SHOGUN CAFÉ

MENU OF THE WEEK

Meal Hours
Breakfast 0600 - 0800 (Sat/Sun/Holidays : 0700 - 0900)
Lunch 1030 - 1230
Dinner 1630 - 1800

**Breakfast** includes eggs to order, chilled fresh fruits, low-fat yogurt, breakfast pastry & bread bar, fresh beverage selection - **Lunch / Dinner** served with fresh salad bar, chilled fresh fruits, dessert bar, fresh beverage selection and more.

### JUN 10 (MON)

**BREAKFAST**
- Hot Oatmeal
- Hard Cooked Eggs
- Omelet Bar
- Oven Fried Bacon
- Corned Beef Hash
- Hashed Browns
- Fruit Pancakes

**LUNCH**
- Logging Soup
- St Louis Style BBQ Spareribs
- Baked Halibut Steak
- Grilled Ham & Cheese
- Steamed Rice
- Roasted Pepper Potatoes
- Black-Eyed Peas
- Simmered Corn
- Potato Steak Fries
- Sweet Potato Fries

**DINNER**
- Egg Drop Soup
- Chicken Parmesan
- Braised Beef Cubes
- Brown Rice
- Paprika Buttered Potatoes
- Steamed Broccoli
- Simmered Carrot Slices

### JUN 11 (TUE)

**BREAKFAST**
- Hominy Grits
- Hard Cooked Eggs
- Omelet Bar
- Longanisa Sausage
- Breakfast Salmon
- Steamed Rice
- French Toast

**LUNCH**
- Tortilla Soup
- Tacos
- Chicken Fajitas
- Refried Beans
- Mexican Rice
- Mexican Corn
- Tortilla Chips
- Nacho Cheese

**DINNER**
- Cream of Chicken Soup
- Beef with Broccoli
- Roast Pork
- Rosemary Roasted Potato Wedges
- Steamed Rice
- Steamed Peas
- California Vegetable Medley

### JUN 12 (WED)

**BREAKFAST**
- Hot Oatmeal
- Hard Cooked Eggs
- Omelet Bar
- Corned Beef Hash
- Oven Fried Bacon
- Hashed Browns
- Fruit Pancakes

**LUNCH**
- Vegetable Cheese Chowder
- Shogun Deluxe Burger
- Fishwich
- Grilled Chicken Sandwich
- Baked Beans
- French Fried Onion Rings
- Potato Curly Fries

**DINNER**
- Vegetable with Beef Soup
- Beef Stroganoff
- Deep Fat Fried Catfish
- Steamed Rice
- Oven Browned Potatoes
- Louisiana Smothered Squash
- Steamed Broccoli

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**GO FOR GREEN**

EAT WELL • PERFORM WELL
### JUN 13 (THU)

**BREAKFAST**
- Hominy Grits
- Hard Cooked Eggs
- Omelet Bar
- Breakfast Ham Steak
- Corned Beef Hash
- Tater Tots
- French Toast

**LUNCH**
- Chicken with Rice Soup
- Grilled Prime Steak
- Garlic Butter Shrimp
- Steamed Rice
- Roasted Potato Medley
- Simmered Asparagus
- Sauteed Mushrooms & Onions

**DINNER**
- Turkey Vegetable Soup
- Turkey Divan
- Braised Pork Chops
- Parsley Buttered Potatoes
- Spicy Brown Rice Pilaf
- Green Beans with Corn
- Simmered Spinach

### JUN 14 (FRI)

**BREAKFAST**
- Hot Oatmeal
- Hard Cooked Eggs
- Omelet Bar
- Breakfast Burritos
- Turkey Sausage Links
- Hashed Browns
- French Toast

**LUNCH**
- Bean with Bacon Soup
- French Fried Shrimp
- Beef Curry
- Cold Cut Sandwich
- Steamed Rice
- Roasted Pepper Potatoes
- Steamed Peas
- California Vegetable Medley
- Potato Steak Fries
- Sweet Potato Fries

**DINNER**
- Manhattan Clam Chowder
- Chicken Cordon Bleu
- Steak Ranchero
- Steamed Rice
- Baked Potato Skins
- Steamed Broccoli
- Stewed Tomatoes

### JUN 15 (SAT)

**BREAKFAST**
- Hominy Grits
- Hard Cooked Eggs
- Omelet Bar
- Breakfast Ham Steak
- Oven Fried Turkey Bacon
- Tater Tots
- Fruit Pancakes

**LUNCH**
- Vegetable Soup
- Hot & Spicy Chicken Wings
- Pizza
- Chicken Tenders
- Potato Steak Fries

**DINNER**
- Asian Stir Fry Soup
- Chicken A La King
- Barbecued Pork Loin
- Mashed Potatoes
- Steamed Rice
- Club Spinach
- Simmered Carrot Slices

### JUN 16 (SUN)

**BREAKFAST**
- Hot Oatmeal
- Hard Cooked Eggs
- Omelet Bar
- Oven Fried Bacon
- Corned Beef Hash
- Hashed Browns
- French Toast

**LUNCH**
- Hard Cooked Eggs
- Omelet Bar
- Chicken with Rice Soup
- Chili Con Carne
- Fishwich
- Steamed Rice
- Potato Steak Fries
- Simmered Asparagus
- Steamed Cauliflower

**DINNER**
- French Onion Soup
- Swedish Meatballs
- Hokkaido Style Stew
- Steamed Rice
- Garlic Roasted Potato Wedges
- Steamed Mixed Vegetables
- Steamed Broccoli

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**SHOGUN CAFÉ**

**MENU OF THE WEEK**

**Meal Hours**
- Breakfast 0600 - 0800 (Sat/Sun/Holidays: 0700 - 0900)
- Lunch 1030 - 1230
- Dinner 1630 - 1800

**Breakfast includes eggs to order, chilled fresh fruits, low-fat yogurt, breakfast pastry & bread bar, fresh beverage selection**

- **Lunch / Dinner** served with fresh salad bar, chilled fresh fruits, dessert bar, fresh beverage selection and more.

## JUN 17 (MON)

**Breakfast**
- Hominy Grits
- Hard Cooked Eggs
- Omelet Bar
- Grilled Turkey Sausage Links
- Oven Fried Bacon
  - Tater Tots
  - French Toast

**Lunch**
- Logging Soup
- Grilled Ham & Cheese
- Teriyaki Chicken
- Potato Steak Fries
- Steamed Rice
- Steamed Green Beans
- Corn-on-the-Cob

**Dinner**
- Cream of Broccoli Soup
- Lemon Baked Salmon
- Chicken Parmesan
- Steamed Rice
- Rosemary Roasted Potatoes
- Steamed Peas
- Simmered Carrot Slices

## JUN 18 (TUE)

**Breakfast**
- Hot Oatmeal
- Hard Cooked Eggs
- Omelet Bar
- Breakfast Ham Steak
- Corned Beef Hash
  - Hashed Browns
  - Fruit Pancakes

**Lunch**
- Tortilla Soup
- Tacos
- Chicken Fajitas
- Refried Beans
- Mexican Rice
- Mexican Corn
- Tortilla Chips
- Nacho Cheese

**Dinner**
- Turkey Vegetable Soup
- Roast Turkey
- Beef Stir Fry
- Steamed Rice
- Paprika Buttered Potatoes
- Steamed Cauliflower
- Simmered Spinach

## JUN 19 (WED)

**Breakfast**
- Hominy Grits
- Hard Cooked Eggs
- Omelet Bar
- Breakfast Burritos
- Turkey Sausage, Egg & Cheese Muffins
  - Tater Tots
  - French Pancakes

**Lunch**
- Scallop Chowder
- Shogun Deluxe Burger
- Fishwich
- Grilled Chicken Sandwich
- Baked Beans
- French Fried Onion Rings
- Potato Curly Fries

**Dinner**
- Bean with Bacon Soup
- Yankee Pot Roast
- Szechwan Chicken Breast
- Brown Rice
- Parsley Buttered Potatoes
- Collard Greens
- Stewed Tomatoes
<table>
<thead>
<tr>
<th>JUN 20 (THU)</th>
<th>LUNCH</th>
<th>DINNER</th>
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</thead>
<tbody>
<tr>
<td><strong>BREAKFAST</strong></td>
<td>Egg Drop Soup</td>
<td>Cream of Mushroom Soup</td>
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<tr>
<td>Hot Oatmeal</td>
<td>Grilled Prime Steak</td>
<td>Swedish Meatballs</td>
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<tr>
<td>Hard Cooked Eggs</td>
<td>Garlic Butter Shrimp</td>
<td>Baked Alaskan Stuffed Fish</td>
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<tr>
<td>Omelet Bar</td>
<td>Steamed Rice</td>
<td>Mashed Potatoes</td>
</tr>
<tr>
<td><strong>Oven Fried Bacon</strong></td>
<td>Baked Potato Skin</td>
<td>Steamed Rice</td>
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<tr>
<td><strong>Grilled Turkey Sausage Links</strong></td>
<td>California Vegetable Medley</td>
<td>Oriental Vegetable Combo</td>
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<tr>
<td>Hashed Browns</td>
<td>Sautéed Mushrooms &amp; Onions</td>
<td>Simmered Carrot Slices</td>
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<tr>
<td>French Toast</td>
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<tr>
<td>**JUN 21 (FRI)</td>
<td>French Onion Soup</td>
<td>Tomato Rice Soup</td>
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<tr>
<td><strong>BREAKFAST</strong></td>
<td>Turkey Curry</td>
<td>Veal Parmesan</td>
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<tr>
<td>Hominy Grits</td>
<td>Grilled Tuna and Cheese</td>
<td>White Fish w/Mushrooms</td>
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<td>Hard Cooked Eggs</td>
<td>Sweet Potato Fries</td>
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<td><strong>Longanisa Sausage</strong></td>
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<td><strong>Breakfast Salmon</strong></td>
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<td>Steamed Rice</td>
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<tr>
<td>Fruit Pancakes</td>
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<tr>
<td>**JUN 22 (SAT)</td>
<td>Vegetable Soup</td>
<td>Chicken with Rice Soup</td>
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<tr>
<td><strong>BREAKFAST</strong></td>
<td>Hot &amp; Spicy Chicken Wings</td>
<td>French Fried Shrimp</td>
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<tr>
<td>Hot Oatmeal</td>
<td>Pizza</td>
<td>Beef Pot Roast</td>
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<td>Hard Cooked Eggs</td>
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<td>Potato Steak Fries</td>
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<td><strong>Oven Fried Turkey Bacon</strong></td>
<td>Tater Tots</td>
<td>Steamed Mixed Vegetables</td>
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<td><strong>Breakfast Burritos</strong></td>
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<td>Steamed Cauliflower</td>
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<td>Tater Tots</td>
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<td>French Toast</td>
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<tr>
<td>**JUN 23 (SUN)</td>
<td>Hard Cooked Eggs</td>
<td>New England Clam Chowder</td>
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<tr>
<td><strong>BREAKFAST</strong></td>
<td>Omelet Bar</td>
<td>Turkey A La King</td>
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<tr>
<td>Hominy Grits</td>
<td>Cream of Potato Soup</td>
<td>Braised Pork Chops</td>
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<td>Hard Cooked Eggs</td>
<td>Hungarian Goulash</td>
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<td>Omelet Bar</td>
<td>Barbecued Pork Sandwich</td>
<td>Garlic Roasted Potato Wedges</td>
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<tr>
<td><strong>Breakfast Ham Steak</strong></td>
<td>Steamed Rice</td>
<td>Simmered Asparagus</td>
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<td>Corned Beef Hash</td>
<td>Potato Steak Fries</td>
<td>Oriental Vegetable Combo</td>
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<td>Hashed Browns</td>
<td>Steamed Green Beans</td>
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<tr>
<td>French Toast</td>
<td>Simmered Corn</td>
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## JUN 24 (MON)

**BREAKFAST**
- Hominy Grits
- Hard Cooked Eggs
- Omelet Bar
- **Oven Fried Turkey Bacon**
- **Grilled Sausage Patties**
  - Tater Tots
  - Fruit Pancakes

**LUNCH**
- Chinese Flower Soup
- **Chicken Cordon Bleu**
- **Grilled Ham and Cheese**
  - Potato Steak Fries
  - Steamed Rice
  - Roasted Pepper Potatoes
  - Steamed Green Beans
  - California Vegetable Medley

**DINNER**
- Mulligatawny Soup
- **Beef Sauerbraten**
- **Baked Fish Portions**
  - Steamed Rice
  - Garlic Cheese Potatoes
  - Simmered Broccoli
  - Simmered Carrot Slices

## JUN 25 (TUE)

**BREAKFAST**
- Hot Oatmeal
- Hard Cooked Eggs
- Omelet Bar
- **Oven Fried Bacon**
- **Corned Beef Hash**
  - Hashed Browns
  - Fruit Pancakes

**LUNCH**
- **Tortilla Soup**
- **Tacos**
- **Chicken Fajitas**
  - Refried Beans
  - Mexican Rice
  - Mexican Corn
  - Tortilla Chips
  - Nacho Cheese

**DINNER**
- **Turkey and Rice Soup**
- **Turkey Pot Pie**
- **Salisbury Steak**
  - Oven Browned Potatoes
  - Steamed Rice
  - Steamed Peas
  - Oriental Vegetable Combo

## JUN 26 (WED)

**BREAKFAST**
- Hominy Grits
- Hard Cooked Eggs
- Omelet Bar
- **Longanisa Sausage**
- **Breakfast Salmon**
  - Steamed Rice
  - French Toast

**LUNCH**
- **Scallop Chowder**
- **Shogun Deluxe Burger**
- **Fishwich**
- **Grilled Chicken Sandwich**
  - Baked Beans
  - Potato Steak Fries
  - Sweet Potato Fries

**DINNER**
- Greek Lemon Soup
- **Herbed Baked Chicken**
- **Swedish Meatballs**
  - Steamed Rice
  - Paprika Buttered Potatoes
  - Simmered Carrot Slices
  - Collard Green
<table>
<thead>
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<th>DATE</th>
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<tr>
<td>JUN 27 (THU)</td>
<td>Hot Oatmeal</td>
<td>Cream of Broccoli Soup</td>
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<td>Fruit Pancakes</td>
<td>Sauteed Mushrooms &amp; Onions</td>
<td>Steamed Cauliflower</td>
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<td>JUN 28 (FRI)</td>
<td>Hominy Grits</td>
<td>Tomato Rice Soup</td>
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