were delivered with a chrome yellow paint scheme with limited graphics other than the Navy property number, leaving some departments to dress up the rig with installation logos, unit numbers and in some instances additional cab mounted warning lights. In later years, several of these pumpers were rebuilt and painted in the new white over lime green paint scheme. Seagrave MB engines built for the Marine Corps after several years of service were repainted with the newly adopted graphics of white over red with a mid-body white stripe, along with the Marine Corps Fire Service bulldog logo on the cab doors with large white reflective unit numbers on the body.

Engine 3 at the Philadelphia Naval Shipyard operated one of the 1978 Seagrave engines, assigned property number 73-02528 and outfitted with two deck guns and array of smooth bore appliances. Marine Corps Base Camp Lejeune operate three of the Seagrave MB pumpers and were assigned to Engine’s 6, 8 and 12 with nearly identical equipment. Engine 12 carried property number 564512 and Seagrave serial number J-95264.

During 1983, Seagrave introduced the Invader series of custom pumpers which was based upon the experiences gained from the MB model pumpers produced for the military. About forty of these units were built including fifteen for the City of Philadelphia. Back in the day these pumpers saw many years of service and were the backbone of the engine company fleet.
In 2021, Navy lost 69 Sailors to Suicide (59 Active; 10 Reserve) and in 2022 that number grew to 77 (70 Active; 7 Reserve). In Jan 2023, Navy experienced 11 suicides (9 Active; 2 Reserve).

2022 Suicides Death Data (preliminary):
- 60% were by firearm, 27% by hanging, 1% by jumping, and 11% by other means.
- 91% were men; 9% were women.
- 7% were 17-19; 46% were 20-24; 14% were 25-29; 13% were 30-34; 11% were 35-39; 7% were 40-44; 1% was 45+.
- Top stressors were relationship (47%), mental health (36%), unknown (27%), transition (26%), disciplinary (20%), and financial difficulties (11%).

Suicide is a complex, difficult topic to discuss, and is rarely the result of a single event or stressor. However, there is normally a chain of events leading to a Sailor feeling anguished and hopeless in combination with the capacity to be lethal.

To combat suicide, leaders at all levels should focus on implementing Navy’s Suicide Prevention Program (OPNAVINST 1720.4B; and Suicide Prevention Handbook). In doing so, they should:

1) **Build command** protective factors that reduce the risk of suicide, specifically developing a sense of connectedness and cohesion within their command; and prevent risk factors that include stress, toxic leaders/hostile work environment, and harassment (racial or sexual) (1720.4B Enclosure 1 Para 3).
2) Understand and identify **personal risk factors and stressors** associated with suicide, leveraging concepts, such as One Small ACT (Ask – Care – Treat); programs such as SAIL, and processes such as Human Factors Councils (1720.4b Enclosure 1 Para 1).
3) Implement and drill a **Crisis Response Plan** (1720.4B Enclosure 5)
4) Establish a “Lethal Means Safety” program to facilitate Sailors putting highly-lethal methods of suicide (including firearms and medication) out of reach during times of increased stress (1720.4B)

In response to the CNO’s Call to Action to Get Real and Get Better, the Navy is in the process of simplifying, streamlining, and aligning its culture, people, toughness and resilience programs, with a target completion by the end of the year.

**Who needs to know?**
- All Sailors
- All Triads, Chiefs Mess
- All Civilian and Military Supervisors

**What you need to know – key points**
- If you are thinking about suicide, are worried about a Shipmate, or would like emotional support, the Lifeline network is available 24/7 across the United States. Veterans Crisis Line- Dial 988 then Press 1.
- To prevent suicide, leaders at all levels must create climates that build protective factors and reduce risk factors, creating a sense of connectedness and cohesion within their unit, and root out unmanaged stress, toxicity, hostility and harassment of all kinds.
- Sailors can be affected by command risk factors and individual risk factors.
- Risk factors for suicide include a disruption in primary relationship, loss of status, psychological health issues, feelings of rejection or abandonment, increased substance use or misuse, pending legal/disciplinary actions, transition periods, and access to lethal means.
- Commands must develop and drill their Suicide Crisis Response Plan, knowing how to get Sailors the care they need when a crisis occurs.
- Lethal means safety saves lives- it has proven effective at preventing suicide.
Gun locks are one method to secure firearms and have proven effective in reducing the likelihood of a suicide attempt by placing distance and time between the person and their firearm.

Storing medications safely can reduce medication-related suicides and suicide attempts.

Sample POD/POW Notes

Great Leaders. Great Teams. Great People. Go to the 1 Small ACT Toolkit for more information on annual suicide prevention and mental health observances that are meant to facilitate consistent dialogue and generate behavior change through continuing education, sharing resources, and empowering self-efficacy in individuals, communities, and fleets.


Let’s talk about firearm safety! Did you know that Fleet and Family Service Center (CONUS and Hawaii) have gun locks available for Sailors to use with their personal firearms at home? Firearm safety is also lethal means safety, which is ensuring that highly-lethal methods of suicide are out of reach during times of increased stress.

How can gun locks effectively prevent suicide? Firearms are the most common method of suicide among Sailors and family members in 2021. Gun locks are effective in reducing the likelihood of a suicide attempt by placing distance and time between a person and their firearm. Contact your local Fleet and Family Service Center (CONUS and Hawaii) for a gun lock today.


New Year, New Medicine Cabinet! When was the last time you went through your medicine cabinet? Storing medication safely can reduce medication-related suicides, suicide attempts, and accidental overdoses. Not keeping lethal doses of medication on hand, locking up medications, and disposing of medications that you no longer need or are expired are all ways to keep you and your family safe.

FAQ

Q. What are Command Protective Factors?
A. Command Protective Factors are attitudes, beliefs, and behaviors associated with great teams. Two items for leaders to focus on include:

1) Cohesion: Whether individuals in a workplace care about each other, share the same mission and goals, and work together effectively as a team.

2) Connectedness: The level of closeness one feels to a group and satisfaction with one’s relationship to others in the group. Building connectedness starts before a Sailor arrives (sponsor program) and includes how a Sailor is brought into the team (command indoc program).

Q. What are Command Risk Factors?
A. Command Risk Factors can include these three areas:

1) Stress: Beyond expected stress, risk increases when people feel unable to control important things in their life, or experience stress beyond their ability to cope. (Resource: E-OSC)

2) Toxic Leaders / Hostile Work Environment. Toxic leaders disregard input, are unpredictable, self-promote and are demeaning, degrading, coercive, or deceptive. A hostile work environment exists when people act in a hostile manner towards each other, to include insults or gestures to humiliate.

3) Harassment (Sexual or Racial). Harassment exists when members have unwelcome or offensive experiences based on their sex, race, color, religion, and/or national origins, leading to a workplace that is intimidating, hostile, offensive, or unreasonably intrusive. (Resource: CMEO, SAPR VA)

Q. What are individual risk factors?
A. Individual risk factors include relationship problems, mental health, disciplinary/legal problems, transitions, and financial difficulties. Substance abuse, past history of suicide related behaviors, social isolation, ostracism, and withdrawal are also risk factors.

Identifying and acting upon identified individual risk factors is an All Hands effort. However, Human Factors Councils enable leaders to periodically assess individual risk factors for all, or at-risk Sailors.
Q. What is a Crisis Response Plan?
A. Like a warfighting tactic, technique, or procedure, a Crisis Response Plan defines how a command will respond when things such as the following occur: a Sailor exhibits a Suicide Related Behavior; medical/mental health resources are required; a Sailor calls in distress; a Sailor starts behaving in an uncharacteristic manner; the command receives a concerned call from a family or friend; or firearms must be safely stored.

Q. What is lethal means safety?
A. Lethal means safety places time and space between a person in crisis and their access to lethal means, such as firearms and medication. Firearms can be stored in gun safes, have gun locks installed, or be voluntarily surrendered.

Q. What are different methods of lethal means safety?
A. Gun locks, gun safes, and voluntary surrendering of personal firearms are all methods to prevent suicide by firearms. Safe storage of medication, not keeping lethal doses of medication on-hand, medication lock-boxes are all methods to prevent suicide by overdose. Additionally, it is encouraged to dispose of medication that is no longer needed or outdated at a pharmacy.

Q. How can I get a gun lock?
A. Gun locks are available for Sailors and their family members through Fleet and Family Service Centers (CONUS and Hawaii).

Q. What is voluntary surrendering of a personal firearm?
A. The Voluntary Storage Policy (OPNAVINST 1720.4B) states that commanders and healthcare professionals may ask Sailors who they believe are at risk of suicide or causing harm to voluntarily allow their personal firearm to be stored for safekeeping by the command.

Q. What does it mean to “voluntarily surrender my personal firearm”?
A. IF a Sailor agrees, their CO will ensure that their personal firearm is securely stored on the installation or other available location in coordination with local authorities.

Q. Can a CO or healthcare professional take my personal firearm?
A. No. While COs and healthcare professionals are authorized to ask Sailor’s about personal firearms if they believe the Sailor is at risk, surrendering the firearm is entirely voluntary.

Q. If I voluntarily surrender my personal firearm, when will I get it back?
A. If a Sailor voluntarily surrenders their personal firearm for safe storage during a period of high stress and concern by their CO or healthcare professional, it will be returned upon the Sailor’s request or at the end of a predetermined storage period which was previously agreed upon by the CO and the Sailor.

Resources
- OPNAVINST 1720.4B (Navy Suicide Prevention Instruction)
- FY-23 1 Small ACT Toolkit
- Suicide Prevention Handbook
- Veterans Crisis Line- Dial 988 then Press 1
- Military OneSource
- Fleet and Family Support Centers
- Psychological Health Resource Center (PHRC) Live Chat
In calendar year 2022, 145 CNIC Fire and Emergency Services responders were awarded individual Life Saving Award certificates. A team effort that saved the lives of 31 individuals.

So far in CY 2023, and 16 Life Saving Award certificates have been awarded and three lives saved.

Below are the awardees from the end of 2022 and this calendar year. Bravo Zulu to all. Keep charging!

<table>
<thead>
<tr>
<th>PROVIDER</th>
<th>REGION/LOCATION</th>
<th>INCIDENT TYPE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Battalion Chief Kathryn Lucas</td>
<td>CNDW – NSA Annapolis</td>
<td>Cardiac Arrest - Medical</td>
</tr>
<tr>
<td>Assistant Chief Ryan Gallant</td>
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<td>Cardiac Arrest - Medical</td>
</tr>
<tr>
<td>Captain Matthew Graham</td>
<td>CNDW – NSA Annapolis</td>
<td>Cardiac Arrest - Medical</td>
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<tr>
<td>Captain Devine Jones</td>
<td>CNDW – NSA Annapolis</td>
<td>Cardiac Arrest - Medical</td>
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<tr>
<td>Firefighter/Paramedic Joshua Gorr</td>
<td>CNDW – NSA Annapolis</td>
<td>Cardiac Arrest - Medical</td>
</tr>
<tr>
<td>Firefighter/EMT Danny Reeves</td>
<td>CNDW – NSA Annapolis</td>
<td>Cardiac Arrest - Medical</td>
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<tr>
<td>Firefighter/EMT Nathan Cibrian</td>
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<tr>
<td>Firefighter Anthony Painter</td>
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<tr>
<td>Firefighter Jessica Dressler</td>
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<td>Cardiac Arrest - Medical</td>
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<td>Firefighter/Paramedic Lindsay Graham</td>
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<td>Cardiac Arrest - Medical</td>
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<tr>
<td>Fire Inspector George Malone</td>
<td>CNDW – NSA Annapolis</td>
<td>Cardiac Arrest - Medical</td>
</tr>
<tr>
<td>Firefighter Alexander Galien</td>
<td>CNDW – NSA Annapolis</td>
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</tr>
<tr>
<td>Firefighter/Paramedic David Diehl</td>
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<tr>
<td>Firefighter/Paramedic Glenn Depp</td>
<td>CNDW – NSA Annapolis</td>
<td>Cardiac Arrest - Medical</td>
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<tr>
<td>Firefighter/Paramedic Nathan Martin</td>
<td>CNDW – NSA Bethesda</td>
<td>Cardiac Arrest - Medical</td>
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<tr>
<td>Firefighter/Paramedic Nicholas Harrison</td>
<td>CNDW – NSF Indian Head</td>
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<td>Firefighter James Rice</td>
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<tr>
<td>Firefighter Paul Richman</td>
<td>CNDW – NSF Indian Head</td>
<td>Cardiac Arrest - Medical</td>
</tr>
<tr>
<td>Assistant Chief Operations Scott Edwards</td>
<td>CNRSW – NAW Lake China</td>
<td>Cardiac Arrest - Medical</td>
</tr>
<tr>
<td>Captain John Weghorst</td>
<td>CNRSW – NAW Lake China</td>
<td>Cardiac Arrest - Medical</td>
</tr>
<tr>
<td>Engineer Dainon Shiver</td>
<td>CNRSW – NAW Lake China</td>
<td>Cardiac Arrest - Medical</td>
</tr>
<tr>
<td>Firefighter/EMT Sheila Suleski</td>
<td>CNRSW – NAW Lake China</td>
<td>Cardiac Arrest - Medical</td>
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## Life Saving Awards (con’t.):

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<th>PROVIDER</th>
<th>REGION/LOCATION</th>
<th>INCIDENT TYPE</th>
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<tr>
<td>Firefighter/EMT Jonathan Bechtel</td>
<td>CNRSW – NAWS China Lake</td>
<td>Cardiac Arrest - Medical</td>
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<tr>
<td>Lieutenant Aaron Adkins</td>
<td>CNRNW – NAVBASE Kitsap Bremerton</td>
<td>Cardiac Arrest - Medical</td>
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<tr>
<td>Firefighter/AEMT Brad Page</td>
<td>CNRNW – NAVBASE Kitsap Bremerton</td>
<td>Cardiac Arrest - Medical</td>
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<td>Firefighter/AEMT Eric McCalister</td>
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<td>Cardiac Arrest - Medical</td>
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<td>Firefighter/EMT Haili Matlock</td>
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<td>Cardiac Arrest - Medical</td>
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<td>Firefighter/EMT Darian Fether</td>
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<td>Cardiac Arrest - Medical</td>
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<td>Driver Operator Timothy Dusel</td>
<td>CNRNW – NAVBASE Kitsap Bremerton</td>
<td>Cardiac Arrest - Medical</td>
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<tr>
<td>Captain Romero Flores</td>
<td>CNRSW – Metro San Diego</td>
<td>Cardiac Arrest - Medical</td>
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<td>Engineer Javier Slavidar</td>
<td>CNRSW – Metro San Diego</td>
<td>Cardiac Arrest - Medical</td>
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<tr>
<td>Firefighter/Paramedic Wil Stacy</td>
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<td>Firefighter/Paramedic Christina Fecteau</td>
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<td>Firefighter/EMT Samantha Klem</td>
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<td>Firefighter/Paramedic Jared Nakamura</td>
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<td>Firefighter/Paramedic Dean Mizukami</td>
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<td>Firefighter/AEMT Justin Sabio</td>
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<td>Firefighter/EMT Shane Campos</td>
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<td>Firefighter/EMT Christopher Fajardo</td>
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<td>Firefighter/Paramedic Brent Moreland</td>
<td>CJRM – Joint Region Marianas</td>
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<tr>
<td>Firefighter/EMT Jeremy Manibusan</td>
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<td>Cardiac Arrest - Medical</td>
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<tr>
<td>Fire Inspector Alex Conover</td>
<td>CNDW – Central Battalion</td>
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<td>Fire inspector Alexis Frye</td>
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ESAMS Corner Update
By Angela Jordain, ESAMS Fire Technical Support

CY 2023 Statistics
(01 Jan – 28 Feb)

Operations

<table>
<thead>
<tr>
<th>Category</th>
<th>Incidents</th>
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<tbody>
<tr>
<td>Rescue &amp; EMS</td>
<td>3,601</td>
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<tr>
<td>Hazardous</td>
<td>1,648</td>
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<tr>
<td>False Alarm</td>
<td>2,263</td>
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<tr>
<td>Service Calls</td>
<td>663</td>
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<tr>
<td>Good Intent</td>
<td>856</td>
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<tr>
<td>Fires</td>
<td>213</td>
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<tr>
<td>Total Incidents</td>
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Prevention

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<td>Hot Work Permits</td>
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<td>Inspections</td>
<td>4,638</td>
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<td>Building Evacuation Drills</td>
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<tr>
<td>Total</td>
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Training

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<tr>
<td>Proficiency</td>
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<tr>
<td>Emergency Management</td>
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<tr>
<td>Safety</td>
<td>93%</td>
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<tr>
<td>DoD Certification</td>
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</tbody>
</table>

F&ES on Duty Mishaps Report CY 23
Mishaps Reported: 5
Total Lost Work Days: 0
Navy F&ES Points of Contact

Navy F&ES Hall of Fame

U.S. NAVY
FIRE
EMERGENCY
SERVICES
HALL OF FAME

To submit to What's Happening: send an e-mail to Fire Chief Carl B. Glover Jr. at carl.b.glover.civ@us.navy.mil

What's Happening

Navy Fire & Emergency Services Newsletter  March 2023

Navy Fire & Emergency Services (N30)
Commander, Navy Installations Command
716 Sicard Street, SE, Suite 305
Washington, D.C. 20374-5140

Director
Fire & Emergency Services
Carl Glover
202-433-4775

Deputy Director
VACANT
202-433-4781

Deputy Director
John Smithgall
202-433-4753

Policy - Analytics
Program Performance
Chris Handley
202-433-7744

Valerie Douglas
202-433-4782

Derrick Coleman
202-433-9084

Centrally Managed
Emergency Medical
Apparatus & Trainers
Lewis Moore
202-433-7743

Dan Gaumont
202-433-7076

Military Firefighter
Active and Reserve
ABCM Ray Macias
202-433-3226

ABHCS Anthony Peña
202-433-0651

MC1 Charlotte Oliver
202-433-4744

Evaluations
Shipboard Firefighting
Oversight
Eric Rhode
202-433-0256

Joe Orona
202-718-8244

Gary Easley
202-433-6517

Adam Farb
202-433-0712

Vacant x 3

Navy F&ES Hall of Fame

001 William Killen, 2004
002 James Manser, 2005
003 Clarence Rout, 2006
004 David Butler, 2006
005 Alvah Cuthriell, 2007
006 George McGuigan, 2007
007 Waverly Sykes, 2007
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009 William Albritten, 2007
010 Daniel Marshal, 2007
011 Nicaron Benavidez, 2007
012 Haraldur Stefansson, 2008
013 William Beniker, 2008
014 William Thomann, 2009
015 Harry Tagen, 2009
016 Frank Brannigan, 2010
017 Lewis Meyer, 2010
018 Roy Grubbs, 2011

019 Orville Emory, 2011
020 Charles Peters, 2011
021 Douglas Thomas, 2011
022 Charles Gindele, 2012
023 John Wentzel, 2012
024 Leroy Ellis, 2013
025 Dr. Richard Tuve, 2013
026 John Arruda, 2014
027 Augustus Bowling, 2014
028 Robert Darwin, 2015
029 James Meagher, 2016
030 Frederick Seibel III, 2017
031 Gerald Makowski, 2017
032 Gelacio Rodriguez, 2017
033 John McDonald, 2017
034 Dudley King, 2018
035 Eugene Carmody, 2018
036 Robert Williams, 2018

037 Jerry Sack, 2019
038 William Hennessey, 2019
039 Robert Tofson, 2020
040 Michael Jones, 2020
041 George Kennett, 2021
042 Glenn DeLaura, 2021
043 Joseph Thompson, 2022
044 Stuart Cook, 2022
045 Kenneth Jeffery, 2022
046 Coming Soon, 2023
047 Coming Soon, 2023
048 Coming Soon, 2023

Points of Contact
Navy F&ES
Deputy Director
VACANT
202-433-4781

Deputy Director
John Smithgall
202-433-4753

Director
Fire & Emergency Services
Carl Glover
202-433-4775

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043 Joseph Thompson, 2022
044 Stuart Cook, 2022
045 Kenneth Jeffery, 2022
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048 Coming Soon, 2023