

# Sailors get ‘Shot of Reality’ through interactive comedy show

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Sailors assigned to Joint Base Pearl Harbor-Hickam (JBPHH) recently attended a showing of “A Shot of Reality” at Sharkey Theater.

The show combines interactive comedy, audience role playing, facts and education to give the audiences a “shot of reality” about the dangers of alcohol.

On hand at the show were members of the JBPHH Coalition of Sailors Against Destructive Decisions (CSADD) who handed out shirts that read “Proud, Tough, Strong, Determined” to Sailors as well as information pamphlets on destructive behavior.



Sailors assigned to Joint Base Pearl Harbor-Hickam participate in a game during a showing of “A Shot of Reality” at Sharkey Theater.

Master-at-Arms 3rd Class Abrel Smith of the security department, Joint Base Pearl Harbor-Hickam CSADD president, led the attendees with the Sailor’s Creed and explained the role and upcoming events involving CSADD.

Actors Patrick McIntyre and Bruce Wissel presented the sketch comedy show for the Sailors in the audience.

“I liked that they were able to include comedy as well as be informative,” said Information Systems 2nd Class (IDW) Carmen Hernandez, assigned to Regional Operations Center (ROC) Hawaii. “This made it different from all the typical trainings we have.”

The program alternated between improvisations in which the audience participated and educational sketches that presented facts and statistics.

“The importance of these types of events is it talks about reality and what our young generations see and do,” said Chief Culinary Specialist (SW/AW) Edwin M. Ebreo, alcohol and drug control officer at Navy Region Hawaii.

“This show makes Sailors get involved with the topics presented and have fun while learning,” Ebreo said.

McIntyre and Wissel addressed such issues as binge drinking, health risks, alcohol misuse, drunk driving, assault, social mistakes and alcohol-related laws.

“The audience was very responsive, really paying attention to what the actors were going to say and do,” said Ebreo. “The audience can also relate on every topic to their own experience.”

According to the website, the comedy show has been nominated for dozens of awards and won the 2011

Comedy Act of the Year from Campus Activities Magazine.

“I thought the performance by Patrick and Bruce was brilliant,” said Smith. “The idea of adding comedy elements to a serious topic lightens the mood and makes it more relatable to service members.”

The company has performed from Lollapalooza Rock Fest to Disney Cruise Lines to colleges and universities in nearly every state in the country.

“These events are important because they relate more to younger Sailors, and they put information out in a way that a younger audience can relate to,” said Hernandez.

“Overall, I have to say that this training is a good way to get a lot of great information out to Sailors.”