

Life & Leisure

Military joins Aloha Festivals Floral Parade



Rear Adm. Rick Williams, commander of Navy Region Hawaii and Naval Surface Group Middle Pacific, participated as the senior representative for the military services in Hawaii for the Sept. 28 Aloha Festivals Floral Parade in Waikiki.

Other military units participating included the 25th Infantry Division marching unit, U.S. Pacific Fleet marching band, Pacific Air Forces marching unit and the U.S. Marine Corps Forces Pacific marching band.

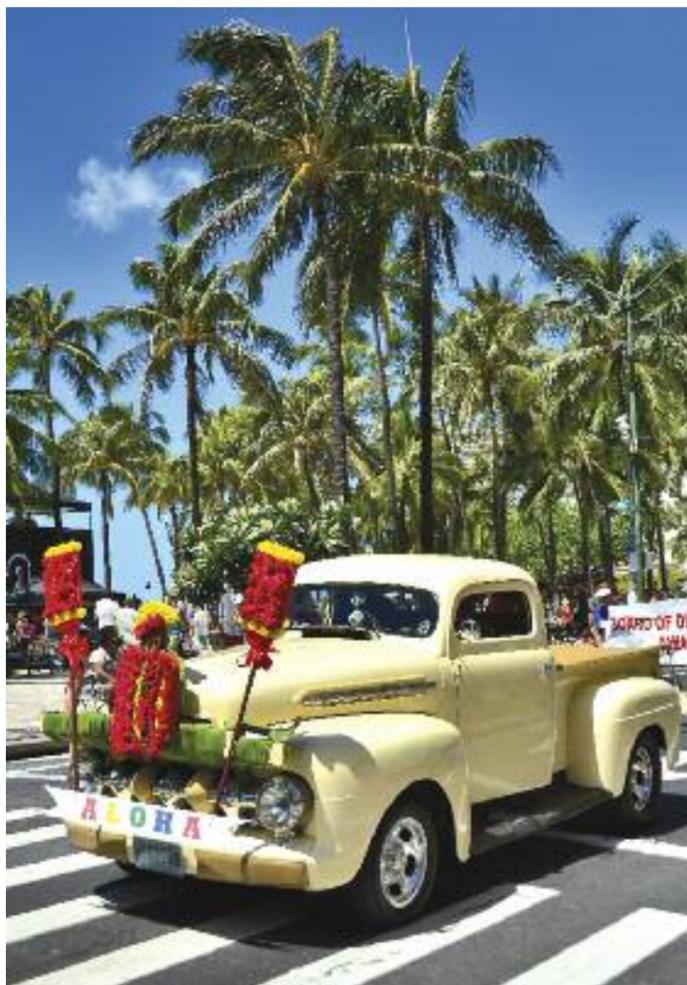
The parade began at Ala Moana Park and moved down Ala Moana Boulevard to Kalakaua Avenue, ending at Kapiolani Park.

The theme of the 2013 Aloha Festivals was "Moana Nui Kea: Celebrating Traditional Hawaiian Ocean Voyaging," in honor of the Polynesian Voyaging Society's 40th anniversary.



U.S. Navy photos by MC1 Daniel Barker

Rear Adm. Rick Williams, commander of Navy Region Hawaii and Naval Surface Group Middle Pacific participates with his wife Suzy in the 2013 Aloha Festivals Parade.



Maintenance Group holds off COMSUBPAC comeback

Story and photo by Randy Dela Cruz

Sports Editor

Quarterback Airman 1st Class Aaron Maxwell staked the 15th Maintenance Group (15 MXG) to a 13-0 lead on two touchdown tosses and followed up with two more scoring drives to help his team hold off Commander Submarine Force U.S. Pacific Fleet (COMSUBPAC), 27-19, on Oct. 1 in a Red Division intramural flag football game at Ward Field, Joint Base Pearl Harbor-Hickam.

Maxwell, who missed the entire season last year due to deployment, frustrated the COMSUBPAC defense with his ability to scramble and throw the long ball.

"We just wanted to move the ball down the field and score on each possession," Maxwell said. "Our offense is everybody just line up and get open."

From the game's opening drive Maxwell executed the Maintenance Group's game plan to near perfection, as the QB needed only four plays to move the ball 65 yards, before finishing off the drive on a pass to a wide open Staff Sgt. Art Gandy, who was camped out on the right side of the end zone.

The converted point after touchdown (PAT) put the MXG ahead by a score of 7-0.

Then after the MXG defense stopped COMSUBPAC on downs, Maxwell went back to work from his own 39-yard line and completed another scoring drive with a 15-yard pass to Senior Airman Kenneth Clouse for a 13-0 advantage.

With everything going the Maintenance Group's way, COMSUBPAC quarterback Fire Controlman 2nd Class Frank Lofton gave his team a quick about-face, when on the very first play from scrimmage, he dropped back from the 15 and hoisted a long over-the-top rainbow that settled down into the arms of a streaking Information Systems Technician Seaman Aramis McCray, who made the grab and ran untouched into the end zone for a touchdown.

The converted PAT pulled



Airman 1st Class Aaron Maxwell (right) deflects away a pass intended for a Commander Submarine Force U.S. Pacific Fleet (COMSUBPAC) receiver.

"After that missed play on safety, I said, 'hey, we're going to come down and score.' I was going make them pay for scoring."

—Quarterback Airman 1st Class Aaron Maxwell

COMSUBPAC to within six points at 13-7 and seemed to halt the MXG momentum. However Maxwell wasn't done.

On only three plays, Maxwell moved the team 65 yards and a score, which ended on a 15-yard pass to Airman 1st Class Justin Casanova for six and a 20-7 lead

after the PAT.

"After that missed play on safety, I said, 'hey, we're going to come down and score,'" Maxwell said. "I was going make them pay for scoring."

With time running out before intermission, Lofton appeared to be on track to answer the MXG

score by leading a drive all the way down to the MXG 18-yard line.

However, the drive was halted by an interception in the end zone.

"We tried to go to the end zone, when it was 20-7," Lofton recalled. "We wanted to go in just down a touchdown, so we could get the ball back. But the cornerback made a good play."

Following halftime, Lofton led a 65-yard drive to pay dirt that culminated with a 20-yard scoring toss to Electronics Technician 2nd Class Thomas Siler to narrow down the margin back to seven at 20-13.

Once again, Maxwell rose up to the challenge and led another 65-yard drive to the end zone.

This time, Maxwell rushed into the end zone from nine-yards out

and capped things off by converting the PAT for a 27-13 lead.

Lofton did manage to throw another touchdown pass on a completion to Information Systems Technician 3rd Class Morgan Meyer, but it was too little, too late.

Coming off a loss, Maxwell said that getting the win over COMSUBPAC was a good start in turning things around.

Although the team has a few more things to improve upon, Maxwell said that the team is on the right track.

"We're almost where we want to be," he admitted. "We still got some people on leave. Once we get all that settled down in practice, we're going to be a pretty good team."

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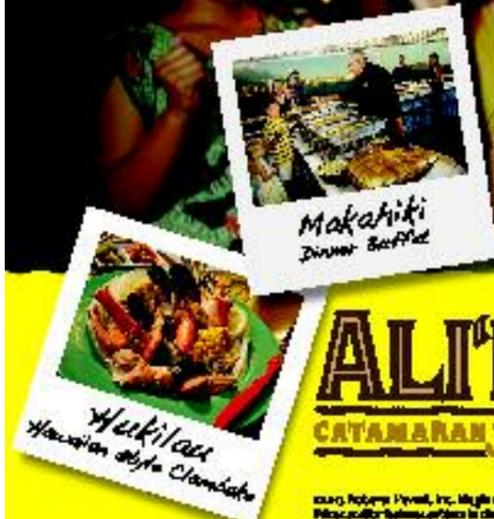
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Presented by **Roberts Hawaii**

PHNSY Futbol Club wins Summer Soccer League title

Story and photo by
Randy Dela Cruz

Sports Editor

Goalkeeper Department of Defense (DoD) civilian Keoni Wongwai knocked down kick number four in an overtime shootout to help Pearl Harbor Naval Shipyard Futbol Club (PHNSY FC) beat the 324th Intelligence Squadron (324 IS) and win the Summer Soccer League championship on Sept. 29 at Quick Field, Joint Base Pearl Harbor-Hickam.

The game ended in regulation deadlocked at 2-2 and after both teams made good on their first three penalty kicks, Wongwai came up with the huge stop on ball kicked by Senior Airman Randy Kelso to end the game.

"It's a weight on your shoulders, but when I'm in that scenario, I don't even watch what's going on," Wongwai explained about keeping focused under pressure. "I'm off in my own world. I don't know if we're winning or losing — just play it the best you can."

The dramatic climax ended an extremely competitive affair that saw the 324 IS come back twice after



Nate Hogue, a DoD civilian, gets past the goalkeeper before scoring a goal for the Pearl Harbor Naval Shipyard Futbol Club.

falling behind in regulation to extend the game into overtime.

PHNSY FC was held scoreless against the 324 IS in the final game of the regular season, but got off to fast start in the championship game, when DoD civilian and team captain Moussa Niang cleaned up on an errant shot from a teammate and kicked in the

first goal of the game.

"One of our players took a lead on the outside and I just started opening right in the middle between the defenders," Niang said. "When he dropped the ball inside, I put my foot in and it was a lucky shot."

The lead didn't last long as the 324 IS responded on a goal of their own to tie the game up at 1-1.

Kelso knocked in the tying score after the 324 IS pushed the ball through the box, where Fire Controlman 2nd Class Michael Farbridge-Currie passed the ball straight to Kelso for the goal.

The game remained at a stalemate into halftime, but only minutes into the second half, PHNSY FC went back out on top on a break-

away goal from DoD civilian Nate Hogue to make it 2-1.

With the PHNSY FC defense effectively shutting down the 324 IS offense, the one-goal advantage looked like it would be enough as time wound down inside a minute remaining on the clock.

However, Farbridge-Currie, standing before a wall of PHNSY FC defenders, shot a penalty kick that somehow got through the defense and into the net for a 2-2 tie.

"I just got lucky," Farbridge-Currie said. "That was not what we were planning to do. I just got a lucky bounce."

Niang admitted that he was disappointed in the lapse in defense, but after making it to the championship game, he told his teammates to go into overtime and finish what they started.

"I talked to the guys that if we made it this far, I don't want anything less than a championship," he said.

After locking down the victory, Niang admitted that although he gave the team a pep talk just prior to overtime, he wasn't feeling good about the team's chances.

"Today, I have to admit

that I was not very comfortable," he stated. "A lot of the guys, including me, did not want to take a shot. We relied on Keoni, with his long arms to make a stop and he did. We were lucky."

After finishing the regular season with the best record in the regular season, Farbridge-Currie said it was disappointing to come up short in the playoffs.

Still, Farbridge-Currie said that he had a great time and is looking forward to doing it again.

"This was fun," he said. "This is my first time playing with these guys. Hopefully, we do it again next year."

For the moment, Niang said that this was a game to savor — especially after the team has now won two summer championships in three years.

While winning the first title was nice, Niang said the second one is even more special because it's the last game for one of the team's top players.

"This is the sweetest because it's Nate's (Hogue) last day," Niang pointed out. "Sending him away with a championship is the best thing we can do for him."

Lake Erie 'A' out to surprise competition in upcoming playoffs

Story and photo by
Randy Dela Cruz

Sports Editor

USS Lake Erie (CG 70) "A" secured the third seed in the postseason by coming back to defeat USS Chafee (DDG 90) Bulldogs, 49-29, in the final regular-season game of the Summer Basketball League on Sept. 28 at Joint Base Pearl Harbor-Hickam Fitness Center.

Lake Erie started off the summer with back-to-back losses and then ran the board to finish out the regular season with a 6-2 record.

Despite ending the season behind USS Port Royal (CG 73) Hoyas and Shipyard, Lake Erie finds itself in a position to finish off the playoffs with a big surprise.

"I'm not going to say that we're going to have to have a perfect game because that's not going to happen," Gas Turbine System Technician (Mechanical) 3rd Class Joseph Francis Lake Erie guard said. "But we're going to have to get on all cylinders. We cannot afford to get out on a slow start the way we did today."

The playoffs begin on Oct. 5 with Lake Erie "A" squaring off against Chafee in a rematch at noon, while Shipyard plays USS Michael Murphy (DDG 112) at 11 a.m., and Port Royal meeting the winner of the USS Texas (SSN 775) vs. Chafee Blue Devils at 1 p.m.

Winning teams from the first round will advance to

the final four on Oct. 12, which will be immediately followed by the championship showdown. All games will be played at JBPHH Fitness Center.

Against the Bulldogs, Lake Erie, playing without the services of center Culinary Specialist Seaman Christopher Bouie for the entire first half, fell behind early as Chafee zeroed in from long-range to start the game.

Back-to-back treys by Logistics Specialist Seaman Mark Manimtim and Ensign Temi Jones put Chafee in front a 6-0, before a basket at the 9:43 mark by Jones gave the Bulldogs their biggest lead at 10-2.

With Chafee on the verge of a double-digit lead, Port Royal mounted a comeback on the strong play of Francis.

Two baskets and two free throws by Francis helped the Hoyas tie the score at 13-13 with 2:44 remaining in the first half.

However, Chafee got two baskets from Cryptologic Technician (Collection) 3rd Class Anthony Dawson and a buzzer-beating trey from Damage Controlman Fireman Michael Villanueva to give the Bulldogs a 20-15 lead at halftime.

In the second half, Bouie, who arrived at intermission after working his duty station, entered the game and made his presence known immediately.

Rebounding with authority and controlling the paint, Bouie's strong play freed his teammates to run the court and dominate the Bulldogs.

Information Systems Technician 3rd Class Lorenzo Nichols basket on an assist from Francis at the 14:24 mark gave the Hoyas their first lead of the game at 21-20.

Lake Erie scored three more baskets to cap off a 12-0 run and take a 27-20 advantage that continued to grow until final horn sounded.

Besides controlling the boards, Bouie, in just one half of play, led Lake Erie in scoring with 17 points, while teammate Francis chipped in with 14 points.

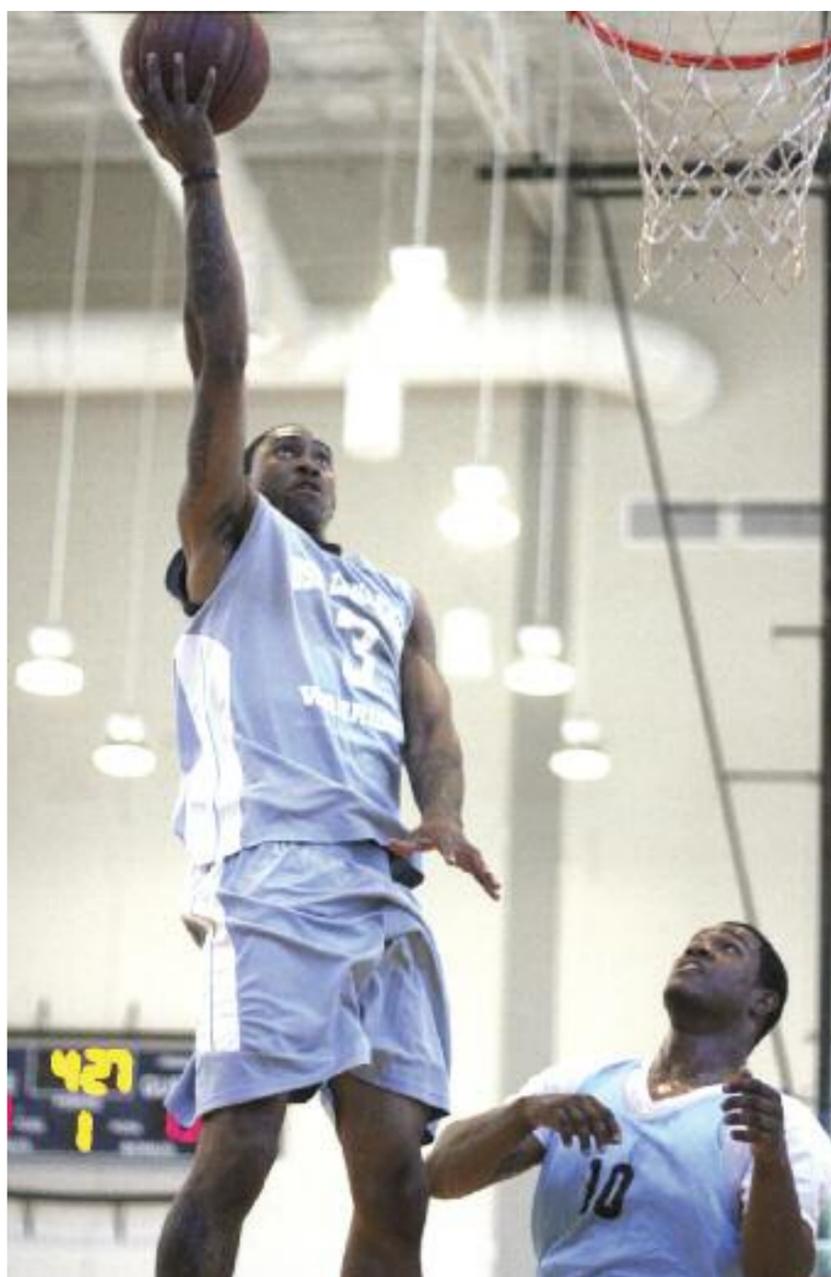
"My team spread everything out and I did the rest," Bouie said about his dominating play in the second half. "My teammates saw what was going on and I just capitalized."

In looking ahead towards the playoffs, Bouie said that despite the team's slow start out of the gates in the regular season, he believes that the championship is well within reach.

"I feel we're at the top," he announced. "Overall, we have the most depth, most skill, so outside of some mental lapses, we're at the top right now."

Although Francis wasn't ready to guarantee that Lake Erie will win it all, he felt confident that the team would be in the final showdown.

"It's going to end up Lake Erie versus Port Royal for championship. That's what I see," he said. "We're going to have to play with a sense of desperation and a sense of team."



Gas Turbine System Technician (Mechanical) 3rd Class Joseph Francis, guard for USS Lake Erie (CG 70) "A" team, goes up past Cryptologic Technician (Collection) 3rd Class Anthony Dawson of USS Chafee (DDG 90) Bulldogs for two of his 14 points.

Civil Air Patrol: America's best kept secret supports Air Force

Staff Sgt. Terri Paden

15th Wing Public
Affairs office

Throughout its 66-year history, the U.S. Air Force has been successful in its mission to fly, fight and win largely because of the capabilities it offers through various specialized components and commands. One of these components is the Civil Air Patrol (CAP), located at Joint Base Pearl Harbor-Hickam.

The CAP, which is a humanitarian and educational nonprofit organization, is the official civilian auxiliary of the Air Force, and is often referred to as America's best kept secret, said Abraham Cheng, CAP member. With more than 500 aircraft nation-wide, the CAP boasts the largest fleet

of single-engine aircraft in the nation.

The organization is composed of more than 56,000 volunteer members who work together to support the Air Force and its mission. With pilots, aircrew members, support, logistic, medical

and religious personnel, the CAP offers a variety of ways for volunteers to serve. "The amount of education and training we provide our members is awesome," said Col. Jeffrey Stickel, 66th Composite Squadron commander. "We consider ourselves to be a military force multiplier."

As an officially sanctioned, though little known, Air Force component, CAP provides state assistance with search and rescue, dis-

aster relief, aerial reconnaissance, communication, transportation of high value equipment and personnel and homeland security.

Even though there is a CAP presence in each state and U.S. territory, the organization is particularly active in Hawaii where it's charged with the tsunami warning mission as well. With Hawaii's most severe natural threat being tsunamis, CAP offers a reliable way for the state government to reach the 70 percent of the population that the warning sirens cannot reach in case of emergency.

"Here at Joint Base Pearl Harbor-Hickam the CAP

plays an active role in support of not only the Air Force, but the Coast Guard, the Department of Emergency Management and the Hawaii State Civil Defense," Cheng said. "Recently teams from the 66th CS successfully located two distress beacons within an hour of activation and deployment. This event not only demonstrated the dedication and commitment displayed by Civil Air Patrol members nationwide, but also potentially saved the military and state government thousands of dollars in man-hours, maintenance and operational costs that could have been incurred had CAP not covered the mission."

In addition to providing state and military support, the CAP also offers young adults ages 12-18 leadership

opportunities and mentorship through the Civil Air Patrol Cadet Program.

"Kids that come into Civil Air Patrol find the value of giving," Stickel said. "It's a safe place for young people to experiment with leadership and find out what they can do as leaders. It's an investment in the future and we do our best to get these kids ready for life."

According to Stickel, the program, which allows cadets who come into the organization before the age of 18 to stay until they are 21, provides the cadets with character development, military leadership, aerospace education emergency services skills and leadership training opportunities.

However, though the CAP is closely connected with the Air Force and is guaranteed three slots at the Air Force

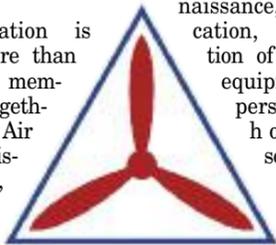
academy a year for its members, cadets are not required to join the military after completion of the program.

"This equips the kids with a variety of essential skills whether they are going into the Air Force or not," Stickel said. "These are systematic skills and can make them very well rounded people."

With a mission as diverse as humanitarian relief, disaster relief, national defense and cadet mentorship, Stickel said there are countless opportunities for would-be members to do their bit to better the world.

"The only motivation a person needs to join Civil Air Patrol is a desire to serve their community," he said.

For more information on Civil Air Patrol, visit www.cap.gov or call 1-800-FLY-2338.





Live the Great Life

New classes bring added variety to Hickam Arts & Crafts Center

Reid Tokeshi

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation's Hickam Arts & Crafts Center has a variety of new classes available for the fall season.

New instructors teach the classes and there are crafts available for kids and adults. With the holidays around the corner, learning to make handmade gifts can add a personal touch.

Stitching enthusiasts can check out the crochet classes. Basic and advanced courses are available. The three-week course is \$20 (plus supplies) and is open to participants ages 13 years and up. Those who prefer a brush to needles can to explore the new acrylic painting classes.

Landscape and abstract courses are offered, as well as a basic course. The classes are beginner-friendly, because knowing how to draw or paint isn't required to take these classes aimed at teens and older.

One new class is the Japanese art of origami. In this class, students ages 12 years and up will



Photo courtesy of Shutterstock
A mother and daughter make jewelry.

learn the basics of this art of paper folding. The four-week course will teach patrons how to make flowers, animals and other items.

A variety of jewelry making classes will teach the skill of making one-of-a-kind bracelets, earrings and more. These one-day sessions range from basic to intermediate levels. The "Mom and Me" jewelry classes will be held Oct. 17 and 24, and Nov. 7, 14 and 21. Kids ages 7-12 years can attend with their parent and partner up to build the jewelry.

For more information, call 448-9907.

JBPHH MWR Child and Youth Programs job fair to be held

Justin Hirai

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

Joint Base Pearl Harbor-Hickam MWR is planning to hire more than 200 full-time, part-time and flex staff for its Child and Youth Program (CYP). This hiring action will help joint base get closer to the completion of a plan to meet mission-readiness for its military families.

CYP offers learning environments for children from 6 weeks to 18 years of age. MWR has recently completed construction of three new centers, adding capacity for 700 more children, making the total number of children served 1,300.

The CYP program is seeking responsible individuals who are outgoing and love to work with children of all ages. The program is nationally accredited and offers among the highest pay in the childcare sector, along with a tuition assistance program for full-time positions. Flexible schedules are available for students who are looking to supplement their income around their school schedules.

The Child and Youth Programs



MWR Marketing photo

A Morale, Recreation and Welfare employee works with young children at a child care facility.

job fair will take place on two days, from 6:30 to 8:30 p.m. Oct. 16 and from 9 a.m. to noon on Oct. 19. Both events will be held at the Pearl Harbor Kai Elementary School located at 1C Ave. Honolulu.

The job fair will provide interested applicants with a better understanding of Child and Youth Programs. Staff will be on hand to explain and/or answer questions applicants have regarding the programs. Walk through tours of a Child Development Center will be available during

the fair. Human resources staff will also be on site qualifying applicants who meet the criteria and have all necessary documents.

To qualify on site, applicants must be 18 years of age, bring their high school diploma or GED certificate, three letters of recommendation (two professional and one personal) and a completed application.

For more information, to download the application or register for the job fair, visit www.greatlife.hawaii.com/index/cyp.html.

Your Weekly Fun with MWR

Visit www.greatlife.hawaii.com or subscribe to MWR's digital magazine Great Life Hawaii.



Home-School Intro to Glass will be held from 10 to 11 a.m. Fridays Oct. 4 to 18 at the Hickam Arts & Crafts Center. This class will teach children the basics of working with glass. FMI: 448-9907.

Dollar Fifty Monday will be held from 5 to 9 p.m. Oct. 7 at Naval Station Bowling Center. Shoe rental, bowling game and hot dog are \$1.50 each. FMI: 473-2574.

Adult Hand-Building with Clay will be held from 9 a.m. to noon Saturdays Oct. 5 to 26 at the Hickam Arts & Crafts Center. The class will teach students who are interested in learning basic ceramic techniques, including pinch-pots, coil building and how clay transforms. FMI: 448-9907.

Pastel Landscapes will be held from 5 to 7 p.m. Fridays Oct. 4 to 25 at the Hickam Arts & Crafts Center. This class will teach students the pastel techniques for creating landscapes from photographs. FMI: 448-9907.

Warrior Friday will be held from 4:30 to 10 p.m. today at the Hickam Officers' Club. FMI: 448-4608.

Portrait Drawing & Painting will be held from 11 a.m. to 1 p.m. Saturdays Oct. 5 to 26 at the Hickam Arts & Crafts Center. The class will teach students how to draw portraits from subjects in real life and from photographs. FMI: 448-9907.

Start Sailing Right will be held from 1 to 5 p.m. Saturdays Oct. 5, 12, 19, and 26 at Rainbow Bay Marina. The activity is open to participants ages 18 and older. FMI: 473-0279.

Library Know-How will begin at 2 p.m. Oct. 5 at the Hickam Library. This workshop will teach participants how to find e-books, audiobooks, music, online training for foreign languages and more. FMI: 449-8299.

Beginning Origami will be held from 2:30 to 4:30 p.m. Saturdays Oct. 5 to 26 at the Hickam Arts & Crafts Center. Students will learn the basic art of Japanese paper folding. FMI: 449-5299.

Fall Cheer Camp will be held from noon to 2

p.m. Monday to Friday Oct. 7 to 11 at Bloch Arena. The camp is open to youth ages 5 to 15 and is facilitated by the Radford High School Cheer Squad. Participants can register at www.greatlife.hawaii.com. FMI: 473-0789.

Youth Winter Baseball Registration will be held from Oct. 7 to Nov. 8. Winter Baseball is open to youth ages 5 to 15. The season runs December to March. Participants can register at www.greatlife.hawaii.com. FMI: 473-0789.

Intramural Racquetball Tournament will be held from 11 a.m. to 1 p.m. Monday to Friday Oct. 7 to 11 at the Joint Base Pearl Harbor-Hickam Fitness Center. Spectators are invited to watch this tournament. FMI: 473-2494 or 473-2437.

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Morale Welfare & Recreation

YOUTH BASKETBALL REGISTRATION

Registration for youth basketball begins Oct. 7. The season runs from December to March. Registration is open to youth ages 5-15. FMI: www.greatlifehawaii.com or call 473-0789.

PRESCHOOL STORY TIME

Preschool story time will be held from 9 to 10 a.m. Oct. 9 at the Hickam Library. The theme will be "an elephant you'll never forget." FMI: 449-8299.

KE'ALOHI PAR 3 AERATION SPECIAL

Half-price green fees will be in effect at Ke'aloHI Par 3 Golf Course from Oct. 9-14. The course will be closed Oct. 8. FMI: 448-2318.

FREE GOLF CLINIC

There will be a free golf clinic at the Navy-Marine golf course at noon on Oct. 10. FMI: 471-0142.

GROUP SURF LESSON

There will be a group surf lesson at 8 a.m. Oct. 10 at White Plains Beach. The registration deadline is Oct. 9. Shuttle service is included via the Outdoor Adventure Center-Fleet Store. Participants must be able to swim without a lifejacket. FMI: 473-1198.

NORTH SHORE BIKE RIDE

The Outdoor Adventure Center-Fleet Store will host a bicycle trip to the North Shore at 8:30 a.m. Oct. 13. This trip is about seven miles round-trip on level terrain and is an easy ride for beginners. The trip includes gear, transportation and guides. The registration deadline is Oct. 10. FMI: 473-1198.

FORD ISLAND HISTORICAL TOUR

There will be a Ford Island historical tour from 8:30 to 10:30 a.m. Oct. 16. Ford Island played a significant role in World War II, and this tour will visit often-overlooked historical battle sites. FMI: 448-2295.

HALLOWEEN 5K

The Hickam Fitness Center will hold its free Halloween 5k at 8 a.m. Oct. 26. Costumes are optional. FMI: 448-2214.

Community Calendar

OCTOBER

8 — The Armed Forces Communications and Electronics Association (AFCEA) luncheon will be held at Hale Ikena Club, Fort Shafter. Check in is at 11 a.m. and the buffet is at 11:30 a.m. The speaker is Lt. Col Michael Rich, 352d Network Warfare Squadron commander who will discuss privacy in electronic communications. The cost is \$14 for AFCEA members who pre-register; \$17 at the door or for non-members. FMI: <http://afcea-hawaii.org> or call 441-8524.

8, 10 — The Silver Dolphin Bistro will have a special meal to observe the Navy's 238th Birthday Oct. 8. The Silver Dolphin will also observe Hispanic Heritage Month on Oct. 10 with a special meal. These meals will be served from 11 a.m. to 12:30 p.m. and be open to military members and their families, retirees and Department of Defense employees. The individual cost of each meal is \$4.60. FMI: 473-2948.

10 — The contributions and presence of Hispanic and Latino Americans in the United States will be recognized at an event from 10 to 11 a.m. at the Pearl Harbor Memorial Chapel. The event will include keynote speakers Joint Base Pearl Harbor-Hickam Command Master Chief Brian Ortega and retired Navy Capt. Steve Colon from Hunt Companies, Inc. FMI: Imelda Henry at 473-1810 or email imelda.henry@navy.mil.

12 — The annual Navy officers and enlisted balls are set for Oct. 12 and will commemorate the Navy's 238th birthday. There are separate balls for officer and enlisted personnel. The officers ball will be held at the Hilton Hawaiian Village Coral Ballroom. The enlisted ball will be held at the Hickam Officers' Club. Ticket prices can be found online. FMI: <https://officers.ticketbud.com/hawaiinavyball> or <http://www.navyballhawaii.com/>.

12 — The 2013 Making Strides Against Breast Cancer walk will take place from 7 to 11 a.m. beginning at Richardson Field and proceeding to Ford Island, Joint Base Pearl Harbor-Hickam. FMI: visit the website www.MakingStridesHonolulu.org or email honolulustrides@cancer.org.

18 — A Joint Base Pearl Harbor-Hickam Healthy Base Initiative/Operation Live Well kickoff event will be held from 2 to 6 p.m. at Ward Field. The event will include a healthy cooking contest, informational booths from vendors, talks on health and fitness subjects, demonstrations, a Zumba class, youth and adult obstacle courses, bounce houses, food trucks and prizes from JBPHH Morale, Welfare and Recreation. FMI: www.greatlifehawaii.com.



RIDDICK (R)

Vin Diesel's Riddick character gets a new lease on life in this third film from writer/director David N. Twohy. Katee Sackhoff and Bokeem Woodbine head up a group of assassins out to kill Riddick, who lures them to a desolate planet when confronted with a hostile alien species.

SHARKEY THEATER

TODAY 10/4
2:30 PM (3D) One Direction: This is Us (PG)

SATURDAY 10/5
4:40 PM Mortal Instruments: City of Bones (PG-13)
7:20 PM The World's End (R)

SUNDAY 10/6
2:30 PM (3D) One Direction: This is Us (PG)
4:40 pm Getaway (PG-13)
6:40 pm Riddick (R)

THURSDAY 10/10
7:00 PM 6:00 PM Elysium (R)

HICKAM MEMORIAL THEATER

TODAY 10/4
6:00 PM Elysium (R)

SATURDAY 10/5
4:00 PM Planes (PG)
7:00 PM Kick-Ass (R)

SUNDAY 10/6
2:00 PM Planes (PG)

THURSDAY 10/10
7:00 PM R.I.P.D. (PG13)

Movie Showtimes



Hawaii Sailor honored as Pink Power Mom recipient

Brandon Bosworth

Staff Writer

Chief Warrant Officer 3 Vanderla Akaka, Afloat Training Group Middle Pacific, was recently named a 2013 Pink Power Mom by the baby product company Kids II. She is the first Armed Forces member and Hawaii resident to receive this honor.

Every year the Pink Power Mom program seeks out and honors eight mothers in communities across the nation who have not only survived breast cancer, but have helped others.

"It is an honor to be named a Pink Power Mom," Akaka said. "It's empowering, and

gives me more strength to serve others."

Akaka is herself a two-time breast cancer survivor. She was diagnosed with the disease both in 2008 and again in August 2012. Akaka completed her final round of chemotherapy in January of this year.

Her diagnosis led Akaka to form a Jazzercise group to raise funds for the American Cancer Society. She also dedicates her time to Making Strides Against Breast Cancer. Her key focus is helping women become proactive with their health. Akaka also helps young children through programs such as Special Olympics, the Read Out Loud Program and the Boys

and Girls Club Hawaii.

At 7:50 a.m. Oct. 11, Akaka will appear on "Hawaii News Now Sunrise" to present my \$5,000 donation from Pink Power Mom to the American Cancer Society's Making Strides Against Breast Cancer. She will also be at Windward Mall on Oct. 6 from 1 to 2 p.m. with her Jazzercise breast cancer team.

Akaka will participate in the 2013 Making Strides Against Breast Cancer walk, which will be held from 7 to 11 a.m. Oct. 12 beginning at Richardson Field.

For more information about this event, visit the website www.MakingStridesHonolulu.org or email honulustrides@cancer.org.



Photo courtesy of Making Strides Against Breast Cancer

Chief Warrant Officer 3 Vanderla Akaka, Afloat Training Group Middle Pacific, was recently named a 2013 Pink Power Mom.

Forest City plans series of October events

There are several events taking place in Forest City communities throughout October.

Beat the Heat with an Ice Cream Treat from 2 to 4 p.m. Oct. 7 at the Pearl City Peninsula office. Residents can stop by and pick up an ice cream treat. One ice cream is available per customer and children under 16 years old must be accompanied by

an adult. For more information, call 839-8670.

Pumpkin Spice and Everything Nice will be held from 9 to 10:30 a.m. Oct. 9 at Moanalua Community Center and McGrew Community Center. The event is open to West Community residents. Residents are invited to bring in a pumpkin dessert. The winner of best dessert will win a

prize. Pumpkin refreshments will also be served. For more information, call 839-8640.

A Sidewalk Chalk event will be held from 3 to 4:30 p.m. Oct. 11 at Halsey Terrace Community Center. The event is open to East Community residents. This event will feature four square and hopscotch. For more information, call 839-8620.

Residents challenged to save energy, win big

Hickam Communities LLC

It's National Energy Awareness Month and families at Hickam Communities at have a chance to win \$500 by reducing their October energy consumption.

"Our mock utility billing program is well underway and our families have started to understand what their energy use is and what they can do to manage it," said Stephen Quinn, property manager for Hickam Communities. "We thought a contest challenging them to reduce their consumption even more would be a great way to get the community involved in saving energy."

Five cash prizes of \$500 each along with other prizes will be awarded. Residents are being challenged to reduce their October energy consumption by at least 10 percent based on their August 2013 consumption. All residents who meet the contest requirements automatically will be entered into a random drawing to be held in November. Contest details can be found at www.HickamCommunities.com/Go/Win.

Hickam Communities and its utility partner, Minol USA, are offering tips and resources that can help families meet their energy goals. For more information, log on to www.HickamCommunities.com/Go/Conserve.

Blood drive schedule updated

Tripler Army Medical Center Blood Donor Center has updated its schedule of upcoming blood drives as part of the Armed Services Blood Donor Program (ASBP).

Currently scheduled drives include:

- Oct. 8, 9 a.m. to 1 p.m., Seal Division Team-1 SDVT-1 classrooms;

- Oct. 9, 11 a.m. to 3 p.m., Hickam BX;

- Oct. 29 and 30, 9 a.m. to 1 p.m., 3rd Radio Battalion, Marine Corps Base Hawaii.

For more information, call 433-6699 or 433-6148 or email michelle.lele@amedd.army.mil.

Bellows Boofest to provide haunting experience Oct. 26

Boofest 2013 will be held from 5 to 9 p.m. Oct. 26 at Bellows Air Force Station.

Participants will experience a haunted village, with creepy cabins to explore.

- The schedule of events includes:
- Costume contest check-in from 5 to 5:15 p.m.;
 - Costume contest from 5:30 to 6 p.m.;
 - Trick or treating from 6 to 7 p.m.;
 - Bounce houses, campfire Halloween "hair spraying," and movies on the lanai from 6 to 9 p.m.;
 - Haunted village from 7 to 9 p.m.

The Halloween festivity is open to all ages. Participants should bring a picnic blanket, lawn chair or cooler and lounge by the campfire. They can also bring a costume and bag for trick or treating. Prizes will be awarded. Food and beverages will be available for purchase.

The event is open to active duty, military retirees, reservists, National Guard, current and retired Department of Defense civilian employees with an authorized ID and their families.

For more information, call 259-4136 or visit the website www.bellowsaifs.com.

'Navigate' to Ho'okele website

www.hookele.com or www.cnic.navy.mil/hawaii

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