



What's Happening

Navy Fire and Emergency Services Newsletter
Protecting Those Who Defend America



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Young Marine's Life Saved, Navy Region Hawaii

By: Battalion Chief Jason Lopez, Navy Region Hawaii Fire & Emergency Services

On January 12, 2022 at 0733 hours, Navy Fire Engine 108, Medic 8 and Battalion Chief 1 stationed at Marine Corp Base Hawaii responded to a nearby intersection for a reported cardiac arrest. E108 and Medic 8 arrived at the scene to find the patient down on the pavement with CPR being conducted by bystanders.

E108 acting Lieutenant (D. Pia) established command and instructed his firefighters to begin Basic Life support measures, to include taking over CPR and application of their AED. The AED advised that a shock is warranted, at which point E108 crew delivered the shock and continued with their high quality CPR administration.

The Advanced Life Support Ambulance, Medic 8, arrived on-scene a few seconds after the Engine Company. Firefighter - Paramedics C. Coffman and P. Gutierrez quickly recognized the critical condition of the patient and initiated their ALS protocols following the first AED shock, to include transferring patient to an Autopulse compression device, attaching the patient to their ECG, securing an airway and initiating IV access with cardiac drugs. The paramedics identified that the patient was back into a shockable rhythm, and initiated a shock at 150 joules, before having



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From the Director

Carl Glover, Director (N30), Commander, Navy Installations Command

As we welcome the warm days of summer, it is a great time to enjoy some outdoor activities. I recently traveled to Naval Station Mayport to see some demonstrations of new firefighting technology, that could be useful in our shipboard firefighting mission. While these new products could be an enhancement to our firefighting tool box, I was reminded the most important element is our firefighters. I was able to meet some dedicated firefighters at Mayport. These professionals took time to show me around, visit stations, and talk about some challenges with new fire apparatus and shipboard firefighting. Additionally, firefighters from Navy Region Mid-Atlantic and First Coast Fire were also at the demonstrations. It was interesting to talk with the firefighters

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Military Firefighter Program Manager visits EURAFCENT

By: ABHCS Anthony Pena

Sailors assigned to Navy F&ES EURAFCENT received a welcomed visit from Senior Chief Anthony Pena, CNIC HQ Military Firefighter Program Manager in mid-June. CNIC HQ teamed up with Navy Reserve EURAFCENT F&ES Unit Executive Officer and Senior Enlisted Leader to visit NSA Naples and NAS Sigonella as a team and subsequently NS Rota and NSA Bahrain individually. The visit facilitated meeting with Navy Reserve EURAFCENT F&ES Unit leadership, EURAFCENT F&ES Regional Director, and EURAFCENT Reserve Program Deputy Director to discuss Navy Reserve equipment and training requirements and Active Duty staffing shortfalls.

Each installation visit included installation and firehouse tours, meeting with installation fire chiefs, meet-&-greet with Sailors, and manning discussions with Activity Manning Managers. Senior Chief Pena took the opportunity to observe military ABH firefighters and host nation Local Nationals response during a practice shipboard fire drill at NS Rota. The highlight of the trip was meeting the hard working and dedicated Navy CNIC F&ES team made up of active duty & Navy Reserve Sailors, civilians, and host nation Local National firefighters and discuss program challenges and upcoming initiatives concerning active duty and Navy Reserve military F&ES personnel.

Currently, there are 68 active duty billets across four installations in the EURAFCENT Region, the second largest region with military firefighters, which make up 28 percent of the military active duty Navy F&ES workforce.



ABOVE—Senior Chief Pena with military firefighters during EURAFCENT Region visit at NSA Naples. From left: ABHCS Pena, ABH1 Kwast, ABH1 Padilla, ABH3 Luna, ABH1 Paclob, ABH2 Perez, and ABH2 States.

BOTTOM—Sailors assigned NS Rota Fire & Emergency Services

Young Marine's Life Saved, Navy Region Hawaii (continued from Page 1)

the Autopulse resume high quality compressions. Shortly thereafter, the patient's color returned and a check of the monitor revealed an organized rhythm that supported a stable set of vital signs. Medic 8 and E108 providers continued patient care until the patient was transferred to the Emergency Department at Castle Medical Center where the patient remained in a perfusing rhythm with strong vital signs.

The responders of the Federal Fire Department are privileged to be able to serve the communities of our armed forces. Part of that privilege became very apparent

as the fire house was visited on June 1, 2022 by the Marine who was revived. After many heartfelt moments of gratitude, and excited conversation, the Marine was able to take a picture of the Navy Region Hawaii assets and personnel that saved his life. All units worked seamlessly together that day to save the life of this Marine, which is a testament to the hours of training and expertise of the Navy Fire and EMS crews. FF/PM's Gutierrez and Coffman, along with the acting LT Pia, FF Broad, FF Ogasawara and FF Niles-Dancy were submitted to CNIC for a Life Saving Award for their efforts in the successful resuscitation efforts.

More Than Just a Smoke Alarm

By Katie Hewett Public Affairs Specialist; Commander, Navy Region Mid-Atlantic

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(<https://www.militarynews.com/norfolk-navy-flagship/>)

Her dream kitchen was finally coming together. Fresh hardwood floors were installed and cabinets freshly hung. It was the start of an exciting home renovation for Sara Campbell, program support specialist for Navy Region Mid-Atlantic's Fire and Emergency Services.

Until that dream went up in smoke.

Campbell is well aware of the importance of fire safety. Not only because she works for Fire and Emergency Services, but because she recently experienced it firsthand.

In the early morning hours of April 16, 2022, Campbell woke to the shrill beeps of her smoke alarm sounding loudly. Annoyed, at first, to be awake just before 5 a.m. on a Sunday by what she thought was a malfunctioning alarm, she smacked it to try and get it to stop. That's when she realized what was really happening. Her home was on fire.

"It was at this moment I smelled smoke and saw a glow coming from my kitchen," Campbell recalled. "I ran downstairs to find my gas stove and the cabinets above it on fire."

Campbell immediately went into survival mode. She grabbed her daughter, who had already called 911, and they escaped their home unscathed.

After returning to the house a week after the fire to gather belongings, Campbell was reminded how big a role smoke alarms played in her and her daughter's survival when she discovered that the alarm that woke her up that night was still going strong.

"I heard a faint ticking noise. I located the noise under some rubble in the hallway, and it was the smoke detector that I smacked off the wall," said Campbell. "After a week, the smoke detector that saved our lives was still working. Kind of like Iron Man's heart."

Sharing her story has helped her friends and family recognize where they may fall short in fire safety measures within their own homes.

"After a few days I decided to share my story on social media and to remind my friends

and family to check their smoke alarms because it literally saved me and my daughter's life," said Campbell. "I had so many people reach out to me, including my family, letting me know that they either didn't have batteries in their smoke alarms or they only had one throughout the entire house. That is so concerning."

NRMA Deputy Fire Chief Michael Bowling acknowledged that Campbell responded appropriately in the moment.

"It's important to note that smoke alarms are an early alerting system to get you and your family out of harm's way. Not for you to focus on grabbing your personal items," said Bowling.

Bowling spoke both of the ease that smoke alarms can be obtained and also of how a lack of vigilance in maintaining these alarms could result in disaster.

"It's something that's so cheap and easy to put in place, but people just simply forget," said Bowling. "A simple two dollar battery could be the difference between life and death. It's one of the most important things that homeowners can do for their home and for their family."

The National Fire Protection Association states that half of all home fire deaths result from fires reported between

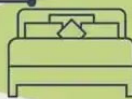
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Smoke Alarms at Home

Smoke alarms are a key part of your home fire safety plan. Check out the facts below to help make your home fire-safety ready.

Install smoke alarms in every bedroom

Smoke alarms should be outside each sleeping area and on every level of the home. Half of home fire deaths occur at night.



Replace smoke alarms when they are 10 years old

According to the National Fire Protection Association, three out of five home fire deaths occur with no smoke alarms or no working smoke alarms.



Test your smoke alarms at least once a month

Press the test button to make sure the alarm is working.



Don't delay, escape

Smoke alarms are an early alerting system to get you and your family out of harm's way, not for you to grab personal items.



References: National Fire Protection Association (NFPA)



More Than Just a Smoke Alarm

(continued from Page 3)

11 p.m. and 7 a.m., when most people are sound asleep, and that roughly three out of five home fire deaths occur in homes with no smoke alarms or no working smoke alarms. Combine these two facts, and you have deadly consequences.

Unfortunately, the fire didn't spare Campbell's new floors and cabinets but, thanks to her quick thinking and vigilance with fire safety, she and her daughter are safe. For Campbell, that is the most important thing by a long shot.

"It really puts things in perspective. I worked hard for my house but, at the end of the day, it was just stuff. The only thing that that matters to me is me and my daughter's health and safety," Campbell said. "If our ordeal helps save just one life, it'll have been all worth it."

More information about fire safety can be found on the NFPA website at <https://www.nfpa.org/Public-Education/Staying-safe>.



Above: Sara's fire-damaged home. Inset: Amelia (left) and Sara Campbell,

True Grit: Annual Leadership Development Symposium

By: Mathew McQuaig, Fire Chief, NAS-JRB Fort Worth Fire & Emergency Services

San Marcos, TX - The University Texas A&M Extension Service (TEEX) held their annual Leadership Development Symposium from May 17-19, 2022 in San Marcos, Texas at the city's conference center. The event drew over 1,200 students from around the globe. Our very own Deputy Chief Samson J. DeSessa was invited to speak during two breakout sessions. He presented on the topic of Grit to approximately 400 attendees, including retired Navy Captain T. D. Smyers, the former Commanding Officer of the NAS Fort Worth Joint Reserve Base, (TX). Sam also got to sit down and have coffee with Jason Patton, the creator of Fire Department Chronicles and the Vice President of the Fire Department Coffee Company. Chief DeSessa was invited to be a guest on episode #6 of the "Mentors on Fire" podcast, hosted on YouTube, Facebook and LinkedIn, which will be available for streaming very soon.

Chief DeSessa's presentation included the following:

Real "True Grit" Enthusiasm is common, endurance is not. I define grit as simply, "being a Finisher of worthy goals." While this is simple to understand, simple does not always mean easy. The concept is easy, "stick with it no matter what," however, when you have various obstacles and distractions getting in your way it can be very difficult to stay on task. Oftentimes, we have excuses to excuse us from completing goals that we set out to accomplish but generally, excuses are

the polite lies we tell ourselves to 'let us off the hook.'

As leaders, we do not have that luxury, we must model grit. Allow your subordinates to see your passion and perseverance. A career should be viewed as a marathon, not a sprint, it will be rife with highs and lows. You may be familiar with the expression, "Smooth seas do not create skilled sailors." Be transparent about your failures and obstacles along the way and share how you overcame

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Deputy Chief Sam DeSessa (left) and Navy Captain (retired) T. D. Smyers, CEO of Fort Worth-based Simplified Leadership Strategies

True Grit: Annual Leadership Development Symposium (continued from Page 4)

them. Your personnel need to see that hindrances and obstacles are opportunities to grow and overcome.

Grit is not an inherited character trait, it is a habit. Like a muscle, it can be built upon through challenges and practice. Studies have proven that quitting is habit-forming as well. As leaders, we must ask ourselves which trait we want people to associate with us “grit or quit?”

Is there anyone you work with that is quick to raise their hand when opportunities are offered for special projects or tasks but they seldom follow through? In some cases, they just want to look good to management. Based on the Dunning–Kruger effect, they may not see themselves accurately. You may even be able to walk through the work space and see the projects they started but did not complete. We also have people that work diligently at the things they enjoy doing, but when it comes to day-to-day tasks they do not have the same work ethic.

One of our responsibilities as leaders is to assist our employees in developing their grit. We must be Grit-builders! When we have an employee that lacks grit the goal is to help them change their attitude and not merely focus on behavior modification. A positive attitude will produce long-term transformation creating improved

employees and better teammates. It is beneficial to assist them in discovering their “why” or purpose for being thorough and crossing the finish line. The Lawrence Dale Bell quote “Show me a man who cannot bother to do little things and I’ll show you a man who cannot be trusted to do big things.” summarizes this value perfectly.

A person who works hard and follows through on commitments is said to have “Real Grit” or “True Grit.” Those qualities should be recognized, acknowledged and celebrated as often as possible.

True Grit is a combination of endurance, discipline and resilience. Exercising endurance does not seem as difficult if you are more focused on the “why” of the work you are doing. Motivation can be temporary, whereas discipline produces long-term dedication. Resilience enables the individual to try and fail and yet try again. Resilience has been shown in many studies to be a protective factor against PTSD, depression, and occupational burnout. In a day and age where the Fire Service, for example, is suffering more loss from suicides than on firegrounds, our brothers and sisters need to be armed with grit in order to achieve 10, 20 or even 30 years, healthy and whole. We can all benefit from building our own grit and encouraging it in those around us. Brotherhood is a verb, which takes a considerable amount of real, true grit.

Southeast FF-P Improves EMS Quality Delivered to Pediatric Patients

Jacksonville, FL With the implementation of the latest Navy EMS Treatment Protocols version, Navy Fire and EMS departments have the option to select an appropriate validation tool to determine appropriate weight-based medication dosing for the treatment of pediatric patients. Firefighter-Paramedic Albert Curley of the Naval Station Mayport Fire & Emergency Services drew on his experience as a Firefighter-Paramedic with Flagler County Fire Rescue where he had treated many pediatric patients in his nine years with the department. Curley presented a plan to implement a well-known EMS pediatric treatment system; the Handtevy Pediatric Emergency Standards. Curley understood that the Handtevy System was what his department needed to provide the highest quality care for pediatric patients, reduce medication errors and instill confidence in his department’s emergency medical providers.

Firefighter-Paramedic Curley spent many hours over the course of several months working with representatives from the Handtevy company to meet the required purchasing requirements, ensure that system strictly adhered to the Navy’s EMS treatment protocols and assemble all the necessary equipment into kits for his department’s response apparatus.

He didn’t stop there; Curley took the responsibility of training NS Mayport’s EMS providers into his own hands by voluntarily attending a Handtevy Train-the-Trainer course at his own expense and implementing the in-

service training to all personnel. He then reached out to his colleagues at nearby First Coast Fire & Emergency Services (NAS Jacksonville)

and repeated the process to ensure that they also would benefit from utilizing the Handtevy system. Over 60 hours of his time was spent on planning, training, and educating in order to implement the Handtevy system for both departments. Firefighter-Paramedic Curley’s selfless contributions to the Navy, his co-workers, both organizations

and installations including their residents is a notable example of Navy firefighting eminence.



Firefighter-Paramedic Albert Curley presents the Handtevy Pediatric Standards to Southeast Region EMT’s and Paramedics.

Recent MIDLANT Personal & Professional Achievements

Navy Region Mid-Atlantic **Firefighter-EMT Christopher Florio** has been accepted to the National Fire Administration, National Fire Academy's Managing Officer Program. The Managing Officer Program is a multiyear curriculum that introduces emerging emergency services leaders to personal and professional skills in change management, risk reduction and adaptive leadership.

Florio is assigned to Station 7, NAS Oceana, and is also the department's "live broadcast and internet" guru, producing multiple recent awards ceremony and recruit academy broadcasts on social media. He is also a Station Steward for International Association of Firefighters (IAFF) Local F-25.

Navy Region Mid-Atlantic Fire & Emergency Services **Firefighter-EMT Bryce Boltze** made weight and competed in Brazilian Jiu Jitsu at the World Police and Fire Games in Rotterdam, The Netherlands which began July 22, 2022. Bryce is assigned to NRMA Station 1 at Naval Station Norfolk, Va.



In the World Police and Fire Games nearly 10,000 people who work in police, fire, customs and corrections departments from all over the world compete in more than 60 sports. More information on the games—both the sports, and the organization's cultural programs, at <https://wpfgrotterdam2022.com/>.

Trivia: Bryce's proud Dad, Stephen Boltze, is a Supervisory Captain with Navy Region Mid-Atlantic F&ES.

Lieutenant Shawn Faessel was awarded the Navy Civilian Service Achievement Medal in July. Shawn is MIDLANT's Peer Support Team Coordinator, and is assigned at Station 15 in District 2 at Yorktown/Cheatham Annex, VA.

District Chief Christopher Payne (District 2-Norfolk Naval Shipyard and Naval Weapons Station Yorktown) has been selected as the Regional Fire Chief for Navy Region Northwest. While we are very happy for Chris and his wife Jennifer for this move and promotion, he will definitely be missed at MIDLANT. Chris came to NRMA in 2017 as our Emergency Medical Services Program Manager from Marine Corps Base Quantico before being reassigned as the



From Left: Shawn's daughter Brianna, wife Valerie, LT Shawn Faessel, NWS Yorktown XO LCDR Alfred Williams, and District Chief Chris Payne.



Firefighter-EMT Christopher Florio



William "Will" Cromwell, Chesapeake (VA) F.D. (left) and Bryce Boltze, Navy Region Mid-Atlantic F&ES (right). Will took the gold in his Jia Jitsu weight class. United Volleyball USA (sponsors of the team) photo.

Technical Services Chief, then promoted to District Chief. He also previously served in full time or part time positions with Caroline County (VA) Fire & Rescue, Lancaster County (VA) Emergency Services, Orange County (VA) Fire & EMS, Hanover County (VA) Fire & EMS, and Loudon County (VA) Fire & Rescue.

Chris's replacement will face the challenges of managing 100 F&ES personnel across 4 stations and 3 installations providing fire protection and ALS-level EMS at one of the Navy's four public shipyards, a major ordnance command and depot, and major Defense Logistics Agency complex and waterfront.

Congratulations to these team members on their accomplishments!

In Memoriam: John “Skip” Coleman

Chief John F. “Skip” Coleman passed away on July 14 at his home in South Lebanon, Ohio.

Skip was 71 when he passed away after a tough and heartbreaking battle with A.L.S. (Lou Gehrig’s Disease) and interstitial lung disease.

Sadly, A.L.S. is always fatal and essentially is where a person’s brain loses connection with the muscles. People with A.L.S. lose their ability to walk, talk, eat and eventually breathe.

Skip, a veteran F.D.I.C. instructor, retired as an Assistant Fire Chief of Toledo, Ohio in 2008; he then traveled for many years in North America training fire officers. The recipient of numerous awards and recognitions, in 2011 Skip received the coveted Fire Engineering Tom Brennan Lifetime Achievement Award.

Skip was also a longtime technical editor and advisor for Fire Engineering magazine and FDIC International. He was a columnist and technical editor of Fire Engineering; a member of the FDIC Educational Advisory Board; and the author of Incident Management for the Street-Smart Fire Officer (Fire Engineering, 1997), Managing Major Fires (Fire Engineering, 2000), and Incident

Management for the Street-Smart Fire Officer, Second Edition (Fire Engineering, 2008).

He contributed numerous articles over the years to What’s Happening, newsletter of Navy Fire & Emergency Services.

Our heartfelt condolences to Teresa, son Toby, daughter Fay, brother Kevin, four grandchildren, and the rest of the family on the loss of one of the most loving and kind men ever.

The obituary can be found at www.legacy.com/us/obituaries/toledoblade/.

Sources: fireengineering.com, Toledo (OH) *Blade*, The Secret List / www.FireFighterCloseCalls.com



Former Navy Reserve Fire Director Loses Battle with Cancer

By: Master Chief Aviation Boatswains’ Mate Antonio Guadron

Former Naval Reserve Fire & Emergency Services (F&ES) Director Commander Matthew M. Matthias, USNR (Ret), passed away on 18 June 2022 after a short battle with cancer. Matthias was a well-respected Naval Officer instrumental in the development of Navy Reserve F&ES training protocols and the reallocation of 70 Navy Reserve billets to the Navy Reserve F&ES program. His command tour between December 2014 and November 2016 greatly increased the size of the Navy Reserve F&ES workforce.

Commander Matthias leaves behind a wife, two sons, two daughters and countless friends and coworkers. His guidance, leadership, and friendship will be forever missed.



From the Director...

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from different locations, as each have unique perspectives. While at Mayport, I noted the condition of the apparatus and stations were outstanding; the pride and hard work of the crews is apparent. Most notable was the on-going kitchen renovation ... expect this is the first of future projects to enhance their fire station living conditions. BZ to Chief Henderson and his Team of NS Mayport Firefighters!

It is always hard to say goodbye. Many of you know Tom Shand, our senior support contractor who provides technical assistance and consultation on our Navy Fire Apparatus program. Much of our success with our apparatus modernization program is directly attributed to Tom’s knowledge and dedication to our program. As you see our outstanding fleet of fire apparatus, Tom’s fingerprints are

all over our fleet. Tom has decided to retire from his current position, however he will always be with our family as he continues his passion with fire apparatus photography. Additionally, Tom will continue to be a contributor to our newsletter with the “Back in the Day” a historical perspective on Navy and Marine Corp fire apparatus. At some point soon, we will have a farewell for Tom. Tom, Thanks for your hard work and devotion to improving our fire apparatus fleet!

As we wish Tom farewell (for now); we are happy to welcome aboard Christopher Hecht as our new fire apparatus consultant. Working close with Dan Gaumont, Chris is already engaged with apparatus inspections and technical specification updates.

Thanks to all the Navy F&ES Team and Shipmates who serve: *Protecting Those Who Defend America.*

Carl

Like a Painting: Fire Service Diversity in 2022

By: Christopher Connelly, Region Fire Chief, Joint Region Marianas

In 2022, we are still attempting to tackle the ambition or concept of diversifying our fire departments. What exactly do we mean when we say diversify? Do we mean, gender, race, age, or do we mean diversity of thought? How far should a department go to diversify? Do we label it? Do we put a pretty percent sign after the number and clap our hands, pat ourselves on the backs and call it quits once we get there? Does the term or like terms associated with diversity even fit into a box?

These are all questions that likely have infinite replies based upon opinions, biases, culture, and may be equally diverse as the questions themselves. I'd suggest that the outcome of leaning forward on diversity is akin to a beautiful painting. First, the artist must choose from a set of stand-a-lone color palettes. Each color stunning by itself, but with an artist's stroke these colors merge forming a beautiful painting. Each color influences the outcome of the painting, owning their own shine, yet supportive of the end result.

So, did we just solve the diversify equation? Far, far from it. Most look at diversity as measurement of race, gender and age. Can we make the case that maybe cultural diversity is what we are looking for and not necessarily race, gender or age? If we are seeking diversity would it not make sense to hire people from the West coast for the East coast, or someone from the Pacific Islands to the Midwest? Is it that easy? Or is it deeper than that? Regardless of race, gender, age the previous example showcases cultural differences. But is it that easy?

Clearly we won't close the book on this conversation, but maybe we can take a moment to reflect on the topic and see how diversity impacts the department and why it is indeed so important. There is plenty of analysis that indicates that more inclusive fire departments fundamentally are more innovative and recognized as being better



Joint Region Marianas F&ES first all female ALS Ambulance crew: Firefighter/Paramedic Natasha Ayala (left) and Firefighter/Driver Operator Meghan Persico (right).

at problem solving. The answer to the why, is quite easily explained: diversity brings with it more perspectives and differing experiences thus gravitating to a best fit, wholesome outcome.

The fire service needs you! They need the Mom, the Dad, the Brother, the Sister, the Jock, and the Student of all races, genders, ages and cultural backgrounds.

CNIC N30 Chief Alerts

CNCI F&ES utilizes an email alert to share information on various topics with our Regions when rapid dissemination is required. If you desire more information on a specific Chief Alert, please contact your Regional Fire Chief. We anticipate having all Chief Alerts posted on our G2 Site in the near future.

Alert #	Description/Title
2022-01	COVID-19 Safety Stand-down Event
2022-02	USAJOBS Resume and Job Announcement Hints
2022-03	CNIC Inspector General Inspection Announcement
2022-04	2020 DoD Fire and Emergency Services Award Brochure
2022-05	New ESAMS Class IDs and Duty Task Updates - HERO and EMS
2022-06	MSA G1 Regulator Hose Inspection
2022-07	New ESAMS Class IDs and Duty Task Updates – EVOC/EVOC Instructor
2022-08	National EMS Week 2022
2022-09	ESAMS NFIRS User Interface Updates
2022-10	CART/FEP Implementation
2022-11	Navy Emergency Manual Program Detail (Emergency Mgmt Program Manual V2)
2022-12	Oshkosh Gen 2 Clutch Drive Fault
2022-13	Safety Alert - Rescue Apparatus Slide Tray Failure

Another TSP Transition Update

By: Erich Wagner

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Officials at the federal government's 401(k)-style retirement savings program have offered a couple of updates regarding the tumultuous transition to a new record-keeping service, as thousands of participants have struggled to access and make changes to their accounts.

The Thrift Savings Plan unveiled a number of changes to its web site as part of the transition, including a more secure login process, a mobile app, a redesigned account landing page, access to around 5,000 mutual funds and the ability to sign documents electronically. The transition also amounted to a major modernization of many of the program's back-end processes.

But many TSP participants reported difficulties setting up new accounts, surprise changes to the maximum amount they could borrow through a TSP loan and delays in distribution of funds to their bank accounts.

TSP spokeswoman Kim Weaver provided an update on the cause of some of those reported issues in an email Tuesday. Regarding the change in maximum loan amounts, Weaver said the TSP has changed how that number is calculated; although the change was included in regulations posted to the Federal Register in advance of the recordkeeper transition, she acknowledged that the agency did not advertise the change as much as other elements of the project.

"This change was included in the Federal Register regulation changes; however, we did not include this change in our messaging prior to the transition," she said. "This was an omission and we apologize to our participants who have been affected."

Prior to the transition, the maximum TSP loan amount was based on: the lesser of 50% of your vested account balance minus your loan balance, and if 50% of the vested account balance was under \$10,000, you could borrow the lesser of \$10,000 or your full account value; or \$50,000 minus your highest outstanding loan balance within the last 12 months in all of your employer's qualified plans combined, whichever was smaller.

Now, the new maximum loan calculation is based on the smallest of three options: your own contributions and

earnings on contributions in your TSP account, not including any outstanding loan balance; 50% of the portion of your total account balance of contributions and earnings on those contributions or \$10,000, whichever is greater, minus any outstanding loan balance; or \$50,000 minus your highest outstanding loan balance during the last 12 months.



Weaver also said that messages sent to participants indicating that their TSP payments might be delayed were misinterpreted and that all June 15 payments were disbursed on time.

"What [disbursed on time] means (and what it has always meant when we talk TSP payments) is that the TSP will disburse funds on the 15th and participants with [electronic fund transfers] can expect them in one to three days (roughly) in their bank account," she said. "The reason the one to three days is in there is because banks have different arrangements with the Treasury Department on how they receive these funds—those arrangements are outside of our knowledge and scope."

Erich Wagner is a staff correspondent covering pay, benefits and other federal workforce issues. He joined Government Executive in the spring of 2017 after extensive experience writing about state and local issues in Maryland and Virginia, most recently as editor-in-chief of the Alexandria Times. He holds a bachelor's degree in journalism from the University of Maryland.

Government Executive image.

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Back in the Day: U.S. Navy Seagrave Quads

By Tom Shand

Early horse drawn Hook and Ladder trucks carried an assortment of wooden ground ladders to rescue people from upper floors in sizes ranging from twelve-foot straight ladders to fifty-five foot, two-section extension ladders. These units were equipped with an assortment of hand tools along with heavy metal hooks that would be used to pull down walls of buildings to prevent fire spread from adjoining buildings. As horse drawn units gave way to motorized vehicles these became known as City Service Ladder trucks or ladder wagons, often carrying over 300 feet of portable ladders.

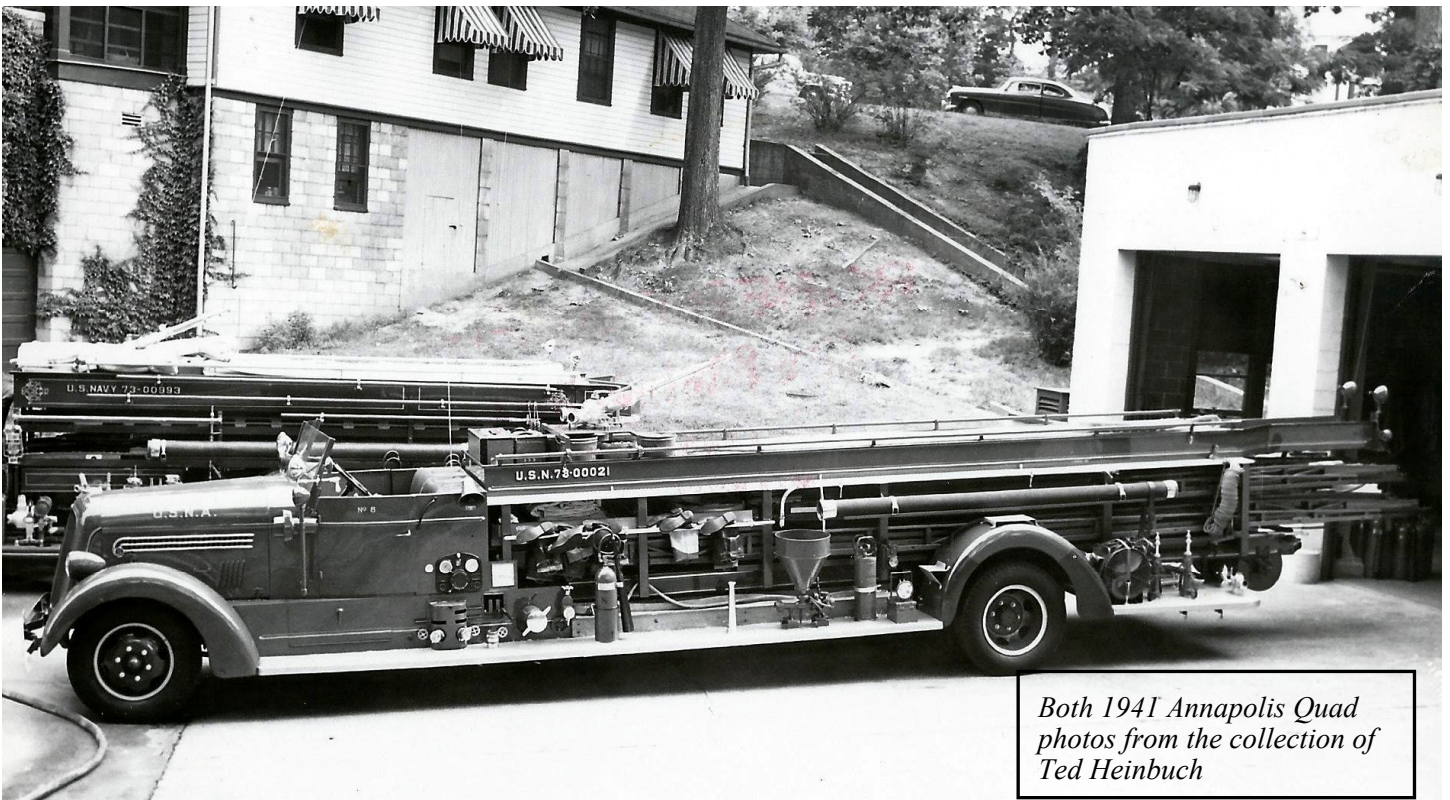


By the early 1920's both American LaFrance and Seagrave were producing quad apparatus which combined the City Service ladder equipment with a fire pump, booster tank and hose bed to provide a multi-purpose vehicle. The quad apparatus became quite popular with both municipal and military fire departments as these vehicles could provide both engine and ladder company service from a single piece of apparatus.

During World War II Seagrave Fire Apparatus located

in Columbus, Ohio produced approximately 79 quad apparatus for the various branches of the service with the majority of these delivered to the U.S. Navy. During 1941 one of the first of these units was delivered to the Naval Academy in Annapolis, Maryland. The Seagrave quad was designated model 66-E7 and was powered by a V-12 gas engine rated at 185 horsepower and built on a 263 inch wheelbase. While several of these trucks were

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Both 1941 Annapolis Quad photos from the collection of Ted Heinbuch

Back in the Day: U.S. Navy Seagrave Quads (continued from Page 10)

built without doors and a fold down windshield the Naval Academy quad was equipped with a few creature comforts including cab doors, rear view mirrors and spot lights mounted on the windshield posts for the driver and officer.

These vehicles were equipped with Seagrave-designed 750 gpm pumps along with a 100-gallon water tank. During that time period Seagrave build their own wooden truss ground ladders and the typical ladder compliment consisted of a 50 foot extension ladder, two 35 foot extension ladders, 20, 24 and 28 foot straight wall ladders, 12 and 16 foot roof ladders, together with a 16 foot baby Bangor ladder.

The Naval Academy quad was assigned property number 73-00021 and was equipped with a chemical powder foam hopper, top mounted deck gun and spare turnout gear on the left side of the apparatus. This vehicle was the second quad placed into service in Annapolis with an American LaFrance quad and pumper acquired during 1937. Other apparatus operated at the Naval Academy and Naval Experimental Station during the war included two 1941 Seagrave pumpers, a 1941 Peter Pirsch pumper and several John Bean high pressure fog foam units.

After the conclusion of the World War II many of these Navy pumper and quad apparatus found their way into municipal fire departments that had not been able to acquire new vehicles due to war production efforts. Eventually quad apparatus fell out of favor and were replaced with 65 and 75 foot aerial ladders as communities expanded with the post war housing boom.

As quints have gained favor with many departments the ability to carry ground ladders has suffered. Many units today are equipped with as little as eighty-five feet of ladders with only two extension ladders. For this reason, it is very important that the apparatus committee carefully review their response district to determine the appropriate number and working length of the ladders that should be carried on the new ladder truck. Portable ground ladders are just as important today as they were in the horse drawn era, back in the day.

*Photo Reprinted by
Permission*

Hepatitis A and B are viral disease that can cause long term damage to your liver. Fortunately, vaccines are available that lower your risk of infection if you are at risk! www.health.mil/Military-Health-Topics/Health-Readiness/Immunization-Healthcare/Vaccine-Preventable-Diseases/Hepatitis-A

28th July | WORLD HEPATITIS DAY

PROTECT YOURSELF AGAINST HEPATITIS

Hepatitis A
Hepatitis A is a liver disease caused by the hepatitis A virus.

How is it contracted?
Hepatitis A is most often spread through feces or by swallowing food or water that contains the virus.

Who should get vaccinated?
All children at age 1 year, persons traveling to countries with high rates of hepatitis A, men who have sex with other men, street drug users, people who receive blood products to help with clots, and certain lab workers.

How is it contracted?
Hepatitis B is transmitted when blood, semen, or another body fluid from a person infected with the virus enters the body of someone who is not infected.

Hepatitis B
Hepatitis B is a liver infection caused by the hepatitis B virus.

Who should get vaccinated?
The first dose of hepatitis B vaccine is given at birth, with the three-dose series completed between 6 and 18 months of age.

PRODUCED BY THE DEFENSE HEALTH AGENCY



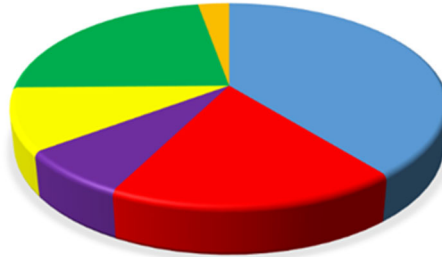
ESAMS Corner

By: Angela Jordain, ESAMS Fire Technical Support

Calendar Year 2022 Statistics Through 18 July 2022 (01 Jan – 18 Jul)

Operations

Total Incidents –	30,390
Rescue & EMS –	11,922
Hazardous –	5,539
False Alarm –	6,843
Service Call –	2,222
Good Intent –	2,465
Fires –	843



- Fires
- Rescue and EMS
- Hazard
- Service Calls
- Good Intent
- False Alarm

Prevention

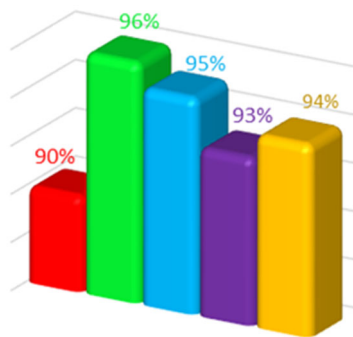
Building Evacuation Drills –	1,744
Hot Work Permits Issued –	14,880
Fire Inspections Completed –	15,934
Public Education Classes –	1,399



- Inspections
- Building Evacuation Drills
- Fire Public Ed Classes
- Hot Work Permits

Training

Proficiency, Skills, & Practice –	90%
Emergency Management –	96%
EMS –	95%
Safety Training –	93%
DoD Certification –	94%



- Proficiency
- Emergency Management
- EMS
- Safety
- DoD Certification

F&ES On Duty Mishaps Report CY 22

Mishaps Reported – 83
Total Lost Work Days – 681





Turning the Page

A regular feature highlighting Navy Fire & Emergency Services retirees...their stories and memories, and where they are today.



This month's featured retiree for "Turning the Page" is Asst. Chief (retired) David Hitchcock. Please encourage your retired friends and colleagues to send us a note about what they have been up to. Inquiring minds want to know, and it's nice to keep in touch with our retirees, and help them stay engaged with the Fire & Emergency Services community to continue providing lessons, leadership, and mentorship.

Who: David Hitchcock

Rank Upon Retirement: Assistant Chief-Operations

Retired From: NAS Pensacola Fire Department

What did you love about the Navy / Fire Service? It is a small part of a wonderful and great career and life. It started when I left the Navy as a nuke on the USS Lewis & Clark SSBN 644 Gold Crew. I was newly married to the love of my life, Deena. I can remember, as we were cruising in deep under the North Atlantic, for God to help me find a great job that I wouldn't be bored with and make enough money for us to have a good life. I got out of the Navy on 30 September 1977 and did a number of odd jobs to get by. Then in walks Grady McKissack, my father in-law's friend and neighbor. Grady was a Fire Captain at NAS Pensacola. At that time Fire Chief Ben Clark was looking for some young guys to get in the department. At that time the government had minimal restrictions about an individual's age/health. During this time in the late 70's there were a lot of smokers and the department had a lot of health issues/ I took the test and was hired as a GS-3 apprentice. I didn't know at that time but this was the best thing that could've happened to me.



What were the highlights of your career? Helping to implement the following programs: Hazmat, Above-Below Ground Rescue, EMS Ambulance Service, Water-Boating Rescue, and Mutual Aid Response. Being one of the first in our department to get a Fire Science degree; working in the Republic of the Philippines for a little over 2 years; meeting President George Bush after Hurricane Ivan; and working with the best bunch of men and women for over 32 years.



Did you have any mentors that made an impression? Several: Captain Grady McKissack, Fire Chief Ben Clark, Fire Chief John Simpson, Fire Chief Sid Booze, Fire Chief Carl Thomann, and Fire Chief Lewis Monti among others. All of these men were different in how they managed the department and how they trained but all of them had their own particular specialty that helped to move our department forward. That is what I zeroed in on as I was coming up.

What keeps you busy these days? 3 grown kids, all graduating college, and with great careers going for them. I put on 2 car shows a year, one for my church and one for the car club I belong to. Deena and I have made 3 cross-country trips across the United States to see a lot of the National Parks and to travel Route 66 (my thing not Deena's ha ha).

What advice would you give to a new recruit? When looking for a career, look for something that you will enjoy doing even if the pay is not the

Continued next page...

Turning the Page – Continued

Asst. Chief Dave Hitchcock (continued from Page 13)

best. That's what happened to me. When I joined the NAS Pensacola Fire Department (now Fire & Emergency Services, Gulf Coast) my intent was to give it a shot and if it didn't work out I would move and get back into power plants. I found out that God had guided me to the best job in the world and I looked forward to coming to work for 31 years and seven months. I was happy.

Education and Experience work hand-in-hand. You need both. I've always been a proponent for education and I've always said, if you don't want to learn anymore it is time to leave. This profession is too dangerous to not stay current in what's going on in the fire world.

I read in Readers Digest magazine back in the 1990's



Firefighters-Captains-Inspectors...Willing to be highlighted in Turning the Page?

If you are a Navy F&ES retiree please email the following to john.k.janney.civ@us.navy.mil

- ◆ Name, last position held, installation retired from. A photo would be nice (current or "historical").
- ◆ Highlight(s) of your career (or particularly enjoyable aspects of your career). Anything from a bulleted list to a couple of sentences to paragraphs, whatever you want to provide.
- ◆ What have you been doing since retirement?
- ◆ What advice would you offer to a young member just entering the Federal Fire Service? (or an older member!) ... Please keep comments positive and "G-rated."

about how people trusted different people in their different careers: at the top of the list was firefighters. I still believe that to this day. The regular public looks to firefighters as having a lot of answers for a lot of things. We need to maintain our image of trustworthiness.

What advice would you give to an "Old Head?" Don't sit on your butt. Get out and do things. You've had a good career as a Firefighter, find something new that you've dreamed about trying and do it. This one is the hard one: try to maintain your health and strength but you need to balance that as you are getting older, don't overextend yourself and do damage to yourself.

On July 26, 1948, President Harry Truman issued Executive Order 9981, formally abolishing discrimination "on the basis of race, color, religion or national origin" in U.S. Armed Forces. On this day, we recognize that our diversity is our strength!

U.S. ARMED FORCES INTEGRATION ANNIVERSARY

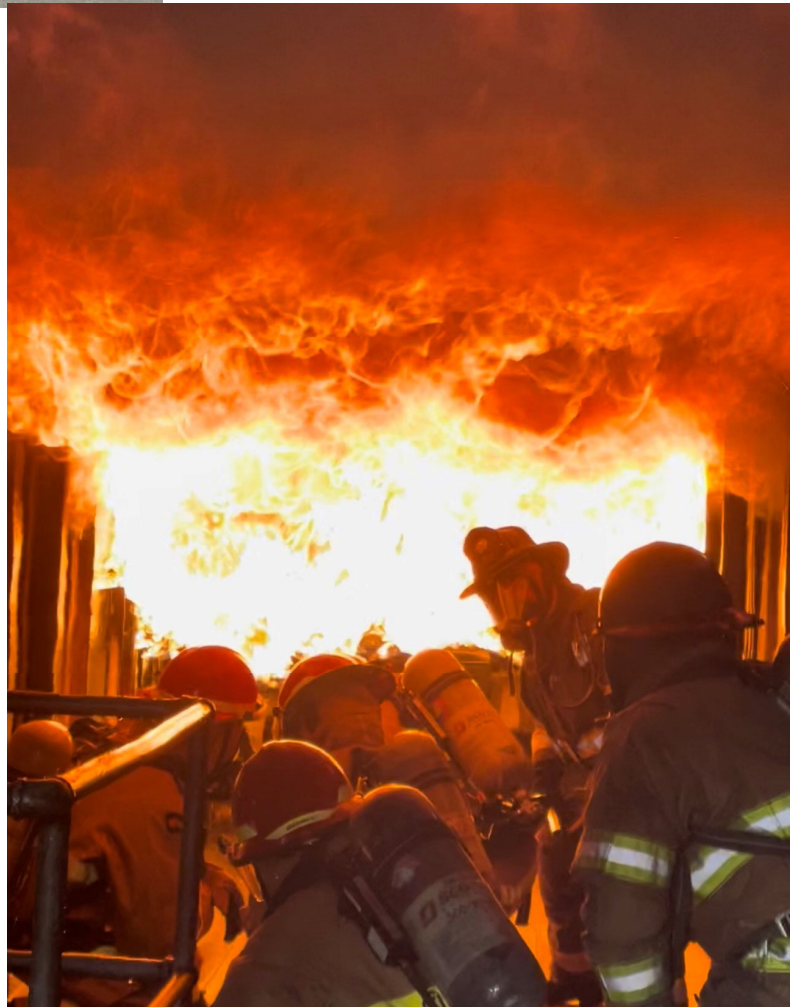


Around Navy F&ES in Pictures



Left: Federal Fire San Diego Truck 17 and Division 12 from Naval Base San Diego conducted training with the crew of the USS Coronado. The training consisted of pre fire planning and ship familiarization to prepare ships forces and federal firefighters to work seamlessly together in the event of a fire or other emergency aboard the ship.

Right: Recent joint live fire training at Maritime Institute of Technology and Graduate Studies (MITAGS) in Seattle. The training featured integrated firefighting teams with the Seattle Fire Department and crew members of the USS Chosin (CG-65). Thanks to Phil Jasso and the Shore Based Damage Control Working Group for the photo.



Around Navy F&ES in Pictures (cont)

Below: Texas A&M Extension Service (TEEX), Annual Leadership Development Symposium, May 17-19, 2022 in San Marcos, Texas. From Left to Right: NAS Fort Worth JRB Deputy Chief and symposium speaker Sam DeSessa, DV Speaker Jason Patton (FD Chronicles/Fire House Coffee), Caleb DeSessa, Isaiah DeSessa, and Suzanne DeSessa.



Italian Host Nation firefighters from NAS Sigonella in front of NAS Station 2. From left to right: Host Nation Assistant Chief of Training Rice, FF Lo Giudice, FF Celia, Captain Gangi, FF Traina, FF Scordo, Host Nation Deputy Fire Chief Signorello.



Military Firefighter Program Manager Senior Chief Anthony Pena with Host Nation Deputy Fire Chief Signorello and Assistant Chief of Training Ricci at NAS Sigonella Station 2 during installation visit.

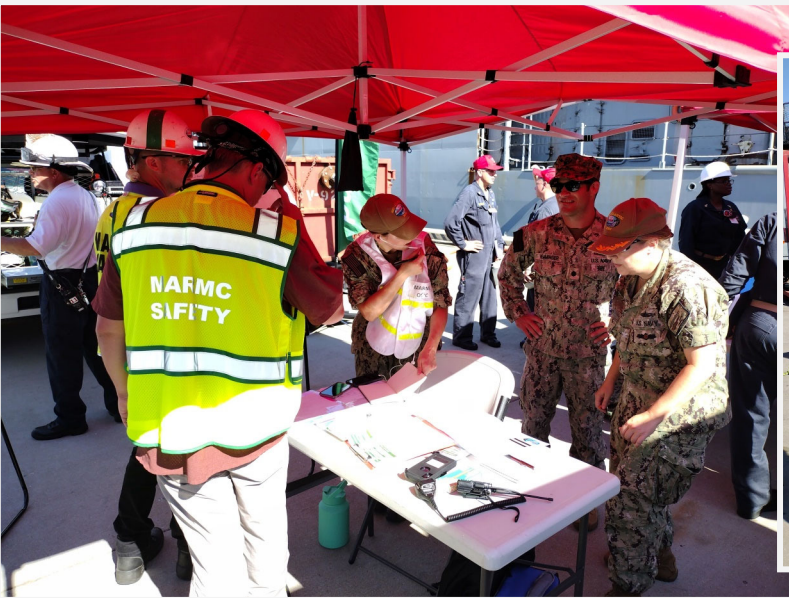
Around Navy F&ES in Pictures (cont)

Mid-Atlantic Regional Maintenance Center (MARMC), USS Tortuga (LSD-46), Naval Station Norfolk, and Navy Region Mid-Atlantic Fire & Emergency Services conducted a major fire drill on Tortuga on Wednesday July 20, 2022.

Right: Tortuga Damage Control Central (DCC) coordinates firefighting actions and strategy during the drill.

Below Right: Personnel entering the ship are tracked at the Entry Control Point located at the stern brow.

Below Left: Unified Tortuga, MARMC, Navy Region Mid-Atlantic Fire & Emergency Services Off-Hull Command Post.



Left: NRMA F&ES Engine 13 (for the drill, the second-due engine) pumps to supply the NAVSTA Norfolk Pier 2 fire main/standpipe.

Around Navy F&ES in Pictures (cont)

New Navy Fire Apparatus...

New Oshkosh Striker #71-03410 destined for Naval Base Ventura County during pre-delivery inspection at Oshkosh in Appleton, WI in July



New Oshkosh Striker 3000 #71-03412 for Pax River, MD on pre-delivery inspection at Oshkosh in Appleton, WI in July

New rescue squad for USMC Camp Blaz on pre-delivery inspection at Pierce in Appleton, WI in July.



Navy F&ES Points of Contact



Navy Fire & Emergency Services (N30)

Commander, Navy Installations Command
716 Sicard Street, SE, Suite 305
Washington Navy Yard, DC 20374-5140

Director
Carl Glover
carl.b.glover.civ@us.navy.mil
202-433-4775

Deputy Director
Gene Rausch
gene.a.rausch4.civ@us.navy.mil
202-433-4781

EMS Branch	Operations Branch	Integration Branch	Military Firefighter Branch
<p>Program Manager Lewis Moore lewis.j.moore6.civ@us.navy.mil 202-433-7743</p>	<p>Program Manager John Smithgall John.d.Smithgall.civ@us.navy.mil 202-433-4753</p>	<p>Program Manager Chris Handley christopher.d.handley5.civ@us.navy.mil 202-433-7744</p>	<p>Program Manager ABHCS Anthony Pena Anthony.f.pena2@navy.mil (202) 685-0651</p>
<p>Senior EMS Systems Specialist Gary Easley gary.m.Easley.civ@us.navy.mil 202-433-6517</p>	<p>Senior Fire Protection Specialist Dan Gaumont dan.j.Gaumont.civ@us.navy.mil 202-685-0882</p>	<p>Management & Program Analyst Derrick Coleman derrick.l.coleman3.civ@us.navy.mil 202-433-9084</p>	
<p>EMS Systems Specialist Adam Farb adam.d.farb.civ@us.navy.mil 202-685-0712</p>	<p>Senior Fire Protection Specialist Eric Rhode Eric.k.rhode.civ@us.navy.mil 202-433-0256</p>	<p>Management & Program Analyst Valerie Douglas valerie.y.douglas.civ@us.navy.mil 202-433-4782</p>	
	<p>Fire Protection Specialist VACANT</p>	<p>Program Analyst VACANT</p>	

Navy F&ES Hall of Fame



Navy F&ES Hall of Fame

- | | | |
|-------------------------------|--------------------------------|-----------------------------|
| 001 William Killen, 2004 | 016 Frank Brannigan, 2010 | 031 Gerald Makowski, 2017 |
| 002 James Manser, 2005 | 017 Lewis Meyer, 2010 | 032 Gelacio Rodriguez, 2017 |
| 003 Clarence Rout, 2006 | 018 Roy Grubbs, 2010 | 033 John McDonald, 2017 |
| 004 David Butler, 2006 | 019 Orville Emory, 2011 | 034 Dudley King, 2018 |
| 005 Alvah Cuthriell, 2007 | 020 Charles Peters, 2011 | 035 Eugene Carmody, 2018 |
| 006 George McGuigan, 2007 | 021 Douglas Thomas, 2011 | 036 Robert Williams, 2018 |
| 007 Waverly Sykes, 2007 | 022 Charles Gindele, 2012 | 037 Jerry Sack, 2019 |
| 008 Hank Vescovi, 2007 | 023 John Wentzel, 2012 | 038 William Hennessey, 2019 |
| 009 William Albrittain, 2007 | 024 Leroy Ellis, 2013 | 039 Robert Tofson, 2020 |
| 010 Daniel Marshal, 2007 | 025 Dr. Richard Tuve, 2013 | 040 Michael Jones, 2020 |
| 011 Nicanor Benavidez, 2008 | 026 John Arruda, 2014 | 041 George Kennett, 2021 |
| 012 Haraldur Stefánsson, 2008 | 027 Augustus Bowling, 2014 | 042 Glenn DeLaura, 2021 |
| 013 William Beniker, 2008 | 028 Robert Darwin, 2015 | 043 Joseph Thompson, 2022 |
| 014 William Thomann, 2009 | 029 James Meagher, 2016 | 044 Stuart Cook, 2022 |
| 015 Harry Tagen, 2009 | 030 Frederick Seibel III, 2017 | 045 Kenneth Jeffery, 2022 |



Life Saving Awards



There has been a delay in getting June Life Saving Awards processed and signed out by the Vice Admiral as the enterprise adjusted to, and time required to get these routed through the new ETMS taskers system. Stand by for a BIG list of June and July Life Saving Awards in our August edition.