



Life on NSA



# CHANGE of COMMAND

## NSA Mid-South Holds Ceremony

By MCI William Jamieson

Naval Support Activity Mid-South held a change of command ceremony at the Pat Thompson Convention Center on board NSA Mid-South, July 28.

Capt. Douglas H. Walker relieved Capt. Stephen M. Fimple as commanding officer of NSA Mid-South.

Rear Adm. Rickey Williamson, commander of Navy Region Midwest, gave the ceremony's keynote address.

"Command is the pinnacle achievement of an officer's career," said Williamson. "Captain Fimple has met every challenge with superb judgment, thorough planning and flawless execution. He has excelled in a culture that demands near-perfect performance."

Williamson presented Fimple with the Legion of Merit Medal as an end-of-tour award. Fimple said the award was a reflection of the hard work and diligence that was the hallmark of the NSA Mid-South team.

"This installation is a great place because of the pride and professionalism you [NSA Mid-South personnel] display in managing your individual programs," said Fimple. "I am able to wear this award because of you, and I truly appreciate everything you have accomplished in my time here."

Upon assuming command, Walker recognized Fimple's hard work and leadership throughout his tenure at NSA Mid-South.

"During his time here, Capt. Fimple has led a command that is leading the fleet in many

areas, from energy efficiency to standard of living initiatives," said Walker. "He has helped to make Naval Support Activity Mid-South one of the finest places, not just military installations, but places in the country to live and work. I know he is going to be a tough act to follow, but I'm going to do my very best to ensure the fine work he has overseen continues."

Walker went on to praise the Millington community for their continued support of NSA Mid-South.

"I am also very happy to work in a location with such a distinguished history of strong civilian community support for the armed services," said Walker. "The Mid-South cares about this base, they care about the people who work here and they care about the good you are doing for the Navy."

Prior to reporting to NSA Mid-South as Commanding Officer, Captain Walker was assigned as Operations Officer on board USS John C. Stennis (CVN 74) where he has deployed twice to the Arabian Gulf in support of Operations New Dawn and Enduring Freedom.

A part of the Navy Region Midwest and the Navy Installations Command, NSA Mid-South serves as the Navy's Human Resources Center of Excellence. Headquartered onboard NSA Mid-South are Navy Personnel Command, Navy Recruiting Command, the Navy Manpower Analysis Center, as well as the U.S. Army Corps of Engineers Finance Center. More than 7,500 military, civilian, and contract personnel are assigned/work on base.



Top: Capt. Douglas H. Walker, prospective commanding officer of Naval Support Activity (NSA) Mid-South, Capt. Stephen M. Fimple, commanding officer of NSA Mid-South, Rear Adm. Rickey Williamson, commander Navy Region Midwest, and Lt. David Mowbray, Navy chaplain salute the national ensign during the national anthem at the NSA Mid-South change of command ceremony. Above: Fimple, walks through sideboys at the NSA Mid-South Change of Command ceremony. Left: Walker, commanding officer of Naval Support Activity Mid-South, is pinned with the command ashore insignia by his wife Jennifer at the NSA Mid-South Change of Command Ceremony.

(Photos by MCI William Jamieson)

## Navy Chiefs Help Sailors and Civilians Shape Up with 200-Mile Club

By MCI William Jamieson

Sailors and civilians aboard Naval Support Activity Mid-South NSA are keeping in shape by participating in the Chief Petty Officer's Association (CPOA) 200-mile Club.

The CPOA 200-Mile Club is an organization open to any Sailor or Department of Defense civilian which rewards the effort it takes to walk or run 200 miles.

Senior Chief Personnel Specialist (SW/AW) Mike Wallace, CPOA 200-Mile Club founder said his goal was to create an organization that could help foster the Navy's culture of fitness while also recognizing those who go above and beyond.

"The Chief Petty Officers Association wanted the 200-Mile Club to be a motivational tool to encourage our Sailors and civilians to get out and get active," said Wallace. "This is not a race or competition. It is about getting out there and doing something for yourself as an individual at your pace, reaching your own goals."

The club has already attracted more than 120 members and is constantly adding more. Participants in the 200-



Capt. Donna Jefcoat poses with NSA Mid-South Chief Petty Officers after being awarded a t-shirt recognizing her as the first NSA Mid-South Sailor to reach 200 miles in the Chief Petty Officer's Association 200 Mile Club.

(Photo by MCI William Jamieson)

mile club either run or walk outside or on a treadmill and keep a log of their mileage. On Monday of each week, participants can report their mileage to their buildings 200-Mile club representative. Upon completion of their 200th mile, participants will receive a dry fit t-shirt with the 200-Mile Run Club graphic, their name will appear on the NSA Mid-South marquee and there will be an award presentation at the CPOA.

Wallace said he would like to see the program expand Navy wide.

"I think the 200-Mile club is just another example of Navy Chiefs leading from the front," said Wallace. "This could be a great benefit to any installation or command that wanted to take part. It is a great way for Chiefs to help take care of their people and to get

involved with the base community where they live and work. I highly recommend it."

The total miles are calculated each week and the top 25 participants are listed in the plan of the week. Capt.

Donna Jefcoat was the first Sailor on base to hit the 200 mile goal. She said the program was a great way to keep people motivated.

"This is a great effort by the Chief's Mess to provide a goal for people to help them maintain a healthy lifestyle," said Jefcoat. "I think it is a wonderful thing and applaud the chiefs for undertaking this type of program."

Individuals interested in the CPOA 200-Mile Club can contact their building representative, PSCS Mike Wallace at 874-4932 or ask a Chief.



## Shining Coin

During a Bureau of Naval Personnel (BUPERS)/Navy Personnel Command (NPC) virtual town hall meeting, Capt. Scott Sciretta, NPC executive assistant and commanding officer for enlisted personnel, presents a coin to Laurie Lee Gschwend, management analyst, Civilian Pay & Services, for her support leading to BUPERS/NPC winning the Federal Executive Association's Civilian Fitness Challenge this year.

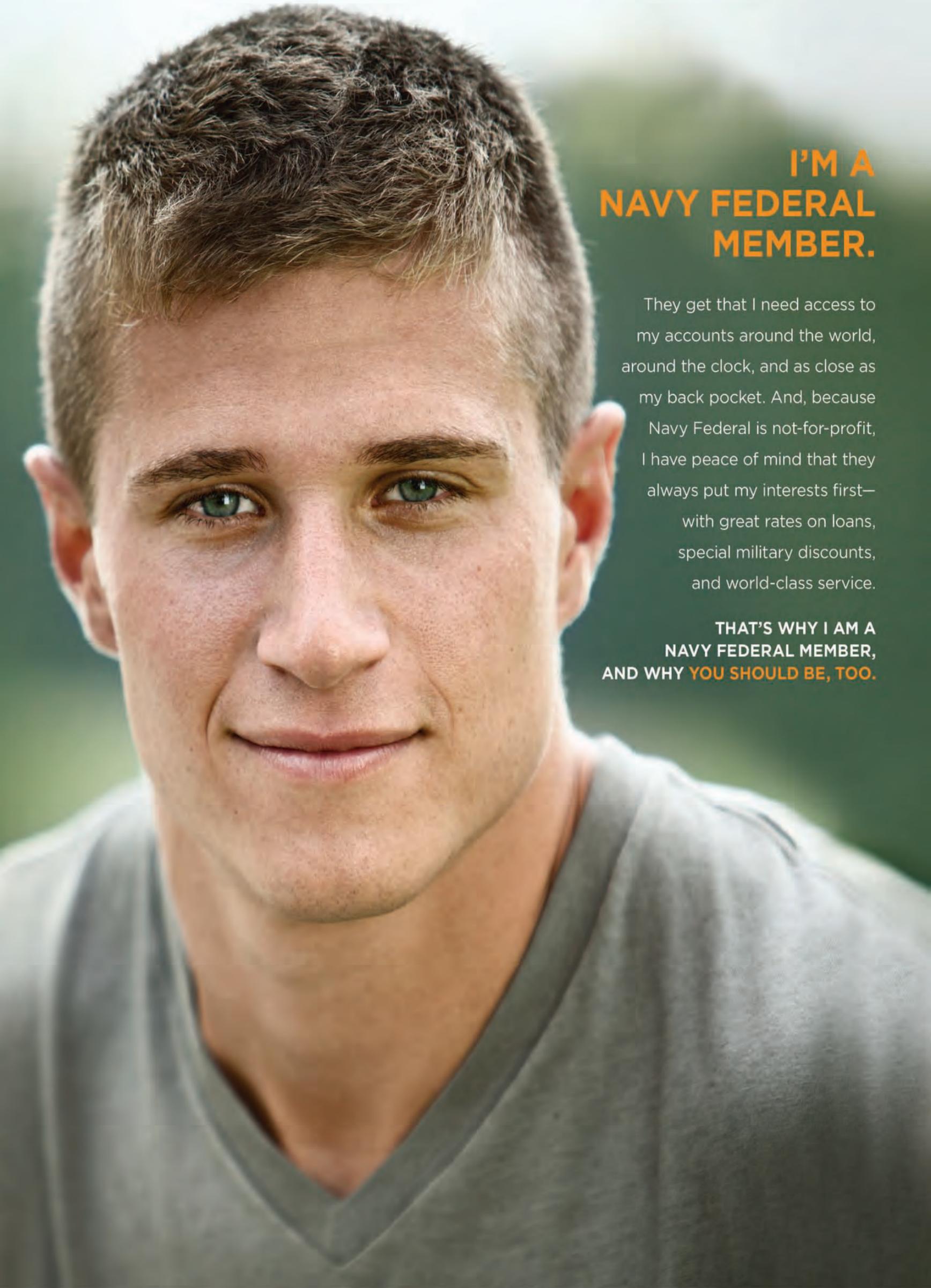
(Photo by MC2 Andrea Perez)

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## CALENDAR OF EVENTS

**Mid-South Commissary Tour by a registered Dietitian-** dates are available upon request. Go on a free 90-minute interactive tour of the DeCA commissary with a registered dietitian for inside tips on how to identify tasty, healthful food choices and discover popular food and marketing trends. To register call 874-6178. The Information, Tickets and Travel office (ITT) and, Navy Getaways has moved into the newly renovated Ellison Family Recreation Center (Bldg. S-499 |5671 McCain St.) Our hours of operation are Monday - Friday 11 am - 9 pm, Saturday and Sunday 2-9 pm and holidays 2-7 pm. Date for our grand opening remains to be announced. Updates to this information will be available online at [www.facebook.com/MillingtonITT](http://www.facebook.com/MillingtonITT).

**Domestic Violence Awareness-**The Memphis NCIS office is currently offering Domestic Violence Awareness Briefings for NSA Mid-South Commands. Interested Units and Commands should contact NCIS agent Chad Willie at 901-874-5387 to schedule a briefing.

**Insider Threat Counter Intelligence Briefing Opportunities-**The Memphis NCIS office is currently delivering "Insider Threat" Counter-Intelligence and Counter-Terrorism Briefings for NSA Mid-South Commands. Interested Units and Commands should contact Deborah Cross at 901-874-5387 to schedule a briefing by an NCIS Special Agent.

**Tobacco Cessation Classes-** (TBD) Monthly at Naval Branch Health Clinic. If you are unable to attend a class, individual appointments are also available. Call Beth McKinzie RN, CDE Health Promotion/Education at 874-6178 to register.

**Child abuse and Exploitation Briefings-** NSA NCIS office. Interested Units and Commands should contact Deborah Cross at 901-874-5387 to schedule a briefing by NCIS Special Agent Chad Willie.

**The Rock-** A teen bible study, every Sunday evening from 5:30 p.m. to 7:00 p.m. This is a FREE, basic religious instruction for the military teen. Free food and drinks provided. Join us for a fun and informative time at the NSA Mid-South Chapel Center. Please call 874-5341/7232 for more information.

**NSA Mid-South & MWR present "Summer Family Fun"**  
Millington Family YMCA Summer Membership May 25 thru September 3, 2013. Program is for Active Duty Military and their immediate family members only. Purchase your Millington Family YMCA "Summer Fun 2013" Membership at Joe Dugger Fitness and Sports Complex. Activation will take 2-5 business days. For more information call 901-874-5497. Updates to this information will be posted online at [www.facebook.com/navyfitnessmidsouth](http://www.facebook.com/navyfitnessmidsouth).

**Hands Only CPR Class** - One quarter of Americans say they've been in a situation where someone needed CPR. If you were one of them, would you know what to do? Studies have shown that being trained in hands-only CPR can make the lifesaving difference when someone suffers sudden cardiac arrest. If you are interested in completing this fifteen-minute manikin hands-on training, contact Clif Oliver at the NSA Safety Office 874-5398 to sign up for an upcoming class. Groups of six or more can request the training be brought to their worksite on base.

**At Eagle's Peak...** We'll have your food ready and at your table in a jiffy! Give us 24 hours notice and we will give you ...our Speedy Southern hospitality group service! To reserve tables and/or place an order for your group call 874-5415/5372 or send email to [marybalzell@navy.mil](mailto:marybalzell@navy.mil).

**At Eagle's Peak...** Every Friday 4-6 p.m. join us for Happy Hour. Come in for food, drinks and friendly conversation! For more information call 874-5415/5372 or send email to [marybalzell@navy.mil](mailto:marybalzell@navy.mil).

**At Eagle's Peak...** We'll have your food ready and at your table in a jiffy! Give us 24 hours notice and we will give you ...our Speedy Southern hospitality group service! To reserve tables and/or place an order for your group call 874-5425/5372 or send email to [marybalzell@navy.mil](mailto:marybalzell@navy.mil).

**Every Friday - Trivia Night at Eagles Peak.**  
Trivia night 7 - 9 p.m. Every Friday Night Team sign ups start at 7 p.m. (Teams 4-6 people.) Prizes awarded for 1st, 2nd and 3rd place teams. Grill open 6:30 - 9 p.m. Call 901) 874-5415 for more information.

**Every Wednesday and Thursday - Free Yoga Class**  
If you can breathe, you can do Yoga. Free Coed Lunch Break Yoga class will be held Wednesdays and Thursdays at Joe Dugger Fitness and Sports Complex. For more information call 874-5497 or visit [www.facebook.com/933Yoga](http://www.facebook.com/933Yoga).

**Every Thursday - The NSA Mid-South Toastmaster Club Meeting**  
The NSA Mid-South Toastmaster Club can help you: 1) become a better speaker and presenter, 2) communicate with more confidence, 3) develop better leadership skills, and 4) listen more effectively. All military and civilians are invited to be guests at our weekly meetings held Thursdays, 1135-1235, Whitten Bldg (791), Rm B102. For more information on the benefits of joining Toastmasters, please contact Julieanna Walker at 901-874-6898 or [Julieanna.walker@navy.mil](mailto:Julieanna.walker@navy.mil).

**Chief Petty Officer's Association 200 Mile Club** - Open to all NSA Mid-South personnel, both Military and Civilian. Log 200 miles running or walking to be officially recognized as a member of the 200 mile club and receive your 200 mile club T-shirt  
SEE: FCC ALLRED 874-5071 BLDG-S237  
FOR MORE INFORMATION AND TO JOIN  
\$5.00 REGISTRATION FEE

**Naval Support Activity Mid-South Food Drive** - Non-perishable canned goods are now being accepted through August 31, 2013 at the NSA Chapel Center. All donations will go to the Feeds Feeds Families Campaign to assist them in their fight to stop hunger across America. Contact the Chapel at 874-5341 for more information.

**Navy Exchange Hours Will Not Change**  
The current Navy Exchange hours will remain the same throughout the furlough period. These hours of operation are as follows:  
Monday through Friday: 0800-1900  
Saturday: 0900-1900  
Sunday: 1000 - 1700

**The NSA Mid-South Splash Park is open for the 2013 summer season.** The NSA Mid-South Splash Park is open 7 days a week 6 a.m. until sunset. The Splash Park provides the families of the NSA Mid-South community a place to gather and relax while children of all ages enjoy the water based activity during the hot summer days we experience here in the Mid-South. Splash Park is located near the baseball field just off Singleton Avenue.

**Watercolor 101 with Barrie Foster**  
Barrie Foster, a nationally award winning artist, will be teaching beginning adult (age 13 and older) watercolor classes at the Ellison Recreation Center on Wednesdays from 11 a.m. to 1 p.m. in the Ellison Family Recreation Center (Bldg. S-499 / 5671 McCain St.) No previous art experience necessary and no drawing! The class will explore all aspects of watercolor while having lots of fun! The cost of the 5 week course is \$60, payable to ITT Office in advance. Classes will be held: 11 a.m. - 1 p.m. Wednesdays (May 15, May 22, May 29, June 19, and June 26.) Class Updates to this information will be available online at <http://www.facebook.com/MillingtonITT>.

**Saturday August 3 - Millington Night at AutoZone Park with the Memphis Redbirds** 6:05 p.m. NSA Color Guard will be participating in this event. All base personnel will receive the Millington rate but they must contact Zach Smith at [Zach.smith@memphisredbirds.com](mailto:Zach.smith@memphisredbirds.com) or (901) 722-0286.

**Friday, August 23 - Mongolian BBQ dinner**  
Mongolian BBQ dinner special served Friday, August 23, 5 - 7:30 p.m. at the Helmsman Complex (bldg. S-760 | 7611 Singleton Ave.) Menu includes an array of meats, vegetables and sauces cooked to your liking served with rice and rolls. Choose ... turkey, pork, beef, shrimp, green cabbage, bean sprouts, water chestnuts, celery, red/green and white onions, bamboo shoots, snow peas, carrots, mushrooms, pineapple and jalapeno peppers. Cost: 85 cents per oz. Call (901) 874-5132 for more information.



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## Hammer Time

**PWD and CFS, the base operating support contractor, are establishing drainage points throughout the base to help with those roads and sidewalks that flood each time it rains. As a reminder, if you have any building concerns that can be handled via a Service Call, please contact your Command's Building Manager.**

### Retiree Corner

## Wounded Vet Reflects on Korean War 60 Years After Armistice

By Donna Miles  
American Forces Press Service

With plans to participate in ceremonies here tomorrow marking the 60th anniversary of the Korean War armistice agreement, a veteran who lost two limbs in the conflict said he's proud of what thousands who fought there accomplished -- and what those who followed in their footsteps have preserved.

Retired Army Col. William Weber was a young lieutenant when he arrived in Korea with the 187th Airborne Regiment Combat Team in August 1950, joining U.S. Marines on the ground in the bloody Battle of Seoul.

Five months after his deployment, Weber was severely wounded -- first by a strike that claimed his arm shortly before midnight on Feb. 15, 1951, and another attack several hours later that took his leg. He was evacuated to an Army hospital in Tokyo to be stabilized before his transfer to the Percy Jones Army Hospital in Battle Creek, Mich., one of three military facilities that specialized in amputee care.

Now approaching his 88th birthday, Weber still vividly recalls the frustration of prolonged ceasefire negotiations that started shortly after he medically evacuated from Korea dragged on for two years before the armistice was reached.

Half of the casualties of the war -- in which 36,574 U.S. troops died and another 103,284 were wounded -- occurred as the talks languished, Weber noted.

"It was a travesty of common sense on the part of the communists," he said. "They are the ones who delayed it because of demands they made and the hope that they could achieve politically what they couldn't achieve militarily."

Even today, 60 years after the United Nations, North Korea and China signed the armistice agreement, Weber expressed disappointment that the final peace treaty that was to follow within 60 days never materialized.

That has left the two Koreas still technically at war, and Weber expressed dismay over North Korean leader Kim Jong Un's public nullification of the armistice earlier this year.

Yet Weber is quick to note the significance of what he called "a significant benchmark of the 20th century."

"It was a catalyst that began the downfall of the attempt of communism to dominate the world," he said.

Weber, who served in World War II as well as Korea, sees a common thread.

"I like to remind people that World War II saved the world for democracy. Korea saved it from communism," he said. "That is where we drew a line in the sand as a free world, and indicated that we would not allow armed aggression to conquer a free people. And since that time, it never has. The world took a stance and it worked."

Yet like many of his Korean War comrades, Weber said, he remains perplexed that it remains known as "the Forgotten War."

"If you look at history books that teach children about American history, it is a three-paragraph war," he said. Most of what's written focuses not on the war itself, but on the controversy between then-President Harry S. Truman and Gen. Douglas MacArthur, he noted. Truman fired MacArthur as commander of U.N. military forces in South Korea in April 1951.

The United States was preoccupied during the Korean War, Weber said, still reveling as troops home from World War



II went to school, re-entered the job market and settled down to start families. "It was la-la land," he said.

The last thing most Americans wanted at the time was the distraction of another foreign war, particularly one that initially started as a "police action," he said.

Yet that police action escalated. At the height of the war, about a half-million U.S., United Nations and South Korean forces found themselves arrayed against 1.5 million Chinese and North Korean forces.

"Nowhere during World War II did American forces ever face as many enemies in such a short frontage as in Korea," Weber said. "It was the bloodiest foreign war in terms of the percentage of casualties we have ever fought."

Weber rattled off statistics to back up his claim: The chance of those serving being killed or wounded during World War I was 1 in 22; during World War II, 1 in 12; in Vietnam, 1 in 17.

"If you went to Korea, you stood one chance in nine of being killed or wounded," he said. "American [service members] died at the average rate of 1,000 a month and were wounded at the rate of 3,000 a month for 36 continuous months on a peninsula that was only 160 miles wide."

To help honor that sacrifice, Weber served nine years on the the presidentially appointed advisory board that led to the dedication of the Korean War Veterans Memorial on Washington's National Mall in 1995.

The memorial features 19 seven-foot-tall stainless steel soldiers on patrol, the wind blowing their ponchos as they move across the landscape.

But to Weber, who chairs the Korean War Veterans Memorial Foundation, the memorial honors those who served in Korea, but not who made the ultimate sacrifice.

He and many other Korean War veterans hope to one day erect a glass remembrance wall that lists those who died in the conflict.

"The American people have never been told the cost of that freedom [won in Korea]. Well, it is 36,574 dead and 103,284 wounded in 36 months of continuous, unbroken combat," Weber said. "You won't find anything like that anywhere in America's history of foreign wars."

Visiting South Korea for the first time since the war in 2002, Weber said he has no doubt that the sacrifices have paid off.

"I saw firsthand the amazing things the [South] Koreans have done with the freedom that we have enabled them to have," he said. "A population and a nation that was decimated has become the

12th-largest economy in the world."

Weber said he remains struck by the gratitude the South Korean people continue to show for those who came to their defense.

He noted, for example, the ongoing Korea Revisit Program, paid for by the South Korean government, which provides Korean War veterans free hotel rooms, meals and tours of Korea.

"It's an unbelievable thing, the respect and admiration they have for Americans and their U.N. counterparts because of what they did to save their country," he said.

With the average Korean War veteran now 84 years old, and the population declining by about 700 a day, Weber said, America's memory of the Korean War is likely to fade as well.

Even after tomorrow's commemoration, expected to draw thousands of the half-million living Korean veterans to the National Mall, Weber is pragmatic about what will follow.

"I predict with certainty that right after the 27th of July, the Korean War will fall back into the cracks of history again," he said.

What will keep it alive, he said, is the legacy left by those who fought in the Korean War and of the service of those who have continued to defend South Korea during the past six decades.

Since the signing of the armistice, North Korean attacks have killed 100 U.S. and more than 450 South Korean troops.

Today, 28,500 U.S. forces continue to serve in South Korea, standing shoulder-to-shoulder with their South Korean counterparts to provide security on the peninsula.

"They are trip wires," Weber said. Even with the South Korean Army now holding the demilitarized zone created by the armistice agreement, "the Americans are there, so the North Koreans know that if anything started, the United States would be involved," he said.

Together, they continue to demonstrate the commitment Webber and his fellow Korean War veterans made six decades ago, he said.

"You can take a good, hard look at what Korea is today and realize that, at one part of our history, we were responsible for that happening. We saved a free people and kept them free and gave them an opportunity to take advantage of their innate ability to progress as a nation," Weber said.

"One can't possibly look at the South Korea of today without accepting the fact that what we did there was justified and necessary," he said. "So you tell me: Why is it an unknown war in the id of American culture?"

Chaplain's Compass

Ultimate Authority

By Chaplain Dave Mowbray
NSA Mid-South Chaplain

Verse of the Week: "Everyone must submit himself to the governing authorities..."

As we continue examining Pastor Andy Stanley's "Seven Checkpoints..."

Freedom and God do not mix in most folks' minds—"Hey, isn't God a God of rules and regulations?"

Stanley argues that how we respond to God's authority will often determine how we respond to others—whether it's parents, bosses, or lawful authority.

But what does the world say about authority? For the most part, the world looks at authority as a joke.

Pop quiz: who were the freest people in history of world? Answer: Adam and Eve.

Our upbringing, culture and prejudices can really cloud this issue to the point that, when it comes to disobedience to God, we rarely count the cost.

some folks never grow through this. Like William Wallace in the movie Braveheart, they crave FREEDOM!

Through the eyes of faith, we understand that there is no such thing as absolute freedom. Not even for Jesus!



Getting things right with God may involve getting right with authority. (As an example, I've noticed teens that rebel against their parents will usually have a hard time feeling close to God.)

But if things don't fit into our plans, our desires, we feel justified to disobey. When tempted to do so, remember Paul's words in Romans 13 (above) and put the who before the what.

BUT ... that's not fair! Chaps, what about unjust authorities? What if I am told to do something

illegal or immoral?

Good point. If authority is somehow pushing us to do something immoral or illegal, then our greater allegiance is to God.

Daniel's response, also in Daniel 1, is a model for us today. He did three things: 1) He addressed the authority directly with his intention not to obey.

The real issue comes down to whether we trust God. Will God take care of me if I am obedient to authority? Can I trust God if I must oppose illegal or immoral authority?

Name That Tune: 1) "Thou silver moon with softer gleam..." 2) "To him that overcometh, a

crown of life shall be..."

3) "King of all days, oh so highly exalted..."

4) "We don't only sing, but we dance just as good as we walk"

5) Bonus: What song had the original name "Scrambled Eggs"?

What's Happening: NSA Mid-South Women's Summer Bible Study Kickoff!

Starting on Mondays beginning July 29 and through Aug 26, 6:30 pm - 8:00pm in the Chapel Center. We will be using a video series featuring Beth Moore, Jennifer Rothschild, Kay Arthur, Vicki Courtney, and Priscilla Shirer.

Chapel Bible Studies The chapel hosts a men's Bible study at 1130 each Thursday in the conference room.

Youth Bible Study Meets Sunday nights at 1730 in the Chapel Fellowship Hall. All teenagers are invited, and bring an appetite!

Ramadan The Muslim holiday of Ramadan began July 9th and ends August 8th. This is a month of religious obligation in which Muslims fast from food and drink

during the day.

Community Relations Projects Have a command community relations project in mind?

Let the chapel advertise and help you promote your event as you support our community.

Feds Feed Families This is a donation drive of non-perishables in support of our local food banks.

Answers to "Name That Tune" 1) All Creatures of our God and King - Christian Hymn 2) Stand up for Jesus - Christian Hymn

3) Here I am to Worship - Contemporary Christian Hymn 4) Tighen Up - Archie Bell and the Drells, Houston, TX, 5) Yesterday - The Beatles

You're Invited! There are many places of worship in the Millington and Memphis area. Make plans to attend and plug into the great community of faith here in the Mid-South.

You are always welcome to visit our interfaith service at the base chapel at 1000 each Sunday morning!

Another Injury-Rich Spin Around the Alphabet

July 2013 #3: Another Injury-Rich Spin Around the Alphabet

1. Welcome to the latest edition of the Summary of Mishaps. It's time for another installment of "Mishaps from A-to-Z" in which we document that fact that any time is a good time for risk management.

A. Algae, growing on the ground next to a building in Florida, and slipped on by a food-service worker who was walking to work one morning. Broken ankle.

B. Bottle of wine, fell off a shelf and onto the foot of a civilian worker in a commissary in North Carolina. Five weeks of LIMPDU.

C. Cymbals, analogy used in a mishap report to describe the two 5-pound weights that an E-6 corpsman in Florida was swinging back and forth when he slammed them on one of his fingers.

He had been trying to stretch his pectorals.

D. Doggy gate, being stepped over by an E-5 in California when he lost his balance. Four-inch cut on thigh.

F. Fishing spear, which a seaman was trying to make out of a piece of bamboo. His knife slipped and he gashed his hand.

G. Glass of water, carried by a sergeant when he tripped and fell while walking from his kitchen to his bedroom. Eleven stitches and a broken nose from the fall.

H. Horseshoe, being nailed onto a horse by an E-6 Seabee. The horse jerk-

ed its leg and ripped over the E-6's thumb.

K. Kitchen sink, being unclogged by a civilian firefighter in Virginia. Sprained wrist while pulling up on the plunger.

L. Lint trap on a dryer in a laundry room, being cleaned out by a seaman recruit. He cut his wrist on the trap's lip.

M. Mouse, chased by a civilian worker in a recreation room. Sprained ankle.

N. Nail gun, used by an E-5 equipment operator while building a shed at a firing range.

He got his hand in between the gun and the wood, and shot a nail into his finger.

O. Organized paintball, played by a lance corporal and some fellow Marines. He got shot in what we here at the Friday Funnies News Desk delicately refer to as the "groan area."

P. Peas, one box of, retrieved from a shelf by an E-3 hull maintenance technician underway on an amphib. Climbing down, he slipped, started to fall, grabbed on angle iron and pulled a muscle in his shoulder.

Q. Quick turn-around, attempted by a marine playing basketball.

Ruptured achilles.

R. Rubber rifle, which hit an E-5 student at a Navy school in the mouth during a simulated mass casualty event.

S. Spoon, wooden, placed too close to a burner by a sergeant.

When he grabbed it, he bumped the pot and dumped boiling water onto his foot, producing 1st and 2nd degree burns.

T. Toe, pierced by the barb on a fish that an E-7 builder had just caught. Fish unexpectedly got off the lure, landed on a seat, and flopped off onto the chief's foot.

V. Vise, carried by an E-3 down a p-way while underway on a carrier. He tried to shift it in his hands. The 25-pound vise slipped and landed on his finger.

W. Water bottle, onto which an E-4 electrician's mate was trying to carve his initials. His knife slipped and he stabbed himself in the thumb.

X. Xbox controller, in a box of other video game controllers.

The box was above a civilian employee's head, and also heavier than she anticipated. She strained her lower back jumping out of the way.

2. I have again failed in my quest to round out the entire alphabet. I couldn't find mishaps involving an eggplant, an icicle, a jump rope, underwear, a yam or a zebra. Sorry for this shortcoming, I'll try to do better next time.

In the meantime, if anyone is going on a safari, I've heard you can actually pet the zebras, they're real friendly. See you next week.

Clinic Corner

AUGUST BLUEJACKET

Week 1

August is Work Place Safety and Health month. Each year, approximately 6,000 employees in this country die from workplace injuries while another 50,000 die from illnesses caused by exposure to workplace hazards.

Injury is undisputedly the leading health and readiness threat to the armed forces. Injuries impose a greater ongoing negative impact on the health and readiness of the U.S. Armed Forces than any other category of medical complaint during peacetime and combat.

For all of us at desk jobs - safety is still a concern. Making sure your workspace fits your body will help you avoid work-related injuries, such as back strain and carpal tunnel syndrome.

1. Adjust your chair so that your feet rest flat on the floor. Chairs should provide good support for the

lower back. 2. Your keyboard and mouse should be located and inch or two from your thighs.

3. Your monitor should be no more than an arm's length away. The top of the monitor should be level with your eyes, and you shouldn't have to twist your neck to look at the monitor.

4. You should have room to stretch your legs. 5. For all workplace tasks, use the right tools for the job and keep them in good working order.

6. Your body will tell you when you are absorbing too much strain or pressure. If you end up stiff or sore after a type of work, those are signs that something in the workplace needs adjustment or redesign.

Your hands tingle or feel numb If it hurts to grip something You have swelling on your hands or wrists that doesn't quickly go away Your thumb hurts Your back hurts, or you feel pain in your legs.

2 Start a daily exercise program to improve your strength and flexibility. 3 Learn how to lift correctly.

Family Matters

Ombudsmen Make a Difference in the Lives of Navy Families

By Tim McGough
CNIC Fleet and Family Programs

If you're old enough, or perhaps you've been in the Navy for awhile, try to think back to 1970. That's the year when Admiral E.R. Zumwalt, Jr., then chief of Naval Operations, created the Navy Family Ombudsman Program.

ADM Zumwalt's Z-gram #24 from Sept. 14, 1970

SUBJ.: WIVES OMBUDSMAN

1. THE IMPORTANCE OF THE NAVY WIFE AS A MEMBER OF THE NAVY TEAM CANNOT BE OVER EMPHASIZED. ALTHOUGH THE WELFARE OF WIVES HAS ALWAYS BEEN OF GREAT CONCERN TO THE

NAVY IT HAS BEEN NOTED THAT THESE DEDICATED WOMEN HAVE NEVER HAD AN OFFICIAL REPRESENTATIVE TO EXPRESS THEIR VIEWS TO COMMANDING OFFICERS AND BASE COMMANDERS.

2. TO REMEDY THIS SITUATION ALL SHORE BASED COMMANDERS SHALL ESTABLISH PROCEDURES WHICH GIVE NAVY WIVES AN OPPORTUNITY TO PRESENT COMMENTS, VIEWPOINTS, AND SUGGESTIONS TO COMMANDING OFFICERS. IN PARTICULAR, SUCH PROCEDURES SHALL INCLUDE THE SELECTION OF A WIFE BY EACH LOCAL WIVES ORGANIZATION WHO WILL HAVE DIRECT ACCESS TO THE COMMANDING OFFICER.

THIS NAVY WIVES OMBUDSMAN CONCEPT SHALL REFLECT AND BUILD UPON RELATED ACTIVITIES IN EXISTING WIVES ORGANIZATIONS AND NAVY SERVICES AND

BENEFITS COUNCILS. WE HAVE EACH BEEN GETTING GOOD ADVICE FROM OUR OWN WIVES. LET'S LISTEN CAREFULLY TO AN OFFICIAL REPRESENTATIVE.

E. R. ZUMWALT, JR., ADMIRAL, U.S. NAVY, CHIEF OF NAVAL OPERATIONS.

If you notice the subject line above, Zumwalt's message says "Wives Ombudsman." Today the Ombudsmen Program, which is managed by Commander, Navy Installations Command, are made up of spouses (male and female), but they can also be parents or even active duty members through a waiver process, when a command is not able to find a spouse.

Without a doubt, Admiral Zumwalt had a great idea creating the Ombudsman Program, and families and service members have been enjoying the benefits and fruits of it ever since.

Today, when a command deploys, a Sailor goes on Temporary Assigned Duty, or fills an Individual Augmentee

billet, they leave behind a family who still needs information on their Sailor and the command.

That's where the ombudsman comes in. Navy families can turn to these volunteers on a range of issues; from information from the command - especially during deployments, to advice on family issues, or even where to get the best deals on household needs in town.

Ombudsmen keep service members and families informed and help promote healthy, self-reliant Navy families. These volunteers are appointed by the commanding officer, serving as an information link between command leadership and Navy families. But Ombudsmen aren't just picked and then let loose. They go through an initial training (16 hours of it) and then are offered monthly online training and local classes to aide in their mission and keep up-to-date on emerging issues.

issues, local quality of life improvement opportunities, and "good deals" around the community.

The command Ombudsman Program is shaped largely by the commanding officer's perceived needs of his or her command. Commanding officers appoint ombudsmen who then work under their guidance as they determine the priorities of the program, the roles and relationships of those involved in it, and the type and level of support it will receive.

Ombudsmen are volunteers - and getting dedicated, qualified candidates is always a challenge. Luckily, the CNIC

ombudsman registration rate has increased from 56 percent to 89 percent in just the last six months. CNIC also is proud of the many installations and regions that have already reached 100 percent in ombudsman registration.

If you're interested in volunteering, we encourage you to consider this important role and contact your service member's command or the local Fleet and Family Support Center's ombudsman coordinator at www.ffsp.navy.mil to volunteer.

Command ombudsmen are a vital part of CNIC's mission to ensure the fleet, fighter and family are served and ready for any contingency.

NAVY COLLEGE IS RELOCATING

The Navy College Office (NCO) along with Park University, Southern Illinois University, University of Arkansas, and Webster University will be relocating to new office and classroom spaces in Bldg. S-239.

Advertisement for a Free Veteran Cremation Seminar. Includes text: 'You are invited to a FREE VETERAN CREMATION SEMINAR. This is a short luncheon seminar (Only 1 1/2 hours, including your meal). Call today to RSVP for an upcoming seminar. Topics Covered Include: Myths about cremation, All the options with cremation, Why so many people are choosing cremation. Call 888-344-6653. You will be glad you did!'

Real estate advertisement for a home in Atoka/Brighton. Includes text: 'MUST SEE HOME IN ATOKA/BRIGHTON. GREAT DEAL IN SOUGHT AFTER COMMUNITY AND SCHOOLS. Large kitchen opens to spacious greatroom. Big workshop! Must see home in excellent condition. Newly painted exterior, new roof, large back yard. Nice view of patio & backyard. New tile and carpet! Large bathrooms. Walkin closets. Nice frige. Washer & dryer. \$113,000. ADARO REALTY. Mike Frizzell 901-485-3203'

 [www.facebook.com/NSAMidSouthMWR](http://www.facebook.com/NSAMidSouthMWR) 



**JOE DUGGER FITNESS AND SPORTS COMPLEX**  
 Bldg. S-499 (5671 McCain St.)  
 Monday thru Thursday 5 a.m. - 9 p.m.  
 Friday 5 a.m. - 7 p.m. Saturday 9 a.m. - 5 p.m.  
 Sundays and holidays 12 - 4 p.m.  
 Gear Issue 874-5497  
 Managers Office 874-5491

Active Duty and Reservist  
**YMCA Lap Swimming**  
 Supporting the Navy's Fitness Enhancement Program (FEP)  
 To participate in this program,  
**Active Duty and Reservist members (ONLY)**  
 will go to the Joe Dugger Fitness and Sports Complex (JDFSC)  
 and complete the registration form  
 to receive a YMCA Lap Swim Access Card.  
 This card will be valid from  
**October 1, 2012 and expire September 30, 2013.**  
 Questions or concerns?  
 MWR POC: Debra Howze  
 Fitness and Sports Division Head  
 901-508-1962 wk  
 debra.howze@navy.mil  
 YMCA:  
 Millington Family YMCA  
 901-873-1434 wk  
 901-873-1438 fax.

 **NavyFitnessMidSouth**



**Glen Eagle Golf Course**  
*Come Out and Play!*  
 6168 Attu St. Millington, TN 38053  
 Naval Support Activity Mid-South Millington  
 Pro shop • Rental Clubs • Putting Green • Driving Range  
 Call (901) 874-5168 for tee times and group bookings

**Eagle's Peak Grill**  
 Open 7 days a week 7 a.m.-1:30 p.m.  
 breakfast available 7 a.m.-10:30 a.m. only  
 Give us 24 hours notice and we will give you ...  
 our Southern hospitality group service!  
 To reserve a table and/or place an order for your group  
 call 874-5415/5372 or send email to marybalzell@navy.mil.

**Eagle's Peak Bar**  
 Open 7 days a week 10 a.m. - 8 p.m.  
 Open to the general public.  
 [www.facebook.com/eaglespeakbarandgrill](http://www.facebook.com/eaglespeakbarandgrill) 

NSA Mid-South & MWR present  
**Summer Fun**  
 Millington Family YMCA Summer Membership  
 May 25 thru September 3, 2013  
 Program is for Active Duty Military and their immediate family members only.

Summer membership will include:

- Indoor swimming pool, outdoor water park
- Sauna, steam room, whirlpool
- Kid zone/nursery/youth station
- Fit kids classes
- Free weights & techno gym circuit weights
- Fitness Orientation and evaluation
- Trekking
- Various aerobic classes (Pilates, abs, yoga, step, Y Cycle, Zumba, etc)
- Bikes, treadmills, stair climbers, cross trainers with touch screen technology.
- Family events
- Silver Sneakers, various Senior activities
- Healthy Living and Nutrition Topics; classroom education
- Diabetes and Chronic Disease Self Management Program

Fee based options available, but not included in summer membership:

- Swim lessons
- Private swim lessons
- Swim team
- Personal training
- Buddy training
- Smart cart grocery tours & diet analysis
- Summer Sports Program

Millington Family YMCA hours of operation

- Monday-Friday 5:30 am - 9:00 pm
- Saturday 7:00 am - 5:00 pm
- Sunday 1:00 am - 5:00 pm

"Summer Fun 2013" membership cost: (Millington Family YMCA only)

- \$199.00. Must be paid in full prior to membership activation

Purchase your Millington Family YMCA Summer Membership at:

- Joe Dugger Fitness and Sports Complex
- Questions? 901-874-5497; FAX 901-874-5657
- Cash, cashiers check, MasterCard; Visa
- If needed: 3 easy payments are available!
- Activation will take 3-5 business days.

Joe Dugger Fitness and Sports Complex will notify the member once YMCA is ready for membership processing.

**MILLINGTON NIGHT WITH THE REDBIRDS**  
 Saturday, August 3rd @ 6:05 pm

**MILLINGTON NIGHT INCLUDES**

Welcome to the Big East Night!

- Gates to the stadium open at 5 pm and first pitch is at 6:05 pm for a night of baseball!
- Fireworks following the game!

Location	Box Office Price	Millington Price
Dugout	\$19	\$14
Field Box	\$16	\$10
Reserved	\$13	\$8



**TO RESERVE TICKETS**  
 Contest: Zach Smith at (901)722-0286  
[Zach.smith@memphisredbirds.com](mailto:Zach.smith@memphisredbirds.com)  
 Fax: (901) 328-1102



**NORTH-82 GYM**  
 Sports and Fitness Complex  
 Bldg. N-82 | 7915 Memphis Ave. | 874-5188

Monday & Wednesday  
 0600 - 0900/1100 - 1330/1600 - 1900  
 Tuesday, Thursday & Friday  
 0600 - 0900/1100 - 1330  
 Saturday 1200 - 1600  
 Sunday and holidays Closed

 **NSAMidSouthSports**

MAY 28 - JULY 31, 2013 SCHEDULE

**Yoga @ Joe Dugger**

Free Coed/Beginners Yoga Classes  
 Tuesdays from 4:30 p.m. to 5:30 p.m.  
 (instructor: Robin)

Wednesdays from 12:00 noon to 12:30 p.m.  
 (instructor: Robin)

Thursdays from 4:30 p.m. to 5:30 p.m.  
 (instructor: Eileen)

Subs: July 17/Eileen

For more information, call 874-5497

For more information on Robin's classes, visit [www.facebook.com/9333Yoga](http://www.facebook.com/9333Yoga)

For more information on Eileen's classes, email her at [yogiek@gmail.com](mailto:yogiek@gmail.com)



NSA MID-SOUTH  
**SPLASH PARK**

Open 0600 - Sunset  
 7 days a week



**ARE YOU READY FOR SOME FOOTBALL?**



It's time to start putting our rosters together for the 2013 Intramural Flag Football Season!!

More exciting details to follow next week.  
 For more information N82 Gym quarterdeck 901-874-5188

Have you ever wondered...  
 What it feels like to have the wind beneath your wings?  
 Here's your chance to find out!

Enjoy the sights and sounds or stop over on your cross-country for some hangar time. The Memphis Navy Flying Club offers flight training at extremely competitive rates, whether you are just getting started or are a seasoned pilot already. Flight instructors are available by appointment throughout the week and on weekends.

The Club office is located just off the airfield at Millington Municipal Airport in building N-110 on Eniwetok St. For more information, please contact the MWR Department or leave a voice mail message at 901-874-7793.

Lazy Anchor Saddle Club  
 2013 Show Year



Our 2013 Point Shows Are:  
 June 1, 15  
 August 17, 31st (DP show)  
 Sept. 14, 28  
 Oct. 12

If show cancelled due to weather, the following Saturday will be make up show.

Shows start @ 7:00 pm, weather permitting. In the event of show canceling, please call Ranch house, Ann @ 601-6032 or Julie Walker 835-6076



**SAMUEL ADAMS PUB**

FREE WIFI & Navy Network connection too!

Menu  
 Smokey Brat- \$2.25  
 Cheesy Brat- \$2.25  
 Char broiled Cheeseburger- \$2.75.  
 Chef Salad- \$7.50.

located at East end of Bldg. S-449  
 Open 7 days a week 4- 10 p.m.

 /NSAMidSouthSamAdamsPub

 [www.facebook.com/NSAMidSouthMWR](http://www.facebook.com/NSAMidSouthMWR) 

- MOVIE THEATER
- BIG SCREEN TV
- GAMES
- FREE WIFI
- VACATION PLANNING
- DISCOUNT TICKETS
- REC LODGING
- AND MORE!

# Ellison

Recreation Center

MWR LIBERTY NAVY Getaways ITT CNIC

(901) 874-5496 Bldg. S-499 (5671 McCain St.)  
 Monday - Friday 11 am - 9 pm  
 Saturday and Sunday 2-9 pm  
 holidays 2-7 pm.

 **ARMED FORCES VACATION CLUB**  
 7 DAYS FOR \$369\* USD FOR MEMBERS ONLY

Visit [www.afvclub.com](http://www.afvclub.com) or stop by the ITT office  
 To make a reservation call 1-800-724-9988 and give the them the NSA Mid-South AFVC installation code #170.



**Discount tickets for Graceland**  
 Experience the magic of Elvis with a tour of Graceland. For more information call (901) 332-3322 or visit [www.elvis.com](http://www.elvis.com).  
**Combo tour (the mansion, auto museum, custom jets and the Sincerely Elvis Exhibit)**  
 Platinum - Adult \$31.00  
 Platinum - Child \$16.00 (7-12 yrs)  
 Regular ticket (mansion only)  
 Mansion only - Adult \$27.00  
 Mansion only - Child \$13.00 (7-12 yrs)



**Malco Movie Vouchers**  
 Treat the whole gang to a movie. VIP vouchers good for any movie anytime. Visit [www.malco.com](http://www.malco.com) for theater show times.  
 Admission Vouchers - \$8.50  
 Concession Combo pass (free refills) \$8.50

**Pink Palace Museum**  
 Tennessee's most visited museum is located in the heart of Memphis. A regional natural history, science and cultural museum, Crew Training International IMAX Theatre.  
 Imax & Exhibits General Admission Adults - \$11  
 Imax Only General Admission Adults - \$6.50

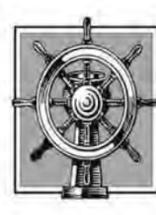


**The Memphis Zoo**  
 Closed some holidays. Tour length up to 3 hours. Last admission is one hour before closing. A must see attraction for every family to explore. See Cat Country, Primate Canyon, Animals of the Night, Once Upon a Farm, Tropical Bird House and so much more. For more information call (901) 276-WILD  
 Memphis Zoo - Adult \$13.00  
 Memphis Zoo - Child \$9.00 (2-11 yrs)

**NAVY Getaways**  
 Navy Recreational Lodging and Campgrounds Reservations Center  
[www.dodlodging.net](http://www.dodlodging.net)  
 (901) 874-5496.

**ITT**  
 INFORMATION LIBERTY & TRAVEL  
 (901) 874-5652/5455  
 1-800-779-4252  
[www.facebook.com/MillingtonITT](http://www.facebook.com/MillingtonITT)

Ellison Family Recreation Center Bldg. S-499 (5671 McCain St.) (901) 874-5496.  
 Monday - Friday 1100 - 2100 | Saturday and Sunday 1400 - 2100

 *at the*  
**HELMSMAN COMPLEX**  
 Bldg. S-760 Navy Mid-South....for information call 874-5132

Join us in the  
**Seven Seas Dining room**

**We're bigger and better than ever!**  
**Lunch served**  
 Monday - Friday 11 a.m.-1:30 p.m.

It's a great time to play!



It's a great time to play Bingo! Bring your friends and family for a night of fun and excitement. Cash bar and food service available each night. The MWR bingo program is open to all MWR authorized patrons. MWR authorized patrons are defined as all personnel who live and work onboard Navy Mid-South as well as Active Duty, Retired, and Reserve Military Personnel, Naval Support Activity Mid-South civilian personnel and their family members. Patrons must be 18 years of age to attend. Bingo is played in the Helmsman Complex (bldg. S-760) Navy Mid-South. For more information call 874-5443.

Fri., Aug. 2 1-4 on regular program \$200.00  
 Wed., Aug. 7 free 20 oz soda with dinner purchase  
 Fri., Aug. 9 5-8 on regular program \$200.00  
 Wed., Aug. 14 free ice cream at half time  
 Fri., Aug. 16 9-12 on regular program \$200.00

**Champagne Brunch**  
 Sunday, August 18  
 11 a.m. - 1 p.m.  
 Menu includes  
 carved top round of beef au jus,  
 southern fried chicken,  
 Broiled tilapia,  
 whipped potatoes with gravy,  
 country style green beans  
 Broccoli casserole, Creamed corn  
 scrambled eggs, sausage links,  
 bacon, grits, French toast,  
 soup and salad bar, dessert bar,  
 coffee, tea, orange juice, and champagne  
 (must be 21 years of age to be served Champagne)  
 Adults \$10.50  
 Children age 5-10 \$5.75  
 Children 4 and younger eat free

**Mongolian BBQ**  
 Friday, Aug. 23  
 5-7:30 p.m. in Oaks Dining Room  
 An array of meats, vegetables and sauces cooked to your liking served with rice and rolls. Choose ... turkey, pork, beef, shrimp, green cabbage, bean sprouts, water chestnuts, celery, red/green and white onions, bamboo shoots, snow peas, carrots, mushrooms, pineapple and jalapeno peppers.  
 Cost: 85 cents per oz.

**MWR DINING & EVENT HIGHLIGHTS!**

AUGUST 1-10, 2013 **MWR**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p><b>Movie Birthday Party Package</b>                  Celebrate your birthday with us!                  2 1/2 hour birthday party package includes:                  Table &amp; chairs set up in designated area for the party decorated with plastic table coverings (red, blue, pink or yellow) and 12 helium balloons.                  A G-Rated Movie will be scheduled in the 36-seat movie theater.                  Chaperones are responsible for maintaining control of party attendees.                  Birthday party scheduling is based on availability.                  Cost \$45 - for a Saturday party at 2:30 or 4:30.                  Ellison Family Recreation Center (901) 874-5455 Bldg. S-499 (5671 McCain St.)</p>				<p><b>Helmsman Lunch Buffet 1</b>                  Carved roast beef                  Carved pit smoked ham  <b>Eagle's Peak Lunch Special</b>                  Spaghetti, side salad or slaw, garlic bread and drink \$7.50</p>	<p><b>Helmsman Lunch Buffet 2</b>                  Fried catfish                  Lemon pepper broiled fish  <b>Eagle's Peak Lunch Special</b>                  Catfish, White Beans, Slaw, Hush-puppies and drink \$8.00</p>	<p><b>COED YOGA @ Joe Dugger</b>                  4:30 p.m.-5:30 p.m.                  Ellison Family Recreation Center                  Free movie in Cinema 36                  1830 Dr. Suess' The Lorax (PG)</p>	<p><b>FAMILY MOVIE MATINEES!!</b>                  Ellison Family Recreation Center                  Free movies in Cinema 36                  1430 Title to be announced                  1630 Diary of Wimpy Kid: Rodrick Rules (PG)                  1830 Tyler Perry's Peeples (PG-13)</p>
<p><b>Helmsman Plated Lunch 4</b>                  Hand battered chicken strip                  French fries  <b>Eagle's Peak Lunch Special</b>                  Grilled Roast Beef Reuben, fries and drink \$7.50</p>	<p><b>Helmsman Plated Lunch 5</b>                  Bacon cheeseburger on a pretzel bun  <b>Eagle's Peak Lunch Special</b>                  Taco Salad, Refried Beans and drink \$7.00</p>	<p><b>Helmsman Plated Lunch 6</b>                  Bacon cheeseburger on a pretzel bun  <b>Eagle's Peak Lunch Special</b>                  Taco Salad, Refried Beans and drink \$7.00</p>	<p><b>Helmsman Lunch Buffet 7</b>                  Southern fried chicken                  Liver and onions  <b>Eagle's Peak Lunch Special</b>                  BBO                  Bun, Baked Beans, Slaw and drink or Nachos, Cheddar Cheese Sauce, condiments and drink  <b>COED YOGA @ Joe Dugger</b>                  12:00 noon - 12:30 p.m.                  Helmsman Complex</p>	<p><b>Helmsman Lunch Buffet 8</b>                  Carved roast beef                  Carved pit smoked ham  <b>Eagle's Peak Lunch Special</b>                  Spaghetti, side salad or slaw, garlic bread and drink \$7.50</p>	<p><b>Helmsman Lunch Buffet 9</b>                  Fried catfish                  Red beans &amp; rice  <b>Eagle's Peak Lunch Special</b>                  Catfish, White Beans, Slaw, Hush-puppies and drink \$8.00</p>	<p><b>FAMILY MOVIE MATINEES!!</b>                  Ellison Family Recreation Center                  Free movies in Cinema 36                  1430 Title to be announced                  1630 Title to be announced                  1830 Title to be announced</p>	



# HOMER SKELTON

# WOLFCHASE HYUNDAI

## hyundaiwolfchase.com

### NEW 2013 HYUNDAI ACCENT

Auto, PW/PL, #D914, MSRP: \$17099

\$16235 or

**\$246/mo**



### NEW 2013 HYUNDAI VELOSTER

Manual, PW/PL, #D1000, MSRP: \$18979



\$17874 or

**\$271/mo**



### NEW 2013 HYUNDAI ELANTRA GT

Auto, PW/PL, #D687, MSRP: \$20265



\$18606 or

**\$282/mo**



### NEW 2013 HYUNDAI ELANTRA

Manual, PW/PL, #D834, MSRP: \$20148



\$18973 or

**\$287/mo**



### NEW 2013 HYUNDAI TUCSON

Auto, PW/PL, #D900, MSRP: \$24180



\$22660 or

**\$343/mo**



### NEW 2012 HYUNDAI SONATA HYBRID

Auto, PW/PL, #C988, MSRP: \$26775



\$22950 or

**\$347/mo**



### NEW 2012 HYUNDAI AZERA

Auto, PW/PL, #CR0045, MSRP: \$37160



\$33168 or

**\$502/mo**



### NEW 2013 HYUNDAI SONATA

Auto, PW/PL, #D764, MSRP: \$22743

\$21221 or

**\$321/mo**



Homer Skelton  
**WOLFCHASE HYUNDAI**

7727 HIGHWAY 64  
MEMPHIS, TN 38133  
**901.435.9400**

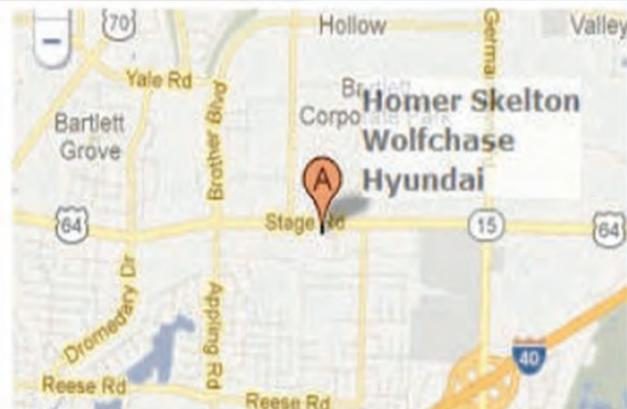
**HYUNDAI**

**100,000**  
REASONS EVENT

America's Best Warranty  
10-Year/100,000-Mile  
Powertrain Limited Warranty

**HYUNDAI**  
Assurance

**HYUNDAI**



Price plus TT&L. Includes \$399 doc fee. Pictures for illustration purposes only. See dealer for details. Payments based on 72 Months @ 2.99% APR WAC. MPG reference Honda USA.

# Women's Equality Day

August 26<sup>th</sup>

# JOIN

# VOTES FOR WOMEN

## Women's Equality Day

w/ Special Guests

### Memphis Belle Unit 151

**WHEN: 26 August 2013**  
**WHERE: Base Chapel, Fellowship Hall**  
**TIME: 1100 - 1230**

w/ Light Refreshments

**AHDC**  
 NSA MIDSOUTH  
 AMERICAN HERITAGE AND DIVERSITY COMMITTEE

# Hagel Praises, Thanks Korean War Veterans

American Forces Press Service

Washington as we commemorate the 60th anniversary of the armistice that ended the Korean War. Korean War veterans stepped forward to serve at a defining time in our history, and they deserve our thanks. They liberated millions of people from tyranny and helped forge a strong and lasting partnership with the Republic of Korea -- one that has endured for more than six decades because of our shared values and shared sacrifice. In remembering the end of the Korean War, we also commemorate the beginning of a new era in the history of the region -- a period of unprecedented growth, security, and prosperity. The United States remains committed to ensuring peace and stability on the Korean Peninsula. More than 28,000 American soldiers, sailors, airmen and Marines serve in Korea today, and just as Korean War veterans held the line from Pusan to Panmunjom, so too do these current-day defenders stand ready to help guard freedom as well as promote peace and prosperity on the Korean Peninsula and throughout East Asia.

## New Online Program to Help Adults Finish Bachelor's Degrees

### Undergraduate Completion Aimed at Adults and Military Members who Started College

Webster University recently launched an Online Undergraduate Degree Completion program designed for adults who've attended college but not completed a bachelor's degree. Students accepted into the program can choose from four majors: business intelligence technologies, management, media communications, and religion and global society. Applications are currently being accepted with classes starting in the fall. "The are many employment studies showing that a BA degree gives employees a competitive advantage over those who've not finished their degree," says Dr. Joey Edwards, director at Webster University's Millington campus. "Many adults intend to finish their degree, but things happen along the way with family concerns, employment issues or redeployment while serving in the military. The online program allows people to pick up where they left off and finish their degrees." The Online Undergraduate Degree Completion program is for people who've completed an associate of arts degree or have 64 or more credit hours of college work. Qualifying credits earned can be transferred to Webster to meet general education requirements. Webster has a long history of reaching out to non-traditional college students. The non-profit, private university has served the needs of working adults worldwide since the 1970s through a network of campus locations in more than 60 cities on four continents. It was a pioneer in developing online courses beginning in 1999. For more information on Webster's Online Undergraduate Degree Completion program, visit <http://www.webster.edu/online/online-degree-comp.html> or call the Millington campus at 873-1565.

## Summer RENT SPECIALS

**FORESTCITY MILITARY COMMUNITIES MID-SOUTH**

We welcome all Active Duty Military, Single Sailors, Military Retirees, DoD Employees, and Qualified Contractors.

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