

Life & Leisure

SAILORS BUILD HOUSING FOR FAMILIES IN NEED



MCSN Rose Forest

Navy Public Affairs Support Element West, Det. Hawaii

U.S. Navy Sailors and civilian contractors from Pearl Harbor Naval Shipyard at Joint Base Pearl Harbor-Hickam worked with volunteers for Habitat for Humanity on Sept. 21 to help build six new homes for families in Waimanalo.

"Team Shipyard" volunteered time on their day off to

build homes for those who lack adequate housing. Sailors volunteering their time in their local communities has traditionally been a way to help connect military members and the civilian population.

Normally Habitat for Humanity projects involve building one home at a time, but enough land and materials were donated and six homes are being built at once. All six families have worked on each other's homes, strengthening the bond between them and

forming a tight-knit community.

"The Pearl Harbor Naval Shipyard came together and donated \$2,000 to the Habitat for Humanity and we sponsored our own team-building day," said Electronics Technician 1st Class Allen Babcock. "Right now we have roughly 35-40 volunteers from the shipyard here volunteering their time."

Habitat for Humanity builds homes that are big enough to accommodate the size of the

family while helping them live within their means.

"We really wanted an opportunity to live within our means, raise our family, build our home and this will be the home we use for the rest of our lives and for future generations," said TJ Joseph, future homeowner.

Habitat for Humanity works to help people not only become homeowners, but home builders. Before construction starts on their home, they must first volunteer their time to build houses for other families and

then help in the construction of their own home.

"My husband and I feel like we are taking a step back to our grandparents who built the homes they lived in and embracing those values and traditions and bringing them into this day and era," Joseph said.

To date, this is the biggest project Habitat for Humanity Honolulu has undertaken, according to Genie Brown, executive director of Habitat for Humanity Honolulu.



(Above) Capt. Lawrence A. Scruggs, deputy commander, Pearl Harbor Naval Shipyard & Intermediate Maintenance Facility, hammers in a nail during a volunteer event hosted by Habitat for Humanity. (Above right) Warren Dang, an engineer from the Pearl Harbor Naval Shipyard at Joint Base Pearl Harbor-Hickam, observes as retired Cmdr. Paul Macri hammers in a nail.



(Above) Electronics Technician 1st Class Allen Babcock, assigned to the Pearl Harbor Naval Shipyard at Joint Base Pearl Harbor-Hickam, cuts a piece of wood during a volunteer event hosted by Habitat for Humanity. (Right) Capt. Lawrence A. Scruggs, deputy commander, Pearl Harbor Naval Shipyard & Intermediate Maintenance Facility, takes measurements.

Bridal bazaar held at NMCRS thrift store

Brandon Bosworth

Staff Writer

The Navy Marine Corps Relief Society (NMCRS) Pearl Harbor thrift shop held a bridal bazaar Sept. 25. The highlight of the bazaar was the 24 brand-new designer wedding gowns offered at discounted prices.

The gowns were donated to the thrift store while the store was undergoing renovations last year.

"We received a call asking if we wanted four boxes of new wedding dresses," said Lorna Keaunui, the thrift store's senior volunteer. "The donor was supposed to be opening a business, but it fell through and he brought them here."

Keaunui realized that having two dozen new wedding gowns presented a unique opportunity. She contacted Rear Adm. Rick Williams, commander of Navy Region Hawaii and Naval Surface Group Middle Pacific, and Capt. Sal Aguilera, Navy Region Hawaii/ Naval Surface Group Middle Pacific chaplain, and soon the ground-



U.S. Navy photo by MC2 Nardel Gervacio

Rear Adm. Rick Williams, commander, Navy Region Hawaii and Naval Surface Group Middle Pacific, along with a Navy and Marine Corps Relief Society (NMCRS) volunteer cut a cake officially starting the bridal bazaar held at the NMCRS thrift store.

work was put down for the bridal bazaar.

"We hope this event brings more visibility to the thrift store," Keaunui said. "It also gives patrons a chance to buy a new wedding dress for \$100 or \$150 instead of \$800 or \$1,500."

Sales of the gowns were

available to E-6 and below.

"This is a way to help out some of our enlisted during these tough fiscal times," Aguilera said. "One E-3 just bought a \$1,000 dress for \$100."

Volunteers from Naval Surface Group Middle Pacific (MIDPAC) mod-

eled the dresses.

Also on hand were a variety of vendors offering goods and services including photography, jewelry and health supplements. A mobile DJ provided entertainment. Information Systems Technician 2nd Class Jennifer Miller, MIDPAC,

found all of the vendors through social media and helped with most of the logistics for the bridal bazaar.

By the time the bridal bazaar came to an end, seven of the 24 bridal gowns had been sold.

The remainder will be

boxed and put in storage. However, patrons will have a second chance to purchase one in winter of 2014.

"We're going to repeat the bridal bazaar after the holidays," said Paul Belanger, director of NMCRS Pearl Harbor. "We are going to do it all over again."

La Jolla scores 20 unanswered points to defeat Jacksonville

Story and photo by Randy Dela Cruz

Sports Editor

USS La Jolla (SSN 701) Thundercats scored three straight touchdowns to break a 6-6 tie and went on to defeat USS Jacksonville (SSN 699), 26-18, on Sept. 21 in an Afloat Division flag football game at Ward Field, Joint Base Pearl Harbor-Hickam.

The game was the season-opener for La Jolla, while Jacksonville has started off 2013 with back-to-back losses.

"This feels great," said La Jolla quarterback Hospital Corpsman 1st Class Steve Reeves, who completed four passes for touchdowns. "We've been practicing twice a week. We go underway a lot, so when we get back, that's all we do. We've jelled as a team from the first practice. We're playing well."

On the Thundercats' first drive of the game, Reeves spread the ball around to four different receivers and completed five of seven passes in moving the chains 65 yards on eight plays for a touchdown.

The final toss traveled 12 yards and into the hands of Machinist's Mate Fireman Andrew Stanger for six points and the lead.

Not to be outdone by Reeves, Jacksonville QB Machinist's Mate 2nd Class Adam Zimmer marched his team back into the game on a seven-play drive to pay dirt that tied the score.



Hospital Corpsman 1st Class Steve Reeves goes up to intercept a pass, while Machinist's Mate Fireman Andrew Stanger prepares to back up his teammate in an Afloat Division football game between USS La Jolla (SSN 701) Thundercats and USS Jacksonville (SSN 699).

Zimmer rushed for 10 yards to pick up a first down and then proceeded to complete four passes before hooking up with Machinist's Mate 2nd Class (SS) Justin Cotler on a five-yard strike for six.

With the ball in his hands for the second time, Reeves was even more efficient in the team's second drive from its own 15.

This time the Thundercats signal caller needed only four plays to move his team 65 yards to get the go-ahead touchdown.

During the drive, Reeves completed passes for 10, 35 and 12 yards before finding Machinist's Mate 2nd Class William Famme in the end zone for the 12-6 advantage.

Although Zimmer appeared poised and set to retie the game, a big play by Stanger in the Thundercats secondary marked a huge swing in momentum.

After Zimmer quickly moved the offense into Thundercats territory on only two plays, Stanger stepped in front of Zimmer's next pass and intercepted it to give La Jolla the ball at their own 30.

Six plays later, Reeves completed a pass to Culinary Specialist Seaman Joshua McAlpine for 19 yards and a touchdown and an 18-6 lead going into halftime.

"That (interception by Stanger) was really important," Reeves admitted. "Obviously, that was a game changer. It stopped their momentum. It knocked down their confi-

dence and gave us confidence.

After intermission, Jacksonville tried to get back into the game and staged a long drive that placed the ball at the La Jolla 19.

However, on first down and goal, Zimmer got picked off for the second time in the game when Reeves grabbed the pass and returned it to the 28.

The interception led to an eight-play-scoring drive that ended on a 10-yard completion for six from Reeves to McAlpine.

La Jolla went on to add a two-point conversion to take a commanding 26-6 advantage.

Zimmer did manage to follow up with two scoring passes to Electronics Technician 3rd Class Trevor McGilvrey, but time ran out before Jacksonville could try for a tie.

"I got away from doing the things that we talked about in the beginning," Zimmer said about not keeping up with La Jolla. "We tried to make a comeback. We just needed another stop, but we didn't have enough time to do it."

Reeves, who had all day to look down field and make his throws, said that once Jacksonville went into a prevent defense he knew the game was in their hands.

"When they stopped rushing, they thought they could cover our guys with their extra guy, but that just allowed me to pick them apart," he said. "If I chose to run, I could do that as well."

JEMS holds its 26th annual job fair at JBPHH

Story and photo by
Brandon Bosworth

Staff Writer

The Joint Employment Management System (JEMS) held its 26th annual job fair Sept. 25 at Club Pearl, Joint Base Pearl Harbor-Hickam. Recruiters from many local businesses, mainland companies and government agencies were on hand, recruiting to fill job vacancies ranging from entry level to highly technical and professional positions.

Several hundred people showed up to see the offerings at this year's event.

"We're doing pretty well so far," said Susan Hodge, JEMS director. "We are on track to have about 900 job seekers."

While some of the com-



Job seekers attended the 26th Annual JEMS job fair held Sept. 25 at Club Pearl, Joint Base Pearl Harbor-Hickam.

panies already have connections with JEMS and post job openings on www.jemsjobs.com, others specifically seek them out when they have positions to fill.

"We have a good mix of companies here," Hodges said. "We have private companies as well as agencies who regularly attend, such as MWR and the NEX."

About 60 percent of those

attending the job fair are active duty military or retired. Most of those remaining are military spouses.

JEMS origins date back 26 years ago when local mil-

itary leaders realized service members and their family here in Hawaii needed assistance entering the job market. The initial goal was to help connect military spouses with local employers.

Today, JEMS is a family readiness initiative funded by Joint Base Pearl Harbor-Hickam to help active duty, retirees and family members find employment.

JEMS acts an advocate for job seekers from the military community and serves as a central point of contact for businesses to reach these job seekers.

In addition to the annual job fair, JEMS provides services and assistance to jobseekers through their website, www.jemsjobs.com. Registering with the website allows individuals to search for jobs by job title, company name, geographical area, job category, work status, and add date. There is also a resume builder and skills checklist.

To learn more about JEMS, visit www.jemsjobs.com.

324th IS climbs back up to top of summer league

Story and photo by
Randy Dela Cruz

Sports Editor

The 324th Intelligence Squadron (324 IS) scored two goals in the final five minutes to break a scoreless tie and defeat Pearl Harbor Naval Shipyard Futbol Club (PHNSY FC), 2-0, on Sept. 21 in a Summer Soccer League (SSL) game at Quick Field, Joint Base Pearl Harbor-Hickam.

The victory raised the 324 IS back into first place of the SSL after the team fell out of the top spot with a 1-0 loss at the hands of USS Cheyenne (SSN 773) two weeks ago.

Since losing their first game of the season, the 324 IS bounced back to beat then third-place 613th Air and Space Operation Center (613 AOC) and the PHNSY FC, which fell to second place after their defeat to the 324 IS.

With the playoffs scheduled for Sept. 28-29, the top-seed 324 IS will square off against the No. 8 seed USS Chafee (DDG 90) at 9 a.m., while the PHNSY FC will play USS Michael Murphy (DDG 112) at 11 a.m.

The championship game is scheduled for 1 p.m. on Sept. 29. All playoff games will be played at Quick Field.

"Right now, I don't think it matters if we're first, second or third," said Cryptologic Technician (Collection) 1st Class Matthew Kazuskas, who booted



Staff Sgt. Todd Barney, 324th Intelligence Squadron (324 IS), tracks down the ball during his team's Summer Soccer League game against Pearl Harbor Naval Shipyard Futbol Club (PHNSY FC).

in the first goal of the game against PHNSY FC. "I think the big thing is the end of the tournament. You can go into the tournament in last place and take the whole thing."

After playing well against three of the top four teams in the league over the past three weeks, Kazuskas said that the 324 IS just might be peaking at the right time.

Following a scoreless first half against the PHNSY FC, the game appeared headed for a 0-0 tie with only about five minutes remaining on the game clock.

However, just like they have done for the entire regular season, the 324 IS refused to give up and came up with a big shot when Kazuskas tapped in a stray ball to break the tie.

"I was watching the play and

saw the header come through," Kazuskas recalled. "I saw that I had a couple of seconds, so I composed myself, took a shot, it reflected off the keeper and went to the back of the net. It was definitely a lucky goal, but a goal is a goal and I'll take it."

Then with time running out, Fire Controlman 2nd Class Michael Farbridge-Currie put the icing on the cake by booting in a

straightaway shot for the team's second goal of the game.

"That was good because we were uncertain how much time was left," Kazuskas said. "To have that cushion is always nice."

Defense (DoD) civilian Moussa Niang, team captain of PHNSY FC, said that although it was disappointing to fall into second place on the very last day of the regular season, he pointed out that the team was not at full strength going into the game against the 324 IS.

After stating he expects at least a 90 percent turnout for the playoffs, he guaranteed that things would turn out different if the teams meet again.

"I wasn't too impressed with their (324 IS) speed," Niang said. "I lost all my defense for this week, so I had to just deal with what we had. It was a tough loss, but I wasn't too impressed. We had a chance to win it. We'll keep our heads up and meet them again in the playoffs. This was a wake-up call."

While Niang sounded secure about his team's chances in the postseason, Kazuskas was just as confident about his team's prospects of winning the whole thing.

"We got some new players the last couple of weeks, and we just play really well together," he said. "Everyone has played the game for a few years, we know what's going on. We're not out here just kicking the ball around, and we just mesh really well together."

Balanced attack helps Bushmasters beat Task Force 141

Story and photo by
Randy Dela Cruz

Sports Editor

Playing in his first game of the season, quarterback Capt. Christopher Curtis passed for three touchdowns, while teammate safety Airman 1st Class Nick Donley grabbed two interceptions to lead the 25th Air Support Operation Squadron (25 ASOS) Bushmasters to a 20-0 victory over Commander, Naval Surface Group Middle Pacific (CNSG MIDPAC) Task Force 141. The contest was played Sept. 24 in a Red Division intramural flag football game at Ward Field, Joint Base Pearl Harbor-Hickam.

Donley got his two picks in the first half with the second one leading to the Bushmasters first touchdown of the game with 15 seconds remaining before halftime.

The win evened the Bushmasters early-season record to 1-1, while Task Force 141 also finished up the game with a mark of 1-1.

"It's super important to get those first points in the game," said Curtis about taking a 6-0 advantage into halftime. "It built our confidence and I think after that score, we kind of relaxed and started doing our job a little bit better."

On the first couple of sets, Curtis struggled to find the

mark and was forced to give up the ball on downs inside of Task Force 141 territory.

However, after the second drive stalled on the Task Force 19-yard line, Donley recorded his second pick of the day to hand the ball back to Curtis for one final drive before intermission.

Armed with another chance, Curtis completed a long pass that put the ball on the Task Force 12.

Then, after two misfired passes, Curtis finally hit pay dirt when he found Staff Sgt. Seth Hunt all alone in the end zone for a touchdown and a 6-0 lead before halftime.

Down by six, Task Force took a chance on their opening drive in the second half and went for it on fourth and 17 to go for a first.

The gamble failed and Curtis, now warmed up, quickly took advantage of the short field.

Curtis needed only four plays before he found Senior Airman Graig Gabrielson for touchdown number two.

The Bushmasters then made good on their two-point-conversion attempt to take a 14-0 lead.

Another stop by the Bushmasters defense gave Curtis another short field at the team's own 30-yard line.

Again, the Bushmasters QB needed only four plays before hitting Hunt with the receiver's second touchdown of the game.



Staff Sgt. Seth Hunt keeps his eyes on the ball before hauling in a touchdown pass from quarterback Capt. Christopher Curtis to give the 25th Air Support Operation Squadron (25 ASOS) Bushmasters a 6-0 lead going into halftime.

"We changed our focus from medium-range to long-range throws to a short game and it seemed to work better for us," Curtis said.

"I missed the first week because I was recovering from a knee injury, so I kind of had to get into a rhythm. It just took awhile for me to adjust."

Curtis praised his defense for giving him the time to settle down and get things going on offense.

"The defense did a great job," he said. "The first week, we were blown out, so the defense went back to the drawing board and their preparation paid off."

Donley, who was a ball hawk from his safety position, said that after the team's first game, it was important for the defense to lock it down.

"We definitely need some work, but we had to step up," he acknowledged. "We were there to make plays."

After shutting out Task Force, Curtis said that he hopes this is the beginning of a long winning streak that takes the team into the playoffs.

The Bushmasters reached the semifinals last year and this season, Curtis said that the team wants more.

"I think we're going to continue to get better," he said. Last year, we just missed out on going to the championship game. Our goal is to get to the championship game and play to win."





Live the Great Life

Hickam Arts & Crafts Center strives to involve patrons in the world of art

Emily McNulty

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation



MWR Marketing photo

An MWR patron picked this piece and painted it in the pick & paint studio at the Hickam Arts & Crafts Center.

Crafts Center Gallery.

On Oct. 16, the center will host a gallery opening reception from 5:30 to 8:30 p.m. All submissions will be on display at the gallery from Oct. 16 to Jan. 16.

The fall craft fair will be held Nov. 9. Space is still available for vendors who make and sell handmade items. For more information on all the events and classes, visit www.greatlifehawaii.com or call 448-9907.

The Hickam Arts & Crafts center is now accepting entries for the Arts & Crafts Gallery Showcase. Artists in the military community are invited to submit their artwork, crafts and photography into one of two categories: artist-craftsman or photography.

Participants can enter a maximum of three entries per category. All submissions must be framed or wall ready to be displayed in the Hickam Arts &

Beginners can set sail at Rainbow Bay Marina

Helen Ko and Justin Hirai

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation offers beginner sailing lessons at the base to patrons 10 years of age and older.

The classes are limited to eight students per session, which allows the instructor to have more one-on-one time with each student. The classes are taught at Rainbow Bay Marina on Tuesdays and Thursdays.

During the first part of the lesson, a certified instructor goes over terminology and sailing techniques in a classroom setting, prepping participants for their on-the-water lesson. The action begins on the dock as participants get their chance to apply what they learned in the classroom on the water.

Seamus Murphy, who has been teaching sailing



MWR Marketing photo

Seamus Murphy, sailing instructor, teaches young patrons how to sail at Rainbow Bay Marina.

for eight years, and Kevin Burns are instructors for the beginners' sailing class at Rainbow Bay Marina. The beginners' sailing class is designed as a way for kids to build camaraderie while learning the basics

and safety of sailing. The instructors take the students approximately 2.5 miles out from the marina. "They learn personal leadership, confidence, life skills to use in other aspects in life. It's really

fun. Kids don't want the class to finish," Murphy said.

The next class is from Oct. 1 to 29 from noon to 2 p.m. or 3:30 to 5:30 p.m. For more information or to sign up, call 473-0279.

Your Weekly Fun with MWR

Visit www.greatlifehawaii.com or subscribe to MWR's digital magazine Great Life Hawaii.



Crud Tournament will be held from 6 to 10 p.m. tonight at the Hickam Officers' Club (Koa Lounge). Crud is a team game played on a billiards table with players using their hands instead of pool cues. Patrons of all branches and skill levels are welcome. FMI: 448-4608.

Chill & Grill and 9-Ball Tournament will be held from 6:30 to 8:30 p.m. tonight at Brews & Cues in the Club Pearl Complex. Participants must be age 18 years and older. FMI: 473-1743.

Chinatown Food & Historic Tour will be held from 8:45 a.m. to 12:45 p.m. Saturday departing from Information, Tickets and Travel (ITT)-Hickam Office. FMI: 448-2295.

Junior Golf Clinic will begin at 9 a.m. Saturday at Mamala Bay Golf Course. FMI:

449-2304 or 449-2305.

O! Skool Night will be held from 9 p.m. to 1 a.m. Saturday at JR Rockers Sports Café. DJ Doc J. and the Uptown Crew will spin the classic hits. FMI: 448-2271.

Bowled Over by Books is ongoing through Dec. 31 at the Hickam Library and Hickam Bowling Center. Youth in grades K-9 can sign up at the library to get their bookmark/stamp card. Every week that participants check out books, they get a stamp and a coupon for a free game of bowling at the Hickam Bowling Center. FMI: 449-8299 or 448-9959.

Winter Bowling League Signup is ongoing at the Hickam Bowling Center. Pau Hana League bowls on Mondays at 5:30 p.m. The

825 Invitational League bowls on Tuesdays at 6:30 p.m., and PACAF Mixed is on Thursdays at 7 p.m. Ball and Chain League is on Fridays at 6:30 p.m., and Youth Bowling is on Saturdays at 9:30 a.m. Leagues will start in October and November. Participants can register now at the Hickam Bowling Center. FMI: 448-9959.

Wood Shop Safety Class will be held from 4:30 to 7:30 p.m. every Saturday at the Hickam Arts & Crafts Center. The class is open to patrons ages 12 and older (ages 12-15 must be accompanied by an adult). This class emphasizes the proper and safe use of tools and equipment in the wood hobby shop. Participants should arrive 15 minutes prior to class to sign in. FMI: 448-9907.

Water Aerobics Classes will be held from 9

to 10 a.m. Mondays, Wednesdays and Fridays at Scott Pool and 9 to 10 a.m. Tuesdays and Thursdays at Hickam Pool 2. FMI: 473-0394 or 260-9736.

P.T. Outrigger Canoe Paddling will be held from 6:30 to 7:30 a.m. Tuesdays to Fridays, and from 11 a.m. to noon Wednesdays and Fridays at Rainbow Bay Marina. Active-duty command-sponsored groups can participate. FMI: 473-0279.

Recreational Outrigger Canoe Paddling will be held from 8:30 to 10:30 a.m. Wednesdays to Fridays at Rainbow Bay Marina. The activity is open to patrons age 10 years and older. It is open to all military spouses and family members, retired military personnel and authorized Department of Defense cardholders. FMI: 473-0279.

Morale Welfare & Recreation

HICKAM HISTORICAL TOUR

Tours of the former Hickam Field will be held from 9:30 a.m. to 1:30 p.m. on Fridays throughout the month of October. Participants will see the original buildings, scarred with bullet holes from the Dec. 7, 1941 attack and learn about its history. FMI: 448-2295.

LIBRARY KNOW-HOW

A free educational tour will begin at 2 p.m. Oct. 5 at the Hickam Library. The staff will demonstrate how to find e-books, audiobooks, music, online foreign language training, the Universal Class for online continuing education and the Dewey Decimal system. FMI: 449-8299.

LEARN TO STAND-UP PADDLEBOARD

Learn the basics of paddle boarding at 9:30 a.m. or 10:45 a.m. Oct. 5 at Outdoor Recreation-Hickam Harbor. Oct. 2 is the last day to register. FMI: 449-5215.

PRESCHOOL STORY TIME

Preschool story time will be held from 9 to 10 a.m. Oct. 9 at the Hickam Library. The theme will be "an elephant you'll never forget." FMI: 449-8299.

MONSTER MA' ŌĒ

The Hickam Arts & Crafts Center will offer Halloween-themed papier mâché class for children ages 5 through 12 years old from 2:30 to 4 p.m. on Wednesdays from Oct. 9 to 30. Participants can learn to sculpt and craft spooky monsters or create cute and cuddly critters. FMI: 448-9907.

AFTER-SCHOOL SAILING CAMP

Hickam Harbor Marina will hold an after-school sailing camp from 3 to 5 p.m. Tuesdays and Thursdays throughout the month of October. The camp offers introductory and intermediate sailing and is designed to help young sailors become more proficient. FMI: 449-5215.

HAWAII LANDSCAPE PAINTING

The Hickam Arts & Crafts Center is offering Hawaii landscape painting from 1:30 to 3:30 p.m. on Thursdays throughout the month of October. Students can learn to create landscape and seascape scenes using traditional painting techniques with acrylics on canvas. The course includes application, composition, color mixing and techniques. Knowing how to draw or paint is not required. FMI: 448-9907.

Community Calendar

SEPTEMBER

28 —Volunteers are invited to participate in the Joint Base Pearl Harbor-Hickam National Public Lands Day Outreach event. The event will include a beach and picnic area cleanup at Nimitz Beach in Kalaeloa. Assignments will be given out at 7:30 a.m., and the cleanup will be from 8:15 to 9:30 a.m. FMI: patricia.colemon@navy.mil or call 473-0369.

28 — Smithsonian Magazine Museum Day Live will be held from 9 a.m. to 5 p.m. at Pacific Aviation Museum Pearl Harbor. The event will feature free admission to the museum, which is a Smithsonian affiliate. Free tickets are available at <http://www.smithsonianmag.com/museumday/>. FMI: www.PacificAviationMuseum.org.

OCTOBER

1 — The City & County of Honolulu will hold the monthly statewide outdoor warning siren test at 11:45 a.m. The Joint Base Pearl Harbor-Hickam "Giant Voice" works in conjunction with Honolulu's outdoor warning sirens and will sound a steady tone for 45 seconds.

2 — A Home Front Hero Celebration will be held from 3 to 4 p.m. at Military and Family Support Center Hickam lanai, 655 Vickers Ave. building 1105. Children of individual augmentee (IA) Sailors/deployed Airmen are invited to an afternoon of fun and celebration. Members who have deployed, are temporary duty 90 days or more per year, or on a remote tour can recognize the support and sacrifices of America's young heroes. Single members can recognize the support of their nieces or nephews. FMI: 474-1999 or www.greatlifehawaii.com.

4 — The Armed Forces Communications and Electronics Association (AFCEA) 60th anniversary event will be held from 5:30 to 10 p.m. at the Honolulu Elks Lodge 616, 2933 Kalakaua Ave., Honolulu. Attendance is free to an AFCEA member plus one guest. The cost for additional guests is \$35, the price of a one-year membership. FMI: <http://afcea-hawaii.org> or jmuller@hp.com or 356-6406.

10 — The contributions and presence of Hispanic and Latino Americans in the United States will be recognized at an event from 10 to 11 a.m. at the Pearl Harbor Memorial Chapel. The event will include keynote speakers Joint Base Pearl Harbor-Hickam Command Master Chief Brian Ortega and retired Navy Capt. Steve Colon from Hunt Companies, Inc. FMI: Imelda Henry at 473-1810 or email imelda.henry@navy.mil.



PERCY JACKSON: SEA OF MONSTERS (PG)

Percy Jackson: Sea of Monsters continues the young demigod's epic journey to fulfill his destiny. To save their world, Percy and his friends must find the fabled and magical Golden Fleece. Embarking on a treacherous odyssey into the uncharted waters of the Sea of Monsters (known to humans as the Bermuda Triangle), they battle terrifying creatures, an army of zombies, and the ultimate Evil.

Movie Showtimes

SHARKEY THEATER

TODAY 9/20
7:00 PM Kick-Ass 2 (R)

SATURDAY 9/21
2:30 PM Planes (3D) (PG)
4:40 PM Mortal Instruments: City of Bones (PG 13)
7:30 PM We're the Millers (R)

SUNDAY 9/22
2:30 PM Planes (PG)
5:00 PM Percy Jackson: Sea of Monsters (3D) (PG)
7:00 PM Elysium (R)

THURSDAY 9/23
7:00 PM Jobs (PG 13)

HICKAM MEMORIAL THEATER

TODAY 9/20
6:00 PM Kick-Ass 2 (R)

SATURDAY 9/21
4:00 PM Planes (PG)
7:00 PM Elysium (R)

SUNDAY 9/22
2:00 PM Planes (PG)

THURSDAY 9/23
7:00 PM Kick-Ass 2 (R)



Some gave all, all gave some: 15th Wing Airman honors POW/MIA Day

Staff Sgt. Terri Paden

15th Wing Public Affairs

"Strong people are harder to kill, and more useful in general." (Mark Rippetoe). While this quote may resonate with Airmen in the 96th Airlift Refueling Squadron (ARS), for one Eagle in particular it's not only the motto by which he lives, it was also recently the inspiration behind what he calls his greatest physical challenge yet: a 100-mile remembrance run completed in 24 hours as a personal tribute to fallen service members and those held as prisoners of war or missing in action.

"The thought of that flag and what so many of our American heroes have pushed through made me want to challenge my personal limits," said Capt. Michael Kerschbaum, 96 ARS pilot, about his decision to take on the challenge.

"When I think about how hard former POW retired Capt. Guy Gruters and others like him had to fight to survive every day for five years, I think how small of a challenge it actually is for me to try to just do my best to honor him and all the POW/MIA service members and those killed in action," he said.

The idea, however, was not unheard of as Airmen from throughout the 15th Wing participate in a 24-hour run each year in honor of National POW/MIA Recognition Day. The twist came when Kerschbaum waved off the opportunity to do his part by running only one hour and pledged to run the entire 24.

He began his run at 6 a.m. on Sept. 19 and continued through the night until 6 a.m. Sept. 20, just before the start of the 15 Wing POW/MIA Recognition Day ceremony. Though falling a little short of his initial goal of 100 miles, he said he could not have been any prouder of the 65 he did complete



U.S. Air Force photo by Tech. Sgt. Jerome S. Tayborn
Capt. Michael Kerschbaum (left), 96th Airlift Refueling Squadron KC-135 pilot, leads the pack during a 24-hour prisoners of war/missing in action run held Sept. 19 at Earhart Field, Joint Base Pearl Harbor-Hickam.

and the amount of effort he gave over the 24 hours.

"Looking back at the event, I am absolutely thrilled with what I accomplished," said Kerschbaum. "Going in, I thought I would be able to run farther because I had run other long distance runs faster and easier. However, I had never run such long distances in weather that was even close to as hot and sunny as that day was, which really took a lot out of me. It felt like the hottest day of the year."

At the end of the day, Kerschbaum said it all came down to personal sacrifice and knowing he gave it his all.

"I may not have set a world

record, but I exceeded my personal record for the farthest I have ever run and I am proud of that," Kerschbaum explained.

In leading up to his big run, Kerschbaum said he prepared both physically and mentally for the challenge.

"I trained for this daily by using constantly varied, functional movements performed at high intensity," he said. "I lifted heavy things, ran hard and fast, jumped, pressed, flipped, walked on my hands, and any other activities I could think of."

Though he had previously completed six marathons, one 50K, one 100K and a number of

triathlons and CrossFit competitions, Kerschbaum said he knew this run would require extensive preparation because it was twice as long as any other competition he had completed before.

In addition to his physical preparations, he also began to mentally prepare for the task in front of him.

"My biggest act to prepare mentally was to make sure I would not be suffering alone in my challenge," he said.

"My biggest supporters were my wife Mai and my 11-month-old son Tatsuki who were there almost the entire time. I then sought out the help of my fellow brothers and sis-

ters from the 96th to help take turns running with me, keep me going, tell me stories or just spread some positive energy. There is no way I would have gone as far as I did without each and every one of them. There are too many to name but I hope everyone I ran with knows how much I appreciate what they did," Kerschbaum.

The members of the 96th who supported Kerschbaum and the remembrance run helped bring the total number of miles logged by the unit to 257.

As the hours wore past and his momentum continued to propel him forward, Kerschbaum said he kept his eye on the goal by continuously reminding himself of the sacrifices so many who served before him made.

"I had so many thoughts during those 24 hours," he said. "I think my most prevalent thought was the service members who we [the wing] were honoring with the run."

Reflecting back on the moment a few days later, Kerschbaum, who is still recovering from hip and knee pain after the run, said the experience reminds him of two important life lessons.

"The lessons to be learned from this experience are to keep pushing toward your goals, breaking down huge tasks into smaller manageable pieces if needed, and to make sure you're the friend who doesn't let your friends give up on their goals," he said.

"Staff Sgt. Jerome Jefferson was never going to let me run alone and fail, not because that was the easiest thing for him, but because he knew how bad I wanted it. Your friends do not let you miss out on your goals. They challenge you when you make decisions that do not align with your goal," he said.

(To read the complete article, visit the 15th Wing website www.15wing.af.mil/.)

myMC2 mobile app brings joint base information to your fingertips

Staff Sgt. Terri Paden

15th Wing Public Affairs Office

If you're wondering what's going on at Joint Base Pearl Harbor-Hickam (JBPHH), there's an app for that: myMC2, a mobile application that centralizes community events, organizations and services, is now keeping track of the goings on at JBPHH and is available for free on Android or iPhone technology.

"The myMC2 app allows our joint base family, friends and co-workers to have instantaneous access to social and local events that affect our people," said

Master Sgt. Ray Tuggle, 15th Wing knowledge operations management (KOM) non-commissioned officer in charge and JBPHH myMC2 project officer.

What's better, he said, is



U.S. Air Force photo by Master Sgt. Ray Tuggle

myMC2 will bring information right to people's fingertips via their smart phones or tablets rather than making them have to dig for it.

Though myMC2 is managed by the 15th Wing Public Affairs Office with 15th Wing KOM support, it will take effort from every unit on base to make the app as useful as possible. Private organizations and units who want to get informa-

tion out to the base or advertise events need look no further than Facebook. The program is set up to link information from Facebook calendar event pages and requires no more than the usual page maintenance and updates to keep the information on the app current.

"This app should eliminate the need to have to check so many places. In reality, the app is a real time saver! It combines information that I would normally have had to visit a number of websites to access," said 1st Lt. Jessica Colby, 15th Wing Public Affairs deputy.

For more information on how to set up a new unit Facebook page or to request your unit's page be added to JBPHH's myMC2 site, contact the 15 Wing Public Affairs Office at 449-1525.

(To read the complete article, visit the 15th Wing website www.15wing.af.mil/.)

MFSC announces upcoming classes to help Air Force, Navy personnel

The Joint Base Pearl Harbor-Hickam Military and Family Support Center (MFSC) offers a variety of free programs to help Air Force and Navy service members, their families and Department of Defense civilians to develop skills, improve relationships, and handle the military way of life.

The MFSC's goal is to maintain healthy individuals, strengthen families, prevent individual and family dysfunction, and facilitate overall self-sufficiency and personal, family and community wellness.

The MFSC is a joint Air Force and Navy service center that supports the military's operational readiness by providing a wide range of services and assistance to active duty service members, retirees and family members. This support positively impacts the quality of life for service members, retirees and their families.

Upcoming classes through MFSC include:

- Oct. 1, 10 a.m. to noon, Couples Class: Mastering the Art of Relationship Skills, at MFSC Pearl Harbor, 4827 Bougainville Drive. This relationship-enhancing class for couples will include information on communication skills, love languages, relationship stages and struggles, and understanding the differences in personality types.

- Oct. 2, 8 to 11 a.m., Pre-separation Briefing for U.S. Air Force only at MFSC Hickam, 655 Vickers Ave. building 1105. This mandatory counseling covers Veterans Administration benefits and entitlements, employment, education, medical, and community resources, among others.

- Oct. 3, 9 to 11 a.m., Acing the Interview, at MFSC Hickam. This workshop provides knowledge and skills training to help prepare you for an effective interview. It identifies various interview scenarios, different question types, how to prepare effective answers, what to bring, and how to dress for the interview.

- Oct. 3, 11:30 a.m. to 12:30 p.m., Single Parents Network, at MFSC Hickam. This group meets monthly for all Joint Base Pearl Harbor-Hickam single parents. The purpose is to provide an opportunity to network, identify common concerns, share ideas, and learn new information and skills on various parenting and personal issues as a single parent. All military, Department of Defense civilians and contractors are invited to attend.

- Oct. 4, 9 a.m. to noon, Company Recruitment: FBI, at MFSC Hickam. FBI agency representatives will be available to talk about the many career choices available and to discuss qualification requirements and hiring procedures.

For more information, call 474-1999 or visit the website www.greatlifeohawaii.com.

Navy Ball celebrations are set for Oct. 12

Lt. J.W. Rasnake

U.S. Pacific Fleet Public Affairs

The annual Navy officers and enlisted balls are set for Oct. 12 and will commemorate the Navy's 238th birthday.

The U.S. Navy traces its origins to the Continental Navy, which the Continental Congress established on Oct. 13, 1775. In 1972, then Chief of Naval Operations Adm. Elmo Zumwalt authorized the recognition of Oct. 13 as the Navy's birthday.

There are separate balls for officer and enlisted personnel.

The officer's ball will be held at the Hilton Hawaiian Village Coral Ballroom and be hosted by Adm. Cecil Haney, commander, U.S. Pacific Fleet. The guest speaker will be retired Navy Capt. Gerald Coffee, a former fighter pilot and survivor of seven years as a POW in North Vietnam. Music will be provided by the Pacific Fleet Band.

Officer's ball ticket prices vary by type of meal ordered and method of payment. Ticket sales for the officer's ball are available at <https://officers.ticketbud.com/hawaiinavyball>, or from the local command representative. Special package deals with the Hilton Hawaiian Village and childcare with the Child Development Center at Pearl Harbor are available.

The enlisted ball will be held at the Hickam Officers' Club. Pacific Fleet Master Chief Marco Ramirez will be the guest speaker.

The goal of the enlisted ball is to facilitate and encourage the attendance of junior service members, their families and foster a sense of pride in the Navy community.

Ticket prices for the enlisted ball are \$45 for E1 to E4 (GS1 to 4), \$50 for E5 to E6 (GS5), and \$55 for E7 and above (GS6 and above). Tickets for the enlisted ball can be purchased until Oct. 1 or until they are sold out.

More information on the enlisted Navy ball and ticket sales are available online at <http://www.navyballhawaii.com> or on Facebook at <https://www.facebook.com/PearlHarborNavyBall>.

Making Strides Against Breast Cancer event to be held Oct. 12

Brandon Bosworth

Staff Writer

The 2013 Making Strides Against Breast Cancer walk will take place from 7 to 11 a.m. Oct. 12 beginning at Richardson Field and proceeding to Ford Island, Joint Base Pearl Harbor-Hickam. This event is part of the American Cancer Society's nationwide series of walking events to raise funds and awareness to end breast cancer. Nationwide, more than 270 Making Strides walks occur each year, ranging in distance from 3 to 5 miles.

In 1984, cancer survivor Margery Gould Rath and a group of volunteers held the first Making Strides Against Cancer in Boston. The goal was to celebrate fellow cancer survivors by raising funds for the American Cancer Society. The first walk drew 200 participants and soon became a Boston tradition.

In 1993, the event officially became



U.S. Navy file photo by AG3 Vaughan Dill

Participants walk in last year's Making Strides Against Breast Cancer walk.

known as the American Cancer Society Making Strides Against Breast Cancer. Since then, more than 9 million cancer charity walkers across the country have raised more than \$528 million to help fight breast cancer through Making Strides events. In

2012 alone, walkers across the country collected \$68 million to help fight the disease.

For more information, visit the website www.MakingStridesHonolulu.org or email honolulustrides@can-cer.org.