

What's Happening

Navy Fire and Emergency Services Newsletter
Protecting Those Who Defend America



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Calendar Year 2021 Navy F&ES Awards

On February 23rd VADM Yancy B. Lindsey, Commander, Navy Installations Command announced the results of the Calendar Year 2021 Navy Fire & Emergency Services Awards competition; the results were also released in NAVSHORE message 002/22 on February 28th. The Navy Fire and Emergency Services (F&ES) awards program was implemented in 1997. Regional award winners are considered for the Navy-wide competition. With the exception of Navy-only award categories of EMS Provider of the Year, Navy F&ES Hall of Fame, and Navy F&ES Lifetime Achievement, Navy-wide winners are forwarded for DoD-wide competition in the DoD F&ES Awards Program, which is currently underway.



Civilian Firefighter of the Year: Firefighter Christopher Terlaje, NAS Souda Bay, Greece

Souda Bay Junior Civilian of the Quarter, Christopher obtained certifications beyond position requirements including ARFF-DO, Fire Officer I, and Fire Inspector I and II. He provided CPR training to more than 50 military and civilian personnel, and led a recruit firefighter academy. Christopher has an unparalleled work ethic and is community minded: he was involved in area beautification projects, volunteered at local schools, and at five fundraisers for victims of the Athens Evia wildfire.



Military Firefighter of the Year: ABH2 (AW/SW) Ryan Fuentes, NAS Sigonella, Italy

NAS Sigonella Firefighter of the Year, orchestrated shift training initiating 130 classes, and streamlined the department's AED program. He is a sought after training expert, revolutionized the department's PPE program, and served as a station fitness mentor. In 2021 Ryan completed an Emergency Medical Technician course, ICS-300 and -400 courses, and 18 credits towards his Master's Degree with a 4.0 GPA. He demonstrated significant leadership on a structure fire in a school, and multi-car collision with entrapment.



EMS Provider of the Year: Firefighter-Paramedic Jeremy McElroy, Navy Region Mid-Atlantic District 1

In 2021 Jeremy received the Tidewater EMS Council Regional Outstanding Pre-Hospital Provider Award, and is a candidate for the statewide Virginia Governor's EMS Awards. He also received the National Association of EMT's Paramedic of the Year Award for 2021, as well as a CNIC Lifesaving Award. He served as lead instructor in a COVID-precipitated recruit hybrid EMT course with 100% NREMT pass rate. He serves as a Field Training Officer, provides continuing education and skills verification training, and is a certified Fitness and Wellness Trainer.

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Navy F&ES Awards (continued from Page 1)



Civilian Fire Officer of the Year: LT Kekoa Gonzales, Navy Region Hawaii District 2

Piloted sophisticated Driver/Operator development program, and developed 10 week FF I/II certification curriculum for the department's recruit academy. He secured acquired structures and facilitated real world forcible entry/fire attack/rescue/FF survival training.

Lieutenant Gonzales serves on an Underwriters Laboratory technical panel, and as fire instructor at a local college. He volunteers, helping raise more than \$20,000 for the Straub Burn Foundation and serves as the director of the Kapolei Heritage Center, facilitating COVID testing and food distribution for 250 families.



Fire Service Instructor of the Year: Asst. Chief Mark Berry, Naval Base Guam

Transitioned the entire department to MyLearning CBT platform to enhance distance learning courses, and developed and instructed a fire academy including Emergency Medical Technician for 10 recruits. He led an academy calendar

transition from six months to four months, decreasing overtime costs. Chief Berry is an absolute Top Performer in every aspect, serving as a critical member of Naval Base Guam Installation Training Team, and as an adjunct instructor under the National Board on Fire Service Professional Qualifications for the island of Saipan.



Navy Fire Chief of the Year: Jeremy Rhode, Navy Region Hawaii District 2

In 2021 Chief Rhode managed the region's largest District while maintaining readiness in spite of a 20% COVID positivity rate at times. He leads the department's Health & Safety Program, and piloted the department's first Battalion Chief Officer Academy, graduating ten chief officers.

He served as the Red Hill fuel incident F&ES lead, developing the unified incident action plan for remediation and water system flushing. He authored the department's Annual Training Plan, compiled a successful CPSE Annual Compliance Report, and updated standards of cover and set 2022 benchmarks.



Military Fire Officer of the Year: ABH1 (AW/SW/IW) Raul Garcia Villavicencio, NSF Thurmont

Filled a critical gapped billet as Leading Chief Petty Officer for six months, responsible for 17 firefighters in Presidential emergency response operations. He led the training team to include 70 drills and the certification of 17 Driver Operators, Engine Officers, and Duty Officers, while managing the Aviation Fuel System. He was awarded a Letter of Commendation and Senior Sailor of the Quarter for NSF Thurmont; completed an Associate's Degree; completed DoD certifications, EMT, all while serving as a local volunteer firefighter.

He led the training team to include 70 drills and the certification of 17 Driver Operators, Engine Officers, and Duty Officers, while managing the Aviation Fuel System. He was awarded a Letter of Commendation and Senior Sailor of the Quarter for NSF Thurmont; completed an Associate's Degree; completed DoD certifications, EMT, all while serving as a local volunteer firefighter.



Navy Fire Inspector of the Year: John Serrato, Commander Fleet Activities Yokosuka, Japan

Chief Serrato transformed the Fire Prevention program leading a staff that managed 25 projects; conducted 10 suppression approval tests, 67 site approvals, 30 plan reviews, and coordinated 210 fire drills. His team

performed 990 facility inspections with 98% completion rate. He authored a Shipboard Fire Response Checklist and formalized new 8010 procedures, crucial in reducing miscommunication among fire/ship forces/emergency operations center and command. He worked with the NAVFAC management team to redefine requirements, reducing false alarm calls by 25%. Responsible for a \$100,000 savings in fire extinguisher repair costs.



Fire Prevention Program of the Year: Commander Fleet Activities Sasebo, Japan

Life safety program identified and resolved 107 deficiencies. The program collaborated in 34 pre-construction meetings; delivered inclusive technical guidance on Japanese and Army

Corps of Engineers construction projects valued at \$500 million. Completed seven facility acceptance tests, reviewing one new construction and six renovation projects. Partnered with the Armed Forces Network (AFN) with a comprehensive and proactive public safety message featuring one radio spot and three television commercials promoting life safety to the local population of 90,000. The program added 8 Wardens to its Public Access AED initiative, and inspected and maintained 66 AEDs.

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Navy F&ES Awards *(continued from Page 2)*



Small Fire Department of the Year: Naval Support Activity Naples Fire and Emergency Services, Naples, Italy

Facilitated the largest USN/Host Nation Agreement in NREURAFCENT with 6 sites, reduced USN fiscal burden and amplified mission execution with annual savings of \$7M. The department mitigated a Navy Exchange warehouse fire, resulting in limited damage and saved an inventory valued at \$1M with no impact to consumer demand or region services. The Commission on Fire Accreditation International (CFAI) conferred “Accredited Agency” status. NSA Naples was the first agency to undergo a CFAI virtual site visit and virtual hearing in the European Theatre during COVID. The department also collaborated with the American Forces Network to produce and release 5 workplace and residential fire and life safety commercials for the workforce audience.



Medium Fire Department of the Year: Navy Region Hawaii District 2

Initial responders for the Red Hill fuel leak; developed initial unified Incident Action Plan and aided the Navy’s water system flush plan. The District garnered 12 individual Life Saving Awards, and exemplary Advanced Life Support with 3 lives saved. The department partnered w/Army, Navy dispatch to author medical evacuation memo, establishing procedures to reduce emergency transport time of critical patients by more than 45 minutes. The department aligned Battalion Chief shift times, helping overtime/staffing shortfalls with a \$110K annual savings. Responded to dining facility explosion, containing fire to room of origin and transported patient; +\$4M asset saved.



Large Fire Department of the Year: Commander Fleet Activities Sasebo, Japan

Operates 7 fire stations protecting a population of 12,000 in 905 facilities, responding to 577 emergencies in 2021. Department staff authored 6 technical articles for publication in Japanese periodicals. The department facilitated foreign language FEMA ICS-300 and -400 classes for installations. Organized multi-national agency vehicle extrication, live fire, integrated ship drills, and other training. The department reduced vehicle mishaps by 25% by implementing new safety guidelines. The department ensured readiness and maintained preventive control measures during the COVID-19 pandemic. It maintained liaison work on the International Search and Rescue Advisory Group, instructing canine search and rescue techniques for Japan’s top rescue teams.

Hall of Fame: Inductee # 43
District Chief Joseph Thompson
 Naval District Washington

Navy FES service from 1983-2008; volunteer fire-fighter 1975 to present. IAFC Life Member. Significant contributions toward developing EMS system in NDW and state of Maryland.



Hall of Fame: Inductee # 44
Fire Chief Stuart Cook
 NAS Fallon, NV

Navy and Marine Corps fire services from 1978-2007; Navy veteran. Significant contributions to State of Nevada IFSAC Committee. Volunteer leader. Nevada Hall of Fame nominee.



Hall of Fame: Inductee # 45
Assistant Chief Kenneth Jefferey
 Submarine Base New London, CT

DoD service from 1974; Navy F&ES service from 9 Apr 1979 until his line of duty death on 31 Dec 2003. Fire Chief, Windsor Locks (CT) FD. Influential statewide. “See ‘ya at the big one!”



Lifetime Achievement Award
Regional Fire Chief
James “Jim” LaConte
 Navy Region Southeast
 Active duty & civilian Federal fire service 1976-2021; Navy civilian service 2003-2021. Led consolidation of AFGE bargaining units in NRSE. Held senior leadership positions at 10 installations and major commands. DoD Military Fire-fighter Heritage Foundation Hall of Fame selectee.



Lifetime Achievement Award
ABHCS (AW)
Anthony Tranumm
CNIC (N30) Operating Forces
 Navy & Navy Reserve service 1986 -2013. Enhanced professional standards and qualifications for active duty Navy firefighters. Increased efficient use of shore active duty firefighter billets; created robust reservist augmentation capability, operationalizing firefighting units.

CNIC Fire & Emergency Services Staff Work

Instead of a *From the Director* note this month, Director Glover wanted us to highlight some of the current work assigned to CNIC N30 headquarters staff. Some of these major projects are based on statutory requirements or “top down”-driven policy, while much of the projects are in support of Navy regions based on feedback and requests from regional fire chiefs.

Integration / Analytics:

- OPNAV 11320.23 (“H” version): Steady progress on updating the Navy F&ES guiding policy
- Mutual Aid Agreements: Coordinating updated policy
- Financial Data: Analysis of Labor and Non-Labor controls and execution, review and summary of monthly overtime by region
- Budget: Coordinating information for OPNAV N4 (our resource sponsor) for out-year budgets

Fire Apparatus:

- FY21 Pending Delivery: Two 1,500 ARFF, two 1,000 ARFF, One 3,000 ARFF, one 3,000 Pumper/Tanker
- FY22 Awarded: Six 1,000 gal ARFF and three Enhanced RIVs
- FY22: Pending Funding / Contract Awards: Five Aerials, one 3,000 gal ARFF, three Pumpers, and one Small Rescue
- SLEP In-Progress: Three 3,000 ARFFs, two 1500 ARFFs, one Pumper, two Small Rescue, one RIV

Fire Operations:

- Shipboard Fire Guide: Drafting updates for responder

time requirements and fire response continuum

- Mission Critical Tasks: Participating in working groups addressing priority BHR actions
- Final Evaluation Problem (FEP-F): Consolidation of responses for chapter checklists, input assessments
- Standardized Position Descriptions: 5 F&ES PD packages submitted for Special Retirement Coverage
- Major Shipboard Fire Drills: Attended and evaluated MFD; Identified numerous recommendations

Military Fire Programs:

- Reserve Fire Academy—On Going
- Military firefighter staffing assistance—Under review
- Accident analytics and ESAMS data—Review started
- NATOPS review for pending revision—Under review

Emergency Medical Services:

- EMS Manual: Revised manual at CNIC Front Office for approval
- ASHE / HERT Data: Validating current capabilities; data call with regions and due 8 April
- Ambulances: FY21 order is delayed due to chassis availability. FY22 order being processed

Source: CNIC N30 Staff

March is Women’s History Month

“It’s no coincidence that today’s Navy-Marine Corps team is stronger than it’s ever been, at a time when women are serving in higher percentages than ever before. Our readiness depends on recruiting, retaining, and promoting the finest of all our people to serve in every capacity.”

Vice Adm. Lisa Franchetti, Director for Strategy, Plans and Policy (J-5), Joint Staff

During March we honor and pay tribute to those women - Active and Reserve, Uniformed and Civilian - who have served our Navy and our nation. Nationally, the 2022 theme of “Providing Healing. Promoting Hope” is both a tribute to the ceaseless work of caregivers and frontline workers during this ongoing pandemic and also a recognition of the thousands of ways that women of all cultures have provided both healing and hope throughout history.

The Navy’s goal is to empower women from the moment they walk in the door at their local recruiting station or enter civilian employment, and to continue to empower them all along the way to what is hoped will be a full career.

According to the Navy’s Chief of Information Office, more than 20% of the active force are women, serving in all capacities to defend the maritime domain, enhance lethality, and deter strategic competitors. Navy history is full of trailblazing pioneers who paved the way for more



LT Stacy Steinike (left), FF-EMT Bethany Bott (center), and FF-EMT Tammy Wyble (right), Navy Region Mid-Atlantic F&ES women in service at District 10, NAVSTA Great Lakes. Photo by Petty Officer 2nd Class Brigitte Johnston

than 120,000 women - active, reserve, and civilian who are serving in the Navy today.

The Women’s Armed Services Integration Act, signed into law by President Truman in 1948, allowed women to serve in the Regular Army or Navy permanently. The

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March is Women's History Month *(Continued from page 4)*

Navy's first enlisted woman, Loretta Perfectus Walsh, was sworn in on March 21, 1917. The first eight women to serve as active duty naval officers took their oaths on Oct. 15, 1948. Today, about one in every six active duty service members is a woman.

Rosie the Riveter—the steely-eyed World War II heroine with her red bandanna, blue coveralls and flexed bicep—stands as one of America's most indelible military images. Positioned under the maxim "We Can Do It," the "Rosie" image has come to broadly represent the steadfast American working woman, and more specifically, the millions of female laborers who kept the factories and offices of the U.S. defense industries humming. Based in small part on a real-life munitions worker, but primarily a fictitious character, the strong, bandanna-clad Rosie became one of the most successful recruitment tools in American history, and the most iconic image of working women in the World War II era.

Rosie the Riveter was the star of a campaign aimed at recruiting female workers for defense industries during World War II, and she became perhaps the most iconic image of working women. American women entered the workforce in unprecedented numbers during the war, as widespread male enlistment left gaping holes in the industrial labor force. Between 1940 and 1945, the female percentage of the U.S. workforce increased from 27 % to

nearly 37 %, and by 1945 nearly one out of every four married women worked outside the home.

Chief of Naval Operations ADM Mike Gilday and his wife Linda have collected stories of Navy Women Trailblazers in an eBook available at

<https://go.usa.gov/xHdMj>. You can

also find more historical information about women in the Navy at the Navy History and Heritage website, <https://www.history.navy.mil/browse-by-topic/diversity/women-in-the-navy.html>.

Sources:

National Women's History Alliance
CNRMA HRO-Equal Employment Opportunity Office
Department of the Navy Chief Information Officer



Navy Fire Military Firefighter Program

By ABHCS Anthony Pena, USN

"Sailors belong on ships and ships belong at sea" is an old common phrase in the Navy, but for over two decades Sailors have supported the mission ashore at naval installations around the world as Navy Military Firefighters after serving a successful first sea tour. These assignments are normally performed by Sailors in the Aviation Boatswain's Mate (Handling), or "ABH" rating, due to the similarities of the Crash and Salvage duties performed at sea onboard aircraft carriers and other air-capable ships. These Sailors attend the Louis F. Garland DoD Fire Academy located at Goodfellow, AFB in San Angelo, TX and after graduation they earn the Navy Enlisted Classification NEC 786B - Shore Based Airport & Aircraft Firefighter (formerly known as 7012 or D13A).

Being a Navy firefighter is a golden ticket and only a small portion of Sailors in our rating get the opportunity to attend the DoD Fire Academy. Some Sailors never get chance to experience a shore firefighter tour in their career as these shore billets are limited. ABH is a sea-intense community. Manning conditions at sea may require the need to request sea tour extension or shore tour curtailments to ensure all sea billets are filled. ABHs in their orders negotiating window for shore assignment normally look for unique billet assignments such as Instructor, Recruiting, or Recruit Division Commander; others look for more thrilling job opportunities to fill their dream of becoming a DoD firefighter.

Currently, there are nearly 240 billets at 10 CNIC installations around the world. These firefighting billets fall under the Command Navy Installations Command (CNIC) Military Firefighter program and serve at: NAS Whiting Field, NAS Oceana (NALF Fentress), NAS Whidbey Island, NALF San Clemente Island, NAS Sigonella, NS Rota, NSA Naples, NSA Bahrain, and NSF Thurmont.

The selected group at NSF Thurmont, commonly known as Presidential Retreat Camp David, requires a Top Secret clearance due to their special assignment. Additionally, the Navy has billets as DoD Fire Academy instructors who facilitate



ABH2 Spencer Clark, from Bothell (WA), at NAVSTA Rota.

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Mid-Atlantic Announces New District Chiefs



District Chief
Brian Bartles

Norfolk (VA) Brian D. Bartles was selected to replace prior District Chief Sam Felter at District 10, Naval Station Great Lakes, when Chief Felter accepted an overseas assignment in Japan. Chief Bartles began his new duties at Great Lakes on December 5, 2021.

Bartles previously served as the Regional Deputy Chief for EURAFCENT in Naples, Italy. He was responsible for the overall program management of nine installations consisting of 400 firefighters across Poland, Romania, Spain, Italy, Greece, Bahrain and Djibouti.

Previously, he was the Assistant Chief of Training at Ft. Eustis Fire and Emergency Services. His DoD experience began when he enlisted in the United States Air Force in June 1996. Upon graduation from Louis F. Garland Fire Academy, he was stationed at Mountain Home Air Force Base, Idaho.

His military career of 20 years, led him to 6 deployments to Bahrain, Saudi Arabia, Oman, Afghanistan, Kyrgyzstan and Jordan. Bartles expanded outside the fire department as an Airborne Firefighter with REDHORSE. He is a Master Parachutist and a graduate of Army Airborne School at Ft. Benning. He is also a graduate of Western Oregon State College with a bachelor's degree in Fire Services Administration.

Brian was born in Portland, Oregon and is married to Kimberly Bartles and they have two daughters, McKenzie and Emily, both attending Oregon State University.

Shannon Pawlowski was selected to replace prior District Chief Glenn Whitehouse at MIDLANT's District 8, after Chief Whitehouse retired in October 2020. Chief Pawlowski began her District 8 assignment, which includes Portsmouth Naval Shipyard in Kittery (ME) and NCTAMSLT Cutler (ME) on January 16, 2022.

Prior to her current position, Chief Pawlowski was the Training Program Manager for NRMAFES, managing a program that reached 14 major installations across 10 states, impacting roughly 600 employees. She joined the Federal service in 2007, and has since advanced from entry-level Firefighter to Firefighter-Paramedic to Supervisory Captain to Battalion Chief, with assignments in all three Eastern Virginia CNRMA fire districts, prior to promotion to Assistant Chief where she served at CNRMA F&ES HQ.

Shannon graduated from the University of Maryland University College with a Bachelor of Science in Public Safety Administration, and a minor in Emergency Management. She is a graduate of the DoD Executive Leadership Program through Graduate School USA, and the Fire Service Chief Executive Officer program through Texas A&M University. She is a Nationally Registered Paramedic. She and her wife Felice, and their five dogs, live in Dover, NH.



District Chief
Shannon Pawlowski

Sailors, AFFF Abort Button Save the Day at Naval Base Ventura County

Point Mugu (CA) On 7 March 2022 at 12:25 pm Crash 14, Crash 18, Station 72, and Chief 72 received emergency tones for a fire alarm at hangar 553. Crash 14 arrived on scene, and advised there had been a small electrical fire within hangar 553 that was quickly extinguished by squadron personnel. The origin of the fire was contained to a grounding cable attached to an E-2 aircraft. Chief 14 canceled Station 72 response and continued Chief 72 and Crash 18 for assistance with the alarm and foam systems. Prevention 71 arrived on scene at 12:30. Fire protection system contractor Integrated Fire was called to assist and reset the foam system.

On review of the incident and while speaking with squadron personnel it was determined that one of two AFFF IR detectors was activated by the fire, and ATC Brandon Stockton instructed AMC Jaramia Carter to press and hold the AFFF system emergency abort button,

preventing activation and release of foam.

Aircraft personnel removed five E-2 aircraft from the hanger as a precaution. Fire alarm technicians reset the hangar AFFF system and all units cleared.

There were no injuries or damage. The quick response by ATC Stockton and AMC Carter prevented the AFFF System from discharging foam, which would have affected five E-2 aircraft. The incident was classified as significant event, since more than \$100,000 in property loss was averted.

Source: Jan Lozoya, FM, Chief-Fire Prevention, Navy Region Southwest



No, Your TSP Money Isn't Invested in Russia

(Reprinted with permission of Government Executive Magazine, www.govexec.com)

By Erich Wagner

With wall-to-wall news focused on Russia's invasion of Ukraine last week, and ever escalating sanctions against the Russian government and corporations, it would be only natural for federal employees and retirees to wonder about their exposure to investments in Russia as part of their participation in the federal government's 401(k)-style retirement savings program.

As it turns out, aside from the invasion's widespread reverberations throughout the global economy and financial sector—most of the Thrift Savings Plan's funds reported a down month in February—there hasn't been a direct impact for TSP participants.

The TSP's international (I) fund is based on the MSCI EAFE index, which is made up of investments across 21 developed countries. None of those investments are based in Russia. TSP spokeswoman Kim Weaver confirmed Wednesday that no TSP funds have any Russian holdings.

The Federal Retirement Thrift Investment Board, which administers the TSP, did briefly plan to shift the I



Fund to a market index that includes Russian investments, but the board postponed that decision following political pressure from Republican lawmakers and the Trump administration because the index also tracked Chinese corporations.

Weaver said any consideration of a new index for the I Fund remains on hold indefinitely.

But even if the TSP had adopted the more comprehensive MSCI All Country World Ex-US Investable Market Index, it's unclear that feds would be invested in Russian companies—at least not for long. Since Russia invaded Ukraine, the Treasury Department's Office of Foreign Assets Control has rolled out a series of sanctions barring Americans from engaging in transactions with different sectors of the Russian economy.

And officials at MSCI have reportedly described the Russian market as “uninvestable” and said they are currently considering cutting Russian investments out of the All World index altogether.

Erich Wagner is a staff correspondent covering pay, benefits and other federal workforce issues. He joined Government Executive in the spring of 2017 after extensive experience writing about state and local issues in Maryland and Virginia, most recently as editor-in-chief of the Alexandria Times.

New F&ES Data Analyst Standard in Development, Input Sought

From: Commission on Public Safety Excellence

You can help guide the development of the proposed professional qualification standard for fire and emergency service analysts by providing input via the NFPA website. Public input closes June 1, 2022.

In 2018, the Commission on Public Safety Excellence (CPSE) submitted a request to the National Fire Protection Association (NFPA) to develop a professional qualification standard for fire and emergency service analysts. Analysis is a primary activity of the CFAI accreditation process and a key technical competency for fire and emergency service professionals.

In 2019, NFPA approved the development of the standard and named Preet Bassi, CPSE's CEO, the chair of the 1022 Technical Committee. Following a two and half year-long effort by the dedicated members of the technical committee and NFPA staff, a draft of the standard is now open for public input. Public input closes June 1, 2022. Individuals interested in reviewing the draft standard and providing input will need to have a username and password for the NFPA Standards Development Site.

The 1022 draft has five major chapters: Data Analyst, GIS Analyst, Business Analyst, Data and Analytics

Manager, and Post-Hire.

For more information about work promoting fire and emergency service data analysis, visit the CPSE Fire Analyst project page,

<https://www.cpse.org/projects/fire-analyst/>.

For more information about the proposed NFPA standard, the technical committee, and to submit public input, visit <https://www.nfpa.org/codes-and-standards/all-codes-and-standards/list-of-codes-and-standards/detail?code=1022>.

Women's History Month—Navy Stats

There are more than 80,000 women serving in the Navy.

Women make up 31% of Department of the Navy civilian leadership in the Senior Executive Service (SES).

15 admirals and 1,064 master chief and senior chief petty officers currently leading the Navy are women.





Life Saving Awards

Issued in February 2022



Congratulations to these Navy F&ES members...VADM Lindsey signed the following Life Saving Awards in February:

Provider	Region / Installation	Award #	Incident Type
Firefighter/Paramedic Brandon Shimamura	CNRH - FFD DISTRICT 1	4	Cardiac Arrest – Medical
Firefighter/AEMT Raymund Manuel	CNRH - FFD DISTRICT 1	3	Cardiac Arrest – Medical
Engineer/EMT Darren Pia	CNRH - FFD DISTRICT 1	2	Cardiac Arrest – Medical
Firefighter/EMT Travis Ancheta	CNRH - FFD DISTRICT 1	1	Cardiac Arrest – Medical
Firefighter/EMT Rodel Cordero	CNRSE - NS Guantanamo Bay	2	Cardiac Arrest - Drowning
Lead Firefighter Kadian Green	CNRSE - NS Guantanamo Bay	1	Cardiac Arrest - Drowning
Firefighter Raymund McIntosh	CNRSE - NS Guantanamo Bay	1	Cardiac Arrest - Drowning
Firefighter Dushane Powis	CNRSE - NS Guantanamo Bay	1	Cardiac Arrest - Drowning
Firefighter Dewayne Brown	CNRH - FFD DISTRICT 1	1	Cardiac Arrest - MVC
Firefighter/Paramedic Dathan Lloyd	CNRH - FFD DISTRICT 1	1	Cardiac Arrest - MVC
Firefighter/AEMT Michael Calloway	CNRH - FFD DISTRICT 1	1	Cardiac Arrest - MVC
Firefighter/EMT Scott Ikeda	CNRH - FFD DISTRICT 1	1	Cardiac Arrest - MVC
Firefighter/EMT Travis Ancheta	CNRH - FFD DISTRICT 1	1	Cardiac Arrest - MVC
Firefighter/EMT Maximus Warner	CNRH - FFD DISTRICT 1	1	Cardiac Arrest - MVC
Firefighter/EMT Jesse Santana	CNRH - FFD DISTRICT 1	1	Cardiac Arrest - MVC

Civilian GRB Platform “Retires” from Internet Explorer

Beginning 18 March 2022, the Government Retirement & Benefits (GRB) Platform no longer supports the Internet Explorer 11 (IE11) browser. It will continue to support Microsoft Edge, Chrome, and Firefox.

Civilian employees have access to the GRB Platform, a self-service tool to review current benefits and retirement information, make transactions on health, life, and TPS, generate retirement estimates, and share documents securely when sending to the CBC or the Benefits Line. The Platform offers several training videos on various topics, and other services. The GRB Platform is available at <https://www.civilianbenefits.hroc.navy.mil>.

Employees access the GRB Platform using a Common Access Card (CAC) enabled government computer with a .mil, .edu, or .gov email address.

Employees with questions can contact the Benefits Line at 888-320-2917, Monday through Friday, 7:30 a.m. until 7:30 p.m. Eastern Time, except on Federal holidays. The TTY number is 866-359-5277. Questions can also be emailed to navybenefits@us.navy.mil. Full name, pay plan, grade, and employee telephone number must be included in the email (please do not include Privacy Act or other PII such as date of birth or social security number in email correspondence).



Navy Fire Military Firefighter Program (Continued from page 5)

basic and advanced DoD fire certifications curriculum at Goodfellow AFB.

Although ABH is the main rating for F&ES assignments, CNIC has approved other ratings under the Aviation Boatswain's Mate rating group and the Damage Control rating to fill this type assignment.

In the Navy Reserve, there are 200 F&ES billets across multiple ratings which make up a total of 5 detachments at fleet concentrated areas capable of rapidly mobilizing first responders in cases of disasters, and to support other contingency situations. Many of the Navy Reserve F&ES personnel are county and even DOD firefighters in their day job.

Training, certifications, experiences, and mentorship received in these exclusive fire assignments allows for Navy Military Firefighters to pay it forward and share wisdom, tactics, and practices not typically provided to shipboard Sailors. Furthermore, it fosters a cohesive work-life relationship between Navy Fire and Ship's Force personnel and rebuilds firefighting confidence.

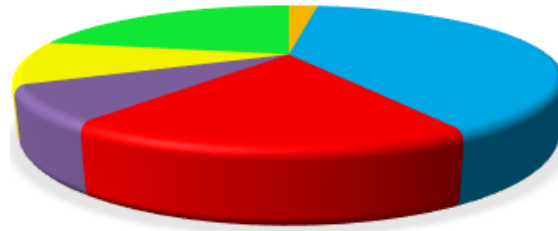
Navy F&ES Data: ESAMS Corner

By Angela Jordain, ESAMS Fire Technical Support

CY 2021 Statistics

Operations

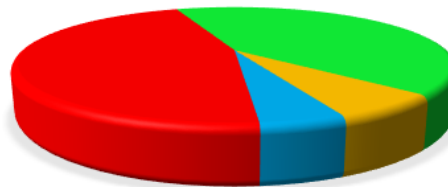
Total Incidents –	58,384
Rescue & EMS –	23,020
Hazardous –	10,713
False Alarm –	12,759
Service Call –	4,615
Good Intent –	5,780
Fires –	1,349



- Fires
- Rescue and EMS
- Hazard
- Service Calls
- Good Intent
- False Alarm

Prevention

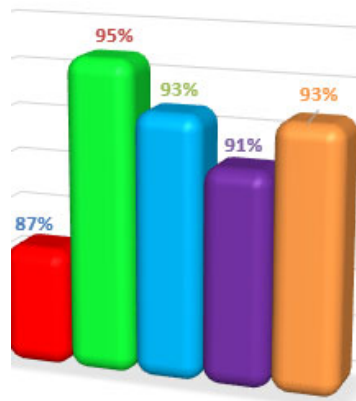
Building Evacuation Drills –	3,695
Hot Work Permits Issued –	25,109
Fire Inspections Completed –	23,205
Public Education Classes –	2,747



- Inspections
- Building Evacuation Drills
- Fire Public Ed Classes
- Hot Work Permits

Training

Proficiency, Skills, & Practice –	87%
Emergency Management –	95%
EMS –	93%
Safety Training –	91%
DoD Certification –	93%



- Proficiency
- Emergency Management
- EMS
- Safety
- DoD Certification

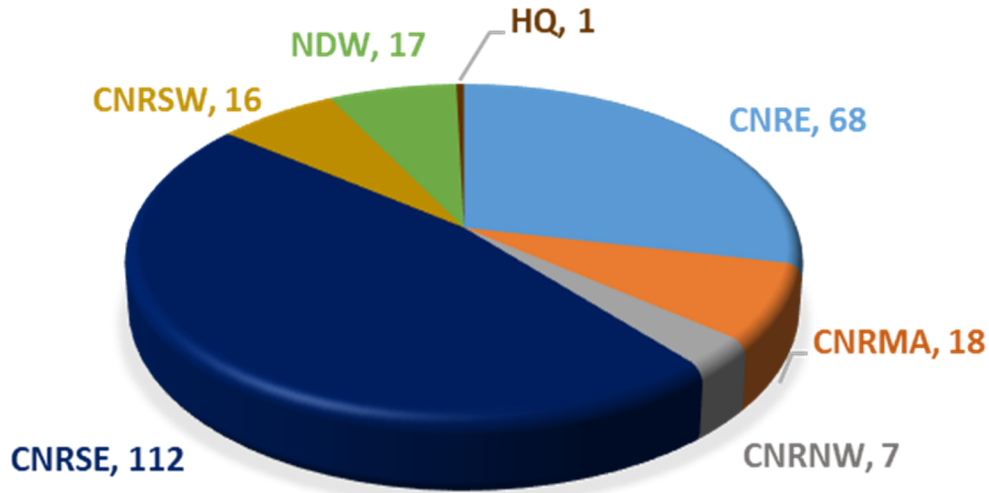
F&ES On Duty Mishaps Report CY 21

Mishaps Reported – 148
 Total Lost Work Days – 1,995



Active Duty F&ES Staffing Snapshot

TOTAL # OF MILITARY POSITIONS (239) BY REGION



* Only 6 Regions with MIL

National Fire Academy EXECUTIVE LEADERSHIP SKILLS SERIES

Calling all company-level officers, chief officers, and supervisors who have leadership responsibilities.

The National Fire Academy is offering 2-day virtual offerings of the Executive Skills Series:

Student text books embedded in the course description links.

Multiple sessions April through August, 2022

S0520 Exercising Leadership Within Communities
<https://apps.usfa.fema.gov/nfacourses/catalog/details/10837>

S5021 Exercising Leadership to Facilitate Adaptive Change
<https://apps.usfa.fema.gov/nfacourses/catalog/details/10836>

S0522 Exercising Leadership Through Difficult Conversations
<https://apps.usfa.fema.gov/nfacourses/catalog/details/10838>

S0523 Exercising Leadership Ethically
<https://apps.usfa.fema.gov/nfacourses/catalog/details/10839>

S0520 Leadership Within Communities
April 7-8, 2022
May 9-10, 2022
June 16-17, 2022
July 14-15, 2022
August 8-9, 2022

S0521 Leadership-Adaptive Change
April 21-22, 2022
May 16-17, 2022
June 21-22, 2022
August 4-5, 2022

S0523 Exercising Leadership Ethically
May 2-3, 2022
May 31-June 1, 2022
July 5-6, 2022
July 21-22, 2022
August 22-23, 2022

SO 522 Leadership-Difficult Conversations
April 25-26, 2022
May 23-24, 2022
June 23-24, 2022
June 18-19, 2022
August 18-19, 2022



U.S. Fire Administration
Working for a fire-safe America

Back in the Day: Second Lives for Ex-Navy Tele Sqrts

By Tom Shand

Many U.S. Naval and Marine Corps installations at one time operated with a 50 or 65 foot Tele Sqrt water towers for enhanced aerial operations. Credit for the design of these devices goes to the Pitman Equipment Company, originally located in Grandview, Missouri. Shortly after World War II company owner Ray Pitman Sr. designed a telescopic crane for use in the construction industry and over the years the Pitman Company became noted for their rugged booms, elevating platforms and digger derricks.

In 1958, at the request of Chicago Fire Commissioner

unique folding nozzle with two hundred fifty degrees of vertical nozzle travel while supporting a tip load of 400 pounds.

Beginning in 1987-88 U.S. Navy Fire and Emergency Services took delivery of six Pierce Arrow 50 foot Tele Sqrt units, with eighteen similar vehicles produced for the Marine Corps. These vehicles were built on a 184 inch wheelbase and powered by Cummins L-10 diesel engines rated at 320 horsepower through Allison HT-740D, four-speed automatic transmissions. The first group of Tele Sqrt pumpers were equipped with Waterous single stage 1,000 gpm pumps and 500 gallon water tanks along with Feecon APH 1.5 around the pump foam systems with 100 gallon foam tanks.

During 1994 Pierce delivered an additional fourteen 50 foot Tele Sqrt's apparatus which were the first to be built specifically for Naval installations. These were produced on four door cabs on a Pierce Arrow chassis. These rigs were equipped with a 1,250 gpm pump, 500 gallon water and 100 gallon foam tanks along with high side body compartments and roll up shutter doors. Several of these rigs are now serving with municipal fire departments including Ladder 321 from the Huachuca-Whetstone FD in Arizona. This rig was assigned to NAS Willow Grove and carried property number 73-03103.

Today, the Snorkel, Sqrt and Tele Sqrt brands are under the ownership of Spartan Fire, which has recently re-engineered and brought all three of these vintage devices back into prominence with new models displayed at fire apparatus shows. While some fire departments have



Navy Region Mid-Atlantic / Norfolk Naval Station Engine 11, a 1994 Pierce Arrow 50 foot Tele Sqrt, X-USN #73-03106

Robert Quinn, the Pitman Company mounted a 50 foot utility platform on a GMC chassis for evaluation by the fire department. As they say, the rest of the story is history as the initial success of this device became known as the Pitman Snorkel with hundreds of these devices produced for departments across the country. By 1960 the elevating platform portion of the business was spun off to become Snorkel Fire Equipment Corporation with many of the bodies for these devices subcontracted to Pierce Manufacturing. Snorkels were available in 65, 75 and 85 foot models with a smaller 50 foot version used on pumper chassis.

During 1970 Snorkel Fire Equipment introduced their first telescopic water tower dubbed the Tele Sqrt which was available in 50, 65 and 75 foot versions. This device could be mounted on any chassis, requiring an

18 x 24 inch pedestal that was attached to a mainframe torque box mounted to the frame rails. With an operating range of minus ten to ninety degrees above the horizontal the apparatus was stabilized by two A-frame outriggers with a jack spread of 128 inches. The telescopic waterway could produce master streams of 1,000 gpm with a



This 1994 Pierce Arrow 65 foot Tele Sqrt #E-8097-04, X-USN 73-03103 served at NAS Willow Grove, PA. It is currently in service with Huachuca Whetstone FD as Ladder 321.

migrated towards 75 foot quints as the aerial device of choice the Tele Sqrt remains popular with many urban departments that once operated the original versions Back in the Day.

Photos from the collection of Tom W. Shand



Turning the Page

A regular feature highlighting Navy Fire & Emergency Services retirees...their stories and memories, and where they are today.



Who: Joseph “Joey O” O’Connell
Rank Upon Retirement: Supervisory Captain
Retired From: Navy Region Mid-Atlantic, Philadelphia Navy Yard



What was/were the highlight (s) of your career?

Highlight of my career I think had to be the day I was hired back in October of 1984 at the age of 21, transforming a dream of a volunteer firefighter into that of a career firefighter. The Philadelphia Naval Shipyard was about 25 minutes from my home and was a very busy fire department running in the area of 4,000-5,000 calls a year. Through the decades the call volume reduced but the love and passion for the job never faded. Obtained the rank of Captain in 1992 and held that position to the date of retirement in July of 2020. Being in a position to help and mentor others and build a true TEAM was in itself a dream for me. Being a “go-to” for my firefighters was a role I loved. You are only as good as the people behind you and the working and personal relationships I had were PRICELESS.

What have you been doing since retirement?

I have kept busy working a few part-time jobs to stay active and moving. Performing annual and seasonal rental inspections for the City of Brigantine, working an emergency service vehicle on the Atlantic City Expressway and working at one of the casinos in Atlantic City. In spare time I enjoy boating, the beach and the upcoming of my daughter’s wedding this year. The change from a 72 hour workweek (and hour commute) is a true relief.

What advice would you offer to a young member just entering the Federal Fire Service? (or an older member!)

When I started in the federal government, I was under the new “FERS” system. Could have left with 25 years service (age 46) but didn’t. This job was my dream, my life and my passion. Looking back, I wish online school was what it is today and I think if you work at setting up for another career “after” the fire service. It is a tough and rough job both physically and mentally on you AND your family. Securing a successful second career that gives you more time with family and is financially rewarding is a perfect dream and goal that can be achieved. Fight off the NEGATIVE and look to make a POSITIVE IMPACT EVERY DAY.

Who: Cort Jamison
Rank Upon Retirement: Regional Fire Chief
Retired From: Navy Region Japan



What have you been doing since retirement?

I am the Region CBRN Coordinator for Huntington Ingalls, Inc. first in Guam, and in Navy Region Japan since 2021. I ensure CBRN response readiness by providing support with inventory management, sustainment, training, and other technical support and assist visits. I enjoy volunteering for the Center for Public Safety Excellence (CPSE), in which I serve frequently as a CPSE professional Credential Peer Assessor. I also maintain my current Professional Credentials as Chief Fire Officer, Chief Training Officer, and Fire Marshal. I keep busy as well donating time with the youth of Yokosuka teaching them Jiu Jitsu. Hobbies I enjoy are fly fishing in the beautiful rivers of Japan, honing my skills in Jiu Jitsu, wood working, and solving complex math problems. I definitely miss being in the Fire Department. Lucky for me I’ve managed to find a job where I still get to stay engaged and spend time with the U.S. Navy First Responder Community. I’ve always enjoyed living and working overseas and I’m so very fortunate to be doing what I’m doing here in Japan.

What advice would you offer to a young member just entering the Federal Fire Service? (or an older member!)

Advice I would give to new recruits just entering Civil Service

Continued next page...

Turning the Page (Cort Jamison, continued from page 12)



is to Maximize TSP contributions. Put it in the S and C funds and let it ride. Stay involved with your department (CPSE), seek professional credential! Do you want to advance? Seek overseas opportunities. For those looking to close out their careers; do your research on post retirement salary, start preparing 1-5 years out. The more years preparing, the better off you will be. Find something to occupy your time.

Willing to be highlighted in Turning the Page?

If you are a Navy F&ES retiree of any rank, please email the following to john.janney@navy.mil:

- ◆ Name, last position held, installation retired from. A photo would be nice (current or older).
- ◆ Highlight of your career (or particularly enjoyable aspects of your career). Anything from a bulleted list to a couple of sentences to paragraphs, whatever you want to provide.
- ◆ What have you been doing since retirement?
- ◆ What advice would you offer to a young member just entering the Federal Fire Service? (or an older member!) ... Please keep comments positive and "G-rated."

Around Navy F&ES in Pictures

Remembrance Ceremony at the Naval Academy on March 20, 2022 which marked the 60th anniversary of the March 20, 1962 line of duty death of Firefighter Herbert A. Wells of the Naval Station Annapolis Fire Department while participating in a training fire in an acquired structure, Quarters Number 39 on Bennion Road.

We will never forget.



Navy Fire Prevention
Program of the Year 2021:
Commander Fleet Activities Sasebo, Japan

*More Photos Around Navy F&ES
Pages 14—16*

Around Navy F&ES in Pictures (cont)



Navy F&ES Small Fire Department of the Year 2021: NSA Naples, Italy

Navy Medium
Fire Department of the
Year 2021:
Navy Region Hawaii,
District 2



Navy Large Fire Department of the Year 2021: Commander Fleet Activities Sasebo, Japan

Around Navy F&ES in Pictures (cont)



NSA Bahrain Fire Station 2 members are recognized in February for installation- and region-level awards.

From left to right: Battalion Chief Thanzeer Basheer (2021 NSAB Civilian of the 4th Quarter and 2021 EURAFCENT Fire Inspector of the Year), ABHI/LPO James Carson (2021 EURAFCENT Military Fire Officer of the Year runner up), Fire Chief Shannon Orndorff (2021 EURAFCENT Fire Chief of the Year), Assistant Chief Travis Wondrash (2021 NSAB Category 2 Civilian of the Year and 2021 EURAFCENT Instructor of the Year), and Firefighter Saleh Abdulqaher (2021 NSAB Category 1 Civilian of the Year).



NAS Patuxent River crew on March 7, 2022 after the promotion ceremony for Captain Daniel Martin and Captain Mark Joy

Around Navy F&ES in Pictures (cont)



NAS Patuxent River: ARFF attack; exercise simulating an aircraft crash into a building.



F&ES Active Shooter Hostile Event (ASHE) / with Hostile Event Rescue Team (HERT) response Training during Citadel Shied / Solid Curtain Exercise



ABHCS Anthony Pena (left) on a recent visit checking in with CNIC N30 Deputy Director Gene Rausch (right)

Health and Wellness

March is Sleep Awareness Month; Sleeping Better

We all have trouble sleeping sometimes. This can be for many reasons. You may have trouble sleeping because of depression, insomnia, or fatigue. If you feel anxious or have post-traumatic stress disorder (PTSD), you may also have trouble falling or staying asleep. Whatever the cause, there are things you can do (all will not be applicable while “on shift”).

YOUR SLEEPING AREA. Your sleeping area and what you do during the day can affect how well you sleep. Too much noise, light, or activity in your bedroom can make sleeping harder. Creating a quiet, comfortable sleeping area can help. Here are some things you can do to sleep better:



Use your bedroom only for sleeping and sex.

Move the TV and radio out of your bedroom.

Try not to use your computer, smartphone, or tablet to compute, text, or use the Internet while you are in bed.

Keep your bedroom quiet, dark, and cool. Use curtains or blinds to block out light.

Consider using soothing music or a "white noise" machine or “rain” app to block out noise.

YOUR EVENING AND BEDTIME ROUTINE. Having an evening routine and a set bedtime will help your body get used to a sleeping schedule. You may want to ask others in your household to help you with your routine. Try to not use technology devices such as smartphones, computers, or tablets during the hours before bedtime. The light from these devices and the emotions that can result from checking email or social media sites can make it harder to unwind and fall asleep.

Create a relaxing bedtime routine. You might want to take a warm shower or bath, listen to soothing music, or drink a cup of non-caffeinated tea. Go to bed at the same time every night. And get up at the same time every morning, even if you feel tired. Use a sleep mask and earplugs, if light and noise bother you.



IF YOU CAN'T SLEEP. Imagine yourself in a peaceful, pleasant scene. Focus on the details and feelings of being in a place that is relaxing. Get up and do a quiet or boring activity until you feel sleepy. Don't drink any liquids after 6 p.m. if you wake up often because you have to go to the bathroom.

YOUR ACTIVITIES DURING THE DAY. Your habits and activities can affect how well you sleep. Here are some tips:

- Get regular exercise. Figure out what time of day works best for your sleep patterns.
- Get outside during daylight hours. Spending time in sunlight helps to reset your body's sleep and wake cycles.
- Limit caffeine (coffee, tea, sodas) during the day. And don't have any for at least 4 to 6 hours before bedtime.
- Don't drink alcohol before bedtime. Alcohol can cause you to wake up more often during the night.
- Don't smoke or use tobacco, especially in the evening. Nicotine can keep you awake.
- Don't take naps during the day, especially close to bedtime.
- Don't take medicine that may keep you awake, or make you feel hyper or energized, right before bed. Your doctor can tell you if your medicine may do this and if you can take it earlier in the day.
- If you can't sleep because you are in great pain or have an injury, or you often feel anxious at night, or you often have bad dreams or nightmares, talk with your doctor.

Sleep is important for your physical and emotional health. Sleep can help you stay healthy by keeping your immune system strong. Getting enough sleep can help your mood and make you feel less stressed.

Sources: Healthwise and <https://www.magellanascend.com>

Articles or Photos for *What's Happening?*

- TECHNICAL ARTICLES • AWARDS • NEWS • PROFESSIONAL DEVELOPMENT •
- CNIC FIREFIGHTERS IN ACTION •

Forward via your chain of command to gary.m.easley.civ@us.navy.mil

Navy F&ES Points of Contact



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Deputy Director
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EMS Branch	Operations Branch	Integration Branch	Military Firefighter Branch
<p>Program Manager Lewis Moore lewis.j.moore6.civ@us.navy.mil 202-433-7743</p>	<p>Program Manager John Smithgall John.d.Smithgall.civ@us.navy.mil 202-433-4753</p>	<p>Program Manager Chris Handley christopher.d.handley5.civ@us.navy.mil 202-433-7744</p>	<p>Program Manager ABHCS Anthony Pena Anthony.f.pena2@navy.mil (202) 685-0651</p>
<p>Senior EMS Systems Specialist Gary Easley gary.m.Easley.civ@us.navy.mil 202-433-6517</p>	<p>Senior Fire Protection Specialist Dan Gaumont dan.j.Gaumont.civ@us.navy.mil 202-685-0882</p>	<p>Management & Program Analyst Derrick Coleman derrick.l.coleman3.civ@us.navy.mil 202-433-9084</p>	
<p>EMS Systems Specialist Adam Farb adam.d.farb.civ@us.navy.mil 202-685-0712</p>	<p>Senior Fire Protection Specialist Eric Rhode Eric.k.rhode.civ@us.navy.mil 202-433-0256</p>	<p>Management & Program Analyst Valerie Douglas valerie.y.douglas.civ@us.navy.mil 202-433-4782</p>	
	<p>Fire Protection Specialist VACANT</p>	<p>Program Analyst VACANT</p>	

Navy F&ES Hall of Fame



Navy F&ES Hall of Fame

- | | | |
|-------------------------------|--------------------------------|-----------------------------|
| 001 William Killen, 2004 | 016 Frank Brannigan, 2010 | 031 Gerald Makowski, 2017 |
| 002 James Manser, 2005 | 017 Lewis Meyer, 2010 | 032 Gelacio Rodriguez, 2017 |
| 003 Clarence Rout, 2006 | 018 Roy Grubbs, 2010 | 033 John McDonald, 2017 |
| 004 David Butler, 2006 | 019 Orville Emory, 2011 | 034 Dudley King, 2018 |
| 005 Alvah Cuthriell, 2007 | 020 Charles Peters, 2011 | 035 Eugene Carmody, 2018 |
| 006 George McGuigan, 2007 | 021 Douglas Thomas, 2011 | 036 Robert Williams, 2018 |
| 007 Waverly Sykes, 2007 | 022 Charles Gindele, 2012 | 037 Jerry Sack, 2019 |
| 008 Hank Vescovi, 2007 | 023 John Wentzel, 2012 | 038 William Hennessey, 2019 |
| 009 William Albrittain, 2007 | 024 Leroy Ellis, 2013 | 039 Robert Tofson, 2020 |
| 010 Daniel Marshal, 2007 | 025 Dr. Richard Tuve, 2013 | 040 Michael Jones, 2020 |
| 011 Nicanor Benavidez, 2008 | 026 John Arruda, 2014 | 041 George Kennett, 2021 |
| 012 Haraldur Stefánsson, 2008 | 027 Augustus Bowling, 2014 | 042 Glenn DeLaura, 2021 |
| 013 William Beniker, 2008 | 028 Robert Darwin, 2015 | 043 Joseph Thompson, 2022 |
| 014 William Thomann, 2009 | 029 James Meagher, 2016 | 044 Stuart Cook, 2022 |
| 015 Harry Tegen, 2009 | 030 Frederick Seibel III, 2017 | 045 Kenneth Jeffery, 2022 |

Accreditation Workshops for 2022

Various Quality Improvement Through Accreditation (QITA) workshops are scheduled for 2022. The information contained in these sessions is valuable to your chiefs, accreditation managers and other personnel interested in pursuing, maintaining, and renewing accreditation. Seats are available in all of the following opportunities:

USAG Detroit (MI)	25-27 Apr 2022	NRSW - San Diego (CA)	16-18 May 2022
Anderson AFB (Guam)	8-20 May 2022	NAS Ft Worth (TX)	14-16 Jun 2022
USAF Academy (CO)	8-11 Aug 2022	Westover ARB (MA)	13-15 Sep 2022
Ramstein AB (Germany)	15-17 Jun 2022		

Scheduling is pending for these locations: Parris Island (SC); and DLA Richmond (VA).

The CNIC N30 point of contact for any questions and for enrollment is Chris Handley, Program Manager, N30 F&ES Integration, (202) 433-7744, christopher.d.handley5.civ@us.navy.mil