



Whiting Tower

Seventy Years of Aviation Training News

Naval Air Station Whiting Field, Milton, Fla.
Vol. 70 No. 11

Forging Wings for the Fleet
Wednesday, June 25, 2014

- NASWF Flight Surgeon earns prestigious award

Page 2

- Fire and Emergency Services on the Gulf Coast

Page 2

- New Ombudsman welcomed aboard NASWF

Page 7

Leibig honored with prestigious flight surgeon award

Lt. Cmdr. Leibig named CNATRA Flight Surgeon of the Year

By Ensign Lindsay Grover, NAS Whiting Field Public Affairs

A Training Air Wing FIVE (TRAWING-5) physician was recognized as the top flight surgeon for Naval Air Training Command (NATRACOM) for his professional performance supporting the mission of training Naval Aviators. The annual award recognizes the flight surgeon's support of and dedication to flight instructors and flight students within NATRACOM during the previous calendar year.

Capt. James J. Fisher, USN, Commodore, TRAWING-5 presented the award to Lt. Cmdr. Jonathan Leibig, Jun. 12 at a ceremony in the TRAWING-5 headquarters building.

Fisher described Leibig in the award submission package as "an unselfish professional... who personally assumed additional responsibilities of a second training squadron's personnel. [Leibig is] a brilliant manager [balancing]

his daily workload of full clinic patient loads, Medical Officer of the Day watch and Medical Department Head administrative roles while finding time to personally visit with squadron members."

Leibig ensured a greater than 95 percent medical readiness standing and logged over 2,450 patient encounters across the TRAWING-5 units. As medical student coordinator, Leibig also provided academic and clinical mentoring to six medical students and seven intern physicians resulting in 50 percent of the medical students accepting positions in the Flight Surgeon Training Program at the Naval Aerospace Medical Institute.

Leibig was quick to share the recognition with his fellow flight surgeons that helped bear the responsibility of the increased workload. At one time each squadron was
- (Cont. on Page 9)

Cover Photo: Firefighter/EMT Steven Hudson of Fire and Emergency Services, Station 1 sprays water on a simulated aircraft fire during a training exercise held on June 14. U.S. Navy Photo by Lt. j.g. Brett Resue

The Whiting Tower

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Executive Officer

- Cmdr. Gregory Gray

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- Command Master Chief (AW/SW) Alton Smith

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- Jay Cope

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- Ensign Lindsay Grover
- Ensign Josh Lamb
- Lt j.g. Brett Resue

The Whiting Tower is an authorized publication for members of the Naval Air Station Whiting Field team, tenant commands, their family members and retirees in the surrounding area. The contents of this publication do not necessarily reflect the views of the U.S. Government, the Department of Defense or the Department of the Navy, and do not imply endorsement thereof. The editorial content is prepared, edited and provided by the Public Affairs Office of Naval Air Station Whiting Field.

Firefighters serve military and community along Gulf Coast



Firefighters from Fire and Emergency Services Gulf Coast respond to a fire at the Mt. Carmel United Methodist Church, just north of Jay, May 14.

By Ensign Joshua Lamb, NAS Whiting Field Public Affairs

Fire and Emergency Services, Station 1 (F&ES) located on board Naval Air Station Whiting Field has long standing mutual aid partnership agreements with Santa Rosa, Escambia counties in Florida, Escambia Baldwin and Conecuh counties in Alabama that allows for joint training events and improved emergency response. Such mutual aid partnerships are one element of the departments outreach to the community that mirrors the installation's "good neighbor" philosophy.

- (Cont. on Page 4)

USAJOBS Offers Federal Employment Opportunities

By Mass Communication Specialist 1st Class (SW) Greg Johnson, Navy Region Southeast Public Affairs

JACKSONVILLE, Fla. – Searching for a new job can be stressful for anybody, but those on the hunt for a federal government position often have a number of questions unique to their own experience and many of those questions are related to the application process through USAJOBS.

USAJOBS is a free, web-based job board enabling federal job seekers access to thousands of job opportunities with hundreds of federal agencies and organizations. Prior to 2012, federal government job listings were spread out across a number of individual agencies.

“President Obama implemented an initiative for one, central location for applicants to go and that’s when all agencies went to strictly using USAJOBS to announce their vacancies,” said Aqueilla Grimage-Smith, supervisor with the Navy Region Southeast Human Resources Department. “The goal is to streamline the job-search process to make it faster and more convenient for people to access government listings.”

The first step to access USAJOBS listings is to visit the website at <http://www.usajobs.gov> and create a login. Applicants can then create and store up to five resumes per account, browse listings and apply to jobs for which they meet eligibility requirements. The steps for applying for specific listings are as follows:

- Locate the Announcement (Job search can be done

by agency, occupation, grade, location, etc.)

- Click “Apply Online”
- Select the resume you wish to utilize
- Complete the eligibility questionnaire
- After uploading all required documents, submit your responses
- You will receive an email confirming your submissions

According to Grimage-Smith, it is important for applicants to pay close attention to the eligibility requirements for each listing. Certain listings on USAJOBS are restricted to applicants who meet specific requirements, such as wounded warriors, disabled veterans, active-duty spouses and individuals with disabilities. These requirements, or “appointment authorities,” are listed under the “Who may apply” section of the listing.

“Many of the eligibility restrictions are geared toward our veterans as a result of the great sacrifices they have made during their service, but there is even more to it than that,” Grimage-Smith said. “It’s about getting the right people into the right positions. Military members are trained and have the specific skillsets we need on many of our military bases. While they have earned their appointment authority through their service, it is also a major advantage to management to be able to hire employees with their experience.”

Veteran applicants typically fall under four categories.
- (Cont. on Page 11)

This Day in Naval History

June 27 1945 - PV-1 (VPB 142) sinks the Japanese submarine I 165, 450 miles east of Saipan, Mariana Islands

June 28 1869 - The Navy’s first surgeon-general William M. Wood is appointed, and serves until Oct. 25, 1871.

June 29 1950 - Truman authorizes sea blockade of the Korean coast

June 30 1951 - A group of stranded Japanese soldiers who refuse to believe World War II ended in 1945, surrender to Lt. Cmdr. James B. Johnson, USS Cocopa (ATF 101) on Anatahan Island in the northern Marianas.

July 1 1914 - Prohibition of alcohol begins in the Navy

July 2 1937 - Amelia Earhart disappears in Pacific. Navy conducts extensive unsuccessful search

July 3 1942 - A PBY 5A aircraft successfully fires the first airborne retro-rocket at Goldstone Lake, Calif.

July 4 1777 - John Paul Jones hoists first Stars and Stripes flag on Ranger at Portsmouth, NH.

July 6 1976 - First women enter Naval Academy.

July 7 1846 - Commodore John D. Sloat lands at Monterey and claims California for U.S.



Elizabeth Anne Belzer (Rowe) enters the Naval Academy as one of the first 81 women to gain admission July 6, 1976. Belzer is the first woman to graduate, May 1980. Photo from the 1980 “The Lucky Bag,” Navy Department Library.

Gulf Coast

- (Cont. from Page 2)

Responding to over 980 combined on and off base emergencies last year, F&ES plays a key support role in the local community's response to all types of emergency's. F&ES responds to the off-base calls to foster better relationships between the military airfields amid the two state and five county region F&ES supports.

Fire Chief Frank Barrow emphasized that this relationship is crucial to Santa Rosa County because many of the fire departments in the county are understaffed and rely on our mutual aid partners to support us.

Fire fighters go above and beyond to protect Santa Rosa County however due to staffing short falls, they at times, are unable to place the number of personnel on the scene to meet the needs of the emergency at hand. This is where the dedicated firefighters (military and civil service) onboard NASWF and the outlying fields are able to offer a helping hand.

Military firefighters at 9 of 13 NASWF's Out Lying Fields (OLF's) are on station when the fields are open to flight operations. Our mutual aid agreements allow, military



Aviation Boatswain's Mate Handling First Class Fernando Diaz, Second Class Eric Aning, and Second Class Steven Fields participate in an hazardous material (HAZMAT) exercise with Santa Rosa County.

firefighters while traveling to and from an OLF, to provide the first response to emergencies that occur as they travel to and from the OLF or when they are closer to an incident than the local emergency response teams. Once the local team arrives the military firefighters would then act in a supporting role as needed.

The local fire departments are able to assist F&ES across 4,500 nautical miles of airspace for which Station #1 and the outlying field crash teams are responsible. For example, if an aircraft were to go down outside an OLF perimeter, one of the mutual aid fire departments would likely provide additional support. F&ES and our mutual aid partners would work together to respond to the mishap. Emergency response personnel rely heavily on each other during these events to improve services to the local community and NAS Whiting Field.

According to Assistant Chief of Operations Glen Greenough, the station averages about one mutual aid request per week. This type of cooperation often requires the juggling of two sets of radios and phones to keep up communications with both the military and civilian dispatching systems but Greenough asserts that managing multiple agency responders helps to save lives and protect property.

"The F&ES firefighters deserve recognition for the services our station provides on a daily basis as they are the ones that go out and handle these situations," he stated

These calls have included situations such as residential and commercial fires, motor vehicle accidents, and hazardous material spills. Additionally F&ES actively supports the ongoing training requirements of firefighters by assisting with programs like the Wildland Fire Training Conference

- (Cont. on Page 14)

2013 Annual Drinking Water Quality Report

The 2013 Annual Drinking Water Quality Report is out and once again Naval Air Station Whiting Field has been found within standards set by the U.S. Environmental Protection Agency (EPA). NASWF detected 15 contaminants in the base drinking water, but was well within the limits set by the EPA.

The drinking water of NASWF is sourced from the ground water of three wells and because of the excellent quality of the overall water, minimal treatments are required for disinfection purposes, lead and copper prevention, and dental health purposes. Though drinking water may contain small amounts of contaminants, the presence of contaminants does not necessarily indicate that the water itself poses a health risk. NASWF is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components which may create contaminants within the water.

NASWF Public Works would like to reiterate the fact that much effort is made to continually improve the water treatment process and protect the water resources on base. The installation is committed to insuring the quality of the water here at NAS Whiting Field. For More Information:

NASWF Public Works Department (850) 623-7017
Safe Drinking Water Hotline (800) 426-4791

CNRSE 2014 Feds Feeds Families Campaign

By Twilla Smith, Navy Region Southeast Public Affairs
JACKSONVILLE, Fla. – Feds Feed Families is a voluntary effort supported by Federal employees across the nation where employees donate food and other non-perishable food items to be distributed to local food banks. This year's campaign will run from June 1 to Aug. 27 throughout Navy Region Southeast and the nation.

“The Feds Feed Families campaign gives Navy Region Southeast the opportunity to give back to the community,” said RPC (SW/FMF) Michael A. Hawthorne, the region coordinator for the 2014 Feds Feeds Families campaign. “It is in the spirit of giving that the men and women of Navy Region Southeast and this year will be no exception. My expectation is to exceed the 227,026 pounds of food we collected last year.”

According to the USDA, hunger is a reality for one in six Americans. As a result, millions of Americans due to no fault of their own must turn to food banks and food pantries for emergency food assistance. Since the campaign began in 2009, Federal workers have donate and collected 24.1 million pounds of food and other non-perishable items to support families across America.

“Navy Region Southeast is excited to participate in the 2014 Feds Feeds Families campaign, where we can contribute to helping end hunger in America,” said Capt. Bob Williams, Navy Region Southeast regional chaplain. “We are always ready to serve our fellow citizens.”

Navy Region Southeast is actively participating in this annual event by organizing collection and distributions locations at installations throughout the region, ensuring that all regional staff and service members have the chance to donate. The Navy Region Southeast chaplain's office is responsible for coordinating the program, to include deliveries to local food banks and weighing the donations. Every installation is encouraged to set goals in order to have continued success with the campaign.

Anyone who is interested may donate to the campaign. Some of the items on the campaign's “most wanted” list include canned fruit in light syrup or its own juices, low sodium canned vegetables, multi-grain cereals, grains such as brown rice, canned proteins, soups, 100 percent juices, condiments, snacks, baking goods and hygiene items.

The Navy Region Southeast point of contact is RPC (SW/FMF) Michael A. Hawthorne, who can be reached at (904) 542-1223 or michael.hawthorne@navy.mil. The national contact for the Feds Feeds Families campaign is Karen T. Comfort. She can be reached at (202) 690-0187 or feds-feedsfamilies@usda.gov.

Ec-nomics

Myth: It's better to leave fluorescent lights on rather than turning them off when you leave a room, since turning them on and off makes the bulb burn out faster. The reality is true that switching fluorescent lights on and off does shorten the operating life of the bulbs; it is also true that their operating life is shortened by leaving them lit. Leaving a light on when the room is empty also consumes unnecessary energy. Unless the switching frequency is greater than once every few minutes, it is generally cost effective to turn the lights off as needed.

To make lighting more cost effective use “cool” color lighting for visual tasks. Research suggests that humans may better perform visual task with lighting that has more blue in its spectrum. This translates to reduced cost because you can perform the same task with a lower wattage bulb. For all lamps and Torchieres in your home or at the office, use florescent bulbs instead of halogen bulbs. The florescent bulbs are 60 to 80 percent more efficient compared to their halogen bulb equivalent. Another issue with halogen bulbs is caused by the heat they produce. This increase in heat can cause a person to use a cooling source such as an air conditioning unit or fan which uses more energy. The halogen bulbs can also pose a fire starting risk. If the Department of Defense eliminated the non-essential lighting of one tenth of the 400,000 soda machines that cost more than \$60 per machine each year, the DoD would save over \$2.4 million dollars.

*Don't Forget to Visit
Us*

on Facebook at

*[www.facebook.com/
naswhitingfield](http://www.facebook.com/naswhitingfield)*

News and Notes

ITT Special - Wild Adventures in Valdosta Georgia is offering free nights for Military. Splash Island Nights are now every Friday from 7pm-10pm in Splash Island until August 1, 2014. We have DJ's, dance contests, and current hit music along with yummy food. Kids Bop is a special, children's, musical performance featuring the Kids Bop kids performing the latest hits (g-rated) straight from the charts on June 21 at 4pm. Huge weekend planned for the July 4 holiday weekend! Friday, July 4 will be fireworks in the park and Splash Island Nights. Saturday, July 5, Billy Currington performs. July 4, 5 and 6 Military members, veterans, or retired service members get free admission with their military ID! This will not include dependents with a Military ID, additional family & friends discount tickets may be purchased at ITT. Call 623-7032 for more details.

Heroes Among Us - The Marine Corps League, J.R. Spears Detachment 066 in Pensacola are hosting a six-month long speaker series from May to October. The next in the series will feature Master Chief Hospital Corpsman Thomas E. Eagles, USN (retired). Eagles is recognized as the most decorated living corpsman after serving three tours in Vietnam. Water and light refreshments will be provided. The speech will take place Friday, June 27 at 6 p.m. at Pensacola Veterans Memorial Park.

Military Discount - The Hooters restaurant on Bayou Blvd in Pensacola reached out to remind all military members that every day is Military Day at Hooters with a 15% discount all-day, every day!

NEX Survey - The 2014 Food Service survey for the Navy Exchange went live Monday, 9 Jun and will be available for patrons to provide input up to 5 Jul 14. This survey covers NEXCOM food outlets - both direct run and concession operated sites. Which for NAS Whiting Field is Subway. The live link to access the food survey is: https://www.nexresearch.com/nex_food (note: underscore between nex and



Re-Enlistment

Aviation Boatswain's Mate Handling Second Class Adam Promersberger re-enlisted for a term of two years during a small ceremony, Jun. 20 in the Midfield Hangar on Naval Air Station Whiting Field. U.S. Navy photo by Ensign Lindsay Grover

food)

Nurse Advice Line - Have Medical Questions? Call the TRICARE Nurse Advice Line...Sometimes it is difficult to know if and when to seek medical help for acute health problems, so having professional help at a moment's notice is invaluable. The Nurse Advice Line (NAL) for TRICARE beneficiaries does just that. This service is provided 24 hours a day, 7 days a week. Just dial 1-800-TRICARE (874-2273); Option 1.

Concession Stand - The Navy Branch Medical Clinic at NAS Whiting Field will sell concessions from the stand at the softball fields during Captain's Cup softball games from 5:30 to 7:30 tonight and all other Monday and Wednesday nights during the season. Concessions will include hamburgers, hot dogs, drinks, chips, and more. Proceeds benefit the Navy Ball Committee.

Military Mondays - Grover T's BBQ Restaurant, located on Highway 90 near Milton has Military Monday specials including 10% menu items and \$1 domestic drafts. Grover T's Military Monday Discount is for both active and retired military and their family members as long as they show their military ID. Hours of operation are Sunday - Thursday 11 a.m. - 9 p.m. / Friday and Saturday 11 a.m. - 10 p.m. Please call 850-564-1231 with any questions.

Ombudsman News - The Naval Air Station Whiting Field Ombudsman is now on Facebook. Check out her page to find information for families and another format for keep in touch with the command Ombudsman -- www.facebook.com/NASWFOmbudsman.

Usage Information

Total Used

1,778,394 kWh

	1 Year Ago	Last Month	This Month
Total kWh Used	1,848,045	1,771,333	1,778,394
Average Daily kWh	61,602	57,140	59,280
Days In Billing Period	30	31	30

Energy Conservation

Conserving energy remains an important goal in the operation of Naval Air Station Whiting Field. Steps taken during the past year by Public Works continue to pay dividends in our energy conservation programs. Please help decrease usage even more by remembering to turn off lights, shut down computers and printers, and limit usage of non-essential equipment.

Family Assistance

NAS Whiting Field



JUNE 2014

TO REPORT A SEXUAL ASSAULT:

Safe Helpline
A confidential and anonymous sexual assault hotline for the DoD Community.
Click: www.SafeHelpline.org
Call: 877-995-5247
Text: 55-247 (inside the U.S.) / 202-470-5546 (outside the U.S.)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Time Management 11:00 am - 12:00 pm	4 Marketing Yourself for a Second Career 9:00 - 11:00 am	5 Chall of FS & Marriage 9:00 - 11:00 am Anger Management 1:00 - 2:00 pm	6	7
8	9 Resume Writing 10:00 am - 12:00 pm	10 Conflict Management 11:00 am - 12:00 pm Stress Management 1:00 - 2:00 pm	11 Anger Management 10:00 - 11:00 am Smooth Move 1:00 - 3:00 pm	12 Chall of FS & Marriage 9:00 - 11:00 am Home Buying 1:00 - 3:00 pm	13 VA Representative 8:00 am - 12:00 pm	14
15	16 Federal Jobs 10:00 am - 12:00 pm	17 Time Management 11:00 am - 12:00 pm	18 Communication 101 11:00 am - 12:00 pm Anger Management 1:00 - 2:00 pm	19 Chall of FS & Marriage 9:00 - 11:00 am	20 HURRICANE EXPO 12:00 - 4:00 pm Atrium Bldg	21
22	23 TAP GPS Mon - Fri 8:00 am - 5:00 pm	24 Stress Management 11:00 am - 12:00 pm Conflict Management 1:00 - 2:00 pm	25 Active Parenting 10:00 am - 12:00 pm Moving with an EFM 1:00 - 3:00 pm	26 Chall of FS & Marriage 9:00 - 11:00 am Money & The Move 1:00 - 3:00 pm	27 VA Representative 8:00 am - 12:00 pm	28
29	30 Resume Writing 10:00 am - 12:00 pm			Suicide Prevention ACT! Ask Care Treat		

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<https://www.cnic.navy.mil/WhitingField/>

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NASWF welcomes new Ombudsman

By Jay Cope, NAS Whiting Field Public Affairs

After more than two years serving as the vital link between the command and the families who make up the extended military community, Daisy Johnson stepped down as the Naval Air Station Whiting Field Ombudsman. Following in her formidable footsteps will be Vanessa Wiederhoeft, who accepted the appointment from Capt. Matthew Coughlin.

Ombudsmen are volunteers who help disseminate information both up and down the chain of command on topics ranging from, official Department of the Navy and command information, command climate issues, local quality of life (QOL) improvement opportunities and “good deals” around the community. The term originates from a Scandinavian political position whose responsibility was the safeguarding of citizen rights. For more than 40 years, Ombudsmen have been the voice of Navy families to the top layers of the chain of command.

Wiederhoeft comes to NAS Whiting Field with a



Vanessa Wiederhoeft, Naval Air Station Whiting Field Ombudsman.

wealth of experience. She has been an Ombudsman two other times with Coast Riverine Group ONE det Guam and as the Naval Base Guam Ombudsman and Assembly Chair. It is a labor she is passionate about as she was raised in a military family and saw the importance of the link between families and the commanding office and how a good working relationship can help improve command morale.

“There are a lot of moments that make you want to keep doing [the Ombudsman job]. It doesn’t matter how important the matter is, one spouse needing help and you able to help them makes it worthwhile,” Wiederhoeft said.

Johnson’s resignation coincided with her husband’s transfer to an Individual Augmentee tour. While he is deployed, she and their daughter are staying in the local area to enjoy the support community which she helped maintain.

“I am really going to miss the people I work with,” Johnson said. “We have a great chain of command here, and I

- (Cont. on Page 14)

Fireworks Safety



Santa Rosa County urges everyone to use caution and common sense when using fireworks over the Fourth of July holidays. Fireworks, while fun, can also be very dangerous. Residents are reminded that the only legal firework products allowed in the State of Florida should bear the wording “emits a fountain or shower of sparks.” Aerial devices are prohibited. The State Fire Marshal’s approved sparkler list can be found at www.myfloridacfo.com/division/sfm/bfp/Documents/ApprovedSparklerList.pdf <<http://www.myfloridacfo.com/division/sfm/bfp/Documents/ApprovedSparklerList.pdf>> . Using illegal fireworks is a first-degree misdemeanor, and is a crime punishable by a \$1,000 fine and up to one year in jail. If you spot a brush or wildfire or if someone is injured, immediately call 9-1-1. What’s prohibited?

Fireworks- Under Florida law, only sparklers approved by the Division of State Fire Marshal, are legal for consumer usage anytime of the year. Sparklers should bear the wording “emits a fountain or shower of sparks.” Aerial devices are prohibited. A good rule of thumb is if it flies or explodes, it is not legal in Florida. Using illegal fireworks is a first-degree misdemeanor, and is a crime punishable by a \$1,000 fine and up to one year in jail.

What’s allowed?

Over 2,000 state approved sparklers, trick noise makers, and fountains.

Permitted public fireworks displays:

The safest way to enjoy fireworks with your family is to participate in one of the public fireworks displays offered throughout Santa Rosa County. Local displays include:

-Southern Motorsports, Saturday, June 28. Display will be during a pre-determined intermission between races at approximately 9 p.m. This show is for patrons of South-

- (Cont. on Page 15)

TRICARE Notes

SUMMER WATER FUN MINUS THE ALCOHOL

When it comes to beating the heat, nothing says cool down quite like going for a swim, boat ride or relaxing on the beach. While it may sound like a good idea to grab a few ‘cold ones’ for your trip, alcohol and water activities don’t mix. They can lead to reckless behavior and deadly results.

Responsible alcohol consumption is one of the easiest lifestyle decisions. TRICARE beneficiaries can make to maintain a quality life for themselves and their family members. TRICARE wants beneficiaries to be cool and enjoys the summer season responsibly.

Get more information about drinking responsibly and reducing alcohol abuse at www.tricare.mil/alcoholawareness.



Calling all Ruggers!
All-Navy Sports Needs You!

> Visit www.navyfitness.org/all-navy_sports/ for an application.

The Navy and Marine Corps will join forces to compete in the **2014 Commonwealth Navies Rugby Cup in Auckland, New Zealand, Sept. 17-Oct. 5.**

A trial camp will be held at Camp Pendleton, Calif., Aug. 18-Sept. 16.

We will be taking on the Kiwi's in their national sport on their turf. Only serious, experienced 15's players need to apply!



Applications are due no later than June 15, 2014.



Around the Base

Leibig

- (Cont. from Page 2)

assigned its own flight surgeon. Now however, three flight surgeons are responsible for the six squadrons that comprise TRAWING-5, increasing overall responsibility significantly.

“I am honored to have been recognized. This award is extremely rewarding especially when considering the effort necessary to accomplish our goals. The other flight surgeons here at TRAWING-5 are equally deserving of this award and have been instrumental in covering the shortages and keeping up with the challenging demands of flight instructors and students, ensuring that these individuals are able to fly safely with minimal training delays.”

During the 2013 calendar year, Leibig was responsible for 2 squadrons totaling 120 flight instructors, and 350 students. He completed 20 flights with a total of 58.8 flight hours and submitted 17 medical waivers.

Leibig provided health and safety lectures to over 500 personnel, contributing to the safety mission of TRAWING-5. He is also an active member of the local community, helping to

raise \$5,000 through organized charity fitness events in the Pensacola region and promoting health and fitness awareness to the general public.

Leibig attributes his success to the guidance and leadership of Senior Flight Surgeons Lt. Paul VonHerrmann, M.D. and Capt. Robert Reuer, M.D. VonHerrmann helped to establish a strong foundation early on for Leibig when he first checked into TRAWING-5, while Reuer provided the insight and encouragement necessary to become a successful flight surgeon. Serving as the senior flight surgeon also provided opportunities in which to gain leadership experience and broaden Leibig’s overall knowledge of the requirements necessary to safely achieve mission success.

“His unselfish work ethic and positive leadership epitomized the motivated teamwork required during the year long Flight Surgeon shortage at TRAWING-5,” Fisher continued.

Leibig recently transferred to Naval Air Station Pensacola where he will continue his naval career training in the Residency in Aerospace Medicine.



CAPT James. J. Fisher, USN, Commodore TRAWING FIVE presents the CNATRA Flight Surgeon of the Year Award to LCDR Jonathan S. Leibig, MD, USN Jun. 12 in the TRAWING-5 Headquarters building.

SECURITY CHECKPOINT

The following applies to all DoD installations regardless what state it located in.

Florida’s Move Over Law: Protects law enforcement officers, emergency workers and tow truck drivers stopped along roadways while performing their jobs. It requires motorists to move over when a patrol car, emergency vehicle or tow truck/wrecker that is stopped on the side of the road with its lights flashing. If such movement cannot be safely accomplished, motorists shall slow down to a speed of 20 mph below the posted speed limit.

Motorists are required to: Approach the emergency vehicle with caution; change lanes away from the emergency vehicle if traveling on a multi-lane roadway and able to move over safely; or slow down while maintaining a safe speed of 20 mph below posted speed limit and be careful not to impede or block the flow of traffic unless otherwise directed by an Law

Enforcement Officer. Violators of the Move

Over Law will be issued a citation! You also can receive points on your license for this violation besides paying a fine.

Pull Over for Emergency Vehicles: We've all experienced an ambulance, police car, or fire truck quickly approaching behind us with their lights and sirens on. And it's important to remember exactly what you should do and what the emergency driver expects you to do. They expect you to “Pull Over.” When an emergency vehicle including police cars, fire trucks, ambulances, other law enforcement, and tow trucks approaches you are expected to pull over to the closest edge of the roadway and stop until the

emergency vehicle has passed. The intent is for you to make way for the emergency vehicle so it can quickly move through traffic. Never block an intersection. This applies to pedestrians as well as drivers. Not many people realize that this also included funeral processions that have a police escort.



From TRAWING-5

Congratulations to TRAWING-5 Wingers



Back Row: Cmdr. Robert G. Sinram, USN, Commanding Officer HT-8; Lt. j.g. Jordan N. Roach, USN; Lt. j.g. Andrew N. Breen, USCG; Lt. j.g. Anthony J. Kline, USN; 1st Lt. Steven M. Vining, USMC; Lt. j.g. Robert L. Williams, USN; Capt. Michael D. Fisher, USN, Executive Officer Naval Aviation Schools Command.

Middle Row: Cmdr. Kevin Pickard, Jr., USN, Commanding Officer HT-18; 1st Lt. Ryan M. Klenke, USMC; Lt. j.g. Jeffrey M. Mistrick, USCG; 1st Lt. Joseph F. Deignan IV, USMC; Ensign James R. Gonos, USN; 1st Lt. Michael M. Dobrinen, USMC; Capt. James J. Fisher, USN, Commodore TRAWING-5.

Front Row: Lt. Col. Jeffrey M. Pavelko, USMC, Commanding Officer HT-28; Lt. j.g. Caitlin L. Schemenski, USN; Lt. j.g. Daniel E. Vogel, USN; Lt. j.g. Devin M. Dugard, USN; Lt. j.g. Laura K. Starck, USN; Lt. j.g. David T. Moore, USN.

Congratulations to TRAWING-5 Scholars



Capt. James J. Fisher, USN, Commodore, Training Air Wing FIVE presents the Academic Achievement Award (Commodore's List) to Ensign Thomas A. Petrilak, USN Jun. 13 in the TRAWING-5 headquarters building.



Lt. j.g. Michael G. Klakring, USCG and Lt. j.g. Allison G. Majcher, USCG received their Academic Achievement Awards Jun. 13 in the Training Air Wing FIVE headquarters building.

USAJOBS

- (Cont. from Page 3)

ries: Provisional Appointment of 30 percent or more Compensable Disabled Veterans; Veterans Recruitment Appointment (VRA); Veterans' Employment Opportunity Authority (VEOA); and the Wounded Warrior Project.

Appointments for compensable disabled veterans and wounded warriors are similar in that candidates from both categories may be appointed non-competitively to positions for which they qualify. Applicants must provide a letter from the Veterans Administration (VA) or branch of service documenting a compensable service-connected disability of 30 percent or more, SF-15 Application for 10-Point Veterans Preference, and DD Form 214 Certificate of Release.

Veterans without service-connected disabilities may still meet eligibility requirements for non-competitive VRA positions up to the GS-11 pay grade. Applicants are VRA-eligible if they have earned a campaign badge, are a disabled veteran, have earned an Armed Forces Service Medal for participation in a military operation,. Applicants must provide a VA letter and DD Form 214 to verify eligibility.

Veterans may also qualify for appointment under the VEOA. Eligible applicants must have completed at least three years of active-duty service with a separation under honorable conditions.

While many USAJOBS appointment authorities apply to veterans, other applicants may still meet requirements for non-competitive positions. Spouses of active duty ser-

vice members with orders specifying a permanent change of station, spouses of 100-percent disabled service members and spouses of a service member who was killed while performing active duty are also eligible. Eligibility verification requirements can be found under the "Who may apply section of the listing.

"Spouses put their careers on hold to support our service members, so this is an avenue for them to seek employment," Grimmage-Smith said. "In a sense, they serve alongside the service member and this gives them a chance to seek employment on base with their spouse, who they are following across the world."

One appointment not entirely restricted to veterans and spouses is Schedule A. This authority allows federal agencies to hire individuals with severe physical, psychiatric or intellectual disabilities. Applicants do not need to have any military or previous federal government experience. Eligibility requirements include medical documentation substantiating the applicant's disability.

"It is important to inform every-one of the different types of appointment authorities because we are an equal employment opportunity employer," Grimmage-Smith said. "We don't discriminate based on disabilities, and we need applicants to understand that it's not just geared toward veterans and spouses. USAJOBS offers federal government employment opportunities for everyone."

JAG Corps Advice:

Estate planning and legal aid

By **LT Chris Reintjes, JAGC, USN**
Legal Assistance Attorney, NAS Jacksonville

For most people estate planning seems like something only the rich need to worry about. However, there is more to planning your estate than just deciding who gets your money when you die. For instance, who is going to take care of your children? What if you remarry and you have children from a previous relationship: do you want your ex handling your child's money when you're gone? Do you have step-kids you are raising as your own and wish to plan for as if they were your own biological children? Is there someone in your life that would be the last person in the world you would want getting any of your money when you're gone (e.g. your mother-in-law, dead-beat dad, current spouse, drug addict sibling, etc.)? All of these issues and more can be discussed, for free, by scheduling an appointment with your local Legal Assistance office and meeting with an attorney.

Most Americans have very savings in the bank, live paycheck to paycheck, average \$15,000 in credit card debt,

- (Cont. on Page 15)

25th Annual

Job Fair



When: August 21, 2014
9:00 a.m. to 3:00 p.m.

Where: Sikes Hall
NAS Whiting Field

OPEN TO THE PUBLIC

Local, Regional, and National Employers will be present. Please bring your most current resume and come prepared to be interviewed!

For more information please contact the NAS Whiting Field Fleet and Family Support Center at 623-7177.

NAS Whiting Field MWR hosts Youth Fishing Rodeo



A young fisherman shows off his catch at the MWR Youth Fishing Rodeo, Jun. 7. Photo courtesy of NASWF MWR.

The Youth Fishing Rodeo began promptly at 9am. The air temperature at Whiting Recreation Park on the Blackwater River was already edging past 90 degrees and the humidity was even higher. Despite the unusually hot morning, 15 kids signed up and were poised to begin the days' fishing activities. Along with the children, 25 parents, supporters, and volunteer angling enthusiasts turned out for the excitement. While the contestants were vying to catch the surrounding water's array of fish and turtles (yes, turtles all of which were released back into the river) using various baits of worms, shrimp and even bread crumbs. Volunteers from the Florida Fish and Wildlife Commission set up a display table depicting some of the area's fishes, reptiles, and small mammals. These dedicated professionals also provided information on fishing safety, rules and regulations, as well as special "angler tips". MWR provided the children with fishing poles to use, pontoon boat rides, and hamburgers, hotdogs and drinks. Overall it was a great day on the beautiful Blackwater River. The children had a wonderful time honing their fishing skills to become the next big Fishing Angler. The experience for everyone involved was fun and exciting, even while the youngster learned valuable lessons that will carry with them throughout their lives.



The NAS Whiting Field MWR Youth Fishing Rodeo included a tour of the Blackwater River on Pontoons with family members and wildlife enthusiasts. Photo courtesy of NASWF MWR.

NASWF staff participate in annual Florida-Japan Summit



By Ensign Josh Lamb, NAS Whiting Field Public Affairs

A Naval Air Station Whiting Field employee continues to represent the Northwest panhandle while participating in a summit promoting the growth of Florida.

Stanley Harper, NEX NASWF Operation Services; Kumiko Curtis, NASP NEXCOM warehouse auditor and the Pensacola/Northwest Florida Liaison of the Consulate General Japan in Miami; and Dr. Douglas Trelfa, Director Japan Center, University of West Florida served as the representatives from Northwest Florida.

This year marks the 11th annual Florida-Japan Summit. The summit was held at the Morikami Museum and Japanese Garden May 19 and was comprised of 225 representatives from around the state of Florida. The main focus of the conference this year was focused on increasing the amount of exchange students between Florida and Japan, how Japan can work with Florida on ways to further develop tourism in Japan, and companies in Florida that work with Japan.

According to Harper this conference is a meeting between the companies that work with Japan as well as others and helps develop over 5 billion dollars in revenue annually for Florida's economy. One of these companies, Jabil, was touted as a success story bringing over 5,000 jobs for the state.

Before Harper began working at NASWF, he worked in the automotive manufacturing sector where part of his role was to seek out unique suppliers and corporate take overs of similar business units.

Harper was first invited to this annual conference in 2012 by Dr. Sheikgo Honda, at the time she was the Director of The Japan Center at the University of West Florida, and is now the Curator of Education for the Morikami Museum and Japanese Gardens. Harper was asked to the conference to promote new ideas for bring business to the northwest region of Florida. Harpers main role at the summit now is networking to improve this regions job market, cultural exchange programs, tourism, and educational studies and research.

Harper wants to continue with this role while learning the new ideologies and cultural changes taking place so northwest Florida business can further develop and become more incorporated into the global market.

Around the Base

NAS Whiting Field Hurricane EXPO



Community Groups and Emergency Response Services from around Santa Rosa County converged on the NAS Whiting Field Atrium on June 20 to help service members and their families prepare for hurricane season. Santa Rosa County's Emergency Management Division, the American Red Cross, the USO, Gulf Power, NOAA and many other groups were represented at the event. Gulf Power Community Development Representative Mr. Carl Jackson presented the dangers power lines can pose after a storm using a model of the power distribution grid. U.S. Navy Photos by Lt. j.g. Brett Resue



Around the Base

Gulf Coast

- (Cont. from Page 4)

and through the use of our mobile and fixed training aids.

The Wildland Fire Training conference is unique to the Munson District of Division of Forestry and was held



Fire and Emergency Services Gulf Coast Firefighters extinguish the remaining flames at the church fire in May.

in March this year. F&ES assisted this event with planning support and by providing a live fire trainer which simulates helicopter fires. Support of this and other programs helps improve the lines of communication among our mutual aid partners. Another advantage of the conference is the networking opportunities made available with some non-traditional partners such as law enforcement and emergency management.

While helping to support and coordinate with such a conference is time consuming, the station was encouraged to pursue the efforts as another way of partnering with the community. Not only did the chain of command support the endeavor, but the commanding officer participated in the Wildland Training Conference's opening ceremony by addressing the local responders of Northwest Florida. The

intentions of both the installation and the fire station would be to continue participation with this event in the future.

"I couldn't ask for a more supportive commanding officer than Capt. Matthew Coughlin," Greenough said.

Training events with off base agencies are becoming more frequent and encouraged by Navy leadership. These events not only help maintain the readiness of the departments but also help to strengthen the relationship that the base has with the local community.

While mutual aid responses and cooperative training evolutions form a very tangible presence for the citizenry, it is equally important for the team to encourage a presence that is not affiliated with tragic circumstances. Firefighters are the "good guys" and they reinforce that reality through volunteerism. Members of the F&ES team help strengthen community relationships activities such as: CPR and first responder training, Toys for Tots, food drives, Pilot for a Day, and Fire Prevention Week.

"I'm glad I can help teach these classes and [I] approach them with the attitude that they could be providing CPR to one of my family members" Fire Lt. Stephen Hudson stated about one of his volunteer efforts. He has been a member of F&ES for 14 years and teaches CPR in Santa Rosa County, coaches Tee ball and soft ball, and is a coordinator for the Safe Haven for New Born program.

Firefighter Antonio Jackson serves as a deacon for his church in addition to his duties with the fire station, and he enjoys speaking to elementary students during Fire Prevention Week.

"It's a great organization, and it's exciting that there is something new each and every day requiring us to be so versatile" he said.

Ombudsman

- (Cont. from Page 7)

am glad I can still be involved in the Whiting community."

The Ombudsmen both stressed the importance of accessibility to the families as a vital trait for the position. It is impossible to function as an information referral resource without knowing what key questions your constituents have. To help provide extra outlets of information, the two Ombudsmen established a Facebook page – www.facebook.com/NASW-FOmbudsman. Wiederhoeft also may be reached via email at naswfombudsman@gmail.com or by phone at (850) 293-3535. "We have been fortunate to have Daisy with us for the last two years. She has been a tremendous asset to the command and has brought a wealth of energy and enthusiasm to the job," NAS Whiting Field Commanding Officer Capt. Matthew Coughlin

stated. "But I am also sure that Vanessa will put her own stamp on the position and serve the NAS Whiting Field team equally well."



Estate

- (Cont. from Page 11)

\$154,000 in mortgage debts, and \$33,000 in student loans. If your financial situation is like that, you might be thinking that you don't have anything to give away except debts. It is true that the value of your estate when you die is calculated by taking the value of what you own minus the value of what you owe: $Estate(\$) = Own(\$) - Owe(\$)$. So, that being said, what is the value of your estate?

First, we have to figure out what you own. If you're like most military members, you have elected the standard \$400,000 from your Service Group Member's Life Insurance (SGLI). If you were to die on active duty, or in certain reserve statuses, the federal government provides an additional \$100K death gratuity to help provide for the immediate needs of your surviving family members. Thus you're looking at a minimum of a half a million dollars in assets immediately upon your death.

By keeping your SGLI form up to date, you have planned for this to pay out to your surviving spouse. However, in the event he/she dies before you, it is directed to go to your children, but wait: can a minor child be given \$400,000? No; your child can not be given that money directly. And for good reason - think of the havoc you would have wreaked on the world if you had \$400,000 burning a hole in your pocket when you were a teenager! The solution is a trust fund. Come meet with a legal assistance attorney and we will see if this is right for you.

Lastly, there is someone out there who has read this far into this article and is thinking, "Oh, I am just going to give everything to my brother, he knows what I want him to do with my money." Although your brother is probably very trustworthy, circumstances that neither of you could have foreseen, such as an unexpected illness or hard financial times could befall him and the money you intended your brother to use to care for your children could be subject to your brother's creditors. Instead, tell your money where to go. Plan your estate today, because yes, you do have one.



Fireworks

- (Cont. from Page 8)

ern Raceway and is not open to the general public.

-Santa Rosa County TDC Display, Friday, July 4, the fireworks will originate from the Black Skimmer Pavilion parking lot in the county park on Navarre Beach. The fireworks will begin at dark and will be visible from many sound and gulf side locations.

-Town of Jay, Friday, July 4, at the Bray-Hendrix Park, 5213 Booker Lane at dark.

-Riverfest, Friday, July 4, Downtown Milton at dark



over the Blackwater River.

If you decide to celebrate the Fourth of July at home with sparklers, remember these helpful tips to minimize your chance of accident or injury:

- Only purchase state approved sparklers from licensed vendors.
- Observe local laws and use common sense.
- Alcohol and fireworks do not mix.
- Only light sparklers on a flat smooth surface away from combustible materials. Do not light them on grass.
- Keep a fire extinguisher or water hose on-hand for emergencies.
- Be sure people and pets are out of range prior to igniting the sparkler.
- Never have any portion of your body directly over the sparkler when lighting the fuse.
- Never allow children to play or use any sparkler or novelty device without supervision.
- Do not use any unwrapped item that may have been tampered with.
- Light only one item at a time and never attempt to re-light a "dud."
- Do not experiment with homemade fireworks.
- Discard of all products safely. It is recommended to submerge used and "dud" sparklers in water prior to placing in household trash receptacles.