



What's Happening

Navy Fire and Emergency Services Newsletter
Protecting Those Who Defend America



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The Back Seven

Surviving the Fire Service after 50

By Christopher Connelly, Fire Chief Navy Region Southwest Fire & Emergency Services



From the perspective of the fire service, surviving the last seven years of a demanding career what many of us call "*The Back Seven*" is not only a physical challenge but a mental one. With many in the service facing mandatory retirement around age 57, the lifestyle choices we make early in our careers can be the very things that save us and our careers in the future.

Striving for healthy habits as the norm can pay off in the long term. It can ward off injuries and, in many cases, prevent chronic illnesses acquired over the span of a career. This isn't about becoming a bodybuilder, a triathlete, or only eating fruits and vegetables. What I am championing for is making healthy and mentally balanced decisions while maintaining a passion for our profession.

The Foundation of Longevity: It Starts Early

The importance of health and wellness is a core principle of the National Fire Protection Association (NFPA). Standards such as NFPA 1500, *Standard on Fire Department Occupational Safety, Health, and Wellness Program*, and NFPA 1583, *Standard on Health-Related Fitness Programs for Fire Department Members*, underscore the need for a sustained commitment to fitness.

The culture of prioritizing well-being within a department plays a huge role in the long-term health of its firefighters.

On the back seven, burnout, professional fatigue, illness, and injury are real threats to seeing a career through to retirement. The habits built over decades become the foundation you stand on during these final, critical years.





Sharpening the Spear: Physical Health for the Veteran Firefighter

As we age, maintaining physical readiness changes. The goal is not about hitting personal bests in the gym, but about sustainability and resilience.

Medical Diligence: NFPA 1582, *Standard on Comprehensive Occupational Medical Program for Fire Departments*, provides a framework for these programs, which are vital for firefighters over 50. These regular evaluations are designed to catch conditions that could impair a firefighter's ability to perform their duties safely, with a strong focus on cardiovascular and respiratory health.

Modern Fitness Standards: The NFPA has moved away from a rigid, one-size-fits-all fitness metric. The updated NFPA 1580 standard now uses age- and sex-adjusted percentiles for cardiorespiratory fitness. This acknowledges that a healthy, capable 55-year-old will have a different physiological profile than a 25-year-old, promoting a smarter, more personalized approach to fitness.

Find Your Outlet: The key is consistent, enjoyable activity. For many, it is finding a healthy outlet that keeps them active and engaged. Many firefighters I know still surf well into their 80s; many cycle, and many weightlift often, 5 to 6 times per week. The goal is to keep moving in a way that you love.

Fueling the Engine: Nutrition for the Back Seven

For a firefighter, proper nutrition is just as crucial as physical training, especially in the later years of a career. A demanding job requires high-quality fuel to maintain energy, support muscle recovery, and promote overall health. The goal is to build sustainable, healthy eating habits that will carry you through *"The Back Seven"* and into a healthy retirement. This isn't about restrictive dieting; it's about making smart, consistent choices.

Tips for a Healthy, High-Protein Nutrient Plan

A high-protein diet is essential for repairing and building muscle, which is constantly being broken down by the physical demands of firefighting.

As we age, our bodies may require more protein to combat age-related muscle loss. Here are some tips for building a nutrient-rich, high-protein plan:

Build Meals Around Whole Foods: Focus on unprocessed foods like fresh fruits, vegetables, lean meats, and whole grains. A good rule of thumb is to shop the outer aisles of the grocery store where these items are typically located.

Prioritize High-Quality Protein: Include lean protein sources in every meal to help with muscle repair and growth. Excellent sources include fish, poultry, lean beef, eggs, and dairy products. For plant-based options, beans, lentils, tofu, and quinoa are great choices.

Eat a Variety of Fruits and Vegetables: "Eating the rainbow" ensures you get a wide range of vitamins, minerals, and antioxidants, which can help reduce inflammation and lower the risk of chronic diseases.

Choose High-Fiber Carbohydrates: Opt for whole grains like brown rice, whole-wheat pasta, and potatoes with the skin on. These complex carbohydrates provide sustained energy and help you feel fuller for longer.





Stay Hydrated: Dehydration can impair both cognitive and physical performance. It's critical to drink water regularly throughout the day, especially given the intense heat and physical exertion of the job.

Limit Processed Foods, Sugar, and Alcohol: Be mindful of hidden sugars in seemingly healthy foods like granola bars and fruit juices. Excessive sugar and alcohol can negatively impact your health and performance.

High-Protein Meal and Snack Options

Here are some simple, high-protein meal and snack ideas that are easy to prepare and perfect for a demanding schedule:

Meal	Options
Breakfast	Overnight Oats: A mixture of oats, protein powder, and milk or Greek yogurt that can be prepared the night before for a quick and easy morning meal. Egg Bites: A portable, high-protein option made with eggs, cottage cheese, and vegetables.
Lunch	Chicken Burrito Bowl: A customizable meal with grilled chicken, beans, rice, and plenty of vegetables. Turkey or Tuna Sandwich: A classic choice on whole-wheat bread with a side of fruit.
Dinner	Jerk Chicken Stuffed Poblanos: A flavorful and low-carb meal with lean chicken and vegetables. One-Pot Cajun Chicken Pasta: A quick and satisfying pasta dish that can be made in a single pot for easy cleanup.
Snacks	Greek Yogurt Bowl: A simple and quick snack combining Greek yogurt, protein powder, and fruit. Cottage Cheese with Fruit: A classic high-protein snack. Protein Shake: A convenient option for post-workout recovery or a quick snack on the go.

The "Smarter, Not Harder" Approach for Your 50s

For someone in their 50s, the goal is no longer about hitting peak performance at all costs. It's about sustainability. You're training to feel good, stay capable, and build a resilient body that will carry you through the next few decades with energy and without pain.

Component	Younger Perspective	50+ Perspective
Weightlifting	Focus: Maximum weight and muscle growth (hypertrophy).	Focus: Maintain muscle mass and improve bone density. The emphasis is on perfect form over heavy weight. Lighter weights with controlled movements are often more effective and safer.
Cross Training Cardio	Focus: Pushing limits and achieving new personal bests (e.g., faster mile time).	Focus: Cardiovascular health and joint-friendly endurance. The intensity should be challenging but manageable, with a strong emphasis on listening to your body to avoid overexertion.
Recovery	Focus: Often an afterthought; the body bounces back quickly.	Focus: A non-negotiable part of the plan. Recovery takes longer and skipping it is a direct path to injury. Sleep, nutrition, and active recovery days are just as important as the workouts themselves.
Flexibility & Mobility	Focus: Important but often neglected.	Focus: Essential for injury prevention and daily function. Dedicate specific time each week (or daily) to stretching, foam rolling, or mobility exercises to maintain range of motion and reduce stiffness.





Key Differences in a Fitness Plan for Your 50s

Day	Activity	Example Workout & Key Modifications
Monday	Weightlifting (Upper Body & Core)	Bench Press (consider dumbbells for shoulder health), Pull-ups (use bands for assistance), Dumbbell Rows, Overhead Press (with lighter weight and perfect form), Planks. Focus on control, not weight.
Tuesday	Cross-Training (Moderate Intensity)	Running/Jogging: Instead of all-out sprints, try a "fartlek" run (alternating between jogging and faster-paced running) to get your heart rate up without the strain of pure sprinting. Listen to your joints.
Wednesday	Active Recovery & Mobility	Swimming or Yoga: A dedicated session to improve flexibility and blood flow. This is a workout, not a day off. Think of it as "greasing the joints."
Thursday	Weightlifting (Lower Body & Core)	Squats (focus on depth and form, not weight), Kettlebell Swings (excellent for power without heavy spinal load), Lunges, Leg Press, Hanging Knee Raises. Protect your back and knees with impeccable form.
Friday	Cross-Training (Endurance)	Cycling or Elliptical: A steady-state session to build heart health with minimal impact on the joints. The goal is consistent effort, not speed.
Saturday	Active Recovery or Light Activity	A long walk, light hiking, or gentle stretching. The goal is movement and enjoyment.
Sunday	Full Rest	Crucial for hormonal balance and muscle repair. This is when your body adapts and gets stronger.

The Unseen Battle: Mental Fortitude and Finding Balance

How do we balance our existing career, chart a course for success outside the fire department, and manage the strain of the unknown after retirement? For many, the answer lies in the work-life algorithm.

Acknowledge and Communicate: One of the most important things you can do is talk about the stresses of the job. Bottling them up only increases the strain on your body and mind.

Find Your Peace: Whether it's through daily meditation, journaling, or simply spending quiet time in nature, finding a way to decompress is critical. Hobbies outside of the fire service, fishing, painting, learning an instrument give your mind a necessary break.

Coach and Mentor: Reflect on your incredible career. You've made it. Now is the time to retool your thought process and seek opportunities to coach and mentor the next generation. This not only keeps you engaged and passionate but also allows you to pay forward the wisdom you've gained.

This career flies by faster than most. This is more than just a career; it is indeed a lifestyle, one we can all be incredibly proud of. On "The Back Seven", take the time to sharpen your spear, find your rookie self, stay passionate, eat healthy, and stay in shape. You made it. Reflect and pay it forward.





50+ Around the CNIC Enterprise



Phil Guerrero, 52 years old
 Assistant Chief Operations
 29 years in the fire service
 Joint Region Marianas
“A career-long commitment to peak physical readiness is essential in the fire service.”



Rudy Marin, 50 years old
 Fire Captain
 18 years in the fire service
 San Nicolas Island
 NAVBASE Ventura County
“In this profession every year isn’t just a number. Keep going to the gym, keep running, keep hiking and keep pushing your body.”



Samson DeSessa, 53 years old
 Fire Chief
 34 years in the fire service
 NAS/JRB Fort Worth
“Lift heavy crap...a lot.”



Timothy Welch, 51 years old
 Fire Lieutenant
 31 years in the fire service
 Navy Region Mid Atlantic
“Pace yourself, stretch, and listen to your body — it will tell you when to slow down.”



Robe Whittemore, 53 years old
 Regional Deputy Chief
 21 years in the fire service
 Navy Region Southwest
“For active parents, life is a masterclass in balancing priorities. Consistent training teaches your brain to convert feelings of pain and exhaustion into a source of energy.”



Phillip A. Rose, 52 years old
 District Two Fire Chief
 20 years in the fire service
 Navy Region Mid Atlantic
“Staying healthy and active over 50 keeps your body and mind strong so you can fully embrace life—after all, in the end, it’s about experiences, so get out and live your own adventure.”

About the author



Christopher Connelley

When Christopher Connelley was growing up in Los Angeles with a single mother and two siblings, there was “little light at the end of the tunnel” due to financial limitations and a lack of opportunities. He was always intrigued by the fire industry and pursued a career in the military in search of the opportunities he couldn’t find as a child.

Connelley served active duty in the U.S. Navy for six years and then pursued his career in the fire service. Today, he is the regional fire chief for the U.S. Navy Southwest Fire and Emergency Services program, the highest-ranking civilian firefighter on the West Coast.

During his career, he has been awarded the 2014 Navy Fire Chief of the Year award, two fire service medals of honor and the Center for Public Safety Excellence chief fire officer designation.





Last Alarms

The USFA reported 4 line of duty deaths in 2026. No line of duty deaths have been reported since our last issue.



Lest We Forget

Navy F&ES Line of Duty Deaths in March



Protecting Those Who Defend America





Herbert Wells
Naval Station Annapolis, MD
20 March 1962



William Travis
Naval Air Station Norfolk, VA
4 March 1981





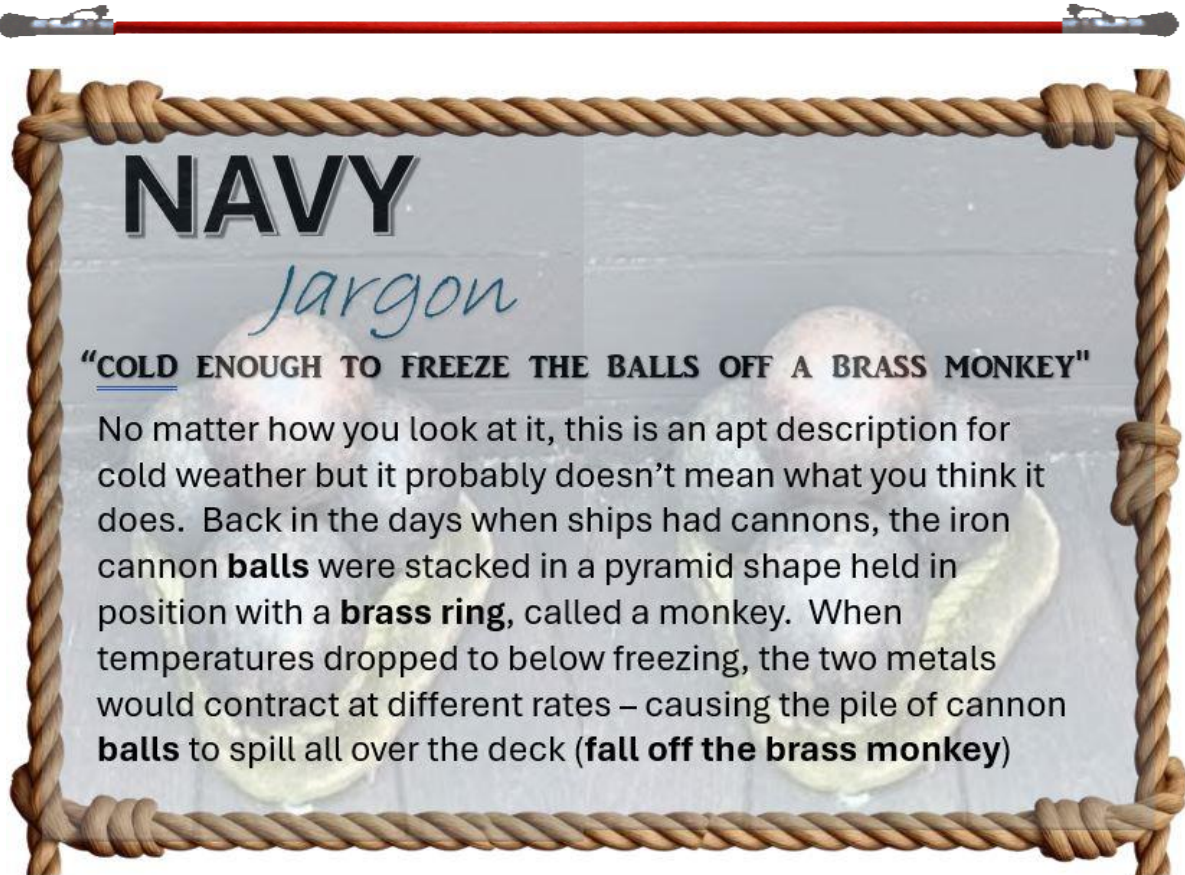


Taking Care of Our Own Program

There are five firefighters in the Taking Care of Our Own Program.

Name	Location	Point of Contact
Michael Melson	Joint Base Andrews, MD	316FSS.CPO.EMRTEAM@us.af.mil
Daniel Hopcus	MCB Camp Pendleton, CA	christopher.hubmer@usmc.mil
Arthur Gerpoltz	Fort McCoy, WI	brady.j.breuer.civ@army.mil
Charles Latham	NAS Patuxent River, MD	joyce.a.aud.civ@us.navy.mil
Andrew Duran	NAVBASE Ventura County, CA	david.g.santillo@us.navy.mil

The “Taking Care of Our Own” Program, a sub-set of the Voluntary Leave Transfer Program, was developed to support military component Fire & Emergency Services (F&ES) personnel with a medical emergency defined as *a medical condition of an employee or a family member of an F&ES employee that is likely to require an employee's absence from duty for a prolonged period of time and to result in a substantial loss of income resulting from the unavailability of paid leave*. The Program invites all military component F&ES personnel to donate ONE HOUR of annual leave to any member to enable them to focus on recovery rather than financial distress.

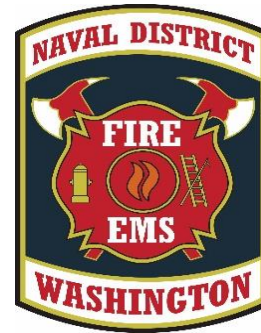




Calendar Year 2025 Navy F&ES Awards

SMALL FIRE DEPARTMENT OF THE YEAR

NAVAL SUPPORT ACTIVITY ANNAPOLIS



MEDIUM FIRE DEPARTMENT OF THE YEAR

NAVAL AIR STATION MAYPORT



LARGE FIRE DEPARTMENT OF THE YEAR

METRO SAN DIEGO



FIRE PREVENTION PROGRAM OF THE YEAR

JOINT REGION MARIANAS





Calendar Year 2025 Navy F&ES Awards



UNITED STATES NAVY FIRE & EMERGENCY SERVICES
MILITARY FIREFIGHTER OF THE YEAR

ABH2 (AW) Kiara Robin
Naval Station Rota, Spain



UNITED STATES NAVY FIRE & EMERGENCY SERVICES
CIVILIAN FIREFIGHTER OF THE YEAR

Katsuhiro Watanabe
Commander Fleet Activities Yokosuka, Japan



UNITED STATES NAVY FIRE & EMERGENCY SERVICES
MILITARY FIRE OFFICER OF THE YEAR

ABH1 (AW/SW) LeAundre Johnson
Naval Support Activity Naples, Italy



UNITED STATES NAVY FIRE & EMERGENCY SERVICES
CIVILIAN FIRE OFFICER OF THE YEAR

Eric Boggess
Naval Station Mayport, Florida





Calendar Year 2025 Navy F&ES Awards



UNITED STATES NAVY FIRE & EMERGENCY SERVICES
FIRE SERVICE INSTRUCTOR OF THE YEAR

Hartsell Stewart

Naval Submarine Base Kings Bay, Georgia



UNITED STATES NAVY FIRE & EMERGENCY SERVICES
EMERGENCY MEDICAL SERVICES PROVIDER OF THE YEAR

Benny Castro

Joint Region Marianas Fire & Emergency Services, Guam



UNITED STATES NAVY FIRE & EMERGENCY SERVICES
FIRE INSPECTOR OF THE YEAR

Victor Kirton

Naval Submarine Base Kings Bay, Georgia



UNITED STATES NAVY FIRE & EMERGENCY SERVICES
FIRE CHIEF OF THE YEAR

Jose Cardenas

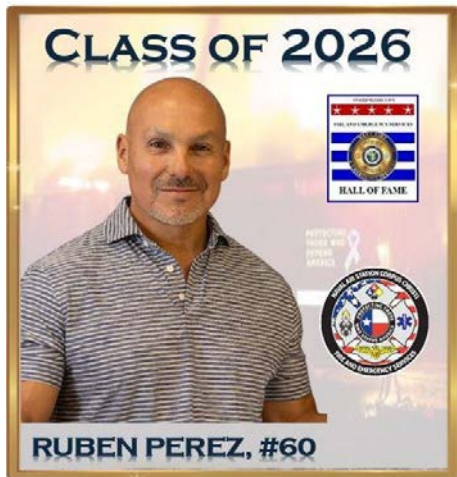
Naval Station Mayport, Florida



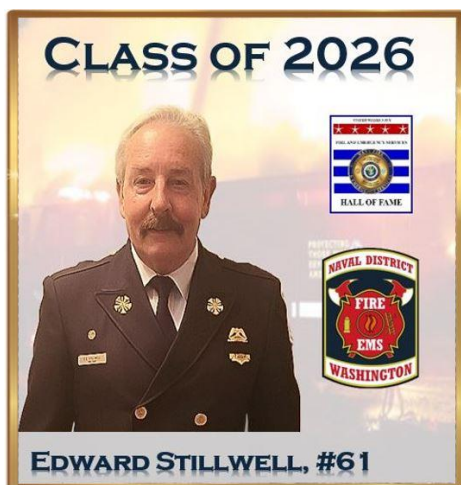


Navy Fire & Emergency Services Hall of Fame

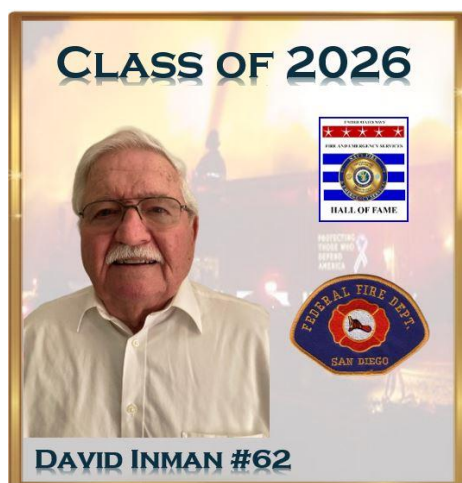
With six new inductees, the Navy F&ES Hall of Fame Class of 2026 is the largest since 2007. Congratulations to our newest members!



- Developed and implemented Mobile Aircraft Firefighting Training Device and cross-staffing strategies, resulting in cost reductions and enhanced firefighter training
- Led NAS Corpus Christi Fire & Emergency Services to achieve its 2nd Accreditation from the Center for Public Safety Excellence in 2020, positioning the department as one of only five in the U.S. Navy
- Led recovery efforts during Hurricane Katrina/Rita in 2005, managing 60 firefighters from six regions and conducting 66 rescues in Louisiana under extreme conditions



- Procured special appropriations from Congressman Steny Hoyer for \$1 million to replace pumpers and ARFF units for various bases within Naval District Washington Region
- Federal Fire Task Group Vice Chair under U.S. Fire Administration-1986-1994; Federal Fire Task Group Chairman under U.S. Fire Administration
- Instrumental in working with Labor organizations, Office of Personnel Management and Budgeting and Congressional representatives to pass the DoD Federal Firefighter Pay Bill

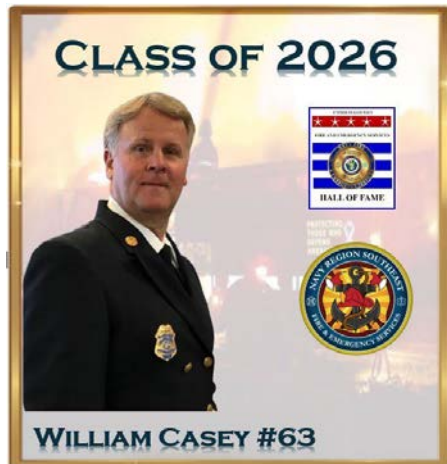


- Pioneered the concepts of providing emergency medical service from fire apparatus, comprehensive hazardous materials response capabilities and mobile training devices.
- Driving force and hands-on developer of the first fire apparatus-based advanced life support services in Navy F&ES.
- Designed, procured vehicle, component parts and oversaw construction of one of the first hazardous materials response vehicles for Navy F&ES. Some innovative features he included were an integrated command post, decontamination area and compact skid loader.

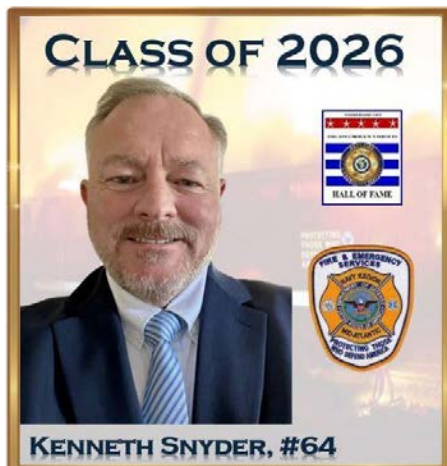




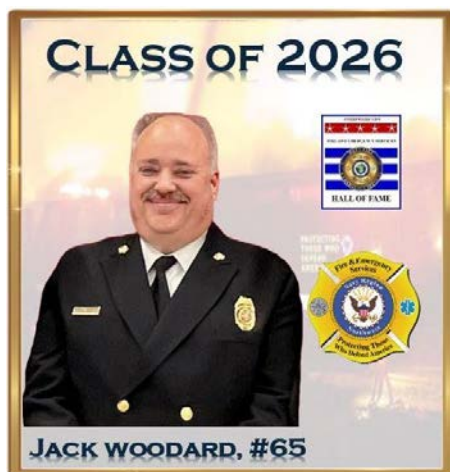
Navy Fire & Emergency Services Hall of Fame



- Initiated new Navy Fire & Emergency Services departments at various locations in Europe and Japan
- Worked with State Department and National Fire Departments of Poland and Romania for three years to initiate fire protection (and Mutual aid Agreements) for two Navy Aegis Ashore Missile sites.
- Partnered with CNIC Transportation to eliminate existing fleet of Amertek crash vehicles and replaced with new T1500 and T3000 vehicles Navy-wide



- Led the response to a F/A-18 aircraft mishap in Virginia Beach residential area, participated in unified command post, mitigating major jet fuel spill from NAS Oceana
- Active member of installations Threat Working Group, Antiterror force Protection and Emergency Management Working group
- Developed plan to implement new work schedule for over 350 Federal Firefighters Implemented first joint DoD-Municipal Virginia Beach Fire Department Station Coordinated Tier 1A vaccination



- Made strategic recommendations to NAVFAC Base Support Vehicles & Equipment for the replacement of Navy owned vehicles while reducing apparatus down time 45 % in five-year period
- Fire investigator and subject matter expert supporting CNIC Fire Investigation for USS Bonhomme Richard
- Managed the NRNW F&ES Rescue program, which included development of a FEMA USAR Type 2 Team for Washington State, Region 2 while ensuring all members were trained & certified to meet all NFPA standards





Navy F&ES Lifetime Achievement Award



When the Navy F&ES Hall of Fame was established in 2004, there was no Navy F&ES Lifetime Achievement Award. In fact, the Lifetime Achievement Award wasn't established until 2008 and the first recipient (Tae Tang Kim) wasn't recognized until 2010.

Our very first Hall of Famer was never given this prestigious honor.

Until now.

Retired Director, Navy Fire and Emergency Services Director, William "Bill" Killen is finally recognized with the Navy F&ES Lifetime Achievement Award!

Bill is joined this year by retired Navy Region Southeast Fire Chief Rodolfo Gonzalez, Navy Region Southwest Fire Chief Christopher Connelley and retired CNIC HQ Senior Fire Protection Specialist Daniel Gaumont.

This Navy-only award provides individual recognition for significant contributions and distinguished service to the Navy F&ES mission. Navy F&ES personnel (active, retired, or deceased) who have completed a minimum of 10 years of service to Navy F&ES are eligible.

Congratulations to all of our Lifetime Achievement Awardees!



I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.

- Maya Angelou





Navy F&ES Represented at MFHF 25th Anniversary Gala

By Gary Easley, Senior Emergency Medical Services Specialist

I was honored to represent Navy Fire and Emergency Services at the 25th Anniversary Gala of the Military Firefighter Heritage Foundation.

The event celebrated the legacy, service, and dedication of military firefighters across all branches and recognized several outstanding members of the Navy fire service.

This year’s Navy honorees included Russell Tarver, who received the Lifetime Achievement Award and was inducted into the Hall of Fame for his decades of leadership and service to the military fire community. Additional Navy Hall of Fame inductees included Christopher Connelly and Frank Montone, both recognized for their significant contributions and lasting impact on Navy Fire and Emergency Services.



During the event, I had the privilege of presenting Mike Robertson with a traditional tin helmet shield on behalf of Navy Fire and Emergency Services in appreciation for his 25 years of dedicated service as President of the Military Firefighter Heritage Foundation. His leadership has helped preserve the history and heritage of military firefighters while supporting recognition of our profession’s finest members.

The gala served as a powerful reminder of the strong traditions, shared history, and enduring brotherhood within the military fire service. Congratulations to this year’s Navy honorees and thank you to the Military Firefighter Heritage Foundation for 25 years of preserving and celebrating our profession.

While attending the event, I also had the opportunity to tour the DoW Fire Academy at Goodfellow Air Force Base, where military firefighters from all services receive advanced training. The visit provided a valuable look at the continued commitment to excellence in firefighter training that supports our installations worldwide.

Military Firefighter Appreciation Week Proclaimed



On Tuesday March 3rd, the Military Firefighter Heritage Foundation was presented a proclamation signifying the week of March 1st - March 7th as Military Firefighter Appreciation week and congratulating the foundation on its 25th Anniversary.

Thanks to Chief Pat Brody of the San Angelo Fire Department, the San Angelo Mayor and City Council for this Honor!!!





Back in the Day - Peter Pirsch Apparatus

By Tom Shand



The genesis of the Peter Pirsch & Sons Company in the fire apparatus industry dates back to 1895 when the predecessor company that constructed horse drawn wagons produced one to carry hose, nozzles and hand tools. Several years later in 1898 the company received a patent of a wooden, truss style ground ladder that went into production for fire service use shortly thereafter. As horse drawn units were replaced with motorized vehicles, Pirsch produced their first motorized unit, a city service ladder truck for their home town of Kenosha, WI.

Over the years Peter Pirsch produced approximately thirty fire apparatus for the U.S. Navy to protect installations across the country. During the

decade of the 1930's few municipal fire departments had funds to maintain their fleet replacement program. Interestingly during this period, the District of Columbia Fire Department was able to acquire new apparatus including three engines and two tractor drawn aerial ladders that were delivered during 1932. The U.S. Navy during this period acquired units one at a time based upon the need to enhance fire protection at installations where the mission required specialized units. One example was 1934 delivery for the Lualualei Ammunition Depot on Oahu, HI. This vehicle was designed to operate on railroad tracks, a 500 gpm model 21 pumper that did not require a steering wheel.

The Philadelphia Naval Shipyard in 1932 placed into service a model 15 750 gpm pumper built on a Pirsch custom chassis with serial number 780 and Navy property number 5449. Apparatus of this era were built with few creature comforts and usually lacked windshields, doors and compartments to carry equipment as appliances and hand tools were mounted on the running boards. The PNSY engine carried a Samuel Eastman hose holder, adapters, soda acid extinguisher along with several lengths of hard suction hose. One of the few safety features on the engine was a wrap around handrail on the front cowl in the area where the windshield would be mounted along with shorter curved handrail adjacent to the driver's seat.



Over the years Peter Pirsch supplied many vehicles for the U.S. Navy including a model 17 600 gpm pumper for Indian Head, MD in 1931 along with a model 19 pumper, serial number 925 for the Chelsea Naval Annex. During 1937 Pirsch delivered a model 25R pumper to Mare Island, equipped with a 1000 gpm pump and 100 gallon water tank. This rig was outfitted with a windshield to protect the crew, open front seats, top mounted booster reel and wooden ground ladders.

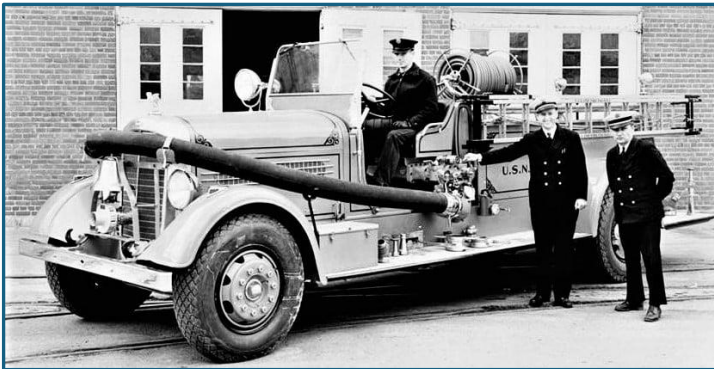


A unique feature of this pumper was a preconnected hard suction hose using a large chicksan swivel on the left side pump steamer inlet.





Back in the Day (Cont.)



This arrangement was referred to as a squirrel tail suction and was utilized extensively by fire departments in Louisville, KY and Memphis, TN which both operated with a large fleet of apparatus built by Peter Pirsch and Sons. This intake arrangement allowed for rapid deployment of the hard suction hose for use in connections to a hydrant or when equipped with a strainer for use in drafting at piers or other static water supplies.

Peter Pirsch and Sons Company remained in business until October 1991 when the last completed rig, a 1500 gpm pumper rolled off the line for delivery to Osceola, AR. Back in the day, the Peter Pirsch built a complete line of custom chassis pumpers and aerial ladders, many of which saw service with the U.S. Navy.

New HME Pumpers Acceptance Inspection

We recently conducted final acceptance inspections of three HME pumpers for NAS Fallon, NV, Naval Magazine Indian Island, WA, and NAS JRB New Orleans, LA.

Thanks to our Inspection Crew (left to right): Commander Navy Region Southeast HQ Richard. Puente; Commander Navy Region Northwest, Eric Wentworth; Commander Navy Region Southwest Ray Macias; and CNIC HQ, John Smithgall.



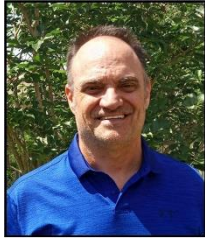
Apparatus Wash Day at China Lake





Special Type Occupancies – Special Considerations

By Mark Weil, Assistant Chief of Fire Prevention (retired), Navy F&ES Hall of Fame #51



The 2026 New Year's Eve fire at the Le Constellation bar in Switzerland killed 40 and injured more than 100 people. Numerous code violations serve as a reminder that we must stay vigilant to help put an end to these tragedies.

This month we are going to talk about four specific types of special occupancies that can create particularly hazardous conditions, bowling alleys, air transportation facilities, tents and air supported, or tension fabric, facilities.

Bowling Alleys

In addition to the typical hazards associated with public assembly buildings, bowling alleys present special hazards when undergoing routine maintenance. Bowling alleys are generally refinished (also known as recoating or lane finishing) every 6,000 to 8,000 lines (games) of bowling per lane. Floor sanding, in which power sanding equipment removes old floor finishes, can generate a large volume of combustible dust. Floor refinishing using flammable liquids create hazardous vapor-air mixtures that can fill the entire building with flammable vapors.

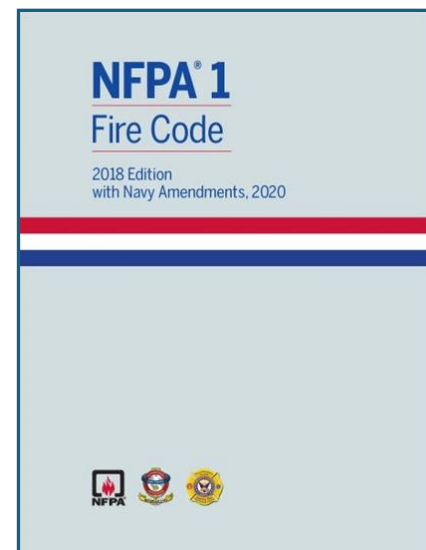
Air Transportation Facilities

The Navy fire code chapter 21 *Airports, Hangars and Heliports* provides guidance on these facilities. The value of the aircraft parked inside, large quantities of flammable liquids and solvents, along with the ignition potential from processes and machinery and tools increase the potential for high fire losses. Scrupulously maintained installed fire protection systems and meticulous housekeeping will help minimize the hazards.

Tents and Air Supported Structures

Navy Fire Code Chapter 25 *Grandstands and Bleachers, Folding and Telescopic Seating, Tents, and Membrane Structures* outlines the provisions for all tents and related structures. These standards must be reviewed and enforced accordingly:

- All fabric coverings must be treated accordingly and meet Navy fire code 25.6.1.4 *Flame Propagation Performance*.
- Hay, straw, shavings, or similar combustible materials must comply with Navy Fire Code 25.1.5.3. *Fire Hazards*
- Egress components must comply with Navy Fire Code 25.1.3 *Means of Egress*.
- Automatic sprinkler systems must meet Navy Fire Code 25.1.6 *Extinguishment Requirements*.



Fires in special types of occupancies can combine the hazards of high occupant loads and a high fire potential. A sound permitting program is paramount and enforcement is critical. The Navy Fire Code 20.1.1.1 *Permits* provides fire inspector the authority to inspect these operations to ensure compliance with the code.





The Day a Firefighter Ran Through LA in Turnout Gear



Before the sun rises over Los Angeles...
Before the streets fill with runners...
Before the crowds line the sidewalks cheering for
26.2 miles of determination...

There is one runner preparing for something
different.

Not a personal best.

Not a medal.

But a **mission**.

While thousands of runners lace up lightweight
shoes and stretch for the long miles ahead... one
man reaches for something much heavier.

A firefighter's **turnout gear**.

Running Shoes.

Bunker pants.

Turnout coat.

Helmet.

And an SCBA pack strapped to his back.

Nearly **70 pounds of gear** designed to fight fires—
not run marathons.

But today... that gear is going the distance.

Because this isn't just another runner.

This is **Captain Rudy L. Marin** of Federal Fire Ventura County.

A firefighter.

A Navy Senior Chief in the U.S. Navy Reserves.

And a man running for something bigger than himself.

The Los Angeles Marathon stretches **26.2 miles** through one of the largest cities in America.
From the quiet morning streets to the roaring crowds near the finish line, every mile tests the
limits of the human body.

Most runners struggle to finish it in athletic gear.

But today... a firefighter will run it dressed for the fireground.

Not for attention.

Not for applause.

But for the firefighters who answered the call...

...and never came home.

Every step carries the weight of their sacrifice.

Every mile honors the brothers and sisters of the fire service who gave everything in the line of
duty.

As the race begins, runners surge forward.

But among the sea of runners, one figure stands apart.

Heavy boots striking the pavement.

Turnout coat catching the morning light.

An SCBA tank rising above the crowd.

Spectators begin to notice.





Navy Firefighter Runs 10th Marathon in Full Gear (Cont.)

They point.

They cheer.

They ask the question everyone is thinking:

“Is that firefighter really running the marathon in full gear?”

Yes.

Because firefighters don't run away from hard things.

They run **toward them**.

As the miles stack up, the heat builds.

The gear gets heavier.

The lungs burn.

The legs begin to fight every step forward.

This is the moment when most people would stop.

But firefighters know something about pain.

They know something about sacrifice.

And they know something about pushing forward when others can't.

So he keeps running.

Through the streets of Los Angeles.

Through the cheers of strangers who suddenly understand they're witnessing something extraordinary.

Through the exhaustion that would stop most athletes in their tracks.

Because this run isn't about finishing a race.

It's about carrying the legacy of every firefighter who came before.

And when the finish line finally appears in the distance...

After **26.2 miles in turnout gear**...

There are no fireworks.

No dramatic celebration.

Just a quiet moment of pride.

Because somewhere...

A firefighter's family knows their loved one has not been forgotten.

And on this day in Los Angeles...

A firefighter proved that the weight of the gear

is nothing compared to the weight of **honor, brotherhood and sisterhood, and sacrifice.**

This is the story of the day a firefighter ran through Los Angeles in turnout gear...

so the fallen would never be forgotten.





CNRMA Hiring



DOW SKILLBRIDGE

SKILLBRIDGE OPPORTUNITY FIRE INSPECTOR TRACK

Transitioning Service Members interested in a career in fire prevention, inspections, code enforcement, risk reduction, and safety compliance



CAREER PATH:

This program prepares participants for Fire Inspector Positions in the OPM 0081 Fire Protection and Prevention Series.

Salaries Range from \$56, 713 to \$73, 724 per year

WHAT YOU WILL GAIN:

IFSAC/Pro Board HazMat Awareness Certification
IFSAC/Pro Board Fire Instructor I Certification
IFSAC/Pro Board Fire Inspector Certification
These Certifications are recognized throughout the Department of War and in many municipalities

PROGRAM LENGTH:

9 Week Skillbridge Internship in Virginia Beach, VA

PROGRAM DETAILS:

Learn from our Award Winning District 3 Fire Prevention team, in the classroom and in the field. Participants will observe and assist with facility inspections, construction site walk-throughs, fire protection systems checks, and documentation of life safety deficiencies, while learning the process of code enforcement. Training will take place at our Virginia Beach Installations, JEB Little Creek, Naval Air Station Oceana, Dam Neck Annex, and JEB Fort Story.



Open to service members separating within 180 days
For more information, contact us today:

District3SkillBridge@us.navy.mil





ONLY
7
DAYS UNTIL
CHICAGO CUBS
HOME OPENER!

WRIGLEY FIELD
HOME OF
CHICAGO CUBS
GO CUBS GO!

CHICAGO

CHICAGO

YOU COULD BE HERE!
IF YOU WORKED FOR
GREAT LAKES
FIRE DEPARTMENT
GREAT LAKES IS HIRING
GS 6-7 FIREFIGHTERS!
APPLY NOW AND JOIN OUR TEAM!





Federal Fire San Diego Retiree Connections

At the March meeting, there were 17 folks attended this morning’s lively breakfast meeting: Bob & Carol Gladson, Don & Aprell Bigler, John & Irene Schmidt, Lew Meyer, Bill Butcher, Jeff Allen, Bob Koch, Roberto Smith, Rudy Mora, Dave Lewis, Bob Scott, Walter Wierzbicki, Howard Jones & H. (Gil) Gillins.



The group is active and meets monthly to reflect, reconnect & discuss the “Good Old Days”. The social event is not about anything but being together, reconnecting for an hour or two. We all have this one thing in common

Federal Fire Service here in San Diego. The group also offers prayers and positive thoughts for members who are dealing with medical or health challenges. It is great to see the retirees connecting, as they are still and will always be part of the Navy F&ES Family.

Other Navy F&ES retiree groups or individuals... we would love to hear from you, send a pic and a note for a future Newsletter.

NAVSTA Mayport Career Day at Anchor Academy

Photo by AC1 Daniel De Jesus



Naval Station Mayport staff and employees had an amazing time connecting with students and having fun along the way. Experiences like this highlight how important schools like Anchor Academy are in supporting our military families.

Introducing children to different career paths early helps spark curiosity, build confidence, and empower them to dream big. We’re proud to invest in the next generation—because today’s students are tomorrow’s leaders!

The best way to find yourself is to lose yourself in the service of others.

- Mahatma Gandhi





Commander Navy Region Hawaii EMS

U.S. Navy Photo by Kyler Hood



Firefighters Dagan Johnston, Canhuang Zhang, Austin Slade-Matautia, and Kainoa Yester, assigned to Commander Navy Region Hawaii's Federal Fire Department (FFD), pose for a photo at CNRH FFD Headquarters. The FFD provides fire protection and emergency medical services to all Department of Defense military installations and mutual aid to the local community. The Navy has 13 Federal Fire Department stations distributed across every military installation on Oahu. Nearly 300 civilian men and women provide fire and emergency services and support the State of Hawaii Airports Division, Honolulu Fire Department, and City and County of Honolulu's EMS Division with mutual aid response.

Mutual Aid Response at NSA Mid-South



NSA Mid-South Fire responded to a commercial building fire where smoke and flames were visible on arrival. The building had already been safely evacuated, and our firefighters quickly got to work alongside Shelby County Fire and Millington (TN) Fire.

Working together under a unified command, the teams were able to bring the fire under control and keep it from spreading to nearby structures. The response really showed the strong partnership between NSA Mid-South and their local mutual aid departments, with everyone stepping in and supporting each other from start to finish. Great teamwork by all involved and a strong example of our installation and community working together to keep Mid-South safe.





Navy Region Hawaii Recruit Graduation Ceremony

(U.S. Navy photo by Mass Communication Specialist 2nd Class Tristan Kyle Labuguen)



Commander, Navy Region Hawaii's Federal Fire Department hosted a graduation ceremony for firefighter recruits on Joint Base Pearl Harbor-Hickam 20 February 2026. Eighteen firefighter recruits graduated after completing a 26-week firefighter recruit drill training at the Hickam Fire Training Facility.

The Navy has 13 Federal Fire Department stations distributed across every Department of Defense installation on Oahu. Nearly 300 civilian men and women provide fire and emergency services and support the State of Hawaii Airports Division, Honolulu Fire Department, and City and County of Honolulu EMS Division with mutual aid response.

Navy Region Hawaii is the regional coordinator for all shore-based naval personnel and shore activities in Hawaii, and its mission is to support the readiness of the fleet and warfighters.

Firefighters Support Blue Angels' Tradition of Excellence

By Battalion Chief Jordan Marasso, Photos by: AMC (AW/SW) Dana Foley



In a demonstration of teamwork, NAF El Centro Fire & Emergency Services assisted the Blue Angels Demonstration Squadron by ensuring the correct labeling of their Commanding Officer's rank on the static aircraft display at the base's main entrance.

This collaborative effort highlights the meticulous attention to detail and strong working relationship shared by both the Blue Angels and the firefighters. It serves as a reminder that the squadron's renowned precision is not just a feature of their aerial displays, but a core principle that extends to all aspects of their operations, a value shared by the emergency crews who support them.





NDW Deputy Chief Retires



The crews from Company 46 and Company 47 hosted a luncheon to celebrate Deputy Fire Chief Gray's upcoming retirement and to recognize his dedicated service to the NDWFD. Congratulations, Chief, and best wishes in your retirement!

Space Force General Thanks NAVSTA Norfolk Crew



We were honored to have Major General Devin Pepper, Deputy Chief of Staff, Strategic Plans and Policy for NATO, visit NS Norfolk Fire Station 2.

He presented tokens of appreciation to our first responders who provided him with lifesaving assistance during a severe allergic reaction.

"I know that you all are in the business of saving lives," said Pepper while addressing the first responders. "But that particular day, you saved my life and for that I will be forever grateful."

We are incredibly proud of our team's professionalism and quick response. A big thank you to Major General Pepper for his thoughtful gesture and for taking the time to thank our crew.





Shipboard Firefighting Pilot Program in San Diego



Naval Base San Diego Fire & Emergency Services recently conducted a Marine Firefighter course designed to strengthen the ability of firefighters to operate effectively aboard naval vessels alongside Ship's Force (SF) personnel.

Naval Base San Diego Assistant Chief of Shipboard Readiness & Response, Wayne Aboussleman was Lead Instructor, and Chief Robert Heine served as Assistant Instructor.



A total of 16 personnel began the course, representing several installations including Naval Base Coronado, Naval Base Point Loma, Marine Corps Base Camp Pendleton, and Beale Air Force Base. All 16 students successfully completed the course, demonstrating proficiency in both the practical and academic requirements of the Marine Firefighter curriculum.

This class also served as a pilot program utilizing the Department of Defense Fire and Emergency Services Certification Program Instructor-Led Training (ILT) format. The program required participants to

demonstrate both classroom knowledge and operational proficiency in shipboard firefighting environments.

Throughout the program, students were required to complete 16 critical practical tasks designed to evaluate their ability to operate in shipboard firefighting environments. These tasks assessed a range of operational skills including hose team coordination, personnel accountability, search and rescue operations, ventilation tactics, and fire attack in confined spaces. In addition to the





practical evaluations, students completed the End of Course examination as part of the certification process.

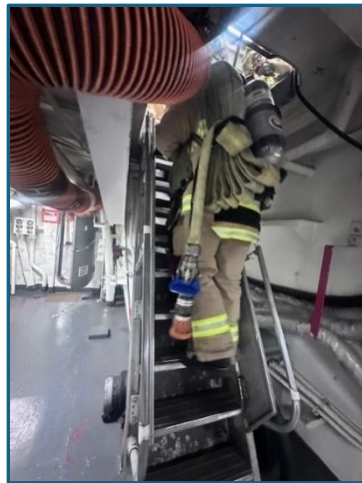
A key component of the training was the integration of Ship's Force firefighting personnel, who worked directly with the students to demonstrate how shipboard teams operate during an emergency. These sailors provided valuable insight into shipboard firefighting procedures, equipment layout, and communication methods used aboard naval vessels. Their participation allowed firefighters to better understand how to integrate with shipboard teams and effectively support Ship's Force during an onboard emergency.



To provide realistic operational training, the course incorporated hands-on evolutions aboard two naval vessels: JS Chōkai (DDG-176) and USS Pearl Harbor (LSD-52). These shipboard walkthroughs allowed crews to familiarize themselves with vessel layouts, access routes, firefighting systems, and the unique challenges associated with operating within complex maritime environments.

During practical evolutions, instructors created smoke-filled training environments to simulate realistic fire conditions. Students worked in integrated fire teams, coordinating with Ship's Force personnel to practice tactical decision-making, hose team advancement, search and rescue operations, ventilation procedures, and fire attack techniques within confined shipboard spaces. These exercises allowed firefighters to experience the challenges of operating in limited visibility and tight compartments while maintaining accountability and communication with both fire department and shipboard personnel.

The successful completion of this course demonstrates the continued commitment of Naval Base San Diego Fire & Emergency Services and Ship's Force personnel to maintaining a high level of readiness for shipboard emergencies.





Special Mission Support NAS Corpus Christi



Firefighter Ramiro Hernandez, Jr., Captain Adrian Castillo, Firefighter Robert Viafranco had the opportunity to support a special mission at the Corpus Christi International Airport. Corpus Christi Airport, U.S. Air Force, and Naval Air Station Corpus Christi firefighters worked together to pull off the support mission without a hitch

Seal Beach Shipboard Response



Naval Weapons Station Seal Beach (NWSSB) responded to the report of smoke aboard the USS Princeton (CG-59) and arrived pier-side with nothing showing. After conferring with the ship's Commanding Officer (CO), crews determined that the smoke was due to a generator switchboard malfunction.

Unified command was established with the ship's CO, NWSSB Command Duty Officer notified and E-31 immediately established a pier side water supply to provide fire main support.

E-31 maintained continuous pump operations for an extended period of time and the decision was made to also bring E-32 (reserve) to the scene to reduce continuous pump operations on the primary apparatus. E-31 and E-32 were utilized throughout the night while ship's forces made 14 crew rotations to troubleshoot. No additional smoke or fire was located and the ship was able to start two of their three generators to restore power and fire suppression system capabilities.

The E-31 crew did an outstanding job and were consummate professionals throughout the and the event was an excellent example of teamwork and strong partnerships.





Live Fire Training Souda Bay



Nothing beats the real thing. Our firefighters are undergoing live fire training to sharpen their skills and test their gear. It's hot, it's loud, and it's exactly where we need to be to stay at the top of our game.

Six Military Component F&ES Departments Accredited

The Commission on Fire Accreditation International (CFAI) recently accredited six military component F&ES departments during the Center for Public Safety Excellence Conference in Orlando, FL from 10-13 March.

Naval Air Station Fallon, Marine Corps Base Camp Pendleton, Marine Corps Air Ground Combat Center Twentynine Palms, Marine Corps Logistics Base Barstow, Fort Belvoir and Westover Air Reserve Base were successfully accredited by the commission.

Congratulations on your pursuit of continuous improvement!





The Brown Shoe Files

By Kash Christopher, Fire Chief, Naval Air Station, Sigonella

“YOU KIDS GET OUT OF MY YARD!”

It’s been a few years, but the “Brown Shoe Files” are open again. For those new to the column, “The Brown Shoe Files” pays tribute to those who came before us, serving as a reminder to pay them homage while always continuing to improve.

The Brown Shoe Files... are open.

“WHO SAID THAT?”

The year is 1990, and the location is RAF Lakenheath, United Kingdom. It’s around 0030, and the firefighters assigned there are bored. Unlike today, where most stations have private bunkrooms, TVs, and other modern technological delights, Lakenheath had “open bunk rooms” that consisted of 6-8 firefighters. On any given night, you had the same characters, just with different names. You had a few who would snore (and sometimes quit breathing), the guy who stank up the place with flatulence, and the one who talked in their sleep (with occasional night terrors). Sometimes, it was all the same person. If you wanted to stay up, you could go to the dayroom, which had one TV with three channels. Since it was the UK, the programming consisted of shows like *How to Make Cheese* or *Nine Months of Rain is Good for You* (I might have made that last one up).

So, on some nights, the firefighters, wound up from an all-day binge of coffee and cigarettes, would act like a bunch of children at a slumber party: cracking inappropriate jokes, laughing... you get the point. It would start in one bunk, soon infect another, until finally, the entire area was in “FULL FRAT BOY MODE!”

After a few hours, our Ops Chief had enough. From the privacy of his own bunk room, he yelled, “KNOCK IT OFF! SHUT UP!”

Not knowing who this came from, Senior Airman Christopher decided to answer back, “YOU SHUT UP!!!!”

The room erupted—yours truly had been very loud and, unbeknownst to me, the one who had yelled was our boss. Now, he was angry, and he wanted his “pound of flesh.”

As he stormed through the rooms, he kept asking the same question, “WHO SAID THAT

“I can’t lie,” I said. “It was Murphy. Victor wanted you to shut up.”

The poor schlub I dimed out was Victor Murphy, who was actually very quiet. “I... I... I... did not tell him to shut up, you lying...”

Since I was already busted, I figured I might as well go down in flames and continued to fan them. “Look Vic,” I said, “I get it. You had a moment of weakness. I got your back.”

After a moment of silence, you could hear the other bunkrooms trying in vain not to laugh, but to no avail. You could hear them starting to snicker. Then it spread to our room, and before you





knew it, the place was cracking up... ROARING! The Ops Chief slammed our door, stormed off into the stalls muttering for us to knock it off, and went back to bed. We eventually fell asleep knew it, the place was cracking up... ROARING! The Ops Chief slammed our door, stormed off into the stalls muttering for us to knock it off, and went back to bed. We eventually fell asleep (except Murphy, who was still irate). The next day, I got chewed out, but as I was leaving his office, he said, "Kash... that was funny, just don't do it after 2200." No paperwork, just an old-fashioned ass-chewing and a promise I wouldn't do it again.

"I SWEAR IF I HAVE TO COME IN HERE AGAIN!"

Fast forward to 2025. Yours truly is now a Fire Chief, working at Naval Air Station, Sigonella. Unlike modern setups, Sigonella has open bunks with four occupants per. On my duty night, I slept in the empty female bunk. Next door were the Aviation Boatswain's Mates, Aircraft Handling (ABHs), four of them living the "dorm life." On a Thursday night at Fire Station 2, these guys were loud, laughing, and acting just like "children at a slumber party."

At 2300, I walked in there. "Fellas, I'd like to get some sleep. Can you keep it down? I swear if I have to come back in here again, you're not going to like it."

"Sure thing, Chief," they said, and I went back to bed. Ten minutes later, the noise started again, and it got louder... and louder... and LOUDER!

I got up, intent on chewing them out. I angrily threw open the door and let them have it. "WHAT PART OF 'SHUT UP' DID YOU NOT UNDERSTAND??"

This time, they all scurried back to their beds. It seemed like I had gotten my point across. As I walked back to my bunk, I could hear muffled laughter, which eventually grew loud before they finally went to sleep. Then it hit me: I had seen this exact scene play out 35 years prior at RAF Lakenheath, only I was the instigator. It was the universe, playing a joke on me, giving me a taste of my own medicine and reminding me of where I came from. I wound up chuckling and went to sleep.

The next morning, their CPO asked if I wanted him to discipline the ABHs. "No," I said. "It's hard to take a man seriously when he's in his black socks and flip-flops. Just tell them to knock it off at 2200."

I find that the closer I get to 60, the harder I try to hold on to those memories from when the world was in front of me, realizing the best times of my life were happening then, and I didn't even know it. The lesson here? Well, I don't have one, other than being reminded that I was once young, and you should hold on to that feeling for as long as you can. I don't want to turn into the old man who's yelling at kids to "GET OUT OF MY YARD!" For those of you who are approaching, or already there, I would ask that you remember where you came from, and the people who lived our lives, that got you where are now.

Sleeping in an open bay was terrible. The place stank, it was loud, the beds were uncomfortable and always too small, and it was either way too hot or extremely cold.

However... I wouldn't trade those memories for anything.

Folks, be good to one another. The Brown Shoe Files... are closed.





Around Navy Fire

Naval Weapons Station Seal Beach



Engine 31 recently traded their fire hoses for whisks and spatulas, participating in the NWS Seal Beach Morale, Welfare, and Recreation (MWR) monthly cooking class. This hands-on culinary experience put their skills of precision and teamwork to the test in the kitchen preparing a restaurant-quality meal. Under the guidance of Chef Byron, the firefighters learned to prepare a complete, multi-course meal from scratch.

This was much more than just a meal. The MWR cooking series, held on the second Tuesday of each month, provides a unique opportunity for personnel to connect, learn, and decompress outside of their demanding typical daily training, increasing department morale. For the crew of Engine 31, it was a chance to strengthen their teamwork and enjoy a shared experience that supports overall wellness and resilience. The practical skills learned can be taken back to the station kitchen, enriching their daily lives and changing up their traditional daily training.



Naval Air Station Oceana



Structural crews and ARFF crews at Fire Station 7, NAS Oceana recently trained together on crash truck water resupply. Hydrants can be far apart out on the airfield, if a crash truck runs low on water during an incident, a structural engine may need to quickly refill it so operations can keep moving. This training was built for our younger firefighters. Veteran members walked them through the process step-by-step and had them run the evolution themselves — learning both how it's done and why it matters.





Around Navy Fire (Cont.)

Naval Air Station Oceana



NAS Oceana Commanding Officer CAPT Rob Littman recognizes Firefighter Richard Saunders for thirty years of federal service.

Naval Support Activity Portsmouth



Downtown units cross trained with Navy Engine 21 in the tunnel late Monday night. The standpipe system was utilized to deploy hose lines and flow water.

Training like this ensures we're always ready—no matter the environment, no matter the hour!





Governor Recognizes CNRMA Chiefs



Virginia Governor Abigail Spanberger recognized two of our very own. Battalion Chief of Training Laura Arrington and Regional Assistant Chief of Health & Safety Riana Castilloveitia. Congratulations!!

Happy Birthday Sparky!



Sparky turned 75 this month and spent a day on Capitol Hill. He was with members of the fire service community at National Fire Service Day on Capitol Hill, hosted by the Congressional Fire Services Institute.

For 75 years, Sparky has been teaching fire safety. A pretty fitting way to mark the milestone.





Lifesaving Awards



To date in calendar year 2026, two individual Life Saving Award certificates have been awarded and 9 lives have been saved.



Provider	Region	Award #	Incident Type
Nicholas Harrison	NDW	#3	Cardiac Arrest-PAD
Kevin McDermott	NDW	#3	Cardiac Arrest-PAD
Matthew Fujimoto	CNRH	#4	Cardiac Arrest
Eric Watanabe	CNRH	#3	Cardiac Arrest
Samantha Blanchard	CNRH	#2	Cardiac Arrest
Cade Foster	CNRH	#1	Cardiac Arrest
Jarrett Takahashi	CNRH	#2	Cardiac Arrest
Joshua Peru	CNRH	#3	Cardiac Arrest
Andrew Uyehara	CNRH	#2	Cardiac Arrest

Please continue sending Lifesaving and Significant Achievement Award nominations!

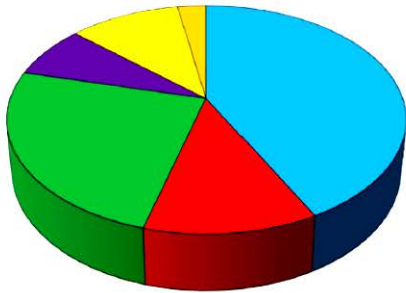




ESAMS Update

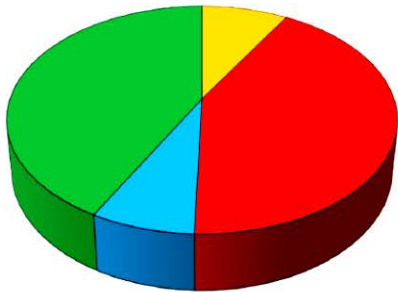
CY 2026 Statistics (01 January – 28 February)

Operations



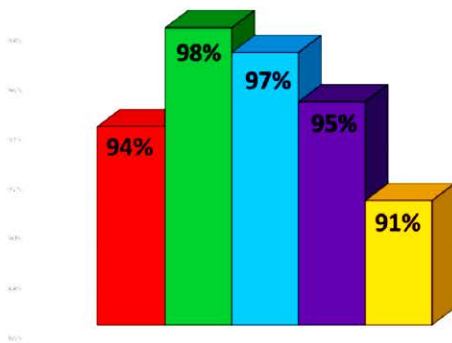
Rescue & EMS	3,943
Hazardous	1,100
False Alarm	2,297
Service Calls	708
Good Intent	996
Fires	257
Total	9,301

Prevention



Fire Public Ed Classes	611
Hot Work Permits	3,517
Inspections	3,535
Building Evacuation Drills	713
Total	8,376

Training



EMS	94%
Proficiency	98%
Emergency Management	97%
Safety	95%
DoD Certification	91%





Navy F&ES Legacy

NAVY FIRE & EMERGENCY SERVICES FALLEN FIREFIGHTERS IN THE LINE OF DUTY

Date	Location	Name	Date	Location	Name
27 May 2024	Portsmouth Naval Hospital, VA	Anthony "Tony" McVey	9 August 1982	NS Adak, AK	Perry Wallace
21 August 2023	NAS JRB New Orleans, LA	Thomas "TJ" Maury	12 July 1981	NAS Whidbey Island, WA	John Schmidt
27 June 2023	NAS Patuxent River, MD	Brice Trossbach	4 March 1981	NAS Norfolk, VA	William Travis
21 August 2021	NAWS China Lake, CA	Mikel Lowe	19 October 1973	NAS San Diego, CA	Brian Lindsey
09 August 2021	NAVSTA Great Lakes, IL	Jeffery Peters	19 October 1973	NAS San Diego, CA	Stanley Hertel
1 January 2021	NSF Indian Head, MD	Bryan "Hammy" Hamilton	1 October 1973	NALF San Clemente Island, CA	Stephen Stiftner
6 November 2019	NAS Pensacola, FL	Dwain Bradshaw	24 January 1964	NSY Puget Sound, WA	Vernon Fletcher
5 February 2018	NS Norfolk, VA	Stephen Bement	20 March 1962	NS Annapolis, MD	Herbert Wells
30 May 2014	JB Anacostia-Bolling, DC	John "Mac" McDonald	22 January 1961	NAS Midway Island, Atoll	AM3 Ronald Blakeman
13 January 2012	NSA Naples, Italy	Lugi Rullo	22 January 1961	NAS Midway Island, Atoll	AB3 Gordon Blatchley
13 August 2011	NSA Naples, Italy	Roberto Nocera	22 January 1961	NAS Midway Island, Atoll	AN Robert Razy
25 November 2005	NSY Philadelphia, PA	Robert Staepel	15 April 1954	NSF Dahlgren, VA	Warren Marsh Sr.
31 December 2003	NSB New London, CT	Kenneth Jeffrey	17 September 1943	NAS/NOB Norfolk, VA	Gurney Edwards
27 September 1988	NAB Little Creek, VA	Robert "Bobby" Hoeflein	07 December 1941	NAVSTA Pearl Harbor/Hickem Field, HI	Names Unknown



In Memoriam



UNITED STATES NAVY FIRE & EMERGENCY SERVICES Lifetime Achievement Award

2010	Kim, Tae Tang	2022	CDR Matthew Matthias
2014	John Robinson	2023	Thomas "TJ" Maury
2017	Thomas McCaffrey	2023	Gene Rausch
2017	Cort Jamison	2023	John Lyon
2019	Ricky Brockman*	2023	Mark Persutti
2019	Paul Murray	2024	Shane Rayfield
2019	John Rodgers	2024	Frank Montone*
2019	Michael Murray	2026	William Killen*
2020	Janice Lozoya*	2026	Rudolfo Gonzalez
2020	Daniel Vogel	2026	Christopher Connelly
2021	ABHCS Anthony Tranumn	2026	Daniel Gaumont

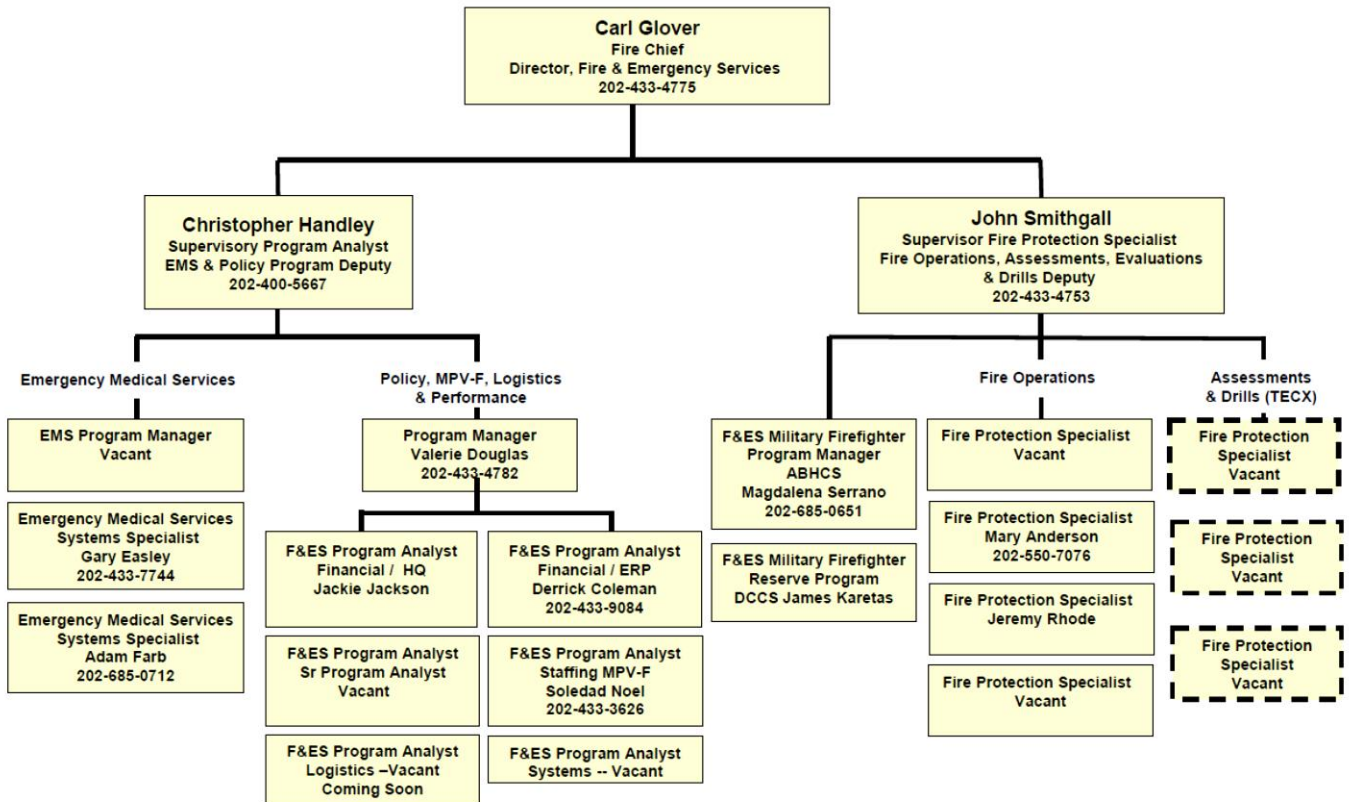
* Denotes Hall of Fame member





Navy Fire & Emergency Services

Commander Navy Installations Command
716 Sicard Street, SE, Ste 100
Suite 305
Washington, DC 20374-5140



To read past issues of *What's Happening*, the Navy Fire & Emergency Services newsletter, visit <https://www.cnic.navy.mil/FES-Newsletter>

To submit stories and photos to *What's Happening*, send an e-mail to Director, Navy F&ES,



WE ARE HIRING !



Please check [USAJobs](#) (search for 0081) or Contact the Navy Fire Chief at the Installation where you would like to work

