

Whiting Tower

Seventy-one Years of Aviation Training News

Naval Air Station Whiting Field, Milton, Fla.
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Forging Wings for the Fleet
Wednesday, February 18, 2015

2015 INSTALLATION EXCELLENCE AWARD WINNER



This Issue:

- **Cmdr. Iverson Assumes Command of VT-6 (pg. 2)**
- **Whiting Field Participates in SC/CS 2015 (pg. 3)**
- **Whiting Field Announces Civilians of the Quarter (pg. 3)**

Digman Passes Command of Training Squadron SIX to Iverson

By Ensign Jon Spoehr, NAS Whiting Field Public Affairs.

Training Squadron SIX observed a change in leadership Friday, Jan 30 when Cmdr. Wade A. Iverson, USN, formally relieved Lt. Col. Kevin L. Digman, USMC, as the commanding officer of the unit.

Col. Gary A. Kling, Commodore Training Wing FIVE, served as the guest speaker of the event held at the Naval Air Station Whiting Field Atrium. The squadron is one of three fixed wing training commands assigned to Training Air Wing FIVE which comprise 50 percent of all initial flight training for the Navy, Marine Corps and Coast Guard.

“Digman has shown excellence and a willingness to provide the Naval services with quality officer while doing it in a more productive atmosphere.” according to Kling. “Because of that excellence, VT-6 is



Members salute as the colors are presented during the change of command ceremony for Training Squadron SIX at the NAS Whiting Field Atrium. Cmdr. Iverson assumed command of the squadron from Lt. Col. Digman after 15 months at the helm. Photo by Ensign Jon Spoehr.

Cover: Members of the NAS Whiting Field Security Force prepare to engage a mock gunman during the second day of the Solid Curtain Citadel Shield exercise. The Active Shooter drill is the main event during the week which consists of several different emergency scenarios. Photo by Lt. j.g. Laurence Clemente

The Whiting Tower

Commanding Officer

- Capt. Todd Bahlau

Executive Officer

- Cmdr. Gregory Gray

Command Master Chief

- Command Master Chief (AW/SW) Alton Smith

Public Affairs Officer

- Jay Cope

Public Affairs Staff

- Lt. j.g. Laurence Clemente

- Ensign Richard Krepps

- Ensign Jon Spoehr

The Whiting Tower is an authorized publication for members of the Naval Air Station Whiting Field team, tenant commands, their family members and retirees in the surrounding area. The contents of this publication do not necessarily reflect the views of the U.S. Government, the Department of Defense or the Department of the Navy, and do not imply endorsement thereof. The editorial content is prepared, edited and provided by the Public Affairs Office of Naval Air Station Whiting Field.

the most improved squadron here at Whiting Field.”

Digman served as the squadron’s commanding officer for approximately 15 months and an additional 15 months as executive officer, during which time VT-6 made improvements in their training to produce better quality while also decreasing the amount of time that was required in training by weeks.

Kling noted in his speech that the accolades of the squadron and commanding officer earn are due to the hard work and dedication of the people under his charge.

“You, the instructors, are the heart and soul of this base and without you doing the work that you do, we wouldn’t be able to produce the high quality naval aviators that we continue to produce” said Kling.

Digman began his speech with thanking the most important person in the room, his wife. “Regardless of what was going on you continued to be completely selfless and supportive so we could do our job without worry of you and our wonderful children” said Digman.

Digman also thanked Kling for his leadership to allow them to be commanders and the lessons he was able to learn under and develop his leadership to help the squadron get to the new heights that it attained. He continued with thanking the “Shooter” (OSC) and the other Wings for their help in helping families and the community at large so that their spouses could focus on

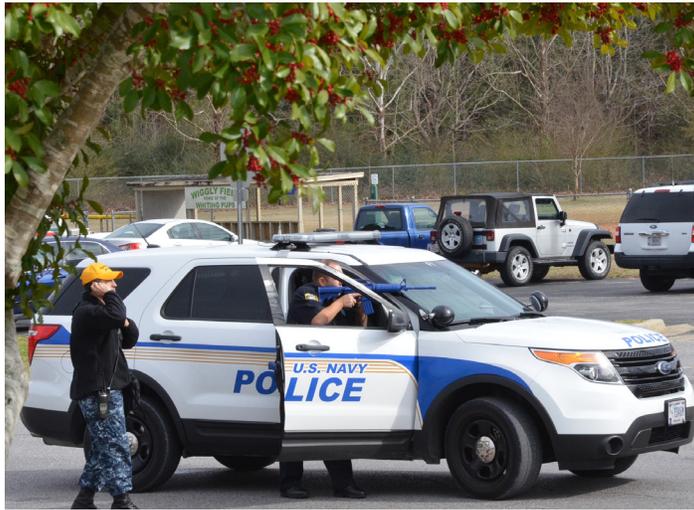
- (Cont. on Page 10)

Navy-wide Drill Tests Command's Response and Readiness

By Jay Cope, NAS Whiting Field Public Affairs

Naval Air Station Whiting Field personnel, especially the security force team, were prodded, tested, and evaluated for two weeks during the annual Solid Curtain-Citadel Shield (SCCS) '15. Although exhausted, the team completed the exercise with increased capabilities and an elevated level of preparedness, which is the primary purpose of the two-week long event.

Solid Curtain-Citadel Shield '15 is a navy-wide exercise held annually across the continental United States. All Navy installations participated in the Anti-Terrorism/Force Protection (ATFP) drill from Feb. 2



A member of the NAS Whiting Field Security Force takes cover behind his patrol vehicle during the base's Active Shooter Drill.

- 13. These annual exercises, coordinated by Commander, U.S. Fleet Forces, and Commander, Navy Installations Command are designed to enhance the training and readiness of Navy security forces to respond to threats against installations and units. The two exercises, each with a distinct focus, stress different areas of the Navy's anti-terrorism and crisis management programs to enhance the training and readiness of Naval Security Force personnel to respond to and recover from real-world threats.

"Overall, our guys did a good job of responding in accordance with their training," Security Officer

- (Cont. on Page 11)

NAS Whiting Field Names Civilians of the Quarter

By Ensign Jon Spoehr, NAS Whiting Field Public Affairs.

The civilian employees of Naval Air Station Whiting Field play a vital role in developing and training Navy, Coast Guard, and Marine Corps officers. The hard work, dedication and professionalism of two members of the civilian workforce were recognized recently with their selection as Civilians of the Quarter.

The awardees for the fourth quarter of 2014 are Patricia Dillenback and Mike Flournoy.

Both awardees displayed exemplary technical skills, diligent work ethic and a desire to improve their corporate knowledge and were nominated by their supervisors to recognize their superior achievements.

Dillenback works as the Counseling and Advocacy (CAP) Lead at the Fleet and Family Service Center. She volunteered to coordinate and organize the 2014 Hurricane/Disaster preparedness training and vendor



Patricia Dillenback

fair. She brought a large number of various organizations to the base to educate NAS Whiting Field team members and family on how to be ready if a disaster were to strike the local area. Dillenback also initiated the steps to bring background investigations process into compliance for FFSC. She serves as the Family Advocacy Representative and helps to facilitate the monthly Incident Determination Committee to ensure that the incident reports are in the proper format and that they meet deadlines. Her active and effective role as FAP representative is even more amazing considering her minimal time in the position and lack of experience in the role and responsibilities pertaining to the program.

Dillenback was recognized for this award due to her "tremendous career growth" said Bill Lawson, Dillenback's supervisor.

- (Cont. on Page 13)

Naval Research Laboratory Designs Robot for Shipboard Firefighting

By Donna McKinney, Navy Research Laboratory Public Affairs

In both war and peacetime scenarios, fire in the shipboard environment is serious and frequently results in excessive damage and high repair costs because the fire is not detected or controlled adequately.

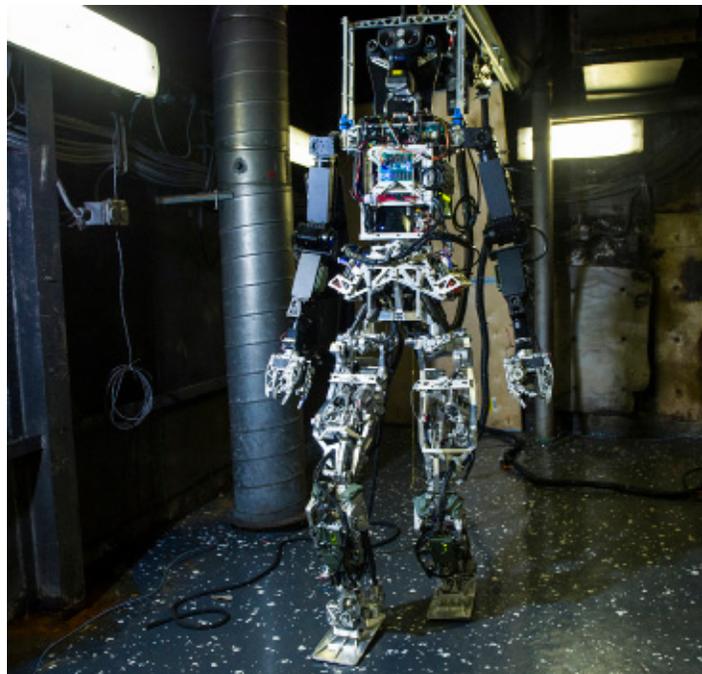
To help further improve future shipboard firefighting capability, scientists at the Naval Research Laboratory have formed an interdisciplinary team to develop a humanoid robot that could fight fires on the next generation of combatants. A humanoid-type robot was chosen because it was deemed best suited to operate within the confines of an environment that was designed for human mobility and offered opportunity for other potential war fighting applications within the Navy and Marine Corps.

The firefighting robot, called the Shipboard Autonomous Firefighting Robot (SAFFiR), is being designed to move autonomously throughout the ship, interact with people, and fight fires, handling many of the dangerous firefighting tasks that are normally performed by humans. The humanoid robot should be able to maneuver well in the narrow passages and ladderways that are unique to a ship and challenging for older, simpler robots to navigate.

The robot is designed with enhanced multi-modal sensor technology for advanced navigation and a sensor suite that includes a camera, gas sensor, and stereo IR camera to enable it to see through smoke. Its upper body will be capable of manipulating fire suppressors and throwing propelled extinguishing agent technology (PEAT) grenades. It is battery powered that holds enough energy for 30 minutes of firefighting. Like a sure-footed sailor, the robot will also be capable of walking in all directions, balancing in sea conditions, and traversing obstacles.

Another key element of the SAFFiR development is to allow damage control personnel and the robot to work cohesively as a team. Algorithms are being developed to allow autonomous mobility and decision making by the robot as a team member. To enable natural interaction with a human team leader, the robot will have multimodal interfaces that will enable the robot to track the focus of attention of the human team leader, as well as to allow the robot to understand and respond to gestures, such as pointing and hand signals. Where appropriate, natural language may also be incorporated,

- (Cont. on Page 14)



MOBILE, Ala. The Office of Naval Research-sponsored Shipboard Autonomous Firefighting Robot (SAFFiR) undergoes testing aboard the Naval Research Laboratory's ex-USS Shadwell in Mobile, Ala. (U.S. Navy photo by John F. Williams/Released)

This Day in Naval History

Feb. 16, 1804 - Lieutenant Stephen Decatur, with volunteers from frigate Constitution and schooner Enterprise, enters Tripoli harbor by night in the ketch Intrepid to burn the captured frigate Philadelphia.

Feb. 18, 1944 - The amphibious force under Rear Admiral Harry W. Hill lands troops on Engebi Island, Eniwetok, securing the island before the end of the day.

Feb. 21, 1952 - During the Korean War, USS Symbol (AM 123), while conducting a routine sweep of Mayang-do in company with USS Murrelet (AM 372), attack a 75 mm shore battery and silence enemy guns.

Feb. 22, 1974 - Lt. j.g. Barbara Ann (Allen) Rainey becomes the first Navy designated female aviator.

Feb. 26, 1944 - Sue Sophia Dauser, Superintendent of the Navy's Nurse Corps is the first woman in the Navy to receive rank of Captain.

News and Notes

Comedy Show -Don't forget to mark Feb. 19 on your calendar for the "Laugh Catchers" Comedy Show hosted by MWR. The show will run from 7 to 9 p.m. and will feature nationally known comic Alonzo Bodden who won season three of Last Comic Standing. Aces will be open before, during and after the show and there will be a meet and greet in the pub following the performances. The Child Development Center will also be open to provide child care services for \$4 per hour. The show will feature adult language and themes so it is not recommended for anyone under the age of 18.

Volunteer Income Tax Assistance (VITA) - Free assistance is available in the filing of your taxes. The VITA office is located in Bldg. 680, NAS Pensacola. The hours of operation on 0800-1400, Monday, Tuesday, and Friday. The service is available to active duty and dependents, retirees and dependents with an adjusted gross income of less than \$57,000, reservists (activated 30 days plus and pre-demobilization), and entitled former spouses. For more information, call 452-2209.

Chapel Time - The main entrance to the Chapel is open to all hands during our normal office hours (7:30 a.m.-3:30 p.m.) as a place for prayer, study, and/or meditation.

FSASE giving three \$1,200 scholarships - The Florida State Association of Supervisor of Elections is giving three \$1,200 scholarships to three qualified college students in the state of Florida. Political Science, Public or Business Administration or Journalism / Mass Communications majors must complete and submit an application to their county's Supervisor of Election. Applicants must also submit two current letters of recommendation one from the college or university last attended or graduated from; and one



Retaining the Navy's Best
The Operations Department celebrated the reenlistment of one of their own recently. Air Traffic Controlman First Class Kelley A. Joseph renewed his commitment on Jan. 23 at the Ground Electronics building. Operations Officer Cmdr. Eric Seib and command Master Chief Alton Smith were on hand to congratulate the Sailor and wish him the best of luck. Photo by Ensign Jonathan Spoehr.

from a citizen of good standing in the community and a resume of your high school and/or college activities as well as what you have done for your community. The application must be received by the Supervisor of Elections in the county that you are registered/live in by March 16. Letters of recommendation must accompany the application or be received by the deadline.

Cultural Diversity - Florida State Representative Mike Hill will be the guest speaker for the Diversity Committee's annual Black History Month Observance, Wednesday, Feb. 25 at 1100. The committee continues to seek volunteers to help plan, set up, and prepare food for the luncheon. Contact AC2 Santis at Mario.santis@navy.mil or call (304)881-3518 if you would like to help, and plan to come out and meet Representative Hill.

Navy Federal Breach - The Navy Federal Credit Union branch located in Milton, Fla. (next to Winn-Dixie) fell victim to an ATM Skimmer device as was reported on the news recently. Anyone who uses this branch needs to check their accounts for unusual activity. The skimmer was reported to have been in place from mid-December thru the end of January.

Masquerade Ball - The Imogene Theatre will serve as the venue for the first annual Masquerade Ball, Saturday, Feb. 21 at 7 p.m. This black-tie affair will feature cocktails, live music, hors d'oeuvres, dancing, and more. Ticket prices are \$50 per person or \$175 for a party of four. Call 850-623-4507 or email anja@unitedwaysrc.org for additional information or to purchase tickets.

3-on-3 Basketball - Grab your division and show your skills in the first CSADD 3-on-3 Basketball Tournament Feb. 27 at noon in the Base Gym. CSADD will provide refreshments. The first place team will earn a trophy and receive Captain's Cup points. Contact AC2 Daniel Haupt at Daniel.t.haupt@navy.mil for additional information or to sign up.

Usage Information

Total Used
1,734,324 kWh

	1 Year Ago	Last Month	This Month
Total kWh Used	1,770,166	1,684,931	1,734,324
Average Daily kWh	57,102	56,164	55,946
Days In Billing Period	31	30	31

Energy Conservation

Conserving energy remains an important goal in the operation of Naval Air Station Whiting Field. Steps taken during the past year by Public Works continue to pay dividends in our energy conservation programs. Thanks to your efforts Whiting Field saved 35,842 kWh from last year's bill. Please help decrease usage by remembering to turn off lights, shut down computers and printers, and limit usage of non-essential equipment.

We'd like to recognize the following buildings for last month's highest year-over-year energy reductions.

1423	VT-3	-29.2%
2941	North Field Maintenance	-32.7%
1454	Midfield Hangar	-33.7%

From TRAWING-5

Congratulations to TRAWING-5 Wingers



Top from left: Lt. William A. Allen III, USCG; Ens. Douglas M. Ragsdale, USN; 1st Lt. Sean D. Reed, USMC; 1st Lt. Daniel N. Wort, USMC; Lt. j.g. Adam C. Guarino, USCG; Lt. j.g. James H. Chesson Jr., USN; Ens. William R. Hertzler, USN; Lt. j.g. Travis S. McBride, USN; Cmdr. Robert G. Sinram, USN, CO HT-8

Middle from left: Lt. Col. Raffort M. Coleman, USMC, CO HT-18; 1st Lt. Kyle A. Olsen, USMC; Ens. Joseph A. Cusick, USN; 1st Lt. Daniel P. Braden, USMC; 1st Lt. Garrett A. Dennis, USMC; 1st Lt. Matthew D. Haskins, USMC; Ens. Connor M. McKeever, USN; Lt. j.g. Adam C. Guarino, USCG; Ens. Brendon W. Wepplo, USN; Ens. Kyle D. O'Connell, USN; 1st Lt. Charles K. Bousa III, USMC

Bottom from left: Cmdr. Jeffrey D. Ketcham, USN, CO HT-28; 1st Lt. Luke A. Perry, USMC; Ens. Conrad K. Schmidt, USN; 1st Lt. Julian J. Tucker, USMC; 1st Lt. Michael J. Inzeo, USMC; Lt. j.g. Noah Miller, USCG; 1st Lt. Carson A. Makoski, USMC; Lt. j.g. Amanda P. Frederick, USCG; 1st Lt. Sidney L. Schlosser, USMC; Ens. Steven A. Nieto, USN; Cmdr. Timothy Kinsella, USN

Congratulations to TRAWING-5 Scholars



Congratulations to the new Academic Achievers!

Left Photo: Ens. Kevin Iannacone, USN and Ens. Matthew Schulteis, USN recieved their Academic Awards.

Right Photo: Training Air Wing FIVE Commodore Col. Gary Kling present Academic Award to 1st Lt. Benjamin English, USMC.

Travel Show to Visit NAS Whiting Field

By Ensign Jon Spoehr, NAS Whiting Field Public Affairs

More than 20 vendors from across the region will descend on Naval Air Station Whiting Field Friday, February 24th to bring the best, most exciting and exotic in travel opportunities to members of the Whiting Field community. The Amazing World of Travel Expo will provide three hours of opportunities for discounts, travel information, door prizes in the base Atrium from 1000-1300.

This event was set up by Information Tickets and Travel director Marcy Allen and this is the third time the expo has come to NAS Whiting Field, although similar events have been running for more than 15 years at other area bases. "This is a travel show that will be informative and fun. It is a great chance for base personnel to speak with different travel establishments all in one place," she said. "Tourism, hotels, activities and other venues will be represented. It is a wonderful time to ask representatives about new events, what they have to offer, various specials and more."

Given the geographic location of the base, many of the vendors will be central Florida oriented,



Marcy Allen speaks to one of the vendors during the 2013 Travel Expo at Naval Air Station Whiting Field. Navy photo by Jay Cope.

but vendors from other states in the area including Louisiana, Alabama and Georgia will be on hand as well as some national travel companies. Participants will include companies such as: Sandals Resorts, Universal, Busch Gardens, Emerald Coast Tours, Wonderworks, first time attendee Carnival Cruise Lines, and many more. All of these vendors are specifically chosen because they provide military discounts to travelers. Most of the attending travel companies are supplying

gifts for the door prizes and they will include gift baskets, tickets, vouchers and free hotel stays. There may even be some spontaneous prizes given away throughout the event.

Allen and her co-worker in the ITT office, Cynthia Meyers, have been working for several months to make this event happen, and they are excited at the prospect of supporting this event to benefit the base populace.

"We are really looking forward to bringing an awareness to Whiting Field about travel opportunities and the services that ITT provides. It's going to be well worth the effort," Allen emphasized. ✈️

Family Assistance

NAS Whiting Field



FEBRUARY 2015

DoD Safe Helpline
Live 24/7 Help Confidential Worldwide 24/7

Click: www.SafeHelpline.org

Call: 877-995-5247

A confidential and anonymous sexual assault hotline for the DoD Community.

Text: 55-247 (inside the U.S.)
202-470-5546 (Outside the U.S.)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Resume Writing 10:00 am - 12:00 pm Anger Management 1:00 - 2:00 pm	3 Managing Conflict 9:00 - 10:00 am Effective Communication 1:00 - 2:00 pm	4 Stress Management Multi-Session 10:00 am - 12:00 pm TW-5 Smooth Move 1:00 - 3:00 pm	5 Challenges of Flight School & Marriage 9:00 - 11:00 am Car Buying 1:00 - 3:00 pm	6	7
8	9 Resume Writing 10:00 am - 12:00 pm Stress Management 1:00 - 2:00 pm	10 Parenting 1:00 - 3:00 pm	11 Stress Management Multi-Session 10:00 am - 12:00 pm Smooth Move 1:00 - 3:00 pm	12 Challenges of Flight School & Marriage 9:00 - 11:00 am Money & The Move 1:00 - 3:00 pm	13 VA Representative 8:00 am - 12:00 pm	14
15	16 PRESIDENTS DAY	17 Effective Communication 9:00 - 10:00 am Managing Conflict 1:00 - 2:00 pm	18 Stress Management Multi-Session 10:00 am - 12:00 pm TW-5 Smooth Move 1:00 - 3:00 pm	19 Challenges of Flight School & Marriage 9:00 - 11:00 am Stress Management 11:00 am - 12:00 pm	20	21
22 MILITARY SAVES WEEK	23 THRIFT SAVINGS PLAN 1:00 - 3:00 pm	24 SAVING & INVESTING 1:00 - 3:00 pm	25 HOME BUYING 1:00 - 3:00 pm	26 CREDIT MANAGEMENT 1:00 - 3:00 pm	27 SPENDING PLAN 9:00 - 11:00 am	28
 MILITARY AMERICA Saves <small>START SMALL. THINK BIG.</small>				Suicide Prevention ACT! Ask Care Treat		

7511 USS Enterprise St., Milton, FL 32570
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<https://www.cnic.navy.mil/WhitingField/>

Join us @ www.facebook.com/NASWF.FleetandFamily

NASWF Proclamation Recognizes Military Saves Week

Editor's Note: Military Saves is an extension of the annual America Saves outreach effort. Both programs attempt to educate about the importance of saving and encourage sound fiscal practices at the personal and family level. NAS Whiting Field will participate in Military Saves week again Feb. 23-27, and to help promote and prepare for the week-long event, Commanding Officer Capt. Todd Bahlau signed a proclamation Jan. 20 which names that period of time as Military Saves Week across NAS Whiting Field. Here is the proclamation in full.



NAS Whiting Field Commanding Officer Capt. Todd Bahlau prepares to sign the Military Saves Proclamation for the installation prior to the department head meeting Tuesday, Jan. 20. The proclamation encourages members of the military to "Build Wealth Not Debt" as part of a healthy fiscal lifestyle. U.S. Navy photo by Jay Cope.

WHEREAS, adequate emergency savings, retirement funds, and safe debt-income ratios are critical components of personal financial security; and

WHEREAS, personal financial security of Service Members is a crucial aspect of military readiness; and

WHEREAS, Navy Region Southeast is a partner in the Military Saves campaign and is committed to helping its Service Family, including Officers, Sailors, Airmen, Marines, Coast

Guard, family members, retirees, and civil servants take immediate financial action to build wealth, not debt;

NOW, THEREFORE, I, Captain Todd A.

- (Cont. on Page 15)

TRAWING-FIVE Detachment Departs for Roswell

By Lt. j.g. Laurence Clemente, NAS Whiting Field Public Affairs

For the second year in a row, the fixed wing training squadrons of Naval Air Station Whiting Field are headed to Roswell, New Mexico. The detachment began with the first of the VTs flying out to Roswell on 9 January. Each of the three VTs at NAS Whiting Field will subsequently spend three weeks training in New Mexico until the last plane returns on 19 March.

The man at the helm for the three month detachment is Lt. Col. Peter Blades, USMC, who is the Fixed Wing Instructor Trainer Unit Officer in Charge.

The driving factor for this detachment is weather, according to Blades. The forecast in Santa Rosa County in the winter months calls all too often for cloudy mornings and low ceilings. Roswell by contrast offers clear days and unlimited visibility on most days. This fine weather will allow the VTs to offer unfettered training to their students and will facilitate getting students out of the door more quickly.

“Based on our statistics, the squadrons will gain over a thousand extra sorties than if the same amount of planes were back in Milton,” Blades stated.

Flying more frequently will prevent the atrophy of flight techniques that happen with excessive breaks between flights. For that reason among others, 25 T-6 “Texan II” aircraft headed out with the first of the squadrons, along with 150 total personnel that includes students, instructor pilots, as well as maintenance workers.

“We are taking the same amount of planes this year, but are taking more personnel overall which will increase our productivity significantly” he said.

The detachment will be following the procedures set down in the successful winter mission to Roswell during winter 2014. Barring a bit of snowy weather, the detachment last year was a success and paved the way for this year’s mission.

Through good planning and the welcoming locals, the VTs were able to make great strides in training, and hope to do the same this year.

“We cultivated relationships with the locals last year such that we were warmly welcomed back this winter,” Blades emphasized.

According to Blades, the schedule promises to be grueling. Squadron personnel will be flying Monday through Saturday, as well as having the option of flying additional sorties on Sundays.

“Students and instructors will both be flying twice a day, with an optional third flight for motivated

instructors.” This extra time will be well spent, and will enable those going through the fixed-wing syllabus to complete the same amount of quality instruction in a shorter time. ✈

Ec-nomics

Tips To Save Energy

Lighting - Use efficient linear fluorescent lighting. Four-foot linear fluorescent lighting is an energy-efficient and practical choice for areas like garages and utility rooms. Seek out fixtures that use electronic ballasts and T8 lamps and save 30 percent or more in energy use over older style T12 technology. Homeowners with electrical qualifications can convert their existing T12 fixtures to T8 by replacing the ballasts and lamps. Which do you currently have? T8 lamps are one inch in diameter, while T12 lamps are 1.5 inches in diameter.

Heating - Keep your heating system well tuned with periodic maintenance by a professional service person. Oil-fired systems should be tuned up and cleaned every year, gas-fired every two years, and heat pumps every two to three years. Ask the service person how the energy efficiency of the system could be increased.

Cooling - If you live in a warm or hot climate, consider adding a radiant barrier to your attic. A radiant barrier is a shiny surfaced material, such as an aluminum-coated plastic sheeting, installed in the attic such that the shiny surface faces an air space (the attic space or air space between the barrier and the roof sheathing). Radiant barriers reduce summer heat gain by reflecting much of the heat radiated from the roof back to the roof.

Recycling - Pass on the bottle and drink from the tap. Annual U.S. demand for bottled water requires more than 17 million barrels of oil. Of plastic water bottles used in the U.S., 86 percent become garbage or litter. The Environmental Protection Agency (EPA) water quality standards for tap water are more stringent than the Food and Drug Administration (FDA) standards for bottled water.

Transportation - Share your ride. Join a carpool or a vanpool. About one-third of all private automobile mileage is for commuting to work. If occupancy increased by just one person per car, more than 40 million gallons of gasoline would be saved each day.

Around the Base

VT-6

- (Cont. from Page 2)

a safe mission.

Digman noted that Iverson's role as the executive officer was instrumental in the success of the squadron and that he would be able to take the squadron to new heights and harbored no doubts that Iverson is ready to continue the unit's excellence as its new commanding officer.

Following Digman's speech, the two officers stepped to the front of the stage to observe the ceremonial exchanging of the command pennant. Brought forward by Mr. Toby Ledbetter, VT-6's Support Services Supervisor, Digman accepted the squadron colors and passed them to Iverson, symbolically passing command of the unit as well.

The two officers then returned to the stage to exchange salutes with Training Air Wing FIVE Commodore Col. Kling, who granted permission for the two officers to exchange duties. Then, the new commanding officer for VT-6 addressed his team for the first time.

"Wow, what an awesome feeling, and what a great day." Said Iverson. He thanked Kling for his support and recognized the motivation that he receives every time he hears him speak. Iverson joked about asking himself "How did this happen?" but he knew that this was because of the support of the people in the audience



Lt. Col. Digman passes the command pennant to Cmdr. Iverson. The tradition is meant to symbolize the passing of the Command from one officer to the other. Photo by Ensign Jon Spoehr.

and his family, thanking them for the support they have given him.

"This is the command I have always wanted. Because, HERE, is where it truly begins, where the culture of Naval Aviation, truly begins." said Iverson as he thanked the "Shooters" for their hard work and dedication.

Iverson enlisted in the Navy in 1994 and a Hospital Corpsman and following graduation from the University of West Florida, he was commissioned in November 1997 through the Officer Candidate School. He completed flight training at Naval Air Station Whiting Field in June 1999 and was designated a Naval Aviator assigned to fly the SH-60B. He has deployed three times with the "Scorpions" of HSL-49 in support of Operations Southern Watch, Enduring Freedom, and Iraqi Freedom. He has also attended the US Army Command and General Staff College and served on the staff of U.S. Africa Command. He reported to the Training Squadron SIX in October 2013 as the executive officer.

With his new responsibilities granted, Iverson reminded the squadron that the mission is the same.

"You are making your mark on the next generation of Naval Aviators, the next generation of us, and that truly makes you Legends. Keep doing what you're doing."

Lt. Col. Richard C. Roberts will replace Iverson as the executive officer of Training Wing SIX. 🇺🇸



Training Air Wing FIVE Commodore Col. Gary A. Kling presents the Meritorious Service Award to Lt. Col. Kevin A. Digman for his services as Training Squadron Six Commanding Officer. Photo by Ensign Jon Spoehr

Security Exercise

- (Cont. from Page 3)

Lt. Stephen Pakola stated. "There was a lot of added stress dealing with the real world activities at the same time as handling the training evolutions. It [the exercise] was a solid test for our guys and the responded well."

The big event was the active shooter scenario which hit early during SC-CS. The drill commenced shortly after noon on the second day of the exercise. The active shooter evolution commenced at the west entrance to the base where the assailant was noticed and pursued by security forces to Bldg. 1430. The perpetrator then barricaded himself inside the building after "shooting" two people. The scenario forced engagement by NASWF Security Personnel, Fire and Emergency Service Personnel and activation of the Emergency Operations Center (EOC). Once on scene, Security Force personnel noticed simulated Improvised Explosive Devices (IEDs), and ultimately, the shooter "exploded" such a device, killing himself.

The roughly, three-hour drill tested the installation team's ability to identify a potentially dangerous individual, respond to a threat, establish a safe perimeter and incident command post, provide emergency service support, communicate the threat and appropriate actions, as well as many other responses as driven by guiding procedures. Additionally, the security team instituted a series of 11 internal drills to test entry control and identification card checks. Although the drills went well overall, there are always lessons learned from each evolution.

"The teams had effective responses, but we identified areas that need additional training and shortcomings to work on so we can become more proficient," Pakola said. "But that is the purpose of these exercises."

With SC-CS '15 now in the rear view mirror, the training team will look toward the next set of drills – the higher headquarters review by Commander Naval Installations Command and Commander Navy Region Southeast in April. 

TRICARE Notes

FOCUS ON PRESCRIPTION DRUG MISUSE

According to the National Institute on Drug Abuse, prescription drugs are the second-most commonly abused category of drugs, behind marijuana and ahead of cocaine, heroin, methamphetamine and other substances.

There are many health concerns associated with prescription drug abuse. These risks include overdose, drug interactions and the possibility of the drugs falling into the hands of children with allergies, to name just a few.

While opioids, such as codeine, oxycodone and morphine, have improved pain management, they have also become popular drugs for misuse.

Advances in medicine allow for management of acute and chronic pain have improved the lives of many. But some of these medications are potentially addicting. If someone you know is struggling with prescription drug use, please discuss it with your health care provider or use one of the many resources the DoD makes available to service members, retirees and their families.

For more information about TRICARE's substance use treatment coverage, please visit www.tricare.mil/mentalhealth.

DID YOU KNOW? FEDERAL DRUG AND PRODUCT RECALLS ARE LISTED ONLINE

The U.S. Food and Drug Administration (FDA) is responsible for protecting public health by assuring the safety and security of drugs, food, medical devices and other consumer products. One way the FDA fulfills its mission is by recalling unsafe products from the marketplace. You can identify the drugs and other products the FDA finds unsafe by going to www.fda.gov/recalls. The website includes a list of recalls, market withdrawals, safety alerts and other important information for you and your family.

You can also visit www.recalls.gov for information on additional federal recalls of household electronics, motor vehicles and other consumer products.

LAUGHCATCHERS.COM

LAUGH CATCHERS COMEDY TOUR

THURSDAY, FEBRUARY 19, 2015

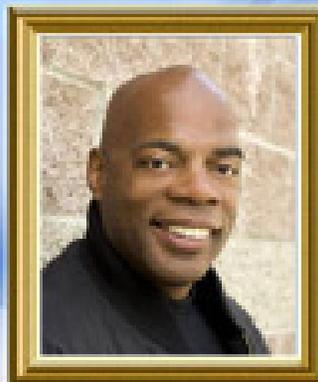
NAS WHITING FIELD

SIKES HALL SHOW STARTS AT 7PM



DEREK RICHARDS

DEREK RICHARDS' ACT IS FAST, FRESH, AND AT TIMES PANATICAL. HE BRINGS THE FUNNY WITH TALES ABOUT HIS BLUE-COLLAR UPBRINGING, HIS MOM'S DOG, AND GATING AN EXOTIC DANCER.



ALONZO BODDEN

ALONZO BODDEN IS A COMEDIAN AND ACTOR WHO WON SEASON 3 OF LAST COMIC STANDING. HE HAS PERFORMED ON NUMEROUS TV SHOWS INCLUDING ... "THE TONIGHT SHOW WITH JAY LENO" AND "LATE NIGHT WITH CONAN O'BRIAN"



LARRY REEB

LARRY REEB KNOWN AS UNCLE LAR, IS THE WISE-CRACKING BLACK SHEEP. POLITICALLY INCORRECT RELATIVE EVERYONE KNOWS.



MITCH BURROW

MASTER OF CEREMONIES

JOIN US FOR A **FREE** FUN FILLED EVENING OF COMEDY ... WITH HOST MITCH BURROW AND THE LAUGH CATCHERS COMEDY TOUR.



18+ EVENT | LIMITED TO 350 SEATING | NO COVER

Around the Base

Civilians of the Quarter

- (Cont. from Page 3)

Flournoy works as the executive administrative assistant for the Command Triad in the command building. Flournoy manages the command schedule, which he has sole control over, and handles all the official travel requests and claims for the commanding officer, executive officer and command master chief.



Mike Flournoy

Flournoy also has intimate knowledge of the base and surrounding area and due to this is the first person the command goes to for subject matter expertise. His work as the administrative assistant has reduced the administrative burden on the command team.

Flournoy was recognized for this award due to his "continuation to exceed all expectations in his performance" said Cmdr. Gregory Gray, NAS Whiting Field Executive Officer. "Mike is the first person the CO, XO, and CMC seek for guidance or assistance in any issue."

"The civilian employees of NAS Whiting Field are instrumental to us here because of the continuity and longevity that they have in their jobs. They are vital toward completing the mission. I am happy to be congratulating Pat and Mike for their exceptional performance, but there are a large number of deserving civilian employees here, and choosing among them is always a daunting task," NAS Whiting Field Commanding Officer Capt. Todd Bahlau stated. 🍷

*Don't Forget to Visit Us
on Facebook and Twitter at
www.facebook.com/naswhitingfield
and @naswf*

SECURITY CORNER

Concealed Carry Permit on NAS Whiting Field

I have a concealed carry permit, can I bring my weapon onboard NASWF?

The answer is NO; as per COMMANDER, NAVY REGION SOUTHEAST INSTRUCTION 3593.1A – subj: Control and accounting of personal weapons: paragraph 6.f

f. Concealed or loaded handguns: Individuals state licenses or permits that authorize individuals to carry concealed handguns are not recognized or valid on Navy installations. Under no circumstances will the transportation of loaded or concealed handguns, shotguns, or rifles be permitted on Navy installations except by duly authorized law enforcement personnel or by military personnel in the performance of their official duties.



Mulligans Grill at the Golf Course



MONDAY



TUESDAY



WEDNESDAY



THURSDAY

Daily Lunch Specials
\$7.50
Includes a drink

call in orders
welcome

623-7521



FRIDAY

The weekly menu will be announced a week in advance.
Each day will feature one of several different themed items on a rotating basis.

Around the Base

Robot

- (Cont. from Page 4)

as well as other modes of communication and supervision.

Researchers from Virginia Tech and University of Pennsylvania are also working with NRL on the project. They plan to test the firefighting robot in a realistic firefighting environment onboard the ex-USS Shadwell in late September 2013.

The Navy Technology Center for Safety & Survivability, located at NRL in Washington, DC, carries out research aimed to solve current and future Navy problems regarding combustion, fire extinguishment, fire modeling and scaling, damage control, and atmosphere hazards. The Center has unique fire research facilities that include pressurable chambers up to a 10,000 cubic foot capacity at the Centers test site at NRL's Chesapeake Bay Detachment in Calvert County, Maryland.

The Center also has custody of the world's unique fire test ship, ex-USS Shadwell (LSD-15) located in Mobile Alabama, where full-scale fire and damage control tests are conducted using the reality conformations of active duty sailors. Using the ex-USS Shadwell, NRL scientists are able to enhance their technology base for introducing advanced damage control concepts to the fleet. The ship provides a unique opportunity to realistically experience a true damage control environment, to create a partnership between the technical and fleet communities, and to take advantage of new insights gleaned during full-scale experimentation.

The Navy Center for Applied Research in Artificial Intelligence (NCARAI) has been involved in both

basic and applied research in artificial intelligence, human factors, and human-centered computing since its inception in 1981. NCARAI, part of the Information Technology Division within NRL, is engaged in research and development efforts designed to address the application of artificial intelligence technology and techniques to critical Navy and national problems. The NCARAI is developing the algorithms that allow the firefighting robot to work naturally with human firefighters, as well as high-level reasoning capabilities.

The Laboratory for Autonomous Systems Research will provide specialized facilities to support highly innovative, multidisciplinary research in autonomous systems, including intelligent autonomy, sensor systems, power and energy systems, human-system interaction, networking and communications, and platforms.

The Laboratory will capitalize on the broad multidisciplinary character of NRL, bringing together scientists and engineers with disparate training and backgrounds to attack common goals in autonomous systems at the intersection of their respective fields. The Laboratory will provide unique facilities and simulated environments (littoral, desert, tropical) and instrumented reconfigurable high bay spaces to support integration of science and technology components into research prototype systems. The objective of the Laboratory is to enable Navy and DoD scientific leadership in this complex, emerging area and to identify opportunities for advances in future defense technology. ✈

NAS WHITING FIELD BOWLING CENTER

FRIDAY LUNCH BOWLING

11AM - 2PM

IF YOU EAT, YOU GET TO BOWL FOR FREE!

HERE'S THE DETAILS ...
PURCHASE OUR FRIDAY LUNCH SPECIAL AND HAVE A FREE GAME ON US ...

MWR
Navy and Marine Corps

MWR
NAS WHITING FIELD

FOR MORE INFORMATION CALL THE BOWLING CENTER 623-7930

NAS Whiting Field Golf Course

GOLF SPECIALS

Information 623-7348

July & August

MWR
NAS WHITING FIELD

Twilight Hours
◆ Begin at 2pm - everyday!

Military Mondays (18 holes with cart)
◆ Active Duty only \$14 - All Others only \$18

Wednesday (18 holes with cart + a meal for \$21)
◆ 2 hot dogs, a bag of chips & a soft drink

Thursday (BOGO Range Balls \$3)
◆ Purchase 1 bucket of range balls & get another bucket of balls free (for use on our driving range - until 2pm)

Around the Base

Military Saves Week

- (Cont. from Page 8)

Bahlau, Commanding Officer, NAS Whiting Field do hereby proclaim the week of February 23 -27, 2015 as: MILITARY SAVES WEEK.

I HEREBY call upon all members of our Navy Family to set a personal savings or debt reduction goal, make a simple savings plan, and take action on that plan, or take another positive wealth-building action during MILITARY SAVES WEEK, and pledge to sustain that action during the following year.

IN WITNESS WHEREOF, I have hereunto set my hand this 20th day of January, 2015.

Signed: Todd A Bahlau, Capt, USN 🇺🇸

\$SAVINGS\$ TIPS\$

- USE YOUR TAX REFUND TO START OR ADD TO YOUR IRA OR 401(K) THESE PLANS ARE OPPORTUNITIES TO PUT ASIDE MONEY NOW FOR RETIREMENT LATER.

- FOR HELP WITH YOUR TAXES, DOWNLOAD THE IRS TAX GUIDE JUST FOR MILITARY MEMBERS.

- HAVE AN AVAILABLE EMERGENCY FUND FOR ANY POTENTIAL UNFORSEEN EXPENSES.



AMERICA Saves
START SMALL. THINK BIG.



MILITARY AMERICA Saves
START SMALL. THINK BIG.



**Set a Goal.
Make a Plan.
Save Automatically.**

KEY SAVING STRATEGIES

- 1 Pay off high-interest debt
- 2 Save for emergencies
- 3 Save monthly through direct deposit or an automatic transfer from checking to savings

SCAN THE QR CODE INTO YOUR SMARTPHONE OR MOBILE DEVICE TO JOIN TODAY!



Join MilitarySaves.org for tips, news, and advice to help you save more successfully.



**TAKE THE
SAVER
PLEDGE**

www.militarysaves.org