

## BEFORE YOU FLY BACK TO JAPAN...

**PLAN AHEAD OF TIME WHERE YOU PLAN TO TAKE THE PCR OR SEROLOGY TEST NO MORE THAN 72 HOURS BEFORE YOUR RETURN FLIGHT TO JAPAN**



Going to civilian providers can be costly and other places (such as pharmacies) that offer testing may require a doctor's referral or may only see those who are showing symptoms. Furthermore, some civilian providers may not be able to guarantee results in time before your flight. Be sure to detail your situation to the provider and schedule your appointment ahead of time.

Another option to receive a PCR or Serology test is to go to a nearby U.S. Military Hospital. Go to [HTTPS://WWW.TRICARE.MIL/MTF](https://www.tricare.mil/mtf) to locate the nearest military hospital of your stateside destination. Be sure to call ahead of time to confirm whether or not you can be seen. As with civilian providers, some military hospitals are limiting who can receive covid testing.

**DOWNLOAD AND PRINT OFF THE OFFICIAL JAPANESE "CERTIFICATE OF NEGATIVE TEST RESULTS" FORM AND BRING IT WITH YOU TO YOUR APPOINTMENT TO HAVE YOUR PROVIDER FILL OUT. TO DOWNLOAD AND PRINT THE FORM, GO TO:**

[https://www.mofa.go.jp/ca/fna/page25e\\_000334.html](https://www.mofa.go.jp/ca/fna/page25e_000334.html)



**BE SURE YOU HAVE THE FOLLOWING DOCUMENTS BEFORE YOU BOARD YOUR FLIGHT BACK TO JAPAN:**

- Valid Passport. Spouses who are not U.S. Citizens please go to [https://www.us.emb-japan.go.p/english/html/travel\\_and\\_visa/visa/other-status-of-us-forces-agreement.html](https://www.us.emb-japan.go.p/english/html/travel_and_visa/visa/other-status-of-us-forces-agreement.html) for additional requirements
- Copy of your Sponsor's Orders and/or Command Sponsorship Letter
- Family Entry Approval Letter
- Completed Japanese Certificate of Negative Test Results form.

**FOLLOW THE LATEST ENTRY REQUIRMENTS AND COVID TESTING REQUIRMENTS FOR JAPAN AT [HTTPS://JP.USEMBASSY.GOV/U-S-CITIZEN-SERVICES/COVID-19-INFORMATION/](https://jp.usembassy.gov/u-s-citizen-services/covid-19-information/)**

Email your Ombudsman if you have any questions at [Ombudsman.c7f@gmail.com](mailto:Ombudsman.c7f@gmail.com)

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