

## Sam Choy arrives at Joint Base Pearl Harbor-Hickam

Melissa Heintz

Fleet and Family Readiness Marketing

Sam Choy, who is internationally known for his Hawaiian regional cuisine, makes his next appearance at Joint Base Pearl Harbor-Hickam with his brand new restaurant, Sam Choy's Seafood Grille and Hapa Bar. The restaurant makes its home on the waters of Hickam Harbor at 3465 Mamala Bay Drive, the former location of Sea Breeze and the Sand Bar & Grille.

The eatery provides a Sam Choy's inspired menu showcasing Hawaiian regional and Pacific Rim cuisine. Customers can enjoy a lunch, sunset and dinner menu. Lunch is served Sunday to Saturday from 11 a.m. to 2 p.m. and dinner Saturday to Sunday from 5 to 9 p.m. Prices range from the low end of \$5 for an appetizer to fresh fish or a rib-eye steak for \$22.

Take your meal inside the restaurant or outside on the lanai. For a more casual environment, dine at the Hapa Bar. The Hapa Bar has a full-service menu Sunday to Thursday from 11 a.m. to 9 p.m. and Friday-Saturday from 11 a.m. to 10 p.m. with a daily sunset menu from 2 to 6 p.m. It features an aggressively priced pupu menu along with discounted specialty drinks, beers and wines.

The menu features items from poke appetizers, fish chowders and fresh island green salads to seafood, meat entrees and sandwiches. Most of the ingredients are fresh products from the Hawaiian Islands, including local fish, greens and beef from the Big Island, tomatoes and breads from Oahu, and sweet potatoes from Molokai.

"Sam's passion for food is shown with all his different poke and his love for seafood. At this restaurant, we have his simple dishes that we've all

grown up with that we've taken mainstream," explained Executive Chef Roberto Los Banos, who created the menu with this in mind.

Los Banos, who grew up on the North Shore of Oahu and refined his culinary skills at Johnson and Wales University in Rhode Island, hopes to share his love for food with all of the customers on base.

"My love for cooking has grown with the experiences I've had along my journey with all the aunts and uncles that have given me their recipes. Being the multicultural islands that we are, we all grow up with different ethnic backgrounds. I have the Filipino side from my father and the redhead from Minnesota from my mother, so it all brings everything together to influence my cooking. My love for serving others is first and foremost," he said.

For those who are easing themselves into Hawaiian cuisine, there is something on the menu for everybody.

"We're doing actually some of Sam's global experiences as well. We're bringing here the Louisiana shrimp boil and the crab boil, but then again we have all the way to the extreme great sashimi. There's a variety of dishes out there that can encompass many different palates and tastes, not only the Hawaiian cuisine type from the raw fish to the grilled mahi mahi," said Los Banos.

In its efforts to go green, Sam Choy's Seafood Grille does full kitchen and office recycling and is committed to maintaining and preserving the island with such a close location to the water. The restaurant also prides itself in what it calls "premiere aloha service" and strives to achieve a first class reputation for gracious and informed hospitality with aloha, the highest quality of food and beverage, and a beautiful and comfortable setting. All of this can be found right here on Joint Base

Pearl Harbor-Hickam.

"So we basically take a slice of Hawaiian cuisine and high-level hotel or premier level aloha service here on base so they don't have to leave, don't have to worry about traveling to Waikiki and dealing with the parking and the hassle of all the hustle and bustle, they can just stay right here in their own safe environment," said Mark Whiteley, general manager.

Lt. Cmdr. Rhonda Bennett from the Naval Health Clinic Hawaii, who grew up in Kaneohe and has been away from the islands for 13 years, feels that eating here is like being home. Bennett introduced her co-worker, Lt. Cmdr. Marsha Collins, to the restaurant. Collins has been stationed in Hawaii for 10 months and enjoyed her experience.

"We had made reservations; they were honored. And then when I came in, they were very courteous and took care. It tasted well, no complaints," said Collins.

Capt. Todd Mainwaring, U.S. Army from the 8th TSC on Fort Shafter, and his wife Darcy enjoyed their kalbi beef plate and coconut shrimp sandwich at the Hapa Bar.

"There were lots of choices for fish and seafood on the menu, and I've definitely never seen a shrimp coconut roll sandwich before, so I thought that was unique," said Darcy.

As for the view, "It's fantastic. I mean it doesn't get much better than this. Even just waiting for a table, you're sitting right next to the water and everything. It's beautiful," said Todd.

In the months to come, customers can also look forward to Sunday and holiday brunches, expanded catering services, a takeout menu and more of Sam Choy's signature products. For more information, call Sam Choy's Seafood Grille at 422-3002 or visit [www.greatlifeohawaii.com](http://www.greatlifeohawaii.com) to download the full menus.



# Intelligence Squadron squeaks past Weather Squadron

Story and photo by  
Randy Dela Cruz

Sports Editor

The 324th Intelligence Squadron was pushed to the brink by the 17th Operational Weather Squadron (17 OWS) Geckos, but managed to hold on and win their intramural volleyball Blue Division July 11 matchup in three sets, 25-17, 17-25 and 15-13 at Hickam Fitness Center Gym, Joint Base Pearl Harbor-Hickam.

As in the first two sets, the final match swung back and forth until late in the game, when up by only a single point, 324 IS hitter Airman 1st Class David Morris nailed down the win with his fourth kill of the set.

The victory raised the 324's record to 2-0, while the 17 OWS dropped their second game of the season with no wins.

"It's teamwork," said 324 IS head coach Maj. Phillip Warner about the team's close win. "We've been practicing together for at least five weeks. My thing is communication, and every year, it's a new game, a brand new point, just shake it off."

In the first set, the 324 IS and the Geckos engaged in a give-and-take struggle until a kill by 1st Lt. Steven Tomaszewski started a four-point run that gave the 324 some breathing room at 16-12.

Another kill by Tomaszewski and a service ace by Morris kicked off another quartet of points that put the 324 in command at 23-15 before a kill by Master Sgt. Jeremy Price finished off the Geckos.

The 324 seemed to use the momentum from the first set to take the first four points of the second set, with Morris recording three consecutive kills during the run.

However, following the service of Aerographer's Mate 2nd Class George Langlois, the Geckos rallied



Master Sgt. Jeremy Price, hitter for 324th Intelligence Squadron, tries to slam through the block of 17th Operational Weather Squadron (17 OWS) Geckos Senior Airman John Steigerwald in an intramural volleyball Blue Division match.

for four straight points of their own to quickly tie the score.

The seesaw battle continued up until the Geckos, clinging to a one-point lead, got some welcome relief behind the service of Ashley Dolan, daughter of 17 OWS head coach retired Master Sgt. Jerry Dolan.

The younger Dolan got the hot hand and ignited a run of 10 consecutive points with her pinpoint serves that seemed to handcuff the 324's offense.

"I just kept serving it right in the middle," Dolan said. "It was in between the blockers, so I guess they didn't talk it up good."

The streak gave the Geckos a 19-8 lead and was enough to keep the 324 at bay before Staff Sgt. Kyle Keithley put the hammer down on back-to-back kills for the win.

Warner said that some experimentation with different players in the second match might have been the reason for the setback.

"I've been experimenting with different lineups - trying to find a lineup that we are going to take to the playoffs," Warner admitted. "And we went from a 5-1 to a 6-2 in the second game, so that kind of threw our rhythm off also. So we went back to a 5-1 in the third

game to try and take it home."

While the strategy did pay off, the payback wasn't immediately felt in the third set as the Geckos refused to go down quietly.

An ace by Stephanie Dolan, Ashley's sister, pulled the Geckos to within three points at 12-9, and after Morris collected a kill, the 17 OWS got even closer on the power of Senior Airman John Steigerwald, whose three kills reduced the 324's lead to one at 14-13.

Unfortunately for the Geckos, it would be as close as they would get as Morris got three of his four kills

late in the third set.

"All I was thinking was, it's really important to get every single point," said Morris, who also picked up four kills in the second set. "Every time I'd jump in the air, I immediately looked to see where the blockers were, and usually, they weren't going line. So that's pretty much what I hit all the time."

Although the Geckos fell short this time around, the team walked off the court knowing that it gave one of the division's better squads a run for their money.

Dolan said that she feels the Geckos are just a couple games away from putting

all the pieces together.

"We'll have a chance," she said. "We're getting better. We're getting better at passing, but we're just not getting the kills."

As for the 324, Warner, who played on last season's playoff qualifying team, said that this year's squad is definitely geared for the postseason.

"I think right now we're almost as good as last year's team," Warner claimed. "By late season, we'll be significantly better. We're going to be a playoff team. It's just a matter of who is going to be in my front row and who are my back-row players."

# Communication Squadron hangs on to beat Hopper

Story and photo by  
Randy Dela Cruz

Sports Editor

The 747th Communications Squadron (747 CS) took a nine-point lead into halftime, then hung on to a 45-44 victory over USS Hopper (DDG 70) July 14 in the season opener of the Summer Basketball League at Joint Base Pearl Harbor-Hickam Fitness Center gym.

Balanced scoring helped spring the 747 CS into the lead, with seven players getting into the box score in the first half of play.

However, after a converted hook shot by Tech. Sgt. Steve Coleman put the 747 CS up by 13 points early in the second half, Hopper, on the strong inside play of Fire Controlman 3rd Class Jamel Andrus, fought their way back into the game.

Down by four points with 1:40 remaining on the clock, Andrus missed a golden opportunity to cut into the lead when he failed to connect on two free throws from the charity stripe.

The missed freebies turned out to be huge as Airman 1st Class Robert Light came back the other way on the 747's next possession and calmly sank a three-point bomb to raise his team's lead back up to seven.

Two more free throws by Light seemed to put away Hopper, but the ship refused to give up the battle and made one final push to steal the game away.

Five straight points by guard Gas Turbine System (Mechanical) 2nd Class Julius Gabat, which included a clutch three-pointer, helped Hopper cut the lead down to a single point with three seconds left in the game.

With one final chance to grab the win, Hopper threw the ball in and moved it to half court on a single pass. But a Hail Mary from midcourt hit the top of the backboard and ricocheted onto the floor as the buzzer sounded to end the game.

Light, who led all scorers with 14 points, said that while his late trey helped the 747 CS win the season opener, he admitted that the team should have put the game away much earlier.

"We were kind of slacking and looking like we were lacking energy," Light said. "We just got to do a better job of closing out our games."

Once the 747 got out in front, Light explained that the team lost its momentum after getting away from its original game plan.

Adjustments by Hopper forced the 747 into playing more one-on-one basketball and that, Light said, created problems for his team.

"We got a big lead and starting a lot of one-on-one ball," Light pointed out. "We weren't doing what got us the big lead to begin with. We weren't passing the ball, finding the open man, rather than swinging the ball. I think we got away from the fundamentals of basketball."

Although Hopper made a spirited attempt at coming back, guard Logistics Specialist 3rd Class Shaniqua Farlow said that the slow start in the first half may have cost her team the game.

"I think it gave them (747 CS) a huge advantage," said Farlow, who scored five of the team's 17 first-half points on a basket and a trey. "We had a lot of turnovers in the first half, but the second half, we kind of picked up our game."

Farlow credited the team's post players for leading Hopper's strong come back - especially Andrus, who after being shut out in the first half, came back to pump in seven points in the second.

"Our big men playing in the paint got a lot of rebounds," she said. "And we starting taking the ball to the basket. I think that helped us out a lot."

Farlow added that after playing together for the first time, she thinks that Hopper showed a lot of promise and should do well in future games.

Likewise, Light also believes that the 747 CS will continue to improve their game and will learn from their mistakes.

"This is our first time together," Light said. "We never even practiced and we've got key pieces that are missing as well, so I think we're going to be good moving forward through the rest of the season."

Bryce Ebron, civilian post-player for the 747th Communications Squadron (747 CS), goes up for two of his 10 points against USS Hopper (DDG 70) in a Summer Basketball League game at Joint Base Pearl Harbor-Hickam Fitness Center gym.



# Team Ninja slices Wild Wahines in straight sets

Story and photo by  
Randy Dela Cruz

Sports Editor

Team Ninja combined a solid serving game with good passing and a tough front line July 14 to take care of Wild Wahines in straight sets, 25-9 and 25-8, in a Women's Volleyball League (WVL) matchup at Naval Station Gym, Joint Base Pearl Harbor-Hickam (JBPHH).

The WVL is a pay-to-play league that is open to women 18 years and older, who are active duty and family members, and Department of Defense employees from JBPHH.

The win pushed Team Ninja past the .500 mark with a record of 3-2, while the Wild Wahines saw their record even out at 2-2.

"The serving, passing, communication, girls playing together as a whole team" were keys to the team's dominating win, said Team Ninja head coach Alan Fujii. "And we had some good serves and hits. When the girls know what they're doing, it actually makes the coach's job easy."

In the first set, both teams came out strong and traded points until Team Ninja, while holding a slim 6-5 advantage, began to make their move.

Using a strong service game, coupled with a timely kill by military spouse Alex Hardesty, Team Ninja collected seven out of the next eight points to take control of the game with a 13-6 lead.

Then, holding a 18-9 advantage, Team Ninja went on another roll behind the service of spouse Neritza Cherhoniak, who recorded two aces while leading the team on a run of seven straight points to close out the first set.

During the run, Marie Fujii, the coach's daughter,



Alex Hardesty of Team Ninja slams a shot through the front line of the Wild Wahines during a Women's Volleyball League game at Naval Station Gym, Joint Base Pearl Harbor-Hickam.

aided the cause of Team Ninja by controlling the net with three kills.

"They can hit them, as long as the set is there," said the coach about the front line play of Hardesty and his daughter. "Basically, if you don't have a pass, you don't have a set and you don't have a hit. The passing got to be the one to create the hits."

While Team Ninja left no doubt about their win in the first set, the girls were even more in command in the second set.

Although Wild Wahines garnered the first point of the set on a service error, it would be the only lead of the match that they would enjoy, as Team Ninja immediately seized control of the set and game.

Up by a point at 3-2, Team Ninja, behind the service of spouse Dawn Scaramazzo, went on a run of eight consecutive points to open up an 11-2 lead.

Scaramazzo picked up three service aces during the stretch, while Hardesty

added two more kills to her total.

After an exchange of points between the two teams, Team Ninja began to pour it on Wild Wahines by taking the next seven of eight points for a 19-4 lead.

Wild Wahines temporarily kept Team Ninja in check by picking up their first set of back-to-back points in the second set, but the team's comeback was very short lived as Team Ninja finished off the set by winning six of the final eight points, with

the last two points coming on service aces by Logistics Specialist Seaman Andrea Gonzales, USS Arizona Memorial Detachment.

"We kind of learned to play together," said Gonzales about Team Ninja's strong showing. "In the beginning, our serves weren't the greatest, but as long as we work together, we're pretty good."

After starting the season at 2-2, Fujii said that he believes Team Ninja is start-

ing to put all the pieces together.

The team practices twice each week, Fujii said, and with the girls' willingness to compete, Team Ninja should be one of the squads to watch.

"We're kind of jelling now," he noted. "They kind of know what they're doing - the kind of habits each girl has - so they're covering for each other. They all want to win, but my theory is that everybody plays. I told them that from day one."

## Celebrate Amelia Earhart's birthday July 24

Pacific Aviation  
Museum Pearl Harbor

Celebrate the birthday of Amelia Earhart July 24 with Pacific Aviation Museum Pearl Harbor.

The party will take place from 11 a.m. to 1 p.m. at hangar 37. The event is free to museum guests.

The party will include cake, punch and balloons. The daring aviatrix

Earhart was born July 14, 1897. She visited Hawaii in 1934, 1935 and 1937 as part of her history-making flights.

The museum also has an Amelia Earhart in Hawaii photo exhibition sponsored by Matson Navigation Company.

For more information, visit the website [www.PacificAviationMuseum.org](http://www.PacificAviationMuseum.org) or call 441-1007.



## My Favorite Photo...

Photo courtesy of Maj. Aaron Ogden

U.S. Air Force Maj. Aaron Ogden took this photo while on temporary duty on the island of Saipan in the Commonwealth of the Northern Mariana Islands. He took it at sunrise while jogging on the beach. Ogden is the PACAF environmental liaison officer with the Air Force Legal Operations Agency, Joint Base Pearl Harbor-Hickam.

### How to submit photos

Do you enjoy taking pictures and have a favorite photo? Would you like to see it featured in Ho'okele? Here is your opportunity. Submissions must be from people affiliated with the military services, including active duty, family members, Reserve, retired and Department of Defense civilians, etc.

Your favorite photo can be just about anything, but keep in mind that it should be in good taste. We aren't looking for posed family shots or group shots. But if you have a photo that you think is interesting and creative, here is your chance to see it published.

Photo submissions will be reviewed by Ho'okele editors who will determine if/when they will run in the newspaper. Along with your photo, please send a little bit of information about the photo, such as where it was taken or any interesting details. Also include the name of the photographer and contact information.

Please send your photos to [editor@hookelenews.com](mailto:editor@hookelenews.com) and "cc" Karen Spangler, managing editor, at [karen.spangler@navy.mil](mailto:karen.spangler@navy.mil) and Don Robbins, assistant editor, at [drobbs@hookelenews.com](mailto:drobbs@hookelenews.com).

Brush up on your photography skills. Ready, set, shoot!



## WHO SAID IT?

"Character is much easier kept than recovered."

Last Week's  
**WHO SAID IT?**

"Always desire to learn something useful."

Sophocles



## This Week's Trivia

The National Security Act of 1947 became law on July 26, 1947. What did it create?

### Last Issue's Question:

Why is a ship's sick-list called a "binnacle list?"

**Answer:** A binnacle was the stand on which the ship's compass was mounted. In the 18th century and probably before, a list was given to the officer or mate of the watch, containing the names of men unable to report for duty. The list was kept at the binnacle.



## Former PACAF vice commander will be keynote speaker at Air Force Ball

Staff Sgt. Mike Meares

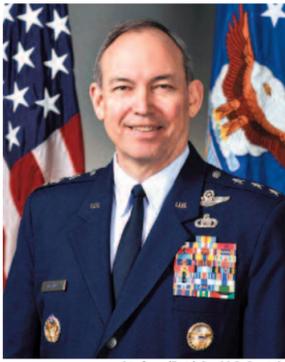
Joint Base Pearl Harbor-Hickam  
Public Affairs

The keynote speaker for the 65th Air Force Ball at Waikiki's Hilton Hawaiian Village on Sept. 14 will be Lt. Gen. (Ret.) David A. Deptula, a former vice commander of Pacific Air Forces.

Earning his wings in 1977, he has flown more than 3,000 hours (400 in combat), including multiple operational fighter command assignments. He has taken part in operations, planning and joint warfighting at unit, major command, service headquarters and combatant command levels.

He served on two congressional commissions charged with outlining America's future defense posture: the Commission on Roles and Missions of the Armed Forces and the National Defense Panel. He was the first deputy chief of staff for intelligence, surveillance and reconnaissance and has also served as commander of the General George C. Kenney Warfighting Headquarters.

Deptula has experience in combat and leadership in several major joint contingency operations. He was the principal attack planner for the Desert Storm coalition air campaign in



Lt. Gen. (Ret.) David A. Deptula

1991. He has twice been a joint task force commander – in 1998 and 1999 for Operation Northern Watch during a period of renewed Iraqi aggression where he flew 82 combat missions and for Operation Deep Freeze, supporting forces in Antarctica.

In 2001, the general served as director of the combined air operations center for Operation Enduring Freedom, where he orchestrated air operations over Afghanistan during the period of decisive combat. In 2005, he was the joint force air component commander for Operation Unified Assistance, the South Asia tsunami relief effort. In 2006 he was the standing joint force air component commander

for Pacific Command.

For Deptula's complete biography, see <http://1.usa.gov/NQ5Ni2>. To hear Deptula speak about his 29 years of experience on active duty in the Air Force, see an Air Force Ball unit representative for tickets. For more information, ask a unit representative. More information can be obtained as it comes available at <http://bit.ly/KYNfAn>. "Like" the 65th Air Force Ball on Facebook at 65th Air Force Ball (PACAF).

### Tickets

The tickets for the 65th Air Force Ball are \$95 each. Unit representatives are available to help raise funds to lower the cost of a ticket for Airmen. In addition to unit reps, the Air Force Ball committee has several events planned and commemorative items for sale.

The price of the ticket includes dinner, commemorative coin, beverage and the evening's festivities. The dinner menu includes island mesclun greens with champagne dressing, duo of seared tarragon-scented chicken breasts and lemon garlic roasted shrimp, chocolate ganache cake with dark chocolate sauce.

### T-shirts

The 65th Air Force Ball logo sits front and center in royal blue on a gray 100 percent cot-

ton shirt. On the back, the Waikiki beach scene of Diamond Head crater is the backdrop for a pair of tikis, a surfboard and some tiki torches. Shirts are for sale for a cost of \$20 with 100 percent of the proceeds going toward helping lower the cost of tickets for Airmen.

More events to further advertise support for the Air Force's birthday ball will be named in the future.

### Tiki coin

The tiki coin represents the Hawaiian warrior with the traditional designs. The Hickam tail flash from the C-17s adorns the bottom, and the open mouth serves as a bottle opener. The back of the coin honors the 65th Air Force Ball with the logo and theme. At the bottom is a blank engraving bar for these coins to be personalized.

Coins are for sale at a cost of \$10 with 100 percent of the proceeds going toward helping lower the cost of tickets for Airmen. A combination of T-shirt and coin is available for \$30. The 20&10 combo includes a car wash voucher to be presented at the July 21 or July 28 events at the Hickam Commissary parking lot.

### Car wash

Let the Air Force Ball committee, unit representatives and

volunteers wash the dirt off your car at the commissary parking lot July 21 and July 28. It's a donation car wash and any amount is accepted. Those who purchase a combination of T-shirt and tiki coin will receive a voucher for a car wash. See a unit representative for more details.

### Safe celebrating

The Air Force Ball committee has also secured a group rate and blocked off rooms at the Hilton Hawaiian Village specifically for the Air Force Ball. Book a room online booking is available from the Hawaiian Hilton at <http://bit.ly/LWqWNI>

### Child care

Child care is available in two locations for the 65th Air Force Ball. One location is at Joint Base Pearl Harbor-Hickam; the other is onsite at the Hilton Hawaiian Village. If you need this service, make your reservation.

### Don't drink and drive

The discounted parking rate at Hilton Hawaiian Village is \$10 per vehicle for the event. Gray Line Hawaii bus, run by Polynesian Adventure Tours, is also providing transportation. The round trip cost per person is \$10. Pickup and return drop off will be at the Hickam Theater parking lot.

## Bellows to hold upcoming biathlon, children's bodyboard contest

Bellows Air Force Station will hold two upcoming sporting events, a biathlon and a *keiki* (children's) bodyboard contest.

The second annual biathlon will take place starting at 7:30 a.m. Aug. 18.

The biathlon consists of a 300-yard swim and three-mile run. The event is an open-ocean swim, and the run is

mixed asphalt and sand.

This is not a chip-timed race. The entry fee is \$25 for individuals and \$35 for teams. No refunds will be given.

There is a \$5 discount for entries received/postmarked by Aug. 4. Register for the event by Aug. 11. Entries include a competitor's T-shirt. Late entrants are not guaranteed a shirt. The event will

include refreshments and age group awards.

In addition, Bellows will hold the *Keiki* Bodyboard contest, starting at 10 a.m. Sept. 22. Entry fees are \$10 if postmarked by Sept. 2, \$15 if postmarked between Sept. 3 and 9, and \$20 after Sept. 10. No T-shirt is guaranteed after Sept. 9. No refund will be given.

Individual contest age groups are 7-9, 10-12, 13-15 and 16-17. Tandem competitors must be at least 18 years old to compete with a child age 6 and under.

All participants must be able to swim. Age group awards will be provided.

Visit the website [www.bellowsafs.com](http://www.bellowsafs.com) to register for either event.

PEARL HARBOR-HICKAM **Maniawa Nanea** LEISURE

**Morale Welfare & Recreation**

**USTA JUNIOR TEAM TENNIS**

Registration for USTA Junior Team Tennis runs through Aug. 17, and the season is from August to November. USTA Junior Team Tennis is open to ages 7-18; the cost is \$35. FMI: www.greatlifehawaii.com.

**GLASS BOTTOM BOAT TOUR**

A glass bottom boat tour of Kaneohe Bay will be held Saturday. The tour departs from Information, Tickets & Travel-Hickam at 9:15 a.m. and returns at noon. The cost is \$25 for adults, \$20 for children ages 3-11. FMI: 448-2295.

**UFC 149 IN HD**

On Saturday, come to J.R. Rockers to watch Jose Aldo take on Erik Koch and Mauricio Rua battle Thiago Silva in Calgary. Doors open at 2 p.m. and the fight starts at 4 p.m. The event is free for members, \$10 for non-members. FMI: 448-2271.

**MWR NEWCOMERS LUNCH**

A free Morale, Welfare and Recreation (MWR) Newcomers Lunch takes place at 11 a.m. July 24 at the Tradewinds Enlisted Club. This event features free lunch, MWR information booths and sponsor tables. At 12:30 p.m. there will be a tour of MWR locations around the base. Separate registrations are required for luncheon and tour. This event is open to all military-affiliated personnel during their first six months of arrival. FMI: www.greatlifehawaii.com.

**PRESCHOOL STORY TIME**

Preschool story time will be held from 9 to 10 a.m. July 25 at the Hickam Library. The theme for the day is "sports." FMI: 449-8299.

**HIKE AIEA LOOP TRAIL**

A hike along the Aiea Loop Trail will take place from 3 to 6 p.m. July 25. Water, sunblock and snacks are recommended for this hike. The cost is \$10 per person. FMI: 473-1198.

**STAR & STRIPES 5K RUN/WALK**

The monthly "Star & Stripes 5K Run/Walk" will take place at 7 a.m. July 26 at the Wahiawa Annex Fitness Center. Participation is free, and registration is at the fitness center. FMI: 653-5542.

**FREE LADIES' GOLF CLINIC**

Learn the basics of golf at a free ladies' introductory golf clinic at 4 p.m. July 27 at the Mamala Bay Golf Course. Space is limited. FMI: 449-2300.

**DINNER ON LIBERTY**

Try an all-you-can-eat buffet with more than 50 different types of food at Camellia's Yakiniku on July 27. Departure will be at Liberty Express at 4:15 p.m., Beeman Center at 5 p.m., Instant Liberty at 5:15 p.m., and Makai Rec Center at 5:30 p.m. This free event is for single active-duty Sailors and Airmen only. FMI: 473-2583.

For more information on events, visit www.greatlifehawaii.com.

**Community Calendar**

**August**

**1** -The City & County of Honolulu will conduct the monthly statewide outdoor warning siren test at 11:45 a.m. The Joint Base Pearl Harbor-Hickam "Giant Voice" works in conjunction with Honolulu's outdoor warning sirens and will sound a steady tone for 45 seconds.

**6, 7, 20** - A two-part class taught by Dr. Melissa Belanger called "Sleep Better Now" will be held from 11:30 a.m. to 12:30 p.m. Aug. 6 and 20 at Naval Health Clinic Hawaii, Makalapa Clinic classroom B. A class called "Take 20 Seconds to Relax" will be held from 11:30 a.m. to noon Aug. 7 in classroom B. Service members, their families and retirees are welcome to attend either class. FMI: 473-1880, ext. 2276.

**18, 19** -Visitors are invited to attend the free Pacific Aviation Museum Pearl Harbor's fifth "Biggest Little Airshow" from 10 a.m. to 4 p.m. This year, the airshow celebrates the Centennial of Marine Aviation and the Centennial of Women in Aviation. FMI: 441-1008 or www.PacificAviationMuseum.org

**At a glance**

Due to construction work being done on the building, the Navy Marine Corps Relief Society Thrift Shop has temporarily changed its hours. The thrift shop is only open on Thursdays and Fridays from 8 a.m. to 1 p.m. The shop will also be open the second Saturday of the month from 8 a.m. to 1 p.m. It will resume regular hours next spring when the project is expected to be completed. FMI: 473-0282.

South Avenue will be repaired and repaved from Port Royal Street to Nimitz Gate. Work began July 9 and is expected to be concluded in September. Drivers are expected to obey all warning signs and take extra caution while driving near road construction. FMI: Lt. j.g. Gil Barron at 341-2480 or email gilbert.barron@navy.mil.

The Department of the Interior has begun offering its free annual passes for national parks to active duty military and their dependents with ID cards. This promotion is in conjunction with the "Joining Forces" initiative. FMI <http://store.usgs.gov/pass/military.html>.

**Movie Showtimes**



**Prometheus (R)**

Ridley Scott, director of "Alien" and "Blade Runner," returns to the genre he helped define. With "Prometheus," he creates a groundbreaking mythology in which a team of explorers discover a clue to the origins of mankind on earth, leading them on a thrilling journey to the darkest corners of the universe. There they must fight a terrifying battle to save the future of the human race.

**SHARKEY MOVIE THEATER**

**TODAY**  
7:00 PM Snow White and the Huntsman (PG-13)

**SATURDAY**  
2:30 PM Madagascar 3: Europe's Most Wanted (PG)  
4:45 PM Men in Black 3 (PG-13)  
7:00 PM Prometheus (R)

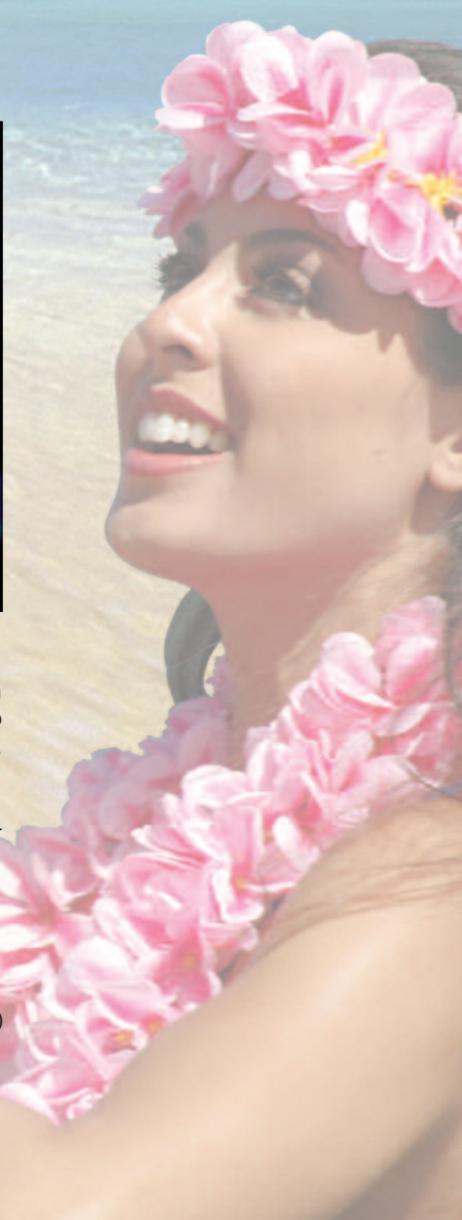
**SUNDAY**  
2:30 PM Madagascar 3: Europe's Most Wanted (PG)  
4:45 PM What to Expect When You're Expecting (PG-13)  
7:00 PM The Dictator (R)

**HICKAM MEMORIAL THEATER**

**TODAY**  
6:00 PM Madagascar 3: Europe's Most Wanted (PG)  
8:30 PM Prometheus (R)

**SATURDAY**  
4:00 PM Snow White and the Huntsman (PG-13)  
7:00 PM Prometheus (R)

**SUNDAY**  
2:00 PM Madagascar 3: Europe's Most Wanted (PG)



# Pearl Harbor Memorial Chapel holds vacation Bible school

Story and photos by  
Brandon Bosworth

Contributing Writer

Vacation Bible school kicked off July 16 at Pearl Harbor Memorial Chapel. The week-long session features activities involving art, drama, music and storytelling.

"It's perfect for parents who want their children involved in a spiritually-based activity," said Navy Lt. Richard Tiff, Chaplain Corps.

*"It's perfect for parents who want their children involved in a spiritually-based activity."*

- Lt. Richard Tiff



(Top) Stephanie Durazo tells Bible stories at Pearl Harbor Memorial Chapel. (Bottom left) Chaplain Sean Osborne and his wife Karen lead the children in a song. (Bottom right) Children learn crafts at vacation Bible school.

Every year features a different theme. This year, the theme is the undersea world with the motto "Go Deep with God." There are also different daily themes. For example, one day it was "dare to care," which stressed the importance of being helpful and responsible.

The low-cost Bible school is extremely popular, Tiff explained. "It takes about two weeks for all the slots to fill up," he added. There are roughly 180 children in the program, ranging in age from kindergarten to fifth grade. The older kids assume active leadership roles in helping the younger children.

Most of the people running the program are volunteers. Some are military spouses or family members, while others are active duty personnel. This

year, there are service members from the Navy, Air Force and Coast Guard working as volunteers while on leave.

One volunteer is Michelle Ragain, spouse of a Navy chaplain. "I

wanted my own children to be involved in vacation Bible school, so I stepped in to volunteer," she said. One thing that draws her to the program is its ecumenical nature. "I love the fact that there are Protestants and Catholics

working together." Vacation Bible school isn't just about fun activities for kids. The children also work to give back to the community. This year, they are collecting school supplies for a local elementary school

with high rates of poverty. As this year's Pearl Harbor Memorial Chapel vacation Bible school draws to a close, the Navy Chaplain Corps is already looking ahead to next year. And while the focus

will always be on the children, Tiff said he sees the program as part of something bigger. "It's for everyone, not just members of our chapel," he said. "We want to reach out to the whole community."

## Military children treated to a 'moo-ving' experience



Lani Moo from Meadow Gold and the Keebler Elf from the Acosta Company visited the Pearl Harbor Navy Exchange on July 14 to wish all the military children a great new school year. Meadow Gold sponsored the event, gave away nearly 600 passion orange guava ice cream floats to the children and provided coupons for milk, ice cream and juices to military families for the back-to-school season.

Photos by Stephanie Lau



## Earth tip: Attend Aug. 4 open house, 'unthirsty' plant sale

Rebecca Hommon

Navy Region Hawaii  
Environmental Counsel

Potable water can be saved for drinking and bathing purposes by using plants that need little water to flourish. Creating a particular zone of dry-loving plants allows water to be concentrated in other areas.

A free Xeriscape Fair will be held from 9 a.m. to 3:30 p.m. Aug. 4 in near-

by Halawa Valley at the state's Board of Water Supply Halawa Xeriscape Garden.

The event will feature an "unthirsty" plant sale, tours, free mulch, activities for children and food vendors.

Shuttles will be available on Iwaena Street to take guests to the end of the road at 99-1268 Iwaena St.

For more information, visit [www.boardofwatersupply.com](http://www.boardofwatersupply.com) or call 748-5041.

## Back-to-school means back to the doctor

Shari Lopatin

TriWest Health Care  
Alliance

That time of year is right around the corner: back-to-school madness. But when you're driving around to pick up new clothes and pencils, don't forget the most important stop for your child: the doctor's office.

The Centers for Disease Control and Prevention (CDC) recommends that most children be vaccinated against:

- tetanus
- diphtheria
- hepatitis B
- measles, mumps and rubella (all in one shot)

All of these diseases can cause serious health problems, and many schools won't allow children to attend unless they are current on their vaccinations.

TRICARE will cover all age-appropriate vaccinations, as recommended by the CDC. If you're not sure what the CDC recommends, visit [www.cdc.gov/vaccines](http://www.cdc.gov/vaccines).

Even though flu season is still a few months away, remember to begin planning for your child's seasonal flu shot. Nine out of 10 healthy people who get the shot don't get the flu. TRICARE covers these vaccinations, too.

Before visiting the doctor's office, remember to:

- Update DEERS: Always double check your information in DEERS and make sure everything is current—phone numbers, addresses, etc.
- Bring your military I.D. card. This will be used to confirm your TRICARE eligibility. And it's fine for the staff at the office copy it.
- Look up your health care provider's information on TriWest.com. If you haven't already, register for a secure TriWest.com account. Registered users can view all their primary care manager's information online.

For more healthy living tips, visit the TriWest Healthy Living Portal at [TriWest.com/HealthyLiving](http://TriWest.com/HealthyLiving).

## Protestant women's group to host Aug. 4 kickoff rally

Protestant Women of Chapel Pacific Region will host a kickoff rally from 9 to 11 a.m. Aug. 4 at Ka Makani Community Center at Joint Base Pearl Harbor-Hickam (JBPHH).

Protestant Women of the Chapel is a women's Bible study group that meets in the fall and spring of each year.

The kickoff celebration to launch the 2012-2013 sessions will include a special guest speaker, worship, fellowship, giveaways and refreshments.

Booths representing Aliamanu Military Reservation/Ft. Shafter, Tripler Army Medical Center, Schofield Barracks, Marine Corps Base Hawaii and JBPHH will be set up to share the vision and activities for each base. For more information, contact Laura Williams at [lauraservinghim2012@gmail.com](mailto:lauraservinghim2012@gmail.com).