

Whiting Tower

Seventy-one Years of Aviation Training News

Naval Air Station Whiting Field, Milton, Fla.
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Forging Wings for the Fleet
Wednesday, April 1 2015

2015 INSTALLATION EXCELLENCE AWARD WINNER



**Happy 122nd Birthday
Navy Chief Petty Officers**

NASWF Stresses Sexual Assault Awareness

By: Ensign Margaret Gresham, NAS Whiting Field, Public Affairs

Throughout the next 4-5 weeks, NAS Whiting field, Navy and nationwide will be observing Sexual Assault Prevention and Awareness Month. Recognized every April the month is dedicated to raising awareness about sexual assault and its victims. Whiting Field's Sexual Assault Prevention and Response (SAPR) office is here to support victims of sexual assault, raise awareness, and shed light on lesser known facts.

Sexual assault is any unwanted verbal, nonverbal or physical sexual contact, and is characterized by use of force, physical threat or abuse of authority, or when the victim does not or cannot consent. Traditional thought views sexual assault as primarily associated with male-on-female "attacks." However men can equally be victims. The sexual assault prevention and response team seeks to break this mischaracterization

of sexual assault and inform people about the truth of sexual assault, that anyone can be a victim.

Male victims in the Navy, as in the general population, represent an underreported segment of an underreported crime. This concerns the SAPR team and makes them want to reemphasize the multi-gender nature of the crime. The team here at Whiting field is trying to reduce stigma associated with sexual assault and is working to get the word out and help victims feel comfortable about coming forward and making reports.

Sexual Assault Response Coordinator, Kristen Klein, stated, "I want victims to know they will be supported regardless of gender, race, job, or sexual orientation. We are here to provide them all the information, resources, and referrals necessary to make the decision that is best for them. It is the victim's right to choose

- (Cont. on Page 9)

Cover: NAS Whiting Field Command Master Chief Alton Smith pipes newly pinned Chief Petty Officer Jean Vincent into the ranks of Chief Petty Officer. A symbol of United States Naval leadership for 122 years, the gold fouled anchor behind a silver USN is bestowed upon U.S. Navy enlisted personnel that have earned the rank of Chief Petty Officer. US Navy photo by Jay Cope

Happy 122nd Birthday Chief Petty Officers

From: Rear Admiral Mary M. Jackson
Commander, Navy Region Southeast

Team Southeast,

On April 1st, our Navy Chief's Mess will celebrate 122 years of the United States Navy Chief Petty Officer. For 122 years our Navy Chiefs have provided strong deckplate leadership that has enabled our Navy to become and remain the most powerful seagoing Service in the world. "Ask the Chief!" remains a household phrase throughout the Fleet to this very day and signifies the respect and admiration that we have for those who have attained and continued to serve in the Chief Petty Officer ranks. I continue to be amazed at the capabilities of our Chief's Mess every day that I'm privileged to wear the cloth of our Nation. They are humble, servant leaders who are and continue to be the "BACKBONE OF OUR NAVY."



Rear Adm. Mary J. Jackson, Commander, Navy Region South East

Throughout the region, our Chief's Mess will hold various CPO heritage events aboard our installations in celebration of their history and heritage. I strongly encourage everyone to take the opportunity to support these events, where possible, and join in on the celebration of 122 years of the Navy Chief.

On behalf of the ENTIRE region, I take great pleasure in extending a heartfelt and grateful birthday wish to all of our Chief Petty Officers throughout the Region. HAPPY BIRTHDAY, CHIEFS!!!



The Whiting Tower

Commanding Officer

- Capt. Todd Bahlau

Executive Officer

- Cmdr. Donald Gaines

Command Master Chief

- Command Master Chief (AW/SW) Alton Smith

Public Affairs Officer

- Jay Cope

Public Affairs Staff

- Ensign Andrew Groh

- Ensign Jon Spoehr

- Ensign Margaret Gresham

The Whiting Tower is an authorized publication for members of the Naval Air Station Whiting Field team, tenant commands, their family members and retirees in the surrounding area. The contents of this publication do not necessarily reflect the views of the U.S. Government, the Department of Defense or the Department of the Navy, and do not imply endorsement thereof. The editorial content is prepared, edited and provided by the Public Affairs Office of Naval Air Station Whiting Field.

Training Squadrons Return From Detachment

By: Ensign Margaret Gresham, NAS Whiting Field, Public Affairs

A formation of orange and white Unidentified Flying Objects invaded the skies of Roswell New Mexico this winter; however it wasn't aliens in dark green suits that climbed out of the unfamiliar aircraft. Rather it was the men and women of Training Air Wing FIVE exiting their T-6B Texan II's.

The end of March closes out a nine-week winter detachment in Roswell N.M. where Training Wing FIVE (TRAW5) sent Training Squadrons TWO, THREE, and SIX to train day and night at Roswell International Air Center. Each squadron spent three weeks there from Jan 11 to Mar 15. This detachment is used to increase training volume as well as personnel morale.

The 2015 remote training at Roswell was the second year in which TRAW5 sought out better winter weather than found in northwest Florida. However, weather was a challenge this year. Statistically speaking Roswell has much better weather for flying during this portion of the year. The Pensacola area typically endures several months of clouds and rain which do not correlate well with training flight ops. Roswell unfortunately had its fair share of rain and snow during the detachment. VT-2 and VT-6 had to brave most of the Roswell weather; they faced several snow storms that slowed training. Despite the weather, the squadron increased camaraderie as the students shared long hours of studying and were exposed to more time around their classmates and instructors.

"Training in Roswell was definitely challenging," Gregory Oh of the Red Knights, stated, "but it allowed me to stay relevant, consistent, and my proficiency in the aircraft was dramatically increased. I also enjoyed the atmosphere, I was able to interact with my classmates and co-workers and gain a network of connections I otherwise wouldn't have."

The Roswell detachment also allowed students to adapt and prepare for an unfamiliar place under time constraints. In the real world aviators will be operating in foreign waters and lands where they only have day's maybe even hours to prepare. It also afforded the students an opportunity to experience training at different altitudes, Roswell is roughly 4000 feet high in elevation than Pensacola. The aircraft responds differently at higher elevations and it was valuable for students to adapt and overcome that challenge.

Max Wilson, part of the VT-2 Doerbirds, stated, "The Roswell detachment afforded me the opportunity to

operate in an unfamiliar and unique environment, which ultimately enhanced my primary training experience."

Training squadrons-3 was blessed with better weather throughout their three weeks of training in February. They had 25 aircraft and 35 instructors and were able to complete over 70 events per day on occasion. The fast paced operations provided invaluable experience for the students and simulated operations and the pace of a squadron on deployment.



T-6B Texan II's stand ready for flight in Roswell, New Mexico. Training Squadrons TWO, THREE and SIX traded gloomy overcast Florida weather for the clear blue skies seen in the picture above. US Navy photo by Ensign Margaret Gresham.

Lt. Chelsea Brunoehler who works for TRAW5 operations spent nine-weeks on the detachment and was in charge of running many of the daily logistics. She emphasized that the statistics highlighted a successful two months despite the weather.

"We flew 4,225 hours on the Roswell Detachment, which was very comparable to last year's det. We had hoped to ramp up our production significantly this year, since we had more available aircraft, but the weather set back our goals. Seeing as we would have utilized those 25 planes and 115 personnel back home as well, we believe we gained an additional 1800 hours or 900 events

by going on the detachment this year. Though we didn't meet our targeted goal, we still made a big dent in the production by going...in essence; we primary completed 21 additional pilots by going on the detachment, and also produced better quality pilots because they were able to fly with great continuity on det."

The number of personnel involved in the planning and execution of this detachment was substantial and key to the detachments success. The detachment would not have been possible without the support from the maintainers, Training Wing FIVE Operations, IT support teams, ATC personnel at Roswell International, and the Roswell local businesses.

Cmdr. Ryan Yost, Chief Staff Officer for Training Whiting FIVE, stated, "The Training Air Wing FIVE (TW-5) winter detachment to Roswell, NM was definitely a success. Despite having worse than the average seasonal weather, like much of the country experienced this winter, the det still accounted for nearly 50% of all the Wing mission during this timeframe using only 25% of our assets. This is thanks to the hard work of the Instructor Pilots and Dyncorp maintainers who were extremely efficient when the weather did cooperate. In addition, the Airman, Sailors, Marines, and Coast Guardsman of TW-5 engaged in several community relations outreach programs with local veterans, schools and the great people of Roswell." 🦅

Virtual Wargamers Needed to Solve DON's Data Dilemma: Join the Discussion April 6-17

By Philip Lee and Robert P. Kozloski, Office of Strategy and Innovation, Office of the Deputy Under Secretary of the Navy (Management)

WASHINGTON (NNS) -- "The very technologies that can empower us to do great good can also be used to undermine us and do great harm," President Barack Obama said recently. This statement captures the essence of the information-age dilemma facing all federal organizations - how to effectively share data for maximum benefit, while at the same time protecting data from nefarious cyber activity.

The Department of the Navy (DON) collects more data each day than the total amount stored in the Library of Congress, yet it does not have an effective strategy to share this information internally nor with the public, thus preventing it from maximizing on recent open-data and innovation trends. The DON possesses vast amounts of non-mission related data such as demographic, medical, energy, education, public safety, and financial data which other organizations are sharing with the public to promote innovation, transparency, and crowd-sourced problem solving but the DON has yet to overcome cultural and procedural hurdles.

Information management in the DON is still widely based on industrial-age practices of siloing information and sharing it only on a "need-to-know" basis because many fear sharing data increases the risk of cyber exploitation or attack. Developing a balanced policy that promotes the "need-to-share" data as the default position, while protecting critical personal or national security information, is at the heart of the DON's data dilemma.

"We must fundamentally rethink how we value information in the DON," said Dr. Maura Sullivan, Chief of Strategy and Innovation. "As the rate of change in the global environment accelerates and the landscape of potential threats increases in complexity, the DON must adapt."

The Office of Strategy & Innovation, Deputy Under Secretary of the Navy (Management), together with the Naval Postgraduate School, is seeking new ideas and perspectives to tackle these complex challenges. We invite a broad audience of experts to participate in Data Dilemma: Share vs Silo MMOWGLI (Massive Multiplayer Online Wargame Leveraging the Internet) from April 6-17, 2015.

MMOWGLI events provide an exciting new venue to leverage the competition of bold ideas and the collabora-

tion between unlikely participants that often yields unexpected actionable outcomes. The natural tension surrounding sharing versus siloing data provides an excellent topic for this event and pits data sharing advocates against traditionalists focused on siloing data to reduce risk. The best ideas developed through the newest wargame, Data Dilemma MMOWGLI, will influence Secretary of the Navy innovation goals and eventually the DON data strategy.

"We're hoping for an extremely diverse set of players including experts from academia, industry, military, government, non-governmental organizations (NGOs), and global citizens to compete in this MMOWGLI," said Sullivan.

Interested players can view the Data Dilemma: Share vs Silo MMOWGLI video and pre-register online at <https://portal.mmowgli.nps.edu/dd>. For additional information, contact Mr. Philip Lee at philip.lee@navy.mil. ✉

This Day in Naval History

April 1, 1893 - Navy General Order 409 establishes the rank of Chief Petty Officer.

April 3, 1942 - Admiral Chester W. Nimitz, is named Commander-in-Chief, Pacific Ocean Areas (CINCPAC) and also retains the title of Commander-in-Chief, Pacific Fleet (CINCPAC).

April 6, 1917 - Following the sinking of U.S. merchant vessels by German U-boats, the U.S. declares war on Germany, entering World War.

April 8, 1925 - Lt. John D. Price, piloting a VF-1 plane, makes a night landing on USS Langley (CV 1), at sea off San Diego, Calif., the first on board a U.S. Navy carrier.

April 11, 1970 - Apollo 13 is launched, commanded by Navy Capt. James A. Lovell. The ship endures an explosion forcing an immediate return to Earth. Recovery is by helicopters from USS Iwo Jima (LPH-2).

Shift to summer uniforms on 6 April.

Easter Egg Hunt

NAS Whiting Field and Training Air Wing FIVE are teaming up to host the annual Easter Egg Hunt at the NAS Whiting Field Ballpark with about 5,000 eggs for the kids to find. The event will run from 10 a.m. to Noon Saturday, April 4.

Blue Wahoos' Baseball Camp

The Cincinnati Reds Double A Affiliate, the Pensacola Blue Wahoos will hold a baseball camp at NAS Whiting Field from 10 a.m. to Noon Saturday, May 9 at the baseball fields. The camp is for kids ages 6-14 who have authorized base access through a member of the NAS Whiting Field team. The event will feature skills exercises, a motivational session, and autograph signing. Call 665-6122 to register for the event.

Motorcycle Mentors

The weather is getting warmer and now is the time to get those motorcycles ready for summer fun. NAS Whiting Field has a need for an experienced rider to step forward and help us meet the requirements of OPNAVINST 5100.12J. Commands are required to have a Motorcycle Mentor program. Currently NASWF doesn't have this program. Here is an opportunity for a great FITREP/Eval bullet. You would be starting this from the ground up. The first order of business would be to draft a charter document with bylaws. Eventually that person would act as the President and organize meetings, command rides and assign senior, more experienced riders to act as mentors to less experienced riders. If you're interested contact the NASWF Safety office at 623-7180 or 623-7158.

Bake Sale

The Christmas Party Committee is holding a Bake Sale on Friday at the Commissary, 1030-1200. Available items include: Cake Pops, Blueberry Muffins, Donuts, Brownies, Chocolate Chip Cookies, Coconut Cake, cupcakes and more. Please come out and take some treats home, or your welcome to bake some goods and donate to the sale. Not interested in the treats? How about some Lumpia? See you at the sale!

ITT Latest and Greatest

-Royal Caribbean is offer a BOGO50% on 2016-2017 sailings - available now through April 30, 2015. 50% off second guest, 50% of second guest beverage package and 50% off deposit. Contact ITT to book your next cruise. 850-665-6250 or 850-623-7032.

-Newly reduced unrestricted movie tickets - \$7.00 Military and \$7.50 all others. Tickets are good any day, any time, any movie except 3D. Stop by ITT to purchase your movie certificates while they last.

Golf Tournament

The Recreation Committee for the Naval Branch Health Clinic at NAS Whiting Field is hosting a golf tournament 8 MAY at the Whiting Field Golf Course. Format is a four man scramble with shotgun start at 0900. Sign up cost is \$45 per person with lunch and door prizes. Prizes for the winners as well as for longest drive, two closest to the pin, and a flop shot contest. Call HM2 Lovin at 623-7388 for additional information or to sign up.

SECURITY CORNER

ROAD RAGE!!!

Identifying the signs of road rage and avoiding it. Road rage is defined as violent or visibly angry behavior by a driver of a motor vehicle which can result in crashes or other incidents on roadways. Some



signs of road rage include tailgating, cutting off other drivers, hitting the horn and flashing headlights. Driving slowly in the left lane, knowing others are trying to pass, hand gestures and shouting out obscenities or threats. Worst case is throwing objects from moving vehicles, following someone or getting out a vehicle in attempt to start a confrontation. Ways of avoiding road rage include being courteous of other drivers; getting out the left lane for fast moving vehicles, not tailgating or getting behind the wheel while tired or irritable. If someone uses obscene hand gestures towards you; don't entertain them by returning the favor. Keep a cool head; avoid confrontation and if you witness something you think is road rage, call the police.

Volunteer Opportunities

-On Saturday, April 18, the Bay Area Food Bank will be having two types of volunteer projects. There will be groups volunteering to sort food in the food sorting area which will consist of taking donated products and sorting to like categories. The other group will consist of individuals packing bags for the Backpack Program. For this project you will be taking food items and place them in a bag. If anyone wants to volunteer either opportunity is open. Children are allowed also. The food sorting minimum age is 10 years old and our Backpack minimum age is 6 years old. The opportunities will take place at the Bay Area warehouse located on 5709 Industrial Blvd. Milton, FL 32583 from 9-12.

-Time is closing in on the Santa Rosa County Fair this year in April and there are still 17 slots available for volunteers to operate ticket booths. A simple opportunity for 3-4 volunteer hours in the sales of admission or amusement ride tickets for any dates April 3-5 & 8-11.

-On Thursday April 9 at Noon the Santa Rosa Library 5541 Alabama St., is looking for a few volunteers to help set up for a book sale. This event shouldn't take more than an hour with prop set up and moving some books around. After the book sale is over on Saturday April 11 at 11:30 a.m. the library also needs a few volunteers for break down which should only take an hour as well.

-People interested in volunteering should contact ABH1 David Hernandez at 425-446-1179.

From TRAWING-5

Congratulations to TRAWING-5 Wingers



Training Air Wing FIVE recognized these newly winged Aviators on March 27

Top from left: Lt. Col. Raffort M. Coleman, USMC, CO HT-18; Lt j.g. Tommaso Scolaro, ITNAVY; 1st Lt. Jonathan D. Grizzle, USMC; Ens. Davide Caporale, ITNAVY; Lt j.g. Alberto Mussida, ITNAVY; Lt. j.g. Joshua C Wofford, USCG; Ens. Charles A. Horan, IV, USN; Capt. Jim O'Keefe, USCG

Middle from left: Cmdr. Robert G. Sinram, USN, CO HT-8; Lt. j.g. Piero Fanizza, ITNAVY; 1st Lt. Daniel J. Szurick, USMC; Ens. Jaclyn A. Hepfinger, USN; 1st Lt. Gregory L. Everett, USMC; Ens. Colin P. Bakey, USN; Lt. j.g. Richard C. Leung, USMC; Col. Gary A. Kling, USMC, Commodore TW5

Bottom from left: Cdr. Jeffery D. Ketcham, USN, CO HT-28; Ens. Julia A. Orlandi, USN; Ens. Kaitlyn V. Soper, USN; Ens. JJordanL. Chimelewski, USN; Ens. Shelby L. Smith, USN; 1st Lt. David W. Few, USN; 1st Lt. James V. Tumolo, USMC

Congratulations to TRAWING-5 Scholars



Congratulations to the new Academic Achievers on March 27!

Left Photo: Lt j.g. Alberto Mussida, ITNAVY receives Commodore's List award from Capt. Zappalinni, ITNAVY

Middle Photo: Lt j.g. Tommaso Scolaro, ITNAVY receives Commodore's List With Distinction award from Capt. Zappalinni, ITNAVY

Right Photo: Ens. Davide Caporale, ITNAVY receives Commodore's List With Distinction and Commodore's List Distinguished Graduate awards from Capt. Zappalinni, ITNAVY.

CNATT AMO Class Donates to Local Charity

By: Ensign Andrew Groh, NAS Whiting Field, Public Affairs



Pictured left-right Lt. Amy Ellison, Aviation Maintenance Administration Chief Adrian Lampkins and Ensign Robin Anton unload a vehicle full of their AMO classes donated goods for the FavorHouse of NW Florida, Inc. US Navy photo by Ensign Andrew Groh

Community outreach and local support have long been a priority of U.S. military installations across the nation. As a display of that continued effort, students of The Center for Naval Aviation Technical Training Detachment Whiting Field's (CNATT Det W.F.) Aviation Maintenance Officer (AMO) program made a donation of goods to the FavorHouse of NW Florida, Inc.

Located off Hwy 90 in Milton, FL in the Timberland Plaza, FavorHouse of NW Florida, Inc. is a domestic violence center serving Escambia and Santa Rosa counties. Their mission is to serve victims of domestic violence and sexual assault by offering many options such as a shelter, 24-hour crisis hotline, community education, a scholarship program and others.

With the goal of leaving behind a positive legacy before being sent to the fleet, Naval Aviation Maintenance Program (NAMP) Indoctrination Course Class 15-040 appointed Lt. Amy Ellison, a fellow student of the class, as their project leader. Her responsibility was to find a local organization that the class could reach out to.

After some research, Ellison found the locally based FavorHouse. Ellison helped coordinate the effort with the assistance of her classmates by collecting donations offered by the staff and students and personally bringing the items to FavorHouse.

Ellison, joined by classmate Ensign Robin Anton and class instructor Aviation Maintenance Administration Chief Adrian Lampkins, of the NAMP Indoctrination Course Class 15-040, represented the AMO class to deliver the donation.

Lampkins noted, "Lt. Ellison was involved with
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TRICARE Notes

BENEFICIARY ADVISORY PANEL GIVES YOU A VOICE IN YOUR TRICARE PHARMACY BENEFIT

The Department of Defense (DoD) Beneficiary Advisory Panel (BAP) is designed to enhance transparency and provide an opportunity for you to comment on the DoD Pharmacy and Therapeutics (P&T) Committee's formulary recommendations before they are submitted to the director of Defense Health Agency (DHA) for approval.

BAP members are appointed on an annual basis by the Secretary of Defense to represent the interests of TRICARE beneficiaries.

A major focus of the BAP is the process of implementing uniform formulary decisions, especially communications with beneficiaries.

SAVE MONEY WITH TRICARE PHARMACY HOME DELIVERY

TRICARE Pharmacy Home Delivery is your least expensive option when not using a military pharmacy. There is no cost to receive up to a 90-day supply of generic formulary medications with copayments for brand-name/non-formulary medications. Prescriptions are delivered with free standard shipping and refills can be ordered easily online, by phone or by mail.

The Express Scripts Member Choice Center is available at 1-877-363-1433 to answer questions and/or help you switch to the convenient home delivery option

NBHCWF Commissions One of Their Own

By: Ensign Andrew Groh, NAS Whiting Field, Public Affairs

Navy Branch Health Clinic Whiting Field (NBHCWF) had the rare opportunity to celebrate in an event that has taken place on base only once before in the last 25 years, the commissioning of one of their own into the Medical Service Corps (MSC). Hospital Corpsman First Class Jesse Hernandez took the oath of a Naval officer during a commissioning ceremony Mar 16 in NBHCWF's central lobby. Hernandez joined the NBHCWF team in December of 2010 as a Hospital Corpsman Second Class and promoted to First Class in June of 2013.

Navy officer commissions are earned in several ways such as the United States Naval Academy (USNA), Reserve Officer Training Corps (ROTC), Officer Candidate School (OCS), and others. However, a newly minted Lieutenant Junior Grade Hernandez will be attending a commissioning program similar to OCS known as Officer Development School (ODS).

ODS is one of five officer accession programs operated at Officer Training Command Newport (OTC) in Newport, Rhode Island. According to the official OTC website, the purpose of this course is to provide Staff Corps



Newly commissioned Lt. j.g. Jesse Hernandez shares his first salute with NBHCWF Lead Chief Petty Officer Steven Fearnside. US Navy photo by Ensign Andrew Groh

Officers, and several Restricted Line designators with training necessary to prepare them to function in their role as a newly commissioned Naval officer.

During his time here at NBHCWF, Hernandez earned his Bachelor's degree in Healthcare Administration from Ashford University where upon completion he applied to the Medical Service Corps In-Service Procurement Program (MSC IPP), a program for active duty enlisted personnel that meet the eligibility criteria for MSC officers, in hopes of being picked up for ODS in 2012.

After receiving a letter of non-selection to the program, Hernandez continued his education earning a Master's degree in Public Health from National University in California. Hernandez re-applied to the MSC IPP Program in October of 2014. From a pool of roughly 70-150 applicants to this program from across the nation, Hernandez was selected as one of 15 accepted to the program annually.

Hernandez will attend ODS starting May 10 where upon completion has follow on orders to Naval Submarine Medical Research Laboratory, Naval Submarine Base New London in Groton, Connecticut where he will begin his new career as a United States Naval Officer.

Welcome Aboard Whiting Field!

By: Ensign Margaret Gresham, NAS Whiting Field, Public Affairs



Kristi Lynn

The Naval Air Station (NAS) Whiting Field Commissary team welcomed their newest member this year at the end of February, Store Director, Kristi Lynn. Lynn took over the position after former Store Director, Kim Jackson, took a new position at the commissary located on Naval Air Station Jacksonville.

Born in the small town of Independence Iowa, Lynn has worked in the commissary business for over 20 years. She received the new position as a promotion from the commissary located on Hurlburt Field in Okaloosa County.

Lynn stated, "I absolutely love the atmosphere at NAS Whiting Field. The people, the grounds, everything is so lovely here. I am looking forward to working with the commissary staff, they are all so knowledgeable and this commissary runs so smoothly it practically runs itself!"

Lynn shared she has several goals for the future of the commissary, mostly revolving around health and wellness. She believes health is very important in the Navy and she wants to be a part of the movement towards a Navy that focuses on wellness as a whole.

Part of her plan involves integrating more premade sandwiches, fruit cups, and meals that patrons can take advantage of. Lynn also plans on providing shoppers with more of a variety of healthy snacks and options throughout the aisles.

Lynn is happy to be on board and looks forward to accomplishing the commissaries goals of more satisfied customers, committed employees, and sound management practices.

NAS Whiting Field &

TRA-WING 5

Easter Egg Hunt

Sat. APR. 4TH 1000-1200

Location: Pavilion near the softball fields



All are welcome

Broken up by age groups

0-4/4-8/8-12/12 & up

Sexual Assault

- (Cont. from Page 2)

how to proceed with the avenue that is best suited to their case.”

Sexual Assault Prevention and Response states there is a stigma associated with men being sexually assaulted. They feel emasculated, fear they are perceived as weak, or are embarrassed to come forward. The Pentagon anonymously surveyed male victims of sexual assault who declined to report the incident and reported that nearly half of the surveyed pool didn't want anyone to know, 30% said they didn't think anything would be done and approximately 20% were afraid of retaliation or reprisals.

One other main goal of Sexual Assault Prevention and Awareness month is to promote the real definition of “consent.” Traditionally people viewed the word “NO” as the only thing that did not give the person consent, however the SAPR team wants to emphasize that it must be a

conscious, clear minded, non-altered discussion between the two participants. If there is ANY question, or either partner is not 100% on board then they should not partake in any sexual acts. The only real definition of consent is a cut and dry conversation between the two partners that involves both saying “Yes.”

SAPR Victim Advocate, Dora Ford, stated, “If two people cannot sit down and have a mature conversation about whether or not a situation is consensual, then they should probably not be in that situation at all.”

Anyone can be a victim and the SAPR team is here to support all victims and inform them of all the options available to them. They want to let the victims know they have rights and can stand up for those rights if they



Capt. Todd Bahlau signs the Sexual Assault Prevention and Response proclamation for Naval Air Station Whiting Field. April represents the Navy's Sexual Assault Awareness month. US Navy photo by Jay Cope.

wish too. Sexual assault reports can be completely anonymous and confidential and the team encourages any affected party, victim or witnessing bystander to step forward and report a sexual crime. The goal is to raise awareness, help victims, and protect Marines and Sailors from becoming victims.

Klein stated, “It is important to raise awareness about sexual assault; it is a crime that affects thousands, mentally and physically, every year. Our goal is to raise awareness not only in April but throughout the year. We want to shine a light on the SAPR program and let people know this is an ongoing battle we are still fighting, we have made vast improvements over the years but we still have a long way to go, and we need your help to do so.”

Sexual Assault awareness and prevention month has a lot of interactive activities for people to participate in and to raise awareness for the issue. Some activities being promoted include an awareness tree at the Chief Petty Officer Cookout, an obstacle course competition, and a Strike Out Sexual Assault Violence Bowling Tournament. All upcoming events, dates, and times can be found on the Sexual Assault Awareness and Prevention Month event calendar or by contacting the SAPR office on Whiting Station. ✈

SAPR Program Contacts

Kristen Klein, Sexual Assault Response Coordinator
Office# (850) 665-6392
Cell# (850) 499-5810

Dora Ford, Sexual Assault Prevention and Response Victims Advocate
Office# (850) 665-6393
Cell# (850) 686-6298

Being in a relationship is **not consent.**

"We've had sex before" is **not consent.**

Consent to one act is **not consent** to all acts.

If they aren't sober, they **cant consent.**

The absence of "no" is **not consent.**

Flirting is **not consent.**

Silence is **not consent.**

If you have to convince them, it's **not consent.**

If they don't feel free to say "No," it's **not consent.**

Only an informed, sober, freely-given, ongoing, enthusiastic "YES!" is **consent.**

FavorHouse

- (Cont. from Page 7)



Pictured left to right, Lt. Amy Ellison, Aviation Maintenance Administration Chief Adrian Lampkins, and Ensign Robin Anton of the CNATT Det W.F. Aviation Maintenance Officer (AMO) Program deliver donated goods on behalf of their Indoctrination Course Class 15-040 to The FavorHouse of NW Florida, Inc. US Navy photo by Ensign Andrew Groh.

the Sexual Assault Prevention Response Program (SAPR) at her previous command and wanted to continue supporting the effort of helping victims of sexual abuse. This was a successful donation effort that was near and dear to her heart.”

The donation effort lasted one month where upon completion the goods were brought to the company’s Milton location. As stated on the company’s website, goods consisted of; household linens, personal hygiene products, diapers, wet wipes, kitchen items, school supplies and many others.

The three were met at the company’s Milton location by FavorHouse Office Assistant Cynthia Spiller and Outreach Counselor and Victim’s Advocate Nichole Horne. The two FavorHouse representatives gave a tour of the facility to the three class representatives as a way of explaining the mission of the FavorHouse and how they operate before collecting the donated goods.

At the end of the tour, Ellison, Anton and Lampkins proceeded to unload a large SUV full of the items donated by their AMO class.

With a smile on her face, Spiller expressed her gratitude,

“We want to thank [CNATT Det W.F.] so very much for what they are doing. This really helps us and our other locations better help those that need us. We appreciate your thoughtfulness and contribution. It feels so good to see people from the local area recognize what we offer and do whatever they can to help.”

Eco-nomics

Water Conservation

1. Fill a basin when you wash the dishes by hand instead of letting the water run. You could save up to 25 gallons of water each time you wash dishes.
2. Don’t leave the water running when brushing your teeth. You could save as much as 9 gallons each time you brush.
3. Repair “silent leaks” in the toilet. If food coloring put in the tank ends up in the bowl without flushing, it leaks. Repairing the leak will save up to 200 gallons of water a day. Flush after 45 minutes of testing to avoid staining the fixture.
4. Install low-flow aerators on kitchen and bathroom sink faucets to save water (and the energy used to produce hot water). They will cut water usage by as much as 280 gallons a month for a typical family of four.

Energy Conservation

You may not think often about your refrigerator, but with regular maintenance and proper use, you can find big savings on your energy bill.

Check the condenser coils on your refrigerator at least twice a year, and keep them clean. Refrigerators, refrigerator/freezers, and freezers with dirty condenser coils (found on the back or bottom of the appliance) consume more energy. Regularly defrost refrigerators and freezers. Frost buildup increases the amount of energy needed to operate the appliance. Never allow frost to build up more than one-quarter of an inch. Finally, check the door seals of your refrigerator, refrigerator/freezer, and freezer. If the seal is cracked, or cold air is escaping, the seal (or perhaps the appliance, if it is very old) should be replaced.

Family Assistance

NAS Whiting Field



APRIL 2015

TO REPORT A SEXUAL ASSAULT:



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Sexual Assault Awareness Month	April is the Month of the Military Child Support Military Kids	April is Child Abuse Prevention Month	EFSC OPEN HOUSE 11:00 am - 1:00 pm	INFO BOOTH ON MONTHLY FOCUS @ "Liberty Center" 1:00 - 3:00 pm	VA Representative 8:00 am - 12:00 pm	
April 5, 2015 Gold Star Wives Day A day set aside to recognize the sacrifices of Gold Star wives.	INFO BOOTH ON MONTHLY FOCUS @ "Coffee Shop" 8:00 - 11:00 am	Managing Conflict 9:00 - 10:00 am Federal Jobs 1:00 - 3:00 pm	Stress Management 10:00 - 11:00 am Anger Management 1:00 - 2:00 pm	Parenting 101 1:00 - 3:00 pm	Communication Skills 9:00 - 10:00 am	
NATIONAL VOLUNTEER WEEK 12 - 18 APRIL	Stress Awareness & Management 1:00 - 3:00 pm	Personal Communication 9:00 - 10:00 am	INFO BOOTH ON MONTHLY FOCUS @ "NEX" 11:00 am - 1:00 pm	Challenges of Flight School & Marriage 9:00 - 11:00 am Smooth Move 1:00 - 3:00 pm	VA Representative 8:00 am - 12:00 pm	
	INFO BOOTH ON MONTHLY FOCUS @ "Golf Course" 11:00 am - 1:00 pm	IA Discussion 10:00 - 11:00 am Managing Conflict 1:00 - 2:00 pm	Personal Communication 10:00 - 11:00 am	Challenges of Flight School & Marriage 9:00 - 11:00 am Money & The Move 1:00 - 3:00 pm		
	INFO BOOTH ON MONTHLY FOCUS @ "Subway" 11:00 am - 1:00 pm	Couponing 101 1:00 - 2:30 pm	Communication for Couples 10:00 - 11:00 am TW-5 Smooth Move 1:00 - 3:00 pm	Challenges of Flight School & Marriage 9:00 - 11:00 am Navigating a Job Fair 1:00 - 3:00 pm	Take the Pledge to Prevent Child Abuse! http://www.takethecappledge.org	

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<https://www.cnic.navy.mil/WhitingField/>

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Whiting Pines Wins Award

By: Ensign John Spoehr, NAS Whiting Field, Public Affairs

This year, Whiting Pines, the local housing community for Naval Air Station Whiting Field, was awarded the CEL (Christopher E. Lee) & Associates 2014 National Customer Service "A" List Award for Excellence. The specific communities that received this award were the Capehart and Fund communities, both subsidiaries of Balfour Beatty Communities, LLC.

To be eligible for this award, the community must have a service score of 85 or above and a response rate of 20% or higher from residents within the specific neighborhood. Whiting Pines received a score of 92.4% and a response rate of 70% for their community. This is the third year that they have received this award and second year that they have received the "A" list award.

"Our goal is to take care of the resident." Vickie Taylor, community manager of Whiting Pines, spoke on the award. "This award is a reflection on the

community and our very proud to receive this award again."

Whiting Pines is the preferred housing area for many students, pilots, retirees and civilians who live and work near NAS Whiting Field. It offers many Life-works programs that help to grow the community by offering events specific to certain age groups and allowing people to meet their neighbors, all at no cost to the resident.



Pictured above, NAS Whiting Field's Navy Housing office in Milton, FL. Photo by Ensign John Spoehr.

"We will have people leave the community but come right back to live here because of the hard work that we put in to making this community the best that it could be." said Taylor.

What allows for the people to come back is the focus on making Whiting Pines the best community it can be with work orders being done within three days but with an effort made to have it done within one day. There is also

the focus on developing connections with your fellow residents to and taking care of the residents.

"The residents love us here because we care about their lives and we love them for showing appreciation towards out hard work with this award." said Taylor.

Around the Base



The CDH Program is looking for applicants who are interested in providing care to meet the unique needs of military members. There is a need for full-time, daytime care as well as occasional evenings and weekends. The greatest need is care for children under 24 months.

What is the Child Development Home Program (CDH)? The Child Development Home Program is an extension to Navy Child Development Centers (CDC); the only difference being that CDH Providers provide quality child care in their home vice a CDC setting. Child Development Home Providers have the same training and extensive background checks that CDC Staff do. They offer developmental activities in their home to enrolled children and provide care in safe and healthy environments. CDH Staff conduct home visits on a monthly basis. Initially and annually all CDH Homes are inspected by CDH Staff, Preventive Medicine Staff and Fire Prevention Personnel. CDH Providers are also able to meet the unique needs of enrolled families by providing occasional evening and weekend care.

The CDH Program offers a resource library to supplement your equipment supply specific to the age group you are caring for. This offsets your startup cost.

The CDH Program is currently accepting applications. The next Orientation training is scheduled for Monday, May 18th – Friday, May 22, 2015. There is no cost to attending the session. Sessions run from 7:30am to 3:30pm. To enroll, a CDH application must be completed and turned in along with background check information.

Give us a call for further specific information. CDH Staff can be reached at 850-572-5026 or 850-281-5368.

*Don't Forget to Visit Us
on Facebook and Twitter
at
www.facebook.com/naswhitingfield
and @naswf*

**Strike Out Sexual Violence
Bowling Tournament**
APRIL 24
1100-1300
BOWLING CENTER

Bring your team of 3
from your command,
and show your
support for Sexual
Assault Prevention
and Awareness Month.

SP-Submarine Field
The Center
MWR
NAS WHITING FIELD
CAPTAIN'S CUP ELIGIBLE

\$SAVINGS\$ TIPS\$

- USE YOUR TAX REFUND TO START OR ADD TO YOUR IRA OR 401(K) THESE PLANS ARE OPPORTUNITIES TO PUT ASIDE MONEY NOW FOR RETIREMENT LATER.

- FOR HELP WITH YOUR TAXES, DOWNLOAD THE IRS TAX GUIDE JUST FOR MILITARY MEMBERS.

- HAVE AN AVAILABLE EMERGENCY FUND FOR ANY POTENTIAL UNFORSEEN EXPENSES.