



# Inside the Gate



July 9, 2015

For the following tidbits of information and more, visit [www.cnic.navy.mil/gulfport](http://www.cnic.navy.mil/gulfport). Want your news or event posted? Let us know by sending an email to [bonnie.lindleymcgerr@navy.mil](mailto:bonnie.lindleymcgerr@navy.mil) or call 228-871-3662. All content in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron.

**WPN Seminar** - The Women's Professional Network (WPN) is hosting a seminar from 8:15 a.m. – 2 p.m., Friday at the Training Hall. Agenda topics include: The Exceptional Family Member Program, Family Care Plans, Maternity Information, Post-Partum Depression, Proper Car Seat Installation, Single Parent/Dual Military Families and Pediatric Information from the Naval Branch Health Clinic (NBHC) Gulfport. There will be a lunch break from 11 a.m. to 12:25 p.m. **This seminar is for all personnel and family members with authorized access to NCBC Gulfport.**

**Thrift Store Open Saturday** – The Navy-Marine Corps Relief Society (NMCRS) Thrift Store, building 29, will be open from 9:30 a.m. – 12:30 p.m., Saturday. **Stop by and pick up a bargain!**

**240<sup>th</sup> Anniversary Navy Ball** - An area Navy Birthday Ball will be held from 6 – 10 p.m., Oct. 3, at Oak Crest Mansion Inn, 5267 Menge Ave., Pass Christian. Ticket sales (limited to 200), are expected to begin Aug. 15. Prices are pending, but finalization is expected by Aug. 1. Stennis Navy Ball Representative is Ensign Theresa Schultz, 228-688-5583/5479 or [Theresa.schultz@navy.mil](mailto:Theresa.schultz@navy.mil). **For more information visit:** <https://www.facebook.com/sscnavyball> or <http://msgulfcoastnavyball.weebly.com/> (doesn't work on NMCI).

**Gulf Coast USO activities in July** – The Gulf Coast USO has planned the following events for Active Duty, Guard, Reserve members and their families: ~ Yoga on the Beach, July 10, 7 a.m., on the beach next to Jones Park. This is a family friendly event and children are invited to attend. ~ Family BINGO Night, July 16, 6:30 p.m., USO Gulf Coast inside the Gulfport Biloxi International Airport ~ Family Game Night, July 23, 6:30 p.m., at the USO Gulf Coast inside the Gulfport Biloxi International Airport ~ Children 5 and Under Play Date at Jones Park, July 29, 10 a.m. RSVP by emailing [usogulfcoast@uso.org](mailto:usogulfcoast@uso.org). **Snacks and beverages will be provided at all events.**

**Base Housing Yard Sale** – There will be a NCBC housing Yard Sale from 8 a.m. – 1 p.m., Aug. 15. Balfour Beatty Communities will post advertising info on Facebook for housing participants. **For more information, call the Housing Office at 228-863-0424 or email [ladner@bbcgrp.com](mailto:ladner@bbcgrp.com).**

**SAPR/SUICIDE WORKSHOP** – A SAPR/SUICIDE Workshop will be held July 21-22, at the NOSC Drill Hall, Building 114. The schedule is as follows: July 21: 8 – 10 a.m., Front Line Supervisors (E5-E9 and 01-04); 10:30 a.m. – 12:30 p.m., Front Line Supervisors; 1 – 4:30 p.m., Leadership (CO/XO/OIC/CMC). July 22: 8 – 11:30 a.m., Program Managers (SAPR Team, FAP, DAPA, Suicide Prevention Coordinators); 12:30 – 2 p.m., **Working group with DAPAs and UPCs.**

**Comedy is the Cure** – Comedy is the Cure – an All Hands Bystander Intervention Show featuring Comedian Bernie McGrenahan will be presented from 2:30 – 3:45 p.m., July 22 at the Training Hall. **Everyone is welcome and encouraged to attend this event!**

**CPR/AED Classes** - NCBC Fire and Emergency Services is offering Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillator (AED) classes to organizations on board the Center. **For more information, call 228-871-2414.**

**Menu Review Board** – The Menu Review Board will meet at **9 a.m., July 16 at the Colmer Dining Facility.**

**Navy-wide Advancement Exams** – The September Navy-wide Advancement Exams are scheduled as follows: Sept. 3 (E6), Sept. 10 (E5), Sept. 17 (E4). All exams will be given at Building 433 (Tactical Training Facility). **Doors open at 6:30 a.m., and personnel taking exams are instructed to be in the Uniform of the Day and in possession of a valid CAC.**

**Fleet and Family Support Center July Classes** - The Fleet and Family Support Center (FFSC) is sponsoring **Baby Boot Camp**, 8 a.m. – noon, July 16 for those expecting and families with new babies up to 3 months old). A **Command Financial Specialist** course for E6 personnel will be held at 8 a.m., July 22-24 at FFSC. E5 personnel may attend with an approved waiver. Pre-registration is requested for all classes. **For more information or to register – call: 228-871-3000.**

**What's happening at the Seabee Memorial Chapel - Protestant: Sunday, 9:15 a.m. - Sunday School** (Ages 5-12 years); **10:30 a.m. - Service**; Weekdays: **Wednesday, 11:30 a.m. - Praise Break** (20 minutes of praise and worship through music); **Noon - 1 p.m. - Protestant Women of the Chapel Bible Study. Catholic: Sunday, 8:30 - Rosary/Confession; 9 a.m. – Mass; Monday, Tuesday & Friday - 11:15 a.m. - Mass; Thursday 5 p.m. - Holy Hour; 6 p.m. – Mass; 6:30 p.m. – Fellowship; 7 p.m. - Bible Study.** Please visit the Chapel Facebook page for updates: <https://www.facebook.com/ncbc-chapel>, email us at [gulfportchapel.fct@navy.mil](mailto:gulfportchapel.fct@navy.mil), or **call us at 228-871-2454.**

**Fitness Center** - Join us for new Virtual Fitness Classes Monday- Saturday. The week of July 6, Water Aerobics will be offered Monday- Friday at varying times. New PiYo (Pilates/ Yoga) classes begin July 7! Youth Swim Lessons sign-ups on-going now, please stop by the Aquatics office for more information. Captain's Cup Basket-ball Leagues (Women's & All Hands) signups are taking place. For more info, call 228-871-2668.

**Extended Fitness Center hours effective July 13: Sunday – 7 a.m. – 8 p.m.; Monday – Friday, 4 a.m. – 10 p.m., and Saturday, 6 a.m. – 9 p.m.**

**New to military family housing?** Did you know that OPNAVINST 11320.23G requires housing residents to attend a Fire Safety brief within 30 days of moving into base housing? Briefs, which last no more than an hour, are held at the Fire Department on the first and third Wednesday of the month at 3:30 p.m. If you have not attended a brief yet, plan to do so. **If you are unable to attend, call the Fire Chief, 228-871-3117 to discuss your situation.**

**The Grill, Building 418** - Open for breakfast and lunch – cooked to order! Make every moment of your lunch count with our FREE delivery from 11 a.m. - 1 p.m. Open Monday - Friday 7 a.m. - 1:30 p.m. Call 228-871-2494 for takeout or delivery. **Please send questions or comments to [michael.sweetapple@navy.mil](mailto:michael.sweetapple@navy.mil).**

**Feds Feed Families Food Drive** – Feds Feed Families Food Drive is underway through Oct. 31. Children and families are in great need of donated food this summer. Federal employees and members of the uniformed services will join together to collect food nationwide for local food banks. Food donated on board NCBC will be distributed to local food banks. Drop off locations on board NCBC are: NCBC Commissary, Seabee Memorial Chapel, Navy Exchange, Fleet and Family Support Center, Command Quarterdecks, Navy Housing, and Liberty Center. **For more information please contact EA1 Redden, 228-822-5480, [james.redden@navy.mil](mailto:james.redden@navy.mil) or CE3 Thomas, 228-871-2454, [endia.roberston@navy.mil](mailto:endia.roberston@navy.mil).**

**Annual Seabee Volkslauf Mud Run 2015** – The annual Mud Run will take place Sept. 19 at 7 a.m., and the Family Fun Run will follow at 9 a.m. NCBC Gates open at 5:30 a.m. To register and find out more information, visit: <https://register.chronotrack.com/r/13782> or call 228-871-2669.

**Seabee eCourier** – Read the latest edition of the Seabee eCourier at: [http://www.cnic.navy.mil/regions/cnrse/installations/nbc\\_gulfport/news/SeabeeCourierNewspaper.html](http://www.cnic.navy.mil/regions/cnrse/installations/nbc_gulfport/news/SeabeeCourierNewspaper.html)

**Information, Tickets and Travel (ITT)** – Summer is here and ITT has discounted tickets to Gulf Islands Water Park for a cool price of \$21 each. We also sell discounted Biloxi Shuckers tickets as well discounted vacations packages to many resorts in the area! **Come in and meet Josh and Jocelyn, or call 228-871-2231 for details.**

**Seabee Cinema at the Training Hall** - Building 446 Marvin Shields Blvd. Regular movie showings Thursday – Sunday of each week. Showing this weekend: Jurassic World 2D and 3D, Insidious 3, Spy and Tomorrowland (\$1 Sunday Show). For more information, call the 24-hour Movie Hotline at 228-871-3299. Looking for a private showing for your command? Contact Michael Sweetapple at [michael.sweetapple@navy.mil](mailto:michael.sweetapple@navy.mil)!

**Auto Skills Center** - Take advantage of the longer days with our new Summer Hours: Auto Skills is open Wednesday - Friday noon - 8 p.m.; Saturday 9 a.m. - 5 p.m. Trying to sell a vehicle? Sell it at the MWR Resale Lot! **Call for details 228-871-2804.**

**Anchors and Eagles, Building 303, is the perfect place for you to come and unwind.** Open Tuesday-Thursday, 2 - 6 p.m. (E7 and above.) Monthly social is the last Thursday of the month with FREE food! The fun begins at 3:30 p.m. **If you have any comments or questions, please send an email to [michael.sweetapple@navy.mil](mailto:michael.sweetapple@navy.mil).**

**Navy Outdoor Recreation** – Stop in during the month of July for a Stand-Up Paddle Board special! ONLY \$10 includes board, paddle and safety gear. Deposit fees apply, supplies are limited. **Call 228-871-2127 for details during normal operational hours.**

**Liberty Center** - Check out what's happening at Liberty! 228-871-4684 ~ **July 10 –6 p.m.**, BBQ and Paddle Boarding/Canoeing at Seabee Lake, Free; **July 11 – 11 a.m.**, Ship Island Excursion, \$20; **July 12 - 1 p.m.**, Big Play Fun Center – Go Carts and Putt-Putt, \$12; **July 14 – 6 p.m.**, Tournament Tuesday – Ping Pong, 1<sup>st</sup> Place Prize; **July 15 – 6 p.m.**, Food for Thought – Have ideas for Liberty fun? FREE Pizza; **July 16 – 6:30 p.m.**, Free Movie Thursday's at Seabee Cinema. Pick up a coupon at Liberty.

**Beehive – All Hands Club at Building 352** - Enjoy several TVs for sports action, unwind with darts, pool or enjoy choice music! **UFC is back** July 11 at 7 p.m. on Pay-Per-View. If you have a comment or question, please send an email to [michael.sweetapple@navy.mil](mailto:michael.sweetapple@navy.mil).

**Extreme Teen Center** ~ **Open Monday through Thursday, 3:30 - 8:30 p.m., Friday, 3:30 - 9 p.m.** NCBC Gulfport Teen Center is open to 13 - 18 year olds currently enrolled in middle and high school and who have access to NCBC Gulfport. Membership is free and can be obtained by submitting a completed registration form to the Youth Activities Center (YAC), building 335, Bainbridge Road. Call 228-871-2251 for more information. ~ **This week's YAC activities: July 10, 6 – 9 p.m.**, Movie Night, \$2; **July 11, 5:30 – 8:30 p.m.**, Flint Creek Water Park, \$10; **July 14, 5:30-8:30 p.m.**, Tie-Dye Shirts, Free; **July 15, 5:30 -8:30 p.m.**, Picture Frames, Free; **July 16, 5:30 – 8:30 p.m.**, Wind Chimes, Free. ~

**Volunteers needed** - Did you know there is a list of volunteer opportunities in the Seabee Courier each week? They are also maintained online. Anyone can volunteer, just contact the POC and let them know you are interested. **Go to [http://www.cnic.navy.mil/regions/cnrse/installations/nbc\\_gulfport/news.html](http://www.cnic.navy.mil/regions/cnrse/installations/nbc_gulfport/news.html)**

**\*\*Outside the Fence Line\*\***

*For a listing of all the events in and around South Mississippi, go to <http://www.gulfcoast.org/events/> Disclaimer: These events are not base events and are subject to change/cancellation without notice. It is advised to call before attending.*