



U.S. Air Force photo by Sr Airman Lauren Main
Capt. Andy Stewart, C-17 Globemaster III instructor pilot, greets Sgt. 1st Class (Ret.) Ronald Rosser, a U.S. Army veteran of the Korean War and a Medal of Honor recipient, Rosser, along with three other Medal of Honor recipients, visited Joint Base Pearl Harbor-Hickam Oct. 4.



U.S. Air Force photo by Sr Airman Lauren Main
Maj. (ret.) Drew Dix, a U.S. Army veteran of the Vietnam War and Medal of Honor recipient, speaks to Airmen about his military service while visiting the Pacific Air Forces Headquarters building on Joint Base Pearl Harbor-Hickam.

Medal of Honor recipients visit Pearl Harbor-Hickam

Senior Airman Lauren Main

15th Wing Public Affairs

(Editor's note: Medal of Honor (MOH) recipients visited Joint Base Pearl Harbor-Hickam (JBPHH) on Oct. 4. JBPHH hosted eight honorees for informal visits to ship piers, squadrons and lunch at the galleys on both the Pearl Harbor and Hickam sides of the base. The eight MOH recipients included Donald E. Ballard, Gary B. Beikirch, Jon R. Caviani, Drew D. Dix, Charles C. Hagemester, Ronald E. Rosser, George T. Sakato and Leo K. Thorsness.

While at JBPHH, they laid a wreath at the USS Arizona Memorial and took a harbor tour aboard biodiesel white boats named after Medal of Honor recipients from the Pearl Harbor attack.

Other activities for the MOH honorees included a ceremony and dedication of a memorial stone in honor of 32 Medal of Honor recipients interred at the National Memorial Cemetery of the Pacific (Punchbowl).

As part of the week-long Medal of Honor Convention, a downtown block party was held featuring actor Gary Sinise and the Lt. Dan Band. More than 50 MOH recipients participated in two book signing events. The convention culminated with a Patriot Award dinner reception Oct. 6 aboard the Battleship Missouri Memorial. See related story and photo in last week's Hookele)

Four Medal of Honor recipients visited the base Oct. 4 to talk about their time in service.

The Medal of Honor recipients shared their stories at the Pacific Air Forces Headquarters building and during their visits to a static C-17 Globemaster III, KC-135 Stratotanker and an F-22 Raptor. Three of the four recipients served in the U.S. Army and one served in the U.S. Air Force, ranging from the Korean to Vietnam Wars.

Sgt. 1st Class (ret.) Ronald Rosser described the actions he performed as a young Army corporal in Korea which earned him his Medal of Honor.

Rosser, at the age of 22, led a charge up a snow-covered hill controlled by enemy forces. In an attempt to take the hill Rosser became a hero as he made the decision to fight on alone as the sole remaining member of the charge.

"About half way up [the hill], I turned around and realized I was

alone," said Rosser. "The rest were wounded or killed somewhere on the hill. So I accepted the fact that I wasn't going to collect social security in this lifetime, let out a war whoop and charged in."

Rosser calculated that after an hour of fighting he was personally responsible for killing more than 20 enemy fighters with grenades and another 28 with rifle fire.

Leo Thorsness, a retired U.S. Air Force colonel, was a former F-105 pilot, Thorsness eliminated enemies in the skies over North Vietnam in 1967. After his wingmen were hit and forced to bail from their aircraft during a mission, Thorsness continued to circle the sky above, despite being low on fuel, to ensure their safety as they drifted toward the ground.

As he circled, another enemy aircraft zoned in on the parachutes and set up an attack. Although his aircraft was not designed for dogfights, Thorsness engaged the MiG and took it down with bursts from his Gatling gun.

Meanwhile, Thorsness' dwindling fuel supply became a growing problem. In an effort to stay in the air, he quickly air-refueled from a tanker and returned to the MiG-infested area to protect the downed crew from North Vietnamese soldiers.

When his rear-seat weapons officer spotted four more MiGs in the area, he turned back through a barrage of North Vietnamese missiles to engage them. He hit another one and drove the remaining enemy planes away.

Two weeks later on his 93rd mission, Thorsness was shot down and taken captive by the Vietcong. He spent six years as a prisoner of war in Hanoi until his release in 1973.

Maj. (ret.) Drew Dix, a U.S. Army staff sergeant and special forces adviser in 1968, and his men were working alongside U.S. Navy SEALs (sea, air, land) in and around Cambodia. Their mission was to collect intelligence on a rumored Vietcong offensive.

After the men had completed their mission and set out to return to Chau Phu, they found that the Tet Offensive had already begun and the city had been overrun by two heavily armed Vietcong battalions.

Dix sprang into action and moved through the city with vigilance and speed, picking up friendly forces as he went. One of his first objectives was to rescue an American nurse who had been working at a local hospital. Subsequently, he reached several U.S.

civilians whose building was being mortared and also brought them to safety.

Throughout the course of his rescue mission, Dix fought through the night and saved countless lives. By morning he had assembled a force of 20 men and armed them. After a 56-hour battle, the city was liberated and Dix's small band had killed an estimated 200 enemy troops.

Lt. Col. (ret.) George Hagemester, like Dix and Rosser, is also a U.S. Army veteran. He was drafted in 1966 and upon completion of basic training, was selected to become a medical corpsman. In November of that year, Hagemester shipped out and was on his way to Pleiku, Vietnam.

Early in the morning on March 20, 1967, an Army company operating in Binh Dinh Province was involved in heavy fighting with the enemy. The company's officers had been killed or wounded, and the force was in danger of being overrun. Specialist 4th Class Hagemester's platoon was ordered out on a rescue mission that afternoon. Soon after scrambling out of the helicopters that brought them close to the action, the Americans were ambushed from three sides by a North Vietnamese battalion supported by a Vietcong heavy-weapons company.

As his fellow Soldiers began to fall around him, Hagemester ran to each of their sides to provide aid. He ran through an onslaught of gunfire each time to treat and encourage his comrades. As night fell Hagemester began to move the most seriously wounded of the Soldiers to safety.

As he did so, he and his comrades came under heavy sniper fire. Acting quickly, Hagemester picked up a rifle and aimed carefully and pulled the trigger, shooting the sniper out of the tree. He eliminated numerous additional threats, all while continuing to move the injured Soldiers out of harm's way.

After sharing their stories with the Airmen at the PACAF HQ, the MOH honorees moved on to the 15th Wing flightline where they were greeted by a formation of Airmen who welcomed the men to tour the static aircraft.

"I got to talk to them, and I thought it was a really good experience," said Tech. Sgt. Rob Miller, boom operator with the 96th Air Refueling Squadron. "I feel like more Airmen should have the opportunity to learn from their heroism. Hearing their stories inspired me to do a better job every day."



U.S. Navy photo by MCSN Diana Quinlan
George T. Sakato, Army veteran and recipient of the Medal of Honor, shakes hands with a Sailor at Joint Base Pearl Harbor-Hickam. Honolulu hosted the 2012 Medal of Honor Convention with the events honoring the recipients.



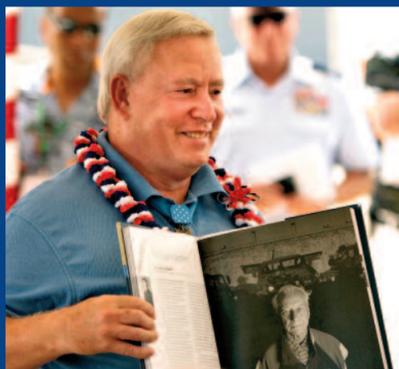
U.S. Navy photo by MCSN Diana Quinlan
Gary B. Beikirch, Army veteran and recipient of the Medal of Honor, signs a book for one of the Sailors at Joint Base Pearl Harbor-Hickam.

(Below left) Col. (ret.) Leo Thorsness, U.S. Air Force veteran of the Vietnam War and Medal of Honor recipient, proudly holds his Medal of Honor during a visit to Joint Base Pearl Harbor-Hickam.

U.S. Air Force photo by Sr Airman Lauren Main

(Below) Col. (ret.) Leo Thorsness, U.S. Air Force veteran of the Vietnam War and Medal of Honor recipient, was an F-105 pilot in 1967.

U.S. Air Force photo by Sr Airman Lauren Main



Donald E. Ballard, former Sailor and recipient of the Medal of Honor, displays a book containing signatures of some of the living recipients on Joint Base Pearl Harbor-Hickam.

U.S. Navy photo by MCSN Diana Quinlan



Pound Town wins Summer Basketball League crown

Story and photos by
Randy Dela Cruz

Sports Editor

Down by 18 points with only 12:05 remaining in the game, the 647th Security Forces Squadron Pound Town basketball team stormed back to beat the 747th Communication Squadron (747 CS), 48-43, in overtime Oct. 6 to win the 2012 Summer Basketball League championship at Joint Base Pearl Harbor-Hickam Fitness Center.

Pound Town trailed 28-15 at halftime and by 18 points early in the second half before making the improbable comeback to claim the league crown.

Swing player Airman 1st Class Lortavius Smith said that adjustments and an emphasis on defense spurred Pound Town to their amazing come-from-behind win.

"We basically went to a 2-3 zone because at first we were in a man and they were killing us," Smith explained. "Mainly, defense is what we stressed. When we broke the huddle (to start the second half), the last thing we called out was defense, defense, defense. Everything worked out, and I'm just so proud of everybody."

In the first half, the game belonged to the 747 CS and their two big men Staff Sgt. Travis Lewis and 1st Lt. Anwar Johnson.

Lewis started off the game by grabbing three rebounds in the first two minutes of play and then went on to score 12 points in the first half on five point-blank shots and two free throws.

After the break, Johnson, who pumped in six points in the first half, kept the onslaught going for the 747 CS by posting a basket and one to take a 31-17 lead at the 14 minute mark.

However, after a basket by Senior Airman A.J. Abdul-Rahim raised the lead to 18, Pound Town made their move.

A trey by Airman 1st Class Vincent Kruzona and a two-pointer by Senior Airman Chris Haire narrowed the



margin down to 11 at 35-24 with 9:56 remaining in the game.

Then after two stops on defense, Smith, now playing out on the wing, came up big time by swishing back-to-back long-distance treys to cut the lead down to five at 35-30.

"Basically, when I hit two threes back-to-back, that gave us the spark to finish it out," Smith said.

Trailing by two points, Kruzona followed up on a missed shot to sink the game-tying basket while being fouled in the process.

The Pound Town forward calmly put down the free throw to give his team its first lead of the game at 37-36 at the 2:40 mark in regulation.

With the game tied at 37-37, Johnson missed a shot inside the lane, but Abdul-Rahim grabbed the rebound and tossed in a putback for a seemingly game-winning shot with only :25 left.

As precious time ticked off, Pound Town ran the clock down to 6.5 seconds before calling a timeout.

On the ensuing inbound play, Pound Town ran a backdoor to Airman 1st Class

Adrian McNeil, who appeared to miss the lay-up as time expired.

But referees called basket interference on the 747 CS and counted the shot to send the game into overtime, where Pound Town went on to win.

In overtime, Smith led the way with five points while McNeil punctuated the win with a breakaway dunk near the end of the extra period.

For the game, Smith led Pound Town with 15 points and was followed by McNeil with 11 and Kruzona with nine.

Lewis led the 747 CS with 15, although he was held to only three points in the second half and none in OT. Johnson chipped in with 11.

Besides switching to a zone, Kruzona said that the team revamped its defense to deny the ball to Lewis and Johnson.

"We pressured the guards so they couldn't make decent passes," Kruzona said.

Meanwhile, 747 CS head coach Tech. Sgt. Steve Coleman had a different take on why Pound Town made their comeback.

"We had an 18-point lead and the refs swallowed their whistles," Coleman said. "T-

Lew is getting smacked in the face, scratched, his face is bleeding and he's not getting any calls. Our guys are going to basket and getting hit every time and they're not calling nothing. We played our hearts out, and we got it ripped from us."

Coleman also had some words about the basket interference call that tied up the game in regulation.

"He (McNeil) blew the lay-up. The game was over, and then you give them two points?" Coleman lamented. "That hasn't been called all year and now, all of a sudden, it's called in the crucial end of the game. We look at it like this: it shouldn't have been an overtime."

While Coleman was upset about the defeat, Smith and his teammates didn't pay attention to the controversies brought up by the coach.

Instead, Smith focused on the win and the time shared with his teammates.

"Basically, we're a family," he noted. "We're around each other each and every day, and we know each other's strengths and weaknesses. This feels amazing. I'm just glad that I was able to come out here and play with these guys."

(Left) Airman 1st Class Lortavius Smith, swingman for the 647th Security Forces Squadron Pound Town basketball team, puts up a shot over the defense of 747th Communication Squadron (747 CS) center Staff Sgt. Travis Lewis. (Below) Summer Basketball League champs Pound Town show off their muscles after beating the 747 CS in overtime to win the title.



Texas outlasts North Carolina to remain unbeaten

Story and photo by Randy Dela Cruz

Sports Editor

USS Texas (SSN 775) Lower Level Mafia scored the first two touchdowns of the game, then hung on to beat USS North Carolina (SSN 777), 13-6, to win the battle of submarines Oct. 6 in an intramural Afloat Division flag football game at Ward Field, Joint Base Pearl Harbor-Hickam.

Texas got two scoring strikes from quarterback Machinist's Mate 1st Class Ryan Caroffino, before handing things over to its defense to preserve the win and raise the team's record to a perfect 3-0.

"Our defense played outstanding," Texas Machinist's Mate 2nd Class Gordon Reichert said. "We actually haven't worked on our defense that much, but it definitely shows up in the game. Our defense pretty much shuts people down."

One of two teams from Texas playing in the Afloat Division, the Lower Level Mafia got on the scoreboard early in the first half, by taking the initial drive 65 yards and a score.

Caroffino topped off the drive by connecting with Torpedoman's Mate 3rd Class Brendand Abernathy on a crossing pattern for six.

The team converted its point after touchdown to take a 7-0 advantage.

Texas struck pay dirt again on their next drive when Caroffino rolled to his left and delivered a strike to Reichert, who made the



Machinist's Mate 2nd Class Gordon Reichert, receiver for USS Texas (SSN 775), Lower Level Mafia, makes a catch before turning it upfield for 25 yards and a touchdown against USS North Carolina (SSN 777).

catch and raced into the left corner of the end zone for a 13-0 lead.

"It was actually a designed play," Reichert said. "I was the tight end, and I pretty much just do a jet down to the corner and he (Caroffino) lobs it over."

Up by two scores going into the second half, Texas rolled the dice and took Caroffino out of the game after the QB admitted that he was struggling with injuries.

"Our quarterback has a bad arm because he's old," Reichert said with a smile. "Before the

game, he's like, 'Hey, if we're up by two touchdowns, I want to be out.' We didn't want to use him up."

The move seemed to give North Carolina some momentum, as the team stepped up on defense and forced Texas to punt after four downs to start the second half.

Getting the ball in good field position at the 31, North Carolina quarterback Machinist's Mate 1st Class Tim Turner kept the chains moving by completing a clutch fourth-down pass to the Texas 36.

After marching to the Texas three-yard line, Turner completed a short pass into the end zone to Electronics Technician 2nd Class Adam Brown for six to cut the lead down to seven at 13-6.

While the Texas offense sputtered without their starting quarterback at the helm, Caroffino seemed to use his pent-up energy on defense where he shored up the team's backfield.

With Caroffino keeping a watch out for passes beyond the line of scrimmage, the Lower Level

Mafia's frontline, led by Senior Chief Machinist's Mate Jeff Hiscocks and Machinist's Mate 1st Class Michael Maiuro, made life miserable for Turner by pressuring him on every play.

After Texas was forced to punt for the second time in the second half, the game rested on the shoulders of the team's defense and it delivered.

Starting from the eight, Turner picked up a first down on a pass completion to the 21 before tacking on seven more yards on a keeper.

However, Turner was sacked for a five-yard loss by Maiuro on second down, then facing a third and long with time running out, the North Carolina QB was picked off by Caroffino to seal the game.

Turner, who saw North Carolina tumble to 0-3, said that it's difficult to win games when the team can't get out to practice.

"It's just hard when we don't have any scheduled offense. We don't have any preset plays," he said. "We're just a cluster of 'Hey, who wants to go out and burn some calories.'"

Following the game, Reichert said although it's great to keep their winning streak going, it won't be a successful season unless the team wins the sub's bragging rights.

The Texans are the other team from Texas to compete in the Afloat Division.

"Our main goal is to try and go undefeated, but we want to beat the Texas Texans," Reichert admitted. "That's our other goal, to beat them, so we can have the pride in the rivalry."

Seasonal flu vaccinations now available for all Tricare beneficiaries

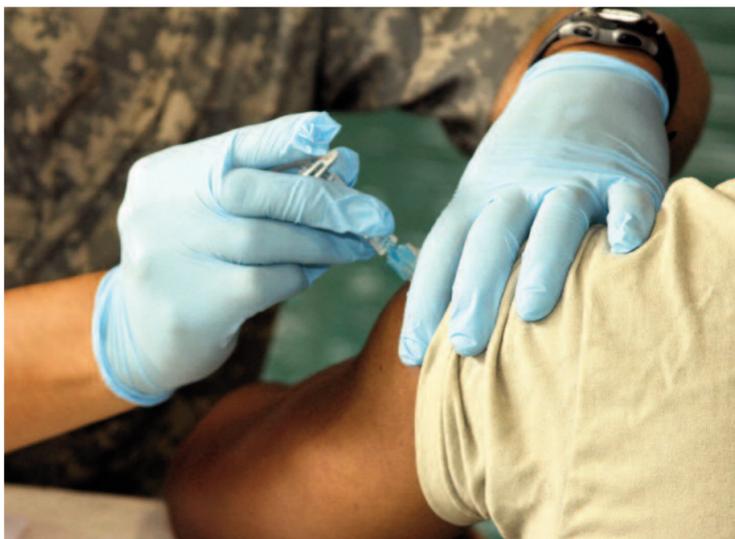
Tripler Army Medical Center News Release

HONOLULU — Seasonal flu vaccinations for all Tricare-enrolled beneficiaries in Hawaii are now available.

"Each year in the U.S., approximately 25 million cases of influenza get reported," said Lance Golder, analyst, Military Vaccine Agency. "These cases result in about 150,000 hospitalizations due to serious complications and more than 30,000 people die from influenza annually in the U.S. alone. The seasonal influenza vaccine is one of the most beneficial tools in modern medicine for reducing sicknesses, deaths, health care costs and conserving fighting strength."

The Joint Vaccination Team coordinated multiple dates, times and locations to ensure vaccines are available, to include locations on Oahu military medical treatment facilities, installation exchanges and area schools.

"The influenza vaccine is particularly important for everyone living in Hawaii



The best way to prevent the flu is by getting a flu vaccination each year. In the United States, the flu results in more than 25 million reported cases, more than 150,000 hospitalizations due to serious complications, and more than 30,000 deaths annually. For more information, call the Oahu Joint Services Flu Hotline (433-1FLU).

because we see influenza cases all year around," Golder explained. "It is important to remember that Hawaii is a gateway to the world. We have travelers arriving from both hemispheres where their peak

influenza season may be in full bloom."

There are three types of vaccines that will be used in Hawaii this year. The first is FluZone, an inactivated single-dose syringe vaccine available for both adult and

pediatric doses for patients 6 months and older. The second is Alfurin, which is an inactivated that comes in single-dose syringe and multi-dose vials for patients 9 years and older. The third is FluMist, a live single-

Vaccinations available to Tricare beneficiaries

Vaccinations will be available to all Tricare beneficiaries at the installation exchanges:

- Oct. 13, 9 a.m.-2 p.m., Schofield PX
- Oct. 20, 9 a.m.-2 p.m., Kaneohe Bay MCX
- Oct. 25, 9 a.m.-2 p.m., Fort Shafter
- Oct. 27, 9 a.m.-2 p.m., Hickam BX

For more information on flu services available to Tricare beneficiaries on Oahu, visit www.tamc.amedd.army.mil/flu.

dose intranasal vaccine that is available for patients between 2-49 years old. Older beneficiaries should be aware that military clinics will not have the intradermal vaccination or the high dose influenza vaccination for seniors (over 65 years of age).

In addition to the vaccine, there are everyday actions that can help prevent the spread of germs that cause respiratory illnesses like influenza. Some of the everyday steps you can take to protect your health include: covering your nose and mouth with a tissue when you cough or sneeze;

washing your hands often with soap and water, especially after you cough or sneeze; avoid touching your eyes, nose and mouth because germs spread this way; and try to avoid close contact with sick people.

Beneficiaries are reminded to bring their military identification cards and immunization records for their vaccinations. More information is available from your primary care provider, the Oahu Joint Services Flu Hotline (433-1FLU) or the "Fight the Flu" webpage at www.tamc.amedd.army.mil/flu.

PAM offers the Frank Der Yuen Aviation Scholarship

Pacific Aviation Museum Pearl Harbor

Pacific Aviation Museum Pearl Harbor has announced the availability of The Frank Der Yuen Aviation Scholarship.

"The scholarship encourages personal growth and academic achievement for individuals pursuing goals in aviation," said Kenneth DeHoff, museum executive director.

Application forms and complete information can be found at the Museum's website www.PacificAviationMuseum.org. Submission deadline is November 15, 2012. Awards will be announced by December 10, 2012.

Applicants must be currently enrolled in an educational program in a field related to the aviation industry. Eligibility requirements include a completed scholarship form, two letters of recommendation, an academic transcript from a high school and/or currently enrolled school, and a personal essay. A selection committee will review the applications and contact the finalists for an interview. Scholarship recipients will be notified via

mail.

Frank Der Yuen was an influential advisor in the construction of the original Honolulu International Airport building. The aeronautical engineer and airline consultant founded the Pacific Aerospace Museum, located at the airport until its closure in 2001, and is also recognized as the inventor of the passenger boarding bridge used today as jet ways.

The scholarship funds, originally administered by the Pacific Aerospace Museum, were transferred to Pacific Aviation Museum Pearl Harbor and named after Frank Der Yuen in honor of his contributions to aviation and the state of Hawaii.

Pacific Aviation Museum Pearl Harbor is among the few organizations in Hawaii offering aviation scholarships. According to the Scripps Howard News Service, Boeing Aircraft predicts the Asia/Pacific region will need in excess of 180,000 pilots during the next two decades.

For more information, contact Dr. Shauna Tonkin, director of education, at 441-1005 or ShaunaT@PacificAviationMuseum.org.

Naval Health Clinic to be closed Oct. 18

Naval Health Clinic Hawaii

All Naval Health Hawaii operations will be closed Oct. 18. This includes all medical and dental facilities at Branch Health Clinics Makalapa, Camp Smith, Wahiawa, Marine Corps Base Hawaii Kaneohe Bay, Pearl Harbor Naval Shipyard and Pacific Missile Range Facility Barking Sands.

Clinic providers will be attending required training to ensure delivery of the best and most current patient care. Beneficiaries are asked to take this into consideration when scheduling care.

All routine care should be planned prior to or after Oct. 18. This includes appointment scheduling, prescription refills, laboratory draws, etc.

All clinics will re-open for regular business hours Oct.

19. For NHCH hours of operation, visit the website at <http://www.med.navy.mil/sites/nhch>.

Beneficiaries can speak to a healthcare provider at any time the clinics are closed by calling the "provider after-hours advice line" at 473-0247, ext. 3.

For emergencies, dial 911 or go to Tripler Army Medical Center. For active duty dental emergencies, call 864-4705.

National disability employment awareness event planned for Oct. 25

Navy Region Hawaii Comptroller Department

The Navy Region Hawaii Comptroller Department will hold a National Disability Employment Awareness Month event from 10 to 11 a.m. Oct. 25 at Pearl Harbor Memorial Chapel.

The theme of the event is "A strong

workforce is an inclusive workforce: what can you do?"

This event's keynote speaker will be Brock McNabb from the Department of Veterans Affairs, Honolulu Veterans Center.

The event will also include information and resources to help organizations build an inclusive workforce.

For more information, call 473-1809.



Balanced attack leads Air Force Falcons past TNT

Randy Dela Cruz

Sports Editor

While the 647th Security Forces Squadron's (647 SFS) Pound Town men's basketball team was wrapping up the Summer Basketball League's title Oct. 6, a trio of women from the 647 SFS used their athleticism a day later, to lead the Air Force Falcons past TNT, 24-6, in a Women's Flag Football League (WFFL) game at Camp H.M. Smith.

The WFFL was once an all-military-affiliated league, but has since changed to include civilians.

From only four teams two years ago, the league has nearly doubled in size to currently include seven teams, which will vie for the championship in a tournament scheduled for Nov. 4 at Radford High School.

According to league president and founder Hospital Corpsman 3rd Class Eustacia (Tasha) Joseph, while the league has expanded, it is still mainly supported by the armed forces with most of its participants



(Above) Alex Hardesty, an Air Force spouse, gets set to grab her first of three interceptions during a Women's Flag Football League game between the Air Force Falcons and TNT at Camp H.M. Smith. (Right) Air Force Falcons receiver Sgt. Olivia Stinson, 647th Security Forces Squadron, tries for a fingertip catch against TNT.

either active-duty, former military or a family member.

In the battle between Air Force and TNT, the armed forces were well represented on both sides with most players being active-duty or military spouses.

Air Force quarterback Senior Airman Amanda Bolognino

triggered the attack for the Falcons by running in for one score and tossing one touchdown pass to Sgt. Olivia Stinson and for two more to Senior Airman Simia Lee. The three players

serve with the 647 SFS.

While the Pound Town members were helping the Falcons offense march forward, Alex Hardesty, a spouse who was a starting player for the 324th Intelligence Squadron (324 IS) intramural volleyball team, headed a strong defense.

Hardesty accomplished a rare feat by picking off three passes to complete a defensive hat trick.

"Our defense was pretty much unstoppable," Bolognino said. "We count on them. When we (offense) mess up, they have our backs. You can usually count on our defense to get interceptions."

Although the Falcons managed to pull away in the end, the game started off as a struggle between the two teams.

Then on the Falcons' third drive, Air Force got the ball at their own 34-yard line and Bolognino cashed in.

Following a personal foul against TNT that put the ball inside the five, Bolognino took the snap and rushed into the end zone for a 6-0 lead at halftime.

After intermission, Air Force forced TNT to punt in their first possession and following a good return by Hardesty, the Falcons set up shop in good field position at the TNT 24.

A penalty and sack dropped the Falcons back to the 35, but on the very next play, Bolognino went over the top and connected with Stinson for a touchdown and a 12-0 lead.

Down by two scores, TNT, behind quarterback Ashley Jones, finally got on the scoreboard when Jones completed a 67-yard drive with a pass to Brittaney Auten for six points.

However, on the Falcons' very next drive, Bolognino rose up to the challenge and extended the team's lead back to 12, when she finished off a 65-yard drive by tossing a 20-yard strike to Lee for a touchdown.

Following Hardesty's third and final pick stopped TNT's next drive, Bolognino went over the top again to Lee for a 59-yard hookup for a touchdown that put the game away.

In finding her rhythm, Bolognino was able to dis-

tribute the ball to Lee, Stinson and Teena Kurtz (spouse).

The Falcons QB said that it is a luxury to have so many weapons to choose from.

"It's so nice to be able to have options and not have to go to one person every time," she said. "In my mind, I'm never thinking 'just throw to this person because I know they'll catch it.' It can go to anyone."

Joseph, who plays for TNT, said that while the Falcons are a good team, she believes that the game was played pretty evenly for most of the time.

The Falcons raised their record to 4-0, while TNT dropped down to 1-3.

"They are a good team, but I honestly believe that we just beat ourselves," she said. "I think we are competitive with them even with the loss. Undeclared or not, we gave them a run up until the second half."

Bolognino finished up her day by adding that no matter what the future holds for the Falcons the team knows its mission each and every time it takes the field.

"Leaving it all on the field and giving everything we got," she stated. "We practice like how we play and never underestimate anybody."

Student rewarded for being 'A-OK'

Photo courtesy of NEX

Jacob Aaron Anderson, age 8, has been announced as the Pearl Harbor Navy Exchange (NEX) A-OK Student Reward Program winner. Anthony Camacho, front ends operations manager, presented the medal, certificate and life-size check on Oct. 3 to Anderson for \$1,500. Four winners are drawn every quarter for savings bonds totaling \$11,000. The A-OK program was established to support the students of authorized patrons by rewarding hard work and good grades.



ASBP blood drive schedule

Currently scheduled Armed Services Blood Donor Program drives include:

Oct. 15, 9-11 a.m., 18th MEDCOM Fort Shafter Flats, 210 Suehiro Road, Building X1510, Fort Shafter.

Oct. 16, 11 a.m. to 3 p.m., NEX, Tripler Army Medical Center.

Oct. 17, 9 a.m. to 1 p.m., 205th MI Battalion, uilding 520, Fort Shafter.

Oct. 23, 9 a.m. to 1 p.m., Camp Smith Pollock Theatre, Camp Smith.

Oct. 24, 9 a.m. to 1 p.m., JIOC Building, Joint Base Pearl Harbor-Hickam.

For more information, call 433-6699 or 433-6148 or email michelle.lele@amedd.army.mil.

PEARL HARBOR-HICKAM Manawa Nanea LEISURE

Morale Welfare & Recreation

GLASS BOTTOM BOAT TOUR

A glass bottom boat tour of Kaneohe Bay takes place from 9:15 a.m. to noon Saturday. The tour departs from Information, Tickets and Travel-Hickam. The cost is \$25 for adults and \$20 for children ages 3-11 years old. FMI: 448-2295.

FREE GOLF CLINIC

The Navy Marine Golf Course will host a free golf clinic at 1:30 p.m. Saturday. FMI: 471-0142.

UFC 152 IN HD

Watch the bout between Anderson "The Spider" Silva and Stephan "American Psycho" Bonnar in high-definition at 3 p.m. Saturday at J.R. Rockers. Doors open at 2 p.m. for preliminaries. The event is free for members, \$10 for non-members. FMI: 448-2271.

BELLY FLOP AND BIGGEST SPLASH

There will be belly flop and biggest splash challenges from 11 a.m. to noon Sunday at Scott Pool. This is a free event. Children under the age of 10 must be accompanied by an adult. FMI: 472-7582.

SURFING AND BARBEQUE WITH LIBERTY

There will be a free surfing trip and barbeque lunch on the beach with liberty on Sunday. Departures are from Liberty Express at 8:30 a.m., Beeman Center at 9 a.m., Instant Liberty at 9:15 a.m. and Makai Recreation Center at 9:30 a.m. This event is for single active-duty Sailors and Airmen only. FMI: 473-2583.

TEEN READ WEEK

Oct. 14-20 is Teen Read Week. Teens ages 12-18 are encouraged to write a review of their favorite book. All reviews will be displayed in the teen area of the Hickam Library. Everyone who submits a review will be entered into a drawing for a \$20 gift card. The winner is to be selected Oct. 20. FMI: 449-8299.

YOUTH BASKETBALL REGISTRATION

Registration for youth basketball begins Monday. The season runs from December 2012 to March 2013. Registration is open to youth ages 5-15. Teams compete in the Hawaii Military Youth Athletic Association. The fee is \$65 and includes jersey, shorts and award. FMI: www.greatlifehawaii.com.

MWR NEWCOMERS LUNCH

A free Morale, Welfare and Recreation (MWR) Newcomers Lunch takes place 11 a.m. Tuesday at the Tradewinds Enlisted Club. This event features lunch, MWR information booths, sponsor tables and activities for kids. At 12:30 p.m. there will be a tour of MWR locations around the base. Separate registrations are required for luncheon and tour. This event is open to all military-affiliated personnel during their first six months of arrival. FMI: www.greatlifehawaii.com.

For more information on events, visit www.greatlifehawaii.com.

Community Calendar

October

Today - Navy Region Hawaii and Naval Surface Group Middle Pacific will host a bell-ringing ceremony in honor of the 237th Navy Birthday at 8:30 a.m. at the Pearl Harbor Visitor Center Iana'i. Adm. Cecil Haney, commander, U.S. Pacific Fleet, will be keynote speaker. The ceremony is open to the public. FMI: 473-2920 or michelle.l.downs@navy.mil.

16 - The Navy Exchange (NEX) will upgrade the entire phone system at all of its locations east of Pearl City Mini Mart. The disruption will impact patrons calling into the various NEX locations. The contractor is expected to bring all phone lines back in operation within 24 hours. Departmental / location extensions will be brought back on-line one by one and in priority order. The NEX operator, administration office, loss prevention/security and services departments (barber, beauty, floral) are first on the list. The NEX operator will take messages for unavailable extensions and contacting respective parties via walkie-talkie radios or cell phones.

25 - The Pearl Harbor Navy Exchange will celebrate its 10th anniversary at 8 a.m. in the Mall rotunda. Rear Adm. Frank Ponds, commander, Navy Region Hawaii and Naval Surface Group Middle Pacific, will speak. The event will also include a cake-cutting and entertainment. FMI: Stephanie Lau at 423-3287 or email Stephanie.Lau@nexweb.org.

27 - Bellows Boofest will be held 11 a.m.-9 p.m. at Bellows Air Force Station. The event will include a pumpkin carving contest, scavenger hunt, costume contest, trick or treating, spooky story telling, a movie under the stars, and "Kiddieland" for \$5 wristbands. Activities will also include include bouncers, a water slide, face painting, arts and crafts, and a disc jockey. FMI: www.bellowsafts.com.

At a glance

The 37th annual fall craft fair will be held 9 a.m.- 3 p.m. Nov. 10 at the Hickam Arts and Craft Center. The event is free and the center is located at 335 Kuntz Ave., building 1889. Vendors can sign up now and reserve their booth by calling 448-9907, ext. 101. There will be entertainment, original handmade arts and crafts, food booths, horse rides and craft demonstrations. Public access will be via Elliot Street and Kuntz Gate, or through public transportation via The Bus #19. FMI: 448-9907 ext. 101 or visit www.greatlifehawaii.com.

Movie Showtimes



Ice Age: Continental Drift (PG)

Scrat's nutty pursuit of the cursed acorn, which he's been after since the dawn of time, has world-changing consequences - a continental cataclysm that triggers the greatest adventure of all for Manny, Diego and Sid. In the wake of these upheavals, Sid reunites with his cantankerous Granny, and the herd encounters a ragtag menagerie of seafaring pirates determined to stop them from returning home.

SHARKEY MOVIE THEATER

TODAY
7:00 PM Bourne Legacy (PG-13)

SATURDAY
2:30 PM ParaNorman (2-D) (PG)
4:45 PM Hit & Run (R)
7:00 PM Expendables 2 (R)

SUNDAY
2:30 PM The Odd Life of Timothy Green (PG)
4:45 PM Premium Rush (PG-13)
7:00 PM Total Recall (PG-13)

HICKAM MEMORIAL THEATER

TODAY
6:00 PM Ice Age: Continental Drift (PG)
8:30 PM The Expendables 2 (R)

SATURDAY
Free Advance Screening - (PG13)
Tickets available at Hickam Exchange Food Court. Seating open to non-ticket holders 30 minutes prior to show time.

SUNDAY
2:00 PM Marvels: The Avengers (PG13)



Thousands 'make strides' for breast cancer awareness

Story and photos by
AG3 Vaughan Dill

Thousands of breast cancer survivors, volunteers, military service members, family members and walked to end breast cancer Oct. 6 at the American Cancer Society Making Strides Against Breast Cancer five-mile walk from Ford Island to Richardson Field, Pearl Harbor-Hickam.

Honolulu's Making Strides event, its fourth annual, was one of more than 270 events across the country this year being held by the American Cancer Society. The event involved more than 7,000 community members and raised more than \$215,000 to help end breast cancer by finding cures and supporting programs and services.

"Breast cancer has no boundaries, and this gathering shows the many faces that have been touched. Breast cancer affects all ages and touches the lives of everyone in some way," said Mary Johnson, a registered nurse and breast health educator at Naval Branch Health Clinic Hawaii-Makalapa.

"I have seen first-hand the struggles that active duty members and their families endure when diagnosed with breast cancer. Military members must deal with the added stress of deployments, duty schedules, moves, children's reaction, separation, and concern for their jobs."

"Cancer has made me more appreciative of things, and how to enjoy life a little bit more. I can't



Participants walk in the Making Strides Against Breast Cancer Walk Oct. 6 at Joint Base Pearl Harbor-Hickam.

stress over the little things which we all tend to do because life is so crazy for all of us," said Chief Warrant Officer 3 Vanderla Akaka, a breast cancer survivor since 2008.

"I see cancer as a blessing. Most people think cancer is bad, but for me it was a blessing because it made me realize that you have to take care of yourself. You can't take care of everybody else."

Funds raised through Making Strides enable the American

Cancer Society to continue providing free resources and support to newly diagnosed women with breast cancer who seek information and help. The American Cancer Society invests in research to find, prevent, treat and cure breast cancer and ensure access to mammograms for women who need them.

There were hundreds of American Cancer society staff members and community volunteers on hand setting up the course, lining the route, assisting the par-

ticipants, and handing out water and snacks to participants as they crossed the finish line.

"I went to the American Cancer Society to see what support they offer and they gave me wigs. I got everything and it made me feel better. Then I started volunteering, and now I am part of the staff here," said Joy Agni, a breast cancer survivor of one year, and this year's honorary guest motivational speaker.

"Cancer has not only brought

me awareness and shown me how to take care of my body, but it's helped me to appreciate the little things, just appreciate waking up and being here," she said.

"A couple of our families' good friends, a daughter and a mom, they both were diagnosed with breast cancer less than six months apart, so I walk for them," said Jacky Chacon, a three-and-a-half year survivor and American Cancer Society staff member.

"For me cancer was more of a rebirth. I found all of the good things that I was not taking advantage of in life."

"Making Strides Against Breast Cancer unites us all to walk together as the most powerful force to end breast cancer," said Jackie Young, chief staff officer, American Cancer Society Hawaii Pacific, and a breast cancer survivor.

"We are so thankful for how Honolulu has pulled together to encourage everyone to change the course of breast cancer forever. Making Strides walkers and supporters can be proud that their efforts are helping 2.6 million breast cancer survivors living in the U.S. celebrate another birthday this year," she said.

Since 1993 nearly six million walkers across the United States have raised more than \$400 million dollars to help in the fight against breast cancer through Making Strides Against Breast Cancer events.

Mammograms are the No. 1 way to survive breast cancer

Shari Lopatin

TriWest Healthcare Alliance

According to the Susan G. Komen Race for the Cure, one woman is diagnosed with breast cancer every three minutes, and every 13 minutes, a woman will die from this disease.

Yet, more than 2 million survivors of breast cancer are living in the U.S. today. Do you know what that means?

Even if you've been diagnosed, there is still hope.

Mammograms save lives; TRICARE covers them.

The sooner you detect breast cancer, the better your chance of survival. And a mammogram is one of the best ways to detect it early enough for successful treatment. The Centers for Disease Control and Prevention say having regular mammograms can lower your risk of dying from breast cancer, in general.

Just remember to also follow up with your doctor for a clinical breast exam and continue your monthly self-exams.

TRICARE covers mammograms for women starting at age 40. For those considered at high risk for breast cancer, TRICARE begins covering mammograms at 35 years old. Best of all, these screening mammograms are at no cost to you.

Early warning signs of breast cancer

Breast cancer is the most common type of cancer in American women, other than skin cancer, according to the CDC. So, what are some of the earliest warning signs?

•A new lump in the breast or armpit.

•Thickening or swelling of the breast.

•Nipple discharge, other than breast milk, including blood.

•Change in size or shape of the breast.

•Pain in any area of the breast.

If you are concerned about any of these symptoms, visit your doctor immediately.

Where can you get your mammogram?

Your doctor can give you some options where you can conveniently

ly get a mammogram. Your closest option might be at a military clinic or a local imaging center—sometimes these are called radiology centers. To have your mammogram at no cost, make sure that:

•Your mammography center is TRICARE-authorized.

•If you're on TRICARE Prime, your mammography center is in the TRICARE network. If not, you will need a referral from your primary doctor.

For more information on breast cancer prevention, visit TriWest.com/Prevention.

Wheeler Saddle Club to hold haunted house and fall fest Oct. 26-27

Wheeler Saddle Club, with the help of BOSS (Better Opportunities for Single Soldiers), will hold a haunted house and fall fest 5 to 9 p.m. Oct. 26-27 at Wheeler Stables, Denny Road, Wheeler Army Airfield.

Beside the haunted house, the event will include hay rides, trick-or-treating at the barns, carnival games, kids' activities, a dunk booth and bounce house. Food will be available for purchase, such as cotton candy, shave ice, hot dogs and hamburgers.

Attendees will park up at the flats and be shuttled down the barn road by hay wagons. Since Barbers Point no longer hosts their haunted hay ride, the Wheeler Saddle Club is stepping forward to revive the Hawaii tradition.

Admission is \$7 for adults, children 12 and under will be admitted free.

The event is open to anyone with access to a military installation. Civilians can attend with a base pass.

Leap Frogs perform at Kaneohe Air Show

MC1 Fletcher Gibson

Leap Frogs Public Affairs

The Navy Parachute Demonstration Team, the Leap Frogs, performed at the Kaneohe Bay Air Show at Marine Corps Base Hawaii (MCBH) Sept. 28-30.

The five-man jump team performed three high-altitude jumps from as high as 12,000 feet above show center, and had the honor of performing a tandem jump with MCBH commanding officer, Col. Brian Annichiarico, for the final performance of the show.

Making the trip across the Pacific presented a rare opportunity for residents of the Aloha State to see the Leap Frogs in action.

"I've always wanted to see them which is why I had to make it out here today," said Andrew Bertucci, University of Hawaii Manoa student.

The high altitude of this performance allowed the team to perform a number of in-air maneuvers including extensive freefall, smoke trails, and canopy formations.

Landing team members also interacted with audience members, shaking hands, giving high-fives and answering questions about Naval Special Warfare and life as a SEAL.

"My favorite part was seeing them land and just walk off casually like they're stepping off an escalator," said Jim Stobie.

The team's next scheduled performance was Oct. 6 for the commissioning of USS Michael Murphy in New York.

The Leap Frogs perform aerial parachute demonstrations in support of Naval Special Warfare and Navy recruiting.

For more news from U.S. Navy Parachute Team, visit www.navy.mil/local/usnpt/.

WHO SAID IT?

"Don't let the fear of striking out hold you back."

Last Week's

WHO SAID IT?

"It follows then as certain as that night succeeds the day, that without a decisive naval force we can do nothing definitive, and with it, everything honorable and glorious."

George Washington

This Week's Trivia

On Oct. 7, 1949, A key Air Force Base on Guam was named in honor of which brigadier general who died in an aircraft accident near Kwajalein Island while en route to Hawaii?

Last Issue's Question: What day is recognized as the birthday of the U.S. Navy?

Answer: The United States Navy traces its origins to the Continental Navy, which the Continental Congress established on Oct. 13, 1775.