

Reporting Sailors,

Congratulations on your orders to Naval Station Norfolk! Let me be among the first to welcome you aboard this great command!

I am sure you are excited and possibly a little nervous about your upcoming transfer to Naval Station Norfolk and must have many questions and concerns about the command and the Hampton Roads area. As the Sponsor Coordinator for Naval Station Norfolk, I will be more than happy to answer all your questions or just further explain other items of concern. If I don't know the answer, I'll find out and get back to you right away. In the meantime, I recommend you check <http://www.militaryhomefront.dod.mil/moving> for information on planning your move and learning about your destination. In order to ensure a smooth and seamless transition of health care benefits, I recommend you contact the Naval Station Norfolk Branch Medical Clinic Health Benefits Advisor at (COMM) 314-6234/6235 or (DSN) 564-1616 X-6234.

If you arrive onboard between the hours of 0900 and 1400, Monday through Friday, you will need to report to the NSN Administrative Office on the first deck of Bldg. N-26 on Gilbert Street to receive your check-in sheet. If you arrive after working hours or on the weekend, you will need to report to the Quarterdeck of Bldg. N-26 to get your orders stamped and then report to the Admin Office on the next work day. The street address of Bldg. N-26 is 1530 Gilbert street, Norfolk Virginia 23508. By the time you check onboard you should already have a sponsor assigned who will help guide you through the check-in process. If you have not had a sponsor assigned or been contacted by your assigned sponsor, please call between 0730-1600 (Eastern Time) at (757) 445-6564.