DETERMINING ROM REQUIREMENTS FOR TRAVELERS

General Rule: The time of ROM or LRS must always equal 14 days.

After confirmation of COVID-19 history by Medical, proceed to 14 days of LRS; no testing required

90-Day Recovered Positive Case

You will enter ROM
- 10 days of ROM in domicile.
- Testing occurs on or after day 8.
- If NEGATIVE, proceed to 4 days of LRS.
- If POSITIVE, transition to 10 days of Isolation

Not Immunized

START HERE:
You arrive in Japan from abroad and remain asymptomatic. If you are (choose 1 of 3 Green Options)...

Immunized

You will enter LRS for 14 days
- Testing occurs on or after day 8
- If NEGATIVE, proceed finish LRS and exit on day 14
- If POSITIVE person transitions to Isolation for 10 days

Definitions

90-day Positive: A person who had a positive test result of COVID-19 within the last 90 days and has fully recovered and been cleared by medical personnel. For travel, recovered positive status within 90 days is applicable up to the day of arrival.

Immunized: A person who received their 2nd dose (or 1 dose if a single shot regime) of a COVID-19 vaccine at least 14 days ago.

Limited Release Status (LRS): Persons in this status may freely move around the installation and if living off installation, transit to and from their domicile to the installation. Public transit is NOT authorized. All base services are available to persons in this status.

**IF SYMPTOMATIC at any point, persons will be required to abide by Isolation or Quarantine as directed by CFAS Medical.
Flow Charts for Travelers, Cohabitants and 90-day Recovered Positives in ROM and LRS
Current as of 3 May 2021

DETERMINING ROM REQUIREMENTS FOR COHABITANTS

**General Rule:** The time of ROM or LRS must always equal 14 days.

**Exit testing is NOT required if you are put in ROM due solely to Cohabitation.**

A cohabitant must **do an analysis for the cohabitant based off of ALL returning travelers or PHO violators.** If following the box for “Not Immunized” the cohabitant follows the strictest status required of any traveler/violator.

**Definitions**

**90-day Positive:** A person who had a positive test result of COVID-19 within the last 90 days and has fully recovered and been cleared by medical personnel. For travel, recovered positive status within 90 days is applicable up to the day of arrival.

**Immunized:** A person who received their 2nd dose (or 1 dose if a single shot regime) of a COVID-19 vaccine at least 14 days ago.

**Limited Release Status (LRS):** Persons in this status may freely move around the installation and if living off installation, transit to and from their domicile to the installation. Public transit is NOT authorized. All base services are available to persons in this status.

**IF SYMPTOMATIC** at any point, persons will be required to abide by Isolation or Quarantine as directed by CFAS Medical.
Flow Charts for Travelers, Cohabitants and 90-day Recovered Positives in ROM and LRS

Current as of 3 May 2021

DETERMINING ROM REQUIREMENTS FOR CLOSE CONTACTS OF POSITIVE CASES

**General Rule:** The time of ROM or LRS must always equal 14 days.

**Start Here:** You become a close contact with someone who is a Positive Case. You must ROM unless you are (choose 1 of 3 Green options)

**Immunized:**
- After Medical confirms Immunization status and you remain asymptomatic
  - proceed to:
    - 14-day LRS from date of last known contact with Positive Case
    - No test required.

**Not Immunized**
- Proceed to:
  - 14 day ROM in your domicile from date of last known contact with Positive Case
  - NEGATIVE COVID-19 test required to exit ROM

**After Medical verifies COVID-19 history proceed to:**
- 14-day LRS from date of last known contact with Positive Case. No test required.

**Definitions**

**90-day Positive:** A person who had a positive test result of COVID-19 within the last 90 days and has fully recovered and been cleared by medical personnel. For travel, recovered positive status within 90 days is applicable up to the day of arrival.

**Immunized:** A person who received their 2nd dose (or 1 dose if a single shot regime) of a COVID-19 vaccine at least 14 days ago.

**Limited Release Status (LRS):** Persons in this status may freely move around the installation and if living off installation, transit to and from their domicile to the installation. Public transit is NOT authorized. All base services are available to persons in this status.

**IF SYMPTOMATIC** at any point, persons will be required to abide by Isolation or Quarantine as directed by CFAS Medical.
EXAMPLES

The following examples provide guidance in using the above flow charts.

EXAMPLE 1 - FAMILY TRAVELS TOGETHER
Dad, Mom and Child live together and all travel CONUS together. Dad and Mom are Immunized. Child is not. Upon return, each traveler uses chart 1 (for travelers). Mom and Dad do 14 days LRS. Child does 10 days of ROM followed by 4 days LRS. They all get tested.

EXAMPLE 2 - FAMILY TRAVELS TOGETHER BUT HAVE VARIOUS STATUS DIFFERENCES
Dad from example 1 is NOT Immunized. Dad thus does 10 day ROM and 4 day LRS. Mom does 14 day LRS. Child also does 10 day ROM and 4 day LRS.

EXAMPLE 3 - ONE TRAVELER AND HER FAMILY OF COHABITANTS
There is a family of 5, including Dad, Mom, Child 1 (19), Child 2 (14) and Child 3 (9). Dad is NOT Immunized. Mom is NOT Immunized. Child 1 IS immunized. Child 2 & 3 are NOT Immunized. Mom travels back to the states for family emergency. Mom follows chart 1 upon her return. She ROMs for 10 days and then completes 4 days of LRS. Mom is also tested on or after day 8.
Dad is a cohabitant and will use chart 2. He must match mom’s LRS/ROM status since he is not immunized, meaning he also does 10 days of ROM and 4 days of LRS. Child 2 and 3 are in the same boat. Child 1 benefits from her Immunization status and goes into 14 day LRS upon mom’s return.
Let's change this up a little. Dad and Mom ARE Immunized, Child 1 is Immunized. Child 2 and 3 are NOT. Mom travels again by herself. Mom uses chart 1. She is put into 14 day LRS upon return. Dad uses chart 2. He is also 14 days LRS. Child 1 is also 14 day LRS. Child 2 and 3 are required to match the traveler; here, Mom and complete LRS for 14 days.

EXAMPLE 4: MULTIPLE TRAVELERS AND MULTIPLE COHABITANTS
We WILL use the same family members from example 3. In this example, Dad and Mom are Immunized. Child 1 is also Immunized. Child 2 & 3 are NOT Immunized. Mom travels with Child 2 to CONUS. Dad, Child 1 and Child 3 stay behind. In this scenario, we have to do a 2 part analysis.

PART 1: Travelers. Mom uses chart 1. She is Immunized so she goes into 14 day LRS. Child 2 also uses chart 1. Because Child 1 is NOT Immunized, Child 1 must ROM for 10 days followed by 4 day LRS.

PART 2: Cohabitants. Dad, Child 1, and Child 3 must do an analysis using chart 2 FOR EACH TRAVELER returning to their household. Dad and Child 1 are Immunized. Thus, they go into a 14-day LRS status (no difference in analysis here between return of Mom and Child 2). Child 3 is more complicated. Based off of Mom, Child 3 would match her and do 14 days; HOWEVER, Child 3 must also consider Child 2 as a returning traveler. Under that analysis, Child 3 is required to ROM for 10 days and then do 4 days of LRS, i.e. he matches the status of Child 2.
POINTS TO REMEMBER:

A cohabitant’s status is determined by the **most restrictive requirement applicable** to the returning travelers. **Children must be seen as either a traveler or cohabitant just like everyone else and analyzed separately from their parents.** Cohabitants are not tested solely based on cohabitation.