



DEPARTMENT OF THE NAVY

NAVAL STATION NEWPORT
690 PEARY STREET
NEWPORT, RI 02841-1522

IN REPLY REFER TO:

NAVSTANPTINST 6100.2F
SAFETY

JUN 11 2010

NAVAL STATION (NAVSTA) NEWPORT INSTRUCTION 6100.2F

From: Commanding Officer, Naval Station Newport

Subj: NAVAL STATION NEWPORT TOBACCO POLICY

Ref: (a) SECNAVINST 5100.13E

1. Purpose. This instruction provides guidance for the control and reduction of tobacco use at NAVSTA Newport.

2. Cancellation. NAVSTANPTINST 6100.2E.

3. Definitions

a. DoN Facility. Any interior space owned, rented or leased by DoN. This includes any Navy or Marine Corps owned/controlled/leased/rented space building, facility, floating unit, aircraft or vehicle.

b. Outdoor Areas. Areas designated as smoking areas/smoke break areas shall be outdoors and away from common points of egress/out of the DoN facility and not in front of building air intake ducts. This policy does not require that funds be used to provide sheltered outdoor smoking areas.

4. Background

a. The health consequences of tobacco use in all its forms and exposure to environmental tobacco smoke (ETS) by nonsmokers have been clearly documented. Tobacco use is considered the chief preventable cause of premature death and disease in the United States. Tobacco use in any form is addictive. Involuntary exposure to tobacco smoke has been shown to cause cancer, lung and heart disease in healthy nonsmokers. Because of these findings, the Environmental Protection Agency (EPA) has classified ETS as a known human lung carcinogen or "Group A" carcinogen under U.S. EPA's carcinogen classification system. Mere separation of smokers and nonsmokers within the same airspace may somewhat reduce, but does not eliminate, ETS.

exposure. In DoN, it is not feasible to engineer out or provide personal protective equipment sufficient to control exposure to ETS. The health of all personnel must be protected by providing a safe, healthy and non-polluted workplace.

b. Tobacco use and ETS exposure have an adverse impact upon the health and readiness of our force. Tobacco use adversely affects night vision, respiratory capacity, wound healing rates and contributes to risk of cold injuries, including frostbite. Statistically, smokers have higher accident rates than nonsmokers.

5. Policy. NAVSTA Newport policy is to reduce tobacco use and protect personnel from involuntary exposure to ETS to the greatest extent possible. Where conflicts arise between the rights of nonsmokers to a smoke-free airspace shall prevail. NAVSTA Newport policy is to provide tobacco users with encouragement and professional assistance to stop. The objective is to establish appropriate environmental protective measures to ensure a safe, healthy and unpolluted working and living environment. The NAVSTA Newport approach is designed to improve our overall state of health and our ability to maintain a high state of military readiness. Tobacco use harms readiness by impairing physical fitness and by increasing illness, absenteeism, premature death and health care costs.

6. Action

a. Staff members may not use tobacco in the presence of students or midshipmen candidates.

b. Smoking is prohibited in all DoN vehicles and work buildings. Morale, Welfare and Recreation facilities shall be smoke free, unless specifically authorized by the Commanding Officer. Department Directors/Storefront Managers shall designate areas for smoking. Designated areas for smoking shall be at least 50 feet from any opening into buildings e.g. doorways, windows or air intakes.

c. General military training will be provided to all members regarding:

- (1) Nicotine addiction and its negative impact on readiness.
- (2) Health risks of tobacco use.
- (3) Assistance to stop tobacco use.
- (4) Health risks of smokeless tobacco and the unhealthy practice of swallowing its residue.
- (5) Health risks posed by involuntary inhalation of ETS.

d. Smokeless tobacco is prohibited during briefings, meetings, classes, formations, inspections, while on watch, in DoN vehicles and in all other situations not listed above where proper decorum is required. When using smokeless tobacco, spit shall be held in containers with sealing lids to prevent odor and accidental spills. Tobacco spit and residue shall be disposed of in a sanitary manner, which prevents public exposure.



J. P. VOBORIL