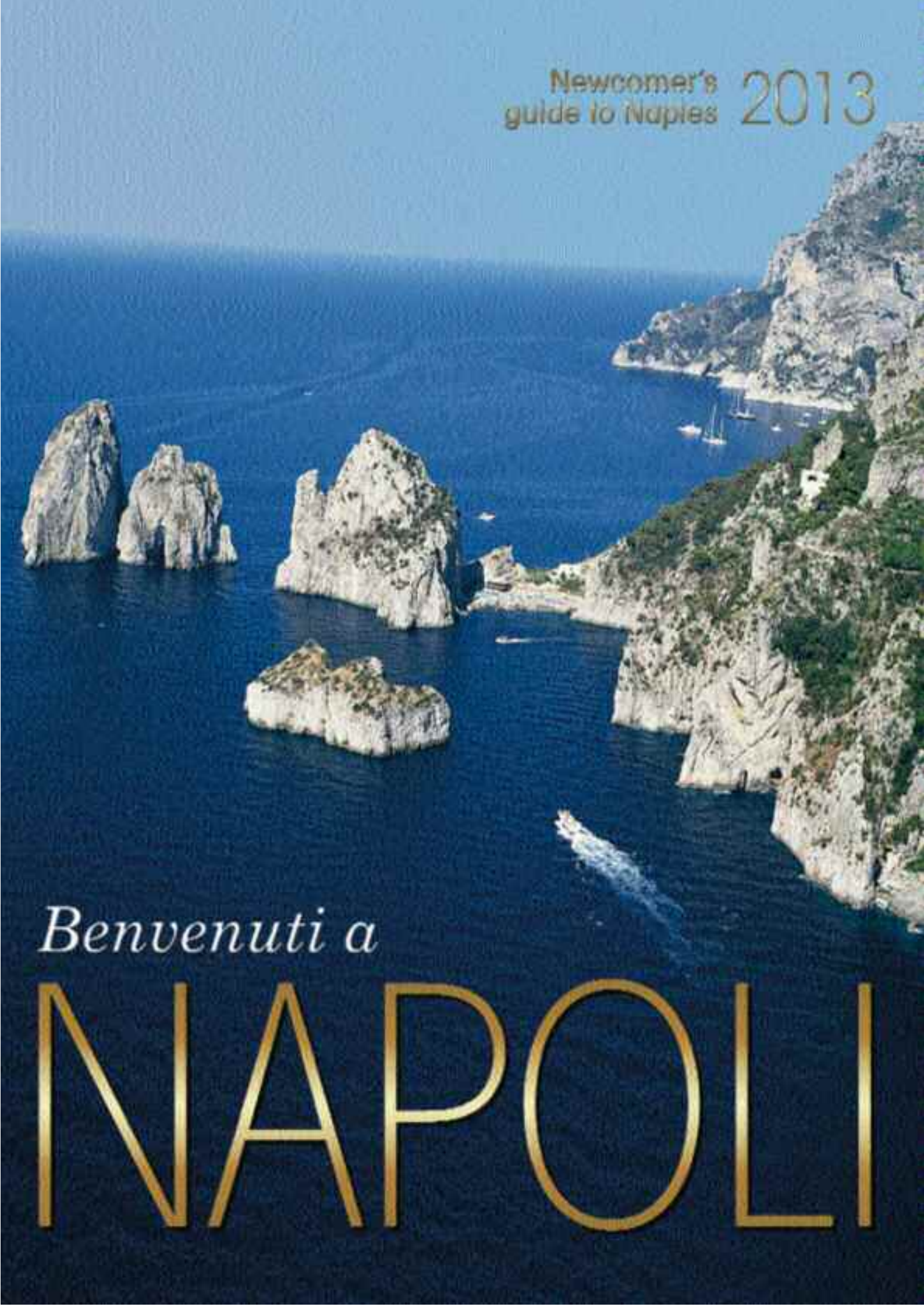
Newcomer's guide to Naples 2013



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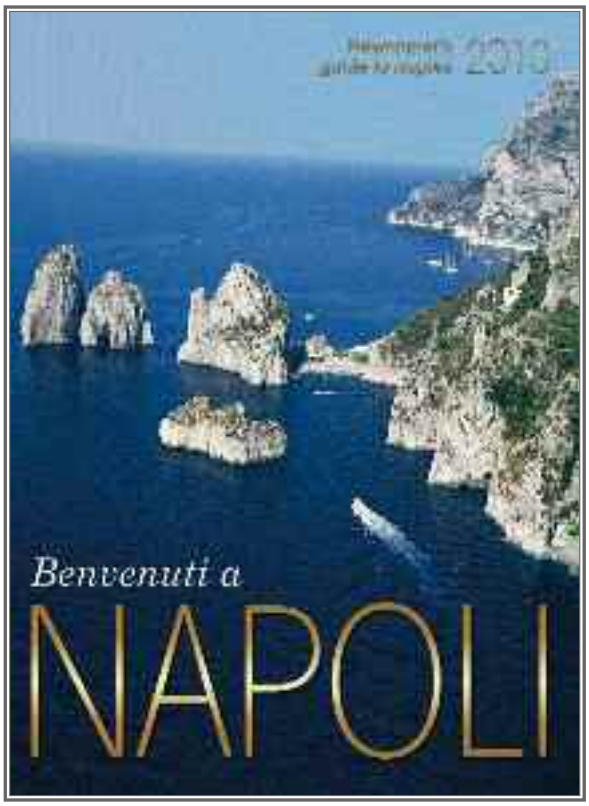

Cover Photo: **I Faraglioni, Capri.**
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CONTACT NAPLES

NSA Naples CO: .....townhallnsanaples@eu.navy.mil
FFSC: .....FFSCNSANaples@eu.navy.mil
CMVRO: .....cmvro@eu.navy.mil
Personal Property: .....ppso-naples@eu.navy.mil
Post Office: .....m-na-nsa-postoffice-gs@eu.navy.mil
Hospital Customer Service: .....nhnaples-pao@med.navy.mil
Naples High: .....naplesHS.principal@eu.dodea.edu
Naples Elementary: .....naplesES.principal@eu.dodea.edu
Housing Director: .....nsanapleshousingdirector@eu.navy.mil
NEX General Manager: .....nexnaples-gen1@nexweb.org
MWR/ITT: .....mwrmarketrequest@eu.navy.mil
AFN: .....http://www.afneurope.net/naples
NCTS: .....nctscustsvc@eu.navy.mil

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Benvenuti a Napoli

Benvenuti a Napoli! Welcome to Naples! You are about to take the first step in enjoying what will be an exciting and challenging tour in southern Italy. You may have heard many things about duty in Naples, and we encourage you to search these pages for information that can help you cope with the vast differences between life here and life in the United States.

Duty in Italy offers opportunities of a lifetime. This goes for travel, recreation, professional development, education and more. The key to enjoying a successful tour lies in remembering that living in Italy is not like living in the United States. The customs, culture and way of life here are significantly different than what you are accustomed to.

Houses and apartments are constructed differently; electric power and utilities are different; shopping, driving and dining are all different. Some people find it hard to adjust, but embracing the food and the warmth of the people you meet will help you make the transition. The key to a successful tour in Italy lies in your willingness to learn and adapt to the differences you encounter.

The Naples/Gaeta community is host to more than 100 separate organizations. Our civilian and military population has organized social, professional and recreational organizations; so whether you are an active-duty service member, civilian or a family member, this community has something for you.

Any move is filled with stress and distractions, and your move here will be no different. Culture shock, jet lag and many other irritants will likely be a part of your PCS experience. Your command and your sponsor will help you adjust and get settled. Coming prepared will minimize your worries. Follow guidelines in this book, and you can smooth out many of the potential wrinkles in your upcoming move.

How to Use this Book

The information contained in these pages will help smooth your transition into the Naples community, but do not throw this book away once you get here. At some point in your tour, you may be asked to sponsor a new arrival. This information and your experience can certainly go a long way in helping someone else adapt to life in Italy.

As new information is provided to the Naples community, it is added to the NSA Naples website. For up-to-date information, visit *www.cnic.navy.mil/naples*; read the base newspaper, *Panorama;* and sign up for the community information "PAO Notes" by e-mailing *pao_naples@eu.navy.mil*.

For specific information that pertains to your situation or your specific command, you should rely on your sponsor, who can give you the most current information. If you have received this guide from the command sponsorship team, you should already have a sponsor assigned. If you have not yet been contacted, e-mail *ffscnsanaplesitaly@eu.navy.mil.*

A note about the listed telephone numbers: To call DSN numbers from the United States., dial 314 followed by the seven-digit number. To call commercial numbers from the United States., dial 011-39 followed by the 10-digit telephone number. One you arrive in Italy, you can simply dial the DSN and commercial numbers as listed in the guide.

Profile of Italy

Italy has a total land surface of about 116,000 square miles (slightly larger than the state of Arizona), with the Apennine Mountains serving as a geographic dividing line between the east and west coasts. The Alps define Italy's northern border.

The northern provinces experience cold winters with rainfall in the spring and summer. Central and southern Italy enjoys a climate moderated by the Mediterranean Sea with cool, rainy winters and moderate weather during spring and fall, while heat creeps north from Africa in the summer.

Italy's economy is more industrialized and technology-based in the north and agricultural in the south, even though the southern regions host several small- and medium-sized industries. Major industrial products are iron, cement, tool machinery and automobiles. Wine, cheese and other food products are also important to the Italian economy. Tourism is a key industry for all of Italy, and visitors from around the world come to marvel at its history and architecture and to enjoy its culture and food.

For centuries, Naples has served as a center for the exchange of goods, services, customs and cultures. Traders, travelers and explorers from throughout the Mediterranean region found the climate here enviable, and with its central location and fertile soil, this region continually attracts new citizens. The ancient city of Pompeii lies just south of the city, and Cuma, believed to be the earliest Greek settlement in Western Europe, lies just outside Naples.

Italian History & Government

Italy is largely homogeneous linguistically and religiously but is diverse culturally, economically and politically. Italy has the fifth-highest population density in Europe — about 200 people per square kilometer (490 per square mile). Although Roman Catholicism is the majority religion — 85 percent of native-born citizens are nominally Catholic — all religious faiths are provided equal freedom before the law by the constitution.

The city of Pompeii is a partially buried Roman city near modern Naples. Pompeii was destroyed and completely buried during a catastrophic eruption of Mount Vesuvius in 79 A.D. (Photo by MC1 Travis Simmons)

Italy proclaimed its unification in 1861. From 1870 until 1922, Italy was a constitutional monarchy with a parliament elected under limited suffrage.

During World War I, Italy renounced its standing alliance with Germany and Austria-Hungary and, in 1915, entered the war on the side of the Allies. In 1922, Benito Mussolini came to power and installed a fascist dictatorship termed the Corporate State. The king remained titular head of state. Under Mussolini, Italy remained a fascist dictatorship between 1922 and 1945.

Italy allied with Germany and declared war on the United Kingdom and France in 1940. In 1941, Italy—with the other Axis powers, Germany and Japan—declared war on the United States and the Soviet Union. Following the Allied invasion of Sicily in 1943, the King dismissed Mussolini and appointed Marshal Pietro Badoglio as premier. The Badoglio government declared war on Germany, which quickly occupied most of the country and freed Mussolini, who led a brief-lived regime in the north. An anti-fascist popular resistance movement grew during the last two years of the war, harassing German forces before they were driven out in April 1945. In 1946, Italy became a republic, and in 1948, Italy's government became a democracy with a president, prime minister and a parliament.

The president of the republic is elected for seven years by the parliament and a number of regional delegates. The president nominates the prime minister, who chooses the other ministers. The houses of parliament are popularly and directly elected by a proportional representation system. Both houses are elected for a maximum of five years, but either may be dissolved before the expiration of its normal term.

Currently, the president of the republic is Giorgio Napolitano, and the prime minister is Enrico Letta.

Italy's government is run by a coalition of its numerous political parties, and since World War II, Italy has been governed by more than 40 separate coalitions. The leader of each coalition government is selected to serve as prime minister. Each new government in Italy is faced with numerous and frequent demands for change. These demands manifest in the form of strikes or demonstrations that are generally nonviolent. As a U.S. and NATO representative, you should stay away from involvement in any political demonstration.

The Status of Forces Agreement (SOFA) prohibits your involvement of any political demonstration or campaign. During a political campaign, banners and posters are displayed throughout the city, and it is a serious offense to tear down or deface any of this material.

Historical Naples

According to legend, the Greek colony Neapolis was founded around 600 B.C., springing up around the tomb of the siren Parthenope. Although taken by the Romans in 327 B.C., the city retained good relations with Athens. The city was considered to be a rich cultural center, and many affluent Romans maintained a winter residence in the area of what is today known as Napoli, or Naples.

After the fall of the Roman Empire, Naples was occupied repeatedly by other European peoples. Gothic, Byzantine and Lombard influence was felt in Naples, and under the Dukes of Naples (763-1139), the city enjoyed a period of independence. In 1140, Naples fell under rule by Swabian and Norman kings that lasted until 1266, a date that marked the beginning of Angevin and Aragon rule.

In 1504, Naples became a province of the Spanish Kingdom. With the exception of two brief upheavals by the Partenopean Republic in 1799 and rulers Giuseppe Bonaparte and Gioacchino Murat from 1806 to 1815, Naples remained the capital until the liberation of Italy by Giuseppe Garibaldi in 1860. After the subsequent unification of Italy, the people of Naples voted for annexation into the new Kingdom of Italy.

Naples Today

A major Mediterranean seaport, Naples has retained much of its ancient beauty and splendor. Medieval castles and classic ruins exist side-by-side with the industrial elements of the city. As you travel around the city, you will see mesmerizing juxtapositions of modern-day life with ancient customs and beliefs, as well as some truly entertaining "only in Naples" scenes that give this city its unique character.

Despite problems of overcrowding, sanitation and unemployment, Neapolitans maintain a pleasant, optimistic outlook on life. It is to your advantage to maintain a similar outlook when you arrive and begin to experience their culture. As a visitor, you have a rare opportunity to experience and adapt to life in Italy. Combine this spirit with the fascinating variety of people and activities, and you will begin to understand what makes Naples such a magical place.

Naples is a large metropolitan area, and its downtown is similar to that of any major city with respect to crime and safety. Theft exists in and around the Naples area, but by following common sense and personal safety precautions that you'll be briefed on when you arrive, you can avoid being a victim.

Naples and its surrounding communities total about four million people, and the unemployment rate hovers between 15 and 20 percent, according to government estimates. About half of the workforce consists of professional services, followed closely by industrial production. Agriculture is also a portion of the workforce, but significantly smaller.

Culture Shock

"Culture shock" is defined as a state of bewilderment and distress experienced by an individual who is suddenly exposed to a new, strange or foreign social and cultural environment. It generally sets in after the first few weeks of arriving in a new setting. Although culture shock doesn't happen to

everyone, it is considered a normal, predictable reaction. Everything is different, including the language, the customs, the telephone and the transportation. This is actually a great opportunity for learning and acquiring new perspectives.

You may feel sad or lonely. Your sleep may be out of sync and you or your family members may feel angry or irritable. You may begin to develop a sense of insecurity or inadequacy. Much of what you've heard or assumed about your new environment may not reflect reality or meet your expectations. These are normal symptoms associated with the huge change in your life, and it is important to realize that these feelings are temporary, even if they last for a few weeks or even months after arrival. Eventually, you will begin to adapt and understand many aspects of the new culture, and develop a sense of balance as you settle into your job and your routines.

Some deal with culture differences quickly and easily, while others need more time. Do not try to do too much all at once. Set your own pace and keep an open mind.

Opposite Teatro San Carlo is the grandest interior in southern Italy, Galleria Umberto I. (Photo by MC1 (NAO) John Parker)

Here are some strategies for combating stress:

- Be patient and go easy on yourself and others.
- Develop a hobby.
- Remember the good things you already have.
- Learn to be constructive. If you encounter an unfavorable situation, avoid it next time.
- Include regular physical activity in your routine. This will help combat sadness and loneliness in a constructive manner. Exercise, swim or take an aerobics class.
- Relaxation and meditation have proven to be positive activities for people experiencing stress.
- Allow yourself to feel sad about the things that you have left behind, but maintain contact with your friends and family. This will give you a feeling of belonging and help reduce loneliness.
- Begin to integrate with your new culture. Learn the language. Volunteer in community activities that allow you to practice that language. This will help you feel less stress and more useful at the same time.
- Remember, you are not alone. Each week many new people arrive in Italy and are faced with the same transitional challenges. Pay attention to relationships with your family and with people at work.
- If you feel stressed, look for help. There is always someone or some service available to help you. Lean on them. If you're having problems, your command and the Fleet and Family Support Center are excellent resources.

Look at this assignment as a rare opportunity. Most people who visit Italy do so in a rush and see the country from the inside of a bus or train. Your experience will offer you a more accurate view of life in Italy, and here you will find friends and experiences that will last a lifetime.

You do not have to become an Italian, nor should you expect your attempts to become Italian to be easy or quick. Italians expect you to be different, and they respect the fact that Americans have their own way of doing things. This is only made possible by mutual respect and understanding.

The Neapolitan Way

Even other Italians recognize that Neapolitans have a character all their own. They seem to talk constantly, using arms and hands to animate conversations and emphasize viewpoints. They press forward during conversations, and their idea of personal space is significantly less than what Americans consider comfortable.

Neapolitans are passionate about everything and everybody. When you first arrive in Naples, you may get the impression that you have walked into the middle of a vast family quarrel, or if the mood is right, a comic opera.

One of the most noticeable cultural differences in Naples is the concept of time. After you are here for a while, you will realize that the Neapolitan pace of life is not as rushed as that of Americans (although driving may be the exception to that rule). Many Neapolitans like to postpone one thing in favor of something they consider more pressing. You may feel the impact of the concept of time when you first call to have a mechanic fix your car or a plumber fix your leaky faucet.

This does not mean the Neapolitans don't like to work. It is simply that they know that the world is not going to end if your leaky faucet is not fixed today because something more important comes up. That something may be a family obligation. A long history of kingdoms and kings, revolutions, plagues and wars has probably contributed to a lifestyle of patience, good humor and close family ties.

It could be said that while Naples has been occupied by many different empires and countries throughout its history, it has never been conquered. Something of the independent and unique spirit of Naples has endured through the ages to create the city and the people that today share their home with you.

Italian Language

The Italian language is one of your greatest assets in making this tour fun and rewarding. Without it, you are excluding the best avenues to an exhilarating experience. Nothing flatters people more than the knowledge that a foreigner has made an attempt to learn their language. Once you break down the language barrier, you will find a whole new world opens up, ready for your exploration.

You don't need to become a seasoned linguist to be understood. No matter how fractured your Italian, the host will be patient and appreciative of your attempts. You will be more successful in any situation—shopping, traveling, meeting neighbors—if you try to speak Italian. Although you will usually find someone who speaks English in the larger city shops, those who insist on always seeking out someone who

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speaks English not only will irritate and alienate, but will constantly feel insecure and frustrated.

Remember, too, that Italy was once a collection of city-states under separate rule, and dialects abound, often sounding very different than the Italian you may learn in class. Although local expressions and pronunciations may be puzzling, Italian is the national language, and if you learn it, you will be understood. Language courses are available to those assigned to Naples, and tuition assistance may be available. Check in with the Navy College Office on arrival, and the staff can help you choose a course to fit your needs. Italian-owned schools of language and private tutors are also available.

A pocket dictionary or phrase book is a valuable tool even before your arrival, and a basic familiarity with words and phrases will make your transition into the local community much easier.

"America in Italy"

Your tour of duty in Naples will make you more than an American tourist. You will be a resident of Italy, and as such, a representative of both America and the U.S. military forces. The importance of providing a positive image is obvious. Your responsibility to help provide such an image extends to your daily interactions with your neighbors, shopkeepers and other Italians you may encounter. Your job as a diplomat will be made easier if you attempt to learn and understand the language and customs of the host nation.

Military Community

Your orders have brought you to one of the world's most diverse and active communities. At one time or another, you will associate with members of all branches of the American military and also with foreign military colleagues. Often you will perform both U.S. national and international functions.

The North Atlantic Treaty Organization (NATO) was established in 1949. Today there are 28 permanent representatives to the North Atlantic Council: Albania, Belgium, Bulgaria, Canada, Croatia, the Czech Republic, Denmark, Estonia, France, Germany, Greece, Hungary, Iceland, Italy, Latvia, Lithuania, Luxembourg, Netherlands, Norway, Poland, Portugal, Romania, Slovakia, Slovenia, Spain, Turkey, the United Kingdom and the United States of America. Since the treaty was signed April 4, 1949 in Washington, D.C., the United States has stood by its commitment to its NATO allies. That's why you are here today.

Allied Joint Force Command (JFC) Naples

Allied Joint Force Command (JFC) Naples was activated on March 15, 2004, when its predecessor command, Allied Forces Southern Europe (AFSOUTH), was deactivated after nearly 53 years of successful activity in support of peace and stability in and around its designated area of responsibility.

At the operational level, the new NATO command structure consists of two standing Joint Force Commands: one at Brunssum, Netherlands and one in Naples, Italy. In addition, a smaller Joint Headquarters was activated in Lisbon, Portugal.

Allied Joint Force Command Naples celebrated the official opening and ribbon cutting ceremony at the new JFC Naples headquarters located in Lago Patria, Giugliano, Naples on Dec 13, 2012. The position of Commander, JFC Naples is held by a U.S. Navy four-star admiral. Currently, the Admiral has operational responsibility for NATO missions in the Balkans and the Mediterranean Area of Responsibility. Commander, JFC Naples is also Commander, U.S. Naval Forces Europe.

Twenty-two NATO nations contribute to the JFC Naples integrated military staff: Belgium, Bulgaria, Canada, Czech Republic, Denmark, Estonia, France, Germany, Greece, Hungary, Italy, Netherlands, Norway, Portugal, Poland, Romania, Slovakia, Slovenia, Spain, Turkey, the United Kingdom and the United States. Several partner nations are also represented within a Partners for Peace staff element.

Allied Joint Force Command Naples' new base in Lago Patria features a centralized headquarters complex, a community center and an improved Joint Operations Center with increased multimedia capabilities. (Photo by Melissa Kabukuru)

Preparing for Transfer

There is no time to waste in getting ready for your move to Naples. A move overseas requires months of preparation, and the sooner you have orders in hand, the sooner you can get started.

This section will provide you with some of the details and answers to some of the most commonly asked questions on moving overseas. It cannot be overemphasized that you should immediately contact your sponsor since he or she is your first link to your new command. Constant communication between you and your sponsor will make your move smoother for your family and eliminate needless worries and frustrations. Your sponsor will send you a Welcome Aboard package and provide you with useful information to ensure your transition to life overseas is as smooth as possible.

Provide your sponsor with accurate information on yourself and your family. In the summer months, it is not uncommon for long waiting lists for temporary accommodations, so send the following to your sponsor as soon as possible:

- Leave address and phone number (transient e-mail address also recommended);
- Dates/times/flight numbers for your arrival;
- Family size, ages of children and any special considerations;
- Child care needs;
- Pets you may be bringing.

If you haven't heard back from your sponsor in a few days, contact your new command immediately.

Overseas Screening

You should immediately begin the process of overseas screening for you and your family as soon as you have orders in hand.

The overseas screening process is designed to identify personnel or family members who have medical conditions or illnesses that cannot be treated by the Navy Hospital in Naples due to the lack of medical specialists. For example, service members with conditions such as cancer, autism, chronic mental illness, cardiac insufficiency, rheumatology, advanced pulmonary disease and neurological disorders cannot obtain specialty care at U.S. Naval Hospital Naples. The facility is small and does not offer these services. Additionally, medications for some conditions may not be available at the hospital pharmacy. Please check medication availability with the pharmacy at 081-811-6225 prior to your transfer. The overseas screening process, if done properly, identifies personnel and family members who would be at increased risk if they were assigned to Naples.

Overseas screening is required of active duty service members and their families. Civilians, contractors and Department of Defense personnel seeking employment in Naples are highly encouraged to have an overseas screening. This will ensure any specialty care you may require will be available to you.

This typically consists of medical examinations, inoculations and an interview with a command representative. Additionally, if you or one of your family members has a change in your medical condition after completion of the overseas screening, notify your command at once.

You should contact your respective medical facility to begin the overseas immunization series far enough in advance so a last minute rush is avoided. Having to get several shots at once can be painful, especially for children.

An "International Certificate of Vaccination" (PHS Form 731) is required and will be issued before leaving the United States once you have completed the required shots; booster shots are given as required at U.S. Naval Hospital Naples, Italy. PHS Form 731 is a "Yellow Card" that all immunization clinics should carry. All active-duty service members and

The Village Forum is the center of the Support Site. You'll find the chapel, Navy Lodge, Bambusa restaurant, mini-NEX, Youth Center and the library here. (Photo by Kylie Beltz)

their dependents are encouraged to have an updated version of the Yellow Card.

At times, personnel find themselves in need of specialized care that can only be obtained in the Italian community. If you suspect you may need special care, contact the U.S. Naval Hospital Naples Patient Administration Department at DSN: 629-6215 or Commercial: 081-811-6215 to inquire if the service is provided and if insurance is accepted.

Passports, Visas and Sojourner Permits

Military personnel may enter Italy on official military orders and with a military ID card. For security reasons, personal travel should be conducted with a tourist passport instead of a military ID card. Generally, non-NATO countries require passports for military personnel. If your new duties in Naples require you to travel on official business to countries requiring an official passport, coordinate with your new command to obtain an official passport. Tourist passports are obtainable through the American Consulate in Naples. See your command's travel representative for current information.

All military dependents and DoD civilians, including children, require a passport and a Missione visa for entry into Italy. Thus, all military spouses, civilian component members and family members must obtain a Missione visa and an official or no-fee passport prior to their entry into Italy.

Military family members, DoD civilians and their respective family members must request and receive the visa through their travel office or from the nearest Italian Consulate prior to their departure from the United States. Visas require several weeks to obtain, and you cannot obtain a visa once you arrive in Italy. It is strongly recommended you start this process early so that your entire family may transfer with you. For additional information on visa requirements, see the Bureau of Consular Affairs website at *http://www.state.gov/travel* or check with your local NAVPTO or travel office.

Obtaining the appropriate visa after arrival in Italy is impossible, and most situations would require a return to the United States.

Dependents who are citizens of European Union countries do not require a visa. See *http://www.usis.it/visa/* for additional information regarding Italian visa requirements.

Non-U.S. dependents may travel on their country passport, although non-U.S. dependents should consult with the Italian Embassy to determine if any further documentation is required for their entry into Italy, which is usually determined by the dependent's country of nationality.

Within eight days of their arrival in Italy, all military family members and DoD civilian employees and their family members are required to apply for a Sojourner Permit, the Permesso di Soggiorno. This document is issued by the Italian government. A Sojourner Permit is a confirmation of your legal resident status in Italy, much like an American Green Card. If you do not have a visa upon arrival in Italy, you cannot obtain a Sojourner Permit. It is different from a visa, which is merely an approval for entry into the

country. Italian law requires all foreign personnel working or living within Italy, other than an active-duty service members under military orders, to apply for a Sojourner Permit within eight days of arrival in Italy.

All applicants over 14 years of age must apply in person, as each person's signature is required at the time of application. Part of this procedure is the requirement to fingerprint individuals aged 18 and older.

As part of the Area Orientation process, the Region Legal Service Office, Europe Africa, Southwest Asia (RLSO EURAFSWA) assists in the preparation and oversees the acquisition of the Sojourner Permit for all personnel attached to U.S. Navy commands in the Naples area. Army and Air Force personnel stationed at JFC must apply for Sojourner Permits through the Carabinieri at the JFC Provost Marshall's Office, Building L.

Before you travel to Italy, you must have all necessary documents for the permit – specifically, a Missione visa issued by an Italian Consulate inside your no-fee U.S. passport. It is vital to work with your sponsor and new command to ensure that you have all the necessary documents before you detach.

Civilians should always carry their Sojourner Permit and passport when traveling to other countries. While commuting in the local area, it is a good idea to carry a photocopy of your Sojourner Permit in case you are stopped by police. Military members should, of course, always carry their military ID cards with them.

Power of Attorney

A power of attorney may be necessary if the service member will be absent from home for extended periods of time. A power of attorney may be tailored and limited to accommodate particular individual needs.

There are two types of powers of attorneys: general and special. General powers of attorney are powerful documents and should only be used in limited circumstances. A judge advocate can provide advice on whether to get a general or special power of attorney. In most cases, a special power of attorney can be drafted that will protect the maker and will authorize the holder to complete all required business.

Finally, if you need a power of attorney for the purchase of a vehicle registered through MVRO, you must complete the required initial paperwork before the power of attorney can be drafted.

If you need a power of attorney, visit the Region Legal Service Office EURAFSWA at Capodichino, located on the first floor of the Admin. II building. No appointment is needed to obtain a power of attorney in Naples.

Rations

The sale of tobacco products and alcoholic beverages (other than beer and wine) is controlled by ration cards. The command holding your service record will issue you the ration card for tobacco products and alcoholic beverages. Your spouse receives a separate ration card.

Eligible DoD military and civilian personnel are entitled to a monthly allowance of tax-free gas coupons. Tax-free gas coupons are available with the intent of providing sufficient tax-exempted fuel for home-to-work travel. The monthly ration and type of fuel is determined by the engine size, engine base horsepower and type of fuel required by the member's primary vehicle, which must be registered at the Motor Vehicle Registration Office (CMVRO). The criteria utilized to ascertain the member's allowance is the following:

Engine size	Monthly fuel allowance (liters)	Monthly motor oil allowance (liters)
Up to 668 cc	100	4
669-1119 cc	200	6
1120-2883 cc	300	8
Above 2884 cc	400	8

Motor scooters that are registered as the primary vehicle are entitled to 60 liters of fuel a month, whereas motorcycles, which also must be registered as the primary vehicle, receive the same allowance as a vehicle, however may not exceed a maximum of 200 liters per month.

Tax-free gas coupons can be purchased at the customer service desk at the Navy Exchange, and are valid for unleaded or diesel fuel at authorized gas stations.

The only gas stations authorized to accept tax-free gas coupons are AGIP and ENI stations. You may be requested to show identification prior to the gas station accepting the gas coupons. This is a preventive measure that is in place to avoid illegal usage of tax-free gas coupons. Gas stations are both self-service and full service. If the attendant fills up your vehicle ensure he fully understands that you want "litri" (liters) and not euro. It is not common practice to request "litri." Once you have ensured the number of "litri" you requested has been pumped, then you must duly fill out the appropriate gas coupons. Gas coupons must include signature, plate number and the date.

Selling, bartering, lending or giving coupons or the product itself to any person is prohibited, as is buying or borrowing coupons from any person. Illegal use of coupons is a violation of the Uniform Code of Military Justice and Italian fiscal law.

What Should I Bring?

In Italy, an unfurnished apartment or villa is just that, unfurnished. Sometimes that could mean no kitchen cabinets, clothes closets, screens, medicine cabinets in the bathrooms or light fixtures. In these cases, you may be able to purchase these items from the previous tenant, but for the most part setting up a house in Italy will cost more than in most places.

Household items for sale by departing personnel are advertised each week in the base newspaper, "Panorama."

The Forgotten Treasures Thrift Store at the Support Site is also a great place to find those necessary household items.

Use this list to decide what you will put into storage before coming to Italy. Reported cases of housebreaking and theft of personal property (including motor vehicles) are not uncommon. Consideration should be given to storing items of great sentimental value or items of high value that are unnecessary to have during an overseas tour. Keep in mind that there are no safety deposit boxes available on the military installations.

Contact your Personal Property Office to get more information on storage provided by the government during an overseas tour.

The following are some suggestions concerning individual types of household appliances and fixtures. Once again, ask your sponsor if your individual questions are not answered here.

Light fixtures: American lamps are adapted to Italian current simply by replacing American bulbs with Italian ones and by using an Italian adapter. American and Italian lamps are available on the economy and from the Navy Exchange.

Medicine cabinets: Available locally, both new and used at a reasonable cost. You can request your landlord to install them when negotiating your housing contract.

Beds and mattresses: If you have them, bring them. Beds and mattresses are available at the Navy Exchange. Beds and mattresses are also available on the economy but are different sizes than American beds.

Rugs: In a move to Italy, rugs often become a major expense. Floors here are hard tile or marble. Bring all the carpets and rugs you own. If you don't already have rugs, you may want to buy a few inexpensive room-size carpets (9 feet by 12 feet, 9 feet by 15 feet, etc.). Average-quality rugs and padding in standard sizes are available at the Navy Exchange. Also, Middle Eastern rugs are often sold by vendors at the Navy Exchange retail center. A wide variety of rugs can be found on the Italian economy, too.

Draperies: Drapes from your last home probably will be too short here because of the high windows and ceilings. You can purchase fabric on the economy or it can be mail-ordered from the United States. You may not require drapes because the "persiane" (black-out blinds that raise and lower much like a roll-top desk) are standard in most Italian dwellings.

Carpentry tools and do-it-yourself equipment: If you have them, bring them. A limited selection is available through the Navy Exchange. Tools purchased on the economy will come in metric sizes. The Auto/Wood Skills Center at the Support Site does have a great selection of tools to use on site.

Desks, dressers and other storage: Anything that can be used to store things will come in handy. In your new home, there will be many areas where you can put small tables, desks, dressers and chests. Most homes do not have closets.

Air conditioners: It is recommended that you do not bring an air conditioner.

Dehumidifiers: Naples can be very damp, particularly during the winter months. A dehumidifier will help make your home easier to keep warm and avoid mildew problems. They are usually available in the Navy Exchange and on the economy.

Microwaves: Keep in mind that microwaves are provided as part of the Partial Full Tour Furnishings Program from the Housing Warehouse. Microwave ovens sold in the United States are generally 60 cycles and cannot be converted. Unless specifically designated 50/60 Hz, they cannot be used without damage to the magnetron tube. Units sold in the Navy Exchange are 50/60 Hz and are ready to use with a transformer. When you are returning to the United States, they may be adjusted to 60 Hz for stateside use.

Small Electrical Appliances: Generally speaking (except for hairdryers, toasters and electrical clocks) small electrical appliances adapt to use on transformers. Items with 220 volts are available on the economy.

Electrical Clocks: These are not practical because they will not keep accurate time due to the 50 cycle current (the hands travel five-sixths of an hour every 60 minutes). Also, many areas experience brief power outages that will throw the time off. Wind-up or battery powered clocks are your best bet.

Television: A multi-system TV can receive Italian signals. To receive all of AFN's channels you will have to get a decoder from the housing office or the Navy Exchange. The sound system of the Italian television broadcast is on a different frequency than the United States. With a minor adjustment of the receiver, you may be able to pick up the Italian sound, but the picture will appear in black and white. The Navy Exchange has a complete stock of antennas, amplifiers and multi-system TVs available. If you plan to use your TV only for DVD or VHS formats then conversion is not required.

Radio: A portable radio is invaluable. Electric models work well, but if you experience electrical outages, the portable should be there as a back-up. Radios with AM/FM bands are best. The clock portion of clock radios will not work because of the difference in current.

Lawn mowers: Several years ago, it was unheard of for Americans to bring a lawn mower to Naples because everybody lived in apartments overlooking the Bay of Naples. However, with the exodus to the suburbs, more families live in villas with lawns. New lawn mowers are available at the Navy Exchange on a limited basis. Some common replacement parts are available, but due to the variety of models manufactured, it is recommended that if you ship your mower, you also ship extra blades, plugs and "tune-up" kits.

Lawn furniture: Even with an apartment, you may have balconies or rooftop access and will be able to use lawn furniture. The Navy Exchange carries an assortment of lawn furniture, and wicker furniture is available locally on the Italian market. If you want to buy some high quality lawn items, Italy is famous for exporting a wide variety.

Bicycles: Because of the traffic, it is unsafe for young children to ride bikes in city streets. However, most suburban areas have relatively quiet streets where bicycles can be safely

ridden. You can also enjoy bike riding at the Support Site, Carney Park and Caserta's Royal Palace. Bicyles are available for rent at the Navy Outdoor Recreation (NOR) Center at Carney Park.

Catalogs: U.S. mail order catalogs will prove helpful in outfitting the household or the family throughout your tour. Some companies produce a special APO/FPO edition that makes ordering easier. You may want to collect the catalogs before you leave the United States, as it can take two months for catalogs and magazines to arrive.

Civilian clothing: All members of your family should plan to dress as they would at any military installation located where there are four seasons. Winter in Naples can be cold and damp, so be prepared and bring along extra warm clothing. Due to high fuel costs and the necessity for good ventilation, temperatures in most dwellings are kept lower than many families are used to. Sweaters and other warm clothing items are essential for inside wear in winter.

Europeans tend to dress more formally than Americans. Our host country nationals expect us to dress like Americans, but extremely informal clothing reflects poor taste on our part. If in doubt as to what to wear, the safest rule is to "overdress," and you will fit right into any situation. Your common sense should dictate proper attire.

Personal Property Shipment

Upon receipt of orders to the Naples area, including Rome, it is recommended that you immediately contact the nearest Personal Property Shipping Office (PPSO) or visit the DoD Household Goods portal at *www.move.mil* to arrange for shipment of your personal property.

The PPSO or the DoD Household Goods Portal will be able to provide specific information about entitlements, mode of shipment, transit times, etc.

Once you arrive in Naples take all copies of documentation covering your shipments, including your automobile, to the PPSO to get started. The Personal Property staff will provide information regarding the delivery and claims of your household goods.

Household goods: Depending on the origin, it usually takes 65 to 85 days for household goods to arrive in Naples from the continental United States and 100 to 160 days to arrive from elsewhere. Naples is not a weight-restricted area, so you may ship your full weight allowance. But remember: unaccompanied baggage, storage lots and shipments to a designated place are all included in this weight allowance. Unaccompanied personnel E-3 and below need to contact their sponsor prior to shipment of household goods. Contact with your sponsor is important in order to determine which household good items are necessary in Naples and which will be better to store or ship to a designated place. Through the Loaner Furniture program in Naples, you'll be able to get furniture and some appliances to use until your household goods shipment arrives.

Unaccompanied baggage or express shipment:

Depending on the origin, it usually takes 45 to 60 days for express shipments to arrive in Naples from the continental United States and 75 to 100 days to arrive from elsewhere.

Your unaccompanied baggage should include necessary clothing, uniforms, linens and blankets, dishes, pots, pans, essential kitchen utensils, an iron, an ironing board, small collapsible cribs, play pens, strollers, small televisions, stereo sets and professional books, papers and equipment. No furniture items may be included in unaccompanied baggage shipments.

Temporary storage: In connection with your shipment of household goods and unaccompanied baggage, should it be necessary to delay the delivery of your personal property shipments upon arrival in Naples, you will be authorized an initial 90 days of storage at government expense. If it becomes necessary to exceed the 90 days, you must contact the PPSO and request additional storage in writing. Another 90 days may be granted if all requirements are met. These additional 90 days of storage applies only to military. Civilians must have command approval for additional 90 days and amendments to their orders authorizing the additional 90 days must be issued.

Non-temporary storage (NTS): Orders to any overseas duty station may entitle you to non-temporary storage at government expense for the duration of the overseas tour. NTS is only authorized for military assigned to government quarters when property is excess to their quarters. NTS is not authorized for military living in economy quarters or civilians living in economy or government quarters.

Privately owned firearms: Shipping of any kind of weapon is prohibited. The Italian government has imposed a ban on shipment of privately owned firearms to Italy. Privately owned firearms include any weapons that are designed for or can be readily converted to be used for attack, defense, sports, games or hunting by driving a projectile through the barrel. This includes air pistols, air rifles and firing replicas of antique firearms. Additionally, the ban includes other weapons, such as spring-opening knives, fixed bowie knives, straight-edge razors, brass knuckles, blackjack devices, cans

with sharpened points, pipes, chains, slings and any other similar weapon which may be used for assaulting a person. Italian law states that pocket knives may be carried, but the blade must not exceed two inches in length. Failure to comply with this requirement will result in the return of the firearm to the United States at member's expense, possible confiscation by Italian authorities and payment of fines to the Italian government.

Claims: All household goods and unaccompanied baggage shipments fall under the Full Replacement Value (FRV) Protection. For personal property lost, damaged or destroyed while in the care of the transportation service provider (TSP), the member can recover whichever is greater: $5,000 per shipment or $4.00 times the weight of the shipment in pounds, up to a maximum of $50,000.

An important difference between depreciated value coverage and FRV is that with FRV, the member files his or her claim with the TSP rather than with the Military Claims Office (MCO). As before, the member records loss or damage on DD Form 1840/DD 1850 (for damage or loss discovered at delivery) or the DD Form 1840R/1850R (for damage or loss discovered after delivery). If you are filing a claim, the DD 1840 or DD 1850 must be turned into the PPSO within 70 days of delivery of the shipment. PPSO will stamp and return the form. You have 75 days from the date of delivery to notify the carrier or TSP using the DD 1840 or DD 1850, and nine months to complete the claim with the carrier under the Full Replacement Value system.

You must use the Defense Personal Property System (DPS) to file all claims. Please go to *www.move.mil* for move information.

Shipping your POV: (See section on Automobiles.) Military and DoD civilians are entitled to ship one privately owned vehicle (POV) overseas at government expense. The vehicle you ship enters Italy free of import duty. When turning in your POV for shipment, it is extremely important to ensure the vehicle identification number shown on documents matches the physical description shown on the POV. An error may constitute delay in receiving the vehicle or prevent registration. Additionally, there are no restrictions as to color, age, dimensions or special lighting of POVs imported. Vehicles shipped must be in mechanically safe operating condition and must undergo a detailed safety inspection before registration. Estimated transit times are 45 to 60 days from East Coast ports, 55 to 90 days from the Gulf and 75 to 90 days from West Coast ports.

Importation of motorcycles: All mopeds, motorcycles, motorbikes and motor scooters shipped with your household goods (HHG) enter Italy duty free and must be registered with the Motor Vehicle Registration Office prior to delivery.

Members must ensure that the transportation service provider (TSP) adheres to the following procedures during their pack out:

- All mopeds/motorcycles shipped with HHG must be packed in a separate container.
- Crate must be properly marked on the outside of the crate that this shipment contains a motorcycle/moped.
- Inventory must include type, year and make of motorcycle/moped and serial/chassis number.

Member must mail orders, GBL, stateside title, registration (in service member's name) and inventory to the Naples Personal Property Shipping Office, Attn: Motorcycle Clearance, PSC 808 Box 42, FPO, AE 09618.

Failure to comply with this requirement could result in the return of the motorcycle or moped to the United States at member's expense, confiscation by the Italian Customs Authority and payment of fines, duties or taxes as determined by the Italian government.

Note: Importation of all-terrain vehicles (ATVs), three-wheelers and off-road motorcycles is highly discouraged.

Property Insurance

Italian landlords do not carry insurance against fire, theft or water damage to the building, apartment or the tenant's household furnishings. Unless you have renter's insurance,

San Francesco di Paola, in historic Piazza del Plebiscito, is a huge domed church based on Rome's Pantheon. (Photo by MC1 (NAO) John Parker)

you could suffer loss or damage that would be difficult to recover, even after long and costly litigation in the Italian courts. Reported cases of housebreaking and theft of personal property (including motor vehicles) are not uncommon. Americans, as well as Italians, learn to be security conscious and evaluate the precautions taken to safeguard their property. Consideration should be given to storing items of great sentimental value or items of high value that are unnecessary to have during an overseas tour. You are strongly encouraged to take out private insurance or update your current policy, if you have one. Keep in mind that there are no safety deposit boxes available on the military installations.

Under certain circumstances, when a theft of your property has occured, you may file a claim with the United States government for reimbursement. However, there are limitations on the amount that can be paid. Information concerning claims is available from the Naval Legal Services Office.

Pets

The Navy Lodge facility at the Support Site in Gricignano does not have a kennel. There is a small amount of pet-friendly lodging available at the Navy Lodge, but it is in limited supply, so be sure you or your sponsor call to reserve well in advance.

Pets may be housed in local (off-base) animal boarding facilities, or you may also consider leaving your pet with your sponsor or a friend. Per night kennel rates average about €10 to €15 per pet and cannot be filed with your travel claim. Kennel fees are non-refundable. Coordinate arrangements with your sponsor prior to arriving to minimize the stress on you and your pets.

If you rent an apartment on the local economy, most landlords allow pets. Residents who live in government quarters are allowed to have two pets; however, depending on the type of housing, some types of pets are not allowed. Most dogs, cats, birds, hamsters and guinea pigs are authorized to stay in government parcos. The following animals are not authorized: snakes, lizards, barnyard fowl, rabbits and spiders. Pets, including dogs, are authorized in all military family housing areas. Dogs and cats must be micro-chipped and spayed or neutered. It is important that you notify the housing office and your sponsor about what kind of pets you plan to bring with you to Italy.

You can bring your pet to Italy with you on Air Mobility Command (AMC) flights on a space-available basis. There is an excess baggage fee and only a limited number of pets may be shipped on each flight. AMC will not ship any pets weighing more than 150 pounds. Be sure to inform the personnel department that schedules your flight to Italy that you will be traveling with a pet. There is a limit of two pets for each family, dogs and cats only, and you must provide the proper travel containers.

There is no quarantine period in Italy, but you will be required to have a current rabies immunization record on your animals. The pet must have had the rabies shot not more than 12 months and not less than 30 days prior to arrival in Italy. In addition, a veterinary health certificate with the following data is required: personal identification of the owner and a detailed description of the animal attesting to its good health. This certification is good for only 10 days from the date of examination and must be certified by an official veterinary service.

If your pet is old, requires special treatment or long-term medication, it is recommended that you not bring your cat or dog to Naples. No special diagnostic facilities are available. If your pet has a special health problem, have your sponsor contact veterinary services to determine whether or not adequate care is available.

Banking and Credit Cards

In Italy, you will rely on cash much more than you did in the United States. Though you can use American Express, Visa and Mastercard at most shopping centers, hotels and restaurants, you'll quickly discover that many do not accept credit cards or those that do are having a technical problem running your card. You cannot use gas credit cards. The Navy Exchange takes Master Card, Visa, American Express and Discover.

There are various banks and ATMs both on and off base.

Here are some on-base options:

Capodichino

- Banco di Napoli (Admin II).
- Community Bank (Admin I).
- Navy Exchange Minimart cashier: euro or dollar sales. Rates are close to the daily exchange rate.
- Outside of Admin II, there are also three ATMs available: Banco di Napoli dispenses only euro, Navy Federal dispenses U.S. currency, and Community Bank gives both.
- Outside of the Air Terminal is a Community Bank ATM that dispenses euro and dollars.

Support Site

- Navy Federal Credit Union maintains a full service office at the Navy Exchange retail complex.
- Navy Exchange cashier: euro or dollar sales. Rates are close to the daily exchange rate.
- There are three ATMs at the Support Site: The Italian ATM inside the Navy Lodge across from the elevators dispenses euro. Navy Federal ATMs located outside of the Navy Lodge and outside the Navy Exchange retail center, near the main doors by the movie theater, dispense dollars.

***Allied Joint Force Command Naples*:**

- Banco di Napoli.

Postal Matters

One of the closest and strongest ties to loved ones in the United States is the mail. Fortunately, mail service is relatively quick and efficient despite being overseas in Naples. Postal ser-

vices in Naples are spread out over a wide geographic area with a mail control activity at Rome's International Airport, and post office services at Capodichino, Gricignano (Support Site), JFC, Gaeta and Latina.

Naples-area military post offices provide the following services:

- General delivery service (mail call);
- Stamp sales and postal money orders;
- Pick-up point for accountable mail;
- Mail directory-locator services;
- USPS claims and inquiry services;
- In- and out-processing of patrons;
- Mail receipt and mailing services.

As an authorized military postal service patron, it is your responsibility to inform all correspondents of your correct mailing and forwarding address prior to leaving your present duty station. You should obtain your new address for your new command from your sponsor and notify all your correspondents at least six to eight weeks prior to checkout.

Your new address should contain all of the following information:

Full name, rank and rate
Name of Command:
PSC and Box Number: PSC XXX Box XX
FPO and Zip Code: FPO AE 096XX - XXXX

It is extremely important to NOT add "Naples" or "Italy" to the mailing address to avoid misrouting of mail into the Italian national postal system.

It currently takes an average of five to seven days for a first class letter or priority parcel to reach the United States. For best results, ask friends to use Priority Mail when mailing your items. For time sensitive matters, Express Mail Military Service is available to and from NSA Naples. Magazines, newspapers, catalogs, non-profit book rate etc., can take six to eight weeks by container ship. Packages sent by Parcel Post will also take this long to arrive.

Lastly, do not mail perishable foods or meats, plants, soil matter, tobacco, firearms of any kind or alcohol to or from Italy.

Only U.S. currency is accepted at the post offices, with the exception of the Gaeta postal operation, which is a cashless operation. You may use personal checks for the exact amount of purchase and major credit cards and bank debit cards. You cannot purchase money orders with personal checks or credit cards. You may use traveler's checks to purchase all services, provided purchases total at least half the amount of the traveler's check.

Here is the list of where the postal services are located and hours of operation:

Fleet Mail Center, Capodichino
Bldg. 412 (behind the Supply building)
Personal accountable mail pickup: Monday through Friday from 7 a.m. to 7 p.m.
Command Mail Call: 7 to 11 a.m.
Commercial: 081-568-5371/5506/6718

Capodichino Post Office
Bldg. 412 (behind the Supply building, inside the FMC)
Monday through Friday from 10 a.m. to 3 p.m.
Commercial: 081-568-5371/5506/6718

Support Site Post Office
Inside the Navy Exchange compound, by the food court
Command Mail Call: Monday through Friday from 9 a.m. to 3 p.m. and Saturday from 10 a.m. to 2 p.m.
Customer service hours: Monday through Friday from 10 a.m. to 4 p.m. and Saturday from 10 a.m. to 2 p.m.
Commercial: 081-811-4335/4336/4343

Allied Joint Force Command Post Office
Community Center Building
Command Mail Call: Monday through Friday from 11 a.m. to 1 p.m.
Customer service hours: Monday through Friday from 10 a.m. to 3 p.m.

Gaeta Post Office
Bldg. 752, on the pier
Command Mail Call: Monday through Friday from 9 a.m. to 3:30 p.m.
Customer service hours: Monday through Friday from 9 a.m. to 3:30 p.m.
Commercial: 081-568-8361

The Naples postal team is proud to serve you! If you have any questions, e-mail *m-na-postoffice-gs@eu.navy.mil*.

This is an ATM located at the Capodichino base that dispenses euro and dollars. There are also several ATMs located at the Support Site. (Photo by MC2 (SW) Michael Campbell)

Getting Settled

This aerial view of downtown Naples shows mainly the Chiaia and Pizzofalcone areas with the Palazzo Reale, Piazza del Plebiscito, and Chiesa di San Francesco di Paola in the bottom right corner. In the top right corner is Castel Sant'Elmo. The stretch of seafront at left shows the Naples lungomare from Via Partenope (bottom) to Rotonda Armando Diaz (top). (Photo by Gary Rice)

Area Orientation

With your arrival into Naples, one of the first things you'll go through at your new duty station will be the Naples Area Orientation. In an effort to make things efficient and convenient for newcomers, everything is centrally located at the Support Site during this orientation, except for a one-day field trip, during which transportation, guidance and assistance are provided.

Check with your sponsor or the Fleet and Family Support Center (FFSC) for the Area Orientation (AO) current schedule.

AO Week Snapshot

Below is a snapshot of what to expect during Area Orientation week. Unless otherwise noted, all AO events occur at the Support Site Reel Times 2 Movie Theater.

Newcomers and sponsors are encouraged to ask their sponsors or the Fleet and Family Support Center (FFSC) for the latest schedule. The FFSC can be reached at DSN: 629-4896 or Commercial: 081-811-4896.

Friday

Introduction and mass check-in at 8 a.m.
Housing Essentials Brief: Economy/Government/BEQ
School Liaison Officer
Tricare Preparation Brief
Legal
Postal/Personal Property

Monday

Meet & Greet
NSA Commanding Officer or Executive Officer Welcome
Motor Vehicle Registration (CMVRO)
Tricare/Medical and Dental Check-in
Fire Prevention
Operation Preparedness
Emergency Management Disaster Prep: Pt. 1 (Navy only)

Tuesday

Safety
CMVRO AFI Driver's License Test
Navy Exchange
FFSC Services/Ombudsman
Morale, Welfare and Recreation
Environmental
NCIS/SAVI
Security/Anti-Terrorism Brief

Wednesday

Area Bus Trip: Muster at Navy Lodge Coffee Bar. Bus departs from Support Site for Capo, JFC, Carney Park and Housing Warehouse.

Disaster Prep Pt. 2
Sojourner Application Processing
Bus departs Capodichino to JFC
Bus departs JFC to Carney Park
Bus departs Carney Park to Housing Warehouse
Bus arrives at Support Site

Thursday

Intercultural Relations (ICR) Class in the Theater

Friday

ICR Field Trip

From cooking classes to homemade wine, the Intercultural Relations staff at the FFSC reveal the secrets behind Italian food and culture during the classes they teach. Here, they share the step-by-step process to making limoncello. (Photo by Tiziana Cirillo)

Intercultural Relations

The FFSC staff offers Intercultural Relations (ICR) classes for newcomers in conjunction with Area Orientation. This two-day class is mandatory for all U.S. Navy personnel; other Americans are encouraged to attend. The first day is classroom training spent in the Reel Times 2 Movie Theater or an FFSC classroom. The class helps participants understand and adapt to the Italian culture by learning basic Italian phrases, local customs, shopping tips and dining information.

Additionally, ICR staff teach participants techniques to overcome culture shock, which is the disorientation caused by a living in a different culture. The second day consists of a field trip to help familiarize participants with the city of Naples, the public transportation system and the wonderful Italian people.

A variety of follow-up classes are offered to promote participation in the local culture, such as "How to Make Espresso Coffee," "Italian Holidays and Christmas Traditions in Naples," "How To Make Homemade Wine," "Easy Italian" and many more.

Housing

One of the most pressing set of questions as you prepare for a tour in Naples or Gaeta likely deals with housing. This section will help answer those questions, as well as point out some information about housing and utilities in Italy — information you can use throughout your entire tour.

The Housing Service Center (HSC) assists DoD military, Allied Forces, civilian and contractor personnel in locating housing in the Naples area. The HSC has main offices at the Gricignano Support Site and in Gaeta. Housing also has a one-stop center at Capodichino and a warehouse in Teverola.

The Housing Office is the first stop for hundreds of military and DoD employees. (Photo by MC1(NAO) John Parker)

Assignment Policy

Military Families: All E-1 to O-6 accompanied service members should contact the housing office before your arrival to confirm what the current policy is for assignment to government housing. This will allow housing office to plan ahead to meet all of your housing needs.

If government housing is at full capacity, service members will be required to locate a home on the local economy and may leave their name on the waitlist for assignment to government quarters as it becomes available. Families who choose to live on the local economy will be provided assistance in locating suitable housing.

For those who have been assigned a local sponsor, please have your sponsor contact the housing office and provide them with your arrival date as soon as possible.

Visit the housing office's Facebook page, NSA Naples Housing, for more information.

Navy Lodge

Navy Lodge Naples, located on the Support Site, offers 96 guest rooms and 24 villas. Guests enjoy free weekday issues of "Stars & Stripes," free on-base phone calls, an AM/FM clock radio, an iron and ironing board, cable TV, a kitchenette, a DVD player, a flat panel TV, vending machines, a hair dryer and free Wi-Fi access. Navy Lodge Naples also has a small conference room available for rent and provides fax and copy services.

Navy Lodge Naples has some pet-friendly accomodations available; newcomers or their sponsor must contact the Navy Lodge Naples directly to confirm availability of a pet friendly room prior to arrival.

The Navy Lodge is conveniently located within walking distance of the schools, the Navy Exchange, the Commissary, the Fitness Forum gym, the Child Development Center, the hospital and many other services.

To book your reservation, call DSN: 629-6289 or Commercial: 081-813-3443.

Government Quarters

If you are assigned to government quarters, you will be able to move in relatively quickly if units are available. The size of the allocated unit is based on your family composition and pay grade. Your unit will be furnished with appliances and loaner furniture. You or your sponsor can obtain needed items from the Loaner Locker at the Fleet and Family Support Center until your express shipment arrives. If government units are at full capacity, you and your family may spend a few days in the Navy Lodge while awaiting housing.

Single or unaccompanied E-1 to E-3 service members will reside in Bachelor Enlisted Quarters.

The Human Resources Office (HRO) will explain the Temporary Quarters Subsistence Allowance (TQSA) and the Living Quarters Allowance (LQA) during civilian employee check-in.

Phone numbers and e-mail for the housing office:
DSN: 629-4468 or 4469
Commercial: 011-39-081-811-4468 or 4469
E-mail: M-NA-NSAHSG-Admin-GS@eu.navy.mil
Facebook: NSA Naples Housing

Government housing at the Gricignano Support Site is one of the Navy's premier housing sites. The complex has 971 apartments. Support Site housing is developed in structures containing either six or 12 apartments each. The apartments are designed for both officer and enlisted personnel. Apartments are configured as two-bedroom, three-bedroom and four-bedroom units, and are equipped with central heating and air conditioning, a laundry room with American-style washer and dryer, a microwave oven, a dishwasher, a refrigerator, cable TV, and both 110-volt and 220-volt electrical receptacles. The AFN satellite system and ADSL internet access are available in each home.

Economy Housing

If you are given the option to live on the economy, your first stop will be the Showing Services branch at the Housing Service Center (HSC). The Showing Services staff keep a database with pictures and information on different homes in the Naples area. Showing tours may be set up with one of our counselors who will orient you to the many areas of Naples and explain your options in selecting your new home.

Checking In at the Housing Service Center

- You must complete a check-in briefing, which provides important information regarding services such us Showing Services, TLA, government housing and the economy house-hunting process. This will be done during the Area Orientation Housing Brief, normally on a Friday.
- You need to apply for a "Codice Fiscale," the Italian equivalent of a Social Security number. This is required to establish utility services.
- At the HSC, you can view current rental listings and make a list of homes you would like to see on your showing tour if you qualify for economy housing.

Economy housing consists of a wide variety of apartments and single-family dwellings. Some apartments are duplexes or quadraplexes, and although some may be furnished, almost all are unfurnished. Tenants are usually expected to provide their own appliances. This is the reason for the Navy's Partial Full Tour Furnishing (PFTF) program.

If you find an available house that suits your needs, you may put the property on hold on a first-come, first-serve basis at the housing office. This is called a regular hold, and it gives you two working days to exercise your option: you can either set up an appointment to negotiate a contract hold, or release your hold and let someone else take the property. All regular holds are automatically released after two working days unless you request an extension. During these two days, you may continue to look at other houses.

Once you decide you want a particular rental property, notify the housing office immediately to schedule pre-negotiating and lease negotiating sessions with your prospective landlord.

A contract hold is a firm written agreement between you and the landlord. A contract hold differs from a regular hold in that once you sign a contract hold you are no longer allowed to look at other houses. You are making a firm commitment to the landlord for that property. To break this commitment, you must submit a written statement to the housing office supervisor for review and approval stating why it is necessary for you to cancel the contract hold.

At the time of contract hold, the showing counselor will negotiate with the landlord a fair price for the house you have chosen, as well as any extra amenities you would like to have in the house (air conditioners, screens, ceiling fans, etc.). Please understand that you are not allowed to negotiate new construction to the landlord's house or luxuries (i.e., swimming pools, gazebos, fountains, apartments, kitchens, maid service, or minor yard maintenance).

Once a house is put on contract hold, if it has not been inspected within the last six months, it will be referred to the housing office inspectors for inspection. All houses listed with the Housing Office must go through this safety and security inspection before an appointment can be scheduled for a contract lease signing. This is for customers' protection to make sure the house they have chosen meets all housing department regulations and standards before move-in. Once a house has passed inspection, the counselor will contact the customer and make the necessary arrangements for the contract signing appointment.

Lease Negotiations

Your housing counselor will set up electricity and telephone contracts and enter you into the home-fuel rationing system at the Navy Exchange. Because language barriers can make communication with local landlords a problem, the HSC staff provides landlord mediation, schedules maintenance service, answers utility billing questions and discrepancies, and conducts lease amendments and termination services in English and Italian. You may also elect to have your utility services activated as well as water delivery arranged through the Navy Exchange's Residential Services for a small monthly fee.

At the time of the lease signing, you are required to pay the euro equivalent of two months rent. One payment is made to the landlord as the first month's rent, and must be made electronically; the second is placed in the Navy's General Services Fund as a deposit against damage and can be made in cash. If there is no damage, the deposit money will be returned to you, minus any outstanding utilities owed, at the end of your tenancy.

Signing the Lease

To remain eligible to receive your housing allowance and housing services, including loaner furniture and loaner appliances, you must negotiate your lease through the housing office. If you do negotiate a lease on your own, you will disqualify yourself from these substantial benefits. This policy applies to both military and civilian personnel.

Helpful Housing Tips

All of your allowances are paid in dollars. Your rent and other housing expenses will require payment in euro. Fluctuation in the exchange rate is not uncommon. It is important to keep this fluctuation, or the potential for it, in mind when determining which house will be right for you. For further information, please refer to the "Allowances" section found in this chapter.

Once you sign a lease, the fact that you did not know about some discrepancy with the premises usually is not justification to break the legal lease document, so make sure you thoroughly check out the unit before you sign the lease.

Pets

Residents of government housing are allowed two indoor micro-chipped pets (cats or dogs). There are no quarantine periods for animals brought into Naples. Additionally, there are no kennel options on base. The Navy Lodge has some pet friendly rooms, but they are in limited supply, so contact the Navy Lodge for availability or check with your sponsor before bringing pets.

Electricity

All government housing is equipped with some 110V electricity, so your U.S. standard appliances and electronic equipment will be useable. In the local community, you will be provided with transformers to convert the common 220V to 110V. Remember the 220V/50Hz is converted to 110V/50 Hz, so whether you live on the Support Site or the local economy, clocks and timers will not be accurate. Surge protectors are strongly recommended to help protect your electronics.

Water

Except for those living at the Support Site and Capodichino, bottled water is recommended. Bottled water is provided free of charge to residents of government housing and is easily obtainable at local markets and the Commissary for those living on the economy. All economy leases negotiated through the housing office have a bottle water clause, which requires the landlord to provide bottled water.

The famous, intricately handmade "presepe" (or Nativity scenes) sold downtown at "Christmas Alley" year-round are a must-see for any visit to Naples. (Photo by MC1(NAO) John Parker)

Loaner Furniture

During the contract negotiation, you will also arrange for the use of loaner furniture until your household goods arrive. At this time, the staff will also arrange for delivery of your Partial Full Tour Furnishings (PFTF).

Temporary Loaner Furniture: To bridge the delay between your arrival and the arrival of your furniture, the housing office offers items for your use on a temporary basis. Loaner furniture includes beds, nightstands, dressers, a loveseat, armchairs, end tables, lamps, a coffee table and a dining table with chairs. These are available to both accompanied and unaccompanied personnel. You may keep loaner furniture until your household goods arrive or for 90 days, whichever comes first. Extension requests must be approved through the housing office.

Partial Full Tour Furnishings (PFTF): The Navy Housing PFTF program is available to all DoD military, contractors and civilians with a transportation agreement. You will be provided with all of the items listed below at no cost. You will receive the furnishings if you live in government quarters or on the economy. You will be able to keep these items for your entire tour in Italy.

- refrigerator
- gas stove
- washer/dryer (gas and electric available)
- microwave oven
- kitchen hutch
- voltage transformers (two)
- wardrobes (one per family member and one extra for uniforms per each military member only)
- carbon monoxide detectors

You should not have any of the above items shipped to Italy — place them in storage prior to your departure. American appliances — stoves, refrigerators and washers — are not compatible with Italian electricity. You can bring your small appliances, such as coffee pots, blenders and frying pans, which will work with the transformers included in the PFTF. Lamps and telephones will also work with adaptor plugs. All lamps require Italian light bulbs, which are sold at the Navy Exchange and at stores in town. Most of the Italian lightbulbs use the same size base as American ones; they just configure differently for the 220 volts vice 110 volts.

Your House and Security

Naples is a large city with relatively high unemployment. House break-ins and theft are not uncommon, although horror stories you may have heard are likely exaggerated. You can take several steps to protect yourself and your property from this type of loss.

Arrange for irreplaceable or sentimental items to be stored in the United States while you are stationed in Italy. If your TV is stolen, you can always get another. If your wedding pictures are stolen, you may not be able to replace them.

Review your insurance needs and arrange for renter's insurance. This protects you from having to pay large replacement costs for items. While the government will pay claims for thefts that are not due to your negligence, much of your property will be valued at a depreciated rate. Consider shopping for a policy that will pay replacement value for your property.

After you've moved in, check to see if your parco has a neighborhood watch program. Join it, or help start one if one is not in place. Get to know your neighbors, whether they are American, Italian or another nationality. House break-ins occur mostly during the day; if your neighbors are home during the day, they can help watch your place.

Home Security Strategies

- Inspect your windows and door locks periodically. If they seem weak, worn or deficient, replace them. Don't hide a key outside the door, under mats, flower pots or over doors.
- Do not leave spare keys inside your home. If a burglar breaks in through a window, don't make it easy for him to walk out the front door with your TV.
- Always lock your doors and windows and turn on your home alarm (if equipped), even if you are just going to the corner store or to work in the backyard or garage.
- If you think a burglar is in your home when you arrive, don't go inside. Go to a neighbor's house and call NSA Naples Security at Commercial: 081-568-4911. They will dispatch the Carabinieri. NSA Naples Security is unable to directly respond to disturbances occurring on the economy due to lack of jurisdiction. However, they can have Italian authorities dispatched to your location and have Italian local nationals on staff who can assist you with filing a report.
- Do not allow strangers into your home. Ask your landlord to notify you of any scheduled repairs or maintenance. If you're not sure if a repair person is supposed to be there, don't let him or her inside.
- Close and lock your garage doors.
- Do not advertise your possessions or allow easy access to your home through a door that cannot be seen from the road.
- Be alert for unusual activities or unknown persons loitering in your neighborhood.
- Contact NSA Naples Security at Commercial: 081-568-4911 if you see a crime taking place. (For non-emergency assistance, call 081-568-5638/5639.)
- Leave a radio or TV on when you leave home. This gives would-be burglars the illusion that someone is at home.
- Separate your car and house keys so no one can duplicate your house keys if they are in possession of your car keys.
- If you own expensive jewelry, don't hide it in an obvious place like a clothes drawer or under a bed.
- Keep the outside of your house well lit at night, especially near windows and doors.
- If you go out at night, leave some lights on inside.
- Do not leave ladders unsecured outside your home; this could allow burglars easy access into an upstairs window.
- Do not trust your driveway gate. Many "locked" gates can be popped in seconds by even the most inexperienced burglar. Buy a sturdy chain and heavy lock to give better protection.

Vacation Security Strategies

- If possible, arrange for someone to house-sit while you are gone.
- Invest in clock-timers to turn lights off and on at certain times.
- Have a friend keep up with your yard work and drop by your house occasionally if you can't get a housesitter.
- Move your valuable items so they can't be seen from the windows.
- Do not leave items on your porch, balcony, terrace or lawn if you want them to be there when you return.

Allowances

Overseas Housing Allowance (OHA) and Cost Of Living Allowance (COLA)

Advance OHA: This entitlement is to pay for your first month's rent and deposit. To apply for this, you can get the appropriate forms from the housing office. These will need to be signed by a housing official and your commanding officer or officer in charge.

OHA: The Overseas Housing Allowance is paid to service members who live in privately leased housing at their overseas duty station. Residents of government-leased quarters do not receive OHA. OHA consists of two components: rent, and utility and recurring maintenance allowance.

The rent portion of OHA is computed based on your actual rent up to a maximum amount determined by your rank and whether you are accompanied or unaccompanied. The rates are based upon actual rents reported by service members and are set to cover the rent paid by 80 percent of service members with command-sponsored dependents within each pay grade. You are not limited by your rental ceilings; however, if your rent is above the ceiling, you pay the difference out of your base pay.

The Utility and Recurring Maintenance (URM) allowance is provided to help defray expenses paid to utility companies and for maintenance. The URM is based upon the 80th percentile of all data supplied in the annual OHA Utility Survey. The allowance for rent and URM are added together and appear as one allowance on your leave and earnings statement.

Moving in Housing Allowance (MIHA) is a one-time payment to help you pay for items such as light fixtures, toilet seats, extra cabinets, wardrobes, electrical transformers and adapters, screens security systems, and so on. It is designed to cover the cost of items you must purchase to make your privately leased housing safe and comfortable. It is not paid to members who occupy government-leased quarters. You must apply for MIHA after you have signed your lease.

The rates for the individual components of OHA for Naples, Italy are determined by data supplied by service members living on the economy; therefore, it is important to maintain complete records of rent and utility payments.

Keep a file with all of your receipts and a notebook to record all your expenses for rent, utilities, repairs and maintainance, as well as what you spend to make your house ready to live in. If you do, you will have accurate figures to report when it is time for the annual OHA survey.

Additional information on the latest rates for OHA and MIHA can be found at the Defense Travel Managment Office (DTMO) home page: *http://www. defensetravel.dod.mil/site/ohaCalc.cfm.*

COLA: Cost of Living Allowance is paid when the cost of living is higher at an overseas duty station than in the United States. COLA helps to pay for things you buy on the economy that are more expensive than comparable items back home. The COLA index is a percentage that represents the difference between the cost of a "market basket" of goods and services in Naples and the United States. A COLA index of 110, for example, means that prices in Naples are 10 percent higher than in CONUS. This does not translate into a 10 percent increase in your paycheck however, because COLA is calculated based on your average spendable income —total income minus housing expenses, taxes, savings, life insurance, gifts and contributions, and whether you are accompanied or unaccompanied. The amount of COLA that you receive depends on your rank, length of service and number of family members.

IMPORTANT NOTE: Because OHA, COLA and MIHA rates are set in euro currency and service members are paid in U.S. dollars, fluctuations in the exchange rate will cause your paycheck to vary. When planning your budget, you cannot count on a particular dollar figure each paycheck. It is more prudent to focus on the amount of euro you will need each month for rent, utilities and other expenses. The Defense Travel Management Office closely monitors changes in the exchange rate and resets the rate so that under- and over-payments are zeroed out over time.

Overseas Housing Allowances and Overseas Cost of Living Allowances are available at *http://www.defensetravel.dod.mil/site/allowances.cfm.* Rates are usually updated every two weeks.

Naples Community Health Awareness

In response to concerns from U.S. personnel regarding potential health impacts of waste management practices in Italy's Campania region, Commander Navy Region Europe, Africa, Southwest Asia requested in late 2007 that the Navy and Marine Corps Public Health Center conduct a Public Health Evaluation (PHE). The purpose of the study was to determine if there were any potential public health hazards to U.S. personnel from exposure to air, tap water, soil and soil gas while residing in the Naples and Caserta provinces of Campania.

The PHE found the potential health risks for living off-

base can be mitigated by following established risk-management actions. The PHE was completed in two phases, with the results reported in publicly accessible documents. Phase I environmental sampling was conducted between May and November 2008, and consisted of two components: 1) a one-month regional ambient air monitoring program, and 2) environmental testing of 10 U.S. government-related facilities and 130 residences leased by U.S. personnel. Phase II environmental sampling was conducted between November 2008 and October 2009 to expand the geographic distribution of the sampling locations in the study areas. For Phase I, the residential sampling locations were based on proximity to known or suspected waste sites, as designated by the Agenzia Regionale per la Protezione Ambientale della Campania (ARPAC). During Phase II, 209 residences leased by U.S. personnel were sampled and the duration of the regional ambient air monitoring program was extended for one full year (July 2008 to July 2009).

In total, 543 residences occupied by U.S. personnel were sampled during Phase I and Phase II. A variety of media, including air, tap water, soil and soil gas, were sampled and analyzed for 241 chemicals and microorganisms (e.g., fecal and total coliforms). Additionally, four epidemiological studies and a limited U.S. Navy Commissary food study were conducted, spanning both phases of the Naples PHE. The results of the epidemiological and food studies were published between October 2008 and June 2010.

Finally, investigators reviewed available European Commission and Italian environmental, epidemiological, and public health reports for Italy and the Campania region for information that might be applicable to the conduct of the PHE and its conclusions and recommendations.

The Phase I and II reports, along with fact sheets addressing commonly asked questions and a detailed timeline of study components, are available on the Naval Support Activity Naples Community Health Awareness website: *http://www. cnic.navy.mil/Naples/About/HealthAwareness*. If you have a concern about your specific health risk and how the study relates to you, contact the Environmental Health Information Center (EHIC) at the U.S. Naval Hospital Naples at DSN: 629-6299 or Commercial: 081-811-6299.

Findings and Risk Management Actions

While the scope of this study was unprecedented, the majority of the risks to Navy personnel centered on drinking tap water (primarily from wells or a blended system of city and well water). The Navy issued the "bottled water advisory" in July 2008, which states that U.S. personnel living off base should use bottled water for drinking, cooking, food preparation, making ice, brushing teeth and for pets.

Throughout the Public Health Evaluation, the U.S. Navy established health protective policies and took immediate action, when necessary, to protect the health of U.S. personnel and their families. The risk management analysis determined that many of the health protective policies established during Phase I and Phase II will continue, as well as new policies implemented to ensure continued health protection.

The enduring health protection policies are as follows:

- Maintain the July 2008 bottled water advisory for U.S. personnel living off base.
- Maintain the New Lease Suspension Zone (NLSZ) areas, based on U.S. Navy and Italian environmental sampling data. In these zones, U.S. Navy personnel are not permitted to sign new rental home leases.
- Maintain the U.S. Naval Support Activity Naples PHE website, the U.S. Navy Environmental Health Information Center (EHIC) and the U.S. Navy Regional Water Quality Board.
- Maintain the health-protective U.S. Navy lease clauses for private off-base rental homes:
  - Landlords must provide containerized water service from a Navy-approved vendor.
  - Leased homes must be supplied by city water or permitted wells. Landlords must disconnect all non-permitted wells and provide proof of connection to the city water system or that the well is permitted.
  - Landlords must clean and disinfect domestic water holding tanks every six months.
- U.S. Navy personnel residing in the Campania region for more than six years will receive targeted public health education.
- U.S. Naval Hospital Naples will hire a bilingual public health specialist to monitor environmental and public health issues in the region.
- The U.S. Navy will continue to share data with designated Italian public health officials.

The PHE is finished and the risk management actions described above will assist in ensuring continued health protection for U.S. personnel residing in the Campania region. For more information on the PHE, visit *http://www.cnic.navy.mil/Naples/About/HealthAwareness* or contact the EHIC at DSN: 629-6299, Commercial: 081-811-6299.

Living in Italy

Living in Italy can be a unique and rewarding experience, but you'll find that many things in Italy are different from what you've become accustomed to in the United States. The following information points out some of these aspects that relate to running a household in Italy.

Electricity in Italy is 220 volt, 50 cycle. This is different from the U.S. standard of 110 volt, 60 cycle. This means that you will need a transformer or converter to use your U.S. appliances. Additionally, a surge protector is strongly recommended for all appliances. For those living in government quarters, the units are provided with American 110-volt, 50-cycle electricity. Your lamps will work if you use Italian light bulbs. Your clocks that plug in will not keep accurate time due to the difference in cycle. You may want to use battery-operated or wind-up clocks.

Heating your house safely during winter in Naples is a must. The climate in winter is like the Northwest coast of the United States — wet, rainy and sometimes cold. Although it

very rarely snows in Naples, the surrounding mountains do get snowfalls. When searching for a home during the summer, keep the possible cost of heating in mind.

Bombolas are gas tanks used to power many Italian homes. They are efficient, convenient and relatively inexpensive, but if you don't use them properly they can be deadly. Improperly ventilated bombolas can produce carbon monoxide. Please ask for proper safety and installation instructions before using a bombola for the first time.

Italy, like the United States., puts a chemical into the otherwise odorless natural gas to give it a noxious smell and alert you to leaks, but you must take care to install the bombola correctly.

The bottles come with a valve on top for opening and closing, and a nozzle that comes out of the side of the top. This is connected to a regulator valve, which is connected to a special rubber hose, which leads to your heater, dryer, etc. The safest arrangement is where your bombola is outside, connected to a hose that leads into the house.

Check the hoses and clamps periodically; replace anything worn. Hoses, clamps and regulators are sold at the Navy Exchange and at Italian hardware stores. Check the regulators for any signs of wear, especially for nicks or deformities around the fitting that goes on the bombola nozzle; get a new one if you have any doubt. When you connect the regulator to the bombola, always use a cork washer (these are provided with the bombola; if you don't get one, ask for one). Use a new cork washer each time. DO NOT re-use these washers, as gas could leak out around an old one. Tighten the regulator with a wrench (the threads are counter-clockwise). Hand tightening is not enough to prevent a gas leak.

Check all the connections with a mixture of dish liquid and water — bubbles indicate a leak. NEVER use a match to check for gas leaks.

If you get your bombola from a gas station or delivery service, it will have been inspected for safety. But it is still prudent to check it out, particularly the nozzle leading to the regulator. If the threads are damaged or the bombola looks unsafe in any other way, don't accept it — demand another one.

Most bombolas should be "bled" before you hook them up. This is because even with the most careful filling method, a little air may still enter the bottle. Take it outside, point the nozzle away from you, and open the top valve for a few seconds. Obviously, don't smoke while you do this, and don't do it near the barbecue or anything else that can cause a spark.

Both kerosene and bombola heaters heat with an open flame. Consequences of this include, of course, the fire hazard, but also that the flame burns the oxygen in the air and creates carbon dioxide and carbon monoxide as well as water vapor. Therefore, never use such a heater in an unventilated space. Cracking open a window in the room seems to defeat the purpose of running the heater, but losing a little heating efficiency is better than losing your life to asphyxiation.

If you or a family member starts to exhibit symptoms of carbon monoxide poisoning (dizziness, headaches, disorientation, etc.), get out of that room and into fresh air, and call the hospital or have a neighbor do so immediately.

Also — and this cannot be emphasized enough — never, never go to bed and leave a space heater on. Even an electric heater has a potential to be a fire hazard. Also, as an added precaution, you should turn off the top valves on your indoor bombola overnight. The NSA Fire Department gives bombola safety training, and the department should be consulted if you have any questions.

Some of the clothes dryers given out under the Partial Full Tour Furnishings program are electric-gas ones. The timer, controls and the tumbler motor are electric and the heat is provided by gas. If you don't have a connection to a bulk source — not unusual in Italy, as most Italians don't have dryers — you will have to connect it to a bombola, a metal tank similar to those used for gas grill units.

Planning ahead for your move will help make the transition go smoothly. As you will discover, there are many creative ways here in Naples to get your goods in and out of small buildings. (Photo by MC1 (NAO) John Parker)

Utilities

When you live on the local economy, Italian companies will provide all of your utilities, including telephone service. The utilities vary according to the unit you choose. Information about the utility requirements and payments will be given to you during the house hunting process.

Your utilities and telephone will be set up when you sign your lease. The housing office will assist you through the installation process, but the housing office does not have control over the local utility or telephone companies. Appointments for installation will be arranged according to the utility company's requirements. The service may not meet your expectations, and most newcomers obtain a mobile phone.

If at any time during your stay in Italy you have problems with your utilities or telephone, the Navy Exchange Residential Services Office can help you communicate with the company to resolve them.

Residential Services Office at the Navy Exchange

The Naples Navy Exchange (NEX) Residential Services Office offers quality of life services for residents living in Naples.

Residential Services offers customers living on the economy tax-free electricity, phone and Internet contracts, plus home heating gas delivery and Culligan water home delivery.

Customers using the NEX Residential Services Office do not pay Italian taxes, resulting in an approximate 16 to 20 percent savings on utilities.

On-base residents are offered Internet service, Culligan water home delivery, and expanded TV service, which includes 30 Sky channels, plus pay-per-view and AFN.

Everyone can apply for a "Telepass" at the NEX Residential Services Office. This service, similiar to Easy Pay or Easy Pass in the U.S., allows you to pay highway tolls electronically without stopping at a toll booth. This is a quick and time-saving way to travel on toll roads all over Italy. You pay later with your credit card or bank card.

Residential Services associates speak both English and Italian. Bills are in English and paid in U.S. dollars at the NEX. You may also request automatic billing.

Water, Sewage and Garbage Service

Most landlords keep these services in their names and figure them into your rent or parco fees. If you find a place where these are to be in your name, ask housing office personnel for assistance in billing procedures.

Be aware when looking for a house that a bottled water advisory is in effect for all U.S. personnel residing in the Campania region. Bottled water is provided by your landlord via a clause in your lease. Bottled water should be used for drinking, cooking, pets, etc.

Also, check to see if the house you are interested in has a water reservoir and make sure the pump works. In the suburbs especially, the water pressure can get very low during summer days. A water reservoir will fill at night when there is pressure, and the pump will pump water from the reservoir when the pressure drops. If your house doesn't have this arrangement, you could face long spells without water during the summer.

As many of the houses rented by Americans are in the suburbs, many have septic tanks instead of being connected to city sewers. Emptying the septic tank can be either the responsibility of the tenant or the landlord. This can be brought up at the housing office at your negotiation session. Make sure you know how to check the tank and who to call to have it emptied (usually the landlord will call the company he or she uses). You may want to have the landlord empty the tank before you sign your lease; this can be brought up at your lease pre-negotiation session.

Check to see where you should put your garbage and when the collection days are, as well as any limits on what can be collected. In single-family dwellings, you usually put the garbage just outside your gate. In apartment complexes, there is usually a dumpster or two nearby for you to use.

If you leave the garbage outside your gate, you should invest in a dog-proof container of some sort; otherwise, local dogs and cats can spread your garbage around.

With newly renovated rooms at the Navy Lodge, your stay will be a comfortable one. (Photo by MC2 (SW/AW) Felicito Rustique)

Automobiles & Motorcycles

The military community in the Naples area is spread out among various locations, so a car may be a necessity, depending on your circumstances. Transit time for privately owned vehicles (POVs) to be shipped from the United States to Naples can be up to three months. Rentals are expensive, but there is a substantial used-car market here, with vehicles advertised weekly in "Panorama" and through fliers around the base. Italian public transportation, bus, train, taxis and Navy-sponsored shuttles are also available.

Shipping Your POV

The Personal Property Shipping Office provides information on how to arrange for shipment of your POV.

Military and DoD civilains are allowed to ship one POV overseas from the United States at government expense. The shipped vehicle enters Italy free of import duty (tax). The Italian Ministry of Finance (customs) authorizes DoD and NATO personnel to register up to three POVs per family. The second and third vehicles (car, motorcycle, truck or van) are subject to annual Italian road taxes.

When turning in your POV for shipment, you must ensure that the vehicle identification number (VIN) shown on shipping documents matches the physical description of the POV. An error may cause a delay in receiving the vehicle and prevent Allied Forces Italy (AFI) registration of the vehicle.

There are no restrictions as to color, age, dimensions or special lighting of imported POVs. Vehicles shipped must be in mechanically safe operating condition and undergo a safety inspection before registration.

Estimated transit times are 45 to 60 days from East Coast ports and 55 to 90 days from Gulf and West Coast ports.

The purchase of a large new car just before leaving the United States is not recommended, but if you have a newer automobile and would incur costs by disposing of it, by all means bring it. Driving conditions in Naples are not what they are in the United States, so a big car will be more difficult to negotiate through narrow Italian streets and under congested, erratic driving conditions.

Only two U.S. insurance companies are authorized to insure U.S. vehicles shipped to Italy: USAA and GEICO. Both companies have offices in the United States, and it is recommend that you coordinate an insurance policy prior to your arrival if you plan to ship your vehicle.

Importation of Motorcycles: The Italian Department of Motorization defines a motor vehicle as either an automobile or a motorcycle with engine power exceeding 1.5 HP and engine size exceeding 50 cc. Therefore, in accordance with DoD rules, you can ship one motorcycle or moped with your household goods, but you must pay Italian road tax when it arrives and is registered. Plates will be not issued for those less than 50 cc. All mopeds, motorbikes and motor scooters shipped with household goods are entered tax free, but must be licensed and registered with the Central Motor Vehicle Registration Office (CMVRO) prior to use on the road.

To effectively clear customs by local port officials, all mopeds or motorcycles shipped with household goods must be packed in a separate container (Container #1). Crate must be properly marked on the outside of the crate that this shipment contains a motorcycle or moped.

A copy of the title and registration, the member's orders, GBL and inventory regardless of destination must be sent to Personal Property Shipping Office, Attn: Motorcycle Clearance, PSC 808 Box 42, FPO, AE 09618.

Failure to comply with this requirement could result in the return of the motorcycle or moped, confiscation by Italian customs authority, fine or penalty and payment of importation fees.

Note: Imporation of all-terrain vehicles (ATVs), three-wheelers and off-road motorcycles is highly discouraged.

AFI Vehicle Registration

Each service member or DoD civilian is authorized to register a maximum of three vehicles through Central Motor Vehicle Registration Office (CMVRO). When you register your auto or motorcycle with the CMVRO, the vehicle will be entered into the AFI Vehicle Registration System, and you will be issued Italian cover plates free of charge. You will be required to pay a one-time registration fee of €20 for each vehicle you register in the AFI system.

If you register more than one vehicle, the second and third vehicles are subject to payment of Italian road taxes. Road taxes are based upon the size of the engine and age of the vehicle (Euro Classification) ranging from €5 to €40 per month.

Each year, one month prior to your registration anniversary month (i.e. register in July and revalidate in June), you will be required to revalidate your registration before you can receive your tax-free petroleum products. Upon receipt of any required fees, CMVRO will update your vehicle registration and renew your tax-free petroleum ration. All vehicles must meet the criteria set forth in the NSA Naples Instruction 11240.19 series and the NSA Naples Instruction 11240.26 series. Vehicles failing to meet inspection criteria will have gas rations suspended until appropriate repairs have been made.

To comply with the Status of Forces Agreement, all registration services must be done in the name of the sponsor. Local hires and dependents are not granted Allied Forces Italy (AFI) vehicle registration privileges. If the previous title or registration is in the name of the dependent, you will be required to transfer ownership into the name of the sponsor.

Documents required for registration:

- Valid original vehicle title, previous registration or certificate of origin (with no liens or with written authorization from the lien holder acknowledging vehicle description, location and amount and term of lien);
- Proof of insurance (originals only);
- AFI driver's license;
- Proof of eligibility: military/civilian ID and PCS orders;
- Shipping documents/importation documents/safety inspection;
- Applicable registration fees (€20 and road taxes, if applicable);
- DoD civilians also need a Letter of Logistical Support from the human resources office or the Staff Judge Advocate establishing the employee as part of the "civilian component" as defined in NATO Status of Forces Agreement (SOFA), as well as a copy of their sojourner's permit (or application receipt).

Documents the sponsor will receive after registration:

- Original Military Registration and Certificate of Title of Motor Vehicle;
- Italian (cover) license plates;
- Petroleum products authorization.

Motorcycle/Mopeds: To operate any motorcycle or other two-wheeled vehicle, the registered owner/operator must be 18 years of age and have a motorcycle endorsement on his or her U.S. license. Also before registration and licensing, all individuals must show evidence of successfully completing an approved motorcycle safety course here in Naples.

Driving in Naples comes with its own set of rules; don't expect Italian drivers to follow the "rules of the road" as Americans know them. (Photo by MC1 (NAO) John Parker)

Driver's License

Any person desiring to drive in Naples must have a current U.S. driver's license or a valid license from another country. As stipulated in the Status of Forces Agreement (SOFA), eligible drivers must obtain an AFI driver's license by attending a local traffic safety driving course and passing a 48-question road sign test. The exam is given during Area Orientation immediately following the mandatory Local Driver Safety Orientation Briefing.

Your AFI driver's license will be valid for five years as long as you maintain a valid ID card. AFI driver license privileges are not authorized for members separating or retiring overseas, so please plan accordingly. We highly recommend you renew your U.S. license before coming to Italy. (Do not assume your state has a military exemption or extension clause; check with your local Department of Motor Vehicles or Department of Licensing to be sure.)

If you plan trips to other European countries, an international license, available through AAA offices, may be required.

Note: Regardless of U.S. licensing, individuals under 18 are not allowed to drive in Italy.

For more specifics, see NASUPPACT INST. 11240.29D.

Gasoline and Oil

Gasoline and oil are made available to DoD personnel in Italy on a tax-free basis at a substantial discount over the local market prices. Rationed coupons are sold through various Navy Exchange outlets in the Naples and Gaeta areas. These tax-free gasoline coupons help make fuel prices here comparable to those in the United States.

The basis for tax-free gasoline is the sponsor's need to commute from home to work as an official duty. The ration amount and fuel type depend on the primary registered vehicle's engine size, engine base horsepower and fuel requirement. Your monthly tax-free fuel authorization is either 100 liters, 200 liters (for an engine above 660 cc), 300 liters (for an engine above 1200 cc) or 400 liters (for a 6-cylinder engine above 2465 cc). Rations for motorcycles may not exceed 200 liters per month. The intent of this tax-free fuel ration is designed to allow no less than 1,000 kilometers of tax-free travel each month. For most registrants, your tax-free fuel ration will accommodate your transportation needs.

Purchasing Gas

The use of gas coupons is only authorized at AGIP and ENI stations.

When purchasing gas, be aware of the person filling up your vehicle. Most gas stations are full-service. After you pull up, the attendent will often direct you forward using the word, "Avanti." Once you have stopped, tell the attendant how many "litri" you want, then sign your coupons after the attendant fills up the vehicle. Coupons must include signature, plate number and date. Selling, bartering, lending or giving coupons or the product itself to any person, or buying or borrowing from any person is prohibited. Illegal use of coupons is a violation of the Uniform Code of Military Justice and Italian fiscal law.

Spare Parts

Supply of parts and maintenance for American cars is often inadequate. It is a good idea to include spare parts for your vehicles in your household goods shipment, as many items are not readily available through the Navy Exchange and auto parts are expensive on the Italian market. However, the Navy Exchange continues to improve its auto parts service, and parts may be ordered and received in about four to eight weeks.

Basic items and information to ship:

- Detailed maintenance manual;
- Two sets of spark plugs;
- Four oil filters and four air filters;
- Two sets of belts;
- Name and address of mail source for parts;
- One complete set of brakes.

DO NOT ship extra parts — or anything of value — in the car itself, as items may be missing by the time the vehicle arrives.

Auto Insurance

Vehicle insurance for the Naples area is expensive; the cost depends on the vehicle's make, model and year, and age of the driver. Vehicles shipped at government expense cannot be released for registration and use without proof of valid insurance.

Third-party liability insurance is mandatory in Italy for all autos, trucks and two-wheeled vehicles over 50 cc engine

displacement. Policy conditions and premiums are established by law and are standardized throughout the country. Premiums vary according to the horsepower of the vehicle and the location of registration. If a vehicle has been insured with only minimum coverage, liability for death or injuries to passengers in that automobile is not covered. To provide this insurance, the owner must specifically ask the insurance agent for coverage.

Comprehensive and collision coverage are not included in the compulsory insurance; they are optional and specifically must be requested. In addition, comprehensive and collision coverage is not always available through Italian insurance companies. Many U.S. insurance companies are not licensed in Italy.

Check with your insurance company and the nearest government transportation office concerning insurance coverage during shipment overseas. It is a good idea to have new policies become effective upon arrival of the vehicle in Italy.

WARNING!

Cancellation of insurance or any other failure to maintain required coverage may be sufficient grounds for immediate termination of all registration and driving privileges.

Purchasing, Selling and Scrapping

You can purchase new American cars, as well as foreign models, from various sources on and off base. Make sure that any car you buy has all the equipment required for registration and for driving on base, including seat belts and child protective restraints. Automobiles other than Italian makes, when bought in Italy, are imported duty free and deliveries can be made to Naples. In addition, when buying Italian cars you are exempt from paying the Italian government excise tax.

The sale of AFI-registered vehicles, purchased locally or shipped to Italy at government expense, are subject to the following restrictions:

- You are prohibited from selling your vehicle to Italian or other European nationals on the local economy.
- You can sell your POV to assigned NATO personnel who are eligible for AFI vehicle registration privileges (except Italian military).
- You can sell your vehicle to eligible U.S. personnel who have AFI vehicle registration privileges.

The vehicle you import, if you are not shipping it back to the United States, must be properly disposed of prior to your departure from Italy via one of the following methods:

- Sale to another AFI-eligible registrant;
- Driving to your new European duty location (restrictions apply);
- Shipping your vehicle to your new duty location via government contract or commercial shipping company;
- Scrapping the vehicle with the CMVRO under Italian customs supervision;
- Nationalization and payment of value added taxes (VAT) and importation fees (30 percent or market value) for member separating or retiring in Italy.

NOTE: If you're on vacation or out of the local area and your vehicle becomes inoperable due to accident or mechanical failure, please contact the CMVRO immediately. Your vehicle is under customs supervision and cannot be salvaged locally without the payment of customs taxes (VAT and importation) and customs brokers fees which are cost prohibitive. Please call the CMVRO for detailed information and assistance with Italian customs laws if you must scrap your vehicle for any reason — the CMVRO will save you thousands of dollars!

Vehicle Rental

Vehicle rental is available on base through EuropCar. If you plan to rent a car (after you obtain your AFI driver's license) while you are waiting for your vehicle to arrive from the United States, CMVRO can issue a temporary tax-free fuel ration. This temporary ration can be used to purchase tax-free gasoline and oil coupons at Navy Exchange outlets. Restrictions apply. Contact CMVRO for specifics.

Renting a car is outside the scope of the NATO fuel coupons, an arrangement made through NATO and Italian ministries. Once you register your primary vehicle, you can only purchase fuel coupons based on the primary vehicle's required type of fuel. For example, you cannot purchase diesel fuel coupons for a rented vehicle if your primary vehicle runs on unleaded.

Additional Information on Motorcycles

Riding motorcycles on Italian streets can be more dangerous than in the United States because traffic here is less regulated and road conditions are more hazardous. However, Italian drivers are generally more aware of motorcycles, as the motorcycle is a major means of transportation here.

A motorcycle may be shipped at government expense as part of your household goods shipment. However, it is highly recommended that it be shipped in a separate crate, as motorcycles often take longer to clear customs. Ensure that the make, model and chassis numbers are clearly marked on the inventory of your household goods.

There are no provisions for storage of a motorcycle should you decide after arrival that you do not wish to drive your motorcycle in local traffic. All motorcycles shipped in household goods must be registered with CMVRO as soon as they arrive to avoid penalty fees from Italian customs.

You are required to have a motorcycle endorsement from your state on your license before you can register any motorcycle. The motorcycle, scooter or moped must be registered in the name of the sponsor who is listed on the permanent change of station orders. If the sponsor has no endorsement, and the spouse will be the operator, the authorization letter will state such, and the spouse will be required to maintain the required certifications.

Upon your arrival it is important that you take your shipping documents for a motorcycle, scooter or moped to the Personal Property Office so that you can begin the proper custom clearance procedures and prevent delays. Once the motorcycle, scooter or moped is delivered, the member on orders must recieve a Letter of Authorization from the NSA Naples Safety Office. This letter must be obtained prior to registration of the two-wheeled vehicle. To obtain this letter, you must show proof of a motorcycle endorsement on your license, provide a copy of any motorcycle safety course you have completed, and provide the year, make, model, engine sized and VIN number of the motorcycle. Per NAVSUPPACT Naples Instruction 5100.11, all new arrivals in Italy must complete the Experienced Riders Course, the Motorcycle Operators Skills Test or the Military Sport Bike Riders Course on their own motorcycle within 30 days of registration.

NSA Naples Safety Office has trainer bikes available and offers a free Basic Riders Course twice a month during the summer and monthly from October through March. This course is accepted by most states for the purpose of obtaining a motorcycle endorsement. To enroll in a motorcycle safety course, call Commercial: 081-568-5594.

There are some popular locations where scooter or moped rentals are availible. It is obligatory per OPNAVINST 5100.12H that active-duty military who ride a motorcycle, scooter or moped on or off base must successfully have completed a motorcycle safety course within the past three years.

Helmets must meet Department of Transportation (DOT) or Economic Commission of Europe (ECE 2205) specifications. At a minimum, helmets for wear on a motorcycle must be 5/8ths: this means the hard shell must cover the bottom of the ear. Half helmets, even those approved by the U.S. Department of Transporation, are not legal to wear in Italy on motorcycles 125 cc and above.

Rules of the Road

The following are some basic rules that govern driving in Italy. While driving you are required to have a valid driver's license with Italian translation, a Military Registration and Certificate of Title of Motor Vehicle, and proof of insurance. If any of these are lost or stolen, report it immediately.

Drunken driving is an extremely serious offense in Italy. A blood alcohol level of 0.05 is positive proof of drunk driving. Refusal to submit to a breathalyzer or blood alcohol content (BAC) test results in immediate loss of the license for six months, a possible fine from Italian authorities and loss of base driving privileges for one year.

If you have had too much to drink, leave your vehicle and take a taxi. The Naples Area Chief Petty Officers have established a year-round service called Tipsy Taxi as a free, no-questions-asked service for those who may have had too much to drink or feel incapable of driving.

Upon arrival in Naples, you will notice driving habits are considerably different from those in the United States. While at first there may seem to be no logic to the traffic patterns, a closer look will show that there are distinct rules of the road. Learning these rules and some local driving customs will help you adjust quickly to driving in Naples. Because of the often congested roads and the hurried pace of the traffic, absolute alertness while driving is of the utmost importance. Due to the seemingly wild driving nature of Neapolitan traffic, it is not enough to only exercise the same caution in driving that you would at home. You must be more aware of the other drivers around you and what they are doing. Never believe that the other driver sees you. Search 12 seconds ahead at all times, evaluate the actions of other drivers and be prepared to execute a response to their actions in advance, rather than trying to react and finding yourself out of time and space. This will help you to avoid a traffic incident.

Many intersections have no stop lights or traffic control. The vehicle on the right has the right-of-way, unless there is a stop sign.

Low beams are now required by law on main highways or darker roads. Headlights should always be turned on in tunnels. Flashing headlights are also used to signal the approach to stopped traffic at crossroads or to signal slower vehi-

The Central Motor Vehicle Registration Office (CMVRO) is located in the Support Site Village Forum Each individual must register his or her vehicle through the CMVRO. (Photo by MC2 (SW) Michael Campbell)

cles to move right and permit a faster vehicle to pass. When a car behind you flashes its lights, move to the right lane as soon as it is safe to do so.

Although some drivers may take what seem like unnecessary and dangerous chances to gain only a few feet of road space, Italian law requires you to allow overtaking traffic to pass you.

While horn blowing is technically illegal in many Italian cities, it is loosely enforced. Many people blow their horn to signal they are approaching an intersection or intend to pass.

Drivers also commonly use their hazard lights to signal danger, especially in slow or stopped traffic.

Do not pick up hitchhikers.

Stricter DUI/DWI Laws

A 2010 Italian traffic law (Legge 29.07.2010 n° 120) prohibits drivers 21 and under from having any alcohol whatsoever in their systems, meaning a blood alcohol content (BAC) reading greater than .00 is a violation of the law. This also applies to drivers with less than three years of driving experience and commercial drivers who could be terminated from their jobs for driving under the influence.

If a driver has a BAC reading of .05 to .08 grams per liter, fines will be levied from €500 to €2,000, along with the suspension of a person's driver's license for a period of 90 to 180 days. Penalties may include detention of up to one month, or social services as deemed fit by the judge.

For a BAC reading of .08 to .15 grams per liter, fines will be levied from €800 to €3,200, along with suspension of a person's driver's license for a period of 180 to 365 days. Violators may be sentenced to detention of up to three months, or social services as deemed fit by the judge.

For a BAC reading above .15 grams per liter, fines will be levied up to €6,000, along with the suspension of a person's driver's license for a period of one to two years. Violators could face detention of up to six months, or social services as deemed fit by the judge.

If in any instance a blood alcohol content test is denied, the suspect can be fined from €2,500 to €10,000. Should the suspect be involved in a traffic accident, the amount levied will increase from €3,000 to €12,000.

For drivers under the influence of drugs, fines levied are from €1,000 to €4,000, along with detention of up to three months or social services as deemed fit by the judge. Driver's license privileges will be suspended from six months to one year.

Driving Without a Valid or With a Revoked License

Fines range from €2,257 to €9,032. Should the person be convicted of the same crime within a period of two years, the subject can be detained for a period of one year.

Use of Cell Phones

Use of cell phones while driving is not permitted unless the driver is using a speaker phone or an earpiece. Hands should not be used to operate any mobile device while driving. Fines range from €148 to €594. Should the person be convicted of the same crime within a period of two years, the driver's license can be revoked for a period of one to three months.

Tangenziale

If you have to travel to and from work via the Tangenziale, Naples' major tollway, you will have to decide how to pay for the toll at each exit. One way through the toll currently costs €0.90 and can be paid at one of several manned booths.

An alternative to physically handing over money each time is to use a "Telepass." The Telepass works at all tollbooths in Italy. You can apply for a Telepass at the Navy Exchange Residential Services Office at the Support Site. You are required to have a major credit card. A monthly service fee of €5 is charged to your charge card account. Monthly usage charges are then deducted from your charge card account.

If you're interested in obtaining a Telepass, contact the Navy Exchange Residential Services Office at 081-813-5321. It takes approximately five to seven working days to process the request for a Telepass.

Traffic Tickets

During your tour, you may receive a traffic ticket. The Italian police usually issue them on the spot, but your plate number could be taken down and a ticket mailed to you at a later date. If you receive one in the mail, do not ignore it. The fine you will have to pay triples 15 days after the day it was mailed.

If a uniformed Italian police officer along the side of the road is waving at you using what appears to be a lollipop stick (a red circle on a white disc), the officer is saying, "Pull over," and you must do so.

If you are stopped, do not be disrespectful. If a communication gap exists and the officer writes you a ticket for a violation you cannot understand, accept it and bring it to the NSA Naples Security Department for clarification.

Most tickets can be paid on the spot. This is legal in Italy (and in many other European countries) and not a bribe. If you elect to pay, the police officer will give you a receipt. And that is that. You'll hear nothing more about it. Keep the receipt.

For the more serious traffic violations, however, the fine cannot be paid on the spot. These violations may result in a criminal charge. If you receive a notice of this nature, bring it to the Naval Legal Service Office (NLSO) for advice and appropriate action.

Italy has recently implemented the "Tutor" system on its highway systems. Tutor is an electronic speed control system that records the time spent to cover a given distance and calculates the average speed of a vehicle.

A person exceeding the speed limit by 40 kilometers per hour to 60 kilometers per hour will be fined from €370 to €1,458, and driver's license privileges will be suspended from three to six months. Should the person be convicted of the same crime within a period of two years, the driver's license can be revoked for a period of eight to 18 months.

For a person who exceeds a speed limit by more than 60 kilometers per hour, fines will be levied from €500 to €2,000 and driver's license privileges will be suspended from six months to one year. If a person is convicted of the same crime within a two-year period, the driver's license will be revoked indefinitely.

There are many methods of public transportation available in the Naples area, including the metro (subway), trains, and buses. (Photo by MC2 Glenn S. Robertson)

Vehicle Accidents

In both major and minor accidents, obey the Italian authorities. They have jurisdiction and can arrest you if you do not cooperate fully. Also, red plastic triangles are required by Italian law and should be put on the road to caution other drivers of an accident. In addition, orange traffic safety vests must be worn by anyone who who must exit a vehicle that is stopped on the side of the road or in traffic. These are available at the Navy Exchange Autoport and on the local economy. They should be carried in your vehicle at all times.

Under no circumstances should you attempt to argue fault with Italian law enforcement personnel.

In the event you are involved in an accident, certain procedures must be followed. The steps to be taken will depend upon whether the accident is classified as minor (no injuries or deaths in either vehicle) or major (injury or death of a passenger in either vehicle).

Minor accidents:

- Exchange license data, name and address, insurance company, policy number and vehicle tag numbers. Insurance data is located on the windshield insurance sticker.
- Do not leave the scene until information is exchanged.
- Try to obtain names and address of witnesses.
- Report the incident to your insurance company within 48 hours.
- It is necessary that all accidents be reported to the NSA Naples Security Department via the Emergency Dispatch Center. If there are no injuries and no medical response is required, report the accident by calling the non-emergency line at Commercial: 081-568-5638.

Note: Generally, minor accidents are a matter between individuals and their insurance companies.

Major accidents:

- Assist the injured, if possible. Italian law requires that you render assistance to anyone injured in a traffic accident, whether you also were involved in the accident or were just a passerby.
- Under Italian law, you may be required, when possible, to transport the injured. This should be done as rapidly and safely as possible. Your vehicle will be regarded as an emergency vehicle when you turn on your headlights, honk your horn and display a white cloth or handkerchief from the window.
- Call the Emergency Dispatch Center's emergency line immediately at Commercial: 081-568-4911and ask for help.
- Try to obtain names and addresses of witnesses.
- Remain on the scene, if able, until the accident has been investigated by NSA Naples security personnel or the Italian police. If an accident occurs onboard NSA Naples, NSA Security police will investigate.
- If you are the driver of a vehicle involved in an accident that injures or kills another person, criminal charges may be initiated automatically by the investigating police, regardless of the ultimate determination of fault. Prompt notification of your commanding officer and the Naval Legal Service Office is important to protect your rights, and to obtain the services of an Italian attorney under contract with the U.S. government to represent you.
- In case of an accident, personnel having automobile liability insurance with an Italian firm are required to notify that company within 48 hours of the accident. Failure to notify the company within the time period can be justification for the company's refusal to accept liability.

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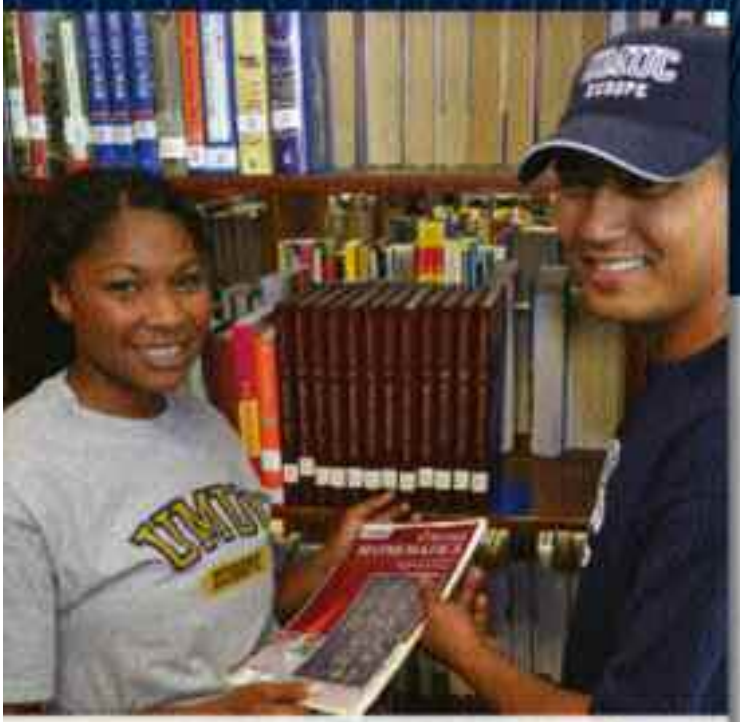

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Law and Education

Law

Under the Status of Forces Agreement (SOFA) between the United States and the Republic of Italy, all U.S. military personnel, members of the civilian component and their family members are subject to Italian law and come under Italian jurisdiction for most criminal offenses. As guests, we are obliged to comply with and refrain from activities inconsistent with Italian law. Specifically, we must refrain from any involvement in Italian politics.

If you are called or summoned to appear before an Italian court in connection with any offense under Italian law, you must report the contact or summons as soon as possible to your commanding officer and the Region Legal Service Office Europe, Africa Southwest Asia (RLSO EURAFSWA) and ask for assistance. There is no immunity from prosecution granted under the SOFA. The government of Italy has jurisdiction over military members, members of the civilian component and their family members in both civil and criminal actions. This may include incidents occurring on military installations in Italy. Officials from both governments cooperate in investigating and prosecuting criminal offenses. Italian authorities have the power to arrest you.

If local law enforcement officials apprehend you, the following rules should guide you:

- DO NOT resist arrest.
- Go with the Italian authorities willingly.
- Promptly provide Italian police officials your name, rate/rank, organization, Armed Forces ID card (military, civilian or family member) and/or passport, command point of contact and phone number.
- Politely request the presence of Naval Support Activity Naples security personnel, a command representative or a U.S. government-provided attorney prior to making any statement. Decline to make any statement unless U.S. representatives are present.

Different officials are tasked with law enforcement in Italy. The ones you will see most commonly are:

Polizia (Police) – There are different branches, such as "stradale" (road police) and "ferroviaria" (railway police). Polizia perform all the usual duties as the U.S. police and usually wear green-gray or blue uniforms.

Carabinieri (Gendarmerie) – This is a special corps of the Italian military which acts both as military and civilian police. They usually wear blue or black uniforms and are recognizable by the white shoulderbelt across their chest.

Guardia di Finanza (Finance Guard) – Comparable to the Coast Guard or border police. They wear gray or blue uniforms. Their main task is to control alcohol, cigarette and drug smuggling. They are also in charge of customs, and they enforce tax payments in general. The Guardia di Finanza has a navigation school in Gaeta.

Vigili Urbani (City Police) – Their main duty is the enforcement of traffic laws within city limits, as well as sanitation, price control and issuing of vending licenses.

Any law enforcement agent may perform his duty in civilian attire, in which case, it is sufficient for law enforcement to show an ID card.

Remember that in Italy, public servants (such as train and bus conductors or drivers, postmen, firemen and even soccer referees) are considered public officials while performing their duty. To strike or offend one bears the same penalty as striking or offending a policeman or any other public official. In Italy this is a very serious offense.

Selling tax-free items – All items stocked by the Navy Exchange and Commissary are imported into Italy free of Italian taxes. Tax-free importation is possible because the goods are certified as reserved for the exclusive use of the U.S. military forces, certain approved NATO allied forces,

The Carabinieri are the national gendarmerie of Italy, policing both military and civilian populations. (Photo by MC1(NAO) John Parker)

members of the civilian component and their family members. Selling or giving these items to anyone who is not an authorized user of exchanges or commissaries is illegal and a serious offense under U.S. and Italian law, and will result in prosecution. If you are ever solicited to obtain items for unauthorized persons (this includes NATO tax-free fuel coupons), report the incident to the Naval Criminal Investigative Service.

Criminal Jurisdiction

The NATO Status of Force Agreement (SOFA) recognizes the jurisdiction of the United States over its military personnel in the performance of their assigned duties. Under the SOFA, the United States may conduct court-martials in Italy under the Uniform Code of Military Justice. The SOFA also recognizes the primary jurisdiction of the host nation (Italy) over most criminal offenses that occur in Italian territory. All military members, members of the civilian component and their family members are subject to Italian jurisdiction for criminal offenses. The SOFA also spells out the rights to be accorded to military members, civilian employees and family members who are subjected to criminal trial in Italy.

At any trial of a military member, a member of the civilian component or a family member, the SOFA guarantees the following rights:

- As prompt and speedy a trial as is provided to the citizens of the host nation;
- To be informed of the charges before trial;
- To compel the attendance of witnesses in his or her defense who are located in Italy;
- To have the services of a competent interpreter;
- To communicate with a representative of the U.S. government;
- Normally, to have a U.S. government representative present at the trial.

The Region Legal Service Office Europe, Africa Southwest Asia (RLSO EURAFSWA) is responsible for monitoring all criminal trials in southern Italy involving U.S. personnel. In some circumstances, RLSO EURAFSWA will provide an Italian attorney, free of charge, for the defense of a military member, a member of the civilian component or a family member being prosecuted in the Italian criminal courts. Prompt notification to the RLSO is essential when an arrest has occurred.

When you arrive in Italy, you should become familiar with the Italian laws most likely to affect you. Your command legal officer should be able to provide this information. You may also contact RLSO EURAFSWA for an appointment with an attorney for further information.

Claims and the Protection of Personal Property

The Military Personnel and Civilian Employee's Claims Act (Personnel Claims Act) is a federal statute that authorizes payment of claims filed by military personnel and DoD civilian employees for property losses occurring at places of assigned duty or in assigned quarters. Economy housing is considered to be assigned quarters. Claims are generally payable when property is damaged or lost due to natural disasters, vandalism or theft, provided claimants did not contribute to the loss through their own negligence. Moreover, claims are also payable for damages or losses to household goods while such goods are shipped from prior duty stations to Naples. On the other hand, claims are not payable if the claimant is an ordinary resident in Italy.

Personnel claims for Navy personnel should be filed with the Office of the Judge Advocate General, Code 15. All claims must be filed no later than two years from the date the claim accrues. Normally, a claim accrues on the date the incident occurs, or in the case of household goods shipments, on the date of delivery. See ***http://www.jag.navy.mil/organization/code_15_packets_forms.htm*** for more information.

The adjudication of a claim under the act requires a number of steps.

First, a "proper claimant" must file the claim. The Personnel Claims Act authorizes payment of claims submitted by DoD personnel. That means the DoD employee must personally sign the claim, unless the member has given a

power of attorney to someone else and a certified true copy of the power of attorney accompanies the claim.

Second, the loss must be "incident to service." As indicated at the beginning of this section, "incident to service" overseas is defined as including both the assigned duty station as well as the living quarters, whether it is assigned government quarters or privately leased or owned quarters. Claims for losses that occur while on leave or liberty away from the assigned quarters are generally not payable.

Third, the adjudicating authority must determine if the claimant's use, possession and safeguarding of the property was "reasonable, useful or proper under the circumstances at the time of the loss." Examples of problems under the "reasonableness" test include losses of cash or expensive jewelry from quarters. Jewelry, watches, and other highly pilferable items must be safeguarded by extra security measures above and beyond a locked residence. Safes, locked security chests or other extra security measures are sometimes used. In shared quarters such as barracks, the "double lock" rule applies. That is, in addition to the door to the room being secured, the claimant must also secure high value items separately in lockable chests, safes or other storage vessels. Common sense should be your guide in exercising reasonable care to safeguard your property.

When leaving quarters unoccupied, all doors and windows should be locked, and shutters should be closed and locked. Theft claims cannot be paid if the thief gained entry through open or unlocked doors or windows. If you are victim of a burglary, contact the NSA Security Department, regardless of where you live in the Naples area. Security will provide a police report, which must be included with any claim.

Given the high number of thefts that occur from parked, locked vehicles, no valuables should be left in them. Vehicles are simply not a proper place to store valuables.

Fourth, the claimant must establish ownership and value of all property for which a claim is submitted. Household goods shipment inventories, purchase receipts, owners manuals, photographs or videos of the property are all excellent evidence of ownership. Purchase receipts that also provide proof of value are especially useful for high-value items. Other acceptable sources in determining the value of claimed items include catalogs and written estimates from commercial businesses dealing in the product in question.

Fifth, for household goods shipments, the adjudicator must determine if the claimant completed the Joint Statement of Loss or Damage at Delivery (DD Form 1840/1840R) and submitted it to the shipper within 70 days of delivery of the household good to the new residence. This is a vital requirement. If the form was filed correctly, the U.S. government will be able to hold the shipper accountable for damages and losses. If the form was not filed correctly, the claims officer is required to reduce any award to the claimant by the amount the government would have recovered from the shipper. Failure to file this form with the PPO can reduce your potential claim to nearly zero. This is a vital requirement.

When visiting Naples, as with any large city, or when traveling on crowded buses or trains, be aware of the likelihood of pickpocketing or purse snatching. Make a habit of carrying only the amount of money you need. It may also be helpful to carry some of the money in a different location on your person. Be cautious of wearing flashy jewelry or watches. It only takes a moment for a clever thief to take them.

Further information about Navy claims procedures and regulations can be obtained from the Claims Division of the Region Legal Service Office EURAFSWA.

Complaints and Denouncements

In the event you wish to file a complaint or press charges against an individual, it is advisable to first notify the NSA Naples Security Department. It is also advisable to seek the assistance of the EURAFSWA Region Legal Service Office if legal advice is needed.

All crimes need to be reported to NSA Naples security personnel first, no matter the severity, whether it is a burglary of your home or a theft or vandalism of your vehicle. When it's time to file a complaint with local Carabinieri or Polizia di Stato, the NSA Naples Security Department has qualified interpreters who can assist you. These interpreters are available 24 hours per day. Contact security at 081-568-2207 or 081-811-4269. Beware of making a false accusation because this in itself is a serious offense.

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Drugs and Alcohol

Drug and alcohol laws are different in Italy than in the United States. Under the NATO Status of Forces Agreement (SOFA), military members, civilian employees and family members are subject to Italian laws regarding drugs and alcohol. While the drinking age in Italian society may be more lenient, the penalties for drunk and disorderly conduct or DUI are not. NSA Naples establishes the drinking age for Navy-controlled clubs and facilities within the NSA area of responsibility.

Drunk driving is a serious offense under Italian law. A blood alcohol level of 0.05 is sufficient for a DUI conviction in Italy. Immediate impoundment of a driver's vehicle, suspension of his or her license, heavy fines and a trip to jail should all be expected.

Although there is a legal minimum age to buy alcohol, the law is rarely enforced and alcoholic beverages are sold on the Italian economy to anyone old enough to carry them. Italian children seen with alcohol are most likely buying it for their parents. However, Italians as a rule are not heavy drinkers.

The use, importation or distribution of drugs is an extremely serious offense in Italy. Pre-trial confinement of up to two years while evidence is gathered is permitted under Italian law. Probational liberty may continue up to a maximum of two years from the date of release from confinement. In rare cases, an actual trial can occur almost four years after initial arrest.

Marriage

U.S. armed forces personnel wishing to marry a foreign national outside the United States must apply for permission. The NSA Chaplains Office and the Region Legal Service Office EURAFSWA can provide information.

A religious sacrament of marriage or church wedding is performed only after the civil marriage has been accomplished. See the chaplain for assistance in planning a religious wedding. Roman Catholic marriages may take up to six months of preparation. All those desiring to marry in Italy need to plan ahead.

Various programs for marriage enrichment are available through the chaplains. Chaplains provide marriage and pre-marriage counseling.

Education

Preschool and Day Care

Naples offers two Child Development Centers (CDCs) in Naples: one at Capodichino and one at the Support Site. Each center is staffed with caregivers trained in early childhood development techniques and who offer developmental activities in accordance with guildelines published by the National Association for the Education of Young Children. All technician aides are trained in CPR, first aid and in developmental practices. The CDC environment is appropriate for each child's age level, and the program of services provides high quality child care. The Naples CDCs reflect the Navy's commitment to providing only the highest quality care for your child.

The Capodichino CDC has a capacity for 80 children from infants through preschool age, and offers full-day care weekdays from 6:30 a.m. to 5:30 p.m. The Support Site's CDC is larger, with space for 112 children. This center

The playground behind School Age Care is just one of many located throughout the Support Site. Playgrounds have recommended age usage and vary in size. (Photo by MC1 Travis Simmons)

accommodates infants through preschool-age children and offers full-day contract care weekdays from 6 a.m. to 6 p.m. The Support Site CDC also offers before- and after-school care for Kindergarteners and Sure Start students weekdays from 6 a.m. to 6 p.m.

Drop-in care is available at either CDC location on weekdays. Reservations for drop-in care can be made up to 30 days in advance. Sponsors may make reservations for new arrivals before the 30-day mark, allowing parents to attend Area Orientation upon their arrival in Naples. For those who don't make reservations, both CDCs welcome registered children on a space-available basis.

School Age Care

A before- and after-school program is offered at the Youth Center in the Village Forum at the Support Site. The program is affiliated with the Boys & Girls Clubs of America and 4-H. The program provides enhanced programming in the five core areas of the arts, character and leadership development, sports and fitness, health and life skills, and education support. Children in first through sixth grade are eligible to participate. During the summer months, Child and Youth Programs (CYP) hosts a summer day camp that offers a variety of activities, such as swimming and clubs.

School Liaison Officer

The school liaison officer can assist incoming families with school transitions, youth sponsorship and other school-related needs. Families preparing to depart should also consult the school liaison officer for the most current information on successful school transitions and how to connect with the school liaison officer at their next location. Contact the Naples school liaison officer at DSN: 629-6549, Commercial: 081-811-6549 or via e-mail at *NaplesSLO@eu.navy.mil*.

Department of Defense Schools

Naples Elementary School

Naples Elementary School (NES) is located at the Support Site. NES currently houses approximately 850 students in Kindergarten through sixth grade. The school also offers a Sure Start program similar to the Head Start program in the United States. NES has about 40 classroom teachers supplemented by specialists in the following curriculums: physical education, music, art, and host nation and foreign language in the elementary school (FLES). Naples Elementary School also provides services in the areas of learning development, communication and English as a second

language (ESL). Language and reading specialists, math support specialists, educational technology specialists, school guidance counselors, a school nurse and a school psychologist augment the staff. The school adheres to the AdvancED Accreditation standards and policies.

There is a partial Italian immersion program offered to students in kindergarten through 4th grade. Enrollment in the immersion program is limited.

Naples Elementary School
PSC 808 Box 39
FPO, AE 09618-0039
http://www.napl-es.eu.dodea.edu
DSN: 629-4037/38
Commercial: 081-811-4037
Fax: 081-811-4057

The Support Site Library has not only books and DVDs to check out, but computers and free Wi-Fi patrons can use as well. (Photo by Kylie Beltz)

Naples Middle/High School

Located on the Support Site, Naples Middle/High School educates approximately 540 students in grades seven through 12. The school is staffed with about 70 educational support personnel and classroom teachers. It offers core subjects of math, lanugage arts, science and social studies, as well as physical education and health. The school also offers technical education classes in the areas of programming languages, computer service and support, animation, Microsoft Office certification programs, Adobe Certified Associate programs, and video communications. Other educational offerings include a culinary arts program; fine arts such as painting, ceramics, band, orchestra and choir; and a foreign langage program that includes Italian, Chinese and Spanish. Additionally, the school is staffed with a shared psychologist, special needs educators, a school nurse and both middle and high school Adolescent Substance Abuse Counseling Services counselors. Naples Middle/High School is accredited through NCA/CASI AdvancEd.

Naples Middle/High School
PSC 808 Box 15
FPO, AE 09618
http://www.napl-hs.eu.dodea.edu/
E-mail: principal.naplesmhs@eu.dodea.edu
DSN: 629-4061 • Commercial: 081-811-4061

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11:00 a.m. Relief Society, Elders Quorum, Young Men and Young Women

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Corso Trieste, 182
Caserta, CE

For information call:
DSN: 629-5712 or 081-811-5712
GPS: N 41°04.306 – E 14°20.372

English Class –Tuesday and Thursday 7:30 p.m.
www.lds.org www.familysearch.org

Required for registration of all DoDDS students

- Copy of sponsor's orders or Certificate of Eligibility, if children are not listed on the orders;
- Signed form DSE 803 (military only);
- Signed form DSE 802 (DoD civilians only);
- Valid ID card of sponsor (contractors only);
- Verification of employment (DoD civilians and contractors);
- Central billing letter (tuition-paying only);
- Immunization record;
- Previous school records/transcript in a sealed envelope;
- Transfer papers for the students;
- A final report card or withdrawal sheet with grades and teacher signatures for each child in the family;
- Any/all system-wide testing results and any/all special education documentation;
- UIC (Unit Identification Code) or PAS (Personnel Assignment Code for Air Force);

- Student's social security number or passport number if the student is not a U.S. citizen;
- In addition, to register kindergarten or first-grade students, a birth certificate or passport is needed for proof of age. Kindergarten students must be five years old on or before Sept. 1 of that school year.

Transportation

Free school bus transportation is provided for students of Naples schools who live on the economy. Students are expected to follow bus rules and exhibit self-control in order to have the privilege of riding their assigned bus. Bus routes and schedules are provided by the Transportation Management Office located at Naples High School. Bus routes and schedules should be reviewed before final selection of permanent quarters.

Lunch/School Supplies

Students may either bring their own lunch or buy lunch in their school's cafeteria. Both schools use lunch tickets for meal purchases. Lunch tickets are available at the Navy Exchange. A free or reduced lunch program is also offered. Applications for the free or reduced lunch program are available in each school's front office.

Textbooks and other educational materials are provided by the schools. Lists of student school supplies are located on the school websites.

Educational and Developmental Intervention Services (EDIS)

EDIS provides services to facilitate the development of children from birth to 36 months. Children who qualify for EDIS are eligible to receive specialized consultation from a variety of providers. A child who demonstrates a difference in his or her speech or language, play, motor development, vision, hearing or other aspects of development may be a candidate for EDIS services. Such a child could have a developmental delay, disability or medical condition which may affect his or her development. EDIS support could help such a child "catch up" to peers.

Children who would qualify for Department of Defense schools are eligible to receive services through EDIS. Parents can contact EDIS at 081-811-4676 to obtain more information about eligibility and qualification. Parents can also contact EDIS at the following e-mail address: *edis5@med.navy.mil.*

EDIS offers the following services: occupational therapy, physical therapy, speech and language therapy, developmental screenings and assessments, service coordination, home visits, play-based therapy, parent training, and transition services. For more information about EDIS services, as well as services in the community, visit *www.med.navy.mil/sites/napoli/pages/ Divisions/Ancillary CareServices/EDIS.aspx.*

Other Educational Options

The Anglo-Italian School (Montessori Division): The Montessori school, located at Allied Joint Force Command Naples, is a pre-school through middle school with an advanced class (ninth/10th grade). The school has served the NATO community since 1958 and has developed into an educational center that promotes international cooperation and high academic standards in a safe environment.

This is the only English-speaking Montessori school in Italy officially affiliated with Italian and American Montessori societies. The school is a member of the American Montessori Society and the European Council of International Schools, and is authorized by the Italian Ministry of Education. It is accredited and guaranteed by the National Montessori Organization.

All teachers are native speakers of English and trained in Montessori education. In addition to adhering to a well developed international curriculum, the children also participate in English as a second language (ESL), Italian as a second language (ISL), multimedia, art, music and physical education classes. The school offers before- and after-school daycare and a summer program from mid-June through July.

Located inside the Support Site Navy Lodge on the first floor is the Fleet and Family Support Center, where you can find several computers with internet connection, couches, TVs and a friendly staff who is always willing to help. (Photo by Kylie Beltz)

You can schedule a time to visit and discuss educational opportunties for your child. For more information, call 081-721-2266 or 081-570-6587, e-mail *aischool@libero.it,* or visit *www.aischoolnaples.com.*

The International School of Naples: The International School of Naples (ISN) is a college preparatory school. It is a non-profit organization run by a committee of elected professionals and teachers. The school is accredited by the Council of International Schools and the New England Association of Schools and Colleges. The school is authorized by the Italian Ministry of Education to function as a foreign school in Italy.

The school curriculum is based on the American system of education covering all aspects of the sciences, mathematics, social sciences, modern languages and information technology. All classes are taught in English and special provision is made for those who may initially experience difficulties.

In addition, students are also offered the possibility of preparing for the elementary and middle school Italian State program examinations. The course consists of five years of elementary and three years of middle school education. The aim is for students to acquire knowledge of the Italian language as well as History, Geography, Mathematics and Science. At the end of the academic year, students take external examinations at the Italian State School in order to receive a certificate or a diploma, which is recognized by the Italian Ministry of Education.

The school is committed to providing a thorough multicultural education to foster international understanding and openness in order to prepare students to become citizens of the world. The challenging curriculum offers an intensive academic program that encompasses both the Italian and the American cultures.

For more information, visit www.isnaples.it or schedule an appointment by calling 081-762-8429 or 081-19320284 or email *info@isnaples.it.*

Navy College Office

The Navy College Office looks forward to meeting all newcomers to the area. The Navy College Office is located at the Capdochino base in the Admin II building. Prior to your arrival, call or e-mail the Navy College Office at Commercial: 081-568-6683/6684/6678/6681 or *nco.naples@eu.navy.mil* if you have questions about educational opportunities available in the Naples area.

Naples is a great place to earn a college degree. There are five fully accredited on-base colleges that have offices at Capodichino. The five colleges offer a wide assortment of undergraduate and graduate degree programs that can be completed during a typical tour of duty. The five colleges also offer outreach support to Allied Joint Force Command Naples and the Support Site at Gricignano. Most on-site col-

lege classes are held at the Support Site in the Naples High School building.

Everyone is eligible to use the services of the Navy College Office, including military members, civilian dependents, DoD civilian employees and government contractors.

The Navy College Office at Capodichino assists sailors and marines with their Military Tuition Assistance questions and concerns. Soldiers assigned to Naples will also be assisted in their educational program by an Army counselor assistant, who works in the Army element located at Allied Joint Force Command (JFC) Naples. Airmen can obtain tuition assistance through their representatives at JFC/NATO.

Other services provided by Navy College Office

The National Test Center, managed by the University of Maryland University College (UMUC), stands ready to support you with various automated tests. You can take CLEP and DSST tests, as well as Excelsior College Tests, at the NTC. The NTC also includes a Pearson-Vue Testing Center, which offers a large number of certification tests. Many tests are free for military personnel. The NTC is located at Capodichino in the Admin II building.

The Navy College Office is a DANTES Testing Center that administers Defense Language Proficiency Tests (DLPT), GED exams, the SAT, the ACT, PRAXIS exams and various other tests to military and civilian personnel and their adult family members.

Learning conversational Italian is often a priority for newcomers. If you want to learn Italian, the Central Texas College Language Program offers Gateway to Italian Language at various levels. Courses are offered at JFC, Capodichino and the Support Site. The Gateway to Italian program does not award college credit for courses in the program. If you are looking for college credit for an Italian course, visit the University of Maryland University College office. Central Texas College also offers an extensive English as a second language program for those who need to improve their English skills.

Navy College Office
PSC 817 Box 102
FPO, AE 09622-0102
Commercial: 081-568-6683/6684/6678
DSN: 626-6684/6678
E-mail: nco.naples@eu. navy.mil

On-base Colleges

Central Texas College (CTC) offers on-site and distance education certificates and associate degree programs in crimi-

nal justice, early childhood development, hospitality management and paralegal services. CTC also offers online courses that prepare students for Microsoft Certification exams.

University of Maryland University College (UMUC) offers on-site classes and distance education classes in associate degree programs, bachelor degree programs and graduate degree programs. UMUC offers a wide range of associate degrees, including programs in general studies, Italian studies, management studies, business and management, and computer studies. UMUC offers on-site bachelor's degrees in psychology, history, government, English, business and management, information systems management, digital media and Web technology, computer and information science, and communications. UMUC/Bowie State offers graduate-level distance education programs in counseling, public administration and information systems management.

Embry Riddle Aeronautical University (ERAU) offers on-site associate and bachelor degrees and certificate programs in technical management and professional aeronautics. The ERAU programs provide an opportunity for you to earn a specialized degree in your field of choice. ERAU also offers distance education programs for specialized graduate degrees, including a Master of Aeronautical Science and a Master of Science in Technical Management. Visit the ERAU office at Capodichino to find out more about the these programs.

University of Oklahoma offers an on-site master's degree program in human relations. Classes meet in a six-day format: four evenings and one weekend. Students may also enroll in the program with an emphasis in international relations.

University of Phoenix offers on-site Master of Business Administration and Master of Arts in Education programs. Most classes meet one evening per week. The MBA program prepares students in the functional areas of business. Students in the MBA program may also pursue a concentration in one of nine areas, including accounting, energy management, marketing and project management. While living in Europe, you will enjoy discounted tuition.

Families with College Students

Family members of DoD personnel stationed in Europe are eligible to register for on-base college courses.

Active-duty parents with children who attend college in the United States will be happy to know that they are authorized transportation or reimbursement for one round-trip airplane ticket each year between their overseas duty station and their child's U.S. school. This entitlement applies only to service members with unmarried, dependent children under the age of 23 who are attending undergraduate school in the United States. Personnel Support Activity Detachment Naples can provide more details on this entitlement.

Base Services

Medical Care

The Status of Forces Agreement (SOFA) permits the U.S. Naval Hospital Naples to provide medical care to both active-duty and retired U.S. military personnel, their command-sponsored family members and other specified U.S. personnel who are present in Italy by virtue of their support of NATO organizations.

Questions concerning medical care should be directed to:

U.S. Naval Hospital, Naples, Italy
PSC 827 Box 1000 • FPO, AE 09617-1000
ATTN: Head, Patient Administration
DSN: 629-6325 • Commercial: 081-811-6325
Important Phone Numbers
Central Appointments: Commercial: 081-811-6000/1
Emergency Department: Commercial: 081-811-6150
On-base ambulance: DSN: 911 • Commercial: 081-568-4911
Off-base ambulance: 118

Overseas Screening: Because not all specialty medical and surgical services are available at U.S. Naval Hospital Naples, an overseas screening process must be completed by all military, civilian personnel and their family members prior to their arrival in Italy.

Patients with medical problems that exceed U.S. Naval Hospital Naples' capabilities must be transferred either to local community healthcare services or other military treatment facilities in Europe or the United States to receive that treatment.

Primary Care Clinic: Family Medicine is available at the U.S. Naval Hospital Naples and the Capodichino clinic Monday through Friday from 7:30 a.m. until 4 p.m. Appointments may be obtained by calling DSN: 629-6000 or Commercial: 081-811-6000/1.

Emergency Care: Emergency care is available 24 hours a day, seven days a week. The non-emergency Emergency Department phone number is DSN: 629-6150 or Commercial: 081-811-6150.

Naval hospital ambulance service is available on-base only, and the phone number is DSN: 911. If you are calling from your cell phone, the number is 081-568-4911. The Italian ambulance system is used for off-base emergencies, and can be reached by dialing 118.

Power of Attorney: Minor children not accompanied by a parent or legal guardian cannot receive care unless a special power of attorney has been obtained from the Naval Legal Services Office and is present in the child's medical record.

TRICARE Europe

TRICARE Europe offers beneficiaries two options under the TRICARE system. TRICARE Standard is your standard benefit and will always be available. TRICARE Prime is an enrollment plan for your health care. All active duty and their command-sponsored family members are automatically enrolled in TRICARE Prime. By enrolling in TRICARE Prime you will be assigned a primary care manager who is responsible for your entire healthcare plan. Enrollment in TRICARE Prime overseas is only available to active duty and their families and is at no cost. If you need to use a provider in the local community (for a covered benefit), you will not incur the cost share or deductible that you would under the TRICARE Standard plan.

Your primary care manager will be a military provider located at U.S. Naval Hospital Naples or the branch health clinic at Capodichino. If you need specialty care that cannot be provided at the naval hospital, you may be referred to the

Preferred Provider Network in the local community. All Preferred Providers have met strict TRICARE Europe credentialing standards, have signed Memorandums of Understanding and most speak English. The naval hospital provides transportation and translation services to Preferred Provider Network appointments as needed.

For more information about TRICARE, contact the Managed Care Office at U.S. Naval Hospital Naples by calling DSN: 629-6330/6331 or Commercial: 081-811-6330/6331.

Dental Care

Comprehensive dental care is available at both the Support Site naval hospital and the branch clinic at Capodichino. Only U.S. and NATO active-duty service members are treated at the Capodichino clinic. Active-duty members assigned to the Support Site, family members, civilians and retirees are seen at the Support Site naval hospital.

The dental clinics provide a wide range of dental services. These services include general dentistry, preventive services, pediatric dentistry, endodontics (root canal specialist), pral/maxilofacial surgery, periodontics (gum treatment), prosthodontics (crown and bridges) and orthodontics. General dental treatment is assigned based upon DoD guidelines. Priority is highest for active-duty members and their families. Retirees, DoD civilians and their families will then be seen on a space-available basis.

Specialty dental services are limited and available only at the U.S. Naval Hospital Naples Dental Clinic. Orthodontic care is provided primarily to continue treatment for eligible beneficiaries who began treatment in the United States prior to receiving overseas orders. New orthodontic patients are accepted for treatment according to space availability and are selected based upon the complexity of the case. Federal law states DoD civilians are ineligible for prosthodontic and orthodontic care even if treatments were started prior to receipt of job assignment in Naples.

A fee for services, as determined by the DoD, is charged for all dental evaluations and treatment rendered to DoD civilians. It is strongly recommended that necessary dental treatment be completed prior to arrival in the Naples area.

Business hours are Monday through Friday from 7:30 a.m. to 4 p.m. After-hours emergency care should be sought through the emergncy room at U.S. Naval Hospital Naples. Please call the Support Site main clinic to make appointments or to ask dental care questions at DSN: 629-6007 or Commercial: 081-811-6007. For appointments at the Capodichino branch dental clinic, call DSN: 626-4644 or Commercial: 081-568-4644.

Animal Care

The Army Veterinary Command is responsible for Department of Defense installation support services such as food safety and defense, military working dog animal care, and family pet care.

The Veterinary Treatment Facility is located in Bldg. 2088 at the Gricignano Support Site. The hours of operation are Monday through Friday from 8 a.m. to 4 p.m. Veterinary services include preventive medicine, in-house diagnostics, and limited surgical and dental care.

All pets must be registered within 30 days of arrival in order to meet base requirements. For all questions, please call Commercial: 081-811-7913 or DSN: 629-7913.

Legal Services

Refer to the "Law and Education" section of this book for further information about available legal services.

Military Legal Counsel

Naval Legal Service Office Europe, Africa and Southwest Asia (NLSO EURAFSWA) provides legal counsel to Navy and Marine Corps personnel before courts-martial and administrative boards. In addition, they provide advice on non-judicial punishments, criminal investigations and other proceedings.

Legal Assistance

The Legal Assistance division offers many services, such as tax filing, powers of attorney and notary services. In addition, attorneys can provide legal advice on a variety of issues, including estate planning, consumer law, immigration, and domestic relations. Powers of attorney and notary services are provided on a walk-in basis. Those seeking to consult with an attorney require an appointment Monday, Wednesday, Thursday and Friday, or they can be served on a walk-in basis on Tuesdays. Call Commercial: 081-568-4576 to make an appointment.

Religious Services

The NSA Naples religious program provides a variety of religious activities and spiritual care in support of all members of the U.S. armed forces, as well as civilian employees and family members.

The Support Site Chapel is used for religious services, meetings, retirements, and many other events. (Photo by MC1 (SW/AW) Stephen Woolverton)

Types of divine worship services offered on base include Roman Catholic, Liturgical Protestant, Contemporary Protestant, Hallalujah Full Gospel and Zen Buddhist. You'll receive a brochure during Area Orientation with the current schedule of services. The chapel also provides information about off-base worship opportunities. Additionally, many Bible study groups meet at various times and locations. Sunday school and Confraternity of Catholic Doctrine programs are offered at the Support Site. Joint Protestant/Roman Catholic Vacation Bible School is offered during the summer for preschool and elementary school-age children. A variety of youth-related programs are offered throughout the year.

Volunteers are an essential part of the command religious program. Positions are available in many areas, such as teaching religious education classes and assisting during worship services as a member of the choir, a lector, a reader or an usher. Other volunteer opportunities are available as well.

Your NSA Naples chaplains are also available for completely confidential counseling on work and life issues that concern you. Call the NSA Chaplain's office at Commercial: 081-568-3539. In case of an emergency, a chaplain can be reached any time by contacting the NSA Quarterdeck at Commercial: 081-568-5547. To contact the chapel by mail, write to

Command Chaplain
PSC 817 Box 43
FPO, AE 09622

Credo

CREDO provides a variety of events, seminars and workshops throughout the European operating theater. Events are 48-hours long and cover topics such as personal growth, marriage enrichment, spiritual growth and parent-teen relationships. These are offered at no cost to the participants and are held in peaceful settings outside of the Naples area. Commands are authorized to allow active-duty personnel to attend on no-cost TAD orders or under special liberty status. Transportation, food and lodging are provided. CREDO also offers command support for training in ethics, suicide prevention and leadership. For more information about CREDO programs, call Commercial: 081-568-5255.

Fleet & Family Support Center (FFSC)

The Fleet and Family Support Center (FFSC) is proud to serve the American community in the Naples area. The FFSC provides a wide range of services, including information and referral, life skills education, relocation assistance and clinical counseling. The FFSC has three locations: one at the Support Site, one at Capodichino and one in Gaeta. The Support Site FFSC is open Monday through Friday from 7:30 a.m to 4 p.m. The Capodichino FFSC satellite office is open only on Thursdays and Fridays, from 7:30 a.m to 4 p.m. The Gaeta FFSC Workcenter is open Monday through Friday from 8 a.m. to 4:30 p.m.

Naples-area FFSC services

Relocation services are available to assist incoming and outgoing community members. For those just arriving in Naples, services include Area Orientation and Intercultural Relations (ICR) classes to facilitate a smooth transition into a new overseas assignment. Another FFSC resource is the Loaner Locker program, through which the FFSC loans kitchenware and linens to those still awaiting their household goods. Additionally, the FFSC hosts Smooth Move, a class to help departing community members check out easily and efficiently. For those interested in sponsoring incoming and newly

Agape Fellowship Ministries

Pastor Roderick B. Hopes and First Lady Edwina Hopes

Winning the Community to Christ
One Family at a Time

Strengthened, Settled, and Enthusiastic
For the Work of Christ

Sunday

SUNDAY SCHOOL ..... 9:45 AM
WORSHIP SERVICE ..... 11:00 AM

Wednesday

INTERCESSORY PRAYER ..... 6:30 PM
BIBLE STUDY ..... 7:00 PM

Location:
Exit Support Site exit, take ramp over the SS7 for ½ mile and make right at the API gas station. Church is 100m on the left.

For transportation or for more information
Church Phone: 081-813-2858 or

Pastor 348-839-3951
Brother of the Week 347-692-1932

arrived community members, FFSC also offers sponsorship training.

The Intercultural Relations program is also available to assist newcomers in learning how to "survive and thrive." With workshops and field trips on topics such as using public transportation and learning basic Italian, ICR classes help recent arrivals learn new skills and feel comfortable getting out and about in Naples.

The Family Employment Readiness Program (FERP) offers a variety of assistance to family members seeking employment in the Naples area. Monthly workshops include "Employment and Career Opportunities in Naples," "Résumé Writing" and "Interview Techniques." For those interested in volunteer opportunities, the FFSC can offer information about organizations and opportunities in the Naples area.

Life skills classes can be very helpful to both newcomers and established members of the Naples American community. These workshops provide assistance to foster positive relationships and strong families. Classes cover topics such as stress management, anger management, couples communication and parenting skills.

Personal finance management instructors offer a wide array of educational services. Financial educators offer certification of command financial specialists, as well as courses on managing your financial future, saving and investing, retirement options and more. In addition, financial educators can assist with budget creation and debt management plans.

Additionally, transition assistance is available for American military personnel who are separating or retiring from the military. Services include a transition workshop that covers topics such as searching for a federal job, preparing a resume and taking advantage of veterans benefits.

The FFSC offers confidential clinical counseling services to assist invididuals, couples and families. FFSC counselors are licensed independent clinicians who provide short-term, solution-focused treatment, usually not exceed eight to 12 sessions. Referrals to other resources are provided as needed.

The New Parent Support Home Visitation Program offers nurturing support to expectant parents and parents with children up to 3 years of age. The New Parent Support Home Visitation Program is a home-based program designed to support family resiliency, provide information regarding child development, and promote positive parent-child interactions. Services are available to both military members and other American government employees. Priority for services is given to single parents and to mothers and fathers with deployed spouses.

The FFSC also provides referrals and information on a variety of subjects, such as family and personal enrichment, support services and activities, and community resources and contact information. You can reach the Support Site FFSC by calling DSN: 629-6372, Commercial: 081-811-6372, or by e-mailing *ffscnsanaplesitaly@eu.navy.mil.*

Gaeta-area FFSC Workcenter services

The FFSC Workcenter in Gaeta has a number of programs in place to help you get through the adjustment process and make the best of your time in Gaeta and Italy. Service and assistance are tailored to support the needs of military personnel and family members attached to the homeported 6th Fleet flagship, the USS Mt. Whitney.

The Workcenter offers area orientation and intercultural relations seminars to help introduce newcomers to the Italian language, customs, history, culture and transportation systems. Additionally, the following programs are provided: information and referral, Lending Locker, relocation assistance, Smooth Move and sponsorship training. Other programs, including clincal counseling, financial education, transition assistance, the New Parent Support Home Visitation Program and the Family Employment Readiness Program, are supported and provided by the FFSC in Naples.

The FFSC Gaeta Workcenter is located on the second deck of Bldg. 752 at the Fleet Landing. You can call the center at DSN: 626-8354/7 or Commercial: 081-568-8354/7. You can also visit the organization's Facebook page: Gaeta FFSC.

Substance Abuse Rehabilitation Program

Substance Abuse Rehabilitation Program (SARP) services are provided for all DoD personnel, military retirees and family members.

SARP Naples was established to provide support to members of the community with alcohol and other drug abuse problems, and to coordinate local substance abuse prevention efforts.

SARP Naples is staffed by certified substance abuse counselors and counselor interns, with clinical oversight provided by a contracted civilian agency.

Services provided include:

- A current list of area resources and 12-step meetings;
- Walk-in information and counseling;
- Educational workshops and guest lectures;
- Clinical substance abuse and dependency evaluations;
- Outpatient chemical abuse treatment programs.

SARP hours are 8 a.m. to 4 p.m. Monday through Friday. Call the SARP office at DSN: 626-5500 or Commercial: 081-568-5500, or e-mail the SARP office at *sarp@naples.med.navy.mil.* The office is located at Capodichino in room G-062 of the Admin II building.

Media

Newspapers

There are four English-language daily newspapers available to Naples and Gaeta residents: Stars & Stripes European edition, International Herald Tribune (printed in Rome), Wall Street Journal European edition and USA Today European Edition.

The weekly base newspaper *Panorama* is produced by the NSA Naples Public Affairs Office and is distributed at many locations throughout the community. The paper contains general local news items and information about cultural activities in the Italian community, as well as movie schedules for military theaters and a classified ads section. The editorial office is located in the Admin I building at Capodichino in Room 208. You can reach the editor by calling Commercial: 081-568-5335 or e-mailing *naplespanorama@eu.navy.mil*.

Radio and TV

AFN Naples is located at the Support Site between the U.S. Naval Hospital Naples and the Housing Welcome Center.

AFN Naples is an affiliate of AFN South, located in Vicenza, Italy. AFN South combines local and regional productions with programming received through satellite relays from the American Forces Radio and Television Service (AFRTS) Broadcast Center at March Air Force Base in California. AFN South uplinks the combined programming digitally, via satellite, and it can be viewed through private and independent dish receivers and cable distribution systems throughout Naples. AFN radio is also broadcast over the air, and AFN Naples has the ability to operate radio independently of the network.

AFN cable distribution does not come from the AFN Naples station. Facility owners operate their own satellite receivers and distribution systems. Residents experiencing reception problems in Support Site housing should call the Navy Exchange Residential Services office at Commercial: 081-813-5321. Those living in one of the government parcos should call the Housing Trouble Desk at Commercial: 081-811-4285/6 regarding AFN service. Residents living on the economy should contact their landlords or satellite service providers.

Residents in government housing do not require a decoder to watch AFN. Residents living on the economy will require a separate decoder for AFN and should refer decoder issues to the place of issue or sale. Housing has a limited supply of decoders for issue, and their warehouse can be reached at Commercial: 081-811-4242. The Navy Exchange sells decoders. An AFN Decoder Setup Guide is posted online at *www.afneurope.net.*

AFN is broadcast on the NTSC standard. An inexpensive PAL to NTSC connector is usually required to plug a standard U.S. television into a wall outlet. Multi-system televisions allow the viewer to watch both European PAL-standard and AFN NTSC-standard TV where available.

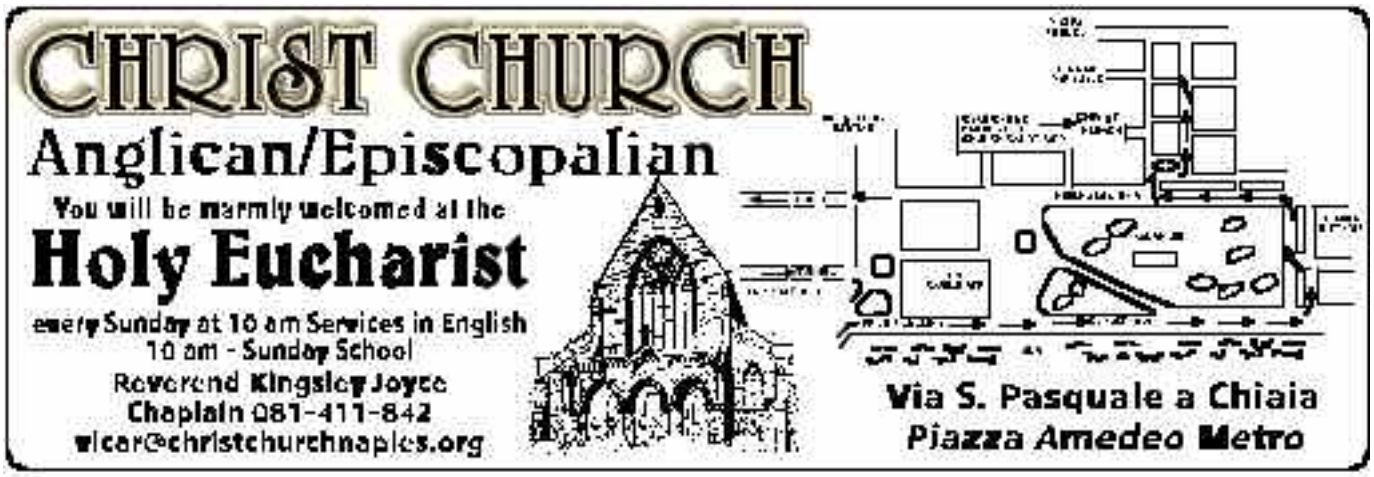
Ten AFN channels are currently offered in government housing, including both Prime Pacific and Prime Atlantic. For more information about the channels and AFN TV programming guides, go to *www.myafn.net*. A Naples version of Prime Atlantic is used to air local programs, including emergency messages, command information and daily newscasts. For on-base residents, this command channel is on decoder channel 2; off-base residents can tune into decoder channel 18.

Every workday, AFN Naples produces eight hours of live, local radio shows, including news, information, and the best music of the '80s, '90s and today on 106.0 FM "The Eagle." This station is also carried on the TV program guide channel in government housing. Additionally, AFN South offers 107.0 FM Powernet, featuring the most popular syndicated talk and entertainment shows from the United States. These stations can be heard on decoder channels 182 and 183 in Europe and on standard radio receivers in Naples. *Note: These frequencies are assigned from the Italian radio spectrum by law, and a dial-type or European digital radio tuner may be required to receive them.*

AFN is operated by the Defense Media Activity and produces broadcast media for a variety of local, regional and global military needs. Look for AFN Naples to cover events of interest in the community. If you would like to invite AFN Naples to cover your event, simply fill out an online publicity request on the station's website. Go to *www.afneurope.net*, then click on "Naples."

AFN points of contact

Station manager: .....Commercial: 081-811-6900
Operations manager: .....Commercial: 081-811-6903
Engineering: .....Commercial: 081-811-6901
News department: .....Commercial: 081-811-6906
Radio department: .....Commercial: 081-811-6905
On-air DJ: .....Commercial: 081-811-6925
Website: .....http://www.afneurope.net/naples



American Red Cross

The American Red Cross provides around-the-clock emergency coverage, and performs services through a network of Red Cross chapters and stations around the world. The American Red Cross provides communication services to assist service members and their families when a family emergency arises. They will verify your emergency, whether it's a death in the family, a critical illness, birth notification, child care issues or financial needs, so your command can make good leave decisions.

In addition to emergency communications, the American Red Cross offers training in CPR and use of automatic external defibrillators (AEDs) for adults and children, as well as courses in infant CPR, community first aid and safety, babysitting, and disaster preparation. Additionally, American Red Cross instructors deliver swimming and lifeguarding courses that are sponosored by Morale, Welfare and Recreation.

Volunteers with the American Red Cross serve the Naples and Gaeta military communities at the hospital, dental clinic, elementary school, high school, library and the American Red Cross office.

The office at Capodichino is open 8 a.m. to 4:30 p.m. Monday through Friday. After-hours emergency coverage is from 4:30 p.m. to 8 a.m. every day, with 24-hour coverage during holidays.

American Red Cross
Capodichino, Admin II, Room G-028
PSC 817 Box 27
FPO, AE 09622
DSN: 626-4788 • Commercial: 081-568-4788
After hours: NSA Quarterdeck 081-568-5547

Navy-Marine Corps Relief Society (NMCRS)

The Navy-Marine Corps Relief Society (NMCRS) is a non-profit charitable organization designed to provide financial, educational and other assistance to members of the U.S. naval services and eligible family members during times of need.

The society provides assistance to Navy and Marine Corps personnel and their family members throughout the Naples and Gaeta areas. Interest-free loans and grants are available to help with emergencies such as funeral expenses, emergency transportation, food, rent, utilities and essential vehicle repairs. Quick Assist Loans, up to $300 for certain needs, are also available for active-duty sailors and Marines.

The Spouse Tuition Aid Program is available for spouses of active duty Navy and Marine Corps personnel wishing to continue their education. This is an interest-free loan program that provides up to $3,000 per year for tuition and books.

The Budget for Baby Workshop emphasizes the impact a new baby will make on the family's budget. Through the Budget for Baby program, NMCRS distributes "baby's first seabag," providing some necessary items for expectant parents of all military pay grades and branches of service.

NMCRS visiting nurses provide house calls and instruction to mothers with newborns, as well as to retirees, widows and widowers.

Join the Navy-Marine Corps Relief Society Naples volunteer team. Contact the office for volunteer opportunities.

The organization's office at Capodichino is open 7:30 a.m. to 3:30 p.m. Monday through Friday. After-hours coverage is provided by the American Red Cross.

Navy-Marine Corps Relief Society
Capodichino, Admin II, Room G-016
PSC 817 Box 97
FPO, AE 09622
DSN 626-3913 • Commercial 081-568-3913

Environmental Morale Leave

The Environmental Morale Leave (EML) program is offered to all active-duty military personnel and all DoD civilians with travel agreements, as well as command-sponsored dependents and personnel designated by the Combatant Commanders.

EML allows you and your command-sponsored family members to travel "Space A" on all AMC aircraft to the continental United States and other overseas locations like Germany, Spain and England. EML orders are good for 90 days from the date EML orders are issued. Designated or authorized EML destinations are the responsibility of the Combatant Commanders.

Facts about EML:

1. Military personnel must be on ordinary leave. Use of any other type of leave, such as convalescent leave or leave through the overseas tour extension incentive program (OTEIP), is not authorized with EML.
2. Unaccompanied family members (18 years or older) can travel on EML orders.
3. Family members under 18 must be accompanied by an adult family member who is traveling EML.
4. Sponsors and their accompanied dependents travel in Category II. Unaccompanied dependents travel in Category IV.
5. Only two EML trips per year are authorized.

Emergency Leave

While stationed in Naples, your commanding officer or officer-in-charge may grant you or your family members funded emergency leave in the event of an emergency concerning you or your spouse's immediate family. Due to recent changes in the entitlement of transportation, specifically for family members, commercial air travel at government expense from Naples to the nearest continental United States international airport will be arranged when AMC procured transportation is not available. When AMC government tran-

sportation is available, this mode will be arranged first. Contact the Navy Passenger Transportation Office (NAVPTO) for assistance or information.

Note: Be sure your family in the U.S. knows your rate, rank, social security number and name of your command in case there is an emergency and they need to notify you.

United States Consulate General Naples

Established in 1796, the U.S. Consulate General Naples is one of the U.S.'s oldest diplomatic posts. The district includes the Italian regions of Campania, Basilicata, Molise, Puglia, Calabria and Sicily. The Consulate General in Naples engages in a full range of U.S. government activities and services within the consular district. The Consulate employs officers and locally employed staff from the U.S. Department of State and the Social Security Administration. The Consulate General also oversees a Consular Agency in Palermo.

The Consular section offers a full range of passport and emergency services to U.S. citizens. It also processes non-immigrant and immigrant visa applications. Consulate General Naples is the only immigrant visa processing post in Italy and one of the few worldwide that processes immigrant visas for Iranian nationals.

The Federal Benefits Unit administers federal benefits programs from the U.S. Social Security Administration and other selected U.S. agencies.

The Public Affairs section is responsible for regional media relations, cultural affairs and liaising with the Italian and American academic communities. There is also a Fulbright Commission Educational Advising service hosted at the Consulate General.

The Political/Economic/Commercial section is responsible for following political, economic and commercial issues in southern Italy, and for assisting in the promotion of American business and trade.

The Consulate General is headed by the Consul General, who is the chief representative of the U.S. government in the consular district.

The website of the Consulate General is *naples.usconsulate.gov.*

Assistance to U.S. citizens, including U.S. military

The consular section of the Consulate General offers several types of assistance to the military community. The consular section processes passport applications; issues reports of birth and death of U.S. citizens; performs notary services; renders assistance to U.S. citizens in difficulty; maintains lists of attorneys and doctors; registers young adults for selective service; provides assistance to incarcerated U.S. citizens; provides assistance, under certain circumstances, to destitute Americans; advises U.S. citizens on marriage requirements in Italy; provides services to merchant seamen; provides various services in cases of illness or disaster; and provides information on the welfare or whereabouts of U.S. citizens in the

The U.S. Consulate General of Naples is located along the waterfront at Piazza della Repubblica. (Photo courtesy of U.S. Consulate Naples)

Naples consular district. For information regarding the documents required in support of passport applications and reports of birth, contact the passport section at 081-583-8223/8224. For information regarding the documents required for notary services, including the *nulla osta*, which is required by Italian law whenever a U.S. citizen marries in Italy, contact the American Citizens Service office at 081-583-8220.

The U.S. Consulate General is located at Piazza della Repubblica in Naples, Italy. It is open to the public weekdays from 8 a.m. to noon by scheduling an appointment on the website *www.usembassy.it* under "U.S. Citizens Services." Telephonic inquiries are available from 2 to 4 p.m. by dialing the previously listed numbers.

Visa Services

The Consulate General is also responsible for processing immigrant and non-immigrant visas. For information regarding the application procedures for immigrant visas, consult *www.usembassy.it/visa/immigrant/default.asp.* For information regarding the application procedures for non-immigrant visas, consult *www.usembassy.it/visa/procedures/naples-en.asp*. For supporting documents for these services, call the visa section at 081-583-8210/8211/8212/8213 weekdays from 2 to 4 p.m.

Federal Benefit Unit (FBU)

This section is responsible for distribution of federal benefits and for determining eligibility for these benefits. It also takes applications for social security cards. For information concerning federal benefits, contact the FBU at 081-583-3811.

Employment

Key Employment Eligibility Restrictions

Italian law restricts U.S. citizens' ability to secure jobs on the local economy.

Additionally, the NATO Status of Forces Agreement (SOFA) in Italy establishes hiring restrictions for the U.S. civilian component. Those who are in Italy as a result of their affiliation with the U.S. armed forces are limited in their ability to accept jobs on the Italian economy. However, employment opportunities with federal entities and some non-fede-

ral entities (such as Navy Federal Credit Union) are often available. Naples hosts an array of DoD and Department of the Navy commands with employment opportunities for eligible civilians.

The DoD has established various preference programs which affect job competitions. Two programs that assist active-duty and civilian compenent dependents in obtaining federal employment are the Military Spouse Preference Program and the Family Member Preference Program. Family members of contractors are not eligible for such preferences. Additionally, for many U.S. civilian component positions, veterans also receive a hiring preference.

Frequent Vacanies

Employment opportunities are available at DoD Dependent Schools (DoDDS) for teachers, teacher aides and substitutes.

Various commands have opportunities for office automation clerks, cashiers, child development assistants, recreation aides and similar positions at the GS-03/04/05 grade levels.

Resources

All federal employment vacancies are posted online at*www.cnic.navy.mil/Europe/About/Jobs/index.htm.*

NSA Naples' Fleet and Family Support Center (FFSC) provides guidance on how to apply for federal jobs, including non-appropriated fund positions (typically, these jobs include those with the Navy Exchange or Morale, Welfare and Recreation). The FFSC also offers individual counseling on résumé writing, interviewing skills and job referral procedures. These services are provided to eligible patrons free of charge.

Other questions regarding federal employment may be addressed to:

Commander, Navy Region Europe, Africa, Southwest Asia,
Code N13
Human Resouces Office
Admin I, Capodichino
PSC 817, Box 29
FPO, AE 09622
DSN: 626-5409 • Commercial: 081-568-5409

Additional Information

Current or former federal employees should include a copy of their most recent Standard Form 50 with their employment applications.

U.S. Naval Hospital Naples is located at the Support Site and provides care to active duty, retired military and command-sponsored personnel and their families. (Photo by MC1 (NAO) John Parker)

Civilian employment outside of the continental United States (OCONUS) is limited to five years. Dependent employees hired OCONUS may be exempt from this limitation. However, appointments are tied to the sponsor's tour of duty.

Depending on the availablity of funds, there may be a seasonal dependent youth employment program. Eligible students must have a Social Security number. Employment eligibility rules applicable to the U.S. civilian component apply to this program.

Finally, interested applicants should consult the applicable job announcement for specific postion classifications and restrictions.

NEX Employment Prospects

The Navy Exchange (NEX) is the second-largest employer in the Naples American community, staffing hundreds of positions in exchange facilities throughout the area. Employment opportunities are primarily found in retail sales, but also include a number of clerical, administrative, security and manual or skilled-labor positions. Job openings include full-time, part-time and flexible employment. Family members of active-duty military personnel and DoD civilians have priority in hiring. U.S. citizenship is required for these dependent-hire positions. Flexible and part-time employment is also available for off-duty enlisted personnel. The NEX has a good benefits package, including paid vacation, insurance plans, 401(k) and a retirement program that you can build on as you work at any NEX worldwide. You may place your job application with the NEX at anytime, even if a position is not available immediately. Applications are always welcome for entry-level positions, which are filled through an "open register." Experience is preferred, but not required, and on-the-job training is provided for entry-level positions. Job announcements are posted at the NEX and in "Panorama."

U.S. Military Retiree Association of Southern Italy

The U.S. Military Retiree Association of Southern Italy (USMRA-SI) was formed in 1981 to represent U.S. retired military personnel and their family members who reside in Naples, Gaeta, Rome and Sigonella. The retired community, counting family members and survivors, numbers more than 500 people. In Europe, the USMRA-SI maintains close ties with representatives of the SECNAV Retiree Council, the Tri-component Retiree Council, the VFW and American Legion. Members perform volunteer work with the American Red Cross, NJROTC and the Navy League. Emergency assistance and referral services are available to all members of the retired community. The USMRA-SI serves as a link between local area retirees, various military agencies and the U.S. Consulate in Naples. Information is available online at *http://usmra-si.tripod.com* or by calling 329-208-7315.

Morale, Welfare and Recreation

Current MWR programs and scheduled events can be found in monthly issues of "Volcano" at *www.issuu.com/mwrnaples/docs* or you can see what's going on at *www.facebook.com/mwrnaples*.

Admiral Robert B. Carney Park

Carney Park is one of the most unique parks in Europe due to its location within an extinct volcanic crater. It is a 96-acre recreation area with a variety of facilities and programs. Founded in 1966, the park has a multi-purpose sports field, numerous men's, women's and youth softball fields, baseball fields and a soccer field. There are tennis courts, outdoor basketball courts, sand volleyball pits, children's playgrounds and an outdoor water park that includes seven slides, an Olympic-size pool, a kiddy pool and a Tiki bar. There are also horseshoe pits, picnic areas and facilities for tent and trailer camping, as well as 27 rental cabins.

Carney Park Golf Course has nine holes with a 69.0 course rating, and is 5,901 yards long (Men's and Championship) and 5,310 yards (Women's and Seniors'). The golf course manager is a PGA golf professional who develops numerous programs, tournaments, lessons and events. The clubhouse has a fully stocked golf pro shop with many golf course logo

Carney Park, located inside an extinct volcano crater, offers a multitude of recreational activities for adults and children. (Photo by MC2 Kristopher Regan)

items for purchase. The golf program also offers golf cart rentals, a driving range, two practice putting greens, club rentals, club storage and men's and ladies' locker rooms.

The Fairways Bar and Grill operates at the Carney Park Golf Course year round. Regular specials include holiday celebration menus on days such as Thanksgiving, Easter, Mother's and Father's Day. Group and catered events are welcomed by reservation. A snack shack operation supports youth sports and special events in the park.

Liberty Recreation for Single Service Members

The Liberty program is designed for, but not limited to, 18- to 25-year-old single service members. It offers day trips to local restaurants, recreation areas and tourist spots, as well as free intercultural classes, cooking classes and competitions. All Liberty events are discounted to help give junior ranking service members the chance to enjoy Europe. Special events featuring great food and entertainment are planned yearly. The Liberty Discount Card provides a fantastic opportunity for single service members to enjoy many MWR facilities at a discount.

Naples Childcare and Youth Programs

Raising children in a single parent family or in a family where both parents work is a challenge faced by many military families. Naples MWR offers a number of childcare options that can provide your children with a healthy, productive environment when you can't be there.

Child and Youth Programs (CYP) are for children of active duty members, DoD civilians, reservists, DoD contractors (if permitted to use MWR facilities) and retired military members. The CYP program options are designed to meet the varied needs of children and youth in our communities through the programs listed below.

Child Development Centers (CDCs)

Naples offers two CDCs staffed with caregivers who are trained in early childhood development techniques and offer developmental activities in accordance with guidelines from the National Association for the Education of Young Children. All technician aides are trained in CPR, first aid and in developmental practices. The CDC environment is appropriate for each child's age level, and the program of services provides high-quality childcare. The Naples CDCs reflect the Navy's commitment to providing only the highest quality care for your child.

The Capodichino CDC has a capacity for 45 children, from infants through preschool age, and offers full-day care weekdays from 6:30 a.m. to 5:30 p.m. The Support Site's CDC is larger, with space for 77 children. This center accommodates infants through preschool age and offers full-day contract care weekdays from 6 a.m. to 6 p.m. Drop-in care is available at either CDC on weekdays. Reservations for drop-in care can be made up to 30 days in advance. Sponsors may make reservations for new arrivals before the 30-day mark, allowing parents to attend Area Orientation upon their arrival in Naples (Space Available).

Cost for CDC services is calculated on a sliding scale based on total family income. The Resource and Referral assistant can estimate charges over the phone, but the actual costs are calculated directly from the parents' leave and earnings statements. Drop-in care is a fixed charge at $4 per hour.

Child Development Home (CDH)

The demand for childcare services is sometimes far greater than the CDC can provide. Another care option in Naples is the Child Development Home (CDH) program. These in-home care providers help fulfill the needs of the community by offering children individualized quality care in government-owned or government-leased quarters. While each CDH provider is essentially an independent business enterprise, they operate under the guidance of the MWR Child Development Program and NSA Naples.

Before joining the program, each potential CDH provider completes rigorous training. The homes are inspected and approved by Preventive Medicine, the Substance Abuse Rehabilitation Program, Family Services, Family Advocacy, the Fire Department and the MWR CDH Director. You, too, could also provide this valuable service to the community. If you have a love for children, this could be an excellent opportunity for you.

Youth Activities

School Age Care

For families who have childcare needs for their school-age children, MWR offers the School Age Care program, located at the Support Site Youth Center. The program is affiliated with the Boys and Girls Club of America (BGCA) and 4-H Youth Programs. The School Age Care program is accredited by the Council on Accreditation (COA) and has been recognized for program excellence within Navy Region Europe, Africa, Southwest Asia. The Youth Center offers before-and after-school activities at the Support Site. During summer break, a day camp is held at the Support Site Youth Center w/day trips to Carney Park, and is open to all eligible youth who have completed kindergarten through sixth grade.

Youth Activities also boasts community instructional classes such as gymnastics, hip-hop dance, cooking, and arts as

crafts, as well as a summer open recreation program within the Youth Center. Sign up for these programs at the Youth Center or at the Support Site CDC. For information about any of these activities, contact the Youth Center at DSN: 629-4722 or Commercial: 081-811-4722.

Teen Center

The Teen Center is a place where teens in grades seven through 12 can get away from it all. Located on the Support Site, the center features a gymnasium with basketball and volleyball set-ups, a lounge area, computer stations, a video game room, a sound room, a recording studio and a movie room. The center also offers table tennis, pool tables, foosball and an air hockey table. Programs such as white-water rafting, hiking excursions, kayaking lessons, overnight trips and paintball matches are offered throughout the year. For new arrivals, a teen sponsorship program has been established in hopes of familiarizing teens with the area and assisting them with the challenges of living overseas. The Teen Center is affiliated with the Boys and Girls Clubs of America and 4-H, and offers a variety of programs such as Youth of the Year, Power Hour Homework Help and Keystone Leadership Club.

Youth Sports

MWR offers seasonal youth sports programs in soccer, basketball, tennis, softball, baseball, T-ball and flag football. Each summer, there are skills clinics and camps that children can attend to improve their play. Additionally, there are ongoing specialty classes.

Youth Sports' success depends largely on service contracts and volunteers from the community. If you are able to coach or teach a class, contact the youth activities director or training and curriculum specialist.

For more information about current Youth Sports programs, call 331-197-4131 or the Child & Youth Programs (CYP) Youth Center front desk at DSN: 629-4722 / Commercial: 081-568-4722.

Resource and Referral Services

The Resource and Referral service is the initial point of contact for all military and civilian personnel with childcare needs. These services help coordinate the availability of child care in the CDCs, CDH and the School Age Care program, helping to meet the specific needs of each family. Requests for care are accepted in advance for expecting parents or for newly arriving families in Naples. Information is also provided to help assist personnel transferring to their next duty station.

	Commercial		DSN
Child and Youth Programs Director:	081-822-4390	or	629-4390
Capodichino CDC:	081-568-5116	or	626-5116
Support Site CDC:	081-811-4989	or	629-4989
School Age Care:	081-811-4722	or	629-4722

Eating Places

For all of the on-base eating options at Capodichino, the Support Site and JFC, refer to Page 68.

Bella Napoli Food Court at Capodichino is contracted through the Navy Exchange and provides a variety of food concepts that cater to a variety of tastes and occasions including: an Espresso bar, Subway, quality Italian-style pizza & entrees made fresh, as well as a made to-order grill, flame broiled burgers, and sushi. The MWR Olde Town Pub, is conve-

The Bella Napoli Food Court is located at Capodichino and houses several restaurants, a café and a pub. (Photo by MC1 Travis Simmons)

Staying fit is easy at the Support Site Fitness Forum. (Photo by MC1 (NAO) John Parker)

niently located here, and is a great place to meet up with friends, play a game of pool, relax and enjoy entertainment.

Strikers at the Support Site bowling center serves up all your favorites including pizza, wings and grilled items. In the same building you'll find the O'Rhys Irish Pub, where you can enjoy a traditional pub atmosphere while you are waiting for a lane to open or a movie to begin, or where you can simply hang out with friends. Dance the night away with DJ entertainment at O'Rhys on Fridays, or "croon a tune" on the big screen karaoke on Saturdays. Get in the spirit with exciting theme parties that feature competitions and contests. Popular sports—including the Superbowl—are viewed on a state-of the art satellite TV system.

Don't forget Fairways Bar & Grill at the Golf Course in Carney Park. Check for seasonal hours of operation and special holiday celebrations.

MWR caters events with 20 to several hundred attendees on any U.S. government installation in the area. The organization has rooms suitable for meetings, conferences and private functions. Call DSN: 626-4050 or Commercial: 081-568-4050 for details.

Fitness Centers & Pools Fitness

The Capo FitZone at Capodichino is a 39,000-square-foot fitness complex that features a 25-meter indoor lap pool, a sauna and Jacuzzi, two racquetball courts, a basketball/volleyball court, a sand volleyball court and a spin room. Traditional workout areas include the aerobics room with hardwood maple floor, cardio machines that are connected to the "Cardio Theater Wall," Medex, TRX and Hammer Strength systems, and free weights.

The Support Site is home to the Fitness Forum. This 47,000 square-foot state-of-the art fitness facility features a male and female sauna, two racquetball courts, a spin room, a basketball court, various cardio machines with "Cardio Theater Wall" connectivity, an aerobics room, weight machines and a free weight room.

Leisure classes are also a staple of the Naples fitness program and include step aerobics, double step, total body, kickboxing, Pilates, cardio flex, fit yoga, hip-hop, Latin/Salsa, Tae Kwon Do, spin, turbo kick, water aerobics, power sculpt and more. Personal trainers are also available to help you meet your fitness goals. For more information, call the Capo FitZone at Commercial: 081-568-4263/4266 or the Support Site Fitness Forum at Commercial: 081-811-6621/6604.

Pools and Aquatics Program

MWR offers a variety of aquatics programs and services, such as three state-of-the art aquatics facilties, lap swimming, group and private swim lessons, water aerobics classes, stroke refinement clinics, lifeguarding and water safety courses, command physical training, open recreational swimming, kayaking clinics, after-hours pool party rentals.

The Capodichino FitZone Pool is located in the FitZone gym, and is an indoor, six-lane 25-meter lap-swim. It offers free admission for U.S. ID cardholders and authorized MWR patrons.

The Support Site Pool is located next to the Fitness Forum, and is an outdoor recreational pool seasonally operated from May to September. It is an eight-lane, 25-meter Z-shaped pool with a deep-end diving board and water slide, a "shallows" area for non-swimmers, and a small wading pool. There is a concession stand, the Splash Bar, which sells snacks and swimming-related items such as goggles, caps and swim pants. The Support Site Pool is for U.S. ID cardholders and authorized MWR patrons.

The Carney Park Pool is located within Admiral Robert B. Carney Park, and is an outdoor recreational swimming pool seasonally operated three days per week (Fri, Sat & Sun) during summer break. It is a waterpark-type, Olympic-size pool with a diving board, seven different water slides and a wading pool with a fountain. There is a concession stand, the Tiki Bar, where snacks and swimming-related items are sold. A picnic area with a grill is available to reserve for private functions. The Carney Park Pool is open to U.S. ID cardholders and authorized MWR patrons.

Intramural Sports

MWR offers intramural sports programs in softball, flag football, volleyball and basketball. Other sports may become available as interest and facilities allow. For more information, call Commercial: 081-568-6482 or send an e-mail to *intramural@nsa.naples.navy.mil.*

Movie Theater

The Reel Times 2 movie theater is located in the Support Site Navy Exchange complex. It has the capacity to seat 302 in the Freedom auditiorium and 148 in the smaller Victory auditorium. The system was recently upgraded with digital and 3-D format movies. The movie schedule is available on the ITT website at *www.mwritt.org*.

Strikers' Bowling Center

Strikers Bowling Center is a 16-lane AMF house that is located on the Support Site. It is home to a variety of programs and events, including bowling leagues, birthday parties, command functions, cosmic bowling specials, and open bowling. Special event promotions and tournaments are regularly scheduled. All ages and abilities are welcome. Bumper bowling is available for beginners. Enjoy food and beverage selections and free Internet access in the Wi-Fi zone.

Libraries

MWR has two state-of-the-art libraries: one at Capodichino and one at the Support Site. The libraries offer books, CDs and DVDs for check out, audio-books (on CD and Playaways), an interlibrary loan program, and reserve book services. Additional offerings include periodicals, on-site computer use with Internet access and books in Italian. Story time is offered weekly for preschool children at the Support Site library, and a summer reading program is held from June through August. Each month the libraries present extensive information on various ethnic and cultural events, complete with contests and drawings to make things interesting and fun.

Auto/Woodworking Skills Center

The Auto Center provides the opportunity to perform preventive maintenance on your vehicle and save considerable money on car repairs for the do-it-yourself mechanic. Experts are always on hand. The center also offers oil sales and access to diagnostic machines to help you keep your car up and running. Additional amenities include a car wash, pressure washer and vacuums. For the woodworking enthusiast, a wood shop is incorporated into the facility.

The Navy Outdoor Recreation (NOR) Center is also located at the Auto/Woodworking Skills Center and offers a variety of excellent outdoor recreation programs. NOR offers a variety of classes and trips for all abilities: ski trips, sea kayaking, climbing class, paintball games, Amalfi Coast hiking, camping trips and river rafting trips. They also offer a variety of camping gear and equipment rentals such as tables, chairs, party tents and BBQ grills.

Information, Tours and Travel (ITT)

The NSA Naples ITT program is one of the best in the world, offering high quality travel and leisure opportunities to authorized MWR patrons. Program and service highlights include daily tours throughout the Naples, Amalfi Coast and Rome regions; extended tours to a variety of European and worldwide locations; concert information; hotel, plane, ferry and train reservations; and general area information. Large groups can make arrangements with ITT for excursions that are tailored to meet their needs. ITT has two offices for your convenience — one located in the Support Site Navy Exchange retail complex, and the other located at Capodichino. Customers can now sign up online for daily tours and get current information on extended tours by visiting the ITT website at *www.mwritt.org*.

ITT recently expanded services to include the Joint Services Travel Program (JSTR). The JSTP offers quality group and individual travel packages at the most competitive prices. Some of the services available through the program are airline, EUROTRAIN and cruise consultation/booking, hotel, car rental, ferryboat and adventure packages.

Special Events

The biggest event of the year is the Independence Day celebration in Carney Park. Thousands of people attend to enjoy arts and crafts vendors, a variety of food booths and live entertainment. As part of the events, a spectacular fireworks display lights up the sky.

Other yearly events include the Halloween Spooktacular, complete with a scary haunted house and trick-or-treating that is supported by the entire community, and the Easter Eggstravaganza, where children can enjoy a day of fun with the Easter Bunny.

In addition, MWR provides quality entertainment to our military community throughout the year. Musicians, comedians and cheerleaders are just a sample of the performers brought to Naples by Navy Entertainment and Armed Forces Entertainment. Past entertainers have included the Imagination Movers, Harlem Globetrotters, Darius Rucker, Sesame Street, Tommy Davidson, The Cirque Dreams World, Peyton Manning, and the Redskins Cheerleaders.

Morale, Welfare and Recreation Gaeta

MWR Gaeta is a division of the Naples MWR program. Gaeta is located on the southern coastline of the Lazio Region, approximately 90 minutes north of Naval Support Activity Naples.

The Fleet Center is a multi-use facility used by both sailors and families. The center is equipped with multi-media resources, such as travel books and DVDs, magazines, interlibrary loan services, upgraded computer access and Wi-Fi, TVs, a billiard table and an 8-mm movie program. The covered awning area is available for special events. Individual activities may be reserved through the customer service desk.

Need to cool off? Take a dip in the Support Site Pool. (Photo by MC1 (NAO) John Parker)

The customer service desk provides extensive information and referral for both MWR and FFSC programs. Customer service provides assistance with travel resources and airline tickets, coordination and registration of leisure programs including tours, special programs and instructional classes.

The Fleet Center hours of operation are 10 a.m. to 10 p.m. when a ship is in port and 10 a.m. to 7 p.m. when there are no ships. Children under 12 must be accompanied by an adult at all times while at the Fleet Center. After 5 p.m., the Fleet Center becomes an adult-only facility, unless a specified program which allows child participation is scheduled. The customer service telephone number is DSN: 626-8357or Commercial: 081-568-8357.

Outdoor Fleet Landing Sports Courts consist of a running track, basketball, volleyball and a fenced calcetto court. These sport courts are unmanned, with gear available for checkout from the Fleet Center during regular hours of operation. Open 24 hours per day, seven days a week.

A MWR Laundry Facility is located at Fleet Landing and is available for both sailors and family members free of charge. It is an unmanned facility and open 24 hours per day, seven days a week.

The Fitness Center is located on the ground floor of Bldg. 752 at Fleet Landing. It is equipped with both cardio and strength equipment. The facility is open 24 hours a day, seven days a week and is unmanned. The Fleet and Family Readiness Center staff and security are the points of contact.

Olde Mill Inn Park consists of two ball fields an indoor dining area (open only when reserved). Two large picnic areas and a smaller picnic area can be reserved by calling Fleet Center customer service. Several smaller picnic grills are also available on a first-come, first-serve basis. The park is a major site for the community's gatherings. There is a lit tennis court, a sand volleyball court and a horseshoe pit, along with restrooms and showers. The Olde Mill Inn Park is located in Gaeta along Via Sant'Agostino. The hours of operation are 7 a.m. to dusk. Park maintenance staff members are available Monday through Friday from 8 a.m. to 4:30 p.m.

Allied Joint Force Command Naples Recreation

The following recreational facilities are available at Allied Joint Force Command Naples (JFC):

Gymnasium: Monday through Thursday from 6:45 a.m. to 8 p.m., Friday from 5 a.m. to 5 p.m.,

The gym is closed on JFC Naples official holidays, as well as Saturdays and Sundays.

Library: Monday through Friday from 9:30 a.m. to 5:30 p.m. Closed Saturday and Sunday.

Swimming pool: Opening date and hours for the new facility will be announced in May 2013.

Shopping & Dining Out

This section is designed to help you shop and dine both on base and on the economy. It lists all the base facilities, as well as tips for visiting local shops and restaurants. This chapter also includes some common translations and a few specific places of interest.

Commissary

The management and staff of the Naples Commissary wish to take this opportunity to welcome you to Naples. The Commissary is located at the Navy Exchange retail center at the Support Site in Gricignano. The Naples Commissary has 33,500 square feet of floor space with new products introduced daily. You may find some of your old favorites, as well as a selection of authentic European and Oriental foods to excite your taste buds. The store also carries foods to meet many special dietary needs.

The Commissary features a deli, a bakery and a bistro for quick service, as well as special order services. Coupons are accepted at the Commissary up to six months past the expiration date. If there is a product that you would like the Commissary to carry, please stop by Customer Service and fill out a request.

The Commissary phone number is Commercial: 081-811-4882 and is open seven days a week for your shopping convenience. Commissary hours of operation are Sunday from 10 a.m. to 6 p.m., and Monday through Saturday from 10 a.m. to 7 p.m.

Navy Exchange

The Navy Exchange (NEX), located at the Support Site, opened its doors in early May 2005 with nearly 75,000 square feet of floor space. The NEX carries a variety of electronics, housewares, toys, sporting goods, furniture, garden items, and cosmetics and beauty products. The NEX also carries clothing and shoes for women, men, infants, boys, and girls. You can also purchase gas and oil coupons and pay bills through the NEX.

Stores located in the NEX retail center include an optical shop, a barber shop, a beauty salon, a bookstore, the Earth & Vine Gourmet shop, a photo center, a flower shop, a tailor and a dry cleaner. You can also find an ice cream shop, fine jewelry sales and a pack 'n' wrap. The food court in the NEX mall houses franchises of Subway, A&W, KFC and Taco Bell, as well as an Italian coffee shop. The Navy Exchange also operates a mini-mart in the Village Forum at the Support Site.

A NEXMart and Uniform Center, along with many other services, are available at Capodichino, while a convenience-type store is located at JFC Bldg. L

Allied Joint Force Command

There is a duty-free shop called The International Store and a few concessions at JFC Naples. The International Store is located on the ground floor of the Community Center. The International Store is operated by the JFC Naples Morale and Welfare Activities and offers a large selection of clothing, perfumes, cosmetics and creams, sports equipment, audio-video, TV, Hi-Fi, home appliances, cell phones and cordless, computers, food, chocolate, sweets and wine. Shops accept euro, dollars, personal checks and credit cards. The International Store is open from Tuesday to Thursday 10:30 a.m. to 6:30 p.m., Friday 10:30 a.m. to 5:00 p.m, Saturday 10:30 a.m. to 2:00 p.m. and closed Sunday, Monday and JFC Naples holidays.

Community Center Shops

Frame Shop: Monday through Friday, 9 a.m. to 4:30 p.m.
Plax Engraving: Monday through Friday, 9 a.m. to 5 p.m.

Following is a list of shopping-related Italian words and phrases.

Shopping dictionary

Types of stores

Alimentari: Grocery.
Arredamento: Furnishings store.
Barbiere: Barber.
Cartoleria: Stationery store.
Caseificio: Cheese store.
Elettrodomestici: Electric appliances shop.
Enoteca: Larger wine store.
Ferramenta: Hardware.
Frutta e Verdura: Fruit and vegetable stand.
Gioielleria: Jeweler.
Libreria: Book store.
Latticini: Dairy products.
Macelleria: Butcher shop.
Mobili: Furniture store.
Moda: "Fashion"; clothing store, usually for women's clothes.
Panetteria: Bakery.
Parrucchiere: Hairdresser.
Riparazione auto/gomme: Auto/ tire repair shop.
Salumeria: Delicatessen; a small grocery store usually with a deli case with cheeses and cold meats and salami.
Supermercato: A larger store, usually primarily a grocery, but some also include other items.
Vini, vini e olii: Wine store, wine and oil (and olives) store. Although less common, some have wine and oil in casks and olives in barrels, and you are expected to bring your own containers.

Shopping terms

For food terms, see dining section

Berretto: Cap.
Bicchiere: Glasses.
Borsa: Handbag, purse.
Cacciavite: Screwdriver.
Calze di nailon: Nylons.
Calzini: Socks.
Camicetta: Blouse.
Camicia: Shirt.
Cappello: Hat.
Cappotto: Coat.
Carta: Paper.
Casseruola: Pan.
Chiave: Key, wrench.
Chiave a forcella: Crescent wrench.
Chiave inglese: "English wrench"; monkey wrench.
Chiodi: Nails.
Coltello: Knife.
Cucchiaio: Spoon.
Forchetta: Fork.
Giacca: Jacket.
Guanti: Gloves.
Lampada: Lamp.
Maglione: Sweater.
Martello: Hammer.
Padella: Frying pan.
Pantaloni: Pants.
Pentola: Pot.
Piattino: Saucer.
Piatto: Plate.
Sacco: Bag.
Scaffale: Bookcase, shelves.
Scarpe: Shoes
Tavola: Table.
Tazza: Cup.
Vite: Screw.

Generic terms/phrases

Many of these ideas are expressed by gestures, which are nearly impossible to reproduce in this book without extensive diagrams; ICR will teach you some, your sponsor may teach you more, and some you may pick up by watching Italian shoppers.

Quanto/quanto costa?: How much/ how much does it cost?
Vorrei: I would like.
Un chilo: One kilo.
Due/tre, etc. chili: Two/three, etc. kilos.
Mezzo chilo: Half kilo.
Un etto: 100 grams (a little less than a quarter pound).
Due/tre etc./etti: Two, three, etc. hundred grams.
Troppo!: Too much!
Posso provare?: May I try it out/on?
Cerco: I am looking for.
Aperto: Open.
Chiuso: Closed.
Quale?: Which?
Questo/a: This.
Quelli/e: Those, These.
Poi? Then? (i.e, what else?)
Basta, è tutto: No more, that's all.
Dite: Speak. A shopkeeper/vendor may use this term to ask if you need help.
Più: More.
Meno: Less.
Poco, pochi: A little bit, a few.

Tony's Hardware: Monday through Friday, 9 a.m. to 4:30 p.m.
Flower Shop: Monday through Friday, 9 a.m. to 5 p.m.
Sorrento Shop: 9 a.m. to 5 p.m.
Sannino Jewelry: 9 a.m. to 5 p.m.
Tafuri Optical Shop: 9 a.m. to 5 p.m.
Banco di Napoli: 8:30 a.m. to 1:30 p.m. and 2:30 p.m. to 3.30 p.m.

Capasso Newsstand: 9 a.m. to 5 p.m.
Brunelli Laundry /Tailor: 9 a.m. to 5 p.m.
Barber Shop: 7:30 a.m. to 04:30 p.m.

Shopping Off Base

Shopping in Italy can a bit different from shopping in the United States. Prices are fixed at permanent stores and shopping centers, but when shopping at open air street markets you can negotiate unbelievable deals. For a successful market experience, you need to become familiar with an Italian custom: bartering.

Bartering takes Americans some time to get used to. Americans are used to going to stores and paying whatever price is marked on the item. While that is true of Italian stores, in the markets — the rows of stalls set out in alleys or back streets — you can buy almost anything for any price you and the seller can agree upon. Food items and fruit and vegetable prices are not haggled over very much.

The buying and selling of items becomes much more involved, intricate and exciting when you bargain. You and the vendor have to agree on a price. If you pay the price

marked or the one the vendor first mentions, he or she will gladly take your money, but probably would have settled for less. One warning, though: if you offer a certain price and after haggling, the seller agrees to it, you are not legally bound, but by custom you are expected to pay the agreed price. If you don't really want it, don't keep bartering.

Be certain that when purchasing items from street vendors, especially in some areas around Naples Central Station at Piazza Garibaldi, that what you've bought hasn't been replaced by bricks or paper-stuffed boxes after it is wrapped in paper and handed to you. Also, if deals on things such as electronics sold on the street seem too good to be true, they probably are. More than one American in the past has bought a genuine hand-carved wooden "VCR." Caveat emptor — buyer beware!

You may also hear other Americans talk about the "alleys," like Gold Alley, Shoe Alley or Christmas Alley. These are names Americans have given to markets in certain streets of Naples. Here, you usually see stands outside, but some are connected to adjacent stores, like Christmas Alley. Or the name simply comes from the street where there are many shops of a particular kind, like Gold Alley.

Open Air Markets and "Alleys"

The following is a list of some open-air and similar markets in the area, when they are open and what main items are sold. Many are on side streets and parking is a problem.

The best bet is to take public transportation (see the "Local Information" chapter for more details) or park your car as close as you can and walk the rest of the way. If you can't find it right away, look for people carrying bags and ask, "Dov'è il mercatino?" Pointing should then get you there.

- **Mercato delle Pulci:** Open Sundays from 8 a.m. to 2 p.m. Main items: second-hand items, coins, lamps, tables and a few real antiques. Located on Via Poggioreale, near the graveyard, northeast of Naples Central Station at Piazza Garibaldi. Take the Metropolitana to Piazza Garibaldi and then walk or take a bus/trolley.
- **Shoe Alley:** Open Sunday, Monday and Friday from 7 a.m. to 2 p.m. Main items: shoes, clothing and sewing material. Located on Via Marino di Caramanico. Take the Corso Malta Tangenziale exit, go straight until the first stop light, and then turn left on Via Nuova Poggioreale. Via Marino di Caramanico is the second side street off via Nuova Poggioreale.
- **Gold Alley:** Open normal shopping hours. Main items: gold and jewelry. Located on Via San Biagio dei Librai. Take the Metropolitana to Piazza Cavour, walk down the main road east, turn right on Via Duomo, then turn right four blocks later onto Via San Biagio dei Librai.
- **Christmas Alley:** Open normal shopping hours except around Christmas, when shops stay open later at night and on Sundays. Located on Via San Gregorio Armeno, which connects to Via San Biagio dei Librai. Main items: *presepe* (manger scenes) and figurines, which are often very elaborate. Naples is famous for these items. The Intercultural Relations tour during your orientation will show you where the street is. Follow directions as to Gold Alley.
- **Thieves Alley (Mercato Duchesca):** Open Monday through Saturday from 9 a.m. to 7:30 p.m. Main items: clothing, sportswear and equipment, camping gear, radio and stereo gear, some furniture and furnishings. Located in the many narrow streets due west of the main train station behind the statue of Garibaldi. This is a commercial district, and most tables of items for sale are located just outside small shops.
- **Posillipo market:** Open Thursdays from 8 a.m. to 1:30 p.m. Main items: luxury goods and clothing. Find great bargains on designer items. Located along Viale Virgilio, alongside Parco Virgiliano in Naples' Posillipo district.
- **Vomero market (Mercato di Antignano):** Open Monday through Saturday from 9 a.m. to 2 p.m. Main items: fruit and vegetables, clothing, household items. Located in the Vomero section of Naples, about six blocks from the *funicolari* stations. From Piazza Vanvitelli, follow Via Bernini about four blocks to the north. The edge of the market will be on the left.
- **Fuorigrotta market:** Open Monday through Saturday from 9 a.m. to 2 p.m. Main items: fruit, vegetables, fish, cheese and other foods; plus kitchen gadgets, household items and plastic ware. Located directly across the street from the Cumana train station in Fuorigrotta, about six blocks from the soccer stadium. There is a small alley leading to the market. This market is semi-permanent, covered with standing stalls, although some vendors drive up trucks and park them around the outside.

- **Antiques market:** Open Sunday from 8 a.m. to 2 p.m. Main items: antiques. Located in the Villa Comunale, a city park that sits along the Naples waterfront between Mergellina and the Castel dell'Ovo. Drive, or take the Metropolitana to Mergellina, walk to the water, turn left and walk to the park.
- **Bagnoli market:** Open Monday through Saturday from 8 a.m. to 7:30 p.m. Main items: similar to the Fuorigrotta market. Located in Bagnoli in the side streets just down from the Metropolitana train station, which is about two blocks from the JFC front gate.
- **Pozzuoli fish market:** Open Tuesday through Sunday from 7 a.m. to 1 p.m. Opens earlier Sunday, which is the best day to go. Main items: fresh seafood of all types. Located along the pier in old Pozzuoli, near the Tempio Serapide and the ferry and hydrofoil landings.

There are also smaller suburban markets like those in Monterusciello and on Via Staffetta in Lago Patria, for example. Ask your sponsor, landlord and neighbors for details.

Italian Stores

Of course, Italy has many stores and shops. Italy is world-famous for some items like leather goods from Florence and glass from Venice. The Naples region is famous for its porcelain and pottery (from Capodimonte and Vietri, for example), inlaid wood (from Sorrento) and cameo and coral work (from Torre del Greco, in particular). Main shopping districts in Naples include Chiaia, Vomero and the Via Roma/Via Toledo area downtown.

Many stores in Naples range from small corner shops to larger department stores like Coin. You can find *supermercati* (supermarkets) and *centri commerciali* (shopping centers). Some, like Panorama in Formia, Ikea and Carrefour in Casoria, Campania Mall and Outlet la Reggia in Caserta, and Auchan in Giugliano are large enough to rightly claim to be U.S.-style malls.

Shopping hours tend to be Monday through Saturday from 9 a.m. to 1:30 p.m. and then from 4 or 4:30 p.m. to 8 p.m. Shops usually close in the afternoon, but shopping centers generally stay open and may also be open on Sundays. You will find some shops open on Sunday mornings in busy shopping areas such as Vomero, but shops are rarely open after lunchtime on Sundays and many close for the entire day.

Money Exchange

There are various places to change money both on and off base. You can use two types of facilities: banks and exchange bureaus ("cambio"). Here are some options:

Capodichino:

- Community Bank (Admin I): Euro sales/check cashing.
- Navy Exchange cashier: Euro or dollar sales. Rates are close to the daily rate.

PACK'N WRAP

Pack'n Wrap Services
Shoe and Leather Repairs
Key Making Services
Remote Gate Control
Sharpening Services
Engraving Services
Rug Doctor
Rubber Stamps
Business Cards
Copy and Fax Services
Express Mailing Services UPS
Trophies
Emblematic Items and Plaques

Located at Support Site and Capo
Tel./Fax: +39 081 5027751 (Support Site)
Tel. +39 081 7516165 (Capo)
packnwrap2002@yahoo.com

Chock full o' Nuts Coffee Shops

NAPLES - ITALY

Located at Support Site

Hours operations:
Monday to Friday 6:00 - 19:00
Saturday & Sunday 8:00 - 19:00

Phone 081-5027399

Wireless Cafè

Puccino's

Bee Burger
Always Hot, Always Fresh!

Grill

giappo

Our offerings include an array of selections which will satisfy all tastes.
Primarily, we deliver a true "Taste of Home" with
our American style pizza, breakfast, Chock Full'o Nuts coffee,
hot sandwiches, and whopping burgers.
We also offer top-line Italian cuisine, salads, fruit, and an exquisite
Asian concept, including, our most popular freshly made Sushi,
Chinese, and grilled fish steaks.
Special orders are accepted for any size group.

Please visit us at the BellaNapoli Food Court in Capodichino

We are open seven days per week!

Hours of Operation:	Mon - Fri	06:00 - 22:00
	Sat - Sun	08:00 - 22:00

Tel. 081-5684286 /DSN 626-4286

- Banco di Napoli (Admin II): Euro, dollars and other major currency sales, if you have an account. Outside of Admin II, there are also three ATMs available: one dispenses only Euro, one dispenses U.S. currency, and one gives both.

Support Site:

- Navy Exchange cashier: euro or dollar sales. Rates are close to the daily rate.
- ATM machine: There is an Italian ATM machine that dispenses euro inside the Navy Lodge across from the elevators. There is an American ATM outside the Navy Exchange near the main doors by the movie theater.

Joint Forces Command:

- Banco di Napoli: euro, dollar and other major currency sales.

Off Base:

Shop around for the best deal, and balance convenience with advantageous rates. For example, you may get a few more euros for your dollar at a *cambio* downtown, but if you are only changing a couple of hundred dollars or less, the inconvenience of going to the *cambio* probably will outweigh the advantage in rate. Also, recently more and more local banks will accept the Naval Federal Credit Union ATM card; look for the "Plus" sign (ask for the "Bancomat").

Dining Out

Dining out in Italy can be a pleasurable experience. This will probably be one of the first aspects of Italian culture you encounter here, especially if you are accompanied and are living in a hotel for the first few weeks after you arrive. Your sponsor will almost certainly take you to his or her favorite spot. If they don't, ask them to do so.

Although authentic Italian cooking can be found in more and more places in the United States nowadays, you will find that what you get here is not what you get at most Italian restaurants in America. You will also find that there really is no such thing as "Italian food." Instead, there is a great variety of regional styles — cooking in Milan is different, in general, from that of Bologna, Rome, Naples or Sicily. Many Americans think that Neapolitan cooking is some of the best Italy has to offer, and of course any Neapolitan will swear it is true.

In general, the cooking of the Naples and Gaeta regions features tomato-based sauces flavored with basil or oregano and the ever-present garlic, and like many other parts of Italy, seafood is a featured part of the cuisine.

And, yes, there are several McDonald's restaurants in Naples.

Types of Eating Places

There are several distinct types of places to eat in Naples, but the distinctions are blurring as U.S.-based lifestyles permeate Europe. The following are some terms you may see, and what they mean:

- **Bar:** This is usually not a U.S.-style bar, but rather a coffee shop or espresso bar. While you can buy beer, brandy or other alcoholic beverages at Italian bars, the central part of the bar is the espresso coffee machine. Bars are frequented throughout the day, but especially in the morning when they serve pastries to go with coffee. In bars, you must go to the cashier first, tell him or her what you want and pay for it (of course, you can look at what is offered before you go to the cashier). Then take the receipt to the counter and order, leaving a small tip (usually about €0.10) with your receipt. Most Italians eat and drink standing up at these places. Many places have tables and chairs, but sitting down is in effect saying you want waiter service and are willing to pay the extra charge for that service. If you do get the waiter service, it is also customary to leave a small tip for the waiter above the cost of food and drink.
- **Pasticceria:** Pastry shop. Many times they are connected to a coffee bar, but places listed as a *pasticceria* offer a wider selection of pastries. Many also serve other food besides pastries, such as varieties of sandwiches. Some places may even put "panini" (literally, "little breads") on their signs and offer a larger selection. These are excellent places to get a quick, inexpensive snack or lunch. Again, you pay first, then order.
- **Tavola Calda:** Literally, "hot table." The closest U.S. translation would be a "grill." These are more elaborate than panini shops, featuring hot dishes. Some are small with only a few choices each day. You may select what you want from a glass-enclosed display. Most have a few tables where you can sit. Some have become so elaborate that they are like U.S. self-service cafeterias, although the word "*caffetteria*" in Italian literally means a shop that sells coffee.
- **Rosticceria:** A place selling rotisserie-cooked meats, most often whole chickens. In Italian, a "something-eria" usually means a place that sells that "something." So, a *polleria* is a place that sells *pollo* (chicken). These places are great for getting an inexpensive, very tasty lunch or dinner. In the Naples and Gaeta regions, there are many such shops along the streets and highways selling chickens that have been roasted on a spit and basted with oil spiced with sage, marjoram and oregano.
- **Pizzeria:** A *pizzeria* serves Naples' hallmark dish: pizza. Pizza was invented in Naples, but they are not the pizzas you are used to in the United States. They are usually individual

size and come with a wide choice of toppings. Most pizzerias also sell other foods, and many other types of eating places also advertise themselves as a *pizzeria*. For example, a place that calls itself a *ristorante-pizzeria* is telling you that, in addition to its full restaurant selections, they also serve pizza.

- **Trattoria:** A smaller, usually family-run restaurant with full waiter service. The menu is more limited, the decor usually less ornate and the prices usually lower than a full ristorante. These places are becoming rare, but can offer some of the best cooking available.
- **Ristorante:** A restaurant that offers a large selection of items on the menu and full waiter service. These range from small places to very large, ornate (and sometimes expensive) places.

The Naples region has some specialty restaurants serving Chinese, Japanese Greek, Brazilian and French cuisine, but relatively fewer than in large cities in the United States.

The Italian Meal

This section applies to the sit-down restaurants with waiter service. Eating in an Italian restaurant is different than in the United States. Quite apart from the differences in foods, there are also differences in customs and even in how the meal is arranged.

Generally the attitude in an Italian restaurant is that the table you occupy is yours for as long as you want — until closing if you desire. There is no sense of being hurried through a meal so someone else can use the table.

Also, mealtime in Italy is a social time, and diners take their time between courses to converse. To be a waiter in Italy is to be part of a respected profession. So, the waiters take pride in providing good service. However, they also respect the (expected) wishes of their clients and will not intrude on the socializing.

For some Americans, all these things combined give the impression that the service is bad. The waiters don't hang around your table asking if everything is OK; you have to catch their eye to tell them you are ready to order another course, or need more bread or want the check. The service usually isn't bad — it's just different and keyed to the Italian pace of life.

Restaurants are very willing to accomodate and serve children, and you are likely to see several families eating when you are there. Most restaurants will bring extra plates so you can share your meal with your small children. Also, if you ask them, most are willing to serve the children "*mignon*" (small) portions or a "*mezza porzione*" (half portion).

Mealtimes in Italy are later than most Americans are used to. Lunch rarely starts before 1 p.m., and 8 p.m. is the normal operating time for restaurants to serve dinner. It is not uncommon for an Italian family in a restaurant to start dining at 8:30 p.m. and leave the restaurant at 10:30 p.m. or later.

Antipasti (Appetizers)

Antipasti Italiani/Misti/Assortiti: A plate of mixed items; usually includes several vegetables like zucchini, eggplant, etc. marinated, grilled or fried. It also usually includes olives, and small pieces of cheese.
Bruschetta: Slice of bread oven-toasted with a topping of fresh diced tomatoes, garlic, oregano and other spices, and a dash of olive oil.
Caprese/Insalata caprese: "In the Capri style." Most often a salad with slices of fresh tomato layered with slices of *mozzarella di bufala* and topped with spices and olive oil.
Caviale: Caviar.
Crocchette: Breaded and fried mashed-potato dumplings.
Insalata di pesce/di frutti di mare: A seafood salad containing boiled squid, octopus, mussels, clams, etc., usually served cold with a vinaigrette sauce.
Melone: Melon, usually of the honeydew or cantaloupe type.
Mozzarella: A soft, white cheese. In the Naples region, it may mean *mozzarella di bufala*, not the kind we are used to on pizzas in the United States. *Mozzarella di bufala* is made from the milk of water buffaloes, and is softer, higher in protein and tastes different. It is considered a great delicacy.
Pizzetta: Small, fried light-dough dumplings, flavored with a variety of spices and sometimes filled.
Prosciutto: Ham. When used alone, the word means thinly-sliced raw-cured ham. A delicacy. When a distinction is made between this and other varieties, it is called *prosciutto crudo*. Smoke-cured is *prosciutto affumicato* and cooked is called *prosciutto cotto*.
Prosciutto e melone: Sliced ham and fresh melon.
Prosciutto e mozzarella: Sliced ham and fresh white cheese.
Salame: Seasoned and cured sausages, served without further cooking.
Salsiccia: Sausages that need to be cooked before eating. These are usually listed in the meat section instead of the antipasti section of the menu.
Seafood: Many types of shellfish also are available as *antipasti*, including clams and mussels. See the seafood section for translations.

Pasta dishes, Rice dishes (Pasta, Risotto)

Cannelloni: Cylinders of pasta, stuffed and baked.
Fusilli: Long, spiral-shaped twisted pasta.
Gnocchi: Small dumplings, in the Naples region made of potato flour; in other areas they are shaped similarly but made of pasta dough.
Lasagne: Flat, very wide noodles. Almost identical to lasagna noodles found in the United States.
Orecchiette: Small, ear-shaped.
Penne: Short tubes, cut on the slant to resemble quill pens.
Ravioli: Small squares of pasta stuffed with various items.
Tortellini: Small, round pastas filled and twisted into a doughnut shape.

Pasta and Risotto Sauces and Preparations

Acciughe: "With anchovies." Usually a sauce with mashed anchovies, garlic, olive oil and parsley, and sometimes tomatoes.
Aglio e Olio: "Garlic and oil." Served with hot oil and garlic. Sometimes also served *e peperoncini* — with small hot peppers.
Amatriciana/Matriciana: In a sauce with bacon, olive oil, garlic, tomatoes, red peppers and onions.
Arrabbiata: "Angry." A tomato and herb sauce with small hot peppers ("peperoncini") added, and sometimes spicy sausage or bacon. Can be quite hot.
Besciamella: Bechamel, a white sauce of butter, flour and milk.
Bolognese: "Bologna style." The classic meat and tomato sauce most Americans are familiar with. Sometimes called *al ragù*.
Boscaiola: "Woodsman's style." In Naples, a rich tomato sauce with ham, peas and mushrooms.
Carbonara: "Coal man's style." Hot pasta is tossed with beaten eggs and cream and diced bacon; sometimes includes onions. Served with fresh grated parmesan cheese and pepper.
Forno: Baked. Usually means a pasta and sauce baked as a dish. The best known such dish to Americans is *lasagne al forno*.
Frutti di Mare: Shellfish ("fruit of the sea"). A thin sauce, either clear or with tomatoes, to which have been added clams, mussels, squid, shrimp, diced octopus, etc. Shellfish can be shelled, but most often come in the shells.
Pescatore: "Fisherman's style." Like frutti di mare, but includes various types of fish meat.
Pesto: Fresh basil leaves, garlic, olive oil, pine nuts and pecorino cheese made into a paste.
Pomodoro: Tomatoes. A tomato sauce with herbs, onions, garlic, etc. but no meat.
Quattro Formaggi: "Four cheeses"; baked in or topped with a sauce of four different mild white cheeses such as provolone, fontina, etc.
Siciliana: "Sicily style." Usually including black olives, eggplants, sweet peppers and/or anchovies.
Sorrentina: "Sorrento style." Most often this refers to the type of *gnocchi* that is served with tomatoes and cheese. Is popular in the Naples area and throughout the Campania region.
Vongole: With clams. Usually similar to *frutti di mare*, but only with clams and not other shellfish.

Fish, Shellfish (Pesce, Frutti di Mare)

Acciughe: Anchovies.
Alici: An anchovy-like fish, usually served marinated as an appetizer.
Anguilla: Eel.
Aragosta: Spiny lobster.
Aringa: Herring.
Astice: Maine lobsters.
Baccala': Dried salt-cod.
Bianchetti: Very small sardine-like fish, usually deep-fried.
Branzino: Seabass.
Calamari/calamaretti: Squid/baby squid.
Carpa: Fresh-water carp.
Cefalo: Mullet.
Cernia: A seafish.
Cozze: Mussels, also sometimes called *muscoli* or *mitili*.
Dentice: Seabream.
Gamberi: Large shrimp. Also applied to small rock lobsters and sometimes to fresh-water crayfish. Usually you'll get something resembling a prawn.
Gamberetti: Very small shrimp.
Gamberoni: Large prawns.
Granchio: Most common term for crab.
Merluzzo: Cod.
Marmora: A small sea fish.
Nasello: Hake.
Orata: A fish similar to bream.
Ostriche: Oysters.
Pesce persico: Fresh-water perch.
Pesce san pietro: John Dory fish.
Pesce spada: Swordfish.
Polipo: Usually means octopus, sometimes small squid.
Polpo: Octopus.
Ricci: Sea urchins.
Rombo: Turbot.
Salmone: Salmon.
Sarago: A small sea fish, resembling bluegill.
Scampi: Large prawns, sometimes means rock lobster.
Seppia: Cuttlefish, similar to squid.
Sgombro: Mackerel.
Sogliola: Sole.
Spiedino mare: Mixed fish and seafood on a skewer.
Spigola: Sea bass, grouper.
Stoccafisso: Salt cod.
Tartufi di mare: Sea truffles, a small clam.
Tonno: Tuna.
Totani: Small cuttlefish.
Triglie: Red mullet.
Vongole: Clams.

Some general food terms

Aceto: Vinegar.
Affogato: Poached.
Affumicato: Smoked.
Arrosto: Roasted.
Ben cotto: Well done.
Bollito: Boiled.
(alla) Brace: Cooked over live coals.
Brasato: Braised.
Caldo: Hot.
Cartoccio: Cooked in a bag.
Cotto: Cooked.
Crudo: Raw.
(ai) Ferri: "On iron"; grilled.
(al) Forno: Baked.
Farcito: Stuffed.
Freddo: Cold.
Fritto: Fried, usually deep-fried.
(alla) Griglia: Grilled.
Marinato: Marinated.
Olio: Oil.
Passato: Pureed.
(a) Piacere: Of your choice.
Pieno, ripieno: Stuffed.
Piccante: Spicy.
(al) Sangue: "Bloody," rare (of steaks and meats).
Soffritto: Sauteed.
Spiedo: Skewered.
Tritato: Ground (as meat).

Meat and Game (Carne e Cacciagione)

Affettati: Cold cuts.
Agnello: Lamb.
Arista: Loin of pork.
Bistecca: Steak.
Capocollo: Smoked salt pork.
Capretto: Kid (young goat).
Coniglio: Rabbit.
Filetto: Filet.
Lepre: Hare.
Lombata: Loin.
Lonza: Loin, usually pork.
Lumache: Snails.
Maiale: Pork.
Manzo: Beef.
Pancetta: Bacon.
Pollo: Chicken.
Polpette: Meatballs.
Porchetta: Young pork; mature pork is maiale.
Prosciutto: Ham.
Quaglie: Quail.
Rane: Frogs, frog legs.
Salsa: Sauce.
Salsicce: Fresh sausages.
Saltimbocca: "Leaps into the mouth," thin slices of spiced veal.
Scaloppine: Thin slices of boneless meat, usually veal.
Tacchino: Turkey.
Trippa: Tripe.
Vitello: Veal.

Vegetables (Verdure)

Asparagi: Asparagus.
Bietole: Swiss chard.
Broccoli: Broccoli (comes in more varieties than Americans are used to).
Cappero: Caper.
Carciofi: Artichokes.
Carote: Carrots.
Cavolfiori: Cauliflower.
Cavolini di Bruxelles: Brussels sprouts.
Cavolo: Cabbage.
Ceci: Chick peas; garbanzos.
Cetrioli: Cucumbers.
Cetriolini: Pickles.
Cicoria: Wild chicory.
Cipolle: Onions.
Cipolline: Pearl onions.
Crauti: Sauerkraut.
Fagioli: Beans.
Fagiolini: Green beans.
Fave: Broad beans.
Finocchio: Fennel.
Friarielli: A wild broccoli.
Funghi: Mushrooms.
Insalata: Salad; verde (green), mista (mixed).
Lattuga: Lettuce.
Lenticchie: Lentils.
Melanzane: Eggplant.
Olive: Olives.
Patate: Potatoes.
Peperoncini: Small hot chili peppers.
Peperoni: Bell peppers, NOT the hot sausage for pizza. For that, you order "salsiccia piccante."
Piselli: Peas.
Pomodori: Tomatoes.
Prezzemolo: Parsley.
Radicchio: Wild chicory.
Radici/Rapanelli/Ravanelli: Radishes.
Scarola: Escarole.
Sedano: Celery.
Spinaci: Spinach.
Tartufi: Truffles.
Zucca: A large yellow squash.
Zucchini: A long, green type of squash, just like in the United States.

Herbs and Spices, etc. (Erbe e Spezie)

Aglio: Garlic.
Basilico: Basil.
Cannella: Cinnamon.
Chiodi di Garofano: Cloves.
Erba Cipollina: Chives.
Lauro: Bayleaf.
Maggiorana: Marjoram.
Menta: Mint.
Noce Moscata: Nutmeg.
Origano: Oregano.
Pepe: Pepper.
Peperoncino: Chili pepper.
Rafano: Horseradish.
Sale: Salt.
Salvia: Sage.
Senape/Mostarda: Mustard.
Timo: Thyme.

Fruit and Nuts (Frutta e Noci)

Albicocche: Apricots.
Ananas/Ananasso: Pineapple.
Anacardi: Cashews.
Anguria: Watermelon.
Arachide: Peanuts.
Aranci: Oranges.
Banane: Bananas.
Castagne: Chestnuts.
Ciliegie: Cherries.
Cocomero: Watermelon.
Datteri: Dates.
Fichi: Figs.
Fragole: Strawberries.
Fragoline di bosco: Wild strawberries.
Lamponi: Raspberries.
Limone: Lemon.
Mandarino: Tangerine.
Melacotogne: Quinces.
Melagrane: Pomegranates.
Mele: Apples.
Melone: Melons.
Mirtilli: Blueberries.
More/More del gelso: Blackberries; mulberries.
Nocciole: Hazelnuts.
Noci: Walnuts, specifically; also used for nuts in general
Noce di Cocco: Coconut.
Pere: Pears.
Pesche: Peaches. (Be careful of pronunciations: PESH SHAY is fish, PES KAY is peaches.)
Pinoli: Pinenuts.
Pistacchi: Pistachios.
Pompelmo: Grapefruit.
Prugne: Plums.
Rabarbaro: Rhubarb.
Ribes: Currants; nero (black), rosso (red).
Susine: Plums.
Uva: Grapes.
Visciola: Wild cherry.

Desserts (Dolci)

Biscotti: Cookies.
Cannoli: Pastry tubes filled with sweetened ricotta cheese mixed with cocoa and candied fruit.
Caramello: Caramel.
Cassata gelato: Ice cream with candied fruits and nuts.
Castagnaccio: A baked cake made with chestnut flour with pine nuts, almonds, raisins and candied fruit.
Crema caramel: Creme caramel; a custard topped with a caramelized sugar sauce.
Gelato: Ice cream.
Granita: Finely-shaved ice with fruit syrups. Thinner consistency than a snow-cone.
Meringa: Meringue shells.
Millefoglie: "Thousand leaves." A Napoleon; many very thin layers of pastry with custard filling, topped with powdered sugar.
Pan di Spagna: "Spanish bread;" sponge cake.
Pandoro: "Golden bread;" a very light cake, variously-shaped and usually topped with powdered sugar. Some come with cream or chocolate fillings. Usually associated with Christmas.
Panettone: Similar to pandoro, but heavier and usually includes candied fruit, raisins and/or nuts. Normally associated with Christmas.
Panforte: "Strong bread;" a flat, hard cake made with almonds, hazelnuts, honey and citron.
Profiterole/a Cioccolata: Small cream-filled pastry puffs topped with chocolate sauce and sometimes also whipped cream.
Sfogliatelle: Small pastries filled with sweetened ricotta cheese and candied fruit. There are two types: *riccia* and *frolla*.
Sorbetto: Sherbet.
Tartufi/di Cioccolata: Truffles; little candy balls made of a chocolate, coffee and egg mixture, served cold; also an ice cream dessert resembling a truffle in shape.
Torta: A widely-applied term referring to cakes and tortes of all types.
Zabaglione: A custard dessert, flavored with white or Marsala wine.
Zuppa Inglese: "English Soup." What the British call trifle.

The meal is also arranged in courses — things don't arrive at once. The basic courses and order in which they arrive are as follows: *antipasto* (appetizer); *primo* (pasta); *secondo* (meat or fish — the main dish); *contorni* (vegetables or salad); fruit and/or cheese, *dolci* (dessert); and coffee and liqueurs. Wine, water and bread are available throughout the meal.

A main dish is only that — the food you ordered. If you order veal, for example, you'll get a plate of veal. You won't get a salad or potato or other vegetable; those you have to order separately.

Pasta dishes are usually described with two terms: the first describes the shape or style of the noodles and the second describes the sauce or way of preparing it. For example, the tomato and meat sauce most Americans call spaghetti is called *spaghetti alla bolognese* – spaghetti in the style of Bologna. Pasta is generally either boiled or baked with various ingredients. Italians cook their pasta "al dente" (to the tooth), cooking it shorter times than most Americans. This gives the pasta a chewy texture.

Nearly every restaurant makes their sauces a little differently than other restaurants. There are also regional differences, so these terms should be used as general guides to what you may actually get. Also, most places have a house specialty ("*della casa*"), which is usually worth trying, but you may have to ask what is in it (for example, if you are allergic to shellfish, you would certainly want to know if the house specialty has seafood in it). The sauces are in a variety of consistencies, some very rich and heavy, others delicate and thin. Italian cooks have experimented for centuries with the sauces that go well with particular pasta shapes. For example, a thin sauce with shellfish will be served with spaghetti or linguini, while heavier sauces will be served with fettucine or tagliatelle.

Pizzas in Naples have thin chewy crusts, and because they are usually cooked in a stone oven with wood coals, the edges and bottoms are sometimes scorched in places. The toppings tend to be thinner and usually have olive oil on them. So the flavor is not quite the same as U.S.-style pizza, but many Americans (and people of other nationalities) enjoy Neapolitan pizza very much.

Most pizzas come flat, about plate-sized. There is one version, however, called either *ripieno* or *calzone*, which is a pizza folded over the topping and then baked or fried to make a kind of stuffed pizza sandwich.

There are many different kinds of toppings with many different names, so you may have to ask what toppings a particular pizza actually has on it.

In addition to the charges for the food and drinks, your bill ("*il conto*") will usually include a *coperto*, which is a cover charge for linen, dishwashing and bread. There may also be a *servizio*, which is a charge for service. When this is charged it usually runs 10 to 15 percent and covers service charges.

When dining at a restaurant in Italy you are not expected to leave a 15 or 20 percent tip as is customary in the United States, even if there is no *servizio* charge listed on your bill. Tipping in Italy is at a diner's discretion. If you wish to leave a tip, it is customary to leave perhaps a euro for each person who dined (usually not to exceed 10 percent). Italians may or may not leave a tip at all.

On-Base Eating Places

JFC Naples Facilities

Bar Rizzo (Main Complex Building)
Gas Station Bar (Area near Motor Pool Bldg)
International Mess (Community Center)
Pelino's Café (Community Center).

NSA Capo Facilities

The Original Espresso Bar
Subway
Puccino's
Bee Burger
All From the Grill
Giappo
The Olde Town Pub

Support Site Facilities

Bambusa
O'Rhys Irish Pub & Noble Roman's
Chock full o'Nuts
Ice Cream Shop
Subway
KFC
A&W Root Beer
Taco Bell
Roman Well Café (at U.S. Naval Hospital)

Local Information

What is there to do and see during off-duty time? How do you get there? This section is designed to help answer these questions. It is separated into government and public transportation, on-base facilities, off-base facilities and some of the sights. The last section is nearly impossible to exhaust—there is so much available that it would take several books just to cover the highlights.

Public Transportation

Naples has a highly developed public transportation system, encompassing buses, trolleys, subway and commuter trains, long-distance trains, cable cars, taxis, ferries, hydrofoils, and airplanes.

There are also suburban and long-distance services, but these generally do not run as often or go as many places. Public transportation is not usually a viable home-to-work option for the Americans who live in the suburbs. Rather, public transportation is most useful for off-duty recreational travel.

Buses

You can purchase a 90-minute ticket, "Unico Napoli," and use it to travel throughout Naples. Daily, weekly and monthly tickets are also available. Tickets must be bought in advance from bus terminal ticket offices, tobacco stores or news stands. Once on the bus, validate your ticket by putting it in the ticket-punching machine. Ticket collectors are few but keep your ticket until you get off the bus. It may not happen often, but there could be a time when you are asked to produce your validated ticket. If you cannot do so, you may incur a heavy fine.

Because of the large number of bus lines and stops, it is easy to get confused. Directions in Naples are centered on some of the major piazzas and main streets. For example, you may be at the main train station area (Piazza Garibaldi) and want to get to "Castel Nuovo" (New Castle) near Piazza Municipio, so you would look for a bus that includes Piazza Municipio on its route. If you have access to "Tutta Città," a supplement to the Naples telephone directory, you can consult the listing of city bus routes. Another option is to visit the Office of Tourism's website: *www.inaples.it.*

There are rectangular yellow or silver signs at scheduled stops that list the buses by number that stop there and also list the main areas that each bus covers. Bus stops are of two types: *obbligatoria* (mandatory stop) and *facoltativa* (request stop). The sign at each stop will indicate which type it is. If you are waiting for a bus at a *facoltativa* stop, you must wave

From the airport, take the Alibus directly to the central station at Piazza Garibaldi and beyond to the main port, Molo Beverello. Purchase tickets on the bus. (Photo by MC1(NAO) John Parker)

at the bus you want when you see it coming — otherwise, it will not stop.

There are also many suburban and long-distance routes, such as from Naples to Aversa or to the Amalfi coast. To travel these routes, you need "Unico Campania" tickets.

Alibus

For €3 one-way, the Alibus circulates between Capodichino Airport, Piazza Garibaldi Central Train Station and Molo Beverello, the main port in Naples (close to the Castel Nuovo, Piazza del Plebiscito and Piazza Municipio). The Alibus runs every 20 minutes. Another alternative to reach Capodichino from the city center is route C68, which connects Piazza Carlo III in the city center with Via Fulco Ruffo di Calabria, the street with the roundabout directly outside Naval Support Activity Naples Capodichino.

Trolleys

There are few trolleys, the most useful being route No. 1. This runs past the port area, the central train station and northeast, near Shoe Alley. This route runs by many points of interest, but can take quite some time when compared to other forms of public transportation.

Subway and Commuter Trains

Metropolitana (Line 1): This subway system runs from Piazza Dante to Piscinola with stops at the Naples Archaeological Museum; three stops in Vomero at Piazza Quattro Giornate, Piazza Vanvitelli and Piazza Medaglie d'Oro; and stops in Colli Aminei and Rione Alto.

Metropolitana (Line 2): This Naples' subway line is often the most convenient for Allied personnel in Naples. The main segment runs from Pozzuoli to Gianturco in northeast Naples, with stops at Bagnoli, Cavalleggeri, Piazza Leopardi, Campi Flegrei, Mergellina, Piazza Amedeo, Montesanto, Piazza Cavour and Piazza Garibaldi. It easily connects the JFC post with Naples' central train station as well as funicular, ferry and hydrofoil systems.

Unico Napoli tickets may be used on most means of transportation within Naples city limits.

Here are most of the central-section stations and what they connect with:

- **Pozzuoli:** This station is located next to the Anfiteatro Flavio, the third-largest and one of the best-preserved Roman amphitheaters in Italy. It is a short walk away from the Solfatara volcano and the Pozzuoli port, where you can catch ferries to Ischia and Procida.
- **Bagnoli:** This subway stop is located about two blocks from the main gate at JFC. You can park your car at JFC and easily catch the train.
- **Campi Flegrei:** On Piazzale Tecchio where the soccer stadium is located. Here you can make connections to the Cumana train system, buses and trolley No.1. Only a short walk away is the Mostra d'Oltremare (the expo center) and Edenlandia (an amusement park and zoo).
- **Mergellina:** This stop is near the Mergellina port in Naples. Hydrofoils to the islands can be caught two blocks away (turn right from the station and walk downhill through Piazza Sannazzaro to the waterfront). The funicolare to Posillipo is three blocks away (go to Piazza Sannazzaro, but stay to the right and head down Via Mergellina; the station is on the right-hand side of the street). Mergellina is close to the poet Virgil's tomb, which is on the hill behind the station. Villa Comunale, the site of Europe's oldest aquarium and an open air antique market, is a short walk away, as is the U.S. Consulate.
- **Piazza Amedeo:** From here, you can change to the Funicolare di Chiaia, which connects to the Vomero district. To reach the *funicolare*, turn left out of the station and walk uphill about 100 meters; the station is on the left. Piazza Amedeo is also close to the shopping area along Via dei Mille.
- **Montesanto:** Here you can change to the Cumana and Circumflegrea train lines, as well as the Funicolare di Montesanto. As you leave the station, walk across the small square and continue downhill on Via Olivella. Both the Cumana/Circumflegrea and *funicolare* stations are located at the end of this street on Piazza Montesanto. If you continue walking downhill and bear left at a small square called Pignasecca, you'll end up at the intersection of Via Toledo (Via Roma) and Spaccanapoli. If you bear right at Piazza Pignasecca, you'll reach Piazza Carità.
- **Piazza Cavour:** The National Archeological Museum is at the west end of this square (turn right along Via Cavour as you exit the station, the museum is on the right). If you turn left when you leave the station, you'll soon reach the intersection with Via Duomo, where the Naples Cathedral (Duomo) is located; the street is also a main shopping street.
- **Piazza Garibaldi:** The subway is under the main Naples train station. You can transfer here to the Circumvesuviana commuter train, which stops on the level just above the subway platform. On the top level is the Stazione Centrale (Central Station), where you can catch trains for anywhere in Italy and most destinations in Europe. Outside at the street level is Piazza Garibaldi, a main bus terminal. Trolley lines also run through the piazza.

Funicolari: The world-famous Naples *funicolari* (singular *funicolare)* are similar to cable cars. They are not quite like the ones in San Francisco that travel along city streets. Rather, they have their own dedicated tracks. There are four *funicolari* in Naples. Three go into the Vomero section, an elegant residential and shopping area, and the fourth goes into the upscale residential area of Posillipo.

- **Centrale:** This car starts at Piazza Duca D'Aosta, a small square off Via Toledo across from Galleria Umberto and near the San Carlo Opera House. It ends very close to Piazza Vanvitelli, in the heart of Vomero's business and shopping district.
- **Chiaia:** This car starts at Parco Margherita, about 100 meters from Piazza Amedeo, and ends near Piazza Vanvitelli.

- **Montesanto:** This car runs from Montesanto to Via Morghen in Vomero, a few blocks from Piazza Vanvitelli.
- **Mergellina:** This car runs from Mergellina to Via Manzoni in Posillipo.

Cumana: This train system runs from the Baia/Bacoli peninsula to Montesanto, with stops in Pozzuoli, Bagnoli (down the hill from the Metropolitana station), Edenlandia, Mostra d'Oltremare (the Neapolitan fairgrounds), Piazzale Tecchio, and Fuorigrotta (near the market).

Circumflegrea: This train runs from Montesanto around the north of Naples to Licola and Cuma, with stops in Soccavo, Pianura and Quarto.

Circumvesuviana: The main train station is located on Corso Garibaldi, just down the street from the main train station. However, you can also catch this train at Piazza Garibaldi. It has several lines that go to Ercolano, Pompei and the resort towns of Vico Equense and Sorrento.

Long-distance Trains

Trains connect you easily and conveniently with the rest of Italy and Europe. Depending on how many people are traveling, trains can be cheaper than driving, and in many cases (such as going to a crowded city like Rome or Florence) cause less hassle.

These can be caught at the main Naples train station, as well as from stations in Aversa and Formia.

Tickets can be purchased online, at the stations or from Information, Tours and Travel. Train tickets are valid for travel on a particular train in a particular seat. You may need to make a reservation for that train; some trains can only be ridden with a reservation.

The train system is a fast and economical way to make your way around Naples, Italy and the rest of Europe. (Photo provided by "Panorama" staff)

There are four major types of trains, listed here in descending order of speed and cost. Examples are given of standard travel times from Naples to Rome:

- **Alta Velocità:** Travel between major cities at 200 kilometers per hour. (1:15)
- **EuroStar:** Travel between major cities. (1:45)
- **Intercity:** While they are slower than AV or ES trains, IC trains have more comfortable second class cabins, and arguably more personality. Since they are older, they are likelier to be dirtier, however. Intercity "Plus" trains are somewhat newer and inexplicably cost less. (2:00-2:13)
- **Regionale** (sometimes also called "Espresso"): These stop in every town along the way. Some are basically modern commuter trains; some look like they were left over from Mussolini's regime. (2:16-2:43)

For overnight travel, you can reserve a "cuccette," which is a train car that converts to sleeping bunks, or a sleeper car that has beds. This can often be a convenient way to travel long distances, since you don't have to pay for a hotel room that night, and you arrive first thing in the morning. On some trains (such as Intercity second class), if there is room in a compartment, you can also push together two facing seats to make a horizontal bed.

Taxis

Naples' taxis operate 24 hours a day, but taxi fares are very expensive compared to other forms of local transportation. If you use a taxi, make sure it is a city-licensed one (it will have a Naples crest on the door and a taxi number) and use one with a meter. Insist on the meter being turned on before you get in the car. Many routes and destinations have pre-determined fixed rates. If you do use a taxi without running the meter, agree on a price before you get in.

Certain additions to the figure shown on the meter are legal, including fees for traveling at certain times of the day, crossing zones or city limits, carrying extra luggage, and service to and from Capodichino Airport.

For U.S. military members, the Naples Chief Petty Officer Association runs a "Tipsy Taxi" service to prevent drunk driving; call the NSA command duty officer at 335-640-6597 or the NSA Quarterdeck at Commercial: 081-568-5547.

Ferries and Hydrofoils

Ferries and hydrofoils depart frequently from Naples and Pozzuoli. Most routes serve the islands of Capri, Ischia and Procida and many will take you to the city of Sorrento. There are also some longer-haul ferries that run to the Pontine Islands, Aeolian Islands, Sicily and Tunisia.

There are three main ferry and hydrofoil landings: Molo Beverello (the primary downtown Naples port), Mergellina port and Pozzuoli port. Ferries are cheaper, but take longer.

Airports

There are four main airports nearby to consider for air travel:

Capodichino Air Terminal: Military flights depart from NSA Naples Capodichino using the same runways as the civilian flights. Space-A opportunities are available, and flights go to various locations in Europe, with some going to the United States. For military flight information, call passenger services at Commercial: 081-568-5283.

Naples Capodichino (NAP): This is the closest and most convenient airport, although it does not have as many flights as Rome's airports. The Naples airport is located at Capodichino, where you can get flights to other Italian cities and connections for international flights. You can park your car at the Capodichino base and walk to the terminal in just a few minutes.

Roma Fiumicino (Leonardo da Vinci Airport, FCO): This is Rome's major airport. Although using this airport involves getting to Rome first, it is sometimes cheaper and easier since Rome has more flights than Naples.

Roma Ciampino (CIA): Formerly a military-only airport, Ciampino now caters to low-cost airlines such as EasyJet and RyanAir. It does not have direct rail connections, but there are still various relatively cheap transportation options. If driving, do not follow signs for "Ciampino Centro" (shown with a target), only Ciampino Airport (with a picture of an airplane).

Naples' Sights

Consider taking public transportation to the city center as the streets are narrow, traffic is heavy and parking is limited.

Archeological Museum: This museum is without a doubt one of the most important archeological museums in the world. It houses principally the Farnese collection, which Charles of Bourbon inherited from the Farnese family who ruled the Duchy of Parma. The collection includes bronze statues, mosaics, paintings, furnishings and other items uncovered from the excavations of Herculaneum and Pompeii. Nearly every important movable item from those excavations can be found here. The museum also contains finds from other ancient sites in Campania and houses the Borgia Collection of Etruscan and Egyptian relics, as well as the Santangelo Collection of antique coins.

Aquarium: This is located in the Villa Comunale on the Naples seafront. It is the oldest aquarium in Europe and contains about 20 large tanks.

Capodimonte Museum: This was a hunting lodge for the Bourbon kings of Naples. It now houses the National Picture Gallery that includes many paintings by Titian, as well as several other collections. The grounds are extensive and contain many ancient, large trees.

San Martino National Museum: This museum, housed in a former Carthusian monastery, features terraced gardens that provide a spectacular view of the city. Additionally, the monastery's church and cloiser feature impressive sculpture, paintings and inlaid marble decoration. The museum has a section of naval history, a section on the Kingdom of Naples and a collection of presepi (Nativity scenes).

Duke of Martina Museum: This museum is located in the park called Villa Floridiana. It contains valuable collections of European, Chinese and Japanese ceramics, as well as a collection of enamels and ivory.

Naval Museum: On display are models of the Italian navy's ships and nautical instruments from the 1850s on.

Royal Palace: The magnificently decorated halls and rooms contain original Bourbon furniture, paintings, statues and porcelain. The palace also houses the National Library, which has several collections, including approximately 2,000 papyrus scrolls uncovered at Herculaneum.

Duomo: This is Naples' cathedral and a fine example of Baroque art. There are many other churches in the Naples area to visit. Just consult any tourist guide about Naples.

Sansevero Chapel: This chapel contains masterpieces of 18th-century sculpture, including the Veiled Christ by Giuseppe Sanmartino.

Edenlandia: This amusement park is located on Viale Kennedy. A zoo is located next to Edenlandia.

Pozzuoli

Pozzuoli is a city adjacent to Naples and is where Carney Park is located.

Originally the Greek city of Dicaerchia and later the Roman city of Puteoli (where St. Paul stopped on his way to Rome — read about it in *Acts 28:13-14*), Pozzuoli still has ancient charm. More recently it became famous as the hometown of actress Sophia Loren.

Pozzuoli has three major hubs: The porto (port), where ferries dock and the fanciest restaurants hug the water; Via Napoli (actually called Corso Umberto I or Lungomare Pertini) with its new boardwalk and dozens of sidewalk restaurants and bars; and finally the amphitheater area, which is home to Roman ruins and smaller pubs.

The following are some of the main sights in Pozzuoli:

Tempio di Serapide: This is located near the waterfront. The grounds are closed, but the ruins can be easily viewed at any time. Because they found a statue here of the god Serapide (Serapis), early archeologists thought this was the Temple of Serapide. However, it was actually an elaborate Roman marketplace. Driving to the site is the easiest way to get there. Just take Via Domitiana to the central piazza, turn left and head down the hill to the ruins. Or take the Metropolitana to Pozzuoli station and walk. Across the street is the Pozzuoli fish market.

Anfiteatro Flavio: This is the third largest Roman amphitheater in Italy after the Colosseum in Rome and the arena in Capua, near Caserta. It was once a venue for gladiator fights. Today, many of the underground passages that

were used to move fighters, beasts and scenery to the main arena remain. It is located on Via Domitiana and is open daily from 9 a.m. to dusk. The Metropolitana is the most convenient method of getting there. Just stop at the Pozzuoli station and walk from there.

Vulcano Solfatara: These hot, sulfurous vents have been amazing people since ancient times; this was also the site where San Gennaro (Saint Januarius) was beheaded. Open from 8:30 a.m. until one hour before dusk. Recently, the Solfatara caused a stir when a study proclaimed it a "natural Viagra!"

Rione Terra: This "land district" is the site of the original acropolis of the ancient Roman and Greek cities of Dicaerchia and Puteoli. Destroyed in the 1980s after a devastating earthquake, many of the ancient underground ruins and 17th- and 18th-century palaces above are now restored and available for tours. It's almost an "underground Pompeii." Open only on weekends from 9 a.m. to 6 p.m.

Aversa

Aversa is a town in the province of Caserta, less than 10 minutes away from the Support Site. It is an important rail junction, as well an area where the famous Asprino wine and *mozzarella di bufala* cheese are produced. It has many interesting monuments and churches, as well as numerous shops and restaurants. To reach Aversa from the Support Site, take bus T63R across from the main entrance of the base. The Information, Tours and Travel office sells bus tickets.

Pompeii and Herculaneum

These two cities, spelled "Pompei" and "Ercolano" in Italian, were destroyed when Mt. Vesuvius erupted in 79 A.D. In both towns, you can visit the excavated remains. Entry fees are charged. To get there, drive or take the Circumvesuviana train. The USO and Information, Tours and Travel also offer tours.

Tours

Tours of local attractions are available through the Fleet and Family Support Center; Morale, Welfare and Recreation; Information, Tours and Travel; and the USO. These organizations run regular tours to many local areas, including Pozzuoli, Pompei, Ercolano, Sorrento, Rome and many more. There are also commercial tour agencies, such as Interworld at JFC, that can make travel arrangements for you.

Entertainment

While here, a show at Naples' Teatro San Carlo is a must. Located on Via San Carlo, this theater is one of the most important opera houses in Europe. Built in 1737 (40 years earlier than La Scala in Milan) by Charles of Bourbon, it was destroyed by a fire in 1816 and then rebuilt six months later. The ballet schools of La Scala and San Carlo are the two oldest of their kind in Italy. The theater's box office is open every day (except Mondays and public holidays) from 10 a.m. to 1 p.m. and from 4:30 to 6 p.m. The phone number is 081-797-2331/2332, but be ready to speak Italian if you call.

Other major theaters are the Bellini, which often hosts shows in English, the Diana and the Teatro Augusteo.

"Calcio"

Football matches ("soccer" to Americans) take place at the San Paolo stadium in Fuorigrotta, near the Campi Flegrei station. While you're in Italy, you should take the time to see how soccer was meant to be played. On the tamer side of sports, horse racing takes place at a track in Agnano, not far from JFC.

Nightlife

There are too many nightclubs and discos to even begin to list. The best way to find out what's going on is to ask around and go out and experience the Italian nightlife for yourself. Once you're out with the locals you'll find your Italian language skills getting better and your tour here whizzing by.

Keeping up with what's going on around town

The best way to find out what is going on in Naples is to read "Panorama" and the PAO Notes. Pick up a copy of Qui Napoli, a monthly tourist magazine that lists all local cultural events. You can also visit *www.inaples.it*, *www.incampania.com* and *www.napoliunplugged.com.*

Clubs and Organizations

There is so much to see and do in this area, and one of the best ways to get out and see it all is by joining one of the many clubs or organizations in the Naples area. Whether you're into scuba diving off the Island of Capri or enjoying delicious and entertaining luncheons with an international flair, there's something here for everyone.

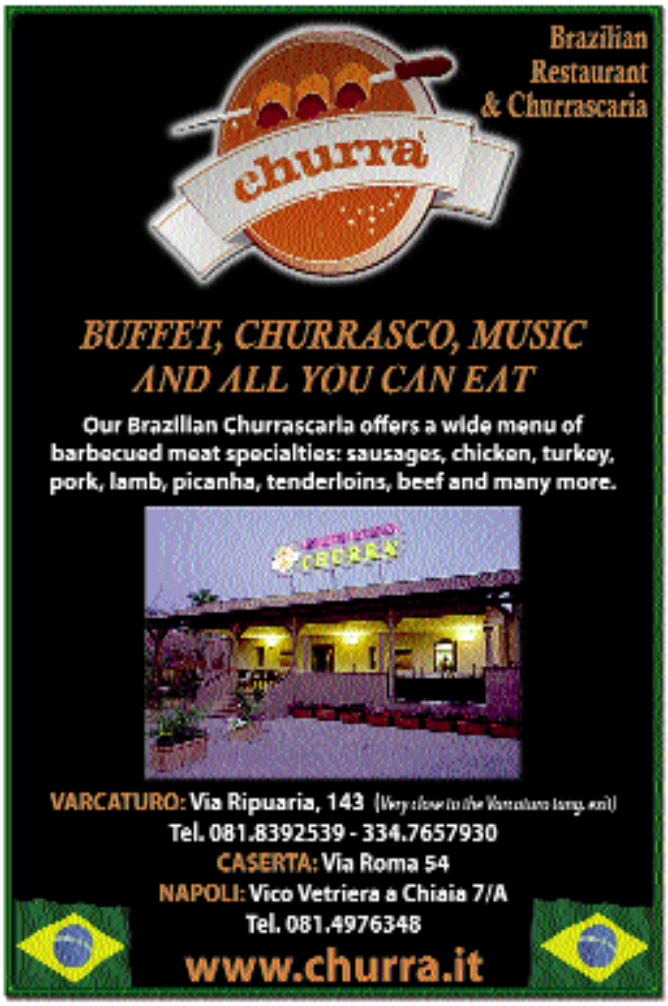
Following is a partial listing of the many clubs in the Naples area. To learn about more clubs, read "Panorama."

Allied Spouses Club: ASC is a group dedicated to supporting local and international charities through friendship and cooperation. To achieve its mission, the club sponsors two major charity fundraisers: the International Charity Bazaar in October, and international lunches from January through May. Other club activities include daytrips to local tourist spots and a complimentary Christmas Coffee to bring the holiday cheer and spirit. For membership information, e-mail ascpresidentjfc@gmail.com

American Soccer Club of Napoli: ASC Napoli provides exposure to the game of soccer in the form of advanced training and competition with area Italian soccer clubs. The club is open to all U.S. and NATO dependents ages 7 to 18. For more information, practice locations or questions, visit *www.ascnapoli.com* or become a fan of the group on Facebook.

Awana Club: The Chapel Awana Club meets every Sunday afternoon during the school year at the Support Site Chapel. Games, awards and Bible teaching for children ages 3 through sixth grade are offered. Contact the Chapel Annex at Commercial: 081-811-4600.

Boy Scouts Troop 007: Troop 007 holds meetings every Monday from 6:30 to 8 p.m. in the Support Site Community Center.



Girl Scouts: Girl Scouts discover the fun, friendship and power of girls. Whether you are a girl living in the United States, a girl overseas, a college student working on a community service project, a parent ready for an outdoor adventure with your daughter's troop, or an adult looking to make a difference in a girl's life, there is something for you in the Girl Scouts. The possibilities are endless!

E-mail *naples-girlscouts@usagso-na.org.*

Cub Scouts Pack 007: Boys in first through fifth grades meet three times per month to learn skills they can use on hiking, camping and service outings. Sign up and get started in Cub Scouts. Check out what Cub Scouting has to offer. For more information, e-mail *naplescubmaster@gmail.com* or visit *www.cubscoutingnaples.com.*

Harry S. Truman Lodge No. 649: Lodge meets weekly and is for U.S. military or civilian personnel. For more information, visit *http://groups.yahoo.com/group/HST649.*

Naples Overseas Support Club: NOSC is an organization that provides its members the opportunity to participate in fundraising activities and projects that benefit the military and civilian community in the Naples area. NOSC gives its members the opportunity to experience Italian culture through various events. The organization operates Forgotten Treasures, a volunteer thrift shop located at the Support Site. All monies earned at Forgotten Treasures go back into the local community. For more information, check out *www.noscitaly.com.*

Toastmasters International: Looking to develop speaking and leadership skills? Ace a job interview? Ignite your career? Meet new friends? Naples Toastmasters Club meets every 1st & 3rd Tuesday from 6:15 (6:30 start) - 7:45 PM in the Community Center, Support Site. For more information, visit *www.naplestoastmasters.wix.com/toastmastersnaples* or like us on Facebook by searching Toastmasters Naples Italy.

USO: The USO Naples and USO Rome have been serving the U.S. military forces in Italy for more than 65 years. Today the USO continues its original mission of supporting our troops and providing information, recreational tours, support programs and community events.

The USO Naples has centers at Capodichino and the Support Site. The USO Rome is steps away from the Vatican. All USO centers offer that friendly USO assistance the organization is known for.

Visit www.uso.it and click "Naples."

USO Capodichino
Air Terminal, 1st floor
Monday through Friday from 8:30 a.m. to 4:30 p.m.
Commercial: 081-568-5713

USO Support Site
Village Forum (next to the library)
Monday through Friday from 9:30 a.m. to 5:30 p.m.
Commercial: 081-811-4903

USO Rome
Via Vespasiano 44
Monday through Saturday from 8:30 a.m. to 4:30 p.m.
Commercial: 06-397-27419

Telephone Directory

EMERGENCY NUMBERS

EMERGENCY MEDICAL ASSISTANCE

	On-base numbers	Off-base numbers
AMBULANCE	911	081-568-4911
EMERGENCY ROOM	629-6150	081-811-6150
GAETA	99-118	118

FIRE (REPORTING ONLY)

JFC NAPLES	2117	081-721-2117
NSA CAPODICHINO	911	081-568-4911
NSA GAETA	99-115	115
ITALIAN	99-115	115

ITALIAN POLICE/EMERGENCY NUMBERS

CARABINIERI	99-112	112
POLIZIA (LIFE OR DEATH)	99-113	113

SECURITY POLICE

	On-base numbers	Off-base numbers
INTERNATIONAL POLICE AFSOUTH	2551	081-721-2551
NSA NAPLES POLICE OPS/DISPATCH	626-5638	081-568-5638
NSA GAETA Security Dispatch	626-8235	081-568-8352

CHAPLAINS

CAPODICHINO/GAETA	626-3539	081-568-3539
U.S. NAVAL HOSPITAL	629-6451	081-811-6451
SUPPORT SITE	629-4600	081-811-4612

AMERICAN RED CROSS

NSA NAPLES	626-4788/9	081-568-4788/9
AFTER DUTY HOURS (4:30 p.m.-8 a.m.)		1-877-272-7337

www.redcross.org

To download updated phone book, visit our website at http://www.cnic.navy.mil/naples.

NAPLES AREA DIALING PLAN

FROM	TO Capo	Gricignano	NATO/ JFC	Operator	Commercial from DSN
CAPO/GAETA	626-##	629-##	640-##	113	99**
GRIC	626-##	629-##	640-##	113	99**
JFC NAPLES	758* 626-##	758*629-##	640-##	9	0**
COMMERCIAL	081-568-##	081-811-##	081-721-##	081-724-1111	N/A

Last four digits
* After dialing the access code, a dial tone will provide the 'continue to dial' signal.
**To dial a commercial number from a DSN line, dial the appropriate access code, 99 or 0, and then the commercial number.

FROM	TO USA (DSN)	EUROPE (DSN)	COMM USA/EUROPE
EUROPE	312-XXX-XXXX DSN ACCESS + 7 DIGIT DSN)	XXX-XXXX XXX-XXXX	(Please see page 4)
USA	XXX-XXXX (7 DIGIT DSN)	314-XXX-XXXX	(Please see page 4) (314 + 7 DIGIT DSN)
CANADA	312-XXX-XXXX	314-XXX-XXXX (314 + 7 Digit DSN)	

A

ADSL Trouble Calls/Info
Telecom Italia (English) 081-246-1868
AFN 629-6903
Air Force Element 081-721-5496
Air Force Services for Exceptional
Children (AFSEC) 629-4297
Air Terminal/Passenger Info 626-5283
Alcoholics Anonymous 347-544-0254
Ambulance (Dispatch)
JFC Naples 081-721-2435
Capodichino (NSA) 911/
. . . . . .081-5638/081-568-4911
Gaeta (NSA) 627-7850
(Commercial) 0771-709-850
Naples (Italian) 081-752-0696
American Consulate (Naples) . . .081-583-8111
American Embassy (Rome) 06-46741
American Red Cross 626-4788/9
Anesthesiology (USNH) 629-6417
Anglo-American School (JFC) . .081-721-2266
Appointments (USNH) 629-6000
Appointments (Capo Clinic) 626-4786
Army Element 081-721-2214
Audiology (USNH) 629-6287
Auto Hobby Shop 629-4971
Auto Port 629-4957
Automated Telephone Operator
Service for Naples Area 626-2002
Commercial 081-568-2002

B

Bachelor Housing (Capo) 626-5250
Bachelor Housing (Support Site) 629-4018
Bambusa 629-6587
Banco di Napoli (JFC) 081-721-2278
Barber Shop
JFC Naples 081-721-2949
Capodichino 626-4280
Gricignano 081-502-7349
Baskin Robbins 081-502-7111
Beauty Salon
Capodichino 626-4280
Gricignano 081-502-7349
Bella Napoli Food Court
Catering 626-5229
Olde Town Pub 626-5699
Book Store 629-5352
Bowling Center 629-6976
Strikers Food 629-4900
British Forces Store 081-721-2472

C

Capo Inn 626-5250
Fax 626-4842
Car Rental (EuropCar)
Capodichino 626-5298
Gricignano 629-4172
Carney Park Security 081-526-3418
Carney Park Sports Store 081-526-1579
Central Texas College 626-6761
Chapel/Chaplains
Capodichino 626-3539
Gricignano 629-4600
Hospital 629-6450
Child Development Center
Capodichino 626-5116
Gricignano 629-4989
CMAS/CSS 626-4444/ 081-721-2917
CMVRO 629-4050
CNE C6F 626-2938
CNRE 626-2891/2961
Colleges (See Universities)
COMAIRSOUTH 081-721-2538
COMDESRON 60 627-7624
Commissary (See Defense Commissary Agency)
Community Bank 081-635-5301
COMNAVSOUTH 081-721-6312
COMSCEUR
Military Sealift Command 626-3569
COMSIXTHFLT (Staff) 626-9000
COMSUBGRU EIGHT (Staff) 626-3604
COMSUBSOUTH 626-4444
COMSUBRON TWO 623-8501
COMNAVEUR (CNE) 628-4107
COMNAVEUR SPINTCOM 081-721-3225
CREDO 626-5255
CTF 63 626-3803
C12 Flight Support 626-5057
C12 NATOPS 626-5058/4459
C12 Safety 626-4460

D

Defense Commissary Agency (DECA)
Customer Service 629-4882
Defense Distribution Mapping Activity
Map Support Office . .626-5475/5477/5280
Defense Logistics Agency (DLA)
Liaison Officer 626-3221
Defense Supply Center Philadelphia
Europe (DSCPE) 626-5293
Dental Clinic (Information/Appt Desk)
Capodichino 626-4644
Gricignano 629-6007/8
Dietitian/Nutritionist (USNH) 629-6142
Disaster Prep Office (Capo) 626-5303
Disbursing Offices
JFC Napes 081-721-2330
Capodichino 626-5808
Dry Cleaning (Capo) 626-4281
Dry Cleaning (Support Site) 081-502-7369

E

Education Center
Army Counselor 081-721-3810
Navy Counselor 626-6678/81/83/84
Fax 626-6682
Educational Development
Intervention Services (EDIS) . . .629-4676
Educational Service Office (ESO) . .626-5358
EEO (NSA HRO) 626-5409
Embassy (U.S.) 06-46741
Emergency Room (USNH) 629-6150
Environmental Health Information Center
(EHIC) 629-6299
Eye Clinic 629-6386

F

Fairways Bar & Grill
(Carney Park) 081-526-5418
Family Practice Clinics
Capodichino 626-5311
Gricignano 629-6271
Field Operating Base 626-3400
Fire Department
Fire Chief 626-5222
Fax 626-5593
Fire Stations
JFC Naples CMC 081-721-2445
Capodichino 081-568-4911/911
Gricignano 081-568-4911/911
Gaeta 117
Fit Zone (Capodichino) 626-4266/4265
Fit Forum (Support Site) 629-6604
Fleet & Family Support Center (FFSC)
Capodichino 626-3761
Gaeta 626-8354/7
Gricignano 629-6372
Flower Shop (Support Site) 081-813-2104
Frame Shop (Support Site) 081-502-7134
Fraud Waste & Abuse Hotline 626-5623

G

GEICO (See "Insurance")
General Services
Administration (GSA) 629-6575/6/7
Golf Course 081-526-4296
Gym
JFC Naples 081-721-2770
Capodichino 626-4266/4265
Gaeta 081-568-8357
Support Site 629-6611/6604

H

Helicopter Support Squadron 2 . . .626-5285
Health Promotion 629-6315
Hospital 629-6000
Ambulance 081-568-4911
Information 081-811-6155
Household Goods/
Unaccompanied Baggage 629-6959
Housing Trouble Desk 629-4285
Housing Warehouse 629-4242
Housing Welcome Centers
Capo Quick Stop Center 626-4296
Gricignano 629-4466
Human Resources Office (HRO) 626-5409

I

ID Card Office 626-5632
Immunization Clinic (USNH) 629-6282
Information Systems Department
Capodichino 626-5040
Information Tours & Travel (ITT)
Capodichino 626-4488/4330/4331
Gricignano 629-7901
Insurance
GEICO
Gricignano 629-6568
Fax 629-6568
USAA
Gricignano 629-6570
Toll Free 800-878-422
Fax 629-6572
Internal Medicine (USNH) 629-6291/2

J

JFC NAPLES
Banco Di Napoli 081-721-2278
Bar Rizzo 081-721-2910
Barber Shop (Bldg L) 081-721-2949
Brunelli Laundry/Tailor 081-721-2462
Frame Shop 3F 081-721-3113
Gas Station Bar 081-721-2350
Gym 081-721-2770
International Store 081-721-2261
Library 081-721-2608
MWA Central Office 081-721-2191
Newstand 081-721-2709
Panda Plant Flower Shop 081-721-2772
Pelino's Cafe 081-721-3926
Plax 081-721-2134
Ristoproject 2
International Mess 081-721-2101
Sannino 081-721-2517
Tafuri Optical Store 081-721-2072
Tony's Hardware 081-721-2633

L

Laboratory (USNH) 629-6191
Legal
Naval Legal Service Office 626-4576
Region Legal Service Office 626-3131
Liberty 626-4896
Library
JFC Naples 081-721-2608
Capodichino 626-3666
Gricignano 629-4361

M

Mid Atlantic Regional Maintenance Center
Det Naples (MARMC) 626-4198
Master at Arms Naples 626-5111/07
Mental Health 629-6306
Meteorology 626-5465
Mini-Mart (NEX)
JFC Naples 628-4088
Capodichino 626-5261
Gaeta 0771-466252
Gricignano 629-6583
Morale Welfare & Recreation
Capodichino 626-4050/4835
Gaeta 626-8357/ 081-568-8357
Motor Vehicle Registration Office/
Driver's License Clerk 629-6876/9
MSU/Inpatient Ward 629-6282

N

Naples Elementary School 629-4037
Naples High School 629-4061
Naval Regional Contracting
Det Naples (NRCD) 626-4040
NAVSUPPACT 626-5421/ 5464
Navy College Office 626-6681
Navy Element 081-721-2254
Navy Exchange Customer Service
Capodichino 626-4275
Gricignano 629-4717
Navy Federal Credit Union
Gricignano 629-4887/8/9
Navy Legal Services 626-4576
Navy Lodge (TLA) 629-6289/081-813-3443
Fax 629-6597
Navy-Marine Corps Relief Society
. . . . . .626-3913/12
Fax 626-3914
NCIS 626-6002
NCTAMS
JFTOC 626-6141
CDO 626-6028
NCTS 626-4242
NLSO 626-4576
Nisida Island (NAVSOUTH) 628-4472

O

OB/GYN (USNH) 629-6404
Occupational Medicine
Capodichino 626-5973
Gricignano 629-6302
OICC
Capodichino 626-3928
Gricignano 629-4776
Olde Town Pub Capodichino 626-5699
Operator 112/113
Optical Shop 081-502-7113
Orthopedics (USNH) 629-6388

P

Pack 'n Wrap (Support Site) 081-502-7751
Panorama 626-5335/5912
Pass and ID Office
Capodichino 626-5252/4955
Gricignano 629-4264
Pediatrics (USNH) 629-6242
Personal Property Office
Gricignano 629-6778
Personnel Support Detachment (PSD)
Capodichino 626-5808
Pharmacy (USNH) 629-6225
Outpatient Pharmacy 629-6225
Prescription Refill Line 629-6226
Capodichino Pharmacy 626-5978
Photo Lab 626-5114
Photo Shop (Support Site) 081-502-7239
Physical Therapy (USNH) 629-6183
Pool
Capodichino 626-4254
Carney Park 081-526-2140
Gricignano 629-6600
Port Operations Office . . .081-568-8341/8303
Post Office
JFC Naples 628-6115
Capodichino 081-568-371/5506/6718
Gaeta 081-568-8361
Gricignano 081-811-4336
POV Lot 629-6522
Preventive Medicine (USNH) 629-6300/1
Pronto Center 626-5448/5230
Pro Shop (Carney Park) 081-526-1579
Public Affairs Office 626-5856
Public Works Trouble Desk 626-4981

Q

Quarterdeck 626-5547

R

Radiology 629-6168
Religious Ministries 629-4600/5617
Residential Services 081-813-5321

S

SATO (Commercial Travel Office)
. . . . . .081-599-2613/14/16
Fax 081-599-1163
School Liaison Officer 629-6549
Substance Abuse Rehabilitation Program
SARP 626-5500
Fax 626-5580
Security
JFC Naples 081-721-2285
Capodichino 626-5638
Gaeta 626-8352
Gricignano 629-4391
Schools
Montessori School 081-721-2266
Elementary School 629-4161
Fax 629-4057
High School Admin 629-4061
Guidance Office 629-4536
Fax 629-4078
Sixth Fleet Band 626-6732
SPAWAR Office, Naples
Resident in Charge 626-7889
Admin Asst. 626-3874
SRJOIC 628-3474
Staff Judge Advocate 626-5360
S.J.A. COMFAIRMED 626-3076
Stars & Stripes
Reporters 626-5149
Newspaper Delivery 626-5162/49
Fax 626-5150

T

Teen Center 629-4395
Telephone Billing Office 629-5000
Telephone Trouble Desk
Capodichino 626-6144
Theater 629-4359
Thrift Shop 629-4200
Transportation Office
DODDS Schools 629-4769
Tricare 629-6330
Tricare Nurse Advice 800-877-660

U

UMUC-Europe 626-6675
Uniform Shop
Capodichino 626-4286
United Services Organization (USO) . .626-5713
Universities
University of Oklahoma 626-6672
Central Texas College 081-721-2564
University of Maryland 626-6673/4/5
USAA (See Insurance)
U.S. Defense Attaché Office Rome .626-5023
USO
Capo Office 626-5713
Support Site 629-4903
U.S. Office of Defense Cooperation .626-3322
Commercial 064-674-2641
U.S. Sending State Office for Italy
. . . . . .064-674-2153/2354/2303
USS Mount Whitney Switchboard .626-9000

V

Veterinarian
Animal Vet 629-7913
Video Rental
Gricignano 629-6584

WXYZ

WIC (FFSC) 629-4960
Youth Sports 081-526-2137

CAPODICHINO

DSN numbers are listed.
To call commercially, dial 081-568-XXXX

Administration
Mon-Fri: . . . . . .7 a.m. -3:30 p.m.
DSN: 626-4050

Bella Napoli
Food Court vendor hours vary
Mon-Fri 6am-10pm
Sat & Sun 8am-10pm
DSN 626-5229

Child Development Center
Mon-Fri: . . . . . .6:30 a.m.-5:30 p.m.
DSN: 626-5116

FitZone Fitness Center
Mon-Fri: . . . . . .5 a.m.-9 p.m.
Sat . . . . . .8 a.m.-4 p.m.
Sun . . . . . .8 a.m.-1p.m.
DSN: 626-4266/4265

Information, Tours & Travel (ITT)
Mon-Fri: . . . . . .10 a.m.-5:30 p.m.
DSN: 626-4488

Liberty
Mon-Fri: . . . . . .11 a.m.-9 p.m.
Sat-Sun: . . . . . .1 p.m.-9 p.m.
DSN: 626-4896

Library
Mon-Fri: . . . . . .10 a.m.-6 p.m.
DSN: 626-3666

Olde Town Pub (Bella Napoli)
Sun-Thu: . . . . . .11 a.m.-11:30 p.m.
Fri-Sun: . . . . . .11 a.m.-1:30 a.m.
DSN: 626-5699

Personnel
Mon-Fri: . . . . . .7a.m.-3:30 p.m.
DSN: 626-5612

SUPPORT SITE

To call commercially, dial 081-811-XXXX.

Auto Hobby/Wood Skills Center
Tue-Fri: . . . . . .11 a.m.-7 p.m.
Sat & Sun: . . . . . .9 a.m.-5 p.m.
Mon: . . . . . .Closed
DSN: 629-4971

Child Development Center
Mon-Fri: . . . . . .6 a.m.-6 p.m.
DSN: 629-4989

Fitness Forum
Mon-Fri: . . . . . .5 a.m.-8 p.m.
Sat, Sun & Holidays: . . .8 a.m.-4 p.m.
DSN: 629-6611/6604

Information, Tours & Travel (ITT)
Mon-Fri: . . . . . .9 a.m.-4:30 p.m.
DSN: 629-7900

Library
Mon-Fri: . . . . . .9 a.m.-7 p.m.
Sat: . . . . . .11 a.m.-6 p.m.
Sun: . . . . . .closed
DSN: 629-4361

MWR Marketing
Mon-Fri: . . . . . .8 a.m.- 4 p.m.
DSN: 629-6721

Pool (Summer hours only)
Fri-Tues: . . . . . .noon- 7 p.m.
Wed & Thu: . . . . . .lessons
DSN: 629-6512

Strikers & O'Rhys
Snack Bar
Mon: . . . . . .closed
Tues-Thurs & Sun: 7am-9pm
Fri & Sat: 7am-11pm
Delivery Thurs-Sat: 4pm-9pm
Bowling
Mon . . . . . .closed
Tues-Thurs 3pm-9pm
Fri & Sat 9am-midnight
Sun noon-9pm
O'Rhys
Mon-Thurs & Sun: 3pm-10pm
Fri & Sat 3pm-1am

Youth Activities
School Age Care (SAC)
Mon-Fri: . . . . . .6 a.m.-6 p.m
DSN: 629-4722

Youth Activities
Teen Center
Mon-Thu: . . . . . .12.-8 p.m.
Fri: . . . . . .12-10 p.m.
Sat: . . . . . .1:30- 10p.m.
Sun: . . . . . .closed
DSN: 629-4395

CARNEY PARK

All telephone numbers are commercial numbers.

Fairways Bar & Grill
Wed-Fri 11am-6pm
Sat & Sun 8am-6pm
Mon & Tues . . . . . .closed
** Call for SUMMER HOURS
Comm: 081-526-5418

Golf Course & Pro Shop
Mon, Wed-Fri: . . . . . .9 a.m.-5 p.m.
Tue: 12-5 p.m.
Sat, Sun & Holidays: . . . . . .8 a.m.-5 p.m.
Comm: 081-526-4296

N.O.R. Center
Navy Outdoor Recreation Center
Mon-Tue & Thu-Fri: . . . . .10 a.m.-6 p.m.
Wed: 11 a.m.-6 p.m.
Sat: 9 a.m.-5 p.m.
Sun: 10 a.m.-5 p.m.
Comm: 081-526-1579/3395

Youth Sports
Mon-Fri: . . . . . .9 a.m.-6 p.m.
Comm: 331-197-4131

Pool
(Summer hours only)
Fri-Sun: . . . . . .11 a.m.-7 p.m.
Mon-Thu: . . . . . .Closed
Comm: 081-526-2140

GAETA SERVICES

Note: Services may be adjusted concerning the ship presence in port. All telephone numbers listed are commercial numbers.

Barber shop
Mon-Fri: . . . . . .10 a.m.-5:30 p.m.
Comm: 0771-461023

Base access
Mon-Fri: . . . . . .8 a.m.-4:30 p.m.
Comm: 081-458-8302/8338

Dispatch
DSN: 626-8344

FFSC
Mon-Fri: . . . . . .8 a.m.-4:30 p.m.
Comm: 081-568-8354/7

Host nation administration
Mon-Fri: . . . . . .8 a.m.-4:30 p.m.
Comm: 081-458-8302/8338

Housing Welcome Center
Mon-Fri: . . . . . .8 a.m.-4:30 p.m.
Comm: 081-568-8307/8/9

Logistics/Port operations
Mon-Fri: . . . . . .8 a.m.-4:30 p.m.
Comm: 081-568-8341/8303

Main Gate
Comm: 081-568-8344

MWR Fleet Recreation Center
Mon-Fri (Ship in): . . .10 a.m.-10 p.m.
Mon-Fri (Ship out): . .10 a.m. to 7 p.m.
Comm: 081-568-8357

NCTS
Mon-Fri: . . . . . .8 a.m.-4:30 p.m.
Comm: 081-568-8300

NEX Mini-Mart
Mon-Fri (Ship in): . .10 a.m.-4:30 p.m.
Mon-Fri (Ship out): .10 a.m.-4:30 p.m.
Comm: 0771-466252
Fax: 0771-464550

Post Office
Mon-Fri: . . . . . .9 a.m.-3:30 p.m.
Comm: 081-568-8361

Public Works Department (PWD)
Mon-Fri: . . . . . .7:30 a.m.-4 p.m.
Comm: 081-568-8304

Security
Watch Commander:
Comm: 081-568-8352
ECP Front Gate:
Comm: 081-568-8344
USS Mount Whitney In-port:
Comm: 0771-461759

ITALIAN EMERGENCY NUMBERS

Italy is a safe country. However, should you find yourself in a difficult situation, it is best to turn to the police forces in charge of safety.

An efficient, modern, integrated network with the switchboards of the various police forces, emergency services, organizations and agencies is ready to respond to emergency calls from anywhere in Italy. Access to this network is simple and quick. All you have to do is call the national emergency numbers, which are well known and easy to remember.

STATE POLICE: 113

This is the single national number to report all kinds of emergencies such as theft, robbery or assault, or accidents and health emergencies. This number corresponds to the switchboard network of the state police, which operates 24/7.

CARABINIERI: 112

Dialing 112 will put you through to the switchboards of the Carabinieri. In 1991, the European Union introduced 112 as the single emergency number for all member states, in order to make life easier for tourists and foreign citizens on their travels within the continent. For this reason, a reply service in a number of languages is provided for calls to this number.

FIRE SERVICES: 115

In the event of fire, smoke or gas leaks, you can call the fire services directly. They are present throughout Italy and can also intervene swiftly in the event of earthquakes or other disaster situations.

HEALTH EMERGENCIES: 118

You can call this number from anywhere in Italy (including the islands) to alert the health care network and request ambulance transport to the nearest hospital or health care facility. A helicopter ambulance service is also available to access the more isolated or difficult to reach areas.

ROAD RESCUE: 803.116

This is the ACI Road Emergency number, available to ACI members and customers who request ACI services, such as road emergencies, car replacement, car towage, medical assistance, throughout Italy. The number is free of charge and active only in Italy 24/7.

FOREST FIRES: 1515

This is the number to call for environmental emergencies. The service is active 24/7. The Forestry Corps is in charge of safeguarding the country's environmental and landscape heritage, and deals in particular with forest fires, which are a permanent problem especially during the summer months.

COASTGUARD - SEA RESCUE: 1530

If your boat breaks down or you have another emergency in Italy's territorial waters, contact the national coastguard at this number.

For on-base emergencies, dial 081-568-4911 or 911 from DSN phones.

Remember...

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_____ ☎ _____

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Conversion Tables

LENGTH

Centimeter (cm)	cm/in.	inches(in)
2,54	1	0,394
5,08	2	0,787
7,62	3	1,181
10,16	4	1,575
12,70	5	1,969
15,24	6	2,362
17,78	7	2,756
20,32	8	3,150
22,86	9	3,543
25,40	10	3,937
50,80	20	7,874
76,20	30	11,811
101,60	40	15,748
127,00	50	19,685
152,40	60	23,622
177,80	70	27,559
203,20	80	31,496
228,60	90	35,433
254,00	100	39,370

AREA

Hectares (ha)	ha/acres	acres
0,405	1	2,471
0,809	2	4,942
1,214	3	7,413
1,619	4	9,884
2,023	5	12,355
2,428	6	14,826
2,833	7	17,297
3,237	8	19,769
3,642	9	22,240
4,047	10	24,711
8,094	20	49,421
12,140	30	74,132
16.187	40	98,842
20,234	50	123,553
24,281	60	148,263
28,328	70	172,974
32,375	80	197,684
36,422	90	222,395
40,469	100	247,105

WEIGHT

Tonnes (t)	t/US short tons	US short tons
0,907	1	1,102
1,814	2	2,205
2,722	3	3,307
3,629	4	4,409
4,536	5	5,512
5,443	6	6,614
6,350	7	7,716
7,257	8	8,818
8,165	9	9,921
9,072	10	11,023
18,144	20	22,046
27,216	30	33,069
36,287	40	44,092
45,359	50	55,116
54,431	60	66,139
65,503	70	77,162
72,575	80	88,185
81,647	90	99,208
90,719	100	110,231

LENGTH

Kilometers (cm)	km/in.	miles
1,609	1	0,621
3,219	2	1,243
4,828	3	1,864
6,437	4	2,485
8,047	5	3,107
9,656	6	3,728
11,265	7	4,350
12,875	8	4,971
14,484	9	5,592
16,093	10	6,214
32,187	20	12,427
48,280	30	18,641
64,374	40	24,855
80,467	50	31,069
96,561	60	37,282
112,654	70	43,496
128,748	80	49,710
144,481	90	55,923
160,934	100	62,137

WEIGHT

Kilogram (Kg)	Kg/Lb	Pounds (Lb)
0,454	1	2,205
0,907	2	4,409
1,361	3	6,614
1,814	4	8,819
2,268	5	11,023
2,722	6	13,228
3,175	7	15,432
3,629	8	17,637
4,082	9	19,842
4,536	10	22,046
9,072	20	44,092
13,608	30	66,139
18,144	40	88,185
22,680	50	110,231
27,216	60	132,277
31,752	70	154,324
36,287	80	176,370
40,823	90	198,416
45,359	100	220,462

VOLUME

Liters (l)	l/US gal	US gallons (gal)
3.785	1	0,264
7,571	2	0,528
11,356	3	0,793
15,142	4	1,057
18,927	5	1,321
22,712	6	1,585
26,498	7	1,849
30,283	8	2,113
34,069	9	2,378
37,854	10	2,642
75,708	20	5,284
113,562	30	7,925
151,416	40	10,657
189,271	50	13,209
227,125	60	15,851
264,979	70	18,493
302,833	80	21,134
340,687	90	23,776
378,541	100	26,418

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The park is completely fenced with automatic gates and consists of 70 villas and has on-site maintenance and security services overnight, 1/4 hectare garden with barbecue / picnic area and 2 children's playground. Cleaning and garden maintenance available on request.

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Each unit consists of three levels with furnished kitchen, living room/ dining room, 3 large bedrooms, 2.5 bathrooms and laundry room, 3 balconies, large storageroom, multipurpose room, tiled floor garage, front and rear gardens, additional gated parking space and ample guest parking.

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Contacts: tel/fax +39 081-5033139 • cell. 329-2218596 • 338-5990927 • 393-3150963
facebook: parcoeva@libero.it • Email: parcoeva@libero.it

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SUNDAY 10.00-21.00

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