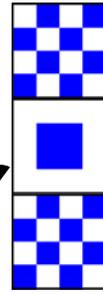




# The February 2013 Navigator



Check out NSN on [Facebook](#) for updates and events! Search: Naval Station Norfolk

## CO's Comments

Leadership,

On Friday, 22 FEB Naval Station Norfolk will host a Mission essential Personnel (MEP) Tabletop Exercise (TTX) from 0900-1100 in the Building N-30 Training Support Center Auditorium. This TTX will flex MEP planning and execution requirements of the USFF MEP PLANORD. The Exercise Scenario will be developed from the PLANORD Critical Missions List and will give participants the opportunity to exercise and discuss individual MEP Plans. A message announcing this TTX with further details will be released this week. Submit exercise inputs to Russ Wyckoff ([Russell.wyckoff@navy.mil](mailto:Russell.wyckoff@navy.mil)), NSN Installation Training Officer. Thanks.  
V/R, Killer

## Solid Curtain-Citadel Shield

Exercise SOLID CURTAIN-CITADEL SHIELD 2013 (SC-CS13) is a Force Protection Exercise that will be conducted on all CONUS Naval installations, as well as Hawaii and Guam, 25 FEB – 1 MAR. This exercise is developed to enhance the training and readiness of Navy Security Personnel, first responders and Incident Management Teams. SC-CS13 will exercise and evaluate Anti-terrorism Command and Control (C2) as well as coordination between NAVSTA Norfolk, COMNAVREGMIDLANT and other Hampton Roads Navy installations in responding to and mitigating a terrorism threat and recovering from a terrorist incident. Elevation of Force Protection Conditions and increased security measures can be anticipated at Naval Station Norfolk during the week of 25 FEB. The Naval Station Norfolk point of contact for SC/CS13 issues and questions is [Russ Wyckoff](#), Installation Training Officer (322-2325).

Comments or feedback encouraged: Contact [NSN PAO](#). Visit our [Facebook Page!](#)

## Pre-Deployment Brief

TPU Norfolk will host a pre-deployment briefing on 7 FEB, 1000-1200 in bldg. J-50, Nimitz Hall in the "Blue Room." The briefing is specifically designed for deploying units, whether imminent or downstream. The brief will cover regular separations, administrative separations, limited duty, medical boards, discipline, pregnancy, and onward transportation processing. The individual briefings will be conducted by TPU members, PSD Naval Station Norfolk, and the Navy Passenger Transportation Office.

## Eating Disorder Awareness Seminar

Naval Station Norfolk will host an eating disorder awareness seminar on Thursday, 7 FEB from 1300-1430 at the base theater, bldg. C-9. This is a free event, open to all Norfolk-area commands, ships and tenant commands in the Hampton Roads fleet concentration area. No pre-registration is required and the uniform will be uniform of the day. In the United States, as many as ten million females and one million males are suffering with an eating disorder such as anorexia or bulimia. This event is to increase awareness and to provide resources available to our service members struggling with any eating disorder. Leadership is strongly encouraged to attend.

### Links

[NSN](#)  
[Navy News](#)  
[The Flagship](#)  
[FFSC](#)  
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[Safety News](#)  
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[CPO Scholarship](#)  
[fund](#)  
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### Info

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[USO HR](#)  
[Navy College](#)  
[Office](#)  
[Military Child](#)  
[Education](#)  
[Coalition](#)

## Events of Interest

**1-28 Feb: National Eating Disorder Awareness Month**  
**5 Feb: [Troops to Teachers Information Brief](#)** (1200, Navy College Annex, Bldg. CEP-87, room 206)  
**6 Feb: EM Working Group Mtg** (1000, Bldg B-30)  
**6 Feb: Monthly Giant Voice test** (1200)  
**7 Feb -11 Feb: [Safe harbor/Wounded Warrior Athletic Training camp](#)**  
**7 Feb: [Eating Disorder Awareness Seminar](#)** (1300, C-9 Auditorium)  
**7 Feb: TPU Pre-Deployment Brief** (1000, J-50)  
**8 Feb: [STA-21 Information Session](#)** (0900 Devary Hall, Bldg. C-9 Auditorium)  
**9 Feb: [USO Annual Gala and Silent Auction](#)** (1700, Hampton Roads Convention Center)  
**11 Feb – [DMV to Go at the NEX](#)**  
**14 Feb: STA-21 Information Session** (0900, Naval Air Station Oceana, Aerotheatre)  
**14 FEB - Emergency Preparedness Brief** (0930-1100, C-9)  
**25 Feb – 2 Mar: [Military Saves Campaign](#)**  
**25 Feb-1 Mar: Exercise Solid Curtain/Citadel Shield**

## Updated Off-Limits List

The Junction (16916 Warwick Blvd., Newport News, Virginia, 23454) and Variety Motors (3530 N. Military Highway, Norfolk, Virginia 23518) have been removed from the [off-limits list](#) by the Joint Armed Forces Disciplinary Control Board (JAFDCB) for Southeastern Virginia and Northeastern North Carolina. The businesses were removed from the off-limits list because of efforts demonstrated by the businesses to resolve the board's concerns and status reports provided to the Board by local law enforcement agencies.

## Environmental Management System (EMS) Training

EMS training is mandatory for all personnel working onboard Naval Station Norfolk. Training can be completed online at the [NAVFAC ECATTS website](#). The password for new users is "navfac" (lower case). Additional information can be found at the 'Environmental' link or by calling 341-0523/0448.

## **Tax Assistance Center**

The [Tax Assistance Center \(TAC\)](#) provides tax preparation assistance to active duty service members and their dependents, retired service members and their dependents, and any reservists on active duty for more than 29 days during the 2012 tax filing season. This year, in accordance with guidance from the Chief of Naval Operations, Region Legal Service Office operated Tax Assistance Centers (TACs), will continue to offer self-service tax assistance preparation for all eligible customers with limited exceptions. Self-service allows individuals to file returns electronically using an online-based filing program, while receiving assistance as needed, from IRS trained TAC personnel. The TAC is located at Building B-30, 1776 Gilbert St., Norfolk, 1st Deck. Hours of operation will be from 0800 to 1600, Monday through Friday. The Quarterdeck number for questions and appointments is 444-9081. This site will accommodate walk-ins at self-service tax preparation terminals on a first-come, first-served basis and also provide one-on-one tax preparation services, which is limited to customers unable to use self-service terminals due to disability, by appointment only.

## **Ammunition and Hazardous Materials (AMHAZ) Handling Review Board**

The CNO schedule for AMHAZ review board visits has been released. Naval Station Norfolk is scheduled for 13-17 MAY. These review boards are comprised of senior DON headquarters safety personnel who work with local commands to achieve proper balance between operational readiness and acceptable levels of safety. Specific objectives include review of all factors pertinent to safety and environmentally compliant handling, storage, and transportation of explosives and ammunition at Navy and Marine Corps activities. More information will be provided as it is received.