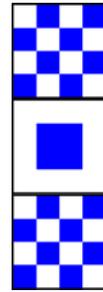




The July 2013

Navigator



Check out NSN on [Facebook](#) for updates and events! Search: Naval Station Norfolk

CO's Comments

Leadership,

The reduced man-power due to the upcoming furlough will reduce services and have a mission impact to our daily operations. Our goal is to lessen these negative impacts to your mission and personnel to the greatest extent possible. Good communication early and often as mission priorities change is essential to improving SA, efficiency and mission success. Attached is a list of service impacts that was sent out in the spring. Thank you for your engagement and continued support to NAVSTA Norfolk!
V/R, Killer

Events of Interest

- 2 Jul: "Keep What You've Earned" Rally – Coming Together to Make a Difference** (0900-1400, Parade Field)
- 3 Jul: EMWG/PB4T** (1000, B-30)
- 3 Jul: Monthly Giant Voice Test** (Noon)
- 4 Jul: Independence Day Holiday**
- 8 Jul: Due to furloughs Commissary closed on Mondays**
- 11 Jul: PSD Afloat CPC Meeting** (1000, W-130)
- 12 Jul: CNRMA Change of Command** (0900, LF-59)
- 12 Jul: Due to furloughs Navy College closed on Fridays**
- 15-19 Jul: Exercise Trident Warrior**
- 15-26 Jul: Drug Education for Youth Program**
- 16 Jul: White House Communications Agency Visit (0930, U-40)** Questions? Contact (202) 757-5150
- 19-21 Jul: Marriage Enrichment Retreat** POC 444-7654
- 25 Jul: PSD Afloat CPC Mtg** (1000, W-130)
- 26-28 Jul: Family Enrichment Retreat** POC: 444-7654

New Texting Law

Beginning 1 July, texting and driving in Virginia will be a primary offense, meaning police can pull drivers over specifically for this offense. Currently, Virginia law only allows police to pull a driver over for another offense, i.e. speeding, and then they can subsequently be able to ticket for texting. Again, this new law changes that. Additionally, the original \$20 fine is now increased to \$125 for the first violation and \$250 for the second violation for texting while driving.

Navy Housing Service Center

Beginning 1 July, the hours at the Navy Housing Service Center will change from 0730-1615 to 0730-1515.

Setting Boundaries –

Close the Door on Energy Waste

Doors let us in and out of the building, and in and out of spaces within the building. Most doors within the building are inside the air conditioning boundary, and can be left open unless they are designated as fire doors. But one way to save on heating and air conditioning is to close doors to spaces that aren't used much, like storage areas. If spaces have their own source of heat or A/C, set the thermostat to the most energy-saving position (down in winter (68 deg), up in summer (78 deg)). Consider turning systems off, if there's no chance water will freeze in the pipes within the space.

Obviously, exterior doors need to be closed when the heat or A/C is on.

It's especially important that large loading doors be closed when not actively in use, if the heat or A/C is on.

Base Decals

DoD Vehicle Decals will no longer be required for admittance onto Navy installations effective 1 July, to include Naval Station Norfolk and Craney Island.

Vehicles on Navy installations must continue to be licensed, registered, inspected, and insured in accordance with state and local laws. Personnel will continue to register all privately owned vehicles with the Naval Station Norfolk Pass and ID Office.

Adherence to policies directed in attached Naval message will be enforced through random vehicle inspections, routine traffic enforcement and random checks by gate sentry personnel. Failure to adhere to these regulations will result in denial of installation access.

Rental vehicles are not required to be registered with Pass and ID.

All motorcycle safety requirements and enforcement of state licensing, registration, insurance, and safety requirements will be enforced through random vehicle inspections and routine traffic enforcement. Motorcycle safety requirements will be enforced at all times onboard Naval Station Norfolk.

Parking onboard Naval Station Norfolk will continue in accordance with current practice. Violations can be reported to police dispatch at 444-2324. There are no changes to authorized parking areas.

HOT WEATHER ILLNESS PREVENTION

As we endure high humidity, and temperatures above 90 degrees, the following tips could prevent some health problems we may face: first, drink plenty of fluids, like water, juices or a sports drink. Avoid beverages like alcohol or caffeine, which dehydrates the body. Secondly, perform strenuous activity between 4 a.m. and 7 a.m., the coolest part of the day. The sun's rays are the strongest between 10 a.m. and 4 p.m. Thirdly, avoid excess exposure to the sun by taking frequent breaks, or staying at places with air conditioning. Finally, wear lightweight, light-colored clothing, wide-brimmed hat, and sunglasses for outdoor activity. Supervisor briefing resources on heat index and illness/injuries can be found on the below websites or by calling Sewells Point Safety Office at 322-2917/28.

[CDC](#), [Heat Index](#) for Naval Station Norfolk, Chart for [Heat Index Values](#), and [Air Quality](#).

Comments or feedback encouraged:

Contact [NSN PAO](#).

Visit our [Facebook Page!](#)

New Bachelor Quarters

Construction on Bachelor Quarters (P-123) is underway and will be completed in Jan. 2015. Located on the corner of Maryland and Dillingham, the new BQ will be a five-story residential building with 225 units. It is designed as a "market-style" apartment building and will provide 900 single Sailors a place to call home. The addition of this BQ will solve critical berthing shortages on board the installation and improve the quality of life for Sailors.

The project will include traffic improvements along Dillingham Blvd. to provide a more pedestrian friendly path to the waterfront and the straightening of Dillingham Blvd at Maryland Ave.