



FACT SHEET

COVID-19 Testing Requirements PRIOR TO/RETURNING FROM OVERSEAS

An updated message, NAVADMIN 026/21 released Jan. 29 requires all Sailors and family members on orders travelling internationally **TO** or returning **FROM** the United States to have a negative viral COVID-19 test (molecular or antigen). An antigen test may be used for testing prior to travel when a molecular test (such as polymerase chain reaction (PCR) or Abbott ID NOW) is not available. However, a molecular test is the preferred test prior to travel. At a minimum, all travelers shall have a negative viral COVID-19 test administered within 72 hours of embarkation for international travel. Valid proof can be electronic or printed. Printed proof will be requested prior to Air Mobility Command (AMC) Patriot Express (PE) (i.e., rotator) or Military aircraft flights. Some countries require negative test results within 72 hours of arrival rather than embarkation. If the destination location requires a specific test, test timing, or test result format, travelers must follow the stricter requirement. Testing is the member's responsibility.

The United States, now require negative test results before arrival. Those travelling to foreign countries should review the Foreign Clearance Guide (<https://www.fcg.pentagon.mil/fcg.cfm>) to determine entry requirements for their destination. Further, travellers are encouraged to register for the Smart Traveler Enrollment Program (STEP) through the U.S. State Department (<https://step.state.gov>). This service provides free updates from the nearest U.S. Embassy regarding travel requirements and safety conditions. COVID-19 travel information for travelers returning to the U.S. may be found on the Department of State website (<https://travel.state.gov/content/travel/en/traveladvisories/ea/covid-19-information.html>).

This update also includes responsibilities for Command Pay and Personnel Administrators (CPPA) to complete prior to Service Members detaching.

For more details, read NAVADMIN XX/21 at www.npc.navy.mil.

Where to get tested

- Military Treatment Facilities (MTF) may execute free tests for Service Members and dependents in possession of international orders. Tests should be scheduled prior to arrival with international orders in hand. Results should be available w/in 24 hrs.
- Travelers returning from international travel should primarily use their closest U.S. installation MTF.
- Hard copy documentation of test results should be delivered by the testing facility within 24 hours of testing; this allows for testing in a different area than former duty station to account for leave or training en route.
- Two specific MTFs are staffed and funded to test Patriot Express travelers: Walter Reed for East coast (Baltimore AMC Gateway – (609) 253-8825) and Madigan Army Hospital for West coast (Seattle AMC Gateway (253) 982-3504/0555).
- Service Members can also use commercial testing sites that use PRC or ID NOW tests.
- TRICARE covers COVID-19 tests when medically necessary and appropriate. Visit: <https://www.tricare.mil/covid19testing> for more details on COVID-19 testing coverage. IF commercial testing is not be covered by TRICARE, expenses will be refunded via travel claim. Use your Government Travel Charge Card (if issued) or a travel advance to cover expenses if necessary. Maintain copies of all charges (to include copays if required) to submit with your travel claim.
- Travelers who have received the vaccination or have previously recovered from the virus are not exempt from testing.
- In very few specific cases, waivers may apply, but only after all effort has been made to comply.

Preferred CONUS MTF Test Sites

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| <p>Pacific</p> <ul style="list-style-type: none"> • Camp Pendleton, CA, (760) 685-3537, 24/7 testing available • Bremerton, WA, (360) 621-5335, testing 9 a.m. – 8 p.m. • <u>Madigan AMC</u>, Joint Base Lewis-McChord, WA, (253) 968-4443, testing 6 a.m. – 5 p.m., weekends, no holidays <p>Atlantic</p> <ul style="list-style-type: none"> • Portsmouth, VA, (757) 953-6200, 24/7 testing available • Jacksonville, FL, (994) 250-6188, 24/7 testing available | <ul style="list-style-type: none"> • Camp Lejeune, NC, (910) 450-2956, 24/7 testing available • Fort Belvoir, VA, (571) 231-0532, testing 8 a.m. – 4 p.m. • Fort Belvoir, VA, (571) 585-6066, 24/7 testing available • <u>Walter Reed NMC</u>, Bethesda, MD, (571) 335-9985/ (301) 547-1161, testing 7 a.m. – 4 p.m., no weekends or holidays |
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Preferred OCONUS MTF Test Sites

NMFP Locations:

USNMRTC Guam:

ILI Clinic
No appointment necessary
Monday through Friday 0700-1600
NMRTC Guam Bldg. 61 parking lot

USNMRTC Yokosuka:

Acute Respiratory Care Clinic
No appointment necessary
Mon-Fri 1300-1500 and Sat/Sun/Holidays 0800-1200

USNMRTC Okinawa:

No appointment necessary
Drive-thru- 098-971-9691, testing 0900-1700, Local 7 days a wk. Holidays: 0800-1200.

NMRTC Pearl Harbor

AD/Dependents must email NHCH COVID Testing listserve-
usn.jbphh.navhlthclinpearlhi.list.nhch-covid-testing-request@mail.mil
An email response is provided with a spreadsheet requesting pertinent information and labs are ordered.
Personnel will be directed to:
Tripler Army Medical Center
Fort Shafter Flats Drive Thru Testing
1253 Makalapa Rd, Honolulu, HI 96817
Open M-F 9-1500 and Sat 9-1200, close on Sunday and limited on Holidays

NMFL OCONUS Locations:

USNMRTC SIGONELLA

Number to call (during/after hours)
Central appointment lines:
NAS 1 Hospital Main Appointment Line: +39-095-56-2273
NAS 2 Flight Line Clinic Appointment Line: +39-095-86-5455
After hours:
Hospital Quarterdeck: +39-095-56-3842
Testing Times:
No set times.
For symptomatic testing, people can set up an appointment with their PCM who may test them during normal clinic hours.
For asymptomatic testing (e.g. PCS/TAD travel), an appointment can be set up with lab via the central appointment line.
People can present to the ER 24/7.

NMRTU BAHRAIN

Number to call (during/after hours)
Clinic Number: 439-6110 or 1785 6110
Afterhours: 3941-9651
All PCR Testing is done in town.
The days/times etc. for local PCR COVID testing in Bahrain follow:

Royal Bahrain Hospital (RBH):

Days/Times: Saturday - Thursday from 08:00 - 17:00;
Friday from 08:00 - 15:00
Guest Relation Tel#: 3602-6134 /38405890
King Hamad University Hospital (KHUH):
Days/Times: Sun-Thursday from 08:00 -20:00
Call center: 17444-444 (anytime -24/7)

NMRTU SOUDA BAY

Number to call (during/after hours)
Regular Business Hours
+30-282-102-1590
After Hours
+30-694-043-1229
Testing Times
There are no specific testing times. Patients with COVID-like symptoms to call the clinic to be triaged.
For ORR testing times are arranged based on travel date and time.
NSA Souda Bay admin tracks members PCSing and provides medical with information for members who need testing prior to PCS/rotator travel.

USNMRTC Guantanamo Bay

Number to call: local 7-2670; off island: 7574582998, option 1, ext 72670. 24/7 to answer questions
Testing times: Monday through Friday 0800-1500, no holidays, no weekends.

USNMRTC Rota Spain

Testing 0700-1600 Central European Time, no weekends or holidays
During Hours Phone: +34 956-82-3468
After Hours Phone: +34 956-82-3307/3308

USNMRTC Naples, Italy

Fleet Liaison: +39 335-101-1938, DSN 314-629-6332
Email: usn.naples.navhosnnaplesit.list.fleet-liaison@mail.mil
Testing scheduled by appointment.
M-F 0800-1500



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What to Do if You Test Positive

- Sailors and family members who test positive for COVID-19 while executing travel orders should immediately start restriction of movement (ROM) procedures. If one member of the family tests positive, the entire family must ROM.
- Locations for ROM should be in the following priority: 1. Aerial Port of Embarkation, 2. Home or detaching installation, 3. Nearby family member, 4. Nearby acceptable military installation, 5. Nearby acceptable hotel.
- If at a Patriot Express port, U.S. Transportation Command/Air Mobility Command will take responsibility for the Sailor and family members.
- Contact the MyNavy Career Center at 1-833-330-MNCC 96622 or via email at askmncc@navy.mil. Provide contact information and they will notify the Sailor's detailer and Navy Passenger Transportation Office (NAVPTO).
- Communicate with your detailer and NAVPTO for potential orders modifications and re-booking of travel. You must provide proof of a COVID-19 positive test.
- Relief for ROM expenses will be provided.
- Sailors and their families may secure from ROM once they meet the criteria outlined in NAVADMIN 298/20, but do not proceed until consulting with your detailer and AMC.
- A molecular COVID-19 test may continue to produce positive results after recovery from COVID-19. Consult medical, FCG, and State Department guidance to determine if your destination will allow entry with a letter from a physician.

CPPA Responsibilities

- Prior to Service Members detaching CPPAs must:
 - Notify Service Member of the testing requirements for international travel and options; keep a record of the Service Member's testing plans, to include intended facility and date.
 - Counsel Service Member on the expense for commercial testing and discuss options regarding potential financial burden (GTCC, advance travel pay, reimbursement, etc.).
 - Ensure the Service Member has detaching command contact information in case additional support is needed.

Questions and Concerns

Contact the MyNavy Career Center (MNCC) Contact Center at 1-833-330-6622 or via email at askmncc@navy.mil.

~ Questions & Answers ~

Q1. What do I need to do right now?

A1. To ensure Sailors are not turned away or unnecessarily delayed during travel, all Sailors and family members must determine their individual requirements based upon destination location. The United States now requires negative test results before arrival. Refer to the [Foreign Clearance Guide \(FCG\) \(https://www.fcg.pentagon.mil/index.html\)](https://www.fcg.pentagon.mil/index.html) and your airline's policy for additional guidance.

Q2. How or where do I get tested?

A2. Military Treatment Facilities (MTF) may execute free tests for Service Members and families. Most MTFs require scheduling prior to arrival and orders in hand. Hard copy test results will be delivered within 24 hours of the test. This allows for testing in a different area than the detaching duty station to account for leave or training in route.

Baltimore or Seattle Patriot Express (PE). If flying aboard a Patriot Express flight departing from Baltimore or Seattle, Madigan Army Hospital (Seattle) or Walter Reed Hospital (Baltimore) will provide free tests for Service Members and families.



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Points of contact for preferred military treatment facilities:

Pacific

- Camp Pendleton, CA, (760) 685-3537, 24/7 testing available
- Bremerton, WA, (360) 621-4238, testing 9 a.m. – 8 p.m.
- Madigan AMC. Joint Base Lewis-McChord, WA, (253) 968-4443, testing 6 a.m. – 5 p.m., weekends, no holidays

Atlantic

- Portsmouth, VA, (757) 953-6200, 24/7 testing available
- Jacksonville, FL, (994) 250-6188, 24/7 testing available
- Camp Lejeune, NC, (910) 450-2956, 24/7 testing available
- Fort Belvoir, VA, COVID Clinic - (571) 231-0532, testing 8 a.m. – 4 p.m.
- Fort Belvoir, VA, CDO - (571) 585-6066, 24/7 testing available
- Walter Reed, Central Screening - (571) 335-9985, CDO - (301) 547-1161, testing 7 a.m. – 4 p.m., no weekends or holidays

Travel not near an MTF, Madigan Army Hospital or Walter Reed Hospital. Utilize commercial sites that support molecular-based tests (PCR and Abbott ID NOW) to satisfy this testing requirement. TRICARE may not fund travel-based tests. Members are required to pay for these tests themselves or with their GTCC. Test costs will be reimbursed once your travel claim is liquidated. If you do not have a GTCC or the funds to pay for these tests, it is highly recommended that you request advance travel pay.

Travelers returning to the U.S. should primarily use their closest U.S. installation MTF. MTFs should deliver hard copy documentation of test results within 24 hours of testing to the Service Members and dependents. A list of preferred international MTFs are as follows:

NMFP Locations:

USNMRTC Guam:

ILI Clinic
No appointment necessary
Monday through Friday 0700-1600
NMRTC Guam Bldg. 61 parking lot

USNMRTC Yokosuka:

Acute Respiratory Care Clinic
No appointment necessary
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USNMRTC Okinawa:

No appointment necessary
Drive-thru- 098-971-9691, testing 0900-1700, Local 7 days a wk. Holidays: 0800-1200.

NMRTC Pearl Harbor

AD/Dependents must email NHCH COVID Testing listserve-
usn.jbphh.navhlthclinpearlhi.list.nhch-covid-testing-request@mail.mil
An email response is provided with a spreadsheet requesting pertinent information and labs are ordered.
Personnel will be directed to:
Tripler Army Medical Center
Fort Shafter Flats Drive Thru Testing
1253 Makalapa Rd, Honolulu, HI 96817
Open M-F 9-1500 and Sat 9-1200, close on Sunday and limited on Holidays



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Central appointment lines:

NAS 1 Hospital Main Appointment Line: +39-095-56-2273

NAS 2 Flight Line Clinic Appointment Line: +39-095-86-5455

After hours:

Hospital Quarterdeck: +39-095-56-3842

Testing Times:

No set times.

For symptomatic testing, people can set up an appointment with their PCM who may test them during normal clinic hours.

For asymptomatic testing (e.g. PCS/TAD travel), an appointment can be set up with lab via the central appointment line.

People can present to the ER 24/7.

NMRTU BAHRAIN

Number to call (during/after hours)

Clinic Number: 439-6110 or 1785 6110

Afterhours: 3941-9651

All PCR Testing is done in town.

The days/times etc. for local PCR COVID testing in Bahrain follow:

Royal Bahrain Hospital (RBH):

Days/Times: Saturday - Thursday from 08:00 - 17:00; Friday from 08:00 - 15:00

Guest Relation Tel#: 3602-6134 /38405890

King Hamad University Hospital (KHUH):

Days/Times: Sun-Thursday from 08:00 -20:00

Call center: 17444-444 (anytime -24/7)

NMRTU SOUDA BAY

Number to call (during/after hours)

Regular Business Hours

+30-282-102-1590

After Hours

+30-694-043-1229

Testing Times

There are no specific testing times. Patients with COVID- like symptoms to call the clinic to be triaged.

For ORR testing times are arranged based on travel date and time.

NSA Souda Bay admin tracks members PCSing and provides medical with information for members who need testing prior to PCS/rotator travel.

USNMRTC Guantanamo Bay

Number to call: local 7-2670; off island: 7574582998, option 1, ext 72670. 24/7 to answer questions

Testing times: Monday through Friday 0800-1500, no holidays, no weekends.

USNMRTC Rota Spain

Testing 0700-1600 Central European Time, no weekends or holidays

During Hours Phone: +34 956-82-3468

After Hours Phone: +34 956-82-3307/3308

USNMRTC Naples, Italy

Fleet Liaison: +39 335-101-1938, DSN 314-629-6332

Email: usn.naples.navhospnaplesit.list.fleet-liaison@mail.mil

Testing scheduled by appointment.

M-F 0800-1500

Q3. What if I've received a COVID-19 vaccination?

A3. Travelers who have received the vaccination are not exempt from the testing requirement. It is unlikely that a molecular test will provide a false positive for vaccinated personnel; thus, any positive should still be treated as such.



Q4. Can I use my GTCC for this or get reimbursed if I pay for the test out in town?

A4. The COVID-19 test for the purpose of PCSing Overseas or Internationally is authorized to be reimbursed via a travel claim and can also be charged to their GTCC. If a Service Member needs an increased credit limit on their GTCC while travelling they can contact MNCC at 833-330-MNCC (6622). The agent will create a case for the Service Member requesting a GTCC credit limit increase. Please be advised that the CPPA ProCell personnel who can process the request are only available Monday through Friday. Also please be aware that if you are using your GTCC, you are not eligible to request a travel advance.

The COVID testing required for international travel are listed as reimbursable #6 of the Joint Travel Regulations - <https://www.defensetravel.dod.mil/Docs/perdiem/JTR.pdf> (pg 2-48) which states: Charges for immunizations, inoculations, and other disease-preventive medical prophylaxes, including disease testing, that are required for official travel OCONUS, but are not available through a Federal dispensary. Only the cost of the immunization, or inoculation, or test is reimbursable, not the medical office visit.

Q5. What happens if I test positive?

A5. Sailors or family member(s) that test positive for COVID-19 while executing international travel must do the following:

a. Execute restriction of movement (ROM) procedures. If a member of a family unit tests positive, the entire family unit must commence ROM. Travelers may not proceed separately:

1) If at an intermediate stop or on leave en route, stop travel and commence ROM immediately. If nearby a military installation, call ahead for lodging, pet services, and other support. Apply strict adherence to force protection health guidance and return to work criteria.

2) If at a Patriot Express port, USTRANSCOM/AMC should take immediate responsibility for the Sailor and family member(s), to include: medical, lodging, pet services, meals and transportation support at nearby military installations or participating lodging sites. While in ROM, travelers will adhere to AMC guidance.

b. Contact the MYNAVY career center (MNCC). Available 24/7, by phone at 1-833-330-MNCC (6622) or email at askmncc@navy.mil. Provide good contact information to the servicing MNCC agent. The servicing MNCC agent will take appropriate action to notify the Sailor's detailer and navy passenger transportation office (NAVPTO).

c. Communicate with your detailer and NAVPTO agent. The detailer and NAVPTO agent will contact the Sailor to discuss orders modification (ORDMOD) and to re-book future travel. Proof of positive test result(s) must be provided.

d. Relief from ROM expenses shall be provided. ORDMODs will ensure per diem is available and reimbursable for qualified expenses incurred during the ROM period. A Sailor may elect to use his/her GTCC to pay for qualified expenses incurred during the ROM period. Alternatively, Sailors may request a travel advance by contacting MNCC, regardless of GTCC possession.

e. Secure from ROM. Once the Sailor and family member(s) meet requirements to return to work, in accordance with the Bureau of Medicine and Surgery (BUMED) return to work guidance as reflected in NAVADMIN 298/20, in conjunction with any medical provider guidance, they may continue execution of their orders. Sailors should not continue without conferring with detailers. Sailors and detailers should be proactive to continue travel as soon as possible.

Q6. What are Command Pay and Personnel Administrators responsible for?

A6. Prior to Service Members detaching, CPPAs must:

- Notify Service Member of the testing requirements for international travel and options; keep a record of the Service Member's testing plans, to include intended facility and date.
- Counsel Service Member on the expense for commercial testing and discuss options regarding potential financial burden (GTCC, advance travel pay, reimbursement, etc.).
- Ensure the Service Member has detaching command contact information in case additional support is needed.