



# Naval Air Station Kingsville FLYING K

**Navy College Office  
will be at the FFSC  
on Oct. 21. For details,  
call 516-6333.**

Vol. 72, No. 20

Naval Air Station Kingsville, Texas

[www.cnic.navy.mil/kingsville](http://www.cnic.navy.mil/kingsville)

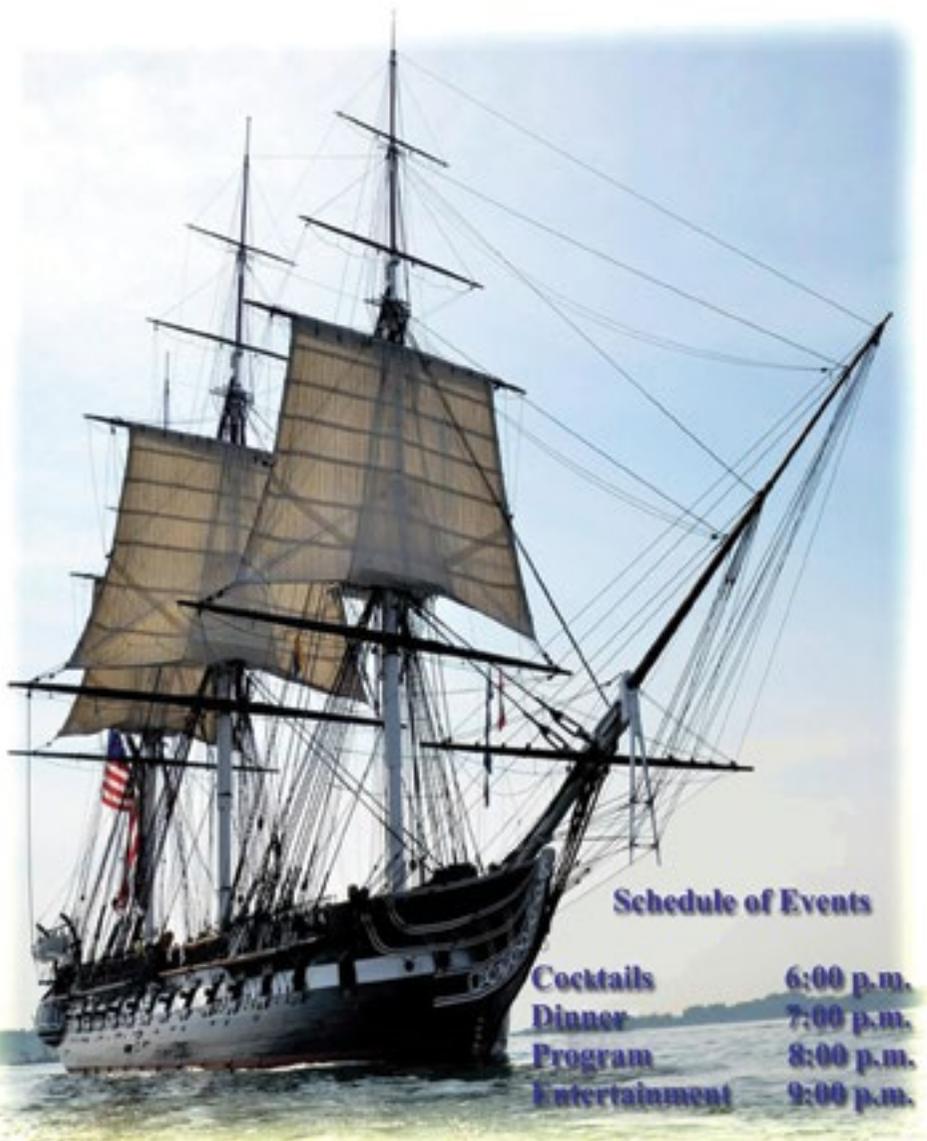
October 17, 2014

## 239th Navy Birthday Ball

**Saturday October 25th, 2014  
NAS Kingsville Captain's Club**

### Attire

**E1-03: Service Dress Whites (Medals Optional)**  
**04 & Above: Dinner Dress Whites**  
**Civilians: Formal Attire**



#### Schedule of Events

Cocktails	6:00 p.m.
Dinner	7:00 p.m.
Program	8:00 p.m.
Entertainment	9:00 p.m.



**Spinz is open --** Spinz eatery is now open at the Captain's Club adjacent to the bowling alley. Currently, the hours of operation are: breakfast, 7 to 10:30 a.m.; and lunch, 10:30 a.m. to 1:30 p.m. For more information, call 516-6506.

### New App showcases Sailors, projects that can disrupt future of energy

The Navy has released a new digital publication (app) called "Energy Warrior" that highlights the efforts of Sailors and others who are taking innovative steps to conserve energy, lead behavioral change, and get the maximum warfighting punch out of every gallon. The current app can be downloaded and installed for free on Mac and Android tablets.

Related videos are posted on an Energy Warrior playlist on the U.S. Navy YouTube channel. Videos of the app include profiles of FCC Christopher Roberts, who started a competition aboard USS Benfold (DDG 65) that is optimizing shipboard energy use; retired Marine Corps' Eric McElvenny, who helps retired military personnel transition to energy-related careers through the Troops to Engineers/Energy Systems Technology Evaluation (ESTEP) Program; and Matt Schreck, energy program manager for Fleet Readiness Center Southwest, who is seeking ways to reduce energy waste. The

app also provides facts about worldwide energy use, U.S. oil production, and Navy's ongoing energy projects that are supportive of the Secretary of the Navy and Chief of Naval Operations energy goals.

Plans are underway for additional video profile interviews for a future version of the app. Commands with innovative energy projects, people, and ideas are encouraged to contact the Navy's energy team at [energywarrior@navy.mil](mailto:energywarrior@navy.mil).

For additional information, visit the Energy Warrior page at <http://greenfleet.dodlive.mil/energy/energywarrior>.

"This app and related videos can help our Sailors and civilians understand how truly critical energy is, both to our daily jobs and to enable combat capability through greater distance, increased time on station, and the ability to carry more and new payloads," said Rear Adm. Kevin Slates, director of the CNO Energy and Environmental Readiness Division.

## From the Bridge



Capt. Chris Misner  
Commanding Officer



Team Kingsville,

We recently honored a group we call "Gold Star Mothers." In June 1963, the United States Congress declared the last Sunday in September as "Gold Star Mother's Day."

Shannon and I, like many of you, are parents. We know that are most precious possessions are the children we love and who we would do anything for to keep safe and ensure their future successes. The loss of a child for any reason, as we know, is one of the most, if not the most, agonizing experience a parent can endure.

When we send our sons and daughters off to war, we sometime forget these American heroes who leave behind mothers and fathers, husbands and wives who can do nothing more than send an e-mail, mail a

## Deckplate Leadership



CMDCM (SW/EXW)  
Randy Foust  
Command Master Chief



Team Kingsville,

Let's talk about information availability. A cornerstone of my Career Development Boards and plain talk with Sailors always emphasizes how much information is readily available for you to shape your career. Here are a few items I find helpful to a lot of Sailors.

Commissioning Programs: I have recently talked a few Sailors about commissioning programs. I want to clear up some questions and hopefully help others get where they need to be.

First myth - Chiefs do not want Sailors to seek a commissioning. This is absolutely false: Chiefs want every Sailor to live up to their potential and have a rewarding career no matter what that path looks like.

Second myth - I have to have a college degree to be commissioned. False. There are programs that assist you in completing a degree. The fact you have a degree can make you a more competitive candidate, but it can also make you eligible for more programs leading to a commission.

Third myth - I have to be a career counselor to find and understand how to become a commissioned officer. Again, false. Our Navy has made it almost too easy to find the instruction and program details. The process begins at Naval Personnel Command (NPC) Webpage: (<http://www.public.navy.mil/bupers-pc/Pages/default.aspx>).

Look under the Career Info, under Career Counseling, and on the left find Commissioning Programs. All of the requirements, the applicable instruction and even supporting documents are all available through this webpage.

College Education: I have also found recently a lot of young Sailors not enrolled in college classes, yet. When I ask, they typically are not confident they understand where to sign up for classes. Let's start at the beginning. You have to select a college to attend, and you certainly want one that will improve your professional knowledge.

Start at the NPC Webpage, on "Other Links" find Navy College Program and on the right side find Rating Degree Roadmap link and that will bring up a list of rates, pick your rate and that will bring up a list of colleges and the degree they are offering, as it applies to your rate. Always work on a degree that improves your professional knowledge; it will make you more competitive no matter what path to promotion you choose.

Now that you have a degree plan and a college, make sure you submit the plan to the Navy College Office. Also make sure you have a SOCNAV agreement with the college, it will help if you have to transfer to a different college or take classes with a different college.

Once you have the school requirements met, contact the Navy College Office in Corpus Christi. They will review your documents and provide you a brief for using tuition assistance (TA). Once you have been briefed, you will be eligible for TA. I recommend you take one class at a time to make sure you are not over-loaded. Don't forget to research College Level Examination Pro-

gram (CLEP) and Defense Activity for Non-Traditional Education Support (DANTES) Subject Standardized Tests (DSST)-- all of these could reduce your required class load and it's credit for information you already have. Submit your TA request to your direct chain of command; it should never go higher than your Division Officer. Chiefs and officers will review the number of classes you want to take and your work schedule. If it's too much in their opinion, that is enough. DO NOT OVER-LOAD YOURSELF! The rules have changed and you are now required to repay TA if you receive a "D" in an undergrad class.

Find information on web: Team, don't rely on others to get updated information about our military world, here are a few key sites. <http://www.public.navy.mil/bupers-npc/Pages/default.aspx>, on the front page of NPC has the latest NAVADMINs, @USNPEOPLE, and <http://www.navy.mil/> articles. You can subscribe to receive the Navy Early Bird Brief, which delivers information about all services related articles. You have to check Facebook and all of the Navy related pages. Bottom line, there are too many resources to name here, but if you don't look, you will never find the information.

I would like to say congratulations to MA1 William Peoples, QM2 KaBresha Richardson and ET3 Amanda Paez as FY14's Sailors of the Year. Also, AC1 Elicio Catalan, Lt. Joshua Witte, Lecie Langille, and Megan Hogan have been selected as Volunteers of the Year, recognized at the Combined Services Club Luncheon. Thanks to the team for all of your continued great works in and outside the fence line.

Be Safe, Stay Cool and Have Fun  
CMC

On Nov. 21, 1864, Lincoln wrote: Dear

Madam, I have been shown in the files of the War Department, a statement of the Adjutant General of Massachusetts, that you are the mother of five sons who have died gloriously on the field of battle. I feel how weak and fruitless must be any word of mine which should attempt to beguile you from the grief of a loss so overwhelming. But I cannot refrain from tendering you the consolation that may be found in the thanks of the Republic they died to save. I pray that our Heavenly Father may assuage the anguish of your bereavement, and leave you only the cherished memory of the loved and lost, and the solemn pride that must be yours to have laid so costly a sacrifice upon the altar of freedom.

Yours, very sincerely and respectfully,  
A. Lincoln.

I ask that each of you take some time to remember the families of all of those who have made the ultimate sacrifice, as well as the families who continue to care for those who have returned from battle with scars seen and unseen.

One Team, One Fight, One Focus!  
Skipper

## Flying K

The *Flying K* is published every other week by DJ Young Publishing, a private firm in no way connected with the U.S. Navy, under exclusive written contract with Naval Air Station Kingsville, Texas.

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**Capt. Christopher Misner**  
Commanding Officer

**Cmdr. Rey Molina**  
Executive Officer

**Fifi Kieschnick**  
Public Affairs Specialist / Editor

**FC1(SW) John Sessions**  
Public Affairs Assistant

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## Commander, Installations Command signs Domestic Violence Month proclamation

By Ed Wright  
CNIC Public Affairs

Navy Installations Command (CNIC) took action Oct. 1, by hosting a short ceremony for its headquarters staff to recognize Domestic Violence Awareness Month.

During the small event to raise awareness, Commander, Navy Installations Command, Vice Adm. William French signed a Domestic Violence Awareness Month Proclamation.

“We need to be sensitive of the folks we work with and look for the indicators of violence,” said French. “This is an integral part of what we do to take care of each other, “

According to the proclamation, Domestic Violence Awareness Month is intended to inform and engage the community about preventing domestic violence throughout the Navy. Domestic violence occurs when people find themselves in stressful situations without community resources and unaware of how to cope.

“The right voice at the right time to the right person can open somebody up and you can find out things that you didn’t know,” said French. “But in many cases you find out things and can help them from there.”

Navy Installations Command has a wide variety of resources to support Sailors and their families and wants everyone to know about those services that may be of help. Support services are for family members and not exclusively for someone who is in trouble. Many times an individual may know of someone who needs help and can provide a tremendous amount of support by knowing where and how to get them in touch with the right person or program.

“Navy Family Advocacy supports the prevention of domestic violence through clinical counseling, new parent support programs and workshops that support family resiliency in dealing with the stress of naval service,” said Matt Straughan, CNIC family support

program director.

According to the National Coalition Against Domestic Violence:

\* Nearly 20 people per minute are victims of domestic violence by a domestic partner in the U.S., 10 million women and men per year.

\* One in three women and one in four men have experienced some form of physical violence by an intimate partner within his or her lifetime.

\* One in five women and one in seven men have experienced severe physical violence by an intimate partner in his or her lifetime. Intimate partner violence accounts for 15 percent of all violent crime. In domestic violence homicides, women are six times more likely to be killed when there is a gun in the house.

\* Three to 10 million children are witness to domestic violence in their homes, and research has shown children who witness domestic violence and do not get help are more likely to become victims or perpetrators of future abuse.

\* Nearly three out of four Americans personally know someone who is or has been a victim of domestic violence.

Installation Fleet and Family Support Centers (FFSC’s) located across the Navy both within the United States and overseas, have licensed clinical counselors who can provide services and support to help couples build their relationship skills and work through common relationship problems, for example, parenting challenges through every stage of a child’s life.

When domestic violence occurs the Family Advocacy Program supports victims and also provides treatment for offenders.

For more information about where to go for assistance, individuals may call the National Domestic Violence hotline at 1-800-799-SAFE or visit [www.thehotline.org](http://www.thehotline.org).

For more news from Commander, Navy Installations Command, visit [www.navy.mil/local/cni/](http://www.navy.mil/local/cni/).



**Aquatics update --** 50 Mile Swim Club ended Sept. 30, with only one person joining the ranks of the exclusive club -- Congratulations to Katerina Johnson, spouse of VT-22 pilot Travis Johnson on your accomplishment! (Courtesy photo)

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## In the Break



Capt. Donald Nisbett Jr.  
Commander  
Training Air Wing TWO



Greetings NAS Kingsville and Training Air Wing TWO,

Happy 239th birthday to the U.S. Navy! See you all at this year's Navy Ball on Saturday, Oct. 25.

Congratulations to Cari Lingle, wife of VT-21's Lt. Bryan J. Lingle, for her nomination as Military Spouse Volunteer of the Year. Congratulations also go to Lt. Joshua Witte of VT-22, the Junior Officer Volunteer of the Year, and the Sailor and spouse, who were recognized for their volunteer efforts in the community, at the 44th annual Combined Service Club luncheon held on Oct. 15, at the Henrietta Memorial Center in Kingsville.

In keeping with the service theme, VT-22 will host Heather Trevino and her family aboard NAS Kingsville as "Pilot for a Day" on Tuesday, Oct. 21. This program provides children, suffering from serious illnesses who are being treated at Driscoll Children's Hospital, the opportunity to be a Naval Aviator for a day; touring the base facilities, flying

the T-45 simulator, and putting on flight gear.

Everyone is also reminded that the Combined Federal Campaign (CFC) continues through the middle of November. The mission of the CFC is to promote and support philanthropy through a program that is employee-focused, cost-efficient, and effective in providing all federal employees the opportunity to improve the quality of life for all. For more information please contact your squadron CFC reps: Lt. Michael Glynn (VT-21); Capt. Christopher Pergola and Lt. Trevor Phillips-Levine (VT-22); and Tara Burney and Forrest Patton (TW-2).

On the training front, the squadrons of TW-2 continue flight operations for the remainder of this month on a detachment to Naval Air Facility El Centro, Calif., for weapons training. The accurate delivery of ordnance on surface targets is one of the primary missions of Naval Aviation and the weapons stage will develop those basis skills of low level navigation and weapons delivery in the air-to-ground arena.

Finally, congratulations to 13 of our newest Naval Aviators who received their "Wings of Gold" at a joint TW-2 and TW-4 winging ceremony presided by Vice Adm. David H. Buss, Commander, Naval Air Forces, in Corpus Christi on Oct. 17, at 2 p.m.

VT-21 -- Lt.j.g. Jeffrey W. Giesler, 1st Lt. Robert J. Guilfoyle, Lt.j.g. Derek J. Lee, Lt.j.g. Frank P. McGurk, and Lt.j.g. Jennifer

L. Sandifer.

VT-22 -- Lt.j.g. Matthew D. Buss, 1st Lt. Kelsey E. Casey, Lt.j.g. Erik M. Daus, Lt.j.g. Jeff W. Davis, Lt.j.g. Charles E. Hetzel, Lt.j.g. William T. Johnson, Lt.j.g. Christopher J. Kapuschansky, and Lt.j.g. Andrew D. Wolfe.

BZ and well done to all of our newest Wingees. For a good part of a year, they have

toiled and prevailed through flight training, doing it safely and efficiently. From here they will move closer to the "Tip of the Spear" in preparation to one day answering our nation's call meeting the evolving security threats. I wish them all the best in the future and the fleet.

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**Swim lessons** -- NAS Kingsville Lead Lifeguard/Instructor Dannielle Bruno give pre-K students a swim lesson. The group lessons are wrapping up and plans are to resume them in the spring. For more information, call 516-6494. (Courtesy photo)



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Together we'll go far



## Interactive map: CNIC monitoring energy consumption

By Ensign Egdanis Torres-Dominicci  
CNIC Public Affairs

The U.S. Navy is increasing energy awareness by incorporating the Navy Shore Geospatial Energy Module (NSGEM), a tool designed to help improve energy efficiency at Navy installations.

Imagine a map with a dashboard in which the buildings of your military installation light up for you to visualize the energy consumption of each structure. The NSGEM offers this technology, which translates information into visual cues for better data interpretation.

The NSGEM will assist the Navy with data accuracy, centralized information, transparency and visibility of information in energy consumption throughout every U.S. Navy installation by translating information into visual cues for better data interpretation.

“While the primary function of the NSGEM is heightened energy awareness and easier accessibility of energy consumption information, the end goal is to increase data credibility while identifying potential savings on energy consumption,” said Sandrine Schultz, creator of NSGEM and the energy program manager at Commander, Navy Installations Command (CNIC).

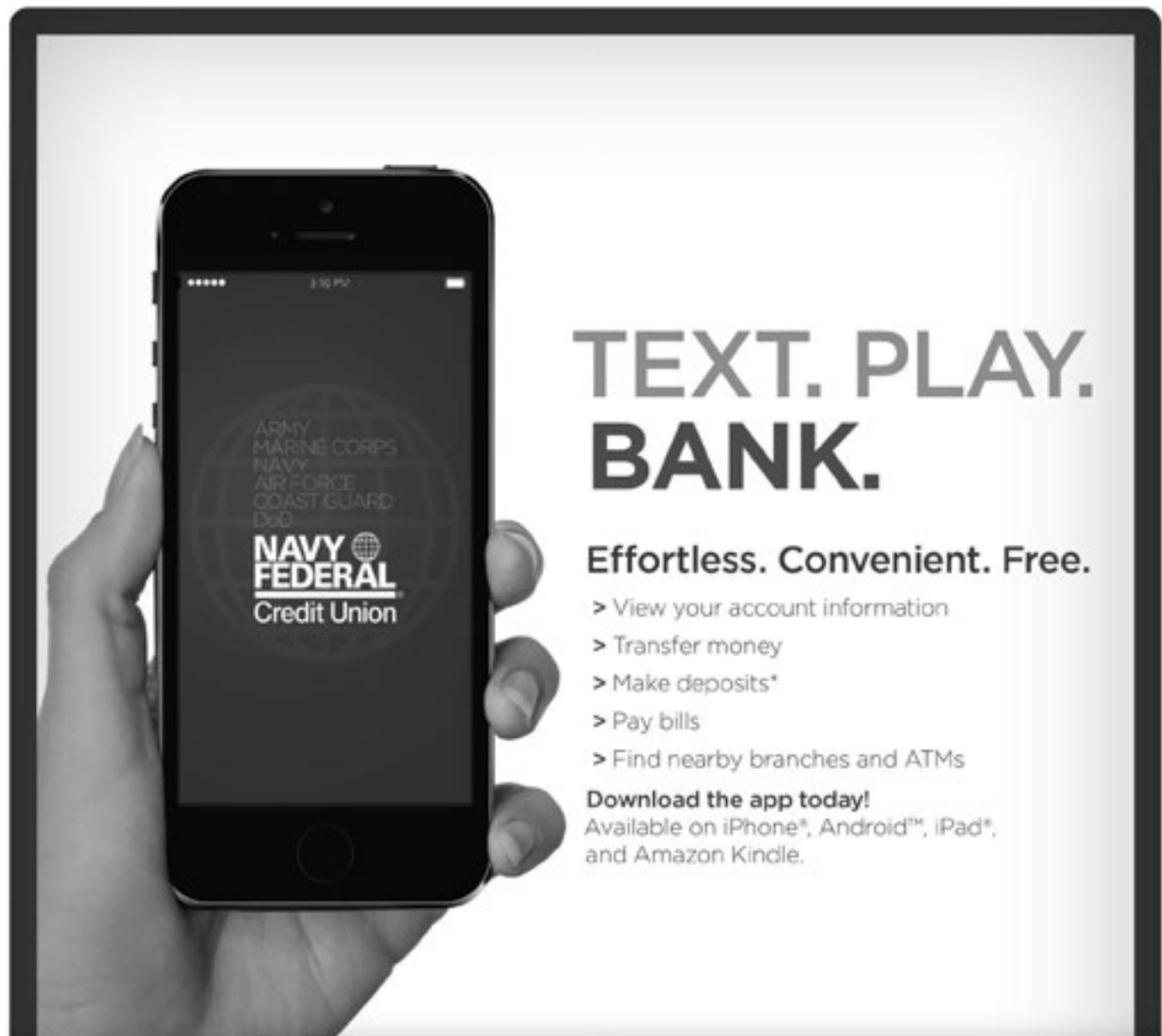
It is a one-stop shop for every Sailor at all levels of the Navy enterprise for accessing centralized information. This tool enables building-level transparency of energy consumption, facilitates energy cultural behavior changes, and allows personnel to identify areas for improvement while monitoring progress of reduction goals, she explained. These efforts are vital to the Navy’s overall goal of 50 percent reduction in energy consumption and the increase in renewable energy usage by 2020.

“Geospatial capabilities are changing the way that we all do business. We turned data into decisions that will help us to better serve and support our war fighters,” said Schultz.

This data is available only for Navy personnel by accessing the Energy App on the following link: <https://maps.navfac.navy.mil/RSIMS/MapView/Default.aspx?MapID=12296>. This link will prompt you to gain an SSO account using your Common Access Card. This request is via the NAVFAC Portal in order to control the authorized access to the site. Once you register, all of this data will be available at your fingertips.

This innovative application won the International Special Achievement Award, granted by Geographic Information Services Incorporated. They indicated that CNIC stood out from more than 100,000 other organizations.

“I did my work and I always do my best for the Navy, focusing on making things happen. For me, recognition only means that we are on the right track...let’s keep it going,” said Schultz, receiver of this high honor award.

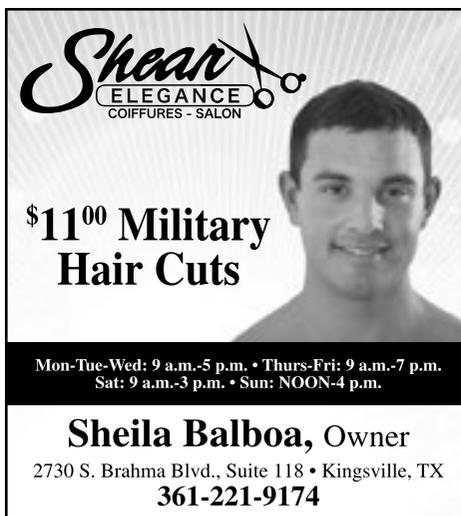
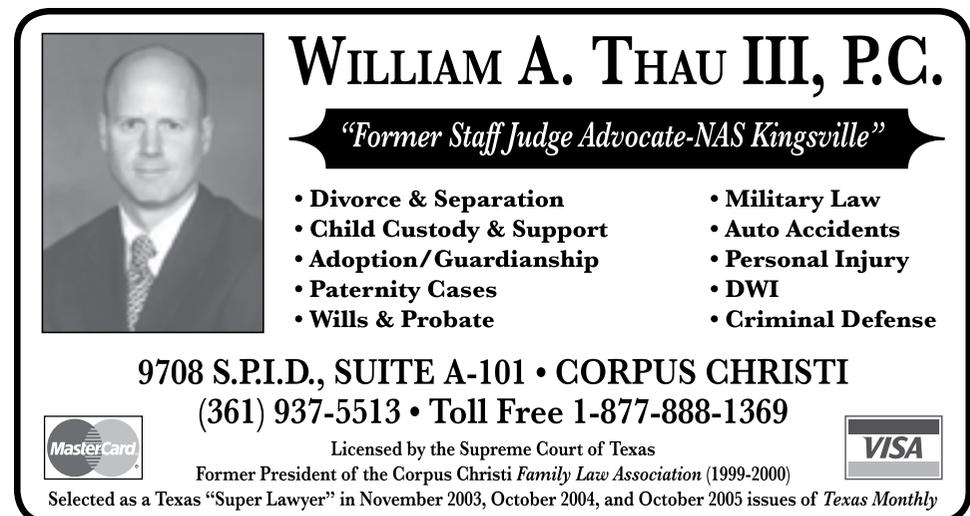


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# Celebrating



# Diversity

NAS Kingsville's Diversity Committee presented a Hispanic Heritage Month celebration last week. Pictured above right, Cmdr. Rey Molina, executive officer, welcomed those gathered.

Fire Chief Ruben Perez was the guest speaker. Perez discussed his personal history, growing up, playing football and working harder than his teammates to earn respect. He also said that he joined the Navy because his parents couldn't afford to put him through college.

"I had great experiences," Perez said, "in the early eighties over three western Pacific

deployments. Most importantly, the Navy taught me responsibility, hazard assessment, risk decision-making and how to implement effective risk controls, all skills that I continue to use on a personal and professional level."

Diversity Committee members dished up traditional Hispanic foods including rice, beans, fajitas and more.

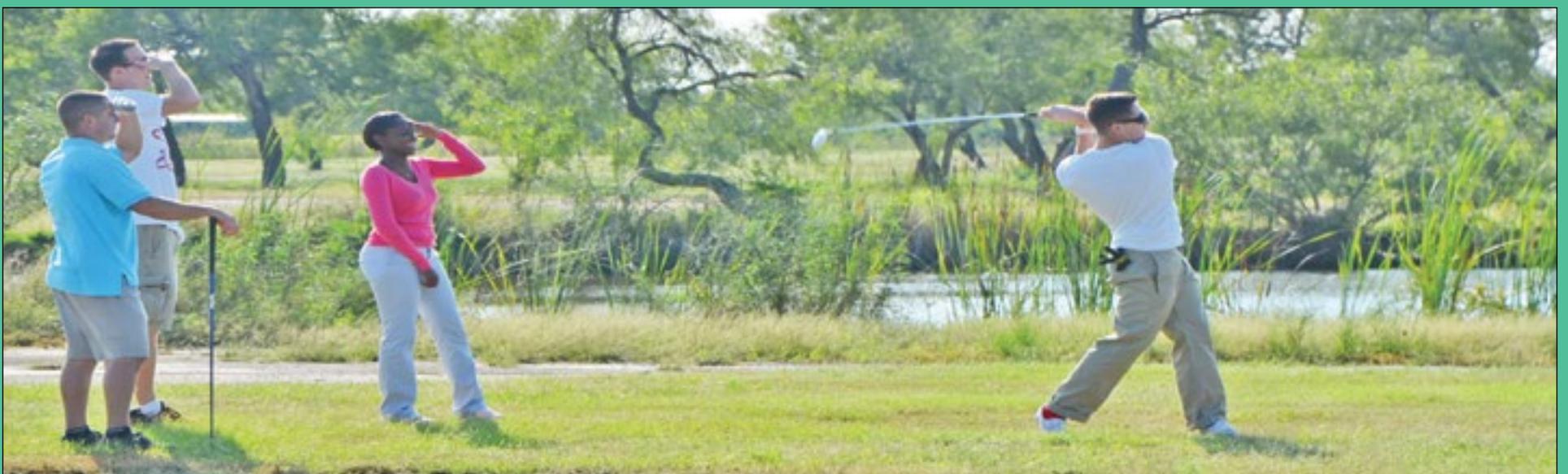
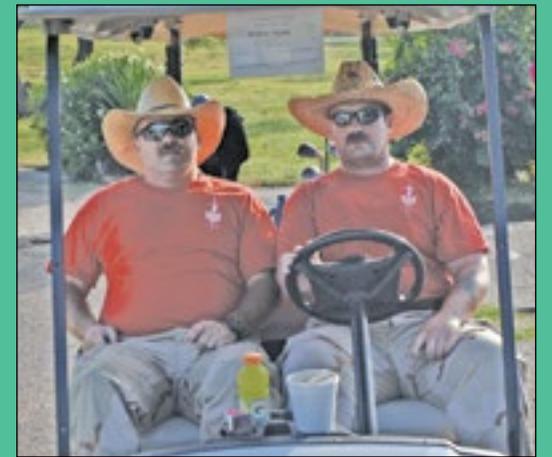
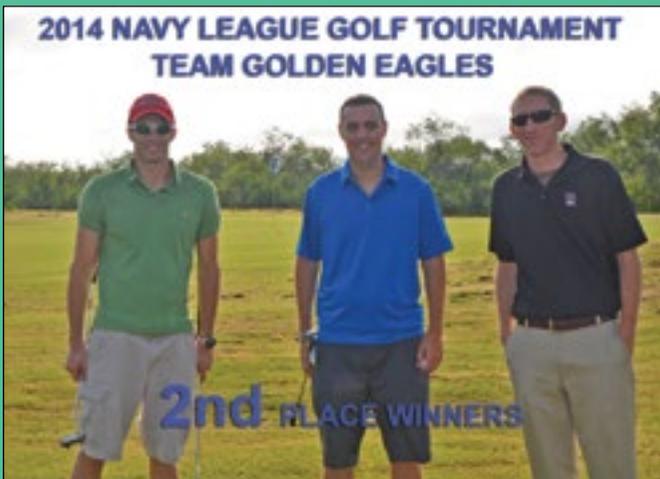
Hispanic Heritage Month is celebrated Sept. 15 through Oct. 15. This time-frame was selected because of the anniversary of independence of five Latin American countries and the date Christopher Columbus discovered America. (Photos by Fifi Kieschnick)



**Navy League Golf Tournament** – A rainy morning turned out to be a beautiful day for golf in South Texas. The Kingsville Navy League hosted their 2014 golf tournament recently at L. E. Ramey Golf Course in Kingsville, Texas.

Winners from this years tournament are at first place team “Par None” at -8 under; second place team “Golden Eagles” at -4 under; and third place NAS Kingsville’s Junior Enlisted Association team “Ooo-Ooo” at -2 under par.

The tournament had a shotgun start at 0900 and a total of 10 teams played their best ball. The tournament had a total of 16 local sponsors that raised over \$8,000 for the Kingsville Navy League. (Photos by FC1 (SW) John Sessions, NAS Kingsville Public Affairs)





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## NAVY BALL CHILD CARE AVAILABILITY

Thanks to the Navy Ball Committee, child care will be provided free of charge on a first-come, first-serve basis.

Following are the number of available spaces by age group:

- Infant Room (6 weeks to 12 months old) – 6 spaces
- Pre-toddler Room (1 year old) – 10 spaces
- Toddler Room (2 years old) – 14 spaces
- Preschool Room (3 to 5 years old) – 18 spaces
- Youth Center (Kinder to 12 years old) – 45 spaces

- The Child Development Center (CDC) will care for children 6 weeks to 5 years old.
- The Youth Center will care for children 5 (attending Kindergarten) to 12 years old.
- To make reservations for **ALL** childcare needs, sponsors must come to the CDC, with your Navy Ball Ticket in hand to register their child/ren.
- Both programs will be open on Saturday, October 25, 2014 from 1730 to 0030.
- A late charge of \$1.00 for every minute past 0030 will be assessed.
- For children receiving care at the CDC, you must bring an up-to-date immunization record.
- Pizza and 100% Juice will be served for those children present at 1800.
- Canceling is a courtesy that allows people on the waiting list to receive free childcare.
- The absolute deadline for registration is Thursday, October 23, 2014 at 1700.
- For more information call 361-516-6176.

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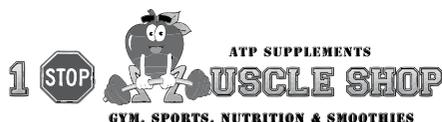


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**Domestic Violence**

According to loveisrespect, a project of the National Domestic Violence Hotline, one in three teens in the US is a victim of physical, sexual, emotional or verbal abuse from a partner.

While teen dating violence can happen to anyone, the majority of the violence affects young women. Women between the ages of 16 and 24 experience the highest rate of intimate partner violence -- almost triple the national average.

Our advocates are available 24/7 at 1-800-799-SAFE (7233) in over 170 languages. All calls are confidential and anonymous. <http://www.thehotline.org/help/>

**SAPR**

Chairman of the Joint Chiefs of Staff designated SAPR as the number one High Interest Training Issue for the Joint Force in the October 2013 Chairman's Joint Training Guidance for 2014-2017. DoD surveys of Sexual Assault in 2012 suggest that there may have been approximately 26,000 service members who experienced some form of USC (unwanted sexual contact) in the year prior to being surveyed.

**Suicide Prevention**

Talking about suicide doesn't give a person morbid thoughts. Rather, it's one of the most helpful things we can do to encourage our shipmates that it's okay to speak up when you're down. Seeking help is a sign of strength, and we can take the first step together.

**Alcohol**

The target population for

Sailors at risk of abusing alcohol is defined as:

- \* E-1 to E-5
- \* Between 18-25 years of age
- \* Within the first three years of first enlistment
- \* Within 12 months, before or after, 21st birthday

**Drug Use**

Deputy Director of Navy Alcohol and Drug Abuse Prevention office says "If a Sailor makes a poor choice and uses synthetic drugs, they need to know that there will be consequences. We are a zero-tolerance force for synthetic drug use."

**Energy/Water conservation**

Energy/Water Conservation: Energy Conservation is unquestionably of great importance to all of us, since we rely on energy for everything we do every single day. Energy supplies are limited and to maintain a good quality of life, we must find ways to use energy wisely. Embrace energy conservation by making small changes that will lead to a significant difference in our overall energy consumption. Your efforts, combined with those of others will benefit your life and the lives of future generations, as well as our environment.

Useful tips for conserving energy include:

- \* Do not charge personal items at work! Appliances like cell phone chargers, coffee makers, etc. all continue to consume energy just by being plugged into an outlet.
- \* Before leaving work make sure to turn off all fans and lights!

**\*\*The bottom line shipmates: In all of the above, YOU are the key to our success in the Navy! Intervene, speak up and look out for one another and all our resources!!!\*\***



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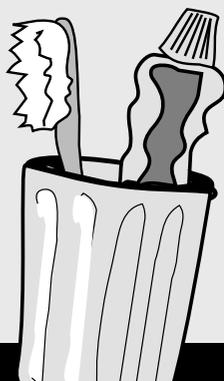
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