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September 9, 2011

Displaced persons exercise challenges counselors

By Fifi Kieschnick
NAS Kingsville Public Affairs

A "Displaced Families Exercise" was held last week testing the Fleet and Family Support Center (FFSC) response to persons affected by a natural disaster.

Fleet and Family Support Center personnel, the command Chaplain and Branch Health Clinic Kingsville personnel partnered with Corpus Christi FFSC staff to provide support to the displaced people in the exercise. The exercise scenario -- post category IV hurricane that hit Baffin Bay south of Corpus Christi -- was developed by the installation's training officer, Jim Lawrence.

The exercise simulated a real world catastrophic event in order to exercise the FFSC's staff capabilities, but also proved to be a learning experience for participants, role players and Installation Training Team

members.

"A lot of people don't know what resources the FFSC has available and the capabilities of the FFSC staff," Lawrence said. "This exercise not only assessed the counselors' skills and trained them, but also provided the volunteers with a better understanding of the role FFSC can play in assisting personnel."

Volunteers were given scenario sheets with the roles to play and assigned specific times to start role playing. The concept was to challenge the counselors' customer service skills at an extremely high level and keep a steady flow of people checking in to obtain assistance. "Each is a realistic scenario," Lawrence said. "It will make the counselors think about what their roles will be in case of a real emergency."

And the counselors had no idea what scenarios the volunteers had or what roles they were playing, until they checked into

the Emergency Family Assistance Center. The roles ranged from a disgruntled retired military officer who wanted to get his car inspected to a 15-year old son of a single parent who couldn't find his father.

At the EFAC, "displaced personnel" were greeted by FFSC staff members who assessed their needs.

Based on the victim's circumstance, the person was directed to one or more services that included housing, counseling, spiritual assistance, medical assistance, financial assistance and family member accountability. The paperwork provided to the displaced personnel were color-coded and corresponded to color-coded signage for the various assistance "stations" set up at the EFAC. For example, green represented financial assistance, pink, crisis management counseling.

see *Exercise* on page 7



A T-45C Goshawk training aircraft conducts a test flight using a biofuel blend of JP-5 jet fuel and plant-based camelina. (U.S. Navy photo)

First Navy trainer completes biofuel flight

The Navy's alternative energy program expanded Aug. 24 when a T-45 training aircraft completed a successful biofuel flight at Naval Air Station (NAS) Patuxent River, Md.

The "Salty Dogs" of Air Test and Evaluation Squadron (VX) 23 flew the high-performance jet trainer on a biofuel mixture of petroleum-based JP-5 jet fuel and plant-based camelina. The high oil content of the camelina seed makes it a valuable source of renewable and sustainable energy.

"This successful test flight brings us a step closer to meeting the Navy's energy security goals," said Vice Adm. David Architzel, commander, Naval Air Systems Command. "My congratulations to the Navy fuels team here at NAVAIR for playing an instrumental role in proving the viability of biofuels to power naval aircraft."

The T-45 "Goshawk" is a tandem-seat aircraft used by the Navy and Marine Corps to train pilots on carrier and tactical mission operations.

"This flight shows what we've assumed for years, that we can 'go green' and still be fully capable. As we train the future leaders of Naval Aviation, it's important that we show them that environmental stewardship and promoting energy security are critical for our environment, our Navy, and our nation," said Rear Adm. William G. Sizemore, chief of Naval Air Training.

"As the Commodore of a T-45 training air
see *Biofuel* on page 5

Curtis McFarland, education services facilitator with the Fleet and Family Support Center, talks to HM3 Angel Todd during the Displaced Persons Exercise.

McFarland and Kathleen Schmidt, education services specialist at the NAS Corpus Christi FFSC, worked the intake desk during the exercise which tested the FFSC response to persons affected by a natural disaster. Todd, of Branch Health Clinic, was playing the role of the wife of a deployed service member who was trying to relocate with her children to Florida after the roof blew off her home.

McFarland provided Todd with color-coded paperwork to facilitate the counseling process that she was about to embark on. (Photo by Fifi Kieschnick)



From the Bridge



Capt. Mark McLaughlin
Commanding Officer



Greetings Team Kingsville,

We are at the doorstep of the 10th anniversary of 9/11, the cowardly attacks by terrorists on America. I think this is a most opportune time to reflect back on where you were 10 years ago and look at how far this nation has come since the collapse of the World Trade Center towers, the damage to the Pentagon and the loss of United Flight 93 outside of Shanksville, Pa.

In addition to the Freedom Walk and 9/11 Remembrance Ceremony held on board the base today, there will be a pair of 9/11 Remembrance Ceremonies held at the Texas A&M University-Kingsville campus on Sunday, Sept. 11, beginning at 6 p.m. at the Connor Museum followed by another ceremony at 7 p.m. across the street at the Jones Auditorium. Everyone is cordially invited to attend.

The attacks on 9/11 started this country down a path that has led us to combat operations in Afghanistan and Iraq. I am not going to debate the pros and cons of our leader's decisions that have impacted America's way of life since 9/11; however, I will share with you a comment I heard back when Operation Enduring Freedom began in Afghanistan almost 10 years ago. I'll be honest; I don't even remember who said this other than it was a military member well senior to me at the time while I was stationed at Offutt AFB, Neb. I remember him saying something to the fact that "well it has started," meaning America was at war against the terrorists responsible for 9/11. He then went on to say that there were bad people in this world that will always want to do harm to Americans and the American way of life. We have defended ourselves since the 1700's and this won't be any different. We have the luxury to choose where to fight and he said it was better to fight them over there than in our own backyard.

That brief moment made a lasting impression on me and you only need to reflect that since 9/11, our brave warriors from all services have taken the fight to the enemy and we haven't had a repeat of 9/11 on American soil. We must never let our guard down; please keep our Soldiers, Sailors, Airmen and Marines in your thoughts and prayers.

Another lasting impression on me comes from a different experience, and one that has ties to NAS Kingsville that I'd like to share. One of my closest Navy friends is Capt. Steven Nakagawa, USN, who is the Executive Officer of Naval Support Activity Orlando. Steve and I first met on our 3rd Class Midshipmen Cruise in the summer of 1984. Over the years we both became Naval Aviators and have been stationed in

the same locale multiple times, and even cruised together on the USS Carl Vinson (CVN 70) as A-6 Intruder squadron mates. It was during our Tiger Cruise at the end of the Vinson cruise in 1996 that my dad and I met Steve's dad, Capt. Gordon Nakagawa, USN(Ret).

A little scene filler here. Back in 1984, NAS Kingsville published a small book called the Airfield Dedication and Hall of Heroes Enshrinement. Within this book are the photos and bibliographies of 99 Naval Aviators that had some tie to NAS Kingsville and also had distinguished careers in the U.S. Navy. On page 44, is Capt. Gordon Nakagawa.

Capt. Gordon Nakagawa graduated from the University of California-Berkeley and received his pilot's wings at NAS Kingsville in August 1959. He had an illustrious 32-year career in the U.S. Navy and flew the A-6 Intruder during four combat deployments to Vietnam, including 185 combat missions. In December 1972, Capt. Nakagawa was the Executive Officer of Attack Squadron 196, the "Main Battery," and was shot down by anti-aircraft artillery fire. He was captured by the North Vietnamese and was a prisoner of war in the Hanoi Hilton until his release in 1973. Having later served in command of VA-196, Capt. Nakagawa would also serve as the operations officer of the USS Constellation (CV 64); Commanding Officer of NAS Point Mugu; and as the Chairman of Tactical Analysis at the Navy Post Graduate School in Monter-

rey, Calif. Following his Navy career, Capt. Nakagawa served for many years in academia at the Navy Post Graduate School.

So as I reflect on not only 9/11, I remember well how Capt. Nakagawa enlightened all of us on that '96 Tiger Cruise to the true meaning of service to the Navy, leadership and character. He was the kind of man that although not large in stature, seemed to dominate a room by his mere presence. He didn't even need to speak, it was just the way he carried himself, and 32 years of the Navy that was Capt. Gordon Nakagawa. My father remarked that Gordon was a true gentleman in every sense of the word and the epitome of a Naval Aviator. I will never forget my dad's remark; what a compliment and deserving as well.

Sadly to say, Capt. Gordon Nakagawa lost his battle to cancer last week in California and I thought it appropriate to share with Team Kingsville that one of the finest Americans this country has ever produced, one who had lived through hardships most of us could never fathom, one who contributed back to his country more than most ever will, and who plowed the skies over Kingsville 50+ years ago, is no longer with us.

To Gordon's wife Jeanne, and their three children Gregory, Kathleen and Capt. Steven Nakagawa, USN, the Kingsville family sends our thoughts and prayers on the passing of the late Capt. Gordon Nakagawa. God Bless.

~Until Next Time, Skipper Mac



Navy League Sponsorship -- Members of the Kingsville Navy League's annual Navy Ball Golf Tournament present a check to NAS Kingsville Navy Ball representatives at the Navy League's monthly meeting held at Butch's Restaurant in downtown Kingsville Sept. 1. Pictured above, from left are: Chief Johnny Tienda, Navy Ball Committee chair; ABE1(AW/SW) Abraham Lopez, Navy Ball committee leading petty officer; Bud Malcik, Kingsville Navy League president; Kim Hamm, Navy League tournament financial director; and Forrest Patton, Navy League golf tournament chairman. More than 20 local businesses chipped in to sponsor the annual golf tournament and help raise more than \$9,000 in support of the Navy's League sponsorship of the annual Navy Birthday Ball.

Flying K

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This paper is published for people like ABE1(AW/SW) Daniel Garcia, a native of Uvalde, Texas. Garcia reenlisted for two years of Naval service on Aug. 26. He joined the U.S. Navy 18 years ago the same day as his recent reenlistment and plans to complete his 20-year career aboard Naval Air Station Kingsville.

Two Sailors receive medals as awards highlight superior performance of Sailors, civilians

By Jon Gagné
NAS Kingsville Public Affairs

NAS Kingsville executive officer Cmdr. Scott Wilmot presented awards to 11 NAS Kingsville Sailors and civilian employees for superior performance during the command's monthly quarters and awards ceremony at the NAS Kingsville Captain's Club Aug. 25.

Wilmot presented Navy Achievement Medals to two Sailors for actions above and beyond the scope of day-to-day performance.

AC1(AW/SW) Kevin Kahler's award cited his actions while serving an air traffic control tower watch during field carrier landing practice operations on the airfield.

Kahler's attention to detail helped identify and avert a possible airfield accident.

AC1(AW/SW) Thyrl Marzett, who recently reported aboard the air station, received his Navy Achievement Medal from the Commander, Tactical Air Control



Kahler



Marzett

Squadron (TRACON) 11, based out of San Diego, Calif.

Marzett's citation noted his performance as Tactical Air Control Center supervisor and leading petty officer from May 2007 to June 2011. While deployed aboard USS Peleliu (LHA 5) on two deployments supporting combat operations, Marzett safely directed more than 4,000 flight sorties, resulting in 6,000 mishap-free flight hours.

Sailors of the Quarter for the 3rd quarter of FY11 were also recognized during the ceremony. Each Sailor received a command plaque and letter of commendation for their selections.

IC1(SW) Bernardino Martinez was selected as the Sr. Sailor of the Quarter. A native of Fort Worth, Martinez has been on board the air station for a little over a year. He serves as the assistant leading petty officer for the Morale, Welfare and Recreation Department, and is active in a number of command committees.

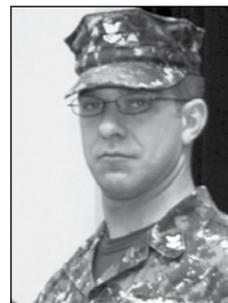
The Jr. Sailor of the Quarter LS2(SW) Jason Sigler, from Ground Electronics, serves as the departmental supply clerk, managing a departmental quarterly supply



Martinez

budget of \$90,000, and maintaining departmental readiness for flight operations through the purchasing of critical repair parts, management of complex contracts and travel transactions, and the procurement and tracking of more than \$30,000 in critical repair parts.

"Petty officer Sigler sets the standard for other junior petty officers at the command," said division leading senior chief ETCS (SW/AW) Kirk Hurst. "He is a solid performer and continually displays superior



Sigler

military bearing and personal appearance."

Sigler also serves as the command's Honor Boatswain at many command events, including retirement ceremonies, and changes of command.

The Bluejacket of the Quarter hails from Johnson Orlando, Fla. AC3

Shauna Johnson was selected from a highly-competitive field of nominees for her performance as an Approach Control Radar Facility watch stander.



see Awards on page 8

Clinic Kingsville Sailors sweep SoQ awards

By Bill W. Love
Naval Health Clinic Corpus Christi

Sailors from Branch Health Clinic Kingsville (BHCK), were announced Aug. 22 as the winners of all three categories in the Naval Health Clinic Corpus Christi (NHCCC) Sailor of the 3rd Quarter competition.

Capt. Gina Jaeger, commanding officer, NHCCC, made the announcement.

"As you can see, Branch Health Clinic Kingsville made a clean sweep of the awards this quarter," said Jaeger. "Bravo

Zulu, winners."

HM1(FMF) Carlos Morgado; HM2(SW) Jordan F. Saffell; and HA Anthony D. Lagpacan were named Senior Sailor, Junior Sailor and Blue Jacket respectively.

"Winning all three categories demonstrates not only the strong support that our Sailors received from the officer-in-charge, department head and me, but also the daily mentorship and guidance they receive from our first class, second class and third class petty officers here at Branch Health Clinic Kingsville," said HCC(FMF) Nohemi

see Clinic on page 10

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In the Break



Capt. Joe Evans
Commander
Training Air Wing TWO



Greetings Training Air Wing TWO and NAS Kingsville,

By the time that you read this column, we will be nearing the 10th anniversary of 9/11. While it was a terrible tragedy that none of us will not soon forget, I choose to not only mourn our shared loss, but to celebrate the good that this nation continues to yield despite the evil that exists both outside as well as within our borders. One of those "good things" happened once again right here at NASK just last Friday.

Last Friday we winged another seven Naval Aviators. The ceremony and the event never seems to grow wearisome to me. It is an extraordinarily gratifying as well as exhilarating ceremony to witness, yet alone in which to participate. Mothers and fathers in this country have entrusted with us their young adults whom they raised. We take them into our squadrons transforming them in one short year from newly indoctrinated student pilots into winged tactical Naval Aviators sworn to protect our nation. This amazing cycle continues month after month within the reasonably safe confines of our

Blue Angels soar on biofuel during Labor Day weekend air show

By MC3 Andrew Johnson
Navy Flight Demonstration Squadron

The U.S. Navy Flight Demonstration Squadron, the Blue Angels, performed their flight demonstration with every aircraft powered by a biofuel blend at the Naval Air Station (NAS) Patuxent River Air Expo Sept. 2-4.

The Blue Angels Labor Day weekend



AD1 Chris Connolly, from Medford, N.Y., assigned to the U.S. Navy flight demonstration squadron, the Blue Angels, applies a Navy "Energy Security" logo to a squadron F/A-18. The Blue Angels performed using a 50/50 blend of biofuel petroleum during the Naval Air Station Patuxent River Air Expo Sept. 3 and 4. (Photo by MC1 Rachel McMarr)

borders.

We truly are blessed for despite being in a war against terror now for 10 years, we are at relative peace here at home. Notwithstanding the poor economy, we still can shop at our favorite stores, eat out when our pocketbook allows, and travel freely to whatever destinations tickle our fancy. Politics and the economy may be uncertain, but the one thing that you can count upon is the resolution and steadfastness of our armed forces. Men and women may come and go in our military but the spirit of patriotism is always in a constant state of renewal as exemplified by the winging ceremony.

Unbeknownst to most of our country, in the little town of Kingsville tucked away about as far south in Texas as you can go, seven more aviators attained their Wings of Gold last week. Seven more aviators will soon be joining the fleet, sworn to protect and defend our constitution and the values which it represents from all enemies both foreign and domestic. These young men and women, along with our civilian first responders, certainly represent the best that our country has to offer.

So, while this week I will mourn, along with all other Americans, the loss of so many brave souls on 9/11, I will be comforted in my knowledge that we have seven more winged Naval Aviators preparing to protect all that we hold dear.

See you on the flight line (or at the pool)...

Commodore "Joe Bags" Evans

performance is yet another visible demonstration of the Department of the Navy's commitment to reducing fossil fuel use without compromising capability. All six F/A-18 legacy Hornets were powered by a 50/50 blend of conventional JP-5 jet fuel and a camelina-based biofuel.

Secretary of the Navy, Ray Mabus, said the Navy and Marine Corps' use of alternative energy sources addresses critical vulnerabilities and ultimately serves to improve our warfighting capability, while also increasing our energy efficiency and helping lead the nation toward a clean energy economy.

"Changing the kinds of fuels we use and the way we use them is critical to assuring the Navy and Marine Corps remain the most formidable expeditionary fighting force the world has ever known," Mabus said.

"The Department of the Navy took another visible step toward testing biofuel in our aircraft when all six of the Blue Angels perform using the same 50/50 blend of drop-in biofuel we've used in so many of our other aircraft. This was the first time an entire unit has flown on a biofuel mix."

The Blue Angels demonstrate the capabilities of the Navy and Marine Corps using aerial combat maneuvers.

"As public representatives of the U.S. Navy and Marine Corps, the Blue Angels

see *Blue Angels* on page 5

Biofuel from page 1

wing, I am thrilled that the ‘Goshawk’ has been able to play an essential role in validating biofuel as an alternative energy source,” said Capt. Joseph Evans, commander, Training Air Wing TWO. “Freeing our military forces from the constraints of fossil fuels is imperative to securing our national security interests.”

This is the fifth aircraft successfully tested using biofuel at NAS Patuxent River and showcases the Navy’s commitment to achieve energy independence by reducing the need for foreign oil. Previous aircraft tested include the F/18 E/F, MH-60S, F/A-18 D, and most recently, the MV-22. Navy Secretary Ray Mabus’ goal is to cut the Navy’s oil usage in half by 2025.

“This test of the T-45 with a 50/50 blend of biofuel represents another significant milestone in the long list of detailed flight test and demonstrations of the F-18 Super Hornet, the MH-60S, and the V-22,” said Rear Adm. Phil Cullom, Director of the Chief of Naval Operations Energy and Environmental Readiness Division. “Our commitment to the aggressive test schedule for drop-in replacement fuels for JP-5 and F-76 keep us on pace for the 2012 demonstration and 2016 deployment of the Great Green Fleet.”

Three additional Navy aircraft are scheduled for biofuel test flights before the end of the year.

This initiative is one of many throughout the Navy and Marine Corps which will enable the Department of the Navy to achieve Secretary Ray Mabus’ energy goals to improve our energy security and efficiency afloat and ashore, increase our energy independence, and help lead the nation toward a clean energy economy. *(From Naval Air Warfare Center Aircraft Division, Patuxent River Public Affairs)*

Blue Angels from page 4

take pride in leading the country’s efforts to reduce fossil fuel consumption and increase our energy security,” said Capt. Greg McWherter, Blue Angels commanding officer/flight leader.

One objective in successfully testing alternative energy sources is to ensure there is no difference in performance between the biofuel blend and standard petroleum-based JP-5. McWherter, who flew a legacy F/A-18 test flight Aug. 17, said there were no noticeable differences from the cockpit.

The Labor Day performance is the ultimate demonstration to date of the Department of the Navy’s commitment to reducing dependence on foreign oil, as well as safeguarding our environment through the incorporation cleaner, more sustainable and renewable energy sources.

This initiative is one of many which will enable the Department of the Navy to achieve Secretary Mabus’ energy goals to improve our energy security and efficiency afloat and ashore, increase our energy independence, and help lead the nation toward a clean energy economy.

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Above, CMDM(SW/AW/FMF) Charlie Ratliff presents the "Chief Petty Officer Retirement Creed" to GMC(SW) Thomas Taylor during his retirement ceremony. Left, Capt. Mark McLaughlin, Naval Air Station Kingsville commanding officer, presents a certificate of appreciation to Taylor and his family -- wife Miyako, and children Jeri and Anthony. Below right, Taylor presents the national ensign to his wife Miyako after a traditional flag passing ceremony, during the ceremony that marked the end of a 20 year career in the U.S. Navy. (Photos by IC1(SW/AW) Jesse Booth)



Retirement ceremony marks 20 years of service for NAS Kingsville Chief

By Jon Gagné
NAS Kingsville Public Affairs

GMC(SW) Tom Taylor closed out his active duty Navy career Friday, Aug. 26, with an official retirement ceremony at the NAS Kingsville Captain's Club. The event marked the close of a successful military career for Taylor, who enlisted in the Navy Reserve in 1984, after graduating from high school in Big Spring, Texas.

"I wasn't sure what I wanted to do at the time," Taylor said prior to his retirement ceremony. "I just knew I needed some direction and I wanted to be part of something bigger. The Navy seemed like a good idea."

As it turned out, the Navy -- and in particular the gunner's mate rating -- proved to be a perfect match for Taylor.

In 1987, he decided to make the shift to

the active duty ranks and accepted his first set of orders, heading out to sea aboard the battleship USS New Jersey (BB 62). He was assigned to the G-4 division maintaining the 5-inch 38 cal. gun system, and he was hooked.

"I couldn't think of a better rating for me than gunner's mate," Taylor said.

Unfortunately, Taylor became ill and was medically discharged from the Navy in 1989. It was a life-threatening illness, but Taylor was committed to fight the fight. In November 1994, the Navy gave Taylor a "full medical clearance" to return to active duty. He promptly reenlisted, accepting orders to USS Independence (CV 62).

Over the next two decades, Taylor would serve aboard USS Curtis Wilbur (DDG 54); the Naval Explosive Ordnance School at Eglin Air Force Base, Fla.; the 5-inch, 54

cal. Navy Gun Munitions "C" School; USS Hue City (CC 66), and USS Cole (DDG 67).

He participated in the non-combat evacuation of personnel from Lebanon in 2006, served in the Persian Gulf in support of Operation Southern Watch maintaining the security of Iraqi offshore oil platforms; and participated in anti-piracy operations off the coast of Somalia.

Taylor reported to NAS Kingsville in August 2008. He was initially assigned to the Public Works Department managing the command's recycling program, but also served as the command's Armory supervisor.

Taylor met his wife Miyako during his tour of duty in Yokosuka, Japan, aboard USS Curtis Wilbur, and they were married in 1999. They have two children: daughter Jeri and son Anthony, and reside in Kingsville.



Helping hands --

AC1(AW/SW) Michael Tredway paints the exterior window frames of the Kingsville Youth Center during a community service project Aug. 25. ABH2(AW) Edward Valenzuela of field support, coordinated and led a refurbishment of the Kingsville Youth Center with the support of Sailors IC1(SW/AW) Jesse Booth, ABF1(SW) Nathan Jones, ABF1(AW/SW) Romeo Palmares, AZ2(AW) Darrell O'Neal, CS2 Erick Soliz and CS2 Chris Crocker (Photo by IC1(SW/AW) Jesse Booth)



Feds Feed Families --

RP3 Quentin Williams, of the Chaplain's office, stores non-perishable food items at the Samaritan Pantry in Kingsville. NAS Kingsville and tenant command personnel collected nearly 1,000 pounds of nonperishable goods, as well as \$1,000 in contributions, during the Feds Feed Families Campaign held this summer. Items collected will feed more than 100 needy families locally. (Photo by IC1(SW/AW) Jesse Booth)



Ramon Paganiban, financial specialist at the NAS Kingsville Fleet and Family Support Center, counsels AC2 Joshua Hight during the Displaced Persons Exercise held last week. Hight was playing a 15-year old who had been separated from his family. In the background, Susanna Del Llano, of the NAS Corpus Christi FFSC, reviews the Navy Family Accountability and Assessment System (NFAAS) paperwork of another displaced person. The exercise tested FFSC response to persons affected by a natural disaster. (Photos by Fifi Kieschnick)

Exercise from page 1

Any counselor could look at a victim's paperwork and determine who that person needed to talk to.

Throughout the exercise, Installation Training Team members were evaluating the counselors.

Lt. Jody Kite, an ITT member, said that the color-coding system was a great way to assist counselors in ensuring the victims' needs were covered. "The color-coding system served as basic building blocks for the participants. The counselors were very professional, did an excellent job, handled everything very well and professionally, and did themselves proud."

At the conclusion of the event, Frank Firmatura, NAS Kingsville FFSC director, told the counselors that he was very impressed with everyone. "What impressed me the most is that you knew what you were doing. I didn't get a lot of calls with questions of what to do with a particular person."

Lawrence, who tried to challenge the staff with the exercise said to them, "You blew me away. I have never seen the level of professionalism that I saw today."

"I challenged you to provide support and

assistance to the personnel. You were very impressive in the way you conducted business and I appreciate what FFSC can do for people in need."

Cmdr. Scott Wilmot, NAS Kingsville executive officer, played the role of an amnesiac trying to find his family. "The counselors promptly determined that the Clinic staff were the best people to assist me," Wilmot said. "The medics did a great job, treating me with respect and dignity, and quickly got me the necessary care."

Debbie Winstead was one of the NAS Corpus Christi counselors providing victims with crisis management.

"We assess their needs and assist," Winstead said. "For things beyond our scope of care, we refer them to those who can assist them."

"The volunteers came in with real life kinds of situations and it made me think about what we will need to do in case of a real emergency," Winstead said.

Firmatura added that the only way to do it right, is to practice, practice, practice.

And, until the next "practice," they will gather and evaluate lessons learned.



Left, Chaplain Lt. Mark Halley provides spiritual guidance to ABF2(AW) Brian Foster, of Fleet Logistics Center, who is playing a member of the command's essential personnel who went home after the category IV hurricane to find his family gone during the Displaced Persons Exercise.



Left, Lucy Clarkson, administrative assistant with the Fleet and Family Support Center (FFSC), helps HM3 Angel Todd, of Branch Health Clinic NAS Kingsville complete her NFAAS paperwork during the Displaced Persons Exercise held last week. Below, Melodie Firmatura, a counselor with the Corpus Christi Fleet and Family Support Center, discusses a displaced person with HM2 Paul Nelson (left) and HM3 Joseph Antoine, of Branch Health Clinic NAS Kingsville, during the Displaced Persons Exercise. The exercise tested the FFSC response to persons affected by a natural disaster.



Hurricane season means family preparedness

Sailors, civilians and families closely watched the development of Hurricane Irene as the storms approached the East Coast in August.

As U.S. 2nd Fleet prepared to deal with the changing weather conditions, Navy families must also prepare to handle potential weather related disasters at home.

Understanding the dangers of high winds, lightning and storm tidal surges is a critical component to understanding why it's important to prepare for weather related emergencies. Hurricanes and other disasters can leave personnel cut off from power, transportation, communication, food and medical supplies for days. Many of the dangers

of these situations can be managed or even minimized by planning ahead and taking basic precautionary measures.

Family preparedness should include having an evacuation plan, emergency contact information outside of the region and an emergency kit.

Emergency kits should consist of batteries, two-way radios, manual can openers, first-aid supplies, cell phone chargers, a weather band radio, prescription drugs, water and water storage, as well as non-perishable foods. Ideally, the kit should include enough supplies to last three days.

Preparations should also include attention to special needs, adequate gasoline supply for automobiles, chainsaws or generators and supplies for the caring and shelter of family pets.

Disaster preparations include knowing what information resources are available before a crisis occurs. A vari-

ety of information is available online in support of family readiness including:

- Navy Family Accountability and Assessment System, <http://go.usa.gov/kQ4>.

- Red Cross Hurricane Preparedness Guide, <http://www.preparehr.org/documents/RedCrossReadyHurricaneGuide2pg.pdf>.

- Texas Department of Transportation, <http://www.txdot.gov/travel/hurricane.htm>.

- Texas Disaster Education Network, <http://texashelp.tamu.edu/004-natural/hurricanes.php>.

Also available is your chain of command and the Destructive Weather Preparedness Hotline Numbers at the NAS Kingsville Emergency Operations Center (EOC) at (361) 516-4170, 4171, 4172, 4173 and 4175.

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Friends stay active together aboard NASK

By Fifi Kieschnick
NAS Kingsville Public Affairs

Two German women who met on the naval air station 6 years ago have been inseparable ever since. You've probably seen them at the gym or around the base.

"I was walking from the campgrounds to the car wash and I heard someone speaking German," said Lisa Whitman, "and I thought 'how can that be?'"

That's when Lucy and Helga Turpin met. They are both German, spouses of retired military husbands, and like to keep active.

"We immediately became friends," Lucy said.

Lucy, 75, and Helga, 68, are always together aboard NAS Kingsville exercising – whether they are working out at the gym, swimming in the pool or simply walking around the base.

"What an inspiration they are," said Alma Wilson, physical trainer at the Fitness Center. "They come out here (fitness center) so faithfully, at least three days a week. Any 5Ks that we have, they are signed up."

"It is good for our health and we enjoy working out together," Helga added.

Helga and her husband bought a house in Kingsville when he was an ROTC instructor at what was then Texas A&I University in the 1970s and early 1980s. They moved back to the area when he retired more than 10 years ago. They have a son who is in the Army and one grandchild.

Lucy is a retired certified nurse's assistant and was a winter Texan visiting from New Jersey, when she decided to stay in Kingsville because she liked the climate.



Helga Turpin, left, and Lucy Whitman are fast friends and exercise regularly together aboard NAS Kingsville.

She has a child living in Alaska, two living in New Jersey and two grandchildren.

"Healthwise, I feel great," Lucy said. "The doctor says eat right and exercise. No matter what you do, keep moving."

Lucy added that if she doesn't work out in the gym, she walks the base early in the mornings or late in the evenings to avoid heat stroke.

"It's not easy to exercise (regularly)," Helga added. "We know, but we try to work out at least three times a week."

"My blood pressure has improved and our doctors are happy with us."

Helga emphasized that staying active is an important part of living. And she added that she loves "living in the small 'village' of NAS Kingsville. I feel comfortable each time I come to the base. There's a lot to do here and the pool is fantastic."

Awards from page 3

Taking home the Sr. Civilian of the Quarter honors was Kingsville resident and retired senior chief petty officer **Ken Moses**, who serves as the command's airfield manager.



Moses played a critical role in overseeing the preparation and implementation of several airfield projects during the quarter. He worked hand-in-hand with Training Air Wing TWO and civilian contractors for the installation of new aircraft canopies on the tarmac, and coordinated a work schedule for the \$10.6 million runway resurfacing and storm drain repair project. He also planned and oversaw the installation and certification of Visual Flight Landing System pads on all right runways to ensure that TW-2 student and instructor pilots could safely conduct field carrier landing practice to both left and right runways – a first for any Naval Air Station throughout Navy Region Southeast.

The Jr. Civilian of the Quarter is firefighter **Joseph Cordero**. According to NAS Kingsville fire chief Ruben Perez, Cordero was nominated based on his additional tasking for training and recertifying firefighters to the level of Emergency Medical Technicians. Cordero put in 64 hours of classroom time to accomplish this task, in addition to his regularly scheduled duties and training.



"Firefighter Cordero's willingness to provide one-on-one instruction produced a 100% academic recertification rate," Perez noted, "and this directly contributed to a total cost avoidance of more than \$2,250 for the fire department."

Additional awards presented at the ceremony included a Navy and Marine Corps Good Conduct medal to AC3 Dante Crisp, and civilian length of services awards to MWR director David Haigh (30 years), and Firefighter Ivan Lead (10 years).



Full house -- More than 70 Texas A&M University-Kingsville football players and coaches turned out for a night of bowling and fun at the NAS Kingsville bowling center Aug. 27. The event, which is held each year just prior to the start of the Division II football season, allows players and coaches to continue to tighten their team relationship as they head into the gridiron season.

Bowling center manager Daniel Rackley hosted the squad, and admitted it had been some time since the bowling house and snack bar had been that full.

While cook Irma Alegria kept the burgers on the grill and Sandy Garza handled the orders, Rackley made certain everyone was taken care of.



Not everybody bowled, however. It just so happened that the Dallas Cowboys' pre-season game was on television, and that seemed to gain the most interest.

But those who did bowl had a good time – as long as they could find bowling shoes big enough to fit them.

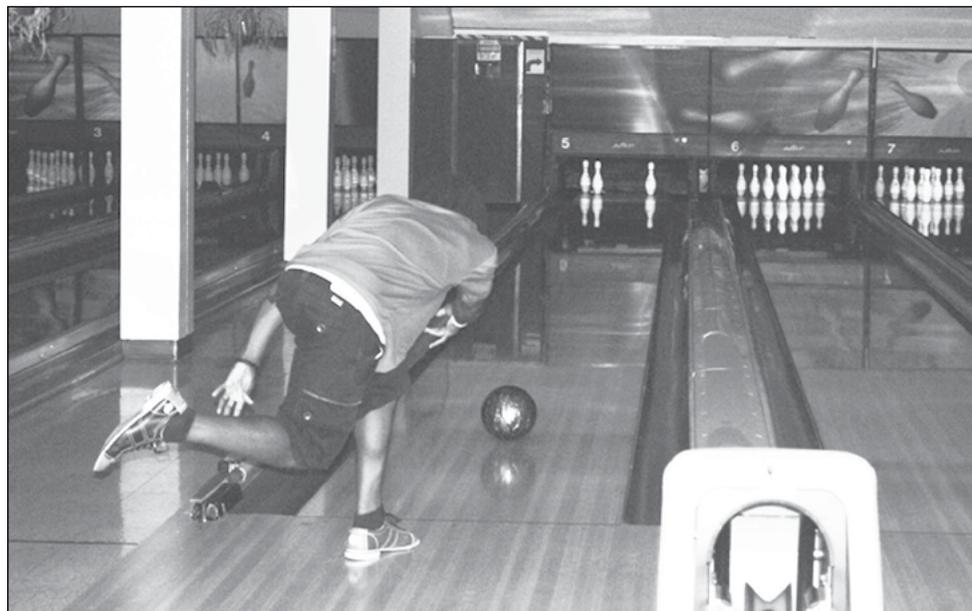
Size 17?

Forget about it!

The Javelinas, ranked number 6 in the Division II preseason polls, opened their 2011 season Sept. 3, with a 21-10 win over #22 ranked Central Washington.

They'll open their home season at Javelina Stadium Sept. 10, with a game against Minot State. There will

be a pre-game ceremony marking the 10th anniversary of 9/11 beginning at 6:45 p.m. All military personnel and first responders in uniform will receive free admission to the game. Training Air Wing TWO will also feature a two-plane flyover prior to the start of the contest.



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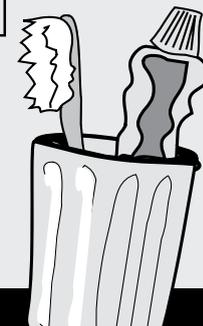
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Clinic from page 3

Tagle, senior enlisted leader, BHCK.

The BHCK, located at NAS Kingsville, is one of three Navy military treatment facilities in Texas under NHCCC's purview.

It is unusual for all three winners each quarter to come from the same facility.

Morgado, from San Antonio, enlisted in the Navy in January 1999 and is a radiology technician.

"I was excited for myself and especially for my fellow coworkers from the branch health clinic in Kingsville who were also selected as Sailor of the Quarter," said Morgado, a member of the clinic since December 2008.

Morgado advises Sailor of the Quarter hopefuls to provide their senior enlisted leaders with the necessary input for a strong package.

"Don't be nervous through the board process," said Morgado.

Staying focused and going after what you want is a necessary prerequisite to documenting accomplished goals suitable for board ready packages, said Saffell, from Odessa, Texas.

"The Navy is becoming more and more difficult to compete with other Sailors, but if you continue to work hard and be a well-rounded Sailor you should have no problem competing against your peers," said Saffell.

Saffell was surprised that she was selected for the award so soon after returning in March 2011 from Forward Deployed



Morgado

Preventive Medicine Unit Kuwait.

"I am still re-adjusting myself back into the clinic," said Saffell. "I think by re-integrating quickly and focusing on junior Sailors may have helped me win.

I just try to excel at my job and do anything I can to help anybody else excel as well. It is an honor to be called the Junior Sailor of the Quarter, third quarter."

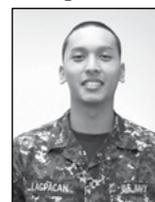
The most junior of the winners, Lagpacan, a dental technician, has been assigned to the clinic for less than six months, and he credits his shipmates for the accomplishment.

"I feel what put me over the top was the help I received from my peers, doing mock boards, dress inspections and tips for being on the board," said Lagpacan, a native of San Diego. "I would say to stay calm and collective when on the board and take the initiative to help out others."

"It is extremely important to find the right balance between their families, military career, college and community support activities. It is difficult to achieve or succeed in one area without the others," said Tagle. "All three of [my Sailors] display professionalism, loyalty and dedication not only to the command but to their junior Sailors, superiors, their community and themselves."



Saffell



Lagpacan

Morale, Welfare & Recreation

MWR Event Calendar

Bowling Center

Free bowling weekdays from 11 a.m. to 1 p.m. with purchase of a meal.

Mondays

12 noon – Luncheon volleyball
12 noon – Yoga at the Fitness Center
5:45 p.m. - Zumba Fitness at the Fitness Center.
Call 516-4386, for more info.

Tuesdays

6 p.m. – Water aerobics

Wednesdays

12 noon – Luncheon volleyball
12 noon – Yoga at the Fitness Center
5:45 p.m. - Zumba Fitness at the Fitness Center.
Call 516-4386, for more info.
7 p.m. – Free movies at the ITT Liberty Lounge

Thursdays

6 p.m. – Water aerobics
7 p.m. – Trivia Night at the K-Bar. Teams of four compete by answering trivia questions. Great K-Bar prizes. Call 516-6371, for more information.

Fridays

12 noon – Yoga at the Fitness Center

Saturdays

2 p.m. -- children's movies are shown free of charge at the ITT Liberty Lounge.

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Bowling Leagues

In the Doghouse League Standings as of Aug. 30

Place	Team	Won	Lost
1	Lane Breakers	3	1
2	Three J's	3	1
3	Alley Cats	3	1
4	3 Minds/Gutter	2	2
5	Spare Tires	2	2
6	The Dusters	1	3
7	The Guys	1	3
8	DNA	1	3

High Score Game-Men: Jerry Brooks, 246; Lindy Conner, 246.

High Score Series-Men: John Zapalac, 626; Lindy Conner, 600.

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