

Life & Leisure

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SAILORS UNLEASH



U.S. Navy photos by MGSA Rose Forest

"WAREHOUSE OF TERROR"

Navy Public Affairs Support Element West, Det. Hawaii

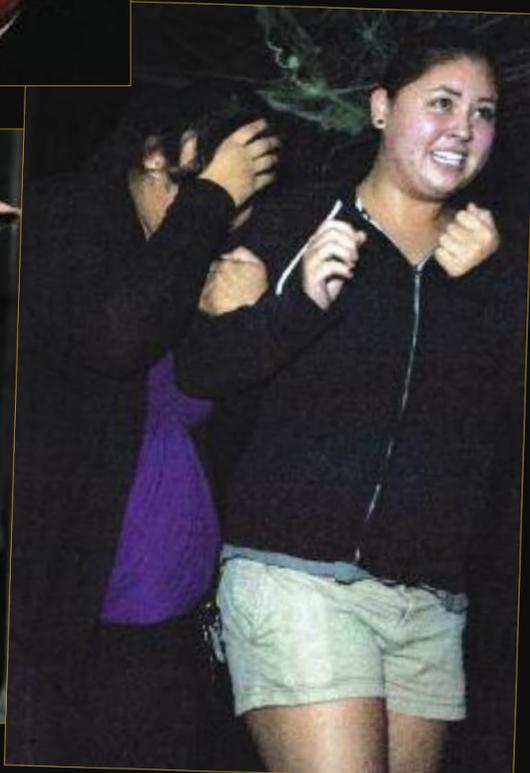
Sailors from various commands held a haunted house with the theme "Warehouse of Terror" from Oct. 17 to 26 at Joint Base Pearl Harbor-Hickam (JBPHH).

Service members, families and friends explored the haunted house located at the Pearl Harbor self help building 292.

The project was headed by the Seabee Second Class Association, which is a combination of Sailors from Navy Facilities Engineering Command (NAVFAC) Self Help and Construction Battalion Maintenance Unit (CBMU) 303.



Members of the Seabee Second Class Association, which is a combination of Sailors from Navy Facilities Engineering Command (NAVFAC) Self Help and Construction Battalion Maintenance Unit (CBMU) 303, participate in the "Warehouse of Terror," a haunted house attraction they built at Joint Base Pearl Harbor-Hickam.



Defending champs come back to defeat Hangar 5

Story and photo by Randy Dela Cruz

Sports Editor

Down 7-6 early in the second half, Commander, United States Pacific Fleet (COMPACFLT) Hot Boyz scored 18 straight points to earn a 24-7 win over Hangar 5 Juggernauts in a Blue Division intramural flag football game on Oct. 24 at Ward Field, Joint Base Pearl Harbor-Hickam.

The victory raised the Hot Boyz' record to 3-0, while Hangar 5 dropped their fourth game of the season against only one win.

While the teams' records coming into the matchup suggested a mismatch in favor of the defending champions COMPACFLT, Hangar 5 proved to be a tough opponent — especially in the early moments of the game.

COMPACFLT entered the red zone on their first two possessions but was forced to give up the football on both occasions.

Finally, after getting the football on the Hangar 5 39-yard line, returning COMPACFLT quarterback Operations Specialist 2nd Class Solomon Pulu hit Marine Sgt. J.R. Martin with a pass that placed the football on the eight before Pulu connected with Senior Airman Chris Austin for nine yards and a score.

The Juggernauts converted the point after touchdown to move ahead of COMPACFLT by a score of 7-6.

Trailing for the first time in the



Ensign Gennaro Hawkins, receiver for COMPACFLT Hot Boyz, leaps up to make a catch against the Hangar 5 defense in a Blue Division intramural flag football game.

on a 65-yard march that took 12 plays and finished with Juggernauts QB Airman 1st Class Ben Hofflun connecting with Senior Airman Chris Austin for nine yards and a score.

The Juggernauts converted the point after touchdown to move ahead of COMPACFLT by a score of 7-6.

Trailing for the first time in the

game, Pulu said that the one-point deficit proved to be a wake-up call for the Hot Boyz.

After getting the ball back, Pulu directed a 65-yard drive on only six plays before hooking with Martin for a 19-yard scoring pass and a 12-7 lead.

Then on the very next play, Pulu delivered on defense by picking off a pass from Hofflun that

placed the ball on the Juggernauts 22.

Two plays later, Pulu completed a pass to Navy Diver 1st Class Wayne Shearer for six more points and an 18-7 lead.

Following COMPACFLT's third touchdown of the game, Martin dashed any hopes of a comeback by the Juggernauts when he stepped in front of a

Hofflun pass and picked it off to set up the Hot Boyz near the Hangar 5 end zone.

Four plays later, Pulu rewarded Martin for his interception by connecting with the Marine sergeant for his second touchdown of the game and a 24-7 lead.

"When they scored on us, that kind of ticked us off," said Pulu about the team's three straight touchdowns. "Right after they scored on us, we came right back and scored on them. That kind of got us amped up to play even harder. So then we got a couple turnovers on defense and we converted those to touchdowns."

Austin said that after the Juggernauts took the lead, the team tried to switch things up to shut down the Hot Boyz offense.

Instead, Austin admitted, that the adjustments backfired and allowed COMPACFLT to take full control of the game.

"We got that early lead, and then we made a few changes on defense," Austin said. "We made some personnel changes that didn't work to our favor. They exploited that and they're a great team."

Pulu said that after winning the base championship last season, he expects teams around the league will be gunning for them.

As long as the team stays focused, Pulu said, then the Hot Boyz should be in the running to repeat.

"If we all jell together and we all communicate, we should be able to take it again," he said.

Lake Erie hands Paul Hamilton second loss of season

Story and photo by Randy Dela Cruz

Sports Editor

USS Lake Erie (CG 70) got two touchdown tosses from two different quarterbacks en route to a 21-0 victory over USS Paul Hamilton (DDG 60) Destroyers in an Afloat Division intramural flag football game Oct. 26 at Ward Field, Joint Base Pearl Harbor-Hickam.

With the win, Lake Erie leapfrogged past Paul Hamilton in the standings, which now finds Lake Erie in fourth place with a record of 3-1, while the Destroyers fell to fifth place with a record of 3-2.

"Overall, we were clicking on offense," said Gunner's Mate 2nd Class Jason Townsend, who was one of two Lake Erie quarterbacks who played against the Destroyers. "I thought we were able to get a lot of open looks and a lot of good clean passes. Our defense stepped up. They put a lot of pressure on the ball and got some turnovers."

In the first half, Lake Erie, under the direction of Townsend, took the opening snap from their own 15-yard line and proceeded on a long, methodical drive that covered 65 yards on 13 plays.

The final play resulted in an 18-yard scoring pass from Townsend to Cryptologic Technician (Technical) Seaman Matt Uselton for a 6-0 lead.

Lake Erie converted their point after touchdown (PAT) attempt to make it 7-0.

After both teams were forced to hand the ball over on downs, Paul Hamilton, with time running down in the half, got the ball on



Boatswain's Mate Seaman Deon Lester crosses the goal line after making a catch from quarterback Ensign Aaron Santiago to give USS Lake Erie (CG 70) a 14-0 lead over USS Paul Hamilton (DDG 60) Destroyers.

their own 30-yard line.

Hoping to tie the score before intermission, Paul Hamilton found the going tough against a Lake Erie defense that dug in to preserve the lead.

On the first two plays from the line of scrimmage, Paul Hamilton QB Gunner's Mate Seaman Jason Maynor suffered back-to-back sacks before he threw a pass that was picked off by Ensign Aaron Santiago.

Santiago, a former starting slot back for Naval Academy, returned the pick to the Paul

"That was a momentum swing. I think that basically broke their backs. It allowed our defense to step up and put more pressure and pretty much win the game for us."

—Gunner's Mate 2nd Class Jason Townsend

Hamilton 22 and then replaced Townsend as the team's signal caller.

On his first play at QB, Santiago took the snap, rolled to his left and tossed a pass into the

arms of Boatswain's Mate Seaman Deon Lester for six points.

Another converted PAT made it 14-0 at halftime.

"That was a momentum swing," Townsend said about the Santiago pick and pass. "I think that basically broke their backs. It allowed our defense to step up and put more pressure and pretty much win the game for us."

If that play didn't do in Paul Hamilton, then the next one certainly did.

Coming out of intermission, Maynor, on the team's first play from the 15, was picked off again by Santiago, who this time took it all the way to the house for the final touchdown of the game.

Maynor, who was forced to scramble out of the pocket for most of the game, said that, in the end, Lake Erie's overall speed and pressure just may have been too much for the Destroyers to handle.

"They had a real good front line and they were faster than us," Maynor admitted. "We had a few new linemen, too. So the only one with experience was the right tackle. That caused a lot of confusion."

While Maynor said that more practice should help him and his teammates get on the same page, Townsend, despite Lake Erie's impressive win, said that his team also has a lot of room to improve.

The key to Lake Erie's success this season will also be found on the practice field, Townsend said.

"We have a lot of athletes," Townsend pointed out. "What we haven't been able to do, due to our schedule, is practice. With practice, I think we're going to be a lot more competitive team."

Leptospirosis is a preventable infection common throughout Hawaii

Lt. Cmdr.
Michael Termini

Naval Health
Clinic Hawaii

Lt. Cmdr.
Tammy Servies

Navy Environmental
and Preventive
Medicine Unit 6

Living in Hawaii affords many military personnel, family members and visitors the opportunity to enjoy some of the most beautiful hiking trails in the country. Many of these trails offer scenic fresh waterfalls and inviting swimming ponds.

However, many of these freshwater ponds contain dangerous bacteria called leptospira. These bacteria cause a disease called leptospirosis. Each year, the Hawaii Department of Health (DOH) monitors reported cases of leptospirosis, and health officials are encouraging people to take preventive measures.

Historically, two-thirds of Hawaii's leptospirosis cases



Photos courtesy of Naval Health Clinic Hawaii

The disease leptospirosis is generally transmitted to humans by exposure to fresh water streams or ponds contaminated by infected animals. Signs warning of leptospirosis are posted at many popular freshwater spots throughout the island where known exposures occur.

occur during the warmer months, when there is increased outdoor activity and more people swim in these fresh water streams or ponds. Recently there has been an increase in cases. Most of the cases come from the Big Island, and it is believed that there are even more cases which do not get reported.

Of the cases reported on Oahu, most come from Maunawili Falls. Several active duty service members have been suspected of

having leptospirosis and have received care at Tripler Army Medical Center over the past several months.

These members became infected by swimming in fresh water ponds along popular Oahu hiking trails.

Leptospirosis is a bacterial disease that is primarily carried by rats and mice, although dogs, pigs, cattle and horses can also become infected. The disease is generally transmitted to humans by exposure to

fresh water streams or ponds contaminated with urine from infected animals. Infection can take place when contaminated water enters the body through the mouth, nose, eyes or open wounds.

Individuals who develop flu-like symptoms (high fever, severe headaches, muscle aches, nausea and vomiting) and have been exposed to fresh water streams, ponds or mud during the preceding three weeks should immediately

see a physician and inform them of any environmental exposures and skin wounds.

Left untreated, those infected may develop kidney, liver, blood and nervous system damage and in rare cases, death may occur.

To reduce the risk of contracting leptospirosis:

- Heed the signs warning of leptospirosis posted at many popular freshwater spots throughout the island where known exposures occur.
- Do not swim, wade or play

in fresh water or mud, especially when you have cuts or abrasions.

- When swimming in fresh water, do not place your head underwater.
- Do not drink stream water without boiling or chemically treating it first.
- Keep water catchment collection areas free from overhanging branches and prevent access to these by animals.
- Drain potentially contaminated areas of standing water.
- Control rats, mice and mongooses around the home and at work sites.
- Vaccinate pets and farm animals.

Enjoy the beautiful sites of the state of Hawaii, but be mindful of the ways to avoid becoming ill from this preventable disease.

For more information on leptospirosis, visit the Hawaii Department of Health website at <http://health.hawaii.gov/doc/d/dib/disease/leptospirosis> or the Centers for Disease Control at <http://www.cdc.gov/leptospirosis>.

Complete-game performance lifts JPAC to victory

Story and photo
by Randy Dela Cruz

Sports Editor

Quarterback Master Sgt. Rick June threw for two touchdowns and ran in for another, while the team's defense picked off three passes to lead Joint Prisoner of War/Missing in Action Accounting Command (JPAC) to a 20-0 win over the 25th Air Support Operation Squadron (25 ASOS) Bushmasters. The victory came in a Red Division intramural flag football game Oct. 29 at Ward Field, Joint Base Pearl Harbor-Hickam.

The win kept JPAC in the hunt for the division's top spot with a record of 6-0, while the Bushmasters had their three-game winning streak snapped and fell to 3-2.

In directing the offense, June was superb in leading a ball-controlling attack that ate up the clock and kept the ball away from a dangerous Bushmasters squad.

"That is always the game plan," June acknowledged. "Usually, once we go up about two touchdowns, we'll work on the basics - precision passes and route running. The plays that we do have, that's the time to work on those plays."

On the opening drive, June picked up seven, six and 11 yards on the three of the



Department of Defense civilian Adrain Peay leaps up in front of 25th Air Support Operation Squadron (25 ASOS) Bushmasters receiver Senior Airman Graig Gabrielson and picks off a pass.

offense's first four plays before converting a clutch fourth-and-one on the 39 to keep the march going.

Four plays later, June found Sgt. 1st Class Craig Prouty down the sideline for 13 yards and a touchdown to put JPAC up at 6-0.

After the touchdown, the teams exchanged the ball on downs before the Bushmasters started their second offensive series at their own 15.

On the first play, JPAC defensive back Sgt. Fred Pedro picked off a pass from 25 ASOS quarterback Capt. Christopher Curtis and returned the ball to the 21.

Later, June tossed a 25-yard pass to Staff Sgt. Andrew Smith for a touchdown and 12-0 lead before the converted point after touchdown (PAT) made it 13-0 just before halftime.

JPAC had one more opportunity to score after Department of Defense civilian Adrain Peay intercepted another pass from Curtis, but time ran out before JPAC could punch it in.

While JPAC failed to take advantage of Peay's pick in the first half, the team made up for it after Peay stole another pass from Curtis to start the second half.

With the ball in good field position at the Bushmaster's 30, June needed only four plays to strike pay dirt.

This time, June took it in all

by himself on a seven-yard scamper into the end zone.

June posted the final point of the game by converting the PAT on a keeper.

Although June should be credited for running an efficient offense that kept the chains moving forward, the JPAC quarterback said that he was most impressed by the team's defense, which shut down a tough Bushmasters offense.

"Our main focus is defense," he said. "If we don't let them score, then we don't lose the game. Our defense is our primary focus and tonight they were locked in."

Following the game, June said that while JPAC's undefeated record suggests perfection, the team has got a lot more work to do.

In order to beat a strong Bushmasters squad, June said that JPAC just might have played their best game to date.

"We did a lot of improvements this week," June pointed out. "In prior weeks, we had problems grabbing flags, we were getting penalties for talking, unsportsmanlike conduct, so we're trying to eliminate the penalties, secure the flags and make sure we prevent the big plays from happening. Every week, we should be getting better. That's what we're trying to do, that's our goal."

Joint base personnel build more than playgrounds

Story and photos by
SrA Christopher Stoltz

Joint Base Pearl Harbor-
Hickam Public Affairs

Although they could have spent the weekend relaxing and catching up on chores, nearly 60 Joint Base Pearl Harbor-Hickam Airmen and Sailors spent their weekend recently constructing a new playground for children attending the Holy Nativity School, located in Aina Haina.

The project to replace a more-than-60-year-old playground took five days to construct, but it has been in the works for more than a year.

Last fall, Tim Spurier, director of operations at Holy Nativity School, recognized the need for a new play structure and began a fundraising effort for a new one.

The school's goal was to create an inspired, unique, eco-friendly structure. The design process started with every student at Holy Nativity School drawing pictures of their ultimate playground, which were shared with a playground-construction firm to create the custom-designed, community-build playground for the school.

When it came time to actually construct the playground, Spurier knew the school would need some assistance. Little did he



Nearly 60 service members from Joint Base Pearl Harbor-Hickam recently volunteered to help replace a 60-year-old playground at the Holy Nativity School, located in Aina Haina.

know his expectations would be exceeded by personnel serving at Joint Base Pearl Harbor-Hickam.

"The military involvement is great," he said. "We have a few military children who attend our school, and one of the parents said he might be able to find some people to help with the build. I expected a handful, but the number of volunteers kept growing."

Spurier said the turnout was pleasantly surprising, given the fact the school is not close to joint base, and

drivers have to traverse through weekend traffic to get there.

"I was only expecting a few people to come out and help," he said. "But to have nearly 60 Air Force and Navy volunteers, it is a blessing. For everyone to spend their weekend making the children's ideas come to fruition is a perfect example of their selflessness."

Displaying the Air Force core value of "service before self," Air Force Senior Master Sgt. Jim Frithsen helped spread the word

about the build by disseminating the information to his peers and subordinates.

"We need a strong community to support us and our families," he said. "So when we get an opportunity to give back and serve the community, we rise to the challenge and come out and do the best we can to give back to the community that gives back to us."

Frithsen was not the only one who heard about the build though.

"I actually have a friend who is a teacher's assistant

here (Holy Nativity School), and she asked me if I knew anyone who could help," said Navy Diver 2nd Class Pierce Decker, Mobile and Diving Salvage Unit One. "She told me they would need assistance, especially when it came to doing some manual labor."

It turns out Decker did know a few people who could assist as he and 16 other members from Mobile and Diving Salvage Unit One

joined the effort to complete the build.

"It's mostly for the kids," he said. "It's a great chance to show them although we are stationed here temporarily, we still care about where we live and want to help out where possible. Helping out an elementary school by building a playground is a perfect example of that. We just hope they are happy with the completed product."



Navy Diver 2nd Class Pierce Decker, Mobile and Diving Salvage Unit One, uses a jackhammer to make room for supporting beams to help hold the new playground for the Holy Nativity School, located in Aina Haina.



Live the Great Life

Hickam Library offers variety of activities

The Hickam Library will feature upcoming activities and programs for all ages.

Patrons who are confused by e-books and audio books, or not sure where to look or what to read, may attend the library know-how session beginning at 11 a.m. Saturday. Patrons can learn how to find e-books, music and more on the computers or just browse for books. Parents can bring their children and sign them up for the summer reading program.

Kids can stop by the library at their leisure on Nov. 8 and create a square for the library's Thanksgiving quilt. The



MWR Marketing photo

Patrons learn how the computers can enhance their library experience during a library know-how class.

squares will represent "things we are thankful for" and will be displayed at the library through Thanksgiving.

The library will also feature Wii Wednesday on Nov. 6. Children ages 6 to 10 years old may stop by between 2 and 4 p.m. to play on the Wii game system.

For more information, call the library at 448-829.



MWR Marketing photo

Patrons shop at a recent MWR Super Garage Sale.

MWR Super Garage Sale to feature unique items

Joint Base Pearl Harbor-Hickam
Morale, Welfare and Recreation

The Joint Base Pearl Harbor Hickam Morale, Welfare and Recreation (MWR) Super Garage Sale will be held from 9 a.m. to noon Saturday at Richardson Field across from Aloha Stadium.

Parking is available at Rainbow Bay Marina and overflow parking at Aloha

Stadium for a minimal cost. No pets are authorized on the field or at the event. The event will include handmade crafts, clothes and other items.

"Our customers love the super garage sale, whether they are selling or buying. It's a hit every time," said Lara Katine, special events director. The next Super Garage Sale is Feb. 8 with registration opening up two months in advance. For more information, visit www.greatlife.hawaii.com.

Your Weekly Fun with MWR

Visit www.greatlifehawaii.com or subscribe to MWR's digital magazine Great Life Hawaii.



Hickam Historical Tour will be held from 9:30 a.m. to 1:30 p.m. today and Nov. 8, departing from Information, Tickets and Travel-Hickam. Due to the nature of this tour, it is not recommended for children under 6 years old. FMI: 448-2295.

Level 2 Sailing class can be taken from noon to 2 p.m. or 3:30 to 5:30 p.m. Wednesdays and Fridays today through Nov. 29 at Rainbow Bay Marina. The activity is open to patrons ages 10 years and older. The class is taught by a certified instructor and consists of classroom theory and on-the-water group instruction. FMI: 473-0279.

Warrior Friday will be held from 4:30 to 10 p.m. tonight at the Hickam Officers' Club Koa Lounge. FMI: 448-4608.

Pastel Landscapes class will be held from 5 to 7 p.m. Fridays, from today through Nov. 22 at the Hickam Arts & Crafts Center. Students will explore composition, value and color. FMI: 448-9907.

Youth Fitness Orientation Program will begin at 9 a.m. Saturday at the Hickam

Fitness Center. The program is open to patrons ages 10 to 14 years old. The orientation includes a facility tour, safety guidelines, a cardio equipment usage demonstration and a review of the rules and regulations. Youth must have a valid military ID card, be dressed in fitness attire, and must be accompanied by an adult to receive this orientation. FMI: 448-2214.

Adult Hand-Building with Clay will be held from 9 a.m. to noon on Saturdays from Nov. 2 to 23 at the Hickam Arts & Crafts Center. Participants will learn basic ceramic techniques such as pinch-pots and coil building. FMI: 448-9907.

Family/Group Sailing Instruction will be held from 9:30 a.m. to noon Saturdays on Nov. 2, 9, 16, 23 and 30 at Rainbow Bay Marina. This course offers a brief introduction to sailing, including an overview in the classroom, demonstration of rigging and some time on the water. FMI: 473-0279.

Portrait Drawing & Painting will be held from 11 a.m. to 1 p.m. Saturdays from Nov. 2 to 23 at the Hickam Arts & Crafts Center.

Students will learn steps and techniques for drawing portraits from subjects in real life and from photographs. FMI: 448-9907.

Beginning Origami will be held from 2:30 to 4:30 p.m. Saturdays from Nov. 2 to 30 at the Hickam Arts & Crafts Center. Students will learn the basics of the Japanese art of paper folding. FMI: 448-9907.

O'! Skool Nights will be held from 9 p.m. to 1 a.m. Nov. 2, Saturday, at JR Rockers Sports Café. DJ Doc J and the Uptown Crew will spin the classic hits. FMI: 448-2271.

Turkey Roll will be held from 10 a.m. to 4 p.m. Monday to Friday from Nov. 4 to 22 at Hickam Bowling Center. Patrons can earn one entry blank for every game bowled. A drawing for prizes will be held at 9 a.m. Nov. 23. FMI: 448-9959.

Dollar Fifty Monday will be held from 5 to 9 p.m. Nov. 4 at Naval Station Bowling Center. Shoe rental, a bowling game and a hot dog are \$1.50 each. FMI: 473-2574.

Hawaiian Quilted Pillow class will be held from 9 to 11 a.m. or 7 to 9 p.m. Tuesdays from Nov. 5 to 26 at the Hickam Arts & Crafts Center. Students will learn the "snowflake" method of cutting out a Hawaiian motif and the technique of needle-turn appliqué to apply the design to a background fabric. FMI: 448-9907.

Beginner Sailing is offered from noon to 2 p.m. or 3:30 to 5:30 p.m. Tuesdays and Thursdays, Nov. 5 to 26, at Rainbow Bay Marina. The class is open to patrons ages 10 years and older. The class is taught by a certified instructor and consists of classroom theory and on-the-water group instruction. FMI: 473-0279.

Morale Welfare & Recreation

WEIGHT TRAINING CLASS

Free weight training classes will be held from 9:30 to 10:30 a.m. on Tuesdays throughout the month of November at the Hickam Fitness Center. Participants can learn basic weightlifting techniques from the center staff. FMI: 448-2214.

FREE GOLF CLINIC

There will be a free golf clinic beginning at noon Nov. 7 at the Navy-Marine golf course. FMI: 471-0142.

YOUTH WINTER BASKETBALL REGISTRATION

Registration for youth baseball is now through Nov. 8. The season runs from December to March. Registration is open to youth ages 5-15. FMI: www.greatlifehawaii.com or call 473-0789.

SILLY SUPER HERO

The Hickam Arts & Crafts Center will hold classes on flipbook animation and cartoon drawing from 2:30 to 4 p.m. Wednesdays throughout the month of November. Students can practice facial expressions, develop scenery and learn about speech bubbles while making their own take-home comic books, complete with cover art. This class is open to ages 5-12 years old. FMI: 448-9907.

SHARKEY THEATER TWO-DOLLAR THURSDAY

On Thursday evenings throughout November, patrons can get nachos, a hot dog, a small drink or small popcorn for \$2 each at the Sharkey Theater snack bar. FMI: 473-0726.

KAYAKING CHINAMAN'S HAT

There will be a kayaking excursion to Chinaman's Hat that begins at 9 a.m. Nov. 9. Departures are from the Outdoor Adventure Center-Fleet Store. Transportation is provided. This trip can sometimes be moderate in the level of difficulty. The registration deadline is Nov. 6. FMI: 473-1198.

HICKAM FALL CRAFT FAIR

The 38th Annual Hickam Fall Craft Fair will be held from 9 a.m. to 3 p.m. Nov. 9 at the Hickam Arts & Crafts Center lawn. The fair features live entertainment, original handmade arts and crafts, food booths, horse rides and more. This free event is open to the public via Kuntz Gate or via public transportation on The Bus #19. FMI: 448-9907.

PRESCHOOL STORY TIME

Preschool story time will be held from 9 to 10 a.m. Nov. 13 at the Hickam Library. The theme will be "silly stories." FMI: 449-8299.

Community Calendar

NOVEMBER

TODAY — Naval Health Clinic Hawaii Health Promotions will hold the Santa 6 Pack, 6-week healthy lifestyle weight management program starting today. This program is open to all authorized patrons: active duty military and their families, Department of Defense employees and retirees. FMI: 471-2280.

TODAY — The City & County of Honolulu will conduct the monthly statewide outdoor warning siren test at 11:45 a.m. The Joint Base Pearl Harbor-Hickam "Giant Voice" works in conjunction with Honolulu's outdoor warning sirens and will sound a steady tone for 45 seconds.

SATURDAY — *Kapuaikaula Makahiki*, an ancient Hawaiian festival of Thanksgiving, will be held beginning at 9 a.m. at Hickam Harbor Beach. Guests can participate in ancient games of skill and learn about native Hawaiian culture and protocol. Families and children are welcome. The event is free and open to personnel with base access and their sponsored guests. FMI: 473-0662, 473-0369 or 471-1171, ext. 368.

SATURDAY — A free gospel extravaganza will be held beginning at 2 p.m. at the Schofield Barracks Main Post Chapel. The event will feature choirs from chapels across Oahu and gospel recording artist and worship leader Darlene McCoy. The chapel is located at 790 McCormack Road, building 790, behind the post exchange. FMI: Chaplain Lt. Col. Eric Jackson at pastorericj@gmail.com or call 655-9307.

NOW THROUGH NOV. 3 — The 735 Air Mobility Squadron Passenger Terminal will provide a free service to screen children's Halloween candy. The terminal staff will X-ray candy to ensure there aren't any hidden tricks in treats. Those who are interested in the service can stop by the AMC Passenger Terminal with the candy until 6 p.m. FMI: 449-6833, option 7.

NOW — Forest City pool hours have changed from summer schedule to normal hours of 10 a.m. to 6 p.m. This is for all Forest City pools: Halsey Terrace, Radford Terrace, McGrew Point, Moanalua Terrace, Hale Moku/Hokulani and Pearl City Peninsula. Forest City residents may use any of these pools. FMI: <https://www.facebook.com/fcnavyhawaii>.

13 — A grand reopening of the renovated mall will be held beginning at 8 a.m. at the Pearl Harbor Navy Exchange (NEX) mall rotunda. The event will include a performance by the Pacific Fleet Band, remarks by dignitaries and special guests and giveaways for customers. A cake cutting ceremony will follow. The event is for authorized NEX patrons. FMI: 423-3287.

**DON JON (R)**

Actor Joseph Gordon-Levitt makes his feature directorial debut with this funny yet earnest psychological comedy-drama about a womanizer named Jon Martello (Gordon-Levitt) who earns the nickname "Don Jon" for his ability to charm beautiful women, but remains unable to forge a meaningful connection with the opposite sex.

SHARKEY THEATER**TODAY 11/1**

7:00 PM The Family (R)

SATURDAY 11/2

2:30 PM Cloudy with a Chance of Meatballs 2 (PG)

4:50 PM Parkland (PG-13)

7:00 PM Gravity 3D (PG-13)

SUNDAY 11/5

2:30 PM Cloudy with a Chance of Meatballs 2 3D (PG)

4:40 pm Parkland (PG-13)

6:50 pm Gravity 3D (PG-13)

THURSDAY 11/7

7:00 PM Prisoners (R)

HICKAM MEMORIAL THEATER**TODAY 11/1**

6:00 PM Cloudy with a Chance of Meatballs 2 (PG)

SATURDAY 11/2

4:00 PM Cloudy with a Chance of Meatballs 2 (PG)

7:00 PM Don Jon (R)

SUNDAY 11/3

2:00 PM Cloudy with a Chance of Meatballs 2 (PG)

THURSDAY 11/7

7:00 PM Insidious Chapter 2 (PG-13)

Movie Showtimes



Sesame Street/USO Experience for Military Families tour coming Nov. 17

Story and photos courtesy of USO

The Sesame Street/USO Experience for Military Families tour will hold two shows, at 2 and 5 p.m., Nov. 17 at the Hickam Fitness Center Gym, Joint Base Pearl Harbor-Hickam.

The event will include characters from Sesame Street (specifically Elmo,

Grover, Cookie Monster, Rosita and Katie, a new military character designed exclusively for military families.)

The event features free admission for military families and their children, a mini-show and giveaways. The shows are for military ID holders and their guests.

Katie — a military child who, with the help of her

Sesame pals, learns to deal with her fears and excitement about relocating after her parent's deployment — is back and looking forward to seeing all of her friends overseas. Created exclusively for this tour, Katie was first introduced to military families in April 2011 by First Lady Michelle Obama and Jill Biden at a Joining Forces rally in

Columbus, Ohio.

Emphasizing the importance of adjusting to change and the power of friendship, this 30-minute character performance lets military youngsters know they are not alone and provides special giveaways and outreach materials to military families who attend.

"It is a privilege and an honor to say thank you to our

troops and their families 365 days a year. Our partnership with Sesame Street is one of the many ways the USO does this for our loved ones and we are thrilled to be celebrating five years of friendship," said Sloan Gibson, USO president. "Working together, we expand our reach and support in a very powerful and meaningful way for those who need us the most."

"Sesame Street has so much admiration and respect for our military families, we feel privileged to partner with our friends at the USO and be a part of this special event," said H. Melvin Ming, president and CEO, Sesame Workshop.

For more information, visit www.sesamestreet.org/TLC and www.greatlifehawaii.com.



Characters from Sesame Street will greet military families for two shows at 2 and 5 p.m. Nov. 17 at the Hickam Fitness Center Gym.

Complimentary advance movie screenings announced for Nov. 13, 19

Joint Base Pearl Harbor-Hickam Public Affairs

Complimentary advance screenings of the soon-to-be-released movie, "Delivery Man" (rated PG-13) will be held Nov. 13

at Consolidated Kahala 8 and Nov. 19 at Consolidated Ward 16. Both showings are at 7 p.m.

The screenings are open to military affiliated personnel of all ranks, including civilian employees on a first-come, first-served basis.

Those who do not have a "SeeItFirst Preview" account, will be asked to register for an account to reserve their seat.

If seats are available, a confirmation and online ticket, valid for up to two guests, will be registered.

Print the ticket and bring it to

the theater for entry. Do not go to the ticket window.

Seating is first come, first served. Military affiliated personnel should plan to arrive early before 6:30 p.m. At that time, the general public will be allowed to fill remaining seats. No one will

be admitted late.

Cell phones and other recording devices are not allowed in the theater.

For the Nov. 13 screening, visit the website <http://ow.ly/qj6c3> and for the Nov. 19 screening visit <http://ow.ly/qj67H>.

Veterans Day commemoration events planned

Events planned to commemorate Veterans Day include:

- Nov. 2, Kapaa Veterans Day Parade, with the Pacific Missile Range Facility commanding officer and Sailors participating.

- Nov. 11, 1 p.m., Hanapepe Veterans Cemetery, with the Pacific Missile Range Facility commanding officer participating in a wreath-laying ceremony.

- Nov. 11, 10 a.m., Wahiawa Veterans Day Parade will take place at California Avenue in Wahiawa.

- Nov. 11, 11 a.m., submarine veterans tribute at Submarine Memorial on Joint Base Pearl Harbor-Hickam. Sixty cadets from Radford High School NJROTC will participate. The guest speaker will be Rear Adm. Phillip Sawyer, commander Submarine Force, U.S. Pacific Fleet.

- Nov. 11, 1 p.m., Hawaii State Veterans Cemetery ceremony in Kaneohe. Pacific Air Forces is coordinating five commanders to participate in the wreath-laying ceremony.

- Nov. 11, 4:30 p.m. Battleship Missouri Memorial ceremony. The ceremony will pay tribute to the bravery, sacrifice and legacy of America's Nisei Soldiers of World War II.



DoD releases statement on use of OxyElite Pro

Naval Health Clinic Hawaii

The Department of Defense is advising all service members and their families to follow Centers for Disease Control and Prevention (CDC) and Food and Drug Administration (FDA) guidance to stop using any dietary supplement labeled OxyElite Pro.

The department is participating in an investigation with the CDC, FDA and

Hawaii Department of Health on the acute hepatitis and liver failure of individuals who may have taken OxyElite Pro.

As a precaution, the department has ordered the removal of all OxyElite Pro products from bases.

Service members and their families who believe they have been harmed by the use of this product should contact their health care provider.

Health care providers are

asked to report any adverse events related to the use of OxyElite Pro to the FDA's MedWatch Safety Information and Adverse Reporting Program at <http://ow.ly/qiIIS>

For more information,

visit the following websites:

- FDA guidance at <http://ow.ly/qiIkh>
- CDC guidance at <http://ow.ly/qiIpo>
- Navy and Marine Corps public health website at <http://ow.ly/qiIzk>