

Whiting Tower

Seventy Years of Aviation Training News

Naval Air Station Whiting Field, Milton, Fla.
Vol. 70 No. 12

Forging Wings for the Fleet
Wednesday, July 9, 2014

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Children visit firefighters who responded to accident

By Jay Cope, NAS Whiting Field Public Affairs

Firefighters at Naval Air Station Whiting Field witnessed the resiliency of children first hand Tuesday, Jun. 24 when two, young, kids they helped treat following an multiple car accident near Allentown in early June came by for a visit.

The children were smiling, scampering around on the fire trucks, eating cupcakes, and joking with the firefighters in a manner that may have been more cathartic for the station crew than it was for the youngsters.

“We hardly ever get to see the kids again once we say ‘bye.’ It’s rare to get any follow up after the incident, and it is good to know we did well,” Station Chief Steven Welch said during the visit. “It was a scary accident with some pretty serious injuries, and it’s just great to know they are doing well.”

The station was called to the three car crash Friday, June 6 as part of a standard mutual aid response. When they



Firefighter Powel, Lt. Wragg, Station Chief Welch, Capt. Banks, and Firefighter D.Q. Clark pose for a photo with Brittany, 13, Sarah, 12, Shelby, 11, and Josh, 8. Shelby and Josh were involved in a car accident that NAS Whiting Field firefighters responded to June 6. U.S. Navy photo by Lt. j.g. Brett Resue.

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Cover Photo: Firefighters from Naval Air Station Whiting Field along with Firefighters from the Summerdale Volunteer Fire Department participate in a firefighting training exercise, practicing techniques used in combating house fires. U.S. Navy photo by Lt. j.g. Brett Resue.

The Whiting Tower

Commanding Officer

- Capt. Matthew Coughlin

Executive Officer

- Cmdr. Gregory Gray

Command Master Chief

- Command Master Chief (AW/SW) Alton Smith

Public Affairs Officer

- Jay Cope

Public Affairs Staff

- Ensign Lindsay Grover

- Ensign Josh Lamb

- Lt j.g. Brett Resue

The Whiting Tower is an authorized publication for members of the Naval Air Station Whiting Field team, tenant commands, their family members and retirees in the surrounding area. The contents of this publication do not necessarily reflect the views of the U.S. Government, the Department of Defense or the Department of the Navy, and do not imply endorsement thereof. The editorial content is prepared, edited and provided by the Public Affairs Office of Naval Air Station Whiting Field.

Training Squadron THREE gardens their way to victory!!!

By Ensign Josh Lamb, NAS Whiting Field Public Affairs

You may not be able to carry a gun or drive a tank, but you can grow food for Victory! These words were what many individuals took to heart during both World Wars when produce was being rationed to support the troops overseas.

In 1944 nearly 20 million Americans had contributed to the war efforts by planting a victory garden. These home and community gardens acted as a morale booster for the citizens knowing that their hard work was supporting the troops overseas. During the war, these gardens helped provide over one third of the produce consumed in the United States equal to the amount of commercially grown produce at the time.

Following the war many people stopped planting victory gardens due to greater availability of food. Since the turn of the twenty first century however; interest in planting gardens has grown. In 2009 First Lady Michelle Obama planted a garden on the White House Lawn, the first since Eleanor Roosevelt during WWII.

Naval Air Station Whiting Field began growing victory gardens four years ago as a way to remember and honor those challenging times. Additionally, it has been used to spur some friendly competition between the different departments and squadrons on base.

The competitors each brought something special to the competition. Training Squadron THREE (VT-3) incorpo-

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Naval Academy 2014 Summer Seminar Program

The making of a United States Naval Academy Plebe

Story by Lieutenant Teng K. Ooi, PhD, Naval Academy and Captain Linda J. Beltra, MD, USN (Ret)

Each year in June, the U.S. Naval Academy (USNA) invites a select group of young men and women from around the nation to attend the Naval Academy Summer Seminar (NASS). This fast-paced, six-day leadership experience is designed to recruit rising high school seniors who are considering applying for appointment to the Naval Academy.

The NASS teaches prospective applicants about the life of midshipmen at the Naval Academy, where academics, athletics, and professional training are key elements in developing our nation's Naval leaders. Students live in the dormitory, eat in the dining hall and participate in a variety of activities that introduce them to the daily routine at the

- (Cont. on Page 5)



Students participate in group physical training, designed to test their endurance and teamwork and to reinforce their bonds as a class. Photo to courtesy of USNA.

This Day in Naval History

Jul 11

1798 - President John Adams signs an act that reestablishes the Marine Corps under the Constitution. The following day, Maj. William W. Burrows is appointed Commandant of the Marine Corps.

1918 - Henry Ford launches the first of the 100 intended Eagle boats. These boats have a solid cement bow, especially built for ramming and sinking submarines. Note, production is halted after (PE 60), though some of the boats continue to serve as training and transport vessels until 1947.

1944 - USS Sealion (SS 315), in the Yellow Sea off the west coast of Korea, near Shosei Jima, sinks two Japanese freighters.

1953 - Marine Maj. John F. Bolt, during the Korean War, becomes the first jet ace in Marine Corps history when he shoots down his 5th and 6th MIG 15 while leading a four plane (F 86) flight in an attack on four MIG's east of Sinui

Jul 12

1916 - The AB-3 flying boat, piloted by Lt. Godfrey de Chevalier, is catapulted from USS North Carolina (ACR 12) while underway in Pensacola Bay, Fla. The launch completes calibration of the first catapult designed for shipboard use.

1943 - USS Taylor (DD 468) sinks Japanese submarine (RO 107), east of Kolombangara, Solomon Islands.

1988 - Secretary of Defense Frank Carlucci III approves opening the Navy's Underwater Construction Teams, fleet oilers, ammunition ships and combat stores ships to women.

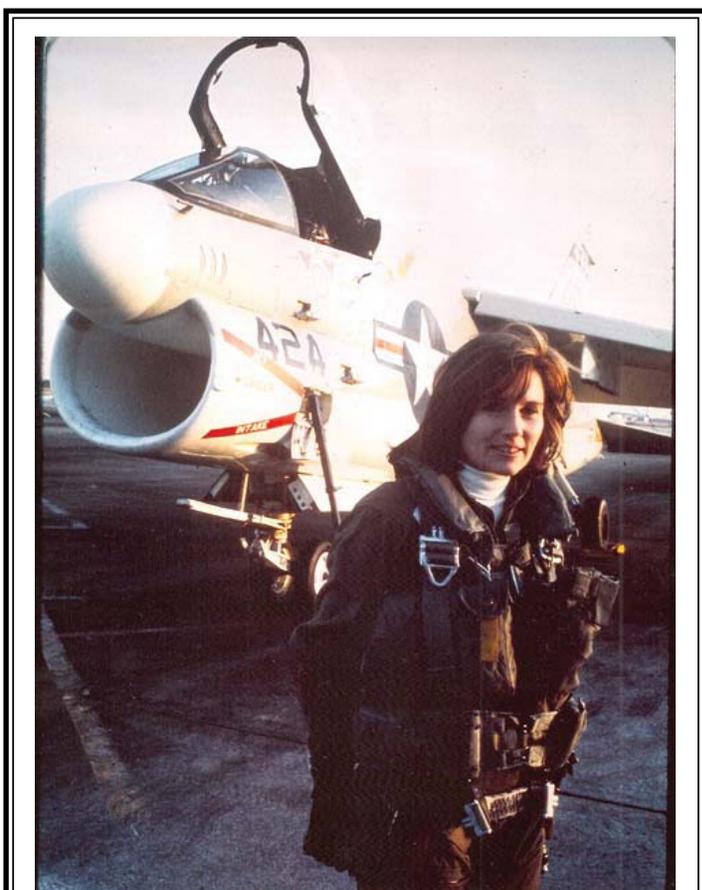
1990 - Cmdr. Rosemary B. Mariner becomes the first woman to command an operational aviation squadron, Tactical Electronic Warfare Squadron 34 (VAQ 34). She is one of the first women to become qualified as a Naval Aviator in 1974 and one of the first women to fly light attack aircraft. Mariner attained the rank of Captain before retiring in 1997.

Jul 13

1863 - USS Wyoming battled Japanese warlord's forces.

1939 - Appointment of Rear Adm. Richard Byrd as commanding officer of 1939-1941 Antarctic Expedition.

1943 - During Battle of Kolombangara in Solomon Islands, U.S. lost USS Gwin (DD 433), while Japanese lost light cruiser Jintsu.



July 12, 1990, Navy Cmdr. Rosemary B. Mariner became the first woman to command an operational aircraft squadron: Tactical Electronic Warfare Squadron Three-Four (VAQ-34) home ported at the Naval Air Station, Point Mugu, Calif. Photo courtesy of the Smithsonian Institute, AIRANDSPACE.SI.EDU

Around the Base

Reserve flight instructor honored with prestigious CNATRA award

By Ensign Lindsay Grover, NAS Whiting Field Public Affairs

A Naval Air Station Whiting Field Reserve Instructor Pilot was recently recognized with a prestigious flight instructor award presented by the Chief of Naval Air Training. The CNATRA Reserve Flight Instructor of the Year award is sponsored by L-3, Vertex Logistics Solutions and it recognizes the top selected reservist flight instructor in the Naval Air Training Command (NATRACOM).

Lt. Cmdr. Patrick "Verbal" McMonigle was named the CNATRA Reserve Instructor of the Year for the 2013 calendar year. McMonigle deployed Oct. 8, 2013 and will be presented the award in a ceremony February 2015.

McMonigle executed 183.9 mishap-free flight hours and completed 123 student and instructor training sorties in 2013. Recognized for flying 60 hours more than the average Training Squadron SIX (VT-6) drilling reservist and exceptionally more than the average Training Air Wing FIVE (TRAWING-5) T-6B Texan II aircraft drilling reservist; McMonigle also volunteered for additional duties, working with the TRAW-

ING-5 Aeromedical Safety Officer (AMSO) to refine the egress procedures for the T-6B.

Cmdr. Travis Hayes, USN, Commanding Officer, Navy Reserve Training Squadron SIX, describes McMonigle as "an outstanding Naval Officer that leads from the front," in the award submission package. "[McMonigle's] dedication to excellence and unwavering commitment to the development of Student Naval Aviators is what truly sets him apart."

Hayes further praised McMonigle as being highly regarded by the students he instructed. Students repeatedly highlighted McMonigle as a superb instructor explaining that his exuberance and love of both flying and teaching make him a remarkable instructor.

"His vast experience and professionalism have made him a role model and mentor to the junior officers and SNAs," emphasized Hayes.

McMonigle earned distinction as the Training Squadron SIX Reserve Component Instructor of the Quarter for the second and third quarters of the 2012 calendar year and holds

- (Cont. on Page 14)

NAS Whiting Field FFSC will

host 25th annual job fair

By NAS Whiting Field Fleet and Family Support Center
NAS WHITING FIELD, Milton, Fla. (July 8, 2014) —

More than 50 employers are already signed up for Naval Air Station Whiting Field's 25th Annual Job Fair coming Thursday, August 21. The event is free and open to the public as well as to the prospective employers.

This is the silver anniversary for a highly successful

NAS Whiting Field



event that has regularly brought in more than 1,000 job seekers over the past five years. Sikes Hall will once again serve as the setting for the fair.

Employers already lined up for this year's job fair include: ExpressJet Airlines, Air Bus, Florida Fish and Wildlife, Florida Highway Patrol, Georgia Pacific, Gulf Power, Ingalls Shipbuilding, Lockheed Martin, Navy Federal Credit

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Protecting the military consumer

MILITARY CONSUMER PROTECTION DAY

By Ensign Josh Lamb, NAS Whiting Field Public Affairs

The Navy will recognize July 16 at Military Consumer Protection Day. This inaugural event will focus on empowering the military community with tips and tools on how to become informed consumers and improve their financial readiness.

The personal financial readiness of service members and their families impacts mission readiness. When the service members feel confident about their financial affairs, they can focus on the mission instead of worrying about financial shortfalls they have at home.

Today's financial environment combined with the military's unique financial challenges of frequent relocation, a steady paycheck, separation from family and friends, and the stresses of deployment makes service members and their families a target for scam artists.

The Federal Trade Commission (FTC) received more than 72,900 complaints in 2013 from military consumers with

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Across the Fleet

Naval Academy

- (Cont. from Page 3)

Naval Academy, which is quite unlike the typical college campus.

The academic program is designed to attract students to subjects that make up the core of the Naval Academy curriculum. Students choose eight 90-minute workshops from a wide variety of topics. The 2014 NASS featured workshops



USNA Summer Seminar students participate in self-defense training. Photo courtesy of USNA.

in Information Technology, Math, Meteorology and Oceanography, Robotics, Computers and Naval Weapons Systems, Electrical and Biometrics Engineering, Ship Behavior in Waves, Ocean Engineering, Cyber Operations, Mechanical Engineering, Aeronautical Engineering, Astronautical Engineering, Chemistry of Photography, Chemistry, Foreign Languages, History, Political Science, Introduction to Literature, Economics, Physics, Character Development Seminars, Martial Arts, and Seamanship and Navigation.

The project-based modules allow students to participate in solving design and analysis problems at the Naval Academy's world-class laboratory facilities, which provide a unique learning environment outside the traditional classroom.

The athletic program features daily physical training including group runs and conditioning exercises. The students take the same physical fitness test that the midshipmen must pass. In addition, students participate in seamanship and navigation classes, learning Naval skills and practicing leadership skills. Naval Academy midshipmen lead the NASS with oversight by active-duty Navy and Marine Corps officers, giving the students a chance to interact, ask questions, and learn what the Naval Academy and Naval Service are all about. The experience culminates in a cruise aboard a Navy Yard Patrol Craft where students have the opportunity to apply some of the skills they learned in class.

For more information about the NASS program, please visit: www.usna.edu/admissions/nass.

Eco-nomics

Before the temperature drops take preventative measures to make heating more efficient for your home. To do this you can start by cleaning or replacing filters regularly on furnaces and heat pumps; and keep outside units free from leaves and debris that may clog vents. Try and acquire a programmable thermostat that can lower the temperature while everyone is sleeping or gone for work. Ensure you duct work is sealed correctly, improperly sealed heating and cooling ducts can be as much as 20 percent less efficient than properly sealed ducts. When night hits, close the windows and blinds it helps reduce the colder air temperature from entering the house.

When an old boiler or furnace burns out in your home; have a heat loss analysis done on your home instead of replacing it with the same size unit. This is because insulation may have been improved upon since the house was first built, and that most units are more efficient at utilizing fuel today compared to when the unit was first installed, saving on fuel consumption. If you are going to purchase a new gas or oil heating system, specify sealed combustion. Sealed combustion units bring in outside air to feed the combustion process, and exhaust flue gases directly to the outside without the need for a draft hood or damper. They generally burn more efficiently, and they do not pose the risk of back drafting – the flow of dangerous combustion gases into the house.

*Don't Forget to Visit
Us*

on Facebook at

*[www.facebook.com/
naswhitingfield](http://www.facebook.com/naswhitingfield)*

News and Notes

Energy Savers - The Naval Air Station Whiting Field Public Works Department recognizes the following buildings for their efforts in energy conservation as compared to May 2013 costs for the same time frame. Bldg. 3148, MWR Fitness Center at 8.2%; Bldg. 2254, NOLF Choctaw at 8.1%; and Bldg. 1415 BCO at 5.4%.

Leave Donor Program - Mr. Gerald Dellucky of JRB NOLA has been approved for the Voluntary Leave Transfer Program. Those of you who have Use or Lose or just want to help out are encouraged to donate hours of annual leave.

Facebook Page - Training Air Wing FIVE now has a Facebook page. Like them at <https://www.facebook.com/#!/TrainingAirWingFIVE/>.

Back-To-School Brigade - Operation Homefront is asking military families to join them for a school supply distribution event Thursday, August 7 at the community center on NAS Pensacola. The event is open to Deployed, wounded and active duty service members from E-1 to E-6 as well as National Guardsmen/Reservists on Title 32. Families must pre-register online prior to the event to receive a backpack with school supplies. Supplies are limited, therefore availability is on a first registered, first served basis. For more information visit Operation Homefront at www.operation-homefront.net/southeast or call 888-433-7713.

Feds Feed Families -In support of our Feds Feeds Families Food Drive, a special, designated offering will be received into the chapel Religious Offering Fund (ROF) on Thursday, July 24 from 1100-1230. Those who want to make a donation can give either at the chaplain's office or during our chapel service (1130-1215). Checks can be made payable to NASWF ROF.

Beach Fun with CSADD - Join the Coalition of Sailor Against Destructive Decisions (CSADD) at Pensacola Beach Saturday, July 19 beginning at noon for some outdoor fun. The event will be held on the beach near Bamboo Willie's, 400 Quietwater Beach Rd. Volleyball, cornhole, horseshoes and more. Drinks and sunscreen will be provided. For more information, contact AC2 Martin at talyssa@gmail.com.

Mad Dash 5K - The Mad Dash 5K will be run Saturday, July



Sailor Recognized for Exemplary Service
NAS Whiting Field Commanding Officer Capt. Matthew Coughlin presented ABH1 Miguel Rivera with the Navy Commendation, June 27, for exemplary service throughout his career. The ceremony allowed Rivera to address his friends and shipmates and share some of the wisdom he acquired throughout his career in the Navy. U.S. Navy photo by Lt. j.g. Brett Resue.

26 at 7 a.m. beginning at Woodbine United Methodist Church in Pace. Cost to register is \$25 and the event is open to all runners and walkers. There will be door prizes, raffle items and post-race refreshments. Call 850-995-0007 or email brentreeder@mywoodbine.org for more information.

ITT Special - Wild Adventures in Valdosta Georgia is offering free nights for Military. Splash Island Nights are now every Friday from 7pm-10pm in Splash Island until August 1, 2014.

Nurse Advice Line - Have Medical Questions? Call the TRICARE Nurse Advice Line...Sometimes it is difficult to know if and when to seek medical help for acute health problems, so having professional help at a moment's notice is invaluable. The Nurse Advice Line (NAL) for TRICARE beneficiaries does just that. This service is provided 24 hours a day, 7 days a week. Just dial 1-800-TRICARE (874-2273); Option 1.

Concession Stand - The Navy Branch Medical Clinic at NAS Whiting Field will sell concessions from the stand at the softball fields during Captain's Cup softball games from 5:30 to 7:30 tonight and all other Monday and Wednesday nights during the season. Proceeds benefit the Navy Ball Committee.

Military Mondays - Grover T's BBQ Restaurant, located on Highway 90 near Milton has Military Monday specials including 10% menu items and \$1 domestic drafts. Grover T's Military Monday Discount is for both active and retired military and their family members as long as they show their military ID. Hours of operation are Sunday - Thursday 11 a.m. - 9 p.m. / Friday and Saturday 11 a.m. - 10 p.m. Please call 850-564-1231 with any questions.

Ombudsman News - The Naval Air Station Whiting Field Ombudsman is now on Facebook. Check out her page at www.facebook.com/NASWFOmbudsman.

Usage Information

Total Used
2,195,368 kWh

	1 Year Ago	Last Month	This Month
Total kWh Used	2,245,533	1,974,525	2,195,368
Average Daily kWh	74,851	63,694	73,179
Days In Billing Period	30	31	30

Energy Conservation

Conserving energy remains an important goal in the operation of Naval Air Station Whiting Field. Steps taken during the past year by Public Works continue to pay dividends in our energy conservation programs. Please help decrease usage even more by remembering to turn off lights, shut down computers and printers, and limit usage of non-essential equipment.

Family Assistance

NAS Whiting Field



JULY 2014

TO REPORT A SEXUAL ASSAULT:

Safe Helpline
A confidential and anonymous sexual assault hotline for the DoD Community.
Click: www.safehelpline.org
Call: 877-995-5247
Text: 55-247 (inside the U.S.)
202-470-5546 (outside the U.S.)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Anger Management 1:00 - 2:00 pm	2 Communication Skills 11:00 am - 12:00 pm	3 Chall of FS & Marriage 9:00 - 11:00 am	4 	5
6	7	8 Conflict Management 11:00 am - 12:00 pm	9 Stress Management 11:00 am - 12:00 pm Active Parenting 1:00 - 3:00 pm	10 Communication Skills 2:00 - 3:00 pm	11 VA Representative 8:00 am - 12:00 pm	12
13	14 Resume Writing 10:00 am - 12:00 pm	15 Anger Management 11:00 am - 12:00 pm Active Parenting 1:00 - 3:00 pm	16 Conflict Management 11:00 am - 12:00 pm	17 Chall of FS & Marriage 9:00 - 11:00 am Home Buying 1:00 - 3:00 pm	18	19
20	21 Resume Writing 10:00 am - 12:00 pm Stress Management 1:00 - 2:00 pm	22	23 Smooth Move 1:00 - 3:00 pm	24 Chall of FS & Marriage 9:00 - 11:00 am	25 VA Representative 8:00 am - 12:00 pm	26
27	28 How to Apply for a Federal Job 800 am - 10:00 am	29 Anger Management 11:00 am - 12:00 pm	30 Communication Skills 11:00 am - 12:00 pm	31 Chall of FS & Marriage 9:00 - 11:00 am Money & The Move 1:00 - 3:00 pm	Happy 35th Birthday Navy FFSC's! 	

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<https://www.cnic.navy.mil/WhitingField/>

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www.facebook.com/NASWF.FleetandFamily

TRAWING-5 and NASWF bring joy through Pilot for a Day program

By Ensign Joshua Lamb, NAS Whiting Field Public Affairs

Training Air Wing FIVE and Naval Air Station Whiting Field teamed-up to lighten the day of a seriously ill child June 17 through the Pilot for a Day program. Carter Helms, 12, was the most recent participant in the program which provides a youth the opportunity to experience the pilot training program and the Naval installation up close and personal.

Each month two of the Wing's squadrons sponsor a child selected by Sacred Heart Children's Hospital to a tour of NAS Whiting Field and TRAWING-5 facilities. Stops on the tour include: a turn at the helicopter simulator, breakfast with the hosting squadron commander, a close up look at the T-6 and TH-57 aircraft, ice cream and cake at the firehouse and more. The event gives the family a chance to spend a day on base and enjoy fun, aviation activi-



Carter Helms (12) poses on the wing of a T-6B II Texan in flight gear during his Pilot for a Day visit. U.S. Navy photo by Ensign Josh Lamb.

ties.

The program is easily the favorite outreach for the squadrons.

"The Pilot-for-a-Day program gives us the opportunity to share the experience of being a military pilot with a deserving young person. It's hard to say who gets more out of it: our Pilots-for-a-Day -- wearing flight suits, touring aircraft, and flying a simulators -- or the Instructor Pilots, reminded of the majesty of their profession through the eyes of some very happy children," said Cmdr. Thad Withers, Training Squadron TWO executive officer.

Helms started the morning with a stop at Training Squadron TWO where he received his flight suit before he was fitted with his helmet and harness in the para loft, and was given an open cockpit tour of the T-6b aircraft by Lt. Scott Urbashich, an Instructor Pilot for VT-2. The tour was followed by a flight les-

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Five year restoration project completed

NASWF Public Works Department restores deteriorating hangar bays



By Ensign Matthew Harley, NAS Whiting Field Public Works Department

Naval Air Station Whiting Field Public Works Department turned over the final hangar bay to the Chief of Naval Air Training last month. This act marked the completion of the multi-year hangar restoration effort.

The five year, \$5 million recapitalization initiative, which began back in 2009, removed and resurfaced the flaking lead-based paint from all of the structural steel components and resurfaced the deteriorated hangar bay floors of each of the hangar at north and south field.

“The salt air on the gulf coast is highly corrosive and once the paint system fails, a building can really deteriorate quickly. Our staff saw what happened in other areas of the Southeast Region and decided to get ahead of the problem,” according to Wes Hamill, Deputy Public Works Officer.

Completing the work outside of hurricane season added an additional layer of complexity to the project. The Wing needed all of the hangars available to shelter aircraft in the case of a hurricane, so all of the work had to be contracted separately and synchronized to occur between December and May.



Above photo is the pre-restoration photo of the hangar bay and the below photo depicts the hangar after being restored.

“The Whiting Field leadership gave us tremendous support on these projects. Each year we invested a million dollars of the sustainment budget in preserving the hangars. Being proactive will save us money in the long term though,” says LCDR Alex Kuriatnyk, Public Works Officer.

Additional improvements made during these restorations included adding better lighting to increase visibility. These repairs have improved overall safety for the maintenance personnel.

TRICARE Notes

PAYING TRICARE PRIME ENROLLMENT FEES

Retired service members, their families, survivors, eligible former spouses, and others (e.g. Medal of Honor recipients) enrolled in TRICARE Prime are required to pay an annual enrollment fee. In most cases, the TRICARE Prime enrollment fees are not refundable. There are no enrollment fees for ADSMs and ADFMs (or for survivors during the transitional survivor period following the ADSM's death) enrolled in TRICARE Prime, TPR, or TPRADFM.

Payment Options

Allotment from Retired Pay: Allotment from your retired pay is your best option. It is a safe, convenient payment option that frees you from the worry of missing a payment or defaulting on your coverage. To choose this option, you must complete the Enrollment Fee Allotment Authorization Letter, available at www.tricare.mil or www.humana-military.com. Once authorized your TRICARE Prime enrollment fee will be deducted from your retirement pay. An initial quarterly payment is required in order to establish a monthly payment option.

Electronic funds transfer: To choose this option, you must complete the EFT Authorization form, available at www.humana-military.com. Once authorized, your TRICARE Prime enrollment fee will be deducted automatically from your bank account (checking or savings) each month. An initial quarterly payment is required in order to establish a monthly payment option.

Pay-by-Phone IVR System: To choose the new IVR system Call: 1-800-444-5445 and select the automated express services menu. Pay-by-Phone allows you to make a payment over the phone 24 hours a day, seven days per week. It also provides information and allows you to request forms to set up future automatic monthly payments.

Pay online: TRICARE Prime beneficiaries, TRICARE Reserve Select (TRS), and TRICARE Retired Reserve (TRR) beneficiaries living in the South and all CHCBP beneficiaries may pay their enrollment fees online by credit card. TRICARE Prime beneficiaries and CHCBP can pay their quarterly or annual payments online. TRS and TRR may only pay their initial or replacement payment online. TRS and TRR are required to establish a monthly automated payment.

Around the Base

Naval Aviation Maintenance Program (NAMP) Class 14-060 Graduates

Lt. Col Paradise, Executive Officer of MATSG 23 NAS Pensacola, presided over the graduation of the Naval Aviation Maintenance Program (NAMP) Indoctrination course class 14-060. The graduation, held at the Atrium on-board NAS Whiting Field, culminated ten weeks of instruction to newly commissioned Navy and Marine Corps Aviation Maintenance Officers.

On graduation day, Lt. Col Paradise took the opportunity to talk to the class about leadership, the importance of

taking care of Sailors and Marines, and provided advice on how to be successful as an Aviation Maintenance Officer in a time of budget reductions and uncertainty. Students had an opportunity to ask questions one on one following the graduation which many of the students jumped at the opportunity to gain knowledge from an officer who has held multiple aviation maintenance billets and has a vast knowledge of aviation maintenance.



Pictured from Left to Right starting in the front row: Cmdr. Logan, 2nd Lt. Frazier, 2nd Lt. Cary, Lt. Fuini, 2nd Lt. Welch, Capt. Holloway, 1st Lt. Wright, 2nd Lt. Willis, Ensign Chen, Lt. Col. Paradise, Chief Warrant Officer Five Hagemann, Lt. Bailey, 2nd Lt. Ithier, Capt. Lee, Ensign Gilbert, Ensign Casal, Ensign Valcke, 1st Lt. Price, Lt. McRae, Ensign Bates, Capt. Halton

SECURITY CHECKPOINT

Implementation of the Department of The Navy Policy eliminating the DOD Vehicle Decal Program effective as of 1 JULY 13, decals (DD FORM 2220) are no longer a requirement for base access. Vehicles on a Navy installation must continue to be licensed, registered, inspected, and insured in accordance with state and local laws. Rental vehicles are considered privately owned vehicles for purposes of base entry and access control. The vehicle rental contract will suffice as proper licensing, registration, and proof of insurance for base access. Vehicle registration in the Consolidated Law Enforcement Operations Center (CLEOC) will be



used for all Navy installations. Personnel with current decals will register vehicles in CLEOC upon expiration of their current decal and upon PCS transfer. All personnel permanently assigned (for 60 or more calendar days per calendar year) on a Navy installation will in-process and out-process at the Pass & Id office and present a valid ID card, vehicle registration, proof of insurance, driver license, and where required, emissions test results. MSF card is needed when registering motorcycles. Any questions about vehicle registration, please give Pass & ID a call at (850) 623-7205.

From TRAWING-5

Congratulations to TRAWING-5 Wingers



Back Row: Cmdr. John D. McBryde , USN, Executive Officer HT-8; Lt. j.g. Reed P. Looney, USN; Ensign Daniel J. Treiber, USN; 1st Lt. Matthew C. Fenelon, USMC; Lt. j.g. Sean E. Stadig, USCG; Lt. j.g. Holden S. Shalov, USN; Col. Gary A Kling, USMC, Deputy Commodore, TRAWING-5.

Middle Row: Cmdr. Kevin Pickard, Jr., USN, Commanding Officer HT-18; Lt. j.g. Aric M. McGee, USN; 1st Lt. Tyler A. Hoogervorst, USMC; Lt. j.g. Logan B. Donahey, USCG; Lt. j.g. Duncan M. Miller, USN; Lt. j.g. Ian D. Park, USN; Lt. j.g. Corey N. Dobbs, USN.

Front Row: Lt. Col. Jeffrey M. Pavelko, USMC, Commanding Officer HT-28; Abigail M. Ellis, USN; Lt. Andrew J. Cinque, USCG; Lt. j.g. Virginia M. Maynard, USN; Lt. j.g. Bradley J. Kirschbaum, USN; Lt. Crystal A. Barnett, USCG; Lt. j.g. Daniel D. Kelly. U.S. Navy photo by Lt. j.g. Brett Resue

Congratulations to TRAWING-5 Scholars



Back row left to right: 1st Lt. Christopher R. Whitted USMC; Ensign Brooke L. Pitcher, USN; Ensign Matthew P. Miller, USN; Lt. j.g. Jorge Flethes Millan, Spanish Navy; Ensign John E. Waters III, USN; Lt. j.g. John S. Stockton, Jr., USCG; 1st Lt. Michael H. Gardiner USMC (Commodore's List)

Front row left to right: Lt. j.g. Juan Manuel Fontan Sanchez, Spanish Navy; Ensign Shelby L. Smith, USN; 1st Lt. Mark A. Betzel USMC receive their Academic Achievement Awards Jun. 27 in the Training Air Wing FIVE headquarters building.

Around the Base

Children

- (Cont. from Page 2)

arrived, they worked with the Allentown Volunteer Fire Department who had taken control of the scene. Four children had already extricated themselves from the vehicles, but other family members were trapped in the vehicles and the five-person Station #1 team used the Jaws of Life and other equipment to extricate them from the vehicles and prepare them for transport to the hospital.

“It’s always tough going when you have kids involved in an accident,” Welch stated. “We have to focus on the job and get them to the hospital. We have to work really hard to teach the kids that we are the good guys and that the firemen are there to help.”

When the time came to transfer Shelby, 11, Josh, 8, and Sky, 7, to the hospital in an ambulance, Josh didn’t want to go. Lt. Steve Hudson explained that an ambulance can be a pretty frightening place for a kid, and without their parents with them, it’s common for the children to balk. So Capt. Steve Banks asked around for anyone who might have a small toy he could give to Josh. A bystander gave him a pink bunny rabbit which he, in turn, gave to Josh with instructions to give it to his grandmother (who is still in critical condition) at the hospital. The task calmed him down enough that he got into the ambulance.

Normally that would be the end of the story for the firefighters.

However, Hudson knew the children’s uncle who had seen a Facebook post about the accident. The uncle made contact with the family to extend the offer of a visit. “We wanted to give them something positive. They had been through so much that they deserved something good and fun,” Hudson said.

Mission accomplished on that count. According to their grandfather James, the family didn’t tell the children until earlier that day. The kids were excited and when he



Shelby, 11, poses in the driver seat of the NAS Whiting Field Fire Truck. U.S. Navy photo by Lt. j.g. Brett Resue.

picked them up, the only place they wanted to go was Whiting Field.

“When they found out they were coming it was ‘on’,” he said. “When they saw the flashing lights, well it was really ‘on’ then.”

The visit included letting the kids up on the ladder truck, taking a ride in one of the fire engines, getting to wear firefighting ensembles, and the station crew even broke out a few shirts and mini fire helmets for Shelby; Josh; their sisters Brittany, 13, and Sarah, 12; and for them to take home to Sky who is still in a cast. They finished off with cookies and cupcakes in the station house.

Despite the threatening rain, it was a much brighter day with better memories for all involved.

“The visit helped us out tremendously,” Banks stressed. “Most of us have small kids at home ourselves, and this kind of an accident really opens our eyes. It is really good to see them bouncing around.”



Capt. Banks, Shelby and Brittany stand atop the NAS Whiting Field fire truck for a photo during their visit June 24. U.S. Navy photo by Lt. j.g. Brett Resue.

Tobacco Use Policy Updated

Editor’s Note: NAS Whiting Field Instruction 5100.1A has updated its policy regarding tobacco use to include e-cigarettes. Please be mindful of the changes.

The Food and Drug Administration (FDA) and the federal courts have ruled that e-cigarettes are tobacco products. Additionally, e-cigarettes may contain harmful substances and the lasting effects of these devices are unclear.

E-cigarettes are prohibited in the work spaces and must be utilized in designated tobacco use areas only.

Around the Base

Pilot for a Day

- (Cont. from Page 7)



Lt. James Hinds, Instructor Pilot for HT-8, showed off the Night Vision Goggle technology to Helms and his family in the Night Vision Goggle Lab. U.S. Navy photo by Ensign Josh Lamb.

where Helms learned how pilots see in the dark when flying a helicopter. Next he enjoyed taking the stick and learning to fly a helo in the TH-57 motion trainer. While in the trainer Helms flew around in a variety of conditions and learned how to land on a variety of ships. Following the training time, there was a quick stop to the South Field air traffic control tower where he learned about air traffic controllers and how they track the approximately 280 aircraft at NAS Whiting Field.

Next, Carter put on a full firefighting ensemble, climbed the fire engine ladder, learned how to operate the fire hose, and operated the water cannons of the crash crew truck at Fire and Emergency Services Gulf Coast Station ONE. At the conclusion to his tour of the fire house Helms sat down to some cake and ice cream with NAS Whiting Field Commanding Officer Capt. Matthew Coughlin and talked about how his day went.

Helms summed it up by simply saying "It was awesome."



Capt. Matthew Coughlin, Commanding Officer NAS Whiting Field gives Carter a Command Coin. U.S. Navy photo by Ensign Josh Lamb.

son in the T6-B Visual Trainer.

Following the simulated flight and some chow from the golf course Helms headed to Helicopter Training Squadron EIGHT where he met with Lt. James Hinds.

The afternoon began in the night vision goggle lab



Capt. Chris White shows Carter how to operate the fire hose. U.S. Navy photo by Ensign Josh Lamb.



Carter toured the fire station on base, trying on the turn-out gear and testing out the fire hoses. U.S. Navy photo by Ensign Josh Lamb.

Around the Base

Victory Gardens

- (Cont. from Page 2)

rated a camping style theme. Training Air Wing Five created a completely organic garden where the soil was made from composted tests of students. Helicopter Training Squadron Eight (HT-8) presented a wholesome garden that was full of plump tomatoes and peppers ready to make some salsa. The Navy Exchange brought in a mascot named Sarge, a full-blooded basset hound. Building 1401 used tomatoes basil, oregano jalapenos, green peppers, and squash to make a tasty pizza. Helicopter Training Squadron 18 (HT-18) utilized an original WWI booklet following it step by step to grow their garden along with dressing up and adding a WWII them. The Child Development Center's garden, that the children helped grow, provided delicious mint tea. Lastly, the Morale Welfare and Recreation RV Park had bountiful garden's



NASWF CO Capt. Matthew Coughlin and TRAWING 5 CSO Cmdr. Yost are standing behind the bountiful gardens with the Morale Welfare and Recreation RV park members during the victory garden judging competition. U.S. Navy photo by Ensign Josh Lamb.

grown in raised beds that were tended by individuals who resided in the park and other members from the MWR.

Commanding Officer Naval Air Station Whiting Field Capt. Matthew Coughlin said, "This years' competition was an incredible effort by all hands. It was really difficult to pick winners because each was truly noteworthy." Coughlin and Cmdr. Ryan Yost Chief Staff Officer TRAWING 5 judged the gardens and awarded HT-18 for being the most authentic garden based on an original "Victory Garden Guide" from WWI. The Second place award for the "Most Bountiful" garden went to the MWR RV Park. The RV Park's Garden produced the largest vegetables ever observed by the voting officials. The Third Place award for the "Most Holistic" garden went to Training Air Wing Five. TRAWING 5's garden had a very dense concentration of exotic vegetables from around the world.

"You can't beat the taste of those pickles you made.

- (Cont. on Page 15)

Consumer

- (Cont. from Page 4)

22,000 complaints of Identity theft topping the list. Additional complaints from the military community included imposter scams, debt collectors, and auto related complaints. Additionally, in the past 12 months, 43 percent of service members or their significant other experienced a financial shortfall.

In recognition of these challenges and the vulnerabilities military families face, the Department of Defense (DOD) provides a range of services, support, and protections for service members and their families to achieve financial stability and avoid financial pitfalls.

As part of its ongoing "Financial Readiness Campaign", the DOD has partnered with the FTC, official sponsor, and is collaborating with other organizations, including the Consumer Financial Protection Bureau and the Consumer Federation of America, to launch Military Consumer. This campaign conducts regular outreach to educate military audiences about various financial readiness, and support services.

The military consumer "www.military.ncpw.gov" website offers additional free resources from more than 30 federal, state and municipal agencies, consumer advocates, and military support organizations on everything from buying a car, protecting your identity, and providing help when faced with consumer issues.

Naval Air Station Whiting Field's Fleet and Family Support Center provides local support for service members and their families. If there is a specific issue, question, or would like to receive more information on consumer issues contact your command Financial Specialist (CFS) or Mr. Eu-

25th Annual

Job Fair



When: August 21, 2014
9:00 a.m. to 3:00 p.m.

Where: Sikes Hall
NAS Whiting Field

OPEN TO THE PUBLIC

Local, Regional, and National Employers will be present. Please bring your most current resume and come prepared to be interviewed!

For more information please contact the NAS Whiting Field Fleet and Family Support Center at 623-7177.

Around the Base

Job Fair

- (Cont. from Page 4)

Union, UTC Aerospace Systems, Landrum Staffing, North-western Mutual, and many others.

These local, regional and national employers form a wide cross-section of industry and business which will be represented. Sikes Hall, a spacious, air-conditioned facility, provides for approximately 80 employers to set up individual displays and recruiting tables. All employers actively seeking qualified veterans and those with military experience are strongly encouraged to attend.

This Job Fair provides a unique opportunity for employers to screen a remarkable talent pool from a broad cross-section of the workforce, without having to schedule individual office visits. Company personnel can quickly screen applicants' and then invite the most promising candidates for more in-depth interviews. Many employers attending last year's Job Fair held on-the-spot interviews with qualified individuals, and many made job offers.

The job fair serves as a great opportunity for job seekers to learn about careers, meet with employers who are hiring, discover what companies need and obtain first hand information about the company from a live representative.

Employers may phone NAS Whiting Field's Fleet and Family Support Center at (850) 623-7177, or fax (850) 623-7642 or (850) 623-7690 to request a table at this event. Emails may be sent to Darryl.Johnson2@navy.mil, or Terri.Maddox@navy.mil, to request registration information.

Job seekers need to dress to impress, bring a good supply of resumes and show up at the door. Active duty members, veterans, or family members who would like assistance in preparing a resume, practice interviewing or other job search assistance should contact the FFSC Transition Assistance and Family Member Employment team.

CNATRA award

- (Cont. from Page 4)

qualifications in all phases of flight in the T-6B. He is well known throughout TRAWING-5 for his instructional ability and knowledge in the aircraft.

Of the 183.9 total flight hours McMonigle completed in 2013, 178 of them were instructional flight hours. Furthermore McMonigle was able to complete all these accomplishments in a span of seven months as he was deployed near the end of last year.

McMonigle attributes his overall success to a strong command and peer support within VT-6 and TRAWING-5.

"When I wanted to tackle something that I needed help with I was always able to find it very quickly. The reserve component has a rich and diverse cache of knowledge to draw from. Open channels of communication in the squadron and the wing make it easy to take on issues that I have observed," explained McMonigle.

McMonigle further expressed the importance of this award and the continued motivation to instruct students.

"I have been instructing at Whiting Field since Oct. 2008, working harder every year and gaining essential experience. It feels amazing to be recognized for all of the hard work, knowing I do my best to go above and beyond what is required of an Instructor Pilot. This award will drive me to continue exceeding my own perceived limits and push my students and peers to excel as well."

Mulligans Grill at the Golf Course

Asian  MONDAY	MEXICAN  TUESDAY	Chicken  WEDNESDAY
Daily Lunch Specials \$7.50 Includes a drink		
Pasta  THURSDAY	FISH  FRIDAY	

call in orders welcome
623-7521

The weekly menu will be announced a week in advance.
Each day will feature one of several different themed items on a rotating basis.

Calling all Ruggers!

All-Navy Sports Needs You!

Visit www.navyfitness.org/all-navy_sports/ for an application.

The Navy and Marine Corps will join forces to compete in the **2014 Commonwealth Navies Rugby Cup in Auckland, New Zealand, Sept. 17-Oct. 5.**

A trial camp will be held at Camp Pendleton, Calif., Aug. 18-Sept. 16.

We will be taking on the Kiwi's in their national sport on their turf. Only serious, experienced 15's players need to apply!

ALL-NAVY Sports

Applications are due no later than June 15, 2014.

CNIC
FLEET • FORTIFY • FAMILY

Around the Base

Victory Gardens

- (Cont. from Page 13)

They remind me of the ones my mother used to make out of our garden when I was a child” Coughlin said before presenting HT-18 with the trophy for growing the best overall garden.

The members of HT-18 who helped grow this garden were Chief Naval Air crewman Steve Bean, Caren Thompson, Paula Eagen, Kathy Lord, Lt. Cmdr. Scott Thompson, Cmdr. Kevin Pickard Commanding Officer HT-18, Lt. Col. Rafford Coleman Executive officer HT-18, and his wife Shannon Coleman. 1st Lt. Michal L. Hourigan USMC is no longer with HT-18 after winging May 23rd but Hourigan assisted with the garden and hand painted the art work that solidified HT-18’s theme for the competition.

“Working in the garden this year was a blast. It was a great way to get out of the office and strengthen the relationships amongst everyone who helped out,” stated Kathy Lord.



Clock wise from upper left: Naval Air Station Whiting Field Commanding Officer, Capt. Matthew Coughlin and Training Air Wing FIVE Chief of Staff Officer, Cmdr. Ryan Yost judged the Victory Gardens of the Navy Exchange, the Child Development Center, Helicopter Training Squadron 18 (HT-18), Fixed Wing Training Squadron 3 (VT-3), and HT-28. U.S. Navy photo by Ensign Josh Lamb.

