



DEPARTMENT OF THE NAVY
UNITED STATES NAVAL FORCES EUROPE
UNITED STATES NAVAL FORCES AFRICA
UNITED STATES SIXTH FLEET
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Canc frp: Mar 22

NAVEUR/NAVAF/SIXTHFLTNOTE 6200
N02
4 Mar 21

COMUSNAVEUR/COMUSNAVAF/COMSIXTHFLT NOTICE 6200

From: Commander, U.S. Naval Forces Europe
Commander, U.S. Naval Forces Africa
Commander, U.S. SIXTH Fleet

Subj: STANDARDIZED RISK MITIGATION FOR TRAVEL TO HIGH-RISK LOCATIONS

Ref: (a) COMUSNAVEUR COMUSNAVAF Naples IT 031607Z Mar 21 (NAVEUR/
NAVAF/SIXTHFLT OPORD MOD 04 Message 1 of 2 Directing Response to
Outbreak of COVID-19 within the NAVEUR/NAVAF/SIXTHFLT AOR)
(b) COMUSNAVEUR COMUSNAVAF Naples IT 031608Z Mar 21 (NAVEUR/
NAVAF/SIXTHFLT OPORD MOD 04 Message 2 of 2 Directing Response to
Outbreak of COVID-19 within the NAVEUR/NAVAF/SIXTHFLT AOR)
(c) NAVEUR/Region EURAFCENT Travel and Liberty Map
(<https://doneurafcent.maps.arcgis.com/apps/opstdashboard/index.html#/0c91d112e01d44ca827b6a880aaefbaa>)

Encl: (1) Template for Requesting an Exception to Policy to Modify Restriction of Movement (ROM)
(2) Modified ROM Checklist

1. Purpose. To promulgate guidance for mitigating risk for personnel approved to travel to "high-risk" locations during the coronavirus pandemic.

2. Cancellation. NAVEUR/NAVAF/SIXTHFLTNOTE 6200 of 5 Jan 21.

3. Background

a. Per references (a) and (b), persons are considered "immunized" at least two weeks after the final dose of approved vaccine. For those approved vaccines that only require a single dose, immunization occurs two weeks after the single dose. For those vaccines that require two doses, immunization occurs two weeks after the second dose. To be eligible to avoid restriction of movement (ROM) due to immunization status, travel must occur at least two weeks after the final dose. Such travel must also meet host nation and installation commanding officer (ICO) policies. "Immunized" travelers who meet these requirements do not need to submit an exception to policy (ETP) to avoid ROM.

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b. Per references (a) and (b), "non-immunized" persons who travel outside the local area (defined as the host nation of their permanent duty station) or through a coronavirus high-risk, "red" area on reference (c) will spend 14-days in ROM upon return from travel. Under very limited circumstances, such ROM may be modified using enclosure (1), provided appropriate risk mitigation measures have been taken. Shortened ROM is not guaranteed and should be coordinated prior to travel.

c. Per references (a) and (b), all travel to high-risk, "red" areas on reference (c) outside the local area or restricted by the ICO must be pre-approved by a Flag Officer/Senior Executive Service or senior-most O-6/GS-15.

4. Action. Prior to commencing travel to high risk locations, personnel desiring to request an ETP to modify the 14-day ROM rule will be required to complete enclosure (1) for approval. Travelers will maintain enclosure (2) for 90 days after completion of the travel.

5. Cancellation contingency. This notice may be retained for record purposes or until superseded by another notice on the same subject.

6. Records Management. Records created as a result of this notice, regardless of media and format, must be managed per Secretary of the Navy Manual 5210.1 of September 2019.



M. D. MACNICHOLL
Deputy Chief of Staff

Releasability and Distribution:

This instruction is cleared for public release and available on the N02-SA SharePoint directives page <https://sp.eu.navy.mil/naples/NAVEURAF6F/N02/N02SA/SitePages/Home.aspx>.

Template for Requesting an ETP to Modify ROM

DD Mmm YY

From: RANK First M. Last [of traveler], USN
To: FO/SES or Senior-Most O-6/GS-15 [of traveler]
Via: Installation Commanding Officer

Subj: REQUEST FOR EXCEPTION TO POLICY (ETP) TO ENTER MODIFY RESTRICTION OF MOVEMENT (ROM) FOR TRAVEL TO HIGH-RISK (RED) LOCATIONS

Ref: (a) COMUSNAVEUR COMUSNAVAF Naples IT 031607Z Mar 21 (NAVEUR/NAVAF/SIXTHFLT OPOD MOD 04 Message 1 of 2 Directing Response to Outbreak of COVID-19 within the NAVEUR/NAVAF/SIXTHFLT AOR)
(b) COMUSNAVEUR COMUSNAVAF Naples IT 031608Z Mar 21 (NAVEUR/NAVAF/SIXTHFLT OPOD MOD 04 Message 2 of 2 Directing Response to Outbreak of COVID-19 within the NAVEUR/NAVAF/SIXTHFLT AOR)
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Encl: (1) Modified ROM Checklist

1. In accordance with references (a) and (b), I respectfully request an ETP to modify ROM upon my return from traveling to a high-risk, "red" area shown on reference (c).
2. I am requesting an ETP to modify ROM for travel to _____, from _____ with layover in _____ on the following dates _____.
3. Optional: I am asking my COVID immunization status be considered as part of my request for ETP and have attached documentation of immunization.
4. My travel does/does not comply with all host nation(s) law(s).
5. I am requesting:
 - 10 day ROM with subsequent 4 days of "self-monitoring." No testing required.
 - 7 day ROM with a test collected between day 5 and 7. ROM will end on day 7 only if negative result. I will self-monitor for the subsequent 7 days. I will coordinate with the local MTF as soon as this ETP is approved.
 - 14 day "working ROM" with test within 72 hours prior to arrival and a second test between day 5 and 10 after arrival. I will coordinate with the local MTF as soon as this ETP is approved.
6. To minimize the risk to myself during my travel and others upon my return, I will follow the checklist found in enclosure (1).

I. M. SAILOR

Enclosure (1)

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Modified ROM Checklist

NAME: _____ HIGH RISK LOCATION: _____ TRAVEL DATES: _____

INSTRUCTIONS: Submit this form and the "Request for Modified ROM Risk Assessment" worksheet as part of the ETP request to your approval authority. Initial next to each instruction showing you understand your responsibilities.

SECTION 1: DURING TRAVEL CHECKLIST * MINIMIZE RISK TO TRAVELER*******Initials**

- PUBLIC TRANSIT: Do not use public transit including taxis, buses, and metro if possible.
- Wear cloth face coverings (CFCs) during travel to the maximum extent practicable.
- Avoid touching eyes, nose, and mouth with unwashed hands.
- Wash hands often with soap and water for at least 20 seconds or hand sanitizer.

SECTION 2: AT DESTINATION CHECKLIST * MINIMIZE RISK TO TRAVELER*****

- Where physical distancing is not possible and the activity needs to continue, you should take all mitigating actions possible to reduce the risk of transmission of COVID-19. Preventive measures should include, at a minimum: hand hygiene, and wearing facemasks or CFCs.
- During official meetings, all persons shall wear CFCs when unable to maintain physical distancing. During work lunches, practice physical distancing by sitting > 6 feet from others and eat outside whenever possible.
- Avoid handshakes or other skin to skin contact.
- Carry your own supply of hand sanitizer. Use it frequently.
- Consider taking the stairs. Otherwise wait to use the elevator until you can either ride alone or only with people from your travel group.
- Minimize use of areas that may lead to close contact (< 6 feet) with others like break-rooms, outside patios, inside lounges, dining areas/kitchens, game rooms, pools, hot tubs, saunas, spas, salons, elevators, and fitness centers.
- Do not utilize gym when others are present.
- RENTAL CARS: Clean and disinfect frequently touched surfaces regularly (for example, the steering wheel, gear shift, door frame/handles, windows, radio/temperature dials, and seatbelt buckles) before and after use.

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When using parking meters and pay stations, consider using alcohol wipes or hand sanitizer containing at least 60% alcohol after use.

- MEALS: All food should be delivered by persons wearing face coverings.

During coffee breaks, use paper napkins to select food and pour coffee. Wear CFCs in the vicinity of the refreshments. Remove only to eat and drink.

When possible, choose food and drink options that are not self-serve to limit the use of shared serving utensils, handles, buttons, or touchscreens. If you must use shared serving items, wash/sanitize your hands before and after eating/drinking.

When possible, sit outside and > 6 feet from those not in your travel party.

Avoid bars and restaurants and order room service via telephone to maximum extent practicable to maintain physical distancing. Order food and beverages "To Go" or have them delivered.

- Wash hands often with soap and water for at least 20 seconds. Avoid touching eyes, nose, and mouth.
- Should I be designated a "closed contact" to a positive COVID-19 case, or test positive for COVID-19, while traveling, I will separate from others, immediately notify my chain of command, and await direction prior to completing any further travel.

SECTION 3: Return FROM DESTINATION CHECKLIST * REDUCE CLOSE CONTACT CIRCLE DURING WORKING ROM AND "SELF-MONITORING" *****

- Complete Enclosure (3) "Request for Modified ROM Risk Assessment."** If local government or host nation requires testing prior to/upon arrival or requires quarantine, based on the location you are traveling from, then a PCR-based test is required either prior to return or within 24-hours upon return.

A second test is required starting on day 5 if you are selecting a 7 day ROM with 7 day self-monitoring or 14 day Working ROM.

Contact the local MTF fleet liaison to coordinate testing prior to travel. Recommended contacting two weeks prior to travel.

Samples may be mailed out unless required by host nation or if local USNMRTC desires test to be run locally. Testing to be collected between 0800-1600 or as directed by local clinic.

Antibody test is not acceptable.

If test result is positive, person is considered a COVID-19 case and reported to public health authorities IAW all pre-established reporting guidance. Personnel cannot return to work until meeting requirements as outlined in NAVADMIN Standard Operating Guidance .

- Wear a cloth face covering at all times while not at their own work desk for 14 days after last day of travel. If workmate is within 6 feet, wear cloth face covering while at workstation.
- Telework and teleconference to maximum extent possible.
- Minimize in-person meetings.
- Do not participate in formal/ceremonial events until 14 days past return date.
- Wastebaskets should be left at the door daily and other routine cleaning suspended for 14 days to avoid exposing the housekeeping staff.
- Travel directly from home to work (or other areas needed to conduct military duties) and avoid public areas such as grocery stores, NEX, schools, commissary, gym, restaurants.
- Individuals should maintain 6 feet of distance from others and practice physical distancing.
- Monitor for symptoms daily including taking temperature (a fever is > 38 °C/100.4 °F), headaches, body aches, fatigue, loss of smell or taste, fever, chills, or cough. Physically distance > 6 feet from others and call medical immediately if you have these symptoms.
- Clean and disinfect all areas such as offices, bathrooms, common areas, and shared electronic equipment routinely.
- If you become sick during the day, you should go home immediately. Surfaces in workspace should be cleaned and disinfected after waiting 24 hours. Information on persons who you had contact with during the time you had symptoms and 2 days prior to symptoms should be compiled. Others at the facility with close contact (within 6 feet) during this time will be considered exposed and likely recommended to be out of work for 14 days.
- Upon return, traveler should segregate themselves from other household members for 14 days following return and, to the maximum extent practicable, wear masks (even while at home). Traveler should isolate to their own bedroom and bathroom while at home. Traveler should not cook for others. It is recommended that all household contacts consider minimizing outside contacts for the 14 days as well to avoid inadvertently transmitting the virus to the host nation community.