NAVIGATOR'S COMPASS

Tuesday, July 22 - Tuesday, July 29

Your Direction to Morale, Welfare & Recreation

MWR AT-A-GLANCE

MT. FUJI HIKES

Mt. Fuji Information Clinics
Friday, July 25
5 - 6 p.m. • Free

Fuji Night Hike
(to catch the sunrise)
Friday, August 22 - Sunday, August 24
$250
Departs: Friday, 7 a.m. • Returns: Sunday 11 p.m
Registration Deadline: Friday, August 8
(Due to accommodation booking)
Overnight accommodations in Atsugi Base included.

LIBERTY PROGRAM • 252-2928
For Single or Unaccompanied Military

National Vanilla Ice Cream Day
Wednesday, July 23
7 p.m. • Free
Celebrate this annual event Liberty style! Free ice cream and toppings will be served while supplies last.

Pro Baseball Day Trip & Hard Rock Café
SoftBank Hawks vs. Orix Buffaloes
Saturday, July 26
11 a.m. - 7 p.m. • $25
Registration Deadline: Thursday, June 24
Enjoy a pro baseball game at the Yafuoku! Dome in downtown Fukuoka. Price includes ticket and transportation. Please bring plenty of ¥en for dinner at Hard Rock Café and souvenirs.

FLEET FITNESS COMPLEX • 252-3588

Fitness Education Series: RIP Trainer Series
Wednesday, July 23 • 5:30 - 6 p.m.
Learn basic exercises using the RIP trainer suspension cord

Dive-In Movie
Friday, August 1
7 - 9 p.m. • Free
Main Base Outdoor Pool
Registration Deadline: Thursday, July 31
Bring the family and cool off at the pool. Lounge, float or swim while watching a movie outdoors under the stars.

OUTDOOR ADVENTURE CENTER • 252-3500

Mt. Fuji Information Clinic
Friday, July 25
5 - 6 p.m. • Free

Kayak Classes w/ 99 Island Tour
Basic Skills Certification
Thursdays, July 24 & 31
10 a.m. - 3:30 p.m. • $40

Night Squid Deep Sea Fishing Charter
Friday, July 25
5 p.m. - 2 a.m. • $100

Basic Open Water SCUBA Diving Class (NAUI)
Course Start Date: Saturday, July 26
9 a.m. - 4 p.m. • $299

Paintball at Hario Field
Sunday, July 27
10 - 2 p.m. • $15 plus cost of paintballs

MOVIE SCHEDULE
Movie schedule is subject to change without notice.

*Movies highlighted in red indicate premiere.

HERCULES (PG-13)
Starring: Dwayne "The Rock" Johnson, Joseph Fiennes, Ian McShane, Rufus Sewell, Rebecka Ferguson and John Hurt

Paramount Pictures and Metro-Goldwyn-Mayer Pictures' film HERCULES, starring Dwayne Johnson, bows on July 25th. Based on Radical Comics' Hercules by Steve Moore, this ensemble-action film is a revisionist take on the classic myth, HERCULES.

SHOWBOAT THEATER
Telephone: 252-3822

TUESDAY, JULY 22
1 p.m. • *Edge of Tomorrow (PG-13)
*****Free Admission*****
6:30 p.m. • Planes: Fire & Rescue (PG)

WEDNESDAY, JULY 23
1 p.m. • *How to Train Your Dragon 2 (PG)
*****Free Admission*****
6:30 p.m. • The Fault in Our Stars (PG-13)

THURSDAY, JULY 24
6:30 p.m. • Earth to Echo (PG)

FRIDAY, JULY 25
6:30 p.m. • Tammy (R)
9 p.m. • Lucy (R)

SATURDAY, JULY 26
2 p.m. • Dawn of the Planet of the Apes (PG-13)
6:30 p.m. • Hercules (PG-13)
9 p.m. • *22 Jump Street (R)
*****Active Duty Free Admission*****

SUNDAY, JULY 27
2 p.m. • *Edge of Tomorrow (PG-13)
*****Active Duty Free Admission*****
6:30 p.m. • Tammy (R)

MONDAY, JULY 28
6:30 p.m. • Lucy (R)

TUESDAY, JULY 29
1 p.m. • *Earth to Echo (PG)
*****Free Admission*****
6:30 p.m. • Hercules (PG-13)

WEDNESDAY, JULY 30
1 p.m. • *Planes: Fire & Rescue (PG)
*****Free Admission*****
6:30 p.m. • Think Like a Man Too (PG-13)

THURSDAY, JULY 31
6:30 p.m. • Dawn of the Planet of the Apes (PG-13)

HARIO VILLAGE THEATER
Telephone: 252-8753

THURSDAY, JULY 24
1 p.m. • *Edge of Tomorrow (PG-13)
*****Free Admission*****
6:30 p.m. • Planes: Fire & Rescue (PG)

FRIDAY, JULY 25
1 p.m. • *How to Train Your Dragon 2 (PG)
*****Free Admission*****
6:30 p.m. • Hercules (PG-13)
9 p.m. • Dawn of the Planet of the Apes (PG-13)

SATURDAY, JULY 26
2 p.m. • Planes: Fire & Rescue (PG)
6:30 p.m. • Tammy (R)
9 p.m. • Lucy (R)

SUNDAY, JULY 27
2 p.m. • Hercules (PG-13)
6:30 p.m. • Tammy (R)

THURSDAY, JULY 31
1 p.m. • *Earth to Echo (PG)
*****Free Admission*****
6:30 p.m. • Hercules (PG-13)

LUNCH & DAILY SPECIALS

UPCOMING TRIPS
TRAVEL & TOURS • 252-3433

Friday Night Baseball at Yafuoku! Dome
Fukuoka SoftBank Hawks vs. Orix Buffaloes
Friday, July 25
All seats: $25

Space World Amusement Park
Saturday, July 26
Ages 12 & up: $59, Ages 7 - 11: $50, Ages 6 & under: $30

IKI ISLAND Overnight

2 Trips

Saturday, August 9 - Sunday, August 10
Registration Deadline: Thursday, July 21

Saturday, August 23 - Sunday, August 24
Registration Deadline: Thursday, August 14

Ages 12 & up: $148, Ages 6 - 11: $129, Ages 5 & under: $55

SPARE TIME RECREATION CENTER • 252-3634

Free Summer Bowling for Kids
(Ages 17 & under)
Monday - Friday • 1 - 4 p.m. • Free
(Shoe rental is not included.)

Galactic Bowling
1st & 3rd Friday of the month
7 - 10 p.m. • $7 per person
Three hours of bowling under disco lights and music!

Active Duty Military Bowl Free
Monday - Friday • 11 a.m. - 1 p.m. & 5 - 7 p.m.
(Shoe rental is not included.)

Bowling at Lunch
Monday - Friday • 11 a.m. - 1 p.m.
Spend $6 or more at the 11th Frame Snack Bar and bowl 2 free games. Bring today's receipt to the front counter. (Shoe rental is not included.)

Family Bowling
Sundays • 11 a.m. - 4 p.m.
Kids ages 12 and under bowl for free with a paid adult. (Shoe rental is not included.)

MWR AUTO HOBBY SHOP • 252-3977

Tire Changer & Balancer Class
Thursday, July 24
5 - 6 p.m. • $5 per person
Come in and learn to change and balance your tires on our great machines! As a bonus we will give you information on tire ordering from local vendors. Take advantage of major savings over the usual ¥2,000 - ¥3,000 charge for mounting and balancing per tire AND on purchasing your tires.

SATO TRAVEL
Upcoming Tour Schedule

Summer is coming!

Beijing Tour (4-Day Tour)
Wednesday, August 20 - Saturday, August 23
Adult: $1,665, Child: $1,545, Single: $1,985

Busan Hydrofoil & Hotel
2-Days starting from $200
3-Days starting from $260
Based on double occupancy.

Round-Trip Airfare Specials
Manila • starting from ¥38,370
Bangkok • starting from ¥42,660
Hong Kong • starting from ¥29,020
Singapore • starting from ¥43,360
Seoul • starting from ¥18,000

MAIN BASE BLDG. 154
PHONE: 252-3432
Monday - Friday • 9 a.m. - 5 p.m.

USO

New Movie Night
Saturday, July 26
6 p.m. • Free
Fleet Landing USO
Enjoy new release movies with free snacks & Coke products.
Special Program for Single and Unaccompanied Service members.

Employment Opportunities
We are recruiting for Programs Coordinator and Duty Manager. For details, visit: www.uso.org/careers

For more information, call 252-3848.

HARBOR VIEW CLUB • 252-3965

chops

Lunch served Monday - Friday
11 a.m. - 2 p.m. • $9
Includes one trip to the Salad Bar and your choice of Iced Tea or Coffee.

MONDAY: Pork Schnitzel
Large butterflied scaloppini of pork loin, lightly breaded, sautéed golden brown, finished with a citrus butter sauce and garnished with delicate capers.

TUESDAY: Grilled Double-Decker Chicken Breast Sandwich
Served with bacon, lettuce, vine-ripened tomatoes and chipotle mayonnaise with crispy French fries.

WEDNESDAY: Bucatini Imported Pasta
Lightly tossed with a bacon-tomato sauce, homemade parmesan meatballs & Texas Toast garlic bread.

THURSDAY: Detroit Coney Island Hot Dogs
Lightly grilled all-beef hot dogs, topped with spicy chili and diced red onions. Finished with a drizzle of yellow mustard & curly fries.

FRIDAY: Pacific Salmon Fish & Chips
English beer batter-dipped fish filets and fried golden brown. Served with malt vinegar and chips.

BRODIE'S & GALAXIES • 252-2980

Lunch served Monday - Friday
11 a.m. • $6 *Includes a soft drink*

MONDAY: Crispy Orange Chicken Rice Bowl
TUESDAY: Beef Taco Salad
WEDNESDAY: 8" Single Topping Pizza
THURSDAY: Chop Block Wrap
Rotisserie pork chopped and stuffed inside a garlic-onion flavored tortilla with onions, lettuce, tomatoes and spicy mayo.
FRIDAY: Chicken Yakitori
Served with fried rice and lumpia.

11TH FRAME SNACK BAR • 252-3636

Monday - Friday
11 a.m. - 5 p.m.
$6 *Includes a drink*
(While entrées last)

MONDAY: *Teriyaki Chicken Sandwich
TUESDAY: *Chili Cheeseburger
WEDNESDAY: *Turkey Melt
THURSDAY: *Fish Sandwich
FRIDAY: *Patty Melt

**Includes your choice of French fries (regular or curly), chips or coleslaw.*