

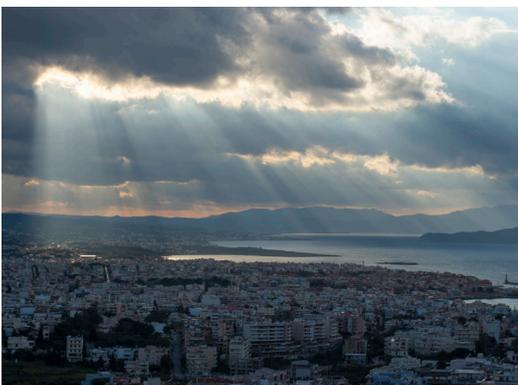
Naval Support Activity

SOUDA BAY

A WELCOME ABOARD GUIDE TO CRETE, GREECE



Oct
2016



LEADERSHIP



Executive Officer
Commander James R. Bird



Commanding Officer
Captain Brad J. Collins



Command Master Chief
CMDCM Neal T. Olds

Kalimera!

As the installation commanding officer, I extend a warm “Kalos Irthate” or welcome to Naval Support Activity, Souda Bay, the most beautiful and strategic forward operating base in the Mediterranean. Whether you are military, civilian or contractor, you and your family will soon be part of ‘Team Souda’.

NSA Souda Bay is a robust installation that is host to several tenant commands and as well as members of both air and sea transiting units. Located on board the Hellenic Air Force 115th Combat Air Wing base, we share the runway with both the HAF and civilian airport of Chania. While air traffic can get a little busy, especially during the tourist months, the good news is that there are usually abundant inexpensive flights to travel around Europe. Be prepared to travel and have a tourist passport on hand to make those adventures happen.

In preparation for your move to Greece I encourage you to stay in touch with your sponsor. Keep him or her apprised of your itinerary and let them know your needs prior to arrival in order to make your check-in process go as smoothly as possible.

Also, to assist with your transition, peruse this Welcome Aboard Guide. It’s packed with both ‘need-to-know’ and ‘nice-to-know’ information, and designed to help you prepare your family and pets, personal property and personal records to relocate to Greece. Use this Guide to formulate questions for your sponsor. Again, direct and frequent communication with your sponsor is vital and will set the tone or your tour in Greece.

Whether you’re a serious historian, a budding shutterbug, or a sophisticated foodie, Crete is a treasure trove for extracurricular activities. This amazing island will afford you plenty of outdoor activities to occupy your free time and our Outdoor Rec Center is a great place to get started if adventure is what you’re looking for. For those who are in to relaxing on their off time, I have one word for you-Beaches! They’re everywhere, many are featured as tourist destinations in travel magazines, and all of them will take your breath away. Bottom line is that there is something here for everyone, no matter where your interests lie.

Welcome aboard and I look forward to you joining Team Souda.

“Kalo Taxidi” or safe travels!

Brad J. Collins
Commanding Officer
Naval Support Activity Souda Bay

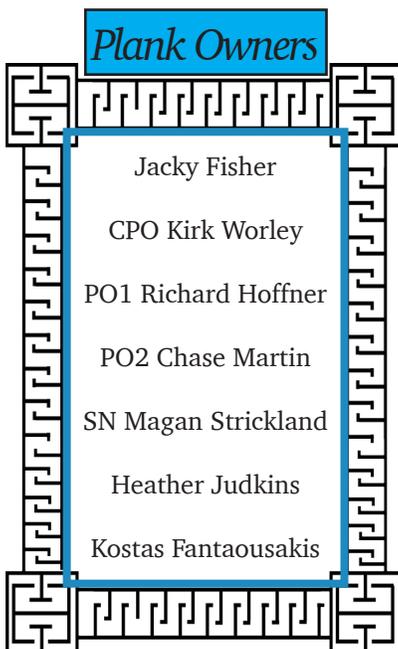
This Welcome Aboard Guide is the product of NSA Souda Bay Public Affairs and contains the most current information at the time of creation.

For the most recent information please visit www.cnic.navy.mil/soudabay
or SoudaBayPAO@eu.navy.mil

Any opinion expressed by the writers are their own and are not to be considered an official expression by the Department of the Navy.

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Welcome to NSA Souda Bay

Welcome to Crete! Congratulations on your assignment to U.S. Naval Support Activity Souda Bay. We take pleasure in welcoming you as a valuable member of our Navy family and look forward to your arrival. This guide provides information to help with your transition overseas.

Culture shock, jet lag and many other irritants may be a part of your PCS experience. Your sponsor will help you adjust and get settled as quickly as possible; coming prepared will minimize your worries. This Welcome Aboard guide should help you get started with the PCS process.

Departments:

- Administration
- American Forces Network (AFN*)
- Command Service Desk
- Chaplain
- Comptroller
- Computer & Telecommunications (NCTAMS*)
- Consolidated Reconnaissance Operations Facility
- Emergency Operations Center
- Public Safety Fire and Emergency Services*
- Fleet and Family Center (FFC*)
- Region Legal Services Office (RLSO*)
- Morale Welfare and Recreation (MWR*)
- Munitions (NMC*)
- Naval Criminal Investigative Service (NCIS*)
- Navy Exchange (NEXCOM*)
- Navy Federal Credit Union (NFCU*)
- Operations
- Public Affairs
- Public Works (NAVFAC*)
- Intelligence Squadron (488th USAF)

- Reconnaissance Squadron (95th RS Det 1*)
 - Safety
 - Security
 - Supply (FLS*)
 - Information Systems
- *asterisk denotes tenant command**

How to Use this Guide

This guide is to provide useful information to prepare for your upcoming transfer to Souda Bay, Crete, Greece. Great care has been taken to provide the most accurate information possible. However, communication with your command sponsor to address your specific concerns is essential.

As information changes, it is added to both this guide and to the NSA Souda Bay's social media sites. For a complete listing of those sites, see page 42. Following



Photo of Souda Bay by PO1 Jeffrey Richardson

us on social media will acquaint you with current events and operations.

Your sponsor is the best source for current information pertaining to your command and/or department. If you have not been contacted by your sponsor, e-mail at M-SB-NSA-sponsors-gd@eu.navy.mil.

NOTE about the listed telephone numbers: To call DSN numbers from the United States, dial 314 followed by the seven-digit number. To call commercial numbers from the United States, dial +30 followed by the 10-digit telephone number. Once you arrive in Greece, you can simply dial the DSN and commercial numbers as listed in the guide.

Profile of Greece

Greece is a vibrant country in Southeastern Europe, an area of 131,957 square kilometers, with an ancient and particularly rich history. The Acropolis is one of the world's most famous landmarks located in Athens, one of the oldest cities with a history reaching as far back as 3,000 B.C. In addition to the better-known sites, Athens boasts Byzantine, medieval and 19th century monuments as well as famous museums and areas of surprising natural beauty.

Overall, Athens is a major European center of culture. Interesting history, culture, somewhat mild climate and traditional cuisine are some of the attractions Greece has to offer.

The Island of Crete

To the south of Athens is the island of Crete. Crete is the largest of the Greek islands located in the middle of the Mediterranean. It is situated at an equal distance from three of the world's Seven continents: Europe, Africa, and Asia. There was a time when Crete was looked upon as the center of the world.

The Cretan people have exhibited their love for freedom by extensively supporting the Allied Forces during World Wars I and II, and in the Global War on Terrorism. The Battle of Crete is an annual commemorative event that remembers the Cretan villagers uprising against the air invasion of Hitler's armed forces during World War II.

Crete is known for its mild climate, beautiful beaches, impressive history and culture, and friendly people. It is a popular destination for millions of tourists seeking to experience its rich Mediterranean culture, historic civilization, warm hospitality and to sample the world's healthiest cuisine, sunny weather and stunning beaches. The island has a base population of about half a million but swells to over three million during tourist season.

Chania

The City of Chania (pronounced Han-YA) is the name of the city near the installation, and has a population of 65,000 people. It is the second largest town in Crete and is unquestionably the one that has preserved more of its old character than any other. It is full of history



Photo of Chania by CPO Kirk Worley

and is rich in civil and social culture dating back more than 4,000 years.

In Chania, all streets lead to the Market Square at the town center, which is a maze of shops offering leather goods, local foods, clothing and other items to tempt any shopper. The old quarter of the town, also known as the Old Port or the Old Harbor, is picturesque with restored Venetian palaces, narrow cobbled streets, lively cafes and many shops. It's an ideal place for people watchers to enjoy local Greek cuisine, village wine, or play a game of 'tavli' (backgammon) with friends.

Culture Shock

"Culture shock" is defined as a state of bewilderment and distress experienced by an individual who is suddenly exposed to a new, strange or foreign social and cultural environment. It generally sets in after the first few weeks of arriving in a new setting. It may not happen to everyone, but it is considered a normal, predictable reaction. Either way, for everyone, everything is different! Look at this assignment as an opportunity to learn and acquire new perspectives.

Here are some ways to combat stress:

- Include regular physical activity in your routine. This will help combat sadness and loneliness in a constructive manner.

- Take time to relax and/or meditate.

- Be patient and go easy on yourself and others.

- Remember, you are not alone. If you feel stressed, look for help. There is always someone or some service available to help you such as the Chaplain, Fleet and Family Services, and your peers.

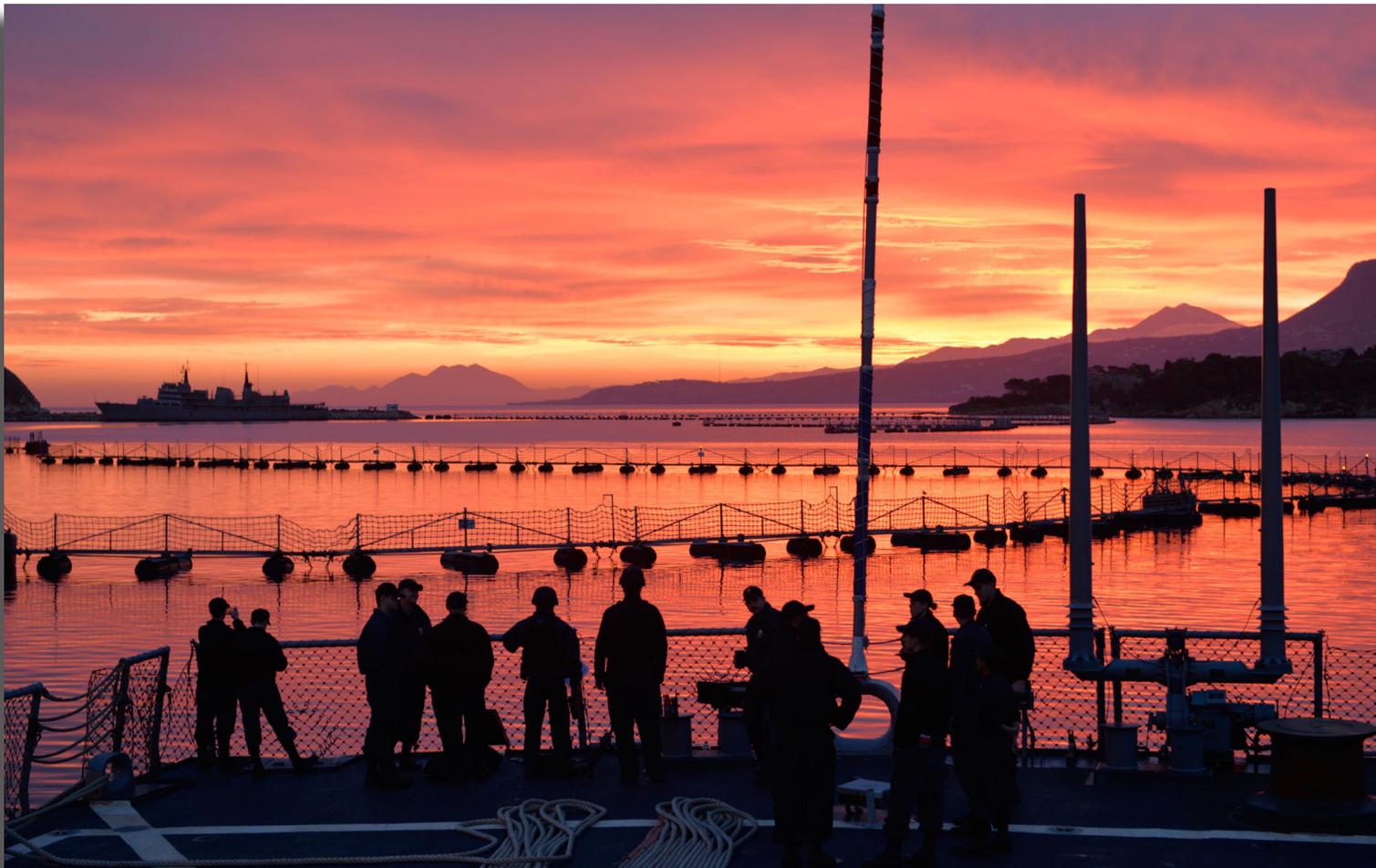


Photo by PO2 Justin Stumberg

AKROTIRI



	VILLAGE
	MONASTERY
	BEACH
	GAS STATION
	PHARMACY
	TAVERN
	SUPER MARKET

NSA Souda Bay History



The U.S. Naval Support Activity Souda Bay is located on a Hellenic (Greek) Air Force Base by the village of Mouzouras 17 kilometers east of the city of Chania. NSA Souda Bay occupies an area of approximately 110 acres on the North side of the air base, which is the home of the Hellenic Air Force 115th Combat Wing. The airfield also serves as the civilian airport for the Chania region of Crete. However, the civilian terminal is located at the opposite end of the runway and is not within walking distance.

NSA Souda Bay is physically located on the large circular shaped Akrotiri Peninsula, which forms the northern face of the Souda harbor. A Hellenic Naval Base occupies a large portion of both the north and south coast of the Souda Bay harbor along with the port village of Souda.

U. S. Naval Detachment (NAVDET), Souda Bay was commissioned May 28, 1969. At that time, a sixteen-personnel complement, under the command of a First Class Petty Officer, made up the entire detachment. As time passed and the detachment expanded, the installation personnel count rose to 93 enlisted personnel and three officers as of Aug. 1, 1972. The following departments/activities comprised NAVDET Souda Bay: Mobile Mine Assembly Group Detachment SIX; Naval Communication Station, Greece Detachment; Naval Inshore Warfare Task Unit, Europe; and Naval Weather Service Environmental Detachment.

The mission of NAVDET Souda Bay was to maintain and operate facilities providing base support for U.S. naval forces operating in the Mediterranean, including transient, temporary and permanently based ships, aircraft, units, detachments and personnel during normal and contingency operations. NAVDET Souda Bay was itself a detachment of Naval Air Facility Sigonella, Sicily and was under the operational administrative control of Commander Fleet Air, Mediterranean, Naples, Italy.

In 1973, an installation build-up program commenced involving two eight-room Bachelor Officers Quarters,

and four eight-room Bachelor Enlisted Quarters, a workshop, a sickbay and supporting utilities projects were undertaken and nearly completed at the end of that year. On Oct. 1, 1980, NAVDET Souda Bay was disestablished and U.S. NSA Souda Bay, Crete, Greece was established.

Today

NSA Souda Bay is comprised of approximately 650 commissioned and enlisted personnel and approximately 250 U.S. and local national civilians and contractors. It takes dedicated and professional people to provide the wide-range of support required of the mission. Whether an NSA Souda Bay department or a tenant command, the close working relationship makes for seamless support and is the foundation for the phrase, "Team Souda."

Command Mission and Vision

Mission: To extend Joint and Fleet war fighting capability through Operational Support to U.S., Allied and Coalition Forces deployed within the United States European Command/United States Central Command/United States Africa Command area of responsibility by providing, operating and sustaining superior facilities and services dedicated to combat readiness and the security of ships, aircraft, detachments and personnel.

Vision: At NSA Souda Bay, "SUPPORT" is literally our middle name. Our presence and primary mission is dedicated to taking care of the fleet and airborne operations in this strategically critical area of the world, and to building a new spirit of cooperation with our Greek Allies. NSA Souda Bay routinely functions as a Naval Operating Base, Naval Air Station and Naval Weapons Station. NSA Souda Bay skillfully orchestrated joint U.S. Navy and U.S. Air Force reconnaissance missions and air refueling support for joint USN/USAF and multi-national operations.

MWR Liberty

Friday Night Shuttle

Effective September 4th, 2015

No fees, no vouchers -
just hop on the van
and ride for FREE!



Shuttle-Run #	1	2	3	4
<i>Depart NSA</i>	1830	2020	2225	0015
<i>Arrive NAMFI</i>	1840	2030		
<i>Depart NAMFI</i>	1842	2032		
<i>Arrive Mega Place</i>	1850	2040	2240	
<i>Depart Mega Place</i>	1852	2042	2245	
<i>Arrive Chania</i>	1915	2105	2310	0045
<i>Depart Chania</i>	1920	2110	2315	0100
<i>Arrive Mega Place</i>	1945	2135	2332	
<i>Depart Mega Place</i>	1950	2140	2337	
<i>Arrive NAMFI</i>	1958	2148	2345	0115
<i>Depart NAMFI</i>	2000	2150	2350	0117
<i>Arrive NSA</i>	2010	2200	0000	0145



Liberty Center
266-1354



Tenant Commands

Naval Computer and Telecommunications Area Master Station Atlantic Detachment, Souda Bay



Provide secure and reliable, classified and unclassified, voice, data, and Command and C2OIX (Control Office Information Exchange) services in support of Command, Control, Computer, Communications and Information (C4I), and Electronic Keying Material Services (EKMS) for real-world operations and exercises to NSA Souda Bay, Crete, Greece, its tenant U.S. Navy and Air Force commands, other Department of Defense agencies, and NATO units operating within the EUCOM/CENTCOM/AFRICOM areas of operations.

Department Divisions:
N00, N00E, N001A, N1, N3, N9

Customer Service Window
Monday - Thursday: 0730 - 1515
Friday: 0730 - 1415

EKMS Customer Service
Monday - Friday: 0730 - 1600

LNSC ONE-NET Customer Service Window
Monday/Thursday: 0800 - 1100 & 1300 - 1530
Tuesday/Wednesday/Friday: 0900 - 1100 & 1300 - 1530

Technical Director
COM: (+30) 28210-21476
DSN: 266-1476

Facilities
COM: (+30) 28210-21530
DSN: 266-1530

N00E - EKMS Manager
COM: (+30) 28210-21449
DSN: 266-1449

N1 - Supervisory Programs Specialist
COM: (+30) 28210-21453
DSN: 266-1453

N1 - Admin Office
COM: (+30) 28210-21210
DSN: 266-1210

N9 - BCO
COM: (+30) 28210-21457
DSN: 266-1457

N3 - LNSC Director
COM: (+30) 28210- 21399
DSN: 266-1399

Military Mailing Address
Technical Director
NCTAMS LANT DET, Souda Bay Crete, Greece
PSC 814 Box 21
FPO AE 09865-0105

Greek Mailing Address
U.S. Naval Support Activity Souda Bay
ATTN: NCTAMS LANT DET, Souda Bay
PO Box 18, Chania, Crete, Greece 73100

**Navy Munitions Command Detachment
Souda Bay**



Navy Munitions Command CONUS East Division Detachment Souda Bay operates and maintains explosive ordnance facilities, provides fleet ordnance support to U.S. Naval Forces Europe, AFRICOM, and other USFF Commands and DOD conventional ammunition requirements.

Contact Information
COM: (+30) 28210-21279
DSN: 266-1279

FAX
COM (+30) 28210-21273
DSN: 266-1273

Military Mailing Address
Navy Munitions Command Det. Souda Bay
Naval Support Activity Souda Bay
PSC 814 Box 7
FPO AE 09865

Branch Health Clinic Souda Bay

Branch Health Clinic's (BHC) primary goal is to ensure Force Health Readiness through high-quality patient and family-centered care. BHC Souda Bay is a branch clinic of Naval Hospital Sigonella.

The clinic provides primary care services for service members, civilians and family members. Outpatient medical services are limited to acute care, physical examinations, women's health, immunizations, aviation, preventative and occupational medicine.

The clinic is staffed by a Family Medicine physician, flight surgeon, three Independent Duty Corpsmen, a pharmacy technician, three general duty corpsmen, front desk clerk and a TRICARE liaison. There are periodic visits for dental and optometry services from Naval Hospital Sigonella. The clinic has limited laboratory capabilities. Imaging services and specialty care is coordinated through local providers.

The clinic hours are Monday through Thursday 0800-1600, Friday 0800-1200 and closed for holidays. Uniform of the day or appropriate civilian attire is required. Call dispatch for after-hours care needs.

If traveling through Europe, please utilize the TRICARE International SOS (+44) 20-8762-8384 for acute care needs.

For Emergencies, Dial Dispatch
COM: (+30) 28210-21911 Duty Provider
On base: 911 COM: (+30) 694-043-1229

Front Desk/Appointments Pharmacy
DSN: 266-1590/91 DSN: 266-1587

TRICARE Medical Liaison Dental
DSN: 266-1580 DSN: 314-266-1585

Admin Fax
DSN: 266-1589





**NAVSUP Fleet Logistics Center Sigonella
Site Souda Bay
NAVSUP FLCSI Site Souda Bay**

NAVSUP provides logistics, business and support services to the Navy, Coast Guard and Military Sealift Command, as well as other joint and allied forces.

Located on NSA Souda Bay, NAVSUP FLCSI Site Souda Bay is a tenant command under the headquarters of NAVSUP FLC Sigonella located at NAS Sigonella, Sicily, Italy. NAVSUP FLC Sigonella was officially established on March 3, 2005, becoming the seventh NAVSUP FLC to join the NAVSUP Global Logistics Support worldwide network.

NAVSUP FLCSI Site Souda Bay has teamed with regional partners to provide the following services to our fleet and installation customers:

Logistics Support Center services:

- Supply chain management
- Contracting services
- Hazardous materials management
- Household good operations
- Surface Cargo
- Petroleum, Oil and Lubricants management
- Postal Services
- Customs services

Mailing Address

NAVSUP Fleet Logistics Center Sigonella
Site Souda Bay
PSC 814 Box 3
FPO AE 09865

Logistics Support Center

COM: (+30) 28210-21498/1520
DSN: 314-266-1498/1520

Logistics Support Duty

Duty Cell COM: (+30) 69404-31290

Postal

COM: (+30) 28210-21561
DSN: 266-1561

Postal Duty Officer

Duty Cell COM: (+30) 69404-31291

Fuels

COM: (+30) 28210-21526
DSN: 266-1526

Fuels Duty Officer

Duty Cell COM: (+30) 69404-31197

For more information about this command visit <https://www.navsup.navy.mil/navsup/ourteam/navsupgls/navsupflcsi>

**American Forces Network Souda Bay
AFN Souda Bay**



To provide relevant and targeted force protection and command information, news and entertainment to DOD personnel and their families maintaining readiness and morale by giving their messages the widest possible reach.

Contact Information

Station Manager

COM: (+30) 28210-21322
DSN: 266-1322

Operations Manager

COM: (+30) 28210-21427
DSN: 266-1427

Engineering

COM: (+30) 28210-21426
DSN: 266-1426

On-air DJ

COM: (+30) 28210-21703
DSN: 266-1073

For stations, TV schedules, exchange rates and more visit our official website <http://soudabay.afneurope.net/> We also invite you to LIKE us on Facebook at AFN Souda Bay to stay in-the-know.

You can stream AFN Souda Bay Radio station plus eight additional music & information channels using your computer, or through the AFN360 app available for your Apple iOS or Android device.

Command Service Desk (CSD)

Provides management, oversight and training to 82 global major tenant commands while delivering pay, personnel and transportation services to military, civilian, retired members and their family members.

CSD provides support with ID cards, pay entitlements, gains, transfers, separations, reenlistments, extensions, meal cards (E-4 and below), financial transactions and advancement exams.

Contact Information:
DSN: 266-1395/1398



Naval Criminal Investigative Service (NCIS)

The NCIS mission is to investigate and defeat criminal, terrorist, and foreign intelligence threats to the United States Navy and Marine Corps, wherever they operate, ashore or afloat.



Contact Information
Senior Resident Agent
DSN: 266-1220

Special Agent
DSN: 266-1440

Security Specialist
DSN: 266-1224

Office Manager
DSN: 266-1599

Public Works (NAVFAC)

To provide first rate facilities, solutions and services to NSA Souda Bay, its tenants, and transient operating forces visiting NSA Souda Bay. We are committed to the safety and development of our personnel, and to satisfying our customers with quality, cost-effective service in a timely manner. We are professional. We are efficient. We support the Fleet.



Contact Information
Production Director
DSN: 266-1661

Production Office
DSN: 266-1791

LPO
DSN: 266-1483

Trouble Call Desk
DSN: 266-1211

Safety
DNS: 266-1626

Air Force Personnel

****The information in this section is specific to members of the U.S. Air Force reporting to NSA Souda Bay.****

Memorandum from the Commander

Welcome to Detachment 1 of the 95th Reconnaissance Squadron! We want your tour here on Crete to be a safe, productive, and pleasurable one. My staff and I are here to assist you in any way we can. If you find that any of these conditions are not being met, please let me or my staff know and we will correct the situation.

We hope you will enjoy yourself while you are here on Crete. Our island has miles of beaches with plenty of majestic scenery, and the Cretan people are among the friendliest in the world. In addition, the restaurants are fantastic, the shopping is great, and there is a wide range of cultural activities to participate in. I hope you will take advantage of these activities during your stay.

Crete is rich with history, and I strongly encourage you to take some time and learn about the culture, traditions and language. The effort will be greatly rewarding and will not only enhance your experience here, but will help maintain excellent relations with our Greek hosts.

Again, I offer a sincere welcome to Det 1! I hope this assignment will be one of your best ever.

Joseph S. Barbare, Lt Col, USAF, Commander

History

The Crete detachment, Detachment 1, 95th Reconnaissance Squadron, began as Detachment 3 of the 306th Strategic Wing. The Detachment flew RC-135s out of Hellenikon, Greece and Ramstein, West Germany from 1976. With the closure of RC-135

operations at Ramstein, Hellenikon was redesignated the 922nd Strategic Squadron. The 922nd relocated to the Greek island of Crete in 1990. In 1992, further reorganization of European RC-135 operations led to the relocation of the 922nd to RAF Mildenhall, United Kingdom. The Souda Bay operation remained in place as Detachment 1, 922nd Reconnaissance Squadron. Further redesignation of the 922nd made the detachment part of the 95th Reconnaissance Squadron.

Today's 95th Reconnaissance Squadron and Detachment 1 belong to the 55th Wing headquartered at Offutt Air Force Base near Omaha, Nebraska. The squadron continues to support national and theater commanders with swift intelligence data. The 95th remains today as one of the Air Force's oldest and most decorated squadrons still in existence.

The men and women of Detachment 1, 95th Reconnaissance Squadron continue our unit tradition of providing world-class operations, maintenance, intelligence, and administrative support to 55th Wing reconnaissance operations in the Southern European and Mediterranean areas of responsibility, and to our sister services and allies. No task is too small, no service is too great.

Detachment 1, 95th Reconnaissance Squadron

Mission Statement - To provide operations, logistics, intelligence and administrative support to the 55th Wing for the conduct of Sensitive Reconnaissance, Humanitarian and Contingency Operations in the European and African Theaters, as tasked by National Command Authorities and CJCS supporting United

This information package is designed to provide you with useful information as you prepare for your upcoming transfer to Det 1, 95 RS, NSA Souda Bay, Crete, Greece. Great care has been taken to provide you with the most accurate information possible. However, you are strongly encouraged to communicate with your sponsor to address any specific concerns you may have about your new overseas assignment. Please read the provided information carefully so that you receive the maximum benefit.

States European, Africa and Central Commands.

Department Divisions:

Commander
Commander's Support Staff
Director of Operations
Assistant Director of Operations
Superintendent
Maintenance Information Control Center (MICC)
Aerospace Ground Equipment (AGE)
Supply
Communications Support

Hours of Operation:
0800 - 1600 or as required to meet mission requirements

Contact Information:

Commander:
COM: (+30) 28210-21321
DSN: 266-1321

Commander's Support Staff:
COM: (+30) 28210-21302
DSN: 266-1302

Commander's Support Staff Fax:
COM: (+30) 28210-21331
DSN: 266-1331

Maintenance Support:
COM: (+30) 28210-21306
DSN: 266-1306

Director of Operations:
COM: (+30) 28210-21320
DSN: 266-1320

Assistant Director of Operations:
COM: (+30) 28210-21323
DSN: 266-1323

Detachment Superintendent:
COM: (+30) 28210-21306
DSN: 266-1306

Maintenance Control Center
COM: (+30) 28210-21850 / 21324
DSN: 266-1850/1324

Aerospace Ground Equipment
COM: (+30) 28210- 21780/21792
DSN: 266-1780/1792

Supply
COM: (+30) 28210- 21353/21369
DSN: 266-1353/1369

Communications Support
COM: (+30) 28210-21303
DSN: 266-1303

Military Mailing Address:
Naval Support Activity Souda Bay
95 Reconnaissance Squadron/Detachment 1

PSC 814 BOX 27
FPO AE 09865
Greek Mailing Address:
Naval Support Activity Souda Bay
ATTN: 95 Reconnaissance Squadron
/ Detachment 1
P.O. Box 18, Chania, Crete, Greece
73100

Before you Travel

Contact your Military Personnel Flight (MPF) immediately after receiving orders to start the overseas suitability screening process.

Review the medical/dental section of the overseas screening form carefully and remember you are the best resource for your personal health maintenance. The Navy Medical Clinic, a satellite of the U.S.



Naval Hospital in Sigonella, Italy, supports us locally. The clinic is staffed by three general duty corpsmen, a pharmacy technician, two Independent Duty Corpsmen (IDC), a flight surgeon, a family medicine physician and a Tricare Case Manager/Liason. Facilities are designed to resolve only basic non-emergency problems of active duty personnel.

If you require a certain prescription, please ensure that you arrange to bring this prescription with you, as the pharmacy here is limited, and takes quite some time to order prescriptions from Sigonella. This is also the case with prescription eyeglasses. If required, order them from your Optometrist well in advance of your departure date.

Orders: Despite the assignment being an Unaccompanied Short Tour, Air Force personnel assigned to NSA Souda Bay live on the local economy. Air Force personnel are authorized to ship a POV and are entitled to 25 percent of your JFTR (weight allowance). Additionally, ensure your orders include excess baggage authorized. Please review your orders; it is very important that your orders reflect these items! We have attached the General Instructions for Greece to this package, we recommend you give a copy of this to your MPF, it specifically states your JFTR allowances.

Official Photos: The incoming Detachment Commander should take official photos in both service dress and flight suit prior to arriving at RAF Mildenhall. Ensure photo lab makes three copies of each in 8 x 12.

(One for 55 OG, one for 95RS and one for Souda Bay).

Travel to Souda Bay

It is important for you to let your sponsor know your flight schedule. With advance notification, we can ensure billeting and in-processing arrangements have been made.

Passports are not required for active duty personnel reporting on orders, but highly advised. You should obtain a tourist passport prior to reporting if you anticipate taking leave in theater during your tour. Passports/visas are required for family members. Note: This is a family member restricted tour, but family members may visit during your assignment. Civilian attire is mandatory for travel to and from Greece on Air Mobility Command (AMC) and commercial transportation. Most travel into Greece is accomplished via commercial air carrier into the airport at Chania.

IMPORTANT: U.S. flag carriers authorize two checked bags, up to 70 lbs each, for active military on orders. However, foreign flag carriers to Crete only allow passengers to check one bag at 20 kilos (about 45 lbs.). This means if you have to claim your bags in Athens and then re-check them to Chania, you will be charged about 20 Euros in over weight charges plus a charge for a second checked bag (at rate of about 20 Euros). This is reimbursable as long as you are authorized excess baggage on your orders!

Join the 95 RS Det 1 Facebook page to connect with fellow Bulls that have been to Souda Bay, and can provide answers to your specific questions.

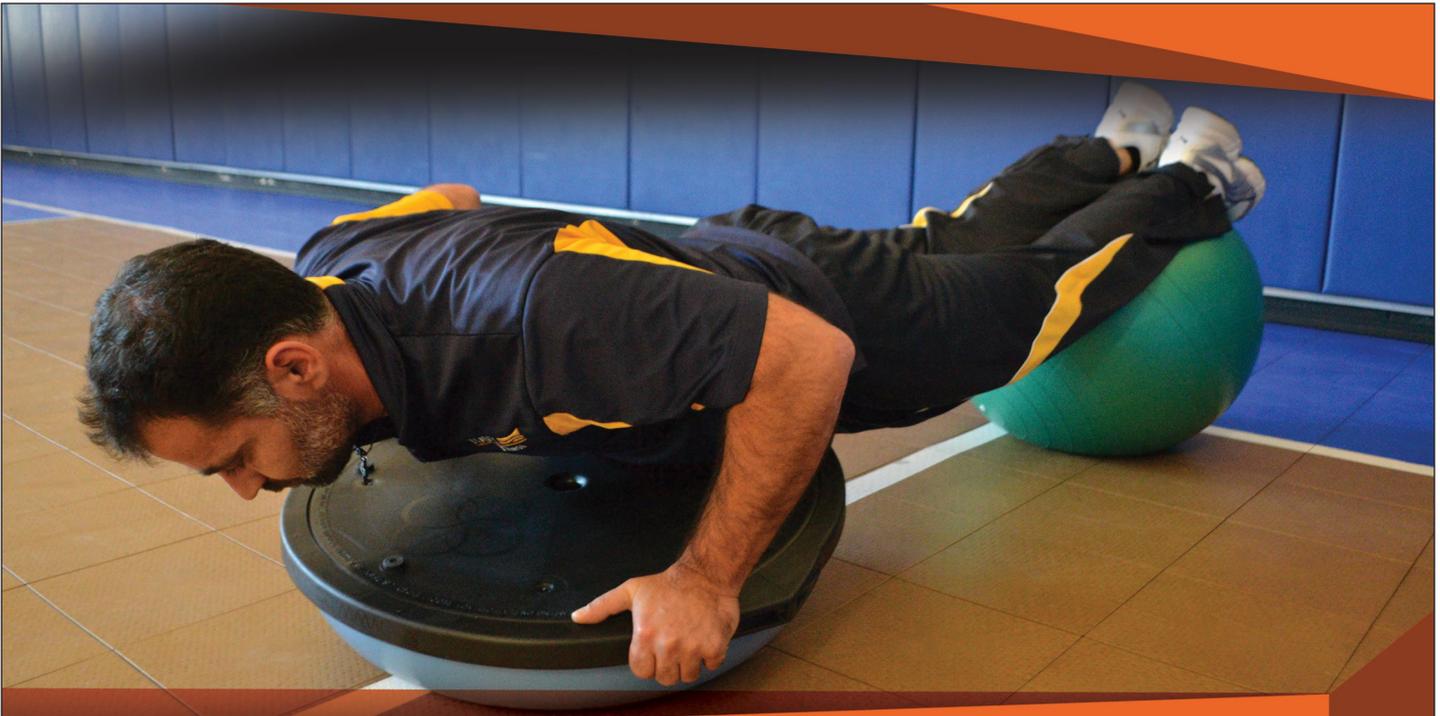


WELCOME ABOARD!

Det 1, 95th Reconnaissance Squadron
U.S. Naval Support Activity,
Souda Bay, Crete, Greece



U.S. AIR FORCE

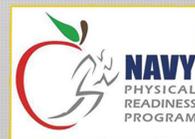


Bobby Papagrigorakis
MWR Personal Trainer

My primary goal is to help people realize the importance of wellness in their lives and lead them to a better quality of life through fitness. The second goal is to improve their fitness level and motivate them to achieve their personal goals with safety.

Certifications

- Personal Training/Fitness Specialist (The Cooper Institute)
- Master Fitness Specialist (The Cooper Institute)
- Weight Management Leadership (The Cooper Institute)
- Command Fitness Leader (CFL) Instructor
- Navy Operational Fitness and Fueling Series (NOFFS) Instructor
- Total Body Resistance Exercise (TRX) Instructor
- Advance Training For Muscular Endurance (The Cooper Institute)
- Biomechanics Of Resistance Training (The Cooper Institute)
- Navy Fitness Basic
- Navy Nutrition Now



Sessions are 1-hour long and cost \$15 each, first visit to include the PARFQ is FREE of charge. Reserve at Gear Issue.

Cell: 30-6972-014-052
 Phone: 30-28210-21443
 DSN:266-1443/1566/1228
 E-mail: fitsb@otenet.gr



Preparing For Transfer

A successful move overseas can take several months of preparation, so you will want to get started as soon as possible. This section will provide you with details to some of the most commonly asked questions about moving overseas.

Sponsorship

The Command Sponsor Program is one of the most important quality of life programs for Sailors, Airmen and civilians. Your sponsor is the best source of information for questions or concerns pertaining to your move and can answer questions about living in Crete. If you have received your orders and not been assigned a sponsor, e-mail contact:

m-sb-nsa-sponsors-gd@eu.navy.mil.

For civilians: If you are waiting for an official job offer via email, ensure you check your junk email regularly. Emails from Office of Personnel Management have gone in to junk folders on government computers. This can delay your orders and the PCS process.

Your sponsor will meet you at the airport upon your arrival, provide transportation, a base familiarization tour, and will be available to help you throughout the check-in process.

In order for your sponsor to provide the assistance required, be sure to provide your flight information as soon as possible. You will also need to complete the DOD Information Assurance Awareness V9 located on NKO and scan/e-mail your completed certificate to your sponsor as soon as possible.

Keep in contact with your sponsor regularly and notify him/her of any changes to your itinerary.

Again, welcome aboard!

Passports, Customs and Immigration

Passports are not required for active duty Navy personnel reporting on orders. It is highly recommended to obtain a tourist passport prior to reporting if you

anticipate taking leave in theater during your tour. Passports/visas are required for family members.

NOTE This is a family member restricted tour but family members may visit during your assignment.

Civilian attire is mandatory for travel to and from Greece on Air Mobility Command. Follow the guidelines outlined in the DOD Foreign Clearance Guide found at <https://www.fcg.pentagon.mil/fcg.cfm>

Airport Customs/Immigration: For customs/immigration your PCS orders (including NATO travel orders) and military identification card will be required.

Members assigned to NSA Souda Bay must report to Naval Supply Systems Command Fleet Logistics Center Sigonella Souda Bay Customs Control Office, Bldg. 5, Room 15 upon arrival. Members must provide a copy of their shipment/s inventory and a copy of their orders to the Customs representative. Prior to shipments/s delivery, the member must sign all necessary customs documents for the clearance and issuance of a Customs booklet for shipment. The Customs booklets are list all the controlled items shipped in the member's shipment. Customs booklets remain in the FLCSI Customs office until member provides proof of exportation of these items prior to their departure from Greece.

Non-Command Sponsored Dependents (NCSD)

NSA Souda Bay is an unaccompanied tour. The following information contains limitations on the services available for dependents at NSA Souda Bay. Due to the majority of billets being unaccompanied billets, concurrent dependent travel is infrequent. The closest U.S. Navy base with the infrastructure to support families is NAS Sigonella, Sicily.

Medical: There is a limited corpsman staff for the installation, which means medical services for NCSDs is extremely limited. The clinic provides basic medical care for Active Duty members, but is not a full service clinic. All medical services for dependents are referred



Command Sponsored Dependents

The Non-DOD Schools Program provides support and funding for the education of authorized command-sponsored dependents of military members and DOD civilian employees assigned to overseas areas where no DOD Education Activity school is available within the commuting area. At these locations, DoDEA supports a variety of options for your children ranging from home school programs to public or private schools. Approval for the enrollment of an eligible minor dependent of a DOD sponsor must be obtained from the DoDEA NDSP office prior to enrolling a child in a non-DOD school. If you are new to the NDSP, visit our website and review for more detailed information.

The NDSP has specific steps and procedures to be eligible for funding, all of which are outlined in the mandatory NDSP Sponsor Orientation which is required to register.

Department of State Standardized Regulations (Educational Allowances): Learn about your DSSR Education Allowance for Souda Bay, Greece by going to <https://www.state.gov/m/fsi/tc/31361.htm>, so you will know if the schools listed below fall within your education allowance.

Academic Support

Contact your Education Specialist at ndsp.education.europe@eu.dodea.edu for additional questions surrounding education and education options and support. All enrollments and reimbursable expenses need to be pre-authorized, so get in touch with the NDSP before obligating funds for your child's education.

Non English Speaking Schools

Enrollment in a non-English speaking school requires more steps than enrollment in an English speaking school. Families choosing an option where the language

to local Greek physicians.

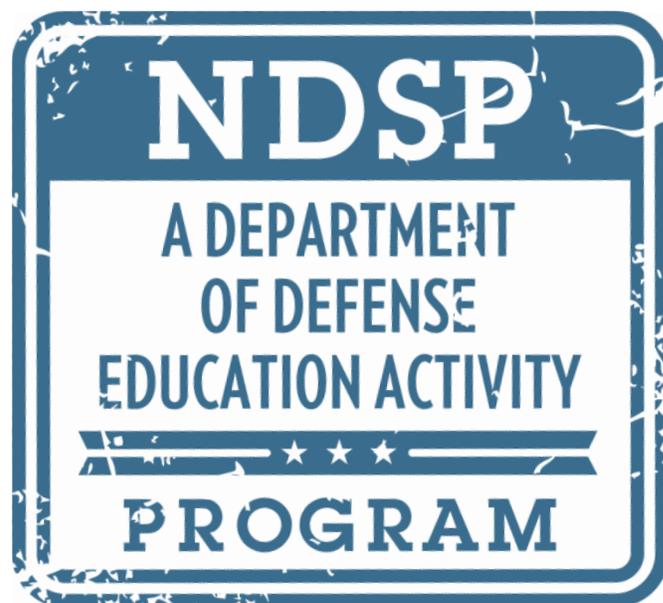
Schools: There are no DODDS schools in the area. NCSD dependents are responsible for the costs of any home schooling courses or boarding schools for their children. The Calvert Correspondence Course is available for home schooling of children. High School children may attend the boarding school in Athens or London. This is provided by DODDS for members serving on an accompanied tour. This is also available to those on an unaccompanied tour; however, the member would be responsible for payment.

Child Care: There are no child care facilities available on the base.

Space-A Travel: Subject to approval by the installation Commanding Officer, NCSD may be authorized Space-A travel between NSA Souda Bay and the continental U.S. Space-A travel originating at NSA Souda Bay within Europe or any other destination other than CONUS is not authorized for NCSD.

Tourist Visas: NCSD are authorized to visit during an unaccompanied tour, but must follow the guidelines outlined in the DOD Foreign Clearance Guide at <https://www.fcg.pentagon.mil/fcg.cfm>. According to Greek restrictions, U.S. citizens cannot stay more than 90 days without applying for residency. Plan your dependent travel accordingly. Remember, Space 'A' travel is exactly what it means, space available. Do not plan Space A travel for your dependents to return home on the 89th or 90th day on the island, you may violate visa restrictions.

Family-Friendly Programs: Activities sponsored by active duty associations and/or MWR such as Independence Day celebration, and holiday/beach parties are offered. Child-friendly matinee movies, when made available via Navy Motion Picture Service, are also available.



of instruction is not English may not be eligible for supplemental support for their children. Contact ndsp.education.europe@eu.dodea.edu if you have specific questions. Our eligibility team and Education Specialist will reach out to you with the additional forms to complete once you have registered.

Exceptional Family Member Program (EFMP)

EFMP is a mandatory DOD enrollment program that works with DoDEA to provide educational services worldwide to U.S. military families with special needs. An official overseas screening conducted by the responsible Educational Specialist is mandatory for all DOD eligible dependents with special needs, civilian or military, prior to arriving at the NDSP site. An overseas screening can be called different things in each branch of the DOD; it may be called a Family Member Travel Screening or Family Determination Inquiry for example.

Contact your EFMP coordinator or human resource office to initiate the overseas screening or contact ndsp.education.europe@eu.dodea.edu for assistance. It is highly recommended that the student have recent (within six months) educational evaluations and an updated Individual Education Plan prior to the screening and for families to hand-carry all documents to their new school.

The NDSP Liaison for Souda Bay, Greece

Contact the local NDSP point of contact, Mr. Chris McKibbin, at Christopher.McKibbin@eu.dodea.edu for additional questions specific to the area.

Education Options

Theodoropoulos School: K-12
<http://www.zita.gr/index.php?lang=en>

Language of instruction is English and they utilize the Calvert Curriculum. The students are separated by grade levels, but in some cases they have multi grade levels such as 3rd through 4th grade. For more information or to set up a tour, contact Mrs. Chara Tsoupaki at (+30) 6937-

081204, Monday through Thursday, from 0900 to 1300, or e-mail: chtsoupaki@gmail.com

Mavromatakis-Mitera Private School: Pk-6th
<http://www.mmschool.gr/en/>

Language of Instruction is Greek. English is for two hours a week starting in kindergarten, adding additional time each year until reaching five hours a week in 6th grade. The school uses a combination of the Calvert Curriculum and an international school curriculum.

For more information or to set up a tour, contact Ms. Vilma Mavromatakis at (+30) 28210-52626, Monday through Friday, from 0800 to 1500, or email info@mmschool.gr

IN CASE OF EMERGENCY

EMERGENCY OFF BASE: 282-102-1911

QUARTERDECK: 282-102-1806

EMERGENCY ON BASE: 911

CDO: 694-043-1151



BREAK GLASS

Home School or Virtual School

Find more information about this option at <http://dodea.edu/nonDoD/HomeBasedEducation.cfm>

Boarding School

This option is open to students from 6th to 12th grade. Contact headquarters at ndsp.management@hq.dodea.edu to confirm enrollment eligibility.

Pets

Like in the States, most apartment complexes have a two-pet limit. This can be negotiated with landlord prior to signing a lease. By Greek law, there is no limit to the number of animals you can have if you reside in a house. For apartments, there may be a limit to no more than two pets. Remember you are responsible for the proper care and housing of your pets, and for PCSing them off the island with you when you leave. Greek law prohibits animal abandonment, which is punishable by a fine.

You may bring your pet to Crete with you on Air Mobility Command (AMC) flights you must be on PCS orders. Pet space is limited on all AMC flights, therefore pet spaces are booked on a first come, first served basis. Be sure to inform your personnel department that schedules your flight to Crete that you will be traveling with a pet. There is an excess baggage fee per pet based on the pet's weight. AMC will not ship any pet over 150 pounds (combined pet and carrier). Check with your local AMC terminal for any other restrictions prior to traveling. There is a limit of two pets for each family, dogs and cats only, and you must provide the

proper documents and travel containers. For the AMC Pet Brochure, please go to:

<http://www.amc.af.mil/Portals/12/documents/AFD-140807-032.pdf>

If flying commercially, it's important to contact the airline on which you'll be traveling to Crete for its specific requirements for pet travel. Some airlines, for instance, require pet carriers have ventilation holes on all sides. Some require the bolts be turned upside down and screwed in from the top to ensure one does not accidentally get loosed during travel. Traveling in the summer can be difficult due to heat restrictions and some airlines may not ship certain breeds (snub-nosed animals) during this time. So call your airline first to ensure they will transport pets, and then for their specific requirements and fees. You are responsible for all fees incurred in pet transport.

Be advised, you must make arrangements for boarding pets upon arrival, as few hotels allow for pets. Greece has a limited amount of boarding kennels, so booking must be made in advance. Your sponsor will be beneficial in assisting in this matter by making your hotel reservation in pet-friendly hotels, if available.

There is no quarantine period in Crete, but you will be required to have a current ISO standard 11784 or 11785 microchip and original (current) rabies certificate signed by your veterinarian. All pets (dogs and cats) must have a rabies certificate, dated within six months of CONUS departure date. A health certificate is also required that certifies the pet is in good health and free from infectious disease, not more than six days before arrival or departure. The certificate must be validated



Photo by Jacky Fisher



Photo by Heather Judkins

by the appropriate medical authority in the country, where the travel begins.

Animals traveling to Crete should have EITHER:

- a clearly readable tattoo, or
- an electronic identification system* (transponder).

*The microchip must be implanted prior to the rabies vaccination. For animals older than 16 weeks of age, 21 days must elapse from the date of the primary rabies vaccination. You will also need a bilingual health certificate. Forms are available through your military Veterinary Treatment Facility or civilian USDA veterinarian. This certification is good for only 10 days from the date of examination and must be certified by an official USDA civilian veterinarian or military veterinarian. Make several copies of this form when complete. One should be taped to the outside of the travel kennel and one should stay with the animal's health record.

Take note: Leishmaniosis, a parasite which can be deadly to dogs, exists in Crete and all Mediterranean countries. The only way to protect against this disease is to avoid sandflies through effective insecticides such as prescription topical (Advantix II) or collars (Scalibor). This disease is treatable, but not curable.

If your pet is geriatric or requires special treatment, it is recommended that you not bring him/her to Crete. Special diagnostic facilities are not available. If your pet has a special health problem, have your sponsor contact a local veterinary clinic to determine if requisite medical care might be available.

Birds are prohibited.

When you are ready to return to the States and you are taking a pet (or pets) with you, a good source for pet export information is the local and state veterinarian specialists here in Souda. But it is advisable to have some knowledge of your next state (or country) of residence specific requirements. Go to the United States Department of Agriculture (USDA) site at <http://www.aphis.usda.gov/wps/portal/aphis/home>; follow the below directions to navigate your next state (or country) of residence's requirements.

At the bottom of the Home page, under 'Our Focus' click

on the 'Animal Health' link. Then click on the large red 'EXPORT' icon, in the middle of the page. Under the 'Export Requirements for ...' header, click on 'Pets' (highlighted in blue). Under 'Bring your pet into the United States from a foreign country (Import)' select from the pull down menu 'Choose an animal' the type animal(s) you are exporting from Greece. You'll be taken to another page where you select the state you're traveling to under the 'State Information' header. Select your state from the pulldown menu. You will be taken to that state's Department of Agriculture and Consumer Services / Health and Human Services / or similar page.

Base Access

The NSA Souda Bay is located on the Hellenic (Greek) Air Force Base, and requires that base access be granted through the Motor Vehicle Registration Office (MVRO). The MVRO handles all base access requests and the following services: Identification badges, USAFE drivers permit issuance and base vehicle permits. MVRO is open 0800 to 1330, Monday through Friday, (except American and Greek holidays).

Telephone: DSN 266-1266 or 266-1579

If you are arriving via commercial flight or ferry, it is absolutely essential that you inform your sponsor of your arrival date so that base access can be arranged for you in advance. If you arrive via AMC flight, base access in advance of your arrival is NOT necessary as you will complete a base access form when you arrive at the terminal.

You WILL NOT be able to get onto the installation without approved base access.

Chaplain Office Hours
0700 - 1700 Monday- Friday
DSN 266-1204
Emergencies 694-043-1155

Personal Property Shipment

The Personal Property Shipping Office (PPSO) is located in Bldg. 5, Supply Department, Room 14. Customer service hours are from 0800 to 1500, Monday through Friday.

Upon your arrival to NSA Souda Bay, check in with the PPSO to track or set up delivery of your shipment/s. Be prepared to provide a copy of your orders, shipment inventory and any other shipping document you may have.

Weight Restrictions

NSA Souda Bay is a weight-restricted tour of duty for most Navy personnel. Personnel authorized command-sponsored dependents are authorized to ship their full weight allowance. Members in pay grades E-5 and above on an unaccompanied tour are authorized to ship 2,500 pounds of household goods or 25 percent of full weight allowance, whichever is greater. Members in pay grades E-1 through E-4 are only authorized to ship unaccompanied baggage shipment up to 600 pounds.

Air Force personnel are authorized the same weight allowance per pay grade as the Navy. See the Air Force Personnel section for more information.

DOD civilians are generally authorized 18,000 pounds for HHG shipments.

Greek Customs

The Greek government is strict on the importation and exportation of controlled items. Controlled items include, but are not limited to, all electrical and electronic items, cameras, watches, bicycles, metal detectors, televisions, DVD players, stereo equipment, appliances and scuba equipment. Military personnel and their authorized sponsored dependents are authorized free entry (no customs duty levied) in to Greece for all personal property for use by them or their family, for the duration of their stay in Greece. These items must be identified by type of item, model number

and serial number on your HHG/UB inventory sheet for shipment to Greece.

Items shipped into Greece must be shipped out - annotated on the HHG/UB inventory sheet - to avoid customs duties.

Should an item be sold within Greece to a person not having the free entry privilege, the duty must be paid. These customs regulations apply to items if purchased duty free, i.e. bought in the Navy Exchange or through the mail.

Authorized members can request a VAT-exempt form for items worth more than \$70 bought on the local economy. There are time constraints to use a VAT-exempt form and a copy of that form will be retained by the Customs office until the member PCSs. Items purchased using the VAT-exempt form must be identified on the HHG inventory as a separate line item and must be in the shipment leaving the country.

Contact the Customs Office for specific and up-to-date information concerning controlled items, VAT-exempt forms and the appropriate disposal of a controlled item.

NOTE By direction of the NSA Souda Bay Commanding Officer, members are not authorized to bring firearms of any kind in to Greece.

Non-Temporary Storage

Orders to any overseas duty station may entitle you to NTS at government expense for the duration of the overseas tour. Although full JTR allowance is authorized for accompanied military and civilian personnel, NTS should be used to the maximum extent possible. On-base accompanied government quarters are unavailable. Most off-base commercial dwellings are small and may not have an on-site storage area. Excess and/or large furniture should be placed in NTS due to space restrictions; large appliances should also be placed in NTS as the Housing Loaner Furniture supplies these items and large 110 appliances are not compatible with European current.

The size of homes and apartments are smaller than U.S. standards and consequently will not accommodate the large quantity of furnishings. Make arrangements before you ship your personal property to dispose of unwanted items and place anything not being shipped in storage. Consideration should be given to storing items of great sentimental value or items of high value that are unnecessary to have during an overseas tour.

Contact the Personal Property Shipping Office for more information on storage provided by the government during an overseas tour.

To start or submit an application for your move, visit www.move.mil. Step by step guidance can be found at www.navsup.navy.mil/household/dps.

What Should I Bring?

The following suggestions pertain to individual types of household appliances and fixtures. Contact your sponsor if your specific questions are not answered here.

Beds and mattresses: If you have them, bring them. Beds and mattresses are not available at the Navy

Exchange. Beds and mattresses are available on the economy but are different sizes than American beds.

Rugs: Floors in Greece are mostly hard tile, wood and/or marble so consider bringing carpets or area rugs. If you don't already have rugs, you may want to buy a few inexpensive room-size carpets. A wide variety of rugs can be found on the economy here in Crete.

Desks, dressers and other storage: Most bedrooms have built-in closets with shelving so you may not want to bring your tall or long dressers. Small tables, desks, and storage chests are recommended.

Small Electrical Appliances: Generally speaking, small electrical appliances may be dual voltage or can be used with a transformer.

Items with 220 volts are available on the economy.

Electrical Clocks: These are not practical because they will not keep accurate time due to the 50 cycle current. The hands travel five sixths of an hour every 60 minutes. Wind-up or battery powered clocks are your best bet.

Televisions: US televisions can be used with a transformer; however, they will not be able to receive Greek television signals. Greek television is transmitted in SECAM/PAL and the American TVs are only set

up for NTSC. Multi-system televisions are available for purchase through the Military Exchange System or purchased locally from other military or civilian members leaving the area. Greek television transmits EURONEW, the BBC and CNN International, as well as American movies and many stateside sitcoms in English with Greek subtitles.

Uniforms/Clothing: A complete seabag is required (to include ribbons and medals) for all military personnel. Be advised that not all uniform items and accessories are available in the NEX Uniform Shop. If you anticipate being advanced during your tour, recommend bringing extra crowns, hashmarks, etc. More than likely you'll have an opportunity to wear all of your uniforms during the course of the year. The change to summer and winter uniforms normally takes place in May and November.

In planning your civilian clothes, keep in mind that the climate varies from hot (90 to 100+ degrees) in the summer, to cold and rainy in the winter (40 to 60 degrees). Home heating is not as convenient or economical as in the U.S., so bring warm clothes. Civilian dress is normally casual, but you will find it to

your advantage to bring a coat and tie, or female equivalent, for special occasions. The NEX has a very limited selection of clothes and, depending on your taste, could be expensive on the local economy.

Europeans tend to dress more formally than Americans. Our host country nationals expect us to dress like Americans, but extremely informal clothing reflects poor taste on our part. If in doubt as to what to wear, the safest rule is to 'overdress', and you will fit right into any situation.



Photo by Heather Judkins

Mailing and Contact Information

Mailing address:

(Your Name)

U.S. Naval Support Activity
Souda Bay

PSC 814 Box 1FPO AE 09865

NSA Souda Bay CDO:

COM: (+30)694-043-1155

NSA Souda Bay Quarterdeck:

COM: (+30)28210-21806

DSN: 314-266-1806

Getting Settled

After arriving to NSA Souda Bay, part of your check-in will include attending a mandatory five-day Indoc course. Included in the instruction is information on Greek customs/culture, a tour of Chania, base and installation mission, operations, regulations and programs, as well as security and Navy Rights & Responsibilities training. All personnel will be responsible for completing a check-in sheet, which will guide personnel to the necessary locations to ensure all procedures are complete.

Assignment Policy

New Combined Bachelors Quarters were constructed in 1996, 1998 and 2001 with housing priority given to E-4 and below personnel. With very few exceptions, all E-4 and below are required to live in the CBQ.

If BEQ quarters are not available for a member upon arrival, your sponsor will make arrangements for hotel accommodations. You will be lodged at an authorized hotel in the area, approximately 7 to 10 miles from base, usually near a base bus route. Most local hotels accept payment by credit card (VISA, MasterCard), Euro or U.S. dollars. You will be entitled to Temporary Lodging Allowance for at least 30 days, but not to exceed 60 days while waiting adequate on-base billeting or until you locate off-base housing. Unless required to reside off-base until government quarters are available, E-4 and below personnel will not be authorized TLA.

Housing Contact Information

Our award-winning 2013 Outstanding Housing Installation Team will assist with the selection of your home here in Crete, and help with any housing issues.

Housing Service Center

Bldg. 49

U.S. Naval Support Activity, Crete, Greece

PSC 814 Box 12

FPO AE 09865-0061

COM: (+30) 28210-21920/21685/21290/21218

DSN: 266-1920/1620

Hours of Operation:

Monday, Tuesday, Thursday and Friday: 0730 - 1600

Wednesday: 1200 - 1600

Unaccompanied Personnel Housing/Navy Gateway Inns & Suites

COM: (+30) 28210-21601/1632

DSN: 266-1601/1632

The following services are available through the Housing Office:

- House-hunting trips
- Lease negotiation
- Translation services
- Mediation of landlord-tenant disputes
- Assistance in arranging for utility contracts and ongoing liaison with utility companies
- Temporary Loaner Furniture & Full Tour Loaner Furnishings

Navy Gateways Inns & Suites

Your sponsor can make these reservations for you, if required. If there is not a room available at NGIS, you will be provided a Certificate of Non-Availability allowing authorization to make alternative reservations in an approved local temporary lodging facility.

Your sponsor can make your reservations, if needed. The sponsor must contact Navy Gateways Inns & Suites (NGIS) first to check for availability. If there is no availability, you will be provided a Certificate of Non-Availability (CNA) to allow you or your sponsor to make alternative accommodations for a hotel out in the local economy. A CNA will be required prior to securing reservations at local economy hotels. Failure to abide by this rule could result in no-payment or reduced payment of temporary lodging cost.

NOTE: CNAs cannot be back dated. NSA Souda Bay NGIS accepts pets on a limited basis. You must contact NGIS directly for availability if traveling with pets. Having pets will not automatically qualify you for off-base lodging.

NGIS Contact Information
COM: (+30) 28210-21601/1602
DSN: 266-1601/1602

COM: (+30) 28210-21193
DSN: 266-1193

DOD Civilian Personnel (CIVPERS): Housing personnel will assist you with locating a home in the local community. CIVPERS are authorized up to 90 days of Temporary Quarters Subsistence Allowance. It's important you communicate with your sponsor as quickly as possible upon receipt of orders. Your sponsor must know if you will be accompanied or unaccompanied, the size of your family, if you are bringing pets, etc. Answers to these questions will help him/her make appropriate advance reservations for accommodation.

Following Indoc class, you will begin an aggressive search for permanent housing. You should have a lease contract and a move-in appointment set sometime between 30 to 45 of collecting TQSA. After arranging for utilities, loaner furniture and/or HHG deliveries, expect to move in between three to five days of signing the lease.

Hotel accommodations can be made at either the NGIS or a hotel on the economy. While in a transient

status, keep your receipts for hotel bills, meal receipts, dry cleaning, and other expenses. These receipts will be required when you file your reimbursement documentation. Taxi fares to and from the hotel and work and auto rentals are not reimbursable. Check in with the Human Resource Office immediately upon arrival to be briefed on both TQSA and Living Quarters Allowance entitlements. LQA is the allowance members receive to maintain a household off base.

Economy Housing (E-5 and Above)

E5 and above personnel will need to have approximately \$2,500 to \$5,000 on hand, depending on pay grade and rent costs. This is to ensure you won't have to go in debt or worry about dependent pay, which will take about two weeks to get on line after your arrival. Once your lease is signed by Housing and processed by CSD, appropriate allowances will begin and your pay will settle. Move-in costs are typically 1st months' rent, security deposit (usually equal to one month rent) and deposit for utilities (approximately 130 Euros).

Upon arrival to NSA Souda Bay, if you think some financial issues may arise from the initial expenditures, inform your LCPO who will liaison with Admin to assist, as necessary. Bottom line: Communicate with your sponsor!

The NSA Housing Office maintains a current list of apartments and houses available for rent in the local area, or you can go to homes.mil for a look at the listings as well. A housing run, on a first come, first served sign-up basis, is conducted for personnel interested in seeing rental units available. Housing will assist with your

Greek/American housing lease. You can also get a realtor, and get reimbursed for the fee. A supply of U.S. government furniture and appliances are available for sign out for temporary use or for the length of your tour.

Rental housing on the local economy is readily available. The floors are usually marble or ceramic tiles with no rugs. Curtains or blinds are not automatically included unless the apartment is furnished. Some partially-furnished local housing is available and is considered reasonable with rent ranging from 650 to 1,000 Euro per month. E-5 and above personnel living off-base should plan to bring everything in the way of housewares such as kitchen items, rugs, sheets, towels, curtains, and 200v 50/60 cycle countertop small

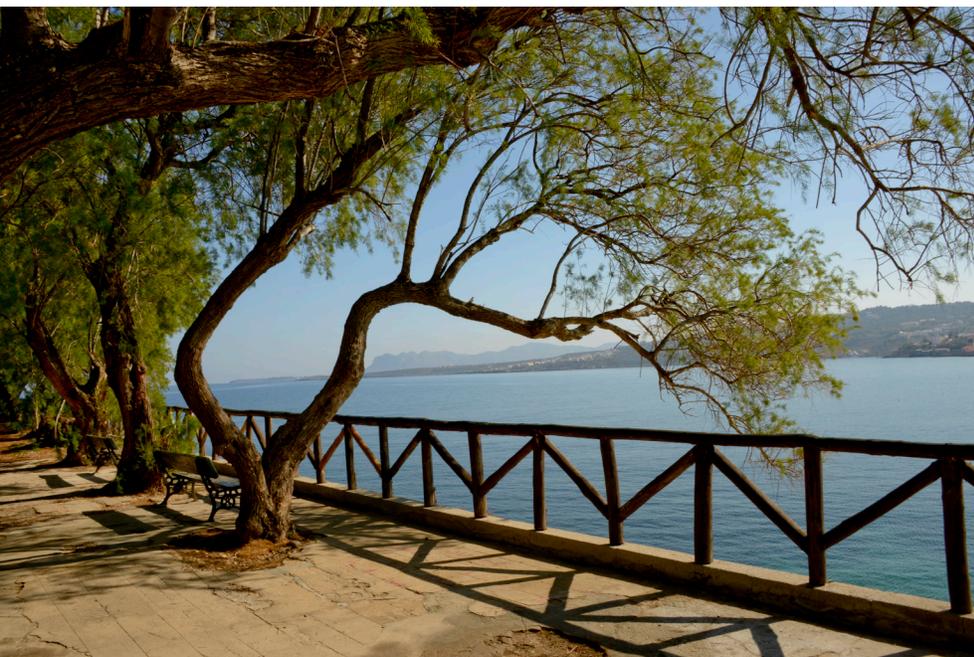
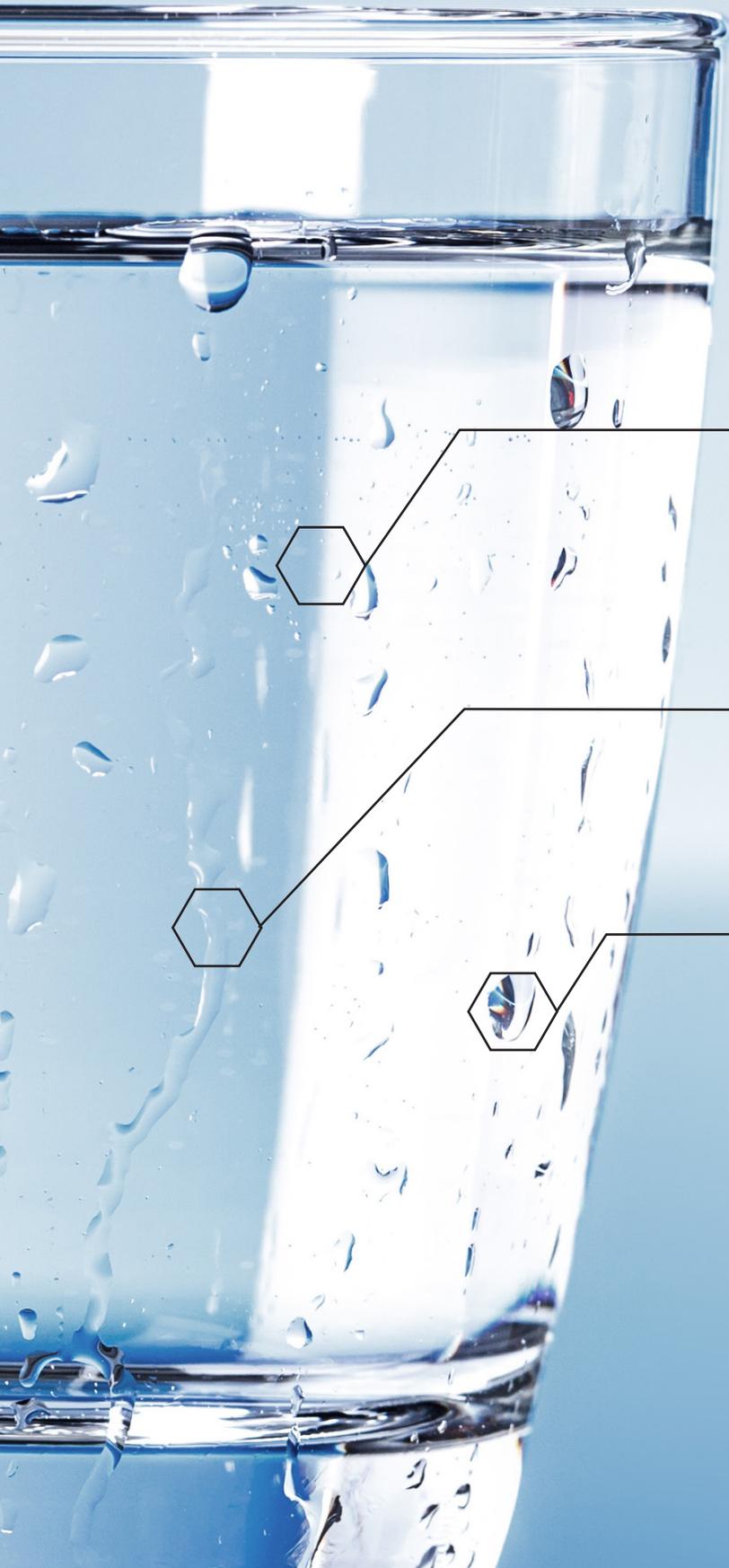


Photo by Heather Judkins

Crystal Clear



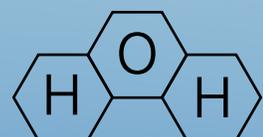
The tap water on Crete is tested regularly by the NSA Souda Bay Environmental Department and Branch Medical Clinic.



The installation purchases water from the Chania Water Authority, who provides for testing and quality control.



The tap water on Crete is fit for human consumption. For further information you can read a copy of the annual water quality report at http://www.cnic.navy.mil/regions/cnreurafswa/installations/nsa_souda_bay/om/environmental_support.html



appliances. These items can be included in your UB shipment. Linen, glassware, kitchen utensils, dishes, etc., are available on the local economy but are generally more expensive. Household items are available in the NEX.

Members checking on board and eligible for off base housing shall check in with the base Housing Referral Office as soon as possible upon their arrival. Housing has binders of housing available for immediate occupancy. Additionally, all available homes can be found on line at www.homes.mil. Members will select the properties they want to visit. When you've made your final decision, Housing agents will assist with establishing both the lease and setting up utilities. Once the lease is established, Housing will fill out an Overseas Housing Allowance form for the member to take to CSD so entitlement can start as soon as possible.

Once you sign a lease for a Greek home, you will find it hard to break. Greek law requires you to notify your landlord one month in advance of breaking the lease unless you are moving into government quarters or PCSing early. The contract is a binding, legal agreement and is not easily revoked without proper justification.

Homes in Greece are different from those stateside. There are apartments, in-villas (generally two floors of a house) and villas (single homes within a fenced perimeter), and are smaller than homes/apartments in the U.S. Therefore, you should carefully limit the total weight and items being shipped. For example Greek bedrooms are smaller than American standards and most bedrooms have built-in cabinetry. Do not ship American appliances as most homes have them, they're available from the Loaner Locker and/or the 110v appliances will not work in Greece.

You can do a little research. It is helpful if your sponsor drives you around to see the different areas. If you find a house on your own, provide Housing the landlord's name, phone number and address of the home. The landlord will need to contact housing and follow up with the required inspections and negotiate the rent based on fair market rents. Then, an appointment will be made with the landlord, housing representative, and the member to sign the lease contract. Housing agents are bilingual, and are familiar with Greek Real Estate customs and laws. Throughout the process if you are uncertain about anything, ask questions.

At the time of the contract signing, you must bring two month's rent in Euro -- one month's rent is a security deposit

against damages and the other is your first month's rent. The security deposit will be returned to you, less any amounts deducted for damages when the lease is terminated. In the event that a house does not meet with the standards set forth by Housing and Security, a waiver will be required acknowledging the limitations of services available by the Housing Office.

All properties listed with Housing have electric split unit AC/Heating and/or fuel oil heating. It's highly recommended if you look for housing on your own that you do not discuss or commit to a rental price. In most cases, this may end up being higher than the fair market rental costs Housing agents may be able to negotiate.

Helpful Housing Tips

Utilities: Utilities are rarely included in the rent. Apartments may have a 'condominium fee' in addition to the monthly rent to cover janitorial services, the lighting and cleaning of common areas, garbage pick-up, etc. This fee varies with the type of complex. Landlords are also permitted to raise the rent on an annual basis, although many landlords do not do this.

Telephones: OTE is the only company that offers landline service throughout the Crete territory. Landlords are responsible for setting up the internet and phone service. Tenants are responsible for reimbursing the landlord.

Telephone calls are calculated on the following factors: length of call, distance, and the time and day that the calls are placed. Telephone calls from your home phone to cell phones can be very expensive.

NOTE In addition to phone service fees, your bill will include a charge for the units you have used during the billing period. A unit does not represent a single phone call but rather it is a mix of distance called and time called. Calls to cellular phones may cost more

Voting Questions? Ask the Voting Assistance Officers



Call: 266-1244

Email: Jacky.Fisher@eu.navy.mil
Timothy.Mcdaniel@eu.navy.mil

Visit: Bldg 2, 2nd floor, Public Affairs

than making international calls, depending on the time of day they are made. Reduced rates are available on weekends depending upon the OTE package plan selected by the customer. You will need to provide your own phone.

Electricity: Electricity in Crete is expensive. Local electricity is 220 volts, single phase, 50 cycle. Step-down transformers are a must for use with U.S. 110v and 60 cycle appliances. Transformers are usually available from the Household Furniture Loan warehouse. Adapters for Greek-type plugs must be used and are sold at the NEXMART. With the exception of electrical clocks and other items not geared for 50-cycle power, most U.S. small appliances may be safely operated with a transformer. Lamps not plugged into a transformer, require 220-volt light bulbs, available locally.

All Greek electricity is 220 volts, 50 cycles. An important point to remember is that heat generated by a 60 Hz motor operating on 50 Hz can be a safety hazard. Electric supply is measured in kilowatts.

Depending on the size of your dwelling, the number of water heaters, your family's size, your usage patterns and the number of electric appliances you operate, the number of available kilowatts you need will vary. The Housing Department will assist you in determining your needs. But keep in mind electricity is expensive in Greece!

The DEH (the Greek Electric company) sends electricity bills every two months, but reads your meter approximately three times a year, depending on the location of the property. In between readings, DEH will send you estimated bills, based on historical patterns of

usage for your rental property. This practice may result in a high bill when the actual reading takes place by DEH when the reading is above the amount estimated.

Housing will document your initial DEH meter reading and recommends you perform a meter reading monthly on your own and provide it to the Housing for review and documentation. This practice shall prevent you from receiving bills that you may have difficulty paying. You should learn to estimate your own usage and set aside sufficient funds.

Heating/AC: If you select a house or an apartment with an electric split unit system only, this will result in higher electric bills. It is recommended to set your thermostat at a reasonable temperature to shut off when the sun is out and when you are not home.

Water: The water contract remains under the name of the landlord at all times. The cost of water is subject to variation on the basis of housing areas, cubic meter consumption and price of water established by the supply company. When you are asked to pay a water bill, recommend asking for a copy of the bill for Housing to ensure you reimburse the landlord the correct amount.

Loaner Furniture

Loaner furniture is available at no cost. However, only those individuals living off base and authorized a HHG shipment are authorized to use this program. It's against the Housing policy to give out loaner furniture for use in offices or barracks rooms.

Individuals are responsible for the care of the loaner property. Any broken, torn, or misused furniture will be the responsibility of the person to whom it was issued to.

The following is page has a list of available loaner furniture. Not all items may be available at time of check-in, and individuals are limited to the number of items they can check out.

NSA Souda Bay's Loaner Furnishings Program is open to all military and DOD civilian personnel on PCS orders. Personnel are eligible to receive temporary loaner furniture, as well as full-tour packages. To be eligible, members must have a signed housing lease.

Although stock levels are sufficient to meet the demand, members are urged



Photo By CPO Kirk Worley

to request only those items actually needed to complete the household. Members will be placed on a waiting list for items not available at the time of their request. The list will be prioritized by the date the lease was signed, but follow-up is the member's responsibility.

The furniture section needs five working days' notice to schedule furniture delivery or pick up. Cancellation of a scheduled delivery, service call, or pick up requires at least one working day notice, or you may be charged for the service. Charges for missed appointments or canceled appointments without proper notification range from \$45 to \$170. The variations in the prices are related to the various types of moves - light or heavy weight furniture; and loaner or full tour furniture.

Many of the items are not new, but scratches or dents are not grounds for refusal of the item. Damages to the items should be noted on the delivery receipt to avoid being charged for prior damages. To schedule delivery,

- Single bed frame, box and mattress
- Double bed frame, box and mattress
- Night stand
- Dresser
- Mirror
- Refrigerator
- Stove
- Kitchen table and chairs
- Microwave
- End table
- Bookcase
- Coat rack
- Sofa
- Sofa chair
- Entertainment unit
- Office chair
- Office desk
- Desk fan
- Desk lamp
- Floor lamp
- Washer
- Dryer
- Coffee table
- Electric heater
- Transformer



pick up or service calls, contact the Housing Office at DSN: 266-1920.

Furnishing Items Available:

In addition to the 90-day Temporary Loan Program, there is also a Full Tour Appliances/Furniture Program designed to get you started in your new house or apartment. Some items, sizes, and quantities vary between the family and bachelor programs. Check with the Housing for more details.

The following items are allowed one per household: stove, refrigerator, freezer, microwave, dehumidifier, fan and washing machine and clothes dryer.

Transformers included in a full set are, one each: 1,500 watt, 1,000 watt, and 500 watt. Additional transformers may be authorized and are also available for purchase at the NEX.

Smoke, and carbon monoxide detectors are available - two per household.

AFN Decoder, when available, can be obtained from the warehouse. They are also available for purchase at the NEX. Installation, all required material and service calls are at the expense of the member. *Note* Satellites will only work with a multi-system television.

Allowances

Temporary Lodging Allowance

TLA is paid in 10-day increments while awaiting the assignment to permanent housing. It covers the cost of lodging, meals and incidental expenses. The maximum number of days for TLA is 60, starting the day the member reports for duty or date first family member arrives -- if approved by BUPERS to travel prior to the sponsor.

All members on accompanied and unaccompanied tours are eligible until permanent housing is secured. TLA can be terminated if adequate permanent housing is declined. Normally E-4 and below personnel are directly assigned to barracks and would only receive TLA if barrack space was not available. TLA is completed at Housing then processed by CSD for payment. To be eligible for the full payment of TLA, accompanied personnel must make arrangements for lodging/hotel accommodation at the NGIS or a hotel on the economy. Unaccompanied military personnel must make arrangements at the NGIS. A Certificate of Non-Availability should be obtained before making arrangements for economy hotel accommodations.

Overseas Housing Allowance

OHA is authorized to assist a member in defraying the excess housing costs incurred when assigned to an overseas duty station. Members authorized to live in private rental housing are entitled to OHA. OHA is in place to assist in paying for housing costs to include rent, utilities and recurring maintenance expenses.

OHA consists of two parts: the rent portion, and the utility and recurring maintenance portion.

The rent portion of OHA is computed on your actual rent up to a maximum based on your rank and whether you are accompanied or unaccompanied. You are not limited by the rental ceilings. If your rent is above the ceiling, you pay the difference out of your base pay. If your rent is less than the ceiling, your allowance will only include the amount you actually pay.

The utility portion of OHA is added to the rent portion to help pay for utilities and recurring maintenance costs. The amount of OHA received fluctuates with the dollar/euro exchange rate.

The utility and recurring maintenance portion of your OHA is also adjusted as a result of the annual OHA Utility Survey. It is important to maintain complete records of your rent and utility payments. Keep a file with all of your receipts and a notebook to record all your expenses for repairing and maintaining your house or apartment.

To obtain up-to-date information on your rental ceiling and OHA entitlement go to Defense Travel Management Office, the NSA Souda Bay code is GR001. OHA documentation - DD Form 2367 - is completed at Housing once a lease has been signed and is then processed at CSD for payment.

Note – Dollar/Euro Tip Because many of these allowances fluctuate as the dollar/euro exchange rate fluctuates, your paychecks will vary quite often. You should keep track of all these things and watch your leave and earnings statements carefully for errors. Also, when planning your budget, do not count on a particular dollar figure each paycheck. It is more prudent to plan on needing a certain amount of euro each month and buying that amount; that way, the number of dollars

left over after buying the euro should be roughly the same. Also, keep a notebook and enter every purchase you make for your home and all purchases you make on the economy. That way, when it is time for the annual allowance surveys, you have accurate figures.

Moving In Housing Allowance

MIHA is a one-time payment to defray the costs for items not provided for in off-base housing. Because of many additions to permanent loaner furniture (i.e., washers, dryers, stoves, power transformers), MIHA has been reduced by almost half. Double-check the amount you are authorized.

What about allowances for civilians?

U.S. civil service employees recruited in the U.S. to work abroad are generally eligible to receive several overseas allowances. TQSA is authorized for the reasonable cost of temporary quarters incurred by the employee and his/her family for a period up to three months upon arrival or for a period ending the occupation of residence quarters, whichever is shorter.

LQA is authorized to cover the cost of renting a home on the economy. LQA payment is intended to cover the average cost of rent, electricity, gas, fuel, and water up to the applicable maximum rate. Maximum rates vary by costs, by employee grade level, and by family size. Post Allowance is authorized when the cost of living in the foreign area is significantly higher than in Washington DC. Contact HRO or your personnel office for further information.

Visit the Finance Payroll Office located on the second deck of Building 2 as part of your check-in process to ensure your automatic payroll deductions like state taxes and TSP allotments are not interrupted.



NSA Souda Bay Studio
Open from 0900-1400
Tuesdays and Wednesdays for
Quarterdeck Portraits
Fridays for Passports and Official Package Photos
Located on the second floor of Building 2
above the Galley

Automobiles and Motorcycles

Taxis are available, but a car may be a necessity depending on your circumstances. Rental vehicles are available but prices will vary, as will availability, according to season.

Shipment of a privately owned vehicle is authorized and encouraged for all personnel on a 12-month or longer tour. You are advised to ship your POV as early as possible due to the long transit time from the U.S. to Greece and the short length of your tour. Navy members should ship their vehicles before they depart from the old duty station. You must have at least 12 months to be served at NSA Souda Bay at the time the POV is delivered to the Vehicle Processing Center (VPC) in CONUS.

Shipping Your POV

Unaccompanied members assigned to NSA Souda Bay are authorized one POV on their Greek Customs records at government expense. However, if you serve an accompanied tour you are authorized to import a second vehicle free of duty taxes at your own expense. If you ship a vehicle at your own expense you must arrange customs clearance at the port of entry through a customs broker. The port of entry is Piraeus and is located in mainland Greece so you will also have to transport your vehicle to the island of Crete by ferry. Be aware that Greek law often does not recognize the concept of marital property, so make sure that your car, and any other property you are shipping to Greece, is titled in

your name and not in your spouse's name.

Upon your arrival, check-in with the Quality of Life Vehicle Processing Center in Personal Property Shipping Office to initiate the POV pick-up process.

You must possess a valid state driver's license, paper vehicle title, vehicle registration and insurance valid in Greece, at the time your vehicle arrives at port of entry. The Greek Customs House will not currently accept a copy of your electronic title as proof of ownership and will not release your vehicle to you until you produce a hard copy of your actual vehicle title. If there is still a loan due on the vehicle you have the request the bank to issue a paper title prior to the departure from the old duty station. If you don't have any one of these documents, your vehicle will be held by Greek customs at the port of entry.

Current minimum insurance coverage is required



for vehicles (100.000 Euros for property damage and 500.000 Euros for bodily injury). Customs fee for clearing your vehicle through Greek Customs (locally) is 30 euro. If your car arrives before you do, it will be held at the port of entry for maximum 45 days.

The government of Greece considers motorcycles, mopeds, and mini-bikes to be POV's. If a motorcycle is shipped in the members' household goods shipment, a car cannot be shipped through a VPC (Vehicle Processing Center) and vice versa.

If you plan to ship a motorcycle/moped, a valid state license with motorcycle endorsement, and successful completion of a motorcycle training course is required prior to use, either owned or rented. Check the most recent revision of the OPNAVINST 5100.12 for specific requirements. Should your certification lapse during your tour, you will lose your privileges to ride on-base.

Contact Information

The Quality of Life Vehicle Processing Center
FLCSI Souda Bay
PPSO, Bldg. 5, Room 14
COM: (+30)28210-21521
DSN: (314) 266-1521

Email Mr. Lendwood Williams with POV shipment questions at Lendwood.Williams.ctr@eu.navy.mil or PPSO at ppso-souda@eu.navy.mil

Vehicle Registration

All permanent party, tenant command and retired personnel must complete a "Local Hazards" class, and

pass a written "Driving in Crete" test, provided by Safety in order to operate a motor vehicle on or off base. A valid state driver's license is also required in order to register your vehicle and drive on Crete. The Local Hazards course is offered during Indoc week.

Immediately upon receipt of your vehicle it must be registered with the MVRO. You must show all customs documentation, proof of insurance, and a valid U.S. driver's license. As part of your vehicle registration you will be issued a vehicle registration document that must remain with the vehicle. Two license plates are issued for placement on the front and back of the vehicle.

Greek law requires each automobile to be equipped with a first aid kit, a safety triangle, and a fire extinguisher which are available at the NEX. As in the U.S., seat belts are mandatory for all cars driven in Greece. A complete vehicle safety inspection of the POV is required which can be done at the installation Auto Hobby Shop. There are no host country vehicle licensing requirements.

Driver's License

Anyone desiring to drive in Greece must have a current state driver's license. Check with your local Department of Motor Vehicles prior to leaving for Crete, as each state has different requirements for renewing your license from overseas.

Motorcycle Training

Authorization to ride a motorcycle requires the Basic Ride Course (BRC) training Level I. Level II training is required 60 days after successful completion of the Level I course. Level III training is required every three years. Training level I, II and III are currently offered through the installation Safety Office. Classes are scheduled depending on demand. All Terrain Vehicles (ATV), are available for rental on the local economy, but come with great risks. Many ATVs are licensed for highway use, and several fatalities can be traced to inexperienced ATV drivers. NSA Souda Bay requires all personnel to have the Specialty Vehicle Institute of America (SVIA) <http://www.svia.org/#/> driving training prior to operation of ATVs OCONUS.

Contact Information
NSA Souda Bay Safety
Bldg. 58, Room 19
Monday – Friday, 0600 – 1600
DSN: 266-1527



Photo of the Basic Riding Course by Heather Judkins

Gasoline and Oil

Gasoline and oil are available to DOD personnel in Greece on a tax-free basis which amounts to a substantial discount from the local market. POV gasoline tokens are sold at the NEX. The POV must be registered at MVRO prior to purchasing a gas token.

Gas tokens purchased at the NEX are used like a debit card at the installation gas pumps. Money can be added on as needed at the NEX Customer Service Counter. Diesel and Unleaded gas is available on base, so it is not mandatory that you remove your catalytic converter. Leaded, unleaded, and diesel fuel is available on the economy but at about double the cost on base.

Spare Parts

Try to anticipate car repair and maintenance requirements, bring spare parts such as belts, hoses, light bulbs, and filters. It is also strongly encouraged that you bring a repair manual for your car. Parts may now be ordered through the NEX with about a two-week delivery time, and some repair manuals are available in the base library. It is suggested you have your sponsor check on availability of both for your particular make and model of car. Automatic transmissions are not common

in Greece and may present repair problems when they malfunction.

Purchasing, Selling & Scrapping

Upon departure from NSA Souda Bay, your tax-free vehicle must be disposed of prior to your transfer. The vehicle may be disposed of in one of three ways:

- Ship the vehicle out of Greece,
- Sell the vehicle to another person eligible for tax-free registration, or
- Transfer the vehicle to Greek Customs House for salvaging.



Photo by PO1 Richard Hoffner

Vehicle Rental

Vehicle rental is available on the installation and out in town. If you rent a car while you are waiting for your POV to arrive, you may obtain tax-free gas for the rental; just produce your rental contract for the vehicle along with your military ID card at the NEX counter when applying for your gas token. When your POV arrives, you must update the vehicle information. Not doing so will disable your account and prevent future gasoline purchases.

Rules of the Road

Greek traffic laws are far stricter on drunken driving than U.S. laws. Blood alcohol concentrations (BAC) are measured differently in Greece, but driving with the U.S. equivalent of .05 BAC can result in a DUI charge in Greece, with more significant penalties corresponding to higher BAC levels.

NSA Souda Bay Security runs a no fault taxi program called Tipsy Taxi to limit intoxicated vehicle operators. If you have had too much to drink, leave your vehicle and take a taxi. If you don't have money, security will pay the fare and you reimburse Security as soon as possible.

You may notice driving habits are considerably different from those in the U.S. Apply your defensive skills at all times. Watch for drivers passing you with oncoming traffic

Monday - Friday:
Breakfast 0630 - 0830
Lunch 1100 - 1300
Dinner 1630 - 1830

Weekends & Holidays
Breakfast 0700 - 0900
Lunch 1100 - 1300
Dinner 1630 - 1830

and on blind curves. Watch for slow moving tractors, large trucks taking the entire road, mopeds, bicycles, motorcycles, or animal carts. Roads in Crete can be very narrow, large American cars and trucks are not very well suited for driving, and you will find very few parking spots large enough to accommodate trucks, SUVs, or even mid-size sedans.

Stay out of the left lane unless you are passing. During the day drivers show intent to pass by sounding the horn. At night they may flash their headlights, honk or both. Don't panic when they do this, and remember to show the same courtesies.

Sheep, goats, and yes, even olive trees have `right of way` on roads, or wherever they are. If you damage or injure a tree or an animal, you will likely have to pay the owner the value of the item/animal and all of its potential value. So, if you crash into an olive tree you have to pay for the tree and all of the olives it would have made in its lifetime. As olive trees can live for more than a thousand years, that can add up to a lot of olives and consequently a lot of money! If you hit a goat, you have to pay for that goat and its entire potential offspring. Simply put, drive very carefully.

Watch for potholes, rocks on the road, and roads with little or no shoulders and abrupt cliffs. Local insurance doesn't cover vehicle undercarriage.

Seat belts are required. Wear them at all times, not just on the installation. The speed limit on the installation is 15 mph or 25 kph. Off base it is posted, so pay attention.

Don't be surprised to see local university students hitchhike as a means of transportation. It's recommended to not pick up hitchhikers.

The use of cell phones while driving is not permitted unless the driver is using a speaker phone or an earpiece.

Traffic Tickets

During your tour in Greece you may receive a traffic ticket. The police usually issue them on the spot, but your plate number could be taken and a ticket mailed to you at a later date. If a Greek police officer issues you a ticket, don't be disrespectful. There may be a communication gap and you may not understand why the ticket is being issued. If this occurs, just accept the ticket and bring it to the security department for clarification.

Vehicle Accidents

If you are involved in any vehicle accident, call Security as soon as possible. Even if it is minor, report it. They will assist with language interpretation and can help you navigate the Greek investigative and legal proceedings if applicable.

If you are the driver of a vehicle involved in an accident that causes injury or death to another, criminal charges may be initiated against you. A traffic accident with injuries is an automatic misdemeanor requiring six months to five years in Greek prison. Prompt notification of the security department is essential to the protection of your rights.

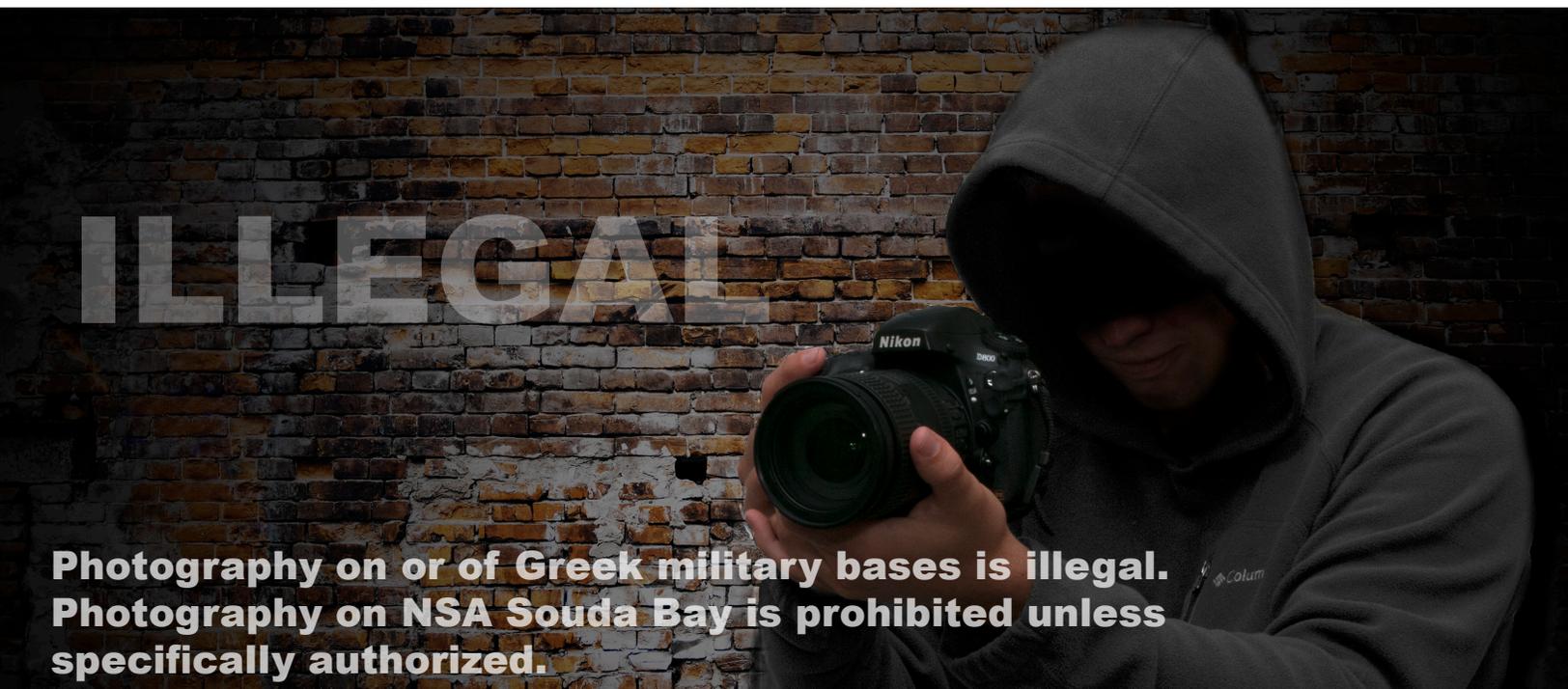
Remember people can get very angry or excited in all types of accident situations and keep your cool.

Contact Information

COM: (+30) 28210-66200

Emergency Extensions: 1117 or 1116

Non-Emergencies: 1272



ILLEGAL

Photography on or of Greek military bases is illegal. Photography on NSA Souda Bay is prohibited unless specifically authorized.



Aris Tsagrakis

MWR Personal Trainer

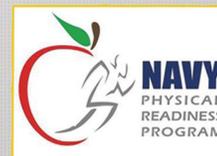
Certifications

- Personal Training/Fitness Specialist (The Cooper Institute)
- Command Fitness Leader (CFL) Instructor
- Navy Operational Fitness & Fueling Series (NOFFS) Instructor
- Total Body Resistance Exercise (TRX) Instructor
- Advance Training For Muscular Endurance (The Cooper Institute)
- Navy Fitness Basic
- Navy Nutrition Now
- Youth Fitness

Sessions are 1-hour long and cost \$15 each, first visit to include the PARFQ is FREE of charge
Reserve at Gear Issue.

"My goal is to motivate and educate my customers so they can improve their fitness levels and achieve their goals, while maintaining an enhanced health and well-being through my fitness passion!"

Cell: 30-6944-564-596
Phone: 30-28210-21443
DSN: 266-1443/1566/1228
E-mail: gymaris@otenet.gr



Installation Services

For your convenience numerous services are offered on the installation.

Continuing Education

The continuing education office located in building 49 where you can get assistance with registration, enrollment, and tuition assistance for approved schools. However, it's a no-test site; CLEP and Dante's testing is not available. The closest test site is in Athens.

Office hours & contact information:
Monday - Friday: 0900 - 1600
COM: (+30) 28210-21285
DSN: 266-1285

Websites: <https://www.europe.umuc.edu/>
<http://www.ctcd.edu/locations/europe/>

Banking and Credit Cards

Office hours & contact information:
Navy Federal Credit Union: DSN: 266-1446
Monday - Friday: 0830-1600

Greek General Bank: DSN: 266-1625
Monday - Thursday: 0800 - 1430

These are non-federal entities. They are not a part of the Department of Defense or any of its components and they have no governmental status.

It's also important to have an ATM/Debit card and/or a checking account and a supply of checks prior to your arrival. A cash branch office of Navy Federal Credit Union with an ATM and a local bank that exchanges U.S. to Euro and supplies a Euro ATM located next to the NFCU ATM.

Limited check cashing services are available at the NEX, MWR and Customer Service Detachment. Money orders can be purchased at the NEX and the Post Office on Tuesdays, Wednesdays and Thursdays. Most modern stores in Greece will accept VISA, MasterCard or American Express but it is recommended that you verify card acceptance before starting a purchase transaction.

The currency in Greece is the Euro (€). The currency exchange rate fluctuates like all foreign currencies but normally remains rather close to the U.S. dollar.

Getting Around

There are scheduled bus runs from Chania to other villages. Taxis are plentiful, but must generally be called by telephone.





MWR Admin Office

Located in Bldg 96.
Monday - Friday: 0800 - 1600
Comm. Phone: (+30) 28210-21496/21286
DSN: 266-1496/1286

NSA Souda Bay's All Hands Club

The All Hands club offers free 24/7 wireless internet and the following services inside:

Graffiti's Diner

Graffiti's has all of your favorite American fast food such as our famous "Graffiti's Burger," fries, and pizza.

Monday - Sunday: 0700 - 2130
Comm. Phone: (+30) 28210-21289
DSN: 266-1289



MWR Movie Room

Equipped with a 70 inch LED TV, this is the place to see all the newly released & classic movies.

Monday - Friday
Showing at 1700
Saturday & Sunday
Showings at 1300 & 1600

ITT/Kriti Info

ITT/Kriti Info has information on shopping, restaurants, hotels, buses, taxis, local MWR trips and more.

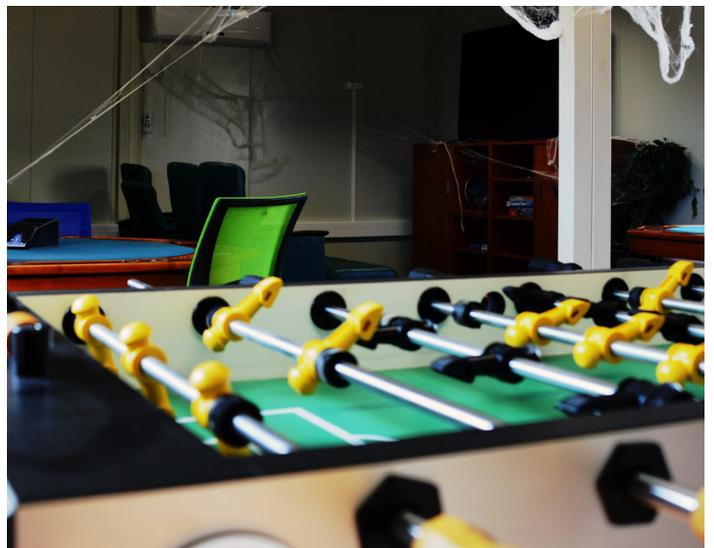
Monday - Friday: 1000 - 1700
Comm. Phone: (+30) 28210-21288/21433
DSN: 266-1288/1433



Liberty Center

Monday-Friday: 1100 - 2100
Saturday: 1330 - 2100
Sunday: 1130 - 1900
Holidays: 1130 - 1900
Comm. Phone: (+30) 28210-21354
DSN: 266-1354

Located between the Club Patio and Bldg 8. It's a facility designed with the young Sailor in mind. Our Liberty Center is where you will find recreational opportunities for your off-duty time. Our facility is equipped with a variety of video games, poker & foosball tables, free wifi, a computer room with free printing services, a quiet room and a movie area.



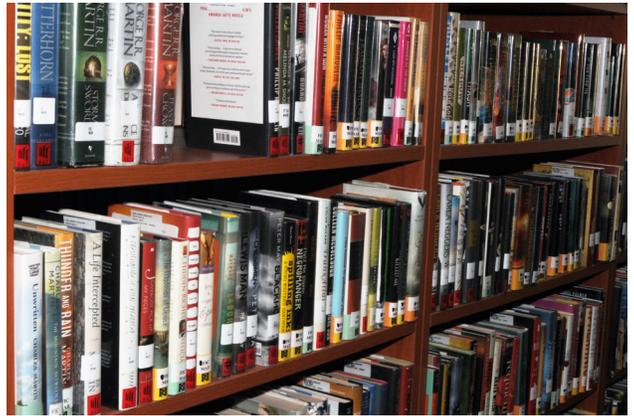


Souda Coffee Bar

Located in Bldg. 49
Offers a variety of specialty coffees and fruit drinks,
sandwiches and baked goods.
Free wireless Internet available.
Monday - Friday: 0700 - 1400
Comm. Phone: (+30) 28210-21292
DSN: 266-1292

MWR Library

Located in Bldg. 49
Offers free use of computers with Internet service,
scanner, fax, copy machine, a paperback exchange and
wireless internet.
Monday - Friday: 0900 - 1700
Saturday and Sunday: CLOSED
Comm. Phone: (+30) 28210-21491
DSN: 266-1491



SPA Tours

Located in Bldg. 49
SPA Tours can provide information and reservation
services for commercial airline tickets, leisure car
rental, hotel accommodations for Crete and other
destinations.
Monday - Friday: 0900 - 1700
Saturday: 1100 - 1400
Comm. Phone: (+30) 28210-21524/21291
DSN: 266-1524/21291



Barber & Beauty Shop

Located on the side of Bldg. 18
Monday - Friday: 1000 - 1800
Saturday: 1000 - 1400
Sunday: CLOSED
Phone: (+30) 28210-21250



Military Auto Source
Located to the right side Bldg. 18
Monday - Friday: 1000 - 1630
Saturday: 1000 - 1200



Shipmates

Located in Bldg. 62
Shipmates is an all-hands facility with entertainment, gaming machines, pool tables, dart boards, T. V.'s, games and activities. Free wireless internet available.
Monday - Sunday: 1800 - 0100
Comm. Phone: (+30) 28210-21495
DSN: 266-1495

Outdoor Recreation Center

Located in Bldg. 61
Offers rental of various outdoor recreation gear. OAC offers arrangements for caving, hiking, kayaking, rock climbing, biking trips, and other outings.
Free wireless internet available.
Monday & Tuesday: 1000 - 1700
Thursday & Friday: 1000 - 1700
Comm. Phone: (+30) 28210-21355
DSN: 266-1355



Fitness Center

Located in Bldg. 66
Base Athletic Facilities include: Fitness Center, indoor basketball court, volleyball/tennis/racquetball courts, softball & soccer fields, outdoor swimming pool, showers, locker rooms and co-ed sauna. The Fitness Center has cardio & weight equipment including Iron Man dumbbells. Free Wireless Internet is available.
Monday - Friday: 0500 - 2200
Saturday & Sunday: 0700 - 2200
Comm. Phone: (+30) 28210-21443/21566
DSN: 266-1443/1566

The NEX Main Store

Monday - Sunday: 1000 - 1800
Comm. Phone: (+30) 28210-21415
DSN: 266-1415

NEX main store carries a good selection of products including electronics, household goods, uniform items and clothing. Services offered in our Main Store include: floral orders, fuel, sales, auto parts orders, Star Card applications, tailoring, dry cleaning, currency exchange and special orders (including items not carried in the Navy Exchange.)



The NEX Mart

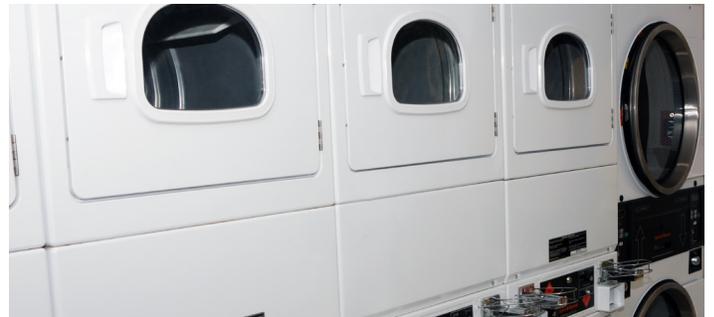
The NEX Mart carries a full line of consumable products including produce, dairy, meats, frozen foods and canned goods.

Monday - Saturday: 0900 - 1900
Sunday: 1000 - 1800
Comm. Phone: (+30) 28210-21445



Laundromat

Located in Bldg. 8, offers self-service washer dryers and vending machines with detergents and softeners. Available 24/7, year round.



https://imgrum.net/user/nsa_soudabay

https://it.pinterest.com/nsa_soudabay



Follow us at...

www.facebook.com/NSASoudaBay

https://twitter.com/nsa_soudabay

Try to minimize your trash production! **Reduce** waste by choosing products with less or no packaging, **Reuse** items whenever possible, and **Recycle** everything that can be recycled, before discarding as **Refuse** when there is no other choice. Below are your solid waste choices on base. Items such as personal electronics or glass can only be recycled off base.

Government owned items and electronics must be reclaimed through DLA (formerly DRMO).

Do not place electrical items or electronics in any of these containers.

Solid Waste Type	Look for:
<ul style="list-style-type: none"> <input type="checkbox"/> Aluminum packaging (e.g., soft drink and beer cans, clean tin foil), <input type="checkbox"/> Unsoiled Corrugated Cardboard (e.g. boxes, please flatten boxes) <input type="checkbox"/> Lightly rinsed metal packaging (e.g., evaporated milk, tuna fish, tomato paste, all metal cans), <input type="checkbox"/> Paper (e.g., printer paper, newspapers, magazines), <input type="checkbox"/> Shredded Paper (must be in closed bags), <input type="checkbox"/> Paperboard boxes (e.g., packaging from cereal, detergents, toothpaste, sugar), <input type="checkbox"/> Lightly rinsed plastic packaging (e.g., water, soft drink, and detergent bottles; olive oil & butter containers, bags or sheets), <input type="checkbox"/> Lightly rinsed Tetrapack Packaging (e.g., coated paper milk and juice cartons). 	<p style="text-align: center;">Look for:</p>  <p style="text-align: center;">Blue or Green plastic outdoor recycling bins distributed throughout the base</p>
<ul style="list-style-type: none"> <input type="checkbox"/> Consumer Electronics batteries, alkaline, recyclable batteries, cell phone batteries 	 <p style="text-align: center;">Tall clear plastic cylinders located in the MWR facilities, Building 95, the Air Terminal and elsewhere.</p>
<ul style="list-style-type: none"> <input type="checkbox"/> Car Batteries <input type="checkbox"/> Used automotive fuel and antifreeze 	<p>Leave with Auto Hobby Shop (DSN 266-1312) or turn in to Hazardous Waste (DSN 266-1779)</p>
<ul style="list-style-type: none"> <input type="checkbox"/> Printer Toner Cartridges – place in the containers after removing and recycling plastic and cardboard packaging. 	<p>Cardboard recycling containers located in Buildings 1, 54, 58, 60</p>
<ul style="list-style-type: none"> <input type="checkbox"/> Large and or heavy recyclables <input type="checkbox"/> Metals <input type="checkbox"/> Plastics <input type="checkbox"/> Tires <input type="checkbox"/> Large items like wood or broken furniture. 	<p>Bulk Recycle Container East of Building 60</p> 
<p>Items that cannot be recycled:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Biodegradable plastic bags (eg. Greek supermarket bags), <input type="checkbox"/> Foam and Styrofoam packaging, <input type="checkbox"/> Food contaminated paper or cardboard, <input type="checkbox"/> Food <input type="checkbox"/> Glass of any type, <input type="checkbox"/> Organic waste (e.g. plants) <input type="checkbox"/> Napkins, toilet paper, paper towels and wax paper, and <input type="checkbox"/> Photo and carbon paper. 	<p>Grey metal trash bins with plastic lids distributed throughout the base.</p> 

Questions? Call Bryan Haelsig at Environmental, DSN 266-1565

Law and Security

Once your date of arrival is known, it is important to contact your sponsor to submit for base access. Access on arrival will require car registration, appropriate ID, and orders.

There are two gates on to the HAF 115th CW base and one gate to access the NSA Souda Bay installation. The main gate is the 115th Gate and has limited access hours for non-Greek personnel. Gates closest to the NSA Souda Bay installation are known collectively as the Mouzouras gate due to their proximity to Mouzouras Village. Both gates are open 24/7 and are the gates to use when accessing the base on a temporary pass and/or with a guest passenger.

To access the Greek gates you need a Greek base ID or an access number, both granted by MVRO. A CAC card is required to access the U.S. gate. *NOTE* Retired military cards cannot be used to gain access to the installation.

Motor Vehicle Registration Office
Monday - Friday: 0800 - 1500
COM: (+30) 28210-21226
DSN: 266-1226

Region Legal Service Office

The installation's legal office, located in Bldg. 1, Room 113, offers assistance with powers of attorney, notaries, wills, passport applications (official and tourist), scheduling remote legal assistance appointments, and remote defense services office appointments. Walk in hours are 0830 to 1230, and appointment only hours are 1230 - 1600.

For powers of attorney please visit
<http://www.jag.navy.mil/> first.
DSN: 266-1356
Comm: (+30) 28210 21356



Photo by Heather Judkins





Γιόργος Καμυλάκης
Οικονομολόγος
Λογιστικά-Φοροτεχνικά
Φωτεινή Νιζήρη-Καμυλάκη
Δικηγόρος

Shopping and Dining Out

Crete is a beautiful island with a diverse venue for experiencing its culture. Beautiful beaches surround the island, some even have pink sand. There are numerous shops that offer a variety of souvenirs, fresh produce and clothing. Crete is also well known for its unique cheeses, honey production and of course olives with products that are both consumable and non-consumable. When dining out look for these island-specific ingredients.

Chania

The closest city to the base is Chania. It is located approximately 10km away. Chania is a great place to start when exploring Crete. Local shops and eateries provide access to the unique treasures the island has to offer. Chania also has several must-see museums and live entertainment venues.

There are many other cities worth exploring such as

Rethymno and Heraklion. Both are less than a two-hour drive via the National Highway.

Museums and Attractions

Crete is an archeological treasure trove. For those who seek knowledge there are many museums on the island. The museums and dig sites contain artifacts related to some of the most well-known ancient Greek mythology stories like the Minotaur in the Labyrinth.

The island also offers aquariums, resorts, waterparks and unique landscapes to explore.

Shopping

Crete is a vacation hotspot. It is easy to find island-style clothing and souvenirs in any of the cities. There are also a large number of craft stores that offer a variety of goods from spring to mid-autumn. They sell locally made products such as leather products, pottery, mosaics, icons and hand-crafted jewelry.



The Phaistos Disc

Photos by PO1 Richard Hoffner

Dining

Food is one of the best ways to experience Cretan culture.

There is a variety of food that can only be found here. Crete is known for its cheese, honey, olives, and bread. Some cheeses can only be found on the island and include Graviera, Myzitra and Anthotiros. Another notable mention is the local honey. When dining out, be sure to look for ingredients like thyme, honey and the local cheeses.

Crete is a sea-faring society with a variety of fresh and abundant seafood. The catch of the day is usually a good choice for a delicious meal.



Ntákos



Lihnarakia



Marathópita (left) and Apáki (right)

Photos by PO1 Richard Hoffner

GREEK PHRASES ...

to help you get around!

ENGLISH	PRONOUNCED	GREEK
Hello (plural/formal)	YAH sas	Γεια σας
Hello (singular/familiar)	YAH sou	Γεια σου
Good-bye	ah-DI-o	Αντιο
Good morning	kah-lee-ME-rah	Καλημερα
Good afternoon	HEH-reh-teh	Χαιρετε
Good evening	kah-lee-SPE-rah	Καλησπερα
Good night	kah-lee-nEE-hta	Καληνυχτα
Please	par-a-ka-LO	Παρακαλω
Okay	en-DAHK-si	Ενταξει
Thank you	ef-ha-ree-STO	Ευχαριστω
(very much)	(pah-rah-po-LEE)	Παρα πολυ
Yes	NEH	Ναι
No	O-hee	Οχι
Excuse me	seeg-NO-me	Συγνωμη
How are you?	teeh-KAH-nees?	Τι κανεις;
How are you? (plural/formal)	teeh-KAH-ne-the?	Τι κανετε;
I'm well, thanks.	kah-LA ef-ha-ree-STO	Καλα ευχαριστω
Do you speak English?	mee-LAH-teh an-gee-KAH?	Μιλατε Αγγλικά;
I don't understand.	then kah-tah-lah-VEH-no	Δεν καταλαβαινω.
Can you tell me?	bo-REE-te nah mou PEE-te?	Μπορειτε να μου πειτε;
What is this?	tee EE-neh ahf-TO?	Τι ειναι αυτο;
What time is it?	tee OH-rah EE-neh?	Τι ωρα ειναι;
What's your name?	pos sas LEH-neh?	Πως σας λενε;
My name is...	meh LEH-neh...	Με λενε...
How much does it cost?	PO-so KAH-nee?	Ποσο κανει;
It's expensive.	EE-neh akri-VO	Ειναι ακριβο.
I'll take it.	tha to PAH-ro	Θα το παρω.
Where is...?	Pou EE-neh...?	Που ειναι;
... the beach?	... ee pah-rah-LEEah?	... η παραλια;
... the restaurant?	... to estia-TO-rio?	... το εστιατοριο;
... a telephone?	... enah tee-LEH-phono?	... ενα τηλεφωνο;
... the store?	... to mah-gah-ZEE?	... το μαγαζι;
... the bathroom?	... ee too-ah-LET-a?	... η τουαλετα;
... the police?	... ee astino-MEE-a?	... η αστυνομια;
... the doctor?	... o yia-TROS?	... ο γιατρος;
... the bank?	... mia TRAH-peh-ah?	... μια τραπεζα;
... the center (downtown)?	... to KEN-tro?	... το κεντρο;
... the main highway?	... ee eth-nee-KEE oh-DOS?	... η εθνικη οδος;
I want...	THEL-o...	Θελω...
I need...	hree-AH-so-meh...	Ξεριαζομαι...
I would like...	tha EE-thel-ah...	Θα ηθελα...

CONVERSIONS AND SIGNS

Length	
Centimeter (cm)	inches (in)
2,54	1
5,08	2
7,62	3
10,16	4
12,70	5
15,24	6
17,78	7
20,32	8
22,86	9

Speed	
Kilo-meters (kph)	miles (mph)
30	19
40	25
50	31
60	37
70	43
80	50
90	56
100	68
110	68
120	74

STOP AND LEARN THESE ROAD SIGNS

Temperature	
Celsius	Fahrenheit
-15	5
-10	14
-5	23
0	32
5	41
10	50
15	59
20	68
22*	71.6*
25	77
30	86
35	95
40	104

*denotes room temperature

Money	
Euros	Dollars
1	1.09
5	5.45
10	10.90
20	21.80
50	54.55

ACRONYMS

A

AAFES – Army and Air Force Exchange Service
AFN – American Forces Network
AFRICOM – Africa Command
AGE – Aerospace Ground Equipment
AMC – Air Mobility Command
AOR – Area of Operation

B

BCAC – Beneficiary Counseling and Assistance Coordinator
BCO – Base Communications Officer
BEQ – Bachelors Enlisted Quarters
BH – Bachelor Housing
BHC – Branch Health Clinic
BRC – Basic Rider Course
BUPERS – Bureau of Military Personnel

C

C2OIX – Control Office Information Exchange
C4I – Command, Control, Computer, Communications and Information
CENTCOM – Central Command
CNA – Certificate of Non-Availability
CONUS – Continental United States
CROF – Consolidated Reconnaissance Operations Facility
CSD – Customer Service Detachment
CBQ – Combined Bachelors Quarters
CIVPERS – Civilian Personnel

D

DET – Detachment(s)
DOD – Department of Defense
DODDS – Department of Defense Dependents School
DoDEA – DOD Education Activity
DON – Department of the Navy
DSSR – Department of State Standardized Regulation
DTMO – Defense Travel Management Office

E

EFMP – Exceptional Family Member Program
EKMS – Electronic Keying Material Services
EUCOM – European Command
EOC – Emergency Management Center

F

FDI – Family Determination Inquiry
FFC – Fleet and Family Center
FLS – Fleet Logistics Support
FMTS – Family Member Travel Screening

G

GBP – Great Britain Pound
GLS – Global Logistic Support

H

HAF – Hellenic Air Force
HHG – Household Goods
HRO – Human Resource Office

I

IAA – Information Assurance Awareness
IDC – Independent Duty Corpsman
IEP – Individual Education Plan

J

JFTR – Joint Federal Travel Regulation

K

L

LCPO – Leading Chief Petty Officer
LNSC – Local Network Support Center
LQA – Living Quarters Allowance
LQA – Living Quarters Allowance
LSC – Logistics Support Center

M

MICC – Maintenance Information Control Center
MIHA – Moving In Housing Allowance
MILPERS – Military Personnel
MRC/RSS – Motorcycle Rider Course/
Riding Safety Skills
MSC – Military Sealift Command
MVRO – Motor Vehicle Registration Office
MWR – Morale, Welfare and Recreation

N

NSA – Naval Support Activity
NAS – Naval Air Station
NATO – North Atlantic Treaty Organization
NAVFAC – Navy Facilities
NCSD – Non-Command-Sponsored Dependents
NCIS – Naval Criminal Investigation Service
NCTAMS (LANT/PAC) – Naval Computer and
Telecommunications Area Master Station
(Atlantic/Pacific)
NDSP – Non-DOD School Program
NEXCOM – Navy Exchange Command
NFCU – Navy Federal Credit Union
NGIS – Navy Gateway Inn and Suites
NKO – Navy Knowledge on Line
NMC – Navy Munitions Command
NTS – Non-Temporary Storage

O

OAC – Outdoor Activities Center
OCONUS – Outside Continental United States
OHA – Overseas Hosing Allowance
OPM – Office of Personnel Management

P

PAO – Public Affairs Office
PCS – Permanent Change of Station
POL – Petroleum, Oil and Lubricants
POV – Privately-Owned Vehicle
PPSO – Personnel Property Shipping Office

Q

QLVPC – Quality of Life Vehicle Processing Center

R

RAF – Royal Air Force
RNLTD – Report Not Later Than Date

S

T

TDY – Temporary Duty
TLA – Temporary Lodging Allowance
TQSA – Temporary Quarters Subsistence Allowance

U

UB – Unaccompanied Baggage
UPH – Unaccompanied Personnel Housing
USAFE – U.S. Armed Forces Europe
USDA – U.S. Department of Agriculture
USFF – U.S. Fleet Forces

V

VAT – Value Added Tax

W

X

Y

Z

TELEPHONE DIRECTORY

ADMINISTRATION

Admin Chief	266-1236
Administration Office	266-1699
	266-1205
	266-1245
	266-1701
Admin Service Assistant	266-1667
Admin Eval-Fit Rep	266-1668
Admin Fax Machine	266-1229
Quarterdeck	266-1806
Quarterdeck Fax	266-1831
Public Affairs/Voting Officer	266-1244
Public Affairs Staff	266-1348
Command Conference Rm.	266-1478
Master At Arms	266-1681
Command Career Counselor	266-1377

AFN

Officer-In-Charge	266-1322
Operations Office	266-1427
Fax	266-1425
Radio Studio A&B	266-1073

BASE N6

Base N6 Director	266-1338
Base N6 Tco	266-1330
Base N6 Secretary	266-1358
N6 Admin	266-1376
Base N6 Fax	266-1206

CENTRAL TEXAS COLLEGE

College	266-1539
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CHAPEL

Chaplain's Office	266-1204
Staff Chaplain's Office	266-1192

COMMAND MANAGEMENT OFFICE

Command Mngt. Office	266-1839
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Command Mngt. Office	266-1975
Command Mngt. Fax	266-1812
Command Mngt. Secret	266-1697
Project Coordinator	266-1352

COMPTROLLER'S OFFICE

Director	266-1247
Deputy IBM-N5/N8	266-1248
APC Purchase Card	266-1551
Financial Accountant	266-1627
	266-1246
Payroll	266-1554
Fax	266-1569
Business Management	266-1512
Travel – DPAS	266-1567

CROF

CROF OIC	266-1190
CROF AOIC	266-1419
CROF Spintcom	266-1412
Spintcom Operator Desk	266-1418
CROF Spintcom	266-1783
CROF Access	266-1200
CROF Spintcom	266-1480
Non-Class Fax	266-1437

DET1, 95RS (AIR FORCE)

Commander	266-1321
Director Of Operations	266-1320
Asst Operations Officer	266-1323
Admin	266-1302
Admin Fax	266-1331
TDY Ops Office	266-1305
	266-1572
LG Super	266-1306
MICC	266-1324
	266-1850
MX TDY Room	266-1578
	266-1650
MX Supply	266-1353
	266-1369

DOO	266-1368
Joint Ops	266-1649
AGE	266-1780
	266-1792
	266-1795
95RS Persco	266-1300
Lounge	266-1853

DOSS AVIATION

Fuel Farm	266-1260
Fuel Farm Fax	266-1259

EMERGENCY MANAGEMENT

EOC Manager	266-1345
EMO Manager	266-1281
EOC Office	266-1448
Desk Sargent	266-1724
Dispatch Training	266-1682
Dispatch Shift Supervisor	266-1610
Dispatch	266-1223
	266-1660
	266-1652
Emergency	266-1911

EXECUTIVE STAFF

Commanding Officer	266-1231
CO's Secretary	266-1231
Executive Officer	266-1232
CO/XO Fax	266-1333
Protocol/Liaison Officer	266-1235
Executive Assistant	266-1230
Greek Representative	266-1238
Greek Reps Fax	266-1351
Command Master Chief	266-1361
Staff Judge Advocate	266-1316
Public Affairs/Voting Officer	266-1244
Public Affairs Staff	266-1348
Hot Line	266-1488
Command Duty Office	266-1806
CDO Fax	266-1809

FIRE DEPARTMENT

Fire Chief	266-1380
Administrative Assistant	266-1381
Admin Fax	266-1237
Asst. Fire Chief	266-1382
Inspector Office	266-1402
Training Chief	266-1403
Supply	266-1374

Health & Safety Office	266-1196
Station Captain	266-1278
	266-1517
Station Hallway	266-1272

FLEET AND FAMILY SERVICE

Fleet And Family Service	266-1688
	266-1689
	266-1690

GREEK GENERAL BANK

Bank	266-1625
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HOUSING

Housing Director	266-1687
Housing Management Assistant	266-1290
Housing Specialist	266-1620
Housing Specialist	266-1685
Information Reception	266-1920
NGIS General Manager	266-1574
Housing Fax	266-1552
Financial Analyst	266-1781
Billeting Operations Manager	266-1602
Billeting Front Desk	266-1632
Billeting Front Desk	266-1601
Billeting Fax	266-1193

Human Resource Office

HRO Director	266-1460
HRO Assistant	266-1335
HRO Office	266-1199
HRO Fax	266-1318
Hellenic Office Administration	266-1242
HOA Accounting	266-1428
Assist. Payroll Tech	266-1769
HOA Admin	266-1545
HOA Fax	266-1429
HOA Manager	266-1546

IAP

Contracts	266-1214
	266-1215
Fax	266-1439
Billeting	266-1602

LEGAL

JAG	266-1316
Legal Assist.	266-1805
Paralegal Specialist	266-1203
Legal Office	266-1356
Legal Fax	266-1782

LNESC

LNESC Help Desk (Naples)	626-4357
Senior Systems Engineer	266-1639
IA/Network Manager	266-1479
Information Assurance	266-1657
FSS Tech	266-1544
Computer Technician	266-1643

MARATHI PIERS

Port Ops	28210-83881
	28210-83882
Security	28210-83885
	28210-83886
MWR	28210-83889
	28210-83890
	28210-83891

MWR

MWR Director	266-1287
MWR Accounting	266-1496
MWR Admin Payroll	266-1286
Admin Office Fax	266-1490
Business Office	266-1810
Kriti Info	266-1288
	266-1433
Single Sailor/ITT MWR	266-1694
Graffiti's	266-1289
Spa Tours	266-1524
	266-1291
Athletic Director	266-1566
Gym	266-1443
Gym Fax	266-1228
Swimming Pool	266-1499
Library	266-1491
Library Office	266-1458
Marketing	266-1434
Shipmates	266-1495
Shipmates Manager	266-1497
Shipmates	266-1607
Outdoor Recreation	266-1355
Maintenance Manager	266-1459
Liberty Center	266-1354

MWR Marathi	28210-83890
	28210-83891
MWR Marathi Fax	28210-83889
MWR Computer Manager	266-1888
MWR Warehouse	266-1296
Coffee Bar	266-1292
Auto Hobby Shop	266-1312

NAVAL BRANCH MEDICAL CLINIC

Front Desk/Appointments	266-1590/91
TRICARE Medical Liason	266-1580
Pharmacy	266-1587
Dental (During Visits)	266-1585
Duty Provider	694-043-1229
Admin Fax	266-1589

Naval Criminal Investigation Service

Senior Resident Agent	266-1220
Special Agent	266-1440
Security Specialist	266-1224
Office Manager	266-1599
Fax	266-1504

NAVFAC EURAFSWA SOUDA BAY

PWO	266-1775
DPWO	266-1423
LCPO	266-1483
QC/Safety/LPO	266-1624
Bldg. 54 Conference Room	266-1619
Bldg. 95 Conference Room	266-1222
PW Fax	266-1469
Admin	
Admin Officer	266-1422
Admin Specialist	266-1219
Financial Analyst	266-1201
FMD	
FMD Director	266-1208
Requirm Branch Head	266-1489
Facility Operation Sec	266-1468
Facility Mgmt Spec	266-1309
Service Call Desk	266-1211
Asset Mgmt Branch Head	266-1486
Base Planner	266-1537
Engineering Aide	266-1282
FEAD Director	266-1461
Construction Mngr	266-1622
Financial Technician	266-1830
PM/Eng Branch Head	266-1373
Eng Technician	266-1558

Design Engineer	266-1313
Contracting Officer	266-1417
Contracting Specialist	266-1543
Senior PAR	266-1557
PAR	266-1621
Production Director	266-1661
Production Control	266-1791
FM&S Branch Head/CPO	266-1654
Transportation	266-1485
PW Transportation Dispatch	266-1474
Electrical Shop	266-1482
Builder Shop	266-1213
Utilities Shop	266-1216
Lockshop	266-1796
UEM Branch Head	266-1441
Energy Manager	266-1487
Muse Tech/Gener Bldg.	266-1797
Shop/Stores	266-1249
Water Program Manager	266-1463
Environmental Director	266-1207
Env Compliance	266-1565
Environmental Planning	266-1973
Hazardous Waste	266-1779

NEX

General Manager	266-1826
Softlines Manager	266-1613
Hardlines Manager	266-1611
Commissary Manager	266-1500
Accounting	266-1614
Admin	266-1389
Admin Fax	266-1438
RAMS	266-1430
Customer Service	266-1533
Customer Service Fax	266-1634
Main Store	266-1415
Main Store Warehouse	266-1623
Cash Cage	266-1262
Sight And Sound	266-1261
Commissary	266-1445
Uniform Shop	266-1435
Video Rentals	266-1536
Barber Shop	266-1250
Beauty Shop	266-1606
Momag Warehouse	266-1563
Car Sales	266-1494

NAVY FEDERAL CREDIT UNION

NFCU Manager	266-1519
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Loan Counselor	266-1465
Tellers	266-1446

NAVY MUNITIONS COMMAND

NMC OIC	266-1679
NMC LCPO/Admin	266-1680
Weapons Office	266-1279

Training

Training Office	266-1662
Training Rm/Bldg49	266-1194
Training Rm/Bldg49	266-1195
Safety Director's Office	266-1527
Safety Office	266-1325
	266-1308
	266-1343
Explosive Safety Office	266-1678
Safety Fax	266-1276

NCTAMS LANT DET

Director	266-1476
Base Comm. Officer	266-1450
Tech Control	266-1454
Admin Officer	266-1453
Administrative Assist.	266-1210
Admin Fax	266-1392
Switch Maintenance	266-1481
Telephone Trouble Desk	266-1457
BCO Billing Technician	266-1393
BCO Telephone Tech.	266-1150
BCO Fax	266-1444
BCO Cashier	266-1530
BCO Office	266-1188
Supply	266-1367
EKMS Manager	266-1455
EKMS Alternate	266-1549
Senior Enlisted Advisor	266-1399
Conference Room	266-1788

OPERATIONS DEPARTMENT

Operations Officer	266-1270
Operations Admin	266-1271
AOPS Officer	266-1790
ATC Base Ops	266-1269
Base Ops Fax	266-1273
Board Room	266-1283
Operations Weapons Div.	266-1279
Flight Planning	266-1379

Flight Planning Fax	266-1385
Ground Support Equip.	266-1301
Transient Line	266-1274
CPO T-Line	266-1865
T-Line	266-1802
CPO Transient Line	266-1298
Air Terminal Manager	266-1390
Data Records And Reports	266-1684
Fax	266-1683
Passenger Service	266-1275
	266-1383
Passenger Flight Information	266-1387
Passenger Service Fax	266-1525
Passenger Courtesy Phones	266-1424
	266-1388
Air Terminal Ops Center	266-1391
Air Field Manager	266-1638
Air Terminal Ops Fax	266-1378
Air Crew Lounge	266-1447
Air Cargo	266-1598
Air Cargo Fax	266-1691

PORT SERVICES

Port Ops OIC	266-1421
Port Ops CPO	266-1277
Port Services	266-1570
Fax	266-1420
Oil Spill Response	266-1824
Oil Spill Response Fax	266-1284
Marathi Piers	28210-83880
	28210-83881

PSD

PSD OIC	266-1559
Receipts	266-1241
LPO	266-1395
Customer Service	266-1398
Cash Cage	266-1375
Fax	266-1396

ROME RESEARCH CORPORATION

Site Manager	266-1340
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SECURITY DEPARTMENT

Security Officer	266-1221
SECOs Secretary	266-1217
LCPO	266-1225
Security LPO	266-1359
Security Manager	266-1564
MAC Office	266-1452

Pass and ID	266-1226
	266-1189
	266-1212
Pass and ID Supervisor	266-1579
Pass and ID Fax	266-1484
Admin Fax	266-1593
Admin Office	266-1406
Training Office	266-1721
Top Side Section Chief	266-1722
Military Working Dog	266-1407
Armory	266-1409
Weapons/Armory	266-1864
Supply/ISSO	266-1656
Front Gate	266-1522
Watch CDR	266-1523
Investigations Office	266-1659
Physical Security	266-1814
Physical Security	266-1386
Training	266-1862
Indian Post	266-1847
Bravo Post	266-1846
Foxtrot Post	266-1655
Harbor Section Chief	266-1723
Marathi Piers	28210-83885
	28210-83886
	28210-83887

SUPPLY DEPARTMENT

Supply Officer	266-1299
Assistant Supply Officer	266-1608
Deputy Site Director	266-1254
Logistics Support Officer	266-1371
Logistics Support LPO	266-1408
Logistics Support	266-1253
Logistic Support Rep	266-1520
Customer Service	266-1498
Business Office	266-1370
Quality Assurance Insp	266-1397
Customs Control Office	266-1332
Customs Office	266-1258
Customs Athens	210-353-8029
U.S. Customs	266-1234
Cargo	266-1256
Cargo Fax	266-1252
Contracting Officer	266-1824
Contracting	266-1268
	266-1553
	266-1347
Purchasing Fax	266-1265
ATAC Contractor	266-1843
PPSO Out Bound	266-1255

PPSO In Bound	266-1535
PPSO/HHG Fax	266-1521
Post Office Officer	266-1473
Post Office	266-1561
Post Office	266-1786
Post Office Fax	266-1239
MCA Supervisor Athens	210-356-4498
Fuels Office	266-1233
	266-1526
Fuels Fax	266-1842
Shop Stores Purchasing	266-1529
Inventory Mngr	266-1531
Shop Stores Fax	266-1540
Galley	266-1266
MS's Office	266-1604
Galley Office Fax	266-1603
Hazmat Technician	266-1562

UNIVERSITY OF MARYLAND

U of Maryland	28210-20923
	266-1285

AIR INTELLIGENCE AGENCY

Superintendent	266-1304
Admin	266-1303
Fax	266-1518
Operations	266-1310
	266-1368
DO	266-1889
LS	266-1534
	266-1365
Server Rm	266-1339
L-3 Com	266-1327
GDPS	266-1328



Group Exercise Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
	0700 - 0800 NOFFS <i>Instructor: MWR Fitness Trainer</i>	0700 - 0800 Spinning Bike <i>Instructor: Sara Hart</i>	0700 - 0800 NOFFS <i>Instructor: MWR Fitness Trainer</i>	
1100 - 1200 Total Body Workout <i>Instructor: MWR Fitness Trainer</i>	1100 - 1200 TRX <i>Instructor: MWR Fitness Trainer</i>	1100 - 1200 Spinning Bike <i>Instructor: Sara Hart</i>	1100 - 1200 TRX <i>Instructor: MWR Fitness Trainer</i>	1100 - 1200 Core Workout <i>Instructor: MWR Fitness Trainer</i>
1200 - 1300 Yoga <i>Instructor: Sara Hart</i>	1200 - 1300 Bosu <i>Instructor: Aris Tsagrakis</i>		1200 - 1300 Bosu <i>Instructor: Aris Tsagrakis</i>	1200 - 1300 Yoga <i>Instructor: Sara Hart</i>
1300 - 1400 Boxing Madness <i>Instructor: Sara Hart</i>		1300 - 1400 Boxing Madness <i>Instructor: Sara Hart</i>		1300 - 1400 Boxing Madness <i>Instructor: Sara Hart</i>
1600 - 1700 TRX <i>Instructor: MWR Fitness Trainer</i>	1600 - 1700 Spinning Bike <i>Instructor: Sara Hart</i>	1600 - 1700 TRX <i>Instructor: MWR Fitness Trainer</i>	1600 - 1700 Spinning Bike <i>Instructor: Sara Hart</i>	1600 - 1700 TRX <i>Instructor: MWR Fitness Trainer</i>
	1700 - 1800 Yoga <i>Instructor: Sara Hart</i>		1700 - 1800 Yoga <i>Instructor: Sara Hart</i>	

Program Description

Boxing Madness

Boxing Madness uses boxing techniques and drills in a circuit style that will work out your entire body along with motivating music. This class is great for burning fat and delivers you a one hour of Boxing Madness of strength and fitness.

Bosu

Combining cardio, athletic drills and strength moves using a Bosu, this cardio class will increase endurance, strengthen muscle groups, and improve balance. Are you up for the challenge?

Core Workout

This specialty class allows individuals to train for improvements in everyday real life activities. Through the use of hand weights, real life functional movement patterns such as twisting, bending, pushing, pulling, lunging and squatting are executed in a FUN and creative way. You will walk away feeling more confident and ready to take on daily activities with more energy. Core training, balance and flexibility are all included to create a total well rounded program. Because of the multi- joint movement patterns, you will feel a real "commotion" in your core!

NOFFS

This class is guaranteed to wake you up. Workouts are made up of energetic, explosive and high intensity exercises with the goal of achieving your personal best during each exercise. Every workout is different and exciting.

Spinning Bike

A crazy cardio class on bikes using speeds and climbs along with music of the world to deliver a class of endurance and fitness. This is a great class to burn a lot of calories. It is amazing what a simple bike can do with the right tools-YOU!

Total Body Workout

This class is conducted with medical stability balls and assists in conditioning and toning your entire body. Using the medical stability ball will help achieve a total body balance and puts no stress on your joints and all of your body in general.

TRX

This is type of training that uses your own body weight and gravity, to build strength, balance, coordination, flexibility, core and joint stability, all while preventing injuries.

Yoga

Yoga can be as much or little as you want it to be. For some, it is purely a physical pursuit, keeping the body toned, strong and flexible. For others, yoga becomes more of a mindset and way of living. Whatever your reason for practicing, or your level of experience-we welcome you to our yoga class. Everyone can practice yoga. Regardless of age, experience, or level of flexibility-we can all benefit from yoga if we maintain "mental flexibility"....patience.



**NSA SOUDA BAY
BASE FACILITIES
HOURS OF OPERATIONS
Effective 30 Sep 16**

FACILITY	EXT	MON	TUE	WED	THU	FRI	SAT	SUN
ARGONAUT FLEET RECREATION CENTER	28210-83891	0830-2200	0830-2200	0830-2200	0830-2200	0830-2200	0830-2200	CLOSED (Pending US Ship Traffic)
GRAFFITI'S DINER	1289	0700-2130	0700-2130	0700-2130	0700-2130	0700-2130	0700-2130	0700-2130
GRAFFITI'S Movie Room	1354/1288/1289	1700	1700	1700	1700	1700	1300&1600	1300&1600
GYM	1443	0500-2200	0500-2200	0500-2200	0500-2200	0500-2200	0700-2200	0700-2200
KRITI INFO	1288	1000-1700	1000-1700	1000-1700	1000-1700	1000-1700	CLOSED	CLOSED
LIBERTY CENTER **	1288	1100-2100	1100-2100	1100-2100	1100-2100	1100-2100	1330-2100	1130-1900
LIBRARY	1491	0900-1700	0900-1700	0900-1700	0900-1700	0900-1700	CLOSED	CLOSED
OUTDOOR Rec.	1355	1000-1700	1000-1700	CLOSED	1000-1700	1000-1700	CLOSED	CLOSED
Swimming Pool		0700-1800	0700-1800	0700-1800	0700-1800	0700-1800	0700-1800	0700-1800
SHIPMATES	1495(Bar)/1497 (Supervisor)	1800-0100	1800-0100	1800-0100	1800-0100	1800-0100	1800-0100	1800-0100
SOUDA COFFEE BAR BLDG#49	1292	0700-1400	0700-1400	0700-1400	0700-1400	0700-1400	CLOSED	CLOSED
SPA Tours	1524/1291	0900-1700	0900-1700	0900-1700	0900-1700	0900-1700	1100-1400	CLOSED
Auto Hobby Shop	1312	1300-1700	1300-1700	1300-1700	1300-1700	1300-1700	CLOSED	CLOSED
Barber Shop	1250	1000-1800	1000-1800	1000-1800	1000-1800	1000-1800	1000-1400	CLOSED
Beauty Shop	1606	1000-1800	1000-1800	1000-1800	1000-1800	1000-1800	BY APPT	CLOSED
BSV&E Vehicles Dispatch	1474	0700-1500	0700-1500	0700-1500	0700-1500	0700-1500	CLOSED	CLOSED
CSD (Cash/Svc)	1395	0900-1200 1300-1400	0900-1200 1300-1400	0900-1200 1300-1400	0900-1200	0900-1200 1300-1400	CLOSED	CLOSED
CSD (Cus.Svc)	1395	0900-1200 1300-1500	0900-1200 1300-1500	0900-1200 1300-1500	0900-1200 1300-1500	0900-1200 1300-1500	CLOSED	CLOSED
GALLEY- Breakfast	1266	0630-0830	0630-0830	0630-0830	0630-0830	0630-0830	0700-0900	0700-0900
Lunch		1100-1300	1100-1300	1100-1300	1100-1300	1100-1300	1100-1300	1100-1300
Dinner		1630-1830	1630-1830	1630-1830	1630-1830	1630-1830	1630-1830	1630-1830
GAS Station POV's	1260	1000-1800	1000-1800	1000-1800	1000-1800	1000-1800	1000-1800	1000-1600
Greek Customs/VAT	1841	0830-1500	0830-1500	0830-1500	0830-1500	0830-1500	CLOSED	CLOSED
Housing Customer Walk-ins	1920	0730-1600	0730-1600	1200-1600	0730-1600	0730-1500	CLOSED	CLOSED
Scheduled Appointments	1920	0730-1530	0730-1530	0730-1530	0730-1530	0730-1430	CLOSED	CLOSED
Household Goods/POVs	1535(inbound) 1255(outbound) 1521 POVs	0830-1500	0830-1500	0830-1500	0830-1500	0830-1500	CLOSED	CLOSED
HUMAN RESOURCES OFFICE (HRO)	1242/ 1460	0900-1500	0900-1500	0900-1500	0900-1500	0900-1430	CLOSED	CLOSED
LEGAL (Walk-in-hours)	1203	0830-1230	0830-1230	0830-1230	0830-1230	0830-1230	CLOSED	CLOSED
MEDICAL (Call for Appointment)	1590	0800-1600	0800-1600	0800-1600	0800-1600	0800-1200	CLOSED	CLOSED
NCTAMS SIDE DOOR	1457	0830-1515	0830-1515	0830-1515	0830-1515	0830-1415	CLOSED	CLOSED
NFCU	1-888-842-6328	0830-1600	0830-1600	0830-1600	0830-1600	0830-1600	CLOSED	CLOSED
NEW CAR Sales	1494	1000-1630	1000-1630	1000-1630	1000-1630	1000-1630	1000-1200	CLOSED
NEXMART	1445	0900-1900	0900-2000	0900-1900	0900-2000	0900-1900	0900-1900	1000-1800
NEX MAIN STORE	1533	1000-1800	1000-1800	1000-1800	1000-1800	1000-1800	1000-1800	1000-1800
PASS & ID	1226	0800-1500	0800-1500	0800-1500	0800-1500	0800-1500	CLOSED	CLOSED
POST OFFICE – Drop Off	1561	0930-1500	0930-1500	0930-1500	0930-1500	0930-1500	CLOSED	CLOSED
POST OFFICE Pick Up Window – Personal	1532	1000-1200/ 1300-1500	1000-1200/ 1300-1600	1000-1200/ 1300-1500	1000-1200/ 1300-1600	1000-1200/ 1300-1500	CLOSED	CLOSED
POST OFFICE Pick Up For Official Mail	1532	1000-1300	1000-1300	1000-1300	1000-1300	1000-1300	CLOSED	CLOSED
Navy Gateway Inn & Suites	1601	24 HRS	24 HRS	24 HRS				

**** U.S. Holidays: 1130-1900**