



GroundWork



14th Annual Navy Volunteer Day at the Tipton County Museum

By Tipton County Museum, Veterans Memorial and Nature Center with NSA Mid-South Public Affairs

Approximately 60 Sailors from various commands at Naval Support Activity Mid-South volunteered their time to perform grounds maintenance and facility upkeep at the Tipton County Museum, Veterans Memorial & Nature Center on Friday, August 16th.

This community service project is one of many different tasks the Chief Petty Officer Selectees (Sailors selected for promotion to Chief Petty Officer), the Navy's pay grade E-7 will perform during a six-week training process designed to prepare them for the increased duties and responsibilities as Chiefs. During the process, each selectee is assigned an experienced sponsor, and together, they complete a variety of mental and physical exercises in addition to performing community service projects.

"As Chief Petty Officers, we look forward to coming out to the Tipton County Museum, Veterans Memorial and Nature Center every year," stated Naval Support Activity Mid-South Command Master Chief Tuck Williams. "It's a very rewarding day for us and allows us to, in a small way, give back to the community by beautifying a facility that has a wealth of military heritage. Additionally, it gives that Chiefs Mess and our newly selected Chiefs the opportunity to focus on a

common goal while building teamwork and unity. I personally have a special bond with this event. I was fortunate to be stationed here in 1999 when we first started the Navy Volunteer Day here, and it is great to see that the tradition still carries on today."

This marks the 14th year that Naval Support Activity Mid-South has pitched in to help the non-profit Tipton County Museum, Veterans Memorial & Nature Center. The Covington Parks and Recreation Department as well as City of Covington and Tipton County Officials are thankful for the continued support of the Navy Chiefs and Chief Selects.

"Maintaining such a large facility is an expensive and time-consuming endeavor," said Alice Fisher, Director of the Tipton County Museum. "We feel very fortunate to have been adopted by such a wonderful group of people. As always, this group of Sailors performed much needed ground and building maintenance, saving the City of Covington and Tipton County large amounts of maintenance funds. We cannot get volunteer help like this anywhere else. They do a wonderful job, and we are thankful to have been chosen as one of their annual community projects."

Chief Aviation Electronics Technician (Select) (AW/SW) Kirk Killian said the day was a great opportunity to connect with the heritage of the Navy Chief and the generations that had served our country in generations past.

"I was really proud to be a part of this project, because it is just a nice thing we can do for the community," said Killian. "The fact that Tipton County has a veteran's museum shows how much they support the military, and I'm proud we can be here to support them. The past 14 years have provided a great legacy of service for our Chiefs and Chief Selects and I'm really glad to be able to be a part of that."

The Navy Volunteer Day project is coordinated locally by the Museum staff, Covington Parks and Recreation Director Amy Payne, Covington Public Works Director Robert Simpson, and the Supervisors of the Street and Sanitation Division of Covington Public Works, Tim Fayne and Danny Brown.

"Most people do not realize that the Museum, which is an entity of the Covington Parks and Recreation Department, sits on 20 acres of land, most of which is a wooded wildlife sanctuary with a half-mile walking trail," added Fisher. "Maintaining the trail, the wetland and pond areas, the landscaped Museum grounds, and the Museum building itself is just a tremendous job. The Naval Support Activity Chief Petty Officers and Chief Petty Officer Selects have indeed played a major role in making this a beautiful area."

The Chief Selects will be promoted to Chief Petty Officer in a Pinning Ceremony at Naval Support Activity Mid-South on September 13th.



Above: Chief Selectees stationed aboard Naval Support Activity Mid-South pose for a group photo during Navy Volunteer Day at the Tipton County Veterans Museum. Navy Volunteer day, in its 14th year, is a day of community outreach and a chance to connect with military heritage by beautifying and doing maintenance at the Tipton County Veterans Museum.

(Photos by MC2 (SW/AW) William Jamieson)



NSA Mid-South Fire Department Responds to Dryer Fire



By NSA Mid-South Fire Department

Naval Support Activity Mid-South Fire Department personnel responded to a fire at the NSA Mid-South Navy Lodge Aug. 14.

The fire which occurred in the Navy Lodge laundry room was the result of a buildup of lint in the lint trap of one of the facility's dryers.

NSA Mid-South Fire Chief Jason Lewis said lint buildup is a bigger danger than many people might think.

"When lint traps are not emptied or cleaned on a regular basis it affects the air flow within the dryer and causes the lint to build up in the dryer instead of on the trap," said Lewis. "When that occurs you have lint build up now but you also have heat buildup as the dryer is unable to exhaust heat as it is designed to do. The combination of built up lint and heat and you have the recipe for disaster."

However, disaster was avoided this time thanks to the quick reaction of the NSA Mid-South Fire Department and an individual working at the building that identified the smoke, closed the door and activated a pull station.

Lewis said he was impressed with his firefighter's performance in fighting the fire.

"They did everything by the book, and I'm proud we were able to fight the fire successfully and no one was hurt," said Lewis. "These guys train everyday and, luckily, we don't have to use that training very often, but they proved today, that when they are called upon, they are ready."

The fire was contained to the one commercial dryer and its contents but often times in this type of fire that is not the case. The dryer in question was a commercial dryer but this could have just as easily happened to a residential dryer.

Any questions feel free to contact the NSA Mid-South Fire Prevention office at 874-5644/5259.



Commanding Officer..... Capt. Doug Walker
Executive Officer Cmdr. Brad Meeks
Editor..... MCI William Jamieson

MWR Editor Marsha Bend
Sales Kenny Prestage
Layout Manager Thomas Sellers

Send us your comments to mill_nsa_bluejacket@navy.mil





Gifts in the Cards

Naval Support Activity Mid-South Command Master Chief Tuck Williams, accepts \$1000 in Defense Commissary Agency gift cards from Advantage Sales LLC and Unilever USA on behalf of the 2013 NSA Mid-South Chief Selectees. The gift cards will be used to purchase food and drinks for Chief Selectee fundraisers and functions.



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The deadline for all story and photo submissions is close of business the Monday before publication, and can be sent to Mill_NSA_Bluejacket@Navy.mil.

The Blue Jacket can be reached at (901) 874-7421 and e-mail at Mill_NSA_Bluejacket@Navy.mil or write the Blue Jacket at Attn: PAO 5722 Integrity Drive Millington, TN 38054.

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day for PURPLE



DAY TO HONOR HEROES

Children from the Childcare Development Center assisted in painting cards that were sent to the Memphis VA Hospital and Walter Reed National Military Hospital.

summer RENT SPECIALS

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"Dr. Wilson took excellent care of me during my pregnancy. He is always smiling and makes you feel like you're his only patient."
Kristie Simpson

Congratulations James Wilson, M.D. Physician of the Month

The staff of Saint Francis Hospital-Bartlett would like to congratulate and recognize obstetrician/gynecologist James Wilson, M.D., for being honored as their Physician of the Month. The Physician of the Month is selected based on comments from patients, families, and the staff at Saint Francis Hospital-Bartlett.

Saint Francis Hospital - Bartlett

www.SaintFrancisBartlett.com
Physician Referral **901-820-7022**

CALENDAR OF EVENTS

Mid-South Navy Ball Golf Tournament

First Place Prize:

1 Round of Golf for 4
at TPC Southwind

4-Man Scramble
2-Man Split

Lunch will be
served at the
end of the
tournament.

For more information, contact:

HM2 Byron Fjeld x3820

LT Kyle Giffen x7695

LT Ben Addison x9135

YN2 Naté Stewart x6969

Friday, 23 Aug 2013

Shot Gun Start @ 0800

Glen Eagle Golf Course

\$45 per person

Sign Up by 21 Aug

Late Sign Up will be \$50 per person

Prizes: 1st Place, 2nd Place, Last Place,
Longest Drive, & Closest to the Pin

Mid-South Commissary Tour by a registered Dietitian- dates are available upon request. Go on a free 90-minute interactive tour of the DeCA commissary with a registered dietitian for inside tips on how to identify tasty, healthful food choices and discover popular food and marketing trends. To register call 874-6178. The Information, Tickets and Travel office (ITT) and, Navy Getaways has moved into the newly renovated Ellison Family Recreation Center (Bldg. S-499 |5671 McCain St.) Our hours of operation are Monday - Friday 11 am - 9 pm, Saturday and Sunday 2-9 pm and holidays 2-7 pm. Date for our grand opening remains to be announced. Updates to this information will be available online at www.facebook.com/MillingtonITT.

Domestic Violence Awareness- The Memphis NCIS office is currently offering Domestic Violence Awareness Briefings for NSA Mid-South Commands. Interested Units and Commands should contact NCIS agent Chad Willie at 901-874-5387 to schedule a briefing.

Insider Threat Counter Intelligence Briefing Opportunities- The Memphis NCIS office is currently delivering "Insider Threat" Counter-Intelligence and Counter-Terrorism Briefings for NSA Mid-South Commands. Interested Units and Commands should contact Deborah Cross at 901-874-5387 to schedule a briefing by an NCIS Special Agent.

Tobacco Cessation Classes- (TBD) Monthly at Naval Branch Health Clinic. If you are unable to attend a class, individual appointments are also available. Call Beth McKinzie RN, CDE Health Promotion/Education at 874-6178 to register.

Child abuse and Exploitation Briefings- NSA NCIS office. Interested Units and Commands should contact Deborah Cross at 901-874-5387 to schedule a briefing by NCIS Special Agent Chad Willie.

The Rock- A teen bible study, every Sunday evening from 5:30 p.m. to 7:00 p.m. This is a FREE, basic religious instruction for the military teen. Free food and drinks provided. Join us for a fun and informative time at the NSA Mid-South Chapel Center. Please call 874-5341/7232 for more information.

Hands Only CPR Class -One quarter of Americans say they've been in a situation where someone needed CPR. If you were one of them, would you know what to do? Studies have shown that being trained in hands-only CPR can make the lifesaving difference when someone suffers sudden cardiac arrest. If you are interested in completing this fifteen-minute manikin hands-on training, contact Cliff Oliver at the NSA Safety Office 874-5398 to sign up for an upcoming class. Groups of six or more can request the training be brought to their worksite on base.

At Eagle's Peak... We'll have your food ready and at your table in a jiffy! Give us 24 hours notice and we will give you ...our Speedy Southern hospitality group service! To reserve tables and/or place an order for your group call 874-5415/5372 or send email to marybalzell@navy.mil.

At Eagle's Peak... Every Friday 4-6 p.m. join us for Happy Hour. Come in for food, drinks and friendly conversation! For more information call 874-5415/5372 or send email to marybalzell@navy.mil.

At Eagle's Peak... We'll have your food ready and at your table in a jiffy! Give us 24 hours notice and we will give you ...our Speedy Southern hospitality group service! To reserve tables and/or place an order for your group call 874-5425/5372 or send email to marybalzell@navy.mil.

Every Friday - Trivia Night at

Eagles Peak.

Trivia night 7 - 9 p.m. Every Friday Night Team sign ups start at 7 p.m. (Teams 4-6 people.) Prizes awarded for 1st, 2nd and 3rd place teams. Grill open 6:30 - 9 p.m. Call (901) 874-5415 for more information.

Every Wednesday and Thursday - Free Yoga Class

If you can breathe, you can do Yoga. Free Coed Lunch Break Yoga class will be held Wednesdays and Thursdays at Joe Dugger Fitness and Sports

Complex. For more information call 874-5497 or visit www.facebook.com/933Yoga.

Every Thursday - The NSA Mid-South Toastmaster Club Meeting

The NSA Mid-South Toastmaster Club can help you: 1) become a better speaker and presenter, 2) communicate with more confidence, 3) develop better leadership skills, and 4) listen more effectively. All military and civilians are invited to be guests at our weekly meetings held Thursdays, 1135-1235, Whitten Bldg (791), Rm B102. For more information on the benefits of joining Toastmasters, please contact Julieanna Walker at 901-874-6898 or julieanna.walker@navy.mil.

Chief Petty Officer's Association 200 Mile Club - Open to all NSA Mid-South personnel, both Military and Civilian. Log 200 miles running or walking to be officially recognized as a member of the 200 mile club and receive your 200 mile club T-shirt

SEE: FCC ALLRED 874-5071 BLDG-S237

FOR MORE INFORMATION AND TO JOIN

\$5.00 REGISTRATION FEE

Naval Support Activity Mid-South Food Drive - Non-perishable canned goods are now being accepted through August 31, 2013 at the NSA Chapel Center. All donations will go to the Feds Feeds Families Campaign to assist them in their fight to stop hunger across America. Contact the Chapel at 874-5341 for more information.

Navy Exchange Hours Will Not Change

The current Navy Exchange hours will remain the same throughout the furlough period. These hours of operation are as follows:

Monday through Friday: 0800-1900

Saturday: 0900-1900

Sunday: 1000 - 1700

The NSA Mid-South Splash Park is open for the 2013 summer season.

The NSA Mid-South Splash Park is open 7 days a week 6 a.m. until sunset. The Splash Park provides the families of the NSA Mid-South community a place to gather and relax while children of all ages enjoy the water based activity during the hot summer days we experience here in the Mid-South. Splash Park is located near the baseball field just off Singleton Avenue.

Attention base commands: planning a holiday event? The NEX would be more than happy to help assist or partner in any event or observance! Please contact event coordinator, Gloria Stanaway-Vrba at 901-301-4257 or General Manager, Matt Barnwell at 872-5710.

Watercolor 101 with Barrie Foster

Barrie Foster, a nationally award winning artist, will be teaching beginning adult (age 13 and older) watercolor classes at the Ellison Recreation Center on Wednesdays from 11 a.m. to 1 p.m. in the Ellison Family Recreation Center (Bldg. S-499 / 5671 McCain St.) No previous art experience necessary and no drawing! The class will explore all aspects of watercolor while having lots of fun! The cost of the 5 week course is \$60, payable to ITT Office

in advance. Classes will be held: 11 a.m. - 1 p.m. Wednesdays (May 15, May 22, May 29, June 19, and June 26.) Class Updates to this information will be available online at <http://www.facebook.com/MillingtonITT>.

Friday, August 23 - Mongolian BBQ dinner

Mongolian BBQ dinner special served Friday, August 23, 5 - 7:30 p.m. at the Helmsman Complex (bldg. S-760 | 7611 Singleton Ave.) Menu includes an array of meats, vegetables and sauces cooked to your liking served with rice and rolls. Choose ... turkey, pork, beef, shrimp, green cabbage, bean sprouts, water chestnuts, celery, red/green and white onions, bamboo shoots, snow peas, carrots, mushrooms, pineapple and jalapeno peppers. Cost: 85 cents per oz. Call (901) 874-5132 for more information.

Friday, September 13 - ITT Tunica Trips

Join ITT on a bus trip to Gold Strike Casino and Resort in Tunica Mississippi. Enjoy Seafood Night at the newly renovated Buffet Americana! Leave the driving & parking to ITT! Trip Itinerary: Depart North-side parking lot at 4:30 p.m. Arrive Gold Strike by 6 p.m. Depart 10:30. Return to NSA Mid-South by midnight. Trip cost \$17 per person. Upon arrival at Gold Strike you will receive \$5 & one \$10 food coupon! Sign up by 1 week prior to trip departure. Note minimum required-20 passengers to conduct these trips. The ITT office is located in the Ellison Family Recreation Center (Bldg. S-499 |5671 McCain St.) For more information call 874-5652 or visit www.facebook.com/MillingtonITT.

October 4 and 5 - Smokin' by the Lake.

Cooking teams from all over will spread the pleasing aroma of hickory smoke and BBQ throughout the Navy Lake picnic area as they compete for cash and prizes in the Smokin' by the Lake BBQ Cooking Contest Oct. 4 and 5 at Navy Lake. This event has evolved from a side activity for amateur BBQ Cookers in our Navy community (that were unable to compete in the Memphis in May competition previously hosted a Navy Mid-South) into a major community event. Because participation grew to exceed the hosted event in which it was associated, the 2013 event is certain to be one of the most highly anticipated annual events of the year. Competition Categories: Pork Shoulders * Pork Ribs * Chicken * Beans * Chicken Wings * Brisket * Anything But and Sauce

Competition awards to be announced. Entry forms available at Ellison Family Recreation Center (Bldg. S-499 |5671 McCain St.) To sign up and/or for more information call (901) 508-1982 or visit www.facebook.com/MWRSmokinbythelakeBBQcontest.

Sunday, October 6 - Liberty Program Titans Trip

The Liberty program is taking group to watch the Tennessee Titans play against the Kansas City Chiefs! Group departs NSA Mid-South at 0600 and returns to NSA Mid-South at 2130. Kick-Off 1200 @ LP Field in Nashville, TN. Cost: \$65/person for E-5 & Below, \$90/person for all other Active Duty, \$95/person for all Retirees & Civilians. Price includes your ticket, transportation, soda & water on the bus, as well as an all-you-can-eat pre-game buffet at the Titans Fan Zone with three complimentary beverage tickets! You MUST be 21 years of age or older, OR have an Active Duty ID, to come on the trip. Sign up at the Ellison Recreation Center, Bldg. S-499. Spaces are limited! Early Sign-Ups for E5 & Below Start on Monday, August 12th! Open to all others starting Monday, August 19th. For more information call 874-5437.

School Bus Safety

NSA Safety Office

The National Highway Traffic Safety Administration (NHTSA) establishes Federal motor vehicle safety standards to reduce the number of fatalities and injuries from motor vehicle crashes, including crashes involving school buses. NHTSA requires all new school buses to meet safety standards in addition to those that apply to all other passenger motor vehicles. These include requirements for improved emergency exits, roof structure, seating and fuel systems, and bus body joint integrity. NHTSA also works with each State on school bus safety and occupant protection programs. School bus safety is one of our highest priorities.

The following are NHTSA's answers to often-asked questions about seat belts on large (over 10,000 lb GVWR) school buses.

How safe are school buses compared to all other motor vehicles?

School buses are one of the safest forms of transportation in the United States. More than 42,000 people are killed in traffic crashes on U.S. roads every year. Every year, approximately 450,000 public school buses travel about 4.3 billion miles to transport 23.5 million children to and from school and school-related activities. Yet, on average, every year, six school age children (throughout the U.S.) die in school bus crashes as passengers. NHTSA strives to ensure that there are no fatalities in school buses.

We have seat belts in passenger cars. Why don't we have them on school buses?

Seat belts have been required on passenger cars since 1968. Forty-nine States and the District of Columbia have enacted laws requiring the wearing of seat belts in passenger cars and light trucks. There is no question that seat belts play an important role in keeping occupants safe in these vehicles, however school buses are different by design and use a different kind of safety restraint system that works extremely well.

Large school buses are heavier and distribute crash forces differently than do passenger cars and light trucks. Because of these differences, the crash forces experienced by occupants of buses are much less than that experienced by occupants of passenger cars, light trucks or vans. NHTSA decided that the best way to provide crash protection to passengers of large school buses is through a concept called "compartmentalization." This requires that the interior of large buses provide occupant protection such that children are protected without the need to buckle-up. Through compartmentalization, occupant crash protection is provided by a protective envelope consisting of strong, closely-spaced seats that have energy-absorbing seat backs.

Small school buses (with a gross vehicle weight rating of 10,000 pounds or less) must be equipped with lap and/or lap/shoulder belts at all designated seating positions. Since the sizes and weights of small school buses are closer to those of passenger cars and trucks, seat belts in those vehicles are necessary to provide occupant protection.

School bus crash data show that compartmentalization has been effective at protecting school bus passengers. NHTSA's 2002

Report to Congress[1] found that the addition of lap belts did not improve occupant protection for the severe frontal impacts that were studied for that report.

The National Transportation Safety Board (NTSB) and the National Academy of Sciences (NAS) have come to similar conclusions. The NTSB concluded in a 1987 study of school bus crashes that most fatalities and injuries occurred because the occupant seating positions were in direct line with the crash forces.[2] NTSB stated that seat belts would not have prevented most of the serious injuries and fatalities from occurring in school bus crashes. In 1989, the NAS completed a study of ways to improve school bus safety and concluded that the overall potential benefits of requiring seat belts on large school buses were insufficient to justify a Federal mandate for installation.[3] NAS also stated that the funds used to purchase and maintain seat belts might be better spent on other school bus safety programs and devices that could save more lives and reduce more injuries.

How safe are school buses compared to other motor vehicles?

School buses are approximately seven times safer than passenger cars or light trucks. The school bus occupant fatality rate of 0.2 fatalities per 100 million vehicle miles traveled (VMT) is considerably lower than the fatality rates for passenger cars or light trucks (1.44 per 100 million VMT). The relative safety of school buses was addressed in 2002 by the National Academy of Sciences (NAS) in "The Relative Risks of School Travel: A National Perspective and Guidance for Local Community Risk Assessment." [5] It found that there are about 815 fatalities related to school transportation per year. Only 2 percent are associated with official school transportation, compared to 22 percent due to walking/bicycling to or from school, and 75 percent from passenger car transportation to or from school.

What is the cause of most school bus-related fatalities?

Pedestrian fatalities account for the highest number of school bus-related fatalities. There are about 17 such fatalities per year, two-thirds of which involve the school bus itself and the rest involving motorists illegally passing the stopped school bus. In its 1989 report, the NAS stated that since children are at "greater risk of being killed in school bus loading zones (i.e., boarding and leaving the bus) than in the bus, a larger share of the school bus safety effort should be directed to improving the safety of school bus loading zones." NHTSA agrees with the NAS that States and localities should focus their efforts toward improving school bus loading zones.

About 440,000 public school buses carry 24 million children more than 4.3 billion miles a year, but only about six children die each year in bus accidents, according to annual statistics compiled the National Highway Traffic Safety Administration. About 800 children, by contrast, die every year walking, biking or being driven to school in cars or other passenger vehicles. That's why the NSA Safety Office urges you to keep your awareness level high around school areas.

Corrections from the Editor

In our story titled, "Sailor Adopts Fourth Child," from the August 8 issue of the Bluejacket it was unintentionally implied that all orphans worldwide live in conditions of poverty, disease and exploitation. While, unfortunately, these conditions do exist for many orphans, not all orphans live in these conditions. In fact, some orphans live in homes and in organizations that care deeply for the welfare of the children in their charge. We at the Bluejacket apologize to these organizations and children for unintentionally generalizing. While our intentions were and are good, generalizations do not provide justice for the wronged, and injure those who are doing the right thing. We apologize for any confusion we may have caused. We also wanted to be sure and point out the good in the world where it can be found, and there are many organizations and orphanages well worth any support they receive. We appreciate your patience and continued support.

Bluejacket Editor
MCI William Jamieson

Clinic Corner

WORK PLACE SAFETY & HEALTH MONTH

Week 4

Remember that August is Work Place Safety and Health month.

What is distracted driving? Distracted driving is any activity that could divert a person's attention away from the primary task of driving.

- Distracted driving includes: -texting -grooming -using a cell phone or smartphone

- reading including maps -eating and drinking -using a navigation system -talking to passengers -adjusting a radio or CD player

Sending or receiving a text takes a driver's eyes from the road for an average of 4.6 seconds, the equivalent at 55 mph of driving the length of a football field BLIND!

Chaplain's Compass

What is America?

By Chaplain Tim Foster Navy Reserve

When you think of America, what comes to mind? Do you think of our country in terms of her vast and beautiful landscape?

President Ronald Reagan liked to refer to America as "the shining city." It's a Biblical image. Jesus said of His followers, "You are the light of the world. A city on a hill cannot be hidden."

In his farewell address to the nation, President Reagan said, "I've spoken of the shining city all my political life. In my mind it was a tall, proud city built on rocks stronger than oceans, windswept, God-blessed, and teeming with people of all kinds living in harmony and peace; a city with free ports that hummed with commerce and creativity."

I like President Reagan's description of America as the shining city. How about you?

Name That Tune:

- 1) "Lord of all creation, of water, earth and sky ..." 2) "Lift high his royal banner..." 3) "Like a river flows ... surely to the sea..." 4) "We'd ride up and down the river in a brand new Cadillac" 5) "I'm the king of the jungle, they call me ..."

What's Happening:

Chapel Picnic NSA Mid-South Chapel will host a "back to chapel" picnic on September 8th, immediately following the 1000 service.

Our fall Sunday school classes also start back on the 8th. Bring a friend and invite a neighbor to come and be a part of our base community of faith!

Chapel Bible Studies

The chapel hosts a men's Bible study at 1130 each Thursday in the conference room. Ladies have a 1200 Thursday Bible study in the classroom next to the Navy and Marine Corps Relief office.

Youth Bible Study

Meets Sunday nights at 1730 in the Chapel Fellowship Hall. All teenagers are invited, and bring an appetite!

Community Relations Projects

Have a command community relations project in mind? Let the chapel advertise and help you promote your event as you support our community.

Feds Feed Families

This is a donation drive of non-perishables in support of our local food banks. Donations may be dropped off at the chapel center during business hours.

Answers to "Name That Tune"

- 1) God of Wonders - Contemporary Christian Hymn 2) Stand up, stand up for Jesus - Christian Hymn 3) I Can't Help Falling in Love With You - Elvis 4) Me and Elvis - Radio Human 5) Tiger Man - Elvis

You're Invited!

There are many places of worship in the Millington and Memphis area. Make plans to attend and plug into the great community of faith here in the Mid-South.

WRITTEN IN BLOOD

That phrase has such a dramatic, gruesome ring to it. I used to see it in Approach articles about what we now would call a "willful violations," except it was during the years before we recognized the complexity (and lethality) of human factors.

because aviation had more than its share of flaming death and destruction. I remember thinking that it would be more effective in NATOPS if the words were printed in blood-colored ink with little pretend drops coming off them, with a footnote citing the actual mishap.

intersection or a curve where a black-and-green skull-and-crossbones sign had been posted by a local insurance company, marking a fatal wreck.



At the Atlantic Ocean end of Shore Drive in Virginia Beach, there used to be a huge billboard that specified how many people had died in wrecks during the past couple decades. I always find Shore Drive - a winding, tree-shrouded road between First Landing State Park and the boondocks of Joint Expeditionary Base East - to



Q. Why are there so many speed bumps on the base?

Cmdr. Brad Meeks, Naval Support Activity Mid-South executive officer answers: "That's a great question and one we appreciate having the opportunity to answer. Speed bumps on board the installation are placed to strategically limit the likelihood of accidents at certain locations and to prevent damage to personal property."

This week in Navy History

August 22 1912 - Birthday of Dental Corps 1945 - First surrender of Japanese garrison at end of World War II; USS Levy receives surrender of Mille Atoll in Marshall Islands 1980 - USS Passumpsic rescues 28 Vietnamese refugees

August 23 1864 - RADM David Farragut's squadron captures Fort Morgan at Mobile Bay winning control of Mobile Bay 1958 - Massive concentration of Pacific Fleet in Quemoy-Matsu area prevents invasion of islands by China.

1958 - In Taiwan Straits Crisis, Units of 7th Fleet move into Taiwan area to support Taiwan against Chinese Communists.

1963 - The first satellite communications ship, USNS Kingsport (T-AG-164) in Lagos, Nigeria, connected President John F. Kennedy with Nigerian Prime Minister Balewa who was aboard for the first satellite (Syncom II) relayed telephone conversation between heads of state.

August 24 1814 - British invasion of Maryland and Washington, D.C.; Washington Navy Yard and ships burned to prevent capture by the British

1912 - Launching of USS Jupiter, first electrically propelled Navy ship 1942 - U.S. carrier aircraft begin 2-day Battle of Eastern Solomons where Japanese task force defeat-

ed and one Japanese carrier sunk. Japanese recall expedition to recapture Guadalcanal.

1960 - USS Bexar (APA-237) deploys to Pangahan Province in response to emergency request for aid from the Province's governor.

1843 - Steam frigate Missouri arrives at Gibraltar completing first Trans-Atlantic crossing by U.S. steam powered ship. 1942 - Five Navy nurses who became POWs on Guam repatriated.

1951 - 23 fighters from USS Essex (CV-9) escort Air Force heavy bombers attacking Najin, Korea since target was beyond range of land-based fighters.

1775 - Rhode Island Resolve: Rhode Island delegates to Continental Congress press for creation of Continental Navy to protect the colonies

1839 - Brig Washington seizes Spanish slaver, Amistad near Montauk Point, NY

1861 - Union amphibious force lands near Hatteras, NC

1865 - Civil War ends with Naval strength over 58,500 men and 600 ships

1917 - Squadron of minesweepers departs U.S. for service off France

1944 - USS Stingray (SS-186) lands men and supplies on Luzon, Philippines to support guerilla operations against the Japanese.

1945 - Pacific Fleet ships enter Sagami Bay near Tokyo, Japan.

1959 - Off Cape Canaveral, FL, USS Observation Island (EAG-154) makes first shipboard launching of a Polaris missile.

1867 - Captain William Reynolds of Lackawanna raises U.S. flag over Midway Island and took formal possession of these islands for the U.S.

1942 - 120 women, commissioned directly as ENS or LTJG, reported to "USS Northampton," Smith College for training.

1952 - Units on USS Boxer (CV-21) launch explosive-filled drone which explodes against railroad bridge near Hungnam, Korea. First guided missile launched from ship during Korean Conflict.

1965 - CDR Scott Carpenter and 9 aquanauts enter SeaLab II, 205 ft. below Southern California's waters to conduct underwater living and working tests

1991 - A helicopter from USS America (CV-66) rescues 3 civilian sailors who spent 10 days in a lifeboat 80 miles off Capt May, NJ after their sailboat capsized.

1992 - Navy and Marine forces begin providing disaster relief after Typhoon Omar hit Guam

1992 - Marines and Army forces begin providing disaster relief in Florida after Hurricane Andrew.

Stormwater Report And Plan Now Available

The Small Municipal Separate Storm Sewer System (MS4) Annual Report for FY 2013 is available for public comment until 20 SEPT 2013. This report is required by the State of Tennessee Department of Environment and Conservation (TDEC). The report describes NSA Mid-South's efforts in FY13 to

ensure the quality and quantity of stormwater leaving the Installation adheres to the conditions of our MS4 permit.

NSA Mid-South's Integrated Stormwater Management Plan (ISWMP) has also been revised and is available for review. The ISWMP details the controls used by the Installation to pre-

vent surface water contamination.

For a copy of these reports, if you have questions about NSA Mid-South's Stormwater controls, or if you are interested in joining the Installation's Stormwater Team, please contact Rachel Methvin at 901-874-5904 or via E-mail at rachel.methvin@navy.mil.

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 Questions or concerns?
 MWR POC: Debra Howze
 Fitness and Sports Division Head
 901-508-1962 wk
 debra.howze@navy.mil
 YMCA:
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 901-873-1434 wk
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f eaglespeakbarandgrill **f**

ARE YOU READY FOR SOME FOOTBALL?



It's time to start putting our rosters together for the 2013 Intramural Flag Football Season!!
Team rosters due Tuesday, August 27
 Coaches meeting: Friday, August 30 at 11 a.m. at the Athletic Office.

The Athletic office is now accepting rosters for the Intramural Flag Football League. To participate, get the players of your command, unit or code together and submit your team roster to the N-82 gym Athletic Office.

This sport generates participation points toward winning the 2013 Naval Support Activity Mid-South Captain's Trophy. Therefore, all teams must be formed from their commands, codes and competitive units. Active duty, retirees, reserves, DoD civilians and their dependents age 17 or older are eligible to participate.

Team rosters should be turned in by dropping off at the N-82 Gym, faxing them to 874-5409. Call or stop by the Athletic Office for more information 874-5188.

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 (instructor: Eileen)

Subs: July 17/Eileen

For more information, call 874-5497
 For more information on Robin's classes, visit www.facebook.com/933Yoga
 For more information on Eileen's classes, email her at yogiek@gmail.com

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- Mansion only - Adult \$27.00
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- Memphis Zoo - Adult \$13.00
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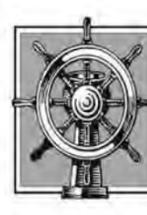
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Ellison Family Recreation Center Bldg. S-499 (5671 McCain St.) (901) 874-5496.
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- Fri., Aug 23 13-16 on regular program \$200.00
- Wed., Aug 28 free ice cream at half time
- Fri., Aug 30 4,9,13,16 on regular program \$200.00
- Wed, Sept 4 Free junior jackpot card with the purchase of an early bird pack.

Champagne Brunch

Sunday, September 29
 11 a.m. - 1 p.m.

Menu includes
 carved top round of beef au jus, southern fried chicken, Broiled tilapia, whipped potatoes with gravy, country style green beans, Broccoli casserole, Creamed corn, scrambled eggs, sausage links, bacon, grits, French toast, soup and salad bar, dessert bar, coffee, tea, orange juice, and champagne (must be 21 years of age to be served Champagne)

Adults \$10.50
 Children age 5-10 \$5.75
 Children 4 and younger eat free

Mongolian BBQ

Friday, Aug. 23
 5-7:30 p.m. in Oaks Dining Room

An array of meats, vegetables and sauces cooked to your liking served with rice and rolls. Choose ... turkey, pork, beef, shrimp, green cabbage, bean sprouts, water chestnuts, celery, red/green and white onions, bamboo shoots, snow peas, carrots, mushrooms, pineapple and jalapeno peppers.

Cost: 85 cents per oz.



MWR DINING & EVENT HIGHLIGHTS! AUGUST 22 - 31, 2013 **MWR**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>Movie Birthday Party Package</p> <p>Celebrate your birthday with us!</p> <p>2 1/2 hour birthday party package includes: Table & chairs set up in designated area for the party decorated with plastic table coverings (red, blue, pink or yellow) and 12 helium balloons. A G-Rated Movie will be scheduled in the 36-seat movie theater. Chaperones are responsible for maintaining control of party attendees. Birthday party scheduling is based on availability. Cost \$45 - for a Saturday party at 2:30 or 4:30. Ellison Family Recreation Center (901) 874-5455 Bldg. S-499 (5671 McCain St.)</p>				<p>Helmsman Lunch Buffet 22 Carved roast beef Carved pit smoked ham</p> <p>Eagle's Peak Lunch Special Hamburger steak with onion gravy, mashed potatoes, buttered carrots, a roll and drink \$8.00</p>	<p>Helmsman Lunch Buffet 23 Fried catfish Spaghetti with meat sauce</p> <p>Eagle's Peak Lunch Special Catfish, White Beans, Slaw, Hush-puppies and drink \$8.00</p> <p>Mongolian BBQ 5-7:30 p.m. Oaks Dining Room Helmsman Complex</p>	<p>COED YOGA @ Joe Dugger 4:30 p.m. - 5:30 p.m.</p> <p>Ellison Family Recreation Center Free movie in Cinema 36 1830 Epic (PG)</p>	<p>FAMILY MOVIE MATINEES!!</p> <p>Ellison Family Recreation Center Free movies in Cinema 36 1430 Journey to the Center of the Earth (PG) 1630 The Rookie (G) 1845 The Internship (PG-13)</p>
<p>Free movie shown daily!</p> <p>Bldg. S-499 (5671 McCain St.) (901) 874-5455.</p>	<p>Helmsman Plated Lunch 26 Chicken fried steak Whipped potatoes with gravy</p> <p>Eagle's Peak Lunch Special Pick two (Soup/ sandwich or Soup/ salad) and drink \$7.00</p>	<p>Helmsman Plated Lunch 27 Oven baked meatloaf Mac n cheese</p> <p>Eagle's Peak Lunch Special Taco Salad, Refried Beans and drink \$7.00</p> <p>Intramural Flag Football Team rosters due today!</p> <p>COED YOGA @ Joe Dugger 4:30 p.m. to 5:30 p.m.</p>	<p>Helmsman Lunch Buffet 28 Southern fried chicken Sausage with peppers and onions</p> <p>Eagle's Peak Lunch Special BBO Bun, Baked Beans, Slaw and drink or Nachos, Cheddar Cheese Sauce, condiments and drink</p>	<p>Helmsman Lunch Buffet 29 Carved roast beef Carved pit smoked ham</p> <p>Eagle's Peak Lunch Special Hamburger steak with onion gravy, mashed potatoes, buttered carrots, a roll and drink \$8.00</p>	<p>Helmsman Lunch Buffet 30 Fried catfish Sweet n sour chicken</p> <p>Eagle's Peak Lunch Special Catfish, White Beans, Slaw, Hush-puppies and drink \$8.00</p> <p>Night Golf Starts 9:00pm Glen Eagle Golf Course 874-5168</p>	<p>FAMILY MOVIE MATINEES!!</p> <p>Ellison Family Recreation Center Free movies in Cinema 36 1430 Epic (PG) 1630 Diary of Wimpy Kid: Dog Days (PG) 1830 White House Down (PG-13)</p>	
<p>Ellison Family Recreation Center Free movies in Cinema 36 1430 White House Down (PG-13) 1730 This is the End (R)</p>	<p>Ellison Family Recreation Center Free movie in Cinema 36 1815 Pulp Fiction (1994) (R)</p>	<p>Ellison Family Recreation Center Free movie in Cinema 36 1830 Now You See Me (PG-13)</p>	<p>Ellison Family Recreation Center Free movie in Cinema 36 1830 After Earth (PG-13)</p>	<p>Ellison Family Recreation Center Free movie in Cinema 36 1830 Monsters University (G)</p>	<p>Ellison Family Recreation Center Free movie in Cinema 36 1830 Fast & Furious 6 (PG-13)</p>	<p>Ellison Family Recreation Center Free movie in Cinema 36 1830 White House Down (PG-13)</p>	



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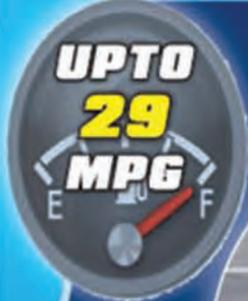
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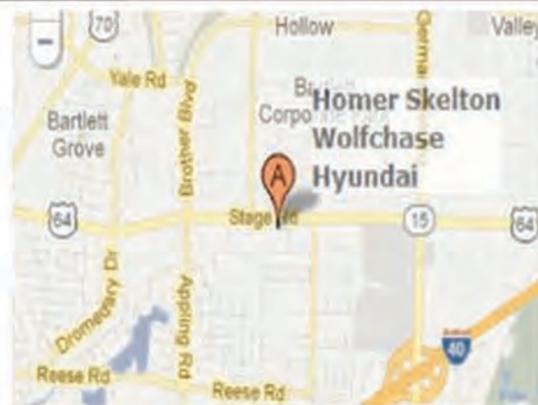
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Dunavant Endorses Law Enforcement Crackdown on DUI this Labor Day

Driving under the influence continues to exact an epidemic toll on our nation and state. Every year nearly one third of all motor vehicle traffic deaths involve impaired drivers or motorcycle operators. In 2011, 9,878 people (31 percent of all fatalities) were killed on America's roads in impaired driving crashes—about one person every 53 minutes. Holidays are particularly dangerous and the upcoming Labor Day celebration in Tennessee is no exception.

That's why our local police departments and sheriff's office are joining nearly 10,000 law enforcement agencies nationwide to crack down on anyone caught driving under the influence from mid-August through the Labor Day holiday.

Research shows that high-visibility enforcement reduce impaired driving fatalities by as much as 20 percent, and a well-implemented enforcement campaign that is intense, frequent, highly visible, and targeted can make a big difference to our state.

Law Enforcement efforts, part of the national "Drive Sober or Get Pulled Over" campaign, will include sobriety checkpoints, saturation patrols and no refusal enforcement. If you are driving under the influence, you will be caught and face serious consequences. The minimum penalty in Tennessee includes 48 hours in jail, a one-year license suspension and a \$350 fine. You can also face severe financial consequences such as rising insurance rates, attorney fees, court costs, lost time at work, and potential job loss and personal and professional embarrassment. You may have to pick up garbage on the side of the road as your neighbors drive by.

Statistics from the National Highway Traffic Safety Administration (NHTSA) underscore the dangers of impaired driving dramatically. During the 2011 Labor Day holiday period, 138 people

(amounting to 36% of Labor Day motor vehicle traffic fatalities that year) were killed nationwide in crashes involving drivers or motorcycle riders with blood alcohol concentrations of .08 or higher. Last year one person in Tennessee died in an alcohol related crash. 2 persons were killed in crashes in which a driver was impaired by drugs. It is illegal in all 50 states, the District of Columbia and Puerto Rico to drive under the influence of alcohol or drugs.

In Tennessee last year, 15 people were killed and 558 injured in traffic crashes over the Labor Day weekend. 81 persons were injured in impaired driving crashes. These numbers are significant. NHTSA notes that Labor Day impaired driving fatalities across the nation over a 5-year period (from 2007 to 2011) involved impaired driving 39% of the time.

But such numbers tell only part of the story. Young people, with their whole lives ahead of them, are dying in impaired driving crashes more than any other age group. Young drivers 18 to 34 years old accounted for 44 percent of the Labor Day impaired driving fatalities in America in 2011. In Tennessee last year 3 persons under the age of 22 died before their time.

By participating in this national enforcement crackdown, we hope law enforcement can help reduce the number of impaired driving fatalities and injuries in our community and make the roads safer for everyone. We hope all people will get home safely and that no person will spend their holiday planning a funeral after an unexpected tragedy. Any injury or loss of life is unacceptable if caused by alcohol or drugs, so please remember this important advice from District Attorney, Mike Dunavant: "Drive Sober or Get Pulled Over" this holiday weekend.



EYE ON THE FLEET

The guided-missile frigate **USS Samuel B. Roberts (FFG 58)** arrives for a port visit. **Roberts, homeported in Mayport, Fla., is deployed to the U.S. 6th Fleet area of responsibility supporting maritime security operations and theater security cooperation efforts.**

Photo by Paul Farley

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Navy/Marine Corps Team:

Testing F-35B Lightning II Aircraft Aboard USS Wasp

By Mass Communications Specialist Seaman Michael T. Forbes
USS Wasp Public Affairs

Two F-35B Lightning II jets (BF-01 and BF-05) touched down aboard the amphibious assault ship USS Wasp (LHD 1) Aug. 12, kicking off week of Development Testing II (DT-II) where Wasp Sailors and Integrated Test Force (ITF) team members are testing and further validating the F-35B.

DT-II is the second of three test phases encompassing numerous milestone events including the first night operation at sea as well as the first launch and recovery of the F-35B at sea by a U.K. test pilot. The goal of this testing is to further define F-35B operating parameters aboard amphibious ships such as Wasp.

The F-35 Lightning II is the next generation strike aircraft for the U.S. Marine Corps, Navy, and Air Force, as well as eight international partners.

The jet combines advanced stealth with fighter speed and agility, fully fused sensor information, network-enabled operations and advanced sustainment. Wasp is testing the F-35B, which has short takeoff/vertical landing (STOVL) capability, enabling it to operate from a wider range of ships and in support of expeditionary operations.

"It's a significant milestone for the F-35 program," said Capt. Erik Etz, Director, Test & Evaluation F-35 Naval Variants. "We're providing an envelope that will be utilized by Marine Corps and U.K. aviators when they go out and employ the air-

craft in a real environment. The ability to operate at night is critical and so certainly the testing we're doing here will provide a significant amount of data so we can clear the envelope and clear the aircraft to operate day and night, when the Marine Corps takes the F-35B to initial operating capability in 2015."

Wasp and the ITF completed a major milestone when Lt. Col. C. R. Clift launched from the flight deck and landed safely, marking the first successful night launch and recovery of the F-35B at sea.

The pilots were pleased with the progress that the first night landings at sea represent. "It all went extremely well," said Clift. "Throughout the night we conducted eight successful launches and landings, so we're on target and quickly gaining experience with F-35B night operations at sea."

Launch and recoveries filled the first, second and third days at sea creating smooth, synchronized day-time operations. Wasp flight deck crew members were trained in advance of DT-II to prepare them for F-35B operations at sea, ensuring all those involved were ready to support DT-II.

"The crew itself has spent quite a bit of time up at Patuxent River working with the F-35B understanding how the aircraft operates," said Capt. Brian Teets, Wasp's commanding officer. "What we've been able to bring is a consistent platform to the F-35B to support their testing. It's the same ship with the same capabilities, providing consistency and stability as a

reliable test platform. Employing a consistent test platform allows the team to find ways to optimize this new aircraft in the Marine Air Combat Element."

U.K. Squadron Leader Jim Schofield, a Royal Air Force pilot became the first international pilot to conduct sea-based launch and landing in the F-35B.

"It's exciting to see the integration of this new plane with the amphibious assault ships," said Schofield. "After a year leading up to this evolution, it's awesome to get here and start. And the crew has been especially accommodating and efficient at running these tests smoothly."

The historical milestones were not lost on Wasp crew members, but for most it was "business as usual", focusing on safety and effectiveness during flight operations at sea. Aviation Boatswain's Mate (Handling) 1st Class Ashley Geary gave the signal to launch BF-05 for the first night flight operations.

"It was fun knowing we're making history," said Geary. "We worked with the test team at Patuxent River for a week, learning about the F-35B and its operations. They took our suggestions on flight deck procedures, ensuring we were one team working together towards a successful mission. The launch went well, without a hitch."

The F-35 Lightning II is scheduled to replace 13 different legacy aircraft in the current U.S. defense inventory. Sea trials for the Navy's F-35C aircraft carrier variant are scheduled at the end of 2014.

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