



If you are a victim of sexual assault call:

24/7 DOD Safe Helpline  
(877) 995-5247

24/7 SAPR Base Victim Advocate  
(504) 329-3476

NAS JRB SARC  
(504) 762-0224

Gulfport SARC  
(228) 323-4717



**2016 Hurricane Season:  
Are you Prepared?  
Pages 8 & 9**



**Celebrating Earth Day  
at NAS JRB  
Page 10**



**NORL.PAO@NAVY.MIL**

E-mail suggestions and safety issues to:

**nasjrbnolasuggestion@gmail.com**

# THE Currents™

Vol. 27 No. 5

Serving the New Orleans Regional Military/DoD Communities

May 2016

## Veterans Receive New Orleans Welcome

By Mass Communication Specialist  
1st Class John Hulle  
**The Currents' Staff**

The National World War II Museum in New Orleans hosted a visit of World War II veterans April 13, who were flown to New Orleans to visit the museum, courtesy of The Gary Sinise Foundation. Military members from around the greater New Orleans area came to greet their arrival at the Louis Armstrong New Orleans International Airport.

The program, Soaring Valor, in partnership with the museum and the Gary Sinise Foundation works not only to preserve the veterans' stories for generations to come at America's World War II Museum, but also to bring those remaining veterans to visit the museum that honors their service.

As part of the ongoing project, American Airlines chartered a plane for the group of 33 veterans and their escorts to travel from Los Angeles and Phoenix to tour New Orleans and the museum. The veterans were treated to a hero's welcome, a performance by the Museum's Victory Belles and tours of the exhibits that honor their service in the war. Veter-



Sailors from NAS JRB New Orleans greet a World War II veteran at the Louis Armstrong New Orleans International Airport April 13. World War II veterans were flown to New Orleans to visit the National World War II Museum and to tell oral histories during their two-day stay as part of the Soaring Valor program, a partnership with the museum and the Gary Sinise Foundation.

*Photo by MC1 John Hulle*

ans also viewed a showing of Beyond All Boundaries, a documentary produced and narrated by Tom Hanks.

"During their two days here everyone was able to see the museum, movie and enjoy a performance from the Victory Belles during a luncheon. The Victory Belles sang, danced and entertained the group," said Tom Gibbs, the museum's project manager. Gibbs coordinated the logistics of the event including hotels and ground transportation.

"The veterans said this was the welcome they never got when they originally came home from the war. They really enjoyed the people cheering and it was really quite touching. It's important that they feel welcomed," said Gibbs.

"It was an emotional event. It was electric and so full of energy. I've never felt so honored, grateful and humbled. They sacrificed so much for us and paved the way," said Chief Religious Program Spe-

cialist Celeste Shield, assigned to Naval Air Station Joint Reserve Base New Orleans (NAS JRB). Shield organized area Sailors to welcome the veterans. More than 200 military members from the Army, Navy, Marines and Coast Guard came to the airport to show their support and pay homage. "Every service member that I spoke to felt the same way. It was such an honor. Everyone that was out

*WWII Veterans, page 10*

## VCNO Holds All-Hands Call At NOSC

By Mass Communication Specialist  
2nd Class Edward Gutierrez III  
**The Currents' Staff**

Vice Chief of Naval Operations Adm. Michelle Howard visited the Navy Operational Support Center (NOSC) aboard Naval Air Station Joint Reserve Base (NAS JRB) New Orleans April 17.

During her visit, Howard held an all-hands call with Sailors in the NOSC's auditorium and attended sexual

assault prevention and response (SAPR) training.

"We're having this training to make sure you're aware that if something does happen to you, we encourage you to report it," said Howard.

During the all-hands call, Howard touched on topics like cybersecurity & time management as well as sexual assault.

"If you see something - anything - wrong, then you should do something right," said Howard.



Lt. Cmdr. Charlene McKee takes a selfie with Vice Chief of Naval Operations Adm. Michelle Howard during the admiral's visit to Navy Operational Support Center (NOSC) New Orleans.

*Photo by  
MC2 Edward  
Gutierrez*

 <p>This month in Navy &amp; Marine History</p>	<p>May 26, 1944 WWII USS England sinks fifth Japanese submarine in one week</p>	<p>May 12, 1846 Mexico U.S. declares war against Mexico</p>
--	---	---



# GET \$50

WHEN YOU REFER ARMED FORCES PERSONNEL, DOD CIVILIANS AND CONTRACTORS, AND THEIR DEPENDENTS FOR MEMBERSHIP\*

In honor of Military Appreciation Month, we're saluting those who serve with this and other great military-exclusive offers on checking accounts, certificates, auto refinances and credit cards.



ARMY  
MARINE CORPS  
NAVY  
AIR FORCE  
COAST GUARD  
FAMILY

[navyfederal.org/thankyou](http://navyfederal.org/thankyou) 1.888.842.6328

Federally insured by NCUA. \*Offer valid between 5/1/2016 and 5/31/2016 and can expire anytime without prior notice. Recipient is solely responsible for any personal tax liability arising out of the acceptance of these incentives. This offer may not be combined with any other new-member offers at the time of the account opening. Must be eligible to join. Eligible referees include DoD civilians, contractors, Active Duty, retired, reserve, and Guard of the Army, Navy, Marine Corps, Air Force, and Coast Guard, and their dependents. Any current Navy Federal member 18 or older may be a referring member. Accounts must be in good standing for credits to be processed. Recruiters are not eligible to refer recruits. \$5 minimum balance to open and maintain savings account, and to obtain bonus. Annual Percentage Yield 0.25%, effective 4/1/2016. Bonus deposited within 14 business days of account opening. Program must be mentioned at time of joining for account to be credited. Fees may reduce earnings, and rates may change. Limit five referrals per member. Navy Federal employees and their immediate family are not eligible to participate in this program. If the referred person is ineligible for membership, Navy Federal reserves the right to reclaim the referral awards and related bonuses, and to close any resulting new accounts. Referrals may only be made by members in good standing. © 2016 Navy Federal NFCU 13133 (4-16)  

## COME JOIN US FOR SOME OF OUR MANY PATRIOTIC MOMENTS AT ZEPHYR FIELD



- My Hero Monday - Every Monday!
- Fireworks Friday - Every Friday!
- Independence Day Fireworks! - July 4th
- Military Appreciation Night - July 15th

**\$\$1 OFF ADMISSION TO ANY MILITARY PERSONEL  
WE WANT TO HONOR YOU ALL SEASON LONG**



## From the Flightline

By Capt. Mark Sucato  
NAS JRB Commanding Officer

On May 1st NAS JRB New Orleans set Hurricane Condition of Readiness 5 in preparation for the upcoming hurricane season. The 2016 Atlantic hurricane season forecast released in mid-April from Colorado State University calls for the number of named storms and hurricanes to be near historical averages with a total of 12 named storms, five hurricanes and two major hurricanes expected.

In the coming weeks you will likely hear additional predictions about how many storms in excess of tropical strength we can expect during this coming storm season. While I'm all for keeping track of the possible, I'm even more interested in the probable and actual. I also recognize that the longer you live in Southern Louisiana, the higher the probability is that you will experience some sort of destructive weather. The only real defense we have is to prepare. By knowing what actions you should take, you can reduce the risk of damage and take back control of your life, both during the hurricane and during the recovery that will follow.

Using lessons learned, NAS JRB New Orleans has tried to fine tune our emergency response plan, specifically concentrating on the steps our base will take before, during and after a hurricane. We hold preparedness briefs for base personnel, our tenant commands, and base residents. And now, you must ask yourself, are you and your family ready for hurricane season?

Are you prepared to evacuate, either voluntarily or by direction? Are you prepared to stay behind and "weather" the storm? Are you ready to go three days without



basic services and power? Do you have a family plan that includes your pets? Have you communicated that plan to your command? If you are in the Navy, have you updated your personal information with Total Workforce Management Services (TWMS)? If you don't have answers, now is the time to do something about it. I cannot be more emphatic when I say that you and your family need to be prepared for all destructive weather possibilities.

Disaster preparations include knowing what resources are available to you before a crisis occurs. This issue of *The Currents* can serve as an informational starting point. Our Fleet and Family Support Center maintains a wealth of materials to help you prepare. They also can provide hurricane preparation briefs. An abundance of information is available online through the American Red Cross, Ready Navy, getgameplan.org, and you may even find others. Become a friend or fan of the NAS JRB New Orleans Facebook page and follow @NASJRBNO on Twitter. Should a storm come our way we will use each of these tools to distribute information.

Simply put, if you have not prepared for hurricane season, start now! Become part of the solution, and don't be afraid to ask for help in your preparations.

Visit our website  
for more  
weekly specials!

**Rotolo's**  
Pizzeria

WWW.ROTOLOS.COM



**MILITARY DISCOUNT**  
**10% OFF** with a valid  
Military ID

Cannot be combined with any other coupon, discount, or special. Limit one coupon per customer per visit. Valid at the Belle Chasse, LA location only.

102 Woodland Hwy. | Belle Chasse, LA 70037 | 504.433.7100

**Soft-Touch**  
**EXPRESS**  
Wash & Lube

569 Behrman Hwy, Terrytown La 70056  
Between Carol Sue Ave & Holmes Blvd  
Mon-Sat 8-6 Sunday 9-4

**WE APPRECIATE OUR MILITARY!**

Thrifty Tuesdays  
\$10 OFF  
ANY Oil Change

Washin' Wednesdays  
\$2 OFF  
ANY Car Wash

Cannot be combined with any other offers or coupons.

**Computer Slow??**

**Stop The Pop-Ups!! Get a Tune-up!!!**

Let Tri-Tech professionally remove all viruses and pop-ups from your computer and install a professional, commercial-grade anti-virus program that will keep your computer clean and safe.

**Tune-up.....\$95.00**

**Anti-Virus software (1 YR).....\$45.00**



**Tri-Tech Computer Services, Inc.**

Computer Sales-Service, IT and Networking Specialist Est. 1984

1612 Baratavia Blvd. Marrero, La. 70072 • 504-348-3507  
Larry W. Brothers, Proprietor • Lwb@tri-techcomputers.com

## THE Currents

Vol. 27 No. 5

May 2016

This newspaper is an authorized publication for the New Orleans area military community. Its contents do not necessarily reflect the official views of the U.S. Government, the Department of Defense, or the U.S. Navy under exclusive contract with the U.S. Navy and do not imply endorsement thereof.

The Currents is published monthly by the Polo Company, a firm in no way connected with the Department of Defense or the U.S. Navy, under exclusive contract with the U.S. Navy. For information on placing an advertisement, contact Samuel F. Polo, Publisher, The Polo Company, 359 Fairfield, Gretna, LA 70056, phone (504) 363-9010, FAX (504) 366-4826.

The next issue of The Currents will be published on Wednesday, June 1, 2016. Questions concerning content for publication are heartily encouraged and must be received at the Public Affairs Office, Naval Air Station, Joint Reserve Base (NAS JRB), 400 Russell Ave., New Orleans, LA, 70143-5012, phone (504) 678-3260, by close of business on Friday, May 20, 2016.

The appearance of advertising in this newspaper, including inserts or supplements, does not constitute endorsements by the Department of Defense, the Navy, NAS JRB, or The Polo Company of the products and services advertised. Everything advertised in this newspaper shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected.



Naval Air Station JRB New Orleans  
Capt. Mark Sucato

Commanding Officer



### The Currents' Staff

Public Affairs Officer.....Andrew Thomas  
Editor.....Tammy Prine  
Writers.....MC1 John Hulle  
MC2 Edward Gutierrez

### For The Polo Company

Publisher.....Samuel F. Polo  
President.....Vicki A. Polo  
Advisor.....Rear Adm. T.F. Rinard  
(USN-Ret.)  
Promotion and Development.....Tippi Gallia  
Senior Advertising Consultant.....Norman Umholtz  
Graphics and Production Manager.....Ashleigh Vasquez  
Distribution.....MUN Distributors  
Sales Manager.....Jerry Forstater

# Volunteers Complete Successful Tax Season

By Mass Communication Specialist 1st Class John Hulle  
**The Currents' Staff**

The filing deadline for federal tax season has come and gone. For those who filed their taxes on time, many used the Volunteer Income Tax Assistance (VITA) program aboard Naval Air Station Joint Reserve Base (NAS JRB) New Orleans.

The program provides free tax-filing assistance to active-duty service members, reservists on orders longer than 30 days, retirees and dependents.

The primary purpose of the Navy's VITA program is to ensure that Sailors and their dependents receive basic federal and state tax assistance at no cost, so they can focus on mission execution and spare themselves the cost of expensive commercial tax-filing services, said Legalman 1st Class Samantha Garrity, site coordinator for the VITA program at NAS JRB New Or-

leans.

"It could cost up to \$150 for a basic tax return and up to \$400 for a more complex return, if you went to an accountant," said Garrity. "The program was designed for your average Seaman, but we didn't limit it to someone who made more money."

Beginning in November, Garrity and 12 volunteers began training from the IRS with a certified public accountant and tax attorney "to teach the ins and outs so they can assist a customer with their taxes," said Garrity.

VITA was opened for customers from Jan. 25 through April 15. During that time they were able to serve 59 customers, from every military branch. Those customers received a total of \$81,641 in tax returns. Garrity said overall she, and the other volunteers spent 680 hours with preparation, training and serving customers.

She said the VITA program promotes financial accountability and teaches Sailors how

to prepare their own taxes, a skill they can use throughout their careers.

"We provided our customers with the tools to do their taxes and we assisted all customers that came in. If someone came in with a disability, and for example couldn't type, we were there to help," said Garrity. "If they didn't have the electronic means, or didn't feel comfortable doing it on their own we provided information and helped them through the process."

Garrity said people enjoyed the convenience of having a computer, internet and printer available. "A lot of the clients were retirees and they didn't necessarily have all the means. So they would need to pay to have it done, but they had it done free," she said.

"We did have a fair amount of people state that even though they felt comfortable doing their taxes, they planned on coming next year to make sure they do it correctly," said Garrity.



Sailors from the Volunteer Income Tax Assistance program aboard NAS JRB New Orleans pause for a photo April 15. Volunteers include: from left, first row, YN1 Najla Fields and AME3 Carmina Flores; second row LS1 Lacy Matticks, LN1 Samantha Garrity and HT2 Bryant Curtis; third row LS1 Yer Xiong and HN Tyler Garlick; back row AS2 Jerry Williams and PS3 William Martindale. Volunteers not pictured were ABH1 Luis Perezschelmetty, AC2 Clarice Alba, ET1 Alexander Vidmar and AM1 Lloyd Barton.  
*Photo by MC1 John Hulle*

## May 30, 2016 • Memorial Day

at 1100 hours

Fleet Reserve Association Branch 162

703 Keppler St. Gretna, LA

is having a two bell ceremony

*limited parking available*

*Please be seated prior to ceremony*

Following the two bell ceremony there will be a special MIA/POW ceremony

There will be a guest speaker following the above ceremonies

Food and drink will be provided

**Open to the public**



## Stand-Up Open MRI Centers of Louisiana

**Stand-Up Open MRI  
shows pathology better  
than conventional MRI's**



- Accommodates Patients up to 500 lbs.
- The Only MRI Capable of Imaging Weight Bearing, Flexion & Extension of the Spine
- High Image Quality
- ACR Accredited Facility
- All Major Insurances Accepted



NEW CONVENIENT  
OFFICE HOURS

MON. - THUR.  
7AM - 6PM

FRIDAYS  
7AM - 5PM

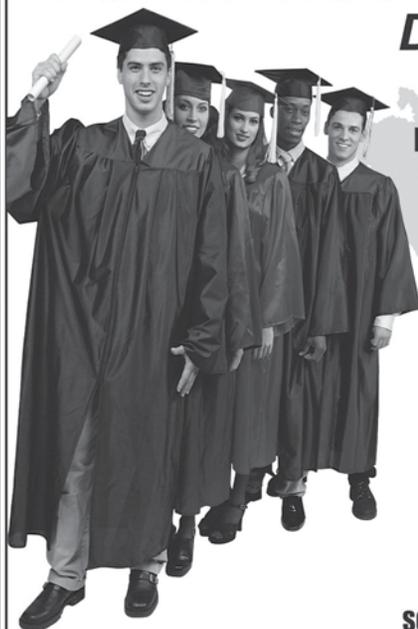
SATURDAYS  
8AM - 3PM

Please see our website:  
[www.StandUpMRILA.com](http://www.StandUpMRILA.com)

Call 504-934-4000 or Fax 504-934-4001  
4349 Loveland St. Metairie, LA 70006

## Northwood University

*Discover the Leader  
in You...*



Bachelor of Business Administration Degree  
Management  
Health Care Management  
Marketing  
Automotive Marketing & Management  
Automotive Aftermarket Management  
Management Information Systems

Accelerated Adult Evening Classes  
Previous College Credit  
Work/Life Learning Evaluations

We are a  
SOCNAV/SOCMAR/SOCCOAST/SOCAD School

Northwood University offers a unique adult evening college program.  
Let us help you design an individualized educational plan.

Northwood University: Developing the future leaders  
of a global, free-enterprise society.

Serving the New Orleans area since 1983

400 Russell Avenue Bldg. #123  
Naval Air Station - Joint Reserve Base  
New Orleans, LA 70143

For more information call  
**(504) 392-3025**



### Belle Chasse Academy Meetings Notices

Board of Directors

**May Meeting -**  
2 May 2016 • 7 p.m. at BCA

**June Meeting -**  
6 June 2016 • 7 p.m. at BCA

Please check the BCA web site for  
Board of Directors Committees Meetings and  
PTO Meeting

For information & updates: [www.bellechasseacademy.com](http://www.bellechasseacademy.com)



## BELLE CHASSE ACADEMY

P.O. Box 25 • 100 Fifth Avenue • Naval Air Station-JRB • New Orleans, LA 70143-5999  
504-433-5850 • Fax 504-433-5590 • [www.bellechasseacademy.com](http://www.bellechasseacademy.com)

Located Aboard  
Naval Air  
Station-JRB,  
New Orleans

### Wedding Photography

*Jerry Forstater and Kerry Pitre*  
**60 Years Combined Experience**

*Affordable Photography  
for any Event*

*Professional Video Services also Available*

*Kerry Pitre, 504-834-3266, [kerrypitrephoto.com](http://kerrypitrephoto.com)*  
*Jerry Forstater, 504-231-0266, [uncle.jerry@att.net](mailto:uncle.jerry@att.net)*  
*SKI,USN,(RET)*

## Brand New In Box!

60 Qt. Steam/Boiling Pot

Double Jet Cooker

MSRP \$150<sup>00</sup>/ Asking

**\$90<sup>00</sup>**



Call Vicki **504-487-2019**



**2016**

### Westwego Farmer's Market

FRIDAY - APRIL 8th Concert - DAROCKITS

SATURDAY - MAY 14th - Crawfish Cook-off

FRIDAY- MAY 20TH Concert - FAITH IN THE MUSIC

FRIDAY- JUNE 17th Concert - WAYLON THIBODEAUX

FRIDAY - JULY 1ST Concert/Fireworks - BRAD SAPIA

FRIDAY - AUGUST 26th Concert - DANNY ALEXANDER

FRIDAY - SEPTEMBER 9th Concert - AARON FORET

FRIDAY - OCTOBER 14th Concert - NIGHT TRAIN

WEGO FEST - NOVEMBER 12TH, 13, - TBA

SATURDAY - DECEMBER 31st New Years Eve Bash / Fireworks

Westwego Farmers & Fisheries Market



[www.CityofWestwego.com](http://www.CityofWestwego.com)

## Navy Unveils New, Eased Tattoo Policy

By Mass Communication  
Specialist 2nd Class  
Edward Gutierrez III  
The Currents' Staff

In a bid to increase retention and recruitment, the Navy recently approved a liberal new tattoo policy that is being called the military's most lenient.

Under the new rules, Sailors are allowed one tattoo on their neck or behind the ear and full sleeve tattoos. According to the Pew Research Group, up to 33 percent of the millennial generation wear body art. Only the tops of heads are off limits under the new policy.

"The Navy tends to be a youth oriented service," said Vice Chief of Naval Operations Adm. Michelle Howard. "Eighty five percent of enlisted Sailors and 50 percent of officers are millennials, people born between 1980 and 1999."

The Navy-Specific Administrative Message 082/16 took effect April 30 and authorizes Sailors to have one tattoo on their neck, as long as it doesn't exceed one inch in any direction. It also allows Sailors to have visible tattoos of any size or number below the elbow or knee. The new policy also allows tattooed members to be placed in billets at Recruit Training Command or Recruiting Commands that were previ-

One tattoo allowed on the neck.  
Tattoo cannot exceed one inch in any direction.

No longer restricts size or amount of tattoos on arm.

No longer restricts size or amount of tattoos on leg.

\*\*\*\*Tattoos must not be racist, sexist, extremist or indecent nor bring discredit upon the naval service. Additionally, tattoos shall not advocate discrimination based on sex, race, religion, ethnicity, or national origin.



Navy illustration by MC2 Lorenzo Burlison

ously off limits to Sailors with sleeve tattoos.

While many aspects of the Navy's tattoo regulations may have changed, some have not: no tattoo can be prejudicial to good order, discipline or moral. Nor can tattoos be of any nature that casts a bad light on the naval

service.

Marines, even those assigned to Navy commands, will not fall under the Navy's new tattoo policy. While the Marines will be updating their own policies, they will still not be able to have sleeve tattoos that will be visible in short sleeve uniforms.

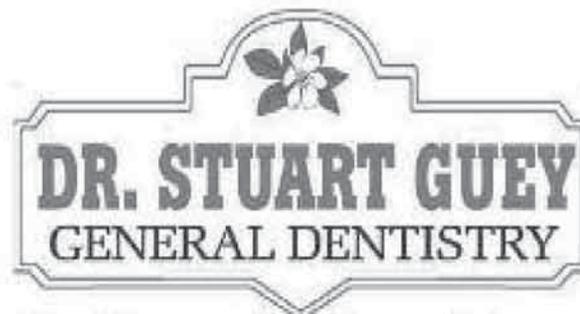
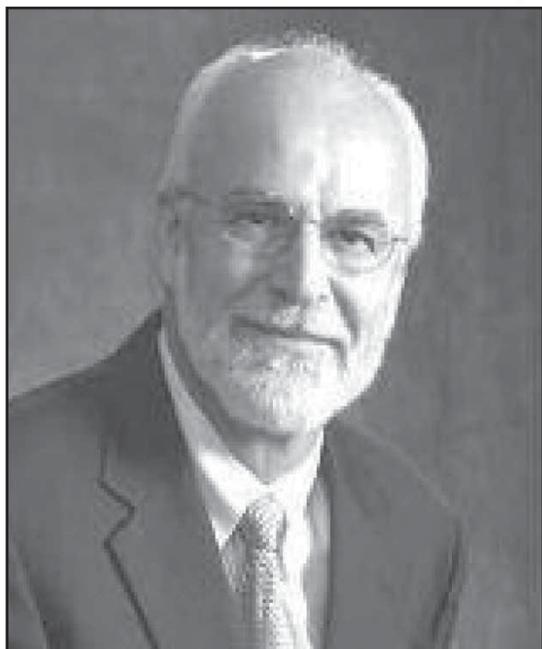


Members of the 167th Medical Group, West Virginia Air National Guard, Martinsburg, W.Va., transport a simulated patient onboard a W.Va. Air National Guard C-17 Globemaster III during Operation Vigilant Guard at NAS JRB New Orleans April 15.

Vigilant Guard is a federally funded exercise that is supported by the National Guard Bureau and sponsored by the United States Northern Command, whose mission is to provide homeland defense, civil support and security cooperation to defend and secure the United States and its interests.

Additional parts of the exercise took place around the state including Camp Beauregard, Camp Minden, and in Baton Rouge, Zachary and Roseland, La. In addition to LANG forces, Guardsmen and active-duty service members from Texas, Florida, Arkansas, West Virginia, Colorado, Mississippi and Oklahoma traveled to Louisiana to participate in the exercise.

Air National Guard photo by Master Sgt. Daniel P. Farrell



New patients welcome  
Invisalign braces  
Emergencies seen same day

8951 Hwy 23 • Belle Chasse, La 70037  
(504) 394-6200 • Fax (504) 394-6290

[www.drguey.com](http://www.drguey.com)

**OIL AND FILTER CHANGE**

Plus Tire Rotation & Multi Point Check

**\$24.95**

Some vehicles higher  
Lucky Rogers Express Car Care  
1529 Eight St. • Harvey, LA 70058

**FRONT END ALIGNMENT**

Better Fuel Milage  
Less Wear & Tear On Your Tires

**\$39.95**

Some vehicles higher  
Lucky Rogers Express Car Care  
1529 Eight St. • Harvey, LA 70058

**INJECTION SYSTEM TUNE-UP**

Improve Fuel Economy  
Save Money @ the Pump

**\$88.95**

Some vehicles higher  
Lucky Rogers Express Car Care  
1529 Eight St. • Harvey, LA 70058

**COMPLETE FRONT BREAK JOB**

Machine Rotors & Replace Brake Pads

**\$119.95**

Some vehicles higher  
Lucky Rogers Express Car Care  
1529 Eight St. • Harvey, LA 70058

**AUTO REPAIRS • IMPORT & DOMESTIC**

**LUCKY ROGERS EXPRESS CAR CARE**



**Owned and Operated by  
NAVY veteran**

We are not afraid  
of the competition

**WE ARE THE  
COMPETITION**

504.366.7500  
Lucky Rogers Express Car Care • 1529 Eight St. • Harvey, LA 70058

**WE'LL FIX IT RIGHT OR IT'S FREE!**



Check out our ad on  
Newswatch Channel 15 Rebroadcast

**Monday - Friday  
7:30am to 6:00pm  
(near Best Buy)**

**366.7500**

**1529 Eight St. • Harvey, LA 70058**

# Hurricane Season 2016: Are You Prepared?

By Mass Communication Specialist 2nd Class Edward Gutierrez  
The Currents' Staff

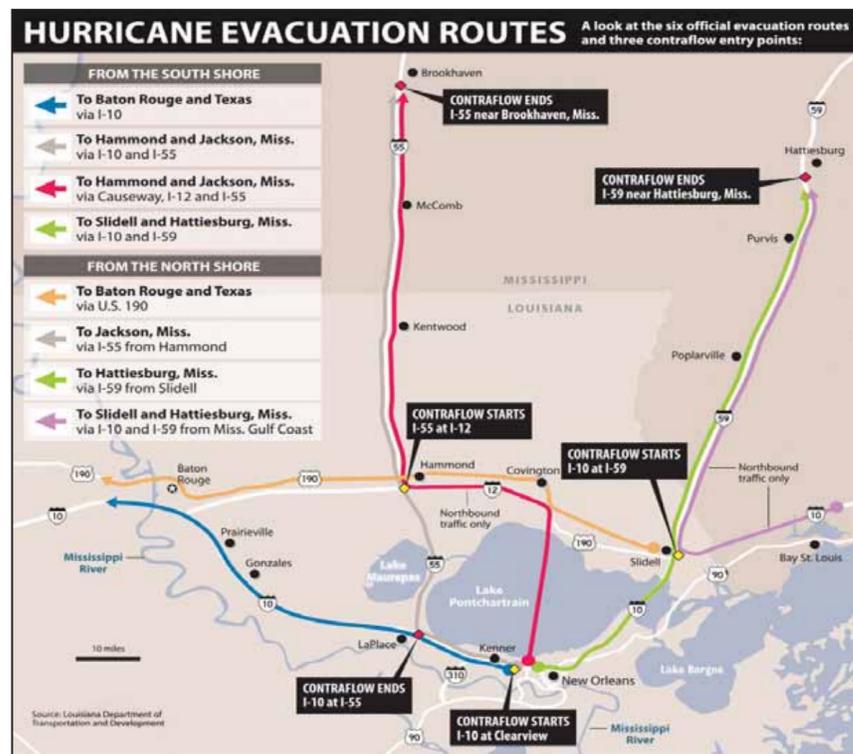
cially in South Louisiana, carry devastating effects, such as storm surge, heavy rains and winds.

According to researchers Philip Klotzbach and William Gray of Colorado State University (CSU), this hurricane season, while only considered to be of average intensity, should still be busier than the past three, which have produced below average numbers

of hurricanes and tropical storms. This is due in part to a weakening El Nino, and the onset of La Nina, which allows for stronger than average hurricanes in the Atlantic basin, while lessening activity in the Pacific.

The CSU forecast predicts 12 named storms in the Atlantic this season, including five hurricanes with two of those becoming major hurricanes, or hurricanes considered to be Category 3 or greater. The average hurricane season according to the National Oceanic and Atmospheric Administration (NOAA) produces 12 named storms, six hurricanes and three major hurricanes. This year's forecast predicted a 29 percent chance of a major hurricane making landfall on the Gulf Coast, a 41 percent chance of a weaker hurricane hitting the Gulf Coast, and a 57 percent probability of a tropical storm striking the Gulf Coast.

Hurricane Alex, which became a hurricane on Jan. 14 in the northern Atlantic Ocean, made history by becoming the first hurricane to form in the Atlantic in January since 1938. Even though this season is



not forecast to be particularly strong, now is the time to begin preparing your home, vehicle and family for hurricane season. According to Jim Bouchie, emergency management officer for Naval Air Station Joint Reserve Base (NAS JRB) New Orleans, one of the

biggest mistakes people make is not respecting the danger of severe weather.

"Don't underestimate a storm," said Bouchie.

Hurricane Andrew, a powerful Category 5 hurricane that devastated South Florida in 1992, was one of only six

named storms to develop that year.

The Louisiana Governor's Office of Homeland Security and Emergency Preparedness recommends keeping at least three days of non-perishable food items and seven days of any needed medications. Dis-

aster supply kits should include items to help endure the lack of basic utilities and ease of acquiring more supplies. Some items to consider including in a disaster kit are a handheld radio, flashlights, and extra batteries.

It is also very important to create a personal file containing copies of important documents like birth certificates, driver's licenses, medical records and insurance policies to take in case of an evacuation. Make sure these important documents are kept in a watertight container in case of flooding.

In all cases it is important to be prepared for sustainment for weeks, or even months, in a worst-case scenario. Government agencies may not be able to respond quickly, so have a reserve fund on hand to pay for any potential evacuation related expenses like hotels, pet boarding, or extra supplies of any prescription medicines.

Often times the best option for people who are considered non-essential is simply to evacuate.

"If you feel uncomfortable, leave," said Bouchie.

Fleet and Family Support Center (FFSC) offers both in-

dividual and group hurricane preparedness counseling to service members and their families and can help plan, especially for those members with pets or exceptional family members. The FFSC staff can also help service members learn about some programs by agencies such as Navy-Marine Corps Relief Society, Red Cross and USAA to provide resources and entitlements in times of disaster or displacement.

Mother Nature is powerful and severe weather is unpredictable. The best defense against disaster is to be prepared. According to Bouchie, one of the most powerful tools he has as emergency management officer is the AtHoc Interactive Warning System employed on NAS JRB New Orleans.

"Mass warning and notification is the essential means of getting the word out as quickly as possible," said Bouchie. "Otherwise, you might be out of the loop for critical information such as storms, active shooter situations or other emergencies."

Registering for AtHoc notifications is simple. Those who have Navy Marine Corps In-

tranet (NMCI) access can register for the service from a computer desktop. All others can call the NAS JRB emergency management office at 504-678-4771 to register. Another helpful service is the Reverse 911 service from Plaquemines Parish. Parish government suggests that all residents of Plaquemines Parish and all businesses in the parish register to receive criti-

cal information in an emergency situation. Residents can register up to three telephone numbers for the free service by going to <http://alertregistration.com/plaquemines>.

No matter what the predictions or forecasts say, it only takes one storm to make any hurricane season a busy one for you and your family. Whether this year or next, a storm will strike. Prepare now.

### 5 THINGS TO KNOW ABOUT HURRICANE HAZARD RISKS

- 1 Storm surge is water pushed ashore by the winds of a tropical cyclone. It has caused more fatalities than any other hurricane hazard.
- 2 Winds from a hurricane are 74 MPH or greater and can cause massive damage to buildings and structures in their path.
- 3 Inland flooding is the most frequent cause of tropical cyclone fatalities. It can occur far from the coast and long after landfall.
- 4 Tornadoes are commonly spawned by a hurricane and can cause damage far away from the center of the hurricane.
- 5 Rip currents and waves along and near the coast can be deadly even if the center of the storm passes well offshore.

### 5 THINGS TO KNOW ABOUT EVACUATION

- 1 Find out today if you live in a hurricane evacuation zone.
- 2 Plan today where you would go and how you would get there if told to evacuate by local officials.
- 3 If you don't live in an evacuation zone, identify someone who does and plan to be their inland evacuation destination.
- 4 Leave immediately when told to evacuate by local officials.
- 5 Identify an evacuation point that will accommodate your pets as many shelters do not permit them.

### 5 THINGS TO KNOW ABOUT WHERE TO GET HURRICANE INFO

- 1 Television - Tune in to your trusted local news source.
- 2 Phone - Use your cellular phone to access [mobile.weather.gov](http://mobile.weather.gov) for mobile emergency alerts.
- 3 Radio - Receive severe weather forecasts with a portable weather radio.
- 4 Social Media - Follow official local and federal agencies, media partners and share info with friends and family.
- 5 Computer - Access local and federal emergency management websites like [weather.gov](http://weather.gov)

### 5 THINGS TO KNOW ABOUT UPDATING YOUR INSURANCE

- 1 Have an insurance check-up once a year with your agent well before hurricane season, whether you own or rent.
- 2 Make sure you have flood insurance that is separately obtained and has a 30-day waiting period before taking effect.
- 3 Visit [floodsmart.gov](http://floodsmart.gov) to learn about your flood risk and flood insurance options for your area.
- 4 Prepare your home and vehicles according to your specific insurance policies to ensure damages are covered.
- 5 Know where your insurance documents and contact information are located. Take them with you if you evacuate.

### 5 THINGS TO KNOW ABOUT BEING PREPARED FOR A HURRICANE

- 1 Writing down your plan will ensure you don't make any mistakes when faced with an emergency.
- 2 Document all your valuables with a video or still camera well before the storm.
- 3 Gather all important documents, like passports or medical records, and put them somewhere you can quickly access.
- 4 Make preparedness a family affair so everyone knows what to do in case of an emergency.
- 5 It does NOT matter how many hurricanes are forecast to develop this year. It only takes ONE storm.

### 5 THINGS TO KNOW ABOUT STRENGTHENING YOUR HOME

- 1 Keep trees around your home trimmed well before a storm to prevent damage from broken branches.
- 2 Shop now for tested and approved window coverings to put up when a storm approaches.
- 3 Bring loose outdoor items such as patio furniture inside. They can blow around and cause damage to homes.
- 4 Secure all doors on your property. Remember that the garage door is usually the most vulnerable.
- 5 Move your car inside a garage or to another secure location.

### 5 THINGS TO KNOW ABOUT GETTING YOUR HURRICANE SUPPLIES

- 1 Food/Water - Get supplies well in advance, enough for each person to last at least one week.
- 2 Medicine/First Aid - Have 30 days worth of medicines and medical supplies. Fill prescriptions before the storm.
- 3 Communications - Have extra batteries or portable chargers for your cell phones and batteries for your radios.
- 4 Gas - Fill up your car or a gas can beforehand. If the power goes out, you will be unable to pump gas.
- 5 Money - Have cash on hand. With no electricity, ATMs and credit cards will not work.

## Celebrating Earth Day at NAS JRB

By Mass Communication Specialist 1st Class John Hulle  
**The Currents' Staff**

Eco warriors from across Naval Air Station Joint Reserve Base (NAS JRB) New Orleans pitched in to spruce up the installation April 22.

The base environmental division coordinated the event by providing personal protective equipment, trash bags and all the necessary tools during a safety brief early in the morning. Then, broken up into groups, they spread to the wind to beautify their small part of mother earth.

"Not only did everyone gain the pride of doing something worthwhile for the environment and their fellow man, participants also received an Earth Day T-shirt and were able to partake in a fantastic picnic feast

when the clean-up was over," said Roger Johnson, NAS JRB New Orleans Earth Day coordinator.

Air Traffic Controller 1st Class Alexander Allen, assigned to NAS JRB New Orleans, said "we are out here to better the base. Everyone loves the base and we do whatever we can to keep it clean. We live on the earth, it's our home and we need to take care of it."

The first Earth Day was celebrated in the United States on April 22, 1970 and was the culmination of a seven-year planning process sponsored by its founder Senator Gaylord Nelson.

Earth Day was first proposed to bring attention to what the New York Times called "a rising concern about the environmental crisis that is sweeping the nation's campuses with an intensity that may be on its way

to eclipsing student discontent over the war in Vietnam". Twenty million people participated in inaugural Earth Day activities in the United States and that number has grown exponentially each year with more than 140 countries participating in celebrations on Earth Day's 20th anniversary in the spring of 1990. Last year more than 290 million people participated in Earth Day activities world-wide.

The time frame from 1970 to 1990 saw great strides taken in support of the environment and Mother Earth including the establishment of the Environmental Protection Agency in December 1970, the founding of the first environmental activist organization (Greenpeace) in 1971, the implementation of the Clean Water Act in 1972, and the passing of the Endangered Species Act in 1973 as well as many other initiatives.



ETC Christopher Scott, assigned to NAS JRB New Orleans, cleans debris out of a ditch during an Earth Day base clean-up April 22. More than 100 volunteers came to spruce up the base.

Photo by MC1 John Hulle

## MWR Running Club Back on Track

By Mass Communication Specialist 1st Class John Hulle  
**The Currents' Staff**

Every morning aboard Naval Air Station Joint Reserve Base (NAS JRB) New Orleans runners can be seen logging miles on the trails, jogging paths and treadmills at the base gym. People run for various reasons — to stay in shape, lose weight, or to prepare for and pass their Physical Fitness Assessment!

Morale Welfare and Recreation (MWR) fitness director Jerry Burnette has come up with a way to put a little pep in everyone's step.

"The new MWR Running Club, which already has 86 members, promotes and encourages fitness through dis-

tance running in personal, competitive and social running engagements," said Burnette. "In support of this goal the running club will promote and conduct races and other running activities."

Burnette said to participate in the club, people can stop by the base fitness center and register. Runners log their miles, either outside, as Burnette prefers, or on a treadmill. Runners need to run a minimum of two-miles per outing and at least three times a week. Running logs should be initialed by a supervisor to keep them apprised of progress, according to Burnette.

At the 100 miles, 250 miles, 500 miles, 750 mile and 1000 miles milestones, participants are eligible for awards.

"I have been logging my

miles for the running club for a week. I run a lot to begin with, but it's giving me a push to put in a few extra miles. I expect to have 100 miles by the end of May," said Air Traffic Controller 1st Class Robert Savacool, assigned to NAS JRB New Orleans.

Savacool said running has always been a hobby of his since high school. "After joining the military I just kept it up," he said. "It's hard to explain; some people lift weights, some people collect stamps. Running is a great hobby.

"I encourage everyone. It's a great program. It builds camaradery and it's a great way to meet friends and beat stress," Savacool added.

For more information call the fitness center at 504-678-3230.



Runners log some early morning miles in aboard NAS JRB New Orleans April 20. MWR recently started a running club to motivate more people to enjoy running and track their progress.

Photo by MC1 John Hulle

## WWII Veterans: *continued from Page 1*

there was there because they really wanted to be. I'm never going to forget that," she said.

Gibbs said one of the most important parts of the Soaring Valor program is the preservation of the service members' personal stories from during the war. "We capture and record their oral histories. The historians talk with them about their experience."

He said it's important for the

museum, for the public, to know the stories of all the service members during this decisive moment in history, not just the general's perspective, but from the privates who physically "built bridges and fought Germans."

"Every World War II veteran is a living library. Their first-person accounts of the war are treasures to be preserved. Through Soaring Valor, we've

partnered with The National World War II Museum to record the individual stories of America's Greatest Generation and share them with the world," from Gary Sinise Foundation website.

More than 100 veterans in the last 10 months have visited the museum through the Soaring Valor partnership.

Gibbs said this particular event was significant. Thomas

Mason, turned 101 during the event and there were two special quests with the group; Mary Jean Eisenhower a granddaughter of Gen. Dwight D. Eisenhower and Gen. Robin Rand, commander, Air Force Global Strike Command, Barksdale Air Force Base, La.

"Freedom and security are precious gifts that we, as Americans, should never take for granted. We must do all we can

to extend our hand in times of need to those who willingly sacrifice each day to provide that freedom and security. While we can never do enough to show gratitude to our nation's defenders, we can always do a little more," said Gary Sinise.

Veterans interested in the Soaring Valor program can apply through the website: <http://www.nationalww2museum.org/soaringvalor.html>.

# SUPER BINGO \$16,000

**WESTBANK OPTIMIST CLUB**

**Tuesday, May 3rd, 2016**

EARLY BIRD GAMES BEGIN - 7:30PM  
GAMES STARTS - 8:00PM

01, 02, 03, 04, 05	"Early Bird Games"	\$100.00 ea.*
1st Game	"Reg. or 4 Corners"	\$500.00
2nd Game	"Reg. or 4 Corners"	\$500.00
3rd Game	"+"	\$1000.00
4th Game	"U"	\$1000.00
5th Game	"I"	\$1000.00
6th Game	"H"	\$1000.00
7th Game	"X"	\$1000.00

## INTERMISSION

8th Game	"□" (Prog. B)	\$1000.00
9th Game	"BONANZA"	\$1500.00*
10th Game	"T"	\$600.00

11th Game "COVERALL" (Prog. A) \$2500.00

**\*\*2nd Chance\*\* \$1000.00**

12th Game	"X" BAG GAME	\$1000.00*
13th Game	"T"	\$500.00
"BABY BLACKOUT"		*\$1000.00*

"No FREE Birthday Cards on Special Games"

**CARD PRICES - 6 Cards for \$35.00**

Each Additional 2 Cards for \$5.00

Electronic Dabber (22 cards) - \$70.00

DOUBLE STIMULUS (40 cards) - \$80.00

(includes 2 Half Packs)

\*NOT INCLUDED IN GAME PACK

**GAMES 7 DAYS A WEEK**

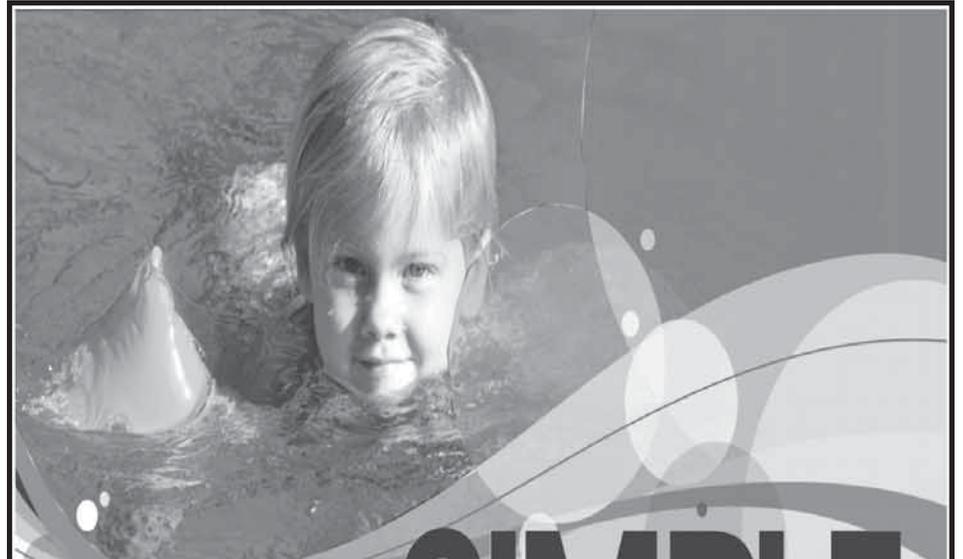
3PM-8PM-10:30PM

WED, THURS, FRI, SAT 12:10 NOON



1900 FRANKLIN AVE.  
GRETNA, LA 70053  
(504) 368-4443

**VISIT VIDEO ROOM  
WIN \$1000**



Still as **SIMPLE**  
as 1-2-3

When it comes to effortless pool care, BioGuard's comprehensive pool care systems are simply the best. That's because each system is broken down into three easy-to-follow steps – starting with Step 1: adding a sanitizer (our best products feature patented SilkGuard® Technology) to quickly kill bacteria followed by Step 2: using the recommended shock to destroy contaminants and Step 3: adding an algicide to stop algae before it starts. Simple, huh? Visit us today to learn more on the simplicity of following a BioGuard system.



Billiot Pools  
555 Lapalco • Gretna, LA  
**504-433-5455**  
www.billiotpools.com

Proud sponsor of Splash for CF®  
www.SplashforCF.org



guarding more than your pool  
BioGuard is a registered trademark of BioLab, Inc.  
bioguard.com

# Stroller Warriors Provide Fitness, Friendship for Military Spouses

By The Currents' Staff

Stroller Warriors Running Club, a free, global running club for military spouses and their families, was recently featured in the April 18 edition of the Military Times Homefront section. The Stroller Warriors mission is to help military families around the world live happier, healthier lives through fitness, friendship, leadership, goal-setting, networking, fundraising, and community service.

The club was first established at Camp Lejeune, N.C. in 2010 by Stephanie Geraghty, Military Spouse Magazine and Armed Forces Insurance's 2012 Marine Corps Spouse of the Year.

"Since our first workout we've grown by the thousands and we have added numerous new chapters around the world," Geraghty said. "Training and running races provide a positive source of focus and accomplishment, plus an effective outlet to balance the challenges military life presents. I believe that many problems can be solved and friendships can be nurtured just by heading out the door on a run."

Stroller Warriors does not demand specific running paces or standards. Members must have goals of running, but all ability levels are invited to join. Children are not required and many members attend workouts without a stroller.

"The local Stroller Warriors group, Stroller Warriors New Orleans began in 2011 and is one of 32 chapters around the world," said Wendy Bowen, local chapter coordinator. "We have about 260 members on our roster and I have six workout assistants that help lead our workouts."

The assistants for the New Orleans chapter are Anastasia Lyons, Mary Fisher, Amanda Connick, Heather DePremio, Karlee Bernal and Monica Corona. The event planner is Mindy Ussery.

"Our aim is to provide motivation, camaraderie, and support for military spouses and their families in the Naval Air Station Joint Reserve Base (NAS JRB) New Orleans area. We meet twice weekly here and once at Federal City."

A typical group workout consists of a planned run followed by ground work exercises while the children play and socialize.



Members of the New Orleans Chapter of Stroller Warriors® Running Club come together for a photo before the 8K Shamrockin' Run in New Orleans, March 13. Stroller Warriors is a free, global running club for military spouses and their families.

Photo by Juan Jimenez

When they are not running, Stroller Warriors members are focused on their community outreach programs. Members band together to support their communities in many ways, including meal trains, collecting household and clothing items for communities affected by natural disasters, and volunteering at local races. In addition, they support many charities, such as the Semper Fi

Fund, Soles for Souls, and the Fisher House.

"Our club promotes a positive, comfortable environment for men or women of all ability levels to run together, beginners to marathoners. Our membership has provided countless testimonials that this club is one of the most positive organizations they have ever been a part of. We are all equally valued as a part of this incredible

team," Geraghty said.

For more information on the Stroller Warriors® Running Club visit [www.strollerwarriors.com](http://www.strollerwarriors.com) or email [strollerwarriorsneworleans@gmail.com](mailto:strollerwarriorsneworleans@gmail.com). The local group can be found on Facebook: <https://www.facebook.com/StrollerWarriorsNewOrleans>.

*We're Military Spouses  
We're Runners  
We're Stroller Warriors*

## Crescent City Physicians is pleased to welcome **Susan R. Hemelt, M.D.** Gynecology



After 23 years of OB/GYN service on the Westbank, **Dr. Susan Hemelt** left her practice three years ago to work with the United States Army in Heidelberg, Germany. She is now back in practice with Crescent City Physicians and providing gynecologic care at their Westbank office.

Dr. Hemelt and her colleagues at the Westbank office – OB/GYNs Drs. William von Almen and E. Quinn Peeper – accept most major insurances, including Tricare, and are currently accepting new patients.

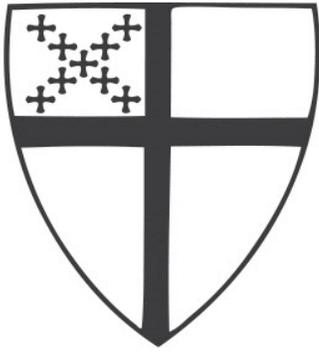
For more information or to schedule an appointment, call the office at **504.367.6971**.

3712 MacArthur Blvd., Ste. 200 | New Orleans, LA 70114



A Subsidiary of Tuoro

**CHURCHES CHURCHES CHURCHES CHURCHES**



**St. Philip's Episcopal Church**

3643 Aurora Drive, Algiers

504-394-2408

Office Hours M-F 9:00-12:00

*Saturday Mass: 5:00 p.m.*

*Sunday Mornings: 8:00 a.m. Rite I and 10:30 a.m. Rite II*

*Sunday School Bible Study*

**Hall Rentals**

mail: [Stphilipsno@msn.com](mailto:Stphilipsno@msn.com)

<http://www.stphilipsno.org/>

**St. Stephen  
Lutheran  
Church**

6336 Berkley Drive • New Orleans, LA 70131

**504-394-4956**

office hours M-T 10-3 • *Pastor Mark Hayman*



**Sunday Services**

Adult Worship 09:00

Children's Worship (3 years old thru 4th Grade) 09:00

Adult Bible Study 10:30



*Sharing God's Love at the  
CrossRoads of Life!*

- Dynamic teaching of the Word of God
- Diverse Bible study groups
- Opportunities for personal ministry
- Inspired uplifting worship
- Outstanding Children's Ministries

*Sunday Service is at 10am*

[www.mycrossroads.com](http://www.mycrossroads.com)

308 Avenue "J"

Belle Chasse, LA 70037

(504) 394-5111



Steve & Becky Smith  
Pastors



*Wherever you've come from,  
no matter how you've found us or*

*what's going on in your life...one thing is for sure. At  
WestPoint Church you'll see that there is something for  
you; a place for you to connect to friends, grow stronger  
as an individual or a family, and encounter God.*

**WestPoint Church • Connect to Life!**

★ ★ ★ ★ ★ ★ ★ ★ SERVICES ★ ★ ★ ★ ★ ★ ★ ★

Celebration Service • Sunday at 10:30 AM

EXPRESS Service • Wednesday 7-8 PM

Worship & Bible Study for all ages

EPIC Youth Ministry • Wednesday 7-8 PM

664 Behrman Highway • Gretna, La.

[www.westpointchurch.us](http://www.westpointchurch.us)

**(504) 366-7811**



**CHURCHES CHURCHES CHURCHES CHURCHES**

# Marriage: A Lot of Blessed Responsibility

By Lt. Cmdr. Shawn Turpin  
NAS JRB Chaplain



Chaplain's  
Corner

NAS JRB Base Chapel  
Catholic Mass  
Sunday at 8:30 a.m. and  
Tuesday-Friday at 11:30 a.m.  
Protestant Service  
Sunday at 11 a.m.

Marriage—a whole lot of blessing and a whole lot of responsibility. This is the time of year that so many are thinking about marriage. I have seen many couples recently—some are preparing for the future; some are trying to fix the past. I commend those seeking help. Just like you do not go into battle without at least basic knowledge and training, you cannot enjoy what is supposed to be the most important human relationship in your life without some

preparation. A successful marriage does not come easily.

There is help for you—whether you merely want to make something good even better or you feel that the light at the end of the tunnel has been extinguished until further notice. Let me share a few tidbits with you.

There are only five problem categories in marriage, according to Gil Stieglitz in his book

Marital Intelligence.

1. Ignoring Needs. Many husbands and wives do not understand what their spouse needs, nor do they know how to ask. Some know but don't care. Others feel frustrated because needs change. The Five Love Languages by Gary Chapman can help you understand what your spouse needs from you.

2. Immature Behaviors. This can be summarized by the simple word selfish. Marriage is not a 50/50 proposition. It is 100/100. If your spouse is feeling like 49% today, do you pull back, or do you love him/her unconditionally?

3. Clashing Temperaments.

Do you ever wish your spouse came with an owner's manual? They do—but you have to ask them. I recommend Mark Gungor's "Tale of Two Brains" from Laugh Your Way to a Better Marriage, which can be found on YouTube. I also suggest you both take some sort of temperament evaluation.

4. Competing Relationships. This can be a pet, a car, a boat, another person, a parent, a job, a hobby, or even a child. Nothing should take the place of your spouse. You must win them every day, just as you were trying to win their heart when you

were dating. Don't stop dating just because you said "I do."

5. Past Baggage. This can be a previous relationship, bad habits developed when growing up, being cynical because of past experiences, or much more.

These principles can be applied to any relationship. Feel free to call me at 504-678-3525 any time or e-mail shawn.turpin@navy.mil. Also, mark your calendar May 19-20 for a highly rated Marriage Enrichment Workshop sponsored by the USO.

Blessings,  
Chaps

## NEX Celebrates 70th Anniversary

By Mass Communication Specialist  
2nd Class Edward Gutierrez III  
The Currents' Staff



**Katie Wilson, NEX manager and Capt. Mark Sucato cut a cake in celebration of Navy Exchange Command's 70th anniversary.**

*Navy photo by  
MC2 Edward Gutierrez III*

family. The NEX Belle Chasse team strives for excellence. It was a true honor to celebrate 70 years of service for the military patrons."

Sucato and Command Master Chief Chad Helms were on hand to give out slices of cake and popcorn to patrons and representatives from Rockstar energy drinks gave complimentary beverages. Hughes signed autographs and posed for pictures with visitors.

"Some people from the Saints called me and asked if I'd like to come down and represent them and I said I'd love to," said Hughes. "Especially with what military members do and have done in putting their lives on the line for this country, it's really a great honor. Football players and actors and celebrities get all the accolades and make the big bucks, but you all keep us safe."

The Navy Exchange (NEX) aboard Naval Air Station Joint Reserve Base New Orleans (NAS JRB) celebrated Navy Exchange Command's (NEXCOM) 70th anniversary April 1 with a cake cutting and a special appearance by former New Orleans Saints Hall of Famer Tyrone Hughes.

"It can be easy to take the Exchange for granted," said NAS JRB New Orleans Commanding Officer Capt. Mark Sucato. "But it's really hard to overstate its importance."

Although NEXCOM can trace its history back to the days when Sailors had to depend on special ships to moor alongside their vessels in order to buy personal items, the Navy did not officially create a command to handle retail business until April 1, 1946. Today, NEXCOM oversees more than 300 Navy Exchanges, 39 Navy Lodges, 134 ships stores, the Navy Clothing Textile and Research Facility, Uniform Program Management Office, and Telecommunications Program Office.

"It's an honor to take care of the military members and family," said Heath Osterberg, operations manager for the NAS JRB New Orleans NEX. "The NEX and team members take pride in serving the military members and



## MWR Spotlights May 2016

### Library Happenings

#### Mother's Day Activity

Story time begins at 9:30 a.m. and will feature the reading of two books and Mother's Day craft activity.

#### Game Night

Come to the library May 24 at 4 p.m. for family game night. Bring the whole family to enjoy new board games and new game consoles, Xbox360 and PS4.

### Fitness Center

Captain's Cup Volleyball begins Tuesday, May 24 at 5:30 p.m. at the fitness center. Team registration deadline is May 6. Call 504-678-3230 for more information.

### Arts and Crafts

Color your own travel mug for mom for Mother's Day. May 7 from 10 a.m. until noon at the Liberty Center.

### Boondoggles

Celebrate Cinco de Mayo at Boondoggles May 5 from 6 until 9 p.m. with a night of entertainment and dancing. A dance instructor will also be on hand for those who want to learn some new moves.

Also enjoy a taco and nacho bar for a low cost of \$5 per person.

Everyone must be 18 years old to enter. For more information call 504-678-3509.

### Community Recreation

#### Burger Burn

Join MWR for food, fun and friends at the Liberty Center on Wednesday, May 11 from 11 a.m. to 1 p.m.

Cost is \$5 per person for a cheeseburger, sausage or hotdog and potato salad or macaroni salad and a non-alcoholic drink. Call 504-678-3034 for more information.

## MWR Office Moves



The MWR human resources and administration staff have moved into new office spaces in Building 261 across the street from the NAS JRB galley on Russell Dr. More MWR moves are scheduled this year. Visit the MWR Facebook page to keep up with all of the scheduled events.

[www.facebook.com/MWRNOLA](http://www.facebook.com/MWRNOLA)



# XPONENTIAL

MAY 2-5 | NEW ORLEANS  
AN **AUVSI** EXPERIENCE

Don't miss the **largest** unmanned systems and robotics show.

As a member of the defense community, you know how dangerous it can be to make important decisions without having all the facts. Make sure you register now for XPONENTIAL to guarantee your access to the latest information you need to be ready for what is next.

You'll get a fresh perspective from inspirational military leaders including:

- ✦ Gen. David G. Perkins, USA
- ✦ Brig. Gen. (Ret.) Frank Kelley, USN
- ✦ Col. James Jenkins, USMC
- ✦ Col. Courtney Cote, USA

**REGISTER TODAY** at [xponential.org/defense](http://xponential.org/defense)

## OVER 70 PRIME LOCATIONS OVER 9,500 QUALITY APARTMENTS

**Military Discounts  
for Active  
Military Members:**

**\$100 OFF  
DEPOSIT\*  
1ST APP FEE  
WAIVED\***

\*Conditions apply. Cannot be combined with any other offer.



**1.877.668.LAKE  
(5253)**



Visit us online at:  
**1<sup>ST</sup> LAKE .com**

*Hot Days.*

*Clear Skies.*

*Low Rates.*

*Cool Rides!*

RATES AS LOW AS 0.99% APR\*



- New – Used – Refinanced\*\*
- Available March 1-May 31, 2016
- Apply today at [www.nasjrbcu.org](http://www.nasjrbcu.org)

\*APR is the Annual Percentage Rate. Rates quoted are based on an individual's excellent and substantial credit and key loan characteristics, including, but not limited to, amount, term and vehicle characteristics. Other terms and conditions may apply. See your branch for complete details. \*\*Does not include vehicles already financed with NAS JRB Credit Union.