

USNS Mercy readies to support Philippines

U.S. Pacific Fleet Public Affairs

Adm. Harry B. Harris Jr., commander of the U.S. Pacific Fleet, directed the activation of the hospital ship USNS Mercy (T-AH 19) Nov. 13 to be ready to support ongoing disaster relief efforts in the Philippines in the wake of Typhoon Haiyan.

Berthed in San Diego, USNS Mercy has been in a reduced operating status, which is normal for a hospital ship. Harris' activation order accelerates Mercy's ability to attain full operating status to include moving necessary personnel and equipment to the ship.

If ordered to deploy, Mercy would get underway in the next several days and could arrive in the Philippines sometime in December, joining other U.S. Pacific Fleet units already supporting Operation Damayan.

On Nov. 11 Secretary of Defense Chuck Hagel ordered the aircraft carrier USS George Washington (CVN 73) and her escort ships to depart early from a liberty port in Hong Kong and make best possible speed for the Philippines.

George Washington, USS Antietam (CG 54), USS Cowpens (CG 63) and USNS Yukon (T-AO-202) will arrive off the coast of the Philippines the evening of Nov. 14 local time.

U.S. Pacific Fleet ships already operating in the Western Pacific were also immediately diverted. US



U.S. Navy photo by MC3 Michael Feddersen

In this file photo, USNS Mercy (T-AH 19) sits off the coast of Samar, Philippines, during U.S. Pacific Fleet's annual disaster preparedness response mission, Pacific Partnership, in July 2012.

Mustin (DDG 89), USS Lassen (DDG 82), USS Emory S. Land (AS 39), and USNS Bowditch (T-AGS 62) are now on station and coordinating with the Philippine government. The U.S. Navy also has P-3 maritime aircraft already supporting the disaster relief effort led by the Government of the

Philippines. The amphibious ships USS Ashland (LSD 48) and USS Germantown (LSD 42) are departing Sasebo, Japan, Nov. 14 local time. After picking up Marines, equipment and relief supplies in Okinawa, the two ships will arrive at the Philippines in approximate-

ly one week. USS McCampbell (DDG 85) and USNS Charles Drew (T-AKE 10) are also heading to the Philippines.

This collection of ships and their complement of aircraft, to include much-needed helicopters, will provide food and water, the capability to move relief supplies to

isolated areas, and to help move the badly injured for medical care.

The U.S. Navy persistently trains with numerous Pacific nations and military units, including the Armed Forces of the Philippines, to prepare for humanitarian assistance and disaster relief missions. In 2012,

Mercy participated in the annual Pacific Partnership mission, which included working with Philippine authorities in the vicinity of Tacloban, the area hardest hit by Typhoon Haiyan. Because of the long-standing partnership between the two nations, the U.S., working through the Philippine government, is able to rapidly respond with critically needed capabilities and supplies in times of crisis.

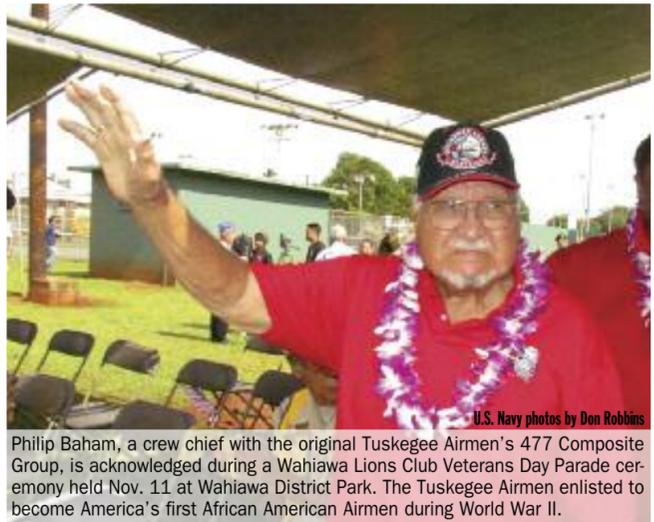
The role of U.S. military forces during any foreign humanitarian assistance event is to rapidly respond to host nations' requests for support to help mitigate human suffering, prevent further loss of life and mitigate property damage. The U.S. Navy-Marine Corps team has a particularly successful history of working with international relief organizations and host nations to respond to natural disasters.

Operation Damayan is part of the broader U.S. Government effort to support the Government of the Philippines' request for humanitarian assistance. This joint team effort includes coordination by the U.S. Department of State and U.S. Agency for International Development, in constant consultation with Philippine authorities. To date, Philippine and U.S. personnel have transported more than 107,000 pounds of relief supplies. For more news from Pacific Fleet, visit www.navy.mil/local/epf/.

Wahiawa community holds parade to honor veterans



Members of a joint service color guard march in the 67th Annual Wahiawa Lions Club Veterans Day Parade held Nov. 11.



Philip Baham, a crew chief with the original Tuskegee Airmen's 477 Composite Group, is acknowledged during a Wahiawa Lions Club Veterans Day Parade ceremony held Nov. 11 at Wahiawa District Park. The Tuskegee Airmen enlisted to become America's first African American Airmen during World War II.



Photo courtesy of Hickam Communities LLC

Hawaii Gov. Neil Abercrombie was among the special guests at a Hickam Communities' ceremony held Nov. 13 at Ka Makani Community Center at Joint Base Pearl Harbor-Hickam.

Lend Lease and U.S. Air Force complete \$800 million housing development project at JBPHH

Hickam Communities

Representatives from Lend Lease (US) Public Partnerships and the U.S. Air Force celebrated the completion of Hickam Communities' \$800 million community development at Ka Makani Community Center at Joint Base Pearl Harbor-Hickam (JBPHH) on Nov. 13.

Hickam Communities is now home to more than 2,400 Airmen and their families.

Hawaii Gov. Neil Abercrombie, who has been a strong supporter of the Military Housing Privatization Initiative (MHPI) since its inception, offered remarks during the ceremony.

Col. David Kirkendall, deputy commander at JBPHH, talked about the military's partnership with Hickam Communities.

"Our partnership with Hickam Communities has been a great source of pride for us when it comes to our families as well as important

Department of Defense initiatives at Joint Base Pearl Harbor-Hickam," Kirkendall said.

"The staff understands the unique challenges of our military families, and their efforts have provided us with vibrant communities staffed by a team truly dedicated to our military team."

"Hickam Communities has demonstrated tremendous support of our energy conservation goals throughout its development and ongoing management of our communities, from the implementation of renewable energy systems to creating energy awareness among our residents to encourage conservation," he said.

Selected to be the Air Force's preferred developer in Hawaii, Lend Lease designed and constructed more than 1,200 new homes and dozens of community amenities and renovated more than 1,000 existing homes.

It included undertaking one of the largest historic restoration and reha-

bilitation projects in the nation. Its Onizuka Village development was the first neighborhood on an Air Force installation to achieve 100 percent LEED-certified homes.

Sustainability initiatives were implemented throughout the development from the recycling and re-use of materials during demolition and renovations to energy-efficient home design and materials.

Hickam Communities also installed rooftop photovoltaic systems capable of generating up to 4MW of power, enough to offset CO2 emissions over its lifetime and the equivalent of taking approximately 23,000 cars off the road for a year.

Though initial community development is complete, renovation work and special projects at Hickam will continue in the coming years.

The 50-year agreement is expected to offer long-term employment and development opportunities to Hawaii residents for decades to come.



Harris lauds Nisei Soldiers at Veterans Day ceremony
See page A-2



What do you like about Hawaii that other people might not be aware of? See page A-3



Housing residents adjust to life with energy rate increase
See page A-6, A-7



We Will Never Forget Our Veterans
See pages A-3, A-4



A fair amount of fun
See page B-1



'Gobble' up the fun at JBPHH Thanksgiving events
See page B-3

Harris lauds Nisei Soldiers at Veterans Day ceremony

MC2 David Kolmel

U.S. Pacific Fleet
Public Affairs

Adm. Harry B. Harris Jr., commander of U.S. Pacific Fleet, commemorated Veterans Day during a sunset ceremony aboard the Battleship Missouri Memorial, thanking all Americans who served the nation in uniform.

"Our battles, our victories, indeed our very way of life, are owed not to great moments or important dates," Harris said. "They are owed to the actions and sacrifices of individual men and women who were willing to step into the breach for their country and for the cause of freedom."

"America is the country she is because of her heroes, past and present,"



U.S. Navy photo by MC3 Diana Quinlan

Adm. Harry B. Harris Jr., commander of U.S. Pacific Fleet, pays tribute in a Veterans Day ceremony at the Battleship Missouri Memorial to America's Nisei ("second-generation," U.S.-born Japanese American) soldiers who served in World War II.

Harris said.

The event paid special tribute to the Nisei — "second-generation," U.S.-born Japanese Americans—who

served during World War II in the Army's 100th Infantry Battalion, 442nd Regimental Combat Team, Military Intelligence

Service and the 1399th Engineer Construction Battalion.

With Nisei veterans in attendance onboard the

ship where World War II officially ended, the ceremony also signaled the opening of a Battleship Missouri Memorial special exhibit honoring Nisei service and exploits.

"I truly stand on the shoulders of giants," said Harris, the Navy's first Japanese-American four-star admiral.

"Despite injustice, these Japanese-Americans stood together for a truly American ideal. The many cultures resident in the immigrant experience share a common underpinning of honor, pride and perseverance that has added immeasurably to our strength as a nation. This is a powerful message and it speaks to us all, no matter our gender, religion or ethnicity."

"This is a powerful mes-

sage that speaks to our adversaries as well: We are in fact stronger, together," he said.

Harris also reflected on his parents' experiences in World War II.

"While my father was from Tennessee and wore the Navy uniform in World War II, my mother had a very different story," Harris said.

"She's Nihonjin, from Kobe, Japan. She lost her home, her school, many of her friends in air raids during the same war that her future husband was fighting. It was from her that I learned the concept of *giri*—duty—which is an important part of my heritage and of who I am."

"Today, our *giri*—our duty, our obligation—is to

See Nisei Soldiers, A-6

COMSUBPAC remembers the fallen on Veterans Day

Story and photo by
MC2 Steven Khor

Commander Submarine
Force U.S. Pacific Fleet
Public Affairs Office

Submarine veterans, active duty military and families and friends of the Pacific Submarine Force came together on Veterans Day to honor all Americans who have served in the military. The ceremony took place at the USS Parche Submarine Park and Memorial at Joint Base Pearl Harbor-Hickam.

With an emphasis on submarine veterans and the veterans of World War II, the ceremony's guest speaker, Rear Adm. Phillip Sawyer, commander of Submarine Force, U.S. Pacific Fleet,

spoke of honoring the fallen and thanking them for their service.

"Submarine veterans of World War II, we thank you for your courage, your honor, your commitment, your dedication, your victory. For as long as we Americans value our freedom, our liberty and our way of life, you will be remembered with honor and our deepest gratitude," said Sawyer.

"For what you sacrificed and what you achieved — ordinary men who triumphed in an extraordinary struggle — you are indeed the stuff of legends."

The ceremony included a posting of the 50 state flags by the Radford High School Naval Junior Reserve Officers Training Corps, post-

ings of the colors by the National Sojourners, tolling of the bells for submarines and submariners that have been lost, and a wreath presentation by the Bowfin Base, Pearl Harbor U.S. Submarine Veterans, a special lei presentation in honor of Hawaii's state submarine, USS Growler (SSN 215), and a three-gun volley by the Joint Base Pearl Harbor-Hickam Ceremonial Guard.

Other's in attendance included the Pacific Fleet Submarine Memorial Association, U.S. Submarine League, Aloha Chapter, and the Pearl Harbor Submarine Officers' Spouses Association.

Sawyer said following World War II, the nation's sons and daughters bravely

See COMSUBPAC, A-6



Rear Adm. Phillip Sawyer, commander Submarine Force, U.S. Pacific Fleet, speaks to submarine veterans, active duty military, families and friends at a Veterans Day ceremony held Nov. 11 at Joint Base Pearl Harbor-Hickam.

Commentary

Thanks to you, we will never forget our veterans

Rear Adm.
Rick Williams

Commander, Navy Region
Hawaii and Naval Surface
Group Middle Pacific

Millions of Americans quietly reflected this past weekend, grateful for the service of veterans past and present. Here in the islands, thousands attended events at Punchbowl, Waiawa, Hanapepe, Waikiki and at the joint base, among other places.

Americans in and out of uniform remembered and paid tribute during Veterans Day events.

U.S. Representative Tulsi Gabbard of Hawaii spoke at Punchbowl about the debt



Rear Adm. Rick Williams

placed flowers at gravesites and made it a point to thank service members and veterans for their service and sacrifice.

On Kauai, Mayor Carvalho joined with 150 participants at the Kauai Veterans Cemetery in Hanapepe and expressed his appreciation to veterans and their loved ones. The mayor called for a celebration of the joy of freedom matched with a commitment to remember "the great price for that freedom."

Rear Adm. Phil Sawyer, Commander, Submarine Force, U.S. Pacific Fleet, spoke at a ceremony honoring submarine veterans at the Submarine Memorial at Joint Base Pearl

Harbor-Hickam.

Marches, parades and quiet services were held around Oahu and the day was capped with an inspiring sunset ceremony sponsored by the USS Missouri Association aboard the battleship, in which Commander, U.S. Pacific Fleet Adm. Harry B. Harris gave keynote remarks, speaking of the ideals of honor, pride and perseverance.

Adm. Harris spoke about our duty — our obligation — to remember the legacy of our veterans now and forever. Here in Hawaii, where we are at the center of Pacific Fleet's lead in rebalancing to the Pacific, we are also at the center of

the Navy's history, especially over the past century.

Next month we will host the 72nd Dec. 7 commemoration at the Pearl Harbor Visitor Center. Adm. Harris will speak at the event, as will Secretary of the American Battle Monuments Commission Max Cleland, former U.S. senator.

A wounded warrior from Vietnam, Cleland has said, "Wars are not over when the shooting stops. They live on in the lives of those who fight them ... No, the soldier never forgets. But neither should the rest of us."

Because of various leaders and officials here in Hawaii — at cemeteries,

memorials and other venues — we demonstrate our resolution to never forget our veterans and their sacrifice.

In turn, we salute Veterans Day event planners and organizers at the Battleship Missouri Memorial; at Punchbowl; in Hanapepe, Kauai; at the USS Parche Submarine Park and Memorial; and at many other locations throughout the state.

We appreciate the strong support from the Navy League, other local business leaders, and neighbors in our communities who go out of their way to support our military and our veterans. *Mahalo nui loa!*

Diverse Views



What do you like about Hawaii that other people might not be aware of, or that you might appreciate more than others do?



Master Sgt. Tekiela Gallagher
647th Force Support Squadron

"The ability to walk out of your office and step into instant paradise. The smell of fresh flowers, the look of the blue sky and palm trees and rainbows. Automatic de-stressor on those hard days at work."

Becky Hommon
Navy Region Hawaii
Environmental Counsel



"As a white woman, I enjoy being a minority. It's taught me a lot of things and improved my ability to get along with people."



Senior Airman Jacob Stowe
JBPHH Honor Guard

"The rich military history and the impact this island had on our nation and the world."

Ernest Sustaita
Safety Specialist, PMRF



"I think many tourists are not aware of how strong family life is in Hawaii. 'Ohana' is family in Hawaiian. It starts at the very beginning with a child's first birthday. This is a major event. Locals here take the first birthday celebration to a whole new level with extended gatherings. Family events in Hawaii are special."



Boatswain's Mate 1st Class
(SW/AW) Omar Navarro
Navy Region Hawaii

"Spicy poke [a Hawaiian delicacy usually made of raw fish] from the Navy commissary. That stuff is delicious!"

Peter Newton
15th Aircraft Maintenance Squadron



"The variety of food! Since Hawaii is a melting pot of many cultures, the food that you get to try can be surmised as an international experience in the pocket of paradise."



Maj. Amanda Werkheiser
HQ PACAF

"All the outdoor activities. Between the hiking, surfing, and other sports, there is a great culture of being outside and spending time with our families. I can't wait for the next weekend to try something new."

Marc Makekau
Navy Region Hawaii



"Hawaii is truly a 'melting pot' of people, cultures and language. The beauty of Hawaii has always been our ability to take our different backgrounds and combine them in our foods, celebrations and aloha spirit. The true paradise is not at the beach or in the weather, but is found in our unique cultural identity."



Lt. Cmdr. Brian N. Carroll
Navy Region Hawaii

"The aloha! It's difficult to describe, but it's the everyday life, the kindness and the friendliness that Hawaii citizens show to each other—that my neighbors drop off huge bags of mangoes at my door steps ... love that!"

Provided by Brandon Bosworth and
David D. Underwood Jr.

Want to see your command featured in Diverse Views?
Got opinions to share?

Drop us a line at editor@hookelenews.com or karen.spangler@navy.mil

Commentary

The changing face of the veteran: From the past to the future

Col. Johnny Roscoe

Commander, 15th Wing



Col. Johnny Roscoe

America has evolved and so, too, will the veterans of the future embody a new reality that will differ greatly from those just a generation past.

The veterans of the future will come from a much more diverse background and be composed of a wider swath of government service than in the past. These changes are due not only to demographics, but also in terms of roles and responsibilities within the military structure.

We have evolved as a military fighting force, and the citizen's Air Force within which we now operate is composed of civilians, contractors and Guardsmen in addition to active duty Airmen.

On many levels it is impossible to distinguish the activities of one category

ners overlap to the point that we have become a single symbiotic organism.

Likewise, not only is the military a representative of American society, America has become a reflection of generations of veterans who have protected our nation as it matured into a beacon of democracy.

Lessons learned in uniform and in the crucible of combat often defined countless veterans who have gone forward to achieve great things in all walks of life, from politics and business to sports and entertainment.

America would not be America without the sacrifices by millions upon millions of veterans who have stood as our nation's shield in times of war and in times of peace.

Some veterans' stories have been immortalized on film for deeds of heroism that seem superhuman, and others quietly performed

less grandiose actions that were indispensable nonetheless.

Some were heroes to millions; others have only been seen as a hero in the eyes of their children, but all have one thing in common: They served.

Here in Hawaii, and especially at Joint Base Pearl Harbor-Hickam, veterans have a special connection with American history, and the community at large is vividly aware of the perils of military service.

However, though the veterans of World War II are frequently at the forefront of recollection locally during Veterans Day, it is important to remember the service of all veterans—those who served in uniform and those who served in civilian clothing.

Take the time to thank our vets while they are still here. Listen to their stories, though some are told louder by their silence.

Admiral served U.S. Navy with distinction

Rear Adm. Joseph J. Clark, commander of Carrier Division Four, is seen here on the bridge of USS Philippine Sea (CV-47) Feb. 21, 1949, during operations in the Mediterranean Sea. Clark was the first Native American graduate of the U.S. Naval Academy in 1917, and was the first Native American to later attain the rank of full admiral. November is American Indian and Alaska Native Heritage Month.



Official U.S. Navy photograph, National Archives

HO'okele

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Commentary

My father's father: A short story of one veteran who served

Maj. Ben Sakrisson

15th Wing Public Affairs

It is hard to tell who is a veteran just by looking at someone on the street. Some people wear clothing that proudly displays their military affiliation; others carry the torch silently, without a word.

I never knew that my grandfather was a veteran until I returned home after my first Air Force assign-

ment in Okinawa.

Upon first seeing me, my grandfather said, "You must be glad to be home to American girls."

I didn't really know what to say or really even how to respond. I had never said one cuss word around him my whole life and definitely never willfully entered the moral conversation that would surely ensue if I talked about dating.

Instead, I stood there a bit speechless as he contin-

ued, "Did you ever see Iejima island? It was right across the water from where we were over there."

It took a minute and a few more questions to piece together that "where we were" neglected to say, as part of the Pacific island-hopping campaign during World War II.

Sure, he was about the right age, but certainly he would have said something before?

I had never even consid-

ered the possibility that my soft-spoken grandfather who spent his life dedicated to the church as a minister had ever served in the military.

We spent the next couple hours talking about his experiences as a radio operator for the Army-Air Corps during the war.

He talked about being shot at by snipers while in the chow line and waiting in Okinawa for the order to come to invade the

Japanese mainland.

And then in a flash the atomic bombs ended the war with Japan and the order to invade never came.

As he waited on Okinawa, he listened on the radio as the frightened pilot of an aircraft carrying an envoy of a surrendering Japan encountered American aircraft and excitedly asked, "There's P-51s! What do I do? What do I do?"

After what seemed like

an eternity, they were finally given the order to return home, only to be crushed by a tropical storm while aboard troop carrier ships and forced to return to land with nearly everyone aboard violently seasick.

Eventually he did return to America and he began a life far removed from the military, but I have never seen him appear as young as when he talked about his time in the Pacific.

Lake Erie hosts Bangladesh navy

Ensign Natalie Schimelpfenig

USS Lake Erie (CG 70) Public Affairs

USS Lake Erie (CG 70) hosted sailors from the Bangladesh (BN) navy ship BNS Somudra Joy (F 28) for a tour of the ship on Nov. 8.

Lt. Cmdr. Raphael Castillejo, executive officer of Lake Erie, provided a personalized tour with a focus

on junior officer and enlisted Sailor career progression, ship operations and Lake Erie's advanced capabilities.

"Their excitement to operate in the Hawaiian waters and enjoy liberty ashore was both genuine and well deserved," Castillejo said. "The tour aboard Lake Erie stimulated a productive discussion highlighting our common interests afloat—with a few sea stories, I'm sure.

With the Bangladesh navy's capabilities expanding, they are focusing more on warfare proficiency. Of interest to the Bangladeshi sailors was the Navy's electronic navigation and many "advanced combat capabilities" as found on the multi-mission capable Ticonderoga-class cruiser.

USS Lake Erie, with a crew of 352 Sailors, is commanded by Capt. John S. Banigan.



U.S. Navy photo by Ensign Austin

Lt. j.g. Lee Glisan, training officer for USS Lake Erie (CG 70), explains to Bangladesh sailors how the ship's bridge watch team effectively navigates in the Hawaiian operating area. The Bangladesh sailors from the BNS Somudra Joy (F 28) toured the ship Nov. 8.

A celebration of culture



U.S. Navy photo by MCSA Rose Forest

Members of the Honolulu Pow Wow Association pose for a photo Nov. 13 at Bloch Arena at Joint Base Pearl Harbor-Hickam. November celebrates the cultures, histories and traditions of the indigenous peoples of North America, including parts of Alaska and the island state of Hawaii, and recognizes the significant contributions these first Americans made to the establishment and growth of the United States.

Pearl Harbor-Hickam *Highlights*



U.S. Navy Photo by MC2 Steven Khor
Radford High School's Naval Junior Reserve Officers Training Corps post the 50 state flags at a Veterans Day ceremony Nov. 11 at Joint Base Pearl Harbor Hickam honoring veterans, and which paid a special tribute to submariners who made the ultimate sacrifice for freedom.



U.S. Navy photo by MC2 Steven Khor
Retired submarine veteran Ken Joyner participates in a tolling of the bell and wreath presentation at a Veterans Day ceremony held Nov. 11 at Joint Base Pearl Harbor-Hickam. The tolling of the bell and wreath presentation recognized and paid special tribute to the boats and men of the United States Submarine Navy lost during World War II.



U.S. Navy photo by Pedro Valdez
Rear Adm. Rick Williams, commander of Navy Region Hawaii and Naval Surface Group Middle Pacific, meets with Capt. H. Karim Kinslu from the Bangladesh navy ship (BNS) Somudra Joy (F 28) during the ship's visit to Joint Base Pearl Harbor-Hickam. Somudra Joy arrived Nov. 7 and invited Department of Defense CAD cardholders and sponsored guests to tour the ship. Somudra Joy was formerly the USCG Jarvis. USS Chafee (DDG 90) was the host ship.

Boatswain's Mate 2nd Class Jovita Gushoney, stationed aboard the guided-missile destroyer USS Chaffe (DDG 90), handles a mooring line as the Bangladesh navy ship (BNS) Somudra Joy (F 28) arrives at Joint Base Pearl Harbor-Hickam for a scheduled port visit.

U.S. Navy photo by MCSN Johans Chavarro



(Left and below) The Bangladesh navy ship (BNS) Somudra Joy (F 28) arrives at Joint Base Pearl Harbor-Hickam for a scheduled port visit.

U.S. Navy photos by MCSA Rose Forest



Residents adjust to energy rate changes

Lt. j.g. Eric Galassi

Navy Region Hawaii
Public Affairs

With the introduction of the electricity rate increase for Forest City residents earlier this month, families have learned to adjust their habits to minimize utility usage.

For Boatswain's Mate 1st Class Omar Navarro, this required a greater focus on the energy consumption of his family. "I've had to pay more attention to the electricity bill, as far as looking at usage, pretty much on a daily basis," said Navarro.

Starting Oct. 1, a rate increase of 123 percent was implemented for all Naval Facilities Engineering Command Hawaii energy customers, including residents of Forest City under the Resident Energy Conservation Program (RECP). Residents affected by this higher electricity rate are compared to "like-type" units within a 10 percent buffer above and below the average energy consumption levels.

Residents whose energy usage is higher than 10 percent above the average of their like-type group (LTG) are charged for the extra electricity, while those who use greater than 10 percent below the average receive a rebate.

Forest City residents are not alone in this new electricity rate structure. Other Department of Defense communities in

Hawaii are also affected by new rates on power consumption.

For some customers, this has required some changes in lifestyle to adapt to the new system. "Before, I was above the buffer pretty much on an average basis," said Navarro, "But last month, I was actually five dollars below. I'm pretty happy about that."

When asked about how usage compared before and after the rate increase, Navarro answered, "I've seen a big difference, especially coming from San Diego, where you ran the air conditioner 24 hours and it didn't really matter."

While aware of his family's power bill after moving to Hawaii, he has become more mindful of it since the announcement of the rate increase, Navarro explained that since the rate increase he and his family now buy groceries more frequently but in smaller quantities to lower the power consumption of the refrigerator.

"I'd rather come to the commissary, shop for food while it's still fresh, and save myself the space so the refrigerator's not running so high," he continued.

Adjustments such as this may have altered the way residents live their lives. However, by minimizing the use of less necessary appliances, Navarro found that he could use other appliances more for the comfort of his family.

"I turned off the water heater. The water's hot

already during the day," he explained, "That allowed me to turn on the air conditioner for a good number of days."

Navarro also mentioned that he has found other ways to save energy. "Instead of using hot water, I use high energy cold water detergents, and now I don't have to use hot water for clothes. I keep using cold water and that's saved me a lot more," Navarro said.

He remembered living in Antioch, Calif. several years ago. "They went through so many rolling blackouts. At 1700 we would lose power, and we wouldn't get power back until 0500. Having to go through this, what would we do? We'd go to Wal-Mart. We'd use the air conditioning there, and now what? We could go to the pool," he said.

Residents are choosing various methods to lower their power consumption.

While the rate increase and new system of comparing Forest City residents within the buffer of the LTG average has led to some adaptations, Navarro has found that it has not caused a great deal of inconvenience for his family.

With increased awareness of electricity use and some altered habits, the same quality of life has been maintained.

"Adjustments have to be made. We can all control our energy usage," Navarro said.

For more information on the RECP rate increase, visit <http://www.fcnavyhawaii.com/recp/>.

Operational readiness



U.S. Air Force photo by Tech. Sgt. Jerome S. Tayborn
Members from 15th Comptroller Squadron and 154th Comptroller Flight demonstrate self-aid buddy care procedures on a downed Airman at the military pay and finance building, during an operational readiness inspection at Joint Base Pearl Harbor-Hickam on Nov. 7.

New Navy campaign: 'Thrive During the Holidays'

Chief of Naval Personnel

With the holiday season approaching, Navy officials announced the launch of its annual holiday stress navigation campaign.

This year's campaign, "Thrive During the Holidays," will provide Sailors and families proactive resources to get ahead of holiday chaos while focusing on building resilience for the new year. "For many of us, 'the most wonderful time of the year' is as demanding as it is joyous," said Capt. Kurt Scott, Navy resilience chief.

Navy Operational Stress Control's 2013 "Thrive During the Holidays" campaign will include collabo-

ration between Navy's 21st Century Sailor programs and other readiness programs to offer resources on topics such as responsible alcohol use during holiday celebrations, planning and time management, budgeting, incorporating physical fitness into busy schedules, healthy eating tips, spirituality and relationship fit-ness and more.

"Continuing our effort to promote a sense of community, we really have something for everyone this year from families navigating the holidays with a loved one on deployment to helping Navy kids 'track Santa.'"

Engagement with the North American Aerospace Defense Command's annu-

al "NORAD Tracks Santa" promotion is a new initiative for the OPNAV N171 annual holiday campaign this year, part of an expanded effort to reach out to Navy kids.

The "Thrive During the Holidays" campaign will continue through early January 2014. Releases can be found on Navy Operational Stress Control's blog, www.navynavstress.com, and the Navy Suicide Prevention website, www.suicide.navy.mil.

Follow Navy Operational Stress Control on Twitter and Facebook @NavStress for the latest updates to help you and your family "Thrive During the Holidays."

Navigate to Ho'okele website

www.hookele.com or www.cnrc.navy.mil/hawaii

Continued from A-2 COMSUBPAC

fought in places like Korea, Vietnam, Iraq Afghanistan and in other dark corners of the world "where the freedoms we cherish were not yet known."

"More than 1.3 million Americans have made the ultimate sacrifice on the field of battle in an effort to defend the freedoms that we hold so dear and while we recognize the sacrifices of our submarine force brethren here today, let us remember all Americans who have fallen on the field of battle or that made contributions to our collective security. I'm sure we can all agree that America is the land of the free because of the brave," said Sawyer.

Veterans who were in attendance spoke about honoring their fallen service members.

"I always admire this day because of the veterans of the World War II and how we are doing our part in honoring them," said retired submarine veteran Robert Brown.

Sawyer thanked the veterans on behalf of the modern submarine Sailor and commended them for their sacrifices.

"Your collective courage and sacrifice paved the way for those who follow and helped to make our submarine Navy what it is today: proud, professional, and ever-ready to defend the cause of freedom," said Sawyer.

Continued from A-2 Nisei Soldiers

remember the legacy of our veterans," Harris continued.

"Be they the founding fathers who revolted against the oppression of the crown, the Nisei and other veterans who fought in World War II, those who fought in the Korean War, Vietnam War, Cold War, the wounded warriors who

have returned from Iraq and Afghanistan, and those who gave the last full measure."

Harris spoke about service members standing the watch today and the importance of how being prepared for war is one of the most effectual means of preserving the peace.

"The world is a dangerous place and it demands that we be ready 24-7, to meet any danger that

threatens American citizens and our national interests," Harris said.

"This is why the Pacific Fleet today remains eternally vigilant, always ready to fight tonight. This is why as the commander, I am committed to deepening the maritime piece of our defense relationships with our allies and security partners as we lead America's rebalance to the Pacific."



A Nisei veteran attends a Veterans Day ceremony aboard the Battleship Missouri Memorial.
U.S. Navy photo by MC3 Diana Quinlan

NAVFAC Hawaii offers tools for managing your housing electricity bill

Lt. Cmdr.
Preston Taylor

Naval Facilities
Engineering Command
Hawaii

Many military housing residents in the Resident Energy Conservation Program (RECP) will either have a pleasant surprise or startling shock when they receive their electricity bill in November for October's billing cycle.

Effective Oct. 1, Naval Facilities Engineering Command (NAVFAC) Hawaii increased its electricity rate from \$0.26347 per kilowatt hour (kWh) to \$0.58743 per kWh to account for Hawaiian Electric Company's (HECO) rising electricity purchase costs and NAVFAC Hawaii losses over the past six years.

As part of the RECP, residents should understand that an average usage baseline is established each month for similar-type homes within a neighborhood and then a 10 percent buffer zone is established above and below the buffer.

If their energy usage is within the buffer zone, they will not pay anything for their electricity. If a resident's usage is over the buffer, they are responsible for paying for the difference between their usage and the upper buffer.

Inversely, if they are below the lower buffer, they will receive a credit for the difference.

Several tools are available to help residents manage their bill. The first is the monthly paper bill mailed to each RECP participant. This bill provides residents with information on the housing group in which their house is counted, their total electrical consumption for the month in kWh, the total amount of their bill in dollars, and a graphic that compares the resident's usage to group

baseline for the month and the upper and lower buffers for the group.

On the back of the bill is a table listing energy monthly energy consumption, costs and payments or credits for the last 12-month period along with a graph showing monthly resident usage compared to the buffer zone. This table and graph are useful for observing trends in energy performance over the last 12-months that may shape energy consumption behavior.

Residents may also take advantage of the Pearl Harbor Resident Utility Portal at www.yardiutilitiesph.com. They will need their resident ID and primary email address on file with the housing office to establish an account and password.

The resident ID may be found on the upper right corner of their paper statement. Once logged into the site, residents can pay their bill, view electronic copies of their paper statements, access frequently asked questions (FAQ) for RECP, and view utility usage and cost data.

The "current month" tab in this last section shows them their current actual daily electrical consumption by kWh and cost-to-date and then a projection of what their consumption and costs will be through the end of the month.

The same data is also shown for the like-type unit base line for comparison. Residents may use this data to see where they currently stand and predict how much they may owe or get credit for at the end of the month and manage their energy consumption accordingly.

Understanding a house's "base load" is key to managing an energy bill. The best way to think of the base load is to think of what is still plugged in or hard-wired, using electricity when a resident is asleep or away from home. Typical major contributors to the base loads

"Please detach and return this stub with your payment or pay on-line at www.yardiutilitiesph.com"



**YES ENERGY
MANAGEMENT**

Customer Service: (855) 838-8918

Resident ID: [Redacted]

Statement Date: 10/15/2013

Due Date: 11/05/2013

Amount Due: \$ 0

Amount Enclosed: \$ 21.33

Do Not Pay - Credit Balance Exceeds Minimum.

YES ENERGY MANAGEMENT
PO Box 9810
Colorado Springs, CO 80932

Community Name		Billing period		Resident energy usage in kWh and \$	
[Redacted]		[Redacted]		[Redacted]	
Like-Type Group:	58	Housing group	[Redacted]	[Redacted]	[Redacted]
Customer Service Hours of Operation: 24 Hour Service Daily (855) 838-8918 Email: yascs@yesenergymgmt.com		Resident Services Office Contact 2500 Radford Drive (930) 838-8840		Resident Portal Website www.yardiutilitiesph.com	
ACCOUNT DETAIL		Unit Number		Resident Name	
Community Service Dates: 8/1/2013 - 8/30/2013		Statement Date: 10/15/2013		Due Date: 11/05/2013	
Billing Days: 30		Resident ID: [Redacted]		Billing Days: 30	
Utility Type	Previous Reading (kWh)	Current Reading (kWh)	Your Usage (kWh)	Meter Multiplier	Rate (\$/kWh)
ELECTRIC	70,641.00	71,870.00	1,229.00	1	0.2634700
Your Usage Amount		Lower Buffer		Upper Buffer	
\$323.80		\$345.13		\$421.83	
Average Usage		Payment Due		Buffer Zone	
\$383.48		[Redacted]		[Redacted]	
Credit Due		(Normal Usage Zone)		Payment Due	
\$323.80		[Redacted]		[Redacted]	

include the A/C, water heater and refrigerator.

Additional contributors that collectively make a significant difference include appliances with digital displays or standby power, routers, DVRs, printers, computers, alarm clocks, charging devices and lights. Here are a few tips that have proven to give the most "bang for the buck" in reducing base loads:

- Set the A/C no lower than 78 degrees and then turn the A/C off and open the windows when the outside temperature is low, such as in the morning or at night. Ceiling fans or oscillating fans during these

times are a much more efficient option than running the A/C. Electricity used for air conditioning can account for as much as 40 to 50 percent of the total amount of electricity used by a resident.

- Use less electricity to make domestic hot water. For homes that have one, make sure the solar hot water timer is correctly set up (<http://vimeo.com/m/29448909> shows how to set up your solar hot water system timer).

Schedule certain types of hot water usage, such as running the dishwasher, during the mid-day period when the solar hot water

system will have time to recover before late afternoon when the system is no longer generating hot water from the heat of the sun. Additionally, most energy-efficient washing machines are just as effective using cold water as hot.

- Use less electricity for plug loads such as extra freezers, entertainment systems and computer systems. Collect plug loads onto "smart" power strips that completely shut off devices when the system is not in use.

As part of Forest City's energy smart initiative with Hawaii Energy, Hawaii Energy has made one smart

power strip available to each family. Additional strips are available at the NEX and/or local building supply and hardware stores.

- Replace incandescent light bulbs with compact fluorescent light (CFL) or LED bulbs and turn them off when not in use. Use daylight as much as possible.

Additional energy conservation tips and ways to track domestic energy consumption can be found online at:

- <http://ow.ly/qNKjP>,
 - <http://ow.ly/qNKoZ>,
 - <http://ow.ly/qNKuA>,
 - <http://ow.ly/qNKy7>,
 - <http://energyhog.org/>.
- Remember, the cheapest kilowatt is the one not used.