

## Counseling and Assistance

**The Fleet and Family Support Center (FFSC)** offers marital, couple, family, and individual counseling services to service members, DOD Civilians, Family Members and SOFA sponsored contractors as well. In addition, FFSC offers Domestic Violence Victim Advocate (DAVA) and New Parent Support (NPS) services. FFSC staff members are professional, licensed, and specifically trained providers.

Please call DSN 264-4188 (or commercial 046-763-4188) for further information or to make an appointment.

**Victim advocates** work individually with victims of domestic abuse and provide the information, guidance and advocacy victims often need.

Victim advocate duty phone: 080-5471-0970

Security: 264-2300

**Financial fitness professionals** conduct money-saving workshops on subjects such as car buying, consumer awareness, budgeting, investment strategies, Thrift Savings Plan, predatory lending alternatives, home buying and much more. A solid financial future begins at the FFSC.

Please call 264-3372 (commercial 046-673 3372) for more information on financial management counseling.

## Professional Counseling

### Family Advocacy Program

The Family Advocacy Program addresses domestic violence and child abuse prevention, education and intervention and trains command leadership on key issues involving domestic violence and child abuse. In accordance with [DoD M 6400.01-V1](#) all Commanders are required to complete the Family Advocacy Program (FAP) Commanders with 90 days of assuming command and annually to NCOs who are senior enlisted advisors. Strict rules on confidentiality are enforced to all services provided. Assistance and treatment services are offered to both victims and offenders.

[OPNAVINST 1752.2B](#) requires all DON personnel to report known Spouse Abuse and Known or suspected Child Abuse or Neglect. **In order to report domestic violence or child Abuse, contact security 24/7 at 264-3200.**

Following the report, security will notify Family Advocacy for appropriate action. Family Advocacy may recommend: Domestic violence education, parenting classes, individual and/or marital counseling, anger management, etc. The case, if determined to meet the criteria for Family Advocacy, will go through the case management process as set forth

by the [OPNAVIST 1752.2B](#). Only those individuals with a need to know will be kept updated regarding the case.

### **Clinical Advocacy Program**

**Clinical counseling service** is problem-focused and brief, with the emphasis placed on problems in daily living, such as difficulty adjusting to the military lifestyle, relationships, parenting, grief and other personal crises that can have a negative impact upon military readiness and family preparedness. Qualified Clinical Counselors at FFSC provide confidential counseling and support, addressing the emotional needs of military families. Counselors provide a range of counseling programs and services that include:

#### **Pre-Marriage Seminar (1 day)**

Engaged to be married? Planning on tying the knot here in Japan? If so, then you need to attend this seminar. We will cover important areas regarding marriage procedures in Japan and various beneficial information for married life. **This course is a required prerequisite for marriage in Japan under [COMNAVFORJAPAN Instruction 1752.1R](#).**

Services are offered on individual, couple, family and group basis and all are free of charge to all military and SOFA sponsored personnel.

Please call 264-4188 (commercial 046-673-4188) for more information.