

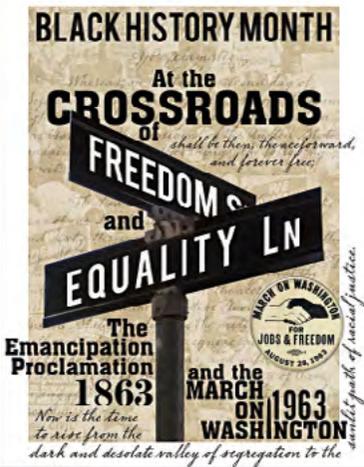
WINGSPAN



Vol. 19, No. 4

Naval Air Station Corpus Christi, Texas

February 21, 2013



Black History Month Celebration
February 28
page 3



VT-35 Change of Command
page 4



Support Group
page 7



Prevent Teen Dating Violence
page 12

Marine student pilot nominated for 'Military Spouse of the Year'

Story & photos by Bob Torres

They met in college in San Diego and he decided to be a Navy pilot. She elected to join the Marines to be a Marine pilot.

No particular reason, none of her immediate family was a Marine, but she liked the uniform.

After getting married he was deployed and she went to Marines "The Basic School," in Quantico, Va.

They had a dog and found a distant relative to care for it while they were both gone.

Marine 1st Lt. Alisia Johnson thought about other servicemembers who might have the same predicament

That led to her creating a program called "Dogs on Deployment," with the intent of helping other servicemembers.

"We've been together seven years," Alisia said of her married life. "We've been apart for five of those years."

So while focusing on getting through flight school – her goal is to become a C-130 pilot – in her spare time she focuses on the "Dogs on Deployment" nonprofit charity she

and her husband began in 2010.

"We were lucky to find someone, a distant relative to take care of our dog, J.D.," she said.

"I thought of other servicemembers and the stress for them when they're deployed and may not have someone to care for their pets. Pets are 'family' too.

"So I took this on to alleviate that stress for someone who is deploying.

"Currently there are about 3,000 volunteers nationwide who will care for a servicemember's pet when they're deployed.

"We've taken care of dogs, cats, birds and a turtle. There have not been any animals turned down."

Johnson was nominated as a 'Military Spouse of the Year' – the annual competition held by "Military Spouse" magazine – by another servicemember who heard about what she was doing and thought it was a great service she was providing, not just to her spouse, but the entire military community.

"I was talking to someone about the program, and Lucy Ortiz *Spouse continued on page 8*



1st Lt. Alisia Johnson with her dogs, J.D. and Jersey. After experiencing the problems of finding care for pets while deployed, Johnson formed an organization to connect servicemembers with pet care givers. Her efforts led to her nomination in the annual 'Military Spouse of the Year' competition.



Iwo Jima Remembered

Members of the 'Young Marine' organization depict the Feb. 23, 1945 Iwo Jima flag-raising during a reenactment at Sherrill Park on Feb. 16. Also present were MATSG-22 Commanding Officer, Col. David Krebs, the Veteran's Band, the Marine Corps League and several Navy and Marine Corps veterans who had served on Iwo Jima, approximately 200 Marine student aviators and their families and guests.

Photo by Bob Torres

Skipper's Column Come Try Our New Club - Soon

by Capt. Dave Edgecomb



Edgecomb

If you've been watching the news, you know the Navy and the Defense Department are facing tight budgets.

Naval Air Station Corpus Christi is no exception – and things are getting even tighter.

The basic issue is that no defense budget has been approved, so DoD is operating under a continuing resolution that essentially sets spending at the same level as FY 2012, significantly less than what had been planned for FY 2013.

And with no clear resolution in sight, Navy leaders have directed that spending be reduced on the assumption that we will remain under a continuing resolution for the rest of the fiscal year.

Ship deployments and flying are being reduced, shipyard work is being delayed, travel is restricted and a hiring freeze has been enacted.

Locally, the Air Station will be affected in ways both big and small.

In recent years, money has been made available to work on a number of long-deferred building maintenance issues here at NAS Corpus Christi.

No more.

Now, Public Works has too little money chasing too many projects, so only those with the highest priorities will be taken on.

Services also are being reduced; janitorial services will be restricted to restrooms and common areas.

Plan to take out your own trash.

Utility spending is to be reduced, meaning cooler offices when it's cold and warmer ones when it's hot.

Operationally, I cannot hire the manpower to support opening the tower on weekends, so weekend flight training will be limited to closed tower operations only.

The Air Station, and I suspect most tenant

units, have been directed to drastically reduce spending on things like office supplies and admin support.

The Commissary is changing its Early Bird hours from 7:30-10 a.m. to 9-10 a.m., Tuesday – Friday effective March 5.

MWR is looking at reduced hours for most activities.

Guidance is still coming down, but in general, everyone will be feeling the pinch.

And all of this is based on the assumption of operating under a continuing resolution for the rest of FY 2013.

If the larger cuts called sequestration take effect, expect much more significant belt-tightening.

On a related note, we are still scheduled to hold an Air Show April 13-14.

Should this change, we will notify all concerned as soon as possible.

While it is clear that fiscal pressures will force us to reduce services, we remain committed to providing our tenants and residents with the best support that we can within these resource constraints.

Wingspan

NAS Corpus Christi

"Exceeding Expectations Through Pride In Performance"

Commanding Officer

Capt. D.M. Edgecomb

Public Affairs Officer

Robert D. Torres
Robert.Torres1@navy.mil

Editor

Rod Hafemeister
rodney.hafemeister@navy.mil

Wingspan is an authorized publication for members of the military services, civilian personnel and their families. Its contents do not necessarily reflect the views of the U.S. Government, the Department of Defense, Department of the Navy or the Department of the Army, and do not imply endorsement thereof.

Wingspan is published every other week by D.J. Young Publishing, 145 Naples, Corpus Christi, Texas 78404, a private firm in no way connected with the U.S. Navy, under exclusive written contract with Naval Air Station Corpus Christi, Texas.

The editorial content is prepared, edited and provided by the Public Affairs Office of Naval Air Station, Corpus Christi, Texas. Stories and photos not otherwise attributed are written by the *Wingspan* staff. The address is: Commanding Officer, NAS Corpus Christi, Attn: *Wingspan*, 11001 D St. Suite 143, Corpus Christi, Texas, 78419-5021. All news releases should be sent to the above address.

Please call (361) 961-2674 for deadline information.

The appearance of advertising in this newspaper, including inserts or supplements, does not constitute endorsement by the Department of Defense, the U.S. Navy, the U.S. Army, Naval Air Station Corpus Christi, or D.J. Young Publishing, of the products and services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected.

To advertise in *Wingspan*, please call D.J. Young Publishing at (361) 814-0866.

Chaplain's Message

by Lt. Stephen Warne, Chaplain

Why do we celebrate birthdays?

Every year that magical date rolls around; another year older and hopefully wiser.

As children, seemingly every birthday is as important as the last. Another party and special event often marked with decorations, presents, a cake, and the like.

But as adults, the parties begin to wane and the celebrations are not quite as elaborate.

In fact, with the exception of a few milestone birthdays, such as 21, 40, 50, etc., that "special day" is often marked by just a card in the mail from mom, or a colorful picture of stick people and flowers that can be displayed on the refrigerator.

I suspect that one begins to realize the inevitability of adding years to one's life. It is a countdown of sorts.

But enough with the grim; let's focus on the celebration.

Birthdays should be celebrations of life – the blessing of being given yet another year on this earth.

Birthdays are reminders that we are building a legacy with our lives, influencing and impacting those around us (hopefully in a positive way).

Celebrate your next birthday with a sense of accomplishment.

Cherish each moment of every day and your birthday will be a much more welcomed

occasion.

Although growing old comes with consequences, most are out of our control and unavoidable.

Don't fret about those things.

Instead, realize the blessing of the years you have lived and look forward to the celebrations to come for the life you live today.

Birthdays



Warne

Editor's Corner

by Rod Hafemeister



Hafemeister

Spring may still be weeks away, but major League Baseball has already started Spring Training.

And for one minor league player, it means putting aside something else for his paying job.

He's Vance Albitz, a minor league shortstop in the St. Louis Cardinals organization.

Last year, he spent time playing for their AAA affiliate, the Memphis Redbirds.

But the reason he's interesting is what

he's been doing in the off-season – running his own private operation to support the troops deployed in Afghanistan.

Rick Reilly, a sportswriter for ESPN, profiled Albitz earlier this year. Here's an excerpt:

The Afghanistan snow covered the tops of his boots the day U.S. Army Specialist Shaun Pelt, a medic, ripped open a box from the States and found four baseball gloves and four balls.

"All of a sudden," Pelt writes, "it was Christmas morning."

He and his roommate immediately went out in front of the latrine trailers, in 20-degree weather, and played frozen-fingered catch for an hour, grinning like 8-year-olds.

"And this was the best thing: For

Play Ball!

that whole time, I forgot where I was," says Pelt, 34.

Albitz said was his way of saying "Thank you."

"I read where the soldiers over there get lonely and bored," says Albitz. "I feel that way sometimes, you know? New town, new team all the time. And I'm just playing baseball. These guys are putting their lives on the line for us. I just thought somebody ought to thank them for it."

Albitz read an article somewhere in which a soldier was asked what he'd most like to have sent to him.

"Two gloves and a baseball," the soldier replied.

And something clicked in Albitz's brain.

Editor continued on page 9

Worship Services

CATHOLIC WORSHIP SERVICE

Base Catholic Chapel
Daily Mass Mon-Thur: 11:30 a.m.
Sunday Mass: 9 a.m.
Religious Education: Sunday - 10:00 a.m.

PROTESTANT WORSHIP SERVICE

Base Protestant Chapel
Sunday Service: 10:00 a.m.

JEWISH WORSHIP SERVICE

Temple Beth El (4402 Saratoga Blvd.)
Friday at 7:30 p.m.
(with dinner to follow)
For further information call
Temple Beth El at 857-8181

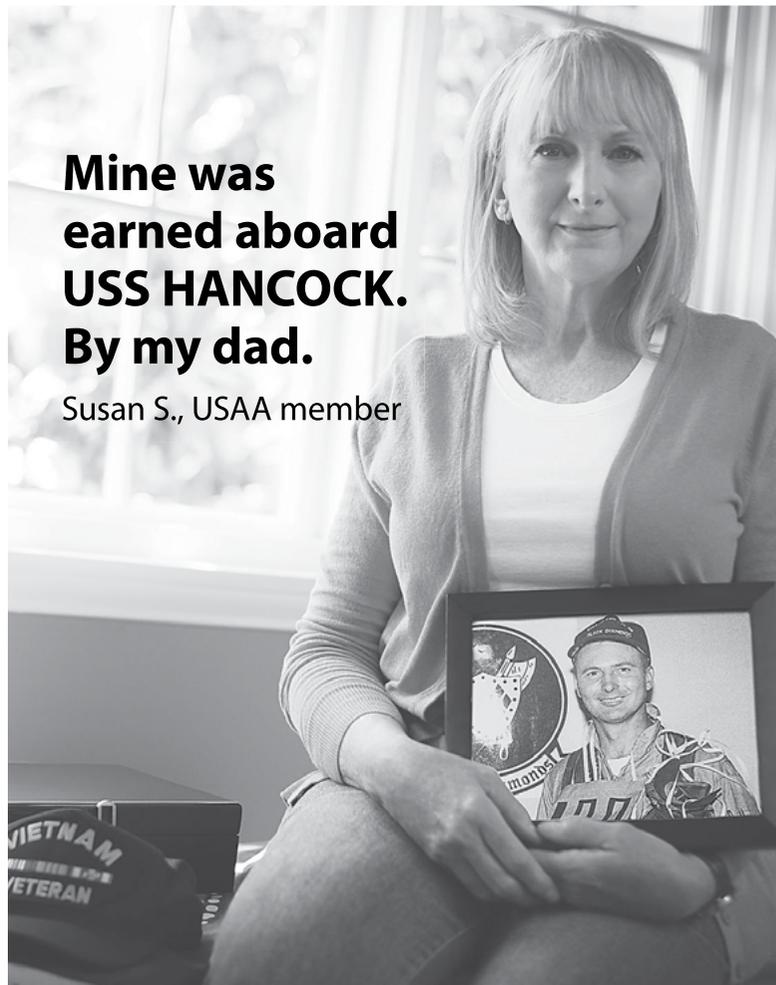
ISLAMIC WORSHIP SERVICE

Islamic Society of South Texas
(7341 McArdle Rd.)
Jumah Service – 1:30 p.m.
For other worship service times, call 992-8550

February is Black History Month

CS2 Pierre Bowden, GSE2 Gunnar Borthick, AC3 Marquise Price and QM3 Alfredo Echevarria, members of the NASCC Multicultural Diversity Committee, install a display celebrating Black History Month at the NASCC Commissary. The committee will hold a Black History Month celebration on Feb. 28 at the Naval Operational Support Center from 11 a.m. to 1 p.m.

Photo by Rod Hafemeister



Mine was earned aboard USS HANCOCK. By my dad.

Susan S., USAA member

USAA Auto Insurance. Earned once. Cherished from generation to generation.

At USAA, our commitment to serve the financial needs of military members, veterans who have honorably served and their families is without equal. In fact, families regard USAA Auto Insurance so highly, 95% of USAA members plan to remain with USAA for life.¹

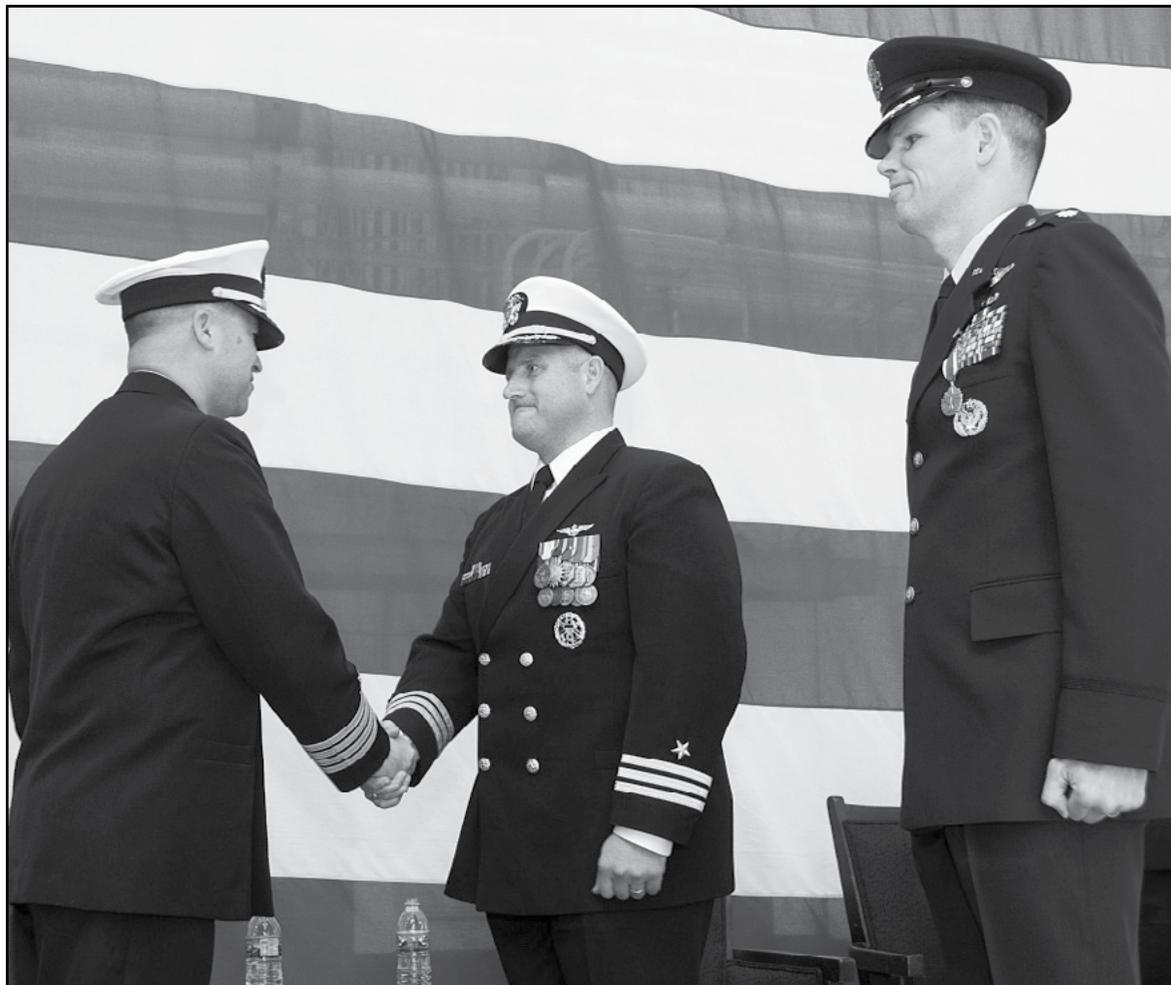
Begin your legacy. Get a quote.

usaa.com/insurance | 800-531-3550



¹Based on 2011 Member Communications Trend Survey. Use of the term "member" or "membership" does not convey any legal, eligibility or ownership rights. The term "honorably served" applies to officers and enlisted personnel who served on active duty, in the Selected Reserve or in the National Guard and have a discharge type of "Honorable." Eligibility may change based on factors such as marital status, rank or military status. Contact us to update your records. Adult children of USAA members are eligible to purchase auto or property insurance if their eligible parent purchases USAA auto or property insurance. Automobile insurance provided by United Services Automobile Association and its P&C affiliates. Each company has sole financial responsibility for its own products. © 2012 USAA. 139377-1012

Maclean departs VT-35; Kramarik takes command



(left) Training Air Wing Four Commodore Capt. Rex Curtin congratulates Cmdr. Scott Kramarik as he takes command of Training Squadron (VT) 35 as Lt. Col. William Maclean, outgoing commander, looks on during the squadron's change of command ceremony Feb. 8, 2013. (above) Janell Kramarik pins the command pin on her husband, Cmdr. Scott Kramarik.

Photos by Richard Stewart, CNATRA Public Affairs

If you care about her...
encourage regular check-ups.



WOMEN'S
CORPUS CHRISTI
Clinic

For Appointment or Information

851-5000

www.ccwomensclinic.com

Obstetrics • Gynecology • Infertility

We Know Kids



That's why so many parents choose the Children's Clinic. Our experience and compassion allow you to take comfort in knowing that your child is receiving the best care possible. We've been doing this since 1952. We know a thing or two about kids. Come by any of our five convenient locations and see for yourself.

www.thechildrensclinic.com • Since 1952

 **Children's
Clinic**

SOUTHSIDE

992-6458

5945 Saratoga, Across from Spohn Hospital South

ALAMEDA

855-7346

3435 S. Alameda, Next to
Driscoll Children's Hospital

BAY AREA

985-1418

7121 SPID, In the Bay Area
Medical Office Building

CALALLEN

241-9541

13725 NW Blvd., Across
from Calallen High School

PORTLAND

643-2518

1029 W. Hwy. 181, In the
Crescent Center Building

New Patients Welcome. Appointments preferred. Weekend office hours. Se habla español. We take all local providers, including Blue Cross/Blue Shield, CHIP, Humana, and Aetna. A Medicaid Provider is on site to determine eligibility.

Citadel Shield 2013 downsized; minimal traffic disruptions expected

Story & photo by Rod Hafemeister

The latest Navy event to be affected by the budget crunch is the Solid Curtain-Citadel Shield 2013 force protection exercise.

Budget constraints have prompted Navy leaders to cancel the Solid Curtain portion of the exercise, which is conducted at regional and higher headquarters.

Since the scenarios of Solid Curtain drive communication to the bases to respond, the cancellation means the local Citadel Shield exercise will not involve elevating the Force Protection condition to a level that results in traffic congestion at the gate.

“Essentially, you’re not going to notice much from the exercise,” Capt. Dave Edgecomb, NASCC commanding officer, told tenant unit representatives at an exercise planning meeting Feb. 15.

“We’re not really going to close the gate down.”

Instead, on Tuesday, Feb. 26, the base will conduct a “gate runner” exercise at and around the North (Ocean Drive) Gate.

That exercise will begin about 8 a.m., close to the normal closing time of that gate, and should conclude in an hour or so.

On Wednesday, Feb. 27, officials will conduct an extensive mass casualty exercise, simulating an aircraft crash.

But that exercise will be held at the fire training tower and should not interfere with normal traffic on the Air Station.



Security personnel conduct a ‘gate runner’ exercise. Such exercises test Force Protection responses and provide valuable ‘lessons learned’ to improve security. This year’s Citadel Shield exercises Feb. 25- March 2 are not expected to disrupt traffic at NASCC, as the exercises will be held away from normal traffic flow.

SC-CS is a Force Protection exercise conducted by Commander, U.S. Fleet Forces Command (USFF) and Commander, Navy Installations Command (CNIC) on all Navy installations in the continental United States.

This annual exercise uses realistic

scenarios to ensure Navy security forces maintain a high level of readiness to respond to changing and dynamic threats.

Normally, that includes elevating the Force Protection status, which can include more strict scrutiny at the gate, more spot

inspections of vehicles and people entering the base – and, at times, traffic delays and backups.

But none of that will happen this year – so plan a normal week on board NAS Corpus Christi between Feb. 25 and March 2.

ChampionCorpusChristi.com



Chevy Runs Deep

BRAND NEW 2012 CHEVY EQUINOX

YOUR CHOICE!
SALE PRICE

BRAND NEW 2012 CHEVY CAMARO



\$22,990

Fuel Economy™
30
hwy

Fuel Economy™
32
hwy



5-YEAR / 100,000 MILE POWERTRAIN LIMITED WARRANTY**

Champion Chevrolet
an AutoNation company

6650 South Padre Island Drive
Between Airline & Nile

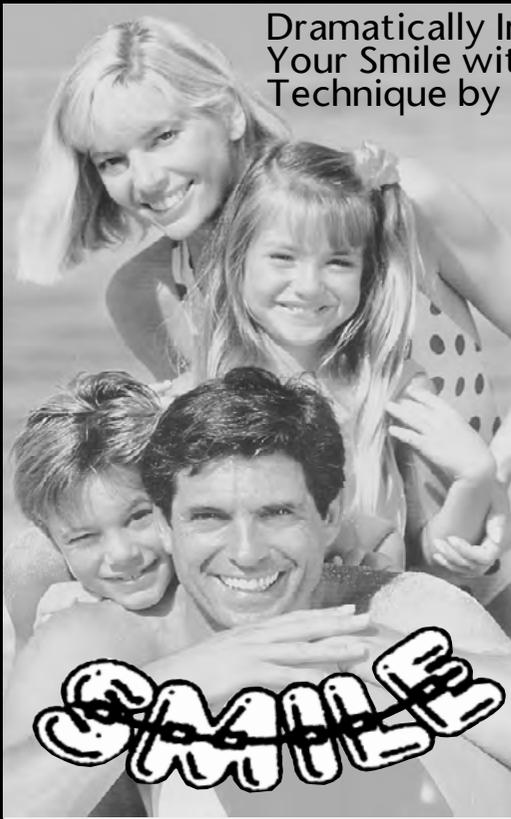
CALL TOLL FREE:

PODEMOS AYUDARLE EN ESPAÑOL

1-877-265-9305

SALES HOURS: MONDAY-FRIDAY 8:30-8:00 • SATURDAY 9:00-8:00 • SERVICE HOURS: MONDAY-SATURDAY 8:00-5:00

**BASED IN EPA ESTIMATED FUEL ECONOMY. 1. '12 EQUINOX STK#C6185481. MSRP \$24,260- CHAMPION DISC \$1270. '12 CAMARO STK#C9118583. MSRP \$24,310 - CHAMPION DISCOUNT \$1320.††SEE DEALER FOR COMPLETE WARRANTY DETAILS. ALL RATES ARE IN LIEU OF APPLICABLE REBATES. ALL OFFERS WITH APPROVED CREDIT. ALL PRICES PLUS TAX, TITLE & LICENSE. ALL ADVERTISED VEHICLES SUBJECT TO PRIOR SALE. ALL REBATES AND INCENTIVES RETAINED BY DEALER. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS. PICTURES FOR ILLUSTRATION PURPOSES ONLY. PRICES AND OFFERS GOOD THROUGH DATE OF PUBLICATION. ©1996-2012 AUTONATION, INC.



Dramatically Improve Your Smile with the "Super Smile" Technique by Dr. Joseph Coniglio

Quality Treatment with

- Reasonable Fees
- Free Initial Exam
- No Down Payment
- Low Monthly Fees

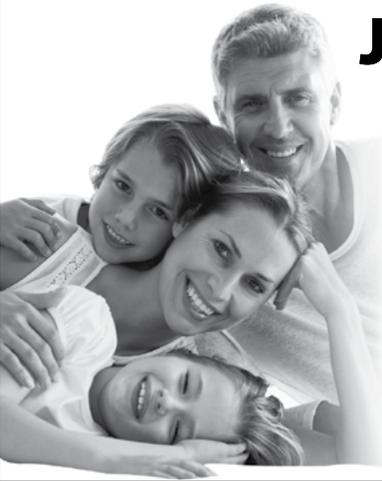
Less Treatment Time
Fewer Treatment Visits
Computer Assisted Technology with Fixed or Invisible Braces to Shorten Treatment Time and Achieve the Best Possible "Super Smile" with Minimal Discomfort and Lower Costs

Neighborhood Offices:

- Corpus Christi
- Kingsville
- Portland
- Rockport
- 5 Points



Dr. Joseph Coniglio, D.D.S., M.S.
Orthodontist
(361) 993-2333
5756 S. Staples • Corpus Christi
Military Provider and most other major insurances accepted



JOHN T. TIMM, DDS
COSMETIC • FAMILY • GENERAL • DENTISTRY

WE WILL SEE YOU TODAY!

Most insurance accepted /Insurance filed for you.
Tri-care, Tri-care Retiree and Government plans accepted.
We accept CareCredit and Citi Health card.

361-854-5181
700 Everhart Rd., Ste. B-11

Visit us www.smilesforcorpuschristi.com

BMW of CORPUS CHRISTI



The Ultimate Driving Machine®



Ask for **Julio Rodriguez**
Your Client Advisor
Receive \$500 off





4225 S. Staples Corpus Christi, TX 78411 Direct: 361-537-6941 Main: 361-991-5555 x103
Check out my daily inventory on facebook @ Julio Rodriguez BMWofCorpusChristi

CNATRA Awards



Chief of Naval Air Training (CNATRA) Chief of Staff Capt. Chuck Hollingsworth presents Lt. Cmdr. Stephen Cazalas the Navy and Marine Corps Commendation Medal during an awards ceremony at CNATRA headquarters Feb. 1.



Chief of Naval Air Training (CNATRA) Rear Adm. Mark Leavitt presents YN1 Joshua Hollinger the Navy and Marine Corps Achievement Medal during an awards ceremony at CNATRA headquarters Feb. 1.

Photos by Richard Stewart, CNATRA Public Affairs

NHCCC to help tobacco users wanting to quit

Story & graphic by Bill Love, NHCCC Public Affairs

A Tobacco Free Support Group is now being organized at Naval Health Clinic Corpus Christi for former users and those who want to kick the habit.

"If you have decided to quit and would like a forum to share strategies in overcoming obstacles or would like to learn how others are coping," said Ignacio Donez, disease manager, "join the group every last Thursday of the month from 3:30 to 4:30 p.m. in the Crew's Lounge (basement) of the NHCCC."

Tobacco use is the leading preventable cause of death in the United States according to the Centers for Disease Control and Prevention Morbidity and Mortality Report for February 2013.

Some of the negative health consequences of tobacco use include heart disease, mouth and throat cancer, high blood pressure, lung disease, labor complications with adverse reproductive problems and the exacerbation of chronic health conditions.

It is evident that the use of tobacco products will put your health at risk and in jeopardy.

"Quitting tobacco may be challenging, but it is not impossible," Donez said.

The U.S. Health and Human Services has found the health consequences of tobacco use to include cardiovascular disease, multiple types of cancer, pulmonary disease, adverse reproductive outcomes, and the exacerbation of chronic health conditions.

According to the CDC's Smoking and

Tobacco Use Facts Sheet, cigarette smoking causes approximately 443,000 premature deaths in the United States annually and has been estimated to cost the United States \$96 billion in direct medical expenses and \$97 billion in lost productivity each year.

An estimated 45.3 million people, or 19.3 percent of all adults (aged 18 years or older), in the United States smoke cigarettes.

If you ready to quit tobacco products and regain your health, but are not sure how to do it, the NHCCC Wellness Clinic has a solution for all eligible beneficiaries.

Monthly tobacco cessation class offer the skills, knowledge and strategies to assist you in reaching your goal of becoming tobacco free and reaping the benefits of a healthy lifestyle.

The tobacco program is held in four one hour sessions (twice a week for two weeks) focusing on such topics like, developing a plan, quit methods, risk factors of tobacco use, benefits of quitting, stress management, relaxation techniques, your three environments of tobacco use, behavior change, how to handle the cravings/withdrawals, nutrition and weight management, nicotine triggers and food connection and medication use.

"The benefits of improved health and the financial gain from quitting are within reach," Donez said.

"So what are you waiting for? Make the decision today, quit tobacco, we can help you."

We're here to help you

NAVAL HEALTH CLINIC CORPUS CHRISTI

Tobacco Cessation Support Group

Naval Health Clinic Corpus Christi is offering a Tobacco Cessation Support Group for people who have quit or are trying to quit tobacco.

The group meets from 3:30 - 4:30 p.m. the last Thursday of every month in the Crews Lounge in the basement of NHCCC.

For more information, contact (361) 961-3914.

Mega Markdown Sales Event!

Get Comfortable for LESS! Famous Brand Names! Same Day Delivery Available!



Price Includes: Headboard, Footboard, Rails, Dresser and Mirror

SAVE! 19%

Metro Comfort!

\$646.87

This group makes comfort easy and decorating a dream! Look at the clean lines, the classic pewter hardware and the cushioned headboard for ultimate comfort and relaxation!



Price Includes: Sofa

SAVE! 25%



Price Includes: Wood Frame Only

Stylish & Comfortable \$338

Sleep More, Less Space

A simple style with delicate lines and the durable micro-fiber easy care cover are just some of the benefits you'll appreciate from this living room set!

Enjoy the beauty of real wood tones and functionality of storage space below! You'll love the look and convenience of a twin on top and a full sized bed on the bottom!



Price Includes: Table and 4 Side Chairs

SAVE! \$53

\$433.37



SAVE! 38%

New Lodge Look! \$576.57

Come see the latest concept introduced in the timeless lodge look! Stretching a full 82" long you'll have room for the entire family and friends, too!

Plush Rocker Recliner

This unit is complete with a rocking and reclining mechanism that can soothe away the stresses of each day!

\$297.45

5858 SPID @SUNRISE MALL CORPUS CHRISTI 361.991.1120 Mon-Fri 10a-8p; Sat 10a-7p

9602 Upriver Road CORPUS CHRISTI 361.241.4211 Mon-Fri 10a-7p; Sat 10a-6p

2021 S. Brahma Near High School Kingsville 361.592.8534 Mon-Fri 10a-7p; Sat 10a-6p

www.wilcoxfurniture.com



SANDY PAWS
Pet Resort
VOTED
Best of the Best
Veterinarian 2007 - 2012

Veterinary Services

Cats & Dogs

- Full Service Hospital
- Spay & Neuter
- Laser Surgery & Laser Therapy
- Clinical Lab & Radiology
- Electrocardiogram & Ultrasound
- Vaccinations
- Tick & Flea Control
- Allergy Testing & Medicines
- Heartworm Prevention
- Hill's Science Diet Cat/Dog Food
- Drop-Offs Welcome

• Boarding - Cats & Dogs

- Separate Rooms
- Climate Controlled
- Science Diet Feed
- Clean Environment
- Large Grassy Fenced Yard

• Grooming - Cats and Dogs

- All Breeds, Big or Small
- Flea & Tick Treatment
- Baths - Nail Trims
- Teeth Brushing • Hair Coloring



Ray Herrera
 Director



Dr. Christi Kresser

10% Military Discount

14802 Compass Rd., On the Island • (361) 949-8200
 WWW.PADREVET.COM



Keep The Sparkle In Your Smile!

Tooth-colored fillings • Tooth whitening
Crowns, bridges and veneers • Dentures (complete and partial)
Nightguards • Root Canals • Digital X-Rays & Photos

For our dental phobics we offer:
 Nitrous Oxide Gas • Conscious Sedation (pills)

All the comforts of home including:
 Blankets and Pillows • Warm Towels • Personal music by Pandora

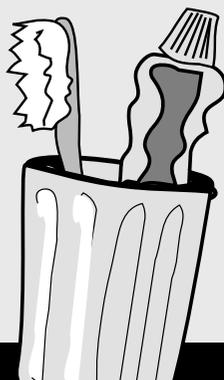
Now accepting : Metlife • United Concordia • GEHA

Anna C. Ashley, DDS, PA
 Family and Cosmetic Dentistry
 Schedule your appointment TODAY!

361-991-0102

Tuesday-Friday 8:00am to 5:00pm

5314 Everhart, Suite A • www.annaashleyddspa.com



**TO ALL
 POST COMMANDERS
 AND
 DISTRICT 6 OFFICERS**

DISTRICT MEETING

23 February 2013

POST 6386

INGLESIDE, TX (Hwy 361)

Memorial Service

10:00 a.m.

(Post Commanders and Auxiliary Presidents reminded of need to know how many departed comrades/sisters since October 2012)

SYLVIA SANCHEZ, the State Senior Vice Commander and Kathy We We, the Ladies Auxiliary President for the Department of Texas will be attending District 6 meeting.

JOINT MEETING

Approx 10:20 a.m.

BUSINESS MEETINGS

12:30 p.m.

Pass to all post members and ladies auxiliary. Need everyone to attend.

NOTE: National bylaws state that it is the duty of post commanders or their designated representative to be in attendance at every district meeting.

See you and your post and auxiliary members at the district meeting!



Spouse continued from page 1

in the VT-27 office heard me and said, 'I'm a foster parent to a dog in that program,'" Johnson said.

One of the flight instructors in the Training Wing is currently deployed and Ortiz cares for his dog, a German Shepherd-Labrador mix.

Johnson currently has two dogs of her own, male and female Australian shepherds named J.D (the male) and Jersey.

"I don't know if I could make it through flight school with my husband not here, but I rely on J.D., to help me make it through the course," she said.

She'll see her husband, who's coming to visit soon, but through the hardship of going through flight school without him, she's got J.D., and Jersey to help her through the program.

"I'd love to win this competition," she said.

"Because hopefully, it'll let more people know what the program is about, and it'll assist other servicemembers that might need someone to take care of their pet (s) when they go on deployment.

"I believe we in the military are responsible, we need to be. And by doing this, it helps other people go on deployment with less to worry about.

"It lets them concentrate on doing their jobs better, without worrying about their pets."



Johnson is interviewed by local media about her nomination as 'Military Spouse of the Year.'

Editor continued from page 2

The result was “Gloves 4 Troops,” a personal project to send baseballs and baseball gloves to deployed troops.

Although he had a few donations, most of the operation – which he did not even register as a non-profit organization – came out of Albitz’ pocket.

Working from his parent’s garage in California, he collected the gloves and balls.

His father oiled the gloves and fixed laces as needed.

And then they boxed them up and shipped them, paying for the shipping out their own pockets as well.

He apparently was doing okay; at the time Reilly wrote about him in January, Albitz had sent about 300 gloves overseas.

But he told Reilly he’d like to send 1,000 gloves before reporting to Spring Training.

So Reilly threw out a challenge to his readers: If they would contribute \$1,000, Reilly would match it to help Albitz toward his goal.

And boy, did the readers respond – to the tune of \$27,000 and counting!

Someone else volunteered to pick up all the shipping costs. And various sporting goods outlets chipped in with donations.

As Spring Training neared, Albitz and friends and family were in overdrive, with 850-plus and counting already on their way to the troops.

They had to move from the garage to a nearby high school to get more space.

In the meantime, Reilly has received emails from some of the grateful troops.

I am a captain in the Army, and am currently deployed. I had the pleasure of tossing the ball around with a lieutenant and sergeant last week. Nothing beats that feeling, even halfway across the globe. Albitz’s donations have undoubtedly gone a long way to raise the morale of soldiers.

-- David Struwe

I just returned from Afghanistan this January and our Marines received gloves from Vance and his program. The first thing we did was warm up the arm and show off our fastballs. You miss the little things like that when deployed. Please thanks Mr. Albitz for being the positive American he is and let him know he has a group of Marines that are rooting for him.

-- Nicholas Regopoulos (San Diego)

As we were going to press, I received an email from Albitz, short and to the point:

“I want to tell everybody that the goal of sending 1,000 baseball gloves to U.S. Troops has been achieved!!!

“Please check out www.gloves4troops.com if you get a chance to see some photos of the three month project.

“Thank you everybody for your unbelievable support and donations.

“Time to play some ball!!!”

Albitz closed Gloves4Troops for the season – but has every intention of starting back up as soon as baseball season is over.

However his season goes, Vance Albitz is an MVP in my book!

DISCOVER THE COMFORT OF HOME

Let Navy Federal get you into your new home with low loan rates, 100% financing, personal guidance seven days a week, and servicing for the life of the loan. Contact us today to find out more about our exceptional mortgage solutions.



NAVY FEDERAL
Credit Union

ARMY
MARINE CORPS
NAVY
AIR FORCE
DoD

APPLY TODAY!

navyfederal.org 1.888.842.6328

Federally insured by NCUA. App Store® is a service mark of Apple, Inc. Android™ is a trademark of Google, Inc. © 2013 Navy Federal NFCU 12342 (1-13)



We Proudly Support Our Military!



Humpal
Physical
Therapy
& Sports
Medicine
Centers

www.HumpalPhysicalTherapy.com

5026 Deepwood Cir. Corpus Christi, Tx 854-2278
2150 W. Wheeler Aransas Pass, Tx 758-5199
1700 Wildcat, Ste.#C Portland, Tx 643-8243
1811 Broadway (aka Fulton Beach Rd.) Rockport, Tx 729-8777
(also located in Calallen & Alice)

DINING
and
“What’s Happening”
In the Coastal BEND
Starts on page 18

Awards and Achievements



Three NASCC Sailors were recognized at the Feb. 7 awards ceremony. From left: MA1 Jimmy Longoria, Army Commendation Medal; AOC Joseph Stackhouse, Navy and Marine Corps Commendation Medal; AO1 Christopher Gilbreath, Navy and Marine Corps Achievement Medal.



From left, Senior Sailor of the Quarter EN1 Bobby Solsberry, Junior Sailor of the Quarter GSE2 Gunnar Borthick, and Blue Jacket of the Quarter ABH3 Justin Caguioa,

Photos by Rod Hafemeister

CNATRA Years of Service Awards



Chief of Naval Air Training (CNATRA) Rear Adm. Mark Leavitt, right, and (from left to right) Gregory Roach (25 years), Roger Lawrence (25 years), and Capt. Chuck Hollingsworth presented the following individuals with Years of Service Awards during an awards ceremony at CNATRA headquarters Feb. 1:

Photo by Richard Stewart, CNATRA Public Affairs

Awards and Achievements

Winging — February 15



Photo by Hugh Lieck Event Photography

Winging officials, from left: Sharon Kollaja, Corpus Christi Chamber of Commerce; Lt. Stephen Warne, Chaplain; Cmdr. Todd Copeland, Commanding Officer, VT-31; Cmdr. Richard Kramarik, Commanding Officer, VT-35; Capt. Tom Ford, USN, Ret, CNATRA; Col. David Krebs, Commanding Officer, MATSG-22; Capt. Rex Curtin, Commodore, Training Air Wing Four.

Wingees, in alphabetical order: Ensign Oluwaseun O Abegunde; Lt. j.g. Katharine Charlene Binder; 1st Lt. Katie Anne Borgholthaus, USMC; Ensign Francis James Dunn Jr.; Ensign Sara Martha Faessel; Ensign Adam Brady Lewis; Lt. j.g. James Michael Lyons; Ensign Rory Terrance O'Donnell; Ensign Tanner Jackson Powell; Ensign Samuel P Rose; Ensign Carid E. Scovill; Lt. j.g. Delano Aimes Steinacker III; Lt. j.g. Logan Wayne Sullivan; Lt. j.g. James Aandrew Webb; 1st Lt. William E. Wiggins, USMC; Ensign Thomas Lee Yuhaniak.

Naval Air Station Corpus Christi Sailors and Civilians of the Year



NASCC held a military/civilian awards ceremony Feb. 4. From left: Blue Jacket of the Year ACAN Marcus Snell, Junior Sailor of the Year MA2 John Day and Sailor of the Year LS1 Anthony Saldana.



From left: Senior Civilian of the Year Douglas Lange, Civilian of the Year James Dunn, Manager of the Year Donna Tedrow and NASCC commanding officer Capt. Dave Edgecomb.

Photos by Rod Hafemeister



Hair Expressions

BARBER SCHOOL

Success Starts Today!

**Become a
Barber • Nail Tech**

Learn to Fade, Edge Up, Taper, Hilites, Color, Color Correction, Waxing and Layercuts.

Optional: Learn Manicures, Fiberglass, Acrylic, Sculpture and much more!

REGISTER NOW: Full and Part Time Positions Available

FINANCING: VA and GI Bill • Post 911 and DARS Payment Plans Available

HAIR EXPRESSIONS BARBER SCHOOL

4027 Ayers, Corpus Christi • **361-225-1041**

HairExpressionsBarberSchool.com • HairExpress2002@att.net
Walk-ins Welcome



The Trucking Industry WANTS YOU!

Transportation Training Service
at DelMar College
(West Campus) Old Brownsville Rd. & Airport Rd.

Earn your Class A CDL in just 3 weeks!
Classes Starting Every 2-3 weeks
Mon - Sat 7:00am to 7:30pm
Night and Refresher Courses Available

**The Post 9-11
GI Bill will pay
up to 100% for
Qualified Military
Personnel**

- Tuition Reimbursement from sponsored companies
- Government Grants • Job Placement Assistance

GET IN THE DRIVER'S SEAT!
Call NOW to Register! (361) 698-2707 • www.delmar.edu/trucking

Certificate in Ministry Training
Bachelor of Arts in Christian Studies
Master of Divinity



The South Texas SCHOOL of
CHRISTIAN STUDIES

Explore a variety of academic opportunities in the areas of Bible, Theology, and Christian Ministry in association with Hardin-Simmons University. If you are simply interested in learning more about these topics for your own personal growth or if you are thinking about chaplaincy or full-time ministry, come see us. Our tuition is remarkably reasonable, our professors are eminently qualified, and our location is convenient. Many of our classes are taught in the evenings, typically one night a week.

You will find our class schedule on our Website at www.stscs.org
Come See us at 7000 Ocean Drive near TAMU-CC, or call us at 991-9403

ATTENTION
Business Decision Makers

.....

Advertise **YOUR** Business in the
Next Issue of This **NEWSPAPER**

.....

Contact Chris at
361-814-0866
for more information

.....

cyoung@DJYoungPublishing.com
www.DJYoungPublishing.com

FEBRUARY



Teen Dating Violence Prevention Awareness Month

Dating & violence should not be a couple

by Andrea Gutierrez, Domestic Abuse Victim Advocate (DAVA)FFSC

February is "National Teen Dating Violence Prevention and Awareness" month.

That means that the whole month is dedicated to raising awareness about an issue that affects us all.

Statistics show that nearly 1.5 million high school students nationwide experience abuse from a dating partner in a single year – or roughly one in three teens experiences some form of dating abuse each year.

Dating abuse refers to a pattern of abusive behaviors where a partner exerts power and control over someone they are dating or involved with in some type of relationship.

In simple terms, dating abuse happens when one person's choices or behaviors are used to hurt or control someone they are dating.

Constant put downs, extreme jealousy and possessiveness, explosive temper, keeping you from family and friends, constantly checking on your whereabouts by calling and texting you, telling you they love you after

one date, preventing you from doing what you want, wearing what you want, telling you who you can and can't hang out with – all of these behaviors are designed to control someone, isolate them and lower their self esteem.

These actions are also some warning signs that you may be in an abusive dating relationship.

It does not have to be physical violence to be considered abuse.

Again, because of these alarming statistics, it is vital that this month young people, parents, educators and everyone else who cares about healthy relationships come together, speak out, and make sure more people are talking about this important issue.

For more information visit: www.teenDVmonth.org or www.loveisrespect.org.

You may also call the Family Advocacy Staff at the Fleet and Family Support center at 361-961-2372.

TRDI workers meet local media



NBC News Reporter Jessica Holley interviews Charles Mills, a TRDI employee, in front of a T-34 aircraft. Mills, who has a learning disability, is one of TRDI's grounds maintenance workers on NASCC. TRDI recruits and employs members with disabilities, trains and provides benefits for those who otherwise may not find employment. Currently they do custodial and grounds keeping duties, servicing more than 100 buildings on base.

Photo by Bob Torres

CLASSIFIED

RENTAL

Unfurnished, spacious 2/1 in peaceful neighborhood on Hinman. 1100 sq. ft. Newly renovated. Hardwood & tile. Dishwasher, new refrigerator. Double garage with washer. Gas heat. Ceiling fans. Huge fenced yard. No dogs. \$975 + electric. \$900 deposit. 512-698-8580

2 BR, 2 BATH DOWNTOWN CONDO

Bay view! 1200 sq. ft. Stained concrete floors. Granite countertops, island. Stainless appliances. LOTS of cabinets. Wall-mount TVs in LR, main BR. Built-in bookshelves in 2BR. \$1850, all util. incl. Contact bobs-bistro@sbcglobal.net

3 br, 3 bath Ocean Drive Condo for lease

Close to downtown, with glorious views of CC Bay and Cole Park. Pool, game room, exercise room, tennis and racquetball, 24/7 security, plus HOA and all maintenance fees included. Furnished or unfurnished. Bonus: Guest rooms available for company. \$2800/month, plus deposit. Contact MARINA DEL SOL manager at 361-887-6963. www.mdcondocc.com

FOR SALE 2011 Can-AM Spyder-RT Trike
Fully Loaded, show room condition, 1,000 miles - \$20,000 OBO. Serious inquires only 361-937-7613.

DELIVER WINGSPAN ON BASE

Deliver Wingspan on Base and Wingspan and other publications in the community. Work a few mornings monthly.

Contact Paul : pdfcam@hotmail.com or (361) 877-6028

CLASSIFIED

RECEPTIONIST/SECRETARY

Small law firm seeks receptionist and secretary. Duties include answering phones, typing, drafting routine letters, keeping calendars and filing. Experience with MS Word required. Salary negotiable. Email cover letter and resume to jeff@ranklawfirm.com

BEAUTIFUL, Queen Size, Rattan Sleeper Sofa

Brand new --- slept in twice. It's was special ordered, with a sea shell print fabric. \$400. Call Debra @765-9320.

FOR RENT

THE LAKES - 4 BR, 3 BA, \$1600/mo, large, freshly updated & painted, fenced backyard, best schools, 1 block from community pool & tennis. Call Pacesetter Steel Property Mgmt at 361-992-4990. Avail. 12/15

FORSALE: Refrigerator\$75, Dryer\$50; Washer\$35 (needs a little work)-Fri and Sat only. 361-438-5705

Custom Home for Rent

A STUNNING 2,500 SQFT - King's Crossing Subdivision 4bdm 2 1/2 bath, 3 car garage. A luxurious open kitchen w/Island & granite. Top-rated schools. Fireplace, Master suite with bay windows. Close to NAS Base and CCAD. NO SMOKING! \$2100/mo. \$1200 deposit.

E-mail me for private viewing. richardpulido2@gmail.com or call me 360-480-5744. Avail. 2/1/13.

For Sale - 1998 BMW 328 ICA, white, black top, tan interior, 89000 miles, garage kept. Selling Price \$8900.00, Call 991 7434 for appt.

Gold and Silver Can Protect Your Hard Earned Dollars Learn how by calling Freedom Gold Group for your free educational guide. 888-686-0740



Gerald G. Villarreal

Attorney at Law

CCAD Employee 1991-2001

Personal Injury • Criminal Law
Auto Accidents • Divorce
DWI • Wills and Probate
Immigration

2818 S. Port
Corpus Christi, Texas

(361) 881-8509

Not certified by the Texas Board of Legal Specialization



WILLIAM A. THAU III, P.C.

"Former U.S. Navy Lawyer"

- Divorce & Separation
- Child Custody & Support
- Adoption/Guardianship
- Paternity Cases
- Wills & Probate
- Military Law
- Auto Accidents
- Personal Injury
- DWI
- Criminal Defense

9708 S.P.I.D., SUITE A-101 • CORPUS CHRISTI
(361) 937-5513 • Toll Free 1-877-888-1369

Licensed by the Supreme Court of Texas

Former President of the Corpus Christi Family Law Association (1999-2000)

Selected as a Texas "Super Lawyer" in November 2003, October 2004, and October 2005 issues of Texas Monthly

Delta

TIRE & WHEEL

Locally owned
Family Operated

We will
**MATCH
or
BEAT**
Any Competitors Price on
LIKE Tires or Wheels

We Really Appreciate
Your Business!

6 MO

SAME AS
CASH W.A.C.

MILITARY and
SENIOR Discounts

Two Locations

854-4718

2424 S.P.I.D.

At Ayers

M-F 8:00 - 6:30

Sat. 8:00 - 5:00

387-8473

N.W. Blvd.

at Wood River

M-F 7:30 - 6:00

Sat. 8:00 - 5:00

MICHELIN

BFGoodrich

GOOD YEAR

PIRELLI

UNIROYAL

Delta Brand For Real Value

FREE Roadside Assistance • We offer Nitrogen

FREE Re-Balance • FREE Alignment Check

Se Habla Español www.deltatire.net

22-28 AC Ranches FOR SALE

Brooks County, TX

- Water • Electric
- Paved County Road Frontage
- Easy Access off Hwy 285
- TX Veteran Land Board
- Financing with 5% Down/30 Years
- Abundant Wildlife

361-215-3800

LUNA & ASSOCIATES

TEXAS CONCEALED HANDGUN
AND HUNTER SAFETY CLASSES

BOBBY LUNA

Call Today!
361-944-8844

Texas CHL Instructor # 06065952

bluna47@yahoo.com • www.TEX-CHL.com

SAXET GUN SHOW

The BEST GUN SHOW

Sat. March 9 9am - 6pm
Sun. March 10 9am - 5pm

Richard M. Borchard
Regional Fairgrounds
Robstown, Texas
FREE PARKING

On the Corner of Hwy. 77 & Hwy. 44

www.saxetshows.com

*** Guns *** Knives *** Ammo
Coins ** Militaria ** Collectables

For more information
call 361-289-2256

BUY
SELL
TRADE

Texas A&M University—Kingsville
Center For Continuing Education



SPRING 2013
Programs & Schedules

Academic Preparation Programs

STAAR Preparation Program

- Two (2), Four (4) week, Evening Programs
- Math (5th, 6th, 7th & 8th grade), Reading (5th, 6th, 7th & 8th grade), Science (5th & 8th grade), Writing (7th grade)
- Cost: \$75 per subject with discounts available
- Begins February 26, 2013 - **Registration Open Now**

Individual & Group Tutoring Sessions

- Math, Science, Reading/Writing, Social Studies/History, Computer Science, and More
- Weekday Evenings & Saturdays
- Cost: \$25.00/hour with session packages available
- **Free Tutoring Assessments**

Personal Enhancement & Professional Development Programs

Spring Session 2: April 8 - May 30, 2013

Personal Enhancement Courses	Day	Time	Price for 8 Week Program
Basic Guitar	Monday & Wednesday	6:00 p.m. - 7:30 p.m.	\$75.00
Basic Photography	Tuesday & Thursday	6:30 p.m. - 8:00 p.m.	\$75.00
Belly Dancing	Monday & Wednesday	6:30 p.m. - 8:00 p.m.	\$75.00
Conversational Chinese I	Monday & Wednesday	6:00 p.m. - 7:30 p.m.	\$75.00
Conversational French I	Monday & Wednesday	4:15 p.m. - 5:45 p.m.	\$75.00
Conversational Russian I	Tuesday & Thursday	6:00 p.m. - 7:30 p.m.	\$75.00
Conversational Spanish I	Monday & Wednesday	6:00 p.m. - 7:30 p.m.	\$75.00
Reiki Practitioner	Monday & Wednesday	6:00 p.m. - 7:30 p.m.	\$75.00
Latin Dancing	Tuesday & Thursday	6:00 p.m. - 7:30 p.m.	\$75.00
Professional Development Courses			
Administrative Assistant Training (w/Internship)	Wednesday	6:00 p.m. - 7:30 p.m.	\$100.00/150.00
Bookkeeping Certification (books included)	Monday	6:00 p.m. - 7:30 p.m.	\$220.00
Payroll Certification (books included)	Thursday	6:00 p.m. - 7:30 p.m.	\$220.00

Center for Continuing Education

925 W. Santa Gertrudis * Cousins Hall, RM 113A * Phone: 361-593-4261 * Email: conted@tamuk.edu



Your future is waiting...
Are you ready?
Call **NOW** to schedule your program!

Military Spouse MyCAA Program

Available to spouses of active duty service members in pay grades E1-E5, W01-CW2, and O1-O2

“

...my husband who is deployed has been my biggest inspiration. I am so proud to tell my friends and family that I'm in school. I'm still able to do all the things that I did before, but now I have a goal. I wait until my son goes to bed; I go online and start my class. I take a couple hours here and there and it's going great. This program is the best thing that has happened to me since I've had my son. I never thought something like this would fit into my military wife lifestyle...”

MyCAA Military Spouse Participant

In-Demand Portable Careers:

- Healthcare
- Information Technology
- Business
- Education
- Hospitality
- Finance
- Trades
- More



Pretty in Pink is proud to support our Military Spouses.

Call now to find out how to qualify for up to **\$4,000** of education. Course and Certification Exam Provided*.

**for most courses*

NOW IS THE TIME TO START PREPARING FOR YOUR FUTURE!

Our online training programs are portable, flexible, customizable, and allow you to study from home. They will prepare you for portable, in-demand jobs!

CALL TODAY!
989.387.2032

email: clowry@protrainedu.org

For more information, visit us online at:

<http://tamuk.theknowledgebase.org>



TEXAS A&M
UNIVERSITY
KINGSVILLE



JOIN US for OPEN HOUSE
Saturday, March 2, 2013 • 9:00 a.m.
Ages 2 through 8th Grade

*Unsurpassed Academics • Average Class Size is 12 • Competitive Sports
 Spiritual Formation • Outdoor Education • Extended Care*

**Support Active Military Grants • Need-Based Financial Aid
 Opportunity Grants for Middle Income Families**

St. James
 EPISCOPAL SCHOOL

Providing Excellence in Education Since 1946
 602 S. Carancahua Street • Corpus Christi, Texas 78401
 www.SJES.org

For more information, call (361) 883-0835
 or email Admission@SJES.org

Navy – GSA streamline heavy equipment rental

from NAVFAC Southeast Public Affairs

JACKSONVILLE, Fla. – Naval Facilities Engineering Command (NAVFAC) Southeast Base Support Vehicles and Equipment (BSVE) Product Line declared success Feb. 5 working with General Services Administration (GSA) in a joint venture to streamline the short term rental process for Navy heavy equipment in the Southeast.

Public Works Departments, along with other government agencies, now have access to various types of heavy duty Civil Engineering Support Equipment (CESE) on a short term basis (up to 365 days) through the GSA Heavy Equipment Short Term Rental (STR) Program. Types of equipment in the program include, but are not limited to bulldozers, back-hoes, generators, loaders, and man-lifts.

“This new tool will definitely help the Navy and will lead to significant cost reductions in operations by allowing us to reduce our pool of equipment,” said Jeff Killian, NAVFAC Southeast Public Works Business Line Coordinator.

“Emergencies come up in our business and this will provide a means to quickly resolve equipment needs.”

This acquisition strategy is now available by the implementation of a GSA negotiated, multi-vendor/multi region product delivery contract.

“Historically we have on occasion rented heavy equipment, but the process and payment was somewhat difficult to enable full time usage,” said Ryan Costa, NAVFAC Southeast transportation specialist.

“With this program the process is web based and we make payment through our already established GSA billing cycle. The new contract provides a means for competitive and low cost equipment rentals from multiple vendors.

“Reductions of agency owned assets will dramatically reduce ownership and operational costs such as maintenance, labor and procurement cost. Utilizing this program will provide multiple cost saving benefits to the Navy and other agencies throughout the Government.”

With more equipment available on an interim basis through this program, the Navy can look at reducing the inventory of heavy equipment that it owns. The savings will be realized through not having to procure equipment and also bear the cost of maintenance.

As the various sites throughout the southeast start utilizing the new program, they will review existing equipment inventories to determine at what point in time the inventory can be purged.

The new program allows flexibility during contingency events by lessening the need for contingency contracting.

“The accessibility of this program is currently available at all stateside locations within the Navy’s Southeast region,” said Costa.

Community Partners:

City of Corpus Christi
 Parks & Recreation
 Department
 Senior Community Services
 Texas Rio Grande Legal Aid
 (TRLA)
 Aging & Disability
 Resource Center
 Area Agency on Aging of
 the Coastal Bend
 Mayor’s Council on Aging

CALL TO REGISTER:
361-826-1368



SENIOR LAW DAY 2013

~ Elder Rights and Access to Legal Services ~

Tuesday, March 5, 2013
8:00 a.m. - 1:30 p.m.

American Bank Center • Watergarden Room
1901 N. Shoreline Blvd. , Corpus Christi, TX

FREE EVENT

CONFERENCE TOPICS:

- ◆ Advanced Directives
 - ◇ Durable Medical Power of Attorney
 - ◇ Directive to Physicians
 - ◇ Designation of Guardianship before the need arises
 - ◇ Do Not Resuscitate (DNR) Orders
- ◆ Simple Wills
- ◆ Consumer Rights & “Granny Scams”
- ◆ Medicare Fraud

NO COST for lunch to
 Registered Senior Center Members

Guest Lunch Available for \$6.00
 (per guest)

Call 826-1368 for Meal Reservation

Resource/Exhibitor Booths & Door Prizes

Scorby signs 'Military Saves Week' Proclamation



Rear Adm. John C. Scorby Jr. signs a proclamation recognizing Military Saves Week in front of members of the CNRSE Family Readiness Program. Military Saves Week runs Feb. 25 – March 2 and is intended to encourage service members to build wealth and reduce debt.

Photo by Twilla Smith, CNRSE PA

by MC1 Greg Johnson, Navy Region Southeast Public Affairs

JACKSONVILLE, Fla. - Rear Adm. John C. Scorby Jr. signed a proclamation in support of Military Saves Week at Navy Region Southeast (NRSE) headquarters on board Naval Air Station Jacksonville Feb. 13.

Military Saves Week runs from Feb. 25 through March 2 and is intended to encourage service members to make responsible financial decisions to build wealth and reduce debt.

The proclamation calls on all service members throughout the Southeast Region to take action to improve their individual and household financial situations.

"Personal financial stability is vital to our mission readiness," Scorby said.

"If our war fighters and their families are experiencing financial problems, it makes it very difficult to focus on the mission. These difficulties are largely preventable with the proper planning.

"Our efforts with Military Saves Week encourage everyone to assess their financial situation and honestly ask themselves if they can be doing more to improve it."

Military Saves is a social marketing campaign to persuade, motivate and encourage military families to save money every month and to convince leaders to be aggressive in promoting automatic savings.

It is a part of the Department of Defense's (DoD) Financial Readiness Campaign and has been a partner with DoD since 2003.

"This has been a successful campaign for 10 years," said Carol Lucius, NRSE Family Readiness Program work and family life coordinator.

"If a sailor can identify a goal, whether it is to set up an emergency cash fund, get out of debt, make a down payment on a car or home,

set up a regular and automatic savings plan or saving for college or retirement, Military Saves can help you develop your goals and take action."

According to Lucius, the program has a tremendous impact on service members because they routinely face extraordinary circumstances.

"Deployments and frequent moves can be big financial strains on military households and good financial planning for both events is essential for success," she said.

"Fleet and Family Support Centers' (FFSC) personal financial managers (PFM), who are accredited financial counselors, will sit down with a family and help them execute a comprehensive financial planning worksheet to illustrate their current financial situation and to help them plan for the future.

"Whether a family is in good financial shape or not, PFM's will work with them to improve their financial situation."

Scorby challenged leaders to make sure their service members are aware of this program and the resources it offers.

"Military Saves Week is a great opportunity to help raise awareness, but responsible financial planning is a continual effort. We need to ensure our war fighters know there is always somewhere for them to turn to when it comes to financial matters."

Service members or dependents who would like more information about resources and services offered through Military Saves, or organizations who would like to find out how they can support the program, should contact their local FFSC.

In addition, more information is available at <http://www.militarysaves.org/>

NAS Corpus Christi Fleet & Family support center is offering several classes and information tables for Military Saves week:

- Saving and Investing /TSP FFSC Classroom Feb. 25, Monday 10 -11:30 am
 - Planning for Your Retirement FFSC Classroom Feb. 26, Tuesday 9-10:30 am
 - Military Saves Info Table Commissary Feb. 26, Tuesday 11 am -1 pm
 - Saving and Investing/TSP FFSC Classroom Feb. 27, Wed 10 -11:30 am
 - How to Save on Your Insurance Needs FFSC Classroom Feb. 27, Wed 1 - 2:30 pm
 - Navy Federal Info Table, Navy Federal March 1st, Friday 10 am - noon
- For more information and registration on these classes please contact Lora Meza, PFM at 361-961-1127 or lora.meza.ctr@navy.mil



- 1 Bedroom, 1 Bath - \$675
- 2 Bedrooms, 1 Bath - \$825
- 2 Bedrooms, 2 Baths - \$925
- 3 Bedrooms, 2 Baths - \$1150

Crosswinds defines innovation, efficiency, luxury and service. You'll love the impressive amenity package and convenient location. Choose a uniquely-styled 1, 2 or 3 bedroom apartment. Guaranteed to feel just like home the moment you arrive.

- 1, 2 & 3 Bedroom Apartments
- Walk-in Closets
- Ceiling Fans
- Decorative Mini-Blinds
- Designer Kitchens
- Refrigerator w/Ice Maker
- Full-Size Washer/Dryer Connection
- Laundry Facility
- Covered Parking Available
- Bay Windows
- Patios (In selected units)
- Swimming and Lounging Pool
- Small Pets Welcome
- Fitness Center
- Storage Units Available
- Controlled Access Gates

Military Discounts

For Military, the deposit is credited towards first month's rent.



6617 Weber • Corpus Christi, Texas 78413

(361) 852-1600



GROUP ONE REAL ESTATE



**361-991-9111
(800-621-6980)**

www.grouponecc.com

UNFURNISHED HOMES:

530 Hopper	3/2/2	\$1250
4530 Oso Parkway	4/3/2	\$2400
133 Lake Shore	3/2.5/2	\$1600
2909 Water Lily	3/2/2	\$1550
4302 Ocean #32	2/2.....	\$950
3162 Quail Springs	4/2/2	\$1650
461 Palmetto	3/2/2	\$1550
133 Fannin	2/1.....	\$485
4322 Congressional	4/2.5.....	\$1725

5302 Everhart, Corpus Christi 78411
Being relocated? For excellent service, let us put you in touch with one of our "Leading Real Estate Companies of the World" in your new location.

admin@grouponecc.com

Thank You Veterans!

We'd like to thank the brave men and women of our Armed Forces who have so bravely served our homeland. Thank you for protecting America and the American way of life. We appreciate your service to our country, and we salute you!

Please keep us in mind for all of your insurance needs here at home. It's our honor to be of service to you.

Delma A. Tamez • Farmers Insurance
Auto • Home • Life • Commercial • Boat • Motorcycle

Delma Tamez
Insurance Agency

5622 McArdle Street

Office: (361) 854-2539

Fax: (361) 334-4313

dtamez@farmersagent.com

www.farmersagent.com/dtamez

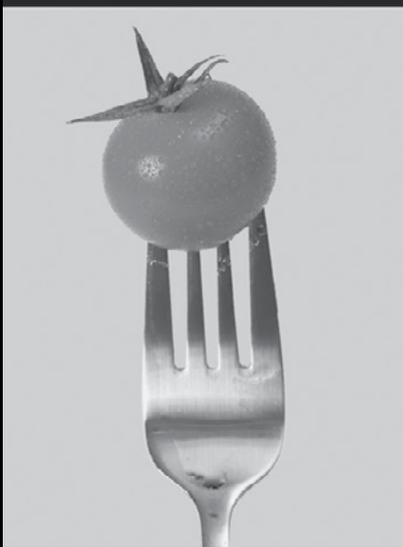
Go to Delma Tamez Farmers Insurance Agent and

"Like" us on facebook to get our updates.





BEST BITES DINING GUIDE



Dining
•
Entertainment
•
Events

SAXET GUN SHOW
The BEST GUN SHOW
Sat. March 9 9am - 6pm
Sun. March 10 9am - 5pm
Richard M. Borchard
Regional Fairgrounds
Robstown, Texas
FREE PARKING
On the Corner of Hwy. 77 & Hwy. 44
www.saxetshows.com
***** Guns *** Knives *** Ammo**
Coins ** Militaria ** Collectables
For more information
call 361-289-2256





JOHNNY D'S SUNDAY BRUNCH
 ON THE ISLAND
 11:00am-2:00pm
BUILD YOUR OWN BLOODY MARY BAR
MIMOSA'S, PEACH BELLINIS
BRUNCH DRINK SPECIALS \$3⁰⁰
 HAPPY HOUR 4:30-6:30/DINNER SERVED
 4:30-9:30 TUESDAY-SATURDAY
 PRIVATE PARTIES, WINGINGS
CALL FOR RESERVATIONS AT
361-949-2500
 LOCATED 15605 ON SPID NORTH PADRE ISLAND

The Furry 5K and Pet Expo

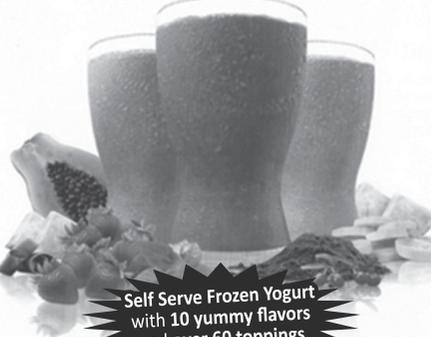


April 7th • 8AM
 On Site Registration Starts at 6 AM

Sponsorships range from \$100-\$1000
 Registration fee is \$25 before 3/24,
 \$30 after 3/24, \$35 on race day
 Cat nap on the couch
 for those that wish to stay home
 (and still get a t-shirt!) - \$25

www.facebook.com/thefurry5k or thecatterycc.org/events/furry-5k

NEW Shakeology Smoothies!



Self Serve Frozen Yogurt
 with 10 yummy flavors
 and over 60 toppings

The Healthiest Meal of the Day,
in a variety of flavors.

- Protein Shake with 9 servings of fruit and vegetables
- 70 of the healthiest ingredients from around the world
- Most nutritious shake available on the market
- Aids in weight loss, gain energy, fight disease, stay regular, get healthy
- Only \$5.50 at Sweet Swirl on the Island across from Hampton Inn

Sweet Swirl
 14457 S.P.I.D., Suite 107
361-949-1144
www.sweetswirlyogurt.com
Bring in this ad and receive 10% off.



Dragonfly
 An International Experience

All of our entree's are prepared in house. We hand pick the freshest ingredients to provide you with a unique and memorable Island dining experience.

Book your private party or celebration
 PRIVATE PARTY ROOM seats up to 50 People
 Happy Hour 4-6 pm Tuesday through Friday



Voted #1 place to take a date

Lunch: 11:00-2:00 pm Tuesday-Friday
Dinner: 5:00-9:30 pm Tuesday-Thursday
 5:00-10:00pm Friday-Saturday

DragonFly Market • Soups • Pies • Desserts • Wing Sauces
CIGARS * FINE SCOTCH * DRAFT BEER * FULL BAR * CATERING
FOR YOUR NEXT PARTY

14701 SPID, Corpus Christi
 for daily specials: Dragonfly Restaurant • [View our menu at www.dragonflycuracao.com](http://www.dragonflycuracao.com)

What's Happening

by Tina Konwerski

Library Hosts Art Exhibit: The Janet F. Harte Public Library and the Noel McArdle Gallery are pleased to host an art show presented by the students of Sally Wakefield beginning March 2 through March 30. The public is invited to meet the artists at a free opening reception on Saturday, March 2 from 3:00 to 4:30 p.m. The Noel McArdle Gallery is open during regular library hours and is located at 2629 Waldron Rd. in Flour Bluff. There is no charge to view the exhibit.

Every March Americans celebrate Women's History Month to remember extraordinary accomplishments of women and their role in shaping our society. This March, in an effort to continue the tradition, local women and women's groups are organizing nearly 20 events focused on women. Visit the Women's History Month Coastal Bend on Facebook (www.facebook.com/WHMCB) to get involved with local events and organizations that are leading the way! Need more details? Contact 361-857-5661, ext. 13 or womenadvocatescb@yahoo.com. Information: ywacc@ywacc.org or 361-857-5661 X 13

EVENTS

Tuesday, February 26: Mayor Nelda Martinez issues a Mayoral Proclamation in observance of Women's History Month at 11:15 a.m. at City Hall, 1201 Leopard Street.

Friday, March 1: The Women's History Month Steering Committee will be set-up during Art Walk at the Corpus Christi Art Center, 100 N. Shoreline Blvd. and House of Rock, 511 Starr Street from 5:30 to 9:00 p.m. to answer questions and share details about the month's events and participating organizations.

Friday, March 1: Laurette Escobar is coordinating an Art Show featuring a collection by local female artists from 5:30 p.m. to 9:00 p.m. at the House of Rock, 511 Starr Street.

Sunday, March 3: Parkway Presbyterian Church hosts a women-led worship service "Gifts of Women" at 10:55 a.m. at Parkway Presbyterian Church, 3703 Santa Fe.

Thursday, March 7: Coordinated Community Response Coalition hosts the Coastal Bend CCRC Monthly Meeting at 12:00 p.m. at First Baptist Church Recreation Center, 3115 Ocean Drive.

Thursday, March 7: YWCA Corpus Christi host's the 33rd Annual Y Women In Careers Awards Banquet recognizing accomplished women at 6 p.m. at the YWCA, 4601 Corona. Seats are \$80;

to read more about the honorees or to reserve seats: ywca.org/corpuschristi. FMI: 857-5661 X 17 or devywca@ywacc.org.

Tuesday, March 12: Women's History Month Media Committee hosts "Speed Mentoring" event for High School Girls from 5:45 to 8:00 p.m. This event is not open to the public.

Thursday, March 21: Coordinated Community Response Coalition hosts the Beeville CCRC Monthly Meeting at 12:00 p.m. at Shorty's Place, 702 S. Washington St., Beeville.

Friday, March 22: Arts of Defense hosts "Women's Night Out" self-defense workshop from 6:00 to 9:00 p.m. at Arts of Defense, 4226 S. Alameda St. This event is free and open to the public.

Friday, March 22: Radiology Associates is sponsoring film screening of "Miss Representation" during the Festival of the Arts at the Art Museum of South Texas. The event includes an opening ceremony and reception; the film starts at 7:30 p.m. FMI: womenadvocatescb@yahoo.com.

Saturday, March 23: Festival of Arts hosts dinner and film screening of "When I Rise" at 7:00 p.m. at the Art Museum of South Texas. Guests who dine at Hester's before the film are guaranteed seating for the film. Screening followed by Q&A with producer. FMI: womenadvocatescb@yahoo.com.

Tuesday, March 26 - Coordinated Community Response Coalition hosts Kingsville CCRC Monthly Meeting at 11:30 a.m. at TaZoChel, 220-1/2 East Kleberg, Kingsville.

Tuesday, April 9: YWCA, AAUW, Hispanic Women's Network of Texas and EWI host Equal Pay Day workshop from 7:30 a.m. to 1:00 p.m. at the YWCA, 4601 Corona Drive. Topics include Determining Competitive Wage, Negotiating for the Competitive Wage, Impact of Women in the Workplace and Women Owned Businesses. This event is free and open to the public. Seating is limited; FMI: 361-857-5661 X 12.

Ongoing: Women's History Month Media Committee hosts a series of private screenings and group discussions of "Miss Representation," a documentary that explores the media's underrepresentation of women in positions of power and influence. FMI: womenadvocatescb@yahoo.com.

Ongoing: Books Inc. in Portland, TX hosts a Women's History Month feature of writers all month.



A cutabove the rest

As an old-fashioned butcher shop, we specialize in customer service with the finest selection of meats. Smoked and fresh sausages made here.

T. M Moody's Quality Meats

4703 S. Alameda at Airline (Meadowbrook Shopping Center) Corpus Christi
Hours: Mon.-Fri. 8:30-6:30 Sat. 8:00-6:00 Closed Sunday

SPECIAL ORDERS CALL 361-992-6512

Bienvenidas a - Welcome to



La Palma Mexican Restaurant

DRIVE THRU AVAILABLE around the back
Dine In or Carry Out

Happy Hour 3 p.m. to 7 p.m.



Breakfast • Lunch • Dinner

Open Daily 5 am - 10 pm

361-937-3333
9929 S.P.I.D. Suite 111
Exit Frontage Road • Flour Bluff

Intracoastal Waterfront Dining!



- **SPECIAL - 6 Lunch Items For \$6.99 ea.**
- **NEW Menu Selections**
- **SPECTACULAR SUNSETS**

• Live Music Every Weekend By Local Artists



Doc's Seafood & Steaks
BY LAND OR SEA

OPEN DAILY at 11 AM
Sun.-Thurs. till 9:30 PM
Fri. & Sat. till 10:30 PM

MILITARY APPRECIATION DAY!
Everyday **10% OFF** with I.D.

FREE Fitness Boot Camp Workout Every Saturday, 8:30am
Lower patio with Jeff Paluseo of Sports Fitness Solutions

361-949-6744
Located Under the JFK Bridge on the Intracoastal Waterway
13309 S. Padre Island Dr.
www.docseafoodandsteaks.com
Like us on 

EST. 1949



HOWARD'S FARMHOUSE BBQ & CATERING

"Best Dang Bar-B-Q In Texas!"

HOURS:
11 - 3 - Monday - Saturday

1002 ANTELOPE - 882-1200
ALSO VISIT US AT:
AMERICAN BANK CENTER AND WHATABURGER FIELD

ISLAND ITALIAN RESTAURANT

Specializing in Fine Italian Cuisine
Proudly serving Padre Island and our military for 25 years!

Daily Lunch and Dinner Specials
Live Music - Thur-Sat

Free Delivery on Padre Island after 5pm
Mon-Thur 11-9:30
Fri-Sat 11-10
Sun 5-9:30



15370 S. Padre Island Dr. (Just past Whitecap Blvd.)
361-949-7737





We're here using training, teamwork
and determination to save lives.

Where are you?

When you're ready to make a change from full-time, active duty service, consider the Coast Guard Reserve. The men and women in the Coast Guard Reserve serve part time,* usually 2 days a month and 2 weeks a year, close to home. But their commitment doesn't stop there. Coast Guard Reservists are born to serve their country and strive for excellence 24/7. We may have openings in the following career paths near you:

- Law Enforcement
- Intelligence
- Investigation
- Electronics
- Health Services
- Mechanics
- Boat Operations
- Food Service
- Administrative Support
- Environmental Protection

As a member of the Coast Guard Reserve, you'll receive a generous benefits package, including extra income, technical training, college tuition assistance, low-cost medical, dental and life insurance coverage, and retirement benefits. All of this while continuing to add to your military service time. Visit gocoastguard.com/reserve to learn more.

*Reservists may be called on to serve on a full-time basis during national emergencies.

COAST GUARD RESERVE
BORN READY



GoCoastGuard.com/Reserve