DEPARTMENT OF THE NAVY
COMMANDER, FLEET ACTIVITIES SASEBO
PSC 476 BOX 1
FPO AP 96322

1000
Ser N00J/489
22 Jun 21

MEMORANDUM

From: Commander, Fleet Activities Sasebo
To: Active Duty and Reserve Personnel, Retirees, Military Dependents, Civilian Employees, Contractors, Host Nation Civilian Employees and Anyone with Installation Access

Subj: CFAS RESTRICTION OF MOVEMENT REQUIREMENTS AND GUIDELINES

Ref: (a) CFAS Public Health Order of 22 Jun 21
(b) USFJ Force Public Health Order 21-002 of 8 Mar 21
(c) USFJ FRAGORD 004 to Force Public Health Order 21-003 of 14 Jun 21
(d) CNFJ/CNRJ Restriction of Movement (ROM) Guidance in Response to COVID-19 (UPDATE IV) of 30 Apr 21
(e) CNFJ/CNRJ Memorandum: Post Leave Restriction of Movement (ROM) Requirement of 9 Sep 20
(f) NAVADMIN 083/20
(g) NAVADMIN 037/21

1. This Memorandum establishes Restriction of Movement (ROM) policies and rules for persons subject to reference (a), in accordance with references (b) through (g). Definitions may be found in section 2 of reference (a). This Memorandum applies to military personnel, U.S. civilian personnel, contractors and their respective dependents assigned to or residing at Commander, Fleet Activities Sasebo (CFAS) (including off base residences). Master Labor Contractor (MLC) employees and Indirect Hire Agreement (IHA) employees are strongly encouraged to inform their supervisors of any situation that may necessitate self-isolation and to follow similar procedures as outlined here. Uniformed personnel who disobey these guidelines may be punished under the Uniform Code of Military Justice (UCMJ) for violation of Articles 84 and/or 92. Non-compliance by all other individuals that either have or desire base access may be subject to administrative measures such as curtailment, debarment or early return to the United States. **Operational commands may impose stricter ROM requirements**. **Persons attached to vessels or deployable units should inquire with their direct chain of command to ascertain what additional ROM requirements must be completed**. Charts in enclosure (5) of reference (a) demonstrate the principles outlined in this policy.

2. ROM.

a. General Rule. A 14-day period (336 hours) of restriction of movement—either ROM or Limited Release Status (LRS)—is required for all personnel arriving in Japan. Additionally, persons who violate this Public Health Order (PHO) will also be required to ROM as a

precautionary, not a punitive measure. Cohabitants also ROM or enter a LRS period if they reside with someone placed into ROM or LRS, subject to the exceptions below.

b. Travel ROM. For travelers, the amount of time spent in ROM depends on their COVID-19 history and vaccination status.

(1) Immunized Travelers. ROM for these individuals will consist of a 14-day LRS period. Personnel will be required to take a viral test on or after day 8 (after total of 192 hours since arrival) of their travel ROM and must be in receipt of a negative result in order to exit LRS. This is applicable to military, dependent and civilian travelers. In this status, personnel are permitted to travel directly between their place of work and domicile **by Privately Owned Vehicle (POV) or Government Owned Vehicle (GOV) only**. Additionally, MILAIR between installations and direct transit in a GOV or POV is permissible. **Walking and biking outside of a Military Installation to get to the installation is prohibited**. If at any time Immunized personnel in LRS become symptomatic, they will be transferred to Isolation or Quarantine as directed by CFAS medical.

(2) 90-day Recovered Positive Case Travelers. Travelers to Japan who arrive within 90 days of being a confirmed COVID-19 Positive Case, and are recovered, are not subject to testing or ROM procedures upon arrival in Japan. Like Immunized travelers, they will conduct 14 days of LRS with testing on or after day 8 (after total of 192 hours since arrival) of LRS. To clear LRS these individuals must obtain a negative viral test and complete the 14-day LRS period. 90-day Recovered Positive Cases who travel within 90 days of receiving a positive test result are given LRS based on the date of their travel falling within 90-days of the positive case (e.g. if someone travels on day 87 they are still placed in LRS even though the 90 days will expires during their first 14 days in Japan).

(3) Non-Immunized Travelers. Travelers who are not Immunized will **ROM in their domicile for 10 days** (total of 240 hours) and will observe the strict rules for ROM outlined in this Memorandum and ROM acknowledgement (provided below). These individuals will receive COVID-19 testing on or after day 8 of ROM. **If these individuals receive a negative test result, they transition to LRS for the 11th through 14th day**. Commands are responsible for reporting ROM status and ensuring compliance. The CFAS ROM team will also track the status of non-immunized travelers.

c Cohabitant ROM. All Cohabitants of anyone in a ROM or LRS will also be placed in a matching status. Persons placed into ROM or LRS **due to cohabitation only** are **<u>not required</u>** to compete a COVID-19 viral test. **<u>Cohabitants</u>** who are 90-day Recovered Positive Cases or Immunized **<u>are not required to ROM</u>** due to Cohabitation with a person who is placed in ROM or LRS. A cohabitant's ROM or LRS terminates at the same time as that of the other cohabitant that necessitated the ROM or LRS.

d. PHO Violation ROM. When a violation of this PHO is discovered, I will evaluate whether a ROM or LRS period is mandatory. In situations where there is a significant risk of

exposure and transmission to the community, I will mandate a ROM or LRS, as applicable. Exit testing for individuals placed in ROM or LRS due to a PHO violation is not required unless that person becomes symptomatic and CFAS medical recommends testing.

3. Quarantine. The status of individuals who are restricted in their movements due to their being believed to be exposed to a communicable disease in order to prevent the possible spread of the disease. Quarantine is precautionary, not punitive. Quarantine is medically directed and is used for persons are Close Contacts of a confirmed Positive Case and persons who are Close Contacts of a person who is under suspicion of being a Positive Case. **Quarantine is not required for persons who are Immunized or 90-day Recovered Positive Cases; however, these individuals will be placed in a LRS for 14-days starting from the date of last known contact with the Positive Case.** Until CFAS Medical clears a person and places them into LRS, they will follow procedures for persons placed into Quarantine.

4. Isolation. Isolation refers to separating confirmed Positive Cases from people who are not infected. Symptomatic individuals may also be placed in Isolation pending results from COVID-19 testing. Isolation is medically directed and is precautionary, not punitive. Isolation is required for: i) Confirmed Positives and ii) persons who are symptomatic and are undergoing testing to determine if they are a Positive Case.

5. Individual and Family Requirements. See the ROM Acknowledgement below for details on what is permitted/prohibited during ROM periods. The ROM Acknowledgment also contains certain exceptions for limited activities during ROM. All persons that must ROM and their chain of command should thoroughly review the requirements listed in the ROM Acknowledgement.

6. Lodging Requirements. All Navy SOFA travelers returning to Japan must conduct their ROM on a U.S. installation or if they have established a residence in Japan, at their residence. Individuals living in open-bay settings or rooms with shared bathrooms and/or kitchens facilities should be placed in separate lodging to span the 14-day ROM period. Families in the same ROM status do not require separate lodging; families may conduct ROM together but should still practice physical distancing unless travel was conducted jointly (e.g. family member returns from leave in Continental United States (CONUS) to a domicile where a Service Member has not left—the family member should utilize a separate bedroom and bathroom for the duration of ROM).

7. Command Responsibilities. Commander, Navy Region Japan has clarified in reference (c) that each tenant command is responsible for supporting its own personnel in ROM. Commands will assist in making arrangements to transport personnel from the airport to their residence (excluding non-government travel, e.g. leave, which must be arranged by the traveler). Units will track and report all members in a ROM and LRS to the CFAS Command Master Chief (CMC) and Chief Staff Officer (CSO). Reports to the CSO and CMC must be by email and include the member's: Unit Identification Code (UIC) number, last name, first name, Department of Defense (DoD) identification number, current address, ROM address and the start date of the member's ROM or LRS. The CFAS ROM team will also track all persons in ROM and LRS.

Vaccination status and if a member is a 90-day Recovered Positive Case will be reviewed by a unit travel coordinator who has been designated in writing to perform this function. The individual unit to which the individual is assigned will arrange separate lodging if needed for ROM. Immediate supervisors will not require individuals to report to their duty location or otherwise disregard ROM requirements. Units are responsible to facilitate all aspects of initial in processing (orders, voucher, etc.). Commands must ensure that such persons have sufficient clothing, thermometers, emergency non-med personal protective equipment, hygiene equipment, food/meals, cleaning supplies, telework equipment if applicable and means to communicate with medical personnel and their command. Commands must also ensure that ROM personnel receive a COVID-19 test as described in paragraph (g) below.

8. Calculating ROM and LRS Periods for Persons Returning from Travel. ROM and/or LRS lasts 14-days (336 hours), counting **from the day following arrival** and ending on the 14th day at the same hour as arrival to the ROM or LRS location. This is applicable for all situations requiring ROM or LRS, including official and unofficial travel. In cases of Close Contacts, Quarantine is determined to be 14-days from the time of last known contact with the Positive Case or person under suspicion of being a Positive Case. Traveling via MILAIR between installations does not reset the 14-day clock for LRS for Immunized travelers.

9. Acknowledgement and Accountability. Active duty military will sign a NAVPERS 1070/613 containing the requirements outlined in the ROM/LRS Acknowledgement below. Everyone else will sign the ROM/LRS Acknowledgement of this Memorandum.

10. ROM Exit Testing. Per references (c) and (d), all persons whose ROM or LRS was required due to travel from outside of Japan will undergo COVID-19 viral testing prior to exiting ROM or LRS, except for 90-day Recovered Positive Cases. Exit testing is given on day 8 for Immunized and non-Immunized Travelers. All individuals must complete a full 14-days whichever applicable combination of ROM and LRS and receive a negative test result in order to be totally cleared. If a test comes back positive, such individuals will transition to Isolation for an additional 10 days. Personnel placed in ROM **due to Cohabitation only** are **not required** to complete a COVID-19 viral test. ROM or LRS may exceed 14 days if test results are delayed.

11. Testing at Japanese Airports/Ports of Entry. If testing is completed at a commercial entry point in Japan, such testing does not satisfy United States Forces Japan (USFJ) requirements for a viral test prior to release from ROM. Those tests must be administered by U.S. medical personnel.

Douglas Kennedy, CDR, USN

D. E. KENNEDY
Acting

RULES AND ACKNOWLEDGEMENT – FOR ROM PERSONNEL

1. In order to obtain and/or maintain access to Commander, Fleet Activities Sasebo (CFAS), you must meet the following requirements. If you are unable to meet these requirements, you will not be granted base access and may be subject to additional administrative action such as curtailment, debarment or early return to the United States. Military members who violate these rules may be punished under Articles 84 and 92 of the Uniform Code of Military Justice.

2. Because you recently:

a. were a Close Contact with a Positive Case or a person suspected of having contracted COVID-19;

b. traveled outside of Japan or to prohibited areas (Red areas as designed on Map (1) of enclosure (2) or Black areas designated on Map (2) of enclosure (2) of reference (a)); or

c. otherwise violated the CFAS Public Health Order

on the date of _____, you will be residing at:_____
_____
until the date of _____. After that time, and upon receipt of a negative COVID-19 test, you will transition to a Limited Release Status for _____ days. In addition, you will abide by all rules stated in enclosure (1) of reference (d) (CNFJ/CNRJ Restriction of Movement Guidance).

3. Should you have any questions or concerns, contact_____
at the email address _____ or the number of
_____.

4. Failure to comply with this order may subject you to punitive or administrative action. Thank you for your continued support and cooperation!

ACKNOWLEGEMENT

1. I acknowledge that the above are requirements for base access per the CFAS Public Health Order of 22 June 2021. I acknowledge that I reviewed and understand these requirements and that should I have any questions or require any clarification, I must first consult with the POC named above. I acknowledge that all of the above requirements apply to me. I further understand that non-compliance may subject me to administrative action based on my status (i.e., punishment under the UCMJ if military; curtailment, installation debarment or Early Return to the United States if a civilian or dependent).

_____ _____
Printed Name Signature and Date

RULES AND ACKNOWLEDGEMENT – FOR LRS PERSONNEL

1. In order to obtain and/or maintain access to Commander, Fleet Activities Sasebo (CFAS), you must meet the following requirements. If you are unable to meet these requirements, you will may be subject to additional administrative action such as curtailment, debarment or early return to the United States. Military members who violate these rules may be punished under Articles 84 and 92 of the Uniform Code of Military Justice.

2. Because you recently:

a. were a Close Contact with a Positive Case or a person suspected of having contracted COVID-19;

b. traveled outside of Japan or to prohibited areas (Red areas as designed on Map (1) of enclosure (2) or Black areas designated on Map (2) of enclosure (2) of reference (a)); or

c. otherwise violated the CFAS Public Health Order

on the date of _____, you will be residing at:_____ and will enter a Limited Release Status (LRS). You will be permitted to be only in your domicile or other areas on a Military Installation until the date of _____. After that time, and upon receipt of a negative COVID-19 test, your LRS will terminate. During LRS you may not use public transit, walk off the installation (including commuting to/from the installation). While in this status, you may use all base services move freely around the installation.

3. Should you have any questions or concerns, contact_____ at the email address _____ or the number of _____.

4. Failure to comply with this order may subject you to punitive or administrative action. Thank you for your continued support and cooperation!

ACKNOWLEGEMENT

1. I acknowledge that the above are requirements for base access per the CFAS Public Health Order of 22 Jun 2021. I acknowledge that I reviewed and understand these requirements and that should I have any questions or require any clarification, I must first consult with the POC named above. I acknowledge that all of the above requirements apply to me. I further understand that non-compliance may subject me to administrative action based on my status (i.e., punishment under the UCMJ if military; curtailment, installation debarment or Early Return to the United States if a civilian or dependent).

_____ _____

Printed Name Signature and Date