



# THE BLUEJACKET



P.3 **RIDE TO WORK**

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## Park University

PARKVILLE, MISSOURI

**Conferring of Degrees Dr. Penelope DeJong, Program Chair for the School of Business Park University, Parkville, MO**

**Associate of Science in Criminal Justice Administration**  
Cassius Davis\*  
Bernadoe Dean\*  
Ronald Smith\*  
Stephen Zoudlick\*

**Associate of Science in Management**

Romeo Abano\*  
Larry Aldridge\*  
Valesia Allen\*  
Sean Avaloy\*  
Ryan Birkhimer\*

Patricia Boothe\*  
Sean Bounds\*  
Julian Brittingham\*  
Joseph Craft\*  
Wade Dych\*  
Joseph Espinosa\*

Albert Gonzales\*  
Kelvin Grant\*  
Romey Green\*  
Thomas Gustin\*

Greg Harris\*  
Norman Leggett\*

Terry Love\*  
Angela Money\*

Matthew Olney\*  
Gregory Olson\*

LoRetta Parrish\*  
Alicia Potter\*  
Elsa Renda\*  
Daryl Roberts\*

Anthony Robinson\*  
Marcelino Rosich\*  
Raul Santospieve\*  
Derrick Shorter\*

Chad Tacito\*  
Albert Triana Jr.\*

Ryan Waldorf\*  
Colin West\*  
Ashley Woodall\*

**Associate of Science in Management (Distance Learning)**

Hudson, Nicole

**Associate of Science in Information Computer Science (Distance Learning)**

Kumash, Joshi\*

**Bachelor of Science in Criminal Justice- Corrections**

Kym Ephriam

**Bachelor of Science Criminal Justice-Law Enforcement**

Kirk Anderson\*  
Danielle Bradby\*  
Marianna Glass\*

Tyrone Moss\*  
Renee Tate+\*

**Bachelor of Science in Management**

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Kevin Bigham+\*  
Daryl Bing+\*  
James Brickley+\*  
Shelly Burrow+\*

Alaina Eblen+\*  
George Edwards+\*  
Anton Fitz\*

Commanding Officer..... Capt. Steve Fimple  
Executive Officer ..... Cmdr. Brad Meeks  
Editor..... MCI William Jamieson

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LaTanya Harris+\*  
Alan Hewlett+\*  
Justin Macartney\*  
Raul Santospieve+\*  
Edna Shannon\*  
James Solomon+\*  
Trevin Stevenson\*  
Freidell Thomas\*

Heather Walter+  
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Stephanie Silva (Hunter)+\*

**Bachelor of Science in Management / Computer Information Systems**

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Craig Knighton\*  
Dawn Lipsett\*  
George Plowden\*  
Antoine Sharp\*  
Colin West+\*

**Bachelor of Science Degree in Management/ Finance**

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**Bachelor of Science Degree in Management/ Human Resources**

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Craig Smith+\*  
Gregory Tiner+\*  
Christopher Webb\*

**Bachelor of Science in Management/ Marketing**

Dennis Irwin+\*  
Daniel McCoy+\*  
Mikeya Vance\* -

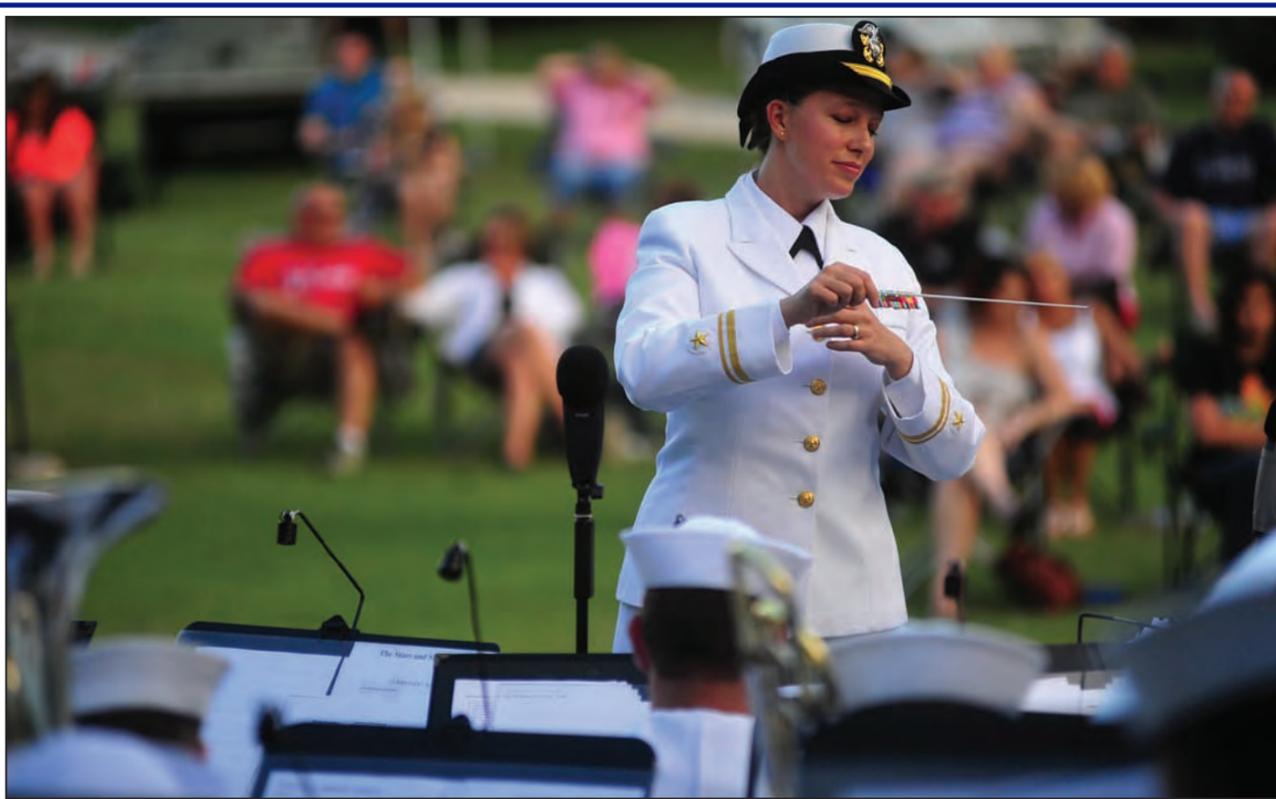
**Bachelor of Science in Management/ Marketing (Distance Learning)**

**Dual Major Bachelor of Science in Management and Management / Human Resources**

Jon Davis+\*  
Charles Hazzard+\*  
Deonte King+\*

**Dual Major Bachelor of Science in Management Finance and Management/ Human Resources**

Charles Atkinson+\*  
Carolyn Dees+\*  
Everine Johnson\*



**Top: Lt. j.g. Kelly Cartwright conducts Navy Band Mid-South during Battle of Midway commemoration concert at Naval Support Activity Mid-South. Above: Capt. Stephen Fimple, commanding officer of Naval Support Activity Mid-South (NSAMS), speaks in front of the Navy Band Mid-South during the Battle of Midway commemoration concert at NSAMS.**  
(Photos by MC2(SW/AW) William Jamieson)

## NSA Mid-South Commemorates the Battle of Midway

By MC2 William Jamieson  
*The Bluejacket*

Naval Support Activity Mid-South hosted a Battle of Midway Commemoration concert as part of the Concert on the Greens series June 7.

The Battle of Midway took place June 4-7, 1942, and is regarded as a critical turning point in the Pacific during World War II.

The U.S. Navy carrier strike forces defeated an Imperial Japanese navy carrier task force and prevented the Japanese from capturing Midway Island.

During the concert, Navy Band Mid-South performed patriotic songs interspersed with readings from guest speakers which told the story of the historic battle of Midway.

As part of his opening remarks, Capt. Stephen Fimple, commanding officer of Naval Support Activity Mid-South, said the battle of Midway changed the course of American and naval history.

"We owe a huge debt of gratitude to those who fought and died in the battle of Midway," said Fimple. "All of our lives could have been very different had they not answered the call. It is a credit to those commanders and Sailors that we are all able to be here today."

Throughout the commemoration, The

Navy Band Mid-South played songs such as Hymn to the Fallen, Midway March, Going Home and Taps.

During the playing of Taps, Senior Chief Mass Communications Specialist Tom Jones recognized World War II veterans in attendance.

"Words cannot express our nation's gratitude for the extraordinary service of our World War II veterans and those who participated in the Battle of Midway," said Jones. "Ladies and gentlemen, please join me in acknowledging these men for what they accomplished for our nation."

God bless these heroes of the Battle of Midway and watch over our Sailors, Soldiers, Airmen and Marines who today stand watch, who today stand in harm's way around the world defending our great nation, the United States of America.

Until June 4, 1942, the Imperial Japanese Navy dominated the Pacific.

Their plan to cripple the remaining carrier forces of the U.S. Pacific Fleet and capture Midway was to serve as a stepping stone for future attacks on U.S. homeland soil.

During the battle, America lost the carrier USS Yorktown (CV 10), destroyer USS Hammann (DD 412), 145 planes, and 307 brave men, but the Japanese navy would never again regain the offensive in the war against the United States.

### Life on NSA

# NPC Sailor Recognized as Hall of Fame Dad

By MC2 Andrea Perez  
*Navy Personnel Command Public Office*

Memphis Mayor A. C. Wharton Jr. is slated to present an award to a Mid-South Sailor, June 15 at the 3rd Annual Memphis Training Camp for Dads.

"I feel humbled and grateful beyond words," said Chief Information Systems Technician (SW) Jeffrey Bryant, Navy Personnel Command (NPC). "This is without a doubt the highest award I have ever received, but I know that without my wife Sonia guiding me and being there for my son on a daily basis and when I'm underway that I would have never been able to be the dad that I am."

Bryant is a detailer and works in the Enlisted Information Operations and Intelligence Assignment branch. He was chosen as the Hall of Fame Dad for his extraordinary dedication and love for his family.

"My son is diagnosed with Autism and has been the soul of my life since he was born. Seeing the challenges and obstacles that he must overcome daily inspires me to do everything that I can in life to the fullest and support him and be there for him," said Bryant. "I believe I was chosen as a Hall of Fame Dad because every day I wake up to be there for my son and put him and my family first, before anything else in life."



**Chief Information Systems Technician (SW) Jeffrey Bryant; Navy Personnel Command (NPC); will be recognized as a Hall of Fame Dad at the 3rd Annual Memphis Training Camp for Dads; June 15; Memphis Mayor A. C. Wharton Jr. is slated to present an award to Bryant at the event; which celebrates fatherhood and teaches individuals to be the best father possible through a series of workshops and classes.**  
(Photo by MC2nd Andrea Perez)

The Memphis Training Camp for Dads celebrates fatherhood and is designed for those interested in learning ways to be the best father possible. After a morning of workshops and classes, individuals who have been nominated as

great fathers, role models, and patriachs in the community are recognized at the Hall of Fame Luncheon.

"The little advice I have is to treat your child like you wished you would have been treated," said

Bryant. "Cherish each and every day with your child and hug and love them daily and spend as much quality time together as possible."

For more news from NPC, visit [www.navy.mil/local/npc/](http://www.navy.mil/local/npc/).

Send us your comments to [mill\\_nsa\\_bluejacket@navy.mil](mailto:mill_nsa_bluejacket@navy.mil)

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# NSA Mid-South CPO 365 Participates in COMREL

By Aviation Electronics Technician 1st Class Kirk Killian  
Naval Manpower Analysis Center Millington

Chief Petty Officers (CPOs) and first class petty officers from Naval Support Activity Millington CPO 365 program participated in a community service (COMSERV) project to place flags at the graves of Memphis National Cemetery May 25.

During the event Sailors from Naval Personnel Command, Commander Naval Recruiting Command, Bureau of Naval Personnel, Naval Manpower Analysis Center and Naval Support Activity Millington supported the Boys Scouts of America to place 46,000 flags at grave sites, CPO 365 team assisted the effort by placing 3000 individual flags within the Cemetery.

"I feel like I am fulfilling duty as a service member to honor those that have gone before me," Said Master at Arms First Class Orié Maniece, who has participated in Memorial Day events while deployed at Rhone American



Cemetery in France, Mighty Mo in Pearl Harbor and last year in Kabul Afghanistan. "Every year wherever I am in

for the past 30 years ensuring that we remember those that have gone before us. He thanked the U.S. Navy and NSA Mid South for their continued support and looks forward to us returning next year.

CPO 365, a year-long professional development and training program for 1st class petty officers, was first introduced in 2010 under former Master Chief Petty Officer of the Navy Rick West.



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The Bluejacket can be reached at (901) 874-7421 and e-mail at Mill\_NSA\_Bluejacket@Navy.mil or write the Bluejacket at Attn: PAO 5722 Integrity Drive Millington, TN 38054.

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the world I want to participate in Memorial Day event to honor the sacrifice of our veterans."

Aviation Support Equipment Technician Senior Chief Oliver Randall said "It's Always good to remember history and those that have gone before us. Without those resting here we would not be here today".

Buddy Crenshaw, the event net organizer has been involved

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**THE Junie B. Jones® Stupid Smelly Bus Tour**

**Thursday, June 20th at 10:00 a.m.**

**Mid South Conference Center  
5700 Attu Street • Millington, TN 38054**

**JunieBJones.com**

## CALENDAR OF EVENTS

**Mid-South Commissary Tour** by a registered Dietitian - dates are available upon request. Go on a free 90-minute interactive tour of the DeCA commissary with a registered dietitian for inside tips on how to identify tasty, healthful food choices and discover popular food and marketing trends. To register call 874-6178.

**New Hours at the Navy-Marine Corps Relief Society** - Beginning Monday 28 Jan. 2013, NMCRS will be opened Monday - Thursday 0900 - 1400, and closed Fridays. In case of emergencies we continue to have around the clock coverage through NMCRS HQ at telephone number 800-654-8364 until 1600 EST, and American Red Cross after 1600 or on weekends at 877-272-7337.

**Domestic Violence Awareness**-The Memphis NCIS office is currently offering Domestic Violence Awareness Briefings for NSA Mid-South Commands. Interested Units and Commands should contact NCIS agent Chad Willie at 901-874-5387 to schedule a briefing.

**Insider Threat Counter Intelligence Briefing Opportunities**-The Memphis NCIS office is currently delivering "Insider Threat" Counter-Intelligence and Counter-Terrorism Briefings for NSA Mid-South Commands. Interested Units and Commands should contact Deborah Cross at 901-874-5387 to schedule a briefing by an NCIS Special Agent.

**Tobacco Cessation Classes**-(TBD) Monthly at Naval Branch Health Clinic. If you are unable to attend a class, individual appointments are also available. Call Beth McKinzie RN, CDE Health Promotion/Education at 874-6178 to register.

**Child abuse and Exploitation Briefings**- NSA NCIS office. Interested Units and Commands should contact Deborah Cross at 901-874-5387 to schedule a briefing by NCIS Special Agent Chad Willie.

**The Rock** - A teen bible study, every Sunday evening from 5:30 p.m. to 7:00 p.m. This is a FREE, basic religious instruction for the military teen. Free food and drinks provided. Join us for a fun and informative time at the NSA Mid-South Chapel Center. Please call 874-5341/7232 for more information.

**Hands Only CPR Class** -One quarter of Americans say they've been in a situation where someone needed CPR. If you were one of them, would you know what to do? Studies have shown that being trained in hands-only CPR can make the lifesaving difference when someone suffers sudden cardiac arrest. If you are interested in completing this fifteen-minute manikin hands-on training, contact Clif Oliver at the NSA Safety Office 874-5398 to sign up for an upcoming class. Groups of six or more can request the training be brought to their worksite on base.

**At Eagle's Peak...** We'll have your food ready and at your table in a jiffy! Give us 24 hours notice and we will give you ...our Speedy Southern hospitality group service! To reserve tables and/or place an order for your group call 874-5415/5372 or send email to marybalzell@navy.mil.

**At Eagle's Peak...** Every Friday 4-6 p.m. join us for Happy Hour. Come in for food, drinks and friendly conversation! For more information call 874-5415/5372 or send email to marybalzell@navy.mil.

**At Eagle's Peak...** We'll have your food ready and at your table in a jiffy! Give us 24 hours notice and we will give you ...our Speedy Southern hospitality group service! To reserve tables and/or place an order for your group call 874-5425/5372 or send email to marybalzell@navy.mil.

**Every Friday - Trivia Night at Eagles Peak.**

Trivia night 7 - 9 p.m. Every Friday Night Team sign ups start at 7 p.m. (Teams 4-6 people.) Prizes awarded for 1st, 2nd and 3rd place teams. Grill open 6:30 - 9 p.m. Call (901) 874-5415 for more information.

**Every Wednesday and Thursday - Free Yoga Class**

If you can breathe, you can do Yoga. Free Coed Lunch Break Yoga class will be held Wednesdays and Thursdays at Joe Dugger Fitness and Sports Complex. For more information call 874-5497 or visit www.facebook.com/933Yoga.

**Every Thursday - The NSA Mid-South Toastmaster Club Meeting**

The NSA Mid-South Toastmaster Club can help you: 1) become a better speaker and presenter, 2) communicate with more confidence, 3) develop better leadership skills, and 4) listen more effectively. All military and civilians are invited to be guests at our weekly meetings held Thursdays, 1135-1235, Whitten Bldg (791), Rm B102. For more information on the benefits of joining Toastmasters, please contact Julianna Walker at 901-874-6898 or julianna.walker@navy.mil.

**JDFC 12 week Fitness Challenge!**

Join the Joe Dugger Fitness and Sports Complex 12 week Fitness Challenge! Reaffirm your commitment to working out and staying fit.

Registrations accepted Jan. 21 - Feb. 3. Registrations fee \$5 per person. Call (901) 874-5497 for more information.

**The NSA Mid-South Splash Park is open for the 2013 summer season.**

The NSA Mid-South Splash Park is open 7 days a week 6 a.m. until sunset. The Splash Park provides the families of the NSA Mid-South community a place to gather and relax while children of all ages enjoy the water based activity during the hot summer days we experience here in the Mid-South. Splash Park is located near the baseball field just off Singleton Avenue.

**Watercolor 101 with Barrie Foster**

Barrie Foster, a nationally award winning artist, will be teaching beginning adult (age 13 and older) watercolor classes at the Ellison Recreation Center on Wednesdays from 11 a.m. to 1 p.m. in the Ellison Family Recreation Center (Bldg. S-499 / 5671 McCain St.) No previous art experience necessary and no drawing! The class will explore all aspects of watercolor while having lots of fun! The cost of the 5 week course is \$60, payable to ITT Office in advance. Classes will be held: 11 a.m. - 1 p.m. Wednesdays (May 15, May 22, May 29, June 19, and June 26.) Class Updates to this information will be available online at <http://www.facebook.com/MillingtonITT>.

**"Concerts by the Green"**

"Concerts by the Green" is a series of free concert events held from 6:30 to 8:30 p.m. at the Glen Eagle Golf Course. Admission is free and event is open to public. Bring your blankets and lawn chairs. Food and beverage items will be available for purchase. Picnic baskets will be allowed, no coolers please. Family friendly area will feature bouncy castle.

June 14 - Section 8  
For more information call 874-5168.

**Thursday, June 13** -The Junie B. Jones(r) Stupid Smelly Bus Tour will be visiting NSA Mid-South! Brought to you by your NEX, celebrate 10 years of the Stupid Smelly Bus Tour with her 20 Jun 13 at 1000 at the Mid-South Conference Center. For more information, call 901-872-5756.

**Friday, June 14** - Sunday June 16 - NEX Memphis is pleased to announce the upcoming arrival of Pandora Jewelry. Save almost 20% off mall price, we will be offering a savings of 10% over MSRP and as always, no sales tax! The Pandora Shop Grand Opening will take place 14-16 JUN, stop by the jewelry counter to see our offerings!

**Sunday, June 16 - Father's Day Brunch**

Father's Day brunch special served Sunday, June 16, 11 a.m. - 1:30 p.m. at the Helmsman Complex (bldg. S-760 | 7611 Singleton Ave.) Treat Dad to a meal fit for a King! Menu includes: Carved top round of beef with au jus, BBQ ribs, Fried catfish, Northern beans, Sadie potatoes, Corn on cob, Green beans, Dinner rolls, Scrambled eggs, Bacon, Sausage, Grits, French toast, Biscuits with butter and jelly, Potato salad, Macaroni salad, Mushroom salad, Carrot salad, Garden pea salad, Apple and peach cobbler with ice cream, Coffee, tea, soda, orange juice and Champagne. Patrons must be 21 years or older to be served Champagne. Mouth-watering yet? Come join us! Call 874-5131 for more information. Cost \$10.50 per adult, \$5.75 children age 5-10. Children four and younger eat free.

**Monday, June 17** - Ride To Work Day - Every year, the third Monday in June is recognized as "Ride to Work" day. This year on June 17th hundreds of thousands of motorcyclists will ride their motorcycles to work. This annual event provides an opportunity for motorcyclists to show that motorcycles are a viable, fun and efficient form of transportation. It also provides a very visible re-enforcement of Motorcycle Awareness. It is our responsibility as motorcyclists to use every available opportunity to encourage and promote safe riding and motorist awareness. Please do what you can to spread the message here at NSA Mid-South and throughout the entire community. For more information visit [www.ridetowork.org](http://www.ridetowork.org)

**17-21 June - NSA Mid-South Chapel Vacation Bible School - from 6pm - 8pm**

**Thursday, June 20** - The Junie B. Jones(r) Stupid Smelly Bus Tour will be visiting NSA Mid-South! Brought to you by your NEX, celebrate 10 years of the Stupid Smelly Bus Tour with her 20 Jun 13 at 1000 at the Mid-South Conference Center. For more information, call 901-872-5756.

**Saturday, June 22** - Homebuyer Education Class - 9am- 5pm - Location 2750 Colony Park Dr. For more info contact Sharon Walker -901-272-1122

**Friday, June 28 - Mongolian BBQ dinner**

Mongolian BBQ dinner special served Friday, June 28, 5 - 7:30 p.m. at the Helmsman Complex (bldg. S-760 | 7611 Singleton Ave.) Menu includes an array of meats, vegetables and sauces cooked to your liking served with rice and rolls. Choose ... turkey, pork, beef, shrimp, green cabbage, bean sprouts, water chestnuts, celery, red/green and white onions, bamboo shoots, snow peas, carrots, mushrooms, pineapple and jalapeño peppers. Cost: 85 cents per oz. Call (901) 874-5132 for more information.

# Navy-Marine Corps Relief Society Uniform Locker Keeps Sailors In Regs. and Under Budget

By MC1 William Jamieson  
*The Bluejacket*

The Navy-Marine Corps Relief Society (NMCRS) aboard Naval Support Activity Mid-South is providing Sailors of any rank the chance to save money and keep themselves within regulations at the NMCRS Uniform Locker in the Base Chapel Complex.

The NMCRS Uniform Locker provides Sailors and Marines with donated uniforms of all styles and sizes free of charge.

Russell Johnson, director of NMCRS at NSA Mid-South, said he hoped all Sailors would be able to benefit from this service.

"When Sailors are going to spend their Navy Uniform and Clothing Allowance, I would encourage them to come down and take a look at the items we have here for free," said Johnson. "We've had service members come down and save 300 or 400 dollars on their uniform items."

Uniforms at the locker are inspected by active duty volunteers to ensure they are serviceable and current.

"We had a few active-duty petty officers come down a while back and they went through bag after bag to ensure our uniforms were in good condition," said Johnson. "We aren't providing worn out, run down uniforms."

These are quality items that service members, whether because of retirement, separation or another reason, have donated to us to benefit Sailors on active duty."

Expectant mothers are also a population who might find a bargain at the NMCRS Uniform Locker.

"We have lots of uniforms from mothers who have given birth and no longer need their maternity uniforms," said Johnson. "With all the other costs that go along with a baby, it's great when you can find savings where you can."

Johnson said he wanted to make sure that base personnel realized that the Uniform Locker is a base service that everyone could take advantage of.

"We love being able to provide junior

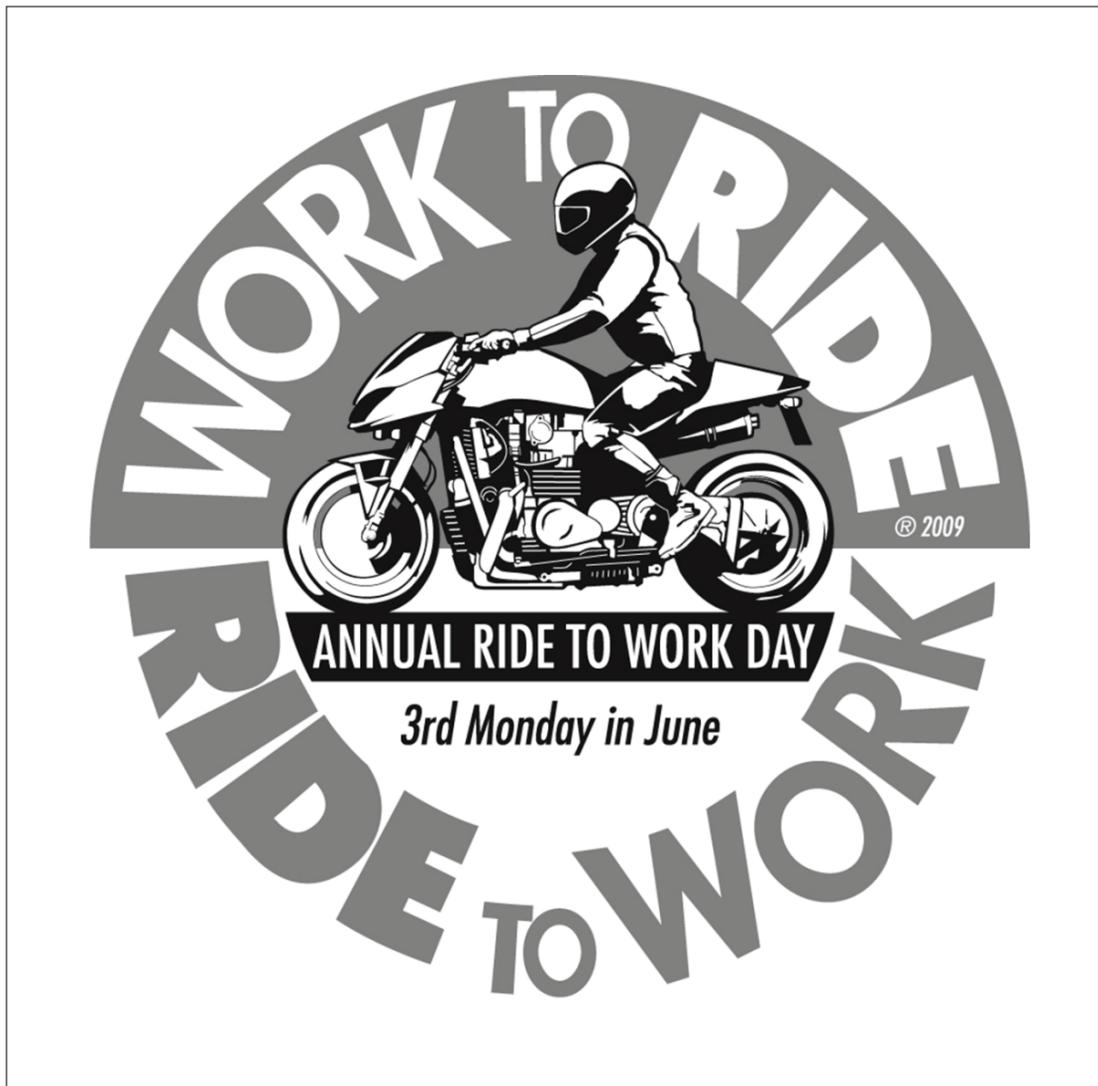
Sailors with free uniform items, but we want Chiefs and Officers to know that we can help them as well," said Johnson. "If we have it, you are welcome to it."

Because the NMCRS Uniform Shop runs on donations, it is important that Sailors who are retiring or separating remember, if possible, to donate their old uniforms.

Bob Harmon, a Volunteer Case Worker at NMCRS and a Transition Assistance Program (TAP) class instructor, said he always tries to pass the word about the uniform to Sailors in his class who are about to end their service.

"This program is really helpful to our active-duty service members, so encourage anyone who isn't using their uniforms to donate them to us," said Harmon. "If you are missing a uniform item come down and see us, because we might have it and that can really save some money."

The NMCRS and the NMCRS Uniform Locker is open Monday - Thursday 0900 - 1400, and closed Fridays.



# NSA Mid-South Celebrates

By Steven Staples  
NSA Safety Office

Motorcycle and scooter riders at NSA Mid-South can participate in a worldwide movement to increase public awareness and showcase the benefits of riding motorcycles and other two-wheeled vehicles.

**What's Required?** Simply ride your two wheeled vehicle to work, school or anywhere else you may need or want to be on the third Monday of June.

Monday, June 17, 2013 the non-profit organization Ride to Work will coordinate the annual motorcycle Ride to Work

Day. This event provides an opportunity to highlight the benefits of using motorcycles and scooters for daily commuting.

Ask any two-wheeler about the benefits of riding and most would answer with one word, "Freedom". Escaping the confinement of traditional transportation is just a bonus benefit of riding a motorcycle. Using motorcycles and scooters as alternate forms of transportation offers real solutions to problems that the entire community faces daily.

Motorcycles create less harmful emissions, take up less space and lighten traffic congestion. Smaller vehicles also provide better usage of available parking

real estate. Motorcycles reduce infrastructure damage and the associated repair cost. Road rage decreases exponentially, because riding a motorcycle makes you cool. Well it does make you look cool.

The most important reason to Ride to Work is to raise awareness of motorcycles. Almost everyone has a motorcyclist in their circle of association. It may be a family member, friend, co-worker or neighbor that connects you to motorcycling. Motorcycle Safety is everybody's responsibility.

Half of all motorcycle collisions involve other vehicles. Most of those collisions occur simply because other drivers just

don't see motorcycles or misinterpret their movements in traffic.

Motorcycle riders cannot afford to expect that other road users automatically understand the special considerations involved in safely operating our vehicles on shared roadways.

It is our responsibility to use every available opportunity to let others know that motorcycles are a viable form of transportation and they should "Watch for Motorcycles" and "Look Twice and Save a Life".

So gear up and get out and Ride, especially on Monday, June 17, 2013 and help promote motorcycle safety.

# NRC Holds All Hands Call, Announces SAPR Training

By MCSN Tyler Fraser  
Navy Recruiting Command Public Affairs

Leadership at Navy Recruiting Command held an all hands call with recruiters and recruiting leadership across the nation addressing Sexual Assault Prevention and Response May 23, 2013.

Fed up and concerned due to recent reports of sexual assault, Rear Adm. Earl L. Gay, Commander, Navy Recruiting Command, stressed There is no place for this unacceptable behavior in NRC.

"We serve in a Navy that is built upon trust, dignity, and respect; one that is defined by how we treat one another," said Gay, during the all hands call. "The Navy I know and serve in does not condone or tolerate sexist behavior, sexual harassment, or sexual assault."

Sexual Assault Prevention and Response is a program with a mission to prevent and respond to sexual assault, eliminating it from our ranks through a balance of focused education and comprehensive response.

Gay stressed that team work, leadership and setting an example are some of the most important steps to take while combating sexual assault.

"It's a daily effort to police yourself and your shipmates," said Capt. Norberto Nobrega, Chief of Staff, Navy Recruiting Command. "It is difficult sometimes when there may be somebody who is senior to you in rank or authority, and it's difficult to call them out; but the future of our fleet depends on you."

Force Master Chief Earl S. Gray, Jr., Force Master Chief, Navy Recruiting Command said the crime of sexual assault

does nothing but damage the Navy.

"Nothing is more important than team work when facing a challenge such as this," said Gray, Jr., "Sexual assault is a crime; it degrades operational readiness and esprit de corps."

In order to further educate recruiting Sailors on sexual assault, NRC is conducting mandatory SAPR training from June 10 to June 26.

"This training is giving Navy Recruiting Command the opportunity to be on the leading edge of establishing a culture change for the Navy by fostering a command climate of dignity, trust and respect where sexist behaviors, fraternization, sexual harassment and sexual assault will not be tolerated, condoned or ignored," said Cmdr. Carol Kusmier, Director, Training and Quality Assurance for NRC.

Chaplain's Compass

# Seven Checkpoints

By Chaplain Dave Mowbray  
NSA Mid-South Chaplain

A few years ago, Pastor Andy Stanley wrote a book for youth ministers called "The Seven Checkpoints." These are seven things that should be evident in the lives of those who follow God. I hope to spend some time this summer talking about each of these.

Stanley describes his first checkpoint as "authentic faith." Having authentic faith means that we have a heart-felt belief God can be trusted to do all He has promised to do. A key passage for this is Proverbs 3:5-6: "Trust in the Lord with all your heart and lean not on your own understanding. In all your ways acknowledge Him, and He will make your paths straight."

Authentic faith is NOT treating God like "The Force" on Star Wars, where we try to use God to fulfill our whims and desires. Stanley calls this false view of God a "vending machine mindset." That is, some folks treat God

like a Coke machine—"God, I need this, and this, and this. Thank you and good-bye 'til next time..."

God is not going to give us all we want, but will supply all we need to bring honor to His name. More importantly, remember that every promise God has made in Scripture will be kept!

Authentic faith also means taking the time to plug into what God has called us to do, not just focusing on what God doesn't want us to do. God is not a "mall cop" ("No running, no loud music please!") who goes around spoiling our fun.

There was once a young sailor or that went to "A" school to become a Yeoman. He got to the schoolhouse and was told by his instructors, "Here are some ratings that you are not: you are not an Operations Specialist, not an Engineman, not a Religious Programs Specialist, not an Aviation Ordnanceman, not a Culinary Specialist and certainly not an Information Systems Technician. Ok, now you are all Yeoman. Are there any ques-

tions?" Sound silly? Of course it is. But if we focus exclusively on what God doesn't want us to do in life, we are no wiser than that instructor! And, worse, we will fall far short of the victorious life God wants us to have.

Sadly, it doesn't end there. If we become parents, a lack of authentic faith spills over into our child-rearing philosophy. As an example, most of us, fathers included, do a good job of telling children the "no" part of growing up—don't do this, don't do that. But that is never good enough!

As parents, our teaching is much more effective when we can instill in children the things God has called them to do. A list of "don'ts" will never cover everything, and an understanding of God's plan and will for our lives will answer a child's "whys" more effectively when they are tempted

or in the unfamiliar territory of adolescence—especially when Mom and Dad are not around to help.

We teach through our actions. We can tell our kids that God is important, but we need to show this through a life that is committed to God, to the family he has blessed us with, to worship and participation in the local house of faith, as well as to a life of prayer and the study of Scripture at home.

Do we wring our hands, worrying about what our children shouldn't be doing?—or do we fill their lives in ways that reinforce God's grace and demonstrate authentic faith?

Happy Father's Day this Sunday to all our dads! And for those blessed enough to have dads that are still living, remember to call home!

Name that Tune:



- 1) "They resound with God's own heart..."
- 2) "There's within my heart a melody..."
- 3) "My son grew up while I was away..."
- 4) "Get the picture?" "Yes, we see..."
- 5) "here comes the big boss, let's get it on..."
- 6) "The days are longer, the nights are stronger than..."

**What's Happening:**

Vacation Bible School  
Mark your calendars! VBS will be from 6-8 pm, June 17 - 21! Please register your kids now at the chapel!

2013 MERGE at First Baptist Church of Millington

This is a combination summer camp and mission event for students that have completed 6th grade through 12th grade. Location is at First Baptist Millington and the dates are June 17-21. One week of fun, sun, and fellowship while getting into God's Word and helping others will cost \$125 which will cover the whole week. For more infor-

mation call Pastor Jay Barbier at 901-592-9929. I do have some registration forms at the base chapel also.

**You're Invited!**

There are many places of worship in the Millington and Memphis area. Make plans to attend and plug into the great community of faith here in the Mid-South. If you have questions about what is available, please call Chaps at 874-5344.

You are always welcome to visit our interfaith service at the base chapel at 1000 each Sunday morning!

**Answers to Name That Tune:**

- 1) Ancient Words - Praise Hymn
- 2) He Keeps Me Singing - Christian Hymn
- 3) Cats in the Cradle - Harry Chapin
- 4) The Leader of the Pack - The Shangri-Las
- 5) Kung-Fu Fighting - Carl Douglas
- 6) Ventura Highway - America

# Just When You Thought It Was Safe To Relax

1. Welcome to the latest edition of the Summary of Mishaps, a few more vignettes of things that we're all glad didn't involve us personally but that are nevertheless interesting.

A. Do you like bugs? Ever see "Arachnophobia" or "Star Trek II: The Wrath of Khan"? If so, this pair is for you.

For starters, at a naval hospital in California, a civilian dental assistant was donning some sort of PPE (the report didn't specify what kind of PPE, I'm guessing goggles or face shield). A spider bit her on the forehead. I include this incident because I'm always interested in safety gear that contributes to a mishap.

Which doesn't exactly bring us out into the far reaches of the Pacific, but we have to go there anyway, because that's where a fire engineer was doing a final inspection on some equipment that had been replaced on a mechanical system. He had to remove some spider webs. Perhaps you're thinking he also got bitten by a spider. Bazinga! No, a roach flew into his left ear. He hustled over to the nearest emergency room to have the bug (or as the report put it, "the indigenous species") removed.

B. In this week's "Sometimes You Just Have To Ask Why" department, we have an E-5 and an E-4. They're on leave. The E-4 is toggled out in some dirt-bike body armor. The E-5 decided to "test the effectiveness" of the body armor.

OK, maybe this curiosity is understandable. And you really can't tell the guy who is wearing the body armor, "Hey, ride through that field over there and bail out at 25 miles per hour, I want to see how well that stuff works." But you really can't do what the E-5 did, either, which was to punch the chest plate. He

broke a bone in his hand. I mean, I guess the armor worked for that purpose, but the point isn't to wear it during a fistfight.

The "punch landed awkwardly," the report explained, but please don't assume that a properly landed punch would have been kosher, either.

C. Longtime readers of this message know that our stock in trade is the high-risk maneuver gone awry. Making your car into an alarm clock on a dark, boring highway when you ought to be home in the rack. Zooming around on an ATV with zero re-con, unconsciously looking for small cliffs that you don't have time to react to. Using your foot as a target for a weapon you were sure wasn't loaded. These mishaps are in no way unexpected (given a reasonable amount of experience and mishap data) and are all preventable.

We also dabble in activities that would seem to be low-risk were it not for some boneheaded maneuver or decision.

Finally, we round out our weekly slate with an occasional focus on Sailors and Marines who have steam coming out of their ears, or who seemed determined to sign on with Goofus, patron saint of skylarks, or who think gasoline is the same thing as charcoal starter. We once held an informal competition for the quickest motorcycle wreck, the title being held successively by a rider who wrecked as soon as he pulled out onto the street from the dealer's lot, then by someone who had a wreck in the lot, then a rider who toppled over before even starting

to move, and finally by a guy who was unscathed but who said his wife would kill him if he even thought about buying a motorcycle.

Which brings us to one of these special interest topics, namely, the seemingly safest activity that still produced a mishap.

We've logged several, such as lying in bed at home, or sitting in an office chair. The latest was a midshipman in his stateroom on an amphib. The report said he was resting with his arms behind his head. When he moved his hand, he hit the cover on an electrical outlet and sliced open a finger.

2. That's all for this week, amigos. I plan to work non-stop until then, because resting seems too dangerous. An indigenous species might crawl in my ear.



## Clinic Corner

# JUNE IS DRINK RESPONSIBLY MONTH

By Beth McKinzie

Drink responsibly every time by planning ahead for a safe ride home. If drinking, don't try to "keep up" with others in your group. Know what your limit is and stop before you get there.

Drinking too much can be a symptom of PTSD - Post Traumatic Stress Disorder.

June 20 is PTSD Awareness Day. The website [www.militarymentalhealth.org](http://www.militarymentalhealth.org) is a site where service members, veterans, and their families can take an anonymous mental

health assessment.

PTSD is a serious issue among returning service members and veterans. Statistics show that 11% to 20% of veterans from the Iraq and Afghanistan wars have PTSD and that 2/3 of them ARE NOT receiving treatment.

Seeking help means a different kind of Courage. On June 20th stop by the Branch Health Clinic for more information and a free T-Shirt.

PTSD = Proud, Tough, Strong, Determined

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**LOOKING FOR ANOTHER MECHANIC**

## FedExForum



**GRIZZLIES OPEN HOUSE SATURDAY, JUNE 22**

10AM TO 2PM Test drive the best 2013/14 Season Ticket locations, starting at \$11 per game. The first 200 fans will receive a Grizz headband. CALL 888-HOOP. GRIZZLIES.COM



**AGAPE SHARES LOVE SATURDAY, JUNE 15**

15TH ANNUAL HEARTLIGHT featuring Heisman Trophy winner and NFL quarterback Tim Tebow. TICKETS ON SALE NOW!



**EAGLES MONDAY, OCTOBER 14**

The iconic band will return to FedExForum with HISTORY OF THE EAGLES TOUR and perform their classics. TICKETS ON SALE NOW!



**JUSTIN TIMBERLAKE MONDAY, NOVEMBER 18**

THE 20/20 EXPERIENCE WORLD TOUR comes to Justin's hometown with his first tour in six years. TICKETS ON SALE NOW!

**JULY 3**  
**NAVY LAKE**  
\$5 PER VEHICLE



**FLAG CITY FREEDOM CELEBRATION**  
**FIREWORKS SPECTACULAR**



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**JOE DUGGER FITNESS AND SPORTS COMPLEX**

Bldg. S-499 (5671 McCain St.)  
Monday thru Thursday 5 a.m. - 9 p.m.  
Friday 5 a.m. - 7 p.m. Saturday 9 a.m. - 5 p.m.  
Sundays and holidays 12 - 4 p.m.  
Gear Issue 874-5497  
Managers Office 874-5491

Active Duty and Reservist  
**YMCA Lap Swimming**  
Supporting the Navy's Fitness Enhancement Program (FEP)  
To participate in this program,  
Active Duty and Reservist members (ONLY)  
will go to the Joe Dugger Fitness and Sports Complex (JDFSC)  
and complete the registration form  
to receive a YMCA Lap Swim Access Card.  
This card will be valid from  
October 1, 2012 and expire September 30, 2013.  
Questions or concerns?

MWR POC: Debra Howze  
Fitness and Sports Division Head  
901-508-1962 wk  
debra.howze@navy.mil

YMCA:  
Millington Family YMCA  
901-873-1434 wk  
901-873-1438 fax

[NavyFitnessMidSouth](https://www.facebook.com/NavyFitnessMidSouth)

**Glen Eagle Golf Course**

6168 Attu St. Millington, TN 38053  
Naval Support Activity Mid-South Millington

Pro shop • Rental Clubs • Putting Green • Driving Range  
Call (901) 874-5168 for tee times and group bookings

**Eagle's Peak Grill**

Open 7 days a week 7 a.m.-1:30 p.m.  
breakfast available 7 a.m.-10:30 a.m. only

**Eagle's Peak Bar**

Open 7 days a week 10 a.m. - 8 p.m.

**FREE! Annual Concerts by the Green!**

**Friday, June 14**  
7 p.m. to 9 p.m.  
**Glen Eagle Golf Course**



**Section 8!**

High energy | Top 40 charts | Blues | Motown  
Admission is free and event is open to the public.  
Bring your blankets and lawn chairs.  
Food and beverage items available for purchase.  
Picnic baskets will be allowed, no coolers please.  
Family friendly area featuring bouncy castle.  
June 28 - The Flying Monkeys (7-9 p.m.)



Neither the Navy nor any other part of the federal government officially endorses any company, or sponsor, or their products or services.

**Open to the general public.**

Updates to this information will be available online at <http://www.facebook.com/NSAMidSouthMWR>

NSA Mid-South & MWR present  
**Summer Fun**

Millington Family YMCA Summer Membership  
May 25 thru September 3, 2013  
Program is for Active Duty Military and their immediate family members only.

- Summer membership will include:
- Indoor swimming pool, outdoor water park
  - Sauna, steam room, whirlpool
  - Kid zone/nursery/youth station
  - Fit kids classes
  - Free weights & techno gym circuit weights
  - Fitness Orientation and evaluation
  - Trekking
  - Various aerobic classes (Pilates, abs, yoga, step, Y Cycle, Zumba, etc)
  - Bikes, treadmills, stair climbers, cross trainers with touch screen technology.
  - Family events
  - Silver Sneakers, various Senior activities
  - Healthy Living and Nutrition Topics; classroom education
  - Diabetes and Chronic Disease Self Management Program
- Fee based options available, but not included in summer membership:
- Swim lessons
  - Private swim lessons
  - Swim team
  - Personal training
  - Buddy training
  - Smart cart grocery tours & diet analysis
  - Summer Sports Program
- Millington Family YMCA hours of operation
- Monday-Friday 5:30 am - 9:00 pm
  - Saturday 7:00 am - 5:00 pm
  - Sunday 1:00 am - 5:00 pm
- "Summer Fun 2013" membership cost: (Millington Family YMCA only)
- \$199.00. Must be paid in full prior to membership activation
- Purchase your Millington Family YMCA Summer Membership at:
- Joe Dugger Fitness and Sports Complex
  - Questions? 901-874-5497; FAX 901-874-5657
  - Cash, cashiers check, MasterCard; Visa
  - If needed, 3 easy payments are available!
  - Activation will take 3-5 business days.
- Joe Dugger Fitness and Sports Complex will notify the member once YMCA is ready for membership processing.

**NORTH-82 GYM**  
Sports and Fitness Complex  
Bldg. N-82 | 7915 Memphis Ave. | 874-5188

Monday & Wednesday  
0600 - 0900/1100 - 1330/1600 - 1900

Tuesday, Thursday & Friday  
0600 - 0900/1100 - 1330

Saturday  
0900 - 1200 - 1600

Sunday and holidays Closed

[NSAMidSouthSports](https://www.facebook.com/NSAMidSouthSports)

MAY 28 - JULY 31, 2013 SCHEDULE

**Yoga @ Joe Dugger**

**Tuesdays**  
4:30 to 5:30 p.m.

**Wednesdays**  
12:00 noon to 12:30 p.m.

Location: Joe Dugger  
Cost: FREE  
Clothing: Wear comfortable, not too loose, clothing.  
Footwear: We go barefoot in yoga. Bring your own mat or use one provided.  
Equipment: If you have blocks and straps bring them!

No class on May 23, July 16 or 17.

Please take a minute to like my Facebook page: [www.facebook.com/NSAMidSouthSports](https://www.facebook.com/NSAMidSouthSports)  
This page will keep you up to date on any class schedule and location.

NSA MID-SOUTH  
**SPLASH PARK**

Open 0600 - Sunset  
7 days a week

**2013 Anchor Saddle Club Show Year**

**HORSE POWER**

Our 2013 Point Shows Are:  
June 1, 15  
August 17, 31st (DP show)  
Sept. 14, 28  
Oct. 12

If show cancelled due to weather, the following Saturday will be make up show.

Shows start @ 7:00 pm, weather permitting. In the event of show canceling, please call Ranch house, Ann @ 601-6032 or Julie Walker 835-4076

**SAMUEL ADAMS PUB**

FREE WIFI & Navy Network connection too!

**Menu**

Smokey Brat- \$2.25  
Cheesy Brat- \$2.25  
Char broiled Cheeseburger- \$2.75.  
Chef Salad- \$7.50.

located at East end of Bldg. S-449  
Open 7 days a week 4- 10 p.m.

[/NSAMidSouthSamAdamsPub](https://www.facebook.com/NSAMidSouthSamAdamsPub)

NSA MID-SOUTH YOUTH CENTER SCHOOL-AGE CARE (SAC) PRIORITY PLACEMENT REGISTRATION  
SUMMER DAY CAMP 2013 & BEFORE & AFTER SCHOOL PROGRAM (BASP) '13-14

Sponsors may register on or after the date listed for their category.  
A Waiting List will be established for any SAC program that exceeds the registration limit.  
Registration is held Tuesday, Wednesday & Thursday between 9:15 am - 1:15 pm.  
Alternate registration days & times are available through appointment only. Call 901-874-5155 to schedule your appointment.  
Family Enrollment Fees: Summer \$52; Before School \$23; After School \$34; Before & After School \$56.  
Family Enrollment Fee is non-refundable; however it is applied to first weekly/bi-weekly fee.  
For further information, please call 901-874-5155.

CATEGORY	SMR CAMP 2013 REG.	BASP* 2013-2014 REG. BEGINS	DOCUMENTS REQUIRED TO REGISTER Sponsor's ID, up-to-date YC paperwork & copies of the following:
1	Currently enrolled CDC Pre-K participants	2-3 July	See below for the documents required for your category
2	IA, Wounded Warriors, Single Active Duty & Dual Active Duty	9 July	IA Orders; VA/command letter; LES(s); and Family Care Plan(s)
3	Active Duty w/working spouse & Active Duty w/student spouse	10 July	LES(s); paystub; and proof of school enrollment
4	Single DoD and Dual DoD	11 July	LES and separation or divorce papers
5	DoD w/working spouse & DoD w/student spouse	16 July	LES; paystub; and proof of school enrollment
6	Active Duty w/non-working spouse	17 July	LES
7	DoD w/non-working spouse	18 July	LES
8	DoD Contractors	23 July	Paystub(s) & supporting documents, as necessary
9	Military Retirees	24 July	LES(s); and pay stub(s)

\*Before & After School Program  
NOTE: In the event that two sponsors' priority is equal, date and order of enrollment will determine placement on list (active and/or waiting).

 [www.facebook.com/NSAMidsouthMWR](http://www.facebook.com/NSAMidsouthMWR) 

# Grand Re-Opening!

# Ellison

Family Recreation Center

**Thursday, June 13**  
Starts at 11 a.m.

Opening ceremony and ribbon cutting  
will be held at 11 a.m.  
Bldg. S-499 (5671 McCain St.)

We're looking forward to serving you  
in our newly renovated facility.



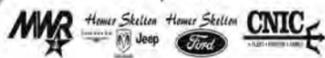
(901) 874-5652/5455, 1-800-779-4252  
[www.facebook.com/MillingtonITT](http://www.facebook.com/MillingtonITT)



Navy Recreational Lodging and  
Campgrounds Reservations Center  
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(901) 874-5496.



event sponsors:



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# CASINO NIGHT

**Friday, June 21**

at Resorts Casino in Tunica, Mississippi

\$17 per person includes round trip transportation plus buffet.  
Bus departs at base at 4:30 p.m. and returns 12:30 a.m.

# ARMED FORCES VACATION CLUB

**7 DAYS FOR \$369\* USD**  
FOR MEMBERS ONLY

Visit [www.afvclub.com](http://www.afvclub.com) or stop by the ITT office  
To make a reservation call 1-800-724-9988 and give the  
them the NSA Mid-South AFVC installation code #170.



## at the HELMSMAN COMPLEX

Bldg. S-760 Navy Mid-South....for information call 874-5132

Join us in the

# Seven Seas Dining room

**We're bigger and better than ever!**  
**Lunch served**

**Monday - Friday 11 a.m.-1:30 p.m.**

# FATHER'S DAY BRUNCH

**Sunday, June 16**

11 a.m. - 1:30 p.m. in the Helmsman Complex  
Top round of beef au jus, BBQ ribs, fried catfish,  
northern beans, Sadie potatoes, corn on the cob,  
green beans, dinner rolls,

scrambled eggs, bacon, sausage, grits  
French toast, biscuits with butter and jelly,  
Potato salad, macaroni salad, carrot salad,  
garden pea salad,  
apple and peach cobbler with ice-cream,  
coffee, tea, soda, orange juice and Champagne  
(Patrons must be 21 years or older  
to be served Champagne)

**Adults \$10.50**  
**Children (age 5-10) \$5.75**  
**Children age 4 and younger eat free**

It's a great time to play!



Check out our June specials

- Wed., June 19 Taco bar - Free to all players 5-7 pm Grill  
open 6:30-7:30 only
- Wed., June 26 Free 20 oz soda with purchase of a dinner
- Fri., June 14 Games 5 to 8 of the regular sixteen game  
program will pay \$200.00 per game
- Fri., June 21 Games 9 to 12 of the regular sixteen game  
program will pay \$200.00 per game
- Fri., June 28 Games 13 to 16 of the regular sixteen  
game program will pay \$200.00 per game

## Mongolian BBQ

**Friday, June 28**  
5-7:30 p.m. in Oaks Dining Room

An array of meats, vegetables and sauces  
cooked to your liking served with rice and rolls.  
Choose ... turkey, pork, beef, shrimp,  
green cabbage, bean sprouts, water chestnuts,  
celery, red/green and white onions,  
bamboo shoots, snow peas, carrots, mushrooms,  
pineapple and jalapeno peppers.

**Cost: 85 cents per oz.**

## MWR UPCOMING DINING & EVENT HIGHLIGHTS!

JUNE 13 - 22, 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Free movie shown daily!</b></p> <p>Bldg. S-499 (5671 McCain St.) (901) 874-5455.</p>	<p>MOVIE THEATER BIG SCREEN TV</p> <p>GAMES FREE WIFI</p> <p>VACATION PLANNING</p> <p>DISCOUNT TICKETS</p> <p>REC LODGING</p> <p>AND MORE!</p>	<p><b>Ellison</b> Recreation Center</p> <p>MWR LIBERTY NAVY Getaways ITT CNIC</p>	<p><b>Grand Re-Opening!</b> <b>Ellison</b> Family Recreation Center Starts at 11 a.m.</p>	<p><b>Helmsman Lunch Buffet 13</b> Carved roast beef Carved pit smoked ham</p> <p><b>Eagle's Peak Lunch Special</b> Chef Choice</p>	<p><b>Helmsman Lunch Buffet 14</b> Fried catfish Red beans &amp; rice</p> <p><b>Eagle's Peak Lunch Special</b> Catfish</p> <p><b>Annual Concerts</b> by the Crew! 7-9 p.m. Glen Eagle Golf Course</p> <p><b>BINGO</b> Helmsman Complex</p>	<p><b>FAMILY MOVIE MATINEES!!</b></p> <p>Ellison Family Recreation Center Free movie in Cinema 36 1430 Monsters, Inc (G) 1630 Oz the Great &amp; Powerful (PG) 1900 Lawless (R)</p>
<p><b>FATHER'S DAY BRUNCH</b> 11 a.m. - 1:30 p.m. Helmsman Complex</p> <p><b>STACKED SUNDAY!</b> One Sunday per month enjoy a themed movie marathon! June Stack: Sports Ellison Family Recreation Center Free movie in Cinema 36 1415 The Sandlot (PG) 1615 The Blind Side (PG-13) 1845 42 (PG-13) NEW RELEASE</p>	<p><b>Helmsman Plated Lunch 17</b> Fried catfish Home fried potatoes</p> <p><b>Eagle's Peak Lunch Special</b> Sandwich and Soup</p>	<p><b>Helmsman Plated Lunch 18</b> Mexican buffet Build your own tacos and fajitas</p> <p><b>Eagle's Peak Lunch Special</b> Taco Salad</p> <p><b>COED YOGA @ Joe Dugger</b> 4:30 p.m. - 5:30 p.m.</p>	<p><b>Helmsman Lunch Buffet 19</b> Southern fried chicken Liver and onions</p> <p><b>Eagle's Peak Lunch Special</b> BBQ</p> <p><b>COED YOGA @ Joe Dugger</b> 12 noon - 12:30 p.m.</p> <p><b>BINGO</b> Helmsman Complex</p>	<p><b>Helmsman Lunch Buffet 20</b> Carved roast beef Carved pit smoked ham</p> <p><b>Eagle's Peak Lunch Special</b> Chef Choice</p>	<p><b>Helmsman Lunch Buffet 21</b> Fried catfish Lemon pepper broiled fish</p> <p><b>Eagle's Peak Lunch Special</b> Catfish</p> <p><b>BINGO</b> Helmsman Complex</p>	<p><b>FAMILY MOVIE MATINEES!!</b></p> <p>Ellison Family Recreation Center Free movie in Cinema 36 1430 Here Comes The Boom (PG) 1630 Escape from Planet Earth (PG) 1830 Tyler Perry's Temptation (PG-13)</p>

# This week in Navy History

**June 13**

1881 - USS Jeannette crushed in Arctic ice pack  
1967 - Operation Great Bend in Rung Sat Zone, Vietnam

**June 14**

1777 - John Paul Jones takes command of Ranger  
1777 - Continental Congress adopts design of present U.S. Flag  
1847 - Commodore Matthew Perry launches amphibious river operations by Sailors and Marines on Tabasco River, Mexico  
1940 - Franklin D. Roosevelt signs

Naval Expansion Act to construct ships to increase Navy's tonnage by 11 %

1985 - Steelworker Second Class Robert D. Stethem, USN of Underwater Construction Team ONE was killed by terrorist hijackers of TWA Flight 847. He later received a Bronze Star for his heroism.

**June 15**

1944 - Fifth Fleet lands Marines on Saipan, under the cover of naval gunfire, in conquest of Marianas

1963 - Launching of combat store ship, Mars (AFS-1), first of new class

of underway replenishment ships  
1991 - 2 battle groups and amphibious ships evacuate dependents and Air Force personnel from Clark Air Force Base after Mount Pinatubo erupts in Philippines

**June 16**

1898 - U.S. squadron bombards Santiago, Cuba

1965 - Navy Department schedules reactivation of hospital ship Repose (AH-16), first hospital ship activated for Vietnam Conflict

**June 17**

1833 - USS Delaware enters dry-

dock at Gosport Navy Yard in Norfolk, VA, the first warship to enter a public drydock in the United States

1870 - USS Mohican burns Mexican pirate ship Forward

1898 - Navy Hospital Corps established

1940 - Chief of Naval Operations asks Congress for money to build two-ocean Navy

**June 18**

1812 - U.S. declares war on Great Britain for impressment of Sailors and interference with commerce

1942 - First African-American

officer, Bernard W. Robinson, commissioned in Naval Reserve

1957 - CNO approves ship characteristics of the Fleet Ballistic Missile submarine

**June 19**

1864 - USS Kearsarge sinks Confederate raider Alabama off France

1944 - Battle of the Philippine Sea begins ("The Marianas Turkey Shoot")

1948 - Chief of Naval Operations assigns 3 destroyers to U.N. mediator for the Palestine truce

# Fire Warden Training

NSA Mid-South Fire Prevention Office will provide Fire Warden training from 0900-1100, on June 20, 2013 in the Fire Station class room at Public Safety Building 237.

Due to limited seating personnel must call 874-5259 / 5644 to enroll in the training.

This is open to all naval station and tenant command personnel assigned as Fire Wardens

for their facilities.

Training covers the basics of fire safety and prevention techniques; extinguisher types, emergency plans, periodic inspections of equipment and areas, how a fire spreads through a building, the danger of smoke, the causes and costs of fire, how to reduce the risks of fire, understanding signage and placement.

Directing or assigning person-

nel to assist children, disabled or elderly people to exit out of the building. Fire Wardens and assistants have specific duties and responsibilities before, during and after an emergency situation.

This class will provide the tools and knowledge to help prepare them for meeting the challenges and responsibilities in performing their leadership role.

Family Matters

## Official Offers College Education Financing Tips

By Amaani Lyle  
American Forces Press Service

Defense Department officials encourage parents and students to consider various strategies for financing college education, the director of the Pentagon's office of family policy and children and youth said.

In a recent interview with American Forces Press Service and the Pentagon Channel, Barbara Thompson addressed solutions to some of the obstacles military children might face when trying to pursue a college education.

Thompson recommended researching scholarship and student aid opportunities early on, including use of the provision of the Post-9/11 GI Bill that allows service members to transfer their benefit to family members.

Resources such as the Military OneSource website and personal financial managers on installations, she added, offer information ideas on other resources, such as a tax-deferred savings account for higher learning colleges and vocational schools.

Military OneSource also features scholarship information links and listings, including law and policy updates that pertain to military members and their families, such as expanded in-state tuition availability. Service members on active duty for more than 30 days are eligible to receive in-state tuition for their dependent children at public colleges and universities in the state where they reside or are permanently stationed, she noted.

Once enrolled and paying in-state tuition, Thompson said, dependent children continue to pay the in-state tuition rate as long as they remain continuously enrolled at the institution, even if the service member is reassigned outside the state.

"That has been a very positive move across the federal government that all states have to offer in-state tuition for military children and spouses," she said.

But no matter where the prospective student lives, Thompson explained, it's important for parents to work with school guidance counselors to nurture their future college student's interests and aspirations -- and ultimately to choose the right educational path.

"You don't want to go to a school and find out later on they don't offer the degree you're interested in," Thompson said. "You have to do your research."

The Consumer Financial Protection Bureau website offers a "Know Before You Owe" page to help untangle student loan procedures, regulations and facts to keep borrowers informed and arm them with information prior to making life-altering decisions, Thompson said.

"We want the best future for our children," she added. "We recognize they've sacrificed a great deal over the lifespan of their parents serving the military, ... and we want to make sure they're ready for the world when they become an adult."

## Social Media Practices, Don't Be an Easy Target

By MC2 Andrea Perez  
Navy Personnel Command  
Public Affairs Office

Navy Cyber Defense Operations Command (NCDOC) warns Department of Defense (DoD) employees to limit sharing to much personal information on social media websites, June 4.

The NCDOC has observed activity involving malicious actors using fake social media accounts to target DoD employees.

According to Cyber Network Defense message

ALCND 0421-13, these malicious actors attempt to create relationships with intended targets by sharing images and pictures. Once the actor believes trust has been established with the target, they may share malicious, executable files or attempt to gain sensitive information.

The following tips should be kept in mind when using a social media website:

Assume all information shared on social media websites could be made public;

Do not post or discuss work-related information,

especially sensitive/classified information;

Do not mention your whereabouts or location if you deployed - including during the time leading up to your deployment;

Do not criticize others, especially co-workers and senior officials;

Use privacy settings and controls when possible to limit access to your information. Even with access and privacy controls, social media accounts can still be hacked.

As with other forms of communication, Department

of the Navy (DON) personnel are responsible for adhering to DON regulations and policies when making unofficial internet posts.

NCDOC advises commands to conduct training with all hands using SECNAVINST 5720.44c for guidance on public affairs policy and regulations regarding social media.

DON personnel should comply with regulations and policies such as personal standards of conduct, operations security, information assurance, Personally Identifiable Information (PII), joint ethics regulations and the release of information to the public. Violations of regulations or policies may result in disciplinary action.

For more information on this guidance, contact your local Information Assurance Manager or read ALNAV 057/10 for more information on internet-based capabilities guidance and unofficial internet posts.

For more news from Navy Personnel Command, visit [www.navy.mil/local/npc/](http://www.navy.mil/local/npc/).

Do not criticize others, especially co-workers and senior officials. NCDOC ALERT 2013-ALR-0008 SPOOFED FACEBOOK ACCOUNTS

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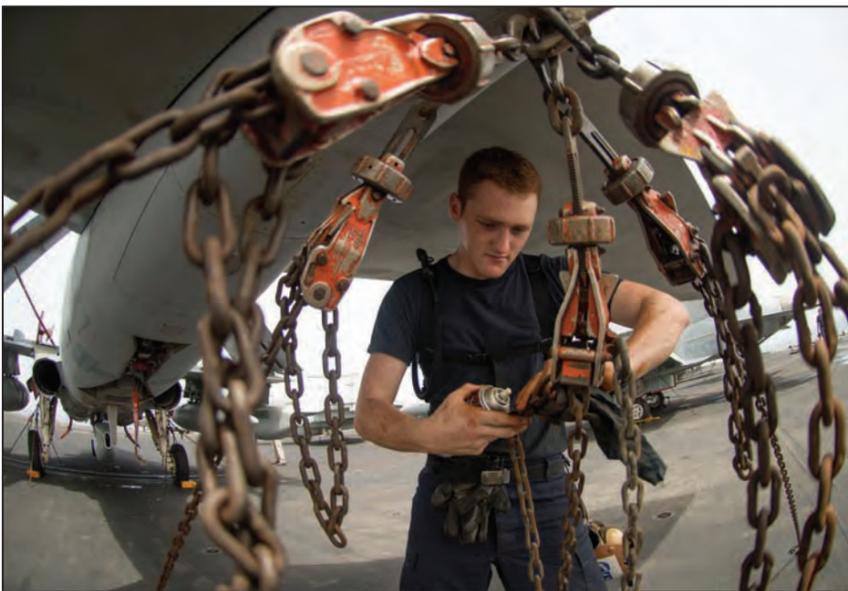
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# EYE ON THE FLEET

Airman Patrick Ramsey, from Enumclaw, Wash., cleans tie-down chains on the flight deck of the aircraft carrier USS Dwight D. Eisenhower (CVN 69). Dwight D. Eisenhower is deployed to the U.S. 5th Fleet area of responsibility promoting maritime security operations, theater security cooperation efforts and support missions as part of Operation Enduring Freedom.

(Photo by Mass Communication Specialist Seaman Andrew Schneider)

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