Welcome home USS Chung-Hoon

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- Admiral’s commentary: A vision for the future
- 75th anniversary West Loch disaster
- CNO visits service members
- Ford Island 4-mile historical trail opens
U.S. Navy Interior Communications Electrician 1st Class Andre Williams looks out at the sunset from the forecastle of the Arleigh Burke-class guided-missile destroyer USS William P. Lawrence (DDG 110) during a replenishment-at-sea with the French Navy Durance-class tanker FS Marne (A 630) in the Indian Ocean, May 22. (U.S. Navy photo by MC2 Patrick Semales)
Your Navy Team in Hawaii

Commander, Navy Region Hawaii oversees two installations: Joint Base Pearl Harbor-Hickam on Oahu and Pacific Missile Range Facility, Barking Sands, on Kauai. As Naval Surface Group Middle Pacific we provide oversight for the ten surface ships homeported at JBPHH. Navy aircraft squadrons are also co-located at Marine Corps Base Hawaii, Kaneohe, Oahu, and training is sometimes also conducted on other islands, but most Navy assets are located at JBPHH and PMRF. These two installations serve fleet, fighter and family under the direction of Commander, Navy Installations Command.

A guided-missile cruiser and destroyers of Commander, Naval Surface Force Pacific deploy independently or as part of a group for Commander, U.S. Third Fleet and in the Seventh Fleet and Fifth Fleet areas of responsibility. The Navy, including your Navy team in Hawaii, builds partnerships and strengthens interoperability in the Pacific. Each year, Navy ships, submarines and aircraft from Hawaii participate in various training exercises with allies and friends in the Pacific and Indian Oceans to strengthen interoperability. Navy service members and civilians conduct humanitarian assistance and disaster response missions in the South Pacific and in Asia. Working with the U.S. Coast Guard, the Navy in Hawaii provides drug interdiction and fisheries enforcement operations for Commander, U.S. Pacific Fleet. In even-numbered years Hawaii hosts the biennial summer Rim of the Pacific Exercise, the world’s largest military maritime exercise, featuring more than two dozen nations and 25,000 personnel.

The Navy family in Hawaii comprises around 50,000 people, most of whom are active duty service members and their families, and includes nearly 15,000 civilians and contractors as part of our workforce.

JBPHH includes the Pearl Harbor waterfront, Hickam flight line, Wahiawa annex and several other areas in West Oahu and provides a major logistics and support hub for the military and military families. Supporting the nation’s ballistic missile defense initiative, the Pacific Missile Range Facility on the western coast of “The Garden Island,” is the world’s largest instrumented multidimensional testing and training missile range.

We provide services to the U.S. Pacific Command, one of DOD’s six geographic combatant commands, with an area of responsibility covering half the globe. We directly support two component commands whose headquarters are on JBPHH: Commander, U.S. Pacific Fleet and Commander, U.S. Pacific Air Force. Close to our own Region/MIDPAC headquarters command is Commander, Submarine Force, U.S. Pacific Fleet. With 18 forward-deployable combat-ready U.S. Navy submarines, Pearl Harbor is home to the largest submarine presence in the Pacific. The Pearl Harbor Naval Shipyard, on JBPHH, is the largest ship repair facility between the West Coast and the Far East. Within our region we support more than 100 tenant commands.
One of the most important things a commander can do is develop a clear and attainable strategic vision for the future and then hand that vision down to the next commander with guideposts to achieving success.

The Secretary of the Navy recently said, "The National Defense Strategy recognized that we face a security environment more complex and volatile than any we've experienced in recent memory. And we cannot answer this challenge under a banner of business as usual." In my final words for the Ho'okele, it is in that spirit that I want to share a vision for our future here in Hawaii.

The basis for this vision of the future is imagining what Pearl Harbor-Hickam should look like 100 years from Dec. 7, 1941 – therefore a Centennial Vision (CV-41). Only one US Navy ship has ever had the hull designation, CV-41…USS Midway. And so the name of our vision for the future is Project Midway. Allow me to elaborate a bit more on the name Project Midway.

I am reminded that June 3 begins our nationwide commemoration of the Battle of Midway. In 1941 our nation's naval strategy was primarily based on the deployment of battleships to engage the enemy's battle fleet. Then came the attack on Dec. 7 that changed business as usual overnight. Carrier air power, not battleships and a battle fleet, would dominate the war in the Pacific for the next four years.

At the close of 1941, the effectiveness of Japanese carrier airpower left our Pacific battle fleet in shambles. In 1942 the Empire of Japan sought to silence our remaining Pacific carrier forces in a culminating air strike at Midway. In the Pearl Harbor Naval Shipyard, USS Yorktown, battered and bruised from the Battle of the Coral Sea, underwent an amazing feat of repairs as hundreds of shipyard workers swarmed its decks and its passageways to prepare it for the upcoming battle at Midway. Though largely focused on the pre-war paradigm of repair and maintenance of battleships and battle fleets, the shipyard adapted quickly to the new reality of air power and brought the Yorktown online in less than 72 hours to play a critical role in winning at Midway.

Like our predecessors of the Greatest Generation, I am confident that our Navy today is prepared to take the fight to an enemy and win. Without the innovative support of bases

When I first arrived to take command of Navy Region Hawaii and the Middle Pacific (MIDPAC) ships back in 2017, I stressed the importance of our missions and the importance of our service together, being part of something larger than ourselves. My first orders were quite simple: be ready to fight tonight and make a difference every day.

Looking back over the last two years, I am so remarkably proud of the efforts of the combined Region and MIDPAC team. The culminating event which showcased the best of every aspect of staff, Joint Base Pearl Harbor-Hickam, the Pacific Missile Range Facility, and tenant commands was of course RIMPAC 2018 and the 4th of July holiday. Every Sailor, Airman, and Civilian shipmate should be remarkably proud of our biennial effort every other summer. Just a sample of other highlights:

• Supporting our deployed ships and every Pearl Harbor homecoming
• Supporting our Pearl Harbor survivors and veterans throughout the year including our special farewell to Chief Ray Emory
• Supporting sorties of our ships during hurricane season and all the support to our ships and families
• Bringing Hōkūle‘a into Pearl Harbor for the first time and our annual Makahiki celebration
• Restoring Native Hawaiian fishponds, cleaning beaches and bike paths, and our 50 for 50 Initiative to continue to take care of the aina and kai
• Opening the Ford Island Trail
• Celebrating our Navy heritage by owning the Navy Ball
• Securing our families by being the only region to support security patrols in every off installation neighborhood
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like Joint Base Pearl Harbor-Hickam, the Pacific Missile Range Facility, and tenant commands like Naval Facilities Engineering Command and Fleet Logistics Center, to name only two, the results will be unsustainable. It’s not just about the fight tonight, but the fight tomorrow.

Project Midway recognizes the importance of ensuring that the infrastructure of today is fully prepared for the future. It’s our job to look forward and articulate how our bases must be prepared to sustain our fleet, fighters, and families of the future in the “complex and volatile” world we live in.

Just a few keys areas to this plan:

• Align all infrastructure to mission. Not just for today, but the future. Infrastructure must be focused on our fleet, fighters, and families and not special interest projects.
• Focus on the obvious: piers, wharfs, docks, and airfields. These define our Navy and Air Force missions.
• Focus on utilities: Power, water, sewage, communications systems, and of course, fuel. Our utilities must be physically secure, cyber secure, resilient, and redundant.
• Support to new platforms. Not just the ones we know, but be proactive and envision the fight of tomorrow.
• Partnerships. How can we best work together and improve relationships with partners both inside and outside of the Department of Defense.

Other areas we must absolutely consider: transportation, historic preservation, business innovation, environmental impacts and climate change, the future of artificial intelligence, and the quality of life of our Sailors, Airmen, and their families.

It’s a large vision that looks well beyond the here and now and asks - how can we make the future better for our posterity? Bear in mind that the future Ensigns who will join the Navy in 2041 are being born this year and the most junior Sailors and Airmen who will serve at Pearl Harbor-Hickam won’t be born for a few more years.

Make no mistake, this will not happen overnight. As SECNAV stated, “The foundation for restoring readiness and increasing lethality has been set, but we must build on that foundation. We must be accountable for how and where we invest, and we must understand the capabilities we gain from those investments.”

Investments take time to mature, but if they are done with a vision for the future, and not in a vacuum, then they will reap substantial reward. Our nation’s security and the sustainment of our forces, well into the future, is that reward.

This isn’t just talk. Project Midway is already underway, led by Captain Marc Delao and his team at Naval Facilities Engineering Command. Every tenant commander is already supporting. Visionary plans for the future are already being laid down!

Keep up the great work. Always look ahead and ask how we can do things better and positively impact the mission for the future, leaving it in better condition than how we found it.

Mahalo nui loa for allowing Kelli and me to be part of the Region and MIDPAC Ohana. It has been our pleasure to serve alongside each and every one of you.
Hurricane season is from June 1 to Nov. 30, what are you doing to prepare?

Submitted by Helen Zukeran and David D. Underwood, Jr.

Boatswain’s Mate 3rd Class Shavontay Connor JBPHH

“Buy water and canned goods.”

Information Systems Technician Seaman Benjamin Loveland USS Chafee

“Stock up on water.”

Master Sgt. Jeremy Nixon HQ PACAF

“Inventory my emergency kit to ensure I have enough food and water for my family to last one week.”

Senior Master Sgt. Kevin Schumacher HQ PACAF

“Ensuring I have emergency supplies and my house is prepared.”

Airman Safety App empowers Airmen to submit instant reports

In the land of ‘make believe,’ occupational hazards wouldn’t be a problem, because a wave of a magical wand would simply make any safety concern disappear. Unfortunately, the Hawaii Air National Guard doesn’t have any wands, but it now has the next best thing – the Airman Safety App.

The Airman Safety Action Program, also known as ASAP, is an online resource which has enabled users to report work safety issues since it was created in 2009. Now, through the Airman Safety App, members can anonymously report safety issues whenever they are encountered.

Within minutes of identifying a potential hazard, such as a hole in the ground or an improperly designed aircraft part, a mobile report can be initiated on-site and submitted directly to the ASAP Safety Center. All data is inputted to the appropriate major command, where practices can be improved and resources can be allocated to resolve problems.

The program is being held to promote a healthy safety culture and a work environment where everyone’s voice is important, especially in the occurrence of human error.

“We need people to know how valuable it is when they speak up for safety issues while on-the-job,” said Maj. Nicholas Rodriguez, 154th Wing chief of safety. “This app gives them a way to do that without going through any lengthy administrative processes or having to identify themselves or deal with any form of retribution. This way we can take actions and make everyone else aware, so the same mistake is not repeated.”

The U.S. Air Force modeled ASAP after similar programs that are practiced throughout the aviation industry. According to the U.S. Air Force Safety Center, more than 70 U.S. airlines have been reporting upwards of 50,000 potential hazards every year and global reports are approximately ten times larger.

“Throughout aviation history,” said Rodriguez, “we’ve noticed that mishap rates have been going down, down and down over the years and eventually it kind of leveled off. But through our safety culture we are trying to facilitate, we are hoping to get the mishap rate down even further than it has ever been before by encouraging our Airmen to participate and identify hazards when they see them before they turn into mishaps.”

While the program has been designed to raise safety standards in the aviation department, reports submitted in the app are not limited to the flight line. Hazards can be reported from virtually any location, to include deployed environments, and will promptly be evaluated by ASAP Safety Center team members.

To download the Airman Safety App on a mobile device, visit the Apple app store and the Google Play store.
DoD recognizes JBPHH for suicide prevention effort across the island

Every year, the Department of Defense (DoD) recognizes the exceptional efforts made during Suicide Prevention Month by one military installation within each of the services and one from either Reserves or National Guard.

Of all submissions, Joint Base Pearl Harbor-Hickam (JBPHH) earned the DoD Suicide Prevention Month Outreach Recognition for the Navy.

During the month of September 2018; DoD service members, mental health advocates, prevention organizations, survivors, allies, and community members come together to promote suicide prevention awareness.

An act of kindness or show of concern can make a difference and often times, kindness and concern could save a life.

The JBPHH Military and Family Support Center (MFSC) teamed up with suicide program managers from all bases and supporting organizations across the island, to witness the signing of the 2018 Joint Services Suicide Prevention Proclamation and to reveal the human awareness ribbon.

This was a large-scale event that captured service members from each branch, the governor of Hawaii and JBPHH senior leadership showing their support by signing the suicide prevention proclamation and wearing yellow to symbolize their stand against suicide.

In addition to hosting the proclamation signing and revealing the human awareness ribbon, JBPHH held various training events and activities throughout the month.

The new suicide prevention campaign slogan is Fight 4 Each Other (F4EO) which brings all military branches together.

F4EO is considered an “unscripted, unfiltered” approach to suicide prevention that was created by U.S. Air Force Tech. Sgt. Aubrey Pabon, a member of the 15th Wing’s total force development team and was designed with the idea that military members, no matter the service, are one family.

F4EO brings five speakers from each branch of service together to share their stories of how suicide has impacted them personally.

“It takes a lot of courage for a person to stand up and tell their story, which may help people feel less alone,” said Maj. Eanah Whaley, 15th Medical Group director of Psychological Health.

The JBPHH Suicide Prevention, Intervention and Outreach team stressed how important suicide awareness is all year long and not just for the month of September.

“If you, a family member, friend, peer, subordinate, or others are experiencing thoughts of suicide, please reach out for help immediately.

Dial 1-800-273-8255 if you are a service member or veteran, then press 1 to talk to a qualified Veteran Affairs (VA) responder. To start a confidential online chat session visit www.VeteransCrisisLine.net chat or send a text message to 838255 to connect to a VA responder.

Call or text 844-357-PEER (7337) to contact the DoD BeThere Peer Support Call and Outreach Center.

Navy Capt. Jeff Bernard; Sally Younger; Melanie Beachy; and Air Force Maj. Eanah Whaley participated in the 2018 Defense Suicide Prevention Month recognition ceremony, May 15 at the Pentagon. The team represented Joint Base Pearl Harbor-Hickam as the Navy's winner for the event.

JBPHH service members participate in Police Week

Decoy Staff Sgt Alcala runs from Honolulu Police Department SWAT Officer's K-9 during the National Police Week K-9 and Military Working Dog Demo held at Joint Base Pearl Harbor-Hickam, May 14. (U.S. Navy photo by Erin Huggins)
CNO honors service members during Memorial Day ceremony

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Chief of Naval Operations (CNO) Adm. John Richardson honored America’s fallen service members at the 70th Mayor’s Memorial Day ceremony at the National Memorial Cemetery of the Pacific at Punchbowl, May 27.

“Thank you for the honor of speaking on Memorial Day, a day dedicated to those who have served our nation so that we can live, work, and worship freely,” said Richardson. “We honor these heroes who have fought and died in every major conflict during our country’s 243-year history.”

Richardson also spoke about the shared values of the heroes of years past and the men and women of today’s armed forces.

“A lot changed in the Navy between 1941 and 1945, and a great deal more between 1945 and today, but the values these Americans lived are timeless: integrity, accountability, initiative and toughness,” said Richardson. “Today, the men and women of the U.S. Navy continue to draw inspiration from them and from the generations who preceded us.”

Honolulu Mayor Kirk Caldwell also spoke about the significance of the day and what it means to him on a personal level.

“This is a special place – wahi pana,” said Caldwell. “And Memorial Day is a special day. For me it’s more about peace than war. It’s about the people that fought for peace, and not for war.”

More than 40 military organizations presented wreaths at the memorial to honor the nation’s fallen service members. Additionally, nearly 38,000 lei were made and placed on gravesites at the memorial.

Memorial Day, previously known as Decoration Day, became a national holiday in 1971, and is celebrated the last Monday in May. Memorial Day honors those that have lost their lives serving in the military.
The Surface Navy Association, Afloat Training Group Middle Pacific and Joint Base Pearl Harbor-Hickam hosted a commemoration ceremony to mark the 75th anniversary of the West Loch disaster, May 21.

The ceremony took place aboard a white boat in the waters of West Loch, just off the wreck of LST 480. West Loch disaster survivor, Joe Kelly, as well as several family members of survivors, friends and guests were in attendance to acknowledge their fallen shipmates and loved ones.

While paying their respects to those who lost their lives 75 years ago, a wreath was laid in the waters of West Loch in their honor.

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“The events at West Loch were largely unreported for a long time. We want to honor Mr. Kelly and those who served with him 75 years ago. Because of their efforts, countless lives were saved that day, and the critical invasion of Saipan was launched on time,” said Jim Neuman, Navy Region Hawaii Historian.

On May 21, 1944, as 29 tank landing ships (LSTs) gathered in Pearl Harbor’s West Loch to load ammunition in preparation for the invasion of Saipan, LST 353 exploded. A chain reaction of explosions followed that left six LSTs sunk and several more severely damaged. In all, 163 men were killed, and 396 wounded. It was Pearl Harbor’s second greatest disaster in terms of casualties.

Though the incident could have caused a serious operational delay, replacements of ships and men were quickly rounded up and the LSTs got underway only one day late as the invasion of Saipan took place on schedule.
The Arleigh Burke-class guided-missile destroyer USS Chung-Hoon (DDG 93), including a detachment from Helicopter Maritime Strike Squadron 37 “Easyriders,” returned to their homeport of Pearl Harbor following a deployment to the U.S. 7th, 6th and 5th Fleet areas of operations as part of the John C. Stennis Carrier Strike Group, May 31.

John C. Stennis Carrier Strike Group, consisting of Carrier Air Wing (CVW) 9, USS Mobile Bay (CG 53), Destroyer Squadron 21, USS Spruance (DDG 111) and USS Stockdale (DDG 106) departed their respective homeports in October and November 2018.

“This was a very dynamic and rewarding deployment,” said Chung-Hoon commanding officer Cmdr. Brent S. Jackson. “We have some incredible individuals on Chung-Hoon and due to their integrity, hard work and determination, we were able to meet our nation’s requests and complete our missions in multiple theaters. I am extremely proud of our crew and proud of our accomplishments, and we are all excited to reunite with our families.”

Chung-Hoon participated in numerous operations during its deployment, including operations with partner nations. Specifically, while participating in Operation Noble Torch in 5th Fleet, Chung-Hoon conducted three drug seizures, confiscating over $5 million worth of illegal drugs and 22,000 pounds of hashish being transported into Yemen. This was the first drug seizure by a U.S. Navy ship in 5th Fleet in over one and a half years.

While independently steaming, Chung-Hoon conducted 14 Bab el-Mandeb Strait transits, many of them escorting merchant or other U.S. military vessels, and four Strait of Hormuz transits, one of which Chung-Hoon was the officer in tactical command of three U.S. ships and an Anzac-class frigate of the Royal Australian Navy. Chung-Hoon covered 54,000 nautical miles over the course of deployment.

U.S. 3rd Fleet leads naval forces in the Indo-Pacific and provides the realistic, relevant training necessary for an effective global Navy. U.S. 3rd Fleet works constantly with U.S. 7th Fleet to complement one another and provide commanders capable, ready assets across the spectrum of military operations in the Pacific.

For more information on the USS Chung-Hoon, visit https://www.public.navy.mil/surfor/ddg93/Pages/default.aspx
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The Joint Force Diversity Committee hosted an informal food tasting at the Hickam exchange to commemorate Asian American Pacific Islander Heritage Month, May 31. (U.S. Air Force photo by SSgt. Jasmonet Jackson)
Chief of Naval Operations (CNO) Adm. John Richardson speaks with a Sailor aboard guided-missile destroyer USS Halsey (DDG 97) following an all-hands call at Joint Base Pearl Harbor-Hickam, May 27. (U.S. Navy photo by MCC Nick Brown)


Chief of Naval Operations (CNO) Adm. John Richardson participates in a morning physical training session with the crew of the Arleigh Burke-class guided-missile destroyer USS John Paul Jones (DDG-53), May 28. (U.S. Navy photo by MCC Nick Brown)

CNO visits Hawaii Sailors
Joint Base Pearl Harbor-Hickam recently welcomed the construction of a new addition to the landscape of the historic base known as the Ford Island Historical Trail.

On Tuesday, May 21 the new trail was officially opened with a dedication ceremony at the site of the trail overlooking the bookends of World War II: the USS Missouri and The USS Arizona Memorial.

The Ford Island Historical Trail is a walking trail around the perimeter of the island that brings the full range of the island’s history alive. Fifteen nodes with interpretive sign panels are placed along the route to educate the visitor on the history and traditions of Ford Island.

Ford Island is well known as the location at the center of the attack that occurred on Dec. 7, 1941. Less well known are the other important chapters of the island’s history. Hawaiian history is extensive as well as the eras of sugarcane cultivation, early 20th century military presence, and cold war operations.

Ford Island’s broad history, Hawaiian and military heritage and its wealth of cultural resources including historic buildings and structures provide an excellent opportunity for interpretation.

The new Ford Island Historical Trail is approximately 4 miles long using existing walks and paths, as well as newly constructed sidewalks and repaved roadways. Military members and their families as well as guests and visitors are encouraged to use the trail for recreation and exercise as they enjoy the beautiful island weather while taking in the rich history of Ford Island.
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The Navy opens 4-mile trail at historic Ford Island

Story by Jim Neuman, Navy Region Hawaii Public Affairs

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LEGEND KEY

- Original Ford Island
- Ford Island Today
- Interpretive Node
- Trail Route
- Sign
- Restroom & Parking
- Restroom & Parking
- Trail Route
- Sign
- Restroom & Parking

INTERPRETIVE NODE OVERVIEW

1. **SEEN FROM HERE**
   - This spot provides dramatic views down towards the ocean and up to the Solanus mountains.

2. **HOT AND COLD WARS**
   - Various hangers were damaged and repaired. Other buildings were adapted for new uses.

3. **MAJOR EVENTS**
   - Pan American Airways once used the facility on the island for their Transpacific flights. The attack on December 7, 1941 targeted Navy and Army planes in order to eliminate them.

4. **DOWNTOWN WATERFRONT**
   - The number of docking berths on the island increased from the 1920s through WWII.

5. **CONTROLLING ACCESS — BY AIR AND WATER**
   - The landmark tower of the Operations Building remains a visual marker for all of Pearl Harbor.

6. **SHAPING THE ISLAND OVER TIME**
   - Starting in the early 1920s, the rocky cliffs of the island were filled to extend the area.

7. **DECEMBER 7, 1941 — DAY OF DESTRUCTION**
   - The Chief Petty Officer's (CPO) neighborhood suffered off-target bomb strikes, but survived with minimal damage.

8. **DEVELOPMENT OF DEFENSES**
   - Numerous structures and weapons have been erected and removed in response to various security needs over the last century.

9. **WWII BUILDINGS — REMAINING AND REMOVED**
   - The Navy built numerous structures on the former Army Air Corps side of the Island.

10. **SHARKS AS GUARDIANS**
    - In Hawaiian legend, the tails and spouts of sharks and humpback whales are intertwined.

11. **HALE PIIL — GRASS HOUSES**
    - Pili, a type of grass and main material for making Hawaiian houses, grows on the island. Pilis can be found growing at the front entrance of the NOAA facility.

12. **MAKAIHIKI — A PERIOD OF PEACE AND FEASTING**
    - Makahiki was an annual harvest festival that extended over a four-month period.

13. **LOST RICHES OF PEARL HARBOR**
    - Pearl Harbor could now be found here, the only place among the main Hawaiian Islands.

14. **WATER — SOURCE OF LIFE**
    - The beauty and beauty of this harbor are revealed in Hawaiian history and legends.

15. **TWO DECADES OF ARMY AVIATION**
    - The entire Island was acquired in 1917 and was developed for aviation activities.
PACFLT hosts annual Joint Military Concert

Photos by MC2 Justin R. Pacheco
Navy Public Affairs Support Detachment Hawaii

The U.S. Pacific Fleet Band hosts the 34th Joint Military Band Concert at the Hawaii Theater Center in Honolulu, May 18. The ensemble is comprised of members of the U.S. Pacific Fleet Band, 111th Army Band Hawaii Air National Guard, 25th Infantry Division Band, Marine Corps Forces Pacific Band, and Air Force Band of the Pacific.
Au’au Channel Swim Challenge
Now – Take the challenge and swim the equivalent length of the channel between Lanai and Maui, a distance of 9.5 miles. Complete this free challenge all month at all JBPHH pools. The first 15 to finish the challenge will receive a prize. For more information, call 808-473-0394.

Father’s Day Massage Special
Now – Treat dad or someone special to a 90-minute massage in the month of June for only $80 at the Hickam Memorial Fitness Center. Open to ages 18 and up. For more information, call 808-448-2214.

Summer Ready Program
Now – Keep up the reading while school is out at the JBPHH Library until July 13. Free weekly activities and a fun party at the end. Open to pre-K to adult. For more information, call 808-449-8299.

Onward to Opportunity (O2O)
June 3-7 – Free course on transitioning service members or military spouse on obtaining a professional certification from 8 a.m. to 4:30 p.m. at Military and Family Support Center (MFSC) Pearl Harbor. For more information or to register, call 808-474-1999.

Sponsor Training
June 4 – Get the necessary information and tools to assist incoming personnel and families to help ease their transition. Class to be held at MFSC Wahiawa from 1 to 3 p.m. For more information, call 808-474-1999 or register online at https://jbphh.greatlifehawaii.com/support.

Developing Self-Esteem in Children
June 5 – Learn the language of encouragement and the importance of building self-esteem in children from 10 a.m. to noon at MFSC Pearl Harbor. For more information, call 808-474-1999 or register online at https://jbphh.greatlifehawaii.com/support.

USO-NBA Hoops for Troops
June 5 – Meet and greet former NBA and WNBA players at Tradewinds. This is a free event and open to all ages. For more information, follow Great Life Hawaii on Facebook or visit www.greatlifehawaii.com.

Power Game Days
June 5 – Come out and enjoy non-traditional bowling games at all three JBPHH bowling centers for just $10 per hour/lane for up to five people. Power Game Days happen on Mondays from 5 to 9 p.m. at the Naval Station Bowling Center, Wednesdays from 5 to 9 p.m. at Hickam Bowling Center and Fridays from 5 to 8 p.m. at The Escape Bowling Center at Wahiawa Annex. For more information, call 808-473-2574.

Paint & Sip
June 5 – Paint your masterpiece while sipping on a beverage from 5:30 to 8 p.m. at Tradewinds. Cost is $40 and includes all art supplies. Advance sign up is recommended. For more information, call 808-448-9907.

King of the Hill Bowling
June 6 – Bowl the highest score for the month of June every Thursday from 11 a.m. to 1 p.m. at the Naval Station Bowling Center, and win ten free games and be declared King of the Hill. Bowl two games free. Open to active-duty only. For more information, call 808-473-2574.

Interpersonal Skills
June 6 – This class will teach you about communication, conversation, and the value of soft skills in the workplace. This class will be held at MFSC Pearl Harbor from 10 a.m. to 2 p.m. Open to authorized patrons. For more information, call 808-474-1999 or register online at https://jbphh.greatlifehawaii.com/support.

Tranquil Seas: Mindfulness and Self-Care
June 12 – Help manage stress, prevent burnout and achieve a sense of fulfillment in this class from 10 a.m. to noon at MFSC Pearl Harbor. Open to authorized patrons. For more information, call 808-474-1999 or register online at https://jbphh.greatlifehawaii.com/support.

Coffee Talk
June 13 – Learn, share and connect with other Exceptional Family Member Program (EFMP) families from 9 to 10 a.m. at MFSC Pearl Harbor. Open to authorized patrons. For more information, call 808-474-1999 or register online at https://jbphh.greatlifehawaii.com/support.

Concert in the Park
June 14 – Start your weekend right by relaxing on the lawn fronting the harbor while listening to the soulful sounds of Overcrowded at Hickam Harbor at 5 p.m. Bring your own blanket, bottles and bites. Event is free and open to all ages. For more information, visit www.greatlifehawaii.com.

All-Military Surf Classic
June 15 – Test yourself against fellow service members in this surf contest at White Plains Beach. Cost is $30 for active-duty and $40 for DoD civilians. Entry forms are available at the Hickam Marina and White Plains Beach. For more information, call 808-642-4925.

Father’s Day 8K Fun Run
June 15 – Get moving at this fun run at the Hickam Memorial Fitness Center at 6:30 a.m. This is a free event. Check-in starts at 5:30 a.m. First place receives a free entry to the upcoming JBPHH Half Marathon on Aug. 17. For more information, call 808-448-2214.

Father’s Day Special at the Movies
June 16 – Dads receive a free small popcorn at Sharkey Theater. For more information, call 808-473-0726.

Father’s Day Bowling Special
June 16 – Dads get two free games of bowling at Hickam Bowling Center from 10 a.m. to 1 p.m. and at Naval Station Bowling Center from 11 a.m. to 2 p.m. Must be accompanied by a paying family member. For more information, call 808-473-2574.

Family Night Dodgeball
June 18 – Participate in the parents versus teens dodgeball at the Teen Center from 5:30 to 7 p.m. This is a free event and open to teens and their families. For more information, call 808-448-1068.

Federal Employee Viewpoint Survey
Now until June 24 - Speak up and let your voices be heard by participating in this year’s survey which measures job satisfaction, employee engagement, and diversity and inclusion. Visit www.opm.gov/fev/about/.
MyNavy Family App combines the strength of more than 22 websites to connect Navy spouses and families to information and resources when and where they need it.

download today at applocker.navy.mil

Developed by the Navy community for the Navy community.

Connecting Navy families to accurate information and resources to help them flourish while living the Navy lifestyle.

- Accurate and timely information for spouses and families
- Minimizes acronyms, user friendly tools
- Useful links to popular Navy sites like the Navy Exchange Commissary, and the Fleet and Family Support Center
- Employment resources
- Spouse mentoring support

The MyNavy Family App was developed by the Navy’s Sea Warrior Program (PMW 240) which assists Sailors with their manpower, personnel, training and education needs. The App is part of a family of official Navy apps that can be found by visiting the Navy App Locker at http://www.applocker.navy.mil.