

NSA Bahrain hosts 21st Century Sailor All-Hands Call

By MC2 Mike Wright

U.S. Naval Forces Central Command Public Affairs

NAVAL SUPPORT ACTIVITY, Bahrain — Director, 21st Century Sailor Office held all-hands calls with Sailors and Marines aboard Naval Support Activity Bahrain, Feb. 6.

Rear Adm. Sean Buck spoke about topics ranging from suicide prevention to fitness during four separate sessions held for E-6 and below, E-7 and above, one for the Naval Support Activity (NSA) Bahrain Coalition of Sailors Against Destructive Decisions (CSADD), and one for Naval Support Activity (NSA) Bahrain Sexual Assault Response Coordinators (SARCs) and Victim Advocates (VAs).

Buck said two of his main objectives are to provide Sailors with an update on how the Navy is doing in reducing destructive behaviors that his office oversees and to solicit feedback from Sailors.

“It’s one thing for me to perceive how the Navy is doing; it’s another thing to listen to you all and see what you are thinking out in the fleet,” he said. “The most important thing I can do is to come here and listen to you.”

Buck led off his discussions by talking about resiliency. “Resiliency is our total health,” he said. “It’s all aspects of our well-being; our mental health, our physical health, our spiritual health and our social health.”

Buck said there are a lot of things that impact resiliency and eventually break down Sailors to the point where they are not operating at their full potential. He said 10 to 11 straight years of combat, fighting two wars

ALL-HANDS CALL Page 4



Photo by MC2 Mike Wright

Rear Adm. Sean Buck, Director, 21st Century Sailor Office, holds an all-hands call with E-6 and below Sailors aboard Naval Support Activity Bahrain. Buck spoke about the 21st Century Sailor programs and policies and answered questions from attendees as part of a regional engagement trip to the U.S. 5th Fleet area of responsibility. Senior leaders at the Bureau of Naval Personnel have made it a priority to use face-to-face interaction to create a dialogue of discussion between leaders in Washington, D.C. and Sailors and families stationed worldwide.

Bringing Diversity to NSA Bahrain

By MC2 Derric Cushman
Staff Writer

NAVAL SUPPORT ACTIVITY, Bahrain — The Naval Support Activity (NSA) Bahrain Diversity Committee is here to bring a renewed sense of cultural diversity to the NSA Bahrain community.

The Diversity Committee has recently turned over to a new group of board members, who are prepared to continue to bring awareness about the importance of diversity within the Navy and the world.

“We want to educate our community and keep the history of what the Navy and the military have done and how diverse we have grown over the years,” said Logistics Specialist 1st Class Katrina Kyner, former president of the Diversity Committee. “A lot of people have contributed not only to the military, but to the U.S. and the world. The Diversity Committee wants to educate everyone on the fact we are all equal regardless of gender, race, ethnicity or other differences.”

The Defense Equal Opportunity Management Institute (DEOMI) is an organization, which provides guidance the Diversity Committee uses to ensure they are doing things according to standard. Through DEOMI, the diversity committee’s leadership sets forth its calendar of events.

“The great thing about DEOMI is that they set guidelines and give instruction packages to help guide us on the correct ways to celebrate different observances,” said Master-at-Arms 1st Class Jose Tirado, president of the Diversity Committee. “There are themes for many observances, such as the civil rights movement, which is also the theme for African American History month this year. We also try to show how the observances and naval history coincide as well.”

The observances give the committee the opportunity to show how its members feel about the importance of diversity.

“You learn so much about the history of the Navy and the cultures that have played

BRINGING DIVERSITY Page 4



Photo by MC2 Derric Cushman

The NSA Bahrain Diversity Committee meets to discuss upcoming events in celebration of Black history month.

INSIDE

- 3 - CHAPLAIN'S CORNER
- MILITARY SAVES WEEK
- 5 - CFC-O ANNOUNCES 2014 ANNUAL COIN DESIGN CONTEST
- 6 - MWR EVENTS & INFO



BAHRAIN TEENS SPREAD AWARENESS ABOUT DATING VIOLENCE, P. 2



CNO REINFORCING ETHICS P. 4

THESE STORIES AND MORE...

Family Life at NSA Bahrain

Bahrain Teens Spread Awareness About Dating Violence

By MC1 (SW) Steve Smith
Staff Writer

NAVAL SUPPORT ACTIVITY, Bahrain — Teens from the Naval Support Activity (NSA) Bahrain Teen Center learned about teen dating violence and helped spread awareness among their peers during National Teen Dating Violence Awareness Month, February.

The NSA Bahrain Teen Center worked to meet all requirements from Commander, Naval Installations Command (CNIC) Child and Youth Programs (CYP) for full participation for the month's campaign.

"Our goal was to meet every requirement to provide a well-rounded program for the teens," said Grace Purley, program leader for the NSA Bahrain Teen Center. "We were required to hold sessions with the teens focusing on healthy relationships and identifying physical, verbal and emotional violence. The teens also participated by designing posters and by wearing orange, on Feb. 11, to show support for the awareness campaign."

The Centers for Disease Control and Prevention (CDC) defines teen dating violence as the physical, sexual, or psychological/emotional violence within a dating relationship, as well as stalking. It can occur in person or electronically and may occur between a current or former dating partner.

The Fleet and Family Support Center (FFSC) Bahrain and NSA Bahrain Teen Center staff held the first hour-long session covering dating violence and building healthy relationships. Teens were able to ask questions and share personal experiences.



Photos by the Teen Center

Kristyn Birkeland, program asst. for the Teen Center, and Lara McCain, program lead for Child and Youth Programs, discuss healthy dating relationships during a session about teen dating violence awareness.

"It was a very good session," said Asia Singleton, member of the NSA Bahrain Teen Center. "There is a lot of good information there, not only for the older kids, but the younger kids who may be going through their first relationship."

The second session is scheduled for Feb. 23 and will provide teens the opportunity to continue the discussion and allow anyone who may have missed the first meeting to attend. The staff will survey the kids to gauge their understanding and ensure the information was fully presented.

"There is a lot of information for these teens to understand," said Kristyn Birkeland, program asst. for the NSA Bahrain Teen Center. "We covered scenarios where either the boy or girl may be an aggressive partner, online relationship safety, and all the resources available for teens to seek help. This information isn't just great to have here in Bahrain, but it's knowledge they can use when they return to the U.S."

"Education is the key to these sessions and the campaign," said Purley. "We also want to build trust with the teens in our center and in the community. They need to understand we are here to help them in anyway, but also have the obligation to report any issues the teens may be experiencing."

The Teen Center's campaign is scheduled to wrap up with an event, on Feb. 26, where the teens will be given a "Healthy Relationship Bill of Rights".



The Bahrain Desert Times

439-4520

www.cnic.navy.mil/bahrain

Commanding Officer
Naval Support Activity Bahrain
Capt. David Meron

NSA Bahrain Executive Officer
Cmdr. Leif Hammersmark

Public Affairs Officer
Jennifer L. Stride

Staff Photojournalist
MC1 (SW) Steven Smith
MC2 Derric Cushman

The Bahrain Desert Times is an authorized publication primarily for members of the Navy and Marine Corps military services in Bahrain.

Its contents do not necessarily reflect the official views of the U.S. Government, the Department of Defense, the U.S. Navy or Marine Corps and do not imply endorsement thereof.

All editorial content is prepared, edited, provided and approved by the staff of the NSA, Bahrain, Public Affairs Officer. The appearance of advertising in this newspaper, including inserts or supplements, does not constitute endorsement by the DoD, the U.S. Navy or Marine Corps and Commanding Officer Naval Support Activity Bahrain of the products and services advertised.

Everything advertised in this newspaper shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. If a violation or rejection of this policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected.

A confirmed violation of this policy of equal opportunity by an advertiser will result in the refusal to print advertising from that source.

The Bahrain Desert Times is published bi-weekly by Red House Marketing, P.O. Box 20461, Manama, Kingdom of Bahrain, a private firm in no way connected with DoD, the U.S. Navy or Marine Corps.

Red House Marketing, is responsible for commercial advertising, which may be purchased by calling: (973) 1781 3777 or send in a Fax to (973) 1781 3700.

Chaplain's Corner

Diversity: More than What You Might Think!



By Shaun S. Brown
NSA Bahrain Command Chaplain

"Because Allah loves wondrous varieties," says Morgan Freeman's character in the 1991 blockbuster, "Robin Hood: Prince of Thieves." I can remember the scene, the dialogue, as though I just heard it moments ago. And equally as clear is my recollection of my reaction: "Yes, indeed! God DOES love wondrous varieties!"

Now I cannot say, for certain, what the God of anyone else's understanding might or might not love, but the God of my understanding certainly does love diversity. And we, in the U.S. military, love diversity, too. Why, just one look at the Defense Equal Opportunity Management Institute's website proves it: almost every month of 2014 will celebrate some aspect of ethnic- or gender-related identity.

To be sure, the government goes to great lengths, mandating and protection diversity. For example, there's SECNAVINST 1730.8B, "Accommodation of Religious

Practices," which states, in part: "The DON recognizes that religion can be as integral to a person's identity as one's race or sex. The DON promotes a culture of diversity, tolerance, and excellence by making every effort to accommodate religious practices absent a compelling operational reason to the contrary. During a service member's career in the DON, he or she will be exposed to a wide variety of religious expressions from both chaplains and other service members. It is DON policy to foster mutual respect for diverse religious expressions, which includes accommodating as many of them as possible AT THE COMMAND LEVEL." Yes, that's right; at the command level!

Also, to be sure, as one of the "the Navy's only trained professional religious accommodators" [SECNAVINST 1730.8B] aboard NSA Bahrain, I forward, monthly, to the NSA Bahrain department heads such things as information about upcoming noteworthy religious celebrations — for all the faiths, not just my own. And given the plurality of religious practices in these environs, I'm sure that comes in handy for leaders and shipmates, when trying to understand what is important to those whom we lead and those with whom we serve.

So, in an effort to help you cherish diversity in all its wondrous varieties, I urge you to take a look at such interfaith calendars found at <http://www.interfaith-calendar.org/2014.htm> or <http://www.bbc.co.uk/religion/tools/calendar/date.shtml?month=&year=2014>.

And, as you explore more of the wondrous varieties human life on the face of this good earth has to offer, a happy and healthy New Year to you, your loved ones, and those whom you lead and with whom you serve.

Military Saves Week

By James D. "Sam" Rayburn
Work and Family Life Specialist, Fleet and Family Support Center

Military Saves Week 2014 runs from February 24 through March 1 2014. I would like to personally invite every service member and family member to go to militarysaves.org and participate in the Saver Pledge.

If you take the pledge, you will receive a code from saveandinvest.org that will come with instructions to enter the code and receive a "FREE" Credit Score.

"Build Wealth and Reduce Debt". Words to live by, and it is easy here in Bahrain, but you must START.

When is the best time to start saving or saving more? TODAY...

**Set a Goal.
Make a Plan.
Save Automatically.**

KEY SAVING STRATEGIES

- 1 Pay off high-interest debt
- 2 Save for emergencies
- 3 Save monthly through direct deposit or an automatic transfer from checking to savings

SCAN THE QR CODE INTO YOUR SMARTPHONE OR MOBILE DEVICE TO JOIN TODAY!

Take the **Military Saves** pledge at www.militarysaves.org for tips, news, and advice to help you save more successfully.

What's happening at Bahrain

School

Sunday	Monday	Tuesday	Wednesday	Thursday
Chess Club	Dance Bollywood Science Jewelry Taekwondo	Running Club Recorder Karate Bollywood Art Club Cooking Club Robotics Chess Club Debate Anime Club Academic Bowl Practice	Einstein Hour Sewing Club Robotics Year Book Academic Bowl Practice	Dance

The TerraNova Achievement Test

The TerraNova Achievement test is rapidly approaching. March 16,17,18,19 and 20 Grades 3-5 will be testing each morning. All DODDS students in grades 3-9 are tested each spring to provide DoDEA educators with information to assist in making the best instruction decisions for your students. The data is also used to help students track personal growth from year to year. Students are always excited to see their scores each spring and enjoy setting SMART goals targeting a specific area they would like to grow in.

CHECK YOUR VISA EXPIRATION DATE

For more information on visas and CPR cards contact Immigration at 1785-4258.

IG HOTLINES

Report Fraud, Waste, Mismanagement, Military Whistleblower Complaints & Improper Mental Health Referrals to one of the following:

CNREUAFSWA Inspector General (NSA Bahrain)
Telephone #: 973-1785-3138 DSN: 439-3138 E-mail: ighotline@eu.navy.mil
Website: <http://www.cnrc.navy.mil/Europe/About/RegionalDepartments/InspectorGeneral>

NAVCENT Inspector General
Telephone #: 973-1785-9897 DSN: 439-9897 Fax: 439-9116 E-mail: ig.hotline@me.navy.mil

Naval Inspector General
Telephone #: 202-433-6743 DSN: 288-6743 Fax: 202-433-2613 E-mail: NAVIGHotlines@navy.mil
Website: <http://www.ig.navy.mil>

United States Army Inspector General
Telephone #: 703-695-1500 DSN: 312-225-1500

United States Air Force Inspector General
Telephone #: 202-404-5354 DSN: 734-5354

DoD Inspector General
Telephone #: 703-604-8799 DSN: 312-664-8799 Website: <http://www.dodig.mil/>

CNO Reinforcing Ethics

From Chief of Naval Operations Public Affairs

WASHINGTON (NNS) — Chief of Naval Operations (CNO) Adm. Jonathan Greenert released a video blog message Sunday reinforcing the Navy's commitment to ethics, particularly integrity.

Speaking about ethical failure and cheating on tests at the Navy's Nuclear Power Training Unit in South Carolina, Greenert said, "These events must serve to remind us that, although the vast majority of our Sailors live our navy ethos and core values, we must always remain vigilant to the potential to make mistakes. This is particularly critical when it comes to integrity."

"A failure of integrity undermines a unit's trust," said Greenert in his Ethics blog to Shipmates. "As Sailors, our very survival is founded on trust - it is the core of our success at sea - and has been for centuries."

Based on recent incidents across all the services there is an invigorated effort across the Department of Defense to reinforce ethics and service core values. Before the weekend, on Friday, in light of recent allegations of misconduct in the military services the Secretary of Defense Chuck Hagel announced that a senior officer will be appointed to promote and enforce a culture of ethical behavior and good moral character. Additionally, DoD released last week further details into Hagel's ethics initiatives and orders to Navy and Air Force to conduct reviews of the nuclear enterprise.

During one of Greenert's three videos is this blog he explains what these reviews will look at within the nuclear enterprise. And in a second video he provided initial thoughts on what Navy leaders need to reinforce as they face a recent number of missteps.

"I don't think we have an ethics problem across the Navy. But I think we need to reinforce our core values and



Photo by Glenn Fawcett

Chief of Naval Operations Navy Adm. Jonathan Greenert and Navy Adm. John Richardson, director of the Naval Nuclear Propulsion Program, brief Pentagon reporters on the Navy's investigation into allegations of compromised test materials.

our core commitment to that," he said. "We need to talk about integrity."

Core values should be an everyday discussion, in every operating environment. The discussion should be active and reciprocal, Greenert stated.

Lastly in the video blog Greenert addressed what is expected from today's Sailor, be it senior or junior.

Senior leaders are especially tasked with upholding the example of strong core values to the junior sailors, said Greenert.

"What I expect from our leadership is honor, courage and commitment," said Greenert.

Commitment to the institution should be the basis of ethical decision making, said Greenert.

"When we raised our right hand we said, 'I will support and defend the Constitution of the United States against all enemies, foreign and domestic; that I will bear true faith and allegiance to the same' that means the institution," said Greenert. "We need to and we will remain vigilant. We will continue to drive home to our people the importance of integrity: the fact that it is the foundation of all that we do in the U.S. Navy."

Greenert's video blog can be viewed at cno.navy.mil/?p=1185

ALL-HANDS CALL from Page 1

and family separation have had the biggest impact on resiliency for the Navy.

"All of that begins to break us and our families down," he said. "Then we are not as safe as we can be, and we are not as mission effective as we need to be to always fight the fight that wins the fight. That's what our Navy and our nation needs us to do."

He also addressed destructive behaviors and their impact on mission readiness. He spoke about suicide, sexual assault and alcohol and substance abuse in the Navy. He said alcohol related incidents (ARI) are the underlying cause of most destructive behavior.

"I'm convinced that if we reduce ARIs, we will have a significant impact on reducing all the other destructive behavior," said Buck. "As I look at all the statistics, 70 percent of all sexual assaults are associated with alcohol use. Alcohol related incidents are probably one of the easiest things we can tackle."

Buck focused his question and answer sessions on hearing feedback directly from

the Sailors he serves. Topics ranged from input on ways to better communicate with Sailors through social media venues, to ways to improve training that Sailors find to be redundant.

NSA Bahrain CSADD President, Master-at-Arms 3rd Class Harold Howard, said he enjoyed the open discussion with the admiral.

"The fact that Rear Adm. Buck came out here and asked us what we think, is a really good thing," said Howard. "It says a lot for someone of his rank to come out and speak to us. You never really know what Sailors are thinking until you ask them directly. Having open discussions with groups turns out even better because everyone will be willing to join the conversation."

The 21st Century Sailor office is responsible for total Sailor fitness, resilience and readiness. The office is also the Navy lead on suicide prevention, sexual assault prevention and response, hazing prevention, fitness and nutrition, personal and family readiness, and the "Keep What You've Earned" campaign.

BRINGING DIVERSITY from Page 1

a role in not just naval history, but U.S. history," said Tirado. This reflects how diversity is one of the things that make the Navy great!"

Yeoman Seaman Anderson Scott, public affairs officer for the Diversity Committee, said the observances give people a chance to enjoy learning about different cultures.

"We invite everyone to come out and experience the different cultures with the dancing, varieties of food, and programs we will have at our events," said Scott. "It can only benefit people when they come out and see how other cultures socialize and have fun."



POOL CLOSURE

Dear Patrons,

The MWR Training Tank pool (Inshallah Pool) will soon close for renovations. The project will include: repairing the pool deck, office spaces, bathhouses and awnings.

A complete closure is required from mid-February through early June.

During the closure period, the Family Pool (behind P-908T) will remain open and have extended hours:

Sunday - Thursday 0600 - 1800

Friday - Saturday 1000 - 1800

The Family Pool is 15 meters long and 6' in depth in the deep end. It can be used for physio-therapy, training, and lap swimming although the physical limitations (short distance and depth) may not be suitable for all swimmers.

For commands with training requirements that can't be accommodated at the Family Pool, information on off-base resources are available through the MWR Admin Office at 439-4231/4232 or email nancy.haynsworth@me.navy.mil.

We will do all we can to accelerate the repairs and will open the pool for lap swimming as soon as possible. Thank you in advance for your cooperation.

V/r,
MWR Management

CFC-O Announces 2014 Annual Coin Design Contest

The 2014 Combined Federal Campaign-Overseas (CFC-O) Annual Coin Design Contest is underway. The contest is open to all Department of Defense employees and their family members to create a 2014 CFC-O coin design that embodies the spirit of the campaign. The chosen design will be distributed to select contributors during the 2014 CFC-O this fall. Contest entries will be accepted through 15 March 2014.

Beginning in 2011, the CFC-O has presented contributors who meet eligibility criteria with a commemorative coin as a token of appreciation. For the 2013 campaign, the CFC-O proudly recognized Technical Sergeant Eric T. Fritz, stationed at Ramstein Air Base, Germany, as the winner of the Coin Design Contest.

Coin design submissions for the 2014 campaign season will be accepted from eligible participants (ID card required for verification) electronically in .jpg or .pdf formats. Artwork will be judged on originality, depiction of the CFC-O theme, "Give Because You Care," and suitability for printing on the coin. Interested designers can obtain detailed instructions and submission guidelines by visiting the CFC-O website.

About the CFC and CFC-O

Dedicated uniformed and civilian personnel demonstrate their generosity each and every day with service to our country and by joining together to help people and communities in need through the Department of Defense Combined Federal Campaign-Overseas (CFC-O). The CFC-O, managed by Global Impact, is one of the most successful charitable workplace giving campaigns in the world.

The five combatant commands pledged more than \$11 million in 2013 to reach out with life-saving and life-enriching services benefiting millions of people. For more information, visit www.cfcoverseas.org.

Follow the campaign on Twitter and "Like" us on Facebook.

About Global Impact

Global Impact raises funds to meet critical humanitarian needs around the world. The organization funds more than 100 U.S.-based international charities through innovative partnerships and employee giving programs, and provides solutions to meet the unique giving needs of organizations and donors.

In addition, Global Impact distributes charitable donations for some of America's top corporations and administers one of the world's largest workplace giving campaigns, the Combined Federal Campaign-Overseas. Since 1956, Global Impact has generated more than \$1.6 billion to assure help for the world's most vulnerable people.

Follow us on Twitter. Like us on Facebook.

2014 Coin Design Contest

CFCOVERSEAS.ORG

WHO: All DoD employees and their family members (ID card required for verification).

WHAT: Participants will create a 2014 CFC-O coin design that embodies the spirit of the campaign. The chosen design will be distributed to select contributors during the 2014 CFC-O this fall.

WHEN: Submissions are due by 15 March 2014.

DETAILS:

- Designs should honor the generous spirit of DoD contributors and depict the theme: Give Because You Care.
- The year "2014" and the name "Combined Federal Campaign-Overseas" must appear in the design.
- The design must fit on a round coin with 1 1/4 inch diameter.
- Use the following colors: red, white and blue as solid colors only, no gradients as they cannot be replicated accurately with enamel fill. Any negative space without a color will be background color of the coin.
- Submit designs as a .jpg or .pdf file to cfco@cfcoverseas.org.

By submitting a design, the artist verifies that their design is original work and gives permission for its use by the CFC-O on the coins. Additionally, the submitter consents to the reproduction of the design and its use by the CFC-O in various applications, which include, but are not limited to: campaign materials, publicity releases and electronic reproduction on the CFC-O website and social media sites. There will be no monetary remuneration for use of the winning design.

PREVIOUS CFC-O COINS

SUBMIT YOUR DESIGN TODAY!

This Month's Special

OASIS RESTAURANT

Pulled Chicken Pesto Wrap

\$6.00 Only!

Dry rubbed, slow roasted, hand pulled chicken tossed in a creamy pesto sauce stars in easy tortilla wraps layered with pesto sauce, Swiss cheese wrapped in pimento, & black olives, served with French fries.

NSA BAHRAIN
MWR Library Presents

Dr. Seuss Birthday Celebration

Hold on to your hats,
and start the Seuss-a-bration!

Sunday
March 2, 2014
0900-1100

at the
Main Street Park

Join us in celebrating Dr. Seuss's birthday. We will read such classics as *Green Eggs and Ham* & *The Cat In The Hat*.

Fun activities, inflatables, crafts and door prizes will be available for participants.

Birthday Cake, as well as Green Eggs and Ham will be served to Celebrate!

For more information, contact: NSA Library: 439-9089/4062

HR Classified Ads

ANNOUNCEMENT: NSA- 14-008

Position: Transportation Assistant (Information Controller)
Department: CTF-53, NAVCENT Bahrain
Closing Date: 25 February 2014

ANNOUNCEMENT: NSA- 14-009

Position: Transportation Clerk (Load Planner)
Department: CTF-53, NAVCENT Bahrain
Closing Date: 25 February 2014

ANNOUNCEMENT: NSA- 14-010

Position: Transportation Clerk (Cargo Handler)
Department: CTF-53, NAVCENT Bahrain
Closing Date: 25 February 2014

ANNOUNCEMENT: NSA- 14-014

Position: Civil Engineer
Department: NAVFAC EURAFSWA, PWD Bahrain
Closing Date: 09 March 2014

ANNOUNCEMENT: NSA- 14-015

Position: Engineering Technician
Department: NAVFAC EURAFSWA, PWD Bahrain
Closing Date: 02 March 2014

ANNOUNCEMENT: NSA- 14-016

Position: Facilities Specialist
Department: NAVSUP FLC Bahrain
Closing Date: 09 March 2014

ANNOUNCEMENT: NSA- 14-017

Position: Public Affairs Specialist
Department: NAVSUP FLC Bahrain
Closing Date: 09 March 2014

ANNOUNCEMENT: NSA- 14-018

Position: Senior Stocker (Frozen & Chill)
Department: Consumables (F&B), Navy Exchange Bahrain
Closing Date: 02 March 2014

ANNOUNCEMENT: NSA- 14-019

Position: Warehouse Operations Clerk
Department: Distribution Center, Navy Exchange Bahrain
Closing Date: 02 March 2014

The mission of the Human Resources Office (HRO) is to administer Human Resources Management programs for U.S. civil servants and foreign national employees of the Naval Support Activity Bahrain. HRO provides consultative advice and guidance to various commands and activities in the following program areas: position management and classification; recruitment and staffing; labor management advisory services; Equal Employment Opportunity Program; employee development; employee relations matters; and benefit entitlements.

Questions?
To speak to a Human Resources Specialist, please call: 1785-4763 or DSN (318) 439-4763.

AFTER LIBERTY
Marhaba! NSA Bahrain • MWR

Our renovation is now complete and we are ready to serve all of you who do so much for us!
Come in today and have a look!

Don't **FREE**-get!
Every Sunday is FREE Ice Cream Day & Mondays are Speedpool with FREE Sandwiches!
Plus, you can always stop in for some FREE Popcorn and Smiles!

106.3 FM THE HEAT

facebook @FACEBOOK.COM/AFNBAHRAIN

AFN Bahrain



MOVIE COMPLEX

REGULAR TICKETS: ADULTS: \$4.00 CHILDREN (6-12): \$2.00
3D TICKETS: ADULTS: \$5.00 CHILDREN (6-12): \$3.00
Children 5 and under: **FREE Admission**

MOVIE SCHEDULE IS SUBJECT TO CHANGE WITHOUT PRIOR NOTICE
***** MOVIE HOTLINE: 439-6916 *****



Ladies Spa Day @ Dessange Spa
Saturday, March 1
• Time: 0900 (Times subject to availability)

Arabian Experience: Horse Race at Sakir & Dinner at Veranda Rest.
Friday, March 7
• Time: 1400 – 1900
• Min 8/Max 12 people; ITT Price: \$28.00

ITT

Arabian Experience: Horse Race at Sakir & Dinner at Veranda Rest.
Friday, February 21
• Time: 1400 – 1900
• Min 8/Max 12 people; ITT Price: \$28.00

Guided Cultural Tour of Bahrain
Saturday, March 8
• Time: 0900 – 1600
• Min 14 people; ITT Price: \$35.00

Al Jasrah Handicraft & Bahrain Fort Tour
Saturday, February 22
• Time: 0900 - 1300
• Min 10 people; Price: \$11.00

Site Seeing Tour
Sunday, March 9
• Time: 1000 – 1400
• Min 5/ Max 11 people; Price: \$5.00

Horse Back Riding
Friday, February 28
• Time: 0830 – 1100
• Min 8 people; ITT Price: \$26.00

Cooking Demonstration of Arabic Food & Dinner
Tuesday, March 11
• Time: 1700
• Min 5/ Max 10 people;
ITT Price: \$23.00

For more information, call x-3531
All dates and times are subject to change

Comments & Suggestions

All are welcome to send comments or suggestions to MWR Bahrain. Please e-mail them to: MWRsuggestionBox@me.navy.mil
If you would like to receive MWR Bahrain's e-mail announcements, just send your official e-mail to the above address.



Friday, February 21
Animal Shelter Trip
• Time: Van leaves @ 0800; Cost \$5.00

Tuesday, February 25
Fondue Tuesdays!
• Time: 1130

Saturday, February 22
Laser Tag @ The Ozone
• Time: Van leaves at 1000.; 2.5BD game & only \$2.00 for transportation.

Wednesday, February 26
Last Buck Party
• Time: 1130

Sunday, February 23
Sunday Sundaes
• Free ice cream while supplies last.

Sunday, March 2
Sunday Sundaes
• Free ice cream while supplies last.

Monday, February 24
Speedpool Monday!
• Time: 1130; Free lunch for players!
While supplies last.

Monday, March 3
Speedpool Monday!
• Time: 1130; Free lunch for players!
While supplies last.

For more information, call the Liberty Center at 439-3192



@NSA Bahrain